



Sarmanova, A., Doherty, M., Kuo, C., & al., E. (2020). Statin use and risk of joint replacement due to osteoarthritis and rheumatoid arthritis: a propensity-score matched longitudinal cohort study. *Rheumatology*, [keaa004]. <https://doi.org/10.1093/rheumatology/keaa044>

Peer reviewed version

Link to published version (if available):  
[10.1093/rheumatology/keaa044](https://doi.org/10.1093/rheumatology/keaa044)

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PDF-document

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1 **Statin use and risk of joint replacement due to osteoarthritis and rheumatoid arthritis:**  
2 **a propensity-score matched longitudinal cohort study**

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37  
38 **Word count:** 3 125 excluding title page, abstract, references, figures, and tables.

39 **Keywords:** osteoarthritis, rheumatoid arthritis, joint replacement, TJR, TKR, statins, cohort  
40 study.

## 42 Abstract

43 (word count 250)

44 **Objective:** Statins are reported to have a potential beneficial impact on progression of  
45 osteoarthritis (OA) and on disease activity in rheumatoid arthritis (RA), but existing evidence  
46 is conflicting. Our objective was to examine whether statins associate with reduction of joint  
47 replacement due to OA and RA.

48 **Design:** A propensity score matched cohort study. Settings: Electronic health records from  
49 the Clinical Practice Research Datalink, the UK. Participants: We selected people prescribed  
50 statins and people never prescribed statins. Each statin-user was matched to a non-user by  
51 age, gender, practice and propensity score for statin prescription. Main outcome measures:  
52 knee or hip joint replacement overall and specifically because of OA or RA. Measurements:  
53 The association between statins and risk of joint replacement was assessed using Cox  
54 proportional hazard regression. Statin exposure was categorised according to the potency of  
55 reducing LDL as low (21-28%) medium (32-38%) or high (42-55%) intensity.

56 **Results:** 178,467 statin-users were matched with 178,467 non-users by age, gender and  
57 propensity score. Overall, statin use was not associated with reduced risk of knee or hip  
58 replacement (HR 0.99, 95% CI 0.97 to 1.03), unless prescribed at high strength (0.86, 0.75 to  
59 0.98). The reduced risk was only observed for joint replacement due to RA (0.77, 0.63 to 0.94)  
60 but not OA (0.97, 0.94 to 1.01).

61 **Conclusions:** Statins at high intensity may reduce the risk of hip or knee replacement. This  
62 effect may be RA specific. Further studies to investigate mechanisms of risk reduction and the  
63 impact in people with RA are warranted.

64

### 65 Registration

66 The study protocol was approved by the Independent Scientific Advisory Committee (ISAC)  
67 for Medicines and Healthcare Products Regulatory Agency (MHRA) (protocol 12\_020R2AR).

### 68 Primary Funding Source

69 National Institute for Health Research and National Natural Science Foundation of China.

## 70 Key Messages

- 71 • Statins are routinely used in the treatment of cardiovascular diseases, however also  
72 might be beneficial for other conditions.
- 73 • In this study statins at high dose showed reduced risk of hip or knee replacement,  
74 particularly in people with rheumatoid arthritis.
- 75 • Further studies to investigate mechanisms of risk reduction and the impact in people  
76 with RA are warranted.

## 77 Introduction

78 Joint replacement is one of the major economic burdens for healthcare systems worldwide[1-  
79 3]. The number of joint replacements performed each year have risen dramatically[4, 5] and  
80 are set to continue rising with the aging population[6]. Waiting-list audits demonstrate that  
81 current surgical provision does not meet healthcare needs[7]. Approximately 90% of all joint  
82 replacements are performed for osteoarthritis (OA)[6].

83 Statins are lipid-lowering drugs recommended for primary and secondary prevention of  
84 cardiovascular disease (CVD)[8]. Statins lower circulating level of low-density lipoproteins,  
85 and have other anti-inflammatory and immune-modulating effects[9-14] that have prompted  
86 studies to examine the potential role of statins as structure-modifying treatments for OA[15].  
87 However, the possible effect of statins on development and progression of OA remains  
88 unclear. One of the earliest studies by Beattie et al[16] reported an increased rate of  
89 radiographic hip OA in elderly women. A study by Kadam et al[17] found an association  
90 between higher statin dose (the 4<sup>th</sup> quartile) and reduction in incident OA in people with  
91 existing CVD. Statin use associated with radiographic progression of knee OA but not hip OA  
92 in a study by Clockaerts et al[18]. However, more recent large studies have not confirmed  
93 these findings. For example, statins were associated with radiographic worsening of knee OA  
94 over 3 years in a study by Eymard et al[19] but a UK cohort study did not find any association  
95 between statin use and incident hand OA[20]. Pooled results from four large Swedish  
96 population-based cohorts showed no association between statin use and consultation or  
97 surgery for OA of the hip or knee[21]. In the Osteoarthritis Initiative Cohort statin use was not  
98 associated with lower risk of pain worsening, incident radiographic knee OA or radiographic  
99 symptomatic knee OA unless taken for more than 5 years[22]. A recent study in the Clinical  
100 Practice Research Datalink (CPRD) found that statin therapy initiated up to 5 years following  
101 total hip/knee replacement may reduce the risk of revision arthroplasty[23]. Some evidence  
102 supports a potential beneficial impact of statins on disease activity, attributable to their anti-  
103 inflammatory and immunomodulatory properties in rheumatoid arthritis (RA)[24-27]. However,

104 whether statins have different effects on joint replacements due to OA and RA has not been  
105 examined.

106 We therefore undertook the present study using a large UK-wide national primary care  
107 database to investigate the association between statins and risk of joint replacement due to  
108 OA and RA.

## 109 **Methods**

### 110 **Study design**

111 This was a propensity score matched cohort study.

### 112 **Participants**

113 The CPRD is a large, longitudinal population-based, primary care database that includes data  
114 on demographics, symptoms, tests, diagnoses, prescriptions and referrals to secondary care  
115 routinely collected by UK general practitioners (GPs). By July 2017, it covered 718 GP  
116 practices in England, Scotland, Wales, and Northern Ireland with anonymised health data on  
117 over 17 million people (26% of the total UK population)[28]. The accuracy and completeness  
118 of the CPRD has been validated by previous studies[29] and many studies have investigated  
119 effects of statin on various conditions[30-33]. The study protocol was approved by the  
120 Independent Scientific Advisory Committee (ISAC) for Medicines and Healthcare Products  
121 Regulatory Agency (MHRA) (protocol 12\_020R2AR).

122 We identified a cohort of patients aged 40 and over, registered with up-to-standard GP  
123 practices (i.e. practices that met standardised quality criteria based on the continuity of  
124 recording and the number of recorded deaths) for more than 12 months from 1 January 1987  
125 to 31 July 2017. **Statin-users** were defined as people who were ever prescribed a statin (two  
126 or more prescriptions). **Non-users** were defined as people who had never been prescribed  
127 statins during the period of current registration.

128 For statin users **the index date** was defined as the date of first statin prescription. Non-users  
129 were assigned an index date of their matched statin-users (pairs were matched by year of  
130 birth, gender and practice). Patients were followed up from the index date until first joint  
131 replacement, death, deregistration, or end of follow-up (31 July 2017) whichever came first.

132 A flow chart of the selected main cohort included is shown in Figure 1. The main cohort was  
133 further refined for a cohort excluding those with existing cardiovascular disease (CVD) in order  
134 to estimate the risk of joint replacement in people without CVD as defined by the NICE  
135 guidelines[34], i.e., using statin as a primary prevention.

136 Exclusion criteria were: invalid age or gender records; invalid joint replacement date; joint  
137 replacement prior to the first prescription of statin; joint replacement due to hip fracture or

138 infection; revision surgery without a record of a primary joint replacement; invalid statin  
139 prescription data (e.g. if the number of tablets in prescription prescribed exceeded 600 or the  
140 daily dose exceeded the maximum daily dose for this drug); statin-users who received a single  
141 statin prescription only; statin-users prescribed cerivastatin (withdrawn from the market in  
142 2001 due to adverse effects); and statin-users with prescription gaps of more than 90 days  
143 (i.e. discontinuation).

## 144 Exposure

145 The first statin prescription after a statin-free period of  $\geq 12$  months (to prevent prevalent user  
146 bias) was identified using drug codes in CPRD[35]. We prioritised UK approved statins that  
147 were available for prescription, including simvastatin, atorvastatin, fluvastatin, rosuvastatin,  
148 and pravastatin (simvastatin 10 mg is also available over-the-counter). Statins were  
149 categorised as **low intensity** (21-28% reduction in low-density lipoprotein), **medium intensity**  
150 (32-38%) and **high intensity** (42-55%) according to their lipid lowering potency[36] (Appendix  
151 1). Median statin intensity was calculated for each year of intake and for the total duration of  
152 statin exposure.

153 **Total duration of statin exposure** was defined as the continuous use of statin, i.e., no  
154 discontinuation of more than 90 days between prescriptions during the follow-up period. This  
155 90-day exposure window has been used in previous studies based on routinely collected data  
156 in primary care[32, 33, 37].

157 **Percentage of days covered (PDC) by statins per year** was estimated as the number of  
158 prescriptions multiplied by days of each prescription (considering number of tablets per day or  
159 if not specified assuming a dosage of one tablet per day) divided by 365. Switching between  
160 statins or to fixed combinations was regarded as a continuation of therapy.

161 We accounted for overlapping tablet days assuming that the patient had finished the current  
162 prescription before starting the refill prescription as shown in Appendix 2 (e.g. the patient was  
163 credited for the surplus statin from overlapping refills)[38].

## 164 Outcomes

165 **The primary outcome** was joint replacement defined as at least one record of total or partial  
166 knee joint replacement (KJR) or hip joint replacement (HJR) according to the standard clinical  
167 terminology system used in General Practice in the United Kingdom i.e. Read codes. Read  
168 codes for KJR and HJR are provided in Appendix 3. If a person had HJR plus KJR, the earlier  
169 event was chosen for any joint replacement. We also examined: **[1] site-specific (hip or**  
170 **knee) joint replacement, [2] joint replacement due to OA** (Read codes included hip OA,  
171 knee OA, generalised OA, other joint OA); **[3] joint replacement in people with RA.**

172 **OA** was defined as present if at least one record of hip OA, knee OA, generalised OA, and  
173 OA of other joints was identified during follow-up.

174 **RA** was defined as present if either of two definitions was met, specifically: (1) at least one  
175 diagnostic Read code for RA (any group) and at least one appropriate prescription of a  
176 DMARD with no alternative indication for the DMARD; or (2) two or more diagnostic Read  
177 codes for RA (on different dates) and at least one RA code in group 1 or group 2 with no  
178 alternative diagnosis after the final RA code (Appendix 4) [39, 40].

179 **Secondary outcomes: [1] joint replacement in people without CVD** i.e. focusing on statin  
180 use for primary prevention of CVD.

## 181 Covariates

182 Patient demographics (e.g. age, sex, practice), comorbidities and relevant medications were  
183 identified as covariates. Body mass-index was not included because it caused a large number  
184 of missing data, especially in controls. All comorbidities, including those diagnoses used as  
185 alternative indications for DMARDS or alternative diagnosis for OA and peripheral joint pain,  
186 are defined in Appendix 5. **CVD** included diseases of the heart and blood vessels caused by  
187 atherosclerosis including heart attack, myocardial infarction, coronary or ischaemic heart  
188 disease and atherosclerosis (NICE guidelines).

189

## 190 Statistical analysis

### 191 Propensity score

192 Each statin-user was matched with non-user by age, gender, practice, and propensity score  
193 (PS). We estimated a PS (i.e. probability of being prescribed statin) for each statin user and  
194 non-user using multivariable logistic regression.

195 **PS model for the main cohort** included age, gender, lifestyle factors (smoking, alcohol  
196 dependence), RA (yes/no), RA duration in years, OA (yes/no), OA duration in years, Charlson  
197 comorbidity index and individual comorbidities to reduce residual confounding (diabetes  
198 mellitus, hypertension, cardiovascular disease, ischaemic stroke and other thromboembolic  
199 diseases, peripheral pain, peripheral vascular disease, atrial fibrillation, congestive heart  
200 disease, renal disease, valvular heart disease), and other medications used (nitrates, anti-  
201 platelets, diuretics,  $\beta$ -blockers, calcium-channel blockers, angiotensin-converting enzyme  
202 inhibitors, angiotensin II receptor antagonists, DMARDs, oral corticosteroids).

203 For the sub-cohort (Figure 1) we estimated subgroup-specific PS and re-matched  
204 individuals[41]. **PS model for people without CVD** at baseline included the same set of co-  
205 variates as in the PS model for main analysis except for CVD.

206 PS matching was performed using the “greedy” matching algorithm[42] where a set of X cases  
207 was matched to a set of Y controls in a set of X decisions, excluding those who could not be  
208 matched. PS distribution before and after matching for the main cohort is shown in Appendix  
209 6. Before PS matching we trimmed at the extreme ends of the PS tail (below the 5th and above  
210 the 95th percentile)[43]. Covariate balance was assessed with standardised mean differences  
211 (SMD)[44]. Post-matching SMD <0.1 indicated a good covariate balance between groups[44,  
212 45]. SMD is a validated method to assess whether the PS scores are comparable between  
213 treated and untreated groups. SMD is preferable over significance testing (i.e. p-value) which  
214 is influenced by sample size, and over the c-statistic or area under the receiver operating  
215 characteristic (ROC) curve[45].

## 216 Time to event analysis

217 **Cox proportional hazards regression** was used to examine the hazard ratio (HR) and 95%  
218 confidence interval (CI) between statin users and non-users. For our primary analysis we  
219 estimated:

- 220 • Non-PS matched HR using multivariable Cox regression, adjusting for all covariates  
221 including age, gender, lifestyle factors (smoking, alcohol dependence), RA (plus  
222 duration in years), OA (plus duration in years), Charlson comorbidity index (Appendix  
223 7), comorbidities (diabetes mellitus, hypertension, cardiovascular disease, ischaemic  
224 stroke and other thromboembolic diseases, peripheral pain, peripheral vascular  
225 disease, atrial fibrillation, congestive heart disease, renal disease, valvular heart  
226 disease), other medication used (nitrates, anti-platelets, diuretics,  $\beta$ -blockers, calcium-  
227 channel blockers, angiotensin-converting enzyme inhibitors, angiotensin II receptor  
228 antagonists, DMARDs, oral corticosteroids).
- 229 • PS matched HR using Cox regression stratified on matched sets with robust standard  
230 errors to account for “cluster effect” within matched pairs[42, 46].

231 **Dose-response analysis** was performed using linear trends for effect of statin intensity (0 for  
232 non-users, 1 for low, 2 for medium and 3 for high intensity).

233 In addition, competing risk of death was adjusted using the proportional sub-distribution  
234 hazard regression [47-49]. This was because if a person died before an outcome of interest,  
235 it would challenge the assessment of that outcome.

236



237 All analyses were performed using SAS statistical software version 9.4

## 238 Role of the Funding Source

239 The funding source had no role in: the design or conduct of the study; the collection, analysis,  
240 or interpretation of the data; or the writing of the report. The corresponding authors had full  
241 access to all data in the study and had final responsibility for the decision to submit the  
242 manuscript for publication.

## 243 Results

244 **Cohort description.** In total, 3,981,838 individuals met our inclusion criteria, of whom 706,943  
245 were statin-users and 178,467 were successfully PS matched to the same number of non-  
246 users (PS distribution before and after matching is shown in Appendix 6). After PS-matching,  
247 all covariates were balanced between the two groups (Table 1). The number of patients at  
248 risk of having joint replacement in each year of follow-up is shown in Appendix 8. The mean  
249 age of the matched cohort was 62 (SD ~11, range 40-86) years and 52% were women (Table  
250 1). Mean duration of follow-up was 6.88 (SD 3.98) for statin-users and 6.25 years (SD 3.82)  
251 for non-users. The maximum period of follow up was 28 years in both groups.

252 **Statin prescribing.** Most statin-users in the PS-matched cohort started treatment with  
253 medium intensity statins (73%) and had good adherence (PDC $\geq$ 80) at baseline and during the  
254 first year of follow-up (75% and 63% respectively). 26% of statin-users discontinued treatment  
255 during the first 2 years (Table 2).

256 **Joint replacement.** In non-PS matched analysis statin-users had higher probability of having  
257 any joint replacement compared to non-users (HR 1.13, 95% CI 1.10 to 1.16). However, in the  
258 PS-matched cohort joint replacement was not associated with statins (0.99, 0.97 to 1.03))  
259 (Table 3). Additional adjustment for the competing risk of death in the PS-matched cohort  
260 provided similar results (1.02, 0.98 to 1.05).

261 In the subgroup analysis, there were no relationships between statins and KJR or HJR, or joint  
262 replacement due to OA (Table 3). However, statin-users with RA were less likely to undergo  
263 joint replacement (0.77, 0.63 to 0.94).

264 Further analysis in the PS-matched cohort demonstrated an overall trend of dose response  
265 effect but this was only significant for any joint replacement (p for trend 0.0244) and KJR (p  
266 for trend 0.0210) (Figure 2, Appendix 9). However, comparing to non-users, statins at the  
267 high intensity had lower risk of any joint replacement (HR 0.86, 95%CI 0.75 to 0.98), joint  
268 replacement due to RA (0.10, 0.02 to 0.65) and joint replacement due to OA (0.79, 0.68 to  
269 0.92).

270 Among people without any diagnosed CVD at baseline (i.e. primary prevention) statin-users  
271 had a marginally lower risk of joint replacement compared to non-users (0.96, 0.93 to 1.00).

## 272 Discussion

273 The key findings of this population-based cohort study are: [1] statin use was associated with  
274 reduced joint replacement due to RA but not OA; [2] high intensity statin was associated with  
275 reduced joint replacement due to both RA and OA; and [3] a dose response relationship was  
276 observed for any joint replacement and knee joint replacement outcomes.

277

278 The main results of this study are consistent with results from four large Swedish population-  
279 based cohorts [21] that did not find any association between statin use and joint replacement  
280 due to OA. We used joint replacement as the primary outcome because it is a hard outcome  
281 and well coded in CPRD[6]. Using this outcome without the selection of index disease (OA in  
282 this case) helps to avoid “index event bias”[50]. We used the PS matched method to minimize  
283 “confounding by indication” – an important issue with observational studies examining  
284 therapeutic effects[51]. The balanced PS between the groups and the difference between non-  
285 PS and PS-matched results suggest that confounding by indication was kept to the minimum  
286 according to the known factors. The reduction of HR from non-PS matched to the PS-  
287 matched methods suggests that the direction of the confounding by indication is towards a  
288 positive ( $HR > 1$ ), not negative association ( $HR < 1$ ). This means that if a positive association is  
289 observed, it is likely to be biased/inflated, whereas if a negative association is observed it is  
290 likely to be true and to become even more negative should this confounding be fully controlled.  
291 This is in line with our knowledge that both OA and RA are associated with CV events, hence  
292 patients with OA or RA are more likely to be given statins than those without these conditions.  
293 In addition, our further analysis in people without CVD shows that statins were negatively  
294 associated with joint replacement although it was just marginal ( $p=0.05$ ). This suggests that  
295 the PS calculation for joint replacement outcome is justified and the protective effect of statin  
296 on joint replacement may be independent from CVD. Furthermore, we controlled for other  
297 potential biases. For example, we used the incident statin users in this analysis to avoid “bias  
298 of prevalent users”[35]. If we used prevalent exposure, we were unable to define the starting  
299 point of the exposure, hence unable to measure time to event outcome. We also accounted  
300 for “immortal time bias” by matching index dates between statin-users and non-users[52].

301

302 It is well-established that people with RA have an increased CV risk as a result of complex  
303 interaction between traditional risk factors (dyslipidaemia, insulin resistance, arterial  
304 hypertension, obesity, smoking) and chronic auto-immune inflammation<sup>[25]</sup>. Statin treatment

305 has been reported to reduce CV risk in RA individuals through its angio-protective, lipid-  
306 lowering and anti-oxidative effects<sup>[24, 26]</sup>. Moreover, several studies report that statins may  
307 influence the inflammatory process and disease activity<sup>[24, 27]</sup>. Our findings on decreased risk  
308 of joint replacement due to RA in statin-users could suggest that statins reduce subsequent  
309 joint damage and slow the rate of progression to surgery. We hypothesize that if statins work  
310 for both cardiovascular events and arthritis-related joint replacement, this might lead to some  
311 changes in treatment recommendations.

312

313 There are potential limitations to this study. Firstly, we could only use data and variables that  
314 are recorded in the CPRD. There are many variables that may influence the balance between  
315 statin users and non-users hence confounding by indication cannot be fully removed (e.g.  
316 BMI). However, from the PS-matched and non PS-matched analyses, we understood the  
317 direction of this confounding, which helps us to adequately interpret the findings with negative  
318 association. Secondly, OA records in the CPRD reflect physician-diagnosed OA and are likely  
319 to follow NICE criteria for clinical OA that focus on symptomatic cases alone<sup>[53]</sup>. Also we  
320 could not account for any delay between first symptoms and the diagnosis of OA/RA in primary  
321 care. This was one of the reasons why we used joint replacement as our primary outcomes  
322 as this is less prone to misclassification bias. Thirdly, our definition of joint replacement due to  
323 OA only included hip and knee OA so the results cannot be generalised to other joints affected  
324 by OA. Fourthly, cholesterol testing is not routine in the UK general practice, therefore serum  
325 cholesterol was not included in the propensity score model. Fifthly, we did not consider  
326 variation in statin prescriptions during follow-up, but used a simple continuous measure (no  
327 gaps more than 90 days) that may lead to potential imbalance in terms of exposure between  
328 statin users and non-users. Moreover, users of high intensity statins particularly in RA-group  
329 were underrepresented in our analysis (Appendix 9) and therefore, a well-designed study with  
330 balanced groups is needed to confirm observed dose-response effect. Finally, we were able  
331 to obtain good covariate balance between groups by using propensity score matching,  
332 however, unknown confounding factors and their potential bias to the study cannot be fully  
333 eliminated.

### 334 **Conclusion**

335 In summary, statins may reduce the risk of joint replacement, especially when given at high  
336 strength and in people with RA. The evidence in knee replacement is stronger than that in hip  
337 replacement. Further studies to investigate mechanisms of joint replacement risk reduction in  
338 people with RA are warranted.

Table 1. Baseline characteristics

	Before PS-matching			PS-matched		
	Statin-users (n=562,526)	Non-users (n=562,526)	SMD	Statin-users (n=178,467)	Non-users (n=178,467)	SMD
<b>Index year, n (%)</b>						
1989-1999	30,475 (5.42)	27,397 (4.87)		7,286 (4.08)	7,754 (4.34)	
2000-2009	408,284 (72.58)	390,367 (69.40)		123,007 (68.92)	120,908 (67.75)	
2010-2017	123,767 (22.00)	144,762 (25.73)		48,174 (26.99)	49,805 (27.91)	
<b>Socio-demographics</b>						
Age in years, mean (SD)	63.03 (11.02)	63.42 (11.11)	0.036	61.91 (10.64)	62.00 (11.74)	0.007
Women, n (%)	266,324 (47.34)	266,324 (47.34)	0.000	89,747 (50.29)	95,343 (53.42)	0.063
Smoking, n (%)	313,593 (55.75)	251,057 (44.63)	<b>0.224</b>	94,190 (52.78)	96,755 (54.21)	0.029
Alcohol dependence, n (%)	522 (0.09)	538 (0.10)		149 (0.08)	232 (0.13)	
RA, n (%)	5,702 (1.01)	4,493 (0.80)	0.023	1,906 (1.07)	2,036 (1.14)	0.007
Duration (years), mean (SD)	0.09 (1.12)	0.07 (1.00)	0.074	0.09 (1.13)	0.10 (1.21)	0.025
Any OA, n (%)	97,800 (17.39)	74,482 (13.24)	<b>0.115</b>	28,387 (15.91)	30,626 (17.16)	0.034
Duration (years), mean (SD)	1.24 (3.66)	0.97 (3.35)	0.077	1.12 (3.50)	1.19 (3.59)	0.019
<b>Comorbidities</b>						
Pain, n (%)	207,424 (36.87)	156,259 (27.78)	<b>0.195</b>	64,958 (36.40)	72,305 (40.51)	0.085
Charlson Index, mean (SD)	0.89 (1.82)	0.76 (1.79)	0.074	0.80 (1.77)	0.85 (1.83)	0.025
Renal, n (%)	31,627 (5.62)	15,139 (2.69)	<b>0.147</b>	8,582 (4.81)	8,302 (4.65)	0.007
Coronary, n (%)	123,781 (22.00)	15,376 (2.73)	<b>0.612</b>	7,576 (4.25)	6,907 (3.87)	0.019
Cerebrovascular disease, n (%)	48,903 (8.69)	9 291 (1.65)	<b>0.322</b>	5,297 (2.97)	4,230 (2.37)	0.037
Peripheral vascular disease, n (%)	23,586 (4.19)	4,908 (0.87)	<b>0.213</b>	2,838 (1.59)	2,295 (1.29)	0.026
Carotid, n (%)	2,106 (0.37)	210 (0.04)	0.074	107 (0.06)	55 (0.03)	0.014
Atrial fibrillation, n (%)	27,506 (4.89)	13,601 (2.42)	<b>0.132</b>	7,012 (3.93)	6,726 (3.77)	0.008
Valvular heart disease, n (%)	1,439 (0.26)	624 (0.11)	0.034	364 (0.20)	350 (0.20)	0.002
Hypertension, n (%)	282,228 (50.17)	109,389 (19.45)	<b>0.681</b>	71,176 (39.88)	73,848 (41.38)	0.030
Diabetes, n (%)						
Without complications	101,978 (18.13)	10,083 (1.79)	<b>0.666</b>	4,325 (2.42)	2,785 (1.56)	0.093
With complications	16,876 (3.00)	2,308 (0.41)		1,474 (0.83)	778 (0.44)	
Congestive heart disease, n (%)	17,539 (3.12)	6,294 (1.12)	<b>0.139</b>	3,112 (1.74)	2,576 (1.44)	0.024
<b>Medication use (n (%))</b>						
Nitrates	87,410 (15.54)	6,441 (1.15)	<b>0.539</b>	2,645 (1.48)	1,895 (1.06)	0.038
Diuretics	182,956 (32.52)	73,073 (12.99)	<b>0.955</b>	43,448 (24.35)	44,962 (25.19)	0.020
Anti-platelets	244,934 (43.54)	35,241 (6.26)	<b>0.955</b>	19,129 (10.72)	16,214 (9.09)	0.055
DMARDs	6,954 (1.24)	5,177 (0.92)	0.031	2,136 (1.20)	2,433 (1.36)	0.015
Angiotensin converting enzyme inhibitors	200,315 (35.61)	43,265 (7.69)	<b>0.721</b>	28,112 (15.75)	27,586 (15.46)	0.008
AGT antagonists	52,939 (9.41)	16,843 (2.99)	<b>0.268</b>	11,386 (6.38)	11,378 (6.38)	0.001
B-blockers	170,622 (30.33)	42,830 (7.61)	<b>0.479</b>	25,180 (14.11)	27,614 (15.47)	0.038

340 **Note:** PS – propensity score, SMD – standardised mean difference, SD – standard deviation, DMARDs – disease-modifying  
341 antirheumatic drugs, AGT antagonists - angiotensin II receptor antagonists.

344 **Table 2. Statins characteristics.**

Variable	Measure
N	178,467
Intensity at start, n (%)	
Low	32,652 (18.30)
Medium	130,980 (73.39)
High	14,835 (8.31)
Total exposure period, days, mean (SD)	2,024 (1566)
Total exposure period, years, n (%)	
Less than 2 years	46,664 (26.15)
3-4 years	30,679 (17.19)
5-6 years	27,407 (15.36)
7-8 years	23,744 (13.30)
9-10 years	19,587 (10.98)
>10 years	30,386 (17.03)
Baseline PDC, mean (SD)	0.85 (0.24)
Baseline PDC $\geq 80\%$ , n (%)	133,664 (74.90)
Year 1 PDC (>2 years intake), mean (SD)	0.76 (0.25)
Year 1 PDC $\geq 80\%$ (>2 years intake), n (%)	88,700 (62.48)

345 **Note:** SD – standard deviation, PDC – proportion of days covered.

346 **Table 3. Relation of statin use to joint replacement surgery**

	Before PS-matching				PS-matched			
	<i>N of events</i>	<i>Person-years</i>	<i>Mean follow-up, years (SD)</i>	<i>HR (95%CI)*</i>	<i>N of events</i>	<i>Person-years</i>	<i>Mean follow-up, years (SD)</i>	<i>HR (95%CI)**</i>
<b>Any joint replacement</b>								
Statin-users	21,430	3,989,753	7.09 (4.07)	<b>1.13 (1.10 to 1.16)</b>	6,490	1,229,427	6.88 (3.98)	0.99 (0.97 to 1.03)
Non-users	15,910	3,607,011	6.41 (3.90)	1 (reference)	5,691	1,115,447	6.25 (3.82)	1 (reference)
<b>Joint replacement due to OA</b>								
Statin-users	16,263	4,013,272	7.14 (4.08)	<b>1.11 (1.08 to 1.15)</b>	4,901	1,236,347	6.92 (3.99)	0.97 (0.94 to 1.01)
Non-users	11,821	3,623,933	6.44 (3.91)	1 (reference)	4,378	1,120,856	6.28 (3.83)	1 (reference)
<b>Joint replacement due to RA</b>								
Statin-users	549	4,086,522	7.27 (4.12)	0.90 (0.77 to 1.05)	173	1,256,995	7.04 (4.03)	<b>0.77 (0.63 to 0.94)</b>
Non-users	431	3,674,882	6.53 (3.95)	1 (reference)	191	1,139,272	6.39 (3.88)	1 (reference)
<b>Hip joint replacement</b>								
Statin-users	9,894	4,044,099	7.19 (4.10)	<b>1.08 (1.05 to 1.13)</b>	3,104	1,244,379	6.97 (4.01)	0.98 (0.93 to 1.03)
Non-users	8,265	3,641,043	6.47 (3.92)	1 (reference)	2,783	1,128,209	6.32 (3.85)	1 (reference)
<b>Knee joint replacement</b>								
Statin-users	12,444	4,031,130	7.17 (4.09)	<b>1.17 (1.13 to 1.21)</b>	3,675	1,241,714	6.95 (3.99)	1.00 (0.96 to 1.05)
Non-users	8,350	3,640,147	6.47 (3.92)	1 (reference)	3,165	1,126,343	6.31 (3.85)	1 (reference)

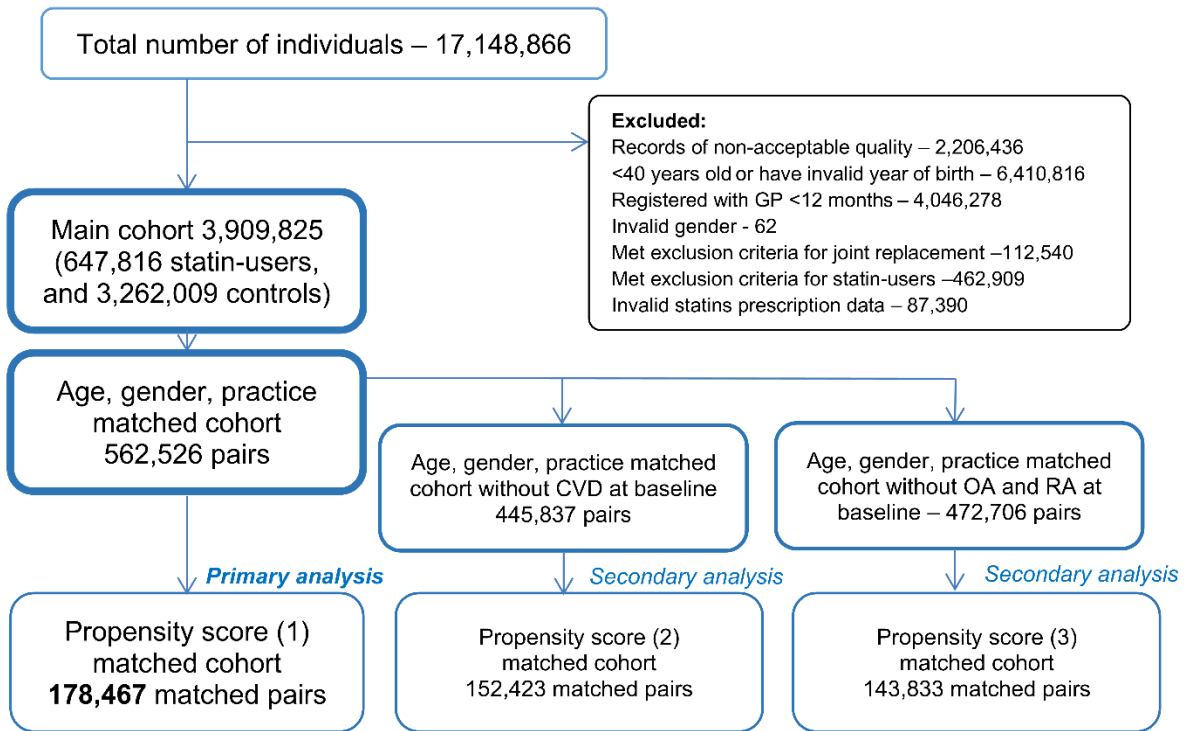
347 Note: PS – propensity score, JR – joint replacement, OA – osteoarthritis, RA – rheumatoid arthritis, SD- standard deviation,  
 348 hazard ratios (HR) with 95% confidence intervals (CI)

349 \* - Multivariate Cox regression model adjusted for covariates included in the PS-model (age, gender, smoking, alcohol  
 350 consumption, RA (plus duration in years), OA (plus duration in years), Charlson comorbidity index, comorbidities (diabetes  
 351 mellitus, hypertension, cardiovascular disease, ischaemic stroke and other thromboembolic diseases, peripheral pain,  
 352 peripheral vascular disease, atrial fibrillation, congestive heart disease, renal disease, valvular heart disease), other medication  
 353 used (nitrates, antiplatelets, diuretics,  $\beta$ -blockers, calcium-channel blockers, angiotensin-converting enzyme inhibitors,  
 354 angiotensin II receptor antagonists, DMARDs, oral corticosteroids)

355 \*\* - Cox regression model stratified on PS matched sets with robust standard errors to account for “cluster effect” and  
 356 subpopulation differences  
 357

358

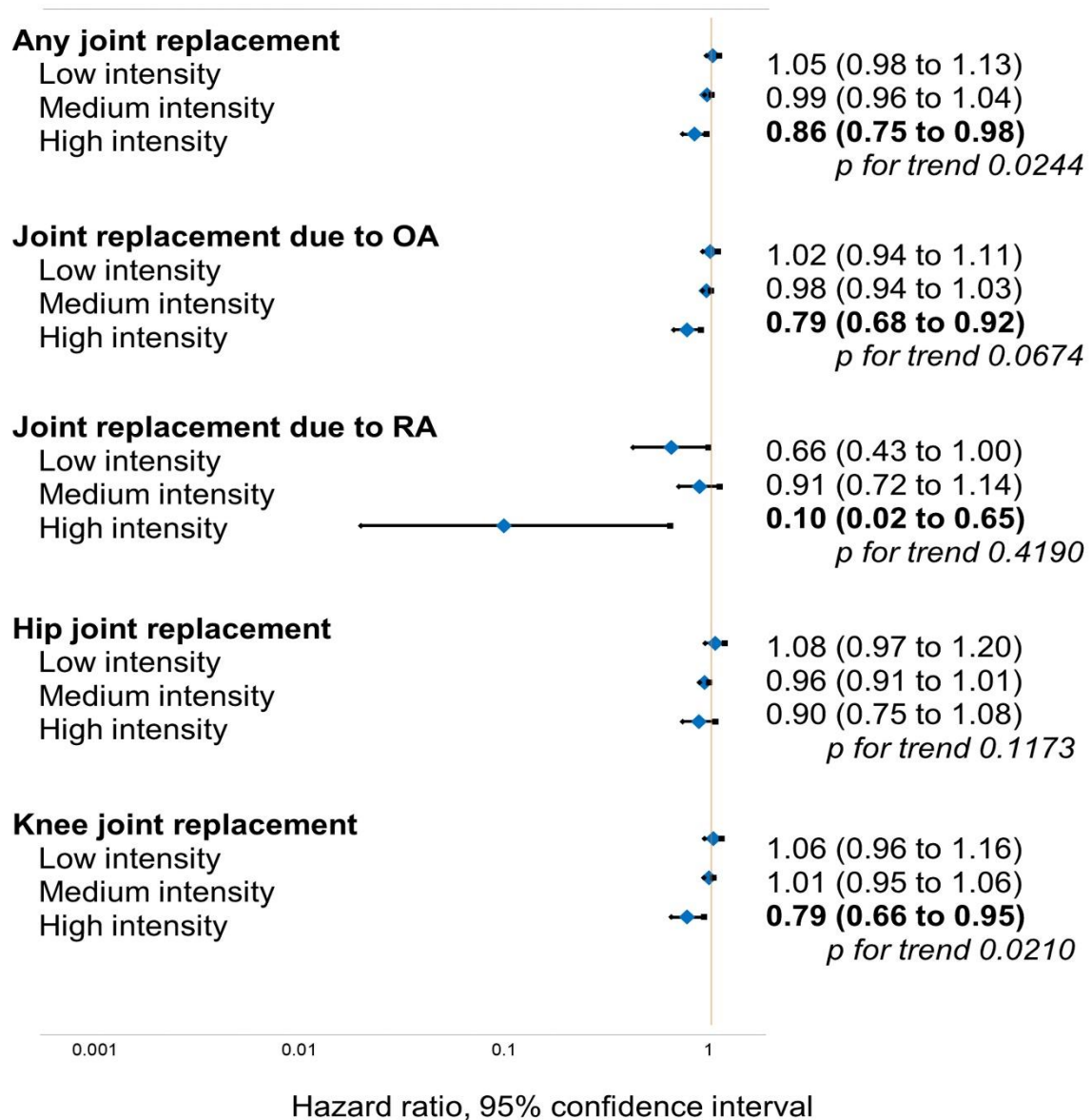
359 **Figure 1. Flow chart of cohort**



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362 **Figure 2. Statin use and joint replacement surgery: dose-response analysis**



363

364 Note: Dose-response analysis was performed using Cox regression and compared people taking low,  
 365 medium and high intensity statins with non-users (reference category). Statin exposure was  
 366 categorised as low (21-28% reduction in low-density lipoprotein cholesterol), medium (32-38%) and  
 367 high (42-55%) intensity.  
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## 372 ARTICLE INFORMATION

373 **Ethics approval:** We used a fully anonymised data set from the General Practice Research Database.  
374 We did not obtain participant's consent because the participant data were taken from the fully  
375 anonymised data set and no participant's identity details were revealed. There was no need for  
376 participant consent. This study was approved by the Independent Scientific Advisory Committee (ISAC)  
377 for Medicines and Healthcare Products Regulatory Agency (MHRA) database research (protocol  
378 12\_020R2AR).

379 **Conflict of Interest Disclosures:** All authors have completed and submitted the ICMJE Form for  
380 Disclosure of Potential Conflicts of Interest.

381 **Acknowledgements:** This work was financially supported by the National Natural Science Foundation  
382 of China (81772413, 81702207, 81702206). CM is funded by the National Institute for Health Research  
383 (NIHR) Collaborations for Leadership in Applied Health Research and Care West Midlands, the NIHR  
384 School for Primary Care Research and an NIHR Research Professorship in General Practice (NIHR-  
385 RP-2014-04-026). The views expressed are those of the authors and not necessarily those of the  
386 National Health Service, NIHR or Department of Health and Social Care.

387 **Role of the Funder/Sponsor:** The sponsor did not participate in the design and conduct of the study;  
388 collection, management, analysis, and interpretation of the data; or preparation, review, or approval of  
389 the manuscript and the decision to submit the manuscript for publication.

390 **Disclaimer:** The opinions, results and conclusions reported in this article are those of the authors and  
391 are independent from the funding sources.

392 **Authors' contributions:** WZ, MD, GL, CZ, JW, CK, AA, YW, CM and AS made substantial  
393 contributions to the conception and design of the study. All authors contributed to the writing and editing  
394 of the study protocol. AS and WZ conducted the data cleaning, and data analysis. All authors  
395 contributed to the interpretation of results. AS wrote the first draft. WZ has full access to the data and  
396 takes responsibility for the content and guarantees the integrity and accuracy of the work undertaken.  
397 All authors have read, provided critical feedback on intellectual content and approved the final  
398 manuscript.

399 **Data sharing statement:** Owing to ethical restrictions, data are not available for sharing. Anyone who  
400 would like to use CPRD data will need to first submit an application to the Independent Scientific  
401 Advisory Committee (ISAC) of the Medicines and Healthcare products Regulatory Agency (MHRA)  
402 <http://www.cprd.com/ISAC/>.



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