



**FACTORS AFFECTING STRESS AMONG UiTM KAMPUS BANDARAYA MELAKA  
STUDENTS**

**NUR AQILAH BINTI MASTOR**

**2016751413**

**BACHELOR OF BUSINESS ADMINISTRATION  
WITH HONOURS (HUMAN RESOURCE MANAGEMENT)  
FACULTY OF BUSINESS AND MANAGEMENT  
UNIVERSITI TEKNOLOGI MARA  
BANDARAYA MELAKA**

**JANUARY 2020**

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Submitted in Partial Fulfilment of the  
Requirement for the  
Bachelor of Business Administration with Honours (Human Resource Management)

FACULTY OF BUSINESS AND MANAGEMENT  
UNIVERSITI TEKNOLOGI MARA  
KAMPUS BANDARAYA MELAKA

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**DECLARATION OF ORIGINAL WORK**



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“DECLARATION OF ORIGINAL WORK”**

I, Nur Aqilah Binti Mastor, (I/C Number: 950227145458)

Hereby, declare that:

- This work has not previously been accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
- This project-paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature:           *Aqilah*           Date:           13 / 1 / 2020

**LETTER OF TRANSMITTAL**

JANUARY 2020

The Head of Program,  
Bachelor of Business Administration (Hons) Human Resource Management,  
Faculty of Business Management,  
Universiti Teknologi MARA (UiTM) Melaka,  
City Campus,  
110 OFF Jalan Hang Tuah,  
75300 Melaka.

Dear Sir/Madam,

**SUBMISSION OF PROJECT-PAPER**

Attached here is the project-paper titled “**FACTORS AFFECTING STRESS AMONG UiTM KAMPUS BANDARAYA MELAKA STUDENTS**” to fulfill the requirement as needed by the Faculty of Business Management, Universiti Teknologi MARA (UiTM).

Thank You

Sincerely by:

  
\_\_\_\_\_

(Nur Aqilah Binti Mastor)

## **ABSTRACT**

The main purpose of conducting this study is to examine the relationship between financial factor, relationship factor, academic factor and stress among UiTM Kampus Bandaraya, Melaka students. Total population for students of Human Resources Management in UiTM Kampus Bandaraya, Melaka is 475 students. Hence, a sample size consists of 200 students to distribute questionnaires. Convenience method has been used as sampling technique for the study. Questionnaire is the tool used by researcher to collect the data for this research. Data has been analysed through Statistical Packages for Social Sciences (SPSS). The Frequency Analysis, Reliability Analysis, Descriptive Statistics, Correlation and Multiple Regression analysis has been applied to identify the result of the study. The findings of this study have shown that there is a relationship between the financial factor, the relationship factor and the academic stress factor. Result of this study is helpful for students and academician of UiTM Kampus Bandaraya Melaka, so that they can get the better understanding about the relationship exist between financial factor, relationship factor, academic factor and stress as they can learn more on how to reduce their stress while study at universities.