## VIII CONGRESO INTERNACIONAL y XIII NACIONAL de PSICOLOGÍA CLÍNICA



## COMPILADORES: TAMARA RAMIRO-SÁNCHEZ Y Mª TERESA RAMIRO

ISBN: 978-84-606-6427-7



## HEALTH RECOVERY: PSYCHOLOGICAL WAYS OF OPTIMIZING

ISBN: 978-84-606-6427-7

Natalia V. Kozlova National Research Tomsk State University

The issues to be discussed in the symposium focus on a complex understanding of health, its recovery and ways of rehabilitation. One of them is an innovative concept of rehabilitation potential which is viewed as an integrated characteristic of a patient's biological, psychological and social status. There is a theoretical model of rehabilitation potential to be presented and its practical application to medical and psychological rehabilitation of post-stroke patients. Possible ways of providing rehabilitation for disabled children via psychological support will be considered focusing on strengthening their ability to actively participate in social life. One more point for discussion is neuropsychological correction in the framework of Vygotsky's theory of higher mental functions and Luria's theory of their systemic dynamic localization. The presenters will highlight organizational principles of such a correction and criteria of its effectiveness. There will be two more questions under consideration, namely the phenomenon of learnt helplessness in children and adolescents with weak health as well as medical and psychological rehabilitation of young athletes.