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Non-cytotoxic carbon nanocapsules synthesized via one-pot filling

and end-closing of multi-walled carbon nanotubes

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### **Abstract**

Filled carbon nanotubes (CNTs) find application in a variety of fields that expand from sensors to supercapacitors going through targeted therapies. Bulk filling of CNTs in general results in samples that contain a large amount of non-encapsulated material external to the CNTs. The presence of external material can dominate the properties of the resulting hybrids and also induce side effects when employed in the biomedical field. Unless the encapsulated payloads have a strong interaction with the inner CNT walls, an additional step is required to block the ends of the CNTs thus allowing the selective removal of the non-encapsulated compounds while preserving the inner cargo. Herein we present a fast, easy and versatile approach that allows both filling (NaI, KI, BaI<sub>2</sub>, GdCl<sub>3</sub> and SmCl<sub>3</sub>) and end-closing of multi-walled CNTs in a single-step, forming "carbon nanocapsules". Remarkably the encapsulation of GdCl<sub>3</sub> and SmCl<sub>3</sub> leads to the formation of tubular van der Waals heterostructures. The prepared nanocapsules are efficiently internalized by cells without inducing cytotoxicity, thus presenting a safe tool for the delivery of therapeutic and dianostic agents to cells. The synergies of novel carbon and inorganic hybrid materials can be explored using the present approach.

#### 1. Introduction

The remarkable physical properties of carbon nanotubes (CNTs) have led to much interest in their application in many diverse directions.[1-3] ENREF 1 The presence of an inner cavity further expands the versatility of these nanomaterials allowing both their endohedral and exohedral modification. There are many examples in which the cavity of CNTs has been filled with a variety of organic and inorganic compounds, which can lead to the formation of unprecedented structures.[4-7] <u>ENREF 5</u>The properties of the confined materials can greatly differ from those of the same material in the bulk. [4, 7, 8] ENREF 4 In turn, the presence of a host in the interior of CNTs allows tuning the electronic, optical and mechanical properties of the CNTs themselves.[9, 10] Filled carbon nanotubes are for instance of interest for developing sensors,[11] supercapacitors and electrode materials for lithium ion batteries.[12] The hollow cavity of CNTs can be also employed to perform reactions at the nanoscale thus allowing the synthesis of structures in a controlled manner. [4, 9, 13, 14] Due to the technological interest of 2D materials,[15, 16] individual layers of van der Waals solids have been synthesized by either performing chemical reactions in the cavities of CNTs, such as graphene[13, 14] and metal disulfide (MoS<sub>2</sub>, WS<sub>2</sub>) nanoribbons [17, 18] or by direct filling, resulting in the formation of tubular van der Waals structures.[5, 7, 19, 20]

ENREF\_10Among the large variety of materials that can be filled in the interior of CNTs, the encapsulation of biomedically relevant payloads has taken a great deal of attention. CNTs have been advocated as promising materials for the targeted delivery of imaging and therapeutic agents.[21-24] In this context, the carbon shell offers protection to the encapsulated cargo from the biological milieu while the external CNT walls remain available for the attachment of selected biomolecules, allowing an increase in the biocompatibility and selectivity of the

material. Also in the biomedical field, CNTs filled with gadolinium have for instance been employed to magnetically enhance stem cell retention for cellular cardiomyoplasty[25] and for the development of multifunctional scaffolds.[26] Just from these few examples, it becomes clear that the encapsulation of materials into the cavities of carbon nanotubes opens up new possibilities to face a variety of societal challenges.

Bulk filling of carbon nanotubes is typically performed using a large amount of the selected material to be encapsulated. The excess of material that is not filled into the CNTs remains external to the walls and can dominate the properties of the resulting hybrid. Furthermore, it can lead to undesired side effects in the biological context. Having closed or corked ends, with for instance fullerenes or nanoparticles,[27-29] ensures the selective elimination of the non-encapsulated compounds while preventing the release of the inner cargo. An alternative approach consists on coating the whole surface of previously filled nanotubes with an inert protective shell, such as carbon or silica.[30-32] ENREF 17

The permanent confinement of materials inside the cavities of carbon nanotubes is of interest when discharge of the material is not desired, forming hybrid structures that can benefit from the combined properties of carbon nanotubes and the confined compound.[33-35] Having closed ends confers stability to the system which can be beneficial in tuning the properties of the nanotubes in a stable manner, making permanent the newly acquired property. It is also of great interest for the development of nanovectors for both imaging and therapy, because as discussed, it avoids any potential toxicity from the encapsulated payload.

All the above mentioned sealing strategies require several synthetic steps because the corking/coating is performed after having filled the carbon nanotubes. From a practical point of

view, a one-pot synthesis would be desired where the filling and sealing were achieved in a single step. This is for instance of particular importance when filling radionuclides where rapidity is a must.[36] Spontaneous closure of the ends of single-walled carbon nanotubes upon molten phase filling at temperatures above 700 °C - 900 °C was reported back in 2006.[37] <a href="ENREF\_33">ENREF\_33</a> This resulted in the formation of closed-ended filled single-walled carbon nanotubes referred to as "carbon nanocapsules" or "nanobottles". Different biocompatible hybrid materials have been prepared in this way allowing for instance *in vivo* ultrasensitive imaging (filled with Na<sup>125</sup>I),[36] cell internalization (filled with SmCl<sub>3</sub>, LuCl<sub>3</sub>)[38] and even mapping of cellular organelles (filled with Kr, BaI<sub>2</sub>, PbI<sub>2</sub>) <a href="ENREF\_7">ENREF\_7</a>.[39] These nanocapsules were externally functionalized in order to improve their dispersibility and biocompatibility. The developed constructs remained stable in the biological environment.

Herein we present a fast one-pot method that allows the preparation of closed-ended filled MWCNTs, which we will refer to as "multi-walled carbon nanocapsules", by molten phase capillary filling at high temperatures ( $T \ge 1000$  °C). The main asset of the developed protocol is its simplicity in filling and sealing inorganic materials within the cavities of multi-walled carbon nanotubes. To the best of our knowledge the effect of annealing on the opened tips of MWCNTs remains to be investigated. To provide direct evidence of the efficacy and versatility of the proposed one-pot synthesis approach, a variety of multi-walled carbon nanocapsules have been prepared by filling MWCNTs with NaI, KI, BaI<sub>2</sub>, GdCl<sub>3</sub> and SmCl<sub>3</sub> (MX@MWCNTs, where X = metal and X = halide). These are technologically relevant materials since for instance (i) potassium iodide allows tuning the electronic properties of carbon nanotubes,[10, 40]  $\underline{ENREF\_10}$ (ii) Gd-based compounds are widely used for magnetic resonance imaging (MRI),[41] allowing the development of multifunctional scaffolds[26] and also to magnetically

enhance stem cell retention for cellular cardiomyoplasty[25] (iii) iodide and samarium salts are of interest for their use in nuclear medicine (using radioactive isotopes),[36, 38]\_ENREF\_35 (iv) the presence of heavy elements is of interest for the development of x-ray contrast agents (Ba and I for instance)[39] and (iv) bulk GdCl<sub>3</sub> can crystallize in the layered PuBr<sub>3</sub> structure (van der Waals solid),[42] so it could lead to the isolation of single-layers once confined.[5, 7, 19] New properties and applications arise from the creation of van der Waals heterostructures of layered compounds.[43, 44] ENREF 44

# 2. Experimental Section

# 2.1 One-pot filling and end-closing of MWCNTs

As-received chemical vapor deposition (CVD) grown MWCNTs (Elicarb®, Thomas Swan Co. Ltd.) were initially treated with a combination of steam and acid treatments following previously reported protocols (see Supporting Information).[45] Flexible CVD MWCNTs were employed in the present study because these have been reported to present a good biocompatibility,[46] better than stiff structures.[47]

The inorganic salts, namely samarium(III) chloride, potassium iodide, sodium iodide, gadolinium(III) chloride and barium iodide (Sigma Aldrich), were handled inside a Labconco glove box with an inert argon atmosphere, with below 1 ppm of oxygen and 5 ppm of water. To fill CNTs with the given metal halide, purified carbon nanotubes (up to 100 mg per experiment) were mixed with the chosen inorganic salt (ratio salt:CNTs, 10:1) by finely grinding them together using an agate mortar and pestle inside the glovebox. The mixture was then placed into a silica tube, which was sealed under vacuum, to around 0.05 mbar. The resulting ampoule was then placed inside a tubular furnace and annealed at temperatures in the range between 700 -

1300 °C. ENREF 8 The program used for annealing the samples consisted of a heating ramp at 300 °C/h up to the desired temperature, namely 700, 1000, 1100, 1200 or 1300 °C, keeping this temperature for 12 h, and cooling down at a set rate of 300 °C/h until room temperature. After cooling the samples, silica tubes were cut, and the collected material was placed into a round bottom flask with 200 mL of water, with an addition of around 10 mL of concentrated hydrochloric acid. The solution was refluxed for about 48 h, changing the solvent every 24 h, in order to remove the non-encapsulated external salts from the samples. The sample was collected by filtration on top of a polycarbonate membrane (0.2 μm pore), rinsed with water and dried in an oven at about 85 °C.

# 2.2 Characterization techniques

Thermogravimetric analysis was performed using a TA instrument TGA Q5000-IR in the facilities of MATGAS. The combustion of samples was done in air by using around 5 mg of filled or empty carbon nanotubes in a high temperature  $100~\mu L$  platinum pan, using a gas flow of 25~mL/min and a heating rate of  $10~^{\circ}C/min$ .

Inductively coupled plasma (ICP) analysis consisted of two steps, namely the sample combustion and analysis. The combustion was achieved by microwave digestion (Milestone Ethos Plus) of about 5 mg of nanotube sample in a mixture of concentrated nitric acid and hydrogen peroxide at 220 °C. The acquired liquid was diluted with deionized water, and sample duplicates were analyzed. The analysis was performed on Agilent 7500ce Perkin Elmer Elan 6000 ICP-MS or on a Perkin Elmer Optima 3200RL ICP-OES.

Elemental analysis (EA) of carbon nanotubes was performed at least on two replicas (around 1 mg per analysis), using an elemental analyzer EA 1108 Instrument by adding vanadium(V) oxide and tin to ease the combustion, and using sulfanilamide as a pattern.

Brunauer-Emmett-Teller (BET) analysis was performed on about 2 mg of empty MWCNTs. These nanotubes were annealed at different temperatures, 900, 1000, 1100, 1200 or 1300 °C under vacuum in a silica tube. After opening of the silica tubes, the nanotubes underwent a treatment of adsorbed gas removal at 300 °C for 15 hours. This was followed by nitrogen adsorption/desorption in cryo-environment, using liquid nitrogen as adsorbent.

Raman spectra were obtained using a Horiba Jobin Yvon instrument, operating at 532 nm wavelength and using a  $50\times$  objective. Raman spectra were recorded on thin films of the carbon nanotube samples. These were prepared by dropping isopropanol dispersions onto preheated glass substrates (~70°C).

X-ray photoelectron spectroscopy (XPS) measurements were recorded in a Kratos AXIS ultra DLD spectrometer using a monochromatic Al Kα. All samples were introduced in the preparation chamber simultaneously and on the same substrate (Cu) to maintain the analysis conditions invariable. The C1s peak was set to BE 284.8 eV.

Electron microscopy was performed using a FEI Magellan 400L XHR SEM at 20 keV in transmitted electrons mode using a high angle annular dark field (HAADF) STEM detector and a specially adapted holder was used for sample visualization. Energy dispersive X-Ray (EDX) spectra were acquired using a FEI Tecnai G2 F20 operated at 200 keV and equipped with an EDAX super ultra-thin window (SUTW) X-ray detector. The samples were deposited onto a copper grid coated with a lacey carbon film (Agar Scientific) from a dispersed CNT solution in hexane or o-dichlorobenzene (Sigma Aldrich).

Superconducting Quantum Interference Device (SQUID) analyses, using Quantum design MPMS XL-7T, were performed on carbon nanotubes using 10 K (in liquid nitrogen) under an external DC magnetic field. Hysteresis loops were taken in the range between -50 000 to +50 000 Oe\_ENREF\_23 to monitor the catalyst content. CNTs were placed into a gelatin capsule (about 5 mg) and fixed with non-magnetic glass wool to avoid sample movement during the measurement.

### 2.3 *In vitro studies*

# 2.3.1 Cell Culture

Human epithelial bronchial immortalized cells (Beas-2B, ATCC, CRL-9609) were maintained and passaged in RPMI 1640 media containing glutamine (Sigma-Aldrich, UK) supplemented with 10 % FBS (Thermo Scientific, UK), 50 μg/mL Penicillin, 50 μg/mL Streptomycin (Sigma-Aldrich, UK) at 37 °C in 5% CO<sub>2</sub>. Cells were passaged twice a week using Trypsin-EDTA 0.05 % (Sigma-Aldrich, UK) when reached 80 % confluence. Activity of trypsin was stopped using 10 % FBS. Human epithelial breast cancer cells (MCF-7, ATCC, HTB-22) were maintained in EMEM media (Sigma-Aldrich, UK) supplemented with 10 % FBS, 50 μg/mL Penicillin, 50 μg/mL Streptomycin at 37 °C in 5 % CO<sub>2</sub>. Cells were passaged twice a week using Trypsin-EDTA 0.05 % at 80 % confluence. Activity of trypsin was stopped using 10 % FBS.

### 2.3.2 Cell Culture treatment

Depending on the experiment, cells were seeded in 96 (LDH assay), 12 (FACS analysis) or 6 (ImageStream) well plates (Costar, Sigma) and treated when reached 70-80 % confluence. All the treatments were performed in the cell culture medium in the absence of FBS, 10 % FBS was

added to each well 4 h after the treatment. Empty, NaI and GdCl<sub>3</sub> filled MWCNTs were dispersed in the corresponding cell culture media in order to obtain the concentration of 0.5 mg/mL. CNTs were sonicated for 5 min before making dilutions for the treatment, in order to assure the proper dispersibility of the material. Cells were exposed to 12.5 - 25 - 50 - 100 μg/mL MWCNTs, NaI@MWCNTs, GdCl<sub>3</sub>@MWCNTs for 24 h.

# 2.3.3 Annexin V-Alexa Fluor®488 conjugate/PI Assay

After 24 h of treatment at indicated concentrations, supernatants were collected and cells were gently washed 3 times with PBS Ca<sup>2+</sup>/Mg<sup>2+</sup> (Sigma-Aldrich, UK). Annexin-V staining was performed according to the instructions of the manufacturer (Thermo Fisher Scientific, UK). In brief, cells were trypsinized for 5 minutes and merged with corresponding supernatants, centrifuged at 1500 rpm for 5 min, then re-suspended in 100 μL Annexin binding buffer (Thermo Fisher Scientific, UK) and stained with 2 μL Annexin V-Alexa Fluor®488 conjugate for 20 min at 15–25 °C. Propidium Iodide (1 mg/mL, Sigma) was added shortly before the analysis to the final concentration of 1.5 μg/mL. 10 000 cells were analysed on a BD FACSVerseTM flow cytometer using 488 nm excitation and 515 nm and 615 nm band pass filters for Annexin V and PI detection, respectively. Electronic compensation of the instrument was performed to exclude overlapping of the two emission spectra. Material alone was run in order to set up the gates including the cell population for the analysis. Percentage of unstained, cells stained with Annexin V, PI or both was calculated.

## 2.3.4 Modified LDH Assay

LDH assay was modified to avoid any interference coming from the interactions of the material with assay[48]. Briefly, LDH content was assessed in intact cells that survived the

treatment, instead of detecting the amount of LDH released in the media upon treatment. Media was aspirated and cells were lysed with 100  $\mu$ L of lysis buffer for 45 min at 37 °C to obtain cell lysates, which was then centrifuged at 4,000 rpm for 20 min in order to pellet down the material. 50  $\mu$ L of the supernatant of the cell lysate was mixed with 50  $\mu$ L of LDH substrate mix (Promega, UK) in a new 96-well plate and incubated for 15 min at room temperature, after which 50  $\mu$ L stop solution was added.

Cell Survival % =  $(\alpha_{490nm} \text{ of treated cells}/\alpha_{490nm} \text{ of untreated cells}) \times 100$ The absorbance was read at 490 nm using a plate reader. The amount of LDH detected represented the number of cells that survived the treatment. The percentage cell survival was calculated using the equation above.

### 2.3.5 Imagestream analysis

At the end of the exposure to MWCNTs, media was removed, cells were thoroughly washed with PBS containing Ca<sup>2+</sup>/Mg<sup>2+</sup> and cells were harvested. Cell suspension was centrifuged for 5 min at 1500 rpm at 4°C and the pellet was resuspended in 500 μl of 4% para-formaldehyde (PFA, Thermo Fischer, UK). After 20 min of incubation in PFA, cells were rinsed three times with PBS and finally resuspended in 50 μl of PBS. At least 2,500 cells were analyzed using AmnisImageStream<sup>x</sup> platform (AmnisImageStream MKII, Millipore UK) and Inspire<sup>TM</sup> system software (Amnis). Camera magnification was 60x, 785 nm excitation laser was set at 0.02 mW. Images were acquired with a normal depth of field, providing a cross-sectional image of the cell with a 2.5 μm depth of focus. A mask representing the whole cell was defined by the bright-field image. An internal mask was defined by eroding the whole cell mask for 6 pixels (equivalent to 3 μm, as the size of 1 pixel is 0.5 μm) in order to eliminate the signal coming from the NPs attached to the cell surface. The results were analyzed by IDEAS software (Amnis). Values of

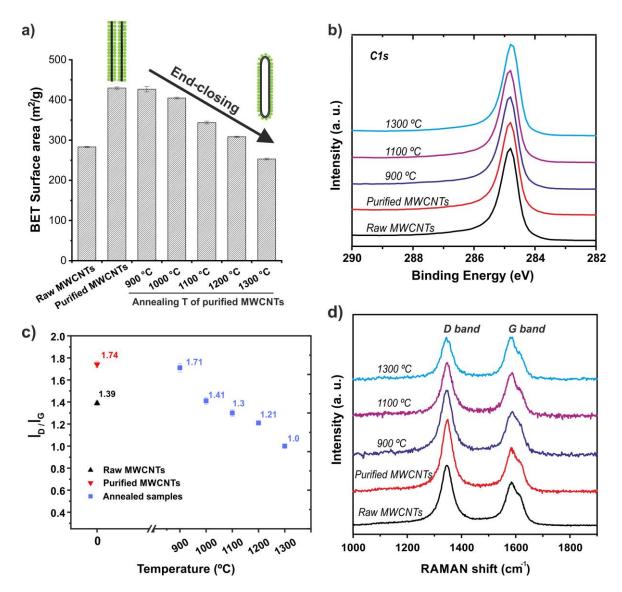
the internalization score and mean side scatter intensity were calculated for at least 500 cells per sample.

#### 3. Results and Discussion

As-received MWCNTs were initially treated with a combined 2 h steam and HCl treatment in order to open their ends, and remove carbonaceous and catalytic impurities.[49] The amount of catalyst present is important from the point of view of future applications of the material, since it can dominate the behavior of the sample, such as the electrochemical response,[50, 51] and it can also induce oxidative stress or toxicity to cells when employed in the biomedical field.[52-54] The metal content present in purified MWCNTs turned out to be 0.002 wt. % as determined by SQUID. SQUID was employed because magnetic susceptibility measurements have been advocated as an ultrasensitive technique for quality control of CNT samples since it allows the detection of traces of magnetic metal impurities embedded in purified carbon nanotubes.[55]

In order to investigate the role of temperature on the degree of closed-ended MWCNTs, purified nanotubes were annealed at different temperatures, namely 900 °C, 1000 °C, 1100 °C, 1200 °C and 1300 °C. It is known that single-walled carbon nanotubes spontaneously close upon cooling after being annealed above 700-900 °C.[37, 56] Therefore, the annealing treatment could also provide the necessary energy needed to close the ends of multi-walled carbon nanotubes to a certain extent. To assess whether annealing MWCNTs at these temperatures had any effect on closing their ends, we determined the surface area of the samples. The surface area of different materials can be measured by using the Brunauer-Emmett-Taller (BET) model developed back in 1938, based on nitrogen gas adsorption and desorption at the boiling point of the adsorbate, i.e. 77 K (Equation S1).[57] Open-ended carbon nanotubes should have a higher surface area

compared to their closed-ended analogues due to gas adsorption in the inner cavity of the carbon nanotubes. Bundling, aggregation, functional groups and defects present in carbon nanotube samples can also have an impact on the surface area of the material.[58] Therefore, steam purification was employed on the as-received CNTs to avoid the introduction of functional groups onto the CNT walls, [59] and all the thermally annealed samples were processed in the same manner. In this way, we should be able to correlate the obtained BET surface area with the amount of opened/closed MWCNT ends since bundling and aggregation of carbon nanotubes is expected to be preserved after annealing at the employed temperatures. Figure 1a shows the BET surface area of raw, purified and thermally annealed samples. We observed a type IV adsorption isotherm which classifies the samples as mesoporous materials (Figure S1). Pristine raw material comes with mostly closed ends, while steam purification has been proven as an efficient method in opening the CNT extremities. [49] This has also been observed by BET where a 50 % increase in the surface area was observed after purifying the CNTs (from 283.2 m<sup>2</sup>g<sup>-1</sup> for raw to 429.6 m<sup>2</sup>g<sup>-1</sup> for purified), indicating the successful removal of the CNT tips with the employed protocol. As mentioned, the purification treatment also removes unwanted impurities which will also contribute to the measured surface area.



**Figure 1.** a) BET surface area (Schematic representation: black lines – MWCNTs; green dots –  $N_2$  molecules), b) normalized XPS spectra over the C1s region, with the C1s peak set to a BE of 284.8 eV, c)  $I_D/I_G$  Raman ratios and d) normalized Raman spectra of raw, purified MWCNTs (2 h steam and HCl), and purified MWCNTs after being annealed at different temperatures (between 900 - 1300 °C).

A continuous decrease in the BET surface area is observed upon increasing the thermal annealing temperature of the purified sample (open-ended). This decrease in the surface area is attributed to the spontaneous closure of the nanotube ends upon cooling. Therefore, the higher the temperature of annealing the higher the degree of closed ends. The formation of closed-ended single-walled carbon nanotubes has been previously reported when employing temperatures in the range of 700 °C - 900 °C (1-2 nm in diameter).[37, 56] The BET surface area recorded at 900 °C for their multi-walled counterparts is similar, within experimental error, to the surface area of purified MWCNTs (open-ended). This indicates that annealing MWCNTs at 900 °C has a non-detectable effect on closing their ends. Therefore, since the inner diameter of MWCNTs is larger than the diameter of SWCNTs, it is necessary to anneal at higher temperatures to induce the spontaneous end-closing; i.e. 1000 °C-1300 °C in the present study.

The mechanism for end-closing would need further investigation. Steam has been reported to avoid the introduction of functional groups onto the CNT structure, at least to a detectable level with previously performed analyses.[49, 59, 60] However, it is likely that the end carbons of the CNT framework are attached to other atoms rather than staying bare. First-principles calculations on the energetics of opening and closing SWCNTs have shown that an oxygen (hydrogen) rim can stabilize the edge of open nanotubes.[61] In the same study, Artacho et al. showed that the removal of oxygen atoms that saturate the carbon dangling bonds at the tips, which will take place upon thermal annealing of the samples, would result in the formation of an unsaturated open tube which would be energetically unfavourable. As a consequence, end-closing would be expected, since a cap configuration would be more stable than an unsaturated open ended geometry. Taking into account the small amount of Fe present in the samples, the end closing

process is not expected to be catalyzed by the residual metal species employed for the growth of the CNTs.

As mentioned earlier, steam has been reported to preserve the integrity of the tubular wall structure. Nevertheless, this aspect was further investigated since the presence of functional groups could induce an increase in the surface area of the samples. XPS and Raman measurements were next carried out and selected spectra are shown in Figure 1 (Figure S2 includes data for all the samples). The XPS C1s region is sensitive to different functional groups. [62] The peak at 284.8 eV is attributed to the conjugated carbon network of the graphitic structure. Graphitic derivatives containing O-based aliphatic groups would appear as shoulders at higher binding energies related to sp<sup>3</sup> bonding. In the present case, no significant differences can be observed between the XPS spectra of raw, purified and thermally annealed samples. This confirms that changes in the BET surface area can be attributed to the degree of open/closed ends, since the presence functional groups on the sidewalls can be discarded. As mentioned earlier, carbon atoms at the tips of MWCNTs might be terminated with functional groups. However, due to the aspect ratio of MWCNTs even if heteroatoms were present at the tips their detection would be difficult. Elemental analysis of hydrogen on steam purified MWCNTs revealed a H content below 0.2 at.%. [59] Yet, we quantified by XPS the amount of oxygen and carbon present in the different samples to check whether there was any trend in the oxygen content after annealing the purified MWCNTs at different temperatures. To get statistical information, the atomic content was determined by measuring the areas of the C1s and O1s signals from three different scans. As it can be seen in Table S1 a low amount of oxygen is detected in all the samples. Despite quantitative comparison between two independent samples might lie within experimental error, a general trend can be noted where lower amounts of oxygen are detected for samples annealed at higher temperatures (from  $1.84 \pm 0.13$  at. % for purified MWCNTs down to  $0.65 \pm 0.09$  at.% after annealing the purified MWNCTs at 1300 °C). The continuous decrease in the oxygen content upon increasing the annealing temperature could be attributed to the removal of oxygen functionalities from the tips leading to end-closing. Due to the aspect ratio of MWCNTs the detection of these oxygen functionalities introduced by the steam opening step is challenging by analysis of the C1s peak or FTIR.

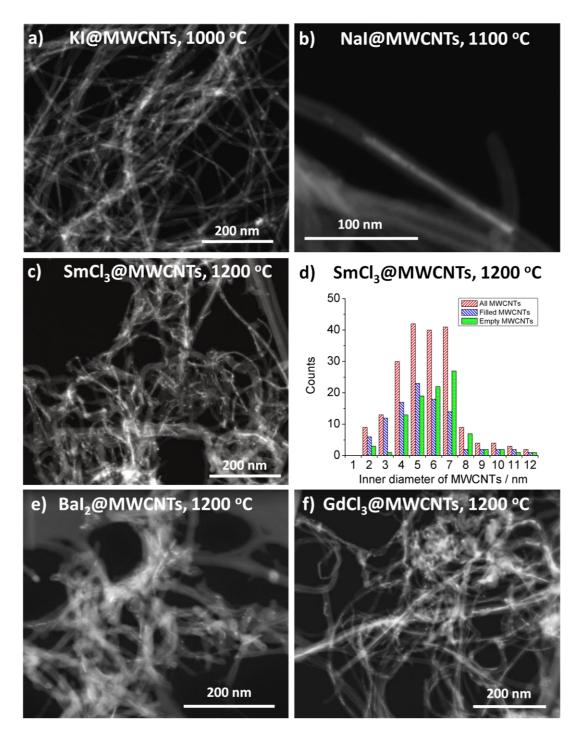
Raman spectroscopy reflects structural changes on the samples. G-band and D-band, typically observed in graphite-like structures, are located at ca. 1350 cm<sup>-1</sup> and ca. 1590 cm<sup>-1</sup> respectively. The first one arises from sp<sup>2</sup>-type bonds vibrations of a highly ordered conjugated system. On the other hand, D-band appears after inducing the formation of structural defects distorting the aromaticity of the planar network. [63] Since having opened tips induces disruptions of the conjugated system, the intensity ratio between the D and G bands (I<sub>D</sub>/I<sub>G</sub>) could provide useful information to estimate how successful is the protocol to close the nanotubes. I<sub>D</sub>/I<sub>G</sub> ratios of the samples annealed between 900 °C and 1300 °C are presented in Figure 1c. Data of both raw and purified MWCNTs are included for comparison. Registered values correspond to the average of three scans of different areas of the sample (Table S2). An increase of the I<sub>D</sub>/I<sub>G</sub> ratio is observed after steam purification, from  $1.39 \pm 0.02$  to  $1.74 \pm 0.03$ , which has been previously assigned to the end opening. By thermal annealing the purified MWCNTs, a continuous decrease in the I<sub>D</sub>/I<sub>G</sub> ratio is observed upon increasing the annealing temperature, which can be attributed to endclosing of the MWCNT tips. The lowest  $I_D/I_G$  is recorded for the sample treated at 1300 °C (1.0  $\pm$ 0.02), indicating the highest degree of end closing. It is worth noting that the sample treated at 900°C presents the same I<sub>D</sub>/I<sub>G</sub> ratio, within experimental error, to the purified MWCNTs suggesting that no significant structural changes are produced by annealing steam purified

MWCNTs at 900°C. This is in agreement with BET analysis, which revealed that higher temperatures (1000 °C-1300 °C in the present study) were needed to close the ends of the MWCNTs.

To provide direct evidence that both the decrease in the surface area and the Raman measurements can be correlated with the end-closing of MWCNTs, we next investigated the potential of annealing samples of multi-walled carbon nanotubes in this range of temperatures to permanently seal materials in their interior. Purified open-ended MWCNTs were filled with a variety of metal halides by melt filling, namely NaI, KI, BaI<sub>2</sub>, GdCl<sub>3</sub> and SmCl<sub>3</sub>. Initially, both MWCNTs and the selected metal halide were ground together and placed inside a silica tube that was sealed under vacuum. The mixture was annealed in the range between 1000 °C and 1300 °C since these temperatures should lead to different degrees of closed-ended MWCNTs. All the investigated metal halides are molten at these temperatures, thus allowing both filling and end-closing of MWCNTs in a single step. After filling the different materials inside multi-walled carbon nanotubes, the resulting samples were properly washed to remove the external, non-encapsulated compounds. Having closed ends should allow the selective removal of the external material while preserving the encapsulated metal halides.

Initially we confirmed that at 1000 °C - 1100 °C, the lowest temperature range where a significant decrease in the surface area is observed, it was already possible to seal KI and NaI in the cavities of MWCNTs. The prepared multi-walled nanocapsules were analysed by high angle annular dark-field (HAADF) using a scanning electron microscope in transmission mode (T/SEM). In this imaging modality, the intensity offered by an element present in the sample is proportional to its atomic number. Therefore, carbon appears with a pale grey contrast and the encapsulated material as bright lines following the shape of the carbon nanotubes, as it can be

seen in Figure 2a and 2b. The absence of non-external metal iodides can also be easily confirmed in this imaging modality. As a control, we checked whether with open ends present, the material would leak out from the nanotubes during the washing step, leaving them empty. A sample of steam purified open-ended MWCNTs was filled with NaI at 700 °C. According to the analysis performed so far, at this temperature the ends of the MWCNTs should remain opened. T/SEM images of the sample after the filling experiment, prior to the washing step, reveals the presence of NaI in the interior of MWCNTs. After extensively washing the open-ended NaI filled MWCNTs, empty cavities are observed (Figure S3). This confirms the necessity of having closed ends at the tips of filled carbon nanotubes to preserve the encapsulated compounds during the washing step.



**Figure 2.** Multi-walled carbon nanocapsules of a) KI@MWCNTs prepared at 1000 °C, b) NaI@MWCNTs at 1100 °C, c) SmCl<sub>3</sub>@MWCNTs at 1200 °C, d) histogram showing the inner diameter distribution and the amount of empty, filled and both filled and empty (all) MWCNTs in a sample of SmCl<sub>3</sub>@MWCNTs prepared at 1200 °C, e) BaI<sub>2</sub>@MWCNTs at 1200 °C and f)

GdCl<sub>3</sub>@MWCNTs at 1200 °C. Images have been acquired by HAADF T/SEM and show the presence of filled material after washing the samples.

Next, we investigated the role of temperature by filling samarium(III) chloride into MWCNTs (SmCl<sub>3</sub>@MWCNTs) at 1100, 1200 and 1300 °C for 12 h. After a subsequent proper washing of the non-encapsulated material, all samples show the presence of filling inside their cavities by HAADF T/SEM analysis (Figure 2c and Figure S4). Interestingly, TGA under flowing air reveals that the material annealed at 1100 °C has a lower filling yield compared to the sample annealed at 1200 °C (11.3 wt.% vs 23.5 wt.%). This is in agreement with BET data that already infers a higher degree of closed ends at 1200 °C than at 1100 °C. Even if the encapsulation efficiency was the same at both temperatures, more material would be removed from the inner cavities of open-ended nanotubes by washing the sample annealed at 1100 °C, since more nanotubes remain opened after annealing at this temperature than at 1200 °C. The filling yield was determined by TGA using a previously reported equation developed for filled single-walled carbon nanotubes.[64] Important to notice is the presence of silica particles, or even chunks in the sample annealed at 1300 °C (Figure S4c), probably due to the recrystallization of the silica ampoule, employed for the synthesis, upon cooling that might result in the introduction of silica impurities, from the inner wall of the ampoule, into the sample. Actually, the silica ampoule loses its transparency and becomes white after annealing at 1300 °C. Therefore, special care was taken to remove silica particles from the sample prior to the quantification of the oxygen content by XPS. From the filling experiments performed so far it becomes clear that the range of 1000 °C - 1200 °C is the most interesting to achieve samples of closed-ended filled MWCNTs.

As mentioned earlier, whereas the ends of SWCNTs with diameters of 1-2 nm can be closed upon annealing in the range of 700 °C - 900 °C,[37, 56] ENREF 34 higher temperatures are needed when using MWCNTs. The process of end-closing is clearly diameter dependent, so we next determined the diameter distribution of the employed MWCNTs, and whether the observed MWCNTs where filled or empty. The statistical analysis was performed on a sample of SmCl<sub>3</sub>@MWCNTs prepared at 1200 °C. From about 200 nanotubes that were analyzed by TEM, 50 % of them turned out to be filled, while the other 50 % remained empty. The diameter distribution determined by TEM shows that the sample contains CNTs with inner diameters in the range of 2-12 nm, being the major fraction of both filled and empty nanotubes between 4 and 7 nm (Figure 2d). It is worth noting that the amount of filled MWCNTs is slightly higher for small diameters (2-5 nm). With the increase of the inner cavity of MWCNTs (6 nm and above), this trend is inversed and the fraction of empty nanotubes becomes slightly higher than the filled ones. This suggests that at this annealing temperature bigger nanotubes are not closed and the filled material gets removed during the washing step. Therefore, more energy would be needed to increase the amount of closed MWCNTs with large diameters.

To further explore the versatility of the one step filling-closing protocol, additional materials (BaI<sub>2</sub> and GdCl<sub>3</sub>), were filled at 1200 °C, since a high degree of filling should be achieved while avoiding contamination from the silica ampoule. HAADF T/SEM reveals the presence of filled material inside the cavities of carbon nanotubes and absence of external metal halides (Figure 2e and 2f). A summary of the different multi-walled carbon nanocapsules that have been prepared at different annealing temperatures is presented in Table 1.

**Table 1.** Summary of metal halide multi-walled carbon nanocapsules (closed-ended filled MWCNTs) free of non-encapsulated external material, prepared under different conditions. As a control, an additional sample of NaI annealed at 700 °C was prepared but is not included in the table because the ends of the MWCNTs remained opened after the treatment.

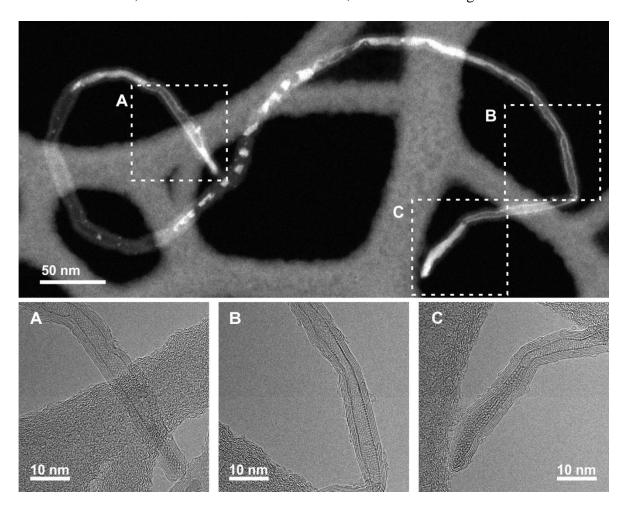
Filled material	Temperature of annealing / °C			
	1000 °C	1100 °C	1200°C	1300 °C
KI	X			
NaI	X	X		
SmCl <sub>3</sub>		X	X	X
BaI <sub>2</sub>			X	
GdCl <sub>3</sub>			X	

As mentioned, after the annealing step each of the samples was washed to remove the material external to the carbon nanotube walls. We noticed that the removal of external material was easier when employing MWCNTs than SWCNTs filled with the same metal halides,[65] and fewer washing steps were necessary to remove the non-encapsulated compounds in the present study. The complete removal of the excess of material after filling SWCNTs might even require the use of a combined dialysis and Soxhlet system.[66] This implies that the synthesis process to achieve clean nanocapsules is faster when using MWCNTs than SWCNTs.

Different degrees of filling can be observed in the images presented in Figure 2, which will depend on the material and temperature employed for the synthesis.[67] The filling yield was quantitatively determined by thermogravimetric analysis (TGA).[64] Alternatively, the filling yield could also be quantified by inductively coupled plasma (ICP) analysis, and indirectly from elemental analysis (EA) of carbon assuming that the non-carbon portion arises from the filled material and iron catalyst content known to be present in the purified samples. Good filling

yields were obtained for the prepared multi-walled carbon nanocapsules, in the range of 7.5 to 28.8 wt. % (Table S3).

GdCl<sub>3</sub> and SmCl<sub>3</sub> filled multi-walled carbon nanotubes annealed at 1200 °C were analyzed by high-resolution transmission electron microscopy and HAADF-STEM to determine whether the tips of the CNTs were opened or closed. Figure 3 shows an individual nanotube with both ends being closed (areas A and C) and the presence of material confined inside the cavity. This is a direct proof of the closure of both ends after annealing, which will prevent the release of the encapsulated compound during the washing protocol. Additional electron microscopy images of individual MWCNTs, filled and with both ends closed, are included in Figures S5-S7.

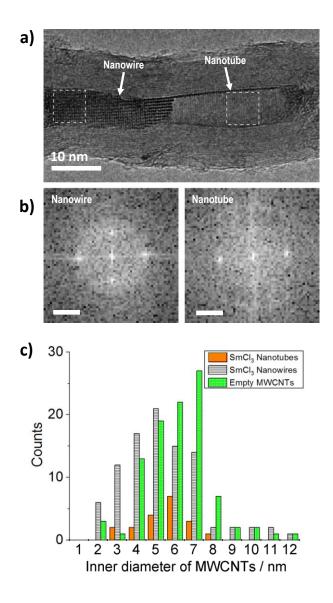


**Figure 3.** HAADF STEM image of a GdCl<sub>3</sub> filled multi-walled carbon nanotube (GdCl<sub>3</sub>@MWCNT)showing the presence of filling material and both ends being closed. HRTEM images of regions A and B, confirming the presence of closed tips and region B revealing the formation of a single-layered GdCl<sub>3</sub> nanotube.

Bulk GdCl<sub>3</sub> exhibits polymorphism and can crystallize in both the hexagonal UCl<sub>3</sub> type structure or in the orthorhombic PuBr<sub>3</sub> type structure,[42] the latter being a van der Waals solid formed upon stacking sandwich layers of GdCl<sub>3</sub> (Figure S8). As a consequence, the formation of GdCl<sub>3</sub> nanocapsules resulted in the formation of single-layered inorganic nanotubes inside the cavities of MWCNTs. The contrast offered by GdCl<sub>3</sub>@MWCNTs both in HRTEM and HAADF STEM is characteristic from the presence of metal halide inorganic nanotubes grown within carbon nanotubes (region B in Figure 3).[5, 7, 19] In contrast, no filling of GdCl<sub>3</sub> is observed when using WS<sub>2</sub> nanotubes as templates.[68] Encapsulation of GdI<sub>3</sub> into WS<sub>2</sub> mainly resulted in the formation of continuous rod-like structures, although nanotube-like morphology was observed in some cases.[68] The possibility to encapsulate metal halides into both CVD grown CNTs and WS<sub>2</sub> nanotubes indicates that filling would also be expected to occur into CNTs from other sources. The filling process is expected to take place through open-ends rather than through structural defects on the walls of the nanotubes.

A similar contrast was observed in the samples of SmCl<sub>3</sub> by HAADF T/SEM and HRTEM, which is typical from the encapsulation of van der Waals solids, such as GdCl<sub>3</sub> in the present study. Figure 4a presents a nanotube-nanowire junction of SmCl<sub>3</sub>. The crystallinity of both structures can be appreciated in the HRTEM image and also by FFT (Figure 4b). The formation of single-layered inorganic nanotubes of samarium chloride is of interest since bulk SmCl<sub>3</sub> is not known to crystallize in a layered structure (according to ICSD, Inorganic Crystal Structure

Database). We next performed a detailed analysis of this system to determine the presence of either nanowires or nanotubes in the interior of the multi-walled carbon nanocapsules. When a SmCl<sub>3</sub> nanowire and a SmCl<sub>3</sub> nanotube co-exist in the same individual MWCNT, such as in Figure 4a, it would be counted as both nanowire and nanotube in the present analysis. As it can be seen in the histograms presented in Figure 4c, although the formation of SmCl<sub>3</sub> nanowires is clearly preferred regardless of the inner diameter (2-12 nm), with 83 % of filled tubes presenting SmCl<sub>3</sub> nanowires, a substantial amount of SmCl<sub>3</sub> nanotubes could be observed in the range of 3-8 nm. This range of diameters is in excellent agreement with those reported for single-layered PbI<sub>2</sub> nanotubes when using MWCNTs as templates.[5]

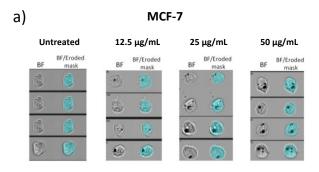


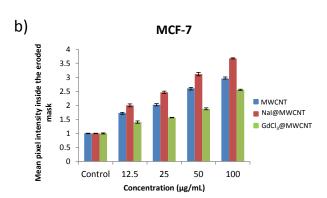
**Figure 4.** a) HRTEM image of SmCl<sub>3</sub>@MWCNTs filled at 1200 °C revealing the presence of both SmCl<sub>3</sub> nanotubes and nanowires inside the cavities of the MWCNTs. b) FFT of the areas marked with squares in a) showing the crystalline nature of both nanowires and nanotubes (scale bar = 2 nm<sup>-1</sup>). c) HRTEM images statistical analysis of the amount of SmCl<sub>3</sub> inorganic nanotubes and nanowires present in the sample.

As discussed earlier, nanocapsules are of interest for a wide variety of applications, including those in the biomedical field. Therefore, to complete the study we assessed internalization and cytotoxicity of two types of nanocapsules *in vitro*, namely NaI@MWCNTs (synthesized at 1000 °C; Figure S9) and GdCl<sub>3</sub>@MWCNTs (prepared at 1200 °C), along with empty MWCNTs. We used nanocapsules prepared at different temperatures and filled with different metal halides, to assess whether either the processing conditions or the used compounds had any effect on the biocompatibility of the nanocapsules. Different levels of cytotoxicity have for instance been reported for halogenated graphene samples, using Cl, Br and I.[69]

For successful diagnostic and therapeutic applications of CNTs filled with various compounds it is advantageous if they are efficiently taken up by the cells. CNTs are shown to be taken up by various cell types irrespectively of their chemical functionalization.[70] Internalization of CNTs takes place by active as well as passive translocation due to the "nano-needle" structure of the material. [71] In order to assess the uptake of empty or filled MWCNTs, we performed imaging flow cytometry analysis of the cells treated with MWCNTs for 24 h using escalating concentrations of the material. Imaging flow cytometry is a recently developed high-throughput technique enabling both to visualize the cells in the flow and to analyze them in a statistically relevant way based on a pixel-by-pixel analysis and comparison. Visualization of the cells in the flow is achieved using a high-resolution microscope and can be based on images acquired in bright-field, dark-field or using fluorescent channels. Due to the intrinsic ability of CNTs to absorb light they appear as black spots on the bright-field image and are easily distinguished from the rest of the cell (Figure 5a). Furthermore, this method enables to determine localization of the CNTs by applying an eroded mask on the bright-field image of the whole cell. In this way CNTs attached to the cellular surface are distinguished from the ones that are found inside the

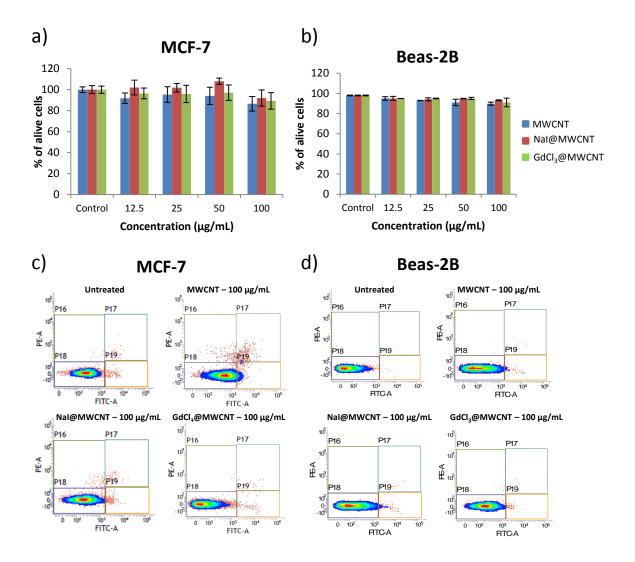
cell providing an accurate assessment of the uptake. Evaluation of the internalization of nanomaterial by cells using imaging flow cytometry has already been described for various nanomaterials as well as for the carbon nanotubes[72-75]. In order to eliminate the material that is attached on the surface of the cells a mask was applied on the bright-field image of the whole cell and the value of mean pixel intensity inside the eroded mask was calculated. Using this approach, we show that empty as well as MWCNTs filled with NaI or GdCl<sub>3</sub> are efficiently taken up by MCF-7 cells in a dose dependent manner (Figure 5b). The mean pixel intensity inside the eroded mask is significantly different from the same value in untreated cells already after treatment with the lowest used dose - 12.5  $\mu$ g/mL (Figure 5b). Values of the mean pixel intensity were found to increase with increasing concentrations of the material used for the treatment, indicating that the uptake of nanocapsules was a dose dependent process (Figure 5b).





**Figure 5.** Uptake of empty or filled MWCNTs. a) Representative images captured by Amnis ImageStream<sup>X</sup> of MCF-7 cells treated with GdCl<sub>3</sub>@MWCNTs for 24 h at 12.5, 25, 50  $\mu$ g/mL. First column shows the cells in bright-field (BF), second column shows images of the bright-field merged with the eroded mask. b) Normalized values of the mean pixel intensity inside the eroded mask. Results are expressed as mean value  $\pm$  SD (n=3).

Subsequently, we aimed to evaluate the cytotoxicity of empty or MWCNTs filled with NaI or GdCl<sub>3</sub>. No cytotoxicity of the construct itself is another condition that needs to be fulfilled in order to achieve successful clinical translation of a nanomaterial. A modified LDH assay was developed<sup>[48]</sup> in order to avoid potential interferences that are often reported as a result of interfering interactions between carbonaceous nanomaterials and reagents in the colorimetric assays[76]. No difference in the cell survival after 24 h of treatment with increasing doses of empty or filled MWCNTs was observed comparing to the untreated cells (Figure 6a and 6b). The LDH assay data were validated using FACS (Figure 6c and 6d) by staining the cells treated with CNTs using cellular markers of apoptosis (Annexin V) and necrosis (Propidium Iodide). Cells exhibiting different responses to CNTs exposure were gated according to: healthy (unlabeled) cells (P18), early apoptotic (P19), late apoptotic and/or necrotic (P17) and necrotic cells (P16). Even at the highest dose of 100 µg/mL, cells appeared unstained, indicating the presence of predominantly alive cells (more than 90% of counted cells appeared in this region; Figure S10). No significant cytotoxic responses compared to the untreated cells were observed for all tested doses (Figure S10). Overall, using two approaches (modified LDH and FACS) we confirmed that empty or MWCNTs filled with NaI or GdCl<sub>3</sub> did not induce any significant cytotoxic response in the two cell lines and at the dose-escalation regime studied here.



**Figure 6.** Cytotoxicity of empty or filled MWCNTs. a) and b) Assessment of the toxicity of the CNTs using modified LDH assay in MCF-7 and Beas-2B cells. Cells were treated at escalating doses of the material for 24 h. Data are represented as mean  $\pm$  SD (n = 6). c) and d) Assessment of the toxicity of the material by flow cytometry using PI/Annexin V staining after incubation with the material for 24 h. Alive cells are represented in the P18 region on the plots, early apoptotic are represented in the P19 region, late apoptotic and/or necrotic cells are shown in P17 region and necrotic cells are found in the P16 region. Data are represented as mean  $\pm$  SD (n = 3).

#### 4. Conclusions

Filling and end-closing of multi-walled carbon nanotubes has been achieved in one-step by thermal annealing of open-ended carbon nanotubes in the presence of a chosen inorganic payload. This is a fast, simple and versatile approach that allows the formation of a wide variety of multi-walled carbon nanocapsules (closed-ended filled carbon nanotubes). BET, Raman, HAADF STEM and TEM analyses of the prepared materials suggest a spontaneous closure of the tips of MWCNTs to a certain extent after being annealed at or above 1000 °C. Filling MWCNTs at 1200 °C turned out to be the most suitable temperature in preparing samples of closed-ended filled carbon nanotubes clean from external, non-encapsulated material. Once the MWCNTs are filled, the non-encapsulated compounds can be easily removed in a faster manner than when using SWCNTs, likely due to the lower bundling rate of MWCNTs. The present onepot filling and end-closing protocol is highly versatile, provided that the material to be encapsulated is stable in the molten state at this range of temperatures (1000 - 1200 °C), and does not react with the carbon nanotubes. Several metal halides have been sealed in the cavities of CNTs in the present study, namely NaI, KI, BaI<sub>2</sub>, GdCl<sub>3</sub> and SmCl<sub>3</sub>. These are interesting payloads for a variety of applications. For instance, the growth of individual layers of both GdCl<sub>3</sub> and SmCl<sub>3</sub> has been observed forming tubular van der Waals heterostructures. When an individual layer is seamlessly wrapped into a cylinder, the resulting single-walled nanotube combines the characteristics of both two-dimensional (2D) and one-dimensional (1D) materials. On the other hand, the encapsulated compounds also hold interest for the development of imaging and therapeutic agents. Biocompatibility of both empty and filled multi-walled carbon nanotubes was studied in vitro, showing that nanocapsules did not induce cellular death after being internalized by cells. We believe that the proposed one-pot strategy will boost the synthesis and applications of novel hybrid materials.

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