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*Linking technology and psychology:  
feeding the mind, energy for life*

The background of the lower half of the page is a low-angle photograph of the facade of a Gothic cathedral, showing intricate stone carvings and spires against a clear blue sky.

**ABSTRACT BOOK**

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Editor: Micol Tummino, Martina Bollati, Martina Widmann

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## **PARTICIPANTS' PSYCHOLOGICAL SAFETY IN YOUTH SUBCULTURES**

E09. Health and clinical intervention - Positivity and well-being

Anastasia Sheketera, National Research Tomsk State University, Tomsk - Russian Federation  
Aleksandr Panteleyev, National Research Tomsk State University, Tomsk - Russian Federation  
Yulia Shukhlova, National Research Tomsk State University, Tomsk - Russian Federation  
Natalia Kozlova, National Research Tomsk State University, Tomsk - Russian Federation  
Inna Atamanova, National Research Tomsk State University, Tomsk - Russian Federation

The paper addresses the phenomenon of psychological safety, focusing on psychological features of youth subcultures. The study aimed at identifying youth subculture members' psychological safety and their psychological well-being is presented. The study sample involved 1004 young people, including youth subculture participants (roleplayers, emos, and anime) and university students as a control group. The research tools applied were The World Assumptions Scale developed by R. Janoff-Bulman and The Ryff Scales of Psychological Well-Being. The study results revealed that the university students felt psychological safety to a greater extent as well as were more confident about their ability to control life situations. The youth subculture members were shown to have a tendency to form negative basic beliefs and feel less psychological safety. It was also found out that the university students evaluated their interpersonal relations in a positive way, they being characterized by a higher degree of purposefulness and subjective well-being. In contrast, the youth subculture participants underestimated their personal growth, self-acceptance and subjective well-being. Thus, it can be concluded that youth subculture members, such as roleplayers, emos and anime, can be characterized by a tendency to form a negative system of basic beliefs, accompanied by little psychological safety and low estimations of their personal growth, self-acceptance and subjective well-being.