

Journal Article

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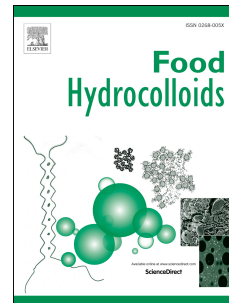
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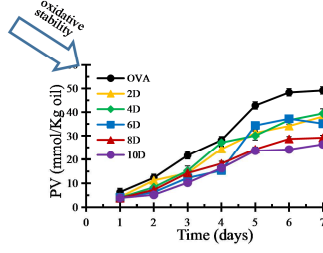
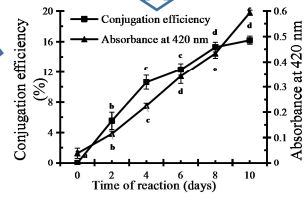
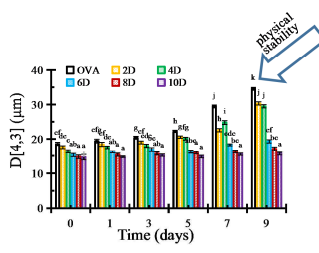
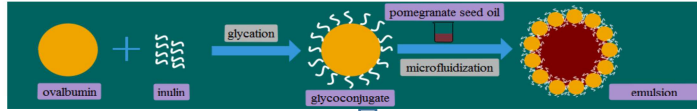
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1 **Pomegranate seed oil stabilized with ovalbumin glycated by inulin:**
2 **Physicochemical stability and oxidative stability**

3

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24

25 Key words: pomegranate seed oil emulsion, ovalbumin, inulin, glycation, stability

26

27 **Abstract**

28 Pomegranate seed oil is rich of conjugated fatty acids which are highly appealing
29 for a variety of applications in food industry. In this research, ovalbumin (OVA) and
30 ovalbumin-inulin glycoconjugates with different Maillard reaction times were used to
31 stabilize pomegranate seed oil emulsions and their impact on physicochemical
32 stability and oxidative stability of the products was investigated. The OVA-inulin
33 glycoconjugate produced on 10th day of Maillard reaction has exhibited significantly
34 higher conjugation efficiency, lower surface hydrophobicity and lower surface tension
35 than other glycoconjugates. The secondary conformation of OVA and conjugates
36 determined by far-UV circular dichroism spectroscopy has remarkably changed. The
37 reduction in intensity of Trp-fluorescence observed in glycated proteins with inulin
38 indicated that the glycation affected partially the side chains of protein in tertiary
39 structure through the Maillard reaction without great disruption of native structure.
40 The emulsion stabilized by OVA-inulin glycoconjugate obtained by 10 days Maillard
41 reaction has shown the best physicochemical stability. Compared with the OVA
42 emulsion, the oxidative stability of the glycated OVA emulsion system was
43 significantly improved ($p < 0.05$). Fatty acid profile results also confirmed that
44 OVA-inulin glycoconjugates were able to prevent the pomegranate seed oil from
45 oxidation. It is suggested that the inulin attached to OVA by glycation played a vital
46 role in physicochemical stability and oxidative stability of pomegranate seed oil
47 emulsions.

48

49 1. Introduction

50 Pomegranate seed oil is rich of conjugated fatty acids (around 65-80% in weight),
51 among which conjugated linolenic acid stands out because of its chemical
52 construction (Abbasi, Rezaei, & Rashidi, 2008; Sassano et al., 2010). Its bioactivity is
53 related to the inhibition of certain types of cancer, modulation of the immune system,
54 and reducing the risks of obesity and cardiovascular diseases (Hennessy, Ross,
55 Devery, & Stanton, 2011; Saha, Chakraborty, Ghosh, & Ghosh, 2012). Besides,
56 tocopherols and phytosterols can be found in pomegranate seed oil (Goula,
57 Papatheodorou, Karasavva, & Kaderides, 2016). They may be able to regulate
58 oxidative stress and inflammation, leading to reduced risk of various chronic diseases
59 (Aslani & Ghobadi, 2016; Zhang & Rong, 2016). Pomegranate seed oil has been well
60 developed for antioxidant properties, activity of antioxidant enzymes, immune
61 function, lipid metabolism, and other potential health benefits (Meerts et al., 2009;
62 Tong, Kasuga & Khoo, 2006; Yamasaki et al., 2006).

63 There has been growing interest in producing foods from pomegranate seed oil
64 instead of using pomegranate seeds as animal feed or in cosmetic products. However,
65 some environmental conditions, such as light, temperature, oxygen, humidity, *etc.*
66 could cause oxidation of unsaturated fatty acids and other unwanted reactions
67 (Yekdane & Goli, 2019). Emulsion of pomegranate seed oil has proven to be an
68 efficient way to protect and deliver unsaturated fatty acids in foods. The key factor of
69 pomegranate seed oil emulsion was to choose emulsifiers which would affect its
70 stability. Good emulsifiers could quickly adsorb to the surface of oil droplets, forming
71 a coating layer against aggregation and coalescence (Liu et al., 2019). The glycated
72 food proteins after Maillard reaction could achieve a better emulsion stability
73 compared to the unmodified proteins, which has been well researched (An et al., 2014;
74 Chen et al., 2016).

75 Ovalbumin (OVA) is a main constitute from egg white proteins, which has
76 demonstrated emulsifying ability and been most widely used as a model protein (Ma,
77 Gao, & Chen, 2013). However, due to its poor stability, the oil-in-water emulsion
78 prepared by OVA is not able to effectively prevent pomegranate seed oil from
79 oxidation. Therefore, different efforts have been made to improve the stability of
80 OVA emulsions, among which the Maillard reaction with protein is seen as the most

81 promising one (Ozturk & McClements, 2016). In this study, we performed the
82 glycosylation of OVA with inulin which is considered to be a stabilizer for emulsions
83 (López-Castejón et al., 2019). Inulin is a fructan consisting almost entirely of linear
84 beta-1,2-linked fructose units with a terminal alpha1-beta2-linked glucose molecule,
85 presented in many plant species such as Jerusalem artichoke, dahlia and chicory root,
86 or synthesized products from sucrose (Schaafsma & Slavin, 2015). The aim of this
87 research was to determine the impact of OVA-inulin glycoconjugates on the
88 pomegranate seed oil-in-water emulsions. In particular, we would elucidate the
89 contribution of inulin (through Maillard reaction) to the antioxidant function by
90 analyzing radical scavenging activity and lipid oxidation in the pomegranate seed oil
91 in water emulsions.

92 In this work, oil-in-water emulsions were prepared by OVA and OVA-inulin
93 glycoconjugates with different reaction times to protect the nutritional value of
94 pomegranate seed oil. The physicochemical stability of pomegranate seed oil
95 emulsions was analyzed through droplet size distribution, zeta-potential,
96 hydrodynamic diameters and interfacial surface tension. Furthermore, DPPH· radical
97 scavenging activity, peroxide value determination and fatty acid profile composition
98 analysis were used to evaluate the oxidation stability of pomegranate seed oil
99 emulsions. The results of this research might suggest the 10D emulsifier (the sample
100 obtained after 10 days of Maillard reaction) has shown the best ability for stabilization
101 of pomegranate seed oil quality, and provided the technical support for industrial
102 application of Maillard reaction products.

103

104 **2. Material and methods**

105

106 *2.1 Materials.*

107 High-performance inulin (degree of polymerization < 10, Chicory) was supplied by
108 FANINON (Qinghai, China). Albumin Egg (A-5253), under the commercial name of
109 Sigma, was purchased from Sigma-Aldrich, and pomegranate seed oil with 98%
110 purity was purchased from ZETONG (Xi'an, China). 1,1-diphenyl-2-picrylhydrazyl
111 (DPPH) was purchased from Aladdin Reagent Co. (Shanghai, China). Ammonium

112 thiocyanate, o-phthalaldehyde “Space” (OPA) and L-2-Amino-iso-hexanoic acid (\geq
113 99%) were purchased from Macklin Biochemical Technology Co. (Shanghai, China).
114 Other chemicals were purchased from Sinopharm Chemical Reagent Co., Ltd
115 (Shanghai, China).

116

117 *2.2 Preparation of OVA-inulin glycoconjugates.*

118 OVA-inulin glycoconjugates were prepared according to the method published by
119 An et al. (2014). Briefly, OVA was dissolved in 100 mL of phosphate buffer (0.05
120 mM, pH 7.0). Inulin (0.25 g) was added into the OVA solution with stirring until it
121 was fully dissolved, and then the mixture was lyophilized in a freeze-dryer (FD-1C-50,
122 Beijing, China). The dried powders were incubated at 60 °C and 79% relative
123 humidity in a SPX-150B-Z incubator (Shanghai, China) and samples were collected
124 after 2, 4, 6, 8 and 10 days. OVA-inulin glycoconjugates with different reaction times
125 were obtained by dialyzing 3 days with 7 kDa dialysis bag, and were named 2D, 4D,
126 6D, 8D and 10D, respectively, sealed and stored at -20 °C before use.

127

128 *2.3 OVA-inulin glycoconjugates characterization.*

129 *2.3.1 FTIR.*

130 FTIR spectra of OVA and OVA-inulin samples were measured using the method as
131 previously reported (Han, Ratcliffe, & Williams, 2017). The sample was mixed with
132 potassium bromide (KBr) at a mass ratio of 1:250, and then pressed and subjected to
133 Fourier transform infrared spectroscopy (FTIR). Spectra were obtained from 64 scans
134 at a resolution of 4 cm⁻¹ from a potassium bromide sample pan in a range of 4000
135 cm⁻¹ to 400 cm⁻¹ by using a Perkin Elmer Spectrum RXI FT-IR spectrometer (Perkin
136 Elmer Instruments, Massachusetts, USA).

137 *2.3.2 Conjugation efficiency.*

138 The conjugation efficiency was determined, according to Davidov-Pardo et al.
139 (2015), by measuring the reduction in free amino groups using the OPA. The OPA
140 reagent was freshly made prior to use. In brief, 40 mg OPA (dissolved in 1.0 mL 95%
141 ethanol v/v), 25 mL sodium tetraborate buffer (pH 9.5), 2.5 mL SDS solution (w/v),

142 and 0.10 mL 2-mercaptoethanol were mixed together and then topped up to 50 mL
143 with deionized water. Then, 0.05 mL of the 5 mg/mL conjugate solution was blended
144 with 1.35 mL OPA reagent and incubated for 1 min at room temperature. The
145 absorbance of obtained solution was measured immediately at 340 nm using a
146 TU-1900 UV-VIS spectrophotometer (Beijing, China). Calibration curves were
147 constructed using L-leucine (1-5 mM) as a standard compound containing an amino
148 group. The following equation was used to define the conjugation efficiency.

$$149 \text{ Conjugation efficiency (\%)} = \left(1 - \frac{\text{amine groups after conjugation (M)}}{\text{amine groups before conjugation (M)}}\right) \times 100 \quad (1)$$

150 2.3.3 Color measurement.

151 The brown color solution of glycated OVA (10 mg/mL) was analyzed by
152 measuring the absorbance at 420 nm using a UV-visible spectrophotometer (TU-1900,
153 Beijing).

154 2.3.4 Surface hydrophobicity (H_0).

155 The H_0 values of OVA and OVA-inulin glycoconjugates were determined
156 according to Shah, Umesh, & Singhal (2019) using the hydrophobic fluorescence
157 probe with 8-Anilino-1-naphthalenesulfonic acid (ANS). The sample solution (1
158 mg/mL) was diluted to 0.00125, 0.0025, 0.005, 0.01, 0.02 mg/mL, respectively. 4 mL
159 sample solution was mixed with 20 μ L of 8 mM ANS solution. The fluorescence
160 intensity of the mixed solution was detected at excitation wavelength 390 nm and
161 emission wavelength 470 nm using an F-4600 luminescence spectrophotometer
162 (Hitachi High-Technologies Corporation, Hitachi, Japan). The H_0 of samples was
163 determined by the slope of the relative fluorescence (R) versus the percent protein
164 concentration (w/v).

165 2.3.5 Circular dichroism (CD) spectroscopy.

166 The sample solutions (0.2 mg/mL) were analyzed by a Jasco J-1500
167 spectropolarimeter (Jasco, Japan) and scanned from 190 to 250 nm at 25 $^{\circ}$. Each
168 spectrum was an average of three scans to reduce noise before structural analysis was
169 performed.

170 2.3.6 Fluorescence spectroscopy.

171 Fluorescence analysis of OVA and OVA-inulin glycoconjugates was performed
172 according to Li et al. (2009) using a fluorescence spectrometer (Hitachi
173 High-Technologies Corporation, Hitachi, Japan).

174 2.3.7 Particle size and zeta potential

175 The mean particle diameter, polydispersity index, and particle size distribution
176 based on number were obtained using a dynamic light scattering instrument (Zetasizer
177 3000, 174 Malvern Instruments, Malvern, UK) according to the pervious method
178 (Han, Ratcliffe, & Williams, 2015). The hydrodynamic diameter was obtained from
179 the Stokes-Einstein relationship using the instrument software. The zeta potential of
180 samples was determined using particle electrophoresis by the same equipment. The
181 samples were diluted 20 times to avoid multiple scattering effects and equilibrated at
182 25 °C prior to analysis.

183 2.3.8 Surface tension measurements.

184 The interfacial adsorption of OVA and OVA-inulin glycoconjugates at the
185 oil-water interface changing with time was measured by a TRACKER drop profile
186 tensiometer (Teclis Tracker, France) using the method previously reported (Hu et
187 al., 2019). The experiments were carried out at $25 \pm 1^\circ\text{C}$. Evaporation of the
188 aqueous phase into air caused a reduction of the drop volume at the water/air
189 interface. The total experimental duration was set as 7200 s.

190 2.3.9 DPPH· radical scavenging assay

191 The DPPH· radical scavenging activity of OVA and OVA-inulin glycoconjugates
192 was evaluated according to Chang et al. (2017). 3 mL sample solution was mixed
193 with 1 mL of 0.1 mM DPPH methanol solution. After 30 min of reaction in
194 darkness at room temperature, the mixture was centrifuged at 4000 g for 5 min to
195 remove insoluble aggregates. A was referred to the absorbance of the supernatant
196 measured at 517 nm; and A_0 was referred to the absorbance of 3 mL of H_2O mixed
197 with 1 mL DPPH solution. The following equation was used to calculate the
198 DPPH· radical-scavenging activity:

$$199 \text{ DPPH}\cdot \text{ radical scavenging activity} = (A_0 - A)/A_0 \times 100\% \quad (2)$$

201 2.4 Preparation of pomegranate seed oil in water emulsions.

202 Six aqueous phases were prepared by dissolving 0.6 g sample (OVA, 2D, 4D,
203 6D, 8D, 10D) in 39.4 mL distilled water in six 100 mL tubes, respectively. 10 g
204 pomegranate seed oil was added in each of these 6 tubes to make 20% oil-in-water
205 emulsions. Emulsification was achieved using an IKARO10 Digital
206 Ultra-Turraxhomogensier at 19000 rpm for 2 min.

207

208 2.5 Physicochemical stability of pomegranate seed oil emulsions by OVA-inulin 209 glycoconjugates.

210 2.5.1. Droplet size distribution measurement

211 To evaluate the properties and stability of samples, the droplet size distribution of
212 pomegranate seed oil emulsions was determined using a laser diffraction technique
213 (Master-Sizer 2000, Malvern Instruments Ltd.) according to the literature (Han,
214 Ratcliffe, & Williams, 2015) and the particle size was given as the volume-weighted
215 mean diameter ($D [4, 3]$).

216 2.5.2 Influence of ionic strength and pH

217 The emulsifying properties of pomegranate seed oil emulsions by OVA-inulin
218 glycoconjugates under different ionic strengths and pH conditions were also
219 investigated. NaCl solution (0–250 mM) was added to the pomegranate seed oil
220 emulsions. In addition, the pHs of fresh emulsions were adjusted to 3, 5, 7 and 9,
221 respectively, using 0.1 M HCl or 0.1 M NaOH. The pomegranate seed oil emulsions
222 were then stored at $25 \pm 1^\circ\text{C}$ for 24 h prior to the zeta potential and droplet size
223 distribution analyses.

224 2.5.3 Peroxide value determination

225 Lipid hydroperoxides were measured as the primary oxidation products using a
226 method adapted from Liu et al. (2019). 0.3 mL emulsion was added to 1.5 mL of a
227 mixture of isooctane/2-propanol (3:1, v/v), vortexed three times for 10 s
228 each and centrifugated at 10,000 g for 2 min. 0.2 mL of the organic phase was
229 added to a mixture of methanol/butanol (2:1, v:v) followed by 15 μL of 3.94 M
230 thiocyanate and 15 μL of 0.072 M Fe^{2+} and the mixture was vortexed for 20 min.

231 Its absorbance was measured at 510 nm using a TU-1900 UV-visible
232 spectrophotometer (Beijing, China). The concentration of hydroperoxides was
233 calculated from a cumene hydroperoxide standard curve.

234 2.5.4 Fatty acid profile

235 The GC–MS analysis of pomegranate seed oil was performed according to Wang et
236 al. (2014). The experiment was performed using an Agilent 7890B/5977A/7693
237 Autosampler Series Gas Chromatograph (Agilent Technologies, Palo Alto, CA) using
238 a DB-WAX capillary column (30 m × 0.25 mm × 0.25 mm film thickness, Hewlett
239 Packard, USA).

240 2.5.5 Confocal laser scanning microscopy analysis (CLSM)

241 Microstructural analysis of emulsions was implemented using a Leica TCS SP8
242 Confocal Laser Scanning Microscope (Leica Microsystems, Mannheim, Germany) as
243 observed by Frederico et al. (2018). 10 µL of Nile Red and 10 µL of Nile Blue,
244 dissolved in ethanol (1 mg/mL), were mixed into 1 mL of emulsions to stain oil drops
245 and emulsifiers, respectively. The excitation spectra of Nile Red and Nile Blue were
246 measured at 488 nm and 633 nm, respectively. All images were taken using
247 simultaneous dual-channel imaging. At least three specimens of each sample were
248 observed to obtain representative micrographs of samples.

249 2.5.6 Transmission electron microscopy (TEM) observation

250 To further evaluate the physical protective action of conjugates in emulsion, TEM
251 images of the emulsions (OVA, 2D, 4D, 6D, 8D and 10D) were observed using a
252 transmission electron microscopy (Tecnai G₂ 20, Hillsboro, USA) operating at an
253 acceleration voltage of 80 kV. The TEM analysis of pomegranate seed oil emulsions
254 was performed according to Pan et al. (2019). One drop of emulsions and one drop of
255 phosphotungstic acid (1%, m/v) were mixed and placed on a copper grid of 200
256 meshes for 1 min.

257

258 2.6 *Statistic analysis*

259 Statistical analysis was carried out using SPSS 23.0 (SPSS Inc., Chicago, IL). Data
260 were shown as mean ± S.D. (n=3). Differences between means of each group were

261 assessed using one-way analysis of variance followed by Duncan's test. Significant
262 differences were accepted as a P-value < 0.05.

263

264 **3. Results and discussion**

265

266 3.1 FTIR spectra

267 FTIR spectra of OVA and OVA-inulin glycoconjugates have been researched in this
268 study. The peaks for OVA at 1753 cm^{-1} (amide I) and 1615 cm^{-1} (amide II) indicate
269 C=O stretching and N-H stretching, respectively (Chen et al., 2016). The broad band
270 observed in the $3500\text{-}3000\text{ cm}^{-1}$ range is attributable to free and bound O-H and N-H
271 groups, which are able to form hydrogen bonding with the carbonyl group of the
272 peptide linkage in proteins (Sheng et al., 2014). The intensities of -C-O stretching and
273 -OH deformation vibrations at $1050\text{-}1150\text{ cm}^{-1}$ in the OVA-inulin conjugates
274 increased, while the peak at 1754 cm^{-1} decreased compared with native OVA,
275 indicating that partial amine groups were consumed by Maillard reaction and the
276 saccharides were linked to OVA through covalent bonds (Sugumaran et al., 2013).

277 3.2 Characterization of OVA glycosylated by inulin

278 There are two factors to assess the glycosylation development: conjugation
279 efficiency and a brown color solution (Bi et al., 2017). The conjugation efficiency of
280 the glycoconjugates was determined using the OPA. As shown in Figure 1a, the
281 conjugation efficiencies of five glycoconjugates (2D, 4D, 6D, 8D, 10D) were
282 $5.54\pm 1.14\%$, $10.61\pm 0.93\%$, $12.32\pm 0.77\%$, $15.28\pm 0.63\%$, and $16.19\pm 0.52\%$,
283 respectively. It was found that the conjugation efficiency of OVA was significantly
284 increased with the reaction period of time, which suggests that OVA glycosylated with
285 inulin through Maillard reaction more violently with prolonged reaction time.
286 Glycation was accompanied by a browning coloration. From the present research, the
287 brown color was originated from the secondary Maillard reaction products. The 420
288 nm absorption spectra obtained for OVA-inulin glycoconjugates during different
289 reaction times are also shown in Figure 1a. With an increase in reaction time, the
290 absorbance of five glycoconjugates at 420 nm also increased. Clearly, the reaction

291 rate in the OVA-inulin glycoconjugates was proportional to the conjugation efficiency
292 during Marillard reaction.

293 There is a strong correlation between surface hydrophobicity of a protein and its
294 functional properties, such as emulsifying property, foam stability, and fat binding
295 capacity (Liu et al., 2019). The effect of glycation treatment on the conformational
296 state of modified OVA was evaluated by H_0 . The results from Figure 1b show that H_0
297 of glycated OVA incubated for 2 days slightly increased compared to the native OVA.
298 It was probably related to the exposure of hydrophobic patches on the protein surface,
299 and the results reported by Liu et al. (2017) also found the same slight increase
300 (Corzo-Martínez, Moreno, Olano, & Villamiel, 2008). With the increase in incubation
301 time (4-10 days), H_0 of different glycated OVAs was significantly decreased
302 compared to the native OVA, which implies that the presence of hydrophilic cluster
303 molecules on the surface of glycated OVAs was reduced. It might be due to that
304 hydrophobic amino acids of protein, such as proline, leucine, and valine, as well as
305 cationic groups in lysine and/or arginine, were blocked by dextrans in the
306 glycoconjugates. Meanwhile, ANS may also strongly bind with cationic groups of
307 protein (Liu et al., 2012). In addition, the difference in conjugation efficiency might
308 be another reason to affect the H_0 difference in the glycoconjugates.

309 Surface tension kinetics for OVA and OVA-inulin glycoconjugates with different
310 reaction times up to 7200 seconds are shown in Figure 2. There was a sharp decrease
311 in surface tension during the first 500 seconds, while it tended to become a steady
312 state with a relatively more gradual decrease in surface tension after 1000 seconds.
313 Then the surface tension was maintained as a uniform value after 3000 seconds. It can
314 be seen clearly that OVA showed the highest surface tension, and the order of it for
315 the OVA-inulin glycoconjugates with different reaction times was as follow: 2D > 4D >
316 6D > 8D > 10D. This was demonstrated by the final surface tension values (at 7200 s)
317 of 42.28 ± 0.077 mN/m, 38.83 ± 0.096 mN/m, 39.33 ± 0.055 mN/m, 36.09 ± 0.154 mN/m,
318 and 34.06 ± 0.077 mN/m for OVA, 2D, 4D, 6D, 8D and 10D, respectively. These
319 results indicate that, with extending the reaction time, the ability of decreasing the
320 surface activity by OVA-inulin glycoconjugates was enhanced compared to the native
321 OVA. This is also certified by the surface hydrophobicity values (Figure 1b) where
322 10D was the least hydrophobic and H_0 of different glycated OVAs significantly
323 decreased compared to the OVA with the increase in reaction time. This is consistent

324 with the study by Liu et al. (2019). The surface activity of proteins was improved
325 because of glycation with a hydrophobic group rather than a hydrophilic group
326 (Rangsansarid et al. 2008). In this study, the hydrophilic hydroxyl groups from inulin
327 lowered the surface activity of OVA. With the reaction time increasing, the
328 conjugation efficiency (Figure 1a) also increases, which means the OVA-inulin
329 glycoconjugates reduced the surface activity of OVA to more and more extent. Some
330 previous studies have also shown that glycation with glucose led to more rapid
331 adsorption (Zhu, Wang, & Zhao, 2017; Liu et al., 2019). The increased surface
332 interfacial activity would lead to improved emulsification properties (Kristinsson &
333 Hultin, 2003).

334 The secondary structural composition for native OVA was approximately as
335 follows: 38.2% α -helix; 16.85% β -sheet; 16.1% Turn; and 28.9% random coil (Table
336 1), calculated by the CONTIN/LL program in CD Pro software. There was a general
337 tendency of negative and positive band shifts to lower wavelength because of the
338 glycation, and the negative ellipticity of these bands considerably decreased with the
339 reaction time compared to native OVA, indicating that the secondary conformation
340 was distinctly changed by the treatment. In addition, in the dry state, each protein
341 molecule unreacted in the reaction period was in close contact with neighboring
342 molecules forming intermolecular hydrogen-bonded β -sheets. The increased
343 inter-molecular interactions among the neighboring proteins possibly led to an
344 increase in the amount of intermolecular β -sheets and naturally a decrease in α -helix
345 and random coil (Figure 2b and Table 1).

346 Trp-fluorescence is a common index used to detect the changes of protein
347 conformation and amino acid (Sun et al. 2004). Changes of the native OVA and
348 glycated OVAs in Trp-related fluorescence were observed by fluorescence emission
349 spectra following an excitation at 280 nm (Figure 2c). In the results of OVA-inulin
350 conjugates, the Trp-fluorescence was lower than that of native OVA, where the
351 fluorescence intensity of native OVA (514.16) is approximately 3 times of that
352 (157.49) of OVA-inulin conjugates when incubated for 10 days. It might be due to the
353 shielding effect of the carbohydrate bound (Liu et al. 2017). The reduction in intensity
354 of Trp-fluorescence observed in glycated proteins with inulin indicates that the
355 glycation affected partially the side chains of protein in its tertiary structure through
356 the Maillard reaction without great disruption of native structure (Sun et al. 2004).

357 Similar findings were achieved with OVA (Sun et al. 2004), phaseolin (Tang et al.
358 2011), and silver carp myosin (Liu et al. 2017) during glycation.

359 Figure 2d shows apparent mean zeta potentials of OVA and OVA-inulin
360 glycoconjugates as a function of pH. The total biopolymer concentration was 0.1%
361 (w/w). The native OVA solution had an isoelectric point (IEP) of 4.70 which was
362 corresponding to the literature value 4.75 (Chen et al., 2018). The strongest reduction
363 of IEP was observed for the OVA-inulin incubated for 10 days, which was down to
364 around 4.10. Meanwhile, it can be seen that with the increase in reaction time, the IEP
365 decreased for the OVA-inulin glycoconjugates and their IEP values were lower than
366 that of the native OVA. It was possibly attributed to the glycation with dextran
367 reducing the amount of ionizable amino groups on the OVA (Liu et al., 2019).

368 The antioxidant activity of modified complexes was characterized by measuring the
369 free radical scavenging rate (Habinshuti et al., 2019; Nooshkam et al., 2019). The
370 DPPH· radical scavenging activity of glycated OVAs is shown in Figure 3. The
371 results show a tendency that with the increase of reaction time, the DPPH· radical
372 scavenging activity of glycated OVAs was significantly improved ($P > 0.05$). The
373 DPPH· radical scavenging rate of native OVA solution was 21%, but after the
374 OVA-inulin glycoconjugates were incubated for 2, 4, 6, 8 and 10 days, the
375 DPPH· radical scavenging rates were 27.5%, 48%, 62%, 80%, and 84%, respectively.
376 The Maillard reaction is a chemical method that has been proposed to improve the
377 free radical scavenging activity, which could be partially related to the caramelization
378 of glucose (Liu et al., 2012). According to Wooster et al. (2006), during the Maillard
379 reaction, a series of substances with strong antioxidant activity, which include
380 reducing ketones, melanoids and some small volatile heterocyclic compounds, are
381 produced. As shown in Figure 1a, at reaction time up to 8 days or 10 days, there was
382 no significant change to the DPPH· radical scavenging activity ($P > 0.05$), which
383 indicates the upper limit of inhibiting oxidation.

384 3.3 The kinetics of adsorption

385 In order to determine the dynamic adsorption of OVA and OVA-inulin
386 glycoconjugates at the oil-water interface, 0.1% (w/w) OVA or OVA-inulin
387 glycoconjugate solution was used as the aqueous phase and the oil phase was
388 pomegranate seed oil. The dynamics of OVA and OVA-inulin glycoconjugates

389 adsorption at the pomegranate seed oil–water interface were examined over the time
390 scale ranging from seconds to several hours by measuring the interfacial tensions at
391 25 °C (Figure 4). It has been clearly observed that the interfacial tension decreased
392 progressively along with the adsorption time, with faster changes at earlier adsorption
393 period indicating that there was a spontaneous adsorption of OVA and OVA-inulin
394 glycoconjugates at the interface. After the interface was formed, the decrease was
395 initially steeper followed by an asymptotical plateauing. This shape was characteristic
396 for the interfacial tension evolution of the emulsifier laden oil/water interface.
397 Meanwhile, the initial interfacial tension of OVA-inulin glycoconjugates was
398 significantly lower than that of OVA, indicating that the adsorption rate of
399 OVA-inulin glycoconjugates at the pomegranate seed oil–water interface increased
400 with longer reaction time. It was the conjugation efficiency that affected the ability of
401 interfacial adsorption. The time required for reducing interfacial tension by 30% of
402 the initial value at the pomegranate seed oil–water interface due to the adsorption of
403 OVA and OVA-inulin glycoconjugates and the equilibrium interfacial tension at 7200
404 s at 25 °C are shown in Table 2. The interfacial tension of OVA-inulin
405 glycoconjugates showed more rapid adsorption compared to the native OVA and
406 better ability to reduce the equilibrium interfacial tension. It indicated that the
407 adsorption rate of OVA-inulin glycoconjugates increased with the incubation time. It
408 might be due to that the surface hydrophobicity (Figure 1b) and zeta potential (Figure
409 3d) of OVA-inulin glycoconjugates decreased with the reaction time. Hence there are
410 many factors to be considered which may affect the adsorption rate among the
411 different emulsifiers such as: emulsifier size, hydrophobicity, instability, charge and
412 disulfide bond (Hu et al., 2019).

413

414 3.4 Physicochemical stability of pomegranate seed oil emulsions stabilized by 415 glycated OVA

416 Emulsions are thermodynamically unstable systems with the possibilities of
417 creaming, flocculation and coalescence (Schroder et al., 2017). The droplet size
418 distribution and volume mean diameter ($D[4,3]$) of the freshly prepared 20%
419 pomegranate seed oil emulsions stabilized by OVA and OVA-inulin glycoconjugates
420 were measured to evaluate their emulsion stability at 60 °C (Figure 5a and 5b). The

421 emulsions contained 1.2% OVA or glycated OVA with 20% pomegranate seed oil as
422 mentioned in the experimental section. The droplet size distribution of the emulsions
423 stabilized by OVA and OVA-inulin (2D) showed almost no change during the first 3
424 days; and neither did the emulsions formed by 4D and 6D after storing 5 days at 60 °C.
425 The size distribution of the emulsion stabilized by 10D stayed the same over 9 days at
426 60 °C which was the best one. These emulsions had different droplet sizes, where the
427 smallest droplet size ($d \approx 14.0 \mu\text{m}$) emulsion was made by 1.2% glycated OVA (10D)
428 and the biggest one ($d \approx 18.0 \mu\text{m}$) was made by 1.0% native OVA. All the glycated
429 OVAs (OVA-inulin) have formed a smaller size emulsion ($P < 0.05$) compared to the
430 one made by native OVA. Noticeably, no significant ($P > 0.05$) change was observed
431 in the volume mean diameter $D [4,3]$ for accelerated emulsion formed by 10D during
432 storage time up to 9 days, indicating its high stability against coalescence. The better
433 storage stability was attributed to smaller droplet size (Liu et al., 2019), which is due
434 to the adsorption ability at the oil-water interface. The strong emulsifiers could
435 rapidly adsorb at the oil-water interface to lower the interfacial tension then form a
436 smaller droplet. The data of interfacial tension (Figure 4) indicate the 10D could
437 stabilize an emulsion with smallest droplets compared to other OVA-inulin
438 emulsifiers with shorter incubation time. Visual observation of the emulsions
439 prepared by OVA and glycated OVAs is shown in Figure 5c. OVA glycosylates with
440 carboxymethyl cellulose of different substitution degrees also show a better
441 emulsifying activity (Su et al., 2018).

442 The droplet sizes and zeta potentials of pomegranate seed oil emulsions with OVA
443 and OVA-inulin glycoconjugates at different pHs are given in Figure 6a. At pH = 3
444 the zeta potentials with OVA and glycated OVAs were positive because the IEP were
445 4.70 for OVA and 4.50-4.10 (Figure 2d) for OVA-inulin glycoconjugates with
446 different reaction times from 2 days to 10 days. The absolute value of glycated OVAs
447 was significantly higher ($p < 0.05$) than that of OVA. Meanwhile, at pH 5-9 the zeta
448 potentials of pomegranate seed oil emulsions with OVA and OVA-inulin
449 glycoconjugates were negative and the absolute value was also significantly higher (p
450 < 0.05) for OVA-inulins compared to the native OVA. The droplet size of the
451 emulsions made by OVA-inulins decreased significantly ($p < 0.05$) with the reaction

452 time increasing, where the smallest size of pomegranate seed oil droplet was found in
453 the emulsion stabilized by OVA-inulin with 10 days reaction. With increasing pH, the
454 mean diameter of the emulsion formed with 10D decreased from 30 μm to 16 μm . It
455 was due to that the electrostatic repulsive force between the oil bodies was weak when
456 the pH was near the isoelectric point, which may weaken the stability of the
457 emulsions at pH 3 and pH 5 according to the work of Su et al. (2018). The
458 electrostatic and steric repulsion between the oil droplets increased because they were
459 surrounded by a charged layer, concurrently reducing the van der Waals attraction
460 (Lesmes et al., 2012). At pH 7 and pH 9, the mean diameter of pomegranate seed oil
461 emulsions was relatively small, which could be attributed to the stronger electrostatic
462 repulsion between the oil droplets that prevented their aggregation. Compared to the
463 native OVA, the glycated OVA-inulins clearly show that coating the pomegranate
464 seed oil droplets can greatly extend the range of pH values at which they remain
465 stable and prevent their aggregation.

466 As shown in Figure 6b, the zeta potential absolute value of pomegranate seed oil
467 emulsion stabilized by OVA remarkably decreased ($P < 0.05$) from -32 mV to -17.5
468 mV with the salt concentration up to 250 mM NaCl. It was due to the electrostatic
469 screening effects of sodium ions (Xu et al., 2012). However, the OVA-inulins
470 stabilized emulsion has shown no significant ($p > 0.05$) changes on their zeta potential
471 values, which were relatively high at pH 7 away to IEP (4.50-4.10). Figure 6c shows
472 that the mean diameter of pomegranate seed oil emulsions maintained the same trend
473 as zeta potential. The droplet size dramatically ($P < 0.05$) increased from 18.5 μm to
474 22 μm with the salt concentration varying from 0 to 250 mM. However, there was no
475 significant ($p > 0.05$) change on the mean diameter of the droplets for the OVA-inulin
476 glycoconjugates formed emulsions. These results showed that the OVA-inulin
477 glycoconjugates used as a layer to coat oil droplet greatly improved the salt stability
478 of pomegranate seed oil emulsions, which may have important implications for their
479 utilization in food products.

480 The peroxide value (PV) is an important indicator to judge the quality of oil, which
481 mainly reflects the change of hydroperoxide content in oil (Soleimanian et al., 2018).
482 As shown in Figure 7, lipid hydroperoxides were detected in the pomegranate seed oil
483 emulsions stabilized by OVA-inulin glycoconjugates during storage at 25 ± 1 °C. The
484 degree of oxidation of the emulsion gradually increased with the storage period
485 extended. After 4 days, there was a difference in the PV of the OVA-inulin
486 glycoconjugates with different conjugation efficiencies. The oxidation stability of the
487 glycated OVA emulsion system was better than the OVA emulsion ($p < 0.05$), and
488 with the reaction time increasing, the oxidative stability of the glycated OVA
489 emulsions improved. The PV of the OVA emulsion was the largest, being 47.58
490 mmol/kg oil after storing over a week, while the PV of 10D emulsion was just up to
491 31.27 mmol/kg oil. It may be due to that the glycated OVAs adsorbed at the oil-water
492 interface formed a dense physical barrier, which hindered the entry of free radicals
493 into the interior of the emulsion droplets and slowed down the rate of lipid oxidation
494 (Xie et al. 2019). Meanwhile, with the extension of reaction time, more sugar chains
495 were covalently grafted with OVA molecules. The protein molecules adsorbed at the
496 oil-water interface formed a viscoelastic protective film, and the sugar chains formed
497 a spatial three-dimensional network structure on the outer side. It further increased the
498 thickness and mechanical strength of the interface film and greatly improved the
499 oxidation stability of the emulsion (Shi et al. 2019).

500 3.5 Fatty acid profile of pomegranate seed oil in the emulsion stabilized by 501 OVA-inulin glycoconjugates

502 Pomegranate seed oil is particularly susceptible to oxidation because of high degree of
503 unsaturation. Oil oxidation could influence fatty acid composition, and the changes of
504 fatty acid class imply oil quality (Wang et al. 2007). The pomegranate seed oil
505 fractions were determined from the fatty acid profiles obtained by GC-MS analysis
506 (Table 3). It was possible to see that PUFAs represented content more than 83.2% of
507 total fatty acids, linolenic C18:3 fraction being the major component (76.3% of total
508 fatty acids). After storing a week at 60 °C, the total content of SFA in pomegranate

509 seed oil increased, and the total content of PUFA decreased, which reduced the
510 overall unsaturation. Among all the emulsions, the emulsion stabilized by 10D
511 showed the minimum change on the content of SFA and PUFA compared to the initial
512 values, which were 10.8% and 81.5%, respectively. The change in UFA content was
513 mainly caused by the change of C18:3. The content of C18:3 in pomegranate seed oil
514 completely exposed to air was reduced by 8.1%, and the one in pomegranate seed oil
515 in OVA emulsion was reduced by 7.2%. With reaction time increased, the content of
516 C18:3 gradually decreased. However, the C18:3 of pomegranate seed oil in 10D
517 emulsion only decreased by 3.2%, which was possibly the result of the oxidative
518 cleavage of fatty acids during storage (Tironi et al. 2007). To some extent, the
519 emulsion by OVA-inulin glycoconjugates would be able to prevent the pomegranate
520 seed oil from oxidation, particularly the OVA-inulin with 10 days reaction time.

521 3.6 CLSM and TEM

522 CLSM micrographs (including red, green and overlap field) of fresh emulsions
523 (OVA, 2D, 4D, 6D, 8D and 10D) were shown in Figure S₂. The green fluorescence
524 resided in spherical droplets, whereas red fluorescence resided in emulsifiers,
525 certifying the type of emulsions was oil-in-water. Compared to the emulsions
526 stabilized by OVA-inulin glycoconjugates, the CLSM images of OVA emulsion
527 indicated that the OVA was unevenly distributed in aqueous phase instead of being
528 well adsorbed at the interface of emulsion. Interestingly, the red fluorescence around
529 the oil droplets in images of 6D, 8D and 10D was a thin but compact layer, while that
530 of 10D was thicker and more dense. Furthermore, the red fluorescence layer around
531 the oil droplets in 2D and 4D was not as conspicuous as those of 6D, 8D and 10D.
532 According to the previous study (Fernandes et al., 2017), emulsifying agents generally
533 stabilize emulsions by forming a coating over oil droplets and, thus, preventing
534 agglomeration and oxidation. The change of the spatial structure is due to the
535 combination of OVA and inulin through the Maillard reaction, which can quickly
536 adsorb on the surface of the oil droplets to form a film, making the particle size
537 smaller and more uniform. Similar findings were achieved by whey protein

538 isolate-gum acacia conjugates (Chen et al. 2019), Pea protein isolate-gum (Zha et al.
539 2019), and soy protein isolate-maltose (Xu et al. 2019) during glycation.

540 As illustrated in TEM, the stability of emulsions against environmental stress and
541 lipid oxidation could be basically affected by the compactness and thickness of the
542 network structure around oil droplets. TEM was adopted to visualize the network
543 structure of emulsions (OVA, 2D, 4D, 4D, 6D, 8D and 10D) and the result was
544 presented in Figure S₃. The droplets in OVA showed the gauzy and discontinuous
545 interfacial film composed of peptides, which was related to the unwound and flexible
546 structure of OVA and the incomplete repulsion attraction equilibrium between the
547 side chains of peptides. A thick and continuous network structure was observed in the
548 interface of emulsions stabilized by 8D and 10D, and the compactness and
549 consecutiveness of network structure were relied on the conjugation efficiency and
550 adsorption capacity of OVA in conjugates. As shown in OVA-inulin glycoconjugates
551 (2D,4D,6D,8D and 10D), the interfacial layer in 2D and 4D appeared loose and
552 discontinuous, while a tight cross-linked network structure around oil droplets in 8D
553 and 10D were observed, which contained the OVA with high conjugation efficiency
554 (Shi et al. 2019). The thickness and compactness of interfacial film were decisive not
555 only to the intensity of electrostatic forces, but also to the magnitude of steric
556 repulsion. The enhancement in the stability of emulsions stabilized by conjugates
557 (especially 10D) was primarily ascribed to the thickness and compactness of
558 interfacial layer around oil droplets, which acted as physical barrier to provide great
559 steric hindrance, and restrain the diffusion and infiltration of transition metal ions and
560 oxidation initiators into oil droplets to ameliorate the oxidative stability of emulsions.

561

562 **4. Conclusion**

563 Overall, the excellent storage stability and physical stability against environment
564 stress exhibited in pomegranate seed oil emulsions stabilized by OVA-inulin
565 glycoconjugates, which were attributed to the combined action of stabilization

566 emulsifiers (formed by the Maillard reaction of OVA with inulin) and increasing
567 adsorption rate. The OVA-inulin glycoconjugates' DPPH • radical scavenging rate of
568 the polymer increased and the peroxide value of the pomegranate seed oil emulsions
569 grew slowly during storage, indicating that the emulsion prepared by the OVA-inulin
570 glycoconjugates could effectively delay the pomegranate seed oil oxidation and
571 protect its quality. CLSM and TEM further showed the Maillard reaction between
572 OVA and inulin significantly improved the emulsifying properties of OVA. In
573 particular, the 10D emulsion had the best stability. This study provides a promising
574 approach to add value to the protection of pomegranate seed oil and OVA
575 applications.

576

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769 Figure Captions:

770 **Figure 1.** (a) Conjugation efficiency of OVA glycoconjugates and nonenzymatic
771 browning which was determined by UV/vis absorbance at 420 nm as a function of
772 reaction time; (b) Surface hydrophobicity (H_0) of OVA and glycoconjugates as a
773 function of reaction time. Different letters indicate significant ($P < 0.05$) differences.

774 **Figure 2.** (a) Surface tension response to adsorption of OVA and glycoconjugates
775 (2D, 4D, 6D, 8D, and 10D) of OVA at the air/water interface; (b) Far-UV CD spectra
776 of OVA and glycoconjugates (2D, 4D, 6D, 8D, and 10D); (c) Intrinsic fluorescence
777 emission spectra of OVA and glycoconjugates (2D, 4D, 6D, 8D, and 10D); (d) Zeta
778 potentials as a function of pH for OVA and glycoconjugates (2D, 4D, 6D, 8D, and
779 10D).

780 **Figure 3.** DPPH· radical-scavenging activity as a function of reaction time.

781 **Figure 4.** Linear plot of adsorption kinetics of OVA and OVA-inulin glycoconjugates
782 with different reaction times (2D, 4D, 6D, 8D, and 10D) at the MCT-water interface
783 at 25°C.

784 **Figure 5.** (a) Particle size distribution of 20% oil-in-water emulsions prepared using
785 1.2% OVA and OVA-inulin glycoconjugates with different reaction times (2D, 4D,
786 6D, 8D, and 10D) after storing at 25°C for 9 days; (b) Time evolution in $D_{[4,3]}$ of 20%
787 oil-in-water emulsions prepared by using 1.2% OVA and OVA-inulin
788 glycoconjugates with different reaction times (2D, 4D, 6D, 8D, and 10D) after storing
789 at 60°C for 9 days. Error bars represent the standard deviation of at least two
790 independent replicates. (c) Visual observation of 20% oil-in-water emulsions prepared
791 using 1.2% OVA and OVA-inulin glycoconjugates with different reaction times (2D,
792 4D, 6D, 8D, and 10D) after storing at 60°C for 9 days.

793 **Figure 6.**(a) pH effect on mean particle diameter $D_{[4,3]}$ and zeta potentials of 20%
794 oil-in-water emulsions prepared using 1.2% OVA and OVA-inulin glycoconjugates
795 with different reaction times (2D, 4D, 6D, 8D, and 10D); (b) Salt effect on zeta
796 potential of 20% oil-in-water emulsions prepared using 1.2% OVA and OVA-inulin
797 glycoconjugates with different reaction times (2D, 4D, 6D, 8D, and 10D) at pH 7; (c)
798 Salt effect on mean particle diameter ($D_{[4,3]}$) of 20% oil-in-water emulsions

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801 **Figure 7.** Peroxide values (PV) of pomegranate seed oil emulsions stabilized by OVA
802 and glycoconjugates (2D, 4D, 6D, 8D, 10D) of OVA at 24 ± 1 °C for 7 days.

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Journal Pre-proof

804 Table Captions:

805 **Table 1.** Secondary structural compositions, characteristics of native and glycated
806 OVA samples at pH 7.0.

807 **Table 2.** The time (T) required to reduce interfacial tension by 30% of the initial
808 value at the pomegranate seed oil-water interface and equilibrium interfacial tension
809 at 7,200 s at 25°C.

810 **Table 3.** Fatty acid profile (% total fatty acid) of native and glycated OVA samples
811 analyzed by GC-MS.

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814 Supporting Figure Captions:

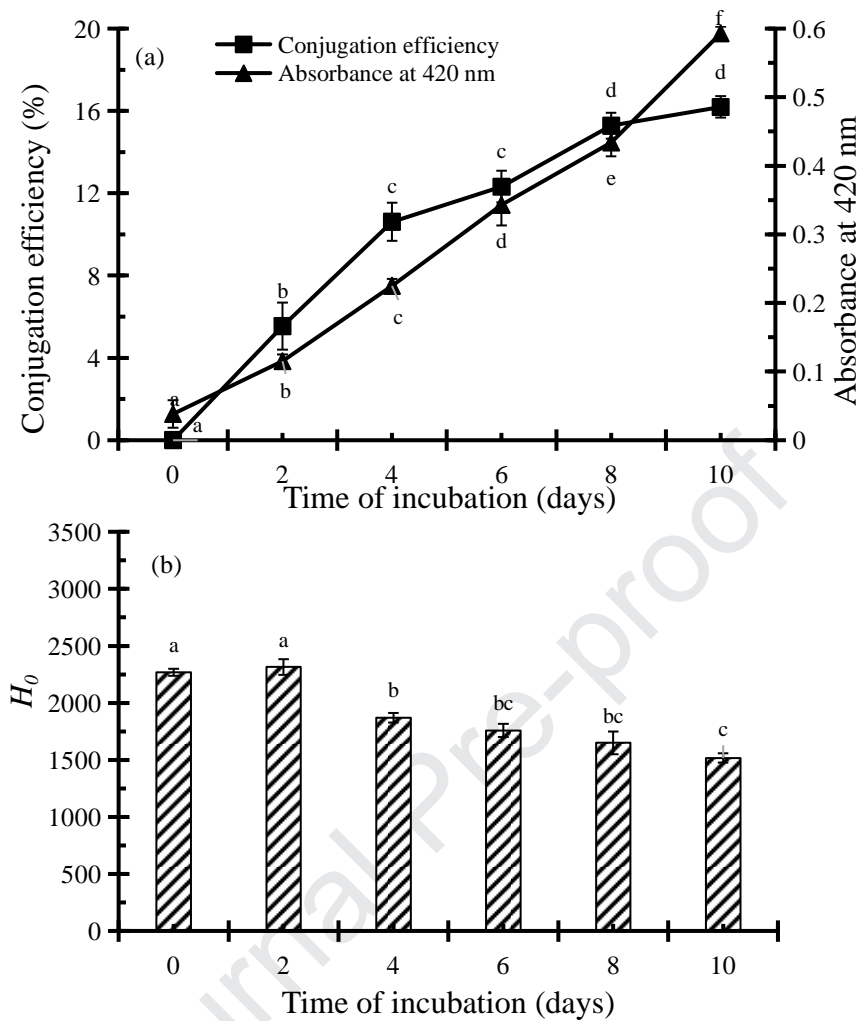
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816 **Figure S₂**. Confocal laser scanning micrographs of the freshly prepared oil-in-water
817 emulsions (OVA, 2D, 4D, 6D, 8D and 10D). Oil droplets were stained with Nile Red
818 and observed under 488 nm, and aqueous phase was stained with Nile Blue and
819 observed under 633 nm (helium neon laser). The micrographs were excited for Nile
820 Red, Nile Blue A and over laps, respectively.

821 **Figure S₃**. Transmission electron micrographs (TEM) of the freshly prepared
822 oil-in-water emulsions (OVA, 2D, 4D, 6D, 8D and 10D).

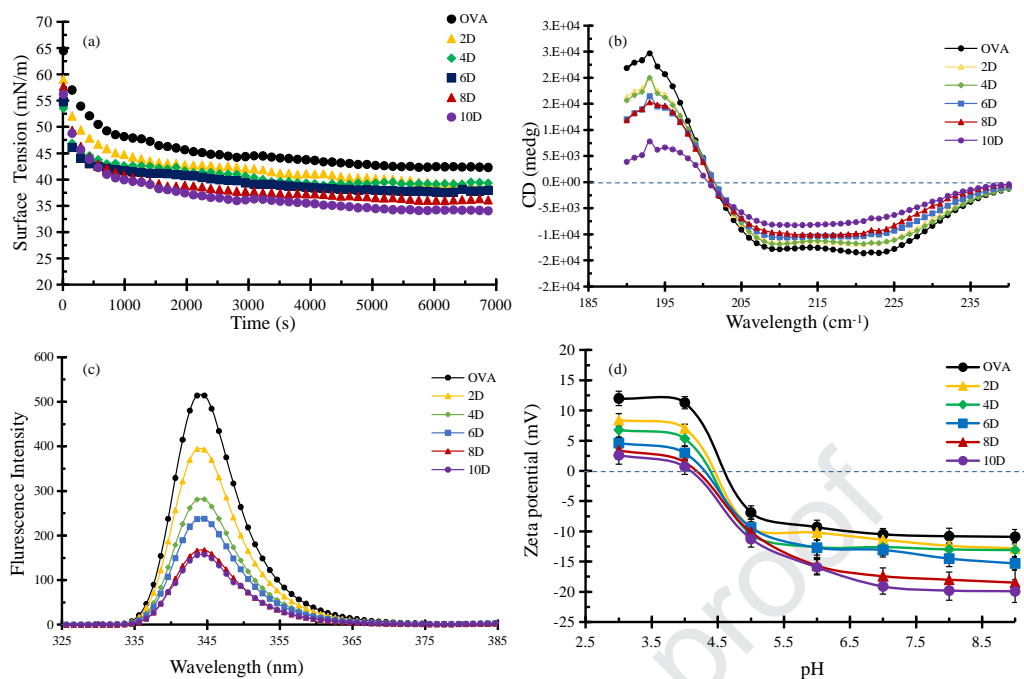
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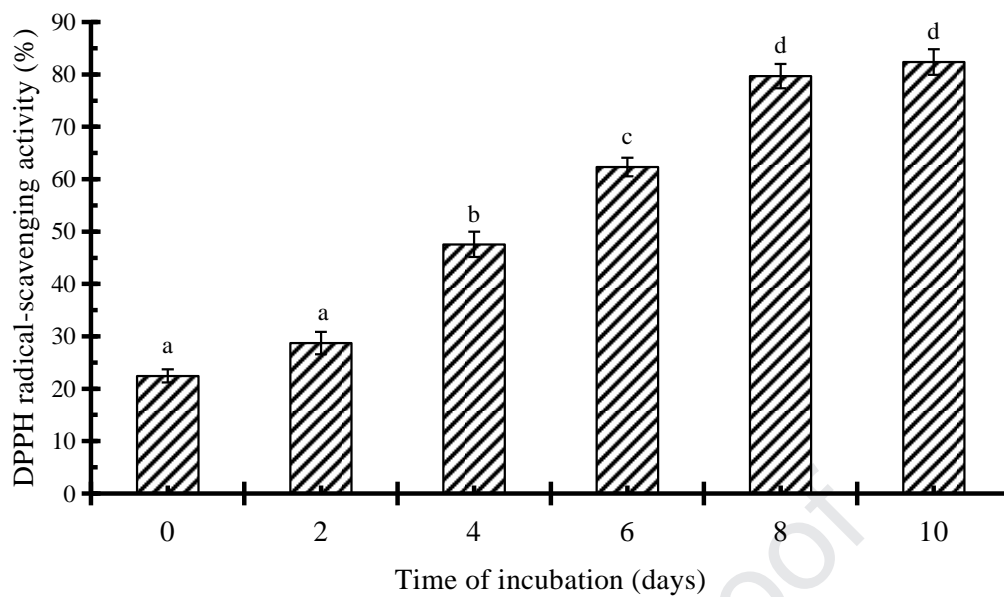


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836 10D).

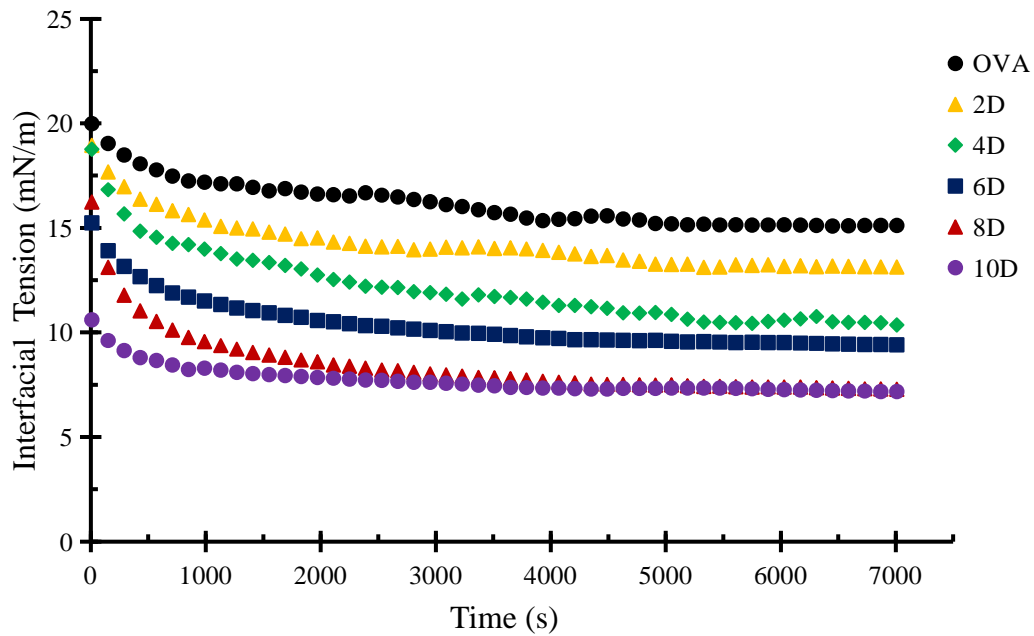
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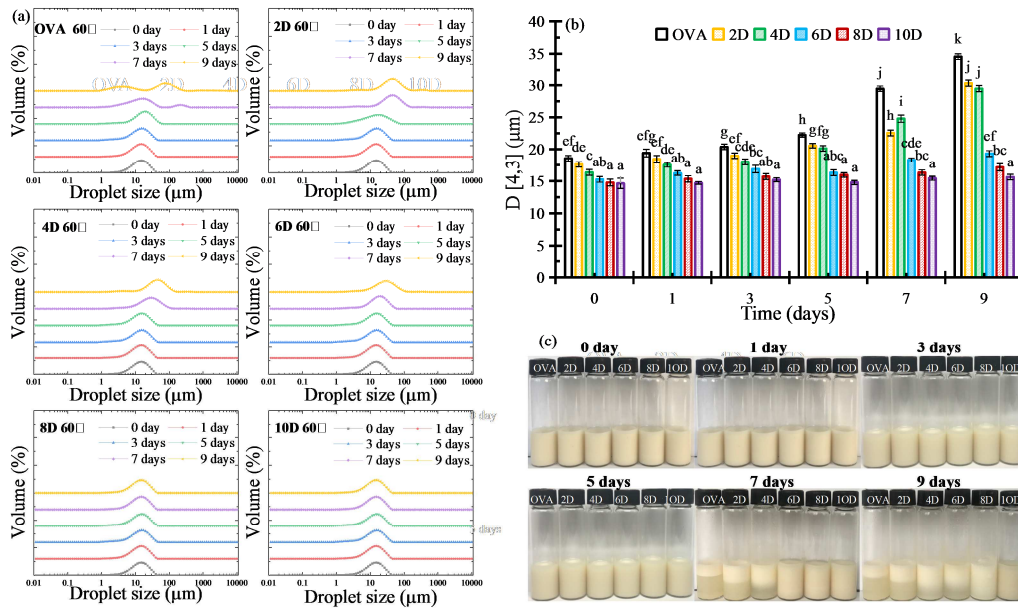
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842 **Figure 4.** Linear plot of adsorption kinetics of OVA and OVA-inulin glycoconjugates
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844 oil-water interface at 25°C.

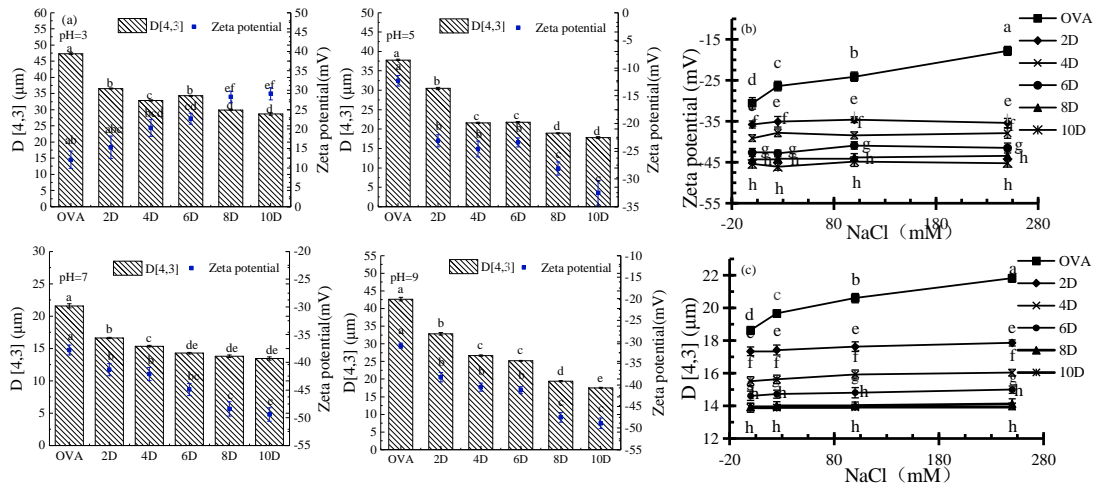
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 848 1.2% OVA and OVA-inulin glycoconjugates with different reaction times (2D, 4D,
 849 6D, 8D, and 10D) after storing at 60°C for 9 days; (b) Time evolution in D [4,3] of 20%
 850 oil-in-water emulsions prepared by using 1.2% OVA and OVA-inulin
 851 glycoconjugates with different reaction times (2D, 4D, 6D, 8D, and 10D) after storing
 852 at 60°C for 9 days. Error bars represent the standard deviation of at least two
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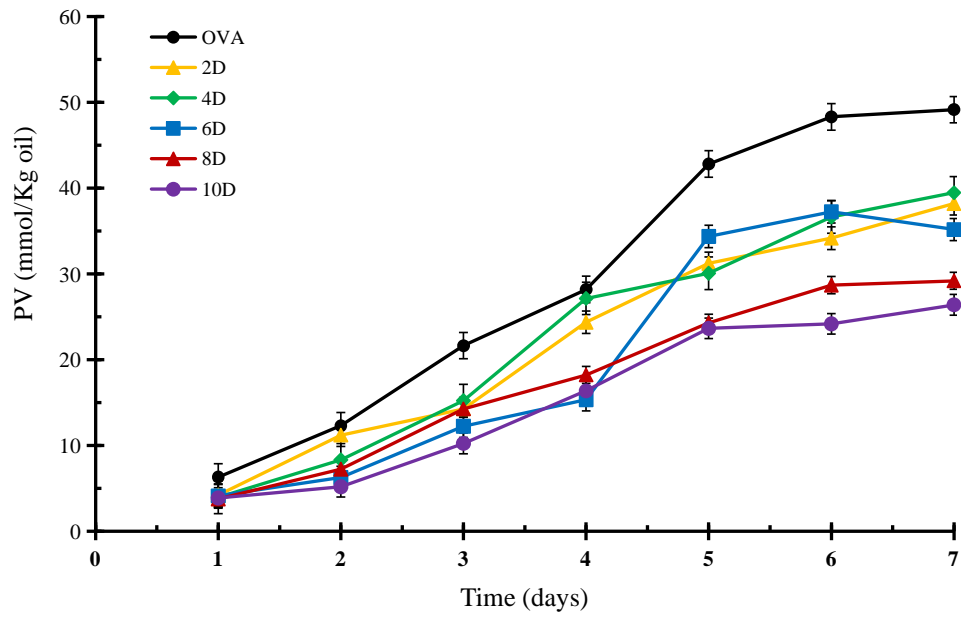
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858 **Figure 6.** (a) pH effect on mean particle diameter D [4,3] and zeta potential of 20%
 859 oil-in-water emulsions prepared using 1.2% OVA and OVA-inulin glycoconjugates
 860 with different reaction times (2D, 4D, 6D, 8D, and 10D); (b) Salt effect on zeta
 861 potentials of 20% oil-in-water emulsions prepared using 1.2% OVA and OVA-inulin
 862 glycoconjugates with different reaction times (2D, 4D, 6D, 8D, and 10D) at pH 7; (c)
 863 Salt effect on mean particle diameter (D [4,3]) of 20% oil-in-water emulsions
 864 prepared using 1.2% OVA and OVA-inulin glycoconjugates with different reaction
 865 times (2D, 4D, 6D, 8D, and 10D) at pH 7.

866



867

868 **Figure 7.** Peroxide values (PV) of pomegranate seed oil emulsions stabilized by OVA869 and glycoconjugates (2D, 4D, 6D, 8D, 10D) of OVA at 24 ± 1 °C for 7 days.

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875

876 Table 1. Secondary structural compositions, characteristics of native and glycated
 877 OVA samples at pH 7.0.

Samples		Secondary structure composition (%)				
Molar ratio	Reaction period (days)	α -Helix ^a	β -Sheet ^b	Turns	Random coil	
native	0	38.2	16.85	16.1	28.9	
	2	36.4	24.3	12.1	27.2	
	4	36.6	23.0	12.3	28.2	
1:4	6	30.6	29.9	11.3	28.3	
	8	31.0	37.8	6.2	25.0	
	10	22.8	45.3	8.4	23.5	

878 a Combined regular and distorted α -helix.

879 b Combined regular and distorted β -sheets.

880

881 Table 2. The time (T) required to reduce interfacial tension by 30% of the initial value
882 at the pomegranate seed oil-water interface and equilibrium interfacial tension at
883 7,200 s at 25 °C.

Solution sample	T (s)	Equilibrium interfacial (mN/m)
OVA	1332	15.12
2D	1129	13.11
4D	849	10.33
6D	709	9.39
8D	549	7.27
10D	429	7.13

884

885 Table 3. Fatty acid profile (% total fatty acid) of pomegranate seed oil emulsions
 886 stabilized by OVA and glycoconjugates (2D, 4D, 6D, 8D, 10D) of OVA at 60 ± 1 °C
 887 for 7 days.

Fatty acid(%)		Initial oil	Bulk oil	OVA	2D	4D	6D	8D	10D
		0 day	7 days						
Palmitic (%)	C16:0	2.99±0.05 ^a	5.31±0.03 ^d	5.12±0.01 ^d	4.76±0.06 ^c	5.37±0.02 ^d	4.55±0.03 ^c	3.63±0.01 ^b	3.42±0.04 ^b
Stearic (%)	C18:0	2.45±0.03 ^a	5.21±0.02 ^d	5.08±0.01 ^d	4.85±0.01 ^c	4.63±0.01 ^c	3.24±0.01 ^b	3.05±0.02 ^b	2.89±0.02 ^b
Oleic (%)	C18:1	5.94±0.01 ^b	6.24±0.04 ^c	6.01±0.02 ^b	7.01±0.02 ^e	6.59±0.03 ^d	5.21±0.02 ^a	5.68±0.02 ^b	5.30±0.01 ^a
Linoleic (%)	C18:2	6.88±0.01 ^a	7.36±0.03 ^c	7.03±0.03 ^b	6.82±0.03 ^a	6.77±0.04 ^a	6.92±0.01 ^a	6.87±0.01 ^a	6.68±0.01 ^a
Linolenic (%)	C18:3	76.3±0.02 ^d	68.2±0.04 ^a	69.1±0.02 ^a	70.3±0.02 ^b	69.5±0.03 ^a	71.4±0.04 ^c	72.6±0.02 ^c	73.1±0.02 ^c
Arachidic (%)	C20:0	4.36±0.03 ^a	4.42±0.01 ^a	4.40±0.02 ^a	4.54±0.01 ^a	4.47±0.02 ^a	4.50±0.06 ^a	4.43±0.03 ^a	4.48±0.03 ^a
SFA (%)		9.80±0.06 ^a	14.9±0.02 ^d	14.6±0.01 ^d	14.2±0.01 ^d	14.5±0.01 ^a	12.3±0.04 ^c	11.1±0.04 ^b	10.8±0.04 ^a
UFA (%)		89.1±0.11 ^a	71.8±0.07 ^d	75.1±0.06 ^d	84.1±0.05 ^d	82.8±0.04 ^a	84.4±0.03 ^c	86.1±0.04 ^b	89.8±0.07 ^a
MUFA (%)		5.94±0.02 ^b	6.24±0.03 ^c	6.01±0.02 ^c	7.01±0.02 ^e	6.59±0.02 ^d	5.21±0.01 ^a	5.68±0.03 ^b	5.30±0.03 ^a
PUFA (%)		83.2±0.04 ^d	75.6±0.02 ^b	69.1±0.05 ^a	77.1±0.04 ^b	76.3±0.03 ^b	79.2±0.03 ^c	81.3±0.01 ^c	81.5±0.02 ^c

888 ^{a,b,c,d,e} fronts mean ranking in all treatment groups by Duncan's Multiple Range Tests.

889 Values are mean \pm SD, n = 3

890 *SFA* saturated fatty acid, *UFA* unsaturated fatty acid, *MUFA* monounsaturated fatty
 891 acid, *PUFA* polyunsaturated fatty acid, . The fatty acid data exhibited significant
 892 difference ($p < 0.05$).

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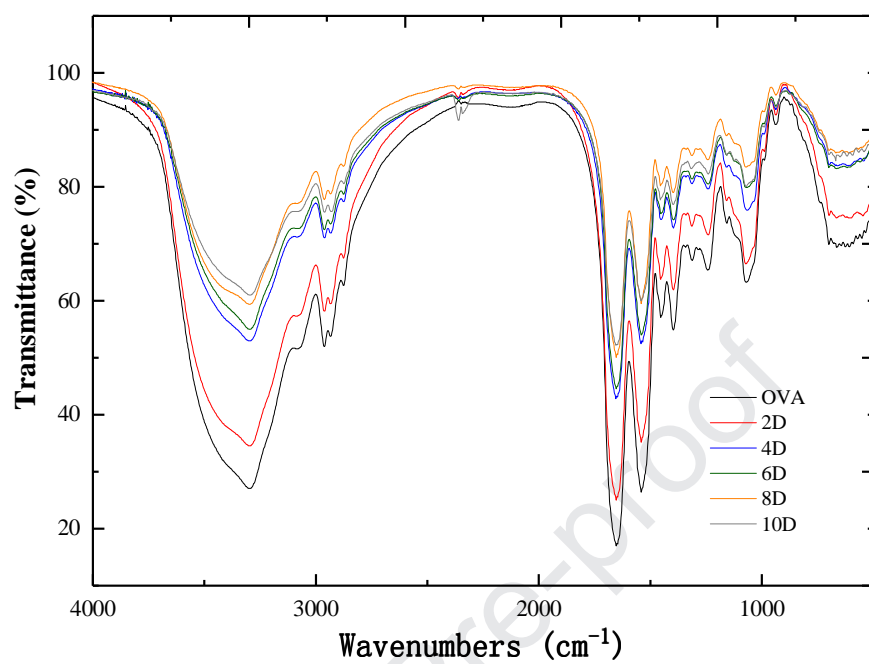
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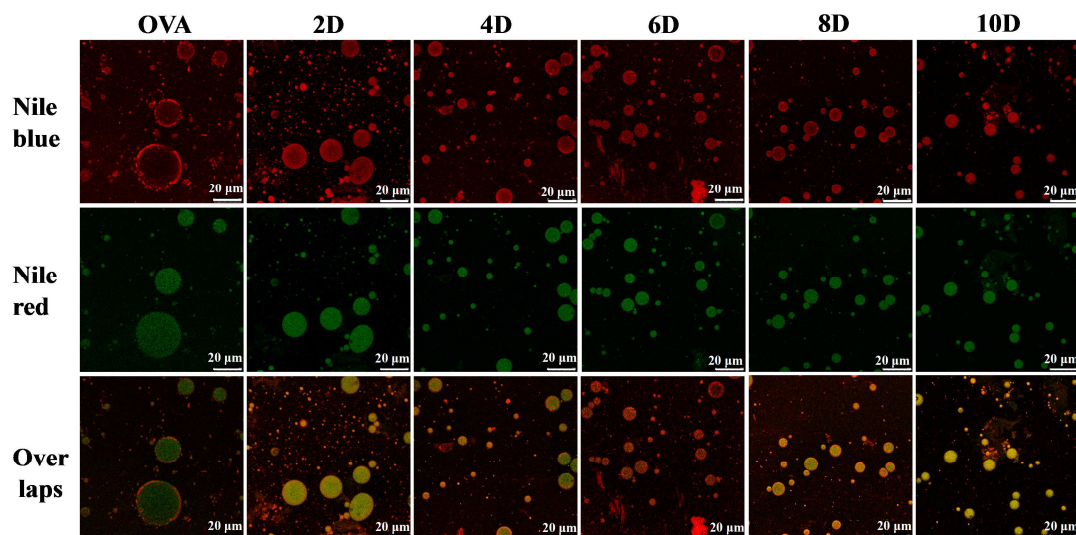
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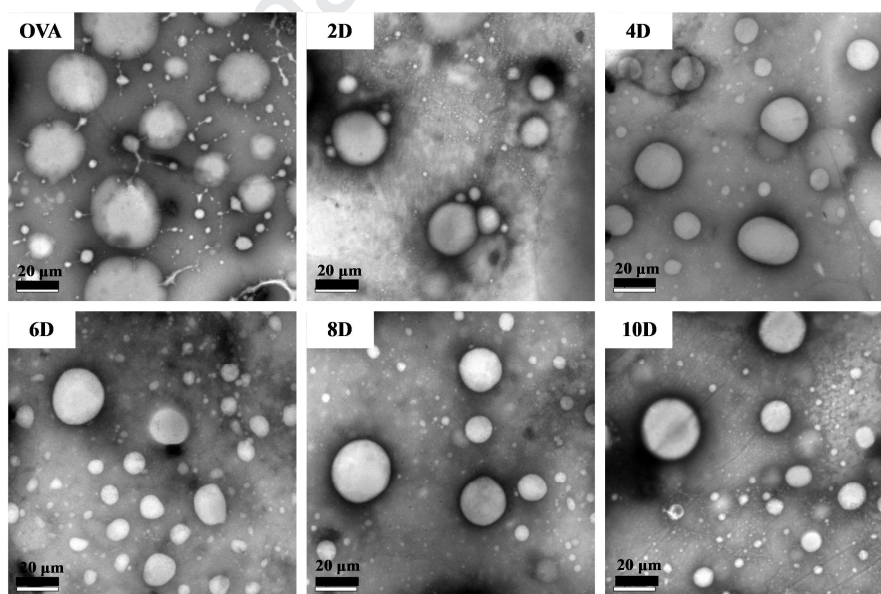
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 914 Red, Nile Blue A and over laps, respectively.



915

916 **Figure S₃.** Transmission electron micrographs (TEM) of the freshly prepared
 917 oil-in-water emulsions (OVA, 2D, 4D, 6D, 8D and 10D).

918

Highlights

- 1) OVA glycosylates with inulin showed a better emulsifying activity.
- 2) The OVA-inulin emulsion could prevent pomegranate seed oil from oxidation.
- 3) OVA-inulin can greatly extend the range of pH values at which they remain stable.
- 4) OVA glycosylates with inulin clearly show improving the salt stability.

Conflicts of Interest

There are no conflicts of interest to declare.

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