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2020-1

## Struggles and Strategies for Survival Beyond the Walls of Jail


Susan M. Halpin M.Ed

*University of Massachusetts Medical School*

*Et al.*

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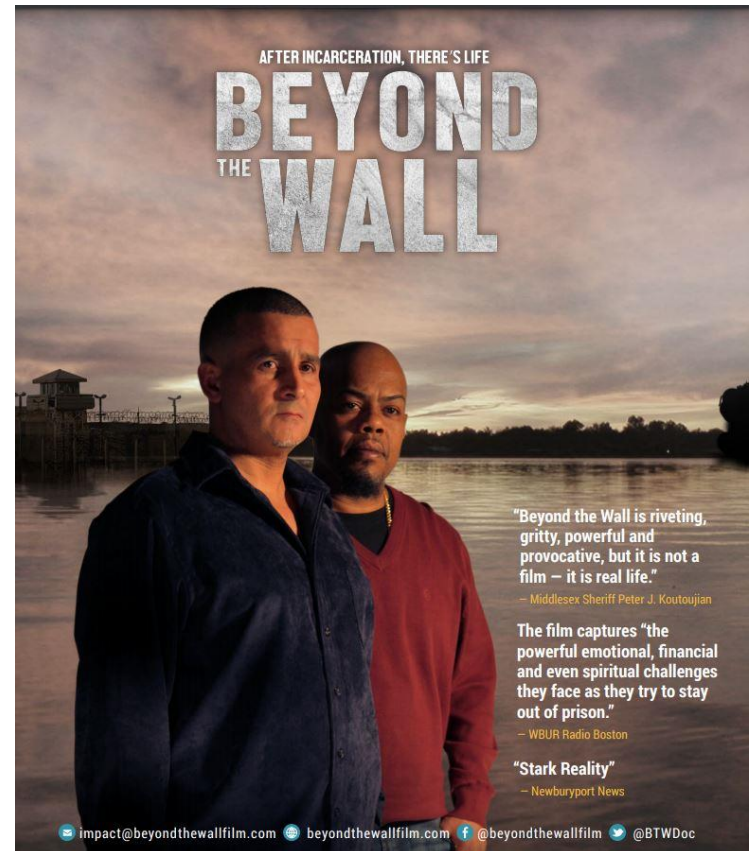
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# Welcome to the Webinar Struggles and Strategies for Survival Beyond the Walls of Jail



*This Webinar is being recorded.  
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click on the URL in the chat box.*



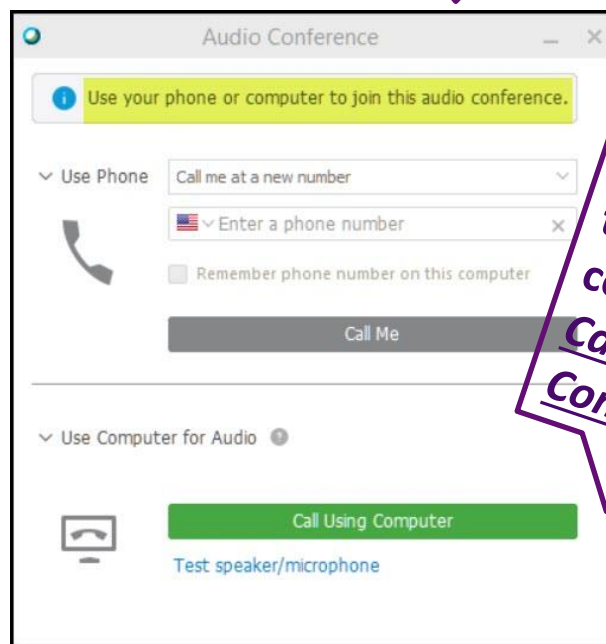
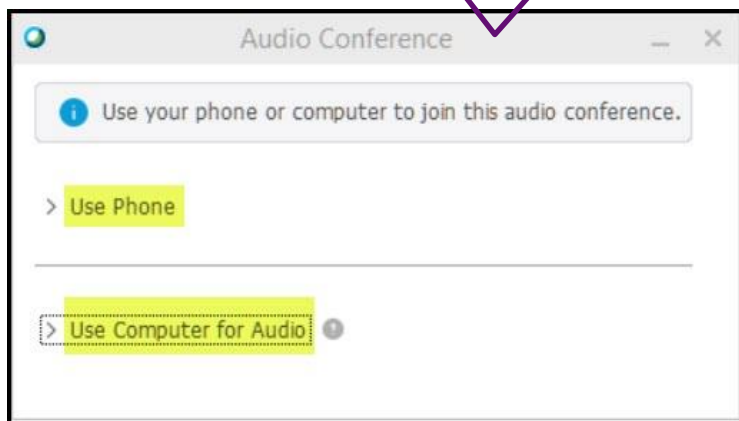
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2) To connect to webinar audio you must either use your phone or your computer

3) To connect by phone, enter your phone number and the system will call you.

4) To connect through your computer click Call Using Computer.



# About Today's Webinar

- **Closed captioning is available, click on the Captioning link in the Chat box**
- **This webinar is being recorded.** You will receive an email with a link to the webinar recording and presentation materials in about a week.
- You will have an opportunity to ask questions during the last 10 minutes of the webinar.
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***Use the enrollment code Stru2021 to receive CEs.***
- Your feedback matters! Even if you are not receiving CE credit, please complete the evaluation.

# Your Webinar Host



**Susan Halpin, M.Ed.**

**[susan.halpin@umassmed.edu](mailto:susan.halpin@umassmed.edu)**

**NNLM NER, Education & Outreach Coordinator  
University of Massachusetts Medical School  
Worcester, Massachusetts**

# Who is Joining Us Today?

**Use the Chat Box**  
( “chat” to “all participants” )

Name?

Where are you located?

Have you watched “Beyond the Wall”?

What do you hope to learn today?



# About National Library of Medicine (NLM)

<https://www.nlm.nih.gov/>



Physical library is Bethesda, MD part of the NIH campus.

Largest biomedical library in the world

One of the federal government's largest providers of digital content

The library is open to everyone

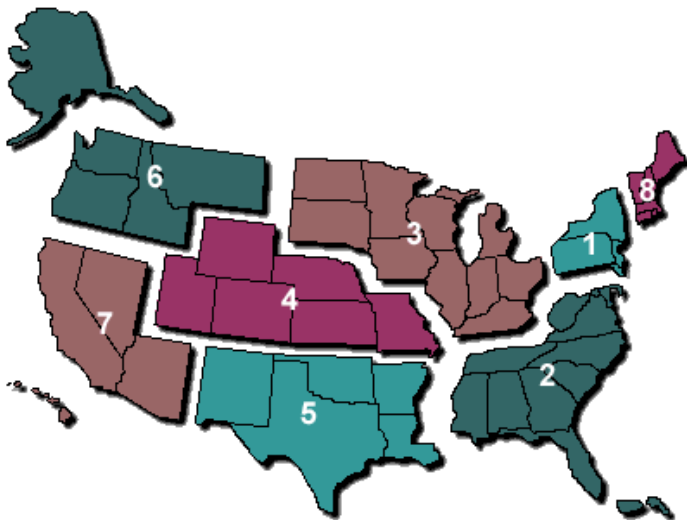
## NLM's mission

*Advance the progress of medicine and improve public health by making biomedical information accessible to everyone.*

# NLM Outreach Program

NLM Carries Out its Mission  
Through the National Network of Libraries of Medicine (NNLM)

<https://nnlm.gov/>



- Nationwide network of health sciences libraries, public libraries & information centers
- Each region has a partnership with a regional medical library
- Outreach provided through
  - Free access to online health & medical resources
  - Free Training & Professional Development
  - Grant funding opportunities for your community

**77,000** people received training from NNLM last year!



# NLM Online Resources for Substance Use Disorder

The screenshot shows the MedlinePlus website interface. At the top, there is a search bar and navigation links. The main heading is "Opioid Abuse and Addiction Treatment". Below this, there are sections for "On this page" with sub-sections: Basics (Summary, Start Here), Learn More (Related Issues, Specifics, Genetics), See, Play and Learn (Videos and Tutorials), Research (Clinical Trials, Journal Articles), Resources (Reference Desk, Find an Expert), and For You (Patient Handouts). There is a "Summary" section with the text: "What are opioids? Opioids, sometimes called narcotics, are a type of drug. They include strong prescription pain relievers, such as oxycodone, hydrocodone, fentanyl, and tramadol. The illegal drug heroin is also an opioid." Below this is a "Stay Connected" section with an email sign-up form. At the bottom, there are "Related Health Topics" (Opioid Abuse and Addiction, Opioid Overdose, Prescription Drug Abuse) and "National Institutes of Health" information.

The screenshot shows the Environmental Health & Toxicology website. The main heading is "Opioid Addiction and Treatment". Below this, there are sections for "Topics of Interest" (About Us, Database Descriptions, Choose the Right Environmental Health and Toxicology Resource, Search TOXNET® Databases, Email Updates, News, and Social Media, TOXNET Manual, NNLM class schedule) and "A to Z Index of Resources" (A, B, C, D, E, F, G, H, I, J, K, L, M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z). The "Health Information Resources" section includes: Understanding Addiction, Opioid Overdose, Opioid Drugs, Treating Opioid Addiction, Opioid Prescribing, Pregnancy, Opioid Use, and Neonatal Abstinence Syndrome, Recovery, Data, Trends, & Statistics, Topic-related Searches of National Library of Medicine Resources, Selection Guidelines, and Disclaimer. There is also a "Understanding Addiction" section with a list of resources: Definition of Addiction, American Society of Addiction Medicine (ASAM), Drugs, Brains, and Behavior: The Science of Addiction, The National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH), East to Read Drug Facts, The National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH), Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health (2016), Office of the Surgeon General of the United States (OSG), and Office of National Drug Control Policy - President's Commission.

<https://envirotoxinfo.nlm.nih.gov/opiate-addiction-and-human-health.html>

<https://medlineplus.gov/opioidabuseandaddictiontreatment.html>

# Looking for Programming Tools Related to Health and Wellness?

Consider borrowing one of our **Graphic Medicine Book Club Kits** featuring *Sobriety: A Graphic Novel!*

### Graphic Medicine Book Club Kit


NIH NLM NNLNML nnlm.gov/ner/kits

Graphic medicine is the combination of comics and healthcare. Comics help with understanding illness and health.

These kits are available to any organization in New England for free.

**How kits work**

1. Pick a health comic

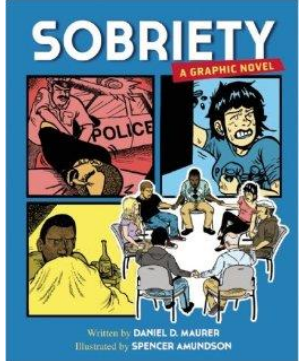



Addiction - AIDS - Aging - Cancer - Epilepsy - Grief - LGBTQ - Mental Health - OCD - Veterans

**2. You receive a kit in the mail**

**Kits include:**  
6 Graphic Novels  
Discussion guides with questions  
Valuable NLM resources on the selected topic

**3. Read and learn together!**



From the publisher...  
“Through rich illustration and narrative, *Sobriety: A Graphic Novel* offers an inside look into recovery from the perspectives of five Twelve Step group members, each with a unique set of addictions, philosophies, struggles, and successes while working the Steps.”

To Request a Kit: [www.nlm.gov/ner/kits](http://www.nlm.gov/ner/kits)

For Questions or Information  
Sarah Levin-Lederer at  
[Sarah.LevinLederer@umassmed.edu](mailto:Sarah.LevinLederer@umassmed.edu)

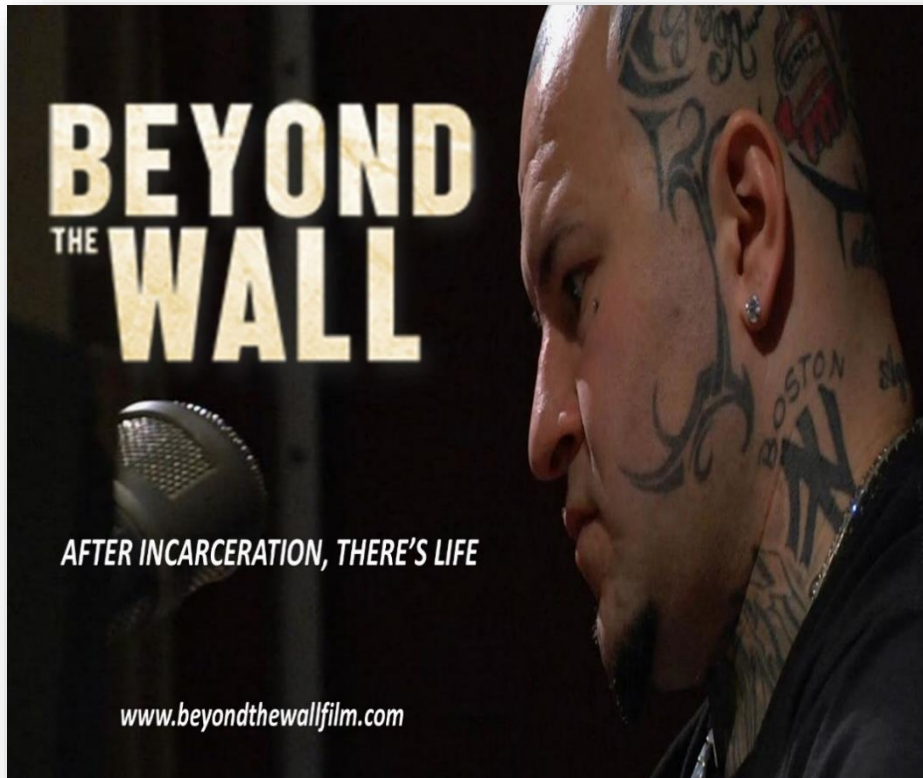
# Louie Diaz

Substance Use Disorder Counselor and Re-entry Specialist for  
Massachusetts Middlesex County Sheriff's Office



“If you continue doing what you’ve always done, you’ll continue getting what you’ve always gotten,” Diaz says repeatedly in the film. “Start doing something different and you’re gonna get a different result.”

# Webinar Objectives



- Learn what “recidivism” is, and why 95% of people return to drugs and alcohol after release from prison and how substance use disorder relates to recidivism.
- Understand the barriers individuals face when returning to the community after incarceration and how those barriers might affect the success of their transition back into society.
- Learn what jails and prisons are doing to prepare individuals for re-entry into the community.

**To Watch Beyond the Wall:**

**<https://worldchannel.org/episode/beyond-wall/>**



# Substance Use Disorder and Incarceration

In the United States, 11 million people are released from jail each year.

An overwhelming majority have a history of substance abuse.



“No reentry program is going to go under the bridges and into the tent cities of the homeless looking for the guys who come out of jail and fall between the cracks. But if you are not willing to go to their places, they will end up back in jail.”

# A Closer Look at SUD and Incarceration

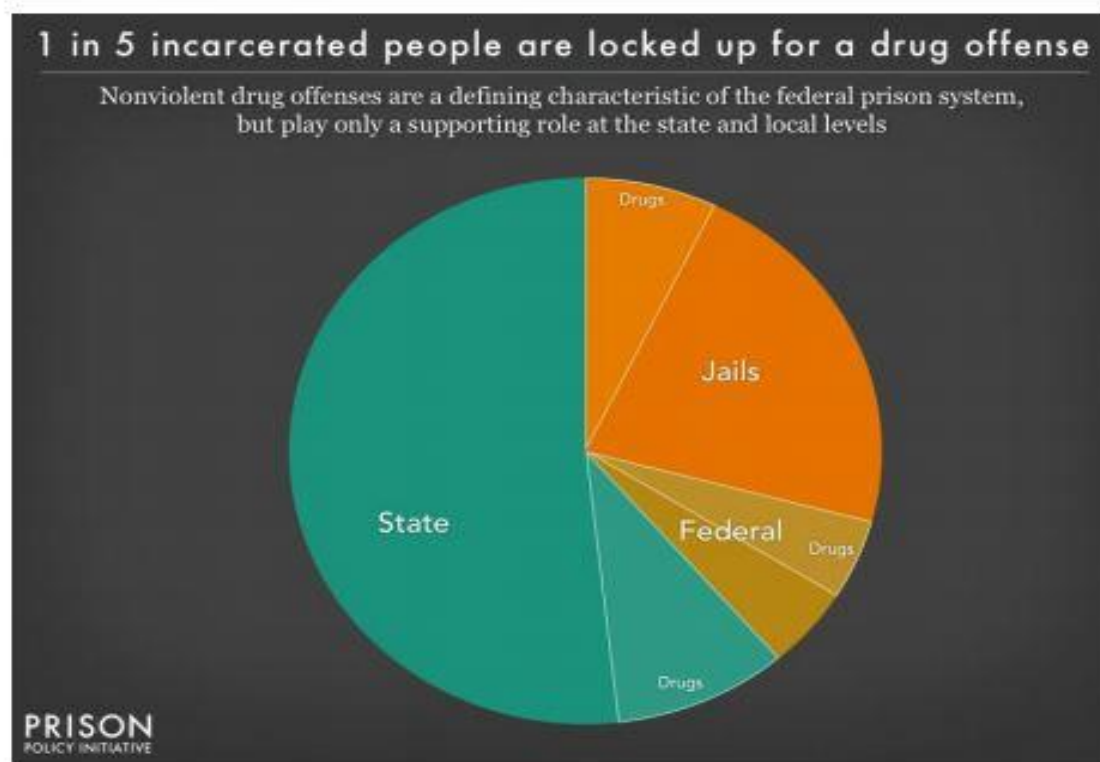
**65%** of people in prisons and jails have substance abuse history

Source: National Center on Addiction and Substance Abuse

**1 in 5** are locked up for drug offenses Source: Prison Policy Initiative

**Three quarters** of those returning from prison have a history of substance use disorders.

Source: National Reentry Resource Center.



# Recidivism

**Recidivism** refers to a person's relapse into criminal behavior, often after the person receives sanctions or undergoes intervention for a previous crime.

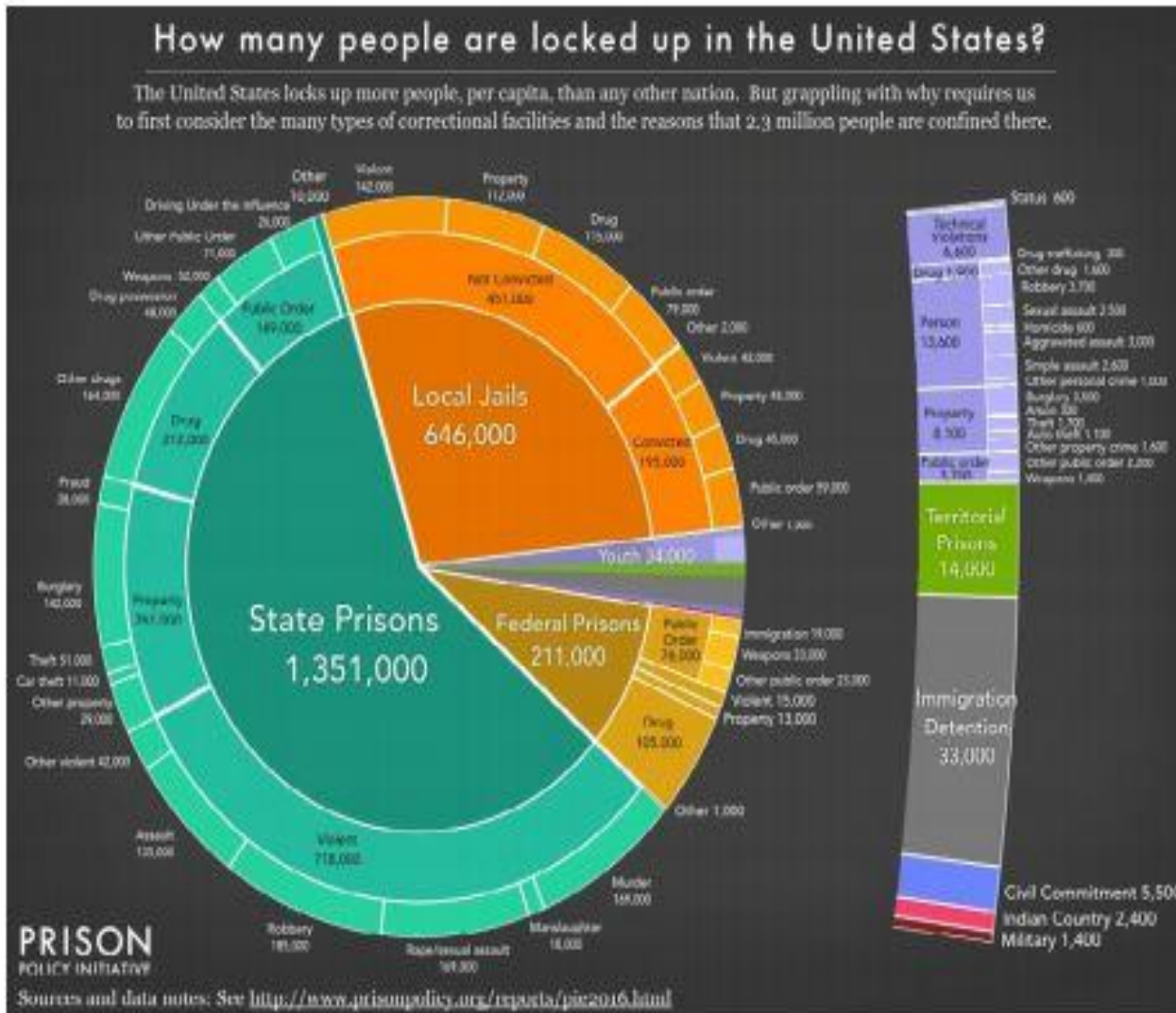
**Recidivism** is measured by criminal acts that resulted in re-arrest, reconviction or return to prison with or without a new sentence during a 3-year period following the prisoner's release.

Source: National Institute of Justice





# Facts About Recidivism in the U.S.



Incarceration in the US  
**2.3 Million** incarcerated daily

**11 Million** cycle through local jails each year

**Over 700,000** are released from prisons each year  
Within 3 years of release, -about 2/3 of released prisoners are rearrested.  
**\*Source Prison Policy Initiative**

-Of those prisoners who were rearrested, more than 1/2 were arrested by the end of the first year.  
**\*Source National Institute of Justice**





# Breaking Down the Barriers



Address emotional and physical needs

First-hand knowledge of obstacles and struggles

Recognize signs and symptoms of relapse

Connect those in need with community resources

# What are Jails Doing to Prepare Inmates for Community Re-entry?

“You go into prison, you get a handbook on how to conduct yourself within that prison system. So here you are 2 years later — 3 years later — you get released. But you don’t get a handbook on how to live life.”

Billy Cabrera





# How Can We Support Individuals Reentering the Community?



**You can support organizations and initiatives that provide:**

In-prison education & vocational training

Substance Use Disorder treatment (residential and outpatient) in prisons and in communities

Transitional housing to give ex-prisoners structured living environments as they reenter.

Financial assistance to help with basic necessities upon release.

# Reentry Organizations & Resources in My State?



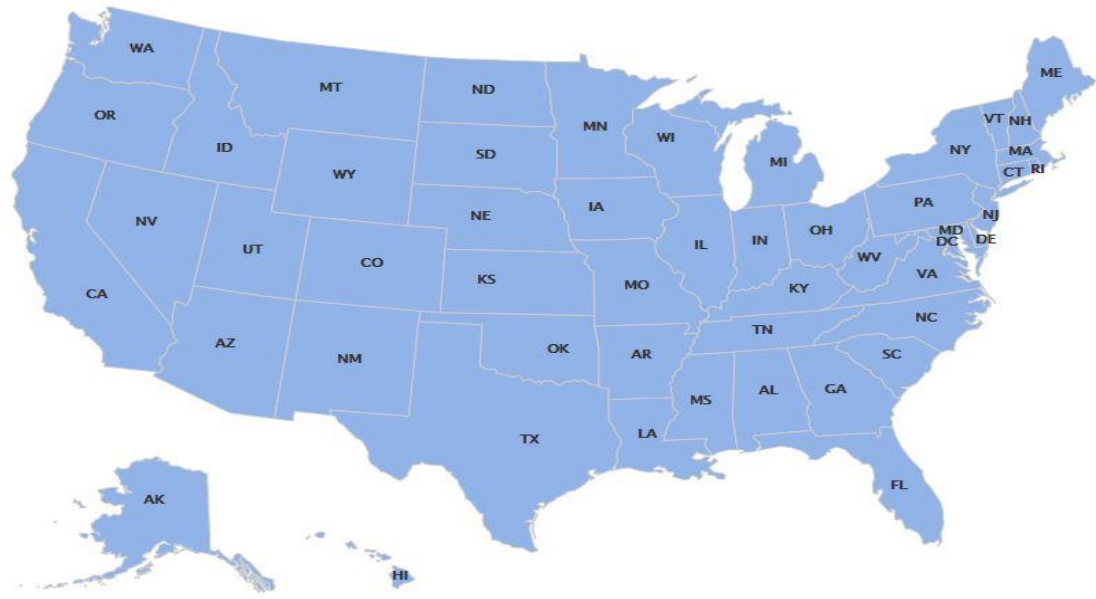
[NRRC Home](#)   [Topics](#)   [Resources](#)   [Second Chance Act Grant Program](#)   [In the News](#)

## Reentry Services Directory

The Reentry Services Directory was developed by the **National Reentry Resource Center (NRRC)** to help individuals who have been incarcerated and their families find local reentry services. The NRRC has compiled a list of organizations and service providers who can address different reentry needs, including housing, employment, and family reunification.

To view available resources in your area, click on your state below.

To suggest additional resources or update information, please contact the NRRC helpline at [info@nationalreentryresourcecenter.org](mailto:info@nationalreentryresourcecenter.org) or 1-877-332-1719. Hablamos español.



# NNLM NER Grant Recipient



Rectangular Snip

HOME CONTACT JOIN SUPPORT ABOUT

## Restorative Reentry Community Building Leadership Development

THRIVE Communities is a community-based response to the challenges faced by adults transitioning from incarceration. Designed to empower returning citizens and more deeply engage local community members in experiences of reentry, THRIVE cultivates genuine experiences of community that are inclusive of all men and women - defining people not by their experiential differences, but by the best parts of their character. When justice and wholeness replace cycles of incarceration and oppression, communities THRIVE.

LEARN MORE



<https://www.thrivema.org/>



# New Documentary in the Works

New Project about “Angola” Builds on the previous films about Incarceration and Reentry

*"The Dhamma Brothers have taken their own passage to India and discovered a practice of meditation that guides them down their inner path to Freedom."  
—John Lewis, U.S. Congressman*

## The Dhamma Brothers

**EAST MEETS WEST IN THE DEEP SOUTH**

OVERVIEW  
THE FILM  
THE BOOK  
PRESS/TV SHORTS  
RESOURCE LINKS  
SCREENINGS  
CONTACT US  
BUY THE DVD  
WATCH NOW

Join Us On Facebook Follow Us On Twitter YouTube

**RECENT NEWS**

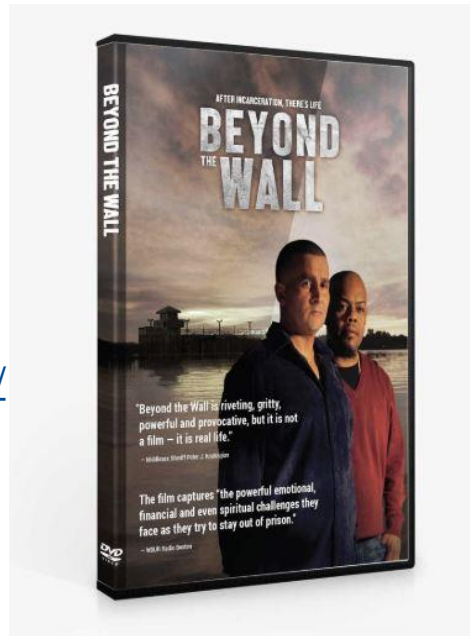
It is with a heavy heart that we let you know that Jenny Phillips, the Director behind Beyond the Wall and The Dhamma Brothers passed away recently. She was an inspiration to many. Those closest to her intend to keep her legacy alive and vibrant by continuing the amazing work that Jenny started in the criminal justice community — which was her passion.

Read about Jenny Phillips at the Boston Globe

If you'd like to send a message to her family, you may do so here: [impact@beyondthewallfilm.com](mailto:impact@beyondthewallfilm.com).

If you would like to make a donation in Jenny's honor to the Freedom Behind Bars Foundation, donate here.

<http://www.dhammabrothers.com/>



<https://beyondthewallfilm.com/>

<b>Angola</b>
Unincorporated community
Louisiana State Penitentiary
<p>The entrance to the Louisiana State Penitentiary has a guard house that controls entry into the compound—the sign says "Louisiana State Penitentiary" and "Burl Cain, Warden"</p>
<p>Nickname(s): "Angola", "Alcatraz of the South", and "The Farm"</p>



## Questions for Louie?

PLEASE USE THE CHAT BOX.



# Thank you Louie!



For MLA continuing education credit, you must complete a webinar evaluation.

We value your feedback, please help us continue to improve by completing the evaluation.

**[ldiaz@sdm.state.ma.us](mailto:ldiaz@sdm.state.ma.us)**

**Evaluation Link - <http://bit.ly/3av9Pzj>**

**enrollment code: Stru2021**