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Organic Matter Is a Mixture of Terrestrial, Autochthonous, and Wastewater Effluent in an Urban River

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Terrestrially derived organic matter (OM) is known to dominate the OM pool in reference watersheds. Urban watersheds are known to receive large OM loads compared to reference watersheds, but the proportion of terrestrial, autochthonous, and anthropogenic (e.g., wastewater effluent) sources of OM in urban watersheds remains unknown. Organic matter was identified as a pollutant of concern in the Jordan River, an urban river in the Salt Lake Basin, U.S.A. Our objective was to identify autochthonous, terrestrial, and anthropogenic sources of three size-classes of OM to the Jordan River to inform OM reduction strategies within the watershed. Samples of coarse particulate OM (CPOM), fine particulate OM (FPOM), and dissolved OM (DOM) were analyzed for stable isotopes of carbon, nitrogen, and hydrogen. Stable isotope values of OM were used for Bayesian and graphical gradient-based mixing models to identify autochthonous, terrestrial, and anthropogenic sources. Fluorescent properties of DOM were also used to characterize the sources and composition of DOM. CPOM was primarily terrestrially derived with increased autochthonous inputs from macrophytes in warm months. FPOM was a mixture of terrestrial, autochthonous, and wastewater effluent throughout the year. DOM was primarily from wastewater effluent as well as DOM with isotope signatures unique to DOM from Utah Lake. Characterization of OM in urban rivers will help inform conceptual models of OM dynamics and load management in urban ecosystems.

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INTRODUCTION

Rivers and streams are hotspots of organic matter (OM) transport and transformation (McClain et al., 2003; Battin et al., 2008). By storing, transporting, and transforming OM, rivers provide important ecosystem services, such as nutrient retention and removal, which maintain water quality, and ecological integrity of downstream aquatic ecosystems. For example, river networks can efficiently transform terrestrial inputs into biomass that is used as energy for higher trophic levels (Wallace et al., 1977; Kominoski and Rosemond, 2012), and store or mineralize terrestrial inputs which can mitigate excessive nutrients (Alexander et al., 2009; Kaushal et al., 2014) and sediment loads (Larsen and Harvey, 2017) to downstream waterbodies. However, the rate and mechanisms by which terrestrial OM transformation occurs in rivers is highly variable (Mineau et al., 2016), as is the contribution of instream primary production to OM in rivers

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(Kendall et al., 2007). Further, transformation dynamics between particulate OM (POM) and DOM remains unknown (Lambert et al., 2017). Therefore, it is extremely difficult to identify sources of OM to rivers, especially in urban watersheds.

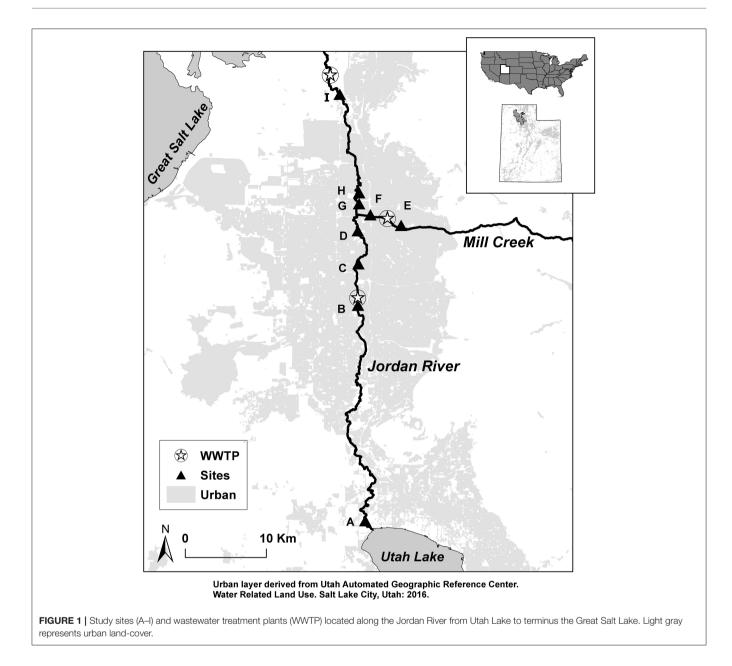
Urbanization has altered river geomorphology, flow regimes, and biological community structure, potentially reducing river capacity to retain and transform OM (Meyer et al., 2005; Kominoski and Rosemond, 2012; Smith and Kaushal, 2015). Hydrologic connectivity among streets, storm drains, pipe networks, and ditches results in very high drainage densities (i.e., stream length per unit watershed area) in urban watersheds compared to natural watersheds (Baruch et al., 2018). As a result, OM loads to urban rivers are larger than forested watersheds (Kaushal and Belt, 2012). Increased nutrients and light in urban rivers may also increase autochthonous OM production (Bernot et al., 2010; Smith and Kaushal, 2015) which is more bioavailable than terrestrial sources of OM (Kaplan and Bott, 1989; del Giorgio and Pace, 2008; Parr et al., 2015), and consequently stimulates microbial activity (Zimmerman and Canuel, 2000) which exacerbates eutrophication. Urban OM loads may also include less studied anthropogenically derived OM sources from impervious surface and lawn runoff (Edmonds and Grimm, 2011; Hosen et al., 2014) that include petrochemicals and surfactants in unknown quantities (Griffith et al., 2009; McElmurry et al., 2013).

One well-known source of anthropogenically derived OM in urban rivers is effluent from wastewater treatment plants (WWTPs). Effluent has been studied for decades (Gücker et al., 2006), but the relative magnitude of effluent as a source of OM, and the ecological and biogeochemical consequences of wastewater derived OM to downstream waters historically were ignored (Wassenaar et al., 2010). It is difficult to trace and quantify the downstream biological impact of a single WWTP for two reasons. First, OM from WWTPs is likely labile compared to terrestrial OM (Westerhoff and Anning, 2000; Figueroa-Nieves et al., 2014) and effluent is associated with high inorganic nutrient concentrations (Pennino et al., 2016). Therefore, labile OM from WWTPs may be rapidly transformed. Further, inorganic nutrients from effluent may spur primary production and microbial activity, which could increase the proportion of autochthonously derived OM in reaches downstream of WWTPs. Variability in the type, age, and maintenance of sanitary infrastructure in urban watersheds, for example septic tanks vs. sanitary sewers, and the diversity of stormwater infrastructure that is combined with sanitary infrastructure, can complicate understanding of downstream impacts of wastewater effluent in urban rivers (Wassenaar et al., 2010; Smith and Kaushal, 2015; Smith et al., 2017).

More research is needed to characterize anthropogenically derived OM (Hansen et al., 2016) and to quantify the proportion of autochthonous, terrestrial, and anthropogenic POM in rivers. A few studies have characterized the distinct nature of POM in human altered watersheds as more microbial or algal derived compared to reference watersheds which have more plant and soil derived POM (Newcomer et al., 2012; Lambert et al., 2017; Le Meur et al., 2017), but only one study directly sampled wastewater effluent POM (Duan et al., 2014) and the sources of more microbial POM in human altered watersheds remains unclear. Of studies that investigated sources of POM in urban watersheds, three have estimated the proportion of terrestrial and autochthonous, or anthropogenic, sources to riverine POM (Kendall et al., 2001; Gücker et al., 2011; Imberger et al., 2014). Autochthonous sources of POM were found to increase with greater watershed area, and represent at least half of POM in large rivers of the United States (drainage area >10,000 km²; Kendall et al., 2001). In small urban streams, POM was derived from both agricultural (15%) and WWTP (85%) sources (Gücker et al., 2011). Another urban study reported contributions of autochthonous sources ranged from 20 to 50% and the remainder was terrestrial (Imberger et al., 2014). While informative, these studies were based on carbon and nitrogen isotope mixing models with endmember $\delta^{13}C$ values that often overlapped, decreasing the precision of mixing models that partition sources of OM (Fry, 2006).

DOM sources to rivers, or its proxy DOC, have been studied extensively, but the proportions of autochthonous, terrestrial, and anthropogenic sources of DOM in urban rivers remain unknown. There is evidence that DOC in reference watersheds is dominated by terrestrial sources (Palmer et al., 2001; Hood et al., 2005; Cartwright, 2010; Wilkinson et al., 2013) while urban watersheds have an unknown proportion of labile (Hosen et al., 2014; Imberger et al., 2014), recently derived (Williams et al., 2016), and autochthonous DOM sources (Parr et al., 2015). Several studies have reported proportions of terrestrial vs. autochthonous DOM in lakes, with autochthonous sources ranging from 0 to 20% (Kritzberg et al., 2004; Bade et al., 2007; Ostapenia et al., 2009; Wilkinson et al., 2013), but we know of no studies that have reported proportional estimates of autochthonous, terrestrial and anthropogenic sources in rivers.

We autochthonous, hypothesized terrestrial, and anthropogenic sources of OM could be differentiated through the natural abundance of three stable isotope tracers: carbon, nitrogen, and hydrogen. Several studies have used carbon and nitrogen stable isotopes to characterize OM as primarily autochthonously or terrestrially derived for POM (Kendall et al., 2007; Newcomer et al., 2012; Duan et al., 2014; Imberger et al., 2014) and DOM (Duan et al., 2014), but we know of no other studies to use all three isotopes for three size classes. Additionally, carbon isotope values of terrestrial and autochthonous endmembers typically were not significantly different (Kendall et al., 2007; Newcomer et al., 2012; Imberger et al., 2014) which weakens the robustness of proportional estimates derived from endmember mixing models (Cloern et al., 2002; Doucett et al., 2007; Wilkinson et al., 2013). Large differences in $\delta^2 H$ values of autochthonous and terrestrial OM were historically recognized (Doucett et al., 2007), but contamination of $\delta^2 H$ OM values by ambient water vapor $\delta^2 H$ values during combustion prevented confident interpretation of $\delta^2 H$ values for OM samples. Fortunately, a bench top equilibration method was developed to standardize and correct for exchangeable δ^2 H values (i.e., water vapor contamination) during elemental analysis of bulk OM (i.e., exchangeable H + non-exchangeable H; Wassenaar and Hobson, 2000). Since the advent of the bench top equilibrium method a few studies have used $\delta^2 H$ values to characterize autochthonous and terrestrial



sources of OM (Wilkinson et al., 2013; Gudasz et al., 2017) in lakes surrounded by natural land uses, but no studies have used δ^2 H of OM in rivers, or in heavily disturbed ecosystems.

Our objective was to identify seasonal sources of OM to an urban river and estimate the proportional contributions of each source unique to coarse POM (CPOM, >1 mm), fine POM (FPOM, 1 mm -0.7μ m), and DOM (<0.7 μ m). CPOM, FPOM, and DOM were collected throughout the year in the Jordan River, an urban river in the Great Salt Lake Basin, Utah, U.S.A. (**Figure 1**). Stable isotope values of the three size classes of OM and all potential sources were used in a Bayesian inference endmember mixing model to estimate the proportional contributions of each source. We expected the natural abundance of three stable isotopes of POM sources, or the combined use of stable isotopes and optical properties of DOM could differentiate wastewater effluent from autochthonous and terrestrial OM sources.

MATERIALS AND METHODS

Study Sites

The Jordan River begins at Utah Lake, a shallow, eutrophic lake in the southern portion of the Great Salt Lake Basin. The river flows north 82 km where it terminates in wetlands that connect to the Great Salt Lake. Utah Lake receives water from the Provo River, Spanish Fork River, and American Fork River as well as wastewater effluent from six WWTPs in these drainages (PSOMAS Consulting, 2009). Three WWTPs discharge effluent into the Jordan River and are located 22, 37, and 50 km downstream from Utah Lake (**Figure 1**). Discharge from Utah

Lake to the Jordan River is regulated for irrigation and flood control in the Salt Lake metropolitan area; average daily discharge has ranged from 0.05 to 8.9 m³ s⁻¹ since 1985 (Hooten, 2011; Cirrus Ecological Solutions, 2012). Depth ranges from 0.57 to 1 m, width ranges from 16 to 39 m, and the dominant substrate is gravel in the upper reaches and fine sediments in lower reaches (Epstein et al., 2016).

Sampling Regime

Three size-classes of OM were collected at nine sites. Sites locations were chosen to capture the influence of Utah Lake (Site A, Figure 1), wastewater treatment plants (B, C, E, F), a major tributary, Mill Creek (D, G), and a surplus canal which diverts over half of river discharge just above site H (Epstein et al., 2016). The most downstream site (I) was chosen based on a compliance point location identified by the state of Utah and is the beginning of a transition zone from river geomorphology to wetland complexes associated with the Great Salt Lake. See Epstein et al. (2016) for more detailed site descriptions. CPOM, FPOM, and DOM were collected in April, July, September, and November of 2014, and December of 2015 for δ^{13} C, δ^{15} N, and δ^2 H stable isotope analysis. We collected OM in April and July to characterize OM before and after snowmelt-runoff which typically occurs in mid-June. OM was collected in September, November, and December to characterize OM before and after leaf senescence in October. We also collected river water for deuterium (δ^2 H-water) and carbon isotopes of DIC (δ^{13} C-DIC) at the same time as OM (but DIC was not collected in December 2015).

CPOM Sampling

CPOM was sampled at each site using bedload samplers based on the Helley-Smith bedload sampler design (Helley and Smith, 1971). One-mm mesh nets were attached to the bottom and top of a steel pole. The nets were held perpendicular to flow for 6 min to collect CPOM in transit along the bottom and surface of the Jordan River. CPOM was rinsed from the nets into plastic trays, then macroinvertebrates, fish, and garbage were removed, and the samples were stored on ice in plastic bags until returned to the laboratory where they were stored frozen until further processing. CPOM samples were then dried, ground and analyzed for δ^{13} C, δ^{15} N, and δ^{2} H. CPOM samples were collected in nine different months of 2013 and were combined with previously collected samples collected in 2014 and 2015 from the same month (Epstein et al., 2016). Fall included samples collected in November and September, winter included February and December, spring included April and May, and summer included June, July, and August.

FPOM Sampling

Two, 1-l polyethylene bottles at each site were collected for both FPOM and DOM analysis. Grab samples were transported on ice back to the laboratory for filtering. FPOM for δ^{13} C and δ^{15} N isotope analysis was collected on 25 mm diameter glass fiber filters of 0.7 μ m pore size (Whatman GF/F, Maidstone, UK). Filters were dried at 50°C, rewet with deionized water, and acidified by fumigation in a desiccator with 25% HCl for 6 h

(Brodie et al., 2011). FPOM for $\delta^2 H$ isotope analysis was collected on 0.45 μm nylon filters (Whatman polyamide membrane filters, Maidstone, UK) then backwashed into deionized water, and dehydrated at 50°C in a drying oven (Wilkinson et al., 2013). The remaining solid was scraped from glass dishes and sent for $\delta^2 H$ isotope analyses.

DOM Sampling

The filtrate that resulted from FPOM collection on 0.7 μ m glass fiber filters (Whatman GF/F, Maidstone, UK) was used for DOM isotope analysis. One liter was acidified to pH 2.5–3 with concentrated HCl to remove inorganic carbon. Acidified DOM was then evaporated in 8-inch diameter glass dishes at 50°C, residue was scraped from plates (Wilkinson et al., 2013), and stored in scintillation vials for analysis of δ^{13} C and δ^{15} N isotopes. DOM from November 2014 and December 2015 was freeze dried because several acidified DOM samples congealed after dehydration and were not suitable for isotope analysis. The other liter of non-acidified DOM was dehydrated as described above, and residue was sent for δ^2 H isotope analysis.

OM Source Sampling

Five endmember categories were evaluated as possible sources for each size class of OM: terrestrial, autochthonous, benthic organic matter (BOM), wastewater effluent, and OM from Utah Lake. For terrestrial and autochthonous sources, 1-2 samples of each source were collected from each site and dried at 50°C for stable isotope analysis. Terrestrial sources included riparian vegetation as leaf-litter (senesced), tree leaves (not senesced), and Phragmites. Autochthonous sources included macrophytes, biofilm, and algae. Macrophytes were cut from large submerged aquatic vegetation anchored to the benthic sediment. Biofilm was scraped from benthic rocks, and algae were collected from green mats floating on the water surface. Autochthonous sources were transported back to the laboratory, rinsed with DI water, and large macroinvertebrates (>1 mm) were removed. BOM was collected by sinking a stove-pipe 5-10 cm into the benthic sediment, agitating with a meter stick, then a 100 mL sample of the suspended BOM was collected and stored in coolers for transport to the laboratory for filtering. Endmembers for OM derived from WWTP effluent were collected from effluent discharged into Mill Creek ca. 2 km upstream from its confluence with the Jordan River (Figure 1). WWTP endmember samples (hereafter WWTP-CPOM, WWTP-FPOM, WWTP-DOM) were collected concurrently with seasonal samples of FPOM and DOM. We expected OM from Utah Lake (Lake-CPOM, Lake-FPOM, Lake-DOM) to have a distinct isotope signature compared to other sources due to a combination of factors including a longer water residence time and high primary production compared to the river, as well as the influence of six WWTP in streams that terminate in Utah Lake (Cirrus Ecological Solutions, 2012). Lake OM was collected in a large depositional area directly below the Utah Lake pumping station, at the head of the Jordan River.

Stable Isotope Analysis

All dried CPOM samples were ground in a coffee bean grinder prior to weighing and encapsulation for isotope analysis. Samples on filters and DOM were weighed and directly encapsulated without grinding. Acidified OM samples were packed in silver and non-acidified samples were packed in tin capsules. Samples for $\delta^{13}C$ and $\delta^{15}N$ analysis were sent to the Stable Isotope Facility (SIF) at University of California, Davis on a PDZ Europa ANCA-GSL elemental analyzer interfaced to a PDZ Europa 20-20 isotope ratio mass spectrometer (Sercon Ltd., Cheshire, UK) with a long term standard deviation of 0.2‰ for ¹³C and 0.3‰ ¹⁵N. Deuterium analysis was conducted at the Colorado Plateau Stable Isotope Laboratory at Northern Arizona University. Samples were pyrolyzed to H₂ gas following the procedures of Doucett et al. (2007) and analyzed on a Thermo-Finnigan TC/EA and DeltaPLUS-XL (Thermo Electron Corporation, Bremen, Germany; precision 2‰). The δ^{13} C of DIC was obtained by filling helium-flushed, 12 mL exetainer vials with 1 mL of 85% phosphoric acid and 4 mL of filtered river water (Taipale and Sonninen, 2009). DIC samples were analyzed at SIF using a GasBench II system interfaced to a Delta V Plus IRMS (Thermo Scientific, Bremen, Germany) with a long term standard deviation of 0.1‰. River water was analyzed for $\delta^2 H$ (precision 2‰) and δ^{18} O (precision 1‰) isotopes at the Utah State University Stable Isotope Lab. Water samples were run using a GasBench II with GC PAL auto-sampler interfaced to a Delta V Plus IRMS (Thermo Scientific, Bremen, Germany; precision 2‰ ²H and 1‰ ¹⁸O).

Isotope Mixing Models

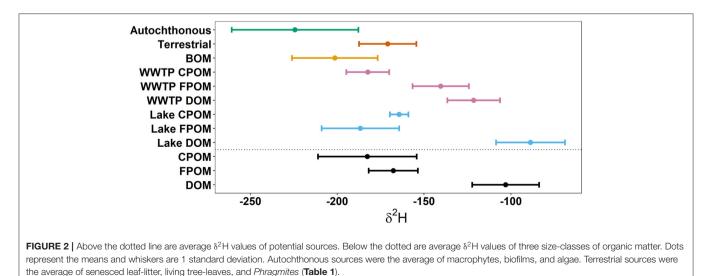
Two different isotope mixing models were used, a Bayesian mixing model, and a graphical gradient-based mixing model. The Stable Isotope Mixing Model in R package (SIMMR) provided a Bayesian inference mixing model designed to estimate the proportional contribution of sources to a mixture (Parnell, 2016). SIMMR can incorporate variability of end-members into the model and estimate source contributions to a mixture regardless of the number of isotope tracers (Parnell et al., 2013). CPOM

samples were grouped by season for analysis; FPOM and DOM were grouped by month for analysis.

SIMMR was first run for each OM size-class, CPOM, FPOM, and DOM, using all potential sources (13 total). The high density intervals (HDI) of estimated source contribution were compared to identify significant sources to OM. Estimated values within the HDI have higher probability density than values outside the HDI and the total probability of values within the 95% HDI is 95% (Kruschke, 2018). Within the 95% HDI, a 75% HDI was delimited to convey skewness of the 95% HDI, and further constrain the most credible contribution estimates. Similar to the 95% HDI, values within the 75% HDI are more probable than outside the 75% HDI.

Sources were excluded from subsequent mixing models for two reasons. First, if the 75% HDI of feasible solutions was <10%, the source was considered too small a contributor and was excluded from subsequent models. Second, if the 75% HDI of feasible solutions estimated a contribution <60% of OM, isotope values were considered too variable, and the source was excluded. Sequential models were run and sources were excluded until a model with four or less sources was resolved. We used three isotope tracers (δ^{13} C, δ^{15} N, δ^{2} H) to estimate source contributions to CPOM and FPOM, but only $\delta^{13}C$ and $\delta^{2}H$ isotopes were used in the DOM mixing model since $\delta^{15}N$ values of DOM included nitrate. While SIMMR can estimate any number of sources, we constrained our CPOM and FPOM models to four sources since we had three isotope tracers and models for DOM were constrained to three sources since we had only two isotope tracers.

In addition to the Bayesian mixing model, a graphical, gradient-based mixing model was used to partition FPOM and DOM sources as either terrestrial or autochthonous (Mohamed and Taylor, 2009; Rasmussen, 2010; Wilkinson et al., 2013). If OM was primarily derived from terrestrial inputs, δ^{13} C-OM or δ^{2} H-OM would not vary systematically with δ^{13} C-DIC or δ^{2} H-water, and yield a flat line with a y-intercept at the average δ^{13} C or δ^{2} H terrestrial isotope values. If OM was primarily derived from autochthonous production, the δ^{13} C and δ^{2} H values would vary



linearly with aqueous $\delta^{13}C$ -DIC or δ^2H -water values (Wilkinson et al., 2013). A gradient-based mixing model was not used to identify sources of CPOM because $\delta^{13}C$ -DIC and δ^2H -water were not collected simultaneously with all CPOM samples.

Water Quality Metrics

DOC, total dissolved nitrogen (TDN), and Chlorophyll *a* (Chla) were collected in April, July, September, November, and December along with OM samples. DOC and TDN samples were filtered through 0.7 μ m glass fiber filters into 40 mL amber vials and acidified with HCl to a pH of 2.5 for storage until carbon analysis. Acidified DOC and TDN samples were run on a Shimadzu TOC-L analyzer via catalytic oxidation combustion at 720°C (DOC MDL 0.2 mg L⁻¹, TDN MDL 0.1 mg L⁻¹; Shimadzu Corp., Kyoto, Japan). Chla was collected on glass fiber filters, instream, with a drill-pump (Kelso and Baker, 2015), wrapped in

TABLE 1 | Carbon, nitrogen, and hydrogen isotope mean and standard deviation

 for potential sources of Jordan River organic matter (OM) including,

 autochhtonous and terrestrial sources, OM sources from Utah Lake and WWTP

 effluent, and average isotope values for each size-class of Jordan River OM.

	n	$\delta^{13}C$ ‰	$\delta^{15}N$ ‰	δ ² Η ‰
SOURCES				
Average autochthonous		-25.5 ± 5.7	8.7 ± 4.9	-222.6 ± 27.7
Macrophytes	24	-26.5 ± 4.6	10.4 ± 5.4	-198.0 ± 21.1
Biofilm	30	-22.4 ± 5.6	9.3 ± 3.8	-244.2 ± 29.4
Algae	10	-29.6 ± 7.1	6.3 ± 5.4	-255.6 ± 32.6
Average terrestrial		-27.2 ± 1.2	5.8 ± 3.1	-163.8 ± 11.5
Senesced leaf-litter	11	-27.8 ± 0.6	3.9 ± 2.4	-165.8 ± 10.0
Living tree leaves	17	-28.5 ± 1.4	6.9 ± 3.5	-159.4 ± 9.1
Phragmites	11	-28.4 ± 1.7	9.6 ± 3.5	-170.4 ± 15.4
BOM	21	-22.9 ± 4.8	5.1 ± 2.1	-202.3 ± 24.0
Lake-CPOM	2	-25.6 ± 0.5	7.4 ± 1.8	-164.4 ± 5.3
Lake-FPOM	5	-19.1 ± 6.1	6.8 ± 1.8	-186.7 ± 19.3
Lake-DOM	6	-25.9 ± 2.0	5.0 ± 3.9	-86.1 ± 18.2
WWTP-CPOM	5	-25.6 ± 1.7	10.4 ± 3.2	-182.4 ± 12.4
WWTP-FPOM	5	-23.9 ± 0.5	8.5 ± 1.2	-140.4 ± 16.2
WWTP-DOM	5	-23.5 ± 3.5	$29.4\pm12.4^{\rm a}$	-121.5 ± 15.2
RIVER ORGANIC MAT	TER			
CPOM	49	-27.0 ± 1.4	8.6 ± 2.5	-182.2 ± 28.3
FPOM	28	-22.1 ± 2.9	7.2 ± 1.6	-166.8 ± 13.6
DOM	30	-25.4 ± 1.7	25.1 ± 15.4^{a}	-117.2 ± 19.3
DIC AND WATER				
River-DIC	34	-9.4 ± 0.9		
Lake-DIC	8	-2.7 ± 0.9		
WWTP-DIC	8	-8.3 ± 0.6		
River-water	49			-98.0 ± 15.9
Lake-water	8			-77.6 ± 30.9
WWTP-water	11			-111.7 ± 9.2

^aDOM nitrogen isotope values include nitrate and were not included in the Bayesian mixing models. Carbon and hydrogen isotopes from River water and dissolved inorganic carbon (DIC) were averaged across all months sampled. Stable Isototpe Analsysis In R (SIMMR) was conducted on all size classes and gradient-based mixing models were conducted on FPOM. Macrophytes, biofilm, and algae were included in average autochthonous values and senesced leaf-litter, living tree leaves and Phragmites were included in average terrestrial values.

foil, frozen, and subsequently analyzed on a Turner handheld fluorometer (Turner Designs, Sunnyvale, CA; MDL 0.1 mg L^{-1}) following Steinman et al. (2007).

DOM Spectroscopic Indices

Six fluorescence indices were calculated from excitation emission matrices (EEMs) which were produced on a Horiba Aqualog spectrofluorometer (Horiba Scientific, Edison, New Jersey) from DOC samples that were not acidified. EEMs were collected over excitation (ex) wavelengths 248–830 nm at 6 nm increments and over emissions (em) 249.4–827.7 nm at 4.7 nm (8 pixel) increments. All samples were collected in ratio mode (S/R) and run at an integration time resulting in a maximum emission intensity of 5,000–50,000 counts per second, typically 0.25–1 s. Samples that exceeded 0.3 absorbance units at ex 254 nm were diluted with deionized water. All samples were corrected for inner filter effects, Rayleigh scatter, and blank subtracted in MATLABTM (version 6.9; MathWorks, Natick, Massachusetts) as described in Murphy et al. (2013).

The fluorescence index (FI), Yeomin fluorescence index (YFI), freshness index (BIX), humification index (HIX), peak T to peak C ratio (TC), and SUVA₂₅₄ were calculated from corrected EEMs in MATLABTM. The FI was calculated at ex 370 nm as the ratio of em intensities at 470 and 520 nm (Cory and McKnight, 2005). The YFI was calculated as the average intensity over em 350–400 nm divided by the average intensity over em 400–500 nm at ex 280 nm (Heo et al., 2016). YFI was calculated in addition to the FI because the YFI can better differentiate fluorophore precursor materials than the FI, and it is less sensitive to concentration-dependent effects (Heo et al., 2016). For example, the YFI has a

 TABLE 2 | Sources that were included and excluded for each OM size-class

 SIMMR model.

	СРОМ	FPOM	DOM
Macrophytes	Included	<10%	<10%
Biofilm	Included	<10%	<10%
Algae	<10%	<10%	<10%
Senesced leaf-litter	Included	Included	Included
Living tree leaves	0–80%	Included	Included
Phragmites	0–60%	<10%	<10%
BOM	<10%	Included	<10%
Lake-CPOM	0–60%	0–60%	<10%
Lake-FPOM	<10%	Included	<10%
Lake-DOM	<10%	0-100%	Included
WWTP-CPOM	0-100%	0–60%	<10%
WWTP-FPOM	<10%	Included	0–60%
WWTP-DOM	<10%	<10%	Included

^aSources that were excluded have the 75% high density interval (HDI) range listed. If the SIMMR model estimated a source to have a 75% HDI of <10% it was excluded as a potential source because it likely contributed too small a proportion to accurately estimate the proportional contribution for that OM size class. If the SIMMR model estimated a source to have a 75% HDI of >60%, then the stable isotope values of that source was considered too variable compared to the stable isotope values for that OM size-class, and the 75% HDI is reported in this table.

wide index range for fulvic, humic, aminosugar-like, and proteinlike fluorophores (0.30-6.41), the last two of which are prevalent in WWTP effluent. In contrast, the FI has a narrower index range (0.82-2.14), and cannot distinguish between protein-like and aminosugar-like standards (Heo et al., 2016). The β : α index (BIX), also called the freshness index, was calculated as the intensity at ex 380 nm divided by the max intensity between em 420 and 435 nm, where higher values represent more recently derived DOM (Parlanti et al., 2000). The HIX was calculated at ex 254 nm as the area under em 435-480 divided by the area under em 300-450 + 435-480 nm; higher HIX values represent more humic-like material (Zsolnay et al., 1999). The TC index is the ratio of maximum fluorescence in the peak T region (protein-like) vs. peak C region (humic-like) with higher values representing more protein-like DOM, which are also associated with WWTP effluent (Baker, 2001). TC was calculated as the ratio of maximum fluorescence at ex 275/em 350 nm to max intensity within ex 320-340 nm/em 410-430 nm (Gabor et al., 2014). SUVA₂₅₄, an indicator of aromaticity, was calculated from DOM absorbance at 254 nm normalized by DOC concentration (Weishaar et al., 2003). Nitrate and iron interferences with fluorescence and absorbance indices were ruled out following Weishaar et al. (2003) given iron concentrations were $<1 \text{ mg L}^{-1}$ and nitrate concentrations were $<40 \text{ mg L}^{-1}$ (maximum 20.4 mg L^{-1} TDN this study, maximum NO₂⁻⁺ NO₃-N 8 mg L⁻¹).

Spectroscopic indices were correlated to water quality metrics with all months combined. Correlations were conducted with the

GGally package in R (Schloerke et al., 2014). Correlations were considered significant when correlation coefficients were >0.35 (Rholf and Sokal, 1995).

RESULTS

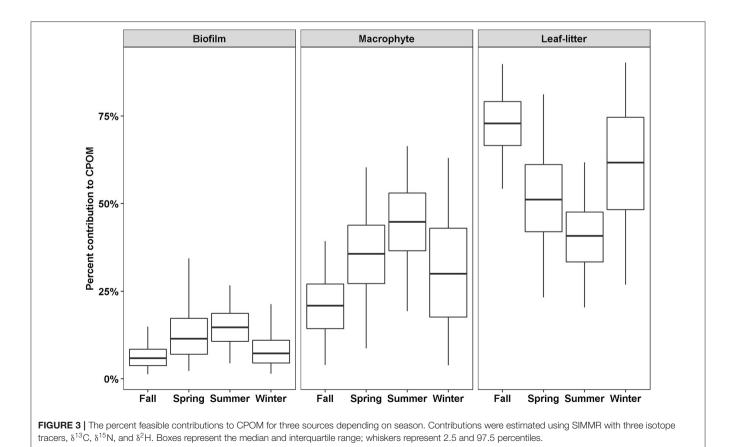
Source Isotope Values

Autochthonous, Terrestrial, and Anthropogenic

Deuterium was the only isotope that sufficiently separated autochthonous and terrestrial sources (**Figure 2**). Biofilm, algae, and macrophytes had the most negative δ^2 H values (mean -222.6%, *SD* 35.9; **Table 1**). WWTP-FPOM, WWTP-DOM, and Lake-DOM had the most positive δ^2 H values (**Figure 2**). All other sources had average δ^2 H values between -150 and -200%. Average δ^{15} N for all sources were between 5 and 10‰ (**Table 1**, **Supplementary Material**) except for WWTP-DOM which had more positive values (29.4 δ^{15} N‰) because it included enriched WWTP-derived nitrate (Kendall et al., 2007; Piñón-Gimate et al., 2009; Duan et al., 2014). Average δ^{13} C values from autochthonous sources overlapped the range of terrestrial δ^{13} C values, again highlighting that only δ^2 H isotopes may be able to differentiate between autochthonous and terrestrial sources (**Table 1**, **Supplementary Material**).

Leaf-Litter vs. Tree Leaves

Carbon and hydrogen isotope values were similar between leaflitter and tree leaf sources (**Table 1**). Therefore, if SIMMR did not



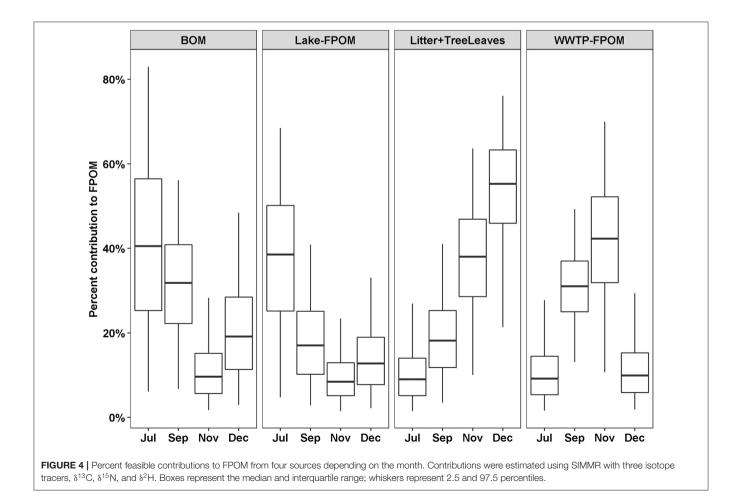
distinguish sources depending on the δ^{15} N isotope value of an OM size class, as was the case with FPOM and DOM, these leaf sources were averaged together and modeled as one terrestrial source (Litter + TreeLeaves). However, because leaf-litter had lower δ^{15} N values (mean 3.9, *SD* 2.4‰) compared to living tree leaves (mean 6.9, *SD* 3.5‰), SIMMR could distinguish leaf-litter as a source depending on season for CPOM, but not FPOM and DOM (see below). For example, average FPOM δ^{15} N values were similar in November (mean 5.2, *SD* 0.3‰) compared to FPOM δ^{15} N values July (7.3, *SD* 0.6‰). Whereas, CPOM δ^{15} N values were lower in September (6.0, *SD* 0.3‰) and November (5.1, *SD* 0.7‰) compared to CPOM δ^{15} N values in June (18.8, *SD* 0.1‰), July (8.8, *SD* 1.6‰), and August (9.8, *SD* 1.6‰).

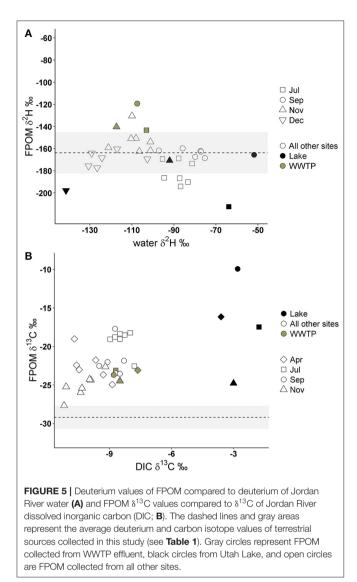
CPOM Sources Bayesian Model

Out of thirteen possible OM sources, six were considered too small a proportion to accurately estimate the proportional contribution to CPOM (algae, BOM, Lake-FPOM, Lake-DOM, WWTP-FPOM, WWTP-DOM) and four were considered too variable (living tree leaves, *Phragmites*, Lake-CPOM, WWTP CPOM; **Table 2**). Therefore, three possible sources of CPOM were identified: biofilms, macrophytes, and leaf-litter. Leaf-litter always represented the greatest feasible proportion of CPOM, except in summer when leaf-litter and macrophyte contributions were roughly equal (**Figure 3**). Macrophytes were the second most likely source of CPOM; contributions ranged from 4 to 38% in fall, then proportions increased in winter and spring, and the greatest proportions were in summer (15–64%). Biofilm was the least likely source of CPOM with greater contributions estimated in spring (3–34%) and summer (5–26%) compared to fall (2–12%) and winter (2–21%).

FPOM Sources Bayesian Model

Out of 13 possible OM sources, five were considered too small a proportion to accurately estimate the proportional contribution to FPOM (macrophytes, biofilm, algae, *Phragmites*, WWTP-DOM) and three were considered too variable (Lake-CPOM, Lake-DOM, WWTP CPOM; **Table 2**). Therefore, four potential sources of FPOM were identified by SIMMR, including BOM, Lake-FPOM, Litter + TreeLeaves and WWTP-FPOM. BOM and Lake-FPOM had greater feasible proportions in July and September, than November and December, ranging from 9 to 82% in July and 8 to 58% in September (**Figure 4**). Litter + TreeLeaves increased from July to December with median percent contributions of 12% in July and 53% in December. WWTP-FPOM was greatest in September and November, and ranged from 16 to 69% over both months. In summary, terrestrial sources of FPOM increased in autumn, with possible





autochthonous contributions from Lake-FPOM in July and September, and increased sources from WWTP-FPOM in September and November.

Gradient Model

If FPOM was derived from 100% autochthonous sources, we expected δ^2 H-FPOM and δ^{13} C-FPOM values to have a positive relationship with δ^2 H-water and δ^{13} C-DIC. Lake samples were excluded from δ^{13} C gradient models because Lake DIC- δ^{13} C values were extremely positive compared to all other OM (**Figure 5**). There were no significant linear relationships between δ^2 H-FPOM and δ^2 H-water within months, or among all months combined (**Figure 5A**, **Table 3**). FPOM δ^2 H values averaged $-166.3 \ (SD \ 13.6)$ which was similar to average terrestrial sources (-163.8%, SD \ 11.5). WWTP-FPOM had δ^2 H-FPOM values (mean -140%, SD \ 16.2) that were more positive than terrestrial δ^2 H values (**Figure 5A**). Several FPOM samples from July had lower δ^2 H values than terrestrial sources, suggesting autochthonous contributions

TABLE 3 Regressions results for graphical analysis of gradient based mixing
models of FPOM (top) and DOM (bottom).

Month	δ^2 H-FPOM vs. δ^2 H-Water				$\delta^{13}\text{C-FPOM}$ vs. $\delta^{13}\text{C-DIC}$			
	n	slope	r	p	n	slope	R	p
April	_	_	_	_	7	-0.33	0.16	0.2
July	8	-0.29	0.35	0.07	8	-0.29	-0.14	0.72
September	7	-0.59	0.627	0.02	7	-0.69	-0.19	0.95
November	8	-0.17	-0.08	0.51	8	0.45	0.44	0.04
December	6	0.45	-0.15	0.58	-	-	-	-
All months	29	-0.29	0.05	0.12	30	0.17	0.19	0.01
	δ^2 H-DOM vs. δ^2 H-Water				$\delta^{13}\text{C-DOM}$ vs. $\delta^{13}\text{C-DIC}$			
Month	n	slope	r	p	n	slope	r	p
April	_	_	_	_	6	1.18	0.55	0.05
July	8	0.13	-0.07	0.49	8	0.21	-0.03	0.41

Month	n	slope	r	p	n	slope	r	р
April	-	_	_	_	6	1.18	0.55	0.05
July	8	0.13	-0.07	0.49	8	0.21	-0.03	0.41
September	8	0.82	0.09	0.24	7	0.03	-0.16	0.71
November	6	0.38	0.41	0.09	7	0.31	0.49	0.05
December	7	-0.12	0.03	0.32	-	-	-	-
All months	29	-0.19	0.05	0.13	28	-0.02	0.04	0.82

Analyses were run for each month and for all months combined.

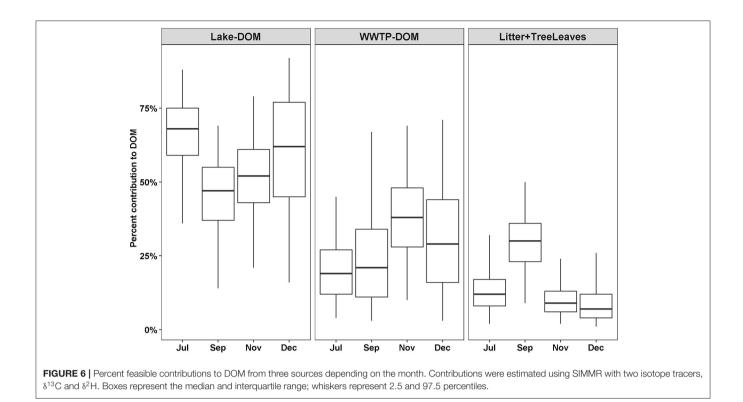
to FPOM in July. November δ^{13} C-FPOM and δ^{13} C-DIC values had a positive relationship, and all other months were not significantly correlated (**Figure 5B**, **Table 3**). The results of both models indicated FPOM was primarily terrestrial in November and December with possible autochthonous contributions from Lake-FPOM and BOM in July, and increased contributions from WWTP-FPOM in September and November.

DOM Sources Bayesian Model

Out of 13 possible OM sources, eight were considered too small a proportion to accurately estimate the proportional contribution to DOM (macrophytes, biofilm, algae, Phragmites, BOM, Lake-CPOM, Lake-FPOM, WWTP-CPOM) and WWTP-FPOM estimates were considered too variable to consider as a source (Table 2). Lake-DOM was the primary source of river DOM, with median contributions that ranged from 48 to 70% throughout the year (Figure 6). WWTP-DOM was the second most likely source of DOM, with median values ranging from 20 to 33% in all months. Litter + Tree leaves contributions were similar among July, November, and December (mean 11%, SD 7), but were greater in September (mean 29%, SD 10). Generally, SIMMR predicted average terrestrial contributions of 16%, anthropogenic contributions from WWTP-DOM were a minimum of ~20% throughout the year, and Lake-DOM was always the most likely DOM source.

Gradient Model

If DOM was derived from 100% terrestrial sources, we expected no relationship between δ^2 H-DOM and δ^{13} C-DOM vs. δ^2 H-water and δ^{13} C-DIC, and a flat line near terrestrial values.



All δ^2 H-DOM values were more positive (mean -103.6‰, *SD* 19.3) than average δ^2 H values of terrestrial sources (**Figure 7**), and there were no significant linear relationships between δ^2 H-DOM and δ^2 H-water (**Table 3**). There were positive relationships between δ^{13} C-DOM and δ^{13} C-DIC in April and November (**Figure 7**), but these relationships were dependent on WWTP-DOM values, which had more positive δ^{13} C-DOM values than other sites in each month. Both models indicated Lake-DOM was a major source of DOM in the Jordan River, and DOM was neither autochthonous nor terrestrial but had major contributions from WWTPs throughout the year.

Fluorescence Indices and Water Quality

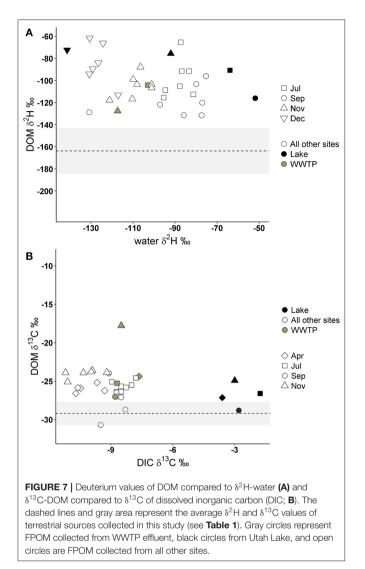
Correlations of spectroscopic indices and water quality metrics indicated DOM was microbially derived but not necessarily from autochthonous sources. Chla was negatively correlated with FI (r = -0.43) and YFI (r = -0.48) values (Figure 8). This negative relationship was driven by greater Chla concentrations and low FI/YFI values in July, compared to higher FI/YFI values and low Chla in November and December (Figure 8). DOC was positively correlated with FI (r = 0.51) and YFI (r = 0.45) values and negatively correlated with HIX (r = -0.28) and SUVA (r =-0.42). Therefore, samples with high DOC concentrations were more microbially derived, and less aromatic, than samples with low DOC concentrations. SUVA values were also significantly higher in September than all other months, indicating increased aromatic content of DOM (Figure 8). TC values were too variable to interpret as biologically significant, likely due to highly correlated Peak T and Peak C fluorescence intensities.

DISCUSSION

Sources of CPOM and FPOM Were Different and Varied Over Time

POM sources were consistent with previous OM studies in urban watersheds, which found POM was a mixture of sources, e.g., periphyton, leaves, and grass (Newcomer et al., 2012), had major contributions from WWTP effluent (Gücker et al., 2011; Duan et al., 2014), or had significant autochthonous contributions from algae and macrophytes (Imberger et al., 2014). Unlike previous studies we were able to identify microbially derived sources of POM distinct from autochthonous sources of POM and to our knowledge this is the first study to quantify the proportional contributions of wastewater effluent, autochthonous, and terrestrial sources of POM in an urban river. CPOM was primarily terrestrial with a greater proportion of macrophyte and biofilm sources in warm months and no sources linked to wastewater effluent. FPOM was composed of a mixture of terrestrial sources (leaf-litter and tree leaves), BOM, WWTP-FPOM, and autochthonous sources from Lake-FPOM. We acknowledge the possibility that fine clay and other minerals may have been included in stable isotope samples of BOM. However, mineral interference with BOM isotope values was likely minimal because of our sampling methodology, which collected BOM suspended in the water column after agitation of the benthic surface.

Lake-FPOM contributions were greatest in July, due to greater releases of lake water to the Jordan River in summer (Cirrus Ecological Solutions, 2012; Follstad Shah et al., 2019). Likewise, WWTP-FPOM contributions were greatest in fall due



to less dilution from Lake-FPOM after summer irrigation season (Follstad Shah et al., 2019). Lake-FPOM was assumed to be mostly autochthonous in July for two reasons. First, δ^2 H-FPOM values were lower than average terrestrial δ^2 H values in July indicative of autochthonous sources which have lower δ^2 H values than terrestrial sources (Doucett et al., 2007). Second, Chla concentrations were highest at all sites in July, and reached up to 30 μ g L⁻¹ in Utah Lake. Our results indicate that autochthonous and effluent sources can dominant POM composition, depending on seasonal changes in water source (e.g., lake water vs. WWTP effluent) and autotrophic production.

DOM Was Primarily Microbially Derived

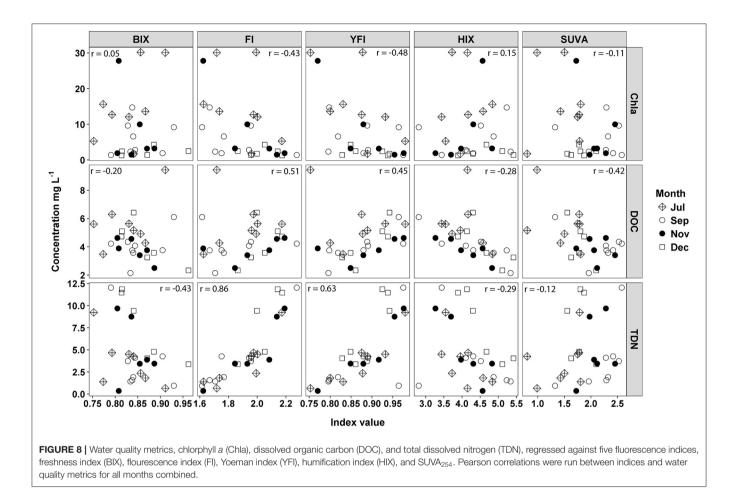
Fluorescence indices and $\delta^2 H$ isotope values indicated the majority of DOM was microbially derived, but not from autochthonous sources. High FI/YFI values (>2) indicated microbially derived DOM (Heo et al., 2016; Ateia et al., 2017), and high FI/YFI were associated with sites directly below WWTP inputs, and were negatively correlated to Chla, indicating a microbial, labile source of DOM uncoupled from autotrophic

sources. Interpretation of the FI is based on humic acid standards that distinguish between autochthonous and terrestrial endmembers from a eutrophic lake in Antarctica (Pony Lake) and a black water river in Georgia (the Suwannee). These two standards have FI values that range from 1.2 to 1.5 for the terrestrial and autochthonous endmembers (Cory and McKnight, 2005; Cory et al., 2010). The FI has since been broadly applied to bulk DOM samples across ecosystem types with typical values ranging between 1.1 and 1.8 (Jaffé et al., 2008). FI values above 2 have been attributed to wastewater derived DOM (Dong and Rosario-Ortiz, 2012; Hansen et al., 2016; Ateia et al., 2017), suggesting WWTP effluent is likely more microbially derived than, for example, algal derived DOM. However, at high DOC concentrations the relationship between fluorescence intensity and DOC concentration is not linear (Korak et al., 2014). Therefore, when comparing FI values over a wide range of DOC concentrations the magnitude of change in FI values likely does not represent the magnitude of change in DOM source material or microbially derived DOM (Korak et al., 2014). Thus, the sensitivity of FI values as an index of differences in DOM composition for samples across a wide range of DOC concentrations is limited (Korak et al., 2014).

In addition to high FI/YFI, all δ^2 H-DOM values were more positive than average terrestrial isotope values in this study, as well as more positive than terrestrial values in a similar study of Midwestern lakes (Wilkinson et al., 2013). Terrestrial sources in previous freshwater studies ranged from -124 to $-161 \delta^2 H$ ‰ (Doucett et al., 2007; Collins et al., 2016) which is much more negative than Jordan River δ^2 H-DOM values, serving as a second line of evidence that the majority of DOM is not from terrestrial sources and is microbially derived. This is significant because while many studies have concluded WWTP effluent is a prevalent source of DOM in urban rivers many did not include sewage sources in the initial study design and did not sample effluent directly (Sickman et al., 2007; Petrone et al., 2011; Newcomer et al., 2012; Lambert et al., 2017). A few studies directly sampled effluent and found DOM was less aromatic (Westerhoff and Anning, 2000), or had lower C:N ratios (Gücker et al., 2011) compared to DOM in agricultural catchments. Similar to this study, Duan et al. (2014) sampled effluent DOM and found terrestrially derived OM was replaced by wastewater and autochthonous sources of DOM.

Deuterium as a Possible Effluent Tracer

Lake-DOM was the primary source of DOM, which also had enriched δ^2 H-DOM values (-86.1‰, *SD* 18.2) compared to all other sources. We expected Utah Lake DOM to have more negative δ^2 H values than terrestrial DOM sources due to autochthonous production, but Utah Lake had enriched δ^2 H-DOM values due to evaporative enrichment of δ^2 H-water in Utah Lake (Jameel et al., 2016). Microorganisms likely used enriched lake water for photosynthesis which would enrich microbially derived δ^2 H-DOM. However, Utah Lake also receives effluent from six WWTPs, and therefore WWTP as a source of DOM in Utah Lake cannot be discounted. The second most likely source of DOM was WWTP-DOM which we assumed



would have a δ^2 H isotope value similar to the δ^2 H value of human derived organic matter. While deuterium values of humans vary greatly depending on diet (Mant et al., 2016), deuterium isotope values of human hair directly correlates with local tap water δ^2 H values (Ehleringer et al., 2008) which range from -131.9 to -93.6‰ in the Salt Lake Valley (Jameel et al., 2016). This is within the range of WWTP-DOM in this study.

CONCLUSIONS

Each size-class of OM was derived from different sources and varied depending on the dominance of effluent discharge to the river compared to lake water and primary production in summer. Autochthonous sources of CPOM and FPOM increased in summer but differed depending on size class. For example in summer, macrophytes were the primary autochthonous contributor to CPOM while derivatives of autochthonous particulates from Utah Lake increased compared to other OM sources of FPOM. DOM was primarily from WWTP effluent or algal sources from eutrophication in Utah Lake, or a combination of the two considering Utah Lake receives effluent from six WWTPs. As the primary sources of DOM in the Jordan River, the proportion of Lake-DOM and WWTP-DOM contributing to the Jordan River throughout the year has important implications for management efforts to reduce OM loads in the river considering DOM is the largest OM pool in the Jordan River.

Implications for Urban River Research

This study highlights a gap in evolving urban aquatic ecosystem conceptual frameworks which have yet to incorporate the role of higher order streams and rivers (e.g., >1,000 km²) and the effects of reservoirs or inlet/outlet lakes on urban OM source and quality. The Urban Stream Syndrome (Walsh et al., 2005) characterized hydrology of engineered headwater stream networks as flashy, which is the opposite of urban rivers like in this study which are highly regulated and sourced from a lake. Likewise, the Urban Watershed Continuum is a framework based on low order urban streams and calls for further research of OM dynamics in large, human altered rivers (Kaushal and Belt, 2012; Smith and Kaushal, 2015). Specifically, this study can inform broader investigations of whether urbanization has increased the proportion of autochthonously derived OM in rivers compared to reference watersheds. There are several examples of studies of OM quality and quantity in large, urban rivers with WWTP inputs, including foundational work in the Santa Cruz and Gila Rivers of Phoenix, AZ (Westerhoff and Anning, 2000; Edmonds and Grimm, 2011), Hudson River, NY (Findlay, 2005; del Giorgio

and Pace, 2008; Caraco et al., 2010), and Sacramento River, CA (Sickman et al., 2007), but the results of these studies have yet to be incorporated into a larger framework that links headwaters, rivers lakes and reservoirs in human altered watersheds (Kaushal and Belt, 2012).

Implications for Urban Watershed Management

OM load reduction and regulation begins with source identification, and therefore, this study informs future management of urban river water quality. For example, the total maximum daily load plan developed for the Jordan River found excessive OM was the cause of a low dissolved oxygen impairment, and identified 35 possible sources of POM, primarily from stormwater runoff and tributaries (Cirrus Ecological Solutions, 2012). We narrowed sources of POM and DOM depending on season and found sources from Utah Lake and WWTPs contributed greatly to DOM, the largest pool of OM in the River (Epstein et al., 2016). Research on OM sources in urban watersheds can help managers to mitigate the effects of urban OM loads that result in hypoxic dead zones, as observed in the Chesapeake Bay (Zimmerman and Canuel, 2000) or in the case of the Jordan River, pollution of the Great Salt Lake (Baskin et al., 2002; Naftz et al., 2008).

Additionally, managers may care about sources of OM in rivers since excessive OM loads can increase the cost of wastewater treatment and make treatment less effective (Chow et al., 2005). Algal derived DOM reduces WWTP effectiveness through increased coagulant demand and membrane fouling (Nguyen et al., 2005; Henderson et al., 2007). Likewise, microbial and algal derived DOM is produced and persists throughout the treatment process, and upon chlorination may form hazardous disinfection by-products (Nguyen et al., 2005; Bridgeman et al., 2014). To prevent increased WWTP costs and energy use in the future, managers could consider strategies that may reduce autochthonous sources of OM, such as light and/or nutrient limitation.

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DATA AVAILABILITY STATEMENT

The datasets generated for this study are available on request to the corresponding author.

AUTHOR CONTRIBUTIONS

JK and MB developed the study design and wrote the manuscript. JK collected and analyzed the samples, and analyzed the data.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fenvs. 2019.00202/full#supplementary-material

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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