# Computational Pseudorandomness, the Wormhole Growth Paradox, and Constraints on the AdS/CFT Duality

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#### — Abstract -

The AdS/CFT correspondence is central to efforts to reconcile gravity and quantum mechanics, a fundamental goal of physics. It posits a duality between a gravitational theory in Anti de Sitter (AdS) space and a quantum mechanical conformal field theory (CFT), embodied in a map known as the AdS/CFT dictionary mapping states to states and operators to operators. This dictionary map is not well understood and has only been computed on special, structured instances. In this work we introduce cryptographic ideas to the study of AdS/CFT, and provide evidence that either the dictionary must be exponentially hard to compute, or else the quantum Extended Church-Turing thesis must be false in quantum gravity.

Our argument has its origins in a fundamental paradox in the AdS/CFT correspondence known as the wormhole growth paradox. The paradox is that the CFT is believed to be "scrambling" – i.e. the expectation value of local operators equilibrates in polynomial time – whereas the gravity theory is not, because the interiors of certain black holes known as "wormholes" do not equilibrate and instead their volume grows at a linear rate for at least an exponential amount of time. So what could be the CFT dual to wormhole volume? Susskind's proposed resolution was to equate the wormhole volume with the quantum circuit complexity of the CFT state. From a computer science perspective, circuit complexity seems like an unusual choice because it should be difficult to compute, in contrast to physical quantities such as wormhole volume.

We show how to create pseudorandom quantum states in the CFT, thereby arguing that their quantum circuit complexity is not "feelable", in the sense that it cannot be approximated by any efficient experiment. This requires a specialized construction inspired by symmetric block ciphers such as DES and AES, since unfortunately existing constructions based on quantum-resistant one way functions cannot be used in the context of the wormhole growth paradox as only very restricted operations are allowed in the CFT. By contrast we argue that the wormhole volume is "feelable" in some general but non-physical sense. The duality between a "feelable" quantity and an "unfeelable" quantity implies that some aspect of this duality must have exponential complexity. More precisely, it implies that either the dictionary is exponentially complex, or else the quantum gravity theory is exponentially difficult to simulate on a quantum computer.

While at first sight this might seem to justify the discomfort of complexity theorists with equating computational complexity with a physical quantity, a further examination of our arguments shows that any resolution of the wormhole growth paradox must equate wormhole volume to an "unfeelable" quantity, leading to the same conclusions. In other words this discomfort is an inevitable consequence of the paradox.

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