UNIVERSIDADE DE LISBOA FACULDADE DE CIÊNCIAS



Novel dynamics and functions of Fibronectin in early vertebrate development

"Documento Definitivo"

Doutoramento em Biologia

Especialidade de Biologia do Desenvolvimento

Patrícia Gomes de Almeida

Tese orientada por: Prof. Dr. Sólveig Thorsteinsdóttir Prof. Dr. Isabel Palmeirim Prof. Dr. Raquel P. Andrade

Documento especialmente elaborado para a obtenção do grau de doutor

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The most beautiful things in the world cannot be seen or touched, they are felt with the heart.

- Antoine de Saint-Exupéry, The Little Prince

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Abstract

The metameric body plan of vertebrates is established during somitogenesis, one of the most complex morphogenetic events during development. Somites epithelialize periodically from the anterior-most presomitic mesoderm, and this rhythmicity is thought to be controlled by cyclic traveling waves of gene expression that sweep the tissue anteriorly. Although the spatial and temporal regulation of somitogenesis has been extensively studied, how the periodicity of genetic oscillations is translated into periodic somite epithelialization remains elusive. Furthermore, while knockout experiments have implicated the extracellular matrix component fibronectin in somite formation, much of the roles of its qualitative features deriving from its assembly state are still unknown.

The aim of this thesis is to re-address the role of fibronectin during paraxial mesoderm development, particularly during somite morphogenesis. In **Chapter 2**, we describe fibronectin production and assembly dynamics during early embryogenesis and found that it is highly dynamic throughout paraxial mesoderm development, as different forms of fibronectin assembly (autocrine *vs* paracrine) correlate with exquisite morphogenetic events. In **Chapter 3** we re-address the role of fibronectin during somite formation *in vivo*. We show that an intact fibronectin matrix and downstream mechanotransduction signaling are required for correct segmentation clock dynamics and somite morphogenesis. Our results suggest that the fibronectin matrix and its downstream chemical and mechanical cues couple genetic oscillations with timely somite morphogenesis. In **Chapter 4** we investigate the role of fibronectin in somite maturation. We demonstrate that normal fibronectin assembly is required for correct Sonic hedgehog signaling in the somite, which in turn controls fibronectin production in this tissue, suggesting that fibronectin and Sonic cooperate to orchestrate somite patterning and differentiation.

This thesis demonstrates that fibronectin is a dynamic pivotal player regulating paraxial mesoderm development. It also highlights the previously unappreciated importance of the extracellular matrix and its derived mechanical cues during embryonic development.

Keywords: fibronectin, paraxial mesoderm, somite, extracellular matrix, mechanotransduction.

Resumo

O padrão metamérico do plano corporal dos vertebrados é estabelecido na somitogénese, um dos mais complexos eventos morfogenéticos do desenvolvimento. Os sómitos epitelizam a partir da parte anterior da mesoderme pré-somítica de forma periódica, num processo controlado por ondas cíclicas de expressão génica que percorrem este tecido numa direcção posterior-anterior. Embora muitos estudos se tenham focado no controlo temporal e espacial da somitogénese, os mecanismos pelas quais estas oscilações genéticas se traduzem na morfogénese periódica dos sómitos são em grande parte desconhecidos. Por outro lado, foi demonstrado que a matriz extracelular de fibronectina é crucial à formação dos sómitos, mas o impacto das suas características qualitatitvas neste processo é também desconhecido.

Esta tese tem como objectivo reavaliar o papel da fibronectina durante o desenvolvimento da mesoderme paraxial, em particular na morfogénese dos sómitos. No **Capítulo 2**, analisamos a dinâmica de produção e montagem da fibronectina durante o desenvolvimento precoce, demonstrando que a montagem da matriz de fibronectina é extremamente dinâmica durante as várias fases de desenvolvimento da mesoderme paraxial, correlacionando com o seu rearranjo e maturação. No **Capítulo 3** analisamos o papel da matriz de fibronectina na formação de sómitos *in vivo*, mostrando que esta matriz e respectiva mecanotransdução são cruciais para a dinâmica do relógio de segmentação e morfogénese do sómito. Estes resultados apontam a matriz de fibronectina como o agente responsável à coordenação das oscilações genéticas com a formação periódica do sómito. No **Capítulo 4**, mostramos que a matriz de fibronectina é necessária à sinalização Sonic hedgehog nos sómitos, que por sua vez controla a produção de fibronectina neste tecido, sugerindo que ambos colaboram na padronização e diferenciação do sómito.

Os resultados desta tese demonstram que a fibronectina tem um papel fundamental na regulação do desenvolvimento da mesoderme paraxial, e evidencia a importância da matriz extracelular no desenvolvimento.

Palavras-chave: fibronectina, mesoderme paraxial, matriz extracelular, mecanotransdução

Resumo alargado

Uma das características mais proeminentes dos vertebrados é o padrão metamérico do seu plano corporal, particularmente evidente no arranjo segmentar da sua coluna vertebral. Este padrão segmentado tem origem durante a formação dos sómitos, um dos mais complexos e regulados eventos morfogenéticos do desenvolvimento precoce dos vertebrados. Os sómitos são segmentos esféricos de mesoderme paraxial localizados de cada lado das estruturas axiais, que se formam periodicamente a partir da região mais anterior da mesoderme pré-somítica e dão mais tarde origem às vertebras e costelas do esqueleto axial, ao músculo esquelético, derme, entre vários outros tecidos. Assim, é fundamental que a somitogénese ocorra de forma robusta e precisa, uma vez que qualquer problema neste processo origina uma situação patológica grave.

A periodicidade da formação de cada par de sómitos é acompanhada por oscilações do relógio de segmentação, constituído por ondas cíclicas de expressão génica que percorrem a mesoderme pré-somítica da zona posterior para a zona anterior. O período de cada ciclo destas ondas de expressão corresponde ao período necessário à formação de cada par de sómitos, sugerindo que estes processos estão intimamente relacionados. De facto, um conjunto alargado de genes envolvidos principalmente na via de sinalização Notch, mas também nas de Fgf (Fibroblast growth factor) e Wnt, foram descritos como fazendo parte deste relógio de segmentação em vários animais modelo, sugerindo que se trata de um processo conservado. Na ausência de determinados genes do relógio, em particular genes ligados à via Notch, a segmentação ocorre de forma irregular e desordenada, demonstrando a sua importância neste processo. Quando as ondas de expressão destes genes chegam à zona anterior da mesoderme pré-somítica, estas abrandam e estabilizam, de forma a que a sua banda de expressão mantida na zona anterior da mesoderme pré-somítica corresponde à fenda do próximo segmento. No entanto, os mecanismos através dos quais a estabilização das ondas do relógio se traduzem na ativação periódica da morfogénese da fenda somítica não são bem compreendidos.

Todos os tecidos e órgãos do embrião estão rodeados por matriz extracelular, de constituição e topologia específicas. Durante décadas, a matriz foi considerada como um constituinte passivo e estrutural do espaço extracelular, sem nenhuma relevância no comportamento e funções celulares para além da separação de tecidos e da manutenção da sua integridade. No entanto, a deleção genética de vários componentes da matriz são deletérias ainda *in utero*, e estudos mais recentes em culturas celulares vieram mostrar que a composição, densidade, topologia e rigidez de uma dada matriz tem um papel instrutivo na regulação das funções celulares, desde a sua migração e alteração de forma à sua proliferação ou diferenciação.

Durante todo o seu desenvolvimento, a mesoderme paraxial está associada a uma matriz extracelular de fibronectina que aumenta progressivamente de complexidade durante a maturação do tecido. Esta matriz de fibronectina está implicada na somitogénese, uma vez que embriões de ratinho cujo gene codificante para esta proteína (Fn1) foi eliminado formam alguma mesoderme paraxial, mas esta não segmenta. Este fenótipo é comum a outros animais-modelo com deficiências na matriz de fibronectina, sugerindo que a necessidade de uma matriz de fibronectina intacta para a normal formação de sómitos é transversal aos vertebrados. Embora esta matriz esteja claramente implicada na formação morfológica de sómitos, pouco se sabe sobre a sua função neste contexto, uma vez que a deleção do gene e a consequente ausência da proteína mascara os potenciais papéis de características relevantes da matriz, incluindo a sua complexidade e rigidez. A isto acresce o facto de muitos dos processos envolvidos no controlo temporal e espacial da somitogénese permanecerem obscuros, incluindo os mecanismos de estabilização das oscilações do relógio na mesoderme anterior, bem como a sua tradução na formação temporal de fendas somitícas regulares. Desta forma, o principal objectivo desta tese é clarificar quais as dinâmicas e funções da matriz extracelular de fibronectina ao longo do desenvolvimento da mesoderme paraxial, desde a sua formação à especificação dos derivados somíticos, com especial foco nos eventos morfológicos e moleculares inerentes à formação dos sómitos.

No Capítulo 2, analisamos a dinâmica de produção e montagem da fibronectina durante o desenvolvimento precoce dos embriões de galinha e ratinho, desde a gastrulação até à organogénese. Descrevemos que tecidos expressam o gene codificante para fibronectina, Fn1 e, portanto, produzem a proteína, e que tecidos montam a matriz fibrilar, analisando também o padrão de expressão do mRNA e a localização dos seus receptores específicos, as integrinas a5 e av. Neste Capítulo demonstramos que a montagem da matriz de fibronectina pode ser parácrina em vários contextos ao longo do desenvolvimento precoce, em que um tecido particular expressa Fn1 e produz a proteína, que por sua vez é recebida por um tecido adjacente que não produz fibronectina, mas procede à sua montagem, constituindo uma forma particular de comunicação entre tecidos. Os resultados obtidos neste Capítulo demonstram ainda que a produção e montagem da matriz de fibronectina é consideravelmente dinâmica durante o desenvolvimento da mesoderme paraxial, correlacionando com os vários eventos morfogenéticos sofridos pelo tecido ao longo da sua maturação. De facto, demonstramos que a montagem de fibronectina é autócrina nas células da linha primitiva e no esclerótomo já após sofrer a sua característica transição epitélio-mesênquima, sendo por sua vez parácrina nas células do epiblasto aquando da gastrulação e na mesoderme pré-somítica, no coração, na notocorda, no miótomo, bem como no tubo digestivo. Dada a relevância da matriz de fibronectina nos vários tecidos analisados, e sendo a sua montagem um evento parácrino em vários contextos ao longo do desenvolvimento, propomos que a montagem da matriz de fibronectina constitui um evento de comunicação celular de significância igualável à da sinalização via morfogénios.

No Capítulo 3, reavaliamos o papel da matriz de fibronectina na formação dos sómitos, analisando também o seu potencial papel na regulação do relógio de segmentação. Para este efeito, recorremos à cultura de explantes posteriores de embrião de galinha bem como à electroporação de embriões de galinha ex vivo, interferindo directamente desta forma com a montagem da matriz de fibronectina, a sua ligação a integrinas e a actividade e regulação do citoesqueleto, interferindo assim com a maquinaria de mecanotransdução das células da mesoderme pré-somítica. Os resultados obtidos neste capítulo experimental demonstram que a matriz de fibronectina e a sua ligação a integrinas, bem como a sua via intracelular de mecanotransdução, são cruciais para a correcta dinâmica do relógio de segmentação e a morfogénese da fenda somítica. Estes resultados evidenciam a importância da fibronectina na regulação da somitogénese, e apontam para um novo papel desta matriz na coordenação das oscilações do relógio com a morfogénese periódica dos sómitos. Também implicam a via de mecanotransdução ligada a integrinas nestes dois processos, constituindo mais um exemplo a adicionar aos recentes estudos que demonstram que a informação biomecânica providenciada pela matriz extracelular tem um papel instrutivo e fundamental não só em culturas celulares, mas também durante o desenvolvimento in vivo.

No capítulo experimental final, **Capítulo 4**, avaliamos o papel da matriz de fibronectina na maturação do sómito, uma vez que este está rodeado de uma densa matriz de fibronectina da qual não se conhecem as funções específicas. Os resultados obtidos neste Capítulo demonstram que a matriz de fibronectina é crucial para a normal sinalização Sonic hedgehog nos sómitos, uma das principais vias de sinalização envolvidas na sua diferenciação, responsável pela determinação do esclerótomo. Por outro lado, demonstramos também que a produção desta matriz de fibronectina é regulada por sinais derivados da notocorda, incluindo o próprio Sonic hedgehog, sugerindo que a fibronectina e Sonic colaboram para regular a padronização e diferenciação do sómito ventral, especificando o esclerótomo.

O trabalho apresentado nesta tese ilustra a natureza dinâmica da montagem e funções da matriz extracelular de fibronectina durante o desenvolvimento precoce dos vertebrados, em particular no desenvolvimento e morfogénese da mesoderme paraxial. Este trabalho contribui para a crescente consciencialização da relevância da matriz extracelular no desenvolvimento, sendo não só um suporte estrutural, mas também um agente activo e fundamental para a correcta embriogénese. Finalmente, os resultados obtidos nesta tese evidenciam ainda a importância da integração do estudo da mecanobiologia com o estudo do desenvolvimento, uma vez que a informação mecânica recebida pelos tecidos embrionários tem também um papel na sua maturação e desenvolvimento.

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List of Abbreviations and Acronyms

AKT	(Ak) Thymoma viral proto-oncogene
A-P	Antero-posterior
ADAM	A Disintegrin and Metalloproteinase
BMP	Bone Morphogenetic Protein
bHLH	Basic Helix-Loop-Helix
Cdc42	Cell Division Cycle 42
D-V	Dorso-ventral
DII	Delta-like
DOC	Deoxycholate
ECM	Extracellular Matrix
EGF	Epidermal Growth Factor
EGFR	Epidermal Growth Factor Receptor
EMT	Epithelial to Mesenchymal Transition
ERK	Extracellular signal-Regulated Kinases
FAK	Focal Adhesion Kinase
FGF	Fibroblast Growth Factor
FN	Fibronectin
GAG	Glycosaminoglycan
GTPases	Guanosine Triphosphatases
HER	Hairy/Enhancer of Split related
HES	Hairy/Enhancer of Split
HOX	Homeobox containing transcription factors
ILK	Integrin-Linked Kinase
IPP	ILK, PINCH and Parvin
JAG	Jagged
JNK	c-Jun N-terminal Kinase
Lnfg	Lunatic fringe
M-L	Medio-lateral
MAML	Mastermind-like
MAPK	Mitogen-Activated Protein Kinases
MET	Mesenchymal to Epithelial Transition
Mesp	Mesoderm Posterior
MLKC	Myosin light chain kinase
MMP	Matrix Metalloproteinase
MRCK	Myotonic Dystrophy Kinase-related

Ncad	N-cadherin / Cadherin-2
NICD	Notch Intracellular Domain
NMMII	Non-muscle Myosin II
PAK	p21-associated Kinase
PAPC	Paraxial protocadherin
Pax	Paired-box
РСР	Planar Cell Polarity
PDGF	Platelet-Derived Growth Factor
Phall	Phalloidin F-actin staining
PINCH	Particularly Interesting Cys-His-rich
PORD	Progressive Oscillatory Reaction-Diffusion model for somite formation
PSEN	Presenilin
PSI	Plexin-sempahorin-integrin Domain
PSM	Presomitic Mesoderm
РТВ	Phosphotyrosine Binding Domain
RA	Retinoic Acid
Rac1	Ras-related C3 botulinum substrate 1
RGD	Arginine-Glycine Aspartic acid
RhoA	Ras homolog A
RBPJ ĸ	Recombination signal sequence-binding protein k
ROCK	Rho-associated protein kinase
Shh	Sonic Hedgehog
Src	Cellular homolog of transforming gene of Rous sarcoma virus
TBX	T-Box transcription factor
TGFβ	Transforming Growth Factor Beta
VEGF	Vascular Endothelial Growth Factor
VEGFR	Vascular Endothelial Growth Factor Receptor
Wnt	Wingless/Integrated Family Members
YAP	Yes-associated protein
ZO-1	Zonula Occludens-1

Chapter 1

Introduction

Remember to look up at the stars and not down at your feet. Try to make sense of what you see and wonder about what makes the universe exist. Be curious. — Stephen Hawking

I. General Introduction

1. Paraxial mesoderm development

All vertebrates have a characteristic metameric body plan, most prominently visible in the arrangement of the vertebral column and associated muscles, essential for vertebrate locomotion. This characteristic segmented pattern of the vertebrate body plan has its origin in the formation of somites, which is one of the most complex and tightly regulated morphogenetic events of early development. Somites are repeated spheres of paraxial mesoderm that form periodically at each side of the axial structures. They give rise to the distinctly segmented vertebral column and also contribute to a variety of other tissues, including the skeletal muscles of trunk and limbs and the dermis of the back. This segmental pattern of the somites also dictates the metameric arrangement of blood vessels and the peripheral nervous system (Christ et al., 2004). Somite formation must therefore be tightly controlled in space and time, as failures in this process may result in several pathologies (Andrade et al., 2007). Given its importance and complexity, it is thus of no surprise that somite formation has fascinated embryologists for the past 170 years (Remak, 1850). Here I will review paraxial mesoderm development, from its origin during gastrulation to somite differentiation, focusing mainly on chick (Gallus gallus) and mouse (Mus musculus) development, but also referring to amphibians (Xenopus laevis) and fish (Danio rerio) when appropriate.

1.1. Paraxial mesoderm formation

1.1.1 Gastrulation

In 1986, developmental biologist Lewis Wolpert argued that "It is not birth, marriage, or death, but gastrulation which is truly the most important time in your life". Indeed, gastrulation is the developmental process through which the three embryonic germ layers – endoderm, mesoderm and ectoderm – form and which will give rise to all the different tissues and organs of the body (Fig. 1.1; Gilbert, 2006). Before gastrulation, the amniote embryo is composed of the dorsally located epiblast, and the hypoblast lying ventrally. In birds and mammals, all three germ layers come from the epiblast, which in the posterior region of the embryo forms a thickening in the midline called the primitive streak (Fig. 1.1). The anterior portion of the primitive streak is slightly thicker and forms the embryos (Fig. 1.1). Soon after primitive streak formation, Hensen's node in avian embryos and simply the node in mammalian embryos (Fig. 1.1). Soon after primitive streak towards the future anterior region of the embryo. Because of its position in the midline, the formation of the primitive streak establishes all embryonic axes – anteroposterior (A-P), dorso-ventral (D-V), medio-lateral (M-L) and left-right. Concomitantly



Fig. 1.1. Gastrulation in the avian embryo and fate map of mesodermal cells. (A) Illustrative representation of gastrulation in the avian embryo. Epiblast cells ingress either though Hensen's node and migrate anteriorly, giving rise to dorsal endoderm and head and axial mesoderm, or they ingress through the primitive streak, after which they originate endoderm or migrate laterally, giving rise to paraxial, intermediate, lateral and extraembryonic mesoderm. Adapted from Gilbert, 2006. (B) Fate map of a HH4 chick embryo, demonstrating that cells from Hensen's node and different axial positions on the primitive streak give rise to different mesodermal compartments later in development. Adapted from Stern, 2004.

with the formation of the primitive streak, epiblast cells go through an orderly epithelial to mesenchymal transition (EMT). Cells in Hensen's node ingress ventrally and migrate anteriorly, while cells in the primitive streak ingress ventrally through the streak and migrate laterally (Fig. 1.1). The A-P position of epiblast cells and the timing of their ingression will define their fate and final position in the embryo: cells ingressing earlier will give rise to more anterior structures, while cells ingressing later will develop into more posterior tissues (Fig. 1.1). Similarly, primitive streak cells closest to Hensen's node will give rise to medial structures, while cells located more posteriorly in the streak will form lateral structures (Freitas et al., 2001; Psychoyos and Stern, 1996; Schoenwolf et al., 1992; Stern, 2004).

When the primitive streak reaches its full A-P extension, Hensen's node starts regressing posteriorly, leaving behind precursors of dorsal endoderm and axial mesoderm along its journey (Iimura et al., 2007; Psychoyos and Stern, 1996). Once formed, anterior structures will immediately begin their developmental program. At the same time, gastrulation continues more posteriorly where undifferentiated cells are still being added to posterior tissues, which will consequently mature and differentiate later in development. This results in an A-P gradient of maturity of embryonic structures, with anterior tissues being more developed than those located more posteriorly (Sawada and Aoyama, 1999).

The mesoderm formed during gastrulation can be subdivided into four regions which are distinguished by their position relative to the embryo midline (Fig. 1.2; Gilbert, 2006). The axial mesoderm is deposited in the midline and will form the cephalic prechordal mesoderm and the notochord. Flanking each side of the axial mesoderm is the paraxial mesoderm, composed of a cephalic non-segmented region, the segmented somites and the presomitic mesoderm (PSM). Located immediately lateral to the paraxial mesoderm is the intermediate mesoderm, which will originate the urogenital system. Finally, the lateral-most


Fig. 1.2. Mesoderm derivatives in the vertebrate embryo. (A) Scanning electron microscopy image of a transverse section of a 48-hour chick embryo. 1 – Neural tube; 2 – Notochord; 3 – Dorsal aorta; 4 – Ectoderm; 5 – Intermediate mesoderm; 6 – Epithelial somite (dorsal); 7 – Epithelial somite (ventral); 8 – Mesenchymal somitocoel; 9 – Lateral plate mesoderm (somatic); 10 – Lateral plate mesoderm (splanchnic); 11 - Endoderm. Adapted from Christ et al. 2007. **(B)** Schematic representation of a transverse section of a 48-hour chick embryo. Adapted from Dietrich et al., 1997.

mesodermal structure is the lateral plate mesoderm, which becomes further subdivided into the dorsal somatic mesoderm and the ventral splanchnic mesoderm, and will contribute to many different tissues and organs, including the connective tissue of the limbs and the circulatory system.

1.1.2 Commitment of Paraxial mesoderm precursors

Mesodermal precursors are specified in the primitive streak, and this commitment is reflected by the expression of Brachyury (or T, from Tail), a transcription factor from the T-box family (Wilkinson et al., 1990). Brachyury activation is dependent on both Wnt and Fibroblast Growth Factor (Fgf) signaling in the primitive streak (Ciruna and Rossant, 2001; Sun et al., 1999; Yamaguchi et al., 1999), and is required for the correct gastrulation of mesodermal precursors – in its absence, epiblast cells fail to ingress and migrate (Wilkinson et al., 1990; Wilson et al., 1995). Indeed, Wnt3a and Brachyury are both essential for promoting the mesenchymal morphology and mesodermal fate of ingressing epiblast cells (Yamaguchi et al., 1999).

Paraxial mesoderm precursors also activate the expression of an additional T-box transcription factor, Tbx6, in a Brachyury-dependent manner (Chapman et al., 1996). Once activated, the maintenance of both Brachyury and Tbx6 expression depends on Wnt3a signaling (Yamaguchi et al., 1999). In addition to promoting paraxial mesoderm development (Takemoto et al., 2011), Tbx6 also acts as a negative regulator of neuronal fate, as Tbx6-null embryos form two ectopic Sox2-expressing neural tubes at the expense of paraxial mesoderm (Chapman and Papaioannou, 1998).

Thus, while paraxial mesoderm precursors are specified by their A-P position in the primitive streak and the timing of their ingression, commitment to paraxial mesoderm is

reinforced molecularly through the expression of both Brachyury and Tbx6, which further regulate paraxial mesoderm development. It is important to note that the mouse Tbx6 and the avian Tbx6L (Tbx6-like) are not homologous (Knezevic et al., 1997; Kondoh and Takemoto, 2012). While both genes share high sequence similarity in their T-box domain, the rest of their sequence is highly divergent. Nevertheless, both genes share the same function in paraxial mesoderm commitment and development (Chapman et al., 1996; Knezevic et al., 1997; Sheng et al., 2003), and may thus be considered functionally comparable.

During gastrulation, the precursors of the paraxial mesoderm are located both in and adjacent to the primitive streak, just caudal to the Hensen's node (Fig. 1.1; Hatada and Stern, 1994; Iimura et al., 2007; Psychoyos and Stern, 1996). These precursors start to ingress while the primitive streak is still extending anteriorly and continue their ingression as Hensen's node regresses, contributing to paraxial mesoderm throughout the axis. Remarkably, cells of the medial and lateral portions of the PSM have different origins. Precursors of the medial portion of the PSM reside more anteriorly in the primitive streak, and behave as a pool of resident stem cells which remains in the streak and contributes with mesodermal cells throughout the full A-P length of the tissue (Iimura et al., 2007). In contrast, the lateral portion of the PSM is generated by continuous ingression of epiblast cells through the streak. (Iimura et al., 2007).

The posterior regression of Hensen's node occurs concomitantly with embryo growth and is completed by stage HH12 in the chick embryo (16-somite stage, Hamburger and Hamilton, 1992; Schoenwolf, 1979). From this stage onwards, new mesodermal cells enter the caudal tissues through the tailbud. The tailbud is the most posterior structure of the elongating embryo and is a functional remnant of Hensen's node and the primitive streak, which contains neural and mesodermal precursors (Catala et al., 1995; Catala et al., 1996).

1.2. The presomitic mesoderm and somites

During gastrulation through the tailbud, the PSM maintains its relative length as the embryo grows caudally, with the tailbud continuously providing new cells to the caudal end of the PSM, while the anterior end of the tissue segments into epithelial somites (Fig. 1.3). Cells entering the PSM divide once or twice before being incorporated into a somite, which occurs around 20h after they entered the PSM (Stern et al., 1988).

PSM cells are highly dynamic and motile, frequently changing neighbors – however, in the anterior two thirds of the PSM, these movements are restricted to about the length of 1 presumptive somite (Kulesa and Fraser, 2002; Stern et al., 1988). In fact, soon after entering the tissue from the tailbud, PSM cells remain in approximately the same axial position, being displaced anteriorly as the embryo grows (Fig. 1.3; Bénazéraf et al., 2010; Kulesa and Fraser, 2002). This displacement is accompanied by changes in the maturation of PSM cells from caudal to rostral. Accordingly, in the posterior two thirds of the PSM, cells

remain undifferentiated and proliferative, while in the anterior third crucial aspects of somite maturation are already being defined (Saga and Takeda, 2001; Saga et al., 1997; Takahashi et al., 2000). Importantly, these cells are already changing their expression profile and morphology to prepare for being incorporated into a somite (Saga and Takeda, 2001). Spatial positioning of future segment boundaries and the period at which boundaries will form is defined in the rostral PSM prior to morphological segmentation, as is the establishment of the rostro-caudal polarity of the prospective somite (see sections 1.2.6, *Notch signaling and Mesp2 activation* and 1.3.1, *Boundary formation* for more details). Additionally, the anterior-most end of the PSM is already undergoing morphological boundary formation and epithelialization of its peripheral cells (Martins et al., 2009).

Somite formation is characteristic of vertebrates, but the rhythm at which somites form varies widely between species. One new somite pair forms every 30 minutes in the zebrafish (Schröter et al., 2008), 90 minutes in the chick (Palmeirim et al., 1997), 2 hours in the mouse (Tam, 1981) and between 4 to 6 hours in humans (Bailey and Dale, 2015). The length of the PSM and total number of segments formed are also species-specific: while the zebrafish forms a total of 33 somite pairs, humans form around 38-44 pairs, mice have a total of 65 pairs, and the corn snake (*Pantherophis guttatus*) has more than 300 (Gomez et al., 2008). These changes in segment number are of evident evolutionary importance, as for example different segment numbers in fish allow distinct modes of swimming, enabling adaptation to different environments (Hubaud and Pourquié, 2014). Intriguingly, while it was long believed that somite formation would only stop after complete exhaustion of PSM



Fig. 1.3. PSM development during embryo elongation. The PSM maintains its length as the embryo grows caudally, with new cells being added in the caudal end of the embryo, while somites bud off from the anterior PSM. Once in the PSM, the cells remain approximately at the same axial position (square) whereas their relative position within the PSM is progressively displaced anteriorly until they are incorporated into a somite. Adapted from Hubaud and Pourquie, 2014.

tissue, that is not the case. Indeed, somite formation stops before complete segmentation of the PSM, leaving a portion of unsegmented tissue in the caudal tip of the embryo (Tenin et al., 2010). The mechanism by which somitogenesis comes to a halt is still unknown.

1.2.1 Somite nomenclature

Christ and Ordahl (1995) defined a nomenclature system able to distinguish between different "ages" of the somites of a given embryo. As mentioned above, the PSM and somites show an A-P gradient of maturity whereby cells in the PSM and somites become more mature as they are "displaced" anteriorly (Fig. 1.3). This system was later refined by Pourquié and Tam (2001) (Fig. 1.4; Christ and Ordahl, 1995; Pourquié and Tam, 2001). Arabic numerals are used to identify somites according to their relative position to the rostral end of the embryo. For example, the first 5 anterior somites (somites 1 to 5) give rise to the occipital bone in both chick and mouse embryos (Fig. 1.4, Christ and Ordahl, 1995). Conversely, the "age" of a given somite is defined by Roman numerals and reflects their relative distance to the anterior end of the PSM (Fig. 1.4; Pourquié and Tam, 2001). Thus, the forming somite in the anterior PSM is defined as somite 0 (S0), while already formed somites which are anterior to S0 are numbered SI, SII, SIII (somite one, two, and three, respectively) and so forth. Thus, at any given developmental stage, the most recently formed somite is SI, which will later develop into SII, SIII, SIV etc. as more somites form caudal to it. In addition, presumptive somites in the PSM are also numbered according to their relative position to S0, identified by negative Roman numerals. Thus, these are somites S-I (somite minus one),



Fig. 1.4. Nomenclature system for somite staging. Adapted from Pourquie and Tam, 2001.

S-II, S-III, S-IV etc (Fig. 1.4). While the PSM is not segmented, this nomenclature is useful to distinguish events occurring in the posterior-most undifferentiated PSM vs. the anterior third of the PSM (S-IV to S-I), where PSM cells start their molecular and morphological segmentation program (see section 1.2.2, *Gradients in the PSM* for more details).

1.2.2 Gradients in the PSM

As development proceeds, cells in the posterior PSM progressively change their relative position within the PSM, becoming more and more anterior with the development and growth of the embryo. PSM cells are thought to start their differentiation program when they reach a given axial position in the anterior PSM (Saga and Takeda, 2001). The transition between these two cellular states is thought be accomplished by the action of different morphogen gradients in the PSM, which define an axial level where PSM cells switch from an undifferentiated state to a differentiating state. This is the so-called determination front (Fig. 1.5; Hubaud and Pourquié, 2014).

The first morphogen gradient to be implicated in this A-P maturation gradient was the Fgf8 mRNA gradient. Cells in the posterior PSM have more mRNA for Fgf8 compared to cells in its anterior end in zebrafish, chick and mouse embryos (Dubrulle and Pourquié, 2004; Dubrulle et al., 2001; Naiche et al., 2011; Sawada et al., 2001). Both Fgf8 and Fgf4 are transcribed in gastrulating cells, but their transcription stops as these cells enter the caudal PSM. This pool of Fgf mRNA is then gradually degraded over time, as the relative position of the cells in the PSM is displaced anteriorly. This results in a posterior to anterior gradient





of Fgf signaling, with higher levels of Fgf activity in posterior PSM and negligible levels in the anterior PSM (Dubrulle and Pourquié, 2004). This Fgf gradient was later found to have a role in segmentation as overexpression of Fgf8 in the chick PSM results in either formation of smaller somites or absence of somites, indicating that high levels of Fgf inhibit somite formation (Dubrulle et al., 2001). Conversely, if the Fgf signaling pathway is inhibited in the avian PSM, the resulting somites are bigger. These results indicate that Fgf signaling has a role in both maintaining PSM cells undifferentiated and defining the size of the somites. Accordingly, conditional knockout of Fgfr1, which is the only Fgf receptor in the PSM, in the mouse, results in the loss of dynamic cyclic gene expression (see section 1.2.3, *The segmentation clock*, for more details) and eventual arrest of somite formation (Wahl et al., 2007).

Wnt3a also shows a posterior to anterior gradient of mRNA expression in the PSM, which is accompanied by an expression gradient of the Wnt target Axin2 and the nuclear localization of β-catenin (Aulehla et al., 2003; Aulehla et al., 2008). When a Wnt ligand binds to its transmembrane Frizzled receptor, β-catenin translocates from the cytoplasm to the nucleus, where it acts as a transactivator of LEF/TCF transcription factors, promoting the transcription of Wnt target genes (Schambony et al., 2004). If β-catenin is constitutively active in the nucleus of PSM cells, the undifferentiated domain of the PSM expands anteriorly and no somitic borders are formed, although the segmentation clock keeps oscillating (Aulehla et al., 2008; see section 1.2.3, The segmentation clock, for more details). This phenotype was shown to be indirectly controlled by Fgf signaling, suggesting that both pathways cooperate to maintain the immature state of the posterior PSM (Aulehla et al., 2008). Accordingly, constitutive expression of Axin2, a Wnt antagonist, in the mouse embryo results in bigger somites, while increasing Wnt3a levels generates smaller somites. These phenotypes resemble those of blocking or increasing Fgf signaling, respectively (Aulehla et al., 2003). Similarly, in the zebrafish, reducing the Wnt gradient without affecting mesoderm production shifts the segmenting domain of the PSM caudally and results in the production of larger somites. Thus, the determination front is defined by a threshold of Fgf and Wnt activity, which dictates the axial level in the PSM where cells leave their naïve state and start differentiating.

The determination front is further strengthened by an opposing gradient of Retinoic acid (RA) activity (Diez del Corral et al., 2003). RA is thought to be produced in recently formed somites by Raldh2, an enzyme that catalyzes RA synthesis (Aulehla and Pourquié, 2010; Niederreither et al., 1997), and degraded in the posterior PSM by Cyp26a1, an enzyme which metabolizes RA, resulting in an anterior to posterior gradient of RA in the PSM (Abu-Abed et al., 2001; Fujii, 1997; Sakai et al., 2001). This gradient appears to counteract that of Fgf signaling: when RA is absent in the quail embryo, the Fgf8 expression domain shifts anteriorly and the resulting somites are smaller (Diez del Corral et al., 2003). This is also observed when RA levels are reduced in both mouse and zebrafish embryos (Kawakami et

al., 2005; Kumar and Duester, 2014). Conversely, treatment with an RA agonist strongly reduces Fgf8 levels (Diez del Corral et al., 2003). However, the mechanism by which RA controls Fgf levels is unclear. Importantly, the posterior edge of RA activity in the PSM is rather sharp and not graded, and downregulation of Cyp26a1 expression in the PSM does not result in caudally-extended RA activity (Wahl et al., 2007). Moreover, the Fgf8 gradient results from increased mRNA decay and not from differential transcription. RA has no known role in the regulation of mRNA stability, although it interacts directly with Fgf8 promoter in the PSM (Kumar and Duester, 2014). Finally, deficiency in Rdh10, which also controls RA activity, has no effect on either Fgf8 expression nor segmentation in the mouse (Cunningham et al., 2015).

Thus, gradients of Fgf/Wnt and possibly RA activity define two different regions of the PSM: region I, which is maintained undetermined by high Fgf/Wnt levels and is thus termed the undifferentiated PSM; and region II, located anteriorly to the determination front and is called the determined PSM, which in the chick embryo spans from S-IV to S0 (Fig. 1.4 and 1.5; Saga and Takeda, 2001).

1.2.3 The segmentation clock

The periodicity of somite formation suggests that the segmentation of the PSM is controlled by an intrinsic oscillator (Cooke and Zeeman, 1976). The first evidence for the existence of such an oscillator was reported in the chick embryo, where Hairy1, the avian homolog of the Drosophila pair rule gene hairy, was expressed in varying patterns along the PSM of embryos of the same developmental stage (Palmeirim et al., 1997). These different Hairyl expression patterns were found to reflect distinct phases of a cyclic wave of expression that repeats itself every 90 min, which in turns corresponds to the time needed for a new somite pair to form in the chick. The authors found that *Hairy1* expression sweeps the PSM from posterior to anterior which culminates in the stabilization of its expression in a single band corresponding to the posterior region of the next presumptive somite (Fig. 1.6 A; Palmeirim et al., 1997; Resende et al., 2014). Concomitantly with the formation of this anterior stripe of stable *Hairy1* expression, a new expression domain arises in the posterior PSM, corresponding to the next phase of the cycle. The dynamic expression pattern of *Hairy1* was confirmed about 10 years later, when Masamizu and colleagues drove the expression of a luciferase reporter in the mouse PSM under the control of the promoter of *Hes1*, the murine homolog of *Hairy1*. The reporter clearly showed traveling waves of *Hes1* expression sweeping the PSM from posterior to anterior, its stabilization in S0 and its disappearance upon somite formation (Masamizu et al., 2006), while Hes1 mRNA becomes restricted to the caudal portion of the somite (Jouve et al., 2000). Importantly, the period of one Hes1 cycle also corresponds to the period of formation of one somite pair in the mouse (i.e., around 2 hours). The propagation of this wave is independent of both cell movement and division



Fig. 1.6. Segmentation clock oscillations. (A) Schematic representation of the distinct phases of the segmentation clock cycle, represented by the oscillating expression of *Hairy1. Hairy1* transcriptional oscillations propagate in a posterior to anterior direction (Phase I to III), slowing down in the anterior PSM (Phase II-III) and arriving at the rostral-most PSM concomitantly with somite formation (Phase I). This expression pattern is a kinematic wave, in which individual PSM cells periodically turn on and off the expression *Hairy1* mRNA (square). Adapted from Resende et al., 2014. **(B)** Schematic representation of the negative feedback underlying cyclic *Hes* expression. Fgf and Notch signals induce the synthesis of Hes mRNA and proteins. These proteins will then mediate their own transcriptional repression. Both Hes mRNA and proteins are unstable, and together with their transcriptional repression, this results in their rapid disappearance from the cell. This in turn allows for the next cycle of *Hes* activation, thus driving oscillatory Hes mRNA and protein expression. Adapted from Harima et al., 2014.

(Palmeirim et al., 1997). Furthermore, these oscillations are tissue autonomous, as cultured PSMs isolated from the surrounding tissues still express dynamic *Hairy1* (Palmeirim et al., 1997).

After this initial discovery, hundreds of genes with oscillating behavior have been found in the PSM of zebrafish, frog, snake, chick and mouse embryos, suggesting that this oscillatory behavior of genes in the PSM is evolutionarily conserved (Gomez et al., 2008; Krol et al., 2011; Li et al., 2003). These cyclic genes constitute the so-called segmentation clock. The most conserved clock genes are those encoding for proteins of the Hairy and enhancer of split family (HES, which includes Hes, Her and Hairy), which are transcriptional repressors downstream of the Notch pathway. Importantly, at least one HES gene has an oscillatory behavior in the PSM of zebrafish, mouse and chick embryos, suggesting that the HES gene family is at the core of the vertebrate segmentation clock. In fact, only Hes1 and Hes7 orthologs have been found to be cyclic in all studied species, while other genes can be cyclic or non-cyclic depending on the species (Krol et al., 2011). In addition to the cyclic components and targets of the Notch pathway, such as Lunatic fringe (Lnfg), Nrarp or Deltalike 1 (Dll1; Dequeant et al., 2006; Forsberg et al., 1998; Kageyama et al., 2018) the other oscillating genes in the vertebrate PSM were found to belong to just two more signaling pathways, namely that of Fgf and Wnt (Dale et al., 2006; Dequéant et al., 2006; Krol et al., 2011).

1.2.4 How to establish oscillations

Remarkably, the oscillation of segmentation clock gene expression is initiated during gastrulation, long before somitogenesis takes place (Freitas et al., 2001; Ishimatsu et al., 2010; Jouve et al., 2002; Riedel-Kruse et al., 2007). In the PSM, cells in different axial positions will be in different phases of the expression cycle (Fig. 1.6 A). The pattern of oscillation has specific features: (1) a wave of gene expression travels the PSM from posterior to anterior; (2) as this wave reaches the anterior PSM, it slows down and arrests immediately rostral or caudal to the region that will become the future segment boundary; and (3) these waves are cyclic, being repeated every time a new somite pair forms (Oates et al., 2012).

Although many genes exhibit oscillatory behavior in the PSM, the likely candidates for generating single cell oscillations are the HES genes, which repress the transcription of many segmentation clock genes, including their own (Harima et al., 2014; Kageyama et al., 2012; Schröter et al., 2012). This generates a negative feedback loop that gives rise to the cyclic pattern of genetic oscillations (Fig. 1.6 B; Novák and Tyson, 2008). Accordingly, knockdown of Hes7 in the mouse leads to alteration of the cyclic expression profiles of both Notch- and Fgf-related segmentation clock genes (Bessho et al., 2001; Ferjentsik et al., 2009), although Wnt activity remains cyclic suggesting that Hes7 does not regulate Wntmediated oscillations. Conversely, while the activation of Hes7 expression in the posterior PSM is Fgf-dependent, its rostral propagation is dependent on Notch signaling (Ferjentsik et al., 2009; Niwa et al., 2007). Hes7 appears to be the only non-redundant player in the clock machinery of the mouse, since double knockout of Hes1 and Hes5 does not lead to segmental defects nor altered clock oscillations (Bailey and Dale, 2015). Importantly, Hes7 is the only HES in the mouse whose expression is specifically restricted to the PSM. The cycle of genetic activation and repression is accomplished by the rapid degradation of HES proteins, making their repressive activity transitory (Fig. 1.6 B). These proteins have a short half-life, which is a crucial feature for the generation of oscillating gene expression patterns: extending the half-life of Hes7 from 22 to 30 minutes in the mouse while maintaining its repressor activity leads to a progressive loss of oscillations (Hirata et al., 2004).

The period of oscillations is defined by the time it takes for mRNA transcription, intron splicing, nuclear export, translation and post-translation protein modifications, and mRNA and protein decay. While transcription has been found to be rapid and contribute little to this delay, intron splicing has a significant contribution to the period of oscillations. For instance, the expression of an *Hes7* reporter from which all the introns were removed results in a shorter interval (19 minutes shorter than wildtype *Hes7*) between its expression and translation, abolishing its oscillatory behavior and leading to major segmental defects (Takashima et al., 2011). Only reducing the number of *Hes7* introns results in a reduction of the clock period by 5 minutes, and the formation of extra vertebrae (Harima et al., 2013).

Synchronization of oscillations by neighboring PSM cells is dependent on Notch-Delta signaling (Delaune et al., 2012; Herrgen et al., 2010; Soza-Ried et al., 2014). When components of the Notch pathway are knocked out in the mouse embryo, the oscillatory behavior of segmentation clock genes is lost (Ferjentsik et al., 2009; Zhang et al., 2002). In the zebrafish, loss of Notch components leads to progressive loss of coherent oscillations, and segmentation clock genes become expressed in a salt-and-pepper manner, indicating loss of synchrony (Jiang et al., 2000; Oates and Ho, 2002). Indeed, mathematical modeling predicts that Notch-based feedback loops support the building of waves of coherent oscillations between neighboring PSM cells at the tissue level (Lewis et al., 2009). However, reciprocal Notch activation and repression does not completely account for the pacemaker – segmentation clock genes downstream of the Wnt pathway oscillate in a Notch-independent manner (Aulehla et al., 2003; Feller et al., 2008). Conversely, the Fgf pathway seems to be upstream of both Wnt and Notch in controlling the segmentation clock (Niwa et al., 2011; Wahl et al., 2007).

The dynamics of the segmentation clock are complex, as genes belonging to the different signaling pathways cycle in or out of phase depending on the A-P region of the PSM. For instance, waves of Notch target genes and pERK (a downstream target of Fgf signaling) sweep the posterior PSM in-phase, while becoming progressively out of phase when reaching the anterior-most PSM, which is positive for Notch components but negative for pERK, causing a phase-shift (Hubaud and Pourquié, 2014; Niwa et al., 2011). Conversely, components of the Wnt and Notch pathway oscillate out of phase in the posterior PSM, but progressively become in-phase when their wave of expression arrives in the anterior PSM (Sonnen et al., 2018). Additionally, segmentation clock genes from different signaling pathways show different dynamics: while *Dusp4* and *Axin2* (downstream of Fgf and Wnt, respectively) display a dynamic on/off expression in the posterior PSM, waves of *Lnfg* (downstream target of Notch) sweep the full length of the PSM continuously (Aulehla et al., 2003; Forsberg et al., 1998; Niwa et al., 2011). Recent evidence also suggests that clock oscillations are faster in the caudal PSM and slower in the rostral PSM, adding more complexity to the system (Niwa et al., 2011; Shih et al., 2015).

1.2.5 Models for somite formation

The fact that somites form in a periodic fashion has intrigued embryologists for decades, and models for somite formation were proposed in as early as 1917 (Kulesa et al., 2007). The Clock and Wavefront model proposed by Cooke and Zeeman in 1976 was the first to postulate the existence of an oscillator controlling the pace of somite formation (Cooke and Zeeman, 1976). According to this model, the correct spatiotemporal formation of somites is accomplished by the combining activities of two different components: (1) an internal oscillator, intrinsic to PSM cells, which oscillate between a permissive and a non-

permissive state; and (2) a traveling wavefront of maturation that moves posteriorly in the PSM, which defines the region where oscillations will arrest and the next somite will form. While the presence of oscillating genetic activity in the PSM was only first discovered 20 years after Cooke and Zeeman proposed the Clock and Wavefront model, since then many experimental studies have provided further evidence in favor of this model, making it the most widely accepted model for somite formation (see sections 1.2.2, *Gradients in the PSM* and 1.2.3, *The segmentation clock*, for more details).

The oscillations of segmentation clock genes are presumed to constitute the Clock, in which neighboring cells synchronize their genetic oscillations and a cyclic wave of expression coherently travels from posterior to anterior in the PSM. Conversely, the Wavefront corresponds to the determination front established by Fgf/Wnt posterior to anterior gradients, which are displaced caudally as the embryo grows, maintaining the caudal PSM cells with oscillating activity and undifferentiated. Thus, during the period of formation of one somite pair, a kinematic wave of expression of segmentation clock genes will travel the PSM from its caudal to its rostral end, while the determination front moves posteriorly as the embryo is elongating (Fig. 1.7 A). When PSM cells are hit by this determination front, cells that are in the same phase of the clock cycle will arrest their oscillations, and eventually form a new somite. This model also postulates that the size of the segment is defined by the distance travelled by the wavefront during one cycle of the clock.

Although the Clock and the Wavefront have been long regarded as independent entities, recent evidence is emerging suggesting that these players cross-talk, supporting the more recent "phase-shift" models (Fig. 1.7 B). In these models, the clock is a periodic inductive signal (the oscillations of the segmentation clock) and the wavefront is a periodic



Fig. 1.7. Theoretical models for somite formation. (A) The classic Clock and Wavefront model. The new segment is defined by the length travelled by the wavefront (blue line) when the next clock cycle (orange) arrives at the anterior PSM. **(B)** Phase-shift models. The new segment is defined by a shift in different oscillators. In the mouse, the Notch oscillator (green) travels further rostral than the pERK oscillator (purple), and the next segment is defined when the Notch oscillator reaches a pERK negative area. **(C)** PORD model. The travelling wave of oscillatory clock activity is stabilized in the anterior PSM by the repressive action of the last formed stripe, thus defining the next segment. Adapted from Hubaud and Pourquié, 2014.

competency signal, whose position is influenced by the clock. Indeed, as referred previously, some targets of both Fgf and Wnt signaling have been found to oscillate in the PSM – genes from the Wnt pathway oscillate out of phase with Notch signaling in the posterior PSM, becoming in-phase with Notch cycles when arriving in the anterior PSM. Conversely, Fgf and Notch downstream targets oscillate in phase in the posterior PSM, but in the anterior region, oscillations of Notch-related genes move more anteriorly in respect to pERK (downstream of Fgf) oscillations, creating a shift (Fig. 1.7 B). Thus, the somite is determined in the region of the anterior PSM that has Notch oscillations, but no pERK signaling (Fig. 1.7 B).

Mathematical modeling has shown that the slowing down of clock oscillations does not need to be coupled with traveling morphogen gradients, as the coupling between oscillators may be sufficient to transform these oscillations into spatial patterns. In this model, the wavefront is a phase gradient of the clock, and not a separate player (Murray et al., 2011). A recent model proposed by Cotterel et al. (2015) called the Progressive Oscillatory Reaction-Diffusion (PORD) model is a challenge to the Clock and Wavefront (Cotterell et al., 2015). Indeed, they found that both molecular oscillations and a traveling wavefront participate in somitogenesis, particularly in stripe formation. However, these stripes are defined by the diffusion of a repressor molecule secreted by the adjacent stripe, and thus the wavefront is an emergent property of the system rather than a causal agent (Fig. 1.7 C). Importantly, this model does not rely on positional information provided by morphogen gradients. Moreover the authors provide experimental evidence that Fgf may block MET caudally, thus serving as a means to regulate the proper timing of the MET in the anterior PSM (Cotterell et al., 2015).

1.2.6 Notch signaling and Mesp2/Meso1 activation – Defining the boundary and rostrocaudal polarity of the future somite

The activation of Notch signaling starts with the interaction between a transmembrane Notch receptor of one cell and a Delta/Jagged ligand in the membrane of a neighboring cell. The affinity of this interaction is modulated by Fringe, a glycosyltransferase that can either promote or inhibit Notch signaling. Binding of the ligand to Notch leads to its cleavage by the action of both the ADAM-family of metalloproteases and γ -secretase. Cleavage of the Notch receptor by the γ -secretase complex releases the Notch Intracellular Domain (NICD), which is translocated to the nucleus and associates with RBPJ κ (recombination signal sequence-binding protein κ), creating a transcriptional activator complex and promoting the transcription of Notch target genes (Fig. 1.8; Borggrefe and Oswald, 2009; Totaro et al., 2018).

Notch signaling is undoubtedly implicated in somite formation, since mice carrying null mutations for various components of the pathway show somite defects. These include mutations in genes encoding for the Notch1 and Notch2 receptors (Huppert et al., 2005; Swiatek et al., 1994), the ligands Dll1 (Hrabě de Angelis et al., 1997) and Dll3 (Kusumi



Fig. 1.8. Notch signaling cascade. Binding of ligands (green) on one cell to the Notch receptor (blue) of a neighboring cell induces the proteolytic cleavage of the NICD through the action of ADAM proteases extracellularly and the presenilindependent γ -secretase complex intracellulary. NICD then translocates to the nucleus, where it associates with RPBJ and MAML to drive the transcription of its target genes. These may be their own negative regulators such as Hes or Fringe. Interaction between a receptor and ligand on the same cell results in cis-inhibition of Notch signals. DLL – Delta-like. JAG – Jagged. NICD – Notch intracellular domain. RBPJ - recombination signal sequence-binding protein. MAML - Mastermind-like. Adapted from Totaro et al., 2018.

et al., 1998), the γ -secretase component Presenilin 1 (Psen1; Wong et al., 1997), the Notch modulator Lnfg (Dale et al., 2003; Evrard et al., 1998; Zhang and Gridley, 1998), the transcriptional co-activator RBPJk (Ferjentsik et al., 2009) and the Hes7 target gene (Bessho et al., 2001). Remarkably, the somite defects of these mutants include not only deficient segmentation clock oscillations, but also defective morphogenesis of somites, which exhibit abnormal shape, size and rostro-caudal polarity, leading to the formation of fused vertebrae and deficient patterning of peripheral nerves. Thus, Notch signaling has several roles during somite specification, morphogenesis and maturation – it regulates and is part of the segmentation clock, coordinates segment boundary formation, and has a role in specifying the rostral and caudal compartments of the future somite. These outputs of Notch signaling in the PSM are a consequence of the cyclic activation of one of its target genes, the bHLH transcription factor Mesp2 in the mouse, Meso1 in the chick, or mespa/mespb in the zebrafish (Buchberger et al., 1998; Saga et al., 1997; Sawada et al., 2000). Oscillating Notch signaling periodically activates Mesp2 expression (or that of its homologs) in the S-II and/or S-I in the PSM of these embryos. This is accomplished by interactions of high levels of NICD with the transcription factor Tbx6 in a region with low pERK (Fig. 1.9; Hubaud

and Pourquié, 2014; Niwa et al., 2011; Saga, 2012). Accordingly, high levels of Fgf in the posterior PSM repress Mesp2 expression, even in the presence of Tbx6, which is expressed evenly throughout the PSM with its anterior-most border corresponding to S-I (Delfini et al., 2005; Dubrulle et al., 2001; Niwa et al., 2011; Saga, 2012; Sawada et al., 2001). When the cyclic wave of NICD arrives upon this region where pERK is low, both NICD and Tbx6 activate Mesp2 expression in a band that corresponds to the length of one presumptive somite (Fig. 1.9). Mesp2 then activates Ripply2 expression which promotes the degradation of Tbx6 protein in this region, shifting the anterior border of *Tbx6* expression one somite length posteriorly. This defines the region where the next wave of NICD will interact with Tbx6 to activate Mesp2 expression during the next cycle (Fig. 1.9; Dahmann et al., 2011; Saga, 2012; Yasuhiko et al., 2006). The anterior border of Mesp2 expression coincides with the region of the PSM that will later form a segment boundary, suggesting that Mesp2 has a role in positioning the future somitic cleft (Fig. 1.9, Morimoto et al., 2005; Oginuma et al., 2010). Indeed, Mesp2-null mice have disorganized somites, with irregularly positioned segment boundaries (Saga et al., 1997). Thus, molecular segmentation of the PSM precedes morphological boundary formation.



Fig. 1.9. Mesp2 activation in the mouse embryo. Schematic representation of the sequential molecular events leading to Mesp2 (Meso1 in chick) activation and function. During Phase I of the segmentation clock oscillations, low pERK signals in S-I (S-II in chick) create a permissive environment for high Notch signaling which, combined with Tbx6 protein (geen), induces the transcription of *Mesp2* (orange). Mesp2 protein (purple) then activates *Ripply2* transcription during Phase II, and Ripply protein (blue) induces Tbx6 degradation in Phase III, leading to a posterior shift of one-somite length in its anterior domain. Ripply2 also negatively regulates *Dll1* and *Mesp2* expression. Mesp2 thus becomes restricted to the rostral half of S-I. Adapted from Saga, 2012.

Soon after its activation in S-I/S-II, *Mesp2* expression is further restricted to the rostral half of the presumptive segment in a process induced by Mesp2 itself, as Ripply2 also mediates its repression, confining Mesp2 to the rostral region of the presumptive segment (Fig. 1.9). Mesp2 also activates *Lnfg* and represses *Dll1*, thus inhibiting Notch signaling in this domain (Saga, 2012). This results in the restriction of *Dll1* expression to the caudal domain of the future somite, where Dll1 activates Notch signaling . Together, these signaling events provide the foundation for the establishment of the rostro-caudal polarity of the future somite, which occurs when cells are still in the unsegmented PSM. Accordingly, the entire somite of *Mesp2*-null mice has a caudal identity (Takahashi et al., 2003).

Mesp2 in the rostral domain of the future segment contributes to the establishment of rostral identity by activating the expression of *Tbx18*, a T-box transcription factor that specifies the rostral compartment of the future somite. Conversely, the presumptive caudal half maintains *Dll1* expression and thus activates both Notch signaling and the expression of *Uncx4.1*, which is restricted to this caudal domain in both chick and mouse somites (Mansouri et al., 1997; Schrägle et al., 2004). *Uncx4.1* is a paired homeobox gene that specifies the proximal ribs and pedicles of the future vertebrae (Leitges et al., 2000; Mansouri et al., 2000). This rostro-caudal imprinting is established in the anterior PSM. If the anterior (but not the posterior) PSM is dissected out, rotated along the A-P axis and transplanted to a recipient embryo, somites originating from this transplanted PSM will maintain their original rostro-caudal specification (Palmeirim et al., 1998).

It is relevant to note that the regulation of *Dll1* expression in the posterior PSM, where Dll1 presents oscillatory behavior, is different from that of Dll1 expression in the caudal domain of the future somite. Indeed, both are differentially regulated by the Notch pathway, as *Dll1* expression in caudal domain of the prospective somite is Psen1-dependent, while Dll1 expression in the posterior PSM is Psen1-independent (Takahashi et al., 2003). This suggests that Notch signaling has two modes of action depending on the axial position in the PSM. Indeed, these different modes of Notch signaling culminate in different outputs. First, it mediates the oscillatory activity of segmentation clock genes in the posterior PSM. Second, it induces both cyclic Mesp2 activation in the S-I/S-II, thus defining the future segment border in the anterior PSM, and it specifies the rostro-caudal polarity of the future somite. However, it is important to note that the specification of the rostro-caudal polarity of the presumptive somites in the anterior PSM is dependent on cyclic Notch activity, and not just the presence of Notch-signaling per se. Mouse embryos expressing a constitutively active form of NICD throughout the total length of the PSM, thus abolishing Lnfg, Hes7 and Spry2 oscillations (but not those of Axin2), show caudalized somites – Uncx4.1 is expressed throughout the whole segment, and Tbx18 is completely absent (Feller et al., 2008). Thus, the segmentation clock not only defines the time and space for correct somite formation, but also somitic A-P polarization in the rostral PSM.

1.3. Somite morphogenesis

1.3.1 Boundary formation

The formation of somitic boundaries is a complex, tightly regulated morphogenetic event, whereby strictly choreographed cellular rearrangements establish a cleft in the anterior PSM, and cells immediately anterior to this cleft begin epithelializing (Kulesa and Fraser, 2002; Martins et al., 2009). While Notch signaling is required for determining the position of future segment boundaries in the unsegmented anterior PSM (i.e., where the initial cleft in the anterior PSM will form), ectopic activation of Notch signaling in the S-II region is sufficient to induce ectopic clefts, suggesting it also has a role in its morphogenesis (Sato et al., 2002). Since Mesp2 activation is under the control of Notch signaling and its anterior border of expression coincides with the future segment cleft (Morimoto et al., 2005), Mesp2 is in a position to mediate morphological segmentation as an output of Notch signaling. This is further supported by the somitic phenotype of Mesp2-null mice, which have deficient somitic boundaries (Saga et al., 1997). The patterning events that define the region of the anterior PSM where the future segment boundary will form are followed by a rapid MET of the posterior cells of the nascent somite. This MET is instructed by the Mesp2-expressing cells immediately juxtaposed posteriorly to the nascent boundary. The cells instructed by Mesp2 will thus compose the posterior region of the forming somite (S0), which is the region that undergoes full epithelialization first (Fig. 1.10; Martins et al., 2009; Sato et al., 2002; Takahashi et al., 2005).

Mesp2 induces the formation of this morphological boundary by activating the Ephephrin signaling pathway (Fig. 1.10). Ephs are tyrosine kinase transmembrane receptors which bind to membrane-bound Ephrin ligands on neighboring cells, eliciting a variety of cellular responses, including repulsion, adhesion or differentiation (Cayuso et al., 2015). In the chick embryo, Mesol upregulates EphA4 in the cells just posterior to the next forming boundary (Watanabe et al., 2009). EphA4 in the membrane of these cells interacts with the EphrinB2 receptor on the cells immediately anterior (and juxtaposed) to them. It has been proposed that signaling via the EphA4 receptor induces a repulsive behavior in the cells caudal to the forming cleft, while EphrinB2 signaling in the cells rostral to the border inhibits Cdc42 activity, which normally inhibits MET (Nakaya et al., 2004), in these cells and thus promotes their epithelialization (Watanabe et al., 2009). This MET is also dependent on the tight regulation of Rac1 levels, since both elevated or reduced levels of Rac1 disrupt the epithelialization of the posterior cells of the nascent somite (Nakaya et al., 2004). Accordingly, zebrafish fss mutants, in which the EphA4/EphrinB2 signaling pathway is disrupted, have no somitic boundaries and restoring EphA4/EphrinB2 signaling in the PSM is sufficient to drive boundary formation, further implicating this pathway in the process (Barrios et al., 2003). Moreover, epithelialization of border cells is recovered,



Fig. 1.10. Induction and morphogenesis of the somitic boundary. S-I expresses Mesp2, which induces the formation of the next segment boundary in at least two ways. First, it activates PAPC transcription and PAPC protein stimulates the endocytosis of N-cadherin in the anterior region of S-I. The removal of N-cadherin in turn alleviates the N-cadherinmediated inhibition of integrin α 5 β 1 activation. Second, Mesp2 activates EphA4 expression in the anterior region of S-I and EphA4 protein binds to EphrinB2 on the cells in S0, i.e. immediately anterior to the EphA4-positive cells . EphrinB2 induces the activation of α 5 β 1 on these cells and inhibits Cdc42 activity. EphA4 and EphrinB2 induce cellular repulsion, generating a gap between caudal S0 and anterior S-I cells, which is further stabilized through the assembly of a fibronectin matrix built by the activated α 5 β 1 integrins. Decreased Cdc42 levels is also thought to allow for the mesenchymal-to-epithelial (MET) transition of posterior S0 cells, which epithelialize and further detach from the S-I.

although complete somitic epithelialization is not fully restored (Barrios et al., 2003; see section 1.3.2, *Somite epithelialization*, for more details).

After the morphological boundary is established, the maintenance of its integrity is strengthened by other pathways downstream of Mesp2. In addition to EphA4, Mesp2 also activates Paraxial protocadherin (PAPC; Fig. 1.10). PAPC is a cycling gene under the control of Notch signaling in the PSM of both chick and mouse embryos and is required for the epithelial organization of the cells of segment borders (Chal et al., 2017; Rhee et al., 2003). When PAPC is upregulated in the cells immediately posterior to the forming boundary, it promotes the endocytosis of N-cadherin (Ncad), which is expressed by all PSM cells. Ncad mediates PSM cell-cell adhesion and has been shown in zebrafish to maintain integrin $\alpha 5\beta$ 1 in an inactive state (Jülich et al., 2015). In the dorsal and ventral edges of the PSM, where cells do not contact with neighbors and there is space in the interface where they connect to

the adjacent tissues, integrins are liberated from the repressive activity of Ncad and adopt an active conformation. This allows the building of fibronectin matrix, that is first restricted to the dorsal and ventral sides of the PSM. However, when endocytosis of Ncad is promoted by PAPC activity in the cells posterior to the nascent boundary, EphrinB2 promotes integrin clustering in the cells anterior to the nascent cleft, which then become activated and start building the fibronectin matrix necessary for boundary maintenance (Fig. 1.10, see section 3.6, *Importance of fibronectin in somitogenesis*, for more details).

It is important to note that while Notch signaling is upstream of Mesp2/Meso1 activation, and thus plays a pivotal role in establishing the signaling cascades that culminate in boundary formation, it is still under debate whether its oscillatory behavior is required for these processes. In *Hes7*-null mice, constitutively active NICD is found throughout the PSM and the cyclic behavior of Notch-regulated genes is disrupted, but somitic boundaries still form in these mice albeit with abnormal spacing, suggesting boundary positioning is asynchronous and randomized (Ferjentsik et al., 2009). Accordingly, mice expressing activated NICD throughout the PSM have discernable segment boundaries, although somites are irregularly shaped and sized (Feller et al., 2008). However, conflicting results were reported in another study (Oginuma et al., 2010), where the authors found that it is the oscillatory activity of NICD and not its anterior sharp boundary that is needed for *Mesp2* upregulation and boundary formation. Thus, although there is a clear relationship between the segmentation clock and regulation of the machinery mediating somitic boundary positioning, it is still unclear how the temporal oscillations of the clock translate into spatially and temporally regulated boundary formation.

1.3.2 Somite epithelialization

Somite formation is characterized by a MET, in which mesenchymal cells from the anterior PSM epithelialize into an aster-like somite, surrounding a mesenchymal core, the somitocoel. Similarly to what was observed in the segment boundary, downregulation of Cdc42 and intermediate levels of Rac1 are necessary for the correct epithelialization of the whole segment (Nakaya et al., 2004). In fact, blocking Cdc42 leads to hyper-epithelialization of somitic cells with fewer mesenchymal cells in the somitocoel, whereas somitic cells remain mesenchymal when Cdc42 levels are increased (Nakaya et al., 2004). Also, cells with increased or inhibited Rac1 fail to epithelialize correctly, suggesting that Rac1 activity must be tightly regulated (Nakaya et al., 2004).

Albeit seemingly concomitant, boundary formation and somite epithelialization are two separate processes. This is illustrated by the somitic phenotype of mice null for the bHLH gene *Paraxis*, in which segment boundaries are formed normally (and, importantly, segmentation clock oscillations also occur normally; Burgess et al., 1996). However, these segments fail to epithelialize and are thus blocks of mesenchymal cells, suggesting that boundary formation and somite epithelialization are decoupled. In addition, these segments lacked normal rostro-caudal polarity (Johnson et al., 2001). *Paraxis* is expressed in from S-III to SI and is maintained in the epithelial somites in mouse, chick (Barnes et al., 1997), zebrafish (Shanmugalingam and Wilson, 1998) and *Xenopus* (Carpio et al., 2004; Tseng and Jamrich, 2004), and seems to mediate somite epithelialization through the control of Rac1 levels (Nakaya et al., 2004; Rowton et al., 2013). Thus, epithelialization of somites requires more than just making boundaries between paraxial mesoderm cells in a regular spatio-temporal fashion.

Live imaging studies in the chick embryo have added more information about the dynamics of boundary formation and somite epithelialization. These studies have shown that cells in the PSM are highly dynamic and can be observed to move out of the Mesol expression domain in S-I and to migrate across the border from one presumptive somite to another (Kulesa and Fraser, 2002; Martins et al., 2009). Furthermore, somite epithelialization in the chick embryo was found to take much longer than the 90 min period of somite formation (Martins et al., 2009). In fact, cells in the rostral PSM do not all epithelialize simultaneously. The first cells to organize into a cuboidal epithelium (the first epithelialization event) are the medial PSM cells and this process starts already around S-IV. Then by S-II, this first epithelialization event has spread to the dorsal and ventral sides of the anterior PSM (Martins et al., 2009). When the cleft starts forming in S0, cells elongate into spindle-shaped cells (the second stage of epithelialization). This epithelialization event sweeps along the forming border and progressively spreads to all sides as S0 detaches from the PSM as SI. The anterior border of SI epithelializes after the posterior border undergoes its MET and the lateral border is the side that epithelializes last, at SII stage (Martins et al., 2009). Thus, in reality, the epithelialization process starts long before border formation, at around S-II, and spans a period of about 6 hours, until the somite reaches SII stage (Martins et al., 2009).

Somite integrity is maintained through the action of cell-cell adhesion molecules. N-cadherin is present throughout the paraxial mesoderm and becomes enriched in the apical side of the epithelial somitic cells of both chick and mouse embryos (Duband et al., 1987; Linask et al., 1998). Mice null for N-cadherin show fragmented somites, but normally spaced somitic boundaries and R-C polarity, as seen by normal *Uncx4.1* expression and the presence of epithelioid cells (Horikawa et al., 1999; Radice et al., 1997). Importantly, somites fragmented in the rostro-caudal interface of the somite, suggesting that N-cadherin activity is crucial for maintaining the integrity of the somitic epithelium, in particular in connecting the rostral and caudal halves of the somite, which aggregate independently of each other when separated in culture (Horikawa et al., 1999).

Somite epithelialization has recently been described as being independent of the segmentation clock (Dias et al., 2014). In this study, posterior primitive streak explants were treated with Noggin, a BMP (Bone Morphogenetic Protein) inhibitor, and subsequently transplanted to the extraembryonic region of a host chick embryo. High BMP levels in

the posterior primitive streak specify lateral plate mesoderm, while the anterior primitive streak, from which the paraxial mesoderm derives, shows low levels of BMP. Accordingly, this manipulation effectively converted the posterior primitive streak explant into paraxial mesoderm, since after 9-12 hours of incubation, about 6-14 ectopic somites formed in a grape-like structure in the absence of cyclic expression of segmentation clock genes. Importantly, these somites presented normal shape and size, but lacked rostro-caudal polarity. These results confirm that segmentation clock oscillations have a role in regulating the precise timing of somite formation in a linear array, since the somites resulting from these posterior primitive streak explants form simultaneously and in a "bunch of grapes" manner (Dias et al., 2014). Moreover, this also confirms that the rostro-caudal polarity of the future somite, established in the anterior PSM, is dependent on the activity of the segmentation clock.

In conclusion, while segmentation clock oscillations, the establishment of rostro-caudal polarity, segment boundary specification and formation, and somite epithelialization occur in the anterior PSM, these events are distinct, but interdependent, and can be experimentally decoupled. The tight temporal and spatial control of these processes requires a complex network of players and safe-guard mechanisms, ensuring that somite specification and morphogenesis occurs at the right space and the right time. The tight and intricate regulation of these different processes allows normal development of the vertebral column and makes somitogenesis one of the most complex morphogenetic events in vertebrate embryogenesis and, therefore, one of the most fascinating and challenging to study.

1.4. Somite patterning

1.4.1. The Hox code and axial specification

Depending on the axial position of the somite, the resulting sclerotome will give rise to cervical, thoracic, lumbar, sacral or caudal vertebrae, which have different morphological traits. For example, thoracic vertebrae have ribs, while lumbar vertebrae are denser and larger, and sacral vertebrae have fused lateral protrusions (Mallo et al., 2010). This axial specification occurs very early during paraxial mesoderm development, long before morphological segmentation occurs. This is illustrated by classical transplantation experiments where the PSM of a prospective thoracic region was grafted to a different axial position of a host embryo, developing into rib-containing vertebrae according to its original axial positioning in the donor embryo (Kieny et al., 1972). Interestingly, this only applies to sclerotomal derivatives, as the myogenic precursors originated by the donor PSM develop according to the new location in the host tissue (Chevallier et al., 1977; Stern and Keynes, 1987).

This early specification of axial identity is mediated by the colinear activation of homeobox-containing Hox transcription factors, first discovered in the fruit fly (Alexander et al., 2009). Hox genes are organized in clusters, more specifically in four different clusters in

the case of vertebrates, resulting from genome duplication events (Fig. 1.11). In mammals, 39 Hox genes are organized into 13 paralogous groups. The spatial collinearity of Hox gene expression reflects their colinear position in the chromosomes. Also, Hox genes within a given cluster are expressed from 3' to 5' in a temporally defined way, so that the first activated genes are expressed early in the primitive streak, while the last genes are expressed much later, restricted to the posterior end of the growing embryo. The so called "Hox code" imprints the final axial position on PSM cells, although the morphological translation of this blueprint is only detectable much later, upon vertebrae development. It is possible that this axial specification occurs even earlier, during gastrulation – accordingly, the Hox code has been found to control the ingression of cells though the primitive streak during mesoderm formation, suggesting that they may exert axial identity in the ingressing cells (Iimura and Pourquié, 2006).

Although extensive studies on Hox function have been made in the last decades, it is still not clear how the Hox code blueprints axial identity to the paraxial mesoderm, and how it intercommunicates with the other signaling systems acting on paraxial mesoderm



Fig. 1.11. The Hox code. *Top.* Hox genes are organized into four clusters - *Hoxa, Hoxb, Hoxc,* and *Hoxd* – which are in separate chromosomes. The linear arrangement of the *Hox* genes within each cluster reflects the spatial and temporal initiation of their expression, and location of the anterior border of their expression domain – for example, genes from the first paralogous group (Hoxa1, *Hoxb1*, and *Hoxd1*) are expressed earlier and more anteriorly, while genes from the last group (*Hoxa13, Hoxb13, Hoxc13, and Hoxd13*) are the most posterior and last to be activated; *Bottom.* Schematic representation of the somitic expression of *Hox* genes from the *Hoxb* cluster along the A-P axis of the embryo. The different Hox signature of each somite will define the types of vertebrae they will develop into, here exemplified with either occipital, cervical, thoracic or lumbar. Adapted from Alexander et al., 2009.

development. Altering the gradient of Fgf in the chick PSM results in abnormal Hox gene expression (Dubrulle et al., 2001), and some Hox genes have been found to have a cyclic behavior in the mouse PSM (Zákány et al., 2001), possibly under the control of Notch signaling via Dll1 and Lnfg (Cordes et al., 2004).

1.4.2 Somite differentiation

In contrast to the A-P polarity of the somite, which is defined while cells are still in the PSM, the dorso-ventral (D-V) and medio-lateral (M-L) polarities only become determined after the somite has formed, at around SIII stage. The polarization of the somite in the D-V and M-L axes is dependent on the surrounding tissues, which secrete morphogens that specify the different somitic compartments that will give rise to different types of tissues.

Dorso-ventral patterning of the somite depends on the tissues ventral and dorsal to it. Sonic hedgehog (Shh) secreted by the notochord and by the floor plate of the neural tube signals to the ventral somite to determine the sclerotome (Buttitta et al., 2003; Fan and Tessier-Lavigne, 1994; Fan et al., 1995; Marcelle et al., 1997; Stafford et al., 2011). The sclerotome contains the progenitors of cartilage and bone of the vertebrae and ribs (Fig. 1.12; Christ et al., 2004). This specification of the ventral somite involves a downregulation of Pax3 and the expression of *Pax1* at around SIV and *Pax9* soon after (Borycki et al., 1997; Ebensperger et al., 1995; Monsoro-Burg, 2005). At around SX stage in the avian embryo, the ventral somite undergoes an EMT and becomes mesenchymal (Balling et al., 1996; Monsoro-Burg, 2005; Rifes and Thorsteinsdóttir, 2012). Conversely, dorsalizing signals from the overlying ectoderm and the roof plate of the neural tube, including Wn3a, Wnt1 and Wnt6 and BMP4, specify the dorsal compartment of the somite (Bothe et al., 2007; Dietrich et al., 1997). This dorsal region of the somites, the dermomyotome, remains epithelial for longer and retains *Pax3* expression (Cairns et al., 2008). The dermomyotome will give rise to the myotome, the first embryonic skeletal muscle, as well as to all muscle stem cells which generate the skeletal muscles of trunk and limbs. It also contains dermal and brown fat progenitors and cells capable of differentiating into endothelial and smooth muscle cells (Buckingham and Rigby, 2014). Finally, communication between the myotome and the dorsal sclerotome leads to the specification of the syndetome, an area containing the progenitors of the axial tendons (Brent et al., 2003).

Somite derivatives are further subdivided along the medio-lateral axis, with midline structures specifying medial fates, and the lateral plate mesoderm inducing lateral fates (Christ et al., 2007). This is accompanied by a slight rotation of the somite which accompanies the closing of the embryo's lateral folds, such that the medial domain becomes dorso-medial (also called epaxial) and the lateral region becomes ventro-lateral (also called hypaxial; Fig. 12; Brand-Saberi et al., 1996). The medial sclerotome gives rise to the vertebrae bodies and intervertebral discs, while the ribs originate from the lateral sclerotome (Christ et al.,



Fig. 1.12. Schematic representation of the dorso-ventral and medial lateral patterning of the somite. For clarity, the morphogen gradients received by the somite are represented on the left and the resulting somite derivatives are represented on the right. Wnt and BMP signals from the ectoderm and the roof plate of the neural tube (blue) specify dorsal structures (dermomyotome). Shh from the notochord (violet) induces the ventral somite to form the sclerotome. Intermediate levels of both dorsal and ventral signals induce the epaxial domain of the dermomyotome to form the epaxial dorsomedial lip, while lateralizing BMPs from the lateral plate mesoderm (orange) specify the hypaxial lip. Adapted from Dietrich et al., 1997.

2004; Christ et al., 2007). Similarly, the epaxial lip of the dermomyotome and myotome will originate the deep muscles of the back, while the hypaxial domain gives rives to intercostal, lateral and ventral muscles, as well as the diaphragm, limb and tongue muscles, depending on their A-P position (Babiuk et al., 2003; Deries and Thorsteinsdóttir, 2016; Deries et al., 2010; Murphy and Kardon, 2011; Sambasivan et al., 2011). These D-V and M-L patterning events depend entirely on the surrounding tissues and are not an emergent property of the somite. Experiments where early epithelial somites are rotated in the D-V or M-L axis result in a patterning consistent with the new orientation, suggesting that re-specification of dorsal, ventral, medial and lateral fates occurs when the environment changes (Aoyama and Asamoto, 1988; Ordahl and Le Douarin, 1992).

1.5. Somite derivatives

1.5.1 Dermomyotome

The dermomyotome remains epithelial until HH18 in the chick and E11.0 in the mouse, retaining the expression of both *Paraxis* and *Pax3* and activating the expression of *Pax7* (Dietrich et al., 1997; Endo, 2015; Scaal and Christ, 2004; Thorsteinsdóttir et al., 2011). The dermomyotome forms a sheet of epithelial tissue that stretches and grows above the sclerotome in a dorsolateral direction (Fig. 1.13; Buckingham and Rigby, 2014). Its four edges bend slightly in the direction of the sclerotome, forming the dermomyotome lips. The medial-most region of the dermomyotome (so-called dorsomedial lip) is where myogenesis starts, with the activation of the expression of myogenic regulatory factors, including *MyoD*



Fig. 1.13. Dermomyotome development. The dermomyotome arises from the dorsal-most region of the epithelial somite, which expresses *Pax3*. Cell proliferation within the dermomyotome leads to growth in the medio-lateral direction. Hence the dermomyotome can be subdivided into an epaxial (more medial and dorsal) domain, and an hypaxial (more lateral and ventral) domain. Delamination of cells from these dermomyotomal lips forms the underlying myotome, which expresses myogenic regulatory factors (MRF) including *MyoD* and *Myf5*. At limb levels, Pax3-positive muscle stem cells delaminate and migrate to the forming limb buds where they differentiate. Delamination eventually occurs from all the borders of the dermomyotome, and later the central *Pax7* expressing dermomyotome de-epithelializes to feed more muscle stem cells into the myotome. The dermomyotome also gives rise to other derivatives such as dermal, endothelial and brown fat cells. Adapted from Buckingham and Rigby, 2014.

and *Myf5*. This is the first step of the formation of the myotome (Buckingham and Relaix, 2007; Thorsteinsdóttir et al., 2011). Eventually, all the four borders of the dermomyotome form lips and contribute with cells to the underlying myotome (Fig. 1.13). Later, the central dermomyotome de-epithelializes through an EMT concomitant with an asymmetric cell division, in a way that the dorsal-most (basal) daughter cells contribute to the dermis, and the ventral (apical) daughter cells enter the myotome as proliferating Pax3- and/or Pax7-positive muscle stem cells (Buckingham and Relaix, 2007). This process also generates endothelial and smooth muscle cells. Eventually, all four lips of the dermomyotome de-epihelialize, which occurs at around embryonic day 7 in the chick (Ordahl et al., 2001; Scaal and Christ, 2004; Venters and Ordahl, 2002).

1.5.2 Sclerotome

The molecular specification of the sclerotome occurs in the epithelial somite, with *Pax1* expression being initiated in the ventral somite soon after the somite epithelializes (Borycki et al., 1997). However, the sclerotome soon becomes morphologically distinct from the dorsal dermomyotome by undergoing an EMT (Christ et al., 2004). Cells from the ventral somite decrease their expression of cell-adhesion molecules and increase their motility. This is accompanied by simultaneous production of Matrix Metalloproteinase 2 (MMP-2) and hyaluronate, resulting in increased extracellular space and decreased cellular attachment to both their neighbors and the ECM (Christ et al., 2004; Duong and Erickson, 2004; Solursh et al., 1979). The sclerotome then migrates medially to ensheath the notochord and neural tube and, at thoracic level, also laterally into the somatopleure. This early sclerotome has different compartments – the ventral sclerotome will give rise to the vertebral body, the central sclerotome will originate the pedicle, and the dorsal and lateral compartments will give rise to the neural arch and rib, respectively (Christ et al., 2004).

The sclerotome can further be divided in rostral and caudal compartments, and this rostro-caudal polarity results from processes occurring while cells are still in the PSM (see section 1.2.6, *Notch signaling and Mesp2 activation*, for more details). Before the morphological separation of the two halves of the sclerotome, these can first be distinguished molecularly, as hundreds of genes are specifically expressed in one region and excluded from the other (Hughes et al., 2009). Moreover, this molecular A-P pattern of the sclerotome



Fig. 1.14. Resegmentation of the sclerotome. Rostro-caudal polarity of somites is defined while cells are in the PSM. Later during somite development, the sclerotome (but not the dermomyotome and myotome) undergoes a resegmentation process, whereby its rostral and caudal halves segregate and reaggregate with neighboring halves from the adjacent sclerotome. Thus, one vertebrae will be composed of the rostral part of one sclerotome, and the caudal portion of the adjacent sclerotome. R – Rostral. C – Caudal. Adapted from Saga and Takeda, 2001.

imposes a segmented pattern on the peripheral nervous system, since the migration of neural crest cells and motor axons occur exclusively through the rostral part of the sclerotome, while the caudal half has a repellent effect on these cells (Fig. 1.14; Kuan et al., 2004). This rostro-caudal division of the sclerotome is maintained through the action of Tbx18, acting downstream of Mesp2 and in conjunction with Meox1 (Scaal, 2016). In terms of morphology, the rostral half of the sclerotome displays much lower cell density than the caudal region, and the two halves are later divided by the von Ebner's fissure, characterized by elongated sclerotomal cells which are oriented transversely to the axis (Keynes and Stern, 1984; Scaal, 2016).

The caudal and rostral halves of the same somite will give rise to different vertebrae through the process of re-segmentation (Fig. 1.14). Accordingly, the vertebral body is formed by the caudal half of one sclerotome and the rostral half of the posteriorly adjacent sclerotome (Aoyama and Asamoto, 2000; Christ et al., 2007; Scaal, 2016). Importantly, the dorsal dermomyotome and myotome retain their original segmentation and do not go through this re-segmentation process (Saga and Takeda, 2001; Scaal, 2016). This allows the segmented muscles to attach to two adjacent vertebrae through their tendons, allowing for movement of the vertebral column. This segmented muscle organization underlies the locomotion in fish, but is further modified to different extents during the development of terrestrial vertebrates (Fleming et al., 2015; Lauder, 1980).

2. The extracellular matrix

Every tissue and organ of a multicellular organism is surrounded by a particular, tissue-specific extracellular matrix (ECM). For decades, the ECM was viewed as just a "styrofoam packing material" (Rozario and DeSimone, 2010), filling the space between cells and tissues and providing a supportive structural scaffold (Frantz et al., 2010; Rozario and DeSimone, 2010). However, the genetic knock-out of several ECM components in mouse embryos proved to be embryonic lethal, while a wide range of syndromes in human was attributed to deficiencies in ECM components, thus establishing the ECM as crucial for both development and homeostasis (Iozzo and Gubbiotti, 2018; Rozario and DeSimone, 2010). In this section I will give a general overview of the components and functions of the ECM, the structure of its main receptors and signal transduction players, and its importance in both development and disease.

2.1. Overview of matrix components

There are two main types of ECMs: the interstitial matrix that surrounds mesenchymal cells and characterizes the connective tissue; and the basement membrane, which forms a sheet-like matrix underlying the basal side of epithelial and endothelial cells and surrounds fat, neural and muscle cells (Rozario and DeSimone, 2010; Thorsteinsdóttir et al., 2011). The ECM is highly dynamic, as several of its components undergo post-translational modifications and are constantly remodeled by proteolytic enzymes, mostly metalloproteinases (Frantz et al., 2010). The macromolecules that compose the ECM can also be divided into two groups: proteoglycans, which are highly hydrophilic and fill most of the interstitial space within tissues; and glycoproteins, which are glycosylated fibrous proteins (Frantz et al., 2010; Hynes and Naba, 2012; Mouw et al., 2014). About 300 mammalian ECM macromolecules have been identified to date, including more than 40 collagen subunits, 30 different proteoglycans and 200 glycoproteins, constituting around 1.5% of the mammalian proteome (Hynes and Naba, 2012).

Proteoglycans are composed of proteins covalently linked to glycosaminoglycans (GAGs), which are polymers of repeating disaccharides with added carboxyl and sulfate groups (Frantz et al., 2010; Hynes and Naba, 2012; Mouw et al., 2014). These include hyaluronic acid, keratan sulfate, chondroitin/dermatan sulfate, and heparan sulfate. GAGs are negatively charged and thus allow the proteoglycans to sequester divalent cations and water, providing space-filling and lubrication functions to these proteins. Conversely, the fibrous glycoproteins of the matrix confer other functions to the ECM, including the modulation of ECM assembly and cell-adhesion. Around 200 different glycoproteins have been described, but the major ECM components that comprise this group are the collagens, laminins and fibronectin (Hynes and Naba, 2012).

Collagens are the most abundant proteins of the ECM, making up to 30% of the protein content of adult human bodies (Ricard-Blum, 2011). These proteins are composed of 3 polypeptide α -chains that can assemble as homo- or heterotrimers in a triple helical structure, and the combination of 49 distinct α -chain subunits gives rise to 28 different collagen molecules. These assemble into networks with tissue-specific organization, distribution and density, and while there is commonly a mix of different collagens in the matrix of a given tissue, one type of collagen usually predominates. Collagens can be associated with either interstitial matrices or basement membranes, and they provide structural strength to tissues such as tendons, skin, cartilage and bone (Gordon and Hahn, 2010; Hynes and Naba, 2012; Mouw et al., 2014; Myllyharju and Kivirikko, 2004; Ricard-Blum, 2011).

Laminins are cross-shaped heterotrimers composed of one α , one β , and one γ chain, and are found in basement membranes (Durbeej, 2010; Yurchenco, 2011). In fact, all basement membranes contain at least one laminin isoform, and their assembly is dependent on the binding of laminins to their cellular receptors – in the absence of laminin in both cell

culture and mammalian embryos, no other basement membrane components are assembled, not even collagen IV, which is one of its major constituents. Laminin nomenclature reflects their chain composition. For example, laminin 111 is composed of $\alpha 1$, $\beta 1$ and $\gamma 1$ chains, while laminin 221 is formed by $\alpha 2$, $\beta 2$ and $\gamma 1$. In vertebrates, different genes encode for five α , three β , and three γ chains, and distinct combination of these subunits gives rise to about 20 different laminin proteins. These have several distinct and tissue-specific functions, including physiological regulation of muscle, nerves, skin, kidney, lung and vasculature (Colognato and Yurchenco, 2000; Durbeej, 2010; Hynes and Naba, 2012; Mouw et al., 2014; Wickstrom et al., 2011; Yurchenco, 2011).

Finally, one of the most ubiquitous fibrous ECM protein during vertebrate development is fibronectin, responsible for functions from separating the early tissues of the embryo to organizing the interstitial ECM and is essential for cell attachment and migration. A detailed description of fibronectin structure, assembly and function is provided in section 3, *Fibronectin*.

2.2 More than a supportive scaffold: general functions of the ECM

The most fundamental function of the ECM is to provide a physical barrier between different tissues, which is critical for regulating tissue interactions and for maintaining tissue identity and integrity. The ECM simultaneously provides glue and barrier functions, avoiding the intermingling of different cell populations, while allowing their interactions and movement relative to each other (Brown, 2011; Rozario and DeSimone, 2010). Indeed, most cells in suspension do not survive, attesting for the importance of cell-substrate anchorage (Discher et al., 2005). However, as Richard O. Hynes emphasized, the ECM is "not just pretty fibrils" (Hynes, 2009). Each tissue has specialized and unique ECM organization and composition, reflecting tissue-specific functions. Moreover, the constant assembly and remodeling of the ECM affects ECM composition, its three-dimensional organization and its physical properties, which in turn has profound effects on cellular behavior, including their polarity, survival, proliferation, and even cell fate decisions (see section 2.5, *Importance in development and disease* for more details).

Another elemental function of the ECM is to provide a substrate for cell migration, on which it has a profound effect by regulating cellular polarity and adhesion. Importantly, different ECM components have different effects on cell migration. For example, cranial neural crest cells migrate faster when cultured on laminin matrices compared to trunk neural crest cells, while both cell types migrate at the same speed on fibronectin substrates (Strachan and Condic, 2003). In addition, cell migration is often dependent on integrins, which are cellular ECM receptors (Huttenlocher and Horwitz, 2011; see section 2.3, *Integrin ECM-receptors and focal adhesions* for more details)

Finally, the ECM also functions as a reservoir of morphogens, paracrine factors that

diffuse from their secreting source to establish differential concentration gradients and regulate the function and activity of their target cells (Hynes and Naba, 2012; Wickstrom et al., 2011). The ECM interacts with morphogen gradients in several ways, including by limiting their diffusion, supporting morphogen presentation to their target cells and promoting their binding to specific cell-surface receptors (see section 2.4, *Interaction with growth factors* for more details).

Interaction between the ECM and its cellular receptors also modulates cell behavior directly, affecting proliferation, survival, apoptosis and differentiation. For example, integrin function is necessary for cell survival in both the chick retina and neural crest (Leu et al., 2004; Testaz et al., 2001). Conversely, modulation of integrin adhesions can also result in anoikis, which is of particular importance when cells contact with an ECM environment where they are not supposed to reside (Gilmore, 2005). In some contexts, particular ECM components actively direct apoptosis upon cellular engagement (Marastoni et al., 2008). In other contexts, integrin-mediated adhesion increases mitogenic signaling, allowing cells to progress in mitosis (Danen and Yamada, 2001), Finally, de-adhesion from the basement membrane in the mouse cerebellum and epidermis promotes cellular differentiation in an integrin-dependent manner (Blaess et al., 2004; Watt, 2002).

Thus, in addition to providing structural support to cells and tissues, the ECM and its binding to cellular receptors has a myriad of other crucial roles, which include providing tensile strength, promote or restrict cell movement, and regulate cellular proliferation, survival and differentiation.

2.3. Integrin ECM-receptors and focal adhesions

The major cellular receptors for ECM components are integrins, which are heterodimeric transmembrane glycoproteins, with one α chain non-covalently associated with a β chain. In mammals, the combination of 18 α and 8 β chains gives rise to 24 different integrin heterodimers, which have distinct distribution and ligand affinities, and partially overlapping substrate specificity. Thus, the group of ECM components to which a given cell can bind is determined by its integrin expression profile. Integrins sense and respond to different extracellular cues, including the chemical, physical and topographical characteristics of the ECM.

Integrins connect (and "integrate", hence their name) the extracellular and intracellular dimensions of cells (Tamkun et al., 1986). While an integrin binds to ECM ligands in the extracellular space, it anchors the ECM to the intracellular cytoskeleton, providing a mechanical link between the two structures (Campbell and Humphries, 2011). However, the cytoplasmic tails of integrins neither bind to the actomyosin network of the cytoskeleton directly nor have enzymatic activity. Thus, integrins promote intracellular signaling and

couple the ECM to the cytoskeleton by recruiting an outstanding number of cytoplasmic interactors to its β subunit, which together constitute the integrin adhesion, or adhesome. All combined, the integrin receptors connected to the ECM, the cytoplasmic adhesome where chemical and mechanical signals are processed, and the cytoskeleton, form a complex supramolecular structure: the focal adhesion, the mechanotransduction center of the cell (Fig. 1.15; Ringer et al., 2017). The dynamics and functions of focal adhesions affect virtually all aspects of cell behavior and their formation is force-dependent (Barczyk et al., 2010; Ringer et al., 2017; Wickstrom et al., 2011; Wolfenson et al., 2013). The morphology and composition of the focal adhesions in a given cell are dependent on its integrin expression signature, which defines how chemical and mechanical signals are processed. Indeed, similar integrins binding to the same ECM ligand promote the formation of adhesions with different molecular composition and signaling characteristics, which may in turn synergize (Ringer et al., 2017). Moreover, although focal adhesions are stable structures, they are in constant turnover and can undergo radical and rapid alterations (Wolfenson et al., 2013).

Here I will focus on the different layers of focal adhesions, namely the structure and function of integrins, the cytoplasmic associated proteins that constitute the integrin adhesome, and their linkage and communication with the cytoskeleton.



Fig. 1.15. Structure of focal adhesions. In the outer focal adhesion layer, integrins bind to components of the ECM. This recruits hundreds of adhesome proteins that compose the intermediate focal adhesion layer, where mechanical and chemical signals are transduced through the actions of proteins such as talin, α -actinin and p130Cas or FAK, LIMK1 or PAK, respectively. There is crosstalk between mechanical and chemical signaling in the focal adhesion, mediated through tyrosine kinases such as ROR2, Axl and Src. The inner-most layer of the focal adhesion is composed of the F-actin network, which also acts as a mechanosensitive module. FAK, focal adhesion kinase; LIMK – LIM kinase. PAK - p21-associated Kinase. Adapted from Ringer et al., 2017.

2.3.1 Integrin structure

Integrin subunits have short unstructured cytoplasmic tails of about 13-70 amino acids (except for β 4) that connect to the cytoskeleton through multiple adaptor proteins; a single transmembrane helix domain of around 20 amino acids; and large 800-amino acid extracellular domains, which are responsible for binding to ECM ligands through specific peptide sequences or domains (Campbell and Humphries, 2011; Humphries et al., 2006; Hynes, 2002; Moser et al., 2009). Integrin subunits are only present on the cell surface when dimerized. The cell usually has an excess of β subunits in the cytoplasm, and the number of α subunits determines the total number of integrin dimers in the membrane, while the type of α subunits determines ligand specificity (Barczyk et al., 2010).

The extracellular portion of both α and β subunits have several distinct domains (Fig. 1.16 C). The α -chain contains seven-bladed β -propeller, a thigh, and two calf domains, which all support the integrin head (Barczyk et al., 2010; Campbell and Humphries, 2011; Moser et al., 2009). Some α subunits have a 200-amino acid I domain (or von Willebrand factor A domain), which, when present, is usually the ligand binding site of the integrin. Ligand binding is also allosterically affected by Ca²⁺ binding to specific domains of the β -propeller (Barczyk et al., 2010). The ectodomain of the β subunits is composed of a plexin-sempahorin-integrin (PSI) domain, a hybrid domain, a β I domain and four cysteine-rich epidermal growth factor (EGF) repeats (Barczyk et al., 2010; Campbell and Humphries, 2011; Moser et al., 2009). In the absence of the I domain of the α -chain, the site for ligand binding is present in an intersection of the β -propeller of the α subunit and the β I domain of the β subunit.

Membrane-bound integrins occur in low, intermediate and high-affinity states. The low affinity, or inactive, state is characterized by a bent, closed conformation of the ectodomain (Fig. 1.16 A). This inactive conformation is maintained by the binding of the transmembrane and cytoplasmic portions of the α and β subunits. Indeed, mutations or deletions in the cytoplasmic or transmembrane domains of either subunit results in constitutive integrin activation. Upon binding of both talin and kindlin to the cytoplasmic tail of the β subunit, the association between α and β chains is lost and the ectodomain of the integrin shifts towards an extended, activated conformation, a process called inside-out activation or signalling (Fig. 1.16 B, C; Askari et al., 2009; Iwamoto and Calderwood, 2015; Wickstrom et al., 2011). Activation of integrins is required for their interaction with ECM components. Binding between activated integrins and their ligands increases the proximity of the ligands and leads to more integrin-ligand binding, which in turn promotes integrin clustering, enhancing the accumulation of integrin cytoplasmic associated molecules and downstream signal transduction. On the other hand, the binding of integrins to ECM components and their subsequent signal transduction is called outside-in signaling (Geiger et al., 2001; Miyamoto et al., 1996; Miyamoto et al., 1998).



Fig. 1.16. Integrin structure, activation and function. (A-C) Inside-out signaling. (A) When inactive, integrins are in a bent conformation. (B) Upon talin and kindlin binding to the cytoplasmic tail of the β subunit, interaction with ligands in the extracellular space is permitted and the integrin shifts to a more extended conformation. (C) Further separation of the cytoplasmic tails of α and β subunits leads to full integrin extension and activation. **(D-E)** Outside-in signaling. (D) Binding of integrins to the ECM promotes the recruitment of adhesome proteins to the integrin cytoplasmic tails and polymerization of actin into f-actin. Both the ECM and the cytoskeleton exert tension to the integrin. (E) Further recruitment of adhesome components and binding of integrins to the cytoskeleton form the focal adhesion, which translates chemical and mechanical cues provided by the ECM intro intracellular signals. Adapted from Askari et al., 2009.

2.3.2 Integrin signaling and cytoplasmic associated molecules

The integrin adhesion has two types of components, namely scaffolding molecules, which are adaptor and cytoskeletal proteins, and signaling or regulatory molecules, including kinases, phosphatases and GTPases, among others. Assembly of these multimolecular complexes is triggered upon outside-in signaling, when integrins bind to their extracellular ligands, which occurs after integrin activation (Fig. 1.16 D, E). This activates GTPases, actin nucleators and Non-muscle myosin II (NMMII), and further dissociates α and β transmembrane and intracellular domains, inducing conformational changes in the integrin

ectodomain (Bharadwaj et al., 2017; Wolfenson et al., 2013). A remarkable number of components of integrin-mediated cell-ECM adhesions have been identified so far. To date, over 180 different proteins have been described, with more than 750 direct interactions reported (Wolfenson et al., 2013; Zaidel-Bar and Geiger, 2010). Each adhesome protein can interact on average with nine different partners, and distinct interactions affect both the structure and function of the adhesion site. Moreover, a given adhesome component may interact with different binding partners simultaneously, further increasing the complexity of the molecular interactions in integrin adhesions.

Despite the large number of molecules described to be associated with adhesomes, only a small subset of these proteins interacts directly with integrins (Wickstrom et al., 2011). Among these proteins, talin, kindlin and integrin linked kinase (ILK) are pivotal in regulating integrin signaling and their linkage to the cytoskeleton. Indeed, mouse embryos null for either one of these adhesome components fail to connect integrins to the actomyosin network, compromising integrin function and resulting in embryonic lethality (Monkley et al., 2000; Montanez et al., 2008; Sakai et al., 2003). Here I will provide a brief description of these key molecules and a few other important components of cell-ECM adhesions.

Talin and kindlin are cell-ECM adhesion components essential both for regulating integrin activation (inside-out signaling) and for intracellular signaling downstream of ECM-integrin binding (outside-in signaling; Wickstrom et al., 2011). In vertebrates, there are two and three isoforms of talin and kindlin, respectively. Talin occurs in the cytoplasm in a closed head-tail conformation, which is autoinhibitory. When activated, talin binds to the cytoplasmic NPxY motif of β integrin subunits via a structurally conserved phosphotyrosine binding (PTB) domain in its head region. This exposes cryptic domains in its tail responsible for binding actin and other scaffold proteins such as vinculin (Critchley and Gingras, 2008). It also breaks the covalent bond between α and β subunits, activating the integrin. Indeed, talin binding to the cytoplasmic domain of the β -chain is considered a final step in integrin activation (Ginsberg et al., 2005). However, the binding of kindlins to the distal NxxY motif of β integrin subunits is also pivotal for talin-mediated integrin activation (Moser et al., 2009), and the conformational shift between the inactivated to activated state of integrins does not occur in the absence of kindlins.

Kindlins also interact directly with ILK, which indirectly links kindlins to the cytoskeleton. ILK in turn binds to the β integrin cytoplasmic domain (Ginsberg et al., 2005; Moser et al., 2009) and has a role in promoting both inside-out and outside-in integrin signaling. Despite its name, ILK has no enzymatic activity, but is central to nucleate the PINCH-ILK-parvin (IPP) complex at integrin adhesion sites, which then recruits additional proteins and is implicated in the phosphorylation of many signaling pathway components, with effects in cell proliferation, survival and motility. In fact, in addition to binding directly to the β integrin subunit and the actin cytoskeleton, this complex interacts with many other molecules, including receptor tyrosine kinases, which are key components of the Akt

((Ak) Thymoma viral proto-oncogene), JNK (c-Jun N-terminal Kinase) and Wnt signaling pathways, thus modulating virtually all aspects of cellular function and behavior (Wickström et al., 2010; Wu, 2001).

Finally, another important component of the integrin adhesome is focal adhesion kinase (FAK), which is a scaffold protein that also directly interacts with β integrin subunits. FAK is a non-receptor tyrosine kinase frequently associated with other proteins of this family, namely Src. It is also a key regulator of the cytoskeleton and formation and turnover of integrin adhesions (Mitra et al., 2005; Schaller, 2010). Other important components of the adhesome are paxillin, which serves as a docking site for numerous cell-ECM adhesion components including FAK, ILK and regulators of the actin cytoskeleton; and vinculin, which is a cytoskeleton-associated molecule that binds to both talin and paxillin, further linking these adhesion components to the actin network.

In summary, an intracellular signal can induce integrin inside-out signaling, in which talin, kindlin, but also ILK and FAK participate in integrin activation and induce conformational changes in the protein. This promotes integrin-ligand binding in the extracellular space, leading to downstream integrin signaling, or outside-in signaling. This bidirectional signaling across the transmembrane domain of integrins induces and is dependent on the assembly of a high number of cytoplasmic effectors that associate with the β integrin subunit, each other, and the actomyosin cytoskeletal network. The outputs of integrin signaling are cell-specific and complex, and depend on the types of ECM ligands, integrin receptors, components of the integrin adhesion, and what other signaling pathways are active in the cell.

2.3.3 Focal adhesions and connection to the cytoskeleton

The third component of focal adhesions is the actomyosin cytoskeleton, which links the cell membrane to the nucleus and is built from actin monomers that assemble into filamentous actin (F-actin) and from NMMII filaments, which, when activated, bind to F-actin (Eyckmans et al., 2011; Vicente-Manzanares et al., 2009). Upon outside-in integrin signaling, FAK, GTPases and others induce the remodeling of cytoskeletal components associated with focal adhesions, where actin is polymerized (Fig. 1.16; Dubash et al., 2009; Geiger and Yamada, 2011; Huveneers and Danen, 2009). Importantly, both the formation and function of focal adhesions are dependent on the activity of Rho-associated, coiled-coil containing protein kinases I and II (ROCKI/II) downstream of Rho GTPases, which phosphorylate the myosin light chain of NMMII, stimulating its contractility and, thus, promoting the contractility of the actomyosin network (Fig. 1.17, DeMali and Burridge, 2003; Huveneers and Danen, 2009; Kureishi et al., 1997; Yoneda et al., 2005). Myosin activity is further regulated by other kinases, including MLKC (myosin light chain kinase), MRCK (myotonic dystrophy kinase-related) and PAK (p21-associated kinase; Newell-Litwa et al., 2015).



Fig. 1.17. ROCK activity and actomyosin contractility. Downstream of integrin signaling, effectors of RhoA GTPases ROCK I and II phosphorylate the myosin light chain of myosin, promoting its binding to filamentous actin and contractility of the actomyosin network.

As referred previously, the linkage of integrins to the actin cytoskeleton is accomplished by a subset of adhesome proteins. In addition to its role in mediating integrin activation, talin is a key player in establishing the integrin-cytoskeleton linkage, as it binds to F-actin both directly, and indirectly via interactions with vinculin (Schwartz, 2010). Linkage of integrins to the cytoskeleton is also mediated by other adhesome components, including filamin, which binds to the integrin β -chain and F-actin directly, and paxin, which binds to both paxillin and ILK (Zaidel-Bar and Geiger, 2010). Importantly, focal adhesion assembly occurs in a sequential manner, where certain proteins, namely talin, paxillin and vinculin, must first be present in the nascent adhesion for the recruitment of other proteins (Wolfenson et al., 2013).

The connection between the ECM and the cytoskeleton through integrins enables the focal adhesion to transduce mechanical signals (DuFort et al., 2011). Indeed, in addition to sensing the chemical properties of the ECM (i.e. composition), integrins are also sensitive to the physical properties of the ECM, such as stiffness, density, spacing and orientation. These in turn have profound effects on integrin adhesions, as adhesions associated with stiffer substrates are generally larger and more stable, and their composition, morphology and signaling are distinct from those formed on compliant substrates (Prager-Khoutorsky et al., 2011; Schlunck et al., 2008). This translates into changes in cytoskeletal organization and cell morphology, where cells contacting with stiffer environments are elongated and polarized, compared to cells attached to compliant surfaces which have a rounded morphology.

2.3.4 Transducing mechanical cues

ECM-derived force promotes structural rearrangements of the ECM itself, force transmission through integrin adhesions and ultimately the remodeling of the cytoskeleton, affecting virtually every aspect of the intracellular structure (Eyckmans et al., 2011). However, the actomyosin network also enables the cell to exert force, with NMMII pulling on actin filaments to generate traction forces that in turn are transmitted to integrins and the ECM through the focal adhesions. Thus, integrins pulling the ECM and ECM signaling through integrins results in a mechanical feedback where both extracellular and intracellular derived forces are integrated by the focal-adhesion-ECM architecture (Eyckmans et al., 2011).

Mechanical cues promote many cellular events. Elevated tension through focal adhesions induces integrin clustering and conformational changes of adhesome proteins. In fact, talin, vinculin, and other integrin adhesion components are tension-sensitive molecules, and forces applied to these proteins expose additional cryptic binding sites, promoting the recruitment of more proteins to the adhesion site and stabilization of the focal adhesion structure. This strengthens integrin-ligand binding while also promoting specific phosphorylation events (Wolfenson et al., 2013).

Mechanotransduction pathways through integrins may also influence nuclear activity by phosphorylation of FAK, mitogen-activated protein kinase (MAPK) and extracellular signal-regulated kinase (ERK), resulting in the activation of signaling cascades that, among other effects, affect the activity of transcription factors and thus regulate gene expression (DuFort et al., 2011). Indeed, focal adhesions contain several signaling proteins, including FAK, MAPK, ERK and many more, which are involved in signaling pathways regulating virtually all aspects of cellular function, including proliferation, differentiation and migration. Thus, modulation of focal adhesions by mechanical and chemical cues, originating from both extracellular and intracellular sources, results in changes of multiple cellular responses. Activity of Rho GTPases, which modulate actin polymerization, is also stimulated by increased matrix stiffness, resulting in actin remodeling (Klein et al., 2009; Michael et al., 2009; Pasapera et al., 2010; Provenzano et al., 2009). These may also transmit mechanical signals to the nuclear lamin proteins, altering nuclear architecture and consequently modulating gene expression. Finally, a major consequence of mechanotransduction pathways at the cellular level is that cellular changes in mechanics can quickly spread from cells to tissues, organs or whole developing organisms (Harris et al., 1984).

2.4 Interaction with paracrine factors

In addition to receiving signals via chemical and mechanical cues provided by binding of integrins to the ECM, cells also receive instructive signals from soluble paracrine (or growth) factors, including those of Wnt, Hedgehog, Fgf and Transforming growth factor β
$(Tgf\beta)$ families. These morphogens are classically considered to have major instructive roles in regulating cell proliferation, specification and differentiation.

Importantly, while the ECM mediates cellular attachment and directly provides physical and chemical cues to cells, it also interacts with paracrine factors in diverse ways. It acts as a reservoir or sink for these factors, limiting their diffusion, restricting or promoting their presentation to target cells, or sequesters the morphogens for release at the appropriate time (Discher et al., 2009; Rozario and DeSimone, 2010). For example, heparan sulfate proteoglycans (HSPGs) are required for correct Fgf signaling during salivary gland branching in mammals (Makarenkova et al., 2009). The remodeling of the ECM by proteolytic enzymes such as MMPs (Matrix metalloproteases) or ADAM (A Disintegrin and Metalloproteinase) proteases promotes the release of ECM-bound paracrine factors. Alternatively, paracrine factors may be physically attached to specific ECM components which increases their affinity for their receptors and thus promotes signal transduction (Blaess et al., 2004; Brown, 2011; Rozario and DeSimone, 2010).

Conversely, ECM receptors may also directly interact with paracrine factor signaling. Syndecan, a non-integrin ECM receptor, binds to a variety of morphogens and may either increase ligand affinity of paracrine factor receptors or sequester the ligands near the membrane, increasing available ligand concentration (Carey, 1997; Oehrl and Panayotou, 2008). Similarly, αv-containing integrins have been shown to directly bind to, and activate, Tgfβ peptides *in vivo* (Aluwihare et al., 2009; Mu et al., 2002; Munger et al., 1999). Finally, integrins also feed into paracrine factor signaling pathways, because many kinases associated with the adhesome, such as MAPK and ERK, participate in numerous paracrine factor signaling cascades (Streuli, 2009).

Thus, either directly through attaching to cell surface receptors or indirectly by interacting with other factors, the ECM has many different roles and strongly influences cell function, therefore being a key regulator of cell physiology and homeostasis.

2.5 Importance in development and disease

Since the ECM and its downstream signaling through integrins has major impacts on cellular function and behavior, it is of no surprise that it plays pivotal roles during embryonic development. Indeed, development of Metazoans in general is dependent on integrins, as deficiencies in integrin subunits or function are embryonic lethal in flies, worms, zebrafish, frog, mouse, chick and sea urchins (Bouvard et al., 2001; Brown, 2000; Jülich et al., 2005; Marsden and Burke, 1998; Marsden and DeSimone, 2001; Rallis et al., 2010).

The production of ECM molecules and their assembly into matrices are both restricted and dynamic as development progresses, which contributes to anisotropies in the extracellular environment, allowing for cells to change shape, motility and polarity to generate all kinds of structures, from tubes, to cavities, to sheets and rods (Rozario and DeSimone, 2010). Moreover, assembly and remodeling of the ECM often coincides with the initiation of a morphogenetic event, and accompanies the morphogenesis of emerging tissues, such as branched organs (Larsen et al., 2006). There are several reports on the importance of the ECM in embryo development. In the mammalian embryo, proteoglycans, GAGs, collagens and other ECM glycoproteins are crucial for normal development of for example mammary and salivary glands, gut, kidney and lung (Rozario and DeSimone, 2010). Collagen III, V, VII and XVII are all necessary for maintaining the integrity of the vasculature, eyes, connective tissue and skin (Andrikopoulos et al., 1995; Heinonen et al., 1999; Liu et al., 1997; Nishie et al., 2007). In *Xenopus*, syndecan-2 is involved in the specification of left-right asymmetry (Kramer and Yost, 2002).

Differentiation is also affected in several contexts when either integrin or ECM function are disrupted, including the differentiation of myoblasts into muscle (Menko and Boettiger, 1987), oligodendrocyte differentiation (Baron et al., 2005), and differentiation of mammary epithelial cells into milk-producing cells (Streuli et al., 1991). Altering the rigidity of the ECM also affects differentiation, with stiff matrices promoting osteogenic differentiation of mesenchymal stem cells, while soft matrices induce their differentiation into neurons (Engler et al., 2006). Migration is also perturbed in many contexts when integrin β 1 activity is disrupted – neural crest cells derivatives such as Schwann cells are unable to migrate (Pietri et al., 2004), while primordial germ cells are specified correctly but fail to colonize the gonads (Anderson et al., 1999).

Many human diseases are caused by impaired cell-matrix interactions. This is particularly evident in tissues that are subjected to mechanical stress, such as skeletal muscle or skin. Causative mutations for either skin blistering diseases or some muscular dystrophies can occur at several levels of the integrin adhesion, including ECM components, integrin subunits, or cytoplasmic adhesion scaffold proteins associated with the adhesome. For example, different variants of epidermolysis bullosa, a skin blistering disease, are caused by mutations in at least 12 distinct genes, encoding basement membrane components and adhesion proteins (Wickstrom et al., 2011). Mutations in ECM components also underlie several different syndromes spanning all types of tissues and organs, such as atherosclerosis, osteoarthritis or myopia (Iozzo and Gubbiotti, 2018; Järveläinen, 2009). Finally, ECM remodulation is a crucial contributor to cancer progression. Many ECM components are known to promote tumor growth and vascularization, and in most cancers, a stiffer ECM resulting from increased ECM deposition results in more aggressive behaviors, including EMT and invasion (Frantz et al., 2010; Iozzo and Gubbiotti, 2018; Schwartz, 2010).

Thus, while the ECM has for decades been mostly regarded as a cellular packaging material with a largely passive role, new reports are constantly emerging proving the ECM to be a pivotal player in both embryo development and adult homeostasis.

3. Fibronectin

Fibronectin is a ubiquitous ECM glycoprotein exclusive to vertebrates, considered to have co-evolved together with the vertebrate cardiovascular system (Singh et al., 2010; Wickstrom et al., 2011). Fibronectin was first discovered in the 1940s (Edsall, 1978), isolated from blood at the time. This fibronectin form is soluble and is designated plasma fibronectin. A second major form, termed cellular fibronectin, assembles into insoluble fibrillar matrices in most tissues throughout all stages of life, from the earliest developmental stages to the adult organism (Singh et al., 2010). Cellular fibronectin is much more heterogenous than the plasma form, resulting from cell type- and species-specific splicing patterns of the single fibronectin-encoding gene, Fn1 (Pankov and Yamada, 2002). Indeed, about 12 and 20 variants of the fibronectin protein have been discovered in mice and humans, respectively, all resulting from alternative splicing of the single ~8 kb mRNA (ffrench-Constant, 1995; Singh et al., 2010). Genome duplication in fish has resulted in the appearance of a second fibronectin gene, fn1b (Sun et al., 2005), but in the remaining vertebrate lineages, the Fn1 gene appears to have remained functionally unchanged since it first appeared during vertebrate evolution, and it is essential for life (George et al., 1993; Hynes and Naba, 2012).

Research on fibronectin has mostly been conducted using cells *in vitro*, and although we already have decades worth of knowledge about its functions (as a reference, as of 2018, searching for "fibronectin review" in PubMed yields around 2600 results), many particularities of its *in vivo* roles remain elusive (Mao and Schwarzbauer, 2005; McDonald et al., 1987; Pankov and Yamada, 2002; Ruoslahti, 1988; Singh et al., 2010; Wierzbicka-Patynowski and Schwarzbauer, 2003). Accordingly, seminal findings about its biological relevance in several contexts, from development to disease, are still being accomplished to date (Zollinger and Smith, 2017). Here I will give an overview of cellular fibronectin structure, assembly and main functions, briefly addressing its many known roles during embryonic development, with a particular focus on somite formation.

3.1 Fibronectin structure

Fibronectin is a dimeric protein, with each subunit ranging from 230-270 kDa depending on the splice variant (Schwarzbauer and DeSimone, 2011). These subunits are connected through a pair of disulfide bonds at their C-termini and are composed of 3 different types of modules, types I, II and III (Fig. 1.18). Each fibronectin molecule includes 12 Type I repeats, which are about 40 amino acids long and have two disulfide bonds; 2 Type II repeats, comprising about 60 amino acids, also stabilized by two intrachain disulfide bonds; and 15 to 17 Type III repeats (Pankov and Yamada, 2002). These last repeats are composed of antiparallel β -sheets which have no disulfide bonds, allowing for conformational changes in response to chemical or mechanical stimuli (Schwarzbauer and DeSimone, 2011; Zollinger and Smith, 2017).

Of these Type III modules, two specific repeats encoded by single exons can be either included or excluded from the *Fn1* mRNA through alternative splicing (Fig. 1.18). These are the EIIIA, located between Types III11 and III12 repeats, and EIIIB, which is found between III7 and III8 repeats (Pankov and Yamada, 2002). These domains are usually absent from plasma fibronectin, while the cellular form may present none, one, or both (Schwarzbauer and DeSimone, 2011). Importantly, EIIIA and EIIIB are mostly included in cellular fibronectin during development, as their prevalence is low in adult tissues, and are also upregulated with injury, in tumors and in other pathologies (Schwarzbauer and DeSimone, 2011). Accordingly, double knockout of EIIIA and EIIIB results in embryonic lethality of mutant mice, which die from multiple vascular defects. While this suggests that EIIIA and EIIIB have a role during events of tissue remodeling, the specific *in vivo* functions of these domains are still unclear.

A third region located in a non-homologous stretch between III14 and III15, called V (variable in length), may also be subject to alternative splicing, being either completely or partially included (V+) or fully excluded (V0), depending on the tissue and the species considered. For example, humans have five different V variants resulting from total or partial inclusion or complete exclusion of this region; in contrast, in the chick, the V domain is never fully excluded, and fibronectin molecules have either a full-length V domain or a partial V domain restricted to its 5' 44 amino acid segment, thus only generating two V variants (Pankov and Yamada, 2002; Schwarzbauer and DeSimone, 2011). This region is involved in fibronectin dimer secretion, as V0-V0 fibronectin homodimers are not secreted and are degraded intracellularly. The V region also binds to specific cell receptors, promoting cell adhesion (Schwarzbauer and DeSimone, 2011; Singh et al., 2010; see section 3.4, *Fibronectin interactions with integrins* for more details). While EIIIA and EIIIB are always absent from plasma fibronectin, most plasma fibronectin dimers are composed of one V0 subunit and one V+ subunit. Conversely, V0 subunits are generally absent from cellular fibronectin, most of which present either the full or partial V domain (Schwarzbauer and DeSimone, 2011).

Thus, alternative splicing of the single fibronectin-encoding gene produces a large amount of protein variants, which have different ligand-binding, solubility and cell-adhesive properties, and tissue-specificity.

Different domains on the fibronectin molecule are responsible for binding to a myriad of interactors, including cell-surface receptors, other ECM components such as collagens or heparin, and fibronectin itself (Fig. 1.18). This allows each fibronectin protein to simultaneously attach both to cells and the ECM (Singh et al., 2010).

There are two main regions of the fibronectin protein responsible for fibronectin self-association. There are several binding sites within the III15 domain, which interacts with the alternatively spliced domains and the amino-terminal domain. Here is the second and major fibronectin binding site, which includes the first 5 type I repeats (I1 to I5) and is essential for fibronectin matrix assembly. This domain also interacts with other ECM components, including heparin and tenascin (Schwarzbauer and DeSimone, 2011). Other



Fig. 1.18. Structure of the fibronectin molecule. Different types of repeats, alternatively spliced domains and different binding domains of the protein are represented. Adapted from Schwarzbauer and Desimone, 2011.

important fibronectin domains include the collagen-binding domain, which includes repeats I6-I9 and II1-II2, and a second heparin-binding domain that interacts with heparan sulfate proteoglycans, comprising III12-III14 (Pankov and Yamada, 2002). Fibronectin interacts with several cell-surface receptors through a myriad of domains (Pankov and Yamada, 2002). However, the major cell-binding domains are the Arginine-Glycine-Aspartic acid (RGD) sequence located in the III10 repeat and the adjacent synergy site on III9.

I will focus briefly on the N-terminal-most portion of the fibronectin molecule, which is the major domain responsible for fibril assembly, and the RGD sequence involved in cell binding, as they are common targets for disturbing the fibronectin ECM or its binding to integrins *in vivo*.

3.1.1 70kDa

While the fibronectin molecule has several binding sites for fibronectin itself, the aminoterminal 70kDa domain comprising I1 to I9 and the two type II domains is essential for the assembly of the fibrillar matrix, also termed fibrillogenesis. When this portion is removed from the molecule, the resulting fibronectin lacking the 70kDa domain cannot co-assemble with full-length fibronectin fibrils (Ohashi et al., 2017; Schwarzbauer, 1991). Furthermore, when a fragment of the fibronectin molecule comprising this 70kDa N-terminal region is present in excess, it acts as a dominant negative, as it competes with the corresponding regions of the native fibrils and further assembly of the matrix is abolished (McKeown-Longo and Mosher, 1985). Fibronectin fibrillogenesis is also abrogated in the presence of just the first type I repeats of the fragment (I1 to I5, which correspond to the 27kDa N-terminal most domain of fibronectin), although to a lesser extent, suggesting that the full 70kDa N-terminal domain is needed for the correct building of fibronectin fibrils (McDonald et al., 1987; McKeown-Longo and Mosher, 1985). Importantly, the excess 70kDa fragment does not just inhibit *de novo* fibronectin matrix assembly, but also destabilizes already established fibronectin matrices around cells and in tissues (Sottile and Hocking, 2002).

3.1.2. RGD

The RGD sequence is present in many ECM components such as vitronectin and tenascin and is critical for their recognition and binding to about a third of the integrins described (Barczyk et al., 2010; Rozario and DeSimone, 2010). RGD binds to integrins through an interface between their two subunits, fitting into a cleft in the β -propeller of the α -chain and the β I-domain of the β -chain (Campbell and Humphries, 2011). Recognition of this sequence in ECM components depends on their 3D presentation, flanking residues and particular characteristics of the receptor (Pankov and Yamada, 2002).

In the fibronectin molecule, the RGD sequence in located within the III10 domain and is recognized by many different integrins, including $\alpha 5\beta 1$, $\alpha 3\beta 1$, $\alpha 8\beta 1$, $\alpha 9\beta 1$, all αv -containing integrins, and the platelet specific $\alpha II\beta b3$, suggesting that it has relevant roles across a broad range of different cell types (Campbell and Humphries, 2011; Zollinger and Smith, 2017). However, and although the fibronectin protein has many more domains recognized by cell-surface receptors, it only becomes prone to assemble into fibrils upon the interaction between its RGD sequence and $\alpha 5\beta 1$ integrin (Aota et al., 1991; Aota et al., 1994; Pierschbacher et al., 1982). Importantly, this interaction is essential for development, as mouse embryos in which the RGD sequence of fibronectin was deleted die at mid-gestation (Takahashi et al., 2007). In a similar fashion to the action of excess 70kDa fragment in culture, the presence of excess RGD peptide in cell culture competes with the RGD-recognition pockets of integrin receptors, leading to impaired fibronectin fibrillogenesis (Pierschbacher and Ruoslahti, 1984).

3.2 Fibronectin matrix assembly

The fibronectin dimer is initially secreted in a folded, compact form (Potts and Campbell, 1994; Ruoslahti, 1988). However, the major functional form of fibronectin is in assembled multimeric fibrils. The assembly of this supramolecular structure is tightly regulated and depends on (1) the intracellular dimerization of fibronectin subunits, (2) localization of fibronectin to the cell-surface and binding to integrins, (3) cell-driven mechanical stretching of fibronectin through cytoskeleton-derived contractility (Ali and Hynes, 1977; Wu et al., 1995; Zollinger and Smith, 2017), and (4) interaction between different fibronectin molecules, which allow the association of dimers into fibrils (Mouw et al., 2014; Pankov and Yamada, 2002; Schwarzbauer and DeSimone, 2011; Singh et al., 2010).

The major integrin responsible for fibronectin matrix assembly is $\alpha 5\beta 1$, which binds to the fibronectin protein through both the RGD sequence and the synergy site in the III9 domain (Singh et al., 2010). These two interactions are essential both for strong binding and fibril assembly (Friedland et al., 2009; Sechler et al., 1997). Binding to fibronectin promotes integrin activation and clustering, which in turn tethers fibronectin ligands to assembly initiation sites (Schwarzbauer and DeSimone, 2011). Integrin clustering also leads to the accumulation of cytoplasmic effectors, including FAK, paxillin and other adhesome components that activate actin polymerization into filaments and kinase-mediated signaling cascades (Geiger et al., 2001; Singh et al., 2010). FAK activity is of particular importance for fibronectin assembly, which does not occur in FAK-null mouse embryos (Ilić et al., 2004).

Once ligand-bound integrins are connected to the cytoskeleton, cytoskeletal contractility exerts force on the fibronectin dimer, which consequently unfolds and undergoes a conformational change from a compact soluble form towards an extended state (Fig. 1.19; Christopher et al., 1997; Dzamba et al., 1994; Gudzenko and Franz, 2015). This process is dependent on both ROCKI/II and NMMII activity and low Cdc42 levels (Kametaka et al., 2007; Torr et al., 2015). Extension of the fibronectin dimer exposes multiple cryptic fibronectin binding sites in the molecule (Baneyx et al., 2001; Lemmon and Weinberg, 2017; Zollinger and Smith, 2017) and stimulates the interaction between the 70kDa N-terminal domains of adjacent fibronectin dimers. These conformational changes and fibronectin-fibronectin contacts further promote the association of fibrils via non-covalent interactions (Chen and Mosher, 1996). With time, clustering of multiple fibronectin-bound integrins brings nascent fibronectin bundles together, which further interact and build a matrix



Fig. 1.19. Fibronectin matrix assembly. (A-C) Schematic representation of the steps of fibronectin matrix assembly. (A) The compact, globular fibronectin dimer is recognized by α 5 β 1 integrin and binds to it. (B) This binding promotes integrin attachment to the cytoskeleton, which in turn exerts the traction force needed to extend the fibronectin dimer. (C) Extension of the fibronectin protein reveals cryptic binding sites for fibronectin self-association, promoting fibril assembly. Adapted from Mao and Schwarzbauer, 2005.

network that is irreversibly deoxycholate (DOC)-insoluble, a hallmark for mature fibronectin ECMs (McKeown-Longo and Mosher, 1983; Mouw et al., 2014). Further tension applied to fibronectin- α 5 β 1 adhesions resulting both from cellular contractility and increase in ECM stiffness controls the maturation of these multiple integrin clusters, which coordinate cell shape and intracellular signaling with fibronectin ECM architecture (Schwarzbauer and DeSimone, 2011).

Importantly, this mature fibronectin ECM is not a static entity, as its integrity still depends on a basal level of assembly. Fibronectin-null cells are capable of assembling exogenous fibronectin into fibrils, but this matrix is lost both when cells are transferred to a fibronectin-deprived medium and when cultured in the presence of the 70kDa fragment (Sottile and Hocking, 2002; Wierzbicka-Patynowski and Schwarzbauer, 2003). Thus, fibronectin matrices are dynamic, being constantly remodeled and assembled.

Fibronectin fibrillogenesis is thus dependent on applied tension. While pulling on fibronectin dimers promotes the extension of the molecule and exposure of cryptic binding sites essential for matrix assembly, the rate of fibronectin fibrillogenesis is also influenced by matrix rigidity (Carraher and Schwarzbauer, 2013). Both the total number of $\alpha 5\beta 1$ fibronectin adhesions and the number of tensioned $\alpha 5\beta 1$ -fibronectin bonds are increased on stiff substrates (Friedland et al., 2009). Stiff substrates also increase the rate of fibronectin assembly, which is delayed on soft substrates. Stiff substrates promote increased ability of cells to extend the fibronectin dimer, which can be stretched at least 5-6 fold (Carraher and Schwarzbauer, 2013; Little et al., 2008). This in turn exposes the cryptic binding sites of the molecule and stimulates the conversion of the fibronectin dimers into stable DOCinsoluble fibrils (Carraher and Schwarzbauer, 2013). High substrate stiffness also increases FAK downstream signaling (Carraher and Schwarzbauer, 2013). Hence, extension of the fibronectin protein in response to substrate stiffness levels may provide a mechanosensing mechanism that allows cells to probe the stiffness of their environment and adjust fibronectin assembly and cellular contractility accordingly (Carraher and Schwarzbauer, 2013). Indeed, high levels of mechanical strain applied to single fibronectin fibers promotes their extension and is sufficient to decrease both cell spreading and migration (Hubbard et al., 2016). Thus, outside-in signaling through fibronectin- α 5 β 1 adhesions is regulated by matrix rigidity.

3.3 Fibronectin functions

Since it is one of the most ubiquitous components of the ECM, fibronectin is in place to mediate several cellular behaviors. Accordingly, fibronectin has been shown to be involved in cell-adhesion and migration (Frantz et al., 2010; Rozario and DeSimone, 2010), cellular growth and differentiation (Hynes, 1990), and has been implicated in cardiovascular diseases and in tumor metastasis, being an established marker of EMT in cancer (Frantz et al., 2010; Rozario and DeSimone, 2010).

Fibronectin directs the organization of the interstitial ECM (Frantz et al., 2010), particularly the deposition of collagen matrices (Sottile and Hocking, 2002; Zollinger and Smith, 2017), as collagens are not incorporated in the ECM in the absence of fibronectin. In fact, fibronectin fibrils act as a provisional scaffold that either potentiates and/or is required for subsequent deposition of many other ECM components, including for example tenascin, fibulin and fibrillin (Zollinger and Smith, 2017).

The fibronectin molecule also binds directly to a number of paracrine factors through its 12th–14th repeats, including several of the platelet-derived growth factor (PDGF)/ vascular endothelial growth factor (VEGF) and Fgf families, and some members of the Tgfβ family (Zollinger and Smith, 2017). This results in enhanced growth factor activity, shown for example in VEGF-mediated differentiation and migration of endothelial progenitor cells, which are both increased in the presence of fibronectin (Wayner et al., 1989; Wijelath et al., 2004; Wijelath et al., 2006). Moreover, survival of cultured fibroblast is ensured by synergistic collaboration between fibronectin and fibronectin-bound Fgf. The latter must be in close proximity to the cell-binding domain of fibronectin, as presentation of both cell-binding and growth factor-binding domains to cell-surface receptors are essential for ensuring fibroblast survival (Lin et al., 2011).

Fibronectin is clearly crucial for embryogenesis, in particular for the formation of mesoderm, which is severely reduced in the *Fn1*-null embryo. Moreover, the fibronectin network has different topography, density and stiffness depending on the context, all of which influences cell function. Disentangling the intricacy of fibronectin functions in all its developmental contexts has thus been a challenge for researchers throughout the years, and new reports and methods are constantly emerging, slowly but steadily adding to our knowledge about this Jack-of-all-trades protein (see section 3.5, *Importance of fibronectin matrices in development*, for more details).

3.4 Fibronectin interaction with integrins

While integrin $\alpha 5\beta 1$ is the major receptor for fibronectin, 11 other integrins bind to fibronectin in mammals, mostly by recognizing the RGD domain on III10, but other cellbinding domains can also be used (Pankov and Yamada, 2002). For example, EIIIA binds to $\alpha 4$ - and $\alpha 9$ -integrins, promoting cell adhesion (Liao et al., 2002). $\alpha 4\beta 1$ is a non-RGDbinding integrin present in neural crest cells and cells of the cardiovascular and peripheral nervous system and interacts with fibronectin via its V region. This is also the case for $\alpha 4\beta 7$, which is mainly present in hematopoietic cells. The distance between the RGD and the synergy site domains of fibronectin, which are altered upon conformational changes of the molecule, also define which integrins it can interact with (Zollinger and Smith, 2017). When fibronectin is still in a globular conformation, the RGD and synergy site are close, and both $\alpha 5\beta 1$ and other RGD-recognizing integrins are able to bind to the molecule. Upon fibronectin extension, these two domains become further apart, and while $\alpha 5\beta 1$ -binding is reduced, other integrins such as $\alpha v\beta 3$ that do not require the synergy site are still able to bind to fibronectin (Krammer et al., 2002).

Additional integrins other than $\alpha 5\beta 1$ have also been shown to mediate fibronectin assembly in vitro, although appropriate external stimulation is usually required (Schwarzbauer and DeSimone, 2011; Wickstrom et al., 2011). These include integrins $\alpha 4\beta 1$ (Sechler et al., 2000), ανβ1 (Yang and Hynes, 1996; Zhang et al., 1993), ανβ3 (Takahashi et al., 2007; Wennerberg et al., 1996; Wu et al., 1996), and aIIβb3 (Olorundare et al., 2001). However, only av-containing integrins are able to assemble fibronectin fibrils in the absence of both α5β1 integrin and the RGD sequence of fibronectin in vivo (Singh et al., 2010; Takahashi et al., 2007). The topography and morphology of the resulting matrix is very different from that assembled by $\alpha 5\beta 1$, with shorter and thicker, less profuse fibrils (Danen et al., 2002; Takahashi et al., 2007; Wennerberg et al., 1996). Intriguingly, a recent report showed that when both $\alpha 5\beta 1$ and αv -class integrins are present, the latter outcompetes $\alpha 5\beta 1$ and binds faster to fibronectin, preventing $\alpha 5\beta 1$ from engaging with the molecule (Bharadwaj et al., 2017). Once engaged with fibronectin, av integrins signal to a5^β1 through RhoA/ROCK/ NMMII to induce their clustering and promote additional adhesion sites to fibronectin, strengthening cellular adhesion. This is consistent with earlier reports showing that β 1 integrins promote NMMII-independent formation of small peripheral adhesions, while αv integrins contribute to the formation of large focal adhesions (Schiller et al., 2013). Together, these two integrin classes cooperatively lead to full NMMII activation and enable cells to sense and respond to fibronectin rigidity, with $\alpha 5\beta 1$ generating force on stiff fibronectin substrates and av integrins mediating structural adaptations to these forces (Schiller et al., 2013).

Moreover, fibronectin binding to either α 5 β 1 or α v-containing integrins transduces different signals. For example, upon attachment to fibronectin, RhoA activity decreases while that of Rac1 and Cdc42 increases, allowing for cell spreading. However, as soon as cells are spread, α 5 β 1 (but not α v) bound to fibronectin increases RhoA activity and induces stress fiber formation, promoting the development of mature α 5 β 1-fibronectin adhesion sites crucial for fibronectin assembly (Danen et al., 2002). This distinct signaling transduction by α 5 β 1 versus α v β 3 engagement further influences cell behavior, promoting either proliferation or differentiation (García et al., 1999; Keselowsky et al., 2003; Keselowsky et al., 2005). Thus, α 5 β 1 and α v-class integrins have distinct and cooperative roles in fibronectin assembly, adhesion and signal transduction.

Even though fibronectin binds to several integrins, $\alpha 5\beta 1$ integrin remains the primary fibronectin receptor responsible for its assembly and signal transduction. In contrast to the

other integrins, $\alpha 5\beta 1$ recognizes and binds to the synergy site, which promotes downstream activation of FAK and is essential for assembly (Friedland et al., 2009; Ilić et al., 2004). Moreover, $\alpha 5\beta 1$ affinity to the RGD sequence on fibronectin is much greater than any other integrin and $\alpha 5\beta 1$ even binds efficiently to plasma fibronectin, which can be assembled into fibrils during for example wound healing (Huveneers et al., 2008).

3.5 Importance of fibronectin matrices in development

Fibronectin is widely expressed by multiple cell types during development, and its assembly is often concomitant with highly dynamic cell and tissue rearrangements. Many studies of the role of fibronectin matrices during developmental processes point to the importance of its correct assembly in both space and time, promoting tissue morphogenesis and differentiation (Schwarzbauer and DeSimone, 2011). Thus, it is of no surprise that the null mutation for *Fn1* is embryonic lethal (E10.5), with several striking mesodermal defects including deficient morphogenesis of the notochord, somites, heart and vasculature (George et al., 1993; Georges-Labouesse et al., 1996). α 5-null mutation is also embryonic lethal, but it is milder and the embryo dies later (at around E9.5–E10; Yang et al., 1993). However, deleting both α 5 or α v integrins results in increased embryonic defects at earlier stages, and earlier embryonic death (E7.5). Thus, both fibronectin and its major receptors are crucial for normal development (Yang et al., 1999).

The importance of fibronectin in development is apparent in events as early as gastrulation. Fibronectin is assembled between the epiblast and hypoblast in the chick (Krotoski et al., 1986) and along the *Xenopus* blastocoel roof (Lee et al., 1984) prior to gastrulation movements, which together with the mesodermal defects of *Fn1*-null mice suggest a role for fibronectin in providing the substrate for mesodermal migration during gastrulation. In the *Xenopus* embryo, fibronectin assembly is both coincident and required for all of the morphogenetic cellular movements during gastrulation, including epiboly, radial and mediolateral intercalation, convergent extension and mesendoderm migration (Davidson et al., 2004; Davidson et al., 2008). Similarly, during primitive streak formation in chick embryos, cell movements in the epiblast are coincident with extensive fibronectin fibril displacement (Czirok et al., 2006; Zamir et al., 2006). Additionally, fibronectin-integrin interactions are also required for the correct orientation of cellular divisions of blastocoel roof cells in the *Xenopus*, with the Wnt/Planar Cell Polarity (PCP) pathway controlling fibronectin assembly (Dzamba et al., 2009; Marsden and DeSimone, 2001).

In addition to mesodermal migration during gastrulation, fibronectin also directs the migration of the avian and amphibian neural crest (Duband and Thiery, 1982; Perris and Perissinotto, 2000; Rovasio et al., 1983), primordial germ cells in both frogs (Heasman et al., 1981) and mice (Ffrench-Constant et al., 1991), and the correct migration of cardiac precursors to the midline of chick and zebrafish embryos (Linask et al., 2005; Trinh and

Stainier, 2004). In the latter case, while cardiac precursors do not require fibronectin assembly for the migration process *per se*, it is crucial for their timely and directional migration to the midline and also for correct polarization and specification of the migrating myocardial precursors (Matsui et al., 2007; Trinh and Stainier, 2004). In the absence of fibronectin assembly in the midline, zebrafish embryos present a *cardia bifida* phenotype, which can be rescued by injecting exogenous fibronectin in the midline (Matsui et al., 2007). Proliferation of cardiac precursors and correct *Fgf8* expression are also compromised in *Fn1*-null mouse embryos (Mittal et al., 2013). Thus, fibronectin ECM is crucial for normal heart development, as it regulates proliferation, specification and migration of myocardial precursors in both mouse and zebrafish embryos.

Recent reports also implicate fibronectin- $\alpha 5\beta 1$ interactions in the differentiation of neural crest cells into vascular smooth muscle cells. Fibronectin promotes their differentiation both through binding to $\alpha 5\beta 1$ and interacting with Tgf β . Importantly, Notch activation, which is required for differentiation of vascular smooth muscle cells, is only activated in cells expressing both fibronectin and $\alpha 5\beta 1$ integrin, suggesting that fibronectin is important for inducing an autocrine signaling response by these cells (Turner et al., 2015; Vega and Schwarzbauer, 2016; Wang and Astrof, 2015).

Localized fibronectin assembly is also required during branching morphogenesis of several organs, including the lung, kidney and mammary and salivary glands (De Langhe et al., 2005; Fata et al., 2007; Larsen et al., 2006; Sakai et al., 2003). Blocking fibronectin assembly or synthesis abolishes cleft formation, while supplementation with exogenous fibronectin promotes branch formation.

3.6 Importance of fibronectin in somitogenesis

Another morphogenetic event where fibronectin plays a preponderant role is in somitogenesis. Almost 35 years ago, fibronectin was described to be present in the paraxial mesoderm of chick embryos, surrounding the PSM and somites (Duband et al., 1987; Krotoski et al., 1986; Lash et al., 1985; Newgreen and Thiery, 1980; Ostrovsky et al., 1983; Thiery et al., 1982). The *Fn1*-null mouse mutant confirmed its importance in somite formation, as these embryos form some paraxial mesoderm, but it does not segment (George et al., 1993; Georges-Labouesse et al., 1996). Importantly, this phenotype was also shared by FAK-(Furuta et al., 1995; Ilić et al., 1995) and Paxillin-null (Hagel et al., 2002) mouse embryos. However, while deletion of the gene encoding for α 5 integrin subunit, *Itga5*, was also found to be an early embryonic lethal, these embryos still assembled fibronectin and formed the 7 most anterior somites (Goh et al., 1997; Yang et al., 1993). Conversely, double knockout of both *Itga5* and *Itgav*, which encodes for α , completely abolished both fibronectin assembly and somite formation (Yang et al., 1999). Deficient fibronectin-integrin interactions in the PSM also leads to loss of somitic boundaries in zebrafish (Jülich et al., 2005; Koshida et al.,

2005), and loss of function of either α 5 or β 1 integrin subunits disrupts somite formation in *Xenopus* embryos (Kragtorp and Miller, 2007; Marsden and DeSimone, 2001). Thus, fibronectin-integrin interactions are required for paraxial mesoderm segmentation in frogs, zebrafish and mouse embryos.

As described in section 1.3.1, Boundary formation, a feedback system between decreased N-cadherin mediated cell adhesion, Eph/Ephrin signaling and integrin α 5 β 1 activation assures fibronectin assembly in the nascent somitic clefts, essential for cleft stabilization (Jülich et al., 2015; McMillen et al., 2016). That the fibronectin ECM is required in both the initiation and stabilization of somitic cleft morphogenesis was clearly shown in studies where chick PSMs were cultured in vitro. Indeed, cultured PSMs isolated from chick embryos still show segmented expression of Hairy1, Dll1 and Notch1 (Palmeirim et al., 1997; Palmeirim et al., 1998), but morphological somite formation was only possible in the presence of the ectoderm (Palmeirim et al., 1998). Rifes et al (2007) showed that the absence of ectoderm may be partially compensated for by supplementing isolated PSMs with exogenous fibronectin (Rifes et al., 2007). Moreover, PSMs isolated with an enzyme treatment that maintains its original fibronectin matrix can form morphologically distinct somites in the absence of the ectoderm. Thus, fibronectin protein provided by the overlying ectoderm is crucial not only for maintaining somitic boundaries as soon as they are formed, but also for mediating somite epithelialization. Indeed, mice null for $\alpha 5$ integrin exhibit a somitic phenotype that resembles that of Paraxis-null embryos, with distinctive (albeit deficient) somite borders but no epithelialized segments (Yang et al., 1999). In this context, the fibronectin assembled by the PSM, which does not produce its own fibronectin, is provided by the overlying, Fn1expressing ectoderm (Rifes et al., 2007). The reception and building of fibronectin matrix by PSM cells is subsequently required for normal somite morphogenesis. This is reminiscent of what has been recently observed in the chick embryo, where fibronectin produced by the avian Wolffian duct (intermediate mesoderm) is transferred to the adjacent coelomic epithelium (lateral mesoderm), promoting its maturation (Yoshino et al., 2014). This raises the interesting possibility that the fibronectin protein provided by the ectoderm acts in a paracrine fashion to mediate PSM fibronectin assembly and subsequent cellular behaviors.

In addition, recent studies suggest that the fibronectin substrate may be doing more than just promoting somitic boundary morphogenesis and somite epithelialization. Interfering with β 1-integrin in chick embryos though β 1-targeting morpholinos leads to deficient Wnt and Notch signaling in the PSM, with consequences on normal positioning of *Meso1* (Rallis et al., 2010). In an additional report, isolated mouse PSM cells and PSM explants showed slower *Lnfg* oscillations when cultured on a fibronectin substrate compared to those cultured on BSA, concomitant with nuclear displacement of Yes-associated protein (YAP), a transcription factor implicated in mechanotransduction signaling (Hubaud et al., 2017). These studies suggest that fibronectin may also be regulating segmentation clock dynamics, possibly through both chemical and mechanical cues, and may be a missing link in the coordination of segmentation clock oscillations and timely somite morphogenesis.

II. Aims and Objectives

The above Introduction highlighted the complexity of paraxial mesoderm development, particularly the periodic formation of epithelial somites from the mesenchymal PSM. A considerable amount of knowledge about the mechanisms regulating this complex morphogenetic event has been unveiled since the first discovery of the segmentation clock (Palmeirim et al., 1997). However, much remains to be understood, including how segmentation clock oscillations are stabilized in the anterior PSM, and how the periodicity of these oscillations is translated into the periodic morphological formation of the segment boundaries. Furthermore, while fibronectin has long been implicated in the morphological aspects of somitogenesis, recent reports suggest that many intricacies of its role during somite formation, particularly regarding the control of its periodicity, still need to be dissected out. In addition, the role of fibronectin matrix mechanics in vivo is still mostly unknown, as studies are usually conducted in vitro with either absence or presence of the protein. This approach masks the effects of matrix topology, density and stiffness, mechanical cues that are as instructive as the presence of the molecule per se on cellular behavior. Thus, the aim of this thesis was to address the role of the fibronectin matrix during paraxial mesoderm development in vivo, with particular focus on its role in PSM maturation and subsequent somite morphogenesis.

In **Chapter 2**, we asked whether more contexts where fibronectin assembly is a paracrine event occur during early development of both chick and mouse embryos. We addressed which tissues express Fn1 and thus produce the protein and which tissues assemble fibronectin intro a fibrillar matrix. We also assessed the mRNA expression and protein distribution of integrins $\alpha 5$ and αv from gastrulation (HH4 in the chick, E7.5 in the mouse) through organogenesis stages (E4 in the chick, E11.5 in the mouse). We found that during paraxial mesoderm development, fibronectin production and assembly is highly dynamic and correlates with exquisite morphogenetic events. Moreover, fibronectin matrix assembly can be autocrine, as in the case of paraxial mesoderm precursors within the primitive streak and the sclerotome undergoing EMT, while being paracrine in gastrulating PSM precursors and the developing PSM. Moreover, we put into evidence that a paracrine system of fibronectin matrix assembly is common in several other contexts during the stages under study, and stress that fibronectin assembly is a cell-cell communication event that can be as significant as morphogen signaling. The research presented in this chapter was published in Developmental Dynamics (2016) 245, 520-535.

In **Chapter 3**, we address the role of fibronectin during somite formation in chicken embryos, while also analyzing its potential role in regulating the segmentation clock. Our results show that both the binding of fibronectin to its receptors and an intact fibronectin matrix are required for correct segmentation clock dynamics and subsequent segment boundary morphogenesis. Our results further establish fibronectin as crucial player regulating somitogenesis and point to a novel role of this matrix in coupling segmentation clock oscillations with timely somite morphogenesis. In addition, we also implicate its mechanotransduction pathway in both segmentation clock dynamics and somite formation, adding to the increasing body of evidence arguing for a previously unappreciated instructive role of mechanical cues during somitogenesis. The work described in this chapter is included in a manuscript still in preparation.

In **Chapter 4**, we build on the knowledge that the epithelial somite is surrounded by a dense fibronectin matrix and ask whether this fibronectin matrix plays a role in somite maturation. We describe a previously unknown interaction between the fibronectin matrix assembled in the PSM and somites and the Shh signaling pathway. We found that an intact fibronectin matrix is required for correct Shh signaling in the ventral somite. Conversely, Shh negatively regulates Fn1 expression in the ventral somite, possibly to maintain its production at lower levels before the correct timing for sclerotomal dispersal, when Fn1 is strongly upregulated in this tissue (Chapter 2). Thus, the cross-regulation and cooperation of the fibronectin matrix and the Shh signaling pathway in the PSM and somites orchestrate timely somite patterning, morphogenesis and differentiation.

In the final chapter, **Chapter 5**, the main findings described in the previous chapters are discussed and integrated with the existing literature. We place a particular focus on the establishment of fibronectin as an active player regulating paraxial mesoderm development, and the recent advances in studying the role of mechanical cues during this process *in vivo*.

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Chapter 2

Fibronectin assembly during early embryo development: a versatile communication system between cells and tissues

For an idea that does not first seem insane, there is no hope. — Albert Einstein

Fibronectin assembly during early embryo development: a versatile communication system between cells and tissues.

Patrícia Gomes de Almeida, Gonçalo G. Pinheiro, Andreia M. Nunes*, André B. Gonçalves* and Sólveig Thorsteinsdóttir Developmental Dynamics 245, 520–535, 2016

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Contribution for the publication:

	Experimental work depicted in Fig.									
	1	2	3	4	5	6	7	8	writing	
Design and concept	III	III	III	III	III	III	III	III		
Execution	II	III								
Analysis and interpretation	III	III	III	III	III	III	III	III		

Legend:

- non applicable
- O no intervention
- I minor contribution
- II moderate contribution
- III major contribution/full execution

Note: this contribution does not exclude other contributions, similar or not, from the remaining authors

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PATTERNS & PHENOTYPES

Fibronectin Assembly During Early Embryo Development: A Versatile Communication System Between Cells and Tissues

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Background: Fibronectin extracellular matrix is essential for embryogenesis. Its assembly is a cell-mediated process where secreted fibronectin dimers bind to integrin receptors on receiving cells, which actively assemble fibronectin into a fibrillar matrix. During development, paracrine communication between tissues is crucial for coordinating morphogenesis, typically being mediated by growth factors and their receptors. Recent reports of situations where fibronectin is produced by one tissue and assembled by another, with implications on tissue morphogenesis, suggest that fibronectin assembly may also be a paracrine communication event in certain contexts. Results: Here we addressed which tissues express fibronectin (Fn1) while also localizing assembled fibronectin matrix and determining the mRNA expression and/or protein distribution pattern of integrins $\alpha 5$ and αV , α chains of the major fibronectin matrix assembly receptors, during early chick and mouse development. We found evidence supporting a paracrine system in fibronectin matrix assembly in several tissues, including immature mesenchymal tissues, components of central and peripheral nervous system and developing muscle. Conclusions: Thus, similarly to growth factor signaling, fibronectin matrix assembly during early development can be both autocrine and paracrine. We therefore propose that it be considered a cell-cell communication event at the same level and significance as growth factor signaling during embryogenesis. Developmental Dynamics 245:520–535, 2016. © 2016 Wiley Periodicals, Inc.

Key words: extracellular matrix; fibronectin; integrin alpha 5; paracrine signaling; autocrine signaling; embryogenesis

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Introduction

The extracellular matrix (ECM) is a key regulator of vertebrate development. More than just providing mechanical support to cells and tissues, it also provides biochemical and biomechanical cues crucial for cell differentiation, tissue morphogenesis, and homeostasis (Frantz et al., 2010; Rozario and DeSimone, 2010). In addition, the ECM cooperates with other signaling pathways and controls gene expression, with effects in cell physiology, Rozario and DeSimone, 2010; Rozario and DeSimone, 2010).

Fibronectin is a 230–270 kDa homodimeric glycoprotein, and is one of the most abundant ECM molecules during early vertebrate development (e.g., Wartiovaara et al., 1979; Duband and Thiery, 1982; Boucaut and Darribère, 1983). Each fibronectin dimer is composed of three types of repeating modules, types I, II,

A.M. Nunes and A.B. Gonçalves contributed equally to this work. *Correspondence to: Sólveig Thorsteinsdóttir, Departamento de Biologia Animal, Faculdade de Cièncias, Universidade de Lisboa 1749-016, Lisboa, Portugal. E-mail: solveig@fc.ul.pt and III, which include binding domains for cell surface receptors, other ECM components, and other fibronectin molecules. In the chick and all mammals analyzed so far, fibronectin is produced from a single gene, Fn1 (Singh et al., 2010). The transcripts can, however, undergo alternative splicing generating different fibronectin isoforms, which differ in the presence or absence of the alternatively spliced segments EIIIA, EIIIB, and V, but in the early chick embryo Fn1 mRNA contains all three alternatively spliced segments (ffrench-Constant and Hynes, 1989).

After translation of the mRNA and the intracellular production of the fibronectin homodimer, it is secreted into the extracellular space in a soluble, compact conformation (Mao and Schwarzbauer, 2005). Integrins are heterodimeric transmembrane receptors composed of an α and a β subunit, which bind ECM molecules and connect them to the cytoskeleton and the associated signaling platforms (Barczyk et al., 2010). Integrins can exist in an active and inactive state, regulated by intracellular signals usually referred to as inside-out signaling, thus modulating their interaction with their extracellular ligands (Barczyk et al., 2010). Fibronectin matrix assembly starts when the compact fibronectin dimers bind to the active $\alpha\beta\beta1$ integrin on the surface of cells through the RGD (Arg-Gly-Asp) and synergy sites which leads to

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a conformational change that extends the dimer, exposes fibronectin–fibronectin interaction domains and allows fibril formation (Mao and Schwarzbauer, 2005; Singh et al., 2010). Notably, although $\alpha5\beta1$ integrin is the major fibronectin receptor responsible for its assembly during development, αV integrins also play a role, because double-null mutants for both $\alpha5$ and αV show reduced fibronectin assembly and have earlier and more severe defects than those of single mutants (Yang et al., 1993, 1999).

Fibronectin matrices have several important roles during embryonic development. When fibronectin-integrin interactions and matrix assembly are inhibited in Xenopus laevis embryos, epiboly and gastrulation movements fail to occur properly, the anteriorposterior axis is shortened and embryos lack heart and blood vessels (Marsden and DeSimone, 2001). Zebrafish embryos mutant for fn1 have defects in the epithelial organization and migration of myocardial precursor cells, resulting in cardia bifida (Trinh and Stainier, 2004). Unlike amniotes, zebrafish has two fibronectin genes, fn1 and fn3 (now termed fn1b), and when both are absent, the body axis is truncated and somite formation and maturation is compromised (Jülich et al., 2005; Koshida et al., 2005; Snow et al., 2008). Similarly, mouse embryos null for Fn1 also present a shortened anterior-posterior axis, cardiovascular defects and a general deficit in mesoderm, including impaired somite and notochord formation (George et al., 1993; Georges-Labouesse et al., 1996).

Our previous work has shown that fibronectin is crucial for somitogenesis in the chick embryo (Rifes et al., 2007). The presomitic mesoderm (PSM) expresses Itga5, the gene encoding the α chain of the $\alpha 5\beta 1$ integrin, and is surrounded by a complex fibronectin matrix (Rifes et al., 2007; Rifes and Thorsteinsdóttir, 2012). However, Fn1 mRNA is almost exclusively expressed by the overlying ectoderm (Rifes et al., 2007), suggesting that fibronectin acts like a paracrine factor in this context, with one tissue (the ectoderm) producing and the other (PSM) building the matrix. It is well known that cells are able to assemble exogenous fibronectin. For example, cells derived from Fn1-null mouse embryos and cultured in vitro are able to assemble a fibronectin matrix from human fibronectin added to the culture medium (Sottile and Hocking, 2002) and rat plasma fibronectin injected into the blastocoel of amphibian embryos is assembled into a matrix on the blastocoel roof (Darribère and Schwarzbauer, 2000).

More recently, examples of transfer of fibronectin molecules between neighboring cells or tissues in vivo have emerged. For example, analysis of mosaic zebrafish embryos where host cells are fn1- and fn1b-null and transplanted cells are Itga5-null shows that cells expressing Itga5, but not fn1/fn1b, are able to assemble fibronectin produced by the neighboring itga5-null cells (Jülich et al., 2009). In addition, fibronectin–green fluorescent protein (GFP) produced by the posterior tail bud of zebrafish embryos has been shown to be incorporated into the forming somite clefts in the anterior PSM (Jülich et al., 2015). Similarly, fibronectin–EGFP produced by the Wolffian duct was shown to be transferred to the adjacent coelomic epithelium promoting its maturation in a process termed interepithelial signaling (Yoshino et al., 2014).

These observations raise the interesting possibility that fibronectin matrix assembly is a versatile cell-cell communication event, where in addition to the traditional view that cells produce the fibronectin used to build their matrix (autocrine assembly), in certain contexts, the fibronectin protein used to build a matrix is produced by adjacent cells or tissues (paracrine assembly). To determine whether paracrine assembly is a widespread phenomenon during embryo development, we used in situ hybridization and immunohistochemistry in early chick and mouse embryos to address which tissues produce and which tissues assemble fibronectin. Our results indicate that, at the stages under study, a paracrine system of fibronectin matrix assembly is as common as the autocrine system, establishing fibronectin assembly as a paracrine cell-cell communication event in numerous contexts during development.

Results

At Early Stages of Chick Development *Fn1* is Primarily Expressed by Nonmesodermal Tissues

During early stages of chick embryo development (from Hamburger and Hamilton stage [HH] 4 to HH8), Fn1 is expressed in the primitive streak and accompanies its regression (Fig. 1A–D, arrows). At stages HH4 and 5, Fn1 is also strongly expressed in the lateral epiblast (Fig. 1A,B, white arrowheads). Sections through the streak at HH4 show that Fn1 is expressed in the epiblast bordering the primitive streak as well as in the streak itself (Fig. 2A, arrow). A continuous fibronectin matrix lines the epiblast (Fig. 2D, arrowhead, G), but is broken up in the primitive streak (Fig. 2D, arrow, G). This is consistent with studies showing that degradation of the epiblast ECM is necessary for the ingression of the mesendoderm (Duband and Thiery, 1982; Krotoski et al., 1986; Nakaya et al., 2008).

Like *Fn1*, *Itga5* is also expressed in the primitive streak at all stages studied (Fig. 1E–H, arrows). At HH5, gastrulation is already under way and prechordal mesoderm, derived from the node, as well as mesoderm spreading laterally from the primitive streak, express *Itga5* (Fig. 1F, gray arrowheads), and this pattern is maintained at HH6–8 (Fig. 1G,H). While integrin $\alpha5$ protein is detected in the membrane of cells both in the epiblast and the mesoderm (Fig. 2J,M), it is enriched in the midline (insert in Fig. 2J), where the fibronectin matrix is patchy (Fig. 2M, arrow). Integrin αV is present on epiblast cells (Fig. 2P,S), but appears to be down-regulated upon their ingression to form the mesoderm (insert in Fig. 2P).

At HH6–8, Fn1 continues to be expressed in the lateral as well as caudal epiblast (Fig. 1C,D, gray arrowheads) and is also strongly expressed in the nonneural ectoderm (Fig. 1C,D). Of interest, as the neural tube closes, the nonneural ectoderm is brought medially and Fn1 expression thus becomes increasingly more medial, with a clear border of expression between the neuroepithelium, which does not express Fn1 or expresses it only faintly, and the presumptive epidermis, which expresses Fn1strongly (white arrowheads in Fig. 1C,D). Sections of HH8 embryos confirm this observation (Fig. 2B,C, arrowheads) and show that the hypoblast/lateral endoderm also expresses Fn1 at this stage (Fig. 2B,C).

Although the mesoderm is mostly negative for *Fn1* (Fig. 2B), immunolocalization of fibronectin at HH8 shows that a fibronectin matrix lines the mesoderm both dorsally and ventrally (Fig. 2E,F,H,I,N,T). The mesoderm expresses *Itga5* (Fig. 1H, gray arrowheads) and stains for integrin α 5 (Fig. 2K,N) but not integrin α V (Fig. 2Q,T). Thus the mesoderm of the chick embryo is in a position to assemble the fibronectin synthesized by the nonneural ectoderm, as already suggested for later stages of chick embryo development (Rifes et al., 2007). It is important to note that the mesodermal fibronectin matrix is distinct from the ectodermal and

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Fig. 1. A-**H**: During early chick embryo development, *Fn1* and *Itga5* mRNA expression patterns differ substantially. Expression patterns of the genes encoding for fibronectin, *Fn1* (A-D), and its receptor integrin α 5, *Itga5* (E+H), from HH4 to HH8. *Fn1* is only weakly expressed in Hensen's node (A, gray arrowhead), while *Itga5* is strongly expressed in the node (E, gray arrowhead). *Fn1* and *Itga5* are both expressed in the primitive streak and accompany its regression (A-D,E-H, arrows). *Fn1* is strongly expressed by the lateral and caudal epiblast and the nonneural ectoderm at all stages (A-D, white arrowheads). *Itga5* is strongly expressed in the forming mesoderm (F, gray arrowheads) and is also expressed in the neuroepithelium (C,H, white arrowheads). At HH8, *Itga5* expression is visible in the caudal mesoderm and somites (H, gray arrowheads). Transverse lines in A and D indicate level of sections in Fig. 2A-C. Scale bars = 500 µm.

endodermal matrices (see Fig. 2N, insert; Rifes and Thorsteinsdóttir, 2012). Finally, unlike the situation in the trunk where a fibronectin matrix is mostly restricted to tissue surfaces at these developmental stages (Fig. 2E,F,H,I,N,T), slightly more rostrally, fibronectin is present among the cells of the head mesenchyme (Fig. 20,U), which are positive for integrin α5 (Fig. 2L,O), but negative for αV (Fig. 2R,U).

A fibronectin matrix progressively separates the notochord from the paraxial mesoderm (Fig. 2E,F, arrows), and both display enriched integrin α 5 staining on their surfaces (Fig. 2K, arrowheads, N), indicating integrin clustering at these sites (e.g., Jülich et al., 2009). Fibronectin also surrounds developing blood vessels (Fig. 2E,F, orange arrowheads) which stain strongly for integrin α 5, but not α V (data not shown; see Fig. 5D,F). Diffuse staining for integrin α 5 is also present in the ectoderm and endoderm (Fig. 2K,L,N,O). Integrin α V is found in both ectoderm and endoderm, but is mostly absent from the mesoderm (Fig. 2Q,R,T,U). Furthermore, as observed in the mouse (Mittal et al., 2010; also see Fig. 3H), fibronectin immunoreactivity separates the dorsal

neural folds from the adjacent nonneural ectoderm (Fig. 2F, gray arrowhead).

We conclude that during early stages of chick embryo development, some tissues appear to assemble a fibronectin matrix in a paracrine manner. The epiblast or nonneural ectoderm produce fibronectin, while the mesoderm and neuroepithelium, which appear to cluster $\alpha 5\beta 1$ integrins, are in a position to build the matrix. In other cases, such as the primitive streak, there is coexpression of *Fn1* and *Itga5*, suggesting that gastrulating cells may produce fibronectin protein and assemble it. The fibronectin matrix lining the epiblast/nonneural ectoderm and endoderm also appears to be produced and assembled by these tissues.

Pattern of Fibronectin Matrix Deposition in the Early Mouse Embryo is Analogous to the Chick, but the *Fn1* Expression Pattern is not Fully Conserved

To determine if this pattern of fibronectin assembly at primitive streak and early somite stages is conserved in the mouse,



Fig. 2. A–U: During early chick embryo development, *Fn1* is most strongly expressed by epiblast/nonneural ectoderm and hypoblast/endoderm, while a fibronectin matrix lines all three germ layers. In situ hybridization for *Fn1* mRNA at HH4 (A) and HH8 (B,C). Immunohistochemistry for fibronectin (FN; D–I,M–O,S–U), integrin α 5 (itg α 5; J–O) and integrin α V (itg α V; P–U) at HH4 (first row) and HH8 (B,C). Immunohistochemistry for fibronectin (FN; D–I,M–O,S–U), integrin α 5 (itg α 5; J–O) and integrin α V (itg α V; P–U) at HH4 (first row) and HH8 (Becond and third row). At HH4, *Fn1* is expressed in the primitive streak (A, arrow) and the epiblast, and fibronectin lines the epiblast (D, arrowhead) but is patchy in the primitive streak (arrows in D,M). Integrin α 5 taining is present both in the epiblast and mesenchyme (J), but is enriched in the midline (insert in J). Integrin α V is present in the epiblast (P), and appears to be down-regulated after ingression (insert in P). At HH8, *Fn1* is expressed by nonneural ectoderm (B,C, arrowheads) and the lateral endoderm/hypoblast (B,C), while fibronectin matrix lines the mesoderm (E,F, white arrowhead). Note that the mesoderm matrix is distinct from the ectodermal matrix (insert in N). Ectoderm, mesoderm and endoderm are positive for integrin α 5, which is enriched in the peipheral notochord and on the surface of the mesoderm (K, arrowheads). Further rostrally, strong stalning is seen in ectoderm and notochord, and fainter staining in the cephalic mesenchyme (L). The neuroepithelium, ectoderm and endoderm are positive for integrin α V, but staining is very weak or absent in the mesoderm at this stage (Q,R). Scale bars = 200 µm in A–C; 100 µm in D–U.

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Fig. 3. A–**O**: *Fn1* is mostly produced by the mesoderm during early mouse development, while the matrix forms at all tissue boundaries. In situ hybridization for *Fn1* mRNA (first column, O) and immunohistochemistry for fibronectin (second column) and integrin α 5 (third and fourth columns) on E7.0 (A–C¹), E8.0 (D–L¹) and E8.5 (O) mouse embryos. Negative controls for integrin antibody (M–N). At E7.0, *Fn1* expression is restricted to the mesoderm (A, arrowhead) and absent from the neuroepithelium (A, empty arrowhead). Fibronectin lines the endoderm/mesoderm and ectoderm/ mesoderm (D, arrowhead) and absent from the neuroepithelium (A, empty arrowhead). Fibronectin lines the endoderm/mesoderm and ectoderm/ mesoderm (D, arrowhead) and the PSM (G). Weak expression is found in neuroepithelium (D, empty arrowhead, G), caudal and pharyngeal endoderm (D,O). Fibronectin lines the sub boundaries (E,H,K arrows) and is found within the early mesoderm (E,H). Weak staining for integrin α 5 is detected on cells of all three gern layers (F,I) as shown for mesoderm (F', arrow; compare with N) and mesoderm (I', arrows; compare with N). At the somite level, *Fn1* expression is markedly reduced (J) but fibronectin (K) and integrin α 5 (L,L') distribution is maintained. Rostrally (O), *Fn1* is expressed by some (arrowheads), but not all (empty arrowheads), regions of the nonneural ectoderm. m, mesoderm; n, neuroepithelium; nt, neural tube; s, somite. Scale bars = 100 µm.

we analyzed *Fn1* expression and fibronectin protein deposition, as well as integrin localization in embryonic day (E) 7.0– E8.5 mouse embryos. At E7.0, *Fn1* is expressed in the primitive streak and by the mesoderm (Fig. 3A, white arrowhead). Thus, whereas in the chick *Fn1* expression in the streak is not maintained after cells colonize the mesoderm (Fig. 2A), in the mouse *Fn1* expression remains in the mesoderm (Fig. 3A,D,G). Moreover, a faint *Fn1* expression is detected in the caudal endoderm (Fig. 3D,0). *Fn1* is strongly expressed in the mesoderm up until the level of epithelial somites, where it becomes markedly reduced (Fig. 3J), a pattern that is maintained in the trunk at E8.5 and E9.5 (not shown; Mittal et al., 2010; Chen et al., 2015).

Despite these differences, a fibronectin matrix lines the endoderm/mesoderm and ectoderm/mesoderm interfaces (Fig. 3B, arrows) as well as other forming tissue boundaries (Fig. 3E,H,K, arrows), similarly to what is observed in the chick (Fig. 2D–I). Also, like observed in the chick, the neuroepithelium never expresses *Fn1* at the stages under study (Fig. 3A,D,G,J,O, empty arrowheads in A,D). Unlike in the chick, at these early stages of mouse development Fn1 expression is mostly absent from the nonneural ectoderm (Fig. 3G,J,O). Rostrally Fn1 is, however, expressed in certain regions of the nonneural ectoderm, for example in pharyngeal ectoderm and the optic eminence (Fig. 30, arrowheads), as reported previously (Mittal et al., 2010). Fn1 expression is also detected in pharyngeal endoderm and meso-derm (Fig. 30, also see Mittal et al., 2010).

Integrin $\alpha 5$ and αV distribution is similar between the two models. Consistently with the results in the chick (Fig. 2J–K), ectodermal, mesodermal, and endodermal cells in the mouse show membrane staining for integrin $\alpha 5$ (Fig. 3C,F,I,L; compare with negative controls in Fig. 3M,N). A faint staining for integrin αV was observed in ectoderm and mesoderm at E7.0, but was absent from the mesoderm at E8.0 (data not shown).

We conclude that albeit having very similar patterns of fibronectin deposition and localization of its receptors, there are differences in the tissue source of fibronectin protein in these two amniote models: in the chick fibronectin protein is primarily

produced by nonneural ectoderm and endoderm while in the mouse the main producer is the early mesoderm.

Sclerotome and Dermomyotome/Dermis Express *Fn1* and Are in a Position to Provide Fibronectin to Neighboring Tissues

As evident from the results from HH4–8, apart from some expression in the primitive streak, Fn1 is not expressed by the early mesoderm in the chick (also see Rifes et al., 2007). However, Fn1 expression does come up in the intermediate mesoderm (Rifes et al., 2007; Yoshino et al., 2014) and in the caudal region of epithelialized somites (Rifes et al., 2007) concomitantly with de novo fibronectin matrix assembly within the newly formed somitic clefts (Rifes and Thorsteinsdóttir, 2012). Here we investigated the expression patterns of Fn1, Itga5, ItgaV as well as the pattern of fibronectin matrix accumulation and integrin localization during the stages of somite differentiation in E3–E4 chick embryos as well as Fn1 expression and protein distribution in E10.5–E11.5 mouse embryos.

Fn1 expression in the epidermal ectoderm in the chick is now much weaker (Fig. 4A,C,F,J) than at earlier stages (Fig. 2B,C) and the trunk ectoderm is also negative for *Fn1* in the mouse (Fig. 4Q,S). In both models, *Fn1* is expressed in the dermomyotome/ dermis and in the sclerotome, but not in the myotome (Fig. 4A,C,F,G,J,K,O,S).

Fn1 expression in the sclerotome is not uniform. At both E3 and E4, *Fn1* expression in the central sclerotome (see Christ et al., 2004, for terminology) is stronger caudally than rostrally (Fig. 4A,C, arrowheads). However, immunohistochemistry for fibronectin on coronal sections shows that this enriched expression of *Fn1* is not accompanied by an enrichment of fibronectin matrix in the caudal part of the central sclerotome. Rather, immunoreactivity for fibronectin appears to be slightly increased in the rostral (Fig. 4B,D, arrows) compared with the caudal region. Neural crest cells migrate through the rostral sclerotome and some of them originate the dorsal root ganglia which express *Itga5* (Fig. 5A) and are surrounded by a fibronectin matrix (Fig. 4D, arrowheads). In the ventral sclerotome, which is closest to the notochord, *Fn1* expression is strong and continuous (arrows in Fig. 4 A,C,G,K).

Although *Itga5* mRNA is not detected in the sclerotome (Fig. 5A), integrin α 5 protein is found on the cell surface of sclerotomal cells (Fig. 5D–D',E–E') and appears to be enriched in close proximity to fibronectin (Fig. 5E', empty arrowhead). *ItgaV* expression is evident throughout the full extent of the sclerotome (Fig. 5B) and sclerotomal cells are also positive for integrin α V protein (Fig. 5F–F',G–G'). Of interest, the notochord, which does not express *Fn1* (Fig. 4F,G,J,K), is surrounded by a prominent layer of fibronectin matrix (Fig. 4H,L, arrows), raising the possibility that fibronectin produced by the adjacent ventral sclerotome is incorporated into the matrix surrounding the notochord. Consistent with this hypothesis, the notochord expresses both *Itga5* and *ItgaV* (Fig. 5A,B arrows) and shows strong staining for both integrins α 5 and α V (Fig. 5D–E,D"–E",F–G,F"–G").

The myotome does not express Fn1 in either chick or mouse (Fig. 4F,G,J,K,Q,R, empty arrowheads), but Fn1 is expressed by the cells in the overlying dermomyotome/dermis and by the underlying central sclerotome (Fig. 4F,J,Q,S, white arrowheads). Nevertheless, a fibronectin matrix is found among the myotomal cells (Fig. 4H,L,R,T, empty arrowheads; also see inserts in L,T). The mouse myotome expresses *Itga5* (Bajanca et al., 2004) and stains positive for integrin αV (Hirsch et al., 1994; Deries et al., 2012), and we found this to be conserved in the chick both at the mRNA (Fig. 5A,B, arrowheads) and protein level (Fig. 5D',F', arrowhead). The three-dimensional (3D) reconstructions of fibronectin deposition in the chick myotome at E4 confirm that fibrillar fibronectin immunostaining is found inside the myotome (Fig. 4M,O, arrows), consistent with our results in the mouse (Deries et al., 2012).

These 3D reconstructions also reveal that a complex fibronectin matrix surrounds the dorsomedial lip of the dermomyotome like a "socket" (Fig. 4N,P, arrows), demonstrating that the dorsomedial lip retains an ECM longer than the rest of the dermomyotome as also observed in the mouse (Deries et al., 2012). Moreover, on the medial side of the myotome, in the middle of the segment, a ridge of fibronectin matrix can be identified between the myotome and the sclerotome (Fig. 4P, green arrow), which represents the border between the rostral and caudal sclerotome (Christ et al., 2004). From these results, we conclude that Fn1 is expressed by the sclerotome and dermomyotome/dermis in both chick and mouse embryos while a fibronectin matrix can be found in or around all the axial tissues.

During Early Stages of Limb Development, Ectoderm Expresses *Fn1* While a Fibronectin Matrix Fills the Limb Mesenchyme

Fibronectin is thought to play important roles in several aspects of limb bud development. For example, fibronectin has been implicated in the formation of precartilage condensations in the limb mesenchyme (Kulyk et al., 1989; Newman and Bhat, 2007) and as a substrate for the migration of myogenic precursor cells from the hypaxial dermomyotome lip to the forming limb muscle masses (Brand-Saberi et al., 1993). At the stages under study, *Fn1* is strongly expressed by the ectoderm (Fig. 6A–C), with the notable exception of the apical ectodermal ridge where it is either weakly expressed or absent (Fig. 6A–C, empty arrowheads in B,C).

Of interest, the ectoderm on the ventral side of the limb appears to express Fn1 more strongly than the dorsal ectoderm (Fig. 6A–C, black arrows). In contrast, the limb mesenchyme shows no Fn1 expression (Fig. 6A–C) except for the proximalmost mesenchyme at E4 which expresses some Fn1 (Fig. 6C, white arrow) consistent with the onset of chondrogenesis in this region at this stage (Chimal-Monroy et al., 2003). Although the mesenchyme does not express Fn1, an extensive fibronectin matrix is found throughout the whole limb mesenchyme (Fig. 6F–H) and is particularly enriched around blood vessels (Fig. 6F– H, arrowheads), consistent with results in the mouse (Cachaço et al., 2005).

Indeed, as suggested by functional studies (Brand-Saberi et al., 1993), this fibronectin matrix may be important for the muscle progenitors that are colonizing the limb, which are surrounded by a fibrillar fibronectin staining (Fig. 6I, arrows in insert). The cells of the limb mesenchyme express *Itga5* mRNA (Fig. 6D, arrows) and integrin $\alpha5$ protein (Fig. 6E, arrows), and both appear to be enriched in blood vessels (Fig. 6D, E arrowheads). Enlargement of the area of the distal mesenchyme demonstrates more clearly that limb mesenchymal cells are positive for integrin $\alpha5$

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Fig. 4. A-**T**: *Fn1* is expressed in the sclerotome and dermomyotome/dermis while fibronectin matrices are much more widespread. *Fn1* expression (A,C) and immunostaining for fibronectin (B,D) on coronal sections of chick sclerotome at E3 (A,B) and E4 (C,D). Combined in situ hybridization for *Fn1* (FG,J,K) and immunohistochemistry for myosin (E,G) or desmin (I,K) and fibronectin (H) on transverse sections of E3 (E–H) and E4 (–K) embryos. Immunohistochemistry for myosin and fibronectin or transverse sections at E4 (L). 3D reconstruction of the fibronectin matrix within (M,O) and around (N,P) the myotome at E4. *Fn1* expression (Q,S) and fibronectin localization (R,T) on transverse sections of E10.5 (Q,R) and E11.5 (S,T) mouse embryos. *Fn1* expression is strong in caudal (A,C, arrowheads) and medial sclerotome (A,C, arrows). Fibronectin matrix is assembled throughout the sclerotome (B,D,H,L). The myotome does not express *Fn1* either in chick or mouse (F,G,J,K,Q,S empty arrowheads), but *Fn1* is expressed by dermomyotome and sclerotome in both species (F,J,Q,S, arrowheads). A fibronectin matrix lines the dermomyotome (arrows in N,P), can be found within the myotome (H,L,R,T, empty arrowheads; M,O, arrows) and lines the medial aspect of the myotome (P, green arrow). Myo, myosin heavy chain; Desm, desmin; nt, neural tube; n, notochord; m, myotome; ao, dorsal aorta. Scale bars = 100 µm.

protein (Fig. 6E'), which is consistent with results from the mouse (Bajanca and Thorsteinsdóttir, 2002). In contrast, integrin αV protein can only be detected in the ectoderm and a faint staining can be observed in the distal-most mesenchyme (Fig. 6J–J'). We

conclude that the pattern observed in the early chick embryo limb, with *Fn1* being expressed by the ectoderm and assembled by the limb mesenchyme, which expresses integrin $\alpha 5\beta 1$, is yet another example where fibronectin assembly is paracrine.



Fig. 5. A–G": Integrin α 5 and α V are both strongly expressed by myotome and notochord, while α V predominates in the sclerotome. In situ hybridization for *Itga5* (A), *ItgaV* (B) and with *Itga5* sense probe (C) in E3.5 chick embryos. Immunohistochemistry for integrin α 5 (D–E"), integrin α V (F–G") and fibronectin (E–E",G–G"). The myotome shows strong expression of *Itga5* and *ItgaV* (A,B, arrowheads), and stains strongly for both proteins (D', F', arrowheads). The same occurs in the notochord (A,B, arrows, D", F'). Although no *Itga5* was detected in the sclerotome at this stage (A) a faint staining for integrin α 5 can be detected on sclerotomal cells (D', empty arrowhead). mRNA for *ItgaV* can be detected in the sclerotome expression of the sclerotome at this stage (A) a faint staining for integrin α 5 can be detected in the sclerotome constrained by a more sclerotomal cells (D', empty arrowhead). mRNA for *ItgaV* can be detected in the sclerotome expression of the sclerotome for the sclerotome (F', empty arrowhead). nt, neural tube; drg, dorsal root ganglia. Scale bars = 100 µm.

Endocardium and Epicardium Express *Fn1* While a Fibronectin Matrix is Also Found in the Myocardium During Early Stages of Cardiac Development

This duality of fibronectin expression vs. matrix assembly is also observed in the developing heart, another organ where fibronectin is essential for normal development (Linask and Lash, 1988; George et al., 1993; Trinh and Stainier, 2004; Mittal et al., 2013).

At E3 in the chick and at E10.5 in the mouse, an extensive fibronectin matrix is found in the myocardium of both atria and ventricles (Fig. 7A–C,F–H,K–M,P–R,N,O,T, arrows), which does not express *Fn1* (Fig. 7D,E,I,J,S, arrows). It has recently been shown that *Fn1* is strongly expressed by the endocardium in the mouse at E8.5–E9.5 (Mittal et al., 2010). Here we find that the endocardium, both in the atrium and the ventricle, of E3 chick embryos (Fig. 7D,E,I,J, arrowheads) and in E10.5 mouse embryos (Fig. 7S, arrowhead), strongly expresses *Fn1*. Immunolabeling of fibronectin on sections hybridized with the *Fn1* probe further demonstrate the mutually exclusive localization of mRNA and protein (Fig. 7E,J, arrows).

A strong *Fn1* expression is also seen in the endocardial cushions in the atrioventricular canal (Fig. 7D, asterisk, E) and outflow tract (not shown). As the epicardium covers the myocardium in both chick and mouse, it also strongly expresses *Fn1*, here shown for E3 chick embryo (Fig. 7I, green arrowhead, J), and it is lined with a fibronectin matrix (Fig. 7N,T). Myocardial cells stain for both integrin α 5 and α V in the chick (Fig. 7K–M,P–R), which is consistent with studies in the mouse (Hirsch et al., 1994; Bajanca et al., 2004). Thus we conclude that the cells in the myocardium are in a position to assemble a fibronectin matrix from protein produced by the endocardium and/or the epicardium.

Localized Fn1 Expression and Widespread Fibronectin Matrix Assembly Characterizes Early Foregut Development

In the anterior region of the developing stomach, *Fn1* is strongly expressed in the dorsal mesenchyme (Fig. 8A, arrow), but this expression becomes progressively weaker in serial sections from anterior to posterior (Fig. 8A–F). Fibronectin protein is present throughout the mesenchyme of the stomach from anterior to posterior (Fig. 8J,K), thus not being restricted to the dorsoanterior mesenchyme strongly expressing *Fn1*. Cells in the mesenchyme are positive for integrin αV (Fig. 8N), while $\alpha 5$ localizes preferentially to blood vessels (Fig. 8L, arrowhead).

Weak Fn1 expression can also be seen apically in the gut endoderm (Fig. 8A–I, open arrowheads in D,G), which is lined with a fibronectin matrix (Fig. 8J,K, arrowheads). Of interest, Fn1is strongly expressed by the endodermal diverticulum connecting the developing liver to the stomach (Fig. 8D–I, arrowhead in D,G), which is also lined with fibronectin before (not shown) and after fusion with gut endoderm (Fig. 8K, arrowhead). A clear border of Fn1 expression is evident where the strongly expressing liver diverticulum (Fig. 8G, solid arrowhead) fuses with the faintly expressing endoderm of the stomach (Fig. 8G, open arrowhead). Fn1 is also strongly expressed by the dorsal pancreatic bud (Fig. 8G,H, asterisks) including the region that connects to the endoderm of the stomach (Fig. 8I, asterisk).

Curiously, fibronectin protein staining is particularly strong near the liver diverticulum, raising the possibility that fibronectin protein produced by the liver diverticulum (and perhaps also the pancreatic bud) may actually enter the mesenchyme (Fig. 8K). Nevertheless, the liver diverticulum stains for both integrin α 5 and α V (Fig. 8M,O, arrowheads), and is thus also in a position to

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Fig. 6. A-J': Limb ectoderm expresses *Fn1* while integrin α 5 is found throughout the limb mesenchyme, which is filled with a fibronectin matrix. *Fn1* is strongly expressed by the ectoderm of the limb at all stages (shown here for the forelimb, A-C), with the exception of the apical ectodermal ridge, where *Fn1* expression is faint (A) or absent (B,C, arrowheads). Curiously, *Fn1* expression is particularly strong in the ventral ectoderm (A-C), black arrows). In contrast, *Fn1* is not expressed in mesenchyme (A-C), except for a weak expression in the proximal-most mesenchyme at E4 (C, white arrow). Inmunohistochemistry for fibronectin shows the presence of a fibronectin matrix lining blood vessels (F-H, arrowheads), but a fibronectin matrix is also present among cells throughout the limb mesenchyme (F-H, arrows), including near Pax7-positive muscle progenitor cells (I, arrows), insert). The mesenchyme expresses *Itad5* in a patchy pattern (D, arrow) which appears to include, but not be restricted to blood vessels (D, arrowhead). Immunohistochemistry for integrin α 5 confirms that the protein is present in the ectoderm and throughout the limb mesenchyme (E, E', arrows), and is enriched on blood vessels (E, arrowhead). Integrin α V staining on the other hand, appears to be restricted to the ectoderm and more distal regions of the limb mesenchyme (J,J', arrows). Scale bars = 200 µm in A-D, F-I; 100 µm in E,J.

assemble a fibronectin matrix. Finally, *Fn1* is also strongly expressed by the epithelial cells of the developing liver (Fig. 8P, arrow) while the fibronectin matrix is detected throughout the whole organ (Fig. 8Q). Integrin α 5 protein seems to be present on all cells in the liver at this stage (Fig. 8R; compare with negative control in T), while α V staining is negative (Fig. 8S). We conclude that *Fn1* expression in the developing foregut is surprisingly localized, while a fibronectin matrix is found throughout the developing foregut and its associated organs.

Discussion

Our results demonstrate that Fn1-expression is not restricted to certain cell types during development. In fact, at the stages under study Fn1 is expressed by derivatives of all three germ layers: ectoderm (e.g., nonneural ectoderm), mesoderm (e.g., sclerotome, dermis) and endoderm (e.g., hepatic diverticulum). Moreover, Fn1 is expressed by several epithelia as well as by certain populations of mesenchymal cells. Another striking feature of the Fn1 expression pattern at the stages under study is that expression is frequently very strong and localized, as for example in the endocardium of the heart and in early hepatic and pancreatic diverticula in the foregut.

Through an analysis of Fn1 expression, fibronectin matrix localization and the distribution of integrins capable of assembling fibronectin into a matrix (integrins $\alpha 5$ and αV), we conclude that, while Fn1 expression is often localized, fibronectin matrices are widespread within or around the embryonic tissues studied. By comparing the Fn1 expression patterns with integrin and fibronectin protein localization, we have identified (1) instances where a fibronectin matrix appears to be assembled by the tissue producing the protein (autocrine assembly); (2) situations where the tissue does not produce, but assembles, fibronectin, while neighboring tissues express *Fn1*, thus being likely providers of protein (paracrine assembly); and (3) cases where both mechanisms are likely to occur simultaneously (mixed assembly). These results are summarized in Table 1.

Fibronectin Matrix Assembly in the Early Mesoderm is Mostly Autocrine in the Mouse Embryo but Paracrine in the Chick

Of interest, although the results for chick and mouse embryos are analogous for practically all stages studied, chick and mouse embryos differ in terms of Fn1 expression during gastrulation. While the early mesoderm in the chick embryo does not express Fn1, the mouse mesoderm does. In this sense, the mouse embryo is more similar to zebrafish where fn1/fn1b are both expressed in the mesoderm (Trinh and Stainier, 2004). Thus fibronectin assembly by the early mesoderm appears to be autocrine in both mouse and zebrafish, but paracrine in the chick. The reason for this difference is not clear, but birds, which belong to a branch of the reptilian tree, are distant from the common anniote ancestor of reptiles and mammals; this may explain certain modifications in their early development (Sheng, 2015).

Nevertheless, the distribution of fibronectin and its receptors is conserved between chick and mouse embryos at all the stages studied. Moreover, at equivalent stages of *Xenopus* and zebrafish embryos fibronectin protein distribution follows a very similar pattern to that observed in amniote embryos (Davidson et al.,



Fig. 7. A-T: *Fn1* is strongly expressed in the endocardium and epicardium while fibronectin protein is also found among myocardial cells. Transverse sections of the atrium (A-C) and ventricle (F-H,K-M,P-R) of an E3 chick embryo, processed for immunohistochemistry for fibronectin (first and third row), myosin (A,B,F,G), integrin α5 (K,L) and integrin αV (P,Q). Transverse sections of the atrium (D,E) and ventricle (I,J) of an E3 chick embryo, processed for combined in situ hybridization for *Fn1* (D,E,I,J) followed by immunohistochemistry for fibronectin (E,J). Transverse sections of the ventricle of an E10.5 mouse embryo processed for double immunohistochemistry with anti-myosin (MF20) and anti-fibronectin antibodies (N,O,T) or for in situ hybridization for *Fn1* (D,I,I,I) followed by immunohistochemistry for fibronectin (E,J). Transverse sections of the ventricle of a E10.5 mouse embryo processed for double immunohistochemistry with anti-myosin (MF20) and anti-fibronectin antibodies (N,O,T) or for in situ hybridization for *Fn1* (D,I, arrows). Instead, strong *Fn1* expression is found in the endocardium (D,I, arrowheads) and in the endocardial-derived cardiac cushions in the atrioventricular canal (D, asterisk, E) and the epicardium (I, green arrowhead, J). The cells of the myocardium are also positive for fibronectin (N, O, T, arrows) while the endocardium expresses the *Fn1* gene (S, arrowheads). myo, myosin heavy chain; FN, fibronectin; itgα5, integrin α5; itgαV, integrin αV; en, endocardium; m, myocardium. Scale bars = 100 μm.

2004; Trinh and Stainier, 2004; Latimer and Jessen, 2010). Indeed, a fibronectin matrix is crucial for gastrulation movements in *Xenopus*, zebrafish, and mouse (Yang et al., 1999; Marsden and DeSimone, 2001; Latimer and Jenssen, 2010) and is also needed for lateral mesoderm migration after ingression through the primitive streak in the chick (Harrison et al., 1993). Thus, regardless of the source of fibronectin, its assembly by integrins in the moving tissues is essential for the morphogenetic movements to occur (Zamir et al., 2008; Loganathan et al., 2014).

As gastrulation proceeds, the mesoderm regionalizes and the neural tube closes, a fibronectin matrix comes to line tissue borders, such as the different regions of the early mesoderm, somites, notochord, and neural tube (Duband et al., 1986; Ostrovsky et al., 1988; Davidson et al., 2004; Latimer and Jessen, 2010). The PSM also accumulates a fibronectin matrix at its periphery, even though it is mesenchymal and all its cells have the $\alpha 5\beta 1$ on their surface. A recent study by Jülich et al. (2015) provides a possible explanation. It showed that close cell-cell apposition, reinforced by cell-cell adhesion by means of N-cadherin, keeps the $\alpha 5\beta 1$ integrins of PSM cells physically associated, maintaining them in an inactive conformation. They therefore do not bind fibronectin and are unable to assemble a matrix. No apposing cells are present at tissue surfaces, and thus integrin $\alpha 5\beta 1$ adopts an active

conformation and subsequent fibronectin matrix assembly occurs freely on those surfaces (Jülich et al., 2015). Of interest, in the cephalic, limb, and hepatic mesenchymes, which also assemble fibronectin through a paracrine system (Table 1), a fibrillar fibronectin matrix forms among the α 5 β 1-positive cells (see Figs. 2L,0, 6E–H, 8Q,R). Because cells in these mesenchymes are more dispersed than cells in the PSM are, α 5 β 1 integrins may be active on all cells, allowing for the assembly of a matrix in between them.

Fibronectin Matrix Assembly During Development is Surprisingly Versatile

Although it has been known for some time that cells in embryos or in culture are able to assemble exogenously added fibronectin (e.g., Darribère and Schwarzbauer, 2000; Sottile and Hocking, 2002), the concept that fibronectin matrix assembly is a versatile phenomenon, the nature of which is under strict developmental control, is not widespread.

Fibronectin is an important adhesion and migration substrate for cells (Pankov and Yamada, 2002). It is perhaps best known as an established marker of epithelial-mesenchymal transitions (EMTs) in both development and disease, where it is thought to



Fig. 8. A-**T**: Localized patterns of *Fn1* expression contrast with the generalized fibronectin matrix distribution in the foregut. In situ hybridization for *Fn1* in serial sections from anterior to posterior of the developing foregut shows that *Fn1* is strongly expressed in the dorsal mesenchyme of the attention (A-C), is faintly expressed in the endodermal lining of the stomach (A-L), expressed in the hepatic diverticulum (D-I, solid arrowhead in D,G) and in the dorsal pancreatic bud (asterisks in G-I). Immunohistochemistry for fibronectin protein shows that a fibronectin matrix is present in the mesenchyme (J, arrow) and lines the endoderm of the stomach (J,K, arrowheads). Immunohistochemistry for integrin α 5 (L,M) and α V (N,O) shows that while α V is abundant in the mesenchyme and endoderm (N), α 5 is mostly restricted to blood vessels (L, arrowhead). In posterior regions of the stomach, both α V and α 5 protein are detected in the endoderm of the hepatic diverticulum (M,O, arrowheads). *Fn1* is also strongly expressed in the endoderm of the developing liver (P, arrow). Fibronectin protein is detected in the whole organ (Q), and so are integrins α 5 (R) and α V (S). T is negative control for integrin α 5. Scale bars = 100 µm.

aid the dispersal and migration of cells after their deepithelialization (Thiery and Sleeman, 2006; Kalluri and Weinberg, 2009). In agreement with this established concept, we have found that in the stages under study, tissues undergoing EMTs, namely the primitive streak, sclerotome, dermis and endocardial cushions express Fn1 and possess the receptors necessary to assemble their own matrix. Neural crest cells, another population undergoing EMT in the embryo, also express Fn1 and are surrounded by a fibronectin matrix as they migrate (e.g., Duband et al., 1986; Mittal et al., 2010). Thus, upon activation of the EMT program, these tissues have an autocrine mode of fibronectin matrix assembly, which most likely aids their migration, stimulates their proliferation and protects them against apoptosis (Goh et al., 1997; Kalluri and Weinberg, 2009; Mittal et al., 2010). However, as we show here, promoting EMT through autocrine matrix assembly is only

one of the many versatile roles of fibronectin during development.

In contrast, notochord, neuroepithelium, dorsal root ganglia, myotome, and myocardium do not express Fn1 in either chick or mouse and are thus dependent on fibronectin produced by neighboring tissues to build their fibronectin matrices. These tissues require fibronectin for their normal development. In Fn1-null mice, the notochord fails to condense and the neural tube is deformed (George et al., 1993; George-Labouesse et al., 1996). The organization of the myocardium in these mice is also abnormal (George et al., 1997), a defect that may be due to impaired proliferation of cardiomyocyte precursors (Mittal et al., 2013). Fn1-null embryos have defects in neural crest cell proliferation (George et al., 1993; Mittal et al., 2010), but it is not clear whether fibronectin also plays a role in the organization and development

Fibronectin assembly system	Tissue	Figure	Stage		
Autocrine			Chick	Mouse	
Early mesoderm	Early mesoderm	3		E7.0	
(mouse-specific)	PSM	3		E8.0	
Epidermal ectoderm	Non-neural ectoderm	1, 2	HH4-8		
	Limb ectoderm	6	E4		
Endoderm	Endoderm	2	HH8	E8.0	
	Hepatic/pancreatic diverticula	8	E4		
Tissues undergoing EMTs	Primitive streak	1-3	HH4	E7.0	
	Sclerotome	3	E4	E10.5/11.	
	Dermis	3	E4	E10.5/11.	
	Endocardial cushions	7	E3		
Paracrine					
Early mesoderm	Early mesoderm	1, 2	HH4-8		
(chick-specific)	PSM	1, 2	HH4-8		
Immature mesenchyme	Cephalic mesoderm	2	HH8		
	Limb mesenchyme	6	E4		
	Hepatic mesenchyme	8	E3.5		
Nervous system	Early neuroepithelium	1-3	HH8	E8.0	
	Neural tube	2, 4	HH8/E4	E10.5/11.	
	Dorsal root ganglia	4, 5	E4	E10.5/11.	
Striated muscle	Myotome	4, 5	E4	E10.5/11.	
	Myocardium	7	E4	E10.5	
Notochord	Notochord	2, 3, 4, 5	HH8/E4	E8.0	
Mixed					
Gut	Foregut mesenchyme	8	E3.5		
	Foregut endoderm	8	E3.5		

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of the neural crest cell-derived dorsal root ganglia. Because Fn1null embryos do not form somites (George et al., 1993), it is not possible to study the effect of fibronectin in myotome development in the mouse. However, in zebrafish, knockdown of fn1 and fn1b leads to a perturbation of myocyte organization in the myotome (Snow et al., 2008). Our data indicate that these roles of fibronectin in the morphogenesis of notochord, neural tube, myocardium, and myotome are dependent on Fn1 expression by neighboring tissues, revealing a new dimension of communication between tissues during development.

Other ECM Components Assemble in a Paracrine Manner

Cooperation between different tissues in terms of matrix assembly is not specific to fibronectin. There are examples of paracrine assembly of other ECM components in several contexts. For example, collagen VII produced by dermal fibroblasts is essential for the maintenance of the basement membrane in the skin dermal–epidermal junction (Benny et al., 2015). Furthermore, nidogen produced by mesenchymal cells contributes to the basement membrane of the epithelial ureter buds in the developing kidney (Ekblom et al., 1994). The mesenchyme also produces laminins for the basement membrane at the epithelialmesenchymal interface in kidney, lung, pancreas, mammary gland, and submandibular salivary gland (Nelson and Larsen, 2015). Importantly, although laminins are capable of selfpolymerization, binding to their receptors and the resulting receptor clustering is essential for basement membrane organization and laminin signaling (Yurchenco, 2011). This suggests that, in addition to the situation observed here for fibronectin, the assembly of other ECMs may be considered a paracrine communication event in several contexts, thus being a more widespread phenomenon than generally appreciated.

Does Fibronectin Matrix Assembly Follow the Modus Operandi of Growth Factor Signaling?

Cell-cell communication is a hallmark of vertebrate embryo development. While individual cells embark on a differentiation program through activation of particular transcription factors, they communicate with neighboring cells and neighboring tissues in a tightly choreographed crosstalk that ensures normal development. Growth factors, or paracrine factors, such as those of the fibroblast growth factor (Fgf), Wnt, Hedgehog, and transforming growth factor β (Tgf β) families, play crucial roles in this crosstalk, as do their agonists and/or antagonists secreted into the extracellular space and their receptors on target cells that bind them and interpret their signals (e.g., Müller and Schier, 2011).

We have found that fibronectin assembly during early stages of chick and mouse development can be autocrine, paracrine or mixed, depending on the tissues or the developmental contexts (Table 1). Growth factors have analogous modes of action. They act primarily in a paracrine manner (e.g., Fgf8 from the apical ectodermal ridge acting on the underlying mesenchyme; Kawakami et al., 2003), but at other times they function in an autocrine manner (e.g., Fgf8 in the presonitic mesoderm; Dubrulle and Pourquié, 2004) or through a mixed autocrine-paracrine 532 GOMES DE ALMEIDA ET AL.

mechanism (e.g., Fgf8 expression in the myotome; Delfini et al., 2009).

We have also found that *Fn1*-expression is not restricted to certain cell types. The same situation is true for growth factors. Many of them are expressed by derivatives from all three germ layers. For example, *Shh* is expressed by ectoderm (e.g., ectoderm of forming hair follicles; Morgan et al., 1998), mesoderm (e.g., notochord, zone of polarizing activity in the limb buds; Riddle et al., 1993), and endoderm (e.g., gut endoderm; Roberts et al., 1995) and is expressed by by epithelial (e.g., endoderm) and mesenchymal (e.g., zone of polarizing activity) cells.

A striking feature of the Fn1 expression pattern at the stages under study is that expression is frequently very strong and localized. Paracrine growth factors, are. in certain stages and contexts, strongly expressed by localized signaling centers, such as for example Wnt1/Wnt3a in the dorsal neural tube (Ikeya et al., 1997) and Wnt7a in the dorsal limb ectoderm (Parr and McMahon, 1995), with effects in the patterning of neighboring tissues. There are several lines of evidence to suggest that fibronectin can travel from one tissue to the next. For example, Sanders (1986) describes fibronectin-positive "dense bodies" appearing to come from the nonneural ectoderm and spread over the mesoderm, an observation that has been confirmed using 3D reconstruction of confocal images of embryos labeled for fibronectin (Rifes and Thorsteinsdóttir, 2012). More recently, elegant experiments performed in the early chick embryo unequivocally showed that GFP-labeled fibronectin produced by the Wolffian duct travels to the basal side of the coelomic epithelium, where it is assembled into a matrix (Yoshino et al., 2014).

Conclusion

Here, we report that fibronectin matrix assembly during early development can, depending on the tissue or developmental context, be either autocrine or paracrine in an analogous mode of action to that described for paracrine growth factors. We, therefore, propose that fibronectin matrix assembly be considered a cell-cell communication system at the same level and significance as growth factor signaling during embryo patterning and morphogenesis.

Experimental Procedures

Embryos

Fertilized chicken (*Gallus gallus*) eggs obtained from commercial sources (Sociedade Agrícola Quinta da Freiria, Portugal) were incubated at 37.5 °C in a humidified atmosphere for up to 4 days. Embryos were collected and staged according to Hamburger and Hamilton (1992). Mouse embryos were obtained from crossings of outbred Hsd:ICR (CD-1) mice (Harlan Interfauna Iberica, SA, Spain). The day of the vaginal plug was considered E0.5 and embryos were collected at E7.0–E11.5.

Cryosectioning

Both chick and mouse embryos were fixed in either 0.2% or 4% paraformaldehyde (PFA) in phosphate buffer saline (PBS; 137 mM NaCl, 2.68 mM KCl, 8.1 mM Na₂HPO₄, 1.47 mM KH₂PO₄) overnight at 4° C and processed for cryoembedding as described previously (Bajanca et al., 2004). Twelve- to 30-µm cryosections

were obtained in a Bright Clinicut 3020 cryostat and processed for in situ hybridization and/or immunohistochemistry.

In Situ Hybridization

For whole-mount in situ hybridization, embryos were collected in PBS and fixed overnight at 4 °C in 4% formaldehyde with 2 mM ethylene glycol-bis (β -amino-ethyl ether) tetra acetic acid (EGTA) in PBS for chicken embryos, or 4% PFA in PBS for mouse embryos. Embryos were then rinsed in PBT (PBS, 0.1% Tween 20), dehydrated in a gradient of methanol and stored at -20 °C until use (Bajanca et al., 2004; Rifes et al., 2007). In situ hybridization was performed as described previously (Henrique et al., 1995). For chicken embryos up to HH15, proteinase (proteinase K, Roche, 10 µg/ml) digestion was from 4 min (HH4) to 15 min (HH15), and for 3 (HH18–21) and 3.5–4 (HH22–24) -day-old embryos, we used 30 and 35 min of proteinase digestion, respectively. For mouse embryos, proteinase digestion time was 5 min for E7.0 and 10 min for E8.0–E8.5.

Plasmids with fragments of chicken Fn1, ItgaV, and Itga5 cDNA were produced previously (Rifes et al. 2007). Reverse transcription PCRs were used to generate cDNA fragments of mouse Fn1 using the sense oligo 5'-CCATTGAAGGTTTGCAACCCAC-3' and the antisense oligo 5'-TGTGGTGGTGAGGAACCGCA-3'. The resulting fragments were cloned into the pCRII-TOPO vector (Invitrogen), plasmid DNA was isolated and the constructs were sequenced to confirm that the inserts were correct. Digoxigenin (DIG)-labeled RNA probes were produced according to standard procedures adapted from Sambrook et al. (1989). Sense probes were also produced and used as controls for the in situ hybridizations and did not display any signal above background (see Fig. 5C for an example).

For in situ hybridization on sections, fresh cryostat sections of chicken or mouse embryos were dried for 1 hr at room temperature and washed in PBS, followed by incubation with $10\,\mu\text{g/ml}$ proteinase K in PBS for 5 min. Sections were post-fixed in 4% PFA in PBS for 30 min, washed in PBS, and then incubated in hybridization buffer (Henrique et al., 1995) for 30 min at 65 °C. Probes were diluted 1 µg/ml in hybridization buffer and hybridization was done overnight at 65 °C. Sections were thoroughly washed in 100 mM maleic acid buffer with 0.1% Tween 20 (MABT) or Tris-Buffered Saline with 0.1% Tween 20 (TBST) and incubated for 1 hr 30 min with 2% Blocking reagent (Roche) and 20% Sheep serum (Sigma-Aldrich) in MABT or TBST (MABT-BS or TBST-BS). Incubation with an alkaline phosphataseconjugated anti-DIG antibody (1:2,000 in MABT-BS or TBST-BS; Roche) was done overnight at 4°C. After a full day of MABT/ TBST washes and a 1 hr 30 min wash in NTMT (0.1 M NaCl, 0.1M Tris-HCl, 0.05 M MgCl₂ with 1% Tween-20, pH 9.5), sections were exposed to NBT/BCIP (Roche, 450 µg/ml NBT, 175 µg/ml BCIP) in NTMT until the reaction was well visible.

Immunohistochemistry

Immunohistochemistry on cryostat sections was performed as described previously (Bajanca et al., 2004) with minor modifications. In chick embryos, blocking was done with 5% bovine serum albumin in PBS, incubations in primary antibodies were overnight at 4°C, incubations in secondary antibodies were for 1 hr at room temperature, and slides were mounted in 5 mg/ml propyl gallate in glycerol/PBS (9:1) with 0.01% azide. For mouse

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embryos, blocking was done with the Mouse-On-Mouse (MOM) kit (Vector Laboratories). Whole-mount immunohistochemistry was performed as described previously (Rifes and Thorsteinsdóttir, 2012).

Primary antibodies used were rabbit polyclonal antifibronectin antibody (Sigma, 1:400), mouse monoclonal anticellular fibronectin (Sigma, 1:100), mouse monoclonal anti-light meromyosin region of myosin heavy chain (MF20, DSHB, 1:50), mouse monoclonal anti-desmin (D3, DSHB, 1:50), mouse monoclonal anti-chick α 5 integrin (D71E2, DSHB, 1:20), rabbit polyclonal anti-mouse α 5 integrin (CD51, Enzo, 1:100), and mouse monoclonal anti-Pax7 (PAX7, DSHB, 1:50). All antibodies were diluted in PBS with 1% BSA. Negative controls were run in each experiment. They were normal rabbit serum (NRS, Sigma) at the same dilution as the primary antibody (for the Chemicon and Enzo polyclonal antibodies, which are neat sera) or PBS with 1% BSA for the remaining antibodies (affinity purified polyclonal antibodies and monoclonal antibodies).

Secondary antibodies used were Alexa Fluor 488- or 568conjugated goat anti mouse IgG F(ab')2 fragments (Molecular Probes. 1:1.000) and Alexa Fluor 488- or 568-conjugated goat anti rabbit IgG F(ab')₂ fragments (Molecular probes, 1:1,000), all diluted in PBS with 1% BSA. Exceptions to this standard procedure were the following: (1) when integrin antibodies were used in mouse cryosections (and respective controls), because of high background staining, we used the MOM kit, and the appropriate kit solutions for blocking and antibody dilutions; (2) Sections of both chick and mouse stained for the respective integrin $\alpha 5$ antibodies were processed for antigen retrieval before blocking. In these cases, sections were immersed in 10 mM Tris Base, 1 mM EDTA solution, 0.05% Tween 20, pH 9.0 at 95°C for 10-20 min depending on the embryo stage, DNA was visualized with To-Pro 3 (Invitrogen, 1:800 with ribonuclease A, Sigma, 10 mg/ml) or 4,6-Diamidino-2-phenylindole (DAPI, 5 µg/ml, Sigma).

Combined In Situ Hybridization and Immunohistochemistry on Sections

Sections were processed for in situ hybridization as described above. After exposure of the alkaline phosphatase reaction, sections were thoroughly washed in PBS and processed for immunohistochemistry as described above.

Image Acquisition and Analysis

Whole-mount in situ hybridizations were photographed with an ImagingSource DFK 23U274 camera coupled to a Zeiss Lumar V12 stereomicroscope. In situ hybridization on sections were photographed with an Olympus DP50 camera coupled to an Olympus BX51 microscope while combined in situ hybridization and immunohistochemistry images were acquired on a Leica SPE confocal microscope. Immunofluorescence images were acquired on the Leica SPE confocal microscope or on a Hamamatsu Orca R2 camera coupled to an Olympus BX60 microscope. Images were analyzed and processed for brightness and contrast adjustments in Fiji v. 1.49. When applicable, the pairwise stitching Fiji plugin was used in contiguous images of the same sample to generate a single image (Preibisch et al., 2009). Z-stacks of wholemount immunohistochemistry and pairwise stitched immunofluorescence images were analyzed and processed in Amira v.5.3.3 (Visage Imaging Inc.) software as described previously (Rifes and Thorsteinsdóttir, 2012).

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Chapter 3

A fibronectin-dependent mechanotransduction pathway in control of the chick embryo segmentation clock

Somewhere, something incredible is waiting to be known. — Carl Sagan

A fibronectin-dependent mechanotransduction pathway in control of the chick embryo segmentation clock

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Contribution for the publication:

	Experimental work depicted in Fig.										Manuscript	
	1	2	3	4	5	6	7	8	9	10	writing	
Design and concept	III	III	II	III	III	III	III	III	III	-		
Execution	III	III	II	III	III	III	III	III	III	-	III	
Analysis and interpretation	III	III	II	III	III	III	III	III	III	-		

	Experimental work depicted in Sup. Fig.										
	S1	S2	S3	S4	S5	S6	S7	S8			
Design and concept	III	II	0	0	Ι	III	III	III			
Execution	II	0	0	0	II	III	III	III			
Analysis and interpretation	III	II	0	0	II	III	III	III			

Legend:

- non applicable

O no intervention

I minor contribution

II moderate contribution

III major contribution/full execution

Note: this contribution does not exclude other contributions, similar or not, from the remaining authors

Abstract

Somite formation is a complex morphogenetic event, where cyclic waves of expression of segmentation clock genes travel along the presomitic mesoderm (PSM), concomitantly with the periodic epithelialization of its anterior end to form a new somite pair. Fibronectin is essential for somite formation in all vertebrate model embryos studied, but whether the assembly state of the matrix (i.e. stiffness, density, etc.) or its signaling through integrins have an active role in regulating the genetic and morphological intricacies of somitogenesis remains elusive. Here we address whether a fibronectin matrix-dependent mechanotransduction pathway is involved in regulating segmentation clock oscillations and boundary morphogenesis. We perturbed the fibronectin-integrin-actomyosin axis in the chick PSM in vivo by interfering with (1) the contractility of the actomyosin cytoskeleton, (2) Rho associated kinase function, (3) integrin-RGD binding and (4) fibronectin matrix assembly. We found that each of these players is required for correct segmentation clock oscillations and *Meso1* positioning. Furthermore, changes in segmentation clock dynamics were always accompanied by defects in the morphogenesis of somite boundaries. Our results strongly suggest that the mechanosensitive signaling pathway downstream of integrin-fibronectin interactions is an active player in regulating the mechanism by which cyclic waves of gene expression in the PSM are translated into periodic somite individualization. Our study also provides a novel example where the mechanotransduction machinery of the cell is required for a key developmental event in vivo.

Keywords: fibronectin, segmentation clock, boundary formation, somitogenesis, mechanotransduction

Introduction

In developing tissues, cells are constantly receiving and integrating instructive information, including mechanical signals generated through adhesion to neighboring cells and/or the surrounding extracellular matrix (ECM). While morphogens have been extensively studied and long recognized as major chemical regulators of cellular processes (Marek and Kubícek, 1981; Slack, 1987; Tiedemann, 1976), the importance of mechanical forces in development have only recently started to be fully appreciated (Chan et al., 2017; Merle and Farge, 2018). In fact, the ability of cells to sense and respond to mechanical signals has been found to regulate critical processes underlying embryo development, including cell proliferation, migration and differentiation (Barriga et al., 2018; Cosgrove et al., 2016; Smutny et al., 2017; Wolfenson et al., 2016).

The ECM is a major transmitter of mechanical signals. Cells bind to the ECM mostly through integrins, which are primarily linked to the actomyosin cytoskeleton through adaptor proteins (Barczyk et al., 2010; Geiger and Yamada, 2011; Wolfenson et al., 2013). These multimolecular complexes (i.e. focal adhesions) act as mechanotransduction centers allowing cells to perceive the chemical and physical properties of the ECM, such as its molecular composition, density and stiffness, which in turn have profound effects on cell behavior. In fact, loss-of-function of several ECM components leads to embryonic lethality, highlighting the crucial role of the ECM in vertebrate development, where the coordination of forces within cells, between cells and with their surroundings is essential to generate a supracellular architecture (Lecuit and Lenne, 2007; Quintin et al., 2008; Rozario and DeSimone, 2010). Although our knowledge about the mechanical biology of vertebrate embryogenesis has increased significantly in recent years, much is still to be learned (Eyckmans et al., 2011; Heisenberg and Bellaïche, 2013; Merle and Farge, 2018).

One of the most conspicuous morphogenetic events during early vertebrate embryogenesis is the formation of somites, the source of the precursors of the axial skeleton and skeletal muscles of body and limbs (Christ et al., 2007). Somites are transient spheres of epithelioid cells that form rhythmically from the anterior portion of the mesenchymal presomitic mesoderm (PSM), located on each side of the axial structures (Bailey and Dale, 2015). Cyclic waves of expression of the so-called segmentation clock genes (Dequéant et al., 2006; Masamizu et al., 2006; Palmeirim et al., 1997) travel along the PSM in a posterior to anterior direction under the influence of fibroblast growth factor (Fgf)/Wnt and opposing retinoic acid (RA) gradients within the tissue (Aulehla and Pourquié, 2010; Mallo, 2016). Cell-autonomous gene expression oscillations in adjacent PSM cells are kept in synchrony under the control of the Notch signaling pathway (Ozbudak and Lewis, 2008). When this wave of expression reaches the anterior PSM at the end of each cycle, oscillations first slow down and then arrest (Morimoto et al., 2005; Shih et al., 2015). The transcription factor Mesp2/Meso1 is upregulated downstream of the segmentation clock in the anterior PSM,
leading to Eph/Ephrin signaling which mediates somitic boundary formation (Barrios et al., 2003; Nakajima et al., 2006; Saga, 2012; Watanabe et al., 2009) followed by the progressive rearrangement of anterior PSM cells into a somite (Morimoto et al., 2005; Shih et al., 2015).

The PSM of all vertebrate model embryos is surrounded by a fibronectin-rich ECM, and both fibronectin and its integrin receptors are required for somite formation (George et al., 1993; Georges-Labouesse et al., 1996; Goh et al., 1997; Jülich et al., 2005; Koshida et al., 2005; Kragtorp and Miller, 2007; Rifes et al., 2007; Takahashi et al., 2007; Yang et al., 1993; Yang et al., 1999). Moreover, substituting the RGD binding site in fibronectin with an RGE sequence (*Fn1*^{*RGE*/*RGE*}) in mouse embryos, thus only perturbing its binding to the integrin receptors using this motif, also leads to dramatic defects in somitogenesis (Girós et al., 2011). Gene inactivation experiments do not, however, provide information about how the qualitative characteristics of this ECM affect somite formation since the ECM state (i.e. stiffness, elasticity, etc.) is not addressed. We have previously shown that the fibronectin matrix assembled around the chick PSM becomes progressively denser and more complex as the PSM matures (Rifes and Thorsteinsdóttir, 2012). Indeed, fibronectin has been shown to provide structural support for cells to attach to, polarize and change their shape and position, culminating in the cellular rearrangements needed for somite epithelialization (Martins et al., 2009). We have hypothesized that this posterior to anterior gradient of fibronectin matrix complexity culminates in a matrix assembly state that supports somite epithelialization in the anterior end of the PSM (Rifes and Thorsteinsdóttir, 2012; Rifes et al., 2007). Interestingly, adhesion to a fibronectin substrate was noted as a regulator of the oscillations of Lfng, a segmentation clock gene, in cultured mouse tailbud cells (Hubaud et al., 2017; Lauschke et al., 2013; Morimoto et al., 2005). Cell adhesion to fibronectin was linked to dampening and eventual arrest of *Lnfg* oscillations (Hubaud et al., 2017), reminiscent of what is observed in the anterior PSM prior to somite epithelialization. However, how PSM cells sense and respond to the fibronectin-dependent ECM gradient, and what is its role in segmentation clock oscillations in vivo remains unknown.

In this study, we address the involvement of fibronectin ECM and its downstream mechanotransduction pathway in the regulation of both segmentation clock dynamics and subsequent somite formation *in vivo*, using the chick embryo as a model. We perturbed (1) the intracellular mechanotransduction machinery of the cell by chemically blocking Non-Muscle Myosin II (NMMII) activity directly with Blebbistatin or indirectly by targeting Rho-associated protein kinases I and II (ROCK-I/II) (2) the ECM-cell interface, competitively inhibiting integrin binding to the RGD site of fibronectin and (3) extracellular fibronectin matrix assembly. All of these treatments resulted in abnormal segmentation clock oscillations, a mis-positioning of *Meso1* expression in the rostral PSM and perturbations in somite morphogenesis. These results strongly suggest that the tissue tension generated by the fibronectin matrix surrounding the PSM is coupling timely segmentation clock oscillations to morphological somite formation.

Materials and Methods

Embryos

Fertile eggs were obtained from commercial sources (Sociedade Agrícola Quinta da Freiria or Pintobar Exploração Avícola, Lda, Portugal) and incubated for up to 48 hours at 37.5°C in a humidified chamber until the desired HH stage (Hamburger and Hamilton, 1992).

For HH11-14 embryos, somite staging was performed according to Pourquié and Tam, 2001, where the forming somite (rostral end of the PSM) is termed somite 0 (S0). Somites progressively more rostral to S0 are termed SI, SII, SIII etc., and the terminology S-I ("S minus 1"), S-II, S-III, etc., is used for progressively more caudal somite-length portions of the PSM (Pourquié and Tam, 2001).

Embryo explant culture and experimental treatments

Explant tissues of HH11-14 embryos were collected and cultured as previously described (Palmeirim et al., 1997; Rifes et al., 2007). Embryos were bisected along the midline and then cut transversally rostral to somites IV and Hensen's node. The two contralateral halves thus retained half of the neural tube and notochord as well as the first four somites and the PSM, with all remaining neighboring tissues intact. Explants were placed on top of a polycarbonate filter floating on M199 medium supplemented with 10% chick serum, 5% fetal calf serum and 100 U/ml of penicillin and streptomycin (Palmeirim et al., 1997). Explants were then cultured at 37°C with 5% CO, from 6 to 12 hours.

InSolutionTMBlebbistatin (Calbiochem) and RockOut (Calbiochem) diluted in DMSO were used at a final concentration of 50 μ M in culture medium. Equal volumes of DMSO (Sigma-Aldrich) were used as control for both drugs. The RGD peptide (Sigma) was diluted in culture medium and used at 0.9 mM, while control explants were cultured in medium only. We first confirmed the inhibitory effect of the RGD peptide through a cell adhesion assay. C2C12 cells cultured in control medium (i.e. in the absence of RGD) attached and spread normally to gelatin-coated dishes, while cells cultured in RGD-containing medium were rounded and completely detached from the substrate and other cells, in agreement with the extensive literature on this effect (Danen et al., 2002; Pierschbacher and Ruoslahti, 1984; Singh et al., 2010; Takahashi et al., 2007).

Embryo electroporation and ex ovo culture

HH4-5 embryos were electroporated on one (randomly selected) side in the presumptive PSM and/or ectoderm following a previously described methodology (Voiculescu et al., 2008) and cultured *ex ovo* using the Early Chick culture method (Chapman et al., 2001). The electroporation mixture contained plasmid DNA at 0.5-1 μ g/ μ l mixed with 0.4% Fast

Green for visualization. Embryos were submerged in an electroporation chamber filled with Tyrode's saline and three pulses of 6-9 V, 50 ms each, at 350 ms intervals were applied. Embryos were then cultured at 37.5°C in a humidified chamber for about 26 hours.

Control embryos were electroporated with pCAGGs containing a GFP reporter (pCAGGs-GFP; hereafter abbreviated GFP). pCAGGs-70kDa qFN1 was kindly provided by Yuki Sato (Sato et al., 2017) and was co-electroporated with the pCAGGs-GFP plasmid in experimental embryos (hereafter abbreviated 70kDa+GFP).

Cryosectioning and immunohistochemistry

Cryosectioning was performed on whole embryos and embryo explants fixed in 4% paraformaldehyde in 0.12 M phosphate buffer containing 4% sucrose and processed for cryoembedding as previously described (Bajanca et al., 2004). Briefly, fixed samples were embedded in 7.5% gelatin in 0.12 M phosphate buffer containing 15% sucrose, frozen on dry ice-chilled isopentane and stored at -80°C until sectioning. Cryostat sections (10-30 µm) were processed for immunofluorescence as previously described (Gomes de Almeida et al., 2016). Permeabilization of sections was performed with 0.2% Triton-X100 in phosphate buffered saline (PBS). 5% bovine serum albumen (BSA) or a combination of 1% BSA and 10% Normal Goat Serum (NGS) in PBS were used for blocking depending on the presence or absence of anti-fibronectin antibodies, respectively. Primary and secondary antibodies were diluted in 1% BSA in PBS. Sections were incubated with primary antibodies overnight at 4°C and with secondary antibodies for 1 hour at room temperature.

For whole-mount immunodetection, explants were fixed in 4% paraformaldehyde in PBS and processed as previously described (Martins et al., 2009; Rifes and Thorsteinsdóttir, 2012). 1% Triton-X100 in PBS was used for permeabilization and 1% BSA in PBS was used for blocking and antibody dilution. Antibody incubation was performed overnight at 4°C.

The following primary antibodies were used: anti-ZO-1 (Zymed, 1:100 or Invitrogen, 1:100); anti-N-cadherin (BD Biosciences, 1:100); anti-fibronectin (Sigma, 1:400), anti-activated caspase3 (Cell Signaling, 1:1000) and anti-GFP (Invitrogen, 1:100). For F-actin staining we used Alexa 488-conjugated phalloidin (Invitrogen, 1:40) and for staining DNA we used ToPro3 (Invitrogen, 1:500) in conjunction with ribonuclease A (Sigma, 10 μ g/ml), 4% Methyl Green (Sigma, diluted 1:250; Prieto et al., 2015) or 4',6-diamidino-2-phenylindole (DAPI, 5 μ g/ml in PBS with 0.1% Triton-X100). For detection of the primary antibodies we used the adequate secondary goat anti-mouse and anti-rabbit Alexa 488-, Alexa 568- or Alexa 546-conjugated F'ab fragments from Invitrogen (dillution 1:1000).

CHAPTER 3

In situ hybridization

In situ hybridization using DIG-labeled RNA probes was performed as described previously (Henrique et al., 1995) with minor alterations (Gomes de Almeida et al., 2016; Rifes et al., 2007). RNA probes were synthetized from linearized plasmids, which have previously been described: *Dll1* (Henrique et al., 1995), *Meso1* (Buchberger et al., 1998), *Hairy1* (Palmeirim et al., 1997) and *Hairy2* (Jouve et al., 2000).

Statistical analysis

Paired Student's t-tests were performed to assess for differences in the number of somites formed in Blebbistatin-, RockOut- and RGD-treated explants relative to the respective controls, and in embryos electroporated with GFP only and GFP+70kDa. Differences in the frequency of morphological and gene expression phenotypes found in 70kDa-electroporated embryos compared to GFP-electroporated control embryos was tested through a Chi-square test. Differences in somite size and cell number of 70kDa-electroporated embryos compared to GFP-electroporated control embryos was tested through a NOVA. Statistical significance was set at p<0.05. Statistical analyses were performed in Statistica 10 and Graphpad Prism 5.

Sample preparation and imaging

Whole mount explants were gradually dehydrated in methanol and cleared in methylsalicylate (Sigma-Aldrich) as described previously (Martins et al., 2009; Rifes and Thorsteinsdóttir, 2012), except for phalloidin-labelled embryos and explants, where a shorter series of ethanol dehydration series was used. Cryostat sections were mounted in Vectashield (Vector Laboratories) or in 5mg/ml propyl gallate in glycerol/PBS (9:1) with 0.01% azide.

Immunofluorescence images were taken on a confocal Leica SPE microscope, following imaging acquisition steps described previously (Rifes and Thorsteinsdóttir, 2012). Imaging of electroporated embryos and explants processed for *in situ* hybridization was performed using a Zeiss LUMAR V12 Stereoscope coupled to a Zeiss Axiocam 503 color 3MP camera.

Image analysis was performed using Fiji v. 1.49 and Amira V.5.3.3 (Visage Imaging Inc.) software. Image histogram corrections were performed in Fiji and exported as TIFF files. When applicable, we generated a single image from contiguous images of the same sample using the pairwise stitching Fiji plugin (Preibisch et al., 2009). For the analysis of *in situ* hybridization patterns along the PSM of explants, the Fiji plugin Straighten (Kocsis et al., 1991) was used.

Results

The intracellular mechanosensitive machinery of PSM cells is required to tune segmentation clock oscillations and for boundary positioning

In the chick embryo, a new pair of somites buds off from the anterior PSM every 90 min, which is the period of segmentation clock oscillations (Fig. 3.1 A). To investigate the potential involvement of mechanical cues in regulating genetic oscillations in the PSM, we first perturbed the integrity and function of the actomyosin cytoskeleton, required for cells to sense and transduce tensional cues and exert force. Chicken embryo half explants (Fig. 3.1 B) were cultured in the presence of either Blebbistatin, which inhibits NMMII and consequently disrupts the actomyosin network, or RockOut, a chemical inhibitor of ROCK-I and -II enzymes, downstream effectors of RhoA, involved in regulating actomyosin contractility (Fig. 3.1 C; Ringer et al., 2017; Straight et al., 2003; Yarrow et al., 2005). The contralateral control sides were cultured in the presence of DMSO (Fig. 3.1 B). Cell death in cultured explants was assessed through immunostaining for activated Caspase3, and no significant apoptosis was found in any of the explant types (Supplementary Fig. 3.1 A-D). DMSOtreated explants formed the expected number of somites, an average of 3.6 somites in 6 hours (n=177, Fig. 3.1 D). Conversely, contralateral RockOut-treated halves formed an average of 3.1 somite-like structures during the same culture period (n=91, Fig. 3.1 D). Importantly, these structures were harder to distinguish upon macroscopic observation compared to those formed in the DMSO-treated control, as they appeared more diffuse. Culturing with Blebbistatin had a stronger effect on somitogenesis, since these explants formed on average only 1.5 new somites (n=19, Fig. 3.1 D) in 6 hours, which is consistent with previous studies (Chuai et al., 2006; Wei et al., 2001). RockOut-treated explants consistently maintained a difference of 0.5 somites relative to their contralateral controls even after 10.5h of culture (n=10; Fig. 3.1 D). In contrast, Blebbistatin-treated embryos did not form any additional somites when cultured for periods longer than 6 hours (n=10), suggesting that such explants are unable to form more than 1 or 2 somites (Fig. 3.1 D).

We then analyzed the expression of *Hairy1*, a segmentation clock gene expressed in the PSM (Palmeirim et al., 1997). *Hairy1* expression patterns in control and Blebbistatin- or RockOut-treated contralateral halves were different in 80% (n=7/9 and 8/10, respectively; Fig. 3.2 A-C, arrowheads) of the explants analyzed. *Hairy1* expression was either absent or in a different phase of the cycle relative to the contralateral controls. These results indicate that Blebbistatin and RockOut treatments lead to a dysregulation of the cycles of expression of segmentation clock genes along the PSM, supporting a role for the generation and transduction of tensional cues mediated by NMMII and ROCKI/II activity in temporal regulation of *Hairy1* oscillations.

In the anterior PSM, oscillations of Notch signaling activity are required for the correct



Fig. 3.1. Inhibition of Non-Muscle Myosin II (NMMII) and ROCKI/II activity in vivo. (A) Schematic representation of chick PSM maturation and somite formation over time. A new pair of somites buds off from the anterior PSM every 90 min. This is also the period of segmentation clock oscillations in the chick embryo. With each new cycle a pair of somites form and somites anterior to it mature (SI becomes SII, SII becomes SIII, etc). In our culture system, for example, S0 at the beginning of culture (i.e. the somite which is the process of forming from the anterior PSM at t=0) will have become SIV after 6 hours (i.e., 4 cycles) of culture (region a in A). Similarly, the tissue at S-IV at t=0 will have become S0 after 6 hours of culture (region e in A). (B) Schematic representation of our culture system. Posterior explants of 48h chick embryos were bisected along the midline and cultured for 6 or 10.5 hours. One side of the explant was cultured with either Blebbistatin (Blebb) or RockOut, while the contra-lateral half was cultured with equal volume of DMSO. (C) Schematic representation of the action of Blebbistatin (1) and RockOut (2) on NMMII activity. Blebbistatin inhibits Non-muscle myosin II (NMMII) ATPase activity directly. RockOut inhibits ROCKI/II which normally promotes phosphorylation of myosin light chain leading to increased ATPase activity of NMMII. (D) Number of somites or somite-like structures formed in culture in the presence of DMSO, RockOut and Blebbistatin at 6 and 10.5 hours of culture. Explants cultured with DMSO formed sharp somite boundaries and clearly individualized somites. RockOut treated explants formed distinguishable somite-like structures, but their boundaries were diffuse. Blebbistatin-treated explants formed only 1 or 2 somites. ns - not significant, *** - p<0.01.

spatial and temporal upregulation of *Mesp2* (Niwa et al., 2011; Saga and Takeda, 2001; Sato et al., 2002), which activates downstream targets involved in the formation of the future somitic cleft (Saga, 2012). Since we found that inhibition of NMMII and ROCKI/II activity leads to a dysregulation in *Hairy1* expression cycles, indicating altered Notch signaling dynamics in the PSM, we asked whether this is accompanied by deficient *Mesp2*



Fig. 3.2. Inhibiting either NMMII or ROCKI/II activity results in altered segmentation clock oscillations, *Meso1* positioning and *Dll1* downregulation. (A-I) Expression of *Hairy1* (A-C) and *Meso1* (D-F) at 6 hours of culture, and *Dll1* (G-I) at 10.5 hours of culture, of Blebbistatin- (A, D, G) and RockOut-treated explants (C, E, H) is altered compared to the respective contralateral controls, suggesting that the molecular machinery responsible for sensing and responding to tension is needed for maintaining the correct pace of segmentation clock oscillations. Straightened images of respective explant pairs to the right, aligned by SIV. Rostral is on top. Scale bar (shown in A): 500 μm. (C, F, I) Percentage of Blebbistatin- and RockOut-treated explants with altered *Hairy1* (C), *Meso1* (F) and *Dll1* (I) expression compared to the contralateral controls. Blebb – Blebbistatin.

expression. Thus, we analyzed the expression of the chick *Mesp2* homolog, *Meso1*, under our experimental conditions. *Meso1* expression was altered in the vast majority of either Blebbistatin- (n=9/11) or RockOut-treated explants (n=10/10) relative to the contralateral controls (Fig. 3.2 D-F). Importantly, Blebbistatin- and RockOut-treated explants exhibited altered *Meso1* expression compared to contralateral controls already after 3 hours of culture (n=8/9 and 5/5, respectively; Supplementary Fig. 3.2 A-B). This means that the molecular program in control of future boundary positioning is already affected 2 cycles after the addition of the inhibitors. We observed explant pairs where *Meso1* expression was located more rostrally in NMMII- and ROCKI/II-inhibited explants than in the control side. We also observed differences in the number of bands of *Meso1* in the rostral PSM was altered by either treatment. These results strongly suggest that NMMII- and ROCKI/II- activity are necessary for correct *Meso1* expression in space and time.

The expression of *Mesp2* at the S-I position in the mouse leads to the repression of Notch signaling (Takahashi et al., 2003) that underlies the caudal restriction of *Dll1*

expression in S0 (Saga, 2012). In chicken embryos, *Mesol* is upregulated in S-II, stays expressed until S-I (Fig. 3.1 A, Supplementary Fig. 3.2 C) and is then downregulated and upregulated again in S-II (Buchberger et al., 1998). Moreover, *Dll1* expression in chicken embryos is only caudally restricted in the most recently formed somite (SI; Supplementary Fig. 3.2 D-E), indicating that up to 3 somite cycles, i.e. 270 minutes, take place from the time *Mesol* is upregulated in S-II until *Dll1* is downregulated in SI (Fig. 3.1 A). We thus analyzed *Dll1* expression in Blebbistatin- and RockOut-treated explants after 10.5h of culture (i.e. three cycles after *Mesol* expression is dysregulated). As expected, timely downregulation of *Dll1* expression in the anterior PSM did not occur in either Blebbistatin- (80%, n=8/10) or RockOut-treated (75%, n=6/8) explants compared to the respective contralateral controls (Fig. 3.2 G-I).

Altogether, interfering with the intracellular mechanotransduction machinery through inhibition of NMMII or ROCKI/II activity perturbs *Hairy1* oscillations along the PSM (Fig. 3.2 A-C), with an effect on *Meso1* expression (Fig. 3.2 D-F) and *Dll1* downregulation later on (Fig. 3.2 G-I). Our data reveal a surprising and previously unknown role of NMMII and ROCKI/II activity in regulating the segmentation clock and its downstream targets in the anterior PSM.

Non-muscle myosin II is required for cleft formation and cell polarization, and its action on cell polarization is independent of ROCKI/II

In addition to the changes in segmentation clock dynamics, we also found a difference in the number of somites formed when NMMII and ROCKI/II activity is impaired (Fig. 3.1 D). Somite formation requires both the formation of a cleft and a mesenchyme-to-epithelium transition of border cells anterior to this cleft (Martins et al., 2009; Saga, 2012). To determine if there is an impairment in this process when NMMII and ROCKI/II activity is blocked, we performed a detailed analysis of the morphology of S0 - SIII after culture (regions e, d, c and b in Fig. 3.1 A) in these explants.

We first investigated nuclear alignment and the distribution patterns of F-actin and the *zonula occludens* protein 1 (ZO-1), in untreated embryos. As previously described, peripheral cells in S0 polarize F-actin and their nuclei align (first stage of epithelialization; Martins et al., 2009); Supplementary Fig. 3.3 A, C, D). Then, as they transition from S0 to SI, their polarization gets more pronounced (second stage of epithelialization; Martins et al., 2009) concomitantly with their apico-basal elongation and acquisition of an aster-like arrangement (Supplementary Fig. 3.3 E, G, H), a process that is only completed by SII (Martins et al., 2009). Moreover, we found that while ZO-1 was clearly present at the apical extremity of the peripheral epithelioid cells of somite SI (Supplementary Fig. 3.3 F), no ZO-1 labeling is found in an early stage S0 (Supplementary Fig. 3.3 B). Thus, this ZO-1 rich apical adhesion ring (in fact, a ball in the spherical 3D somite) is a marker for the transition between S0 and SI, or in other words, the transition between PSM and somite.



Fig. 3.3. NMMII inhibition fully abolishes N-cadherin and ZO-1 polarization and impairs fibronectin fibrillogenesis. Sagittal views of explants cultured in control (DMSO) medium (A-F, M-R) and their contralateral Blebbistatin-treated halves (G-L, S-X) at the S0 (A-L) and SIII (M-X) levels, immunostained for N-cadherin (first column), ZO-1 (second column) and fibronectin (fifth column) and stained for DNA (third and fifth column). Explants were cultured for 6 hours (somite levels are at t=6h). S0 of DMSO-treated explants show apically enriched N-cadherin and ZO-1 (A, B, arrowheads) and an aster-like nuclear arrangement (C, D), while the equivalent axial level of the contralateral Blebbistatin-treated explants shows no signs of polarized cell-cell adhesions (G, H) or nuclear alignment (I, J). SIII cells of DMSO-treated explants are also apically polarized in terms of N-cadherin and ZO-1 staining (M, N, arrowheads), but no N-cadherin, ZO-1 or nuclear polarization are observed at the same axial level of contralateral Blebbistatin-treated halves (S-U, arrowheads in T). Only an incipient nuclear alignment is present (U, arrowhead). Fibronectin assembly around somites is also deficient in Blebbistatin-treated explants (K, W, arrowheads) compared to the contralateral controls (E, Q, arrowheads). Empty arrowheads in E and K – Fibronectin pillars connecting the endoderm and somites. Arrows in E – Fibronectin assembly in the nascent somitic cleft. Rostral to the left and dorsal on top. Dashed lines mark borders of S0 (B,H) and somite (N, T). FN – fibronectin. Ncad – N-cadherin. Blebb – Blebbistatin. Scale bars: 50 μ m.

We then compared the morphology of S0 and recently formed somites of embryo half explants after culture in Blebbistatin vs their contralateral controls. Cells in S0 and SI at the end of 6 hours of culture were in stage S-IV and S-III, respectively, when the inhibitors were added (regions e and d in Figure 3.1 A). These regions in the control explants underwent somite formation normally. In a late S0 stage, N-cadherin is apically polarized (Fig. 3.3 A, D) and some ZO-1 accumulation can already be observed apically (Fig. 3.3 B, D, arrowheads). Peripheral cell alignment is also normal (Fig. 3.3 C, D) and fibronectin matrix accumulation can be observed in the nascent somitic clefts (Fig. 3.3 E, F; arrows in E). In contrast, the contralateral explant half cultured with Blebbistatin does not show any signs of peripheral cell alignment (Fig. 3.3 I, J), apical enrichment of N-cadherin (Fig. 3.3 G, J), ZO-1 immunostaining (Fig. 3 H, J) or fibronectin matrix accumulation within the tissue

(Fig. 3.3 K, L). Moreover, while the rostral PSM and somites of the DMSO-treated explants are surrounded by a continuous and dense fibronectin matrix (Fig. 3.3 E, arrowheads), this network is disrupted and dot-like in contralateral Blebbistatin-treated explants (compare Fig. 3.3 E and K, arrowheads). DMSO-treated explants show a typical apical enrichment of F-actin in SI (Supplementary Fig. 3.4 A, C), but F-actin labeling in the contralateral Blebbistatin-treated halves appears dispersed, with no signs of any apical enrichment (Supplementary Fig. 3.4 D, F). Indeed, in the area where SI should have formed, no sign of somitic boundaries is detectable, neither by nuclear alignment (compare Supplementary Fig. 3.4 A and D). We conclude that when PSM regions e and c (Fig. 3.1 A) are exposed to Blebbistatin, they are unable to form individualized somites 6 hours later.

We next turned our attention to somites at stages SII and SIII at the end of 6 hours of culture. These were in stage S-II and S-I (regions c and b in Figure 3.1 A) and had thus upregulated Mesol before the inhibitors were added (Buchberger et al., 1998). Again, control explants showed that normal, clearly individualized and polarized somites formed from these regions (Figure 3.3 M-P). In contrast, on the Blebbistatin-treated side apical enrichment of N-cadherin fails to occur (Fig. 3.3 S, V), ZO-1 is only detected in small foci (Fig. 3.3 T, V) and the fibronectin matrix, although present, appears less dense (Fig. 3.3 W, X). Interestingly, an incipient nuclear alignment is present in a position where the caudal border of SIII should be and is the only morphological indication of a somitic segment (Fig. 3.3 U, X, arrowheads; Supplementary Fig. 3.4 K, arrowheads). Moreover, NMMIIinhibited explants showed numerous F-actin-enriched foci dispersed throughout the paraxial tissue (Supplementary Fig. 3.4 J), indicating that cells were unable to polarize their F-actin into the apically enriched adhesion belts (compare Supplementary Fig. 3.4 G-I with J-L). Epithelial tissues other than somites (e.g. ectoderm and neural tube) did not show an altered morphology after incubation with Blebbistatin under the conditions used. These epithelial cells displayed ZO-1 labeling in the form of apical tight junction belts, in a similar pattern as observed in control explants (Supplementary Fig. 3.5 A-N). Altogether these results demonstrate that NMMII activity is required for the acquisition of the aster-like epithelioid morphology of somitic cells. However, PSM regions that had already upregulated Mesol before the addition of Blebbistatin form incipient clefts.

RockOut-treated explants also show strong perturbations in segmentation clock dynamics (Fig. 3.2 C, F, I) and somite formation was impaired, although to a lesser extent than observed for Blebbistatin-treated explants (Fig. 3.1 D). To better understand this difference in capacity to form somites between these two treatments, we also performed a detailed analysis of the morphology of RockOut-treated explants, again focusing on S0 and recently formed somites (regions e, d, c and b in Fig. 3.1 A). We found that control half explants undergo normal somite formation, with normal alignment of nuclei (Fig. 3.4 C, Supplementary Fig. 3.6 B, arrowheads) and both N-cadherin (Supplementary Fig. 3.6 A, arrowheads) and ZO-1

(Fig. 3.4 A, arrowheads) accumulate in the apical side of the cells. In the RockOut-treated contralateral side, formation of the somitic clefts is deficient and S0 shares the somitocoel with SI (Supplementary Fig. 3.6 D-F, arrows) and sometimes also SII (Fig 3.4 E-H, arrows). In fact, while the control half explant showed normal accumulation of fibronectin in the nascent clefts (Fig. 3.4 B, arrows), no fibronectin is observed in the incomplete somitic clefts in RockOut-treated explants (Fig. 3.4 F, arrows). In both control and RockOut-treated halves, somite SIII (stage S-I before culture and region b in Fig. 3.1 A) which had upregulated *Meso1* before addition of the drug, shows normal accumulation of ZO-1 (Fig. 3.4 I, M, arrowhead) and N-cadherin (Supplementary Fig. 3.6, G, J), nuclear alignment (Fig. 3.4 J, N). We conclude that ROCKI/II inhibition does not significantly perturb somitic cell polarization, but S0, SI and sometimes SII (i.e. regions e, d and sometimes c in Fig. 3.1A) fail to form a normal cleft and to detach into discrete individual somites.



Fig. 3.4. ROCKI/II inhibition impairs morphological somite formation, leading to deficient ZO-1 polarization and fibronectin assembly. Sagittal views of explants cultured in control (DMSO) medium (A-D, I-L) and their contralateral RockOut-treated halves (E-H, M-P) at the s0 (A-H) and SII (I-P) levels, immunostained for ZO-1 (first column), fibronectin (second column) and stained for DNA (Methyl green; third column). Fourth column shows the respective merge of all stainings. Explants were cultured for 6 hours (somite levels are at t=6h). Rostral to the left, dorsal to the top. FN – fibronectin. Somites formed during culture in control explants show normal accumulation of ZO-1 (A, arrowhead), fibronectin assembly in the nascent cleft (B, arrow) and nuclear alignment (C, arrowhead). In contrast, somites formed in contralateral RockOuttreated explants fail to form a clear cleft (E-H, arrows), although ZO-1 is partially polarized (E, arrowhead) and nuclei are aligned (G, arrowhead). Both explants show normal ZO-1 polarization (I, M, arrowheads), fibronectin assembly (J, N) and nuclear alignment (K, O) at SII level. Rostral on the left and dorsal on top. Scale bars: 50 μm

Our results demonstrate that segmentation clock dynamics, *Mesol* expression and cleft formation, but not the polarization of somitic cells, are dependent on ROCKI/II activity. In contrast, NMMII activity is required for all these processes, including the capacity of rostral PSM cells to acquire their polarized, elongated morphology, suggesting that perturbing NMMII activity leads to an almost complete failure in somite formation. Taken together, these results indicate that the PSM cell mechanosensitive machinery plays a crucial role in regulating the translation of segmentation clock dynamics into periodic cleft formation.

Integrin-RGD binding is necessary for the fine-tuning of clock oscillations and for defining the position and morphogenesis of the somitic cleft

The α 5 β 1 integrin binds to the RGD site on fibronectin and this binding plays a crucial role during somitogenesis (Takahashi et al., 2007). Moreover, strong α 5 β 1-fibronectin binding (Friedland et al., 2009; Pierschbacher and Ruoslahti, 1984) modulates cell tension, allowing for cell spreading and subsequent strong adherence to the substrate in culture (Danen et al., 2002; Geiger et al., 2009; Huveneers and Danen, 2009).

Thus, we asked whether fibronectin-integrin interactions via RGD are mediating the effects of the mechanosensitive pathway on segmentation clock oscillations and, consequently, somite formation. To this end, we cultured embryo half explants in the presence of an RGD peptide (Fig. 3.5 A), which competes with available integrin RGD-binding pockets (Fig. 3.5 B), while the contralateral half was cultured in control medium. RGD-treated explants did not show increased cell death compared to contralateral controls, as shown by immunostaining for activated Caspase3 (Supplementary Fig. 3.1 E-F). After a 6-hour culture period with RGD, explants showed a consistent, albeit small, difference in the number of somites formed when compared to the contralateral control (p < 0.01, 3.9 somites for control explants, n=112; 3.7 somites for RGD-treated explants, n=67). This difference was maintained during longer culture periods (Fig. 3.5 C). We then assessed the expression of Hairy1, Meso1 and Dll1 in RGD-treated explants. We found that control and RGD-treated contralateral explants displayed different Hairyl expression patterns (Fig. 3.5 D-F) in 60% (n=6/10) of the cases at 6 hours of culture, 29% (n=4/14) at 7.5 hours, 64% (n=9/14) at 9 hours and 13% (n=1/8) at 10.5 hours (Fig. 3.5 F). Mesol positioning was altered in 40% (n=4/10) of the cases studied at 6 hours of culture, 44% (n=4/9) at 9 hours and in 71% (n=5/7) at 12 hours (Fig. 3.5 G-I). Finally, *Dll1* expression was also altered in RGD-treated halves relative to the contralateral control sides from 9 hours onwards (Fig. 3.5 J-L, n=4/9 at 9 hours, n=9/13 at 10.5 hours and n=8/12 at 12 hours). We conclude that integrin-RGD interactions are needed to maintain the normal pattern of Hairyl oscillations, Mesol positioning and timely downregulation of Dlll in the anterior PSM. This suggests that the binding of $\alpha 5\beta 1$ to the RGD site on fibronectin acts on the segmentation clock and its downstream target genes in the rostral PSM.



Fig. 3.5. Integrin-RGD binding is needed for the correct pace of segmentation clock oscillations. (A) Schematic representation of our culture system. Posterior explants of 48h chick embryos were bisected along the midline and cultured for 6 to 12h hours. One side of the explant was cultured with RGD, while the contra-lateral half was cultured in control medium. (B) Schematic representation of the action of RGD (3). RGD competes with the RGD-binding pockets of integrins, interfering with their binding to the ECM. (C) Number of somites formed in culture in Control and RGD-treated explants at 6, 7.5, 9, 10.5 and 12 hours of culture. * -p<0.05. (D-L) Expression of Hairy1 (D, E), Meso1 (G, H) and Dll1 (J, K) in RGD-treated explants and contralateral controls at representative timepoints of culture. Straightened images of respective explant pairs to the right, aligned by SIV. Rostral is on top. Scale bars: 500 µm. (F, I, L) Percentage of RGD-treated explants with altered Hairy1 (F), Meso1 (I) and Dll1 (L) expression compared to the contralateral controls. Impairing integrin-RGD binding alters Hairy1 and Meso1 expression relative to contralateral controls from 6 hours of culture onwards (D-H, arrowheads, F, I). Dll1 expression also becomes misaligned at 9 hours of culture (J-K, arrowheads, L).

To determine if altered segmentation clock dynamics translate into hindered somite morphogenesis when integrin-fibronectin interactions are impaired, we analyzed the morphology of S0 and recently formed somites of RGD-treated explants vs their contralateral controls after 6 hours of incubation. Indeed, the S0 of RGD-treated explants (region e in Fig. 3.1 A) shows deficient nuclear alignment (Fig. 3.6 B, E, H, K, arrowheads) and N-cadherin polarization (Fig. 3.6 A, G, arrowheads) when compared to contralateral controls. This is also accompanied by deficient fibronectin assembly in the nascent cleft (Fig. 3.6 D, F, J, L arrowheads). At the level of SII (region c in Fig. 3.1 A), complete somite individualization seems to be impaired in RGD-treated explants compared to controls (Fig. 3.6 N, Q, T, W, arrowheads) and although N-cadherin polarization appears normal (Fig. 3.6 M, S, arrowheads), cleft formation and fibronectin assembly between adjacent somites is deficient (Fig. 3.6 P, V, arrowheads).

Our results show that $\alpha 5\beta 1$ -fibronectin binding via RGD regulates the positioning of the future segmental border by perturbing the normal *Hairy1* expression pattern and the correct positioning of *Meso1* expression in the anterior PSM, the same effect as observed in Blebbistatin- and Rock-Out-treated explants. Moreover, the three treatments also result





in the persistence of *Dll1* expression in the rostral PSM. We also show that incubation with RGD, like Blebbistatin and Rock-Out treatments, leads to deficient morphogenesis of the segment boundary, with incomplete separation of somites and impaired fibronectin assembly in nascent clefts.

Correct fibronectin matrix assembly is a requirement for normal somite morphogenesis

To study the effects of inhibiting $\alpha 5\beta 1$ -fibronectin signaling in segmentation clock dynamics and subsequent somite formation using a different approach, we interfered directly with fibronectin matrix assembly in the PSM and somites.

To this end, we electroporated primitive streak stage chick embryos (Fig. 3.7 A) with a construct expressing the 70kDa fibronectin fragment, which acts as a dominant-negative inhibitor of fibronectin assembly (Fig. 3.7 B; McKeown-Longo and Mosher, 1985; Sato et al., 2017). These embryos were co-electroporated with a construct expressing GFP to follow electroporated cells, while control embryos were electroporated with GFP only. Both types of embryos were then cultured for 26 hours (see Materials and Methods for more detail, Fig. 3.7 A). No significant differences in cell death between GFP- and 70kDa-electroporated embryos was detected (Supplementary Fig. 3.1, G-H). Defects in fibronectin matrix assembly in 70kDa-electroporated embryos are clearly visible when compared with GFPelectroporated embryos (compare Fig. 3.7 E with I, and L with M, arrows). While the somites of control embryos are surrounded by a continuous and dense fibronectin matrix (Fig 3.7 E), somites of 70kDa-electroporated embryos show a disrupted fibronectin matrix composed of fibrils that appear thinner than those of controls (Fig. 3.7 I). This disruption of the fibronectin matrix is accompanied by several morphological defects of 70kDa-electroporated embryos relative to control embryos (Fig. 3.7 C). While GFP-electroporated embryos show normal axial elongation (Fig. 3.7 D), 70kDa embryos often showed a shortened anterior-posterior axis (Fig. 3.7 C, H) and a kinked neural tube (Fig. 3.7 C, Supplementary Fig. 3.7 D-D"), consistent with the phenotype of Fn1-null and $Fn1^{RGE/RGE}$ mouse embryos (George et al., 1993; Girós et al., 2011). Moreover, paraxial mesoderm was frequently detached from the neural tube (Fig. 3.7 C, H-K, Supplementary Fig. 3.7 C, arrow), which is reminiscent of the results obtained when β 1 integrin blocking antibodies were applied to chick embryos (Drake and Little, 1991; Drake et al., 1992).

The average number of somites formed in 70kDa-electroporated embryos is not different from the average number of somites formed in embryos electroporated with GFP only (14.5 somites for control embryos, n=154; 14.3 somites for 70kDa-electroporated embryos, n=144). However, the somites formed in the presence of the 70 kDa fragment have several morphological defects which were detectable macroscopically, including fused or crammed somites and diffuse segmental borders (Fig. 3.7 C, L-M, Supplementary Fig. 3.7 A-F"). At the cellular level, peripheral cells of nascent somites of 70kDa-electroporated embryos



Fig. 3.7. Electroporation with a 70kDa expressing vector impairs fibronectin assembly, which is accompanied by various morphological defects. (**A**) Schematic representation of our electroporation setup. PSM/ectoderm precursors of primitive-streak stage embryos were electroporated with either a GFP-expressing vector (GFP) alone, or co-electroporated with a 70kDa-expressing vector (70kDa) and were incubated for about 26 hours. (**B**) Schematic representation of the action of 70kDa (4). 70kDa disrupts the assembly of fibronectin matrix by competitively binding to the N-terminal self-assembly domains on the protein, impairing fibronectin fibril formation. (**C**) Percentage of electroporated embryos with morphological defects, including detached (and severely detached) tissues, kinked neutral tube, truncated A-P axis, abnormal somite morphology of embryos electroporated with either GFP (C, L) or 70kDa (M). (D-K) Transverse sections of GFP- (E-G) and 70kDa-electroporated embryos (I-K) immunostained for fibronectin (FN; E-F, I-J), GFP (G, K) and with DAPI staining (F-G, J-K). Detachment of tissues is clearly visible in 70kDa-electroporated embryos (H), which is accompanied by a severe disruption in the fibronectin matrix (compare I-J with E-F, arrows). (L-M) Sagittal sections of embryos electroporated with a GFP (L) and (M) 70kDa, the latter with a severe phenotype. Arrows point to deficient somitic clefts. Ventral view and rostral on top in D, H. Dorsal on top in E-G, I-K. Rostral to the left and dorsal on top in L, M. Scale bars: (C, G) 500 μm, (D-F, H-J) 50 μm, (L-M) 500 μm.

accumulate ZO-1 apically (Fig. 3.8 A, E, I), which is maintained as the somite matures (Fig. 3.8 M, Q, U). However, somites in 70kDa-treated embryos are abnormal in shape and appear smaller in the severely affected embryos (Fig. 3.8 I-L, U-X). Quantification of the number of cells per somite and the size of somites in sections of 70kDa-electroporated embryos (n=5), compared to somites from control embryos (n=2), shows that they tend to have fewer cells and be smaller in size, although these differences do not reach statistical significance (Supplementary Fig. 3.8 A-C). However, measurements of the width and length of somites SI and SV in images of whole mount embryos shows that somites of 70kDa-electroporated embryos (n=143), although not significantly different in length, are significantly shorter in width than those of GFP electroporated embryos (n=151; Supplementary Fig. 3.8 E-K).

In addition to defects in somite morphology, the ectoderm and endoderm are separated from the paraxial mesoderm in 70kDa-electroporated embryos, indicating that the fibronectin matrix present is not sufficient for holding these tissues together (brackets in Fig. 3.8 C, G, K, O, S, W). In fact, GFP-electroporated embryos show a dense fibronectin matrix connecting the somite to the ectoderm and endoderm (Fig. 3.8 C, empty arrowheads), while in 70kDa-electroporated embryos, this matrix appears disrupted (Fig. 3.8 F, J, empty arrowheads) in a way that is very similar to what was observed when NMMII activity is inhibited (Fig. 3.3 E, K, empty arrowheads). Moreover, somitic clefts of 70kDa-electroporated embryos with more severe phenotypes were incomplete (Fig. 3.7 L-M, Fig. 8 K, W, arrows). Thus, impaired fibronectin matrix assembly results in defective morphogenesis of somites and a deficient cohesion between embryonic tissues.

Impaired fibronectin assembly leads to dysregulation of embryonic clock oscillations, incorrect Meso1 positioning and segment boundary defects

To investigate whether our results showing a dysregulation of *Hairy1*, *Meso1* and *Dll1* expression when the interaction between integrin $\alpha 5\beta1$ and fibronectin is impaired were reproduced when fibronectin matrix assembly is perturbed, we electroporated embryos with 70kDa (co-electroporated with GFP, See Materials and Methods for more detail; Fig. 3.7 A) only selecting for analysis embryos in which the GFP signal was restricted to one side of the embryo. This allows the detection of shifts in the positioning of the expression of these genes in electroporated vs non-electroporated sides of the same embryo. Controls were electroporated on one side with GFP only. We also analyzed the expression of *Hairy2*, another segmentation clock gene. We found a high frequency of different expression patterns of *Hairy1* in contralateral PSMs of embryos expressing 70kDa on one side when compared to controls electroporated with GFP only (82% different patterns in 70kDa-electroporated embryos, n=9/11 vs 40% in embryos electroporated with GFP construct, n=4/10; p<0.01; Fig. 3.9 A-C). We also found a high incidence of asymmetric *Hairy2* expression patterns in embryos electroporated with 70kDa compared to control embryos (62%, n=8/13 versus



Fig. 3.8. Somite morphology of 70kDa-electroporated embryos is severely compromised. Sagittal views of embryos electroporated with GFP (A-D, M-P) and 70kDa (E-L, Q-X) with either mild (E-H, Q-T) or severe (I-L, U-X) phenotypes, at S0 (A-L) and SII (M-X) levels, immunostained for ZO-1 (first column) and fibronectin (second column) and stained for DNA (third column). Fourth column shows the merge of the respective channels. GFP- and 70kDa-electroporated embryos all polarize ZO-1 normally (A, E, I, arrowheads) but the fibronectin matrix surrounding the somites of 70kDa-treated embryos is disrupted compared to GFP-electroporated embryos (E, F, J, arrows). Somites of 70kDa-electroporated embryos are also severely detached from both the ectoderm and endoderm compared to embryos electroporated only with GFP (second column, brackets), and the fibronectin matrix connecting the endoderm to the somites is severely compromised (A, F, J, empty arrowheads). Somites of embryos electroporated with 70kDa with more severe defects also fail to fully detach from their neighbors (K, W, arrows). Rostral to the left and dorsal to the top. Dashed lines indicate altered somite morphology. Scale bars: 50 μm.



Fig. 3.9. Segmentation clock oscillations require normal fibronectin assembly in the PSM. Expression of segmentation clock genes in GFP- (top row) and 70kDa -electroporated embryos (middle row). (Bottom row) Percentage of GPF- and 70kDa-electroporated embryos with asymmetric expression between the electroporated PSM and the contralateral non-electroporated control PSM. Expression of *Hairy1* (A-C), *Hairy2* (D-F), *Meso1* (G-I) and *Dll1* (J-L). Perturbing the assembly of fibronectin on one side of the PSM alters the pace of both *Hairy1* (B', arrowheads) and *Hairy2* (E', arrowheads) oscillations relative to the non-electroporated PSM in most embryos studied (C, F). Correct *Meso1* positioning is compromised (H', arrowheads) and *Dll1* expression is also asymmetric (K', arrowheads). * p<0.05, *** p<0.01. Rostral is on top in A-K'. Scale bars: 200 μ m.

18%, n=2/11, respectively; p<0.05; Fig. 3.9 D-F). We next tested whether *Meso1* positioning was also different between the two sides in embryos expressing 70kDa on one side. Although many control embryos show different *Meso1* expression in the two contralateral PSMs, the effect is much more pronounced and statistically significant in 70kDa-electroporated embryos (80%, n=8/10 vs 60%, 6/10 different patterns, p<0.01; Fig. 3.9 G-I). Finally, 40% (n=4/10) of 70kDa-electroporated embryos also show alterations in *Dll1* expression compared to 20% (n=2/10) in the controls (p<0.01, Fig. 3.9 J-L).

Taken together, our results show that a fibronectin- α 5 β 1 mechanotransduction pathway has a significant and novel role in the fine tuning of segmentation clock oscillations and positioning of future segment boundary, with consequences on normal somite morphogenesis.

Discussion

Fibronectin matrix and its downstream mechanotransduction pathway coordinate segmentation clock dynamics and segment boundary formation

We have identified a mechanotransduction pathway involving a fibronectin-integrin-NMMII axis, which regulates the dynamic expression of segmentation clock genes in the chick embryo. Four treatments interfering with different players in this pathway (covering extracellular matrix assembly, cell surface integrin-fibronectin binding and the intracellular mechanotransduction pathway) all lead to altered segmentation clock dynamics, dysregulated *Meso1* expression, impaired or deficient cleft formation and alterations in somite morphology (Fig. 3.10 A). These results demonstrate that the fibronectin matrix surrounding the PSM is not just providing structural support for the morphogenetic events leading to somite epithelialization. Rather, the mechanosensitive pathway downstream of integrin-fibronectin interactions appears to be a major player in regulating the mechanism by which cyclic waves of expression in the PSM are translated into the periodic epithelialization of somites.

The similarity of the phenotypes obtained in experiments blocking ROCK-I/II and impairing normal cell-fibronectin interactions (RGD and 70kDa) suggest that the fibronectin matrix is transducing mechanical signals via integrin $\alpha 5\beta 1$ and ROCK and that these signals regulate segmentations clock oscillations. Indeed, a fibronectin-α5β1-RhoA-ROCK-NMMII axis in believed to play key roles in cellular force generation in a variety of cell types (Bharadwaj et al., 2017; Daley et al., 2011; Kametaka et al., 2007; Schiller et al., 2013; Torr et al., 2015). Our data show that blocking different elements of this axis leads to asymmetric patterns of Hairyl expression on the experimental versus the control sides, as well as incorrect Mesol positioning. In agreement with our data, chicken embryos electroporated with RNAi constructs against the integrin β 1 chain, part of the α 5 β 1 fibronectin receptor, show dampened and/or asymmetric expression of Hairy2 and Lfng in the PSM and fail to express Mesol (Rallis et al., 2010). Moreover, mouse embryos expressing a fibronectin where the RGD sequence has been substituted with RGE (Fn1^{RGE/RGE} embryos) show asymmetric and/ or dampened expression of Lnfg and Hes7 segmentation clock genes in the PSM and EphA4, a direct target of Mesp2 in the anterior PSM (Nakajima et al., 2006), is either diffusely expressed or absent (Girós et al., 2011). Altogether this strongly indicates that impairing the fibronectin-α5β1-RhoA-ROCK-NMMII axis, leads to a dysregulation of segmentation clock oscillations and the mispositioning of the segmental border.

An *in vitro* system for studying PSM cell oscillations has recently been established, where tailbud PSM explants from mouse embryos with a *Lfng*-Venus reporter are plated on fibronectin *in vitro* and allowed to grow out in a circular direction (Lauschke et al., 2013). These two-dimensional PSMs show oscillatory expression of *Lfng* and undergo 12-15 oscillatory cycles before upregulating Mesp2, just like in the PSM *in vivo* (Lauschke et al.,



Fig. 3.10 - Summary of the results and Working model. (A) Schematic representation of the effects of all the treatments used in the different phases of somite formation. Interfering with fibronectin matrix assembly (70kDa), integrin-RGD binding (RGD) and ROCKI/II (RockOut) and NMMII (Blebb) activity, all result in altered segmentation clock dynamics, dysregulated Mesol expression, impaired or deficient boundary formation and alterations in somite morphology. Interfering directly with NMMII also disrupts the second stage of somite epithelialization, i.e. full epithelialization of the segment. (B) Our findings suggest that the mechanotransduction pathway downstream of integrin-fibronectin binding is a key player regulating both segmentation clock dynamics and correct somite formation. We thus propose a model in which the fibronectin matrix complexity gradient is integrated in the current view of the clock and wavefront model for somitogenesis (Cooke and Zeeman, 1976, Pais de Azevedo et al., 2018). The progressive increase of fibronectin assembly from posterior to anterior in the PSM is translated into a tensional gradient, with anterior PSM cells contacting with a stiffer environment. This is concomitant with the decrease in Fgf/Wnt levels. Thus upon passing the determination front, cells sense both a stiffer environment and decreasing Fgf/Wnt signaling. Increased fibronectin binding to integrins stimulates ROCK and possibly YAP activity (Hubaud et al. 2017), which in turn promote the slowdown of clock oscillations and Mesol expression at the S-II/S-I region, that eventually stabilizes Notch signaling in the anterior PSM. Increased fibronectin-derived tension thus culminates in the cessation of the cyclic expression of clock genes in the anterior PSM and promotes the cellular rearrangements underlying somite epithelialization. A fibronectin-integrin-actomyosin axis is thus a strong candidate for mediating the translation of the cycling gene expression in the PSM into the correct temporal and spatial somite formation.

2013). Interestingly, Hubaud and collaborators demonstrated that these oscillations can be prolonged for longer (>20 cycles) when ROCK inhibitor (Y-27632) is added to the medium (Hubaud et al., 2017) suggesting that ROCK activity normally stops segmentation clock oscillations in this system.

ROCK acts downstream of integrins and phosphorylates the NMMII regulatory light chains while simultaneously inhibiting myosin light chain phosphatase. This increases the ATPase activity of NMMII and promotes its binding to F-actin, thus increasing cell contractility (Newell-Litwa et al., 2015). Together with the increased cell tension of the actomyosin cytoskeleton, ROCK activity is known to promote the nuclear localization of the Yes-associated protein (YAP), an intracellular sensor of cell mechanics, in several cell types (Piccolo et al., 2014). Remarkably, YAP-null mouse mutants (Morin-Kensicki et al., 2006) have a phenotype very similar to that of integrin α 5-null mutants (Yang et al., 1993) and *Fn1*^{*RGE/RGE*} embryos (Girós et al., 2011), suggesting that they contribute to the same processes during early embryo development. Indeed, isolated mouse PSM cells cultured on fibronectin display nuclear localization of YAP and YAP-dependent inhibition of clock oscillations, independently of Notch activity (Hubaud et al., 2017). Moreover, electroporating the PSM of chick embryos with constitutively active YAP results in the loss of the oscillatory pattern of *Lnfg* expression. Since cells on compliant matrices tend to have YAP in the cytoplasm and cells on stiffer substrates have nuclear YAP (Piccolo et al., 2014), these results are consistent with the hypothesis that a certain mechanical environment promotes segmentation clock oscillations and when this environment stiffens beyond a particular point, oscillations dampen and come to a halt, leading to the upregulation of Mesol and the definition of the next boundary.

Morphological somite formation occurs in two steps, which appear to have different mechanical requirements

Mesp2/Meso1 activity is the first step in morphological boundary formation in both mouse and chick (Saga, 2012). It has been demonstrated in the mouse that Mesp2 is activated in the rostral PSM by the travelling wave of Notch signaling and its rostral border of expression is defined by the rostral limit of Tbx6 expression (Oginuma et al., 2010). Mesp2 transcription factor upregulates Ripply expression, which downregulates *Mesp2* transcription and Tbx6 in preparation for the positioning of the next band of *Mesp2/Meso1* expression (Takahashi et al., 2010). Mesp2/Meso1 also activates the expression of EphA4, which interacts with ephrinB2 in cells rostral to the Mesp2/Meso1 expression domain causing cell-cell repulsion and the formation of an incipient cleft (Nakajima et al., 2006; Watanabe et al., 2009). As soon as the cleft forms, fibronectin matrix assembly occurs in the cleft (Jülich et al., 2015; Rifes and Thorsteinsdóttir, 2012), thus stabilizing it. Moreover, the deposition of fibronectin within this cleft is thought to promote the epithelialization of cells rostral to the

cleft (Martins et al., 2009). Thus, the formation of the cleft and the epithelialization of the cells rostral to the nascent boundary can be defined as the first step of morphological somite formation, i.e. beginning of stage S0. The second step is defined as the epithelialization of the remaining cells in S0 until cells have acquired a spindle-like shape and organized into a rosette, pinching off from the PSM as SI (Martins et al., 2009).

The phenotype of RockOut, RGD and 70kDa treated embryos is very similar (Fig. 3.10 A). All show perturbations in expression of *Hairy1* (and *Hairy2*, when assessed), an abnormal positioning of *Meso1* and defects in somite boundary development. Although somite morphology is also perturbed in these explants, the acquisition of the spindle-shape cell morphology of cells which occurs as S0 develops into SI does not appear to be significantly perturbed. Thus, the first step of morphological somite formation is affected but the second step is not. In contrast, Blebbistatin-treated explants not only have the defects listed above, but cells that had already upregulated *Meso1* before the addition of the drug and formed an incipient cleft during culture, were completely unable to epithelialize. In fact, Blebbistatin-treated explants formed only 1 or 2 somites in culture, and cells in the somites formed did not acquire the elongated, spindle-shape typical of SI somites. In fact, somites that formed just before the addition of Blebbistatin even lost their spindle-shape morphology and acquired a more cuboidal shape (data not shown). These results demonstrate that Blebbistatin affects both steps of morphological somite formation.

RockOut targets NMMII activity indirectly by inhibiting ROCKI/II, one of the kinases that activate NMMII (Newell-Litwa et al., 2015). In contrast, Blebbistatin targets the NMMII ATPase directly and thus has the same effect as inhibiting all kinases able to activate NMMII. Our results thus raise the possibility that segmentation clock oscillations, *Meso1* positioning and boundary formation are dependent on a fibronectin-integrin-ROCK-NMMII axis, while the acquisition of the spindle-shaped morphology of cells is dependent on another NMMII activator. Interestingly, Ca⁺⁺/calmodulin signaling can activate NMMII and inhibiting calmodulin was shown to block the acquisition of this morphology during chick somitogenesis (Chernoff and Hilfer, 1982). This issue warrants further investigation.

Interplay between Notch signaling and fibronectin-integrin signaling during somite formation

Notch signaling is essential for the synchrony, period and pattern of segmentation clock oscillations. When all Notch activity is lost in mouse embryos (as in *Psen1/Psen2*-null embryos) both cyclic expression of clock genes and somite formation is lost (Ferjentsik et al., 2009). Notch signaling is necessary for the synchronization of neighboring cultured PSM cells (Tsiairis and Aulehla, 2016), and increasing the number of DeltaD copies in zebrafish embryos leads to changes in the wave patterns and shorter periods of oscillations (Liao et al., 2016). The fact that interfering with fibronectin assembly, integrin-RGD binding and mechanotransduction players results in altered segmentation clock dynamics suggests that

albeit crucial, Notch is not the only player regulating the pace of clock oscillations. In fact, the Notch signaling pathway and the fibronectin-integrin-mechanotransduction pathway are highly likely to crosstalk in this context. Integrins are prime candidates to mediate this cross talk. For example, Notch signaling was shown to activate $\alpha 5\beta 1$ integrin and to increase adhesion to fibronectin in myeloid cell lines (Hodkinson et al., 2007). Conversely, β1 integrins are needed for correct Notch signaling in neural progenitors (Campos et al., 2006). In the zebrafish, combined roles of integrin $\alpha 5\beta 1$ and Notch are needed for normal somitogenesis (Jülich et al., 2005). Finally, in the chick PSM, β 1 integrin signaling via integrin linkedkinase (ILK) enhances Notch signaling and cooperation between β 1 integrin and Notch is needed for correct Mesol expression in this context (Rallis et al., 2010). As mentioned above, adhesion of cultured PSM cells to fibronectin also modulates Notch signaling in these cells, in a YAP-dependent manner (Hubaud et al., 2017). Remarkably, YAP directly interacts with the Notch signaling pathway in neural crest cells (Manderfield et al., 2015) and cultured epidermal stem cells (Totaro et al., 2017). Interestingly, we observed that the intercellular space between PSM cells greatly increases when NMMII is inhibited in our cultured explants, and cells become loose and detached from their neighbors (Supplementary Fig. 3.5, O-P). This will likely reduce cell-cell contacts and affect Notch signaling, since the direct contact of the receptors and ligands of adjacent PSM cells will probably be impaired. Altogether, these findings suggest that in the PSM, interaction between the Notch pathway and the mechanotransduction pathway receiving cues from the fibronectin matrix assembly state allows for coordinated cyclic expression of segmentation clock genes with the correct period.

Fibronectin matrix complexity gradient as a player in the wavefront

While the waves of Notch activity travel through the entire length of the PSM, this is only translated into segment formation in the anterior-most region of the tissue. Opposing gradients of Fgf/Wnt and RA in the PSM are thought to define the so called determination front, which defines the region where PSM cells become competent for somite formation (Hubaud and Pourquié, 2014). This maturation program includes slowing down segmentation clock oscillations until they reach a halt when cells become part of a somite. Comparatively high concentrations of Fgf/Wnt in the posterior PSM are thought to maintain PSM cells in a mesenchymal uncommitted state, while anterior PSM cells receive lower doses of Fgf/Wnt and high concentrations of RA synthesized by the epithelial somites, which is thought to counteract Fgf activity (Aulehla and Pourquié, 2010; Bajard et al., 2014; Diez del Corral et al., 2003; Dunty et al., 2007; Naiche et al., 2011). However, the actual functional role of these gradients has recently been challenged. While Wnt signaling has a clear role in boundary positioning and shows wavefront activity, Fgf seems more important for the expansion and viability of the axial progenitors before they enter the PSM (Aulehla et al., 2003; Bajard et

al., 2014; Boulet and Capecchi, 2012; Mallo, 2016). Moreover, the role of RA in opposing the effects of Fgf is also unclear, since the Fgf gradient is a result of progressive mRNA degradation as PSM cells are displaced more anteriorly in the PSM, and RA has no described role in regulating mRNA stability, acting only at the transcriptional level (Cunningham and Duester, 2015; Dubrulle and Pourquié, 2004).

The mechanical cues provided by the increasing complexity of the fibronectin matrix in the anterior PSM may provide at least as much information to PSM cells as these diffusing factors (Mammoto and Ingber, 2010; Schwarz and Safran, 2013). Thus, based on our data, we propose that the posterior to anterior gradient of fibronectin matrix density and complexity, combined with the gradient of cell density that exists from posterior to anterior (Bellairs et al., 1978; Bellairs et al., 1980; Bénazéraf et al., 2010; Jülich et al., 2015; McMillen et al., 2016), can be interpreted by the PSM cells as an increasing tensional gradient which would be a contributor to the wavefront. Hence, the anterior end of the PSM would receive and integrate a combination of chemical and mechanical signals, namely decreased Fgf/ Wnt levels and increased RA levels (Aulehla and Pourquié, 2010) and, simultaneously, an increase in fibronectin matrix complexity and stiffness. The fibronectin matrix and its downstream mechanotransduction pathways may thus be an underappreciated part of the complex network of players known to regulate the robust segmentation clock oscillations and correct spatiotemporal somite formation.

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Supplementary figures



Supplementary Fig. 3.1. (A-E) Transverse sections of DMSO- and contralateral Blebbistatin-treated explants (A, B), DMSO- and contralateral RockOut-treated explants (C, D), Control and contralateral RGD-treated explants (E, F), GFP-electroporated embryo (G) and 70kDa- electroporated embryo (H) stained for DNA (blue), activated Caspase3 (magenta) and GFP (green, G, H). Arrows point to activated Caspase3-positive cells. Blebb – Blebbistatin; nt – neural tube; s – somite; i – intermediate mesoderm; lp – lateral plate mesoderm. Dorsal is on top. Scale bars: 50 µm.



Supplementary Fig. 3.2. (A-B) *Meso1* expression in a Blebbistatin-treated (A), RockOut-treated (B) explant and respective contralateral controls at 3 hours of culture, showing misaligned expression. (C) *Meso1* expression in a noncultured intact 48h chick embryo, at the level of S-I. (D-E) Sagittal views of nuclear staining (D) and *Dll1* expression (E) in the rostral PSM and somites. *Dll1* expression is restricted to the caudal halves of formed somites (SI, SII, SIII), but in the forming somite (S0) it is expressed in the whole segment. Rostral is on top in A-C. Rostral to the left and dorsal on top in D and E.


Supplementary Fig. 3.3. Sagittal views of F-actin and ZO-1 localization during PSM epithelialization and somite formation. Peripheral cells in the early S0 stage (A-D) show signs of an epithelioid organization, with elongated actin cytoskeleton (A) and aligned nuclei (C, arrowheads). However apically localized ZO -1 staining is not yet present in the PSM (B, dashed line), contrasting with the clearly visible ZO-1 staining in the form of strong apical dots (arrowheads in B) in the apposed endoderm and ectoderm (brackets in A and B). The most recently formed somite, SI (E-H), reveals a clear ZO-1 labeling, restricted to the apical end of the peripheral epithelial layer (F). Concordantly, F-actin staining (E) is also strongly enriched apically, and the peripheral nuclei are aligned and distinct from the ones in the somitocoel (G, H). Rostral to the left and dorsal on top. Dashed lines mark borders of S0 (B) and SI (F). Phall: phalloidin F-actin staining; DNA: ToPro-3 nuclear staining; endo: endoderm; ecto: ectoderm. Scale bars: 50 µm.



Supplementary Fig. 3.4. Sagittal sections of DMSO-treated explants (A-C, G-I) and contralateral Blebbistatin-treated explants (D-F, J-L) stained for F-actin and DNA. Rostral PSM epithelialization of DMSO-treated explants occurs normally, with F-actin apical enrichment (A) and nuclear alignment (B) in S0 and SI. At the same axial level in the contralateral Blebbistatin-treated explant (D-F), no signs of an epithelial arrangement or of the somitic segment are present, with only dispersed F-actin staining (D) and nonaligned nuclear organization (E). Further rostrally, somites formed during culture in DMSO-treated explants are markedly epithelial (G-I), composed of an outer cell layer with aligned nuclei (H) and elongated cells with apically enriched F-actin (G). At the equivalent axial level in the Blebbistatin-treated explant (J-L), the somitic segments were severely affected, but are still noticeable, with nuclei lining up at the prospective inter-somitic border (K, arrowheads). On the other hand, F-actin congregates into separate foci (J), with no particular arrangement (L). Rostral to the left and dorsal on top. Blebb: Blebbistatin; Phall: phalloidin F-actin staining; DNA: ToPro-3 nuclear staining. Scale bars: 50 µm.



Supplementary Fig. 3.5. (A-N) Absence of significant effect of NMMII inhibition with Blebbistatin on neural tube and ectoderm. Explants cultured in the presence of DMSO vehicle (A-D and I-K) showed strong apically located ZO-1 labeling (B, I) both in the neural tube (A-D) and in the overlying ectoderm (I-K). In the presence of Blebbistatin (E-H, L-N), ZO-1 labeling was also restricted to the apical end of neural tube cells (F) and in the ectoderm (L). Dorsal view of the ectoderm clearly depicts the ZO-1-rich apical adhesion belt characteristic of epithelial cells in both DMSO-treated (arrowheads in I) and Blebbistatin-treated explants (arrowheads in L). Interestingly, inhibition of cell derived tension by Blebbistatin appeared to result in wider ectoderm cells (compare K and N). **(O-P)** Sagittal sections of caudal PSMs of DMSO-treated (O) and contralateral Blebbistatin-treated (P) explants, stained for DNA. Blebbistatin-treated explants show lower nuclear density compared to contralateral controls (O-P). Neural tube images (A-H) are transverse single optical confocal slices of cultured explants. Ectoderm images (I-N) result from 10-12 µm z-projections of longitudinal optical confocal slices. Rostral on the left and dorsal on top (O-P). Blebb: Blebbistatin; Ncad: N-cadherin. DNA: ToPro3 or Methyl green. Arrowheads point to ZO-1 labeling. Scale bars: 20 µm.



Supplementary Fig. 3.6. Longitudinal views of explants cultured in control (DMSO) medium (A-C, G-I) and their contralateral RockOut-treated halves (D-F, J-M) at S0 (A-F) and SII (G-M) levels, immunostained for N-cadherin (first column) and stained for DNA (second column). Third column shows the respective merge of all stainings. Explants were cultured for 6 hours (somite levels are at t=6h). Somites formed during culture in control explants show normal accumulation of N-cadherin (A, arrowhead) and nuclear alignment (B, arrowhead). In contrast, somites formed in contralateral RockOut-treated explants fail to form a clear cleft (D-F, arrows), although N-cadherin is partially polarized (D, arrowhead) and nuclei are aligned (E, arrowhead). Both explants show normal N-cadherin polarization (G, J) and nuclear alignment (H, L) at SII level. Rostral on the left and midline on top. Ncad - N-cadherin. Scale bars: 50 µm.



Supplementary Fig. 3.7. Morphology of electroporated embryos. (A) Embryo electroporated with GFP only. (B, C) Embryos co-electroporated with 70kDa, showing mild (B) and severe (C) phenotypes. Embryos with mild phenotypes mostly had the PSM and somites detaching from the surrounding tissues (B, arrow), while severe phenotypes included severely detached tissues (C, arrow) and a shortened A-P axis (C). (D-F") Close up of embryos electroporated with 70kDa showing kinked neural tube (D-D", arrowheads), fused somites (E-E", arrowheads) and fewer somites in the electroporated side (F-F", arrowheads). Ventral view and rostral on top. Green is GFP. Scale bars: (A-C) 500 µm, (D-F") 200 µm.



Supplementary Fig. 3.8. Number of cells, area and size of somites of GFP- and 70kDa-electroporated embryos. (A-C) Mean area (A), number of cells (B) and cell number per area ratio (C) of SI of GFP- (n=2) and 70kDa-electroporated (n=5) embryos. Up to 4 different sagittal sections per embryo were used for each measurement and the average is displayed. (D-K) Comparison between the length (D, H, F, J) and width (E, I, G, K) of SI (D-E, H-I) and SV (F-G, J-K) from GPF- (D-G) and 70kDa-electroporated embryos (H-K) of the electroporated side vs the control non-electroporated side. The measurements were made on images from whole mount embryos. Somites from GFP-electroporated embryos do not show a significant difference in either length or width between electroporated vs non-electroporated sides (n=151), but the widths of SI and SV of the electroporated side of 70kDa-treated embryos are significantly smaller than that of the contralateral non-electroporated control side (n=143). ns – not significant; *** p < 0.001.

Chapter 4

Crosstalk between Sonic hedgehog signaling and Fibronectin matrix during somite morphogenesis

You need the dark in order to show the light. — Bob Ross

Crosstalk between Sonic hedgehog signaling and Fibronectin matrix during somite morphogenesis

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Contribution for the publication:

	Experimental work depicted in Fig.							Manuscript
	1	2	3	4	5	6	S 1	writing
Design and concept	III	III	III	III	III	III	III	
Execution	III	III	III	III	III	III	III	III
Analysis and interpretation	III	III	III	III	III	III	III	

Legend:

- non applicable
- O no intervention
- I minor contribution
- II moderate contribution
- III major contribution/full execution

Note: this contribution does not exclude other contributions, similar or not, from the remaining authors

Abstract

Sonic hedgehog (Shh) is a key regulator of paraxial mesoderm development, controlling the timing of somite formation and specifying its ventral domain which gives rise to the sclerotome, precursor of vertebrae and ribs. The fibronectin extracellular matrix surrounding the paraxial mesoderm of vertebrate embryos is also essential for its correct development. In the absence of the fibronectin-encoding gene Fn1, axis extension is impaired and the mouse presomitic mesoderm that forms, fails to form epithelial somites. Moreover, interfering with fibronectin assembly or binding to its specific receptors in vertebrate embryos all result in somitogenesis defects. Here we describe a previously unidentified crosstalk between the fibronectin matrix and Shh signaling during paraxial mesoderm development. The fibronectin matrix surrounding the chick presomitic mesoderm and somites is essential for correct Shh signaling in these tissues. Furthermore, once active in the ventral somite, Shh signaling negatively modulates *Fn1* expression, possibly ensuring fibronectin production by the ventral somite is at lower levels until the correct timing for sclerotomal dispersal. Our results further establish the fibronectin extracellular matrix as an active player in regulating the development of the paraxial mesoderm, cooperating with the Shh signaling pathway to orchestrate correct somite patterning and morphogenesis.

Keywords: Fibronectin, extracellular matrix, Sonic hedgehog, somite, notochord

Introduction

The extracellular matrix (ECM) has diverse roles during vertebrate embryogenesis, providing mechanical support, polarizing cells, supporting cell migration and maintaining tissue boundaries. Moreover, through binding to integrins, the ECM controls gene expression directly or through cooperating with other signaling pathways (Frantz et al., 2010; Rozario and DeSimone, 2010), and changes in ECM stiffness and density can direct cell fate decisions (Engler et al., 2006; Trappmann et al., 2012). Thus, the ECM is a pivotal regulator of vertebrate development.

One of the most ubiquitous ECM molecules during early development is fibronectin. Mice null for *Fn1*, the gene encoding fibronectin, display multiple defects from E8.0 onwards and die before E10.5, highlighting the importance of this ECM component in development (George et al., 1993; Georges-Labouesse et al., 1996). The presomitic mesoderm (PSM) of vertebrate embryos is surrounded by a fibronectin-rich ECM (Duband et al., 1987; Koshida et al., 2005; Rifes et al., 2007), which increases in complexity and density as the PSM matures (Rifes and Thorsteinsdóttir, 2012). Strikingly, in the absence of fibronectin, the PSM of all vertebrate embryos studied fails to form somites, precursors of the axial skeleton and muscle which form periodically from the anterior end of the PSM (George et al., 1993; Georges-Labouesse et al., 1996; Yang et al., 1993; Yang et al., 1999). Accordingly, its specific cell surface receptors are also required for this process (George et al., 1993; Georges-Labouesse et al., 1996; Goh et al., 1997; Jülich et al., 2005; Koshida et al., 2005; Kragtorp and Miller, 2007; Rifes et al., 2007; Watanabe et al., 2007; Yang et al., 1993). Thus, it has been proposed that a fibronectin matrix of a certain complexity and density is required to support the cellular rearrangements fundamental to the formation of somites (Martins et al., 2009). Moreover, this fibronectin matrix becomes progressively thicker and more compact as the epithelial somites mature (Rifes and Thorsteinsdóttir, 2012). However, whereas the role of fibronectin in somitogenesis has long been appreciated, its role in the epithelial somite remains elusive. Work from our lab identified a dynamic regulation of Fn1 expression during sclerotome development, suggesting a possible role of fibronectin in the patterning and morphogenesis of the ventral somite (Gomes de Almeida et al., 2016).

One of the key players regulating somite development is Sonic hedgehog (Shh), a morphogen crucial for numerous processes during vertebrate embryogenesis. Shh produced by the notochord and floor plate of the neural tube ensures survival of somitic cells and somite dorso-ventral patterning, specifying the ventral somite to give rise to the sclerotome, precursor of vertebrae and ribs (Marcelle et al., 1999). Moreover, Shh was also shown to influence the pace of the segmentation clock underlying the periodic segmentation of the PSM, and subsequent somite formation (Resende et al., 2010). Shh interacts with ECM molecules in various contexts during development, including proteoglycans, vitronectin and laminin in the developing mouse brain (Blaess et al., 2004; Chan et al., 2009; Pons and

Martí, 2000) and it directly inactivates $\beta 1$ integrins during neural tube morphogenesis in the chick (Fournier-Thibault et al., 2009). It also modulates the production of chondroitin sulfate proteoglycans in the developing enteric nervous system (Nagy et al., 2016) and fibronectin expression in cultured renal fibroblasts (Ding et al., 2012). *Fn1* is expressed in the ventral epithelial somite (Rifes et al., 2007) raising the possibility that its expression may be regulated by Shh in somites.

Here, we address whether the fibronectin matrix surrounding the PSM and somites has role in regulating Shh signaling in these tissues and, conversely, if Shh influences Fn1 expression in the somites. We found that an intact fibronectin matrix is required for correct Shh signaling in the PSM and somites of chick embryos, and that Shh signaling, together with other notochord-derived factors, in turn negatively modulates Fn1 expression in the ventral somite. Our results thus point to a Shh and fibronectin crosstalk during paraxial mesoderm development – the fibronectin matrix surrounding the PSM and somites assures correct Shh signaling in these tissues, thus allowing for the correct *tempo* of somite formation and their subsequent dorso-ventral patterning; Shh in turn regulates fibronectin production in the developing sclerotome, maintaining fibronectin production at intermediate levels before sclerotome dispersal. These results further implicate fibronectin as an active player during paraxial mesoderm development, cooperating with other signaling pathways to orchestrate somite morphogenesis and differentiation.

Materials and methods

Embryos

Fertilized chicken eggs (*Gallus gallus*) from commercial sources (Sociedade Agrícola Quinta da Freiria and Pintobar Exploração Avícola, Lda, Portugal) were incubated at 37.5°C in a humidified chamber until stages HH4-14 (Hamburger and Hamilton, 1992).

Embryo explant culture

HH11-14 embryos were collected and cut transversally rostral to somites IV or X (Pourquié and Tam, 2001) and Hensen's node. Embryo explants were placed on top of an Isopore Membrane Filter (Merck) floating on Chick Explant medium, composed of M199 culture medium (Gibco) supplemented with 10% Chick serum (Sigma), 5% fetal bovine serum (Gibco) and 100 U/ml of penicillin and streptomycin (Invitrogen) and cultured at 37°C and 5% CO₂ from 6 to 12 hours (Palmeirim et al., 1997).

In one set of experiments whole posterior explants (see Fig. 1 A) were cultured in Chick Explant medium supplemented with either (1) 100 μ g/ml of 70kDa fibronectin N-terminal fragment (hereafter referred to as 70kDa; McKeown-Longo and Mosher, 1985; Sigma, F0287), (2) 100 μ g/ml of recombinant 70kDa (r70kDa, see below), (3) 200 μ g/ml

of 70kDa (Sigma, F0287) which had been dialyzed (d70kDa) against M199 medium in a D-Tube Dialyzer (MWCO 6-8; Merck Millipore), (4) 0.9 mM RGD (Sigma, G4391) or (5) 6 mM sucrose. Control explants were cultured in medium only or with 100 µg/ml of Bovine Serum Albumen (BSA).

In a second set of experiments, explants were bisected along the midline, but maintaining the notochord on one side only, thus generating a notochord-containing explant (No+) and a notochord-ablated contralateral explant (No-; see Fig. 4 A and Fig. 5 A). In some experimental cases, the lateral plate mesoderm of No- explants was also removed (No-Lat-). Explants were then cultured in Chick Explant medium as described above. A subset of No+ explant halves were cultured with $10\mu g/ml$ of Cyclopamine (Merck, 239803), and a subset of No- explants were supplemented with $4\mu g/ml$ of Shh (Citomed, 464-SH-025). Appropriate volumes of DMSO were used for contralateral control explants.

Embryo electroporation and culture

Primitive streak stage (HH4-5) chick embryos were electroporated on one side in the area containing PSM and ectoderm precursors following previously described methodologies (Voiculescu et al., 2008; Fig 1J) and then cultured *ex-ovo* using Chapman's Early Chick culture method (EC culture, Chapman et al., 2001). Embryos were attached to a filter paper carrier and placed in an electroporation chamber filled with Tyrode's saline, where three 50 ms pulses of 6-9 V separated by 350 ms intervals were applied. DNA plasmids were used at 0.5-1 μ g/ μ l and mixed with 0.3 μ l 0.4% Fast Green in water for visualization. Following electroporation, embryos were cultured in a humidified chamber at 37.5°C for 24 hours.

Control embryos were electroporated with a modified pCAGGs vector driving GFP expression to facilitate the identification of electroporated cells (pCAGGs-GFP). Experimental embryos were electroporated either with (1) a pCAGGs-GFP vector into which the sequence of chick 70kDa with an N-terminal myc-tag (myc:70kDa) had been cloned, (2) co-electroporated with pCAGGs-GFP and 100ng/µl of double stranded RNAi against *Fn1* (Fn1-RNAi, see below), (3) co-electroporated with pCAGGs-GFP and a pCAGGs vector containing the quail 70kDa (q70kDa) or (4) electroporated with a pCAGGs vector containing the full-length quail *Fn1* gene, in which EGFP was inserted between the third and fourth type III domains of the fibronectin protein (qFN-EGFP). The q70kDa and qFN-EGFP constructs were kindly provided by Yuki Sato (Sato et al., 2017).

Cell culture

C2C12 cells (ATCC, CRL 1772) were cultured in DMEM GlutaMAX (Gibco) supplemented with 10% fetal bovine serum (Invitrogen) and 100 U/ml of streptomycin and penicillin (Invitrogen). Glass coverslips were coated with 0.1% gelatin for 1 hour at 37°C before seeding C2C12 cells. HEK293 cells (ATCC, CRL 1573) were cultured in DMEM/F12

GlutaMax (Gibco) supplemented with 10% fetal bovine serum and 3% puromycin. Cultured cells were maintained at 37°C in a humified atmosphere with 5% CO₂.

Fibronectin matrix assembly was perturbed by adding 200 μ g/ml of the d70kDa fragment to the culture medium of C2C12 cells for 6 hours, while cells supplemented with 200 μ g/ml bovine serum albumen (BSA, Sigma B3311) served as a control.

Expression and purification of recombinant 70kDa peptide

The 70kDa N-terminal region of fibronectin was cloned into a modified pCEP vector containing an N-terminal double Strep II tag. HEK293 cells were stably transfected and screened for high levels of protein expression (see below). The recombinant 70kDa peptide (r70kDa) was purified from the culture medium by Strep-Tactin Sepharose (IBA) kit and dialyzed as described above.

Western blot analysis

r70kDa in conditioned medium from HEK293 transfected cells was quantified by Strep tag detection. Samples were run in duplicates on a 10% SDS-PAGE gel and blotted onto a nitrocellulose membrane for 1 hour. The membrane was blocked with 0.5% Tween-20 in Phosphate Buffer Saline (PBS) supplemented with 3% BSA for 1 hour, following incubation with an Strep-Tactin-HRP solution for Strep II Tag detection (Strep-Tactin-HRP conjugate kit, IBA) for 1 hour. The membrane was then washed and developed using an Immun-Star HRP Substrate kit (BioRad).

RNAi synthesis

To generate double stranded RNAi against Fn1 (Fn1-RNAi), sense and antisense single stranded RNAs were synthesized from linearized plasmids as described previously (Rifes et al., 2007) and double stranded RNAi was subsequently generated using BLOCK-iT RNAi TOPO Transcription Kit (Thermofisher).

RNA extraction and RT-qPCR

The electroporated and non-electroporated sides of both pCAGGs-GFP and *Fn1*-RNAi electroporated embryos were dissected out and processed for RNA extraction using the RNAqueous-Micro Total RNA Isolation Kit (Ambion). RNA quality was confirmed using Experion RNA analysis kits (BioRad) and cDNA synthesis from 100ng of each RNA sample was performed in triplicates using an iScript cDNA Synthesis Kit (BioRad). Real-time qPCR reactions were performed in each of the triplicates with SsoFast EvaGreen Supermix (BioRad) and 2 ng of cDNA. Transcript levels were normalized against the expression of three reference genes (*ActB, GusB* and *LMNA*) and results were

analyzed in CFX 3.0 BioRad Manager software. Primers used to amplify *Fn1* were the following: forward primer 5'-AGACGGCAGCCACCAAATGTA-3' and reverse primer 5'-GTCGTTGCGTCTGGGCTCA-3'.

In situ hybridization and cryoembedding

In situ hybridization was performed as previously described (Henrique et al., 1995) with minor modifications (Gomes de Almeida et al., 2016; Rifes et al., 2007). Antisense digoxigenin-labeled RNA probes were synthetized as previously described: *Fn1* (Rifes et al., 2007), *Shh* (Riddle et al., 1993) and *Patched2* (Pearse et al., 2001).

Cryoembedding was performed in whole embryos, electroporated embryos and cultured explants fixed in 4% paraformaldehyde in 0.12 M phosphate buffer with 4% sucrose. After fixation, samples were washed in 0.12 M phosphate buffer with 4%, followed by 15% sucrose, embedded in 7.5% gelatin in 0.12 M phosphate with 15% sucrose and frozen in dry-iced chilled isopentane (Bajanca et al., 2004). Samples were stored at -80°C until sectioning.

Imunocytochemistry and immunohistochemistry

Immunocytochemistry on C2C12 cells was performed as previously described (Vaz et al., 2012). Briefly, cells seeded on coverslips were fixed in 1% PFA in PBS for 30 minutes and permeabilized with 0.5% Triton X-100 in PBS for 5 minutes. Blocking was performed with 2% bovine serum albumen (BSA) in PBS and antibodies were diluted in this solution. Primary antibody incubation was performed overnight at 4°C, while incubation with secondary antibodies was performed for 30 minutes at room temperature.

Embryos and explants fixed in 4% paraformaldehyde in 0.12 M phosphate buffer with 4% sucrose were cryoembedded as described above. 10-30 μ m cryostat (Leica CM1860) sections were processed for immunohistochemistry as described previously (Gomes de Almeida et al., 2016). Sections were permeabilized with 0.2% Triton-X100 in PBS and blocked with 5% BSA in PBS. Primary and secondary antibodies were diluted in 1% BSA in PBS.

Whole-mount immunohistochemistry was performed in explants fixed in 4% paraformaldehyde in PBS, which were then processed as previously described (Martins et al., 2009; Rifes and Thorsteinsdóttir, 2012). Briefly, a solution of 1% Triton-X100 and 1% BSA in PBS was used for permeabilization, blocking, and antibody dilution. Antibody incubation was performed at 4°C overnight. After post-fixation with 2% PFA for 1-2 hours, whole mount explants were slowly dehydrated through a methanol series and cleared in methylsalicylate (Sigma-Aldrich) as previously described (Martins et al., 2009; Rifes and Thorsteinsdóttir, 2012).

Primary antibodies were against Fibronectin (Sigma F-3648, 1:400) and c-Myc (Santa Cruz 9E10, 1:100). F-actin was visualized with Alexa Fluor 568-conjugated phalloidin

(Molecular Probes A-12380, 1:40). DNA staining was performed with either ToPro3 (Invitrogen T3605, 1:500) together with ribonuclease A (Sigma, 10 μ g/ml), 4% Methyl Green (Sigma 67060, diluted 1:250; (Prieto et al., 2015) or 4',6-diamidino-2-phenylindole (DAPI, Sigma, 5 μ g/ml in PBS with 0.1% Triton-X100). Goat anti-mouse or anti-rabbit Alexa 488- or Alexa 568-conjugated secondary antibody F'ab fragments (Invitrogen) were used for detection of primary antibodies.

Sample preparation, image acquisition and analysis

Both C2C12-containing coverslips and cryostat sections were mounted in 5mg/ml propyl gallate in glycerol/PBS (9:1) with 0.01% sodium azide. Explants processed for whole mount immunohistochemistry were mounted in methylsalicilate (Martins et al., 2009).

Immunofluorescence images were obtained on a confocal Leica SPE microscope or a BX60 Olympus microscope coupled to an Hamamatsu Orca R2 camera. Imaging of whole mount *in situ* hybridization samples and electroporated embryos was performed using a Zeiss LUMAR V12 Stereoscope coupled to a Zeiss Axiocam 503 color 3MP camera. Images of sections from embryos and explants processed for *in situ* hybridization were acquired with an Olympus DP50 camera coupled to a BX51 Olympus microscope. Fiji v. 1.49 and Amira V.5.3.3 (Visage Imaging Inc.) softwares were used for image analysis and histogram corrections. When applicable, single images were generated from contiguous images of one sample by using the pairwise stitching Fiji plugin (Preibisch et al., 2009).

Results

The fibronectin extracellular matrix is essential for Shh signaling in the PSM and newly formed somites

To determine if the fibronectin matrix is involved in regulating Shh signaling in the PSM and somites, posterior chick explants were cultured for 6 hours in the presence of a 70kDa fibronectin fragment (hereafter referred to as 70kDa). This fragment corresponds to the N-terminal region of the fibronectin protein that connects extended fibronectin dimers to each other, leading to fibril assembly (Mao and Schwarzbauer, 2005). The 70kDa protein acts as a dominant negative form of fibronectin that binds to the matching N-terminal regions of fibronectin molecules already assembled in the matrix, disrupting the existing matrix, and also blocks binding of new molecules to this matrix (Fig. 4.1 A; Mao and Schwarzbauer, 2005; McKeown-Longo and Mosher, 1985).

We first analyzed the expression of the Shh signaling target gene *Patched2*, a readout for Shh signaling, in these explants. We found that when fibronectin fibrillogenesis is disrupted, *Patched2* expression in the PSM and somites SI - SX is strongly downregulated compared

to control explants, indicating a decrease of Shh signaling in these tissues (compare Fig 4.1 B-E to Fig. 4.1 F-I, n=6). Indeed, while the three anterior-most somites of 70kDa-treated explants retain normal *Patched2* expression (Fig. 4.1 C,G), the PSM and remaining somites have either reduced or no *Patched2* expression (compare Fig. 4.1 B, D-C with Fig 4.1 F, G-H). These results suggest that the fibronectin matrix surrounding the PSM and newly formed somites is essential for Shh to reach or to induce *Patched2* in these tissues. The anterior-most somites were already at stages SVIII-SX before culture and had therefore already assembled a dense fibronectin matrix before the addition of the 70kDa fragment (Rifes and Thorsteinsdóttir, 2012). These matrices would probably be less affected by the action of the 70kDa fragment compared to the more immature fibronectin matrices of the PSM and SI.

During the course of our experiments, we discovered that the commercial 70kDa fragment we were using was combined with sucrose for cryoprotection, which following reconstitution in our culture medium resulted in a final concentration of 6mM sucrose. To exclude the possibility that our previous results were a consequence of this high sucrose content, we cultured posterior explants in Explant Culture medium with 6 mM sucrose, thus mimicking the amount of sucrose content in our 70kDa culture medium. Under these conditions, *Patched2* expression in the PSM and somites is normal (Fig. 4.1 J, n=5/5), confirming that the defects we encountered in 70kDa-treated explants result from its action and are not due to the sucrose present in the commercial product.

To further confirm our results, we aimed to interfere with the fibronectin matrix through additional approaches. First, we produced the 70kDa protein using a eukaryotic expression system (courtesy of Manuel Koch, University of Köln, Germany). We cultured HEK293 cells transfected with a modified pCEP vector which constitutively drives the production of a recombinant 70kDa protein (hereafter referred to as r70kDa, see Materials and Methods for more details). After confirming r70kDa production through Western blot analysis (Sup. Fig. 4.1 A), the protein was purified from the HEK293 cell culture medium, dialyzed and used in our explant culture system. Surprisingly, explants cultured in the presence of r70kDa protein for 6 hours showed normal *Patched2* expression relative to control explants (Fig. 4.1 K-L, n=11/11), suggesting that Shh signaling in these tissues is unperturbed. The reason for this contradictory result is presently unclear, but the r70kDa protein has an N-terminal Strep-II tag which may possibly interfere with its binding to native fibronectin, thus perturbing (or abolishing) its dominant negative action on matrix assembly.

We next interfered with fibronectin binding to its integrin receptors by culturing posterior chick explants in the presence of an RGD peptide. In cell culture, excess RGD inhibits cell-matrix adhesion (Barczyk et al., 2010; Harburger and Calderwood, 2009; Pierschbacher and Ruoslahti, 1984; Yamada and Kennedy, 1984). This excess RGD binds to the RGD-binding pockets of α 5 β 1 and other RGD-binding integrins, disrupting further binding of cells to RGD-containing ECM components, particularly fibronectin. RGD-treated explants showed





normal *Patched2* expression compared to control explants at 6 hours of culture, suggesting that Shh signaling is normal in these conditions (Fig. 4.1 M-N). Thus, both r70kDa and RGD were ineffective in reproducing our previous results with the commercial 70kDa.

We then dialyzed the commercial 70kDa fragment and tested its efficiency in C2C12 cells cultured for 48 hours, which had thus assembled a complex fibronectin matrix. While the fibronectin matrix of cells treated with the d70kDa for 6 hours was similar to that of control cells and seemed unperturbed by the action of the fragment (Sup. Fig. 4.1, B, C), the

morphology and cytoskeletal arrangement of d70kDa-treated cells was altered (Sup. Fig. 4.1 D, E), suggesting that the d70kDa interfered with the geometry and/or density of the fibronectin matrix. We then cultured posterior chick explants in the presence of the d70kDa fragment for 6 hours and assessed *Patched2* expression in these conditions. In d70kDa-treated explants, *Patched2* expression in newly formed somites is more diffuse and less intense when compared to control explants (n=2/2), suggesting a decrease in Shh signaling (Fig. 4.1 O, P, arrowheads).

We next designed a double stranded RNAi against Fn1 to disrupt its expression in the overlying ectoderm and somites. To this end, HH4 embryos were electroporated in PSM and ectoderm precursors on one side of the embryo (Fig. 4.2 A) with either a pCAGGs vector expressing GFP (control, pCAGGs-GFP; Sup. Fig. 4.1 F) or co-electroporated with both pCAGGs-GFP and Fn1-RNAi (Sup. Fig. 4.1 G). Embryos were then cultured in EC culture for 24 hours, and Fn1 expression levels were assessed through RT-qPCR in the electroporated vs non-electroporated sides of control and RNAi-treated embryos (n=4 for each experimental condition). While Fn1 expression levels were variable between different individuals, it was generally similar on the electroporated side compared to the contralateral non-electroporated side in control embryos (Sup. Fig. 4.1 I). In 3 out of 4 RNAi treated embryos there is a slight, but non-significant reduction of Fn1 expression on the electroporated side (Sup. Fig. 4.1 I). We conclude that our RNAi against Fn1 either does not efficiently block Fn1 expression or an insufficient number of surface ectoderm cells (which are the major producers of fibronectin at PSM-levels; Rifes et al., 2007) receive the Fn1-RNAi and, thus, the total Fn1 expression level on the electroporated side is not significantly affected.

We then designed a pCAGGS-GFP vector expressing the 70kDa protein with a myctag in its N-terminal region (myc:70kDa) and electroporated HH4 embryos either with myc:70kDa or pCAGGs-GFP for control (Sup. Fig. 4.1 H). Immunohistochemistry for myc detection did not show any myc protein neither in the fibronectin matrix nor the cytoplasm of myc:70kDa electroporated cells, suggesting that the 70kDa protein is not successfully produced (Sup. Fig. 4.1 J-K).

Finally, we co-electroporated HH4 embryos with pCAGGs-GFP and a pCAGGs vector expressing the quail 70kDa (q70kDa; Sato et al., 2017). As before, control embryos were electroporated with pCAGGs-GFP only. The fibronectin matrix of these embryos is clearly disrupted compared to control embryos, indicating that the q70kDa peptide is both produced and efficiently interferes with *in vivo* fibronectin matrix assembly in our experimental setup (compare Fig. 4.2 B and E. arrows). Moreover, these embryos showed clear morphological defects compared to control embryos (Fig. 4.2 B-G), including detachment of PSM and somites from the surrounding tissues (Fig. 4.2 G, bracket) and abnormal somite shape (Fig. 4.2 E-G). We next addressed *Patched2* expression in pCAGGs-GFP- and q70kDa-electroporated embryos. Surprisingly, *Patched2* in the somites of these embryos appeared very similar (n=10 and n=11, respectively; Fig. 4.2 H-K), contrasting with the phenotype



Fig. 4.2. Electroporation with q70kDa efficiently disrupts fibronectin matrix assembly, but not *Patched2* **expression. (A)** Schematic representation of the electroporation procedure. The area containing precursors of ectoderm/PSM on one side (right or left) of HH4 embryos were electroporated with either pCAGGs-GFP or co-electroporated with both pCAGGs-GFP and q70kDa. **(B-G)** Immunohistochemistry for fibronectin (FN, B, E) and DNA staining (C, F) in sagittal sections of pCAGGs-GFP (B-D) and q70kDa (E-G) electroporated embryos. Arrows point to the fibronectin ECM. Bracket shows detachment of somites from the underlying endoderm in q70kDa electroporated embryos. **(H-I)** – Embryos electroporated with either pCAGGs-GFP (H-I) or q70kDa (J-K) showing GFP (H, J) and *Patched2* (I, K) expression. Arrowheads point to *Patched2* expression in the somites. Scale bars: (B-G) 50 μm, (H-K) 500 μm.

of our 70kDa cultured explants (Fig. 4.1 B-I). These results indicate that although this approach is efficient in disrupting the normal assembly of fibronectin matrix (Fig. 4.2 B-G), it may be insufficient to interfere with Shh signaling in this experimental system (Fig. 4.2 A). Alternatively, *in situ* hybridization may not be sensitive enough to detect potential differences between pCAGGs-GFP- and q70kDa-electroporated embryos. In agreement with this hypothesis, Sato et al. (2017) detected only a slight, albeit significant, downregulation of *Patched1* by RT-qPCR (a much more sensitive technique than *in situ* hybridization) in the somites of embryos where filopodia (and consequently, the normal fibronectin matrix) are disrupted compared to control embryos (Sato et al., 2017).

Despite these technical challenges, the effects on *Patched2* expression observed when explants are cultured in the presence of 70kDa (Fig. 4.1 B-I) are consistent and in agreement with other studies (Sato et al., 2017) and, importantly, are not an artifact caused by the

extra sucrose present in the commercial 70kDa preparation (Fig. 4.1 J, O-P). Thus, taken together, our results identify a previously unknown communication event during paraxial mesoderm development, implicating the fibronectin matrix surrounding PSM and somites in modulating normal Shh signaling in these tissues.

Fn1 expression in newly formed somites is regulated by the notochord

During somitogenesis, Fn1 is strongly expressed by the surface ectoderm, while the PSM shows no Fn1 expression (Rifes et al., 2007). However, as soon as the somite is formed, Fn1 expression starts in its ventral and caudal sides (Rifes et al., 2007; Sato et al., 2017; Fig. 4.3 A). In the quail embryo, Fn1 expression in the ventral epithelial somite and endoderm leads to the production of thick fibronectin fibrils, designated fibronectin pillars. These fibronectin pillars connect the ventral somite and the underlying endoderm and stabilize filopodia, which protrude from the ventral somitic cells and contact the endoderm (Sato et al., 2017). These filopodia are essential for normal Shh signaling in the ventral somite (Sato et al., 2017).

As soon as a new pair of somites forms, Shh produced by the notochord acts to specify the ventral somite to form the sclerotome (Fig. 4.3 B; Christ and Ordahl, 1995). Strikingly, the emergence of Fn1 expression in the ventral somite at this stage suggests that Fn1 expression itself may be controlled by Shh signaling during this process. Indeed, somitic expression of Fn1 occurs in the same domains as active Shh signaling, as viewed by *Patched2* expression (Fig. 4.3 A, C, arrows).

To test if Fn1 expression in the ventral somite is under the influence of notochordderived Shh, posterior chick explants were bisected down the midline, removing the notochord from one explant half (Fig. 4.4 Aa, No-) while maintaining the notochord intact in the contralateral explant (No+, Fig. 4.4 Aa). Explants were then cultured for 6 to 12 hours. This manipulation effectively abolishes Shh signaling in the No- explant after 6 hours of culture, as viewed by the strong downregulation of Patched2 expression in the Noexplant compared to the contralateral notochord-containing controls (Fig. 4.4 Ab). We then assessed *Fn1* expression in the ventral somite under these conditions. In the absence of the notochord, Fn1 expression in the ventral somite is strongly upregulated compared to that of the contralateral controls (Fig. 4.4 B-J, arrowheads, K). This is the case for 100% of analyzed explants cultured for 6 (n=11/11) and 7.5 (n=3/3) hours, while normal expression of *Fn1* is progressively restored in 25% and 50% of explants cultured for 9 (n=3/4 with increased Fn1 expression) and 12 hours (n=3/6), respectively (Fig. 4.4 B-J, arrowheads, K). These results suggest that notochord-derived signals negatively regulate *Fn1* expression in the ventral somite for at least 7.5 hours of culture and that *Fn1* expression is partially restored, through a yet unknown mechanism, when explants are cultured for 9 and 12 hours. This increase of *Fn1* production by the ventral somite in the absence of notochord does not appear to result



Fig. 4.3. *Fn1* **expression in the somite occurs in sites of active Shh signaling. (A-C)** Transverse sections of SII-SIII of HH12 embryos processed for *in situ* hybridization for *Fn1* (A), *Shh* (B) and *Patched2* (C). Arrows point to *Fn1* (A) and *Patched2* (C) expression domains in the somite. Scale bars 50 μm.

in evident changes in the organization or morphology of the fibronectin matrix surrounding this tissue, although an increase in fibronectin content is evident in the somitocoel of No-explants compared to contralateral No+ controls (Fig. 4.4 L-M, arrows).

Fn1 is strongly expressed in the ventral region of somites which in HH18 embryos have already completed an epithelial to mesenchymal transition (EMT) to give rise to the mesenchymal sclerotome (Gomes de Almeida et al., 2016). Indeed, upregulation of Fn1 expression is common in embryonic tissues undergoing EMT, including neural crest cells, primitive streak cells and endocardial cushions, possibly aiding their migration (Gomes de Almeida et al., 2016; Mittal et al., 2010). Thus, in the newly formed somite, the notochord may be negatively controlling *Fn1* expression to avoid the precocious activation of the EMT program. We could not determine if the increase in Fn1 expression and fibronectin-content of the somitocoel in notochord-ablated explants resulted in precocious dispersal of the sclerotome, since culturing notochord ablated explants for longer periods results in increased cell-death (Hirano et al., 1995). Thus, to test this hypothesis, we attempted to overexpress *Fn1* by electroporating HH4 embryos with a pCAGGs vector expressing the full quail *Fn1* gene, with EGFP inserted between the third and fourth type III domains of the fibronectin protein (qFN-EGFP; Sato et al., 2017). However, electroporation was inefficient and no expression of qFN-EGFP was observed (data no shown), possibly due to the large size of the plasmid (~15Kb).

Nevertheless, our results strongly suggest that notochord-derived signals, possibly Shh, negatively modulate fibronectin production in the ventral somite at these stages.

Fn1 expression in the ventral somite is regulated by Shh

To assess whether Shh is the notochord-derived signal regulating Fn1 expression in the ventral somite, we added cyclopamine to the culture medium of No+ bisected explants. Cyclopamine inhibits Smoothened (Chen et al., 2002a; Chen et al., 2002b; Incardona et al., 1998), a core mediator of the Shh signaling pathway (Ingham and Placzek, 2006). Thus, while one explant half has no notochord and, thus, no source of Shh (No-), the contralateral explant half retains the intact notochord, but the added cyclopamine blocks the transduction



Fig. 4.4. *Fn1* expression in the ventral somite is under the control of notochord-derived signals. (A) (a) Schematic representation of notochord-ablated explants. Posterior chick explants were bisected down the midline removing the notochord from one of the sides (No-) while the contralateral explant half retains the tissue (No+). Both explants were cultured in control medium for 6 to 12 hours. (b) *In situ* hybridization for *Patched2* in No+/No- explants cultured for 6 hours. **(B-J)** – *In situ* hybridization for *Fn1* in No+ and No- explants cultured for 6 (B-D), 7.5 (E-G) and 9 hours (H-J). Transverse sections of contralateral explant pairs with increased *Fn1* expression in the ventral somite of No- explants at 6, 7.5, 9 and 12 hours. **(L-M)** – Immunohistochemistry for fibronectin (green) and DNA (blue) in transverse sections of No+ (L) and No- (N) contralateral explants at 6 hours. Scale bars: (B, E, H) 200 μ m; (C-D, F-G, H-I, L-M) 50 μ m. nt – neural tube, s – somite, e – ectoderm, n – notochord, FN - fibronectin.

of the Shh signaling pathway (No+Cyclo, Fig. 4.5 Aa). Under these conditions, Shh signaling is effectively blocked, as *Patched2* expression in No+cyclo explants is downregulated to comparable levels as observed in No- contralateral halves (Fig. 4.5 B). If Shh signaling is negatively regulating *Fn1* expression in the ventral somites, its expression is also expected to be comparable between these contralateral explant halves. Indeed, 40% (n=6/15) of cyclopamine-treated explants showed similar *Fn1* expression levels in the ventral somite when compared to contralateral No- explant halves (Fig. 4.5 C-E). Furthermore, the fibronectin matrix, including the matrix in the somitocoel, was also similar between the two types of explants (Fig. 4.5 F, G). Thus, inhibiting Shh signaling recapitulates the effect of removing the notochord in *Fn1* expression of the ventral somites in these explants.



Fig. 4.5 – One of the notochord-derived signals regulating *Fn1* expression in the somite is Shh. (A) Schematic representation of (a) No+ explants cultured with cyclopamine (No+cyclo), (b) No- explants cultured with SHH (No+SHH) and (c) notochord- and lateral mesoderm ablation (No-Lat-). (B) *In situ* hybridization for *Patched2* in No+cyclo and contralateral No- explants. (C-E) *In situ* hybridization for *Fn1* in No+cyclo and contralateral No- explants. Transverse sections of contralateral No+cyclo (D) and No- (E) explants are shown, arrows point to *Fn1* expression in the somite. (F-G) Sagittal view of whole mount immunohistochemistry for fibronectin in No+cyclo (F) and No- (G) explants. (H-J) *In situ* hybridization for *Fn1* in No+ and contralateral No- +SHH explants. Transverse sections of contralateral No+ (D) and No- +SHH (E) explants are shown, arrows point to *Fn1* expression for *Fn1* in No+ and No-Lat- explants. Scale bars: (B, C, H, K) 500 µm; (D-G, I-J) 50 µm. no – notochord, nt – neural tube, s – somite, en – endoderm, FN – fibronectin, Cyclo - cyclopamine

However, 60% of cyclopamine-treated explants (n=9/15) did not show this phenotype. Furthermore, adding exogenous Shh protein to notochord-ablated explants (Fig. 4.5 Ab) was not effective in bringing Fn1 expression levels in the ventral somite to that of the contralateral notochord-containing controls (Fig. 4.5 H-J). These results suggest that while Shh signaling has a role in controlling Fn1 expression in the ventral somite, and its absence results in an abnormal increase of Fn1 production in this tissue, more notochord-derived factors are contributing to this phenotype.

One candidate for mediating this increase in Fn1 expression in the ventral somite is BMP produced by the lateral plate mesoderm. The notochord is a known source of several BMP antagonists that counteract lateral mesoderm-derived BMP signaling in the medial structures (Dietrich et al., 1997; Nimmagadda et al., 2005). In the absence of notochord, these BMP antagonists will also be absent, possibly resulting in an increase of BMP signaling in the medial and ventral somite. To test this hypothesis, the lateral plate mesoderm from notochord-ablated explants was removed (Fig. 4.5 Ac, No-Lat-), thus removing the source of BMP. Under these conditions, Fn1 is still upregulated in the somites of No-Lat- explants compared to the contralateral controls at 6 hours of culture (Fig. 4.5 M), suggesting that an increase of BMP signaling is not mediating this phenotype in No- explants. However, removing the lateral plate mesoderm may not result in complete absence of BMP, since cells are still gastrulating in the posterior end of the explant, thus generating new mesoderm that can potentially restore BMP signaling under these conditions. Chemical inhibition of BMP signaling in No- explants will be useful to clarify this issue.

Overall our results demonstrate that the notochord negatively regulates Fn1 expression in the ventral epithelial somite of chick embryos and that Shh is a major player in this process.

Discussion

Shh regulates Fn1 expression in the ventral somite

Several situations where cross-talk between Shh and the ECM elicits distinct cellular responses have been described (Blaess et al., 2004; Chan et al., 2009; Fournier-Thibault et al., 2009; Pons and Martí, 2000; Witt et al., 2013). Indeed, depending on the developmental context, Shh interacts with different ECM components to promote either cell survival, proliferation, fate and differentiation. However, examples where Shh interacts with fibronectin are scarce. Shh activates fibronectin expression in cultured renal fibroblasts (Ding et al., 2012) and endocardial precursors of zebrafish embryos (Wong et al., 2012). Here we describe a novel interaction between Shh and fibronectin, whereby the fibronectin matrix plays a role in the delivery (transport and/or presentation to receptors) of Shh to ventral somitic cells, where Shh negatively regulates Fn1 production. This is in agreement with results from zebrafish embryos where ectopic Shh inhibits fn1b expression in the PSM and somites (Chengtian et al., 2002), further supporting our hypothesis that notochord-derived

Shh negatively regulates fibronectin in this context.

While 40% of cyclopamine-treated chick explants recapitulate the increase in Fn1 expression of notochord-ablated explants, 60% maintained normal Fn1 expression levels compared to No- contralateral explants, suggesting that more notochord-derived factors negatively regulate Fn1 in the ventral somite, or that Shh acts both through canonical (involving Smoothened) and non-canonical (not involving Smoothened) pathways (Jenkins, 2009). Although adding Shh protein to the culture medium of No- explants did not reduce Fn1 expression to the levels seen in No+ explants, thus arguing against the hypothesis that Shh is the only notochord-derived factor repressing Fn1 expression in the epithelial somite, experiments using a higher concentration or locally applied Shh need to be done before drawing definitive conclusions.

What other notochord-derived signals could be regulating Fn1 expression in the ventral somite?

Shh is one of at least three major morphogen families acting on the epithelial somite to orchestrate its dorso-ventral patterning. Wnt signals from the ectoderm counteract ventralizing signals from the notochord, specifying dorsal structures, while BMP4 produced by the lateral plate mesoderm induces the differentiation of the lateral somitic compartment (Dietrich et al., 1997). BMP signaling is inhibited in the ventral and medial somite by notochord-derived BMP antagonists, including noggin, chordin and follistatin (Nimmagadda et al., 2005). In the absence of the notochord, the ventralizing signals counteracting BMP and Wnt are also removed, and the signaling domain of these morphogens expands in the somite (Bothe et al., 2007; Dietrich et al., 1997). This may result in the ectopic or precocious over-activation of *Fn1* production of notochord-ablated explants.

Interestingly, both Wnt and BMP have been described to activate both fibronectin expression and assembly in other contexts. Wnt activates fibronectin expression in cultured *Xenopus* fibroblasts and the non-canonical Wnt Planar Cell Polarity pathway is needed for correct fibronectin assembly during *Xenopus* gastrulation (Dzamba et al., 2009; Gradl et al., 1999). Similarly, in the mouse developing lung, inhibition of Wnt signaling by ectopic expression of its antagonist Dkk1 results in decreased fibronectin deposition leading to defective branching of the tissue (De Langhe et al., 2005). BMP induces both the expression and assembly of fibronectin in cultured osteoblasts (Tang et al., 2003).

We removed the lateral plate mesoderm (and, thus, the major source of BMP) in Noexplants, but this did not reduce Fn1 expression to control levels. Future studies need to address whether BMP signaling is completely absent under these conditions. Moreover, a set of experiments using externally provided BMPs and Wnts, as well as chemical inhibitors of their signaling pathways, should be performed to systematically assess whether they regulate Fn1 expression in this system. Finally, it is interesting to note that in the *Xenopus* foregut precursors, BMP is needed for the correct assembly of fibronectin between the mesoderm and endoderm, which is in turn required for the maintenance of BMP signaling in these cells, promoting the correct development of pancreas, lung and liver (Kenny et al., 2012). This crosstalk between the fibronectin matrix and BMP is reminiscent of the communication between fibronectin and Shh that we describe in this study, suggesting that morphogen and ECM mutual regulation may more be common during development than previously appreciated.

Fn1 expression and sclerotomal EMT

Fibronectin is considered an EMT marker in both development and disease, facilitating cell migration after de-epithelialization (Kalluri and Weinberg, 2009; Pankov and Yamada, 2002; Thiery and Sleeman, 2006). During early development, fibronectin is both produced and assembled in many tissues undergoing EMTs, including the primitive streak, endocardial cushions, dermis and neural crest cells (Duband et al., 1986; Gomes de Almeida et al., 2016; Mittal et al., 2010), possibly aiding their migration and survival (Goh et al., 1997; Kalluri and Weinberg, 2009; Mittal et al., 2010).

The sclerotome of both chick and mouse embryos also assembles a fibronectin matrix in this autocrine fashion upon EMT activation, which occurs around somite stage SX in HH12 chick embryos (Gomes de Almeida et al., 2016; Rifes and Thorsteinsdóttir, 2012). This EMT has been shown to be independent of notochord-derived signals, since the ventral wall of somites separated from both the neural tube and notochord still deepithelializes (Hirano et al., 1995). In fact, our results suggest that not only activation of sclerotomal EMT is independent of the notochord, but the notochord may actually inhibit the precocious activation of fibronectin production and, thus possibly the EMT itself, at this somitic stage. This hypothesis is further supported by the altered morphology of the somites of No- explants, which are less rounded compared to those of contralateral No+ controls (Fig. 4.4 L-M). Moreover, in HH18 chick embryos, BMP antagonists Noggin and Chordin are strongly produced by the caudal notochord at the level of epithelial somites, while the notochord from more anterior regions, where ventral somites have already undergone an EMT, Noggin and Chordin expression is reduced (Nimmagadda et al., 2005). Indeed, BMP has been found to promote the EMT of endocardial cushions in the developing heart, where fibronectin assembly is also autocrine (Gomes de Almeida et al., 2016; Ma et al., 2005). In addition, from HH20 onwards, BMP signaling must be active in the sclerotome to promote chondrogenic differentiation (Murtaugh et al., 1999; Schweitzer et al., 2001).

Altogether these results combined with the results presented in this study, are compatible with the hypothesis that the notochord near epithelial somites could attenuate both BMP signaling and Fn1 expression to prevent precocious activation of the EMT program in the ventral somite. In the absence of notochord, both Shh protein and BMP antagonists are

absent, leading to increased Fn1 expression in the ventral somite and a precocious activation of EMT.

Shh and fibronectin crosstalk to mediate normal somite development

Our results strongly suggest that Shh and fibronectin extracellular matrix cooperate during somite development (Fig. 4.6). The fibronectin matrix surrounding the anterior PSM and newly formed somites is essential for normal Shh signaling in these tissues (Sato et al., 2017; this study). Shh is known to regulate the pace of somite formation in the anterior PSM (Resende et al., 2010) and, as soon as the somite is formed, it specifies the ventral somite to become the sclerotome (Ebensperger et al., 1995). Conversely, our results indicate that Shh signaling acts in concert with other yet unknown notochord- regulated pathways to attenuate Fn1 expression in ventral somite, which we hypothesize may assure that it is maintained at low levels before activation of the EMT program and sclerotome dispersal, when Fn1 is strongly upregulated (Gomes de Almeida et al., 2016). Thus, we propose that an intricate cross-regulation of Shh signaling in the PSM and somites and fibronectin matrix production by the somite is needed to coordinate timely somite morphogenesis and differentiation.



Fig. 4.6 – **Working model.** Fibronectin pillars (green) supporting filopodia from the ventral somite cells are required for normal endoderm-derived Shh (purple) signaling in this tissue (Sato et al., 2017). Conversely, Shh, through canonical and possibly also non-canonical signaling, acts in concert with other unknown notochord derived signals to negatively regulate Fn1 expression in the ventral somite (this study). We hypothesize that the levels of Fn1 expression are tightly controlled, as strong upregulation of Fn1 is coincident with sclerotomal dispersal during EMT at later stages (Gomes de Almeida et al., 2016), but some Fn1 expression is needed for producing the ventral fibronectin pillars at this stage (Sato et al., 2017). Both EMT and Fn1 expression may be dependent on BMP signals derived from the lateral plate mesoderm (orange). Accordingly, BMP antagonists (pink) produced by the notochord, may be the notochord-derived signal cooperating with Shh to negatively regulate Fn1 expression, by inhibiting BMP signaling. nt – neural tube, fp – floor plate, not – notochord, endo – endoderm; lpm – lateral plate mesoderm.

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Supplementary figures



Supplementary Fig. 1. (A) Western blot showing the presence of recombinant 70kDa (r70kDa) in the culture medium of transfected Hek293 cells. (B-E) Immunocytochemistry for fibronectin (B, C) and F-actin (D, E) in control (B, D) and d70kDa-treated C2C12 cells (C, E). Arrows point to F-actin staining. (F-H) GFP expression in embryos electroporated with pCAGGs-GFP (F), *Fn1*-RNAi (G) and myc:70kDa (H). (I) RT-qPCR results showing relative normalized *Fn1* expression in the electroporated vs non-electroporated sides of pCAGGs-GFP- and *Fn1*-RNAi -treated embryos. Adjacent bars of the same color represent the two sides of one embryo, N marks non-electroporated sides, E marks electroporated sides. Bars represent the standard error of the mean. (J-K) Immunohistochemistry for fibronectin (FN, J) and myc (K) on a transverse section of a myc:70kDa electroporated embryo. Scale bars: (B-E, J-K) 50 μ m; (F-H) 500 μ m.

Chapter 5

Discussion

Learn how to see. Realize that everything connects to everything else. — Leonardo da Vinci

Discussion

The work presented in this thesis emphasizes the dynamic nature of fibronectin matrix assembly and function throughout early vertebrate development, particularly during paraxial mesoderm maturation and morphogenesis. Our work contributes to the increasing perception that the ECM is undoubtedly much more than just a packing material, providing structural support for cells and tissues. In fact, the ECM – and fibronectin in particular – is an active, pivotal player guiding tissue interactions and rearrangements, maintaining tissue topology, and directly participates in the genetic regulation of developmental processes, providing the cells with both chemical and mechanical cues that are transduced intracellularly to regulate cell function and behavior.

1. Fibronectin ECM as an active player regulating paraxial mesoderm development

Fibronectin is one of the most ubiquitous ECM components during early vertebrate development, as it closely associates with the mesoderm, including the paraxial mesoderm, during its formation and maturation (Chapter 2, Duband et al., 1987; Harrisson et al., 1984; Rifes and Thorsteinsdóttir, 2012; Rifes et al., 2007). The most striking evidence for the requirement of fibronectin for normal mesoderm development came from the analysis of *Fn1*-null mouse embryos, where the absence of fibronectin matrices correlates with severe deficiencies in most mesodermal tissues and embryos die at or before E10.5 (George et al., 1993). The work presented in this thesis provides new insights into how the fibronectin ECM regulates the formation and maturation of paraxial mesoderm. We show that fibronectin assembly, production and function is highly dynamic during early paraxial mesoderm development, from gastrulation stages to the maturing sclerotome (Chapter 2, 3 and 4). Importantly, changes in fibronectin dynamics of assembly and production are frequently correlated with morphogenetic events throughout the different stages of paraxial mesoderm maturation (Chapter 2). Here I will discuss our findings about fibronectin assembly during (1) gastrulation of mesodermal precursors, (2) PSM maturation and (3) sclerotome formation, and I will integrate these results with the current knowledge about fibronectin functions in these contexts.

1.1 Fibronectin dynamics during gastrulation

As previously described by Harrison et al. (1984), we confirmed that during the earliest stages of development, fibronectin separates the epiblast from the underlying mesoderm, forming a continuous sheet that is interrupted in the primitive streak, where cells are gastrulating (Chapter 2, Harrisson et al., 1984). The assembly of a fibronectin matrix is in fact important for normal gastrulation, as it is initiated both in $Fn1^{-/-}$ and $\alpha 5^{-/-}/\alpha v^{-/-}$ embryos,

but later becomes defective (George et al., 1993; Georges-Labouesse et al., 1996; Yang et al., 1999). Moreover, both fibronectin and α 5 β 1 integrin are necessary for the correct formation of the mammalian node (Pulina et al., 2014) and, while the disruption of this fibronectin ECM does not impair epiblast cell ingression through the streak, their subsequent lateral migration is significantly impaired, as they depend on the upper layer matrix to attach and migrate (Duband and Thiery, 1982; Harrisson et al., 1993). Thus, while the fibronectin matrix lining the epiblast is important for separating both tissues and promoting cell migration, ingression of epiblast cells is accompanied by matrix remodeling (Chapter 2, Duband and Thiery, 1982; Harrisson et al., 1993).

Strikingly, we have found that fibronectin assembly in the chick node during gastrulation is autocrine (Chapter 2). This is not the case in the mouse, where Fn1 is expressed by cells around the node, while the ventral node expresses *Itga5* and is delimited by fibronectin matrix (Chapter 2, Pulina et al., 2011), suggesting a paracrine mode of assembly. Thus, at least in the mammalian embryo, a particular form of paracrine communication between tissues occurs where fibronectin provided by cells surrounding the node (Chapter 2) is important for node morphogenesis (Pulina et al., 2014). In the chick, although there is an autocrine mode of fibronectin assembly in the node, there is an exchange of macromolecules from the hypoblast to the basement membrane of the epiblast, highlighting the dynamic communication between both tissues during gastrulation and the involvement of extracellular components in the process (Harrisson et al., 1985).

1.2 Morphogenetic events in PSM maturation correlate with changes in fibronectin dynamics

In Chapter 2, we showed that paraxial mesoderm precursors ingressing from the avian primitive streak assemble fibronectin in an autocrine fashion, but once cells enter the PSM, fibronectin production drops considerably (Chapter 2). Here, both chick and mouse embryos show a paracrine form of fibronectin matrix assembly in that the PSM cells do not produce their own fibronectin matrix; rather, *Fn1* is expressed by the overlying ectoderm (Chapter 2, Rifes et al., 2007). Since the PSM expresses fibronectin-binding integrins (Chapter 2, Rifes et al., 2007) the fibronectin dimers provided by the ectoderm will be received by the cells at the PSM surface where integrins are active (Jülich et al., 2015). Moreover, integrin protein levels appear to exist in a posterior to anterior gradient (Rallis et al., 2010) and, over time, the matrix becomes increasingly more complex and dense as the PSM cells mature and become more anterior (Rifes and Thorsteinsdóttir, 2012). Our results in Chapter 3 are consistent with a model where in the anterior-most region of the PSM, fibronectin matrix signaling feeds into other pathways regulating the speed and/or intensity of segmentation clock oscillations and, consequently, Mesol positioning, thus defining the region where the future segment boundary will be formed. This model is further supported by studies in vitro where mechanical signaling though YAP was shown to dampen clock oscillations

on cells grown on fibronectin (Hubaud et al., 2017). Once events downstream of *Mesol* initiate cleft formation, fibronectin assembly in the nascent cleft will help establish the individualization of adjacent somites (Chapter 3, Koshida et al., 2005; Martins et al., 2009; Rifes and Thorsteinsdóttir, 2012; Rifes et al., 2007), and together with cell-adhesion proteins which are also upregulated in this region (Chapter 3; Duband et al., 1987; Linask et al., 1998) they maintain anterior PSM cells in their respective cohort. This allows for cellular cohesion within a fibronectin matrix that has a maturation and complexity state capable of supporting the cellular rearrangements needed for somite epithelialization.

1.3 Fibronectin is involved in sclerotome specification and morphogenesis

Paraxial mesoderm cells reactivate Fn1 expression once the somite epithelializes and Fn1 expression becomes activated specifically in the most ventral and caudal region of the somite (Rifes et al., 2007). Thus, whereby cells receive and integrate fibronectin protein and signals in a paracrine fashion while still in the PSM, the epithelial somite initiates fibronectin production, thus assembling dimers from paracrine and autocrine sources (Chapter 2, Rifes et al., 2007). Fibronectin production by the caudal portion of the recently-formed somite may contribute to the matrix being assembled in the somitic cleft, further establishing the cohesion of this segment and separating the nascent somite from the anterior PSM (Chapter 2, Chapter 3, Rifes and Thorsteinsdóttir, 2012; Rifes et al., 2007). In addition, fibronectin production by the ventral somite, probably a part of the maturation program of the sclerotome, contributes to the fibronectin ECM assembled in the ventral sclerotome (Chapter 2, Chapter 4). This fibronectin is in turn crucial for Shh signaling in this tissue, as fibronectin pillars are required for the formation of the ventral somitic filopodia that receive Shh from the underlying endoderm (Sato et al., 2017). Importantly, we found that this caudoventral domain of fibronectin expression is under the control of notochord-derived signals, including Shh (Chapter 4).

Strikingly, the fibronectin matrix lining the ventral region of the somite is maintained even after epithelial markers are downregulated in somite SX of HH12 chick embryos (Rifes and Thorsteinsdóttir, 2012), raising the interesting possibility that it has a role in containing this compartment until the proper time for full de-epithelialization and dispersion. Why this process has to be contained is presently unclear but may have to do with other developmental events occurring in the segments, like neural crest cell migration or the formation of intersegmental blood vessels (Carmeliet, 2003; Guillory and Bronner-Fraser, 1986; Krull, 2001). Increased fibronectin production and assembly has been shown to be closely associated with EMT induction in cultured cells (Camara and Jarai, 2010; Chen et al., 2013) and EMT and invasiveness in cancer (Park and Schwarzbauer, 2014). Accordingly, we also found that Fn1 expression is strongly upregulated in the already dispersed mesenchymal sclerotome of 3-day chick embryos and E11.5 mouse embryos and a strong, dense fibronectin matrix is

found throughout the whole tissue, in close association with the mesenchymal sclerotomal cells (Chapter 2). Thus, increased fibronectin production in the ventral sclerotome and the adoption of an autocrine mode of assembly are associated with the conspicuous EMT that is the hallmark of sclerotome formation (Chapter 2, Christ et al., 2007).

To date, only a few studies have addressed the role of the ECM in sclerotome morphogenesis. It is known that the sclerotome synthetizes hyaluronic acid and chondroitin sulfate proteoglycans that allow its expansion and the dispersal of sclerotomal cells towards the notochord (Solursh et al., 1979). After sclerotome dispersal, only the posterior half maintains chondroitin sulfate production, restricting neural crest cell migration to the anterior sclerotome, as chondroitin sulfate has a repelling action in these cells (Kubota et al., 1999). Intriguingly, after sclerotomal resegmentation in the chick, only the medial and posterior sclerotomes express Fn1 mRNA, while the anterior sclerotome contains a seemingly more complex fibronectin matrix (Chapter 2). This matrix may potentially have a role in guiding and promoting the anterior-restricted neural crest cell migration through the sclerotome (Kuan et al., 2004). Moreover, this discrepancy in fibronectin expression between the caudal and rostral halves of the sclerotome suggests that differential fibronectin production and assembly may aid establishing and separating the different regions of the tissue, necessary for proper vertebrae development (Chapter 2, Mansouri et al., 2000).

2. Fibronectin extracellular matrix as the missing link coordinating clock oscillations and timely somite morphogenesis

Since its first discovery in the chick embryo (Palmeirim et al., 1997), extensive efforts have been made to better understand the dynamics and functions of the segmentation clock, with particular emphasis on how the cyclic oscillations of gene expression are established and controlled (Harima et al., 2013; Herrgen et al., 2010; Hirata et al., 2004; Kageyama et al., 2012; Kim et al., 2011; Liao et al., 2016; Niwa et al., 2007; Schröter et al., 2012; Shih et al., 2015; Tsiairis and Aulehla, 2016). Another issue that is still not fully understood is how the travelling in-phase and anti-phase waves of the expression of tens to almost a hundred different Notch, Fgf- and Wnt-related genes, which sweep the PSM from caudal to rostral, are translated into the periodic morphogenesis of somites from the anterior-most end of the PSM (Krol et al., 2011; Sonnen et al., 2018; Stern and Piatkowska, 2015).

A generally unappreciated feature of somitogenesis is that it consists of the combination of distinct events, namely (1) segmentation clock oscillations, (2) segment boundary specification, (3) cleft formation and epithelialization of the posterior somitic border, and (4) the full epithelialization of all somite sides (i.e. the formation of a rosette of spindle-shaped cells), all of which span the time period from stage S-II to stage SII (Martins et al., 2009; McColl et al., 2018). These four different processes, albeit concomitant, can be experimentally uncoupled. For example, culturing isolated PSMs for 180 min in the absence of the overlying ectoderm abrogates both cleft formation and somite epithelialization, even in the presence of normal *Hairy1* oscillations and normal expression of *Meso1* and *Paraxis* (Palmeirim et al., 1997; Rifes et al., 2007). Moreover, in *Paraxis*-null mouse mutants, *Lnfg* expression is maintained and segment boundaries are formed and normally spaced, but these segments do not epithelialize (Burgess et al., 1996; Johnson et al., 2001). Remarkably, interfering with segmentation clock oscillations results in deficient rostro-caudal patterning of the formed somite-like segments, resulting in the formation of severely abnormal vertebrae (Oginuma et al., 2010). Thus, the exquisite coordination of all these different processes is necessary for both normal and timely somite morphogenesis and segment patterning.

In Chapter 3, we provide evidence that the fibronectin matrix surrounding the PSM in the avian embryo may be the missing player responsible for linking and coordinating these four processes. Notably, we found that the state of fibronectin matrix assembly and the ROCKmediated mechanotransduction pathway of PSM cells have a role in regulating the dynamics of *Hairy1* and *Hairy2* expression and *Meso1* positioning as well as the morphogenesis of the nascent somitic boundary, suggesting that the fibronectin matrix surrounding the PSM coordinates both gene expression and morphogenesis. Although Blebbistatin-treated explants were the only one of our experimental treatments that fully blocked the epithelialization of somites, fibronectin is also likely to be required for this event. Indeed, enzymatic removal of fibronectin from isolated chick PSM leads to the same phenotype as Blebbistatin-treatment, which can be rescued by adding fibronectin to the medium (Rifes et al., 2007).

Here, our findings from Chapter 3 will be confronted with the current knowledge of how segmentation clock oscillations, boundary morphogenesis and somite epithelialization are regulated, and an integrated view of the fibronectin functions in this context will be proposed (see Fig. 5.1 for a schematic representation and summary).

2.1 Fibronectin ECM in control of segmentation clock oscillations

The period at which segmentation clock genes oscillate matches the period of rhythmic somite formation in all species studied, suggesting that the genetic oscillations underlie, and are translated into, periodic somite formation (Bailey and Dale, 2015; Gomez et al., 2008; Palmeirim et al., 1997; Schröter et al., 2008). However, recent studies in the zebrafish have put into evidence that the period of genetic oscillations in the PSM is not constant. Remarkably, the traveling waves of Notch-related gene expression arriving at the anterior PSM slow down before arresting, thus creating a velocity gradient in which the segmentation clock is faster in the posterior PSM relatively to the anterior portion (Shih et al., 2015). These are consistent with results from mathematical modeling in mouse studies (Niwa et al., 2011), suggesting it may be a widespread phenomenon.

Genetic oscillations of Notch-related genes in the anterior PSM are thought to periodically activate Mesp2/Meso1 expression (Saga, 2012). Our results from Chapter

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Fig. 5.1. Schematic representation of the current understanding of the different processes underlying somite formation. (A) Schematic representation of the gradients of Wnt, Fgf, fibronectin and $\alpha 5\beta 1$ in the anterior PSM and early somites, showing pERK and Notch signaling oscillations and β-catenin nuclear localization. Note that oscillations of pERK and Notch-related clock genes are in anti-phase in the anterior third of the PSM. Moreover, this region has lower levels of Wnt and Fgf signaling and has a more complex fibronectin matrix that engages more integrins compared to the posterior region of the PSM. (B) Close-up of the boxed region in A. In the anterior PSM the fibronectin matrix has reached a certain complexity, which transduces mechanical signals via $\alpha 5\beta 1$ and ROCK (and probably also YAP), which dampens segmentation clock oscillations [1]. Before stopping, these Notch signaling oscillations upregulate Meso1 expression in S-II [2], an area where pERK levels are low and Tbx6 is expressed. Mesol stays expressed until S-II becomes S-I and its expression domain narrows to become restricted to the anterior region of the prospective segment. While expressed, Mesol inhibits Notch signaling [3] and activates PAPC [4]. PAPC in the anterior region of S-I promotes endocytosis of N-cadherin (Ncad), reducing cell-cell adhesion and releasing its repression on α 5 β 1 integrin activation [5]. Meso1 also activates the expression of EphA4 [6], which binds to EphrinB2 on the membrane of cells immediately anterior to the next segment boundary, inducing the formation of a cleft [7]. EphrinB2 further promotes α 5 β 1 activation [8] and the subsequent assembly of fibronectin into a fibrillar matrix in the nascent cleft [7] further stabilizes the boundary. Meanwhile, EphrinB2 and Paraxis synergize to negatively regulate Cdc42 activity [9]. Lowered levels of Cdc42 activity allows for the activation of MET-inducing genes by Paraxis, which, together with increased fibronectin assembly, promotes the full epithelialization of the posterior border of S0 [10].

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PAPC

3 demonstrate that interfering with fibronectin matrix assembly and its downstream mechanotransduction pathway impairs clock oscillations as well as *Mesol* expression. Our results are in accordance with a recent study in cultured mouse PSM cells and explants, in which fibronectin substrate influenced the pace of *Lnfg* oscillations, as visualized by the LuVeLu reporter (a fluorescent Venus reporter driven by the promoter of *Lnfg*; Hubaud et al., 2017). Indeed, culturing these cells in the presence of fibronectin slowed down LuVeLu oscillations in a Yap-dependent manner. Fibronectin-adhesion of cultured cells has been found to activate YAP nuclear activity in other contexts, in FAK-, ROCK- and talin-dependent manners (Dupont et al., 2011; Elosegui-Artola et al., 2016; Kim and Gumbiner, 2015; Tang et al., 2013), suggesting that YAP modulation downstream of fibronectin-integrin adhesions is common and may normally occur in the PSM (Hubaud et al., 2017).

Strikingly, LuVeLu oscillations are only sustained for longer periods in the presence of ROCK inhibitors, as culturing PSM cells in their absence results in progressive dampening of LuVeLu oscillatory activity and segmentation of the self-assembled miniature PSM (Hubaud et al., 2017; Lauschke et al., 2013; Tsiairis and Aulehla, 2016), suggesting that increased ROCK activity slows down oscillations. Together, these and our results (Chapter 3) point to the possibility that an increase in fibronectin matrix complexity in the anterior PSM detected and transduced by integrins, results in both increased ROCK and YAP activity, leading to the dampening of segmentation clock oscillations in this region (Chapter 3, Hubaud et al., 2017). Another player downstream of fibronectin-integrin binding and, thus, possibly acting in this context is β-catenin (Bielefeld et al., 2011; Kim and Gumbiner, 2015), which is mostly localized in the nucleus in the posterior PSM cells as a consequence of high Wnt signaling in this region (Aulehla and Pourquié, 2008); however, in the anterior PSM, β-catenin is in the cytoplasm, where it localized in the membrane (Aulehla and Pourquié, 2008). The removal of β -catenin from the nucleus is crucial for the timely abrogation of segmentation clock oscillations, as continued nuclear β -catenin activity results in an anterior expansion of the PSM domain with oscillatory genetic activity and anteriorized Mesol positioning (Aulehla and Pourquié, 2008). In the rostral PSM, lower levels of Wnt signaling and, thus, decreased nuclear β-catenin activity are accompanied by an increase in N-cadherin protein-mediated cell adhesion (Linask et al., 1998; McMillen et al., 2016), β1 integrin protein (Rallis et al., 2010) and fibronectin matrix assembly and complexity (Rifes and Thorsteinsdóttir, 2012), which all potentially contribute to the maintenance of β -catenin in the cytoplasm rather than in the nucleus (Aulehla and Pourquié, 2008). Accordingly, this correlates with increased tissue tension in both zebrafish (Serwane et al., 2017) and chick (Nelemans, 2018), probably derived from increased matrix- and cell-cell adhesion in the anterior PSM (Linask et al., 1998; Rifes and Thorsteinsdóttir, 2012), where cell density and tissue compaction is also higher (Bénazéraf et al., 2017). Thus, it is conceivable that in addition to controlling of ROCK and YAP activity, thus promoting the dampening of segmentation clock oscillations in the anterior PSM, fibronectin matrix signaling also feeds into the Wnt- and N-cadherinmediated control of β -catenin localization in these cells, progressively stabilizing its localization in cell-cell adhesions as opposed to in the nucleus, and thus contributing to the slowing down of segmentation clock oscillations (Fig. 5.1, Chapter 3, Aulehla et al., 2008; Rifes and Thorsteinsdóttir, 2012).

2.2. Segment boundary positioning through Meso1 expression

The region of the anterior PSM where the next somitic boundary will be established is defined by the anterior boundary of Mesp2/Meso1 expression. In the anterior-most region of its expression domain in the PSM, Tbx6 interacts with cyclic Notch signals to induce Mesp2/ Mesol activation in S-I/S-II, (Saga, 2012). However, as both Tbx6 mRNA and protein and Notch signals are present throughout the A-P length of the PSM, it was unclear how Mesp2/ Mesol activation occurs only in such a restricted domain. It appears that Mesp2/Mesol can only be activated in the presence of Tbx6 and in a region with low pERK activity and FGF signals (Dale et al., 2006; Delfini et al., 2005; Niwa et al., 2011; Saga, 2012). Mesp2/Meso1 activation is thus thought to be an output of the wavefront, where Fgf and Wnt signaling drops below a certain threshold and is counteracted by increasing levels of Retinoic acid activity (Delfini et al., 2005; Dubrulle et al., 2001; Hubaud and Pourquié, 2014; Niwa et al., 2011; Saga, 2012; Sawada et al., 2001). Accordingly, constitutive activation of ERK signaling (Delfini et al., 2005) or Snail overexpression (Dale et al., 2006), which are both downstream of Fgf signaling, leads to downregulation of Mesp2, suggesting that high Fgf levels in the posterior PSM inhibit Mesp2 activation through ERK. However, the role of the opposing Retinoic acid gradient is not as clear as that of Fgf – while increased levels of retinoic acid activity directly promote the activation of Mesp2 homologs in the Xenopus embryo, it represses Mesp activation in the zebrafish by directly activating its repressor Ripply (Moreno et al., 2008; Saga, 2012).

Another anterior to posterior decreasing gradient opposing those of Fgf and Wnt signaling is that of fibronectin matrix complexity. As already mentioned, the fibronectin matrix is much denser and more complex in the anterior compared the posterior PSM (Rifes and Thorsteinsdóttir, 2012). Accordingly, we have found that interfering with either fibronectin matrix assembly, its signaling through integrins or ROCK/NMMII activity all result in altered *Mesol* positioning in the PSM. These results are in accordance with studies where knocking out β 1 integrin in the chick PSM completely abolishes *Mesol* expression, further implicating integrin-related signaling in this process (Rallis et al., 2010). Morever, integrins are known regulators of the MAPK pathway, directly modulating ERK (Schwartz and Ginsberg, 2002). Since *Mesp2* expression is only activated where pERK levels are low (Niwa et al., 2011), it is reasonable to speculate that in the S-II/S-I region, increasing fibronectin assembly and complexity results in changes in integrin-mediated intracellular signaling, which jointly with lower levels of FGF signaling result in diminished pERK levels, thus allowing for *Mesp2* activation (Fig. 5.1).

2.3 Segment boundary morphogenesis and epithelialization of the posterior somitic border

Segment boundary formation is induced upon EphA4 activation by Mesp2/Meso1 (Barrios et al., 2003; Watanabe et al., 2009). Interaction of EphA4 with the EphrinB2 receptor in the cells anterior to the EphA4-expressing cells are thought to induce the formation of a gap between these two cell populations. Concomitantly, cyclic activation of PAPC in the cells located immediately posterior to the nascent boundary promotes N-cadherin endocytosis, further detaching these cells from those located immediately anterior to them (Fig. 5.1, Chal et al., 2017). This in turn alleviates N-cadherin-mediated repression of integrins, which leads to integrin clustering and activation in the nascent gap, promoting fibronectin fibrillogenesis (Jülich et al., 2015). The assembly of fibronectin in this region is crucial both for boundary morphogenesis (Chapter 3) and maintenance (Jülich et al., 2005; Koshida et al., 2005). Accordingly, we found that the fibronectin assembly state, integrin-mediated signaling and downstream ROCK activity are crucial for proper morphogenesis of the segment boundaries as, even though cells polarize epithelial markers, nascent somites do not fully detach from each other (Chapter 3).

In addition to EphA4-mediated boundary induction, EphrinB2 signaling in the adjacent cells (posterior cells of S0) also contributes to the activation of fibronectin-assembling integrins and fibronectin matrix assembly in the cleft (Barrios et al., 2003; Durbin et al., 1998; Durbin et al., 2000; Jülich et al., 2009; Watanabe et al., 2009). Cdc42 activity in these cells normally inhibits MET (Fig. 5.1, Nakaya et al., 2004). By downregulating Cdc42 activity levels, EphrinB2 promotes the epithelialization of these boundary cells. Moreover this is accompanied by fibronectin-mediated polarization of these cells (Martins et al., 2009), resulting in N-cadherin, ZO-1 and F-actin accumulation on their apical side (Chapter 3, Martins et al., 2009; Rifes and Thorsteinsdóttir, 2012). This is also promoted by Paraxis, which further enhances EphrinB2 activity and fibronectin assembly, and activates MET-inducing genes (Fig. 5.1, Johnson et al., 2001; Rowton et al., 2013).

Thus, the instructive biochemical and biomechanical signals provided by increased fibronectin matrix complexity in the anterior PSM, transduced by its integrin receptors, coordinate the different cellular processes occurring during periodic somite formation. Intracellular integrin-mediated signaling resulting from increased fibronectin complexity in the anterior PSM slows down segmentation clock oscillations and establishes *Meso1* positioning (Chapter 3, Hubaud et al., 2017; Rifes and Thorsteinsdóttir, 2012), while also promoting and maintaining the nascent boundary and aiding somite epithelialization (Fig. 5.1; Chapter 3, Martins et al., 2009; Rifes et al., 2007).

3. Instructive signals from the ECM

3.1 Matrix assembly as a paracrine cell/tissue communication event

In Chapter 2, by thoroughly analyzing fibronectin production and distribution throughout early development in chick and mouse embryos, along with the distribution of its major assembly receptors, we demonstrated that fibronectin assembly can be considered a particular form of paracrine communication between different tissues in many contexts. In this form of fibronectin assembly, one cell type or tissue strongly expresses Fn1 and thus produces the protein, while the adjacent cells or tissues, which do not express Fn1 but express integrins capable of fibronectin assembly, sequester the protein and assemble the matrix. Thus, one tissue produces fibronectin which is assembled, and consequently also sensed, by the adjacent tissue. Other studies in the chick have demonstrated the importance of this type of paracrine communication between tissues during morphogenesis of somites (Rifes et al., 2007) and coelomic epithelium (Yoshino et al., 2014). Our data from Chapter 2 indicate that this phenomenon is not restricted to these two contexts (see below).

While we focused on fibronectin matrix assembly, there are a few other examples of paracrine assembly for other ECM components and contexts, suggesting that this type of tissue communication involving production by one tissue and assembly of matrix components by another may be a widespread phenomenon during embryogenesis, with possible implications in tissue morphogenesis. For example, an epithelial-derived laminin α 5 chain-containing laminin promotes the differentiation of mesenchymal cells in the developing dermal papilla (Gao et al., 2008), while in the intestine, the epithelium and the mesenchyme secrete different laminin chains that will compose the basement membrane of the epithelial-mesenchymal interface (Simon-Assmann et al., 1998). Also, the mesenchyme of the developing kidney, lung, pancreas, mammary gland and submandibular salivary gland is responsible for producing laminins that are assembled by the adjacent epithelial cells in the epithelial-mesenchymal basement membrane (Crisera et al., 2000; Kadoya et al., 1995; Keely et al., 1993; Thomas and Dziadek, 1994).

As mentioned above, in Chapter 2, we describe more contexts in the early vertebrate embryo that suggest that this form of tissue communication, particularly involving fibronectin assembly, may be important for the morphogenesis of other tissues and organs. We found that the fibronectin matrix that composes the notochord basement membrane, or perinotochordal sheet, is produced solely by the surrounding sclerotome, thus representing a paracrine event (Chapter 2). Importantly, in the absence of fibronectin, the notochord degenerates shortly after its formation, (Pulina et al., 2014), highlighting its importance in the normal development and maintenance of this tissue. Interestingly, it has also been shown that at least some of the laminins assembled around the notochord, are produced by the surrounding tissues (Parsons et al., 2002). These laminins are essential for notochord differentiation (Stemple, 2005), suggesting that the paracrine assembly of the perinotochordal sheet by the notochord is required for its normal development.

Similarly, at least one of the laminins of the myotome basement membrane, laminin 111, is produced by the underlying sclerotome. If Lamal expression in the sclerotome is lost, myogenic precursor cells fail to activate the myogenic programme and the myotome basement membrane is not formed (Anderson et al., 2009). Fibronectin assembly in the myotome is also paracrine, being produced by the adjacent sclerotome and overlying progenitors in the dermomyotome and assembled by the myotomal myocytes (Chapter 2). This is also the case for cardiac muscle, where the fibronectin assembled in the myocardium is produced by the epicardium and endocardium (Chapter 2). Accordingly, fibronectin has long been implicated in cardiac development, particularly in the migration of the prospective myocardium to the midline in mice (George et al., 1993), chick (Linask and Lash, 1988) and zebrafish (Trinh and Stainier, 2004). In the latter case, fibronectin assembly is also paracrine, as endocardial precursors produce the fibronectin necessary for the epithelial organization of myocardial precursors, which is in turn required for myocardium migration to the midline and morphogenesis and differentiation of the heart (Trinh and Stainier, 2004). In the mouse, fibronectin is also required for the morphogenesis of the cardiac outflow tract and right ventricle (Mittal et al., 2013), and in the absence of integrin $\alpha 5\beta$ 1-fibronectin interactions, proliferation of pre-cardiac mesoderm, differentiation of outflow tract cells and specification of second heart field precursors are all severely impaired (Mittal et al., 2013). This suggests that the endocardium-derived fibronectin assembled in a paracrine fashion by the myocardium has crucial roles in the morphogenesis, proliferation and differentiation of myocardial tissue.

We also found that fibronectin assembly is paracrine in the developing gut of E3.5 chick embryos. While fibronectin is assembled in the basement membrane of the proventricular epithelium, which shows no Fn1 expression, the protein is provided by the adjacent mesenchyme, which strongly expresses Fn1 (Chapter 2). Importantly, cross-talk between epithelium and mesenchyme is essential for both gut endoderm development and mesenchyme differentiation, as signals from the proventriculus mesenchyme induce gland formation from the endodermal epithelium, but only in the presence of a basement membrane, demonstrating the importance of the ECM in this system (Fukuda and Yasugi, 2005). Fibronectin may constitute one of the signals by which the mesenchyme promotes region-specific endoderm differentiation. For example, it is required for activating BMP-receptor signaling which is necessary to maintain foregut identity of the endoderm during *Xenopus* development (Kenny et al., 2012).

Importantly, in all the contexts where we described a paracrine form of assembly of fibronectin matrices (Chapter 2), fibronectin has been described as having a crucial role in the normal development and maturation of the "assembling" tissues. This suggests that the fibronectin provided by the producing tissues conveys instructive signals to the adjacent receiving tissues, promoting their normal morphogenesis (Nelson and Bissell, 2006). In fact,

the nature of fibronectin assembly is itself quite paracrine – the globular molecule is secreted by the producing cells, while the receiving cells express fibronectin-specific receptors which bind to the dimers, leading to the building of the matrix and integrin signaling. This is analogous to classical paracrine growth factor signaling, with morphogens being secreted by the producing cells, while the receiving cells in the target-tissue bind the morphogen via specific cell surface receptors, which leads to the activation of an intracellular cascade that results in the modulation of cellular responses. In addition, and similarly to what was observed in Chapter 2 for fibronectin, growth factor signaling may also be paracrine, autocrine, or both (Adams, 2002; Kaplan et al., 2007; Singh and Harris, 2005; Turner and Grose, 2010).

Thus, in addition to the classical growth factor paracrine signaling, this previously unappreciated form of tissue communication through ECM production and assembly, also has pivotal importance during embryogenesis. Together with the increasing knowledge about how the ECM conveys chemical and mechanical information to receiving cells, and how these cells transduce and integrate this information with those received through other signaling pathways, this opens new research opportunities to fully understand how the coordinated morphogenesis of different tissues is accomplished harmoniously in the developing embryo.

3.2 The mechanical aspect of development

The instructive signals conveyed by the extracellular environment of a given tissue are not only of biochemical nature (such as composition and concentration of ECM components), but are also biomechanical, such as ECM stiffness and elasticity, tissue cohesion and cellular adhesion (Chan et al., 2017; Eyckmans et al., 2011; Merle and Farge, 2018). Studies addressing the role of these mechanical cues in regulating the biology of cells have mostly been performed in cell culture and the recent expansion of biophysical technologies have confirmed that biomechanical cues have crucial roles in regulating normal cellular function and behavior, including proliferation and cell fate decisions (Eyckmans et al., 2011; Marjoram et al., 2014; Moeendarbary and Harris, 2014; Petridou et al., 2017). However, studies on the role of mechanical forces in regulating developmental processes in vivo, particularly in vertebrate embryos, are still scarce. In Chapter 3, we used chick embryo electroporation and culture to interfere with the tensional state of the fibronectin matrix by disrupting its assembly, its binding to integrins or interfering with the mechanotransduction machinery of PSM cells through impaired ROCKI/II and NMMII activity. ROCK activity has been found to have a major role in the transduction of mechanical forces downstream of cell-cell and cell-matrix adhesions (Marjoram et al., 2014), with consequences on cell differentiation. ROCK inhibition results in differentiation of cultured human embryonic stem cells into neural crest progenitors that can differentiate into multiple cell types (Kim et al., 2015), while mammary gland progenitor cells differentiate into luminal epithelial cells or myoepithelial cells depending on substrate stiffness, which they sense and respond to in a ROCK-dependent manner (Lui et al., 2012). Accordingly, we found that interfering either with fibronectin assembly or ROCK activity *in vivo* had strong effects not only in somitic boundary morphogenesis but also in the dynamics and positioning of segmentation clock oscillations (Chapter 3).

These results add to the increasing body of evidence that suggests that similarly to what has been observed in cultured cells, mechanical cues from the ECM received and transduced by developing tissues in vivo convey instructive information required for proper tissue morphogenesis (Linde-Medina and Marcucio, 2018; Merle and Farge, 2018; Petridou et al., 2017). Embryo development is itself quite a mechanical process, with continuous pushing, pulling, contracting and bending interactions of cells with their neighbors and surrounding ECM (Eyckmans et al., 2011; Linde-Medina and Marcucio, 2018; Petridou et al., 2017). Thus, it is of no surprise that the study and awareness of the importance of mechanical cues in developmental processes is steadily increasing, together with the development of sophisticated biophysical methodology allowing for direct observation of mechanical processes in developing embryos (Chan et al., 2017; Davidson, 2017; Merle and Farge, 2018; Moeendarbary and Harris, 2014). For example, it has recently been observed that integrin-mediated transduction of mesodermal stiffening triggers the collective migration of neural crest cells in the Xenopus (Barriga et al., 2018), while substrate stiffness also modulates axonal growth and spreading in these embryos (Koser et al., 2016). In the case of the PSM (Chapter 3), as cells are displaced more anteriorly, tissue tension increases considerably (Nelemans, 2018; Serwane et al., 2017) which is accompanied by an increase in density and thickness of fibronectin fibrils (Rifes and Thorsteinsdóttir, 2012). Because fibronectin assembly is a cell-mediated process, fibronectin matrices are not generally used in cell culture studies addressing tensional cues (Cukierman, 2001). However, a5_{β1}fibronectin bonds undergo tension-strengthening when forces are applied, transforming into tensioned and stronger adhesions to fibronectin called "catch-bonds" that mediate specific intracellular signaling events (Friedland et al., 2009). Accordingly, active fibronectin fiber alignment elicits cellular rigidity responses of cultured fibroblast as the matrix becomes increasingly stiffer (Antia et al., 2008). Thus, the fibronectin matrix surrounding the PSM is in a position to be the tension provider for these cells, as a progressively more complex fibronectin matrix may be perceived by the PSM cells as an increasingly stiffer environment that may culminate in a tissue-tensioned state capable of supporting somite formation. A similar process occurs in the blastocoel of gastrulating *Xenopus* embryos, where fibronectin assembly is accompanied by increased tissue tension, required for radial intercalation and epiboly (Dzamba et al., 2009; Rozario et al., 2009).

This increasing interest and understanding of the mechanical aspects of cell function, tissue development and tissue homeostasis is of particular importance, as cancer cells are very responsive to substrate stiffness and elasticity, changing their invasive behavior accordingly (Carey et al., 2012; Sulzmaier et al., 2014; Weaver et al., 1997) and many other diseases are

related to deficient mechanotransduction, including cardiac hypertrophy and arteriosclerosis (Iozzo and Gubbiotti, 2018; Jaalouk and Lammerding, 2009). Thus, studying how cells sense and respond to mechanical cues allows for a better understanding and an integrative perspective of both developmental processes and tissue homeostasis, with considerable clinical relevance.

4. Final considerations

While most studies of developmental processes are focused on their chemical or genetic regulation, our work highlights the importance of considering the extracellular realm of cells and tissues and how it integrates with the intracellular dimension. The work presented in this thesis establishes the fibronectin ECM as a dynamic multi-tasking player regulating early vertebrate development. In addition to their presence or absence in a given tissue or around certain cell types, understanding the role of ECM components on a developmental process requires considering all aspects of the matrix, including assembly dynamics, rigidity, elasticity, remodeling and degradation, and their interaction with other pathways either by interfering with ligand availability or presentation, or by feeding directly into their intracellular pathway through integrin signaling. Albeit undoubtedly being challenging, the multi-dimensionality of how the ECM interacts with cells and within tissues attests for its importance during development and homeostasis, as it integrates several different aspects of the life of a cell, from its motility and shape to specific genetic regulation. Thus, the ECM is unquestionably an essential effector promoting the precision and robustness of developmental processes.

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