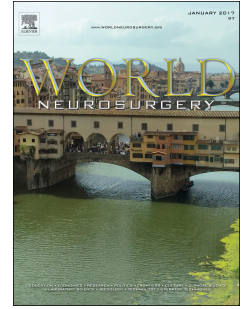


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Bypass Surgery for Complex Internal Carotid Artery Aneurysms: 39 Consecutive Patients

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1 **Bypass Surgery for Complex Internal Carotid Artery**
2 **Aneurysms: 39 Consecutive Patients**

3

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19

20 **Key Words**

21 Complex aneurysm, Intracranial aneurysm, Bypass, ELANA, Cranial nerve dysfunction

22

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38

ACCEPTED MANUSCRIPT

1 **Abstract**

2 **Objective**

3 Bypass surgery is a special technique used to treat complex ICA aneurysms. The aim of this
4 retrospective study is to provide a comprehensive description of treatment and outcome of
5 complex ICA aneurysms at different ICA segments (cavernous, supraclinoid, ICA
6 bifurcation) treated with bypass procedures.

7 **Methods**

8 We identified 39 consecutive patients with 41 complex ICA aneurysms that were treated
9 with 44 bypass procedures between 1998 and 2016. We divided the aneurysms into three
10 anatomic subgroups to review our treatment strategy. All the imaging studies and medical
11 records were reviewed for relevant information.

12 **Results**

13 The aneurysm occlusion (n=34, 83%) or flow modification (n=5, 12%) was achieved in 39
14 aneurysms (95%). The long-term bypass patency rate was 68% (n=30). Minor
15 postoperative ischaemia or hemorrhage was commonly seen (n=20, 51%), but large-scale
16 strokes were rare (n=1, 3%). Preoperative dysfunction of extraocular muscles (CN III, IV
17 and VI) showed low to moderate improvement rates (20-50%). Preoperative vision
18 disturbance (CN II) improved seldom (22%). At the latest follow-up (mean; 51 months) 29
19 patients (74%) were independent (mRS \leq 2).

20 **Conclusions**

21 Bypass surgery for complex ICA aneurysms is a feasible treatment method with an
22 acceptable risk profile. Patients should be informed of the uncertainty related to
23 improvement of pre-treatment cranial nerve dysfunctions.

24 **Key Words**

25 Complex aneurysm, Intracranial aneurysm, Bypass, ELANA, Cranial nerve dysfunction
26

27 **Introduction**

28 Complex ICA aneurysms are a heterogenous group of challenging lesions, but as the
29 classification has remained subjective, the incidence of these lesions is not exactly
30 known.^{1,2} It is estimated that complex ICA aneurysms represent less than 1% of all

31 intracranial aneurysms. Many of these aneurysms are giant (≥ 25 mm) in size,^{3,4} or fusiform
32 in nature. The typical presenting symptoms of these lesions are cranial nerve dysfunctions
33 (CND) or thromboembolic symptoms.⁵⁻⁸

34

35 The treatment of complex ICA aneurysms has to be tailored on case-by-case basis. Direct
36 obliteration is seldom possible. More complex solutions such as proximal occlusion or
37 trapping and the use of cerebrovascular bypasses are often necessary. Only in the recent
38 years have flow diverters emerged as an endovascular treatment option for these lesions.
39 Despite the technical development in the endovascular field, cerebrovascular bypass
40 procedures still remain an important technique for treating some of the complex
41 aneurysms.^{9,10} Bypasses combined with arterial occlusions can also serve as salvage option
42 when all other treatment modalities have failed.^{10,11}

43

44 The series published on complex ICA aneurysms treated with bypasses are usually small
45 and focus mainly on technical nuances, but a more general analysis of the treatment
46 strategy is often lacking.^{6,8,20,12-19} We present a single-center series of 39 consecutive
47 patients with 41 complex or giant ICA aneurysms treated with 44 bypass procedures during
48 1998 - 2016. The aim of this study is to analyze bypass treatment and outcome for the ICA
49 aneurysms at three separate anatomical segments (cavernous ICA, supraclinoid ICA and
50 ICA bifurcation). In addition to aneurysm obliteration rate, the outcome analysis focuses on
51 occurrence of ischaemic or hemorrhagic lesions and improvement of CNDs.

52

53 **Methods**

54 **Patients and aneurysms**

55 Data were retrieved from the Helsinki Bypass database, which includes all the patients
56 treated with bypass procedures at the Department of Neurosurgery at Helsinki University
57 Hospital (HUS) after 1998. We identified 39 consecutive patients with 41 complex ICA
58 aneurysms treated with 44 bypass procedures between 1998 and 2016.

59

60 We divided the ICA aneurysms into three groups for the analysis: (i) cavernous segment
61 ICA (ICAcav), (ii) supraclinoid and pre-bifurcation ICA (ICAsup), and (iii) ICA

62 bifurcation (ICAbif). Treatment strategies and bypass options for each of these three
63 segments differ due to the restraints given by the vascular anatomy.

64

65 **Radiological data**

66 Digital radiological images were recalled from the hospital's central digital archiving
67 system (PACS; Agfa, Impax), launched in 1998. Imaging data were available for all the
68 patients. Multiple imaging modalities were used in overlapping combinations. All patients
69 had the preoperative digital subtraction angiography (DSA) study. Balloon test occlusion
70 (BTO) was used to assess the arterial collateral blood flow in 25 (64%) cases. Altogether 26
71 patients (67%) had a preoperative computed tomography angiography (CTA) scan and 35
72 patients (90%) had a magnetic resonance imaging (MRI) scan. Additional CT perfusion or
73 MRI perfusion studies were done in eight cases (21%). In all of the 41 aneurysms, the
74 different imaging combinations ultimately led to a conclusion that a bypass procedure was
75 indicated to treat the aneurysms.

76

77 **Radiological assessment**

78 The ICA aneurysms and their respective segments were identified from the radiological
79 studies. Saccular aneurysms were measured for their largest diameter and fusiform
80 aneurysms for the length of the affected artery segment. Arteries branching from the
81 aneurysm wall, intraluminal thrombosis and wall calcifications were noted. The treatment
82 strategy, its execution, patency of the bypass and aneurysm occlusion were reviewed from
83 the patient records and the imaging studies.

84

85 **Patient characteristics**

86 During the 19 years, 39 patients with 41 ICA aneurysms were treated with 44 bypass
87 procedures including three redo surgeries. Most patients were Finnish (n = 35, 90%) and 21
88 patients (54%) were female. The mean patient age at the time of surgery was 50 years. The
89 baseline characteristics of the study population are presented in **Table 1**.

90

91 A majority of the patients were preoperatively independent (modified Rankin Scale
92 [mRS] score ≤ 2 ; n=31, 79%). Two-thirds of the patients (n=26; 67%) had symptoms of

93 mass effect as the main presenting symptom (i.e. cranial nerve dysfunction [CND]). About
94 two-thirds of the aneurysms were giant (>25 mm) in size (n=26, 63%). Two patients had
95 bilateral ICA aneurysms. Ten patients (26%) had previous history of treatment for their
96 ICA aneurysm.

97

98 **Use of bypass in aneurysms**

99 Between 1998-2016, a total of 255 intracranial bypass operations were performed at our
100 department. Almost half of these surgeries (n=124, 49%) were done for aneurysms.
101 Complex ICA aneurysms represented 16% of the total case volume (n=41). The bypass
102 technique evolved over the study period, which also affected our treatment decisions. Of
103 the 255 bypasses, 224 (88%) were done using conventional techniques and 31 (12%) with
104 the Excimer Laser-Assisted Non-occlusive Anastomosis (ELANA) technique. The ELANA
105 technique was used during the years 2003-2010. The main reason for abandoning the
106 ELANA technique later on was its complexity and unpredictability, while at the same time
107 we had become more proficient and technically capable with the conventional bypasses.
108 The graft and recipient selection in ICA bypass surgeries varied based on the technique
109 used.

110

111 **Outcome**

112 The patency of the bypass and the obliteration of the target aneurysm were evaluated from
113 the postoperative images. We were also interested in the postoperative ischaemic and
114 hemorrhagic complications and later improvement of CNDs. The outcome was defined
115 using the modified Rankin Scale (mRS) as good (≤ 2) and as poor (3-5); scores were
116 assessed at discharge and at the latest follow-up visit.

117

118 **Statistical methods**

119

120 Commercial statistical software (IBM SPSS Statistics, version 25.0.0) was used to manage
121 the data. The tools used were for descriptive and statistical analysis.

122

123 The Helsinki Cerebral Bypass database has the approval of the Ethics Committee of the
124 Helsinki University Hospital (HUS).

125

126 **Results**

127 **Treatment**

128 *Cavernous ICA aneurysms*

129 There were 22 patients with 23 cavernous ICA (ICAcav) aneurysms including one patient
130 with bilateral mirror aneurysms [**Figure 1; Figure 2A**]. Pre-treatment CNDs were seen in
131 20 patients (86%). One aneurysm was considered as acutely ruptured [epistaxes; no. 8]. The
132 mean aneurysm size was 26 mm (range 12-37 mm). Characteristics of these cases are
133 presented in **Table 2**.

134

135 The 22 patients underwent 25 bypass procedures (one bilateral case, two redo surgeries).
136 The most frequent aneurysm treatment strategy was an EC-IC bypass followed by
137 peroperative, proximal parent artery occlusion (PAO; n=20, 87%). Of the 23 aneurysms, 14
138 (61%) were treated with the ELANA technique.

139

140 During the early postoperative period (≤ 7 days), eight patients (36%) developed radiologic
141 ischaemic lesions in varying combinations. Six of them (27%) were symptomatic. Small
142 contusions due to retraction or manipulation around the anastomosis were seen in five cases
143 (23%). On angiography, early bypass occlusion was detected in eight cases (32%; one redo)
144 of which six cases were concurrent with ischaemic lesions. Only one bypass occlusion led
145 to an extensive hemispheric infarct and resulted in a fatality [no. 18].

146

147 The latest angiography showed a total occlusion of 21 aneurysms (91%). Late occlusion of
148 the bypass was seen in four patients (18%) without complications.

149

150 *Supraclinoid ICA aneurysms*

151 Supraclinoid ICA (ICAsup) aneurysm was treated in 12 patients. Of the branching arteries,
152 the Pcom most frequently originated from the aneurysm dome (n=5) [**Figure 1; Figure**

153 **2B]**. Two-thirds of these patients (n=8, 66%) presented with CNDs. The mean aneurysm
154 size was 26 mm (range 2-79 mm). Characteristics of these cases are presented in **Table 3**.

155

156 The 12 patients underwent 13 bypass procedures (one redo surgery). The most frequent
157 aneurysm treatment strategy was an EC-IC bypass followed by peroperative proximal PAO
158 (n=7, 58%). In two cases the aneurysm had been previously treated elsewhere only with
159 proximal ICA occlusion, and the remaining retrograde filling through the Pcom was then
160 occluded by endovascular means [no. 23 and 26]. In one case, the bypass served only as a
161 protective bypass during the successful direct clipping of the aneurysm [no. 31]. Of the 12
162 aneurysms, only two (17%) were treated with the ELANA technique.

163

164 During the early postoperative period (≤ 7 days), half of the patients (n=6) developed new
165 radiologic ischaemic lesions, of which four (33%) were symptomatic. Small contusions due
166 to manipulation were seen in two cases (17%). On angiography, all but one intraoperatively
167 occluded bypass were patent (92%).

168

169 The latest angiography showed total obliteration of ten aneurysms (83%). One foreign
170 patient had follow-up elsewhere [no. 25]. The bypass had silently occluded in one case at
171 the latest follow-up with no clinical consequences [no. 32].

172

173 *ICA-bifurcation aneurysms*

174 There were five patients with six ICA aneurysms affecting the ICA bifurcation (ICAbif)
175 region including one patient with bilateral mirror aneurysms. In all of these aneurysms, the
176 proximal M1 and A1 branches originated from the aneurysm dome [**Figure 1; Figure 2C**].
177 Aneurysm mass effect caused CNDs in three cases (60%). All of the aneurysms were giant
178 (≥ 25 mm) with the mean diameter of 40 mm (range 25-70 mm). Characteristics of these
179 cases are presented in **Table 4**.

180

181 The five patients underwent six bypass procedures (one bilateral case). The conventional
182 EC-IC bypasses were followed by various strategies to treat the aneurysm (trapping, n=2;

183 clip reconstruction, n=1; proximal occlusion, n=1; Crutchfield apparatuses for bilateral
184 aneurysms).

185

186 During the early postoperative period (≤ 7 days), three patients (50%) developed
187 symptomatic perforator ischaemia. Additionally, in one of these three cases, the proximal
188 ICA balloon occlusion induced thrombosis of the Pcom proximal to the aneurysm, and
189 subsequent ischaemia mainly in the posterior cerebral artery (PCA) region [no. 38]. None
190 of the patients had manipulation-related contusions. All the bypasses were patent on
191 angiograms.

192

193 At the latest follow-up, the treated aneurysm was occluded in three cases (50%). Small
194 remaining aneurysmatic pouches were seen in the case of remodeled aneurysm [no. 35]. In
195 the case of bilateral aneurysms, one Crutchfield apparatus was left partly open as a
196 protective measure [no. 39]. The long-term bypass status remained the same.

197

198 **Ischaemic complications**

199 New postoperative radiologic ischaemic lesions were seen in 17 patients (43%), of which
200 13 patients (33%) were symptomatic. The frequencies of these complications were higher
201 in the intradural subgroups (ICAcav [n=8, 36%]; ICAsup [n=6, 50%]; ICAbif [n=3, 50%]).
202 The ratio of perforator and main trunk ischaemia varied according to aneurysm location
203 (ICAcav, 3:6; ICAsup, 3:4; ICAbif, 3:1). The most common specific location for ischaemic
204 lesions was the capsular region (n=8). Only six cases (15%) had concurrently deep and
205 superficial ischaemia, and three cases (8%) had concurrent contusions.

206

207 The bypass was thrombosed in most of the ICAcav aneurysm cases with postoperative
208 ischaemia (n=6, 75%). However, in most of these patients (n=5) the ischaemic lesions were
209 limited. There was only one patient with full hemispheric infarct. Unlike in the ICAcav
210 cases, the bypass was patent in all of the ICAsup and ICAbif patients with postoperative
211 ischaemic findings.

212

213 Antiplatelet medication (acetylsalicylic acid [ASA]; 100 mg daily) was used in 36 patients
214 (92%) postoperatively. All of the patients with new ischaemic complications were on
215 antiplatelet therapy, and postoperative low-molecular-weight heparin (LMWH) was used in
216 combination with ASA in eight cases (47%). This combined medication was used also in
217 four of the occluded ICACav bypass cases (50%).

218

219 **Hemorrhagic complications**

220 Post-operative extra-axial hemorrhage requiring surgical removal was seen in three cases
221 (7%); epidural (n=2) or subdural (n=1). All three patients had different regimes for
222 perioperative use of antithrombotics [no. 15, 18 and 27]. Manipulation-, or retraction-
223 related contusions were seen in seven patients (18%). The contusions alone caused the
224 postoperative symptoms in two cases, concurrently with ischaemia in three cases, and two
225 other cases had only radiologic findings. All the contusions were associated with deeper
226 anastomosis sites, and often with the ELANA technique (n=6, 86%). Perioperative heparin
227 use had some overrepresentation in cases with contusions (n=4, 57%) when compared to
228 the other cases of the series (n=6, 18%). There were no intraparenchymal or subarachnoid
229 hemorrhages requiring intervention.

230

231 **Cranial nerve dysfunctions**

232 A total of 29 patients (74%) had dysfunction of at least one cranial nerve as a presenting
233 symptom. Most common was the CN VI dysfunction (n=15, 38%). Combined preoperative
234 CNDs were associated only with the ICACav aneurysms (n=6, 15%). Additionally, nine
235 patients (23%; two cases preoperatively asymptomatic) developed a new postoperative
236 CND, which was most frequently CN III weakness (n=6, 67%). During follow-up, eight
237 patients (26 %; including two cases of only postoperative CND) had full and seven patients
238 (23%) had partial improvement of their CNDs. More specifically, CN IV-VI functions
239 improved most frequently among the presenting symptoms (correspondingly 1/2, 2/5 and
240 6/15; 40-50%) and CN III function among the complications (5/6; 83%). On the other hand,
241 preoperative visual disturbance (CN II) or CN III dysfunction showed improvement only
242 infrequently (correspondingly 2/9 and 2/10; 22-25%). Strabismus surgery corrected two
243 additional cases of CN VI weakness (13%).

244

245 Clinical outcome

246 The mean follow-up time was 51 months (median 29; range 0 – 201; 0 being for three
247 foreign patients and for two cases of death [one case fatality; one death was intoxication not
248 related to aneurysm disease or treatment]). At discharge, 17 patients (44%) had worse mRS
249 score than preoperatively, and of these, 11 patients (28%) dropped from good (≤ 2) to poor
250 (≥ 3) mRS score group. However, between discharge and the latest follow-up, 20 patients
251 (51%) improved on the mRS scale while the scores of 9 patients (23%) rose from poor to
252 good mRS score group mostly balancing the initial drop [Figure 3]. Of the patients with
253 poor preoperative score (n=8, 21%), only two patients (5%) recovered into good score
254 group. The mRS score distribution at the latest follow-up was as follows; ≤ 2 (n=29, 74%),
255 3-5 (n=9, 23%), and 6 (n=1, 3% case fatality rate). Expectedly, all four patients (10%) who
256 deteriorated permanently into the poor mRS score group were cases with postoperative
257 ischaemic lesions or contusions. The case scores of different subgroups on modified
258 Ranking Scale (mRS) are presented in Table 5.

259

260 Discussion

261 Bypass procedures are an acknowledged strategy to treat complex intracranial
262 aneurysms.^{9,21,22} Fewer studies have focused only on complex ICA aneurysms.^{8,12,13,16,20,23}
263 It is difficult to obtain large series of complex ICA aneurysms due to their rarity and
264 heterogenous nature. In our series, emphasis was on different segmental subgroups
265 (ICAcav; ICAsup; ICAbif) and their relation to treatment strategy.

266

267 Aneurysm occlusion strategy

268 Aneurysm occlusion rates of 91-100% have been reported previously for complex ICA
269 aneurysms treated with bypass procedures, but variable patient selection or study focus
270 (specific treatment method, combination of aneurysm locations, or the symptoms and
271 related improvement) makes comparison between the series difficult.^{6,8,9,13,20,21} In our
272 series, the latest angiography showed that 83% of aneurysms were occluded (one case was
273 lost to follow-up elsewhere). However, the goal of flow reversal or flow modification was
274 achieved in 95%.

275

276 For ICAcav aneurysms the obliteration strategy with PAO alone is straightforward as no
277 major outflow branches or terminal arteries originate from this segment. Aneurysm
278 occlusion rates of up to 100% have been reported for endovascular PAO without any
279 revascularization.^{24,25} In our series, ICAcav aneurysm occlusion rate of 91% (n=21) was
280 ultimately achieved. We did the PAO immediately after intraoperative confirmation of the
281 bypass patency, and often chose endovascular PAO if the STA was used as donor artery.

282

283 For ICAsup aneurysms, there is more uncertainty in achieving aneurysm occlusion with
284 simple proximal PAO as the branching arteries (OphtA, Pcom) may retrogradely fill the
285 aneurysm, or even one another [**Figure 1**]. We generally choose to keep these branching
286 arteries intact to avoid ischaemic complications. If Pcom occlusion is needed, exact surgical
287 clip ligation rather than endovascular occlusion of a longer artery segment is probably safer
288 strategy to keep perforators intact. Small superior hypophyseal artery (SHA) divisions are
289 relatively safe to sacrifice in a unilateral procedure,²⁶ and have no major role in our
290 occlusion strategy planning. Distally, perfusion of the AChA has to be maintained if
291 trapping is planned. We achieved an aneurysm occlusion rate of 83% (n=10) in ICAsup
292 aneurysms of which the majority were treated with PAO (n=6). Due to flow pattern
293 disruption, the postoperative, intra-aneurysmal residual flow seemed to be weak enough to
294 ultimately lead to total thrombosis in most cases.

295

296 Complex ICAbif aneurysms turned out to be the most heterogenous group in our series. For
297 these aneurysms no general rule of occlusion strategy can be given. For proximal occlusion,
298 one has to consider the same principles as with ICAsup aneurysms. It is essential to protect
299 the AChA and lenticulostriatal perforators, which may be embedded in the aneurysm.
300 Concerning the aneurysm outflows at main trunks, perfusion through the Acom may allow
301 the occlusion of the ipsilateral A1, but the origin of artery of Heubner should be protected.
302 Intraluminal aneurysm thrombosis may change the regional flow circumstances and lead to
303 substantial perfusion through external carotid artery (ECA) collaterals. In our series, the
304 aneurysm trapping was possible in two cases. If trapping is not possible, PAO and flow
305 reversal may be a sufficient strategy to trigger aneurysm thrombosis, or change the flow

306 patterns into a more benign one. In aneurysms having multiple outflow branches along the
307 intradural ICA, remodeling and compartmentalization of perfusion with the help of
308 revascularization is a demanding strategy, and it highly depends on the aneurysm
309 morphology. Flow disruption, rather than aneurysm isolation, is often an adequate
310 treatment goal in bilateral ICAbif aneurysms, and is a tradeoff to avoid surgical
311 complications. Disruption may be achieved with partial aneurysm occlusion, or with
312 aneurysm inflow reduction. We do not routinely use electrophysiologic neuromonitoring,
313 but even awake procedures²⁷ may give extra control for the outcome when dealing with the
314 most critical lesions.

315

316 **Bypass patency**

317 The cumulative bypass patency rate at the latest follow-up was 68% (n=30). This is
318 relatively low when compared to previous studies showing patency rates from 73-77%
319 (saphenous vein graft [SVG], ELANA) up to 98% (arterial pedicle).^{8,9,13,21,28-31} However,
320 clinically relevant strokes were rare in our series.

321

322 As observed previously by others^{28,29}, majority of the bypass occlusions (n=9, 64%; all
323 SVGs) occurred during the first postoperative week. Only some (n=6, 43%) of the early
324 bypass occlusions resulted in ischaemic complications. This would indicate that despite the
325 negative preoperative BTO, there must have been substantial collateral flow.

326

327 The long-term patency rate has been reported to be up to 99% for arterial pedicles and
328 SVGs.²⁸ In our series, four bypasses (9%; SVGs) occluded as collateral perfusion had
329 developed and bypass flow became unnecessary. Categorically, long-term bypass
330 occlusions do not usually result in new ischaemic complications.^{29,31}

331

332 **Ischaemic complications**

333 One-third (n=13) of the patients in our series had symptomatic ischaemic complications.
334 The higher occurrence rate of ischaemic complications with intradural aneurysm cases
335 (50%) when compared to ICAcav subgroup (37%) was likely related to the presence of
336 branching arteries. In previous reports, the rate of ischaemic complications were reported

337 between 0-13%, but patient selection and reporting vary.^{6,8,13,20} Only one full hemispheric
338 infarction was diagnosed after early bypass occlusion. In all other cases, the lesions were
339 more limited regardless of the bypass status, and were mostly thromboembolic or local
340 watershed-type of infarctions.

341

342 Ischaemic lesions do not automatically mean poor prognosis. In our series, six symptomatic
343 patients (46%) did not show functional decline during long-term follow-up. Only four out
344 of the 13 patients (30%) with ischaemic lesions ended up with poor mRS score.

345

346 **Hemorrhagic complications**

347 Extra-axial hemorrhagic complications requiring surgical removal were diagnosed only
348 infrequently (n=3, 7%) as seen in previous studies (4-10%)^{8,9,13}. We did see small
349 contusions/hemorrhagic complications in seven patients (18%). These were associated with
350 the ELANA technique, which required longer surgery, static retraction³² and frequent
351 heparinization. Currently, we prefer conventional bypass techniques with more superficial
352 anastomoses which require less brain retraction and manipulation. At present, we use
353 heparinized solution only locally for graft and recipient irrigation.

354

355 **Cranial nerve dysfunctions**

356 There are only a few reports focusing on CND improvement in patients treated with bypass
357 surgery for ICA aneurysms. In our series, the preoperative vision deficits or
358 ophthalmoplegia were common presenting symptoms (n=29, 74%) and only 45% of these
359 patients (n=13) experienced improvement. Motor nerves of the extraocular muscles (CN
360 III, IV and VI) showed low to moderate improvement rates during the follow-up (20-50%),
361 whereas vision disturbance (CN II) improved only seldom (22%). Several other studies
362 have reported improvement rates of 30-85%.^{6,8,13}

363

364 **Outcome**

365 When treating complex aneurysms with bypass procedures, the rate of good functional
366 outcome has been reported to vary between 79-100%.^{8,9,13,21} We saw good functional
367 outcome (mRS ≤ 2) in 74% of our patients at the latest follow-up (mean of four years).

368 Patient selection strongly affects these results so direct comparison between the different
369 series is not possible. Many patients experience postoperative functional decline, but most
370 of them seem to recover to their initial functional status later on. Patients with poor
371 preoperative mRS score are unlikely to achieve independency again, which affects the
372 overall outcome. Major ischaemic complications carry the highest risk for functional
373 decline, but at least in our series these were infrequent. The case fatality rate in our series
374 was 3% (n=1) which is similar to some previous reports (0-8%)^{9,13,21}.

375

376 **Future role of bypass in ICA aneurysms**

377 Flow diverters have lately changed the treatment of complex ICA aneurysms, especially for
378 the cavernous segment. It has been estimated that up to 90% of the ICA aneurysms are
379 treatable with flow diverters.³³ However, the likelihood of aneurysm occlusion is reported
380 to be lower in cases of higher complexity and distal location.^{34,35} Thromboembolic events³⁶
381 or ruptures are known complications of flow diverters, and these may occur also late after
382 the treatment. The need for dual antiplatelet therapy makes flow diverters difficult to
383 combine with bypass surgery, and special devices for endovascular ICA bifurcation
384 reconstruction are currently lacking. In our practice, during the last five years, we have
385 nearly stopped bypass surgery for ICACav aneurysms. For the more distal segments, bypass
386 still remains as one of the treatment options. Revascularization offers an extra dimension of
387 flexibility to attack the target aneurysm in cases where flow diverters are considered
388 unsuitable, or they fail. At present, flow diversion and conventional, more superficial
389 bypasses cover our need when treating complex ICA aneurysms.

390

391 **Conclusions**

392 Bypass surgery of complex ICA aneurysms is a feasible treatment method. The treatment
393 strategy depends on the segmental location of the aneurysm. Major complications leading
394 to long-term functional decline are rare. Preoperative cranial nerve dysfunctions recover
395 only in a minority of the patients. Lately, flow diverters have taken over in many complex
396 ICA aneurysms, but there is still need for bypasses in some special cases. The art of bypass
397 treatment should be maintained in dedicated neurovascular centers.

398

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403

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531

532 **Figure legends**

533 Figure 1. Illustration of the three aneurysm subgroups (n). ACA = anterior cerebral artery;
534 AChA = anterior choroidal artery; ACP = anterior clinoid process; ICAbif = bifurcation of
535 internal carotid artery; ICAcav = cavernous segment of internal carotid artery; ICAsup =
536 supraclinoid segment of internal carotid artery; MCAbif = bifurcation of middle cerebral
537 artery; OphtA = ophthalmic artery; Pcom = posterior communicating artery.

538

539 Figure 2. A: Preoperative antero-posterior DSA image of ICAcav aneurysm [case no. 5] B:
540 Preoperative antero-posterior DSA image of previously treated ICAsup aneurysm [case no.
541 28] C: Preoperative antero-posterior 3D-CTA image of ICAbif aneurysm [case no. 36]. A1
542 = A1 segment of anterior cerebral artery; ICAbif = bifurcation of internal carotid artery;
543 M1 = M1 segment of middle cerebral artery; Pcom = posterior communicating artery.

544

545 Figure 3. Distribution of the modified Rankin Scale score among the 39 patients.

Table 1 Characteristics of the patients (n).

	n (%)	
No. of patients	39	
No. of treated aneurysms	41	
Sex	Female	21 (54%)
	Male	18 (46%)
Age at surgery [yrs]; mean (range)	50 (range 18-74)	
Preoperative modified Rankin Scale score	0 – 2; independent	31 (79%)
	3 – 5; dependent	8 (21%)
Main presenting symptom	Mass effect (e.g. CND)	26 (67%)
	Incidental / co-incident	5 (13%)
	Ischaemia	3 (8%)
	Headache	2 (5%)
	Previous SAH	2 (5%)
	Epistaxis (ruptured aneurysm)	1 (3%)
Aneurysm	ICA cavernous	23 / 41 (56%)
	ICA supraclinoid	12 / 41 (29%)
	ICA bifurcation	6 / 41 (15%)
	Giant aneurysm (≥ 25 mm)	26 / 41 (63%)
	Multiple aneurysms	12 / 39 (31%)
	→ Bilateral ICA aneurysms	2 / 39 (5%)
Previous treatment	For the ICA aneurysm	10 / 39 (26%)
	For other aneurysm	3 / 39 (8%)

CND = cranial nerve dysfunction; SAH = subarachnoid hemorrhage.

Table 2 ICAcav aneurysms treated with bypass surgery.

No	Gender; age	Preop. / late mRS	CND	Side; size (mm); morphology	Calcif. / thromb.	Multiple aneurysms	Previous treatment	Bypass type	Anastomosis	Obliteration	Aneurysm filling postop. / late	Bypass occluded	Postop. radiologic ischaemia / contusions
1	M; 42	1/1	III, V, VI	Left; 32; f	- / -	+	Other	STA – MCA distal	Conv.	Prox./endo.	-	-	-
2	F; 45	1/1	II, III, V	Left; 17; s	- / +	+	+ / Other	ECA – SVG – ICAbif	ELANA	Proximal	Slight / -	-	- / +
3	F; 39	1/0	VI	Left; 23; s	- / -	+	-	ECA – SVG – ICAid	ELANA	Proximal	Slight / -	< 7 days	+ / -
4	M; 18 bilateral	3/3	VI	Left; 27; f	+/+	+	-	ECA – SVG – ICAid	ELANA	Proximal	-	-	-
				Right; 37; f	+/+			ECA – SVG – ICAid	ELANA	Proximal	Slight / Slight	-	-
5*	F; 72 reoperation	1/2	III-VI	Left; 30; s	+ / -	-	-	STA – MCA distal	Conv.	Proximal	+ / -	Intraop.	-
								STA – SVG – M2	Conv.	+ Distal	+ / -	< 7 days	+ / -
6	M; 64 reoperation	2/2	II, III, VI	Right; 25; s	+/+	-	-	STA – MCA distal, x2	Conv.	Distal	+ / -	-	-
								STA – SVG – M2	Conv.	+ Proximal	-	-	
7	F; 70	1/0	-	Right; 32; s	+/+	+	-	STA – MCA distal, x2	Conv.	Prox./endo.	-	-	-
8	M; 57	1/5	-	Right; 30; traum.	- / +	-	+	ECA – SVG – ICAid	ELANA	Proximal	-	Follow-up	- / +
9	F; 45	1/1	VI	Left; 32; s	- / -	-	-	ECA – SVG – ICAid	ELANA	Proximal	-	Follow-up	-
10	F; 56	1/1	VI	Right; 28; s	- / +	-	-	ECA – SVG – ICAbif	ELANA	Proximal	-	< 7 days	+ / -
11	M; 51	1/1	III, IV, VI	Left; 22; s	- / +	-	-	ECA – SVG – ICAid	ELANA	Proximal	-	-	-
12	F; 55	1/0	-	Right; 23; f	- / -	-	-	STA – M2	Conv.	Prox./endo.	Slight / -	-	-
13	F; 44	1/0	III	Right; 25; s	- / +	-	+	CCA – SVG – MCA distal	Conv.	Prox./endo.	-	Follow-up	-
14	F; 53	1/1	VI	Left; 16; s	+/+	-	-	ECA – SVG – ICAid	ELANA	Trapping	-	-	- / +
15	F; 46	1/1	VI	Right; 28; s	- / -	-	-	ECA – SVG – ICAid	ELANA	Proximal	-	-	+ / -
16	F; 65	1/0	VI	Left; 35; s	- / -	-	-	STA – MCA distal	Conv.	Prox./endo.	-	-	+ / -
17	M; 54	1/1	VI	Left; 17; s	- / -	-	-	ECA – SVG – ICAbif	ELANA	Proximal	-	< 7 days	+ / +
18	M; 71	1/6	II	Left; 23; s	- / +	-	-	ECA – SVG – ICAbif	ELANA	Prox. + endo.	Slight / -	< 7 days	+ / -
19	M; 24	1/0	VI	Right; 32; s	+/+	-	-	STA – MCA distal	Conv.	Distal	-	-	-
20	F; 62	3/3	V, VI	Right; 25; s	+ / -	-	+	ECA – SVG – MCA distal	Conv.	Crutchfield	+ / +	< 7 days	-
21	F; 59	1/2	III	Right; 16; s	- / +	+	-	ECA – SVG – ICAid	ELANA	Proximal	Slight / -	< 7 days	+ / +
22	F; 58	1/1	III	Right; 16; s	- / +	+	-	ECA – SVG – ICAid	ELANA	Proximal	-	Follow-up	-

*Later endovascular proximal occlusion obliterated the aneurysm. CND = cranial nerve dysfunction; ELANA = Excimer Laser-Assisted Non-occlusive Anastomosis; endo. = endovascular occlusion; f = fusiform; ICAbif = bifurcation of internal carotid artery; ICAid = intradural internal carotid artery; mRS = modified Ranking Scale; s = saccular; STA = superficial temporal artery; SVG = saphenous vein graft; traum. = traumatic.

Table 3 ICAsup aneurysms treated with bypass surgery.

	Gender; age	Preop. / late mRS	CND	Side; size (mm); morphology	Calcif. / thromb.	Multiple aneurysms	Previous treatment	Bypass type	Anastomosis	Obliteration	Aneurysm filling postop. / late	Bypass occluded	Postop. radiologic ischaemia / contusions
23 [*]	F; 68	2/3	II	Left; 32; f	+ / +	-	+	STA – MCA distal	Conv.	Pcom/endo.	Slight / -	-	+ / -
24	M; 56	5/5	III	Left; 79; s	+ / +	+	-	STA – MCA distal	Conv.	Proximal	Slight / -	-	-
25 [†]	M; 55	0/1	-	Right; 9; f	- / -	-	-	ECA – SVG – M2	Conv.	Prox./endo.	Slight / Foreign	-	+ / -
26 [*]	F; 61	1/2	III	Left; 25; f	+ / +	+	+	STA – MCA distal	Conv.	Pcom/endo.	-	-	+ / -
27	F; 47	4/3	-	Right; 15; s	- / -	+	Other	ECA – SVG – M1	ELANA	Proximal	Slight / -	-	- / +
28	M; 74	4/4	-	Left; 30; s	+ / +	+	+ / Other	STA – SVG – M2	Conv.	Proximal	Slight / -	-	-
29	F; 30	0/0	-	Right; 17; f	- / -	-	-	STA – MCA distal	Conv.	Prox./endo.	Slight / Slight	-	-
30	F; 52	1/1	V	Left; 40; s	+ / -	-	-	ECA – SVG – M2	Conv.	Trapping	-	-	+ / +
31	F; 29	1/1	II	Left; 19; s	- / -	-	-	STA – M2	Conv.	Clipping	-	-	+ / -
32	M; 25 reoperation	1/1	II	Left; 18; f	- / -	-	+	thyroid A – SVG – M2	ELANA	None	+ / -	Intraop.	-
								ECA – SVG – M2	Conv.	Proximal	-	Follow-up	-
33	M; 24	1/2	VI	Left; 30; f	+ / +	-	-	ECA – SVG – MCA distal	Conv.	Proximal	Slight / -	-	+ / -
34	M; 53	5/2	-	Left; 2; s	- / -	-	+	STA – MCA distal	Conv.	Prox./endo.	-	-	-

^{*}Remaining retrograde filling through the Pcom was occluded with endovascular means. [†]The ELANA arteriotomy failed and bypass was converted to a conventional type. CND = cranial nerve dysfunction; endo. = endovascular occlusion; f = fusiform; mRS = modified Ranking Scale; s = saccular; STA = superficial temporal artery; SVG = saphenous vein graft.

Table 4 ICABif aneurysms treated with bypass surgery.

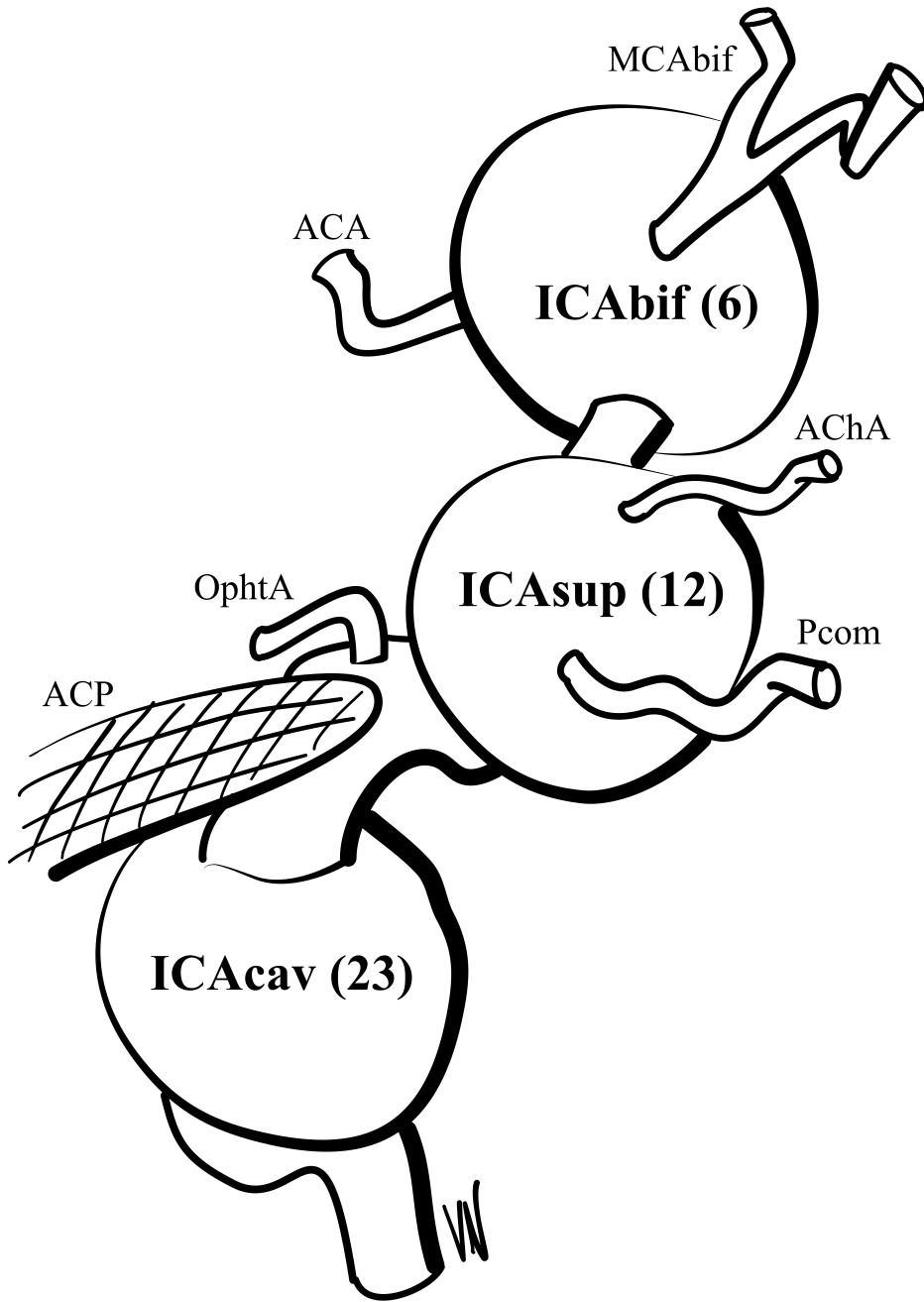
	Gender; age	Preop. /late mRS	CND	Side; size (mm); morphology	Calcif. / thromb.	Multiple aneurysms	Previous treatment	Bypass type	Anastomosis	Obliteration	Aneurysm filling postop. / late	Bypass occluded	Postop. radiologic ischaemia / contusions
35 [*]	F; 65	1/1	II	Right; 38; f	- / -	-	-	ECA – RAG – M2; STA – M3	Conv.	Remodeling	Small residual	-	+ / -
36	M; 18	3/3	-	Right; 25; f	- / -	-	-	STA – MCA distal, x2	Conv.	Trapping	-	-	+ / -
37	M; 14	4/2	-	Right; 70; s	+ / +	-	-	STA – MCA distal, x2	Conv.	Trapping	-	-	-
38 [†]	F; 57	1/4	II	Left; 50; s	+ / +	-	+	STA – MCA distal	Conv.	Proximal	-	-	+ / -
39 [‡]	M; 50 bilateral	1/2	II	Right; 30; f	+ / +	+	-	ECA – SVG – MCA distal	Conv.	Crutchfield	Slight / Slight	-	-
				Left; 30; f	+ / +			STA – SVG – MCA distal	Conv.	Crutchfield	+ / +	-	-

^{*}Aneurysm was remodeled with clips and the bypasses provided perfusion to isolated ACA and MCA regions. [†]Previous unsuccessful treatment with a middle meningeal artery – MCA -bypass in another department. [‡]The left-sided Crutchfield apparatus was purposefully left slightly open to allow diminished arterial flow to the aneurysm and periphery. CND = cranial nerve dysfunction; f = fusiform; mRS = modified Ranking Scale; RAG = radial artery graft; s = saccular; STA = superficial temporal artery; SVG = saphenous vein graft.

Table 5 The outcome scores on the modified Rankin Scale (n).

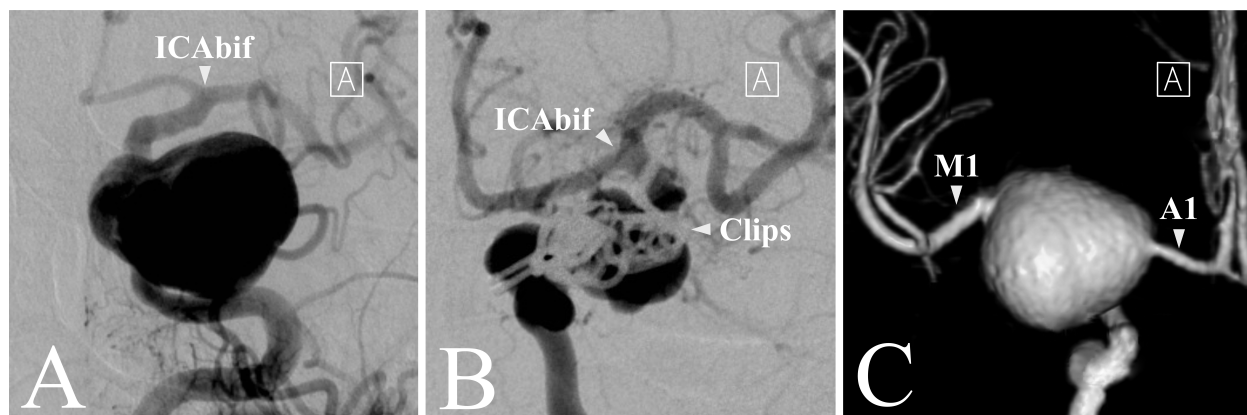
	mRS score	
	0-2	3-5 (6)
ICA_{cav} (22)		
Preoperative	20	2
Latest	18	3 (1)
ICA_{sup} (12)		
Preoperative	8	4
Latest	8	4
ICA_{bif} (5)		
Preoperative	3	2
Latest	3	2
ICA aneurysm treated before (10)		
Preoperative	7	3
Latest	6	4
Postoperative ischaemia or contusions (21)		
Preoperative	19	2
Latest	15	5 (1)
Multiple aneurysms (12)		
Preoperative	8	4
Latest	8	4
Giant aneurysms (24)		
Preoperative	18	6
Latest	16	8

ICA_{bif} = bifurcation of internal carotid artery; ICA_{cav} = cavernous segment of internal carotid artery; ICA_{sup} = supraclinoid segment of internal carotid artery.

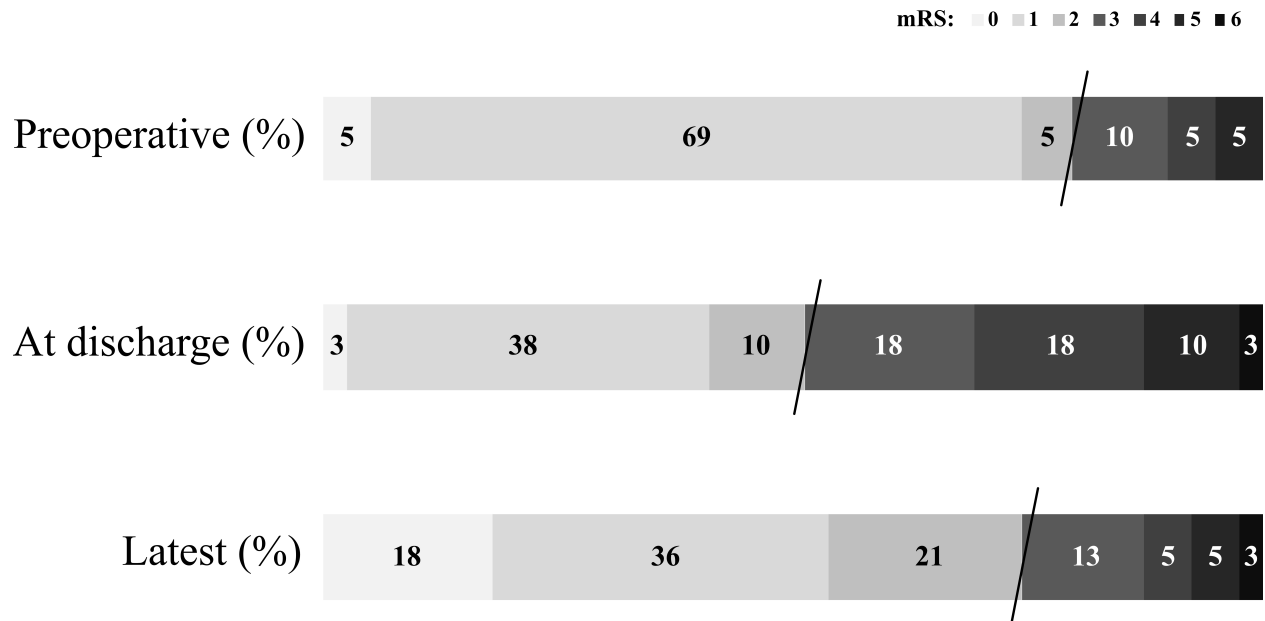


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1 **Abbreviations**

2 A1, A1 segment of anterior cerebral artery; ACA, anterior cerebral artery; AChA, anterior
3 choroidal artery; Acom, anterior communicating artery; ASA, acetylsalicylic acid; BTO,
4 balloon test occlusion; CN, cranial nerve; CND, cranial nerve dysfunction; CT, computed
5 tomography; CTA, computed tomography angiography; DSA, digital subtraction
6 angiography; ECA, external carotid artery; EC-IC, extracranial-intracranial; ELANA,
7 Excimer Laser-Assisted Non-occlusive Anastomosis; HUS, Helsinki University Hospital;
8 ICA, internal carotid artery; ICAbif, bifurcation of internal carotid artery; ICAcav,
9 cavernous segment of internal carotid artery; ICAsup, supraclinoid segment of internal
10 carotid artery; LMWH, low-molecular-weight heparin; M1, M1 segment of middle cerebral
11 artery; MCA, middle cerebral artery; MRI, magnetic resonance imaging; mRS, modified
12 Rankin Scale; OphtA, ophthalmic artery; PACS, Picture Archiving and Communicating
13 System; PAO, parent artery occlusion; PCA, posterior cerebral artery; Pcom, posterior
14 communicating artery; RAG, radial artery graft; SAH, subarachnoid hemorrhage; SHA,
15 superior hypophyseal artery; SVG, saphenous vein graft.

Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: