



## NIH PUBLIC ACCESS

## Author Manuscript

*J Recept Signal Transduct Res.* Author manuscript; available in PMC 2012 July 28.

Published in final edited form as:

*J Recept Signal Transduct Res.* 2010 December ; 30(6): 372–375. doi:10.3109/10799893.2010.508165.

## On the roles of Mg in the activation of G proteins

**Lutz Birnbaumer and Adolfo R. Zurita**

Laboratory of Neurobiology, National Institute of Environmental Health Sciences, NIH, DHHS, NC, USA

### Abstract

In this review, we highlight the evolution of our knowledge about the way  $Mg_{2+}$  participates in the activation of heterotrimeric G proteins, beginning with its requirement in hormonal stimulation of fat cell adenylyl cyclase (1969) and ending with knowledge that incorporates information obtained from site directed mutagenesis and examination of the crystal structures of G proteins (2010). Our current view is that, as it seeks to fill its octahedral coordination shell, Mg acts as a keystone locking the G protein- $\alpha$  subunits into a conformation in which  $G\alpha$  dissociates from the  $G\beta\gamma$  dimer, is competent in regulating effectors, and acquires GTPase activity. The latter is the result of moving the backbone carbonyl group of the Mg-coordinating threonine into a location in space that positions the hydrolytic water so as to facilitate the water's nucleophilic attack that leads to hydrolysis of the link between the  $\beta$  and  $\gamma$  phosphates of guanosine triphosphate (GTP). The role of the backbone carbonyl group of the Mg-coordinating threonine is equi-hierarchical with a similar and long-recognized role of the Switch II glutamine  $\delta$  amide carbonyl group. Disruption of either leads to loss of GTPase activity.

### Keywords

Octahedral coordination shell; regulatory GTPase; GTPase fold; transition state

---

The participation of Mg in the activation of G proteins was recognized before the existence of G proteins was known and before knowing that GTP plays a role in hormone action. That Mg is important emerged from studies in which hormonal activation of adenylyl cyclase in fat cell “ghosts” was explored (1). The results indicated that Mg was likely to be acting allosterically with a positive Hill coefficient of 2 and that hormonal—as well as fluoride—activation shifted the Mg requirement toward lower concentrations (Figure 1). The actual mechanism by which hormonal stimulation affects the requirement for Mg remained mysterious even after: 1. the discovery of a requirement of GTP in hormonal activation of adenylyl cyclase had been made and hormones and fluoride, now  $AlF_4^-$ , were realized to affect adenylyl cyclase through a common mechanism; 2. it had become clear that this mechanism is in fact the activation of the adenylyl cyclase-stimulating heterotrimeric Gs G protein; and 3. it was known that a G-protein activation–deactivation cycle is not only central to the regulation of adenylyl cyclase by receptors but also that of visual phosphodiesterase, phospholipase C $\beta$ , and a host of other effectors, all mediated by a family of 16 heterotrimeric G proteins (reviewed in refs. 2,3). Most notably in promoting to an

---

© 2010 Informa UK Ltd

Address for Correspondence: Lutz Birnbaumer, Laboratory of Neurobiology, National Institute of Environmental Health Sciences, NIH, Department of Health and Human Services (DHHS), 111 TW Alexander Dr., Research Triangle Park, NC27709. [birnbau1@niehs.nih.gov](mailto:birnbau1@niehs.nih.gov).

**Declaration of interest**

Supported by the Intramural Research Program of the NIH (Z01-ES-101643).

allosteric site of action of Mg were the results from two-step reconstitution studies in 1982 (5), which showed that high concentrations of Mg substituted for hormonal stimulation in the activation of the Gs protein by the nonhydrolyzable GTP analogue GTP $\gamma$ S and that the glucagon receptor shifted the requirement for Mg from millimolar (above the affinity constant of GTP for Mg) to micromolar (well below that affinity of GTP for Mg) (Figure 2), as this strongly suggested—as Hill plots had done earlier—the existence of a Mg site on Gs, allosteric to the Mg bound by GTP (or its analogue GTP $\gamma$ S).

Yet, no allosteric Mg site could be discerned in G-protein crystals—be they made up of the GTP-binding  $\alpha$ -subunits alone or of the heterotrimeric G $\alpha\beta\gamma$  complexes. Thus, although one mechanism addressing the possible site of action of Mg affected by the hormone receptor placed the site on the G $\beta\gamma$  (refs. 4,5 and Figure 3), crystals containing G $\beta\gamma$  were devoid of divalent cations. Even so, a review written by one of us in 2006 (2,3), still proposed that the allosteric site might be on the G $\beta\gamma$  dimer.

Remarkably, the solution to this puzzle was published in a 1997 publication on the biochemical properties of Gi1 $\alpha$  mutants from the Sprang-Gilman group that received insufficient attention (6). In this publication, the affinity of the Gi1 $\alpha$ -GTP $\gamma$ S complex for Mg was reported to be 8 nM, 5,000 times higher than the 40  $\mu$ M affinity at neutral pH of GTP or its analogues GTP $\gamma$ S and GMP-P(NH)P for Mg.

The explanation of this increase in the affinity of GTP $\gamma$ S for Mg when bound to Gi1 $\alpha$  became readily evident to us when we compared the mode by which Mg is held by the G $\alpha$ -GTP complexes in crystals to how Mg is held by free GTP $\gamma$ S. In the latter, the octahedral coordination shell of Mg is filled by the electrons of two GTP oxygens: one each from the  $\beta$  and  $\gamma$  phosphates, and by the electrons from four free water molecules. In contrast, in the GTP-G $\alpha$  complex, Mg is held not only by the two oxygens from the  $\beta$  and  $\gamma$  phosphates of GTP but also by the coordination bonds of two G $\alpha$  hydroxyl oxygens: one from a threonine in Switch I and one from a serine at the base of the  $\alpha$ 1 helix of the GTPase domain. Electrons from two water oxygens complete the coordination shell of Mg in the GTP-G $\alpha$  complex. These water molecules are in turn held in place by hydrogen bonds to the  $\delta$  carboxyl group of a Switch II aspartic acid and to the  $\alpha$ -phosphate oxygens of the GTP. This results in the formation of a “tight” cage (Figure 4), from which Mg dissociates only very slowly, that is, 5,000 times slower than from GTP or its nonhydrolyzable analogues.

The Mg, which for many years we had thought to be binding to an allosteric site different from GTP when the activation of the G protein by GTP is facilitated by a receptor, is in fact one and the same. In turn, and as a consequence, Mg can be viewed as a “keystone” that locks GTP into the G $\alpha$  protein. At this point, the stage is set for a permanent residence of GTP on G $\alpha$  that can only be undone with expenditure of energy: the hydrolysis of GTP to guanosine diphosphate (GDP) and the loss of one of the coordination bonds holding Mg in place. Opening of the binding pocket by a G-protein coupled receptor (GPCR) in a cytosolic environment in which the GTP concentration is approximately 10 times higher than that of GDP and in which Mg, at approximately 0.5 mM, is sufficient to saturate GTP, will result in automatic exchange of Mg-GTP for GDP, followed by the clamping of the Mg-GTP complex into place by the Mg-coordinating Ser and Thr residues. This clamping motion carries as its sequel the conformational transitions that Switch I and Switch II need to undergo to confer effector-regulating ability to the G- $\alpha$  subunit.

The Mg-coordinating Thr is part of the Switch I region of the GTPase domain of G $\alpha$  subunits, and the Mg-coordinating Ser is at the beginning of the  $\alpha$ 1 helix of the GTPase fold. The Switch I Thr is conserved in not only the G $\alpha$  subunits of heterotrimeric G proteins but also in “small” regulatory GTPases such as ras, rac, and rho (Table 1). In some of the

small GTPases, the  $\alpha 1$  helix Ser is replaced by a Thr (Table 1). The Mg-binding cage is the same in small and large GTPases, and the role and effect of Mg binding to the GTP–GTPase complex is the same in small and large GTPases. The Switch II Asp that hydrogen bonds to one of the two water molecules coordinating Mg in GTP–GTPase complexes is also conserved in all regulatory GTPases examined.

Replacing Ser16 with an Asn in ras (S16N mutants) and in ras-like regulatory GTPases creates proteins that cannot be locked into an activate conformation by Mg–GTP and are locked in their inactive state with dominant negative properties. Curiously, working with recombinant Gs $\alpha$ , we recently found that mutating Switch I Thr to Asp, Glu, or Gln results not only in diminished GTPase activity but also in spontaneous activation of the Switch II domain (7). This result was unexpected as there was no *a priori* reason why removal of the Thr should affect the overall GTPase cycle differently than removal of the Ser. As had been earlier, the answer to this seemingly anomalous behavior was found upon close examination of existing  $\alpha$  subunit crystals in which we saw the oxygens of the backbone carbonyl of Switch Thr and of the  $\delta$ -carbonyl of Switch II Gln to be roughly equidistant to the oxygen of the hydrolytic H<sub>2</sub>O (Figure 5). Failure to shift the position of the Switch I carbonyl, as a consequence of having removed the Thr that participates in the coordination of the Mg, causes loss of the ability of the G $\alpha$  subunits to hydrolyze GTP and revealed the participation of this threonine in the hydrolytic process. Figure 5 illustrates the positions of the Switch I Thr C1 amide carbonyl oxygen and the Switch II Glu  $\delta$  carbonyl oxygen in relation to the hydrolytic water oxygen in a crystal of transducin  $\alpha$  complexed to Mg-GDP-AlF<sub>4</sub><sup>-</sup>, the transition state in the catalysis of GTP + H<sub>2</sub>O to GDP + P<sub>i</sub>. Loss of either the Thr or the Gln results in loss of GTPase activity and stabilization of the active effector-regulating conformation.

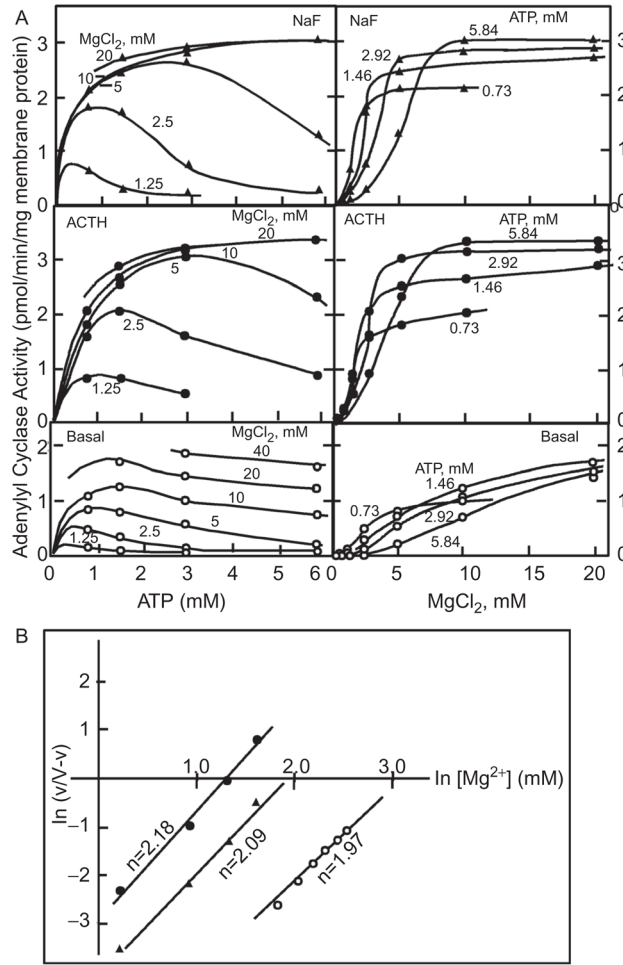
## Conclusion

We wrote this short historical overview on the evolution of our thoughts between 1969 and the present on how and where Mg acts in setting G-protein activity, not only in recognition of the pivotal role this Journal has had in publishing factual science papers but also in publishing papers presenting thoughts on the trends of the moments in which they were published. The latter publications included the proceedings of the Swiss Receptor Workshops attended by one of us (LB) many times between their inception in 1981 until the end of the 1990s. We also wrote this article in honor of Alex Eberle's long career in Science. We did so hoping that he would identify with the underlying meaning of this account. Just as the scientific question we dealt with evolved and never lost relevance, so did Alex's career and contributions evolve and never lost relevance.

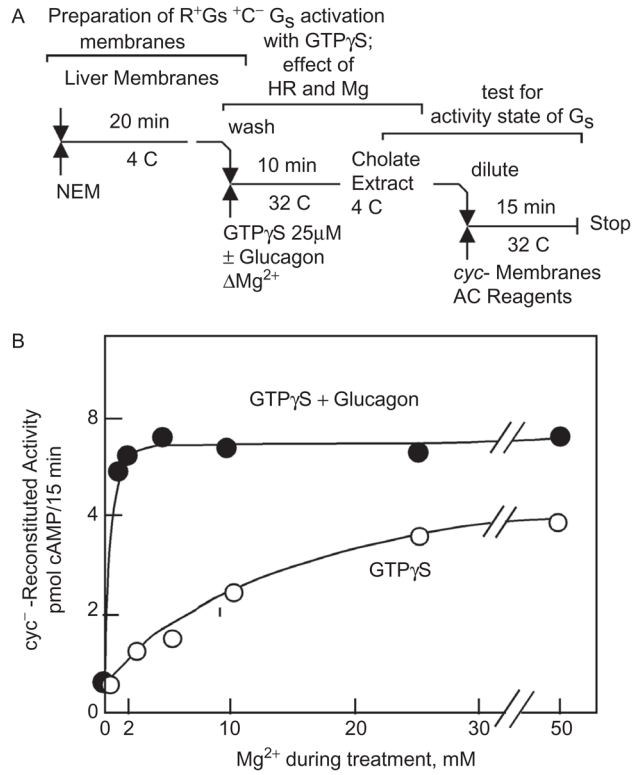
## References

1. Birnbaumer L, Pohl SL, Rodbell M. Adenyl cyclase in fat cells. 1. Properties and the effects of adrenocorticotropin and fluoride. *J Biol Chem.* 1969; 244:3468–3476. [PubMed: 4307452]
2. Birnbaumer L. The discovery of signal transduction by G proteins: a personal account and an overview of the initial findings and contributions that led to our present understanding. *Biochim Biophys Acta.* 2007; 1768:756–771. [PubMed: 17141178]
3. Birnbaumer L. Expansion of signal transduction by G proteins. The second 15 years or so: from 3 to 16 alpha subunits plus betagamma dimers. *Biochim Biophys Acta.* 2007; 1768:772–793. [PubMed: 17258171]
4. Birnbaumer, L.; Kirchick, HJ. Regulation of gonadotropin action: The mechanisms of gonadotropin-induced activation of ovarian adenyl cyclases. In: Greenwald, GS.; Terranova, PF., editors. *Factors regulating ovarian function.* New York: Raven Press; 1983. p. 287-310.

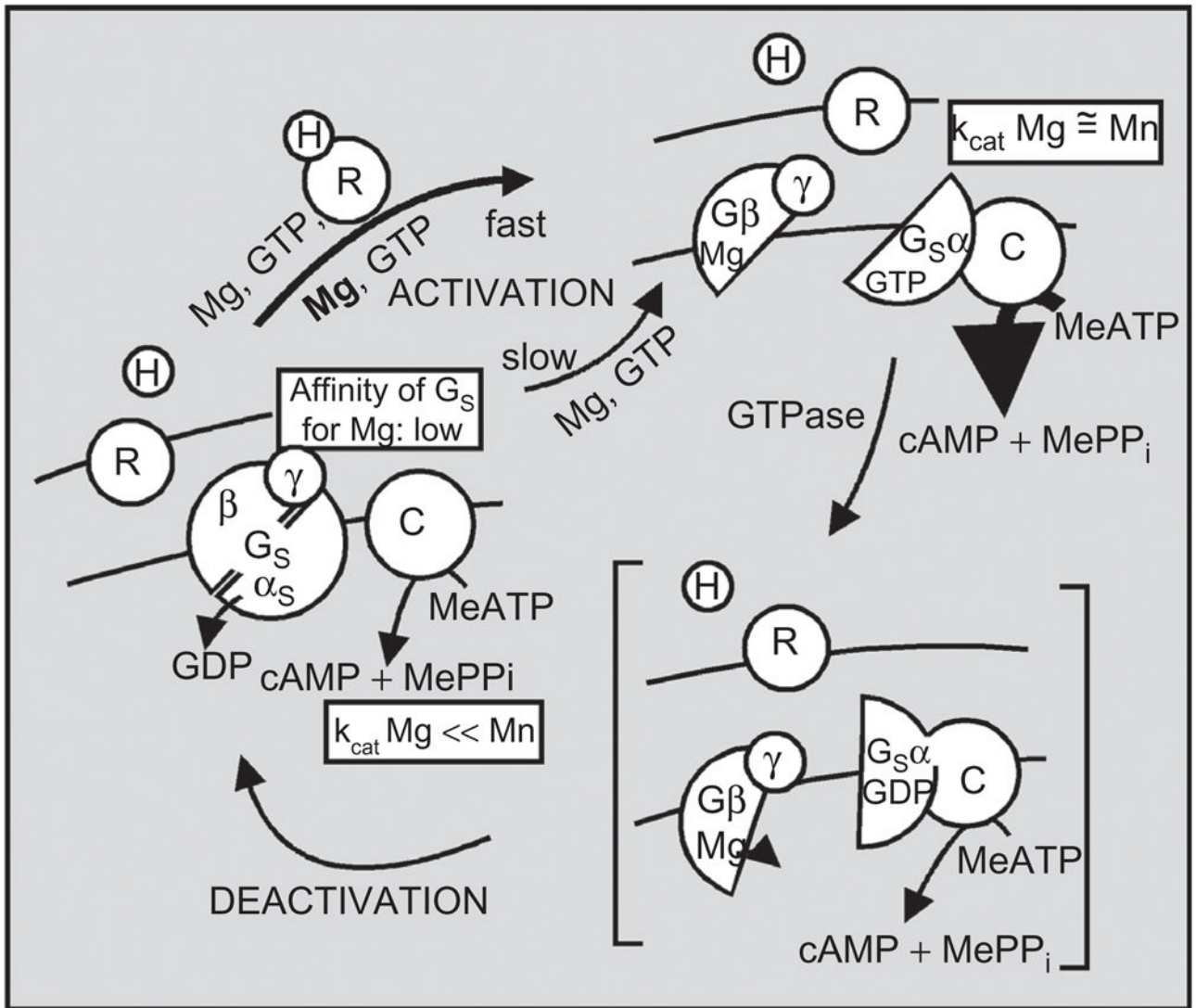
5. Iyengar R, Birbaumer L. Hormone receptor modulates the regulatory component of adenylyl cyclase by reducing its requirement for Mg<sup>2+</sup> and enhancing its extent of activation by guanine nucleotides. *Proc Natl Acad Sci USA*. 1982; 79:5179–5183. [PubMed: 6291028]
6. Raw AS, Coleman DE, Gilman AG, Sprang SR. Structural and biochemical characterization of the GTPgammaS-, GDP. Pi-, and GDP-bound forms of a GTPase-deficient Gly42 → Val mutant of Galpha1. *Biochemistry*. 1997; 36:15660–15669. [PubMed: 9398294]
7. Zurita A, Zhang Y, Pedersen L, Darden T, Birbaumer L. Obligatory role in GTP hydrolysis for the amide carbonyl oxygen of the Mg(2+)-coordinating Thr of regulatory GTPases. *Proc Natl Acad Sci USA*. 2010; 107:9596–9601. [PubMed: 20457940]



**Figure 1.** The complex interrelationship between the effects of changing the concentrations of adenosine triphosphate (ATP) and Mg on adenylyl cyclase activity in the absence and presence of saturating adrenocorticotrophic hormone (ACTH) or 10 mM NaF (A) reveals that hormonal and fluoride stimulation shift the requirement toward lower concentrations without affecting the apparent cooperative nature of the dependence on Mg (B). Adapted from ref. 1.



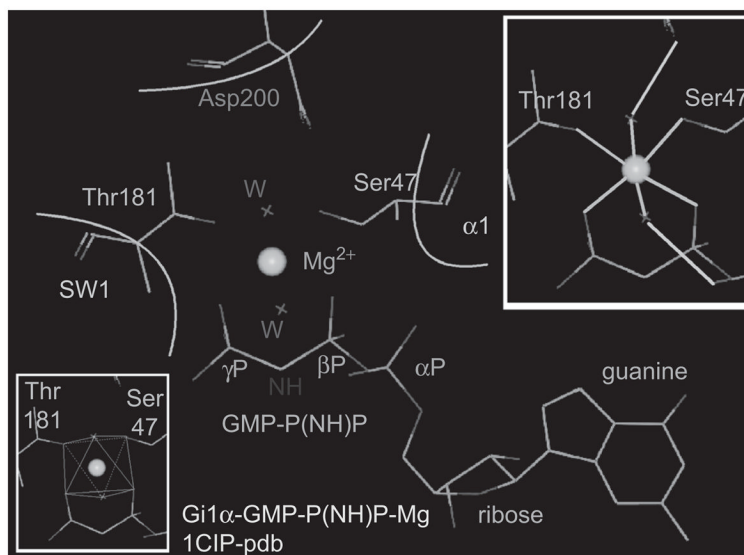
**Figure 2.** The Mg-dependence of the activation of Gs by GTPγS is shifted from the millimolar concentration range to the micromolar concentration range by the liver membrane glucagon receptor. (A) Three-step assay design: 1. adenylyl cyclase in liver membranes is inactivated with N-ethylmaleimide (NEM); 2. Gs in membranes is activated by GTPγS and increasing concentrations of Mg<sup>2+</sup>, in the absence and in the presence of glucagon; 3. the activation status of Gs is assessed by extraction with cholate and reconstitution of Mg-dependent adenylyl cyclase activity in membranes from Gs-deficient “cyc<sup>-</sup>” S49 cells. B. Effect of Mg and glucagon during step 2. Adapted from ref. 5.



**Figure 3.**

1982–1983 model of the signal transduction mechanism mediated by the G<sub>s</sub> G protein by which hormone binding to receptor promotes the activation of the G protein that undergoes a subunit dissociation–reassociation cycle driven by the GTPase resident on the α-subunit of G<sub>s</sub>. Dissociated G<sub>s</sub>-α with Mg–GTP bound to it activates the catalytic unit C of adenylyl cyclase. GTP hydrolysis and reassociation with Gβγ dimer deactivates the transduction system. Receptor is proposed to facilitate the activation of G<sub>s</sub> by GTP by promoting the binding of Mg to a hypothetical site on the dissociating Gβγ dimer. Adapted from ref. 4.

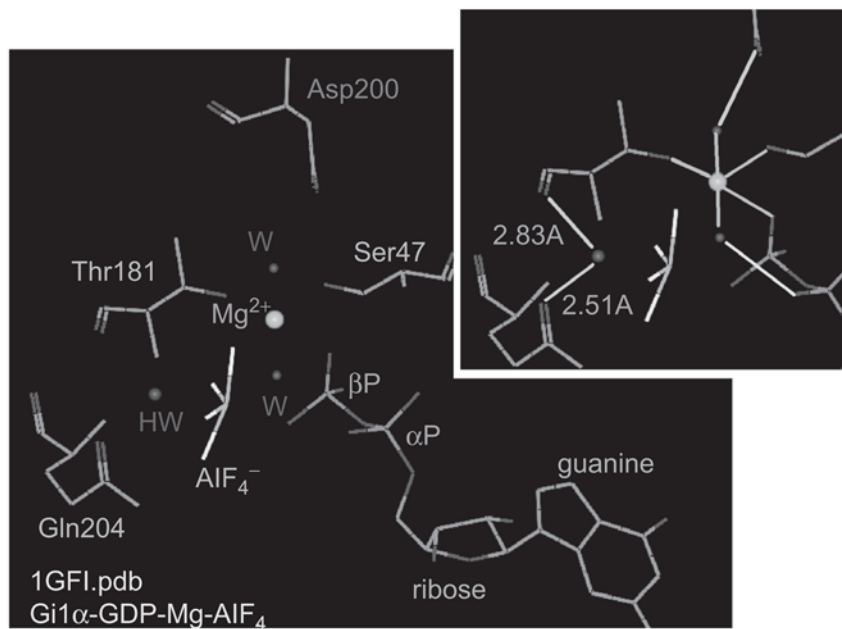




**Figure 4.**

Architecture of the Mg-binding pocket in GTP-Gi1 $\alpha$ . *Upper inset*: green lines: coordination bonds of Mg; light blue lines: hydrogen bonds. Note that electrons of six oxygens coordinate Mg: one from the  $\beta$  phosphate of GTP, one from the  $\gamma$  phosphate of GTP, one from the hydroxyl of Ser47, one from the hydroxyl of Thr181, and two from a for Mg water molecules stabilized by hydrogen bonds to Asp200 and to the  $\alpha$  phosphate of GTP. *Lower Inset*: octahedral coordination cage.





**Figure 5.** Hydrogen bonds to the backbone carbonyl of Thr181 and to the  $\gamma$  amide of Glu204 position the hydrolytic water (HW) to facilitate the nucleophilic attack of the  $\beta\gamma$  phosphodiester bond of GTP as inferred from the transition state on a GDP-Mg-AIF<sub>4</sub>-Gi1 $\alpha$  complex. AIF<sub>4</sub> occupies the place of the  $\gamma$  phosphate of GTP. *Inset:* green lines, coordination bonds to Mg; light blue lines, hydrogen bonds; light blue numbers: atomic distances in Angstroms.

**Table 1**

Location in the GTPase fold and amino residue number of amino acids involved in coordination of Mg bound to GTP–GTPase complexes and in regulating GTPase activity

	Ser	Thr	Asp	Gln
Location	$\alpha 1$	SWI	SWII	SWII
Gi1 $\alpha$	47	181	200	204
Gs $\alpha$ (394)	54	204	223	227
Gt $\alpha$	43	177	196	200
H-ras	17	35	57	61
RAC1	17*	35	57	61
RhoA	19*	37	59	63
Rab3a	36*	54	77	81

Thr instead of Ser.