



A Toolkit of Motivational Skills: How to Help Others Reach for Change, 3rd Edition

Catherine Fuller, Phil Taylor, Kath Wilson

E-Book	ISBN: 978-1-118-51025-4	May 2019	£28.99
Paperback	ISBN: 978-1-118-51029-2	August 2019	£31.25

DESCRIPTION

A Toolkit of Motivational Skills, Third Edition, draws on the latest research to show how the Motivational Interviewing approach can be effectively utilized to draw out and sustain an individual's internal motivation for behavioral change.

- Updated with a wide range of applications and practical examples of motivational techniques which have effectively helped others to change
- Updated with a wide range of applications and practical examples of motivational techniques which have effectively helped others to change
- Features a variety of supplemental resources including 16 online video examples of MI in action, with a workbook chapter that helps readers analyse each video in detail
- Includes new illustrations and diagrams designed to amplify the text and make it an engaging and enjoyable reading experience

ABOUT THE AUTHOR

Catherine Fuller, MA PGCertEd, is a lead staff developer within the National Probation Service for England and Wales and provides international learning and development consultancy and training. She helps practitioners and their managers in a variety

of settings, develop skills, understanding and confidence to facilitate change in others. Her background includes over 30 years as a practitioner, manager and staff developer.

Phil Taylor, BA (hons), originally trained as a professional engineer, then made a career in the probation service as probation office, manager and trainer. Later Phil had his own training business working in the criminal justice sector across England and Wales. On retirement he completed a Creative Writing and Art degree. Phil has a concern to describe complex ideas in ways that can be easily understood by practitioners.

Kath Wilson is a senior lecturer and leads the probation programme at De Montfort University. She has previously worked in both the voluntary sector and as a probation officer. She teaches mainly around issues of Offender Management and Interventions Practice within the Criminal Justice System, particularly in relation to probation and policing programmes. Her research interests include diversity, management of offenders and management of change. She has recently published *Lesbian, Gay, Bisexual and Transgender People and the Criminal Justice System*.

RELATED RESOURCES

Instructor

[View Instructor Companion Site](#)

For additional product details, please visit <https://www.wiley.com/en-gb>