

**Ma muihki nuhni dawak
pa balna yamni saksihni,
lapni, yamah, waraih dis
duna atnin yulni rawaswi
yakna**



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Tunan bahwa

Adika wauhnitaya rawaswi yakna salaini tunan duwa balna sau sah yakna uk balna karak sangnika salaini tunan duwa balna sauni dak klana was pamka (waspan) kris tian kal uduhna (acción medica) prinzapolka dawi Bonanza sauni dakkala balna kalpakwi kuninna lani laihwi talna kaunah baises parasni kalawas ki sangnika salaini tunan duwa balna GRAAN dawi CRAAN, horizonte 3000, IMTRADEC URAC-CAN tunan duwak laiwi talwi parasni kalalawarang ki.

Adika baraknin yamna ki rawasna sahyakna singka wautaya nunuhni kaupak rawasyakwi adika ayangni pakwi talah akat (rotfolio) dawi muih sinsni lani duwa balna bik duwi pa muihni balna yakat nangnitna lanin sulani satni kau yalahwa balna bang mayang yakat RAAN sauni dak klana pas akat kulna tani duwi muih binina kurih singka duwa balna dauwas atnin nanit daknin kurih 1990 dawak 2015 kat baises yamni nanit dakwi kiunin ma muihki nuhni, yamah, waraih dis yamni salaini atnin kidika sau nuhni akat kulna as kalanin ki kidika lani kat yamdi yammin RAAN dawi MISARAAN kal pak wi yamwi.

Ma muihki nuhni yamni dunin rawaswi yakna adika laih diyana karangki salaini tingta yamwi ning lauwa balna yakat di yawi, baises kau laih yuldarang kat kulnun lani yamni yaksihni karak parasni diyamwi kidika laih biri biri kal nakang launin sins lani balna was salaini, lap duwi dinin yulni kapat bubuh panih, Ba uni pani, was taski pani dawak pa yalahda as yaksihni, yamah, waraih dis muih bitik alasna yalahnin yulni balna kidika akat rawasna bangki.

Adika rawasna munah pa muihni balna niningna lauwi salaini atnin sumalwi ramh yulwa yakat yamwi lapakna atnin, muih balna kidika amang lalawi salaini, lapni, yamah, waraih dis pa as duna atnn kidika muih mahni kauh laih parasni kaldakakawi yambni yalahna atnin kidika, adika yamwarang munah laih pa as yamni yalahdarangki.

Adika salaini lani dunin yulni ramh palni kulwi yamna GRAAN kabamintni, panabas muih pipihni yamna dawi dibasta balna kau ma laki yalahda kat pa muihni balna yuyulwa yakat yamwi lapakna atnin dawak baises parasni kalana atnin ki di almuk tingni yamna balna kidika "panabas". Adika sau dakkala kus pani sahyakna bikisni tias kau bu akat sulani tuni sat mahni yulwa bangki, kidika balna karak laih talwi adika rawaswi yakna pa balna bitik yak ning launa atnin yulni.

Ma muihki nuhni salaini dawak pa balna bik salaini, lapni dunin

Akat yulwi ma muihki salaini, lapni dunin yulni dawak bik kal main talnin waraih mai laihnnin awas, ma uki pas suhdi, di kasda dawak asna mahawa kidika suhwi salaihni, lap duwi kaninki, ma paki muihni bitik yakat yamna atnin yulwi.

Ma muihki salaini dunin

Ma laki bangki ma muihki salaini lapni dunin yulni: ma muihki salaini dunin kidika yaksihni palni ki, waraih yamah dutni mahni tanit daknin sak ki: bawas kapat ma muihki yak mara laihwa kapat dawak waraih yamah dutni uk uk

Bik, waraih yamah dudni mai laihwas kat, alasna yamni kal dakadi ma wanaihki bitik karak dawak pa muihni balna bik.

Ma tingki ma bani suhnin ki sup kau was mahni karak, ma kasnik di laihdi yamdas tanit yakat, ba uni yawa aiwada kat, dawak muih bin salaini lapni dunin kat ta.

Bayahtas man tanit yakat tingma suhnam ki. UK kidika angkat taimni luhusnin dini (sup) disman kat wan Kau suhtah.

Ma bani waskanin ki waraih dutni ma ukitak yak mai laihnnin awas kat. Ma tunaki yak mai liiswa, ma muihki yak pilau mai laihwa kapat, mai lakaswa dawak mai burwa Kapat kidika yulni muih bitik waskaninki dawak was sîninki muihbin batanbik, waraih, Yamah dutni duduwa bik waskaninki kidika usnit asna salaini, palni kaninki.

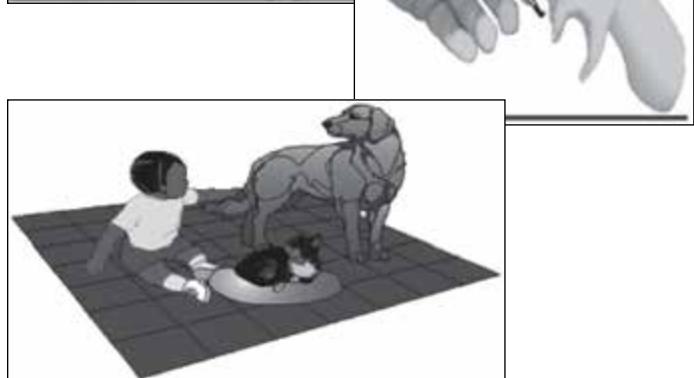
Ma anaki suhninki di kasda bani, di damni kasda usnit yak dawak bik ma alangwas tanit yak, kaput laih ma anaki sirihni kaswas karangki dawak bik yayamni nai dumaki.

Ma tipiskimak dakwi salaini lapni dunin ki. Ma baski bik dakdi was kadi ma bani suhdi yamni dunin ki, kaput laih ubak bik mai laihwas karang ki.

Ubak dawi Pisa balna kidika waraih dutni mai laihwarang ki.

Muh binina kidika dadak yakisdinin awaski sûl, pûs dawak bik sakara balna karak.

Waraih dutni di laihnnin awas yulni, tingnilau balna adika u pasyak dunin awas ki, ahni yakat manah atnin ki.



Di kasnin dini salaini lapni dunin

Was as bisa yamni, lapni yamtas man tanit yakat wasni kidika dutah di suhnin yak, panmak kasda dawak disangka kasda dini balna kapat yak. Kaput laih usnit lahta kasma ki.

Di kasnin dini putwi dunin ki, was dida kidika bik, plît dawak ispun balna.

Putwi dunin ki, kunmak pau dawi di muih uk balna bik laihni awas yulni. Kunmak pau kidika yamadangniki waraih dutni mahni duywarrang ki sumanina munah dawak bik.

Babil dudutni kalnina kaupak birwi duysi lai-hwarang ki dikasda dini balna yakat.

Ü pasyak dikasnin dini uduhta dutaman kat yamni laiha talah yuldarang kat: tilus uknin, sinak, malai dawak uk bik.

Dinikasnin dini balna adika yamni apakta bukit as kau putwi dunin ki, kaput laih.

Matis, lapit, kunmak pau dawi di muih uk balna lalaihwas karangki.

Di kasda dini kidika wayani sapahni dutlana kat purwa karang kat kasnin awaski. Nining kana as kau mawarang kat. Was pa dini bilam panghni dawak di kasnin dini pangh kau kaiwa kidika talang wak kat pini kaswinih. Adika baisa di kasna dini as daukalna sak ki, sipki muih as kat kaswi daunin.

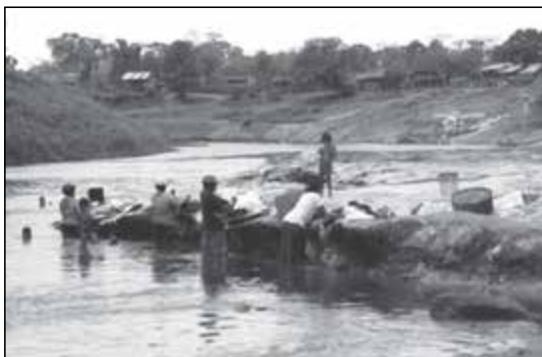
Üpas salaini lapni dunin.

Ma bani üpas suhta salaini lapni dutah , dawak bik üpas yuldarang sulihni duwa kat nandakta kaput laih lapit, wakurus, supay, pa duduwas karangki.

Ma bani awas kat, sandi as pasyak,ma as mabustah umukma balna dawak bik ma tunaki ada balna kidik bik. Kaput laih yamah, waraih ma laihwaskarang ki.

Daklana pasyak dutah ting lau sahta man balna kidika yuldarang kat ,kusih, kuts ,turuh ,ship ,aras dawak bik ting lau uk bik, ting lau kidika sip muih karak wirih bangawas karang ki.

Dutni yamah, waraih mahwi duduwi, yuldarang kat, ubak, pisa, pipih kapat, mara dawak bik. Waraih satni mahni kal laihwarang ki.



Was

Was kidika yaksihni palni ki, was diskat sip sangka awas mawarang ki: Muih mayang adika, ma sulaki balna, muih ahal binina, yayal binina, wawahma, muih bararak dawak buh balna bitik
!was diskat sip sangka awaski!

¿Was yaksihni dinin kidika aisyah?

Was laih wayâni diskî, auhni diskî dawak bik was autni diskî. Kaput laih was kidika salaini lapni yaksihni dawak bik waraih dutni as bik diskî, muih balna bitik ma dinik yamni ki kuanah was kidika didak waraih yamah dutni mai laihwa laih salaini lapni awaskarang ki.

Mawi butdi yakda kaupak tapas yakat daida yak di muih satni laihwa yakat was kidika lapni awaskalwi.

Muih bitik was salaini lapni kidika dininki, was kidika pini dinin awaski, taldak salaini lapni pat bik kaput awaski waraih dutni mai laihnin awas kat was lapni salaini kidika dininki. Mayang laih ma mikpa kau taldas ki kaunah was kidika babil dutni duwa yulni kat waraih satni mahni mai laihwi yuldarang kat bawas, ba dala, yamah dutni dawak bik waraih satni mahni uk bik mai kalahwarang ki ma muihki yakat.

¿Amput dawak was kidika salaini lapni awasyah?

Babil satni mahni duwi, sau kurhna (pozo) pas kaupak was yakda kidika, pânh dakna kau duda kidika was binina kau dawak bik was nuh balna kau dida kidika putnin dis yulni kat. Kaput laih was kidika salaihni lapni awaski muih dinin yamadangi ki, was kidika salaini lapni yaksihni ki kaunauh butdi yakda kaupak sak kat dida kidika lapni awaski. Muih rurumhwi was pasyak ba kapat, di bubuh, di yahar, kaput laih was kidika salaini lapni awaski wing dawak bik was lauwa yakaupak bik babil satni mahni was pasyak kakawi.

¿Was kidika yaksihni dunin kat, ma laki bangki amput yamni apakwi dinin ki?



Amput was butnin kidika

Was butna mawa kat: was butda pasyak ma tingki anin awaski dawak bik, was butda sunilun kidika laihni dini duwa atnin ki Kaput laih sulun kidika salaini lapni duninki was pasyak babil dutni kawas atnin yulni, putnin bik duwa atninki kaput laih was kidika lapni karangki, yuldarang Kat kunmak pau kapat bik laihwas karangki dawak bik sau yahamni bik kawas karangki.

Was apakwi dunin

Was dinin dawi di lahnin kidika silp, naiyak duninki sim kaput bik asna suhnin dawak was kanin kidika. Kaput laih pini taski kalwas karang ki.

Was apakwi dunin kat bisin , bukit pangh dakna (tangk) kidika putnin duwa atrin Ki, kaput laih di muih dawak bik sau yahamni kawas karangki.

Was kidika naini apakwi dunin awas ki kaput apakdi dudarang kat babil satni mahni sahwarang ki. Di yaharni kapat bik laihwi taski kawarang ki.

Bukit pas kaupak was yaknin kat , di butna kau butwi yagninki kaput awaskat sulun salaini

Lapni kau, kasuk ma tingki was yak adas yakwi dininki.

Bukit kidika salaini lapni, dawak bik putnin bik duwa atninki. Di butna kidika bik.

Salaini lapni duninki kaput laih kunmak pau dawi di muih uk bik laihwas atnin ki ma.

Sulaki bitik kau ningin kanin ki amput was kidika salaini lapni dunin kidika.

Kal main taldas kat waraih dutni mahni mai laihwi dawak bik lalah nuhni disnин ki.

Panabas nu yakat waldas karangki yamni kasuk di balna yulwa kidika kaput laihdi yamdarang kidika awas kat muih binina laih baisa sirihni yamah, waraih dilaihwak daunin karang ki.

WAS dinin kidika bukit salaini lapni kau apakwi dininki.



Was dinin dini.

Was amput salaini lapni yaksihni yamwi dinin yulwada kaput tuna kau ma bitik was lahwu dawak was bani bil inin dini tahwi dinin ki (cloro).

Was lahtada usnit yak datankat sak atnin ki minit (5).



Was as ramh yamni yak dunin

Was as ramh yaksihni taski, babail dis muih dinin kidika di as yamni palniki yamah, waraih balna nanit ma muihki nuhni yamni atnin yulni.



Was bani bil inin satni balna

Satni as: Lahnin

Daihni yamnin ki was kidika (100°C), kuh pas yak adak lahnin ki kaput laih taski satni balna duwa kidika lahwu ina karang ki.

Kuh daihni pas yakat dadakat sak atnin ki minit sinka (5 minuto).

Was sangka kat auhni duwa kidika diswi lahda kat amput watdi kapat yamnin sip yah.

Sutak mahni kau wirihdi utuhnnin ki (kaput wirihdak wing wauhyak pamwi lahna wayâni.

Lahnin	Kuh pas yak iltang lahwarang ki minit sinka suba kau was sak kidika.	Usnit put saktang sanlawarangki	Was lahna kidika utuhnnam ki butnin dini as kau?

Satni bu: wasni bani bil inin

Adika laih was bani bil iwi kidika yulni mai yulwi
(Was sinika) kau û pas yak was dida balna kidika.

Was bani bil iwi was yamni yaksihni, lap dinin
kidika muih nahni nuki, waraih, yamah nanit
dakwi?

Ispun nuhni as kau yamni waihnin ki (cloro) ta-
htada usnit yak kaput laih yamni papatni wat-
warang ki.

Yamni put ta datan sak karang ki 30 minit.

Was dinin kat di butna as kau duta utuhtah, bu-
kitna kidi sulihni diskat angkut wirhtang was ka-
lahanin.

Ma bitik yak was kidika put ta dunamki.



Sika atayang

Sulung as
kau was taski
dis lapni kat
bang namki

Bani bil iwa
wasni bin am-
pus tahnin yak
tahtah . cloro

Panyamma as kau wai-
htah dawak datang
bayak Wang 30 mint,
tahma usnit.

Was dinin sunilung kidika
putwi dunin ki dawak ditah
was dinin yamna man
kidika manah.



<i>Ampus was bani bil ima kidika</i>	<i>Mahni ampus cloro ama kidika was yakat 0.5%</i>
Batal as (1 litro)	Tahna arungka
Batal arungka = sulung as	Tahna salap minit kau TKA 16 = cc as (1 cc)
Batal salap	Tahna muih as l. bu 40 = kirinmak bu (2 cc)
Batal muih as l. 20 = sulung sinka (5)	Tahna basin as dak (50) = cc 2 m/d (2.5 cc) Ispun bin as (1 cucharadita)
Batal 100 = sulung 25 (25 glns)	CC 20 (20 cc) ispun 4 ó (4 cucharadas)
Batal 200 = sulung 50 (50 galones)	CC 40 (40 cc) ispun 8 ó (8 cucharadas)
Batal 1000 = sulung 250 (250 galones)	CC 200 (200 cc)

Satni bas: Ma daihni kau busnin

Adika satni as ki was bani bil iwi was yamni dinin kapu bik adika muih mahni yamwi didiwi angkat (cloro) yakwas kat, mayak yakwi bubuswi talah wayani yak.

Was mahni laih awaski batal bikisni ilwi bubuswi û yakat witingna dininna manah.

Di aslah yamnin kalaih batal bikisni laih ingni was autni dis balna kau banghdi û dang yak ildi ma daihni kau lahnin ki.

Busnin ki ma as palni, (lahnin, busnin) (sodis) ba bil satni kidika buswi satuk yammukwi 99,9% nuhni kaput palni.

Batal salaihni, lapni balna kau dunin ki (1 a 3 litro). Laihnin ki was taski nuhni dis balna yak (30 UNT). Banghnin ki was mahni kauh batal yak $\frac{3}{4}$ dawi yamni isihnni ki. Puta banghma usnit yak yamni put ta apak banghnin ki.



Ma yak data yang was kidi

Was kidi mâkau buswi dinin yulwi



Wasni adika sanlawak dinin manah karang ki kaunah un awah banital kau dininawas ki.

Plastik banital yamni lap, putnun duwa balna kidika dutah.

Banital balna adi was yamni, lap puta bangh bantah.

Mapiris û dang yak ilbang ninki ma kalah wa kaupak.

Uduhtah ma pukwak, ma yamni buswas daikat baisa ma as kalatang buswangh.



Satni Arungka: Lanin

Lawi isihwi dis mukwi ba bil bikisni satni mahni duwa kidika was yakan nuhnin 95 % kaput palni.

Amput laihwi yamnin balna kidika.

Ü pas yak wais, wais bik muih barak laih, laihwi yamnin sipki.

Yamadangni as bik dis wayâni dutni kapat kat didi daunin.

Apis bik satuk kalwas ki was auhni duwa kidika.

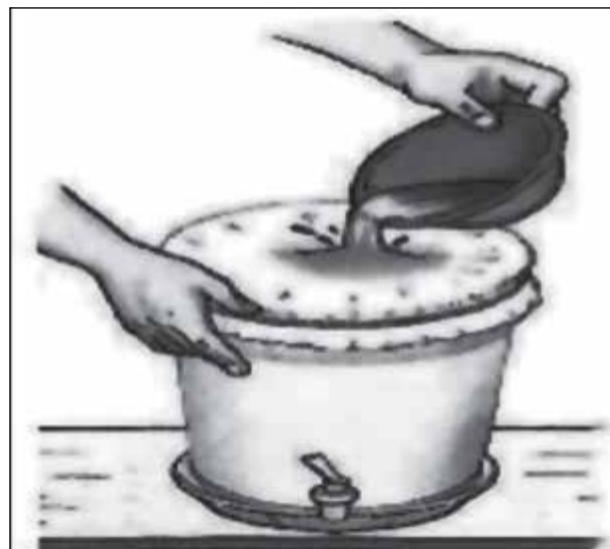


Sulug, bukit kidika was cloro ana yamni kau suhnin ki.

Was lawa subani kidika wat, wat suhnin ki was mahni kau, cloro dis.

Talang kat was kidika pukni, buhutni kat cloro atah.

Banatah was lanin dini kidi dawak yamni put saktah.



Sauni suba adi ma bitk was bungh dunin ki
Was dinin kat wirhtah wirhnnin dini yak, kaput
awaskat sutak bin yamni lap as kau duta was yakta
ditah.



Was yaksihni, lap yamwi apakwi dinin yulni

Was yakda pani satni balna (PEBM) pa suluhni kau kurhwi was yakna satni as ki û yakat was yamni, yaksihni, lapni dinin dini adika satni as amput mayang silp was yamwi duna atnin ma ûki yak baisa laih pa binina naikau yalahda balna Nicaragua akat. Yamnin tani satni ting kau sau yak kurhwi was yaknin balna (PEBM)-, baisa laih pa muihni balna mayang silp yamdi was as yamni dini yulni subil dawak pik adika warkni. Mahni kauh kidika tuhni awas kat was kalahwi, duwi 10 a 15 mita (mts), as as kat kiwi 20 mita kat (mts). Bitik kau was kidika kalahwi mita bu (2) duwa yakat was pa kaupak pa kurhna sak kat, kaput bik was kidika mahwi pa nuhni sulihni yak 1.5 u 2 mita minit yak, sip ki adika wasma manah atnin.

Ahal dawak yayal pa muihni bitik mayang kidika di dawan mayang was Pani Yamna yaksihni, lapni apakwi dinin kidika ma ûki balna yakat.

Minit dakna as kapat laih awas karang pa kaunah was yaksihni, lapni dida kidika wahni as panan sulih as dakwak, bahwak ais kau yamdarang yah, di as kuldi taldas kat. Kidika yulni dala as bik apaknin ki muih bitik.



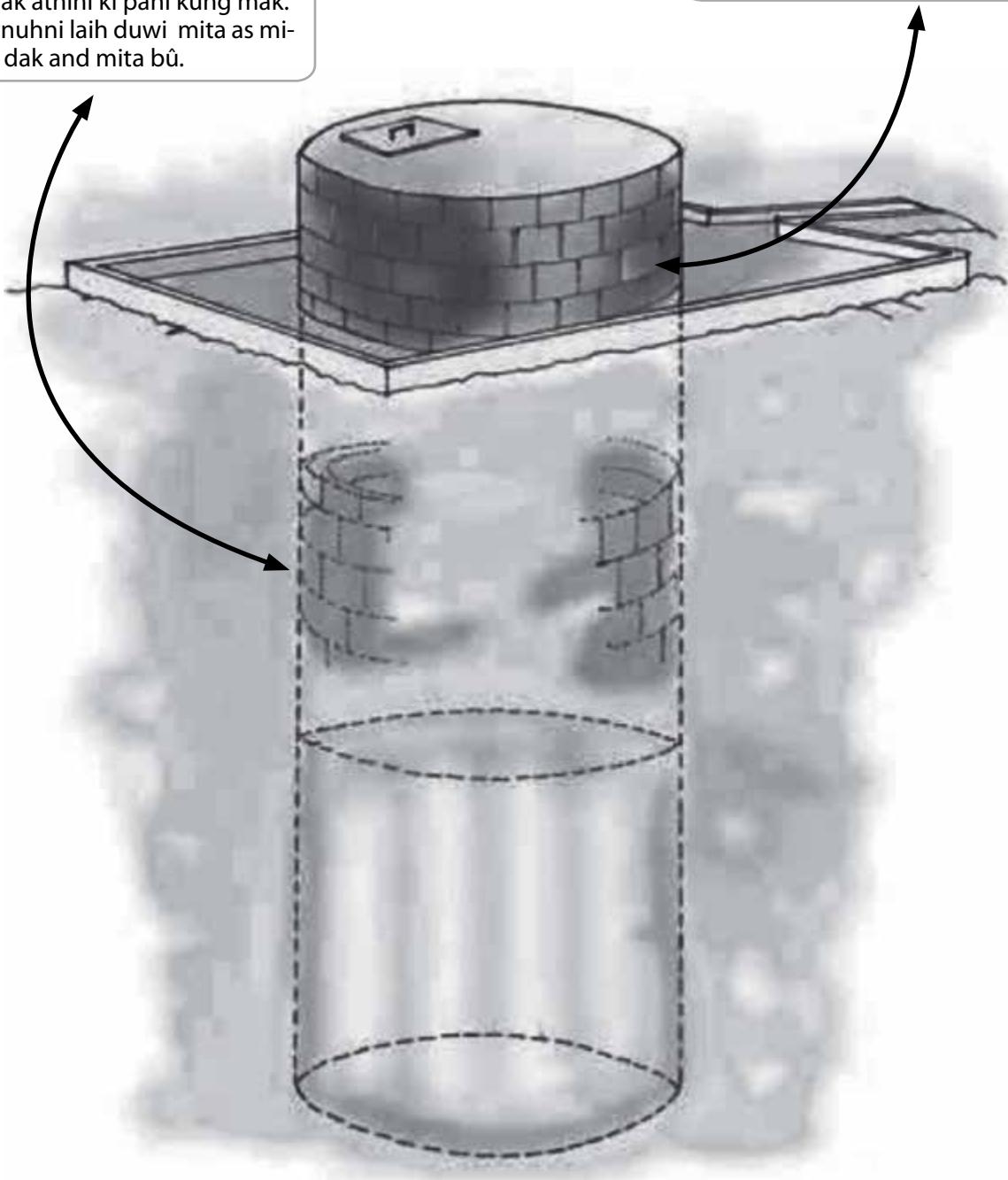
Angdika balna yah was Pani Kurhna yamna, ilna pisni dawak wah kau rakahna (rup) (PEBM)

1. Was dinin pani.

Was minikpa, burhwa kalahwa?
Pani ting kau yamna.
Was.
Sau sulihni yak .
Pani Tuhni atnin kidika sipki as kat.
Baisa ninit uk kat baisa.
Tuhni sak atnini ki pani kung mak.
Kidika nuhni laih duwi mita as mi-
nit kau dak and mita bû.

2. Kungni mak birna.

Pirini parasni kalawa balna.
Was Pani Kidika pini irhwu buknin awas yulni.
Yamni nangdakwi.
Was pani.
Mahni kauh kidika cimint dawak satni uk .
Karak bik yamna ki, sulihni bitik putwi.
Aslah dawi was kalahnin manah.



3. Pani kungmak sulihni birna.

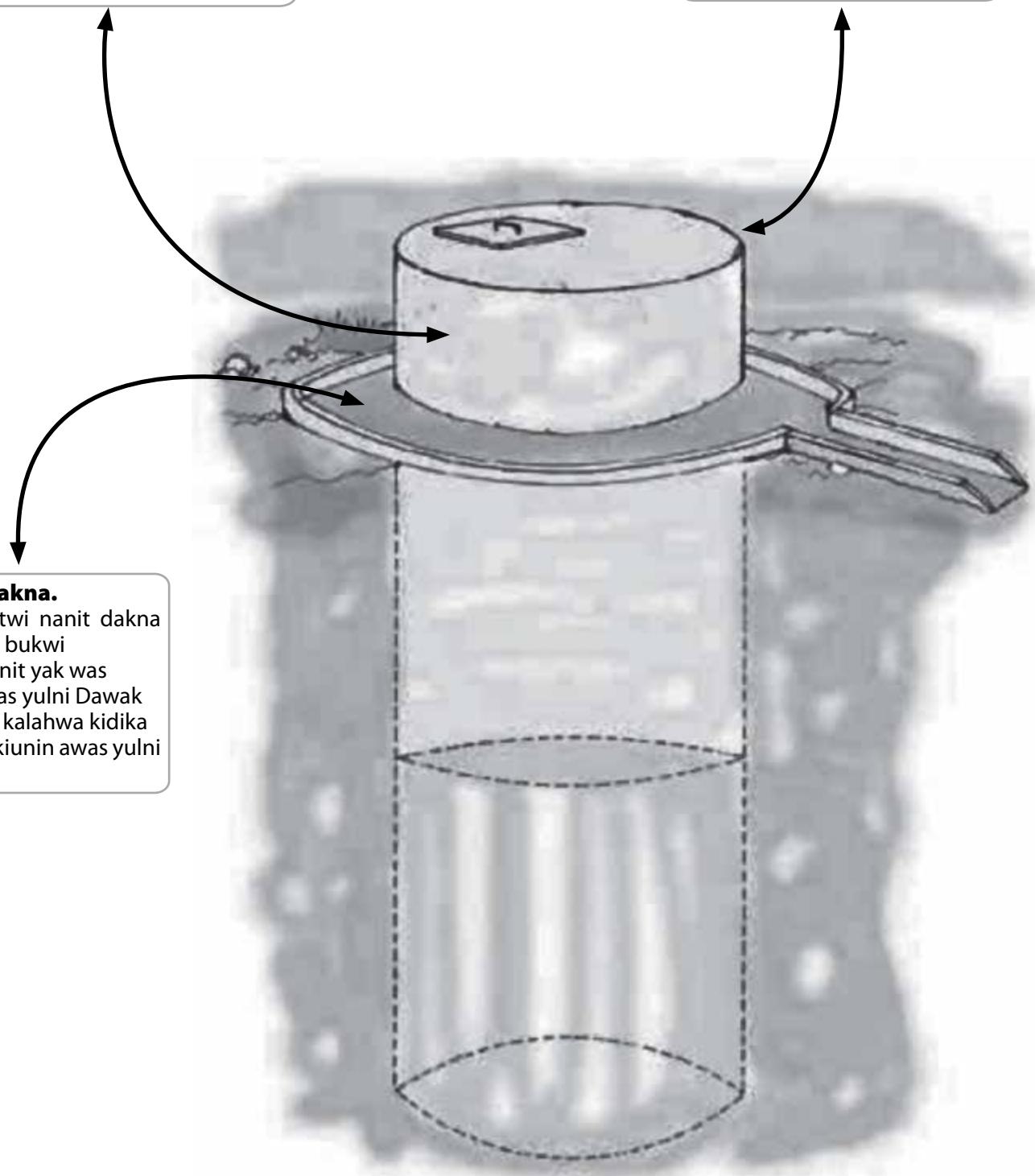
Birna pisni as ki
Sau kawa kau birna kidika .
Nanit dakwi was murwi kanin
Awas was lauwu kat kurhna,
Sulihni pas yakat
Putnин kidika yam,ni nanit dakwi.

4. Putnin.

Was dinin pani nanit dakwi
Nandakwa munah laih taski
kalwas ki
Dawakat wauhnin dini ilna sak
kidika bik taldi.

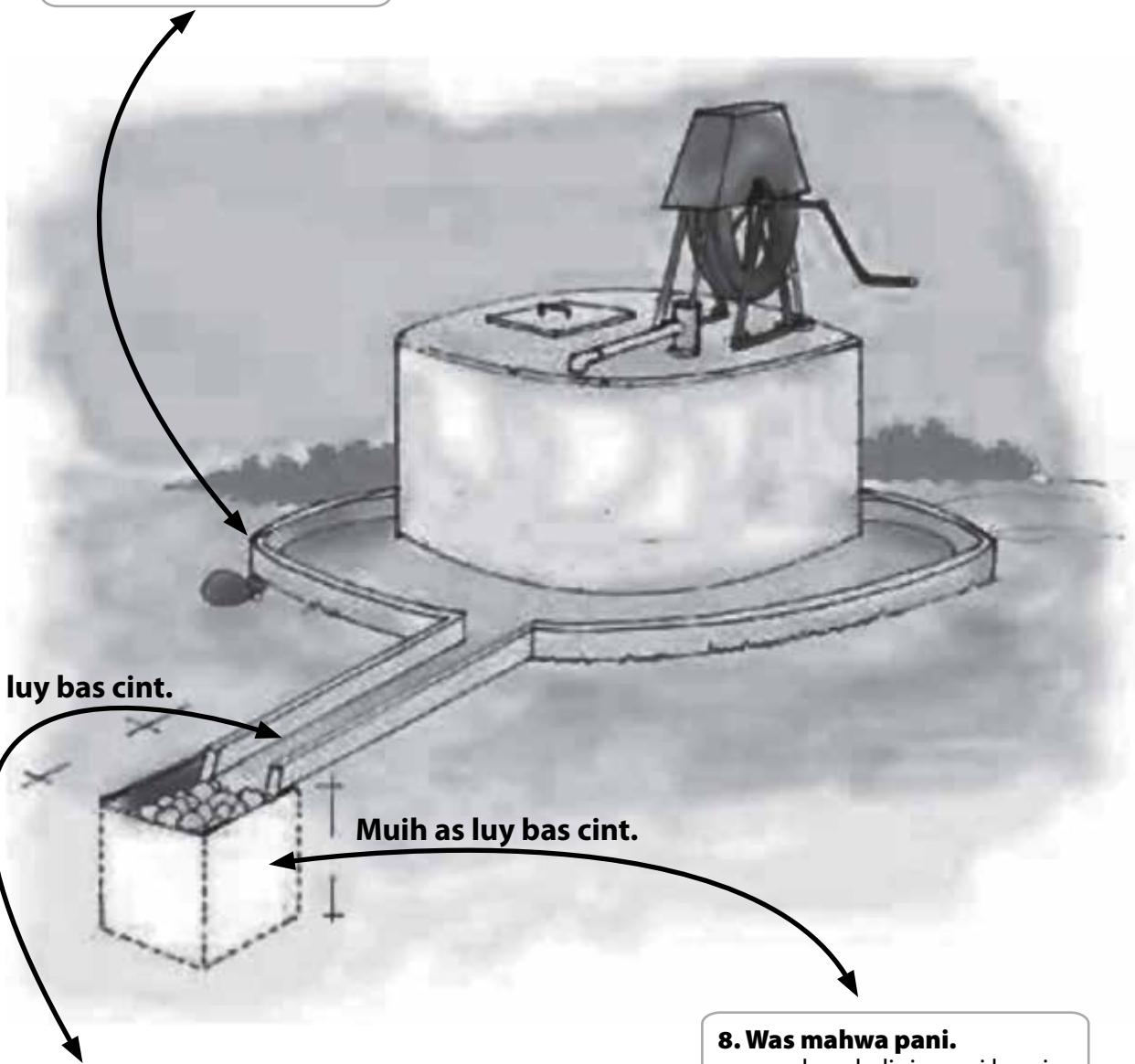
5. Muhnit dakna.

Was laih watwi nanit dakna
munah Tiliwi bukwi
Was Üni yaihnit yak was
mahnin, Awas yulni Dawak
bik was taski kalahwa kidika
pasya kat kakiunin awas yulni
daklana.



6. Kungni.

Nanit dakwi was lauwak
Sirihni utuh kawi bangnin
awas yulni Kaput bik was
kidika kirarang ki Kirinin tanin
yamna munah Yul darang kat
nanit dakna munah.



Muhih as luy bas cint.

Muhih as luy bas cint.

7. Was kirinin tani.

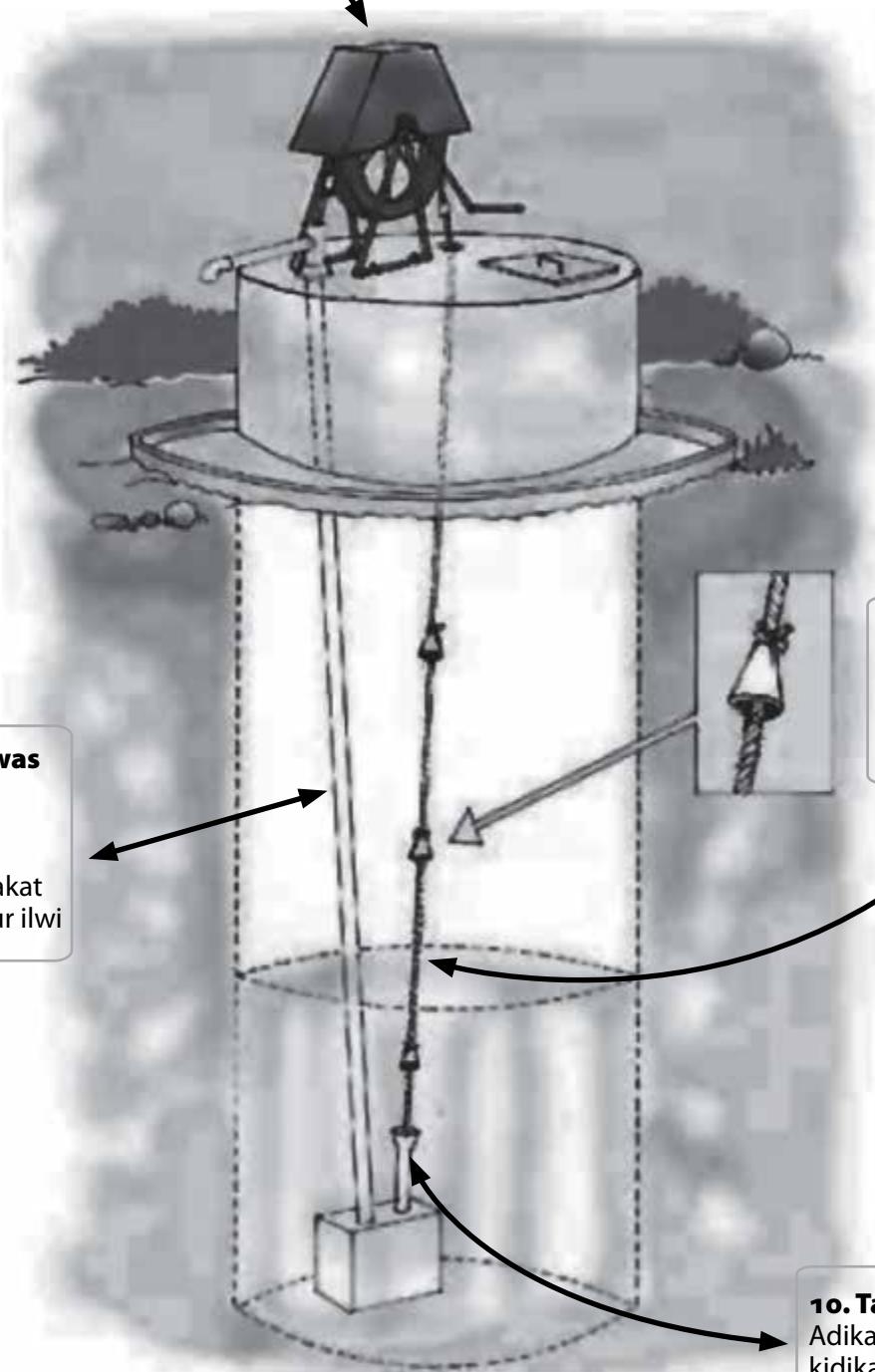
Was kidika ahni yakat
utuhwarang ki Kaput laih was
dinin Üni kidika Sirihni bangwas
karang ki burhwi.

8. Was mahwa pani.

was mah wak dinin pani kurnin
ki saitni arungka pak sintimita 60
saitni bani kau tuhnini sintimita
60 Kipala nunihni 2 dawi 4 duwa
kat Kung ni yak laknin.

9. Was wauhwi.

Yaknin dini
Rup kaunanit
yaksihni duninwas
was nui kaupak



12. Sulihni munah was kilwa Kidika .

Angkut was kil kaiwa
kidika ninit yak.
Tingni laihwi wauhwakat
rupni bin munah mur ilwi

11. Wahni suruna.

Wahni adika nainiki
dawak suruna bik mahni
bangki Ting dinna as as
yakat

10. Talwi yamnin.

Adika sak kaput was
kidika yamni udut ilwi
rupni

Baisa Tanit yamni daknin was dinin pani Was dinini ting kau kurhna (pozo) kidika (PEBM)

Was salaini, lapni, apakwi duwi dinin pa muihni bitik laihwi yamnin ki. (CAPS)

Yamnin satni kidika laih adika ki

Laihta talah was
Rup kau rakahna
lakma kidika pani.



Lakta talah
rupni
Kidika.



Pint kahtah
(Bomba).



Put sak atnin ki
Bomniba.

Baisa tanit yamni daknin was dinin pani pebm



Daklatah dawak bautah.



Lakta talah surunmak u
tipisnimak binina.



Lakta talah sulihni rup
Bayak warang yak.



Wauhtah cloro
pozo pas yak.



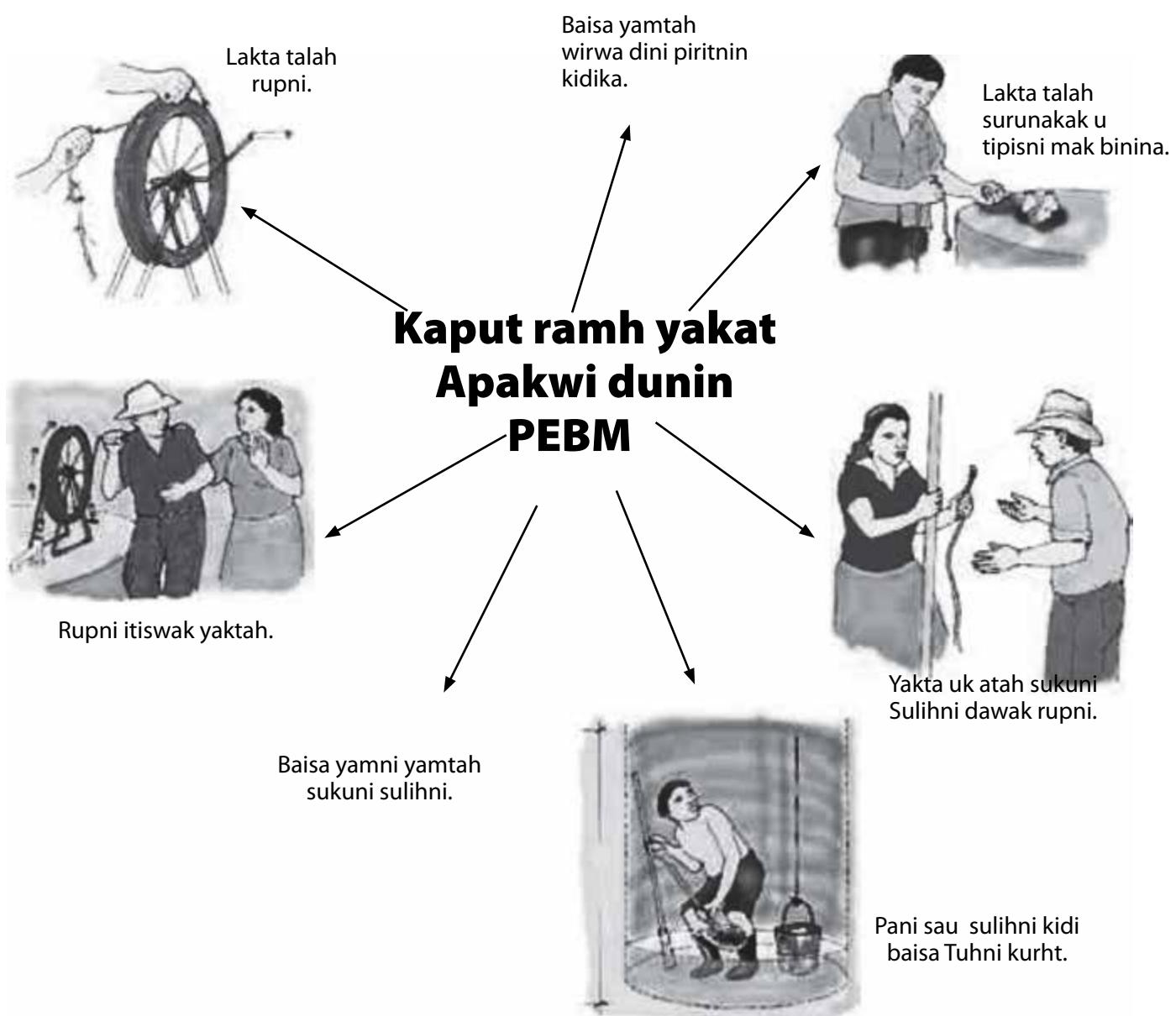
Salani kahtah akat.

Kaput ramh yakat apakwi dunin yulni

Yamni apakwi dunin yak was dida bomniba ilna mayang sak kidika wauhdak bawahak, muih dauka-lwak amput kalpakdi yamdarang ramh yakat mayang da dawan ma walahki kalahna kapat.

Daukalnin awas baisa yamni apakdi duda kidika was dinin Pani Walah dawak bik lalah nuhni dis das karangki.

Baisa ramh yamnin dini kidika apaknin yak:



Duna atnin Ba Ûni ramh dawak Pani Kat

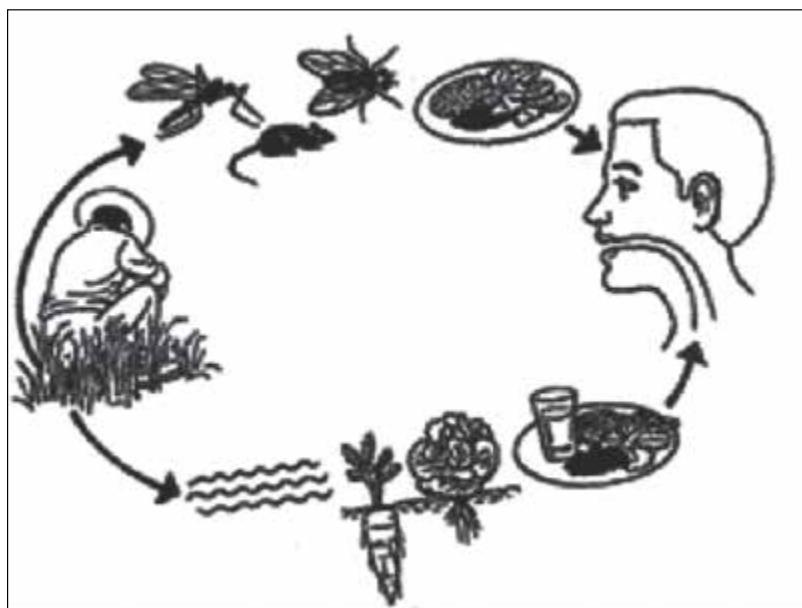
Ba pini ahni, didamas yakat mawi taski yamda kidika ma paki yakat taski, daukalna satni bai-sa nuhni aski dawak bik yamah, waraih mahni pa yakat bukna ki muih balna muihnina nuhni yamni awaski dawak pa yalahda balna yak bik.

Ba pini dada munah ma paki yak daukalwa kidika

Didamas yak taski yamda kidika, wing, was nu-nah murwi duwikiwarang ki was balan yakat (was kurhna pa sulihni kau yak, was binina, was dakni), kaput bik yamak didahna mayang yakat bik duwi kiwarang ki, di dahan mayang minik kidka ba bil laihna karang ki. Kidika taski kakalna kidika kasda-rang ki, yakat dawak waraih mai laihna karangki ma baki yakat bawas satni mahni. Taski ma ûki yak kiukana karangki kungmak pau, lapit, matis, tinglau balna kalnina munah.

Di lahan putdas kasda balna munah ba bil dut-ni satni taldas kidika makpa kau kalnina yak birwi uywi di yakat lalaihwu dawakat pini kasdi yamah, waraih dutni mahni dudi ma baki yakat.

Kungmak pau kidika di muih as baina taski, dutni kulna ki, ba kidika wayâni pur awa munah dakawi aiwi (wayâni dutni) yaklauwi awawaihwu nailuihni 50 mita kaput, taski lalaihwada kidika kalnina yak du uywi.



Ba Ûni

Ba ûni: û bin dibin yamna as ki, yakat ma muihki nuhni taski balna yakwa kidika uywi dawi baisa yuldarang ba balna, dulaudi pâna mayang sak ki tat bikisni kau, tainhnin salaina yakat yalahnnin pani yamwi, sulihni minit yakat ilsakwi, yakat taski kidika dadakat kakiwi, kaput laih ma paki balna yakat daukalna, taski satni dis karang ki.

Kapat: Yamna kapat satni mahni bang ki ma bayakna balna yakat, dawak kidika di balna du-duwa dai kidika mayang ma paki balna akat dudi yamdi yalahdi.

Ba Ûni as baisa wing yamni duwa atnin

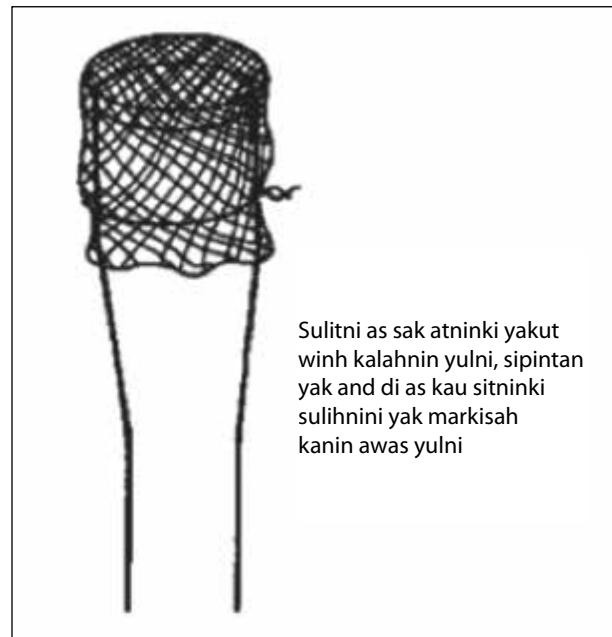
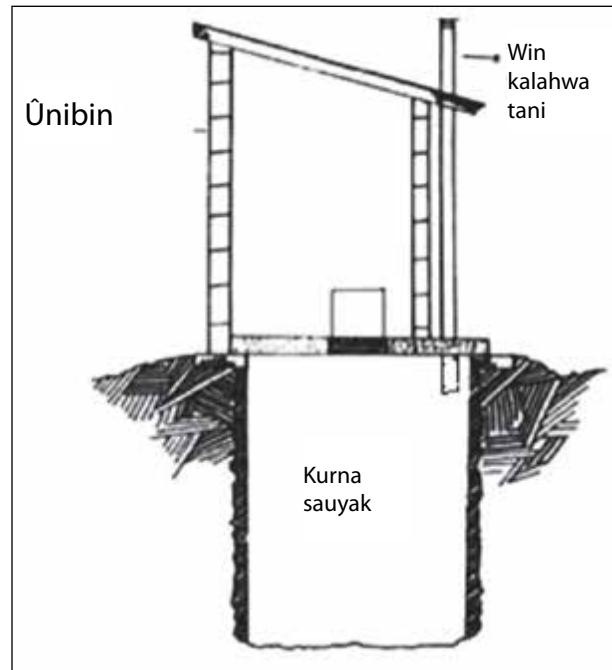
Ba Ûni as baisa wing yamni duwa atnin kidika ning launa nuhna as ki taski yakda balna kidika Pani Kat danin dawak ma muihki yamni, lapni atnin yulni. Baisa laih pa bikisni yak yamna ki adika. Bangki yamma satni mahni kau, adika laih baisa sirihni yamwa kidika ki, ais yulni ba ûni as nining duda kidika yamdhid, adika karak taski baisa sirihni wayâni diswi wing duwa yulni kat.

Ba Ûni wing yamni duwa kidika, baisa daukalna satni bu bik kuihwas yamwi libit darang kat ba Ûni wing dis karak; ba ûni as wing dis kidika sarah. Wayâni bik dutni nuhni duwi. Suku sulihni awa kidika wing bik yamni kawi. Daukalna balna manus yamni kalwa kidika sak ki was dawak yamah, waraih kidika lap dawi ma paki balna yakat.

Kaput bik dudi ramh yakat yalahdarang kat ma muihki waraih dis karang ki sulihni dawak mahawa kidika put dunin ki, ma saraki lapni yamda kidika wauhtaya, dibasta pini sulihni yakat rumh anin was ki, di as kau puwi putwi dunin ki. Yakat laihta kat kungma pau balna bik taski kidika lalaihwas karang ki.

Ûbin

Û bin kidika nanit dakna as ki muih al ahni kau lik kidika dawak yakat kawi asalni nandakwi, yamma ki Ûni bin adika tat, simint, suku, pan karau dawak di uk uk kau angkat taski nuhni daukalna kapat kalahnin awas kidika duwi yamwi. Ûni pani nuhni kidika duwarangki ampus daklana yakarak, pas yakat ilwarang ki yalahnnin pani bik.



Sukuni sulihni wing kalahwa kidika duwa atnin f 4" PVC, sutni yakat wayar lisni baini bin kau sitwi nangdaknni ki kaput laih kungmak pau dawak dimuih uk balna bik kakawas karang ki, sukuni sulihni kidika sutni ahni yakat sak atnin ki 50cm ubasta kawa kaupak pani sak atnin yulwa yakat laktang kat ma yamni buswang. Daihni ma bani buswak sulihni pas kau wayâni dutni duwa kidika muryak warang ki dawak wing murwi pa naiyak uypaan warang ki.

a) pa sulihni:

- Kurih arungka (4) laihwa bani yamnin ki
- Tuhni mita bu (-2.0 m)
- Pani rabutni
- Pa nuhni - 0.70m
- Naini - 0.90m
- Kungnimak ma luihni kaput atnin kidka - 0.50 m

b) Ú bin

- Muhnit saitni mita bû
- Dangnit saitni mita as minit kau dak
- Yaitnit balna úl miya dak

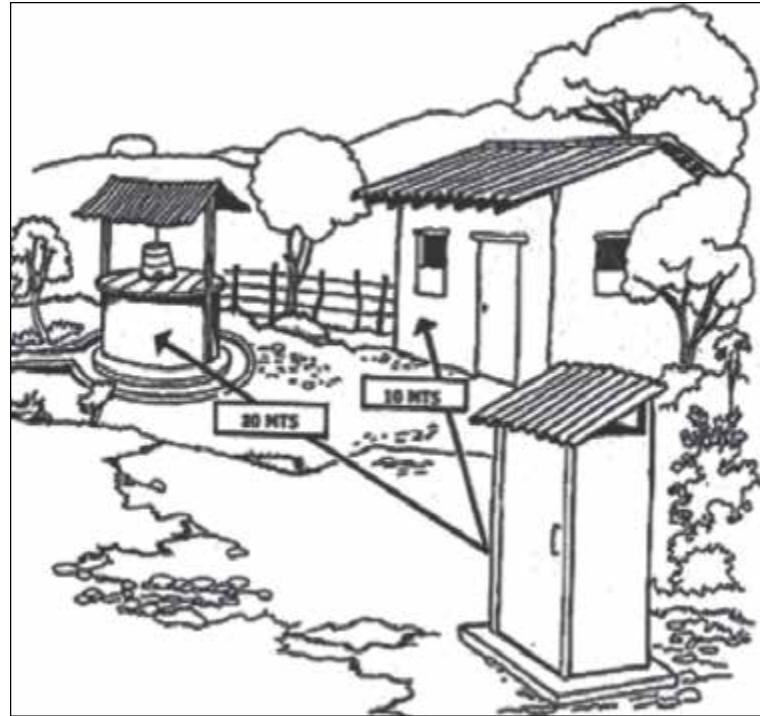
Kal yulwi amput yamnin kidika, dapamnin wat dulaunin ba úni as wisamni ma luihni pani sulihni bik wing yamni duwa atnin.

Pa dutaman yakat yamtah ba úni kidika pani as kalata. Nailuihni duwa atnin ki 15 a 20 mita was dida pani kaupak, was bin kaupak (ma wanaihki balna kaupak bik), sim sat talnin ki angkut was minikpa kira balna kidika bik. Talnam ki lani balna yulwa yakat, lakna atnam ki ú sipintan nai kau, yuldarang kat, kurih bitik yak wing wauhwa kidika ú kaupak ba úni sak ninin yakauh manah. Tuna lani bu yulwa yakat lapakwa kat, ba úni kidika yamnam sipki baisa úma yaihnit ulish, duwa atnin ki 6 y 10 mita. Kaput laih baisa awama ki dawak bik ma naini duma ki.

Pani as kalanam ki barangni yakat pa as buhni was Bik lauwa kat bangwas atnin Pani Yakat walta lakanam ki.

Pani Kidika dihuni (kasakni, wakarhni kat), tuna lâ yulwadai yakat ba úni kidika yamna karang ki sauni Pani Wakarni yakauh. Mampat pani sulihni kidika babang ilna kat pisni bin manah pak karang kat 30 centímetros (12 ins) mahka sau walta mukta data alahwanamki. Sangnika duwa atnin kidika ba úni as 1.2 m³ (pa yalahda balna kau kapat) kurih tias kau bu, kidika muih tias kau bu karak bangnín naki.

Ba úni isih pamtada kat yalahta man Pani Tatni basni balna pa as buhni kau uduhta yamni muk bangtah.



Yulwi ba úni wat wisamni yamnin kidika.

Taski balna damuknam ki kaput laih ba úni as kasak yamni duta awamaki, yulwa yakat dudi lakinin kat:

Yalahnnin ki yamni yalahda Pani Yakat.

Muih binina kidika muih Barak as karak uyninna ki.

Pini lakaninawas ki (wauhtaya, di basta dawak di uk uk bik tat yakat), taski puni sak kidika putt a manah dutah. Di puta man dini kidika bangh ilwak mahka busmuktah.

Yalahta man Pani Kidika put ta dutah.

Tingma suhtah was mahni di luhuswas dini karak ba úni yawa aiwada usnit kat.

Duna atnin was taski utuhnin pani

Was taski di suhna balna wasni?

Kidika û yakat suba, di lakdi kasda dini, waskada, asna, û suhna dawak uk uk bik. Adika baisa laih duwi luhusna, di kasna yayahni. Wasni adika ush, ba kapat laih diskis dawak bik yamni karangki di dahna balna yak utuhnin.

Pa bikisni balna yakat adika wasni tani yamnin yayamwas kat pini kiri walamwi û dinit, yaihnit balna yakat, ma wanaihki balna bik dutni kaldakakawi. Kapat laih taldas kaunah, was mahwi pa daukalwa kidika yamdas kat ma ûki pas dawak pa yalahda muihni balna bitik yamah, waraih dutni mai laihwarangki.

Kidika yulni kat was duda balna kidika û yakat pini utuhnin awaski walamwi sau kidika subil kau sahdi yamni nai yak duwi kiunin ki, kaput laih ma paki yamni yalahdarang ki.

Was taski utuhwa balna tani yamdas kidika akat manikin kana satni as mayawi?

Was pini utuhda kidika di suhdi û yaihnit yakat wasmak was taski manah pa nuhwi kiwi. baisa ma paki.

Was mahwa pani balna kidika baisa sirihni sahwi mahwi sasah dawak yamah manas bukwi (malaria, paludismo, dawak dengue). baisa tinglau sahda kat kusih kapat dalkana kau bangawas taski yayamwa balna pa yakat, ma bani wasmakwi wayâwi panuhwi kalahkiwi.

Kidika kaupak kaiwi yamah, waraih ma ukitak lakswi, ma kalki rahni ba bil kawi, ma baki pilau laihwi, babil satni mahni sahwi, yakat dawakat was lauwak murwi du kiwi waspa balna yakat. Ma balna bayakwi kiwa kat was taski bangna babangdaika kidika ma paki pisni daukalpamna adika sat di dutni kalahna balna kidika ma paki wayâni mahni bik bangki muih tingnina yakat.

Was buhutna:

Was dida pani buhlakna, ma paki yakat tani nuhni as ki dawak dala bik dissadas karangki, û kau was taski kalahwa balna kidka yakat utuhnin kaiwi, walah yakna balna adkia ma paki yakat baisa yamni yalahnnin ma yawi, adika karak laih, laihwat-



wi was pini rawi pa balna yakat wasmak yamwa kidika sasah sahwa munah yamah, waraih kalahwi (malaria, dengue, fiebre amarilla, etc). Uk yakat nanit dakwi pa balna yaksihni as kidika, wayâni, was balna daukalna dawak pa muhni bik walahni nuhni yak warang ki dala bik diswarang ki, yakat dawak di bik dahwas dawarang ki panabas yulni dala bik dis warang ki, yamah waraih yulni laih pa balna yakat daukalna mahni sak karang ki tuna kau yulwa dai kapat di kasuk kalpakwi walah ya-yakwas yulni.

Yamna atnin ki was dinin pani langni baragni as duwa atnin naini laih (15 mita) was dinin ûni yamna sak kaupak waspa kat duwa atnin ki (3 mita) naini bitik kau papatni duwa atnin ki.

Walah yakna satni balna adika isnin katwi yamna atnin sau as yudutni, kaumak, was mahni duwa yakat dawak bik was kirinin tani yamni yamna atnin ki, kaput laih was dida balna kidika baisa yamni, ba bil dis, lapni ma paki muhni balna alasna yamni duki karak didiwarang ki.

Yamwa

Was daukalna yamni burwas kat wasni kidika sang kapat kalahwi tuhni, panuhni, rabutni laih duwi pani kidika 1.0 mita, 2.0 mita pirini dawak tuhni duwa atnin ki 2.0 mita, minit yak kipala ting kau rumhnin sip balna karak birwarangki 4 a 9 centímetros sulihni pani kungmak tubakni laih (1.0 mita), uduhwi birwarang ki kipala, kauhmak, simit nuhni duwa karang ki #20 dawak #60, walsah yakat (0.50 mita) tubakni, kidika minit lakwarang ki plastik lilingni as kau nandakna atnin kidika duwa karang ki (0.50 mita.) sutni yakna witkarang ki suku sulihni yakat libitwi sitna atnin. Was úni yamnin balna kidika duwa karang ki angdika pa muihni yamninna sip yakat:

Was yamni, lapni kalahwarang kidika, duwa atnin ki walsah yak dadasni, wasni datalni dawak salani, kaput laih was kidika baisa sirihni burhwas karang ki sau kau yamwi kurna yakuapak.

Yakat laih baisa minit, minit laihwi papatna karang ki angkat daukalwakat wasni pani balna adika.

Yamwarang dini balna kidika rababutni atnin ki amput yamkuhti parhna kaput naini dawi panuhni karak papatni ki, ramh laih adika kulna tani as bik tus awaski pa muihni amput kulwa yakat.

L = naini mita kau minit yak – tuhni duwa atnin nuhni dawak dibin atnin bik awaski. - - - 1. 50 mita

A = pa nuhni mita kau sauni kurna – sulihni ahni mana duwa atnin ki - - - 0.50mita

Bubuh pani

¿Ais kidika yulwihi di bubuh dadasni?

Di bubuh dadasni kidika yulwihi ûyakat walah yakda kat taski balna kalahwa kidika. Baisa ayangni isi kau laih bubuh, amanglada kalahwa kidika mint dis kidika yakaupak dala as yakwi duna atnin muhi as.

¿Ais satni pa balna yak bubuh kalahwi?

Pangh, batal dawak di uk balna bik, wasak bantali, plastik di punin dini bikisni, di balaknин dini, satni mahni kalahwa kidika.

Adika dini balan pa yakat pini rumda kat, mahwi taski mahni kalahwicrean. Ma muihki nuhni yaksihni, waraih dis atnin dai kidika bik mai daukalwi dawak was dida balna bik, sau wing daukalwi, pa angkat yalahda kidika bik, yudarang kat muhni yaksihni kidika isipamdi.

Bubuh kidika ma paki kau was minikpa, was binina dawak wasdakni balna bitik yakat taski yamwi. Sim sat pa as yaksihni duduwi kalsahwi mahni kungmak pau, lapit dawak matis, witingna kidika ki yamah, waraih mahni ma muihki nuhni yamni atnin dai yakat dawak ma apki bik daukalwi.

Bubuh pini sau yak lakdi dada kidika amangana satni yayamni bu rauki:

Salaini lapni: bubuh balna adika was kungyak laktaman kat taski yamta man. Wing wauhwa munah dulauwi taski balna kidika uywi lakwarang ki ú yaihnit yak.

Taski pani yak bang kidika: Daukalwi wayâni dutni kalahwa munah; mini kungni kalwi pisni bahni ma paki balna dawak ma muihki nuhni yamni atnin bik daukalwi.

Yamda kat “yalahda pani balna yaksihni, lapni duda kidika”

Was balna yakat

Baisa sirihni was balna kidika taski yamwi, di taski bukwa kidika nandakwa was pa sulihni kau burwa sak yakat.

Was binina kira tani bik nandakwi wapauwak daukalpamwi.

Ma nuhni ki muihki yaksihni

Ting lau waraih dutni duwa bang panina kidika kungmak pau, sasah, matis dawak lapit balna mahni kalahwi muihnhina dawak banina yak ba bil dutni mahni duduwa kidika ú yak uykawi di yak lalaihwa munah waraihni balna kidika mailawi muih mayang yak yamah mahni; (fiebre tifoidea, la disentería (â was kau), el dengue, la malaria) uk bik.

Yulwi amput bubuh balna yamni uduhwi rumhnin kidika:

- Rumhwinih bubuh pini ta pasyak ú, kul dawak papangh úni yaihnit balna yakat.
- Busnin sip kidika bustah bubuh balna kidika.
- Busnin sip awas kidika bubuh kurhta nutah.
- Uduhlah batal bikisni rumhnin awas kidika: di punin, lat, kuku salani dawak di uk bik.
- batal bikisni ruhnin awas kidika apakta was puta ma busta ditah yamta man dini SODIS.

Amput yAMDak “ yalahda pani balna yaksihni dudarang yah”

Pa yamni dunin muih kaluduhna kalpakwi walahnina yayakwa kidika pa muihni balna: muih binina, wawahma, yayal, ahal dawak muih bararak muihnina nuhni yamni yaksihni yamah, waraih dis yulni yayamwi.

¿Ais yah pa yaksihni, lapni dunin kidika?

Akat walahnina yayakwi ta tuna balna, kaluduhna satni mahni kau pa muihni balna muih nina nuhni yamni duna atnin yulni (ma muihki nuhni yaksihni, di yamdi baraknин dawak ma paki bik).



¿Ais yAMDarang yah pa yaksihni, lapni dunin kidika?

Kaluduhwi walah yaknin ki ma pa baraknин yulni.

Adakat ta wawalwang tatauna, wihta, muih bin laih yang, ma muih ki nuhni yamni atnin mai laihyang sau sumalyang, sangnika sumalni yang, panabas buhna tatuna duwa, panabas talyang dawak muih bitik ma paki yamni atnin yulni yamdi.

Amangladang ma paki yakat dutni bang kidika isihdi talna munah yakat laih: yakdarangki ma wanaihki balna dutni yakat yalahwa bang kidika, ma paki daukalwa kidika, nininglauna as bik dis mayang kidika, di dahdak di kaslawa kidka, kaput laih mahka di yamnin balna kidika yamdi ma paki dulaudarang ki.

¿Angdika yah di yAMDA balna nuhni awas bik pa yaksihni, lapni dunin kidika?

Ais yulni pa as kulna karang yah sangka yamni, pa muihni balna di mahni yamninna ki pa yaksihni atnin yulni, ningkana as kapat: muih binina panabas wasni panain ki, yayal muihbin muih karuk panabas ûni yakat uywa kat lakwi ditalnin ki, pa barakninyamnin ki, muih binina ahal, yayal, sau baraknин yulni diyanin ki dawak wawahma sau baraknин yulni baisa niningga launin ki, muih bararak bik rawaswi yulwi talwi nu kawang, pa as yamni, lapni, waraih dis dunin balan bik (yaihnitna), kaput bik taski yamda (ba balna), bubuh, ba, was kanin ûni muih bitik duna atnin ki, bubuh pani kat rumhnin ki, was dida balna cloro awi, lahwi yamni putwi dinin ki, û yaihnit damas wakat

baunin ki, bubuh rumhnin ki dawak kaluduhda ûni balna bik yamni lap dunin ki: kul, prias, yul baunin ûni, bitik kau waraih dis karang ki, sasah, ting lau balna munah kalahna atnin ma paki balna yakat.

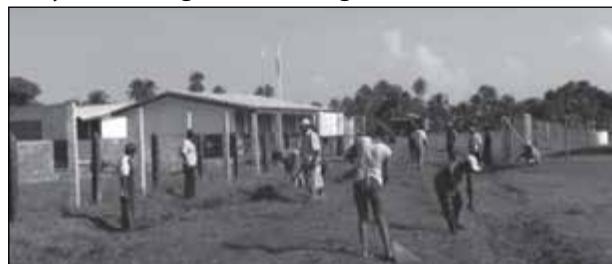
¿Angdika yah waraih satni balna nandakna karang kidika pa yaksihni, lapni dunin yakat?

Yamah, waraih nandakdak pa balna yakat dis atnin kidika:

- Yamah satni ayangni (Sasah kau pak).
- Yamah satni uk ayangni (Kau yamadangni sasah).

Yamahni balna adika waraih as yamadangni ki sasah mai kaswa munah kalahwi, sasah mahwi was dakni balna yakat kawi lulukwi, pa yamni lapni dudas munah, was yakat sumanina lukwi sasahwi, mahwi Kidika yulni kat angkat was mahnin pani balna banban kidika bitik waldi bahdi rumhmuk-nin ki. Kaput ma paki sasah kalahwas, ma muihki balan bik alasna karang ki.

Sasah kaupak waraih dutni as kidika laih (Dengue) muih mahni yak kaswi tilahwi yamahni ayangni laih aput ki (Aedes Aegyptis), waraihni adika satni bu ki: yamah as ning nailaihwia kidika (dengue clásico) dawak yamah mai buswa kidika à bik yakdi (dengue hemorrágico).



Wauhtaya rawasna satni balna kaupak laihwi talwi yamna

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HORIZONT
3000



"Lalah kalana muihni horizont 3000 DKA, Europapani balna kal uduhni dawi Austria muihni balna kal uduhwi baraknin lan kau yip munwa balna kaupak lalah pamna."