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# **Deoxycholic acid activates colonic afferent nerves via 5-HT<sub>3</sub> receptor dependent and independent mechanisms**

**Running title: Deoxycholic acid activates colonic afferents**

**Yang Yu<sup>1\*</sup>, Egina C. Villalobos-Hernandez<sup>1\*</sup>, Sabindra Pradhananga<sup>1</sup>, Corey C. Baker<sup>1</sup>, Christopher Keating<sup>2</sup>, David Grundy<sup>2</sup>, Alan E. Lomax<sup>1</sup>, and David E. Reed<sup>1</sup>**

<sup>1</sup>Gastrointestinal Diseases Research Unit, Queen's University, Kingston, Ontario, Canada

<sup>2</sup>Department of Biomedical Science, University of Sheffield, Sheffield, UK

\*Yang Yu and Egina C. Villalobos-Hernandez contributed equally to this work.

## **Address for correspondence:**

**David Reed**

Gastrointestinal Diseases Research Unit,  
Kingston General Hospital  
Queen's University  
76 Stuart St.  
Kingston, ON,  
K7L 2V7, Canada.  
Tel. +1 6135496666x3344  
Email: david.reed@queensu.ca

## **Abbreviations**

5-HT (5-hydroxytryptamine), DCA (deoxycholic acid), DRG (dorsal root ganglion), EC (enterochromaffin), FXR (farnesoid X receptor), GLP-1 (glucagon-like peptide-1), GPBAR1/TGR5 (G protein-coupled bile acid receptor), HT (high threshold), IBS (irritable bowel syndrome), LT (low threshold), NG (nodose ganglion), RMP (resting membrane potential), TRPA1 (transient receptor potential ankyrin receptor).

37 **Abstract**

38 Increased bile acids in the colon can evoke increased epithelial secretion resulting in  
39 diarrhea but little is known whether colonic bile acids contribute to abdominal pain.  
40 This study aimed to investigate the mechanisms underlying activation of colonic  
41 extrinsic afferent nerves and their neuronal cell bodies by a major secondary bile acid,  
42 deoxycholic acid (DCA). All experiments were performed on male C57BL/6 mice.  
43 Afferent sensitivity was evaluated using *in vitro* extracellular recordings from  
44 mesenteric nerves in the proximal colon (innervated by vagal and spinal afferents) and  
45 distal colon (spinal afferents only). Neuronal excitability of cultured dorsal root  
46 ganglion (DRG) and nodose ganglion (NG) neurons was examined with perforated  
47 patch clamp. Colonic 5-HT release was assessed using ELISA, and 5-HT  
48 immunoreactive enterochromaffin (EC) cells were quantified. Intraluminal DCA  
49 increased afferent nerve firing rate concentration-dependently in both proximal and  
50 distal colon. This DCA-elicited increase was significantly inhibited by a 5-HT<sub>3</sub>  
51 antagonist in the proximal colon but not in the distal colon, which may be in part due to  
52 lower 5-HT immunoreactive EC cell density and lower 5-HT levels in the distal colon  
53 following DCA stimulation. DCA increased the excitability of DRG neurons, whereas it  
54 decreased the excitability of NG neurons. DCA potentiated mechanosensitivity of high  
55 threshold spinal afferents independent of 5-HT release. Together, this study suggests  
56 that DCA can excite colonic afferents via direct and indirect mechanisms but the  
57 predominant mechanism may differ between vagal and spinal afferents. Furthermore,  
58 DCA increased mechanosensitivity of high threshold spinal afferents and may be a  
59 mechanism of visceral hypersensitivity.

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62 **Key words:**

63 **Bile acid, spinal afferent, vagal afferent, 5-HT, hypersensitivity**

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67 **New & Noteworthy**

- 68       • DCA directly excites spinal afferents, and to a lesser extent, indirectly via  
69       mucosal 5-HT release.
- 70       • DCA potentiates mechanosensitivity of high threshold spinal afferents  
71       independent of 5-HT release.
- 72       • DCA increases vagal afferent firing in proximal colon via 5-HT release but  
73       directly inhibits the excitability of their cell bodies.

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## 77 **Introduction**

78 Bile acids are classically known for their roles in facilitating the digestion and  
79 absorption of dietary lipids. Primary bile acids are synthesized from cholesterol and  
80 conjugated with glycine or taurine in the liver. They are stored in the gall bladder, and  
81 released into the small intestine upon digestion of a meal. Most bile acids are  
82 reabsorbed by active transport in the ileum, although a small proportion, 5%, enters the  
83 colon where bacteria deconjugate and dehydroxylate primary bile salts to form  
84 secondary bile acids, that can be partly passively absorbed into the enterohepatic  
85 circulation (7). Deoxycholic acid (DCA), a secondary bile acid converted from cholic  
86 acid, is normally the predominant colonic bile acid (26).

87

88 Emerging evidence has suggested that bile acids also have complex hormonal actions  
89 both within and outside the intestinal tract, particular through the farnesoid X receptor  
90 (FXR) and G protein-coupled bile acid receptor (GPBAR1), also known as TGR5 (29).  
91 FXR is a nuclear receptor that mediates the genomic actions of bile acids and plays a  
92 key role in activating pathways that maintain bile acid homeostasis (10). TGR5 is a  
93 transmembrane receptor that couples to G $\alpha$ s and cAMP signaling pathways. TGR5 has  
94 been implicated in mediating the actions of bile acids on secretion, motility, sensory  
95 transduction and inflammation (7).

96

97 Disruptions in the synthesis, excretion and recycling of bile acids are implicated in the  
98 onset of many diseases of the intestine, its accessory organs and beyond (18).

99 Postprandial bile acid concentration is approximately 10 mM in human proximal small  
100 intestine, 2 mM in the distal ileum, and 0.6 mM in the cecum (17). Bile acids at high

101 physiological concentrations cause oxidative stress, DNA damage, apoptosis and cancer  
102 (31). Elevated levels of bile acids in the colon may also have profound influence on  
103 epithelial function and motility, including increased  $\text{Cl}^-$  secretion, enhanced  
104 permeability and increased intestinal transit (18), and this may have important  
105 implications in GI disorders. For example, increased bile acid delivery to the colon is  
106 observed in a subpopulation of irritable bowel syndrome with predominant diarrhea  
107 (IBS-D) patients; this is associated with altered bowel movements and accelerated  
108 colonic transit time, implying a partial mechanism for symptom generation in non-  
109 constipated IBS patients (4, 34, 39).

110

111 Previous work has shown that DCA can directly excite dorsal root ganglion (DRG)  
112 neuron cell bodies via a TGR5-dependent mechanism (1), suggesting a potential role for  
113 bile acid signaling in visceral pain. However, *in vivo* studies examining pain signaling  
114 via bile acids have revealed conflicting results. For example, DCA instillation into the  
115 rat colon for 3 consecutive days induced mild inflammation and persistent visceral  
116 hyperalgesia (42). In another study using *in vivo* afferent recordings of pelvic nerves, a  
117 mixture of sodium cholate and DCA increased baseline firing rate but  
118 mechanosensitivity remained unaltered (40). Conversely, while intraplantar injection of  
119 bile acids in mice caused inflammation, it also resulted in analgesia to mechanical  
120 stimulation independent of inflammation (1). Discrepancies in these *in vivo* studies  
121 highlight the need for *in vitro* studies at the level of primary sensory nerve terminals  
122 within the intact colon to examine mechanisms of neural signaling by bile acids in the  
123 distal GI tract. To achieve this, we studied two regions of the colon, the proximal colon,  
124 innervated by a combination of vagal and spinal afferent nerves, and the distal colon

125 that is predominantly spinal innervation (6). This allowed us to discriminate between  
126 bile acid modulation of spinal and vagal afferent pathways.

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128

129 **Material and methods**

130 **Animals and ethical approval**

131 All experiments were approved by Queen's University Animal Care Committee, in  
132 accordance with the guideline of the Canadian Council for Animal Care. Male C57BL/6  
133 mice (body weight 22-25 gm) were purchased from Charles River Laboratories. They  
134 were housed individually under a standard light-dark cycle (lights on: 7 am, lights off: 7  
135 pm) with free access to food and water. Mice were euthanized by isoflurane inhalation  
136 followed by cervical dislocation.

137

138 Human bile was obtained from 3 patients undergoing endoscopic retrograde  
139 cholangiopancreatography for removal of choledocholithiasis at Kingston Health  
140 Sciences Centre with informed consent. Experimental procedures were approved by  
141 Queen's University Human Ethics Committee.

142

143 **Extracellular afferent nerve recording**

144 The proximal colon was defined as the first 3 cm segment of colon immediately after  
145 the cecum. The proximal colon was also distinguished from the distal colon by the  
146 presence of distinct mucosal folds that are easily seen through the wall of the proximal  
147 colon. After identification of the superior mesenteric artery that enters the proximal end  
148 of the colon, we isolated the nerve associated with this artery. The distal colon was  
149 defined as a 3 cm segment immediately proximal to the pelvic brim; this segment is  
150 supplied by the inferior mesenteric artery that branches from the abdominal aorta. The  
151 nerve associated with this artery was isolated proximal to the inferior mesenteric  
152 ganglion. This classification is similar to a previous study (13). Nerve activity of

153 colonic afferents was recorded as previously described (9). Segments of proximal or  
154 distal colon were placed in an organ bath continuously superfused with gassed (5% CO<sub>2</sub>  
155 and 95% O<sub>2</sub>) Krebs buffer (composition, in mM: NaCl, 118.4; NaHCO<sub>3</sub>, 24.9; MgSO<sub>4</sub>,  
156 1.2; KH<sub>2</sub>PO<sub>4</sub>, 1.2; glucose, 11.7; CaCl<sub>2</sub>, 1.9) at 34°C. Preparations were cannulated at  
157 both ends with one end connected to an infusion pump to allow continuous perfusion of  
158 Krebs solution (0.2 mL/min) while the other end was connected to a pressure transducer  
159 (NL108, Digitimer, Welwyn Garden City, UK). Ramp distention was applied by closing  
160 the outflow drain of the preparation until the pressure reached 60 mmHg. Nerve bundles  
161 were identified in the mesentery and drawn into a glass suction electrode attached to a  
162 Neurolog headstage (NL100, Digitimer). Afferent nerve signals were amplified  
163 (NL104), filtered (NL125 band pass filter) and recorded on a computer via a Micro  
164 1401 interface and Spike 2 software (Version 7, Cambridge Electronic Design,  
165 Cambridge, UK). Krebs contained the L-type calcium channel blocker nifedipine (3 μM)  
166 and the muscarinic acetylcholine receptor antagonist atropine (5 μM) to suppress  
167 smooth muscle activity, as well as the cyclooxygenase inhibitor indomethacin (3 μM) to  
168 suppress potential inhibitory actions of endogenous prostaglandins (33).

169  
170 DCA was applied either intraluminally (0.2 ml/min) or into the bath (10 ml/min), and  
171 granisetron (a selective 5-HT<sub>3</sub> antagonist, 1 μM) (37) was applied into both the bath and  
172 lumen 15 minutes prior to DCA. Baseline afferent nerve firing frequency was  
173 determined during a 120-second period just prior to application of DCA. The effect of  
174 intraluminal DCA on baseline firing was calculated as a ratio of increased baseline  
175 firing frequency 15 minutes after DCA administration compared to control baseline.  
176 Response to bath-applied DCA was analysed similarly but a 30-second period at the



177 peak was used for analysis. The afferent nerve response to ramp distention was assessed  
178 as the increase in firing rate with increased intraluminal pressure using a custom-made  
179 script in Spike2. To compare distention response within the same preparations, firing  
180 frequency was normalized to the peak firing rate of the control distention. Single unit  
181 analysis was performed offline using the spike sorting function of Spike2 to  
182 discriminate the afferent nerve activity of individual units. Based on their sensitivity to  
183 ramp distention, afferent units were classified into two subpopulations, low threshold  
184 (LT) and high threshold (HT), with a cut-off threshold at 15 mmHg. This cut-off  
185 threshold is in keeping with previous studies in the small intestine and colon (9, 11, 28).  
186 A unit was considered as responding to DCA if the afferent firing frequency increased  
187 or decreased by 20% from baseline.

188

### 189 **5-HT release assay**

190 A 1cm segment of proximal and distal colon from each mouse were placed in ice-cold  
191 Krebs solution. Segments were cut open and pinned flat with mucosa up in Sylgard-  
192 coated wells. Tissue was incubated with the serotonin reuptake inhibitor fluoxetine  
193 (1 $\mu$ M) in Krebs solution (1 mL) at 37 °C for 10 minutes and supernatants were then  
194 collected. Following a brief rinse, the same tissue was incubated in 1mM DCA plus  
195 1 $\mu$ M fluoxetine (1 mL) at 37 °C for 10 minutes. Supernatants were then collected. The  
196 wet weight of the tissue was recorded. The concentration of 5-HT in the supernatants  
197 was measured using an immunoassay kit (Beckman Coulter, IM1749, Indianapolis, IN,  
198 US) in accordance with the manufacturer's instructions. The concentration of 5-HT was  
199 normalized to the tissue weight.

200

**201 Immunohistochemistry**

202 Segments of proximal and distal colon were fixed overnight at 4°C in 4%  
203 paraformaldehyde dissolved in 0.1 M phosphate-buffered saline (PBS), followed by 3  
204 times wash with PBS. Fixed specimens were cryo-protected in 30% sucrose/PBS  
205 overnight, embedded in optimal cutting temperature (OCT) compound (Wolf Labs,  
206 York, UK), and sectioned at 10 µm in a cryostat (Bright Instrument, OTF5000,  
207 Huntingdon, UK). Slides with sections were incubated with 5% goat serum/ PBS for 20  
208 minutes to block non-specific binding, and then incubated overnight with a rabbit anti-  
209 serotonin antibody previously validated in mice (24, 36) (1:50; AbD Serotec, AHP522,  
210 Kidlington, UK) at 4°C, followed by PBS rinse and 2-hour incubation with a goat anti-  
211 rabbit secondary antibody conjugated to Cy3 (1:400; Jackson ImmunoResearch, West  
212 Grove, PA, USA) at room temperature. Slides were mounted using Vectashield  
213 mounting medium with DAPI (Vector Laboratories, Peterborough, UK). A negative  
214 control was performed by omitting the primary antibody; this abolished  
215 immunofluorescence. When acquiring images, sections were oriented by aligning the  
216 muscularis mucosae to the bottom. Ten random images from ten sections of each  
217 specimen were acquired under 20× objective lens using an Olympus ColourView II  
218 digital camera for offline quantification. The number of enterochromaffin (EC) cells  
219 was counted in a blinded fashion. Since the transverse mucosal folds were much longer  
220 in the proximal colon, EC cell density was expressed as cells per unit area of mucosa  
221 (measured using ImageJ 1.43u; National Institutes of Health, Bethesda, MD, USA).

222

**223 Perforated patch clamp recording**

224 Dorsal root ganglion (DRG)(T9-T13) and nodose ganglion (NG) neurons were isolated  
225 as previously described (9, 38). Following overnight culture, coverslips containing  
226 isolated neurons were placed in a recording chamber on an inverted microscope and  
227 superfused with external solution containing (in mM): NaCl 140, KCl 5, MgCl<sub>2</sub> 1,  
228 CaCl<sub>2</sub> 2, HEPES 10 and glucose 10, pH 7.4 with NaOH. While we did not perform  
229 retrograde labelling to specifically identify colon projecting DRG neurons, only small-  
230 diameter DRG neurons ( $\leq 30$  pF) were selected, as they are putative nociceptors. Patch  
231 electrodes were pulled from Premium Custom 8520 Patch Glass (Warner Instruments)  
232 and filled with an internal solution containing (in mM): K-gluconate 110, KCl 30,  
233 MgCl<sub>2</sub> 1, CaCl<sub>2</sub> 2, HEPES 10, pH 7.25 with KOH. Amphotericin B (240  $\mu$ g/ml) was  
234 added to the pipette solution. Neuronal excitability was assessed by determining  
235 rheobase, the minimum amount of current required to elicit an action potential. Input  
236 resistance was determined by the hyperpolarizing response to current step from 0 to -10  
237 pA. These parameters were measured again after 10-min superfusion of vehicle or DCA  
238 on the same neurons. Junction potential was calculated as 12 mV and the resting  
239 membrane potential was adjusted accordingly.

240

#### 241 **Drugs and compounds**

242 Sodium deoxycholate (D6750) and fluoxetine hydrochloride (F132) were purchased  
243 from Sigma-Aldrich, and granisetron (21239) was obtained from Cayman Chemical.  
244 Sodium deoxycholate was made fresh in distilled water and diluted to their final  
245 concentration in Krebs buffer (with a final pH at 7.5) immediately prior to application in  
246 afferent recordings. DCA stock was diluted in the external solution in patch clamp

247 recordings. Fluoxetine and granisetron were prepared as stock solution, kept frozen at -  
248 20°C and diluted to their final concentration prior to application.

249

#### 250 **Data analysis and statistics**

251 All data are expressed as means  $\pm$  SD unless otherwise stated. Significant difference  
252 was determined by Student's t-test (two-tailed), one or two-way ANOVA with  
253 Bonferroni test as appropriate using GraphPad Prism 6. N refers to number of animals,  
254 and n indicates number of cells or afferent units.  $P < 0.05$  was considered significant.  
255 Significance indicator was defined as: \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

256

257

258

## 259 **Results**

### 260 **DCA increased baseline afferent firing in mouse proximal and distal colon**

261 DCA is a secondary bile acid that encompasses a significant proportion of the colonic  
262 bile acid pool (39). Therefore, we examined the effect of DCA on colonic afferent nerve  
263 firing. In the proximal colon, increase in baseline firing in response to DCA of LT  
264 afferents was small and not statistically significant (Fig. 1A,  $P=0.176$ , one-way  
265 ANOVA with Bonferroni test,  $N=4, 5$  and  $10$  for  $100, 300 \mu\text{M}$  and  $1 \text{ mM}$ ), whereas  
266 DCA augmented HT afferent firing in a concentration-dependent manner with a  
267 significant change observed with  $1 \text{ mM}$  (Fig. 1C,  $P<0.01$ ). It is generally accepted that  
268 HT afferents are almost exclusively spinal afferents as opposed to vagal afferents (6),  
269 and so we examined the response of afferent nerves in the distal colon as it is innervated  
270 predominantly by spinal afferents. Although the increase in LT afferent firing rate was  
271 not statistically significant (Fig. 1B,  $P=0.091$ ,  $N=6$  for both  $100 \mu\text{M}$  and  $1 \text{ mM}$ ), a  
272 significant change was observed for  $1 \text{ mM}$  DCA in HT afferents in distal colon (Fig. 1D,  
273  $P<0.05$ ). In the proximal colon,  $46\%$  of units ( $n=45$ ) were LT afferents and of these  $62\%$   
274 showed increased baseline firing frequency in response to  $1 \text{ mM}$  DCA, while  $47\%$  units  
275 were HT afferents with  $81\%$  responsive to DCA (Fig. 1E). In the distal colon,  $44\%$  of  
276 afferents ( $n=27$ ) were LT units and  $58\%$  of these responded to DCA, while  $41\%$  units  
277 were HT afferents and  $46\%$  were DCA responders (Fig. 1F). The proportion of  
278 mechanically insensitive (MI) units was very low and thus were not included in the  
279 analysis of DCA response. Intraluminally-applied human bile (1:10 diluted in Krebs) in  
280 mouse proximal colon significantly increased baseline afferent firing rate with a similar  
281 response profile to  $1 \text{ mM}$  DCA (Supplementary Fig. 1).

282

283 **Intraluminal administration of DCA activated afferent nerves indirectly via 5-HT**  
284 **release**

285 Bath-applied DCA (1mM) elicited an immediate increase in baseline afferent nerve  
286 firing frequency, while intraluminal administration evoked a slow and smaller increase  
287 in baseline firing (Fig. 2A). Given the short time for bath perfusion (1 min), this is most  
288 likely due to direct actions of DCA on the afferent endings. Considering the delayed  
289 response to intraluminal application and evidence that bile acid induces release of 5-HT  
290 (2, 25, 35), we hypothesized that intraluminal application of DCA increased afferent  
291 discharge indirectly via mucosal 5-HT release. In agreement with this, pre-treatment  
292 with granisetron (1  $\mu$ M), a 5-HT<sub>3</sub> antagonist, did not change the afferent response to  
293 bath-applied DCA (1mM) in both proximal (Fig. 2B left,  $P=0.075$ , paired t-test,  $N=5$ )  
294 and distal colon (Fig. 2C,  $P=0.405$ ,  $N=5$ ). Since nerve activity did not return to baseline  
295 after bath application of DCA in most proximal colon recordings, we reversed the order  
296 of treatments to confirm that granisetron did not inhibit afferent responses to bath-  
297 applied DCA (Fig. 2B right,  $P=0.092$ , paired t-test,  $N=5$ ). However, granisetron  
298 significantly inhibited the afferent response to intraluminal application of DCA in the  
299 proximal colon (Fig. 2C,  $P<0.01$ , paired t-test,  $N=5$ ), and reversal of the order of  
300 treatments confirmed the inhibitory effect of granisetron (Fig. 2D,  $P<0.05$ ,  $N=5$ ).  
301 However, in the distal colon, while the response to intraluminal application of DCA was  
302 reduced by granisetron, this was not significant (Fig. 2E,  $P=0.266$ , paired t-test,  $N=8$ ),  
303 although 5 out of 8 preparations showed a smaller response in the presence of  
304 granisetron. The percent of inhibition on afferent response to DCA by granisetron was  
305 significantly lower in the distal colon compared to proximal (Fig. 2F,  $P<0.05$ , unpaired

306 t-test). Since distention itself can evoke 5-HT release from the mucosa (5) that may  
307 impact the availability of mucosal 5-HT to be released upon repeated applications of  
308 DCA, we did not perform distention during these experiments and thus were unable to  
309 define the proportion of LT and HT units attenuated by granisetron.

310

### 311 **DCA stimulated 5-HT release in the proximal and distal colon**

312 Given the effect of granisetron on afferent response to DCA, we examined the effect of  
313 DCA on 5-HT release. Compared to basal release, 1 mM DCA increased 5-HT release  
314 in both proximal (Fig. 3A,  $P<0.05$ , paired t-test,  $N=5$ ) and distal colon (Fig. 3B,  $P<0.01$ ,  
315 paired t-test,  $N=5$ ). Basal 5-HT release in the proximal colon was higher compared to  
316 the distal colon (Fig. 3C,  $P<0.01$ , unpaired t-test). Absolute 5-HT release upon DCA  
317 stimulation was greater in the proximal colon than the distal colon (Fig. 3D,  $P<0.05$ ,  
318 unpaired t-test), although the net increase (subtracted by basal release) was not  
319 significantly different ( $0.5\pm 0.1$  vs.  $0.5\pm 0.1$  nM/mg,  $P=0.897$ ).

320

321 We next examined the density of EC cells in the proximal and distal colon with an anti-  
322 serotonin antibody. 5-HT immunoreactive EC cells were identified in the epithelium  
323 lining in both proximal and distal colon (Fig. 3E). Similar to the greater 5-HT release  
324 observed in the proximal colon, EC cell density was greater in the proximal colon  
325 compared to the distal colon (Fig. 3F,  $P<0.01$ , unpaired t-test,  $N=5$  for proximal colon  
326 and 6 for distal colon).

327

328 **Continual exposure to DCA potentiated mechanosensitivity of HT spinal afferents**  
329 **independent of 5-HT**

330 Our next series of experiments examined the effect of DCA on afferent nerve  
331 mechanosensitivity. A representative trace in Fig. 4A illustrated a time-dependent effect  
332 of intraluminal administration of DCA (1 mM) on spinal afferent response to distention  
333 in mouse distal colon. DCA did not change the overall afferent nerve response to  
334 distention after 10 minutes of perfusion (Fig. 4B,  $P=0.225$ , two-way ANOVA with  
335 Bonferroni test,  $N=7$ , although  $P<0.05$  at 10 and 20 mmHg), but significantly  
336 potentiated the distention response after 30 minutes of perfusion ( $P<0.05$  for overall  
337 response,  $P<0.001$  for all pressure points). This potentiation was selective for HT  
338 afferents ( $P<0.05$ , two-way ANOVA with Bonferroni test,  $n=9$ ,  $P<0.05$  at 20 and 40  
339 mmHg,  $P<0.01$  at 30, 50 and 60 mmHg), whereas there was no effect on LT afferents  
340 ( $P=0.372$ ,  $n=12$ ). In a few recordings we recorded as long as 50 minutes and this  
341 potentiation appeared to persist. Interestingly, following DCA application 6 out of 11  
342 HT units were now activated at pressures  $<15$  mmHg (i.e. behaved like a LT unit). This  
343 increased mechanosensitivity after 30 minutes DCA perfusion was not affected by pre-  
344 treatment with granisetron (Fig. 4C,  $P<0.05$ , two-way ANOVA with Bonferroni test,  
345  $N=7$ ,  $P<0.01$  at 20 mmHg,  $P<0.05$  at 40 mmHg,  $P<0.001$  at 50 and 60 mmHg). A lower  
346 concentration of DCA at 100  $\mu\text{M}$  was not able to potentiate mechanosensitivity (Fig. 4D,  
347  $P=0.909$ ,  $N=6$ ). However, bath application of this lower dose (100  $\mu\text{M}$ ) recapitulated  
348 the sensitizing effect of intraluminal 1 mM DCA after only 10 minutes of perfusion (Fig.  
349 4E,  $P<0.05$  for overall response,  $N=5$ ,  $P<0.001$  at 60 mmHg). Changes in compliance,  
350 the ability of a hollow organ to distend and increase volume with increasing pressure,  
351 may influence afferent nerve sensitivity to distention (30). By comparing pressure-  
352 volume curves, compliance was slightly increased after 30-minute intraluminal  
353 perfusion of 100  $\mu\text{M}$  DCA ( $P<0.01$ , two-way ANOVA) whereas no change was



354 observed in the other 3 groups, suggesting that the change in mechanosensitivity is  
355 independent of compliance.

356

357 **DCA increased the excitability of DRG neurons but decreased the excitability of**  
358 **NG neurons**

359 Differences observed in the role of 5-HT in afferent nerve signalling by DCA in the  
360 proximal and distal colon may reflect differences in the innervation of these regions by  
361 spinal and vagal afferents. Therefore, in perforated patch clamp recordings we  
362 compared the effect of DCA on dissociated DRG and NG neurons. A brief superfusion  
363 (10 min) of DCA at 100  $\mu$ M decreased the rheobase (i.e. increased the excitability) of  
364 DRG neurons (Fig. 5A,  $P < 0.01$ , paired t-test,  $n = 11$ ). Conversely, DCA increased the  
365 rheobase (i.e. decreased the excitability) of NG neurons (Fig. 5B,  $P < 0.01$ , paired t-test,  
366  $n = 12$ ). DCA also had opposing effects on the resting membrane potential; the resting  
367 membrane potential of DRG neurons was depolarized after DCA application (Fig. 5C,  
368  $P < 0.05$ , paired t-test,  $n = 11$ ), whereas the resting membrane potential of NG neurons  
369 became hyperpolarized (Fig. 5D,  $P < 0.01$ , paired t-test,  $n = 12$ ). However, input resistance  
370 was not significantly changed in both DRG ( $1509 \pm 244$  vs.  $2091 \pm 447$   $M\Omega$ ,  $P = 0.142$ ,  
371 paired t-test,  $n = 11$ ) and NG neurons ( $746 \pm 92$  vs.  $708 \pm 101$   $M\Omega$ ,  $P = 0.796$ , paired t-test,  
372  $n = 11$ ). Vehicle superfusion (external solution, 10 min) had no effect on any of the  
373 parameters measured above.

374

## 375 **Discussion**

376 Bile acids are increasingly recognized as important signalling molecules in the GI tract.  
377 While excess bile acids within the colon are known to increase secretion and transit,  
378 there has been little study of their impact on extrinsic sensory nerves innervating this  
379 region of the gut, which could have important implications for nociceptive signalling.  
380 The current study revealed different mechanisms underlying activation of vagal and  
381 spinal afferents innervating mouse colon by the major colonic bile acid, deoxycholic  
382 acid, at the level of nerve terminals compared to their neuronal cell bodies. DCA excited  
383 spinal afferents directly, and to a lesser extent, via 5-HT release. In contrast, the  
384 activation of vagal afferent pathways appears to depend on mucosal 5-HT release, as  
385 direct administration of DCA to nodose ganglion neurons inhibited their excitability.  
386 Interestingly, a longer exposure to DCA potentiated the mechanosensitivity of high  
387 threshold spinal afferents, which are thought to be nociceptors (6), implying that bile  
388 acids have the potential to evoke visceral hypersensitivity.

389

390 We identified that DCA activates extrinsic afferent nerves by both direct and indirect  
391 mechanisms with the predominant mechanism differing between regions of the colon.  
392 Bath application of DCA increased baseline firing frequency; this effect was unaltered  
393 in the presence of 5-HT<sub>3</sub> receptor antagonist. This, combined with the almost immediate  
394 increase in firing frequency upon DCA application, strongly suggests that it's the result  
395 of direct activation of nerve terminals by DCA. Our patch clamp recording experiments  
396 confirmed direct activation of DRG neurons by DCA. Conversely, granisetron reduced  
397 the response to DCA applied through the colonic lumen suggesting an indirect  
398 activation of 5-HT<sub>3</sub> receptors on nerve terminals by 5-HT, which may be released from

399 enterochromaffin cells via a TGR5 dependent mechanism (2). However, the effect of  
400 granisetron was much greater in the proximal colon where it significantly blocked the  
401 afferent response to intraluminal DCA. This difference may be explained in part by our  
402 observation of lower EC cell density and lower absolute 5-HT release in the distal colon  
403 upon DCA stimulation compared to the proximal colon. Moreover, while spinal  
404 afferents are activated by 5-HT via 5-HT<sub>3</sub> receptors (20), previous work has shown  
405 greater 5-HT<sub>3a</sub> receptor subunit transcript expression on microarray in NG neurons  
406 compared to DRG neurons (32) and thus there may be more 5-HT<sub>3</sub> receptor expression  
407 in the proximal colon as it is innervated by both vagal and spinal afferent nerves  
408 compared to the distal colon, which has predominant spinal afferent nerve innervation.  
409 Thus, the smaller inhibition by granisetron on excitation by DCA on distal colon  
410 afferent nerves may result from both less 5-HT release from the epithelium and lower 5-  
411 HT<sub>3</sub> expression on afferent nerves in this region. Bile acids may also promote release  
412 of other mediators from enteroendocrine cells such as glucagon-like peptide-1 (GLP-1)  
413 (8, 23, 41). While GLP-1 is able to activate vagal afferents (14), previous studies did not  
414 find a direct activation on DRG neurons (3) and clinical data suggests it may reduce  
415 pain (19). Thus, a role for bile acid induced release and modulation of colonic afferents  
416 for other enteroendocrine mediators requires further study. Bile acids may also promote  
417 peristalsis either via 5-HT release to activate 5-HT<sub>4</sub> receptors on intrinsic afferents or by  
418 directly activating enteric neurons (2, 7). Although peristalsis activates muscular  
419 afferents (16), this would have little role in our experiments as they were performed in  
420 the presence of the L-type calcium channel blocker nifedipine and muscarinic receptor  
421 antagonist atropine to suppress smooth muscle activity. Although a variety of 5-HT  
422 receptor subtypes are expressed in the gut, in the context of sensory signalling, most

423 attention has focused on 5-HT<sub>3</sub> and 5HT<sub>4</sub> receptors (15). Unlike the high abundance of  
424 mRNA for 5-HT<sub>3</sub> receptor, 5-HT<sub>4</sub> receptor expression was low in both NG and DRG  
425 neurons. A 5-HT<sub>4</sub> receptor agonist had no effect on the gastric vagal afferent activity  
426 (43). In the colon, a 5-HT<sub>4</sub> agonist inhibited visceral hypersensitivity, although it was  
427 not clear whether this was due to a direct action on nociceptive nerves (21). Conversely,  
428 5-HT<sub>3</sub> receptor agonists directly excite distal colonic afferent nerves (20). Thus, while  
429 we cannot exclude a role of other 5-HT receptor subtypes, we focused on 5-HT<sub>3</sub>  
430 receptors in the current study. Taken together, our results suggest that DCA activates  
431 colonic afferents predominantly via release of 5-HT in the proximal colon whereas it  
432 has both a 5-HT mediated activation and a direct activation of the extrinsic afferents in  
433 the distal colon.

434

435 Since the distal colon is predominantly innervated by spinal afferents (6), some of  
436 which are putative nociceptors, effect of DCA on mechanosensitivity was examined in  
437 the distal colon. A brief intraluminal exposure to DCA did not alter mechanosensitivity  
438 whereas a longer exposure (30 min) selectively sensitized high threshold spinal  
439 afferents to mechanical stimulation. This was only observed at a concentration of 1mM  
440 intraluminally, whereas bath application of a lower concentration quickly increased the  
441 distention response. This suggests that DCA directly increases the mechanosensitivity  
442 of spinal afferents but higher concentrations within the lumen are required. This effect  
443 of the higher concentration within the lumen might be analogous to increased bile acid  
444 delivery in the colon in a subpopulation of IBS patients (4, 34, 39). It has been  
445 estimated that DCA 100  $\mu$ M is within the physiological range in the colon whereas  
446 1mM may be pathophysiological as has been observed in disorders such as IBS (2, 17,

447 39). This is consistent with an *in vivo* study that DCA (4 mM) instillation into the rat  
448 colon daily for 3 days induces increased visceromotor response to noxious colorectal  
449 distention (42). Additionally, a recent study using an *in vitro* mouse colorectal  
450 preparation revealed that 67% of mechanical insensitive afferents acquire  
451 mechanosensitivity after a 5-min exposure to 0.5% bile salts (12). Our study showed  
452 that the sensitizing effect of DCA on mechanosensitivity was not affected by  
453 granisetron, suggesting a mechanism independent of mucosal 5-HT release.  
454 Additionally, our patch clamp results revealed increased excitability of cultured DRG  
455 neurons following exposure to DCA, strengthening the contention that direct  
456 sensitization of DRG neurons by DCA is at least one of the underlying mechanisms of  
457 the observed increased mechanosensitivity. The cellular mechanisms of this increased  
458 mechanosensitivity such as the involvement of the transient receptor potential ankyrin 1  
459 (TRPA1) channel that may be sensitized via  $G_{\beta\gamma}$ , protein kinase C and  $Ca^{2+}$  following  
460 TGR5 activation (27) require further study.

461

462 A definitive distinction between vagal versus spinal afferent units within a given  
463 recording in the proximal colon is not possible with our extracellular recordings, and  
464 thus we performed patch clamp recordings to examine the direct effect of DCA on these  
465 two neural populations. While we did not perform retrograde labelling to specifically  
466 identify colon-projecting neurons, previous studies have shown sensory neurons,  
467 including small diameter DRG neurons recorded in this study, express TGR5 (1). Our  
468 finding that the excitability of unlabelled NG and DRG neurons is affected by DCA  
469 suggests that TGR5 expression is not limited to gut-projecting afferent neurons.  
470 Interestingly, in contrast with DRG neurons DCA inhibited the excitability of NG

471 neurons. This difference in the effect of DCA on the excitability is in keeping with  
472 distinct gene expression profiles (e.g. ion channels) between DRG and NG neurons (32),  
473 although specific channels and mechanisms involved require future study. The  
474 inhibition of NG neurons by DCA is consistent with an *in vivo* study showing that  
475 glycocholic acid decreases gastric vagal afferent response to distention at neutral pH  
476 (22). Since a major function of vagal afferents in the GI tract is transmission of meal-  
477 related satiety signals to the brain, the effect of DCA on vagal afferent excitability,  
478 together with its effects on stimulating GLP-1 and 5-HT release, satiety mediators that  
479 can activate vagal afferents (45), may suggest implications for satiety regulation.

480

481 FXR and TGR5 are the two most studied bile acid receptors. FXR is highly expressed in  
482 the liver and ileum (10), with no evidence of its presence in the primary sensory  
483 neurons. Since FXR is a nuclear receptor that fulfils bile acids' regulative roles at a  
484 transcriptional level, it is unlikely to be involved in the current study, given the relative  
485 short-term treatment of DCA. TGR5 is widely expressed, including in DRG neurons (1)  
486 and enterochromaffin cells (2), and a key mediator of many rapid physiological and  
487 pathophysiological effects of bile acids (7). Furthermore, FXR is activated mainly by  
488 primary bile acids, whereas the most potent activators for TGR5 are secondary bile  
489 acids (44). As such, the effects of DCA on colonic primary afferent signalling observed  
490 in this study are likely mediated via TGR5. However, due to lack of specific  
491 pharmacological tools, the present study did not directly address the involvement of  
492 TGR5.

493

494 In conclusion, this study has elucidated different mechanisms underlying activation of  
495 spinal and vagal afferents innervating mouse colon by the major secondary bile acid  
496 DCA, and provided evidence that it can induce visceral hypersensitivity. The findings  
497 of this study have important implications for studying mechanisms related to pain  
498 signalling in GI disorders such as IBS.  
499

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506

507 **Author contribution:**

508 • DR obtained funding and supervised the project.

509 • DR, YY, EV and AL designed the study.

510 • YY, EV, SP, CB, CK and DG acquired, analysed and interpreted the data.

511 • YY, EV, AL and DR drafted and revised the manuscript.

512

513

514

515



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- 649
- 650

651 **Figure legends**

652 **Figure 1. DCA increased afferent firing frequency in mouse proximal and distal**  
653 **colon.**

654 (A&C) DCA (100, 300  $\mu$ M and 1 mM) induced increased baseline firing frequency on  
655 LT (A) and HT (C) afferents innervating proximal colon, one-way ANOVA with  
656 Bonferroni test. (B&D) DCA (100  $\mu$ M and 1 mM) increased firing rate of LT (B) and  
657 HT (D) afferents innervating distal colon. (E&F) The number of LT and HT afferents  
658 responding to DCA (1mM) in the proximal and distal colon. N=10 for proximal colon;  
659 N=6 for distal colon. LT, low threshold; HT, high threshold.

660

661 **Figure 2. Intraluminal administration of DCA activated afferent nerves indirectly**  
662 **via 5-HT release.**

663 (A) Recording showing the response of an afferent nerve to bath and intraluminal  
664 application of 1 mM DCA in a proximal colon preparation. (B) Pre-treatment with  
665 granisetron (1  $\mu$ M) did not change afferent response to bath-applied DCA in the  
666 proximal colon (paired t-test, N=5), regardless the order of treatments. (C) Granisetron  
667 did not change afferent response to bath-applied DCA in the distal colon (N=5). (D)  
668 Granisetron decreased afferent response to intraluminal application of DCA in the  
669 proximal colon, regardless of the order of treatments ( $P<0.01$ , paired t-test, N=5). (E)  
670 Granisetron did not significantly change afferent response to intraluminal administration  
671 of DCA in the distal colon (paired t-test, N=8). (F) The percent inhibition on the  
672 response to DCA by granisetron was lower in the distal colon compared to proximal  
673 colon ( $P<0.05$ , unpaired t-test).

674

675 **Figure 3. DCA stimulated greater 5-HT release in the proximal colon.**

676 (A&B) 5-HT release during DCA incubation (1 mM, 10 min) was greater than basal  
677 release (incubated in Krebs for 10 min) in both proximal ( $P<0.05$ , paired t-test, N=5)  
678 and distal colon ( $P<0.05$ , N=5). (C) Basal 5-HT release was greater in the proximal  
679 colon compared to the distal colon ( $P<0.05$ , unpaired t-test). (D) DCA stimulated 5-HT  
680 release was also higher in the proximal colon ( $P<0.05$ ). Fluoxetine (1 $\mu$ M) was present  
681 in both basal and DCA conditions. The concentration of 5-HT was normalized to the  
682 tissue weight. (E) Representative images showing 5-HT immunoreactivity in the  
683 proximal and distal colon. Scale bar =50  $\mu$ m. (F) EC cell density was greater in the  
684 proximal colon compared to the distal colon ( $P<0.01$ , unpaired t-test, N=5 for proximal  
685 colon and 6 for distal colon).

686

687

688

689 **Figure 4. Continual exposure to DCA potentiated mechanosensitivity of HT spinal**  
690 **afferents independent of 5-HT.**

691 (A) Representative trace showing afferent response to distention in the presence of DCA  
692 (1 mM, intraluminal perfusion for 30 minutes) in mouse distal colon. (B) DCA did not

693 potentiate afferent response to distention until 30 minutes after perfusion,  $P < 0.05$ , two-  
694 way ANOVA,  $N = 7$ .  $P = 0.225$  for 10 min. Single unit analysis revealed that the main  
695 effect was on HT afferents,  $P < 0.05$ . (C) This potentiation was not blocked by  
696 granisetron ( $1 \mu\text{M}$ ),  $P < 0.05$ . (D) A lower concentration ( $100 \mu\text{M}$ ) did not cause any  
697 potentiation to distension. (E) Bath application of  $100 \mu\text{M}$  DCA for 10 minutes  
698 increased afferent response to distension,  $P < 0.05$ .

699

700 **Figure 5. DCA increased excitability of DRG neurons whereas decreased**  
701 **excitability of NG neurons.**

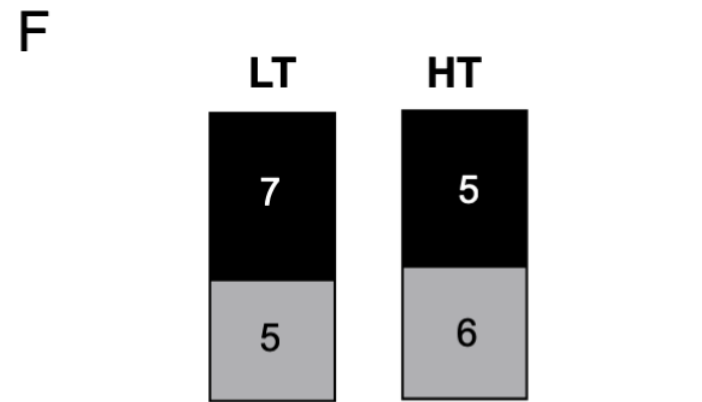
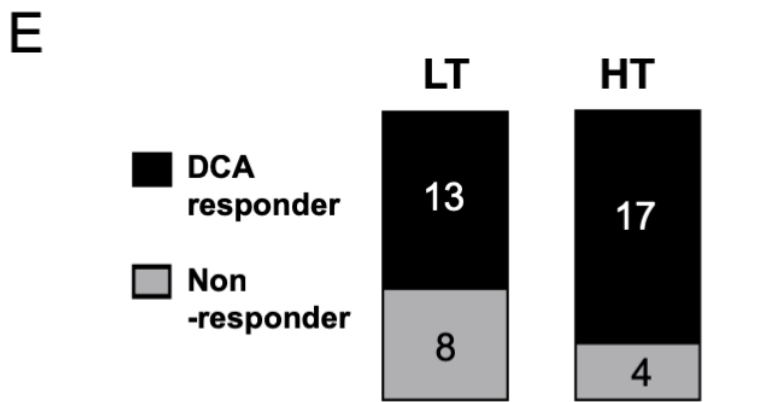
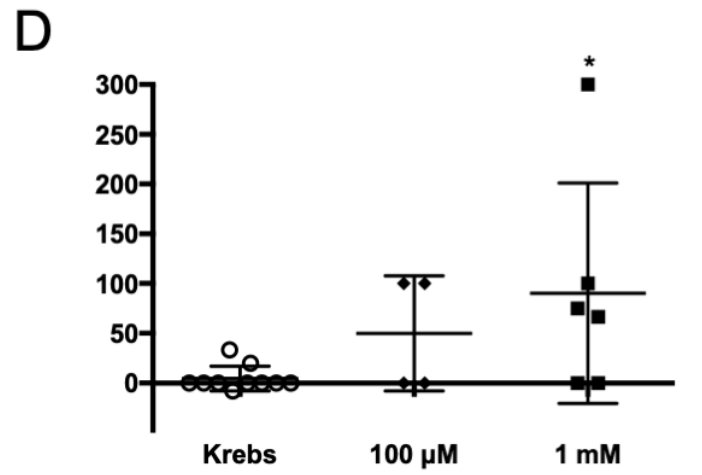
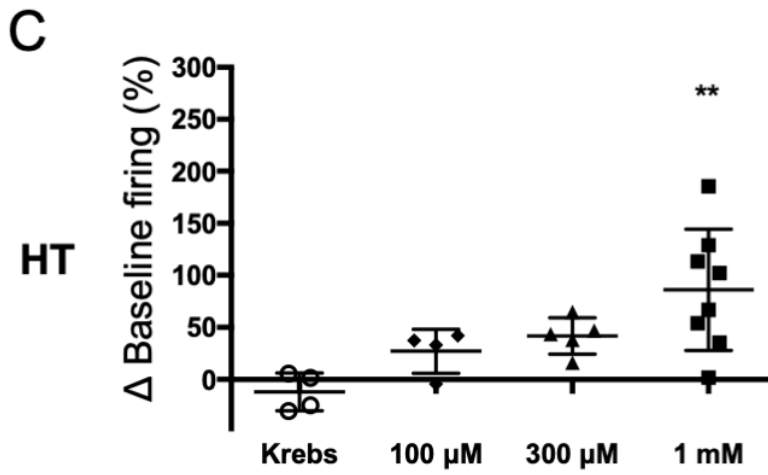
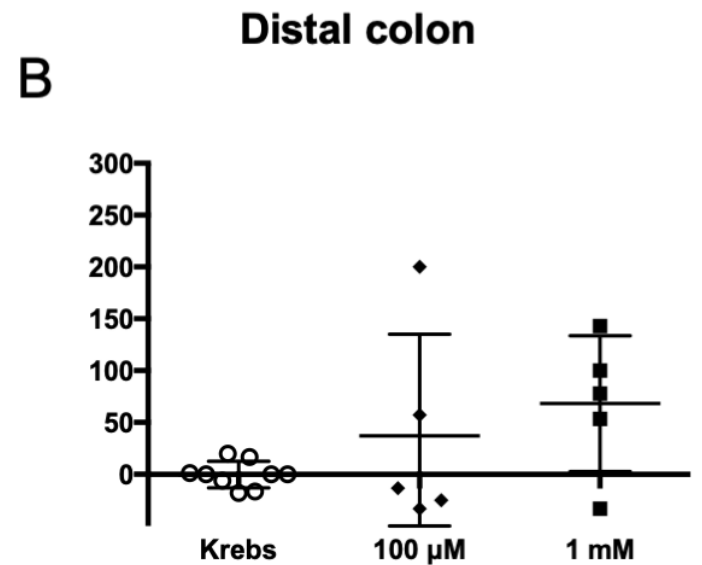
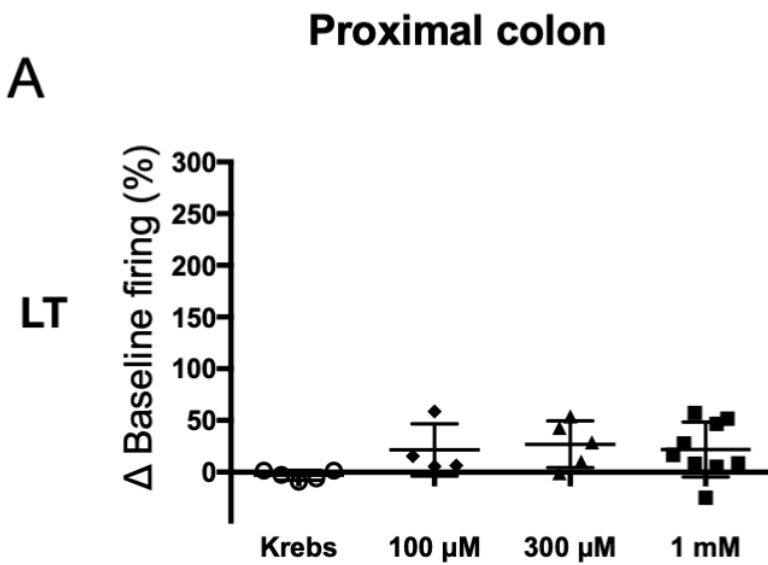
702 DCA superfusion ( $100 \mu\text{M}$  for 10 minutes) decreased the rheobase in DRG neurons (A,  
703  $P < 0.01$ , paired t-test,  $n = 11$ ) but increased the rheobase in NG neurons (B,  $P < 0.01$ ,  
704  $n = 12$ ). DCA depolarized resting membrane potential in DRG neurons (C, paired t-test,  
705  $P < 0.05$ ) but hyperpolarized that in NG neurons (D,  $P < 0.01$ ). Vehicle had no effect on  
706 rheobase and resting membrane potential. DRG, dorsal root ganglion; NG, nodose  
707 ganglion.

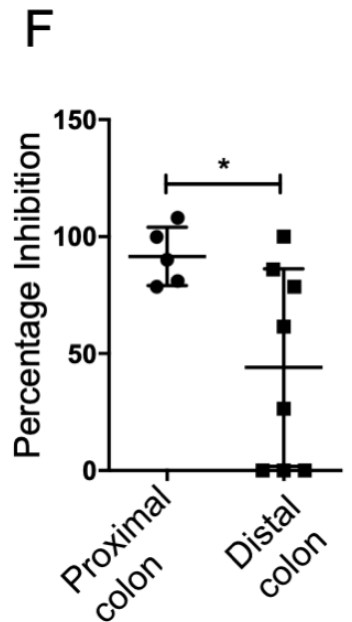
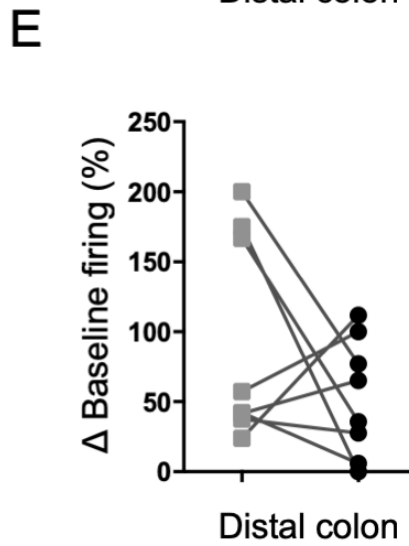
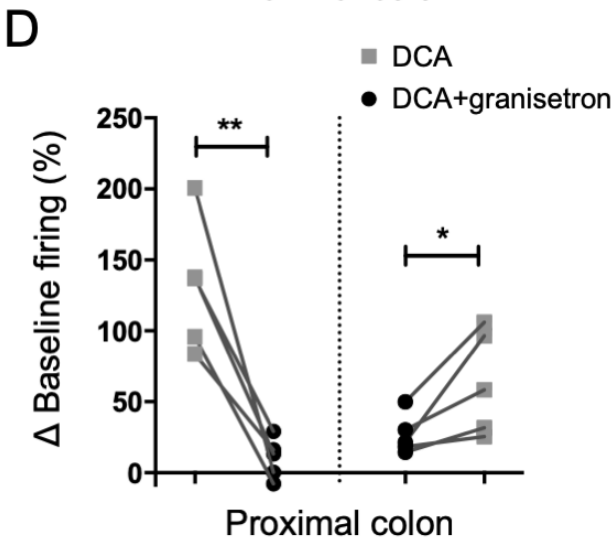
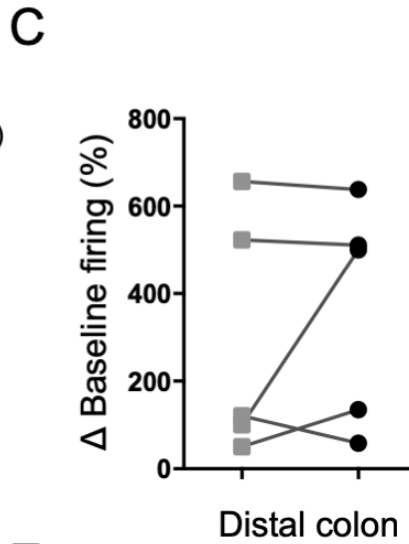
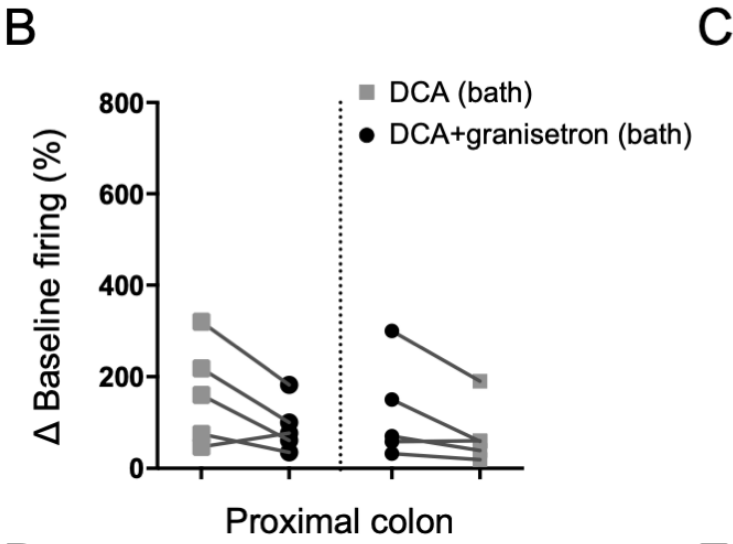
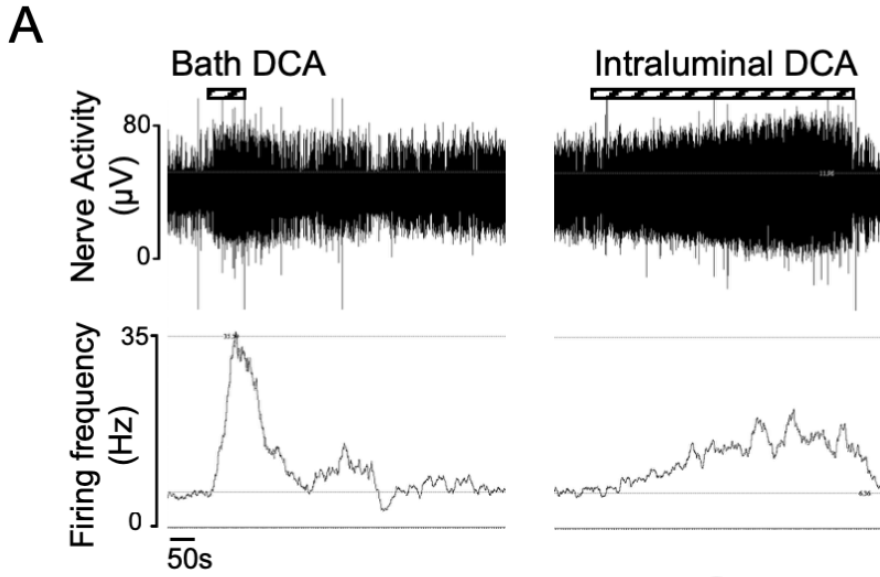
708

709 **Supplemental Material**

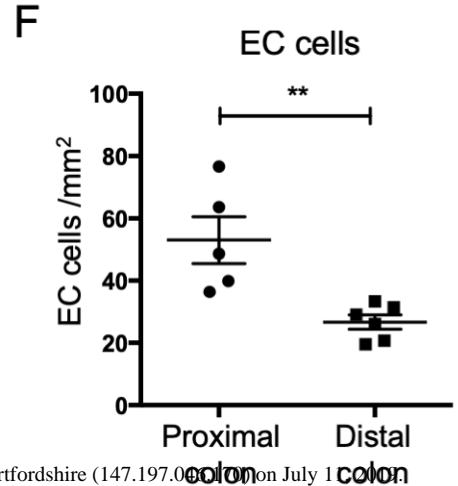
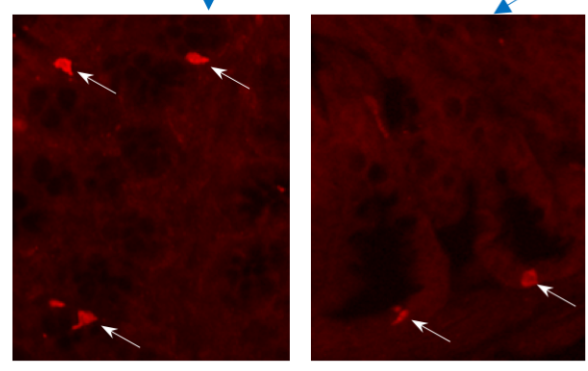
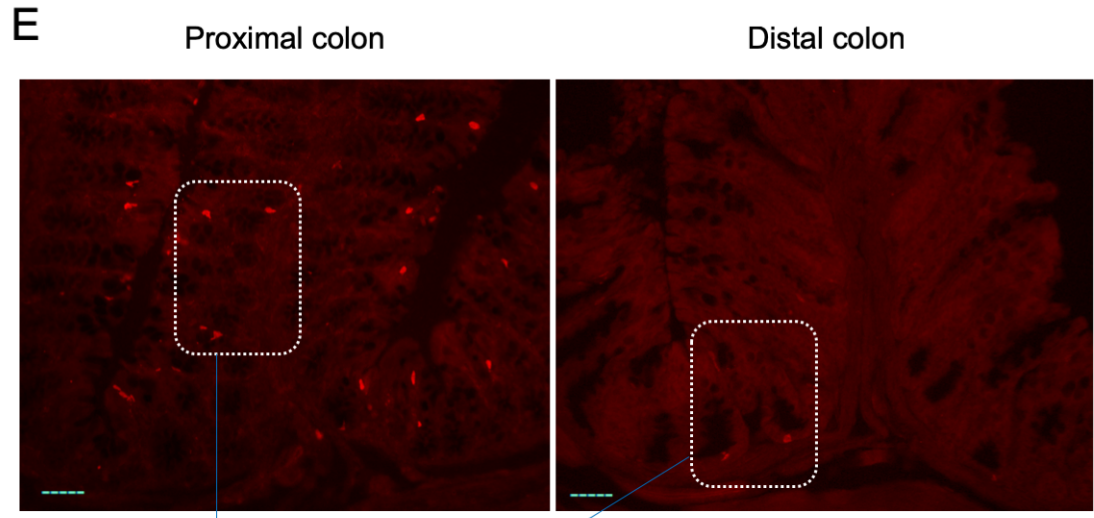
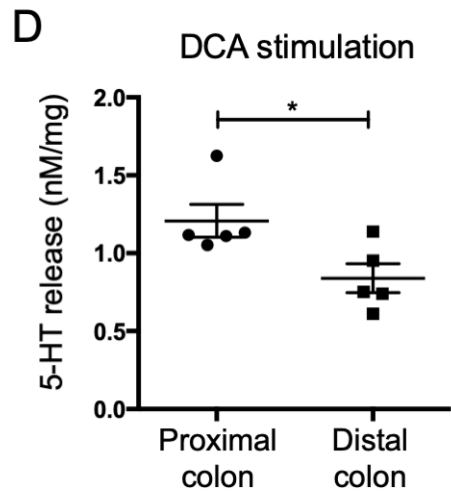
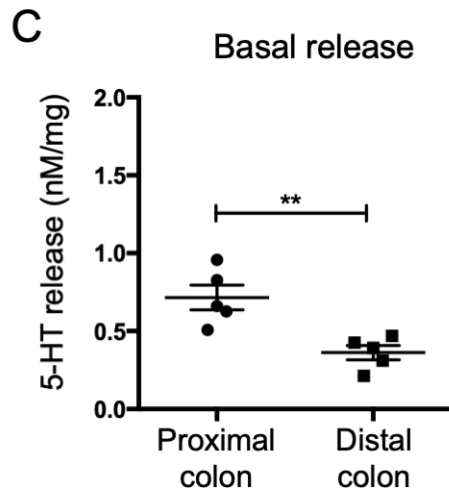
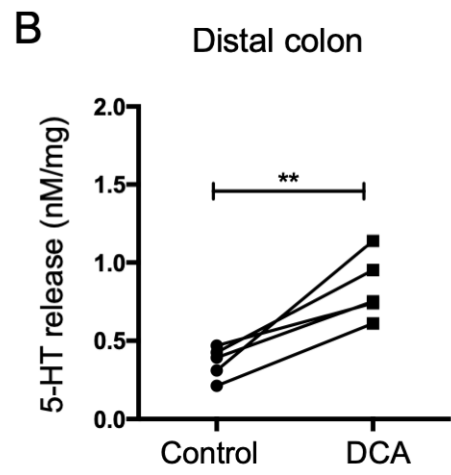
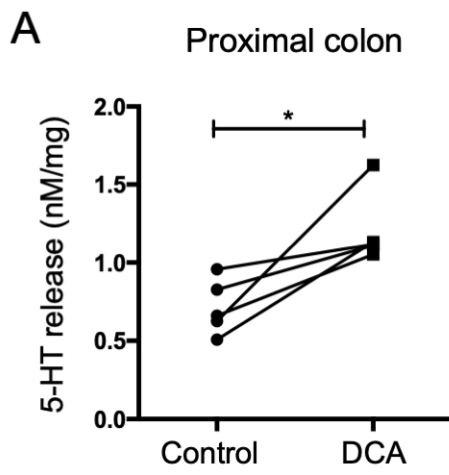
710 [https://figshare.com/articles/supp\\_figure\\_DCA\\_AJP\\_pptx/8243252/1](https://figshare.com/articles/supp_figure_DCA_AJP_pptx/8243252/1)

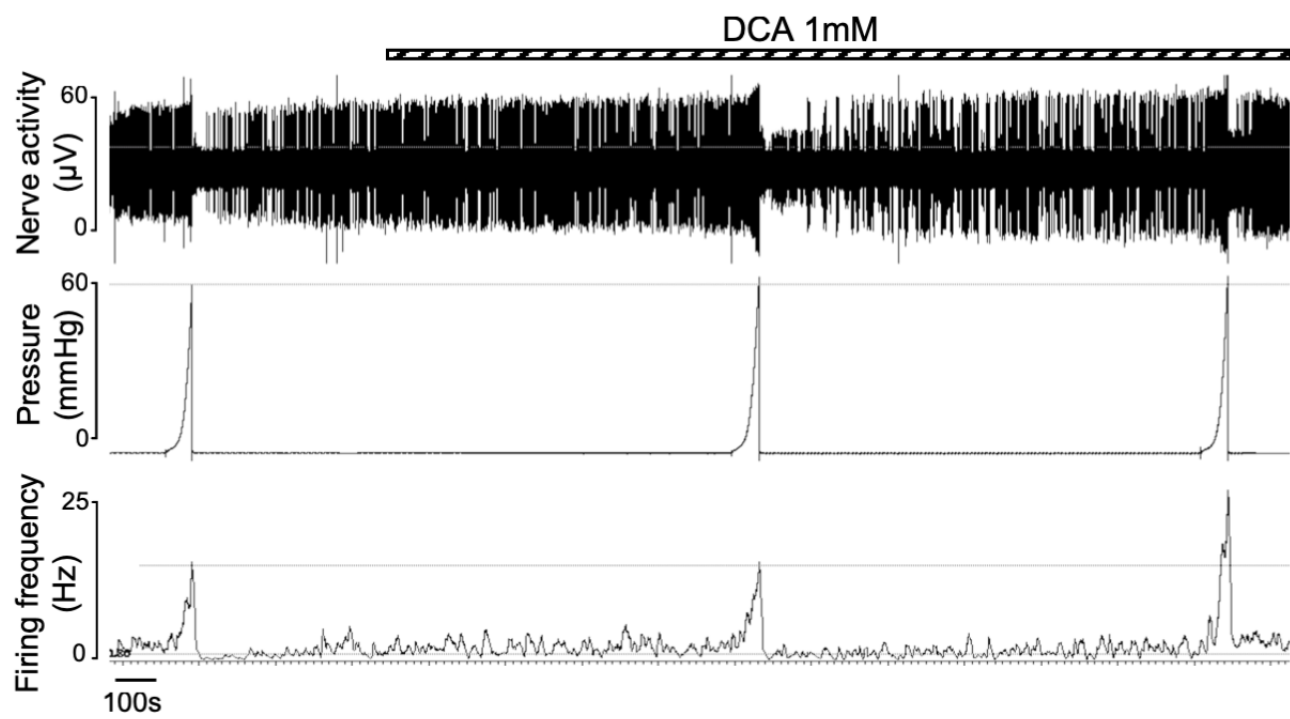
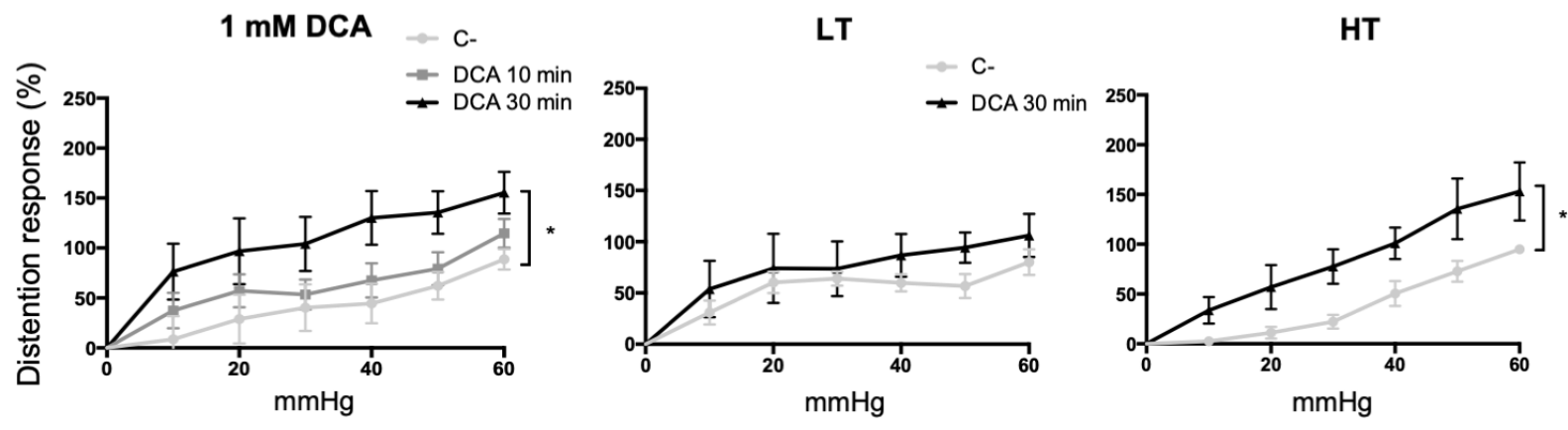
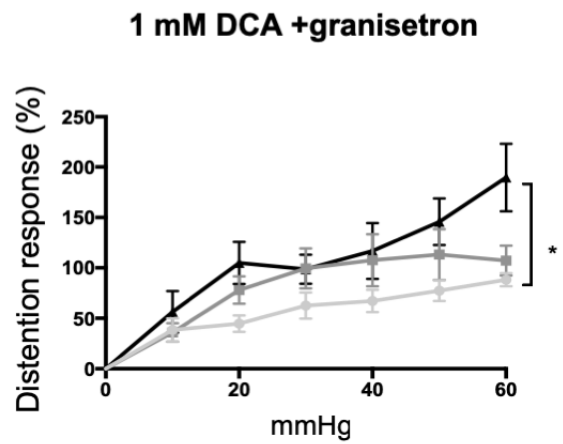
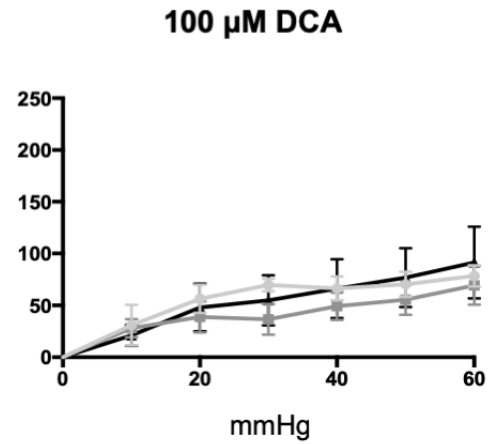
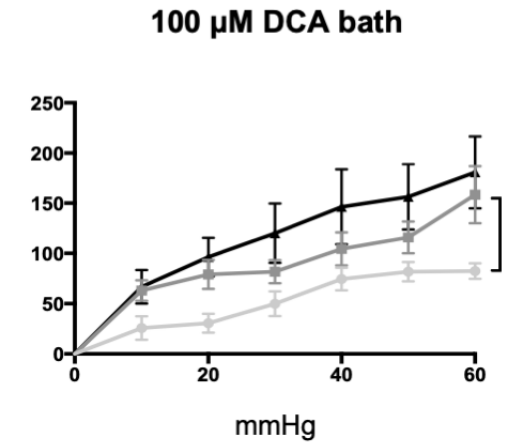
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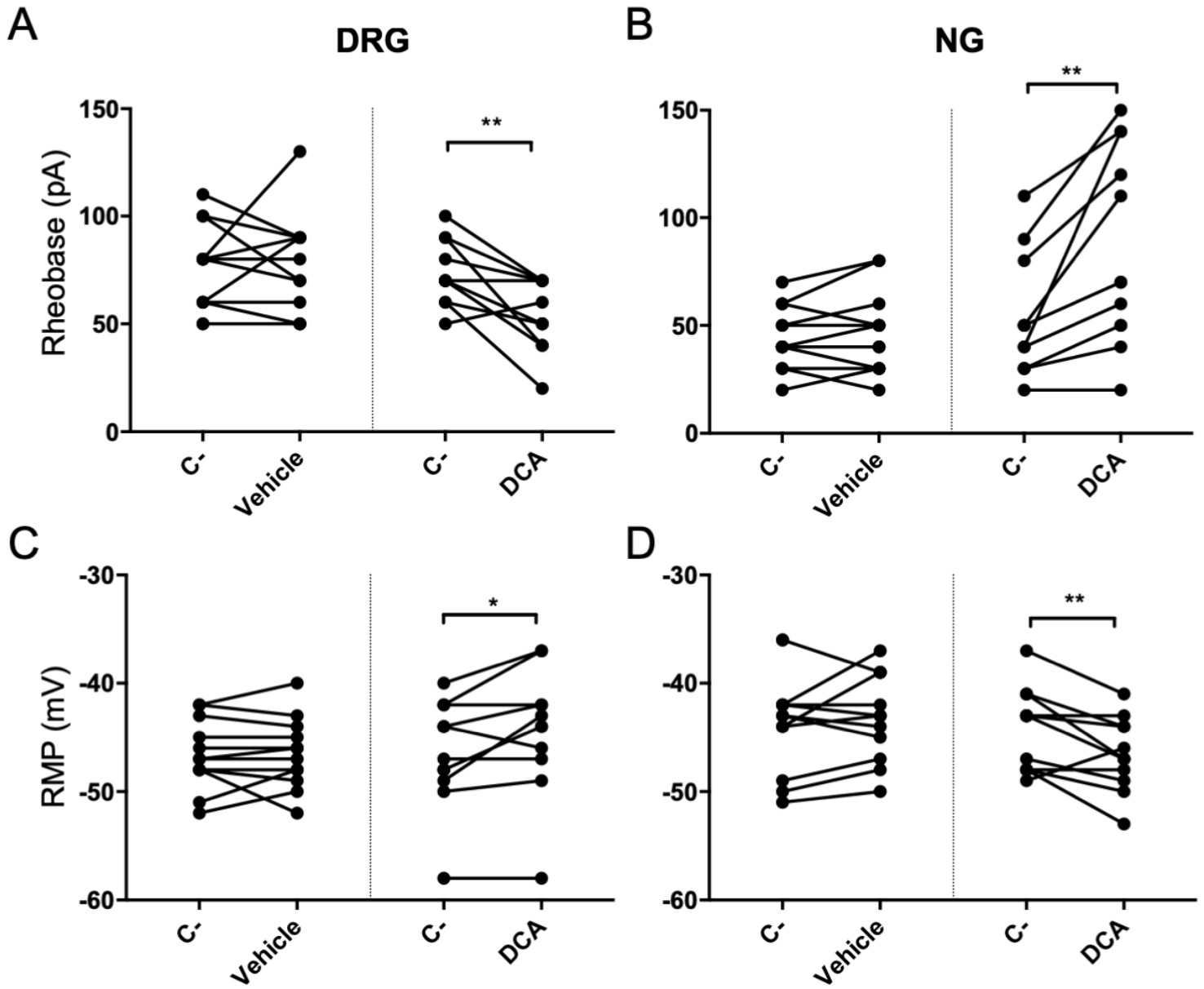


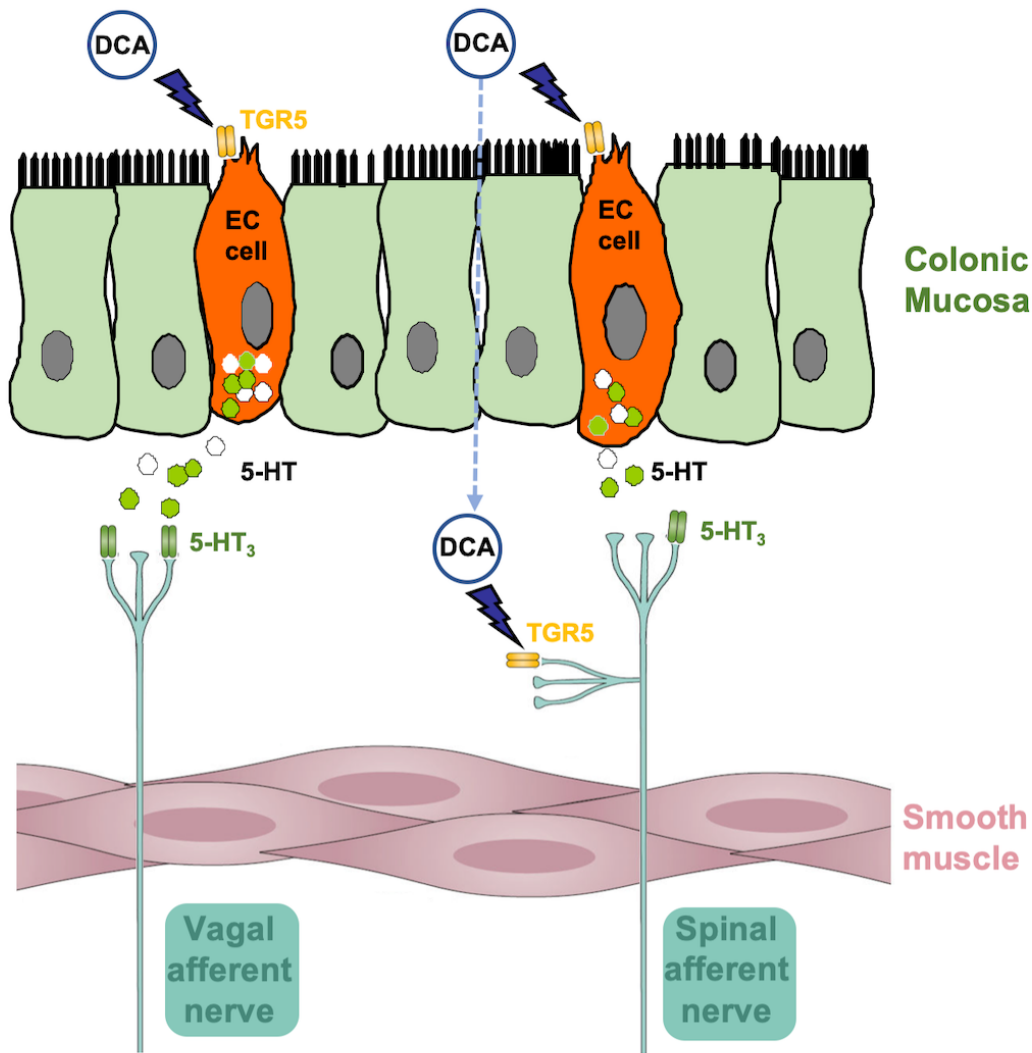






**A****B****C****D****E**





DCA (deoxycholic acid)  
 EC (enterochromaffin)  
 TGR5 (G protein-coupled bile acid receptor)