

Suicide Prevention Training Being Offered at SWOSU

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Suicide prevention is everybody's business and Southwestern Oklahoma State University Counseling Services in Weatherford is sponsoring a series of free training that is open to everyone.

QPR (Question, Persuade, Refer) training is being offered on weekdays from 12-12:45 in the Wellness Center, starting September 11. Interested individuals should contact Kim Liebscher at 580.774.3776 to schedule a date. Lunch is provided.

QPR, a national program, is intended to teach those who are in a position to recognize the warning signs, clues and suicidal communications of people in trouble to act vigorously to prevent a possible tragedy.

SWOSU received funding from a state grant/initiative on suicide prevention that came from the QPR Institute.