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## **Approaches to Teaching in Kinesiology: KINE 2640 Lesson Plan Outline and Teaching Rubric**

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## Student Teaching: Second Teaching Rubric

<p style="text-align: center;"><b><u>Detailed Lesson Plan</u></b></p> <p>Every component of the lesson plan (that was asked for) was completed and written in detail</p>	24 points
<p><b><u>Teacher Assessment – see below</u></b></p>	36 points

### PEER TEACHING OBSERVATION-INSTRUCTOR ASSESSMENT

<p><b>Rating Scale</b>          3 Above average, very well done          2 Moderate to Competent, good level          1 Needs improvement</p> <p>TOTAL: 36 Points</p>	<p>Date: _____          Instructor(s): _____          Teaching Grade Level: _____          Activities: _____</p> <p style="text-align: right;">Evaluator: Dr. Gentry</p>
<b>Personal Qualities</b>	<b>Comments</b>
<input type="checkbox"/> 1. Poise, confidence, self-control	
<input type="checkbox"/> 2. Enthusiasm, energy	
<b>Teaching Skills and Classroom Management</b>	<b>Comments</b>
<input type="checkbox"/> 3. Facilities and equipment prepared	
<input type="checkbox"/> 4. Safety precautions: taught and observed	
<input type="checkbox"/> 5. Effective use of time: verbal and movement	
<input type="checkbox"/> 6. Efficient movement of students, use of space	
<b>Communication Skills: Rapport with Students</b>	<b>Comments</b>
<input type="checkbox"/> 7. Conveys ideas clearly and effectively	
<input type="checkbox"/> 8. Interacts with students in appropriate manner (feedback)	
<b>The Lesson</b>	<b>Comments</b>
<input type="checkbox"/> 9. Shows good planning, preparation	
<input type="checkbox"/> 10. Teaching methods appropriate to content	
<input type="checkbox"/> 11. Adapts, adjusts to students' abilities	
<input type="checkbox"/> 12. Provides for maximum participation	
<p><u>What you did well:</u></p>   	
<p><u>Considerations for future lessons:</u></p>   	

## Lesson Plan Template

Name:

**Grade Taught:**

**Unit/Lesson: (Which Sport?/What is the focus of your lesson?– ex. punting, route running, etc.)**

**Equipment needed: (Assume equipment for 35 students, overestimate. Include balls, cones, etc.)**

**Student Objectives and Standards: (You need to include at least a psychomotor objective. Please challenge yourself to include a cognitive or affective/social objective as well BUT this is not required. Add a 2. if you use more than one objective)**

1. California Overarching Standard:

California Model Content Standard:

Objective: Students will...

**NOTE: You can list more than one Overarching Standard, Model Content Standard, and Objective**  
**CHECK AREA FOR SAFETY!**

**ASAP:**

Time (minutes)	Activity Description	Safety
Roughly 3-5 minutes (In a 30 minute lesson)	<p data-bbox="228 1150 1078 1255">Please list exercises that you will use for a warm-up. These should be related to what the students will be doing in the lesson. (Ex. Arm circles, high knees, etc.)</p> <ul data-bbox="277 1367 561 1436" style="list-style-type: none"><li>- Diagram of ASAP Provide a diagram</li></ul>	List safety

**Activities: (Note: all activities should match your objectives.)**

<b><u>Time</u></b> (minutes)	<b><u>First Activity</u></b>	<b><u>Safety</u></b>
???	<p>(Describe the activity and management strategies in detail below. Detailed enough that a substitute teacher could teach the lesson. NOTE: This might be a review of skills before a modified or lead-up game. If you are “having” students do any review activities (ex. practicing throwing) include them here. If not, then this would be where you would include your modified or lead-up game.)</p> <ul style="list-style-type: none"><li>- Diagram of First Activity</li> <li>- Demonstrations (who will demonstrate, when will the demonstration occur, what will be demonstrated?)</li> <li>- Cues to Use (3 or 4 words to describe the focus of the objective)</li> <li>- Check for understanding (how will you know that the students understand?)</li> <li>- Progression or Refinement (Provide at least one)</li></ul>	(Consider what you need to remind your students, what to watch for in the environment)

<u>Time</u> (minutes)	<u>Second Activity</u> (If Needed! If not, delete this Second Activity Section)	<u>Safety</u> (Consider what you need to remind your students, what to watch for in the environment)
???	<ul style="list-style-type: none"> <li>- Diagram of Second Activity</li> <li>- Demonstrations (who will demonstrate, when will the demonstration occur, what will be demonstrated?)</li> <li>- Cues to Use (3 or 4 words to describe the focus of the objective)</li> <li>- Check for understanding (how will you know that the students understand?)</li> <li>- Progression or Refinement (Provide at least one)</li> </ul>	

**Closure**

Summary of what was learned. How is it all relevant? What questions might be asked to review the lesson's material? Let them know where they are headed next.

**References (if any)**