

ANNUAL NARRATIVE REPORT

of

CHARLOTTE E. BIESTER
HOME DEMONSTRATION AGENT

NAVAJO COUNTY

ARIZONA

From November 31, 1935 - December 1, 1936

ANNUAL REPORT OF HOME EXTENSION
PROGRAM

DECEMBER 1, 1935 to DECEMBER 1, 1936

Charlotte E. Biester
Home Demonstration Agent

Navajo County
Arizona

I N D E X

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Navajo County, Arizona
1936

SUMMARY OF HOME DEMONSTRATION PROGRAM

1935-1936

The Home Demonstration Agent spends 20 days each month in Navajo County and 10 days in

Apeche County. This year, there was no supervision for Home Management plans in Rural Resettlement so the Home Agent spent practically all of the time from December 1, 1935, to April 1, 1936, on this project.

Program Navajo County:

- 16 communities have been reached with a definite demonstration program during the year.
- 16 4-H Clubs functioned during the season with an enrollment of 156.
leaders in 4-H Clubs held 97 meetings and a total attendance of 816.
- 750 people attended the demonstrations given by Extension Specialists in conjunction with the Santa Fe Service Tour.
- 123 women completed 147 lamp shades in the Home Furnishings demonstrations.
Homemakers groups in Lakeside, Snowflake, and Woodruff held 11 regular meetings on "Care of the Sick", "Use of Whole Cereals", and "Cleaning Compounds"; social meeting and Arizona Day. 213 attended these demonstrations.
- 68 demonstrations and patterns were copied for to further facilitate sewing.
- 36 pieces of furniture were renovated and made useable in the Refinishing Demonstrations in Joseph City, Snowflake, and Woodruff.
- 58 sewing machines were overhauled by an attendance of 74 women at 10 demonstration meetings when cleaning and learning to re-adjust sewing machines was accomplished.
- 798 women learned the newest features in good kitchen arrangement at demonstrations given on the Santa Fe Demonstration Tour and at 2 other demonstrations.
- 54 kitchen articles were made from old lumber or boxes.
- 711 holiday gifts were made by Navajo County women through the applying of 436 patterns.
A nutrition series of meetings were held in conjunction with the food budget.

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A total of 44 women attended the series and as a result a Community Cook Book was compiled.

For the first time in eight years, Navajo County was represented at 4-H State Round-Up with a demonstration team.

452 home visits were made.

583 Letters were written.

32 women acted as leaders in adult projects.

In reply to various requests 1,849 bulletins were distributed.

The 4-H Baking Club members made 1,032 units during the year.

132 articles of clothing were made by 4-H girls in their sewing project.

444 families were assisted with some timely economic information in solving clothing problems.

249 families received some assistance in solving their recreation problems.

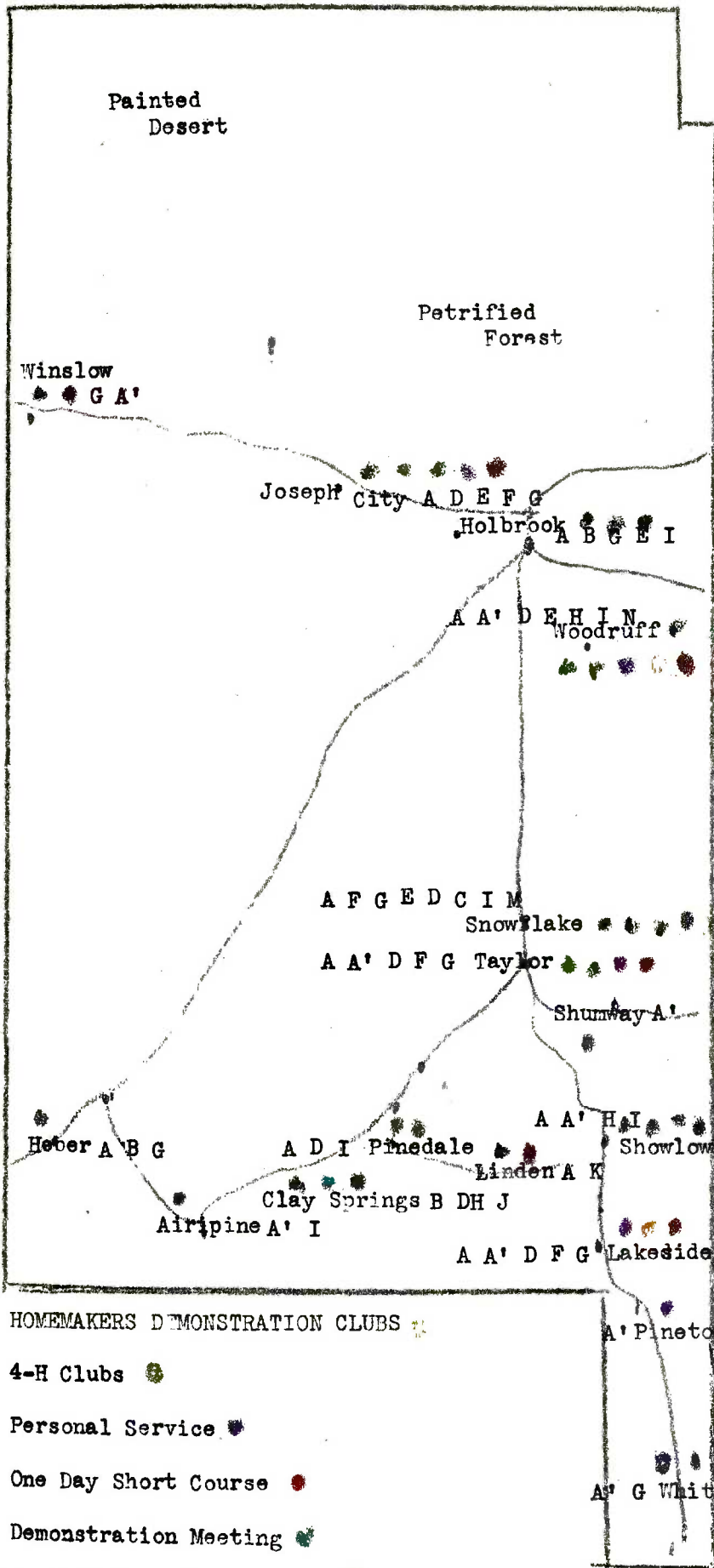
16 people acted voluntarily as 4-H Club leaders. 7 of these had formerly been 4-H Club members.

The 4-H Pinedale Club qualified in the National R.C.A. Contest.

One demonstration team represented Navajo County at 4-H Club Week.

5 meetings were held by Mr. Ballantyne in the discussion of economic farm problems.

Charlotte E. Biester
Apache County, Arizona, 1936



ADULT WORK

- A. Homemakers Clubs
- A' Personal Service
- B. Nutrition
- C. Food Preservation
- D. Clothing
- E. Child Care
- F. Home Management
- G. Home Furnishings

JUNIOR WORK

- H. Garment Making
- I. Baking
- J. Canning
- K. Health
- L. Flower
- M. Camp & Craft
- N. Musical Appreciation

HOMEMAKERS DEMONSTRATION CLUBS

4-H Clubs

Personal Service

One Day Short Course

Demonstration Meeting

Specialists Assistance

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Navajo County, Arizona
1936

ADMINISTRATIVE PROGRAM

County Navajo County is located in the Northeastern section of Arizona. It is approximately 50 miles wide, 225 miles long and comprises 6,335,360 acres. The Hopi Indian Reservation is on the North and on the Southern border is the Sitgreaves National Forest and Whiteriver Apache Indian Reservation. Of this acreage 3,859,342 acres comes under the heading of Indian Reserve, 924,177 acres are given to railroad grants, 397,332 is grazing land and the Sitgreaves National Forest is estimated at 463,763. According to the figures of the County planning committee under the A. A. A. there are 15,000 acres reported devoted to farming, 7,000 of which are irrigated.

resources and Agriculture The agriculture centers are principally in the vicinity of Joseph City, Woodruff, and from Snowflake southward. Fuel for practically all of the county is furnished by the Sitgreaves National Forest. As is indicated in the figures much of the land is used for grazing. This undeveloped area is covered with sage brush and would be unfit for cultivation unless more water is developed. Diversified farming is practised in the dry land and irrigated districts. Fruits, truck gardening, forage crops are cultivated. Cattle and sheep bring the largest revenue. The farm income is supplemented by work in the lumber industry in Lakeside, Standard, Pinedale, Pinetop and Showlow. Lumbering is the only commercial industry.

The farm population is listed at 665 families and 88 tenants. Most of the population live in small village settlements which were organized through the Latter Day Saints Church. In general the people move from their ranches during the school year so that their children may attend school. The largest town, Winslow, has a population of 3,917. Holbrook, the county seat, has a population of 1,115, and Snowflake the other incorporated town, has 697 people listed in the last census.

history of Work Previous to the appointment of a resident home demonstration agent in Navajo county, home demonstration work was carried on by Hazel Zimmerman, whose headquarters were at Tucson. In 1918 home demonstrations were given in conservation of food and clothing, balanced meals, and war breads. After that time, infrequent service was given by district agents until June 1, 1921, when Rosa Bouton was appointed county home demonstration agent for Navajo, Apache, and Coconino Counties.

Miss Bouton continued to serve the three counties until 1932 when the work in Coconino County was discontinued. In December, 1934 Miss Bouton retired and my appointment became effective April 1st, 1935

The program has been sponsored by the Navajo County Farm Bureau which at that time was organized as the Navajo County Farm Improvement Association. The purpose of the Farm Bureau is to promote a cooperation program in Agriculture and Home Economics with the University of Arizona Extension Service and the U. S. Department of Agriculture. The 1936 officers are: F. F. Avery, President; W. Clark Gardner, Vice-president; and J. A. Hansen, Secretary-treasurer.

Organized Program During the time in which Miss Bouton served some temporary groups were formed for specific pieces of projectwork but in many cases it was felt feasible to carry on the program through existing organizations. The Parent Teacher Association, the Relief Society of the Latter Day Saints Church and Federated Woman's Club are the organized groups who have been most cordial and have appreciated the subject matter, demonstrations which were available to them. Usually one of their number was appointed as projectleader and the program was carried in conjunction with the regular workdone by the group. As no separate secretary book was kept there is no record of much of the work which was done in this office.

Homemakers groups were organized in Woodruff and Joseph City, however their program was of a miscellaneous nature.

Progress and Development In 1936 the Home Makers Organizations continued in Woodruff and Joseph City where they had been organized last year, then in addition Lakeside, Shumway, Taylor, Showlow, Snowflake, have had a regular demonstration program following the outline which was prepared by the State Home Demonstration Agent, Miss Frances Brown. Because schedule and time is shared with Apache County it has been impossible to have regular groups in other sections so one day short courses, giving Home Makers Demonstrations, were carried out in Heber, Linden, Claysprings, and Pinedale. In each of these localities there was a chairman appointed; Mrs. Elva Shelly, Heber; Mrs. Ernestine Smith, Linden; Mrs. Nina Wall, Pinedale; Mrs. Belle McCleave, Clay Springs.

In the Homemakers group the following officers functioned: Mrs. Julia Ballard, President, Mrs. Jennie Murray, Vice-President, and Mrs. Roberta Clayton, Secretary at Snowflake; Mrs. Ann Hurley, President, Mrs. Rhoda Brinkerhoff, Vice-President, and Mrs. Eunice Heard, Secretary at Woodruff; Mrs. Wilma Nell, President, Mrs. Minnie Rhoton, Vice-President, and Miss Gertude Shumway, Secretary at Shumway; Mrs. Dora Hatch, President, and Mrs. Lorenzo Rhoton, Secretary at Taylor; Mrs. E. Gardner, President Mrs. L. Baggset, Vice-President, Mrs. M. Caldwell, Secretary at Lakeside; Mrs. Alzada Stratton, President, Mrs. Lillian Whipple, Vice-President, Mrs. Neola Mills, Secretary at Showlow; Mrs. Madge Westover, President, Mrs. Margaret Shelley, Vice-President, Mrs. Lena Hansen, Secretary at Joseph City.

Charlotte Biester, Home Dem. Agt.
Navajo County 1936

PROGRESS AND
DEVELOPMENT:

During the seven months' time which had been devoted to developing a standard type of program, the leaders and myself had planned rather definitely on a long time program, which appeared to have the aspects of something very permanent; but in November the State Office sent word that Rehabilitation and Resettlement work would have priority over all other programs. It was necessary, consequently, to practically drop all the program for the year. There were two agricultural supervisors working full time in the Rehabilitation program and, as no home advisor was appointed until March, all of the Home Demonstration Agent's time was devoted to this phase of the program rather than a continuation of the plans which had been made. Only Woodruff, Snowflake, Lakeside continued with the program. An endeavor was made to hold the groups in contact with the Home Agent by various pieces of literature and information which seemed to interest the women; yet we have never been able to recover the original interest. The following leaders have assisted with various phases of the program one or more times.

- | | |
|----------------------------------|---------------------------------|
| 1. Mrs. Gardner--Woodruff | 17. Mrs. L. Henning--Holbrook |
| 2. Mrs. Murray--Woodruff | 18. Mrs. J.L. Westover--Joseph |
| 3. Mrs. Smith--Woodruff, | 19. Mrs. Bushman--Joseph - City |
| 4. Mrs. Olive Turley--Woodruff | 20. Mrs. Wimmer--Joseph City |
| 5. Mrs. R. Brinkerhoff--Woodruff | 21. Mrs. Hunt--Joseph City |
| 6. Mrs. Ann Turley--Woodruff | 22. Mrs. MiBowler--Woodruff |
| 7. Mrs. E. Hansen--Lakeside | 23. Mrs. E. Gardner-Lakeside |
| 8. Mrs. Tyrell--Lakeside | 24. Mrs. Caldwell--Lakeside |
| 9. Mrs. Turley--Lakeside | 25. Mrs. McCleve--ClaySprings |
| 10. Mrs. Jackson--Lakeside | 26. Mrs. E. McNeil-ClaySprings |
| 11. Mrs. J. Ballard--Snowflake | 27. Mrs. Elva Shelley--Heber |
| 12. Mrs. A. Ballard--Snowflake | 28. Mrs. Bushman--Winslow |
| 13. Mrs. Crandall--Snowflake | 29. Mrs. Elias Smith--Linden |
| 14. Mrs. R. Clayton--Snowflake | 30. Mrs. M. Larson--Taylor |
| 15. Mrs. M. Larson--Snowflake | 31. Mrs. Ella McCleve--Taylor |
| 16. Mrs. Schneider--Zeniff | 32. Mrs. M. Rhoton--Shumway |

About April a Rural Resettlement Advisor of Home Plans was appointed and it was possible to organize the 4-H Clubs, practically continuing the same program which we had started last year. Better leadership was found in the communities and, consequently, a higher percentage of completions resulted under the following group of leaders:

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1. Miss Luella Ballard, Snowflake, 3rd Baking
2. Mrs. Minnie Bowler, Woodruff, 2nd Baking
3. Miss Margaret DeWitt, Woodruff, 1st Clothing
4. Mrs. Edna Lewis, Taylor, 1st Baking
5. Mrs. Ann Seymore, Showlow, 2nd Clothing
6. Miss Marian Rieck, Showlow, 1st Clothing
7. Mrs. Ethel McNeil, Clay Springs, 1st Baking
8. Mrs. Belle McCleve, Clay Springs, Clothing
9. Miss Mary Turley, Joseph City, 2nd Baking
10. Miss Guida Smith, Snowflake, 1st Camp Club
11. Miss Fontella Tanner, Joseph City, 1st Clothing
12. Mrs. Ray Miller, Snowflake, 2nd Baking
13. Miss Jane Brimhall, Taylor, 1st Clothing
14. Miss Dorothy Campbell, Holbrook, 1st Baking
15. Mrs. Nellie Jackson, Pinedale, 1st Baking
16. Mrs. Madge Westover, Joseph City, Baking

C O U N T Y P R O G R A M O F W O R K

PLANNING PROGRAM:

After taking an inventory of the various organizations in the county requesting assistance and taking into consideration our own Extension program as is available, the following topics were selected for the year 1936:

Home Furnishings and Clothing

Home Management

4-H Clubs

Homemakers' Program.

All the 14 communities where work had been carried last year had under taken a new Work and Business program in the L.D.S.I church. Mrs. Annabelle Rogers, chairman of the Stake, and I found several phases which coincided with the work and the subject matter of the Specialists, both in Home Management and in Clothing and Home Furnishings. It was decided that the kitchen work and kitchen carpentry, under the direction of Miss Huber the Home Management Specialist, should first be given and later in the season the Home Furnishing and Clothing work would follow:

When Mrs. Watson held one of the meetings in July, all the communities were invited to send their representatives to make their own selections for the project. Mrs. LeRoy Rogers and Mrs. Jesse Decker of Snowflake, Mrs. Hunt and Mrs. Westover of Joseph City, Miss Minnie Bowler of Woodruff, Mrs. Eliza Gardner and Mrs. T. Caldwell of Lakeside, all attended the meeting and selected the following demonstrations:

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~~Apache~~ County, Arizona
Navajo " , 1926

Woodruff:

Making Furniture Out Of Boxes, Refinishing Furniture, Upholstery, Accessories, Economics of Clothing.

Joseph City:

Making Furniture of Boxes, Refinishing, Upholstering, Use of Machine Extras, Remodeling of Clothing, Pattern Problems.

Lakeside:

School of Techniques, Remodeling, Economics of Clothing, Accessories.

Snowflake:

Remodeling Clinic Including Different Methods of Cleaning Materials, Getting Patterns, Economics of Clothing, Refinishing Furniture, Upholstering, Accessories--rugs either hooked or crocheted or rugs from quilted table padding--Blanket or Comfort Protector, Landscaping.

In so far as possible the various requests which came from the Parent-Teacher Association, church groups, PWA Youth Movement, and cooperation which might be given to the schools were fulfilled during the year.

HOMEMAKERS PROGRAM:

The Homemakers' program had been planned originally for all the communities; however, when it was apparent that the Rural Resettlement program would take practically all of the Home Agent's time which had been planned for Homemakers groups, the results and enthusiasm shown in the first few months of the program were taken as a basis for decision. Consequently, the work was carried only in Snowflake, Woodruff, and Lakeside. The following program was carried out with the assistance of the women:

December--Christmas Suggestions

January---Day with the Sick

Liquid Foods or a Soft Diet, talk by member
Care of a Fever Patient, talk by member
Demonstrations of as many of the home made devices as possible with instructions for making them, by Home Agent

February--Uses of Whole Cereal

Whole Wheat, Quick Bread, and Cookies, talks by members and illustrated
How to Prepare Whole Wheat for Use, illustrated talk by Home Agent
Demonstration on using whole wheat already cooked, by Home Agent

March-----Day with an Outside Speaker

April-----Each club took care of its own program while the Home Agent was on annual leave
Arizona Day program

Charlotte E. Biester
1936--Navajo County, Arizona

**Delivering Home
Makers Program**

A Day With The Sick which was the January program proved to be a very splendid demonstration for securing cooperation from the members. Here-to-fore the Home Demonstration Agent had done practically 100% of the demonstration work but by this time were so well acquainted with the program and with the community that it was possible to select members who gave the short talks outlined in the demonstration. In addition there was a general discussion on colds, using the instructions which the bulletin suggested. The Home Demonstration Agent had the tray table, showed the use of envelope pockets, and box as a bedside table, back rests, foot rests, and bed cradles. These illustrations seemed to prove interesting to the women and brought forth a discussion of other devices which had contributed to the comfort of the patient.

Although Miss Bouton had given work on the use of cereals the women requested a repetition of the demonstration and assisted by preparing several of the dishes. Illustrations showing the significance of vitamin B in the diet ^{was} by the Home Demonstration Agent in giving her talk on the use of whole cereals. This work was also given upon request to the local federated Woman's Club in Holbrook.

For a Day With the Outside Speaker, Mr. McLernon, the County Agent, and I joined forces to make the meetings at which Mr. Ballantyne, Rural Sociologist in the Extension Service, took on, a success. We did not have on the average as many women in attendance as we had averaged at our other demonstrations. I was somewhat disappointed that the day with the Outside Speaker did not bring an even larger number than we had normally in attendance.

Arizona Day--Mrs. Synder of Lakeside combined the Arizona Day with Husband's Night and said that it was the first Home Makers Demonstration Program in which they had been able to interest their husbands. They were very enthusiastic about the meeting. At Snowflake, Mrs. Roberta Clayton, who has done considerable work in getting the county history collaborated for the W. P. A., conducted a very fine meeting.

In December the Snowflake group Compound Bee cooperated on supplies and made 72 bottles of various cleaning fluids and polishes recommended in our home maker bulletin.

The Christmas suggestion demonstration proved very popular. 436 patterns were copied in the county and, although we did not have an accurate check up on the articles made, taking the averages from the figures turned in by part of the leaders it is estimated that a minimum of 711 articles were made as a result of this demonstration. Our people are so remotely located that they are very dependent on their ideas and those of their neighbors for Christmas toys and other articles which they can make so easily.

SOCIAL MEETINGS: Woodruff enjoyed a Christmas party which included a gift tree and refreshments (usually our groups do not have refreshments). The Lakeside club held a social in connection with the Arizona Day when they entertained their husbands.

CLEANING COMPOUNDS: Snowflake pooled their desires for the cleaning compounds and had a manufacturing bee in Mrs. Murray's kitchen; each woman doubled or trebled the recipe as was necessary to meet the need of the member. The Home Agent brought the materials for most of them were not obtainable locally. A demonstration was, also, given at Lakeside.

HOME MANAGEMENT: No Home Management program was carried previously in the county. This year, there was a special request from Mrs. Annabelle Rogers, Stake chairman of the L.D.S. church, for some special assistance in handicraft which overlapped the kitchen project. A program was planned which would include phases of work which would build into the Kitchen Carpentry program. As a basis at these meetings, Miss Huber outlined the problems which might be demonstrated on her visits which would follow and each community made its selection. Consequently, each locality had a voice in the program. Practical Selection of Kitchenware, Floors and Finishes, Food Budget, Curtains and Kitchen Carpentry were the popular choices. Miss Huber held two demonstrations in giving working heights and special suggestions on Kitchen Arrangements.

The following trip at the request of the women a work meeting on home made problems which would make more efficient kitchens was the project topic. If the women would have shouldered more responsibility for providing working materials the achievement would have been even greater.

The last meeting of the series was a part of the Santa Fe Demonstration Tour, where Miss Huber showed a miniature kitchen and inexpensive ways of introducing color into the well arranged kitchen. This interesting demonstration included a group of the handmade kitchen carpentry articles.

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Navajo County, Arizona
1936

HOME FURNISHINGS:

Judging from the reports of the women and those left in the file, Clothing and Home Furnishing work which Mrs. Blake Nordell had given had consisted of lecture meetings rather than practice demonstrations. This year, it was felt that if the women actually did the work under Mrs. Watson's supervision, that more progress would be made. Consequently, this program progressed perhaps more slowly with fewer numbers in attendance. However, it is felt that in the end we will have accomplished and built a more permanent program.

Sewing machine clinics, clothing construction, refinishing furniture were the phases of work which Mrs. Watson made available to the women in Navajo County this season.

SEWING MACHINE CLINICS:

Some difficulty was experienced with getting the machines transferred from the homes to a general meeting place. The women enrolled for the work with the understanding that this could not be done as a house to house project. However, in Taylor and Pinedale they did not seem to be able to transport their machines and, consequently, the record of 58 sewing machines which were over-hauled was made by Woodruff, Joseph City, Snowflake, and Clay Springs.

CLOTHING CONSTRUCTION:

As a part of the sewing machine clinics at Clay Springs, work on finishes was given to the group who attended this meeting and the same demonstration was repeated at Lakeside. This work consisted of the quick method of making buttonholes, shell stitch, candle wicking, fastenings and seams. The women, especially, appreciated the opportunity to work and look at the style books and in every case numbers of patterns which could be ordered were copied. Holbrook, the County Seat, is the only town carrying patterns and as most of the people live from 30 to 70 miles from this center it may readily be seen what a problem pattern selection presents.

Lakeside requested a day in renovation of clothing. However, it came as they had specified on Saturday so that they might use the high school sewing room and at a particular time when there had been a social meeting every night during the week. The leaders attributed the lack of attendance to this fact.

Children's clothing was the topic which Mrs. Watson at Snowflake and Lakeside on the Santa Fe Demonstration Tour. This office copied 18 patterns for various women who made requests for the practical children's garments which were demonstrated. Consumer's problems which confront the buyer were presented at the Holbrook Santa Fe meeting and was attended by representatives from Woodruff and Joseph City.

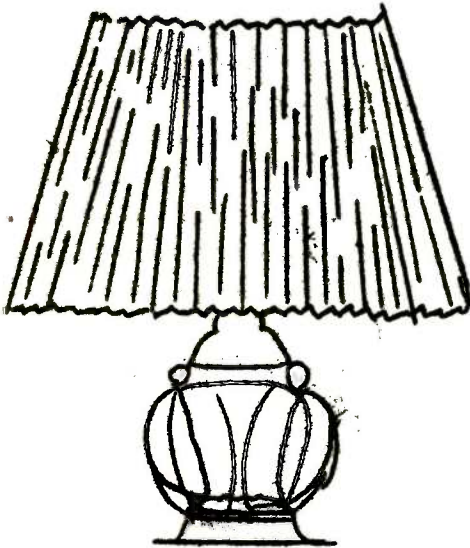
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1836-Navajo County, Arizona

COOPERATIVE EXTENSION WORK IN
AGRICULTURE AND HOME ECONOMIES
State of Arizona

Holbrook, Arizona

University of Arizona
College of Agriculture and
U. S. Department of Agriculture
Cooperating.

Home Demonstration
Agent Service



DEAR HOMEMAKER:

Have you ever wished
for a good looking plaited lamp
shade?

Mrs. Margaret Watson,
our new Home Furnishings Special-
ist, will help us achieve the
dream at a work meeting which is
being planned from 10 a.m. to
4:30 p.m. on July 9th at Relief
Society Hall.

These lamp shades are made of printed gingham,
theatrical gauze, figured paper, or plain wrapping paper
treated with linseed oil, which gives a beautiful parch-
ment effect. They are simple--the older daughters can
make them if they wish to come to meeting.

If you plan to attend the meeting, we should
like to know whether you wish us to get any of the
materials for you. I am sure that you won't forget to
bring your ruler, pencil, shears, frame, and a paper
punch should you possess one.

Use the back of this letter for enrollment
and for any request for material. The enclosed envelope
needs no postage for reply.

Very cordially yours,

Charlotte E. Biester

Charlotte E. Biester
Home Demonstration Agent

REFINISHING: 36 articles of furniture were either refinished or repaired in the Joseph City, Snowflake, and Woodruff demonstration meetings. The response at Joseph City was not as great as in the other two communities and we, consequently, did not return for a second meeting. Both the Specialist and myself felt that the women really wanted more help in this project but, apparently, it had been given at a time when there was too much competition from other duties. The Home Agent expects to carry on the project in other communities the same as was done in lamp shades.

LAMP SHADES: Local chairmen in Taylor, Holbrook, Snowflake, and Winslow requested lamp shade demonstrations and in all but Winslow a follow-up meeting was held. Other localities received the work after Mrs. Watson had given methods to be followed. 147 shades were made by 123 women. One of the groups that greatly appreciated the work was the 4-H Club under the direction of Miss Luella Ballard. These girls made 12 of the shades.

4-H CLUBS: In March a circular letter was sent to all of the girls enrolled last year. Consequently, we were able to start our 4-H program much earlier than previously and the results throughout the season showed that this was a valuable asset to our work. In April Mr. Baker, State Club Specialist, spent a week working with the County Agent and myself on general plans and policies for the coming year. Girls enrolled in baking and clothing worked and, as a result, initial steps in each community was the drawing up of the program of work so that there would be a more definite understanding of what we hoped to accomplish. The following program is typical:

WOODRUFF COMMUNITY CLUB

Gordon Larson, president	Lincoln Ison, Yells
Thelma Brinkerhoff, vice-pres.	Amber Smithson, reporter
Elna Brinkerhoff, Secretary	Aleen Hatch, Games
Norma Turley, songs	Mrs. P. Turley, Mrs. M. Bowler, Margaret DeWitt, leaders

GOALS

Contest for completion and attendance between boys and girls
1 point for attendance, 1 point for promptness, 12 for completion.

ORGANIZATION

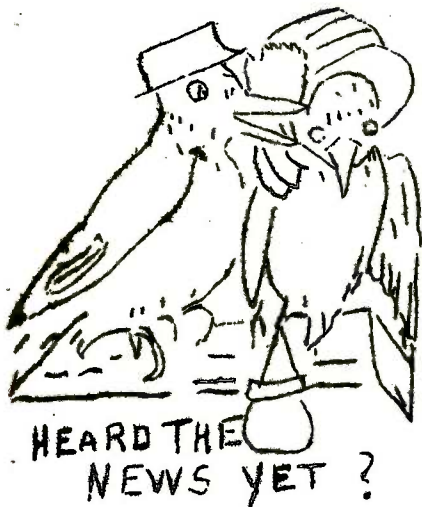
May 26--Organization
June 5--Sponge Cake--Marion Bowler, Laurie Bowler
Bunch Vegetables--Boys' club
Surprise number--Margarets Club
June 19--Drop Cookies--Alene Hatch, Amber Smithson
Making a Rope Halter--Boys' club
Surprise number--1st year Garment Making
July 3--Ginger Bread--Norma Allen, Ollie Gardner
Chicken Culling--Boys' club
Surprise number--Margaret DeWitt's club

Charlotte E. Biester
1936 Navajo County, Arizona

COOPERATIVE EXTENSION WORK IN
AGRICULTURE AND HOME ECONOMICS
Holbrook, arizona

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Navajo County Cooperating

Agricultural Extension
Service
Home Demonstration Work
County Agent Work



CHERRIO! to 4-H CLUB GIRLS

This is the month to enroll in
4-H work. Sign the card and
get your Mother's signature.
You will be notified of our first
meeting, which I hope can be held
the latter part of April or early
in May.

Yours to make the best better

Cordially,
Charlote E. Diester
Home Demonstration Agent

July 17--Cookie Variations, 2nd year Baking Club
Cream Testing, Boys' club
Surprise Number, 1st year Clothing club

Aug. 6--Make plans for Achievement Day.

This community has a group of 1st year baking girls, 2 of 2nd year and a boys' 4-H Club which has a miscellaneous enrollment.
Regular meeting date--1st and 3rd Friday in the month-2 p.m.

Two Community 4-H Clubs were established, one at Woodruff and one at Joseph City, in conjunction with the boys' clubs of the County Agent. The girls' organizations of specific projects remained the same as last year but no attempt was made to organize them into separate business groups. Instead the boys and girls met jointly as a Community Club for the general meeting and were then divided into separate groups for project information and instruction.

The Home Agent endeavored to supplement the material sent from the State Office with more games, more subject matter and demonstration suggestions. The following delegation attended the Club Round-Up with the Home Agent: Gladys Larson, dress review; Marbaret DeWitt, 4-H leader; Barbara Shelley and Alme Tanner, baking club team.

Our program was somewhat upset this summer due to the fact that practically the entire months of June and a part of July had to be devoted to the Specialist program. Due to the fact that the Specialists had not come into the State before this time thus making them unavailable, it was a case of using what assistance they had to offer or using it entirely. So we tried to compromise and carry on as well as we could so that everyone could receive the benefit of the program. Another year this will be avoided.

ACHIEVEMENT DAY:

Miss Brown and Mr. Baker were the Specialists who helped to make the Achievement Day programs successful.

Programs were held in Woodruff, Joseph City, Holbroo, Taylor, Snowflake, Clay Springs, Pinedale, and Showlow. The educational movies which Mr. Baker gave were everyso much appreciated. In some of the localities the younger children have not had an opportunity to see a movie and they were very enthusiastic over the program. A larger percentage completed their work by Achievement Day than last year. Miss Brown judged the exhibits and felt that the quality of work was improved.

Charlotte E. Biester
1936 Navajo County Arizona

NUTRITION:

A Social Service worker, Miss Ruth Thayer, who has charge of the Widows' Pensions on the Securities Division, has had the problem of maximum food values on minimum budgets. She had asked for some assistance for the families with whom she works in making up plans for varieties of food in the diet. Miss Brown, State Home Agent, gave several suggestions for a series of meetings of this type. At the first meeting the food habit card was used and there was a general discussion of staple foods in the diet. The second meeting plan dealt with vegetables with special emphasis on salads which could be made with cabbage as a base. The third meeting used whole cereals in the diet; one on milk and eggs was also planned but had not been given at the time this report was made. These meetings were well attended and Miss Thayer expressed her opinion that they quite adequately fulfilled the need which she felt was essential in the budget planning work.

FOOD PRESERVATION:

This project seems to be one which is continuous. During the winter months 87 bulletins were distributed to assist the women with meat canning. A food budget for the garden and family use throughout the year was prepared and discussed. To those connected with the Snowflake Cannery, some especially attractive offers were made by one of the companies which enabled 12 of the leaders to obtain a pressure cooker. Three women purchased sealers. Most of our people had success with their gardens and have canned an adequate supply of food for their winter use. As most of our people in higher altitudes had difficulty with maturing tomatoes, some experimenting work was done with the women in introducing seed for tomatoes which should develop in 60 days. The first part of the season was so dry that we did not have normal opportunity to form any opinion on these new varieties. During summer and fall 116 women received some type of assistance in their canning problems. This does not include help that might be received through reading the news items which were published on the subject of food preservation.

RURAL REHABILITATION:

Practically all of the month of December, January, February and March was spent in various phases of work connected with the Rural Rehabilitation program. The first of April a regular appointment was made and the Home Agent's assistance from that time consisted mainly in subject matter and in helping the regular worker through emergencies.

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Unprojected Work During the year there are numerous calls for special types of community service. This season the Relief Society of the L. D. S. Church appointed a State Work and Business Chairman who has 13 leaders working under her. Going through their list of suggestions several were suggested in which it was felt that the Home Agent could give special assistance. At this time it was planned to give one each month. Stencil instructions with designs and suggestions in actual practice were presented at one of the stake meetings. Others were planned, but due to the fact that the Head Office gave the women instructions to look after special relief problems in the community the art work was temporarily dropped.

During the month of May all cattlemen in the county combined their efforts for the Livestock Show. Most of their wives are just as interested as the men so all help possible was given to the County Agent which might help to make the show a success.

From February until July 1st, nine girls who were enrolled in the Youth Movement, W. P. A. were given assistance in planning and making demonstration articles. Not all the girls worked at one time which made it possible for the Home Agent to do this.

Holbrook has been with a summer play ground and the P. T. A. were especially interested in working on this project. When assistance was solicited from this office Mr. Ballantyne was able to attend the meeting and made an outline of concrete suggestions for the work. Representatives from various organizations were appointed and had call work but the playground did not develop.

18 women were given assistance in Home Beautification problems.

No Child Care project is carried. However, during the year there has been a steady demand for bulletins on Child Care. 38 have been distributed from this office.

3 radio talks were prepared and sent to the State Publicity Department.

Special work on stenciling was presented to the Work and Business Section of the Snowflake Stake. 24 women received patterns which could be used in their own localities. Plans which were made to continue this program were dropped when the Salt Lake division sent out a different program which

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superceeded the one already started. Consequently, the original plans were dropped.

PUBLICITY: In some of the communities there has been a particular demand for reading material and the people are very glad to have the magazines which contain good reading material yet are of no use to the subscriber. Publicity material has been available from the State Office this year and we have greatly appreciated it and found it most helpful in our program.

SANTA FE DEMONSTRATION TOUR: In cooperation with the Santa Fe Railroad a series of Extension meetings were held. Miss Huber and Mrs. Watson and Mr. Tate assisted the women with various phases of their home work. A total of 750 people attended these meetings and exhibits.

O U T L O O K

In considering our program for 1937, we feel that there is a great deal of interest and enthusiasm on the part of the communities; and the fact that the Home Demonstration Agent will not be expected to carry both an Extension and a Rehabilitation program should be conducive for some very splendid results. We are hoping that it will be possible for the continuance of full the office assistance as this eliminates a great deal of routine work which otherwise must be cared for.

The people are becoming more familiar with the Specialists' methods of working, which should enable us to use these people more efficiently. Furthermore, as the results in the preceding pages will show, the Navajo County women are responsive-- using the supply of information which they have.

Being acquainted with the people and making every effort to have them become more acquainted with the Extension program should enable us to go forward to our next year's program of work more efficiently and, I trust, more effectively.

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Navajo County, Arizona
1936

TABLE SHOWING PROGRAM AS PLANNED AND ACHIEVED
IN NAVAJO COUNTY.
1935-1936.

Project	Clothing Construction	Sewing Clinics	Refinish- ing
No. groups Planned	4	6	3
Location	Clay Springs Lakeside Snowflake Holbrook	Woodruff Joseph City Pinedale Taylor Snowflake Clay Springs	Joseph City Snowflake Woodruff
No. groups achieved	4	4	2
Location	Lakeside Clay Springs Snowflake Holbrook	Woodruff Joseph City Snowflake Clay Springs	Snowflake Woodruff
No. indivi- duals en- rolled	80	80	60
No. indivi- duals com- pleted	46	58	28
Work accom- plished	68 demonstrations & patterns copied	10 demonstrations 74 attended--58 machines cleaned	36 pieces of furniture repaired
Value in aggregate Amount saved	\$ 6.80 \$ 6.80	\$ 290.	\$ 180.

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TABLE SHOWING PROGRAM AS PLANNED AND ACHIEVED
IN NAVAJO COUNTY
1935-1936

Project	Home Makers	Lamp Shades	4-H Clubs
No. groups Planned	3	7	8
Location	Lakeside Snowflake Woodruff	Taylor Holbrook Snowflake Whiteriver Heber Et. Apache Winslow	Clay Springs Pinedale Woodruff Taylor Snowflake Joseph City Linden Showlow
No. groups Achieved	3	7	7
Location	Lakeside Snowflake Woodruff	Taylor Holbrook Snowflake Whiteriver Heber Ft. Apache Winslow	Clay Springs Pinedale Woodruff Taylor Snowflake Joseph City Showlow
No. individuals enrolled	84	213	
No. individuals completed	72	123	
Work accomplished	11 meetings 213 attendance	147 shades made	97 demonstration meetings & 816 attendance
Value in aggregate Amount saved	no money value	\$ 212.	
	"	\$ 129.68	

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TABLE SHOWING PROGRAM AS PLANNED AND ACHIEVED
IN NAVAJO COUNTY
1935-1936.

Project	Kitchen Carpentry	Kitchen Arrangement	Nutrition Clinics
No. groups Planned	3	4	1
Location	Snowflake Joseph City Taylor	Taylor *Snowflake *Holbrook *Lakeside	Clay Springs
No. groups Achieved	3	4	1
Location	Snowflake Joseph City Taylor	Taylor *Snowflake *Lakeside *Holbrook	Clay Springs
No. indivi- duals en- rolled	40 61	54	20
No. indivi- duals com- pleted	32	48	15
Work accom- plished	10 demonstrations 126 attended--54 articles made	SantaFeTour attendance 750 2 other demon- strations--48 attendance	4 demonstrations 44 attended
Value in aggregate	made from scraps	no money value	no money value
Amount saved	\$ 10.80		

*Work given on Santa Fe Demonstration Tour--no enrollment or completion figures.

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1937 PROGRAM.

<u>PROJECT</u>	<u>LOCATION</u>	<u>TIME</u>	<u>NO. DEM.</u>	<u>PROCEDURE METHOD OF</u>	<u>GOALS</u>
<u>4-H Clubs</u>				Obtain & Train Leaders	
Baking & Clothing	Snowflake Showlow Woodruff Taylor Joseph City	April to Aug.	8	Organize Clubs Furnish supplementary material for leaders plan programs of work & try to meet each group at least once a month	80%
<u>Home Furnishings</u>	Snowflake Woodruff Lakeside Joseph City	2 months	3	Organize Group Publicity, hold demonstrations when necessary & follow up with home visits to help finish work & use specialists for 4-H program	In these projects try and reach as many women as possible & endeavor to have each carry out suggestions made & give publicity to projects
<u>Home Management</u>	Lakeside Joseph City	3 months	3		
<u>Clothing</u>	& Taylor		3		

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1936