

1 Seeking to enhance the bioenergy of municipal sludge: Effect of alkali 2 pre-treatment and soluble organic matter supplementation

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9 **Abstract**

10 The aim of this research is to enhance the mesophilic anaerobic digestion of municipal
11 sludge from Cadiz-San Fernando (Spain) wastewater treatment plant at 20 days
12 hydraulic retention time (HRT). Two different strategies were tested to improve the
13 process: co-digestion with the addition of soluble organic matter (1% v/v); and alkali
14 sludge pre-treatment (NaOH) prior to co-digestion with glycerine (1% v/v). Methane
15 production (MP) was substantially enhanced (from 0.36 ± 0.09 l CH₄ l/d to 0.85 ± 0.16 l
16 CH₄ l/d), as was specific methane production (SMP) (from 0.20 ± 0.05 l CH₄/g VS to
17 0.49 ± 0.09 l CH₄/g VS) when glycerine was added. The addition of glycerine does not
18 seem to affect sludge stability, the quality of the effluent in terms of pH and organic
19 matter content, i.e. volatile fatty acids (VFA), soluble organic matter and total volatile
20 solid, or process stability (VFA/Alkalinity ratio < 0.4). Alkali pre-treatment prior to co-
21 digestion resulted in a high increase in soluble organic loading rates (more than 20%)
22 and acidification yield (more than 50%). At 20 days HRT, however, it led to overload of
23 the system and total destabilization of the mesophilic anaerobic co-digestion of sewage
24 sludge and glycerine.

25 **Keywords:** anaerobic digestion; bioenergy, pre-treatment, mesophilic, sewage sludge,
26 glycerine

27 **1. Introduction**

28 Sludge treatment accounts for over 50% of the operating costs of wastewater treatment
29 plants (WWTP) (Razaviarani and Buchanan, 2015; Rivero et al., 2014; Zahedi et al.,
30 2017a). Anaerobic digestion (AD) is an attractive treatment strategy for municipal
31 sludge and is of great benefit from an environmental point of view as this technology
32 allow the production of bioenergy and fertilizer (Appels et al., 2011; Bolzonella et al.,
33 2005; Di Maria et al., 2016, 2014; Forster-Carneiro et al., 2010; Gómez et al., 2006;
34 Liao et al., 2016; Peces et al., 2016; Sosnowski et al., 2003; Wu et al., 2016; Zahedi et
35 al., 2016a). It has been well demonstrated that mesophilic AD of municipal sludge from
36 Cadiz allows the obtaining of Class B biosolids, i.e. an effluent with a density of faecal
37 coliforms below 2×10^6 colonies g/1 total solids (Forster-Carneiro et al., 2010). Unlike
38 Class A biosolids, which are essentially pathogen free and authorized for all uses, Class
39 B biosolids may contain some pathogens and can be employed with a number of
40 restrictions, such as crop harvesting, animal grazing, and public access for a certain
41 period of time. Obtaining Class A biosolids requires an increase in temperature
42 (thermophilic conditions, around 50 °C) (Riau et al., 2010). Numerous research studies
43 have sought to optimize the AD of sludge, including the interesting options of the co-
44 digestion process or sludge pre-treatments (Mata-Alvarez et al., 2011; Wang et al.,
45 2013; Zahedi et al., 2016a), which increase the load of biodegradable organic matter and
46 produce a higher biogas yield. The integrated management of sludge and fruit and
47 vegetable waste by co-digestion and composting has recently been investigated from a
48 life cycle perspective by Di Maria et al. (2016). Their results show that co-digestion
49 enhances methane production. Recent studies have been also demonstrated the efficacy
50 of anaerobic co-digestion of municipal sludge or solid waste together with readily

51 biodegradable organic substances, such as glycerol, a major by-product of biodiesel
52 production (Fountoulakis et al., 2010; Fountoulakis and Manios, 2009; Razaviarani et
53 al., 2013; Razaviarani and Buchanan, 2015; Rivero et al., 2014; Zahedi et al., 2017c,
54 2016b). Studies on co-digestion have shown the optimal glycerine supplementation in
55 the co-digestion of municipal sludge to be 1% (v/v) at 20 days hydraulic retention time
56 (HRT) (Fountoulakis et al., 2010; Razaviarani et al., 2013; Razaviarani and Buchanan,
57 2015). Due to slow sludge fermentation rates (hydrolysis and acidification) and the
58 advantages of the anaerobic digestion (AD) process, extensive research has been carried
59 out on the optimization of pre-treated sludge to improve hydrolysis, the generation of
60 volatile fatty acids (VFA) and biogas production (Carrère et al., 2010; Ennouri et al.,
61 2016; Lee et al., 2014; X. Li et al., 2016; Liu et al., 2012; Raynal et al., 1998). These
62 pre-treatments seek to destroy cells and/or extracellular polymeric substances (EPS),
63 with the subsequent release of intracellular and/or extracellular constituents to the
64 aqueous phase (Carrère et al., 2010; Gianico et al., 2013; Wang et al., 2013). These
65 released constituents are more easily biodegraded during anaerobic digestion, thereby
66 enhancing methane production.

67 Most novel studies focus on combined methods, i.e. pre-treatment of substrates using
68 different methods such as mechanical, chemical, thermal and/or others to increase their
69 availability to microbial bioconversion (Dahunsi et al., 2016a).

70 One the most efficient, simple pre-treatments for municipal sludge is the alkali (NaOH)
71 pre-treatment (Dahunsi et al., 2016a; C. Li et al., 2016; Zhang et al., 2015). For
72 example, C. Li et al. (2016) reported that methane production in AD increased by 18%
73 after microwave-ultrasonic pre-treatment or by 42% after pre-treating activated sludge

74 at 175 °C for 60 min or up to 71 % after pre-treating activated sludge at 120 °C with the
75 addition of 20 mg NaOH

76 Taking into account the above, glycerine supplementation (1% v/v) and alkali pre-
77 treatment in sludge was applied in the present research to improve the methane yield,
78 achieving enhancements of between 71-125%. The experimental protocol was designed
79 to examine the effect of two strategies for enhancing AD of the municipal sludge from
80 Cadiz-San Fernando (Spain) WWTP. One was co-digestion of municipal solid sludge
81 with glycerine (1% v/v), while the other was alkali sludge pre-treatment (NaOH) prior
82 to co-digestion of municipal solid sludge with glycerine. It should be noted that this
83 study was carried out at the most widely-employed hydraulic retention time (HRT) in
84 the mesophilic AD of municipal sludge at most WWTP. Hence, the results of this paper
85 provide useful information to obtain in-depth knowledge of strategies to enhance
86 bioenergy production at WWTP.

87 To assess whether these strategies might be an interesting option in an actual municipal
88 WWTP, different parameters such as the increase in SCOD (%), acidification yield (%),
89 process stability, quality of the digested sludge and biogas production were studied.

90

91 **2. Materials and Methods**

92 **2.1. Substrates, alkali pre-treatment and inoculum**

93 Experimental work was carried out using sewage sludge samples (mixed primary sludge
94 (30%) and activated sludge (70%)) from Cadiz-San Fernando WWTP. This plant is
95 located in Cadiz-Spain and handles over 50,000 m³ of wastewater daily. All the sludge
96 samples were characterized on reception at the laboratory and kept under refrigeration at
97 4 °C before being used for the experiments so as to prevent biodegradation. The pH,

98 volatile solids (VS) and soluble chemical oxygen demand (SCOD) concentrations in the
99 municipal sludge were 6.8 ± 0.1 , 35 ± 2 g VS/kg and 10 ± 1 mg SCOD/l, respectively.
100 For the co-digestion studies (with or without alkali pre-treatment), this sludge was
101 mixed with 1% v/v glycerol supplied by the Panreac company, which constituted the
102 reactor feed. According to Fountoulakis et al. (2010), the most appropriate
103 concentration of glycerol in co-digestion with sewage sludge in anaerobic processes is
104 1%.
105 For the alkali pre-treatment, the pH of the sludge sample was adjusted to 12.0 ± 0.1 ,
106 followed by stabilization for 5 min under stirring with 6 mol/L sodium hydroxide in line
107 with Xiao et al. (2009).
108 Regarding the inoculum, this was collected from the mesophilic anaerobic digester
109 (hydraulic retention time (HRT) =20 d) located at the same WWTP. The pH, total solids
110 (TS) and volatile solids (VS) were 7.5 ± 0.2 ; 32.0 ± 2.0 g TS/kg and 18.0 ± 0.2 g VS/kg,
111 respectively. The inoculum to substrate ratio (ISR) in this reactor (g VS/g VS) was
112 around 10.

113

114 **2.2. Experimental equipment and operating conditions**

115 Three laboratory-scale reactors operating in a laboratory-scale semi-continuous stirred
116 tank reactor (CSTR) at the laboratory scale were employed in these studies. The reactors
117 had a working volume of 5 l, without biomass recycling, and operated at the same HRT
118 and Solids Retention Time (SRT), (20 days). Mesophilic conditions (35°C) were
119 maintained by circulating water through the jacket from thermostatic water baths.
120 PRECISTERM 6000142/6000389 (SELECTA S.A.) baths, with a maximum capacity of
121 7 l water, were used for this purpose, Mixing was maintained constant in the three

122 reactors using mechanical stirrers (23 rpm) and each reactor was equipped with a biogas
123 outlet and a feed inlet. The gas volume produced in the reactor was emptied into Tedlar
124 gas bags (40 l).

125 The three reactors employed were:

126 CR: fed with sewage sludge.

127 GR: fed with sewage sludge and glycerine (1%).AGR: fed with alkali pre-treated
128 sewage sludge and glycerine (1%).

129 All the reactors operated at 20 days HRT (ISR around 10) and were fed once a day
130 (semi-continuous) without the addition of nutrients or pH correction. The volatile solids
131 organic loading rates (OLR) was 1.75 g VS/l/d.

132 The overall duration of the experiment for each reactor was 60 d, except in the AGR,
133 where the overall duration was 7 days because destabilization was observed.

134 **2.3. Analytical methods**

135 The following variables were analysed to characterise and monitor the process effluents:

136 pH, alkalinity, volatile fatty acids (VFA), soluble chemical oxygen demand (SCOD)
137 and volatile solids (VS). These analyses were conducted in accordance with standard
138 methods (APHA, 1995) and Zahedi et al. (2017c). The gas volume produced in the
139 reactors was measured directly using a high-precision flow gas meter: Ritter TG-01
140 drum-type gas meter - (wet-type).

141 VFA were determined by gas chromatography using a gas chromatograph (Shimadzu
142 GC-2010) equipped with a flame ionization detector (FID) and a capillary column filled
143 with Nukol. The gas volume produced in the reactor was measured directly using a
144 high-precision flow gas meter: Ritter TG-01 drum-type gas meter (wet-type). The
145 composition of the biogas was determined by gas chromatography separation

146 (SHIMADZU GC- 2010). H₂, CH₄, CO₂, O₂ and N₂ were analysed by means of a
147 thermal conductivity detector (TCD) using a Supelco Carboxen 1010 Plot column.
148 Commercial mixtures of H₂, CH₄, CO₂, O₂, N₂ and H₂S (Abelló Linde S.A.) were used
149 to calibrate the system.

150 Gas volume and composition were measured daily, as was the pH of the effluent. VS,
151 COD, alkalinity and VFA were analysed approximately two/three times a week.

152 **2.4. Parameters used to determine the effect of the different strategies on the** 153 **reactor feeds**

154 Changes in the soluble OLR (SOLR) and acidification yield were the parameters used to
155 analyse the effect of the different strategies on the feed.

156 Acidification yield was calculated via the soluble COD of VFA (S_{TVFA}) through the
157 following equation (De La Rubia et al., 2009; Zahedi et al., 2014, 2013):

$$158 \quad \text{Acidification yield} = S_{TVFA}/S_s * 100 \quad (1)$$

159 where S_{TVFA} is the concentration of total VFA in the feed, expressed as mg COD/l using
160 the theoretical COD equivalents for each VFA, and S_s is the soluble COD in the feed
161 (mg COD/l).

162

163 **3. Results and discussion**

164 The effects of the different pre-treatments on the feed characteristics, effluent quality
165 and the amount of biogas produced are assessed in this section.

166 **3.1. Feed effect**

167 Figure 1 shows the changes in the SOLR and acidification yield of the feed (municipal
168 sludge) employed in each reactor. As can be seen, the SOLR was hardly affected by the
169 different strategies. The SOLR of the municipal sludge was in the range of 0.50-0.6 g

170 SCOD/l/d- Logically, when glycerine (a soluble organic compound) was added to the
171 sludge, the value of this parameter rose to 0.95 ± 0.2 g SCOD/l/d. When the sludge was
172 previously alkali pre-treated, the value of this parameter increased from 0.95 ± 0.2 g
173 SCOD/l/d to 1.15 ± 0.2 g SCOD/l/d. The increase in SOLR was due to the alkali pre-
174 treatment destroying cells and/or extracellular polymeric substances (EPS) with the
175 subsequent release of intracellular and/or extracellular constituents to the aqueous phase
176 (Carrère et al., 2010; Gianico et al., 2013; Wang et al., 2013).

177 As to the acidification yield, the addition of glycerine to the substrate logically produces
178 no differences in the acidification of the feed ($28 \pm 3\%$) (glycerine has COD, but is
179 volatile fatty acid-free ; not all COD is due to VFA content). However, pre-treatment
180 with NaOH produces a significant increase in the value of this parameter, from $28 \pm 3\%$
181 to $56 \pm 4\%$. These results were in line with those of other authors (Xiao and Liu, 2009;
182 Zhang et al., 2015). The increase in VFA could be due to the degradation of lipids
183 (Zhang et al., 2015).

184 The increase in SOLR was higher when alkali pre-treatment was also carried out. The
185 main reason for this lies in the increasing pH value. Increasing the pH value changes
186 cell osmotic pressure in sludge, resulting in EPS solubilisation and cell lysis (Zhang et
187 al., 2015). Alkali pre-treatment also produces an increase in acidification yield. The
188 increase in acidification yield could be due to the degradation of lipids. During NaOH
189 pre-treatment, long chain fatty acids may be degraded and subsequently form low chain
190 fatty acids. The highest mean values of organic matter solubilization and acidification
191 yields in alkali pre-treated sludge supplemented with glycerine seem to suggest that this
192 would be the ideal substrate for AD of sludge.

193

194 **3.2. Process stability and effluent quality**

195 The stability of the process was assessed via the evolution of pH and methane
196 production (MP) in the each system (Rincón et al., 2008; Zahedi et al., 2017c). Figures
197 2 and 3 show the evolution of pH and MP, respectively, during the semi-continuous
198 mesophilic study in each reactor. The reactors operated for 60 days, except for the
199 AGR, as destabilization was observed after the first week. In Figure 2, a red horizontal
200 line indicates pH 7.0. In the CR and GR, pH values stabilised around 7.3-7.8, the
201 optimum pH for the activity of methanogenic microorganisms (Dahunsi et al., 2016b;
202 Zahedi et al., 2017c). This means that a balance has been reached between the metabolic
203 activities of microbial groups. However, even though the decrease in the effluent pH
204 (<7.0) when NaOH (6 M) was added to the feed seems to be contradictory, it did take
205 place. The pH dropped to values below 6 and the reactor did not recover, leading to a
206 decrease in MP, due to the accumulation of VFA in the effluent. The acids generated
207 during the acidogenic phase in the reactor were not completely consumed and
208 accumulated in the system, thus affecting the activity of the anaerobic consortia,
209 especially methanogens and acetogens, and leading to a reduction in methane
210 production (Figure 3).

211 In the CR and GR, the total acidity, expressed as the total amount of VFA represented
212 by acetic acid, alkalinity, VFA/Alkalinity ratio (equiv. acetic acid/equiv. CaCO₃) and
213 TCOD, exhibited stable values in the effluent from the mesophilic reactors in the 120-
214 655 mg acetic/l, 2-3 g CaCO₃/l, 0.03-0.25 equiv. acetic acid/equiv. CaCO₃ and 7-11 g
215 O₂/l ranges, respectively. The VFA/Alkalinity ratio is a parameter used to assess the
216 excess of overload in the substrate (Montañés et al., 2014; Razaviarani et al., 2013;
217 Razaviarani and Buchanan, 2015; Rincón et al., 2008; Zahedi et al., 2017c). Values

218 between 0.1 and 0.4 (equiv. acetic acid/equiv. CaCO_3) indicate favourable operating
219 conditions without the risk of acidification. However, the values of VFA,
220 VFA/Alkalinity ratio and TCOD in the AGR were respectively around 8000 mg acetic/l,
221 4 equiv. acetic acid/equiv. CaCO_3 and 17 g O_2 /l, while alkalinity value remained
222 between 2-3 g CaCO_3 /l. This means the system was unstable or not suitable according
223 to the decrease in pH values. The mean values of VFA and VS removal efficiencies (as
224 %) for each reactor are shown in Figure 4. Removal efficiencies of around 47% VS
225 removal and 82% VFA removal were obtained in the CR. The mean values of organic
226 matter removal increased slightly in the GR. VS and VFA removal efficiencies
227 increased from $47\pm 6\%$ to $54\pm 11\%$ and from $82\pm 6\%$ to $89\pm 2\%$, respectively. For the
228 AGR, a huge decrease in organic matter consumption was detected, obtaining low VS
229 removal efficiencies ($<13\%$) with an increase in VFA being observed, instead of VFA
230 consumption. The increase in VFA content and the decrease in pH and organic matter
231 removal in the AGR meant an overload in the system and non-stability in the effluent.
232 Overload means loading an excessive amount of soluble substrate into the reactor.
233 Overloading in a reactor produces intense COD solubilization and COD accumulation
234 in the reactor due to kinetic decoupling between hydrolysis and methanogenic activities
235 (Chen et al., 2012; Gianico et al., 2015). The acids generated during the acidogenic
236 phase in the reactors were not completely consumed and accumulated in the system.
237 In short, glycerine addition did not seem to affect the sludge effluent in terms of pH,
238 organic matter content (VFA, SCOD and VS) or process stability (VFA/Alk ratios).
239 However, mesophilic anaerobic digestion of the sewage sludge pre-treated with NaOH
240 and supplemented with glycerine (1% v/v) (AGR) did not produce a stable effluent at
241 20 days HRT.

242

243 **3.3. Biogas**

244 The evolution of MP (l CH₄/l reactor/d), previously reported during the discussion of
245 reactor stability, is shown in Figure 3. Figure 5 shows the mean values of MP (l CH₄/l
246 reactor/d) and mean values of specific methane production (SMP, ml methane/ VS
247 added) in each reactor. Mesophilic anaerobic digestion of sewage sludge (CR) produced
248 mean values of MP ranging between 0.3-0.4 l CH₄/l/d and corresponded to values of
249 SMP ranging between 0.15-0.25 l CH₄/g VS, respectively. When glycerine (1% v/v)
250 was added to the feed (GR), a high increase in MP was observed (more than 120 %).
251 Mean values of MP and SMP ranged between 0.7-1.0 l CH₄/l/d and 0.40-0.60 l CH₄/g
252 VS, respectively. These results are in line with those of previous studies on municipal
253 sludge and glycerine (Fountoulakis et al., 2010; Razaviarani et al., 2013; Razaviarani
254 and Buchanan, 2015). Fountoulakis et al. (2010) studied the feasibility of adding
255 glycerol (1%) to anaerobic digesters treating sewage sludge. The reactor treating the
256 sewage sludge produced 1106 ± 36ml CH₄/d before the addition of glycerol and 2353 ±
257 94ml CH₄/d after the addition of glycerol (1% v/v in the feed). Razaviarani et al.
258 (Razaviarani et al., 2013; Razaviarani and Buchanan, 2015) studied the effect on
259 process performance of adding increasing proportions of biodiesel waste glycerine to
260 municipal wastewater sludge at 20 days HRT, reporting that methane production was
261 1.83 times greater than that obtained in their control digesters, which were only fed with
262 municipal sludge. In the present study, glycerine addition (1% v/v) produced an
263 increase in MP higher than 120 %.

264 The low values of SMP compared to those reported in other comparative papers
265 (Fountoulakis et al., 2010; Razaviarani et al., 2013; Razaviarani and Buchanan, 2015)

266 are due to the different municipal sludge employed. In the present paper, the sludge was
267 mainly waste activated sludge (WAS) (around 70%), while in the studies by
268 Razaviarani et al., the main waste was primary sludge (PS) (more than 70%). WAS has
269 SMP values around 0.2 l CH₄/g VS (Wang et al., 2013; Zahedi et al., 2017b), whereas
270 PS has SMP values ranging between 0.3 and 0.5 l CH₄/g VS (Peces et al., 2016;
271 Razaviarani et al., 2013; Razaviarani and Buchanan, 2015; Zahedi et al., 2017a).
272 The different origin of PS and WAS means they have different characteristics: WAS has
273 a much higher content in microorganisms and proteins, but a lower fatty acids content
274 and is less biodegradable. This means that it has a lower methane production potential
275 than PS (Lens, 2004; Sato et al., 2001; Wilson and Novak, 2009; Zahedi et al., 2017a)
276
277 Anaerobic co-digestion of alkali pre-treated sludge did not lead to an increase in
278 methane production. In fact, the decrease in MP was very considerable (lower than 0.12
279 l CH₄/l/d and 0.07 l CH₄/g VS), indicating, as already mentioned, that the pre-treatment
280 does not improve biogas production efficiently. These results were due to the low pH
281 and organic matter removals and the high VFA/Alkalinity ratio. The acids generated
282 during the acidogenic phase in the reactor were not completely consumed and
283 accumulated in the system, thus affecting the activity of the anaerobic consortia,
284 especially methanogens and acetogens, and leading to a reduction in biogas production.
285

286 **3.4 Optimal strategy to enhance AD at 20 days HRTAD** of sewage sludge aimed at
287 stabilizing the sludge and obtaining renewable energy was carried out under three
288 different conditions (without any treatment, with the addition of glycerine, and with

289 alkali pre-treatment and glycerine addition). These supposed three SOLR (0.5, 0.95 and
290 1.15 SCOD/l/d) (Figure 1).

291 Alkali treatment was highly effective in terms of the solubilization parameters (Figure
292 1: SOLR and acidification yield). However, at least at 20 days HRT (the HRT employed
293 in the actual digester at the Cadiz-San Fernando WWTP), the effluent was not found to
294 be stable, nor was methane production seen to improve. This means than the efficiency
295 of the single pre-treatment to improve the solubility of the waste and the effectiveness
296 of the pre-treatment as regards methane production are not always correlated. There are
297 other parameters that have to be considered, such as HRT, microbial activity, the OLR
298 applied of the system, type of reactor, etc. This needs highlighting, as most pre-
299 treatments are applied to the substrate, especially in secondary sludge, where methane
300 production is often limited by the slow fermentation rates of this substrate (hydrolysis
301 and acidification). Furthermore, many studies only focus on maximizing the increase in
302 SCOD or VFA, or producing the greatest possible membrane damage in sludge cells.
303 Sometimes, however, as in the present study, these changes do not necessarily lead to an
304 increase in the biochemical methane of sludge. Zahedi et al. (2017a, 2017b, 2016a) also
305 reported that a higher increase in SCOD, soluble proteins and damaged cells does not
306 mean higher biodegradability or higher methane production. In fact, the most aggressive
307 pre-treatment led to a higher increase in sludge solubilization and a decrease in SMP.
308 As regards the alkali pre-treatment plus co-digestion option, it may be stated that the
309 addition of glycerine (1%) in the AD of municipal sludge could be an ideal strategy to
310 improve the methane production at Cadiz-San Fernando WWTP, as the process was
311 found to be totally stable, MP increased by around 120% and the quality of the effluent
312 was not affected.

313 Two important overall conclusions can thus be drawn from this study. On the one hand,
314 the addition of glycerine to municipal sludge from Cadiz-San Fernando WWTP at 20
315 days HRT considerably improved MP (120%) and could mean high economic benefits
316 at a WWTP. This is an important fact, seeing as sludge management is a serious issue
317 since up to one-half of the costs of operating WWTP is associated with sludge treatment
318 and disposal (Lens et al., 2004; Peces et al., 2016; Zahedi et al., 2016a) and therefore
319 any process that allows an increase in profits at the WWTP are worth highlighting.
320 Furthermore, the efficiency of the single pre-treatment in improving the solubility of the
321 waste and the effectiveness of the pre-treatment on methane production are not always
322 correlated. As already stated, the most widely-used conditions for AD of municipal
323 sludge at the majority of WWTP were employed in this study (mesophilic conditions
324 (35°C) and 20 days HRT). Therefore, the results of this paper provide useful
325 information for gaining in-depth knowledge of strategies to enhance bioenergy
326 production at WWTP.

327

328 **Conclusions**

329 The effectiveness of the two strategies in improving AD of sewage sludge at 20 days
330 HRT was assessed in this study. The following conclusions may be drawn.

331 Alkali pre-treatment was found to be the most successful means to increase sludge
332 solubility. Under these conditions, the characteristics of the sludge were affected,
333 significantly increasing the SOLR and acidification yield. However, at least at the HRT
334 tested in the present study (20 days), this strategy alone was not effective and produced
335 overload of the system (poor MP and effluent quality). The optimal conditions to

336 enhance MP were found under anaerobic co-digestion of municipal sludge and
337 glycerine, resulting in an increase in MP of more than 120 % without altering the
338 quality of the effluent in terms of the SCOD, VS, VFA, pH or VFA/Alkalinity ratio
339 following digestion compared to the reactor fed without glycerine supplementation.

340

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518 **Figure captions**

519 **Figure 1.** Effect of the strategy on SOLR (g SCOD/l/d) and acidification yield (%)
520 values for each feed. CR feed (sewage sludge); GR feed (sewage sludge plus 1% v/v
521 glycerine); AGR (feed: alkali pre-treated sewage sludge plus 1% v/v glycerine).

522 **Figure 2.** pH evolution (from 0 to 60 d) for each reactor: CR (feed: sewage sludge); GR
523 (feed: sewage sludge plus 1% v/v glycerine); AGR (feed: alkali pre-treated sewage
524 sludge plus 1% v/v glycerine).

525 **Figure 3.** MP (ml CH₄/l/d) evolution (from 0 to 60 d) for each reactor: CR (feed:
526 sewage sludge); GR (feed: sewage sludge plus 1% v/v glycerine); AGR (feed: alkali
527 pre-treated sewage sludge plus 1% v/v glycerine).

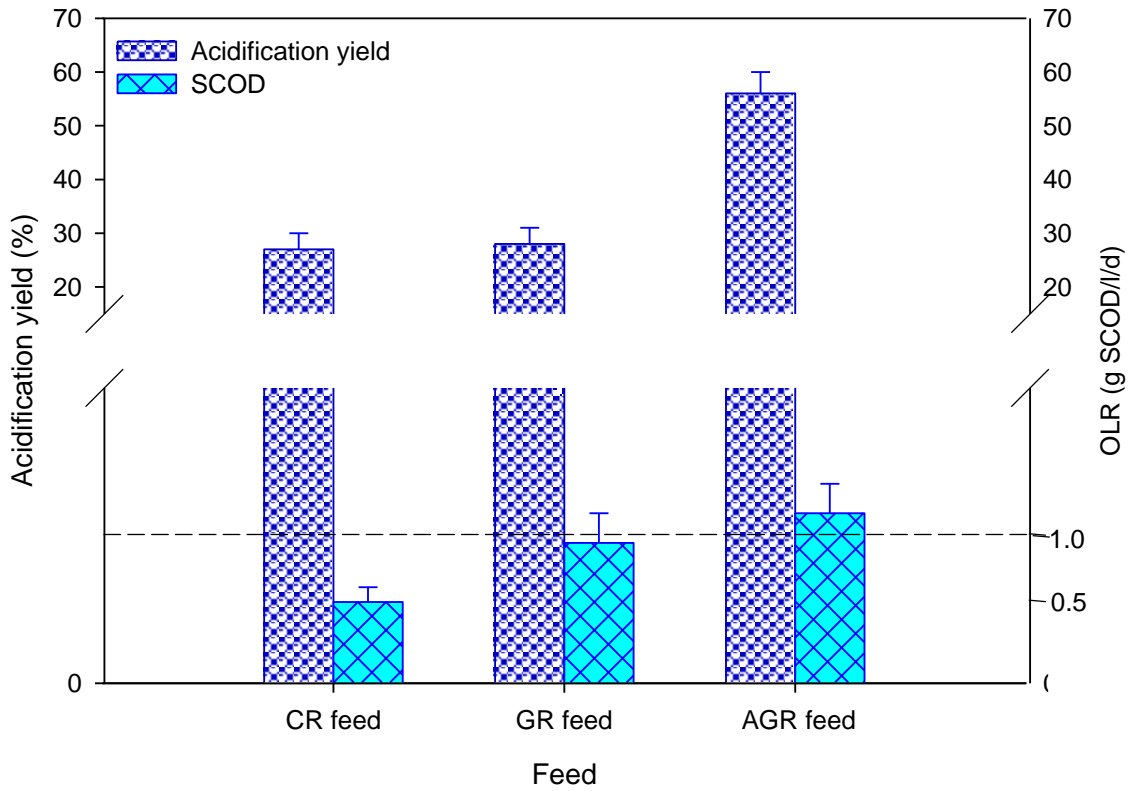
528 **Figure 4.** Mean organic matter removal values: VFA and VS removal for each reactor.
529 CR feed (sewage sludge); GR feed (sewage sludge plus 1% v/v glycerine); AGR feed
530 (alkali pre-treated sewage sludge plus 1% v/v glycerine).

531 **Figure 5.** Mean MP (ml CH₄/l/d) and SMP (ml CH₄/ g VS) values for each reactor. CR
532 (feed: sewage sludge); GR (feed: sewage sludge plus 1% v/v glycerine); AGR (feed:
533 alkali pre-treated sewage sludge plus 1% v/v glycerine).

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535 **Figure 1**

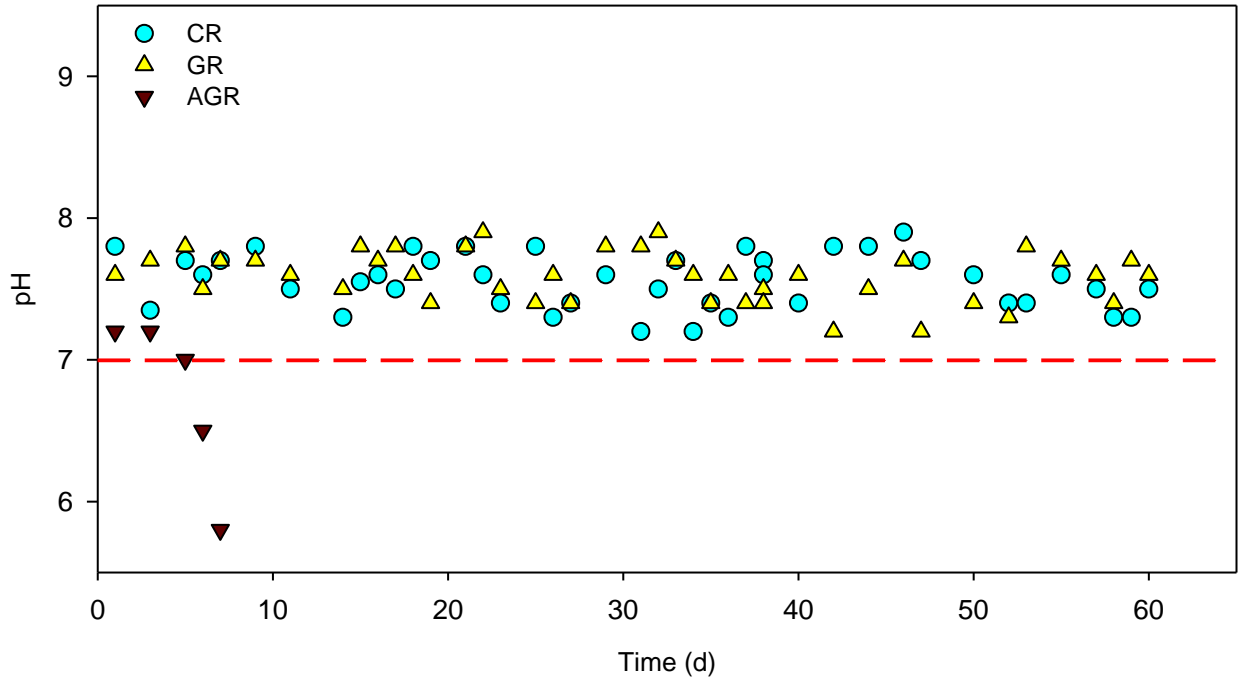
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539 **Figure 2**

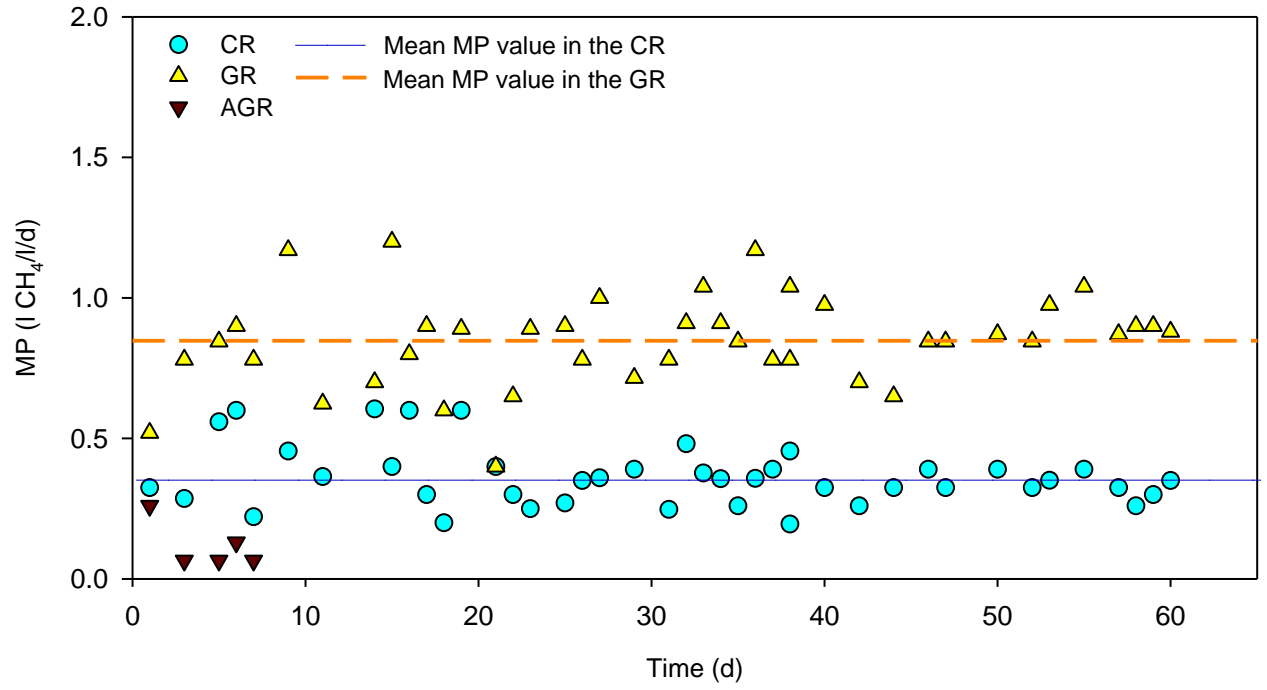


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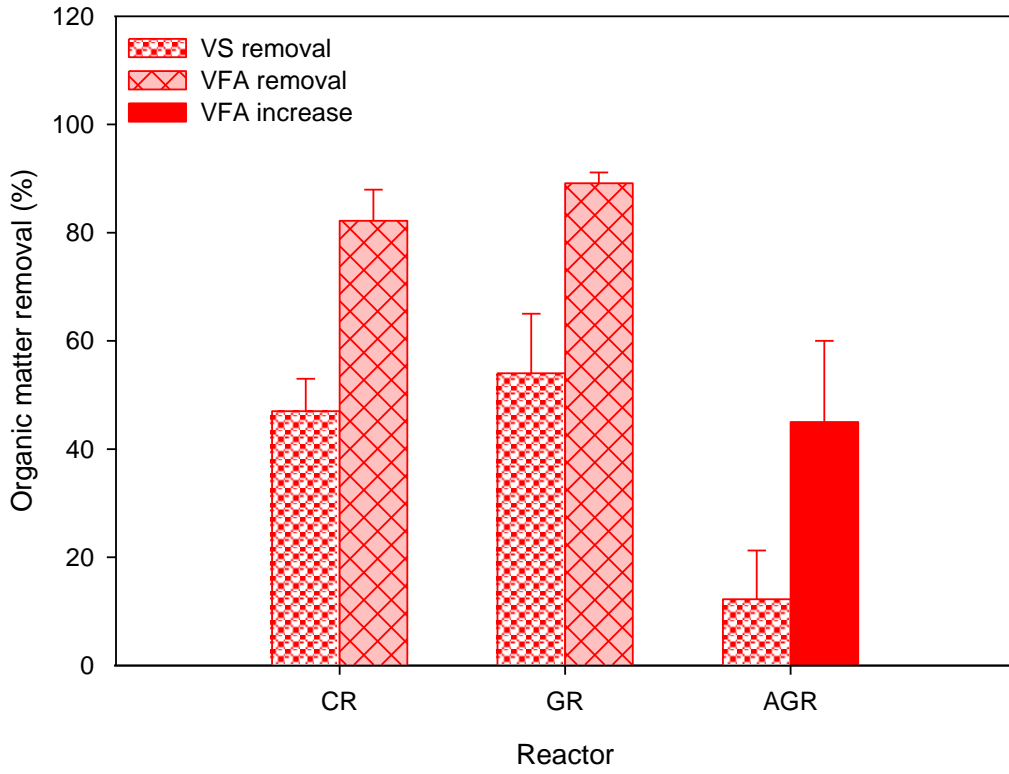
542 **Figure 3**

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546 **Figure 4**

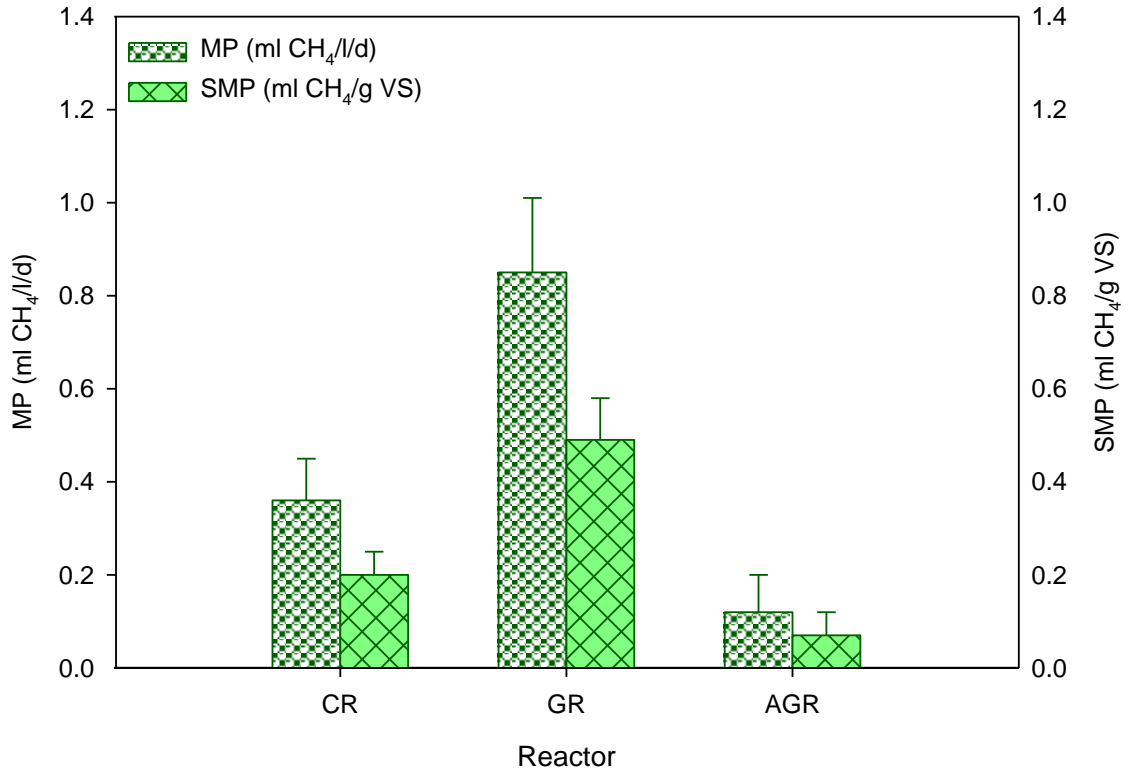


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550 **Figure 5**



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