

## **THEORY AND PRACTICE OF HEALTH RECOVERY**

Natalia V. Kozlova

*National Research Tomsk State University, Tomsk, Russia*

The issues to be discussed in the symposium will contribute to a deeper understanding of health, its recovery and ways of rehabilitation both in young and adult patients. One of the issues is connected with the concept of rehabilitation potential considered as an integral characteristic of a patient's biological, psychological and social status. Based on this concept the researchers and practitioners will present a complex model of medical-psychological rehabilitation of patients with acute cerebrovascular accidents. Stroke is known to remain one of the most severe causes of death in adults. In addition, childhood cancer is the second most common cause of death in children. The relationship between the effectiveness of rehabilitation of children with hematologic malignancies and psychological rehabilitation of their families will be considered in terms of providing emotional support for the family and developing productive strategies of coping behavior. One more issue for discussion will be a doctor-patient communication model as a factor of adherence to therapy. The presenters will focus on the patients subjected to coronary bypass surgery. The following will be clinical-psychological bases of the phenomenon of relapse and re-hospitalization in patients with chronic diseases and the formation of their anti-relapse behavior. The researchers will highlight a set of clinical and psychological factors underlying the anti-relapse behavior in patients with long-term mental and endocrine diseases. Finally, there will be a presentation dealing with the relationships between psychological aspects of young patients' life situation and subjective aspects of their quality of life in the case of various chronic diseases, namely diabetes, gastritis and gastroduodenitis, as well as vegetative-vascular dystonia.