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MALE RAPE

Tyler Murphy

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MALE RAPE

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Abstract

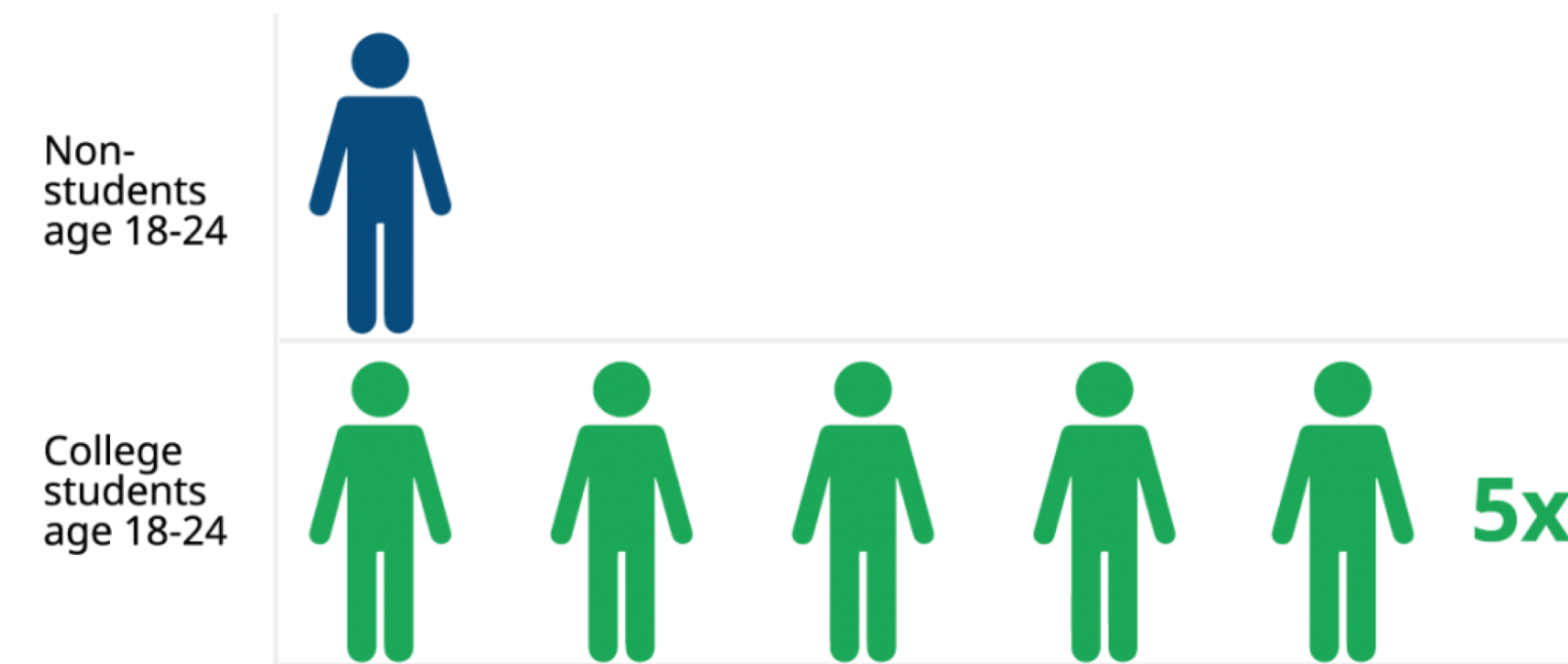
This research explores the ideologies behind male rape and why it isn't a larger topic of discussion through means of examining the predators and misconceptions, the victims, and the effects and counseling techniques used to help the victims. The predators and misconceptions includes the types of people who commit the act of male rape and explains what kinds of fallacies the populus believes in about male rape. The victims are men of any race, age, ethnicity, and sexuality. The effects and counseling techniques include depression, anxiety, and other negative mental disorders and counselors use a multitude of techniques to treat and improve the lives of survivors. The research of this paper was conducted from the exploration of three major book sources, three scholastic journals, one academic journal, and one tertiary source. These reliable sources were gathered over time in various ways to help formulate the conclusion of this research to conduct a strong paper.

Conclusion

Even though it is now being discussed, there is so much more that lays beneath the sheets. Male rape is one of those hidden events. It's beyond traumatic for anyone who falls victim to it, and its effects can shatter one's life and way of thinking into a million pieces without the right help and treatment. To help these troubled survivors, some victims need to speak up, that way one day it will be an appropriate topic to discuss, and more men would be willing to express their stories and experiences, further bringing the community together and getting rid of the common stereotype of a "real man".

MALE COLLEGE STUDENTS AT RISK

Males ages 18-24 who are college students are approximately 5 times more likely than non-students of the same age to be a victim of rape or sexual assault.



RAINN

National Sexual Assault Hotline | 800.656.HOPE | online.rainn.org
Please visit rainn.org/statistics/victims-sexual-violence for full citation.⁷

Key Points

- The definition of rape varies and is misinterpreted.
- It can happen in the most "secure" systems.
- If a man is raped, one or neither parties could potentially be homosexual.
- The common stigma is that a men can truly stop a rape if he wanted to, due to studies.
- Trauma from these events can be fatal if not treated and counseled.

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