

# VIII CONGRESO INTERNACIONAL y XIII NACIONAL de PSICOLOGÍA CLÍNICA



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**ISBN: 978-84-606-6427-7**



**Universidad de Granada**  
Grupo de Investigación CTS-261

## **PSYCHOLOGICAL CORRECTION OF ANXIETY STATES IN WOMEN WITH THREATENED MISCARRIAGE**

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Experiences of anxiety, presence of stress factor arouse disorder in female reproductive system in the period of pregnancy. For many women threatened miscarriage is a stressful situation generating heightened anxiety. This can make treatment procedures, directed at maintenance of pregnancy, difficult. In this association there is a necessity of development of the program of psychological correction in system of complex medico-psychological help to women with threatened miscarriage.

Objective: to develop program of psychological correction of anxiety states for women with threatened miscarriage. Sample: 200 women with diagnosed threatened miscarriage. For study of dynamic of mental states in the process of realisation of the program of psychological correction we used the following research methods: World Assumptions Scale by Ronnie Janoff-Bulman, The Lüscher Color Test, technique "Semantic differential", "Incomplete Sentences", projective drawing "My child and me".

The basis of correction program was anthro-oriented system approach. From the position of this approach psychological intervention was carried out at the following levels: value-meaning, affective (emotional), cognitive, psychophysiological and behavioural. Each level presupposed resolving of specific tasks. Results: it has been established that phenomenon of psychological community "mother-child" in women in the period of pregnancy is a factor of emotional well-being; it has been proven that disturbances of its formation cause increase in anxiety; difficulties of formation of psychological community "mother-child" in women with threatened miscarriage have been revealed and it has been shown that personal factors complicating formation of psychological community "mother-child" and enforcing state of anxiety are as follows; reliable data on decrease in anxiety, improvement of psychological state and indicators of physiological process of bearing the pregnancy as a result of realisation of the program of psychological correction of difficulties of formation of psychological community "mother-child" have been obtained.