

ANNUAL NARRATIVE REPORT

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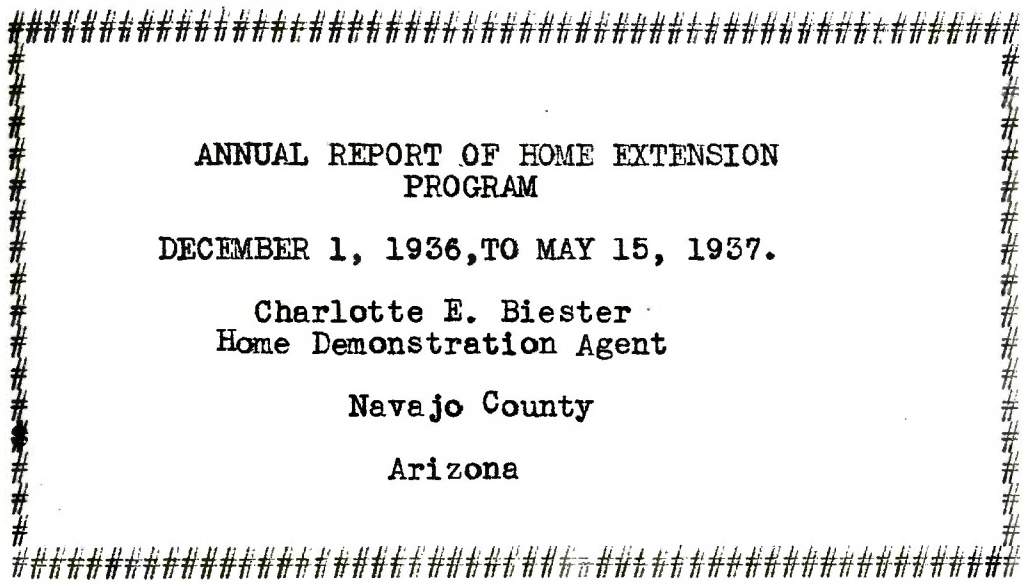
CHARLOTTE E. BIESTER  
HOME DEMONSTRATION AGENT

NAVAJO COUNTY

ARIZONA

From December 1, 1936, - May 15, 1937.

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ANNUAL REPORT OF HOME EXTENSION  
PROGRAM

DECEMBER 1, 1936, TO MAY 15, 1937.

Charlotte E. Biester  
Home Demonstration Agent

Navajo County

Arizona

INVENTORY  
-1937

Office Home Demonstration Agent  
Navajo County, Arizona

Books

Clothing, Choice, Care, Cost--Woolman	Donated
Teaching Home Economics--Cooley, Winchell, Spohr, Marshall	"
Dressmaking Made Easy--Laura I. Baldt	"
Soft Wheat, Soft Wheat Flours--Soft Wheat Miller's Ass'n, Inc.	"
Cooking School of the Air, General Foods-- Frances Lee Barton	"
Social Customs--Hall	"
Original Diets--The Dry Milk Company	"
School Sewing Based on Home Problems--Burton	"
Machine Sewing--Singer	"
The Care of a House--Clark	"
Household Engineering, Scientific Management of the Home--Christine Frederick	"
The Farmer's Standard of Living--Kirkpatrick	"
The Health-Care of the Baby--Gischer	"
Home Care of the Sick--Selbert	"
The Most Wonderful House in the World--Haviland	"
The Newer Knowledge of Nutrition--McCollum	"
Home Hygiene & Care of the Sick--Red Cross Text	"
Food Preservation in Our Daily Life--Frigidaire Corp.	"
Successful Canning and Preserving--O. Powell	"
Chemistry of Food and Nutrition--Sherman	"
Laboratory Handbook for Dietetics--Rose	"
The Vitamins--Sherman & Smith	"
The Lake High School Song Book--White	"
Nutrition and Growth in Children--Emerson	2.50
The Foundations of Nutrition--Rose	2.50

Miscellaneous

2	Steel Filing Cabinets	30.00
1	Flat Top Desk	20.00
1	Swivel Chair	3.00
1	Section Shelves	3.50
1	Cupboard	5.00
1	Remington Portable Typewriter	10.00
2	Scissors	.25
1	Scissors	Donated

Charlotte E. Biester  
Navajo County, Arizona  
1937

I N D E X

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Charlotte E. Biester  
Navajo County, Arizona  
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## C O U N T Y   P R O G R A M   O F   W O R K

Planning Program: During the past six months work in Home Furnishings, Clothing, Home Management, Home Beautification, and 4-H Clubs has been carried in the various sections. The Home Management program was a continuation of the work which was outlined last year by Miss Huber. The Clothing and Home Furnishings programs were a result of the meeting held for the purpose of selecting topics which would interest the communities to the greatest extent. The following women attended the meeting: Mrs. LeRoy Rogers and Mrs. Jesse Decker of Snowflake, Mrs. Hunt and Mrs. Westover of Joseph City, Miss Minnie Bowler of Woodruff, Mrs. Eliza Gardner and Mrs. T. Caldwell of Lakeside, all attended and selected the following demonstrations:

Woodruff: Making furniture out of boxes, refinishing furniture, upholstery, accessories, economics of clothing.

Joseph City: Making furniture of boxes, refinishing, upholstering, use of machine extras, remodeling of clothing, pattern problems.

Lakeside: School of techniques, remodeling, economics of clothing, accessories.

Snowflake: Remodeling clinic including different methods of cleaning materials, getting patterns, economics of clothing, refinishing furniture, upholstering, accessories--rugs either hooked or crocheted or rugs from quilted table padding--blanket or comfort protector, landscaping.

In the Home Beautification work the assistance of Mr. McLernon, County Agent, made it possible to outline the following program with our specialist Mr. Tate:

Location: Snowflake, Lakeside, Joseph City, Holbrook

October--Santa Fe program--Demonstration on setting out trees. How to care for bulbs. by Mr. Tate

January--Planning Home grounds. The use of fertilizers by Mr. McLernon

March--Plant and seed exchange. Hot bed and flats demons. by Mr. McLernon & Miss Biester

April--Planting and home grounds demonstration.  
by Mr. McLernon & Miss Biester

June--Demonstration o sprays and insect control  
by Mr. Tate

August or  
September--Tour--depending on season--or Flower Show

In addition to this, Mrs. Anabelle Rogers, Work and Business Chairman for this Stake of the L.D.S. Church, has had the cooperation of the Home Agent in children's patterns, care of woolen blankets, home beautification, health program, and building and constriction program.

1937 PROGRAM

PROJECT	LOCATION	TIME	NO. DEM.	PROCEDURE, METHOD OF	GOALS
4-H Clubs	Snowflake Showlow	April		Obtain & train leaders, organize clubs, furnish supplementary material	80%
Baking & Clothing	Woodruff Taylor JosephCity	to Aug.	8	for leaders, plan programs & try to meet each group once a month	
HomeFurnish-ings	)Snowflake )Woodruff mos.	2	3	Organize groups, publicize, hold demons.& follow up with home visits,	Try to meet as many women as possible
HomeManagement	(Lakeside )JosephCity	3	3	use specialists in 4-H program	& publicize project & endeavor to have each carry out suggestions
Clothing	)Taylor Mos.	3	3		
Home Beautification	)Snowflake )Lakeside )JosephCity mos. )Holbrook	6	4	organize, publicize, hold demonstrations	

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PROGRAM AS PLANNED AND ACHIEVED

PROJECT:	Home Furnishings	Clothing
NO. Groups Planned-- Location	Snowflake Woodruff Lakeside Taylor	Snowflake Woodruff Lakeside Clay Springs McNary
Individuals Enrolled	17	54
Number Completed	17	54
No. groups Achieved-- Location	Snowflake Woodruff	Clay Springs McNary Lakeside
Results	19 pieces	102 patterns copied
Value	\$65.00	\$10.20
Amount Saved	\$51.00	\$10.20

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PROJECT	Home Beautification	Home Management
No. groups planned-- location	Snowflake Joseph City Winslow Holbrook	Snowflake Woodruff Lakeside Joseph City Taylor
Individuals Enrolled	64	63
Individuals Completed	Projects being carried as result demonstrations	
No. groups achieved-- location	Snowflake Joseph City	Taylor Woodruff
Work accomplished	1282 seeds & perennials exchanged	16 fly traps made
Value	\$200.00	\$20.00
Amount saved	\$200.00	\$17.50

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Navajo County, Arizona  
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## DELIVERING THE PROGRAM

Leadership: Leaders for the various projects were Mrs. Minnie Bowler, Woodruff; Mrs. Julia Ballard, Snowflake; Mrs. Margaret Larson, Taylor; Mrs. Eliza Gardner, Lakeside; Mrs. Minnie Khoton, Shumway; Mrs. J. L. Westover, Joseph City; Mrs. G. T. Stevens, Winslow; Mrs. Belle McCleve, Clay Springs; Mrs. Pauline Hansen, Joseph City; Mrs. Ortt, Holbrook; Mrs. Florence Best, Woodruff, 4-H Club. Practically all the women who were active in the Home Management work listed in the 1936 report have functioned in our program this season. However, no Home Management program was carried out. We found that it was impossible to do this work with the specialist program and thought that it was more important.

Home Agent's Part: As the Home Agent also carried the program for Apache County, which covers a total area that is comparable to the state of Connecticut, it was impossible to contact the leaders as frequently as desired. As much assistance and publicity has been given the work as possible with special emphasis placed on follow up work whenever possible.

Home Beautification: The Home Beautification work as outlined has been followed as closely as possible. The meeting on perennials and planting was cancelled on account of the death of Director Ross. However all of the chairmen have been particularly active in helping the people to obtain surplus seeds or perennials which were available. The Home Agent has made 81 visits on the project and practically all of these were to assist in the distribution of the plants. Mrs. J. H. Holt of Taylor made Golden Glow and Tiger Lillies available to everyone and Dr. Heywood at Snowflake has been especially cooperative. Mrs. L. E. Denham at Winslow is interested in starting a special garden club. At Snowflake the Bishop has taken the program as a project of the L.D.S. Church. The Holbrook Woman's Club is sponsoring a Home Beautification contest. Mrs. Anabelle Rogers, Work and Business Chairman of the L.D.S. Relief Society, was given bulletins on various phases of yard improvement and care. These are phases of the Home Beautification program which have received cooperation from this office. Joseph City endeavored to re-establish their play ground for the children. However, no action has been taken; they will possibly renew this effort in the fall.

Child Care: The Relief Society of the L.D.S. Church has been especially interested in problems of child care and, through their Stake Chairmen, sets of bulletins were made available to each of the 14 communities. These consisted of a series issued by the Child Welfare Department and the Metropolitan Life Insurance Company. The local chairman expected to use these in their program. Mrs. Butler of the Vocational Education Department had scheduled P.T.A. round table discussion groups in Apache and Navajo Counties and what cooperation as was possible in publicity was given the work by the Home Agent.

Clothing: Mrs. Watson has given us assistance in two demonstrations on collars and purchasing hosiery. Last fall we had started work on refinishing furniture and, consequently, more work was done in this project than in clothing. A follow-up on the collar pattern work was made in Clay Springs where the women were given an opportunity to copy various types of collars. Mrs. Watson's demonstration had shown them how to adapt any collar to the neck line of the dress and how to choose collars becomingly. Copies of the 11 patterns which Mrs. Watson had shown at the Santa Fe short course tour were made available to all the communities in the county. There seems to be no method of getting a check on results from some of these demonstrations. One sees a dress which they identify as one of these patterns and perhaps it has been passed through 4 or 5 hands since it was issued from the Extension office.

Home Furnishings: As a result of this demonstration, Mrs. Watson helped the women in Woodruff with their box furniture. A total of seven pieces were made. Although the women had much advance notice they did not provide sufficient material to make more articles. A very good demonstration was held in refinishing furniture at Taylor, where assistance was given, either directly at the meeting or in follow-up home calls, on 12 articles. The follow-up was made by means of circular letter to all the women in Snowflake and Taylor who might have missed meetings last fall. However, no one made reply which indicated that they were satisfied with the opportunity that had been given in regular meetings.

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Navajo County, Arizona  
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Home Management: There were 21 articles given to the Social Securities worker to assist some of her clients in their clothing budget problems. Mrs. Pace, the Resettlement worker, and myself felt that this was the wisest method of distributing to some of the Resettlement clients. The consumer research questionnaire was sent by leaders in Woodruff, Pindale, Taylor, and Lakeside. In March 4 meetings were planned as the first of a Home Management series to be conducted with Miss Huber. However, the Home Agent was called home and we were disappointed in the fact that it was impossible to follow the schedule worked out for this month. The Pure Food and Drug Act and its relation to the purchasing of food stuffs was discussed by Miss Huber before an appreciative group of women at Winslow; and, considering the fact that 27 women attended the Household Pest Control demonstration at Taylor during a dust storm, makes one feel that this was the most outstanding meeting of the week. Five fly traps were made by women who will act as leaders for this work in Taylor. Thirteen sets of 22 bulletins on phases of Home Construction each were distributed in the Snowflake Stake to each Work and Business Chairman. Mrs. Anabel Rogers, Stake chairman, felt that this material could be put in a reference library and used at regular meetings or by members who might be having building problems.

Nutrition: Quantity cookery and meal planning suggestions were given to a local group of Holbrook women by the Home Agent. This group was composed of women who seemed to be chairmen of practically every lodge, P.T.A., Woman's Club, Dude Ranch, and Church dinners held.

Christmas Suggestions: Six communities reported a total of 226 Christmas suggestions carried through the demonstrations given last month (December).

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4-H Clubs: The only 4-H Club work which was carried on during the winter was a Woodruff group that took the Musical Appreciation project. Mrs. Florence Best was the leader. In planning the program it was decided that each child should work out a notebook which could be kept for future reference. The school board kindly furnished Perry pictures which added to the interest and completeness of the notebooks. The office furnished records which, in lieu of the availability of the library, we prepared references folders on composers and what information could be gleaned from various sources for the club members. Inquiries from lumber camp near Standard and an outlying district near Clay Springs were made about 4-H work and material was sent to prospective leaders, but they did not take any action and the work was not followed in these communities.

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Navajo County, Arizona  
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## R E C O M M E N D A T I O N S

The following recommendations are made for the completion of the program as requested. The Home Beautification program as outlined, Pest Control demonstrations in Home Management, account work for Home Management groups, remodeling clinic for Snowflake, rugs for Snowflake, use of machine attachments for Joseph City, economics of clothing for Woodruff. There is apparently a real turn over in 4-H Club leadership and, from past experience, the leaders are not particularly careful in following subject matter. Baking recipes need to be adapted to climates or altitudes and kits of 4-H models might help in setting standard for 4-H leaders. The following program was planned when Mr. Baker recently visited us:

May	Organization	Continuation of work in following communities: Woodruff, Joseph City, Showlow, Taylor, Snowflake, Clay Springs, Pinedale, St. Johns, Alpine, Gree, Eagar.
June	Assist each community with a special project, movie, school, or church, beautification, etc.	Mr. Baker to assist third week.
July	Countywide picnic	Demonstration team contest in conjunction with picnic.
August	Achievement Day	Aug. 26 & 27.

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Dr. Heywood's home has had real influence in the Home Beautification program. He has given hundreds of plants to Navajo County people.

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REFINISHING PROJECT  
Snowflake



Mrs. Bushman converted  
this board seat chair  
into a comfortable piece  
of furniture by using an  
old set of bed springs.

The little rocker  
opposite had been  
discarded until Mrs.  
Watson came and helped  
dress it up.

Charlotte E. Biester  
Navajo County, Arizona  
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By the addition of automobile spring seats these chairs were made comfortable. Mrs. W. Heap, St. Johns, and Mrs. Jackson, Woodruff, did the work under Mrs. Watson's supervision.

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Navajo County, Arizona  
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Retying, reinforcing and making a slip cover; helped Mrs. Charlotte Allen, Woodruff, to make a usable piece of furniture from this Wicker chair.

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Navajo County, Arizona  
1937



These chairs were brought from the wood shed, glued and made useful.



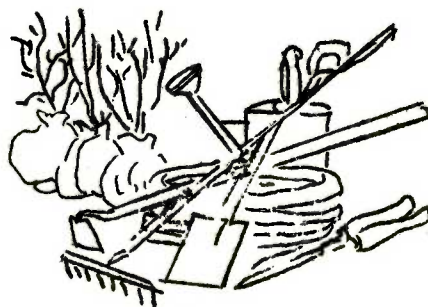
The webbing in the leather bottomed chair was successfully stretched.

Charlotte E. Biester  
Navajo County, Arizona  
1937

COOPERATIVE EXTENSION WORK IN  
AGRICULTURE AND HOME ECONOMICS  
State of Arizona, Holbrook.

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
and Navajo County Cooperating

Agricultural Extension  
Service  
Home Demonstration Work  
County Agent Work



Dear Home Maker:

Home lovers of Snowflake and Joseph City are having the opportunity of some special assistance in their Yard Improvement programs. Mr. Harvey Tate, State Horticulturalist, is presenting a series of demonstrations this season. Mr. McLernon, our County Agent who was associated with a professional landscape company in San Diego, is also interested in helping us.

This is the program!

February--Suggestions on long time planting schemes  
April --Planting  
June --Cultivation and Pest Control  
Fall --Flower Show or Tour

Should you be interested in some phase of this work your enrollment will make it possible for us to formulate more definite plans. It will be especially helpful in making a detailed program of time which Mr. Tate will devote to your community.

Snowflake--District School,  
Feb. 25 at 2 p.m.  
Joseph City--Relief Society Hall,  
Feb. 26 at 2:30 p.m.

Very cordially yours,  
*Charlotte E. Biester*  
Charlotte E. Biester  
Home Demonstration Agent

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HOME MAKERS

Organization: Duties of the Home Demonstration Agent were taken over June 16. Miss Frances L. Brown, State Home Demonstration Agent, came into the Holbrook office June 29 to check inventory and office equipment, progress to date, and assist in outlining plans, for organization of 4-H Clubs and continuation of Home Maker group programs.

Contact was, also, made with the Snowflake Cannery management to plan for the Cannery training school which was held in August and is reported elsewhere in this report.

Director Chas. U. Pickrell also came into the office for a brief interval and assisted with problems of organization and service.

Home Makers groups were organized by Miss Biester, former Home Demonstration Agent, in the fall of 1936. An attempt through the summer was made to contact as many groups as possible, though the organization activities were not too consistently followed. Lakeside and Joseph City discontinued, following lack of attendance at scheduled meetings for Miss Huber's buymanship demonstration in August. Leaders felt especially discouraged. Mrs. J. C. Westover, leader of Joseph City group, has requested continuance and an early renewal of activities is planned.

Home Management: Miss Thelma Huber, home management specialist, has assisted with demonstration material for the Home Makers groups. Buymanship and selection of foods demonstration was given in three communities--Woodruff, Snowflake, and Taylor--to 36 women; and the attractive kitchen demonstration was given to four groups--Woodruff, Heber, Pinedale, and Holbrook High School Home Economics group, the latter by special request from Mrs. Leona Jensen, instructor. The demonstration was appreciated for its practical value and will be used extensively. At least a dozen women have reported use of ideas for curtains. Suggestions for care and selection of linoleum was helpful, also. A death and funeral prevented the demonstration being given as scheduled in Clay Springs and Snowflake, so Miss Huber volunteered the loan of her exhibit and the Home Agent conducted the demonstration at Snowflake the following week. A total of 94 attended these, making a total of 8 demonstrations with 130 attendance and 114 completions.

**Clothing:** No directed clothing work was done with adult groups in Navajo County. Mrs. Margaret E. Watson, clothing specialist, assisted by judging 4-H Club clothing projects in the county. Clothing is planned as a project for next year. The women seem to recognize their need for better understanding of home making problems, consumer obligations, etc., but have little time to give such studies. They seem to feel if the agent's help could be given on Tuesdays, the regular Relief Society Day, good attendance would be assured. Unfortunately, there are only four Tuesdays in most months and the Agent's time must be divided between some 17 or 18 communities in the two counties. The outlook is, however, quite favorable for a successful coming year.

**Yard Improvement:** Follow up contacts were made with yard improvement chairmen in four communities--Snowflake, Taylor, Joseph City and Holbrook. Due to change of Home Agents, Mr. Harvey F. Tate, horticultural specialist, did not make his scheduled trip into the county in June. Hence, in response to requests from Snowflake and Taylor Mr. McLernon, County Agent, cooperated in two plant pest control meetings which were attended by 17 people. Types of insects and methods of eradication were taken up. Considerable has been accomplished in this activity and requests for next year include Lakeside, Woodruff, Snowflake, and Holbrook. Yard improvement reached maximum interest in Holbrook where neither soil nor water have been conducive to plant growth. Better water is now available and a flat rate was gotten through the efforts of the yard improvement committee and a contest worked up, sponsored by the Women's Club, offering prizes for best new lawn, yard showing best landscape garden, greatest improvement over last year, etc. More than 20 people have carried out yard improvement programs this year in Holbrook.

Cannery Training: The week of August 2 was  
School : spent at Snowflake Cannery  
Training School in conjunc-  
tion with Miss Grafe Ryan,

Maricopa County Home Agent, Mrs. Ione Austin, Maricopa  
County Home Managemtn Supervisor with the F.S.A., and Miss  
Frances L. Brown, State Home Demonstration Agent, was present  
the 6th and 7th. Discussion of methods pertaining to cannery  
problems such as marketing, produce, selection and delivery,  
sanitation, plant and equipment improvements, etc., were  
treated. Seven demonstrations of processes involved in  
canning were conducted. Twelve selected prospective operators  
participated, and 29 were enrolled and completed. A Board of  
Directors meeting, also, cooperators meeting was held August  
6 at which time 12 board members and 27 cooperators attended.  
The total attendance was 297 for the week. There seems to be  
a definite lack of professional attitude with the people  
generally and it is difficult to measure the benefit which  
may have been rendered. The Cannery is a county Farm Security  
Administration cooperative enterprize.

Handicraft: Christmas suggestions with  
Christmas Suggestions: various patterns for clothing  
articles, useful household  
devices, stuffed toys for young

children, door stops, crochet and knitting suggestions,  
designs suitable for a variety of household uses and decora-  
tion of personal articles was taken to five communities in  
the county and a total of 276 patterns taken, which in many  
instances will be passed to other women. The program has  
been enthusiastically received. It is difficult to ascribe  
a money value, but since patterns are so difficult for them  
to get it was appreciated. Five demonstrations given, 102 in  
attendance. In at least one community many suggestions were  
applied to articles for a bazaar. There will not, likely, be  
a need for just this type of program next year.

Mrs. Isabell Pace, Navajo County, Arizona, 1937

Meat Canning:           October 28 and 29 Mr. S. W.  
                                Armstrong, Gila County Agent,  
                                with Mrs. Armstrong and assisted  
                                by County Agent McLernon and the

Home Agent put over two very successful meat canning demonstrations--one at the Wm. Bourdon Ranch at Silver Creek and the other at the Ross Perner home in Snowflake. Thirty-nine people attended, 172 quarts of no. 3 cans of various meats were processed. This is very worthwhile because most families plan to have one or two animals for home use. The canning will better distribute this product through the year. It will probably be advisable to put on one or two more such demonstrations next year in other communities of the county.

County Fair:            The County Fair was held October 8  
                                and 9 at Taylor. The Home Agent  
                                spent three days assisting in the  
                                building, with exhibits, and in

judging, also arranging for judges for the women's and 4-H Club entrees. Miss Frances Brown and Mrs. Olive G. Pickard of the State Extension Service served in the capacity of judges for foods, clothing, needle art, and related entrees. The fair chairman and several others of the commission were new in the work; hence, many things were not as well organized as should have been--as for instance, space and adequate or representative entrees for the activities and products of the county. A bigger and better Fair for next year is the aim.



#### 4-H CLUBS

On coming into the Extension Service June 16, leaders in the 13 county communities was contacted to ascertain what programs of activity, if any, should be followed for the summer months. 4-H Club seemed most in demand, although local leadership was almost nil in some cases. Not being acquainted made it most difficult.

Dependable local leaders and the backing of the mothers, in the opinion of the Home Agent, especially where distances are too great for frequent visits from the agent as is the case in Navajo County, is most imperative.

One 1st year baking club was organized at Heber late in June, Mrs. Elva Shelley and Mrs. Nell Slosser being leaders. Mrs. Shelley had been a state winner in 4-H Club work some years ago and was keenly interested, although so busy with other community work she hesitated to take it on. Five of the six girls who enrolled completed and, also, sent baked food exhibits to the County Fair at Taylor.

Through some oversight, club song books were not mailed to Heber so the girls, with their leaders, had worked up three clever club songs and several yells which were given as part of the Achievement program. Mr. H. R. Baker, state club specialist and Mrs. Margaret Watson, clothing specialist, attended the Achievement day exercises. Miss Frances L. Brown, state home agent, judged the exhibits at the County Fair.

Clothing clubs were already lined up by Miss Biester at Pinedale and Clay Springs, though work was not yet begun. Mrs. Belle McCleve and Ethel McNeil were leaders at Clay Springs and Mrs. Nellie Jackson at Pinedale. Mrs. Jackson was, also, an active 4-H Club girl, having won a trip to Chicago several years ago, and is a splendid club leader. She and her girls did some interesting community activity. Pinedale is a small community with none of the town facilities for recreation, such as picture shows, parks, etc., so the 4-H group put over two events, (1) a community picnic, (2) a hobo party, with dutch oven supper, costumes, prizes, camp fire stories and stringed band. 95 percent of the entire population attended the first event.

The club itself had two social events--a swim party and a treasure hunt. The work done was of high quality. Two of these girls attended the State Round-Up and wore their dresses in the Dress Review. They were 4th year, but 3rd year clothing having had baking one year. Jean Bryant one of these girls, received the Montgomery Ward medal for the most outstanding girl in home economics projects.

Three first and three second places were won by the two girls from this group exhibiting at the County Fair.

All of the Pinedale group completed. The Clay Springs group were irregular and inconsistent with meetings and the Home Agent was never able to meet with the group. The results were far from satisfactory as to quality of work and the outline had not been followed. Only 5 of the 11 girls completed, two removing late in July.

Achievement was held jointly with the Pinedale group at Pinedale because school was in session and distance made it necessary to conserve mileage and time. Clay Springs and Pinedale are only six miles apart but 55 miles from headquarters.

The plan is to do some close follow-up next summer if club work is to be continued. It is needed sadly.

Clothing clubs were, also, organized late in June at Snowflake and Taylor. Snowflake was 1st year. A group was ready for 2nd year but no leadership could be found to push the work through in the short period which remained. Five of the seven girls completed, Phyllis Ballard, leader, and Roxy Nickolus, member, attended the Round-Up. Roxy wore her dress in the Dress Review. Five first places and four seconds were taken by this group at the County Fair.

Laura Hunt was leader for the Taylor group. Miss Hunt had to leave town before the regular Achievement dates, to the Misses Anne Rogers and Pearl Pace, both home economics teachers, served as judges. Eleven of the fifteen enrolled finished. The time was too short, but good work was done by most of the girls. Miss Hunt certainly had a happy, active group.

Miss Biester had given instructions to Erna Rogers for a Girls Own Room Club. Four of Erna's friends wished to join with her in the project and Mrs. Rogers consented to serve as leader. One girl promptly moved and, since the project is big and Mrs. Rogers has not had time to devote to leadership, they have not completed. There are only four of the girls left and since school started, their interest has lagged. They will finish in time, however. Of the 45 girls enrolled 26 completed in the county.

The results of this year's club work have served to show the Home Agent where major effort must be placed another year, and with an early start and a leadership conference better results are anticipated. The percentage of completions is 60.7%--the low figure being directly attributable to the two groups falling down rather than general flagging of interest.

TABLE SHOWING PROGRAM AS PLANNED AND  
ACHIEVED IN NAVAJO COUNTY

1937

Project	Yard Improve- ment	Cannery Training School	Buymanship & Selection of Canned Foods
No. Groups Planned	2	1	5
Location	Snowflake Taylor	Snowflake	Woodruff Snowflake JosephCity Taylor Lakeside
No. Groups Achieved	2	1	3
Location	Same	Same	Woodruff Snowflake Taylor
No. Individ- uals Enrolled	27	29	58
No. Individ- uals Completed	17	29	44
Work Ac- complished	Follow up on plant pest control meet- ings with Co. Agent coop.	7 demonstra- tions for cannery projects	3 demonstra- tions
Value in Aggregate	20 yards in Holbrook \$200.00	No money value	No money value
Amount Saved	\$300.00		

TABLE SHOWING PROGRAM AS PLANNED AND  
ACHIEVED IN NAVAJO COUNTY  
(continued)  
1937

Project	Food Pre- servation	Handicraft- Christmas Suggestions
No. Groups Planned	2	5
Location	Silver Creek Snowflake	Pinedale Clay Springs Snowflake Heber Woodruff
No. Groups Achieved	2	5
Location	Same	Same
No. Individ- uals Enrolled	39	87
No. Individ- uals Completed	39	87
Work Ac- complished	2 individuals furnished meat 172 quarts	276 patterns & designs copied
Value in Aggregate	\$90.00	\$30.00
Amount Saved	\$30.00	\$15.00

Mrs. Isabell Pace, Navajo County, Arizona, 1937

TABLE SHOWING PROGRAM AS PLANNED AND  
 ACHIEVED IN NAVAJO COUNTY  
 (continued)  
 1937

Project	Home Management--Attractive Kitchens	4-H Club Baking	4-H Club Clothing
No. Groups Planned	5	1	4
Location	Holbrook Snowflake Woodruff Heber Pinedale	Heber	Taylor Snowflake Pinedale Clay Springs
No. Groups Achieved	5	1	4
Location	Same	Same	Same
No. Individuals Enrolled	82	6	45
No. Individuals Completed	70	5	26
Work Accomplished	4 demonstrations	82½% complete	65% complete
Value in Aggregate	No money value	\$7.50	\$54.15
Amount Saved		\$2.75	\$23.00

Mrs. Isabell Pace, Navajo County, Arizona

PLAN OF HOME DEMONSTRATION WORK FOR 1938

BY PROJECTS AND COMMUNITIES

NAVAJO COUNTY

1937

Project	Location	Time	No. of Demonstrations	Method of Procedure to be used	Goals
Home Accounts	Snowflake Taylor Heber JosephCity Woodruff	6 mo. Jan. to July	3 to each group	Organize groups in Dec. & meet each 6 times. Keep account books for analysis	80% completions Exhibit Account books
Consumer Problems & Buyman-ship	Snowflake Taylor Woodruff JosephCity Holbrook	5 mo. Jan. to May	3 to each group	Organize groups. Discussions. Demonstrations. Specialists. Study projects.	Better knowledge of values.
Home & Farm Accident Prevention	Snowflake Holbrook Lakeside JosephCity Woodruff	3 mo. Feb. to April		Organize study & discussion groups. Get cooperation local Red Cross & Home & Farm Accident prevention chairman.	90% completions
Clothing -- Selection. Improved Construction Methods	Clay Springs Taylor JosephCity	3 1/2 mo. April- June & 1/2 Aug.	3 to each group	Organize groups. Meet them once each month. Provide supplementary material. Specialist	90% completions
Yard Improvement	Lakeside Snowflake Woodruff Holbrook	Apr.1-15 July 15-31 Sept.1-15		Exchange bulbs. Cooperate with Co. Agent & Specialist	More people beautifying yards.

Mrs. Isabell Pace, Navajo County, Arizona, 1937

Plan of Home Demonstration Work for 1938

by Projects and Communities

Navajo County  
(continued)

1937

Project	Location	Time	No. of Demonstrations	Method of Procedure to be used	Goals
Cheese & Butter Making	Joseph City Holbrook Woodruff Snowflake Lakeside Clay Springs Linden	Summer or early fall	Probably 3 in the county	Specialists. Individual follow up.	More & improved products
Food Preservation	Woodruff Joseph City Snowflake Taylor	4 $\frac{1}{2}$ mo. July to Nov. 15	1 or 2 in county. Meat canning 5-in Oct. or Nov.	Kerr Canning Contest. Demonstrations, meat canning. Exhibit. Quality reports.	Better distribution of meat thru year. More & better products.
4-H Clubs -- Baking Clothing Canning	Snowflake Showlow Taylor Pinedale Clay Springs Holbrook Woodruff Joseph City	4 $\frac{1}{2}$ mo. Apr. 15 to Sept. 1	Meet once a month with groups. As many & where most needed	Organize groups for summer work chiefly. Leaders conference with Mr. Baker conducting. Demonstrate methods. Illustrative material	75% completions. Achievement programs. County get-together.
County Fair	Not yet decided	Late Sept.		Meet leaders. Assist with plans & publicity, exhibits, 4-H & adult, judging & entries.	Bigger & better Fair.

## Prizes Awarded For Better Lawns, Gardens

*Aug 27, 1937*  
Prizes for the Better Garden's contest which was sponsored by the Civics Committee of the Holbrook Woman's Club were awarded as follows: Best landscape garden, Mrs. F. B. Rees first, Mrs. Ed Burton second, Mrs. J. C. McCleave third. For garden showing greatest improvement over last year, Mrs. Jim Finney first, Mrs. Roy Baker second, Mrs. O. O. James third. Best new lawn, Mrs. G. C. Leckron first, Frank O'Connell second.

Those receiving honorable mention in the gardens' contest were Mrs. Chas. Lisitzky, Mrs. W. H. Tuley, Mrs. Don Udall, Mrs. Bill Gordon, Mr. and Mrs. T. J. Koury, and Mr. and Mrs. W. B. Cross. The garden of Mrs. Frank Felsch was judged the most unique.

In making the awards, the committee was guided by the rules and regulations laid down by the National Horticulturists' association.

Next year the local organization will have the assistance of the county farm agent and the state horticulturist in judging gardens and lawns.

## Pinedale 4-H Club Wins County Award

*Nov 19, 1937*  
The Pinedale Peppy Stitches, led by Mrs. Nellie Jackson, of Pinedale, will receive a handsome award for submitting the winning Navajo county report in the 1937 National Social Progress program. It has the choice of a Victor Book of the Opera illustrated with photos of Metropolitan opera stars, and scenes from many of the great operas, or three Victor phonograph records containing eight of the most popular 4-H club songs. The award is made on approval of County Agent Mrs. Isabel Pace and the State Club Leader and is one of many prizes provided by the Radio Corporation of America in aiding the 4-H program.

The local winning club will com-

## 4-H CLUB GIRLS RETURN FROM TUCSON TRIP

*Sept 17, 1937*  
Mrs. Isabelle Pace and daughter Pearl returned from Tucson Saturday where they went by auto the first of the month to take a group of 4-H Club members from various towns of the county, for a trip won for outstanding work done in their various groups.

Many places of interest were visited going and returning, among them were the San Xavier mission and the state museum on the campus grounds.

Those awarded a trip were Phyllis and Marian Ballard and Erna Rogers from Snowflake. Laura Hunt and Twilla Shumway of Taylor, Jean Bryant and Myrtle Petersen of Pinedale, and Ida Nell Brewer, Clay Springs.

—O—

pete for state honors and the choice of a \$100 RCA Victor radio, or portable RCA Victor Record Player or Victrola, and Victor records valued at \$100. The national winning club receives a \$450 combination phonograph-radio and \$100 worth of records for community use. Its leader and five members receive trips to the National Club Congress in Chicago Nov. 26-Dec. 4.

## Regular Broadcast of 4-H Club Program

*Nov 19, 37*  
Arrangements have been made to broadcast a 4-H program over Station KTAR, Phoenix, from 1:30 to 1:45 p.m., on every other Friday beginning with a program on November 26. The purpose of these broadcasts is two-fold—first, to bring 4-H Club work before the people of Arizona and secondly, the benefit which will accrue to 4-H club members appearing on the program. The first program on November 26 will be presented by a 4-H club in Maricopa county.

## Achievement Days For 4-H Clubs To Be Held Next Week

*Sept 24, 1937*  
4-H club boys and girls will celebrate achievement day in their respective communities in Apache and Navajo counties next week according to Mrs. Isabel Pace, home demonstration agent.

Achievement day represents the completion of 4-H club projects by various groups of boys and girls. At Nutrioso 4-H club members will hold their achievement day on September 27th; at St. Johns on September 28th; at Snowflake on September 29th; Heber and a joint Pinedale and Clay Springs meeting at Pinedale on September 30th will conclude the achievement day programs.

Mrs. Margaret Watson, University of Arizona clothing and home furnishing specialist, will judge a part of the club work. H. R. Baker, state 4-H club leader, will also be present at all five programs.

## Pinedale Club Wins 4-H Award

*Nov 19, 1937*  
The Pinedale Peppy Stitches led by Mrs. Nellie Jackson will receive a handsome award for submitting the winning Navajo county report in the 1937 National Social Progress program. It has the choice of a Victor book of the Opera illustrated with photos of Metropolitan opera stars and scenes from many great operas, or three Victor phonograph records containing eight of the most popular 4-H club songs. The award is made on approval of Home Demonstration Agent, Mrs. Isabel Pace, and the state club leader and is one of many prizes provided by the Radio Corporation of America in aiding the 4-H program.



## Demonstration of Home Canning Given Friday

*Nov 5, 1937*  
A demonstration of home canning was conducted here last Friday by Sam Armstrong, Gila county agent, assisted by John McLernon, Navajo county agent, Mrs. Isabel Pace, home demonstration agent, and Miss Merle Shover, home extension officer for the Apache Indian reservation.

The demonstration was conducted at the Ross Perner home, and the canning of steak, roast, hamburger, stew, stock and mince meat was demonstrated. Huge dutch ovens of meat were roasted on fires outside. When cooked the meat was cut from the bones and placed in a huge container on a camp fire and boiled for stock. One hundred fifty quarts of meat were canned in various ways during the demonstration.

Mr. and Mrs. Armstrong were here several days last week as the guests of Mr. and Mrs. Ross Perner.

*7-16-37*

## Instruction Course Arranged Aug. 2-7

A course of instruction has been arranged by the Southern Navajo County Canning and Marketing association for its employees and supervisors, through cooperation with the University extension service, it was said this week by Garland Bushman, manager.

The course will be held August 2 to 7, inclusive, he said, and is being given to assure correct and uniform quality of their products.

Specialists who will conduct the course are Mrs. Grace Ryan and Mrs. Jane Austin. John McLernon, county agent, and Mrs. Isabella Pace, home demonstration agent, will also assist, he said. Miss Frances L. Brown director of the service, is also expected at occasional times during the course.

## INSTRUCTION IN CANNING GIVEN HERE THIS WEEK

*Aug 2, 1937*  
A course of instruction in canning has been given here this week at the cannery, and attended by those who will be employed during the coming canning season.

Miss Grace Ryan and Mrs. Ione Austin, specialists of the University Extension Service, have been in charge of the school, and have been assisted by Mrs. Isabella Pace, home demonstration agent.

Demonstrations have been given in the proper canning of tomatoes, corn, beans, beef, apples, plums, peaches, and jellies.

Miss Ryan is the Maricopa county home demonstration officer, and Mrs. Austin is rural rehabilitation home management supervisor.

Miss Frances Brown, state home demonstration agent, was here Thursday on a general supervisorial visit Thursday.

## Canning Demonstration At Silver Creek Ranch

*Oct 27, 1937*  
A demonstration of home canning methods was given at the Silver Creek ranch for ranchers and farmers of that district Thursday. The demonstration was given by Sam Armstrong, Gila county agent; John McLernon, Navajo county agent, and Mrs. Isabel Pace, home demonstration agent.

A similar demonstration will be conducted here today.

## Home Canning Is Demonstrated By Gila Farm Agent

*11/5/37*  
Two home meat canning demonstrations were given in Navajo county last week by Mrs. Isabel Pace, county home demonstration agent. Mr. and Mrs. Sam Armstrong and John McLernon, county agricultural agent.

Mr. Armstrong, county agricultural agent for Gila county, has made a long study of home canning and gave many interesting sidelights on the activity. The canned products consisted of steaks, roasts, stew, soup, chicken, hamburger, and chicken soup.

Mrs. Merle Shover, Indian home extension supervisor at Fort Apache, attended and asked the Armstrongs to give the same demonstration at Fort Apache in the near future.

TO THE <sup>6-25-37</sup>  
**PROGRESSIVE  
HOUSEWIFE**

To the Progressive Housewife: . . .

Hot weather clothes that are easy for the child to get into and out of are enjoyed by both mother and child, says Mrs. Isabell Pace, home demonstration agent. Such clothes have few fastenings as practicable, low-cut necklines and armholes. For this active season, too, it is an advantage for garments to have plenty of room in the seat to allow for playing such games as leap frog and for climbing.

Commenting on the popular one-piece sun-suits with matching dress or blouse, Mrs. Pace suggests that the simplest type of overdress or blouse is most satisfactory. They are cooler, not so easily mussed, and not so troublesome to launder as garments with fussy little frills and sashes.

Many mothers are finding that their children appear at their best in simply designed clothes made of soft, smooth, yet durable materials. It is advisable to be sure the fabric has been fully shrunk before the garments are made and that the colors are fast to both sun and washing. Gay colors are easily seen by motorists, which is a protection for the child.

When buying ready-made clothes for children, points to observe are that all seams and finished off smoothly. A little child's skin is particularly sensitive to "scratchy" seams when days are hot and sticky. One way to be sure the outfit is roomy where it should be is to let the child try bending over in the "ready-mades" as well as standing erect.

<sup>Nov. 19, 1937</sup>  
**Mrs. Pace To Give  
Four More Exhibits**

Mrs. Isabel Pace, home management representative, will conduct four more home demonstrations this month on Christmas suggestions.

A demonstration was given in Snowflake Tuesday. Towns remaining for the exhibits are Woodruff, Joseph City, and Heber.

**Attractive Kitchen  
Exhibit Is Shown  
Throughout County**

<sup>Nov. 2</sup>  
Demonstrations were given last week by Miss Thelma Hubert, Tucson, home management specialist, at Holbrook High school and in neighboring localities.

Mrs. Isabel Pace, Navajo county home demonstration agent, assisted Miss Hubert in the exhibits which depicted "the attractive kitchen."

Other localities in which the exhibit was shown were Heber, Pine-dale, Woodruff and Snowflake.

The next home demonstration taken into outlying communities, Mrs. Pace said, would be a Christmas suggestions exhibit. All women are invited to attend the exhibits. The Christmas demonstration will deal with patterns and suggestions. As yet no one has spoken for a demonstration in Holbrook.

<sup>Aug. 6, 1937</sup>  
**TO THE PROGRESSIVE  
HOUSEWIFE:**

The ideal closet has both a window and artificial light. A coat of light colored, washable paint on both shelves and walls makes the closet lighter and easier to clean, suggests Mrs. Isabel Pace, home demonstration agent.

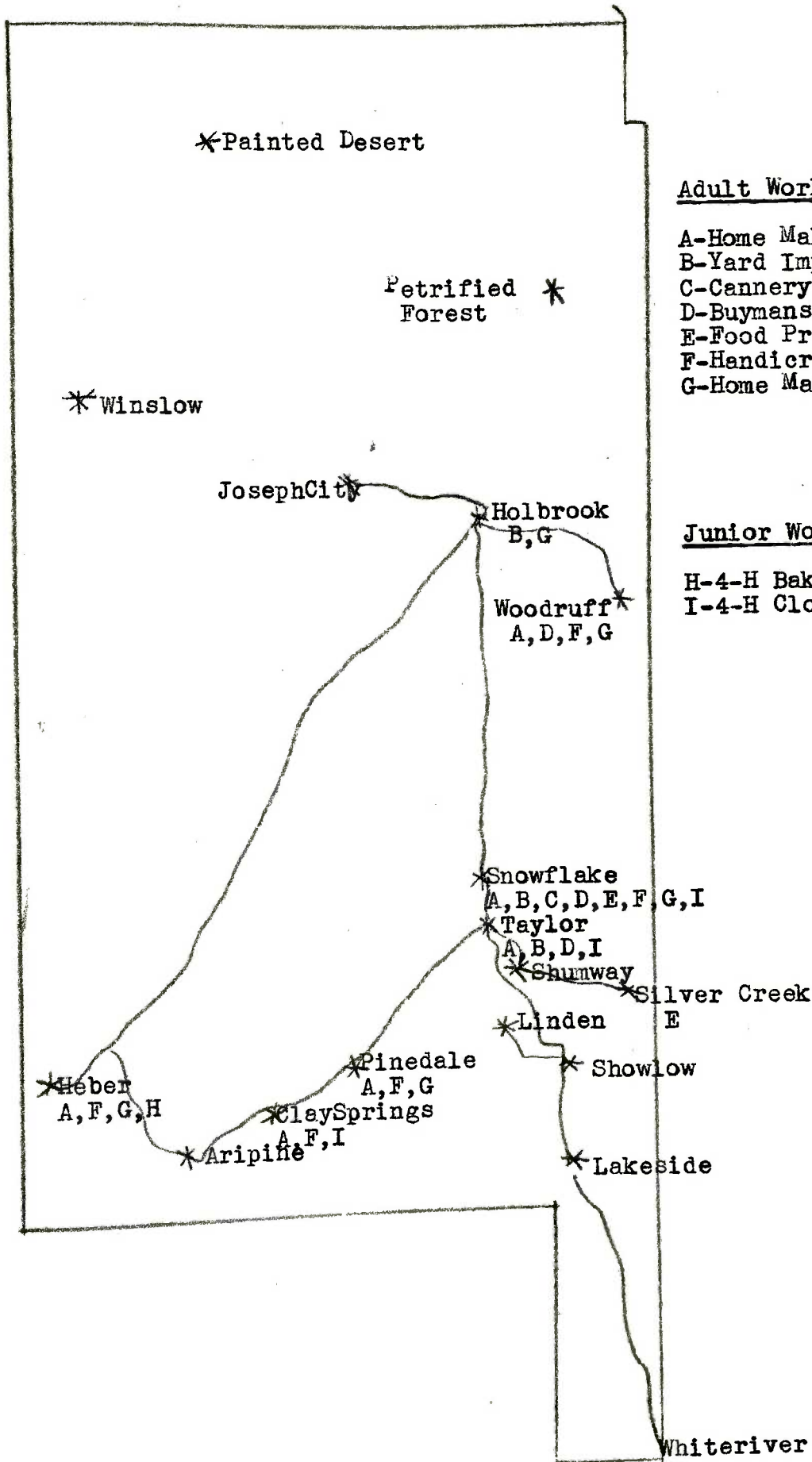
A slanting shelf with a strip to hold heels, keeps shoes within handy reach and away from dust and rough treatment on the floor. When there is no room for shoe-shelves along the closet wall, racks or bags on the door will hold them.

If the rod for hangers is placed parallel to the doorway, garments are easy to see and reach. A rod set at a height of at least 63 inches will prevent long dresses from touching the floor. Whenever possible, place the rod so that the clothes will hang in a current of air. Hangers that keep clothes in best shape fit the shoulders in both size and shape. If hangers are covered with fabric or have rubber tips, clothes will not slip off. Rubber bands wound around each end of wooden hangers are a good substitute for rubber tips.

To protect party clothes and other rarely used garments from soil, dress bags of transparent fabric are useful, as they allow the garments to be seen easily. These bags are easy to make at home.

Summer hats are more likely to keep their fresh look if they are kept on hat holders on an upper shelf or other undisturbed spot.

—Isabell Pace, Home Dem. Agt.



\*Painted Desert

Petrified Forest \*

\*Winslow

Joseph City

Holbrook  
B, G

Woodruff  
A, D, F, G

Snowflake  
A, B, C, D, E, F, G, I

Taylor  
A, B, D, I

\*Shunway

Silver Creek  
E

\*Linden

\*Showlow

\*Heber  
A, F, G, H

\*Pinedale  
A, F, G

\*Clay Springs  
A, F, I

\*Aripine  
A, F, I

\*Lakeside

Whiteriver

Adult Work

- A-Home Makers
- B-Yard Improvement
- C-Cannery School
- D-Buymanship, foods
- E-Food Preservation
- F-Handicraft
- G-Home Management

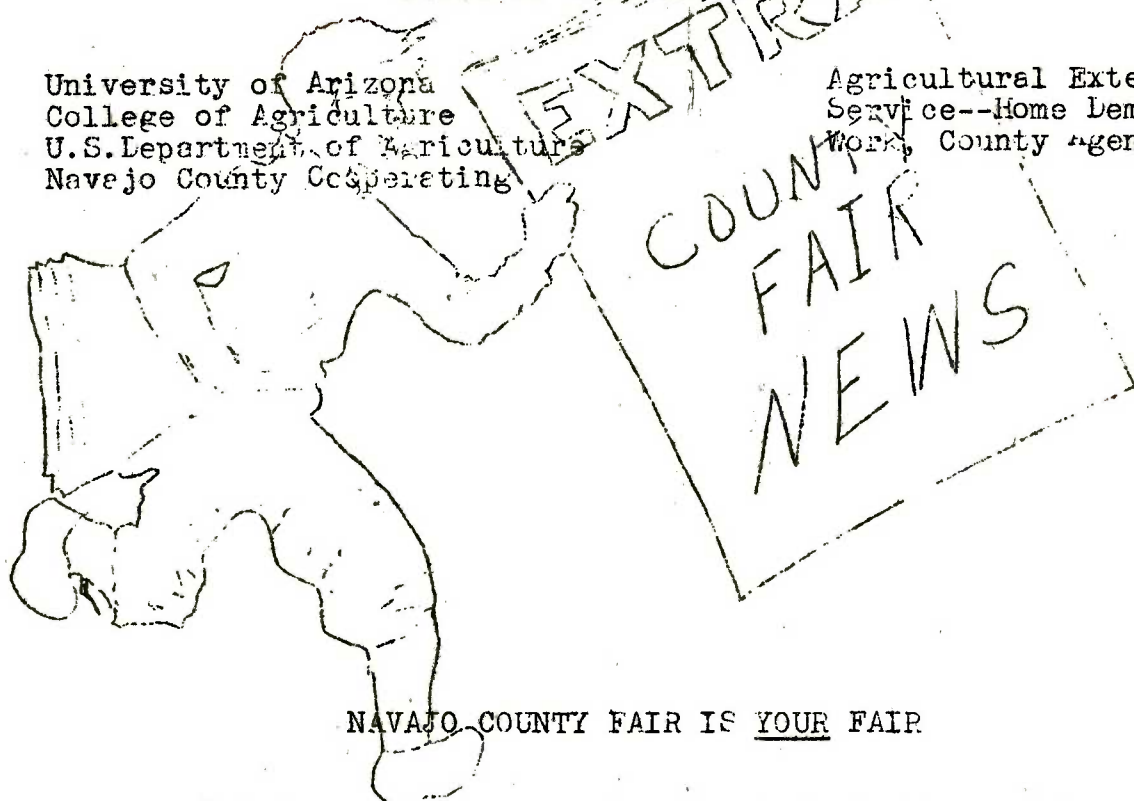
Junior Work

- H-4-H Baking
- I-4-H Clothing

COOPERATIVE EXTENSION WORK  
AGRICULTURE AND HOME ECONOMICS  
State of Arizona, Phoenix

University of Arizona  
College of Agriculture  
U.S. Department of Agriculture  
Navajo County Cooperating

Agricultural Extension  
Service--Home Demonstration  
Work, County Agent Work



NAVAJO COUNTY FAIR IS YOUR FAIR

Bring your best products--Let the neighbors and  
visitors see what Navajo County can produce--  
This is the place to display your goods!

"EVERY FARMER IS A SALESMAN"

4-H'ers, bring your baking and clothing exhibits.

Ladies, show us your canned products, baked products,  
and ALL the new things in needlecraft, knitting,  
crochet, quilts, and allied arts.

Farmers and Ranchers--you are all proud of some of  
your own products--BRING THEM!

If what you want to show isn't on the premium list,  
bring it anyway--The important thing is to show  
what you have--The premium value is unimportant--  
The ADVERTISING COUNTS!

EVERYBODY COME!

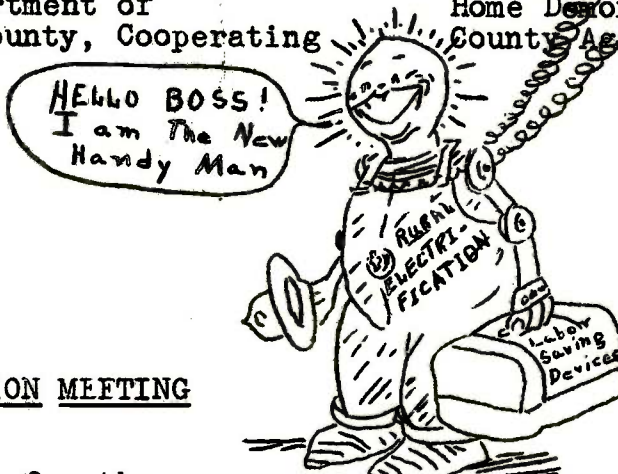
*Isabell Pace*  
Isabell Pace  
Home Demon. Agent

*John McLernon*  
John McLernon  
County Agri. Agent

COOPERATIVE EXTENSION WORK  
IN AGRICULTURE AND HOME ECONOMICS  
STATE OF ARIZONA, HOLBROOK

University of  
Arizona, College of  
Agriculture, U.S. Department of  
Agriculture, Navajo County, Cooperating

Agricultural  
Extension Service  
Home Demonstration and  
County Agent Work



RURAL ELECTRIFICATION MEETING

Dear Friends:

A meeting for the purpose of discussing the feasibility of a Rural Electrification Program for that part of the county including Pinetop, Lakeside, Showlow, Linden, Burton, Pinedale, Clay Springs, Aripine, Heber, and Zeniff will be held at SHOWLOW on WEDNESDAY, AUG. 11 at 8 P.M. at the CHURCH.

The purpose of this meeting will be:

1. To discuss the possibility of a Rural Electrification Program and discover if the people of this section feel that they want such a program,
2. To make preliminary arrangements for an organization to sponsor such a program,
3. To make arrangements for a preliminary survey of each community for Electrification.

It is extremely important that everyone in any way interested in such a program attend this meeting, as it will determine whether or not any further work will be carried on. The Extension Service is not in any way sponsoring the program, but is merely providing the facilities for organizing the territory if you desire such an organization.

Sincerely yours,

*Isabell Pace*

Mrs. Isabell Pace  
Home Demonstration Agent

*John McLernon*

John McLernon  
County Agricultural Agent

