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Peaks Island Star, 2020

Peaks Island Star

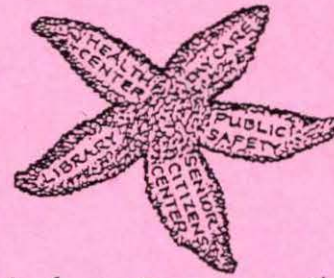
2-2020

Peaks Island Star : February 2020, Vol. 40, Issue 2

Services Agencies of the Island

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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

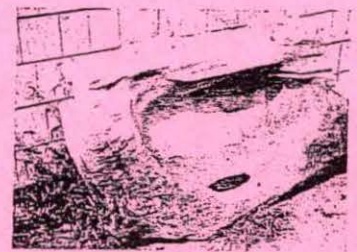
February 2020

Volume 40

Issue 2

The Peaks Island Historical Society

The quiet of the winter season is the perfect time to reflect on Peaks as it was during the latter decades of the twentieth century. All are invited to the Community Center on Saturday February 8 at 1-2 pm for *Another Peek at Peaks 1950-1980*. The program includes additional images from the Paul Whitney Collection – some whimsical; some artsy; some island scenes and lost people. \$5 suggested donation per adult. And kids are free! There will be light refreshments and time to socialize, too. For more information: peakshistory@gmail.com. Hope to see you there!



Friends of the Peaks Island Library present:

Workshop : Taking Stock of Your Life: Write Your Own Obituary!

Enjoy memories, remember meaningful experiences and think about where you are in your life or how you would like to be remembered. This workshop is designed for Islanders of all ages who might want to look forward or backwards on life and create an "obituary" that might help one assess life as it is or gather all the facts that might be needed by loved ones to tell others about you.

Time: 9:30- 12:00, Saturday, February 29th, 2020.

There will be a break with refreshments provided.

Place: The Peaks Community Room.

Workshop facilitator: Jean Berman, Peaks Island resident, she has been active in planning for and acknowledging life transitions for 40 years. She is currently works coordinating volunteers for Constellation Hospice.

"Please bring a notebook or paper and a pen or pencil you like using."

We are taking advance registration to help manage the activity please e-mail

pmacisaac@peaksisland.us. Onsite registration may also be possible.

**Trefethen-Evergreen Improvement Association (TEIA)
News Update (teiaclub.org)**

Happy New Year! Just a note from TEIA, one of Peaks Island's largely run volunteer organization. TEIA has been here for more than 100 years and has grown from a civic improvement association to a social, tennis, sailing and educational club, with excellent facilities and programs. Membership and registration materials will be available online this spring.

TEIA is looking for a volunteer to take over our website and Facebook page beginning in the Spring of 2020. You will get submissions and support from committee chairs and our small professional staff (small but hardworking!). If you have a couple of hours a week to help our members know what's going on at TEIA, please contact Vice Chair Jeff Marks at (540) 521-1696 or jeffamarks@comcast.net. Familiarity with the Web and Constant Contact is helpful; in-depth programming knowledge is not necessary.

Thanks go to Melisa Filipos who has managed the TEIA website, Facebook page and weekly newsletter with excellence for more than a decade.



FRIENDS OF TEIA

The Board of Friends of TEIA thanks all in the Peaks Island Community, our local Businesses and TEIA members who donated to Friends of TEIA's Campership Fall Appeal in 2019. Without your generosity we would be unable to fulfill our mission of providing "camperships" to TEIA's summer programs to any resident Peaks Island child who wants to participate in learning to sail, play tennis, attend the preteen or teen programs or have mornings of fun at kids camp.

Over the next months look for information in the STAR from Friends of TEIA and it's 2020 camperships for TEIA and the application process. You may also contact Stephanie at sealights99@aol.com to answer any questions.

Board Members are: Stephanie Castle, Gail Trefethen-Kelly, Perry Sutherland, Kathy Hurley, Monica Stevenson, Jane Hannigan, Barb Hoppin, Kevin Rocque and Carol Eisenberg.



Peaks Island Land Preserve
FOREVER WILD

Peaks Island Land Preserve is committed to the acquisition, preservation, and stewardship in perpetuity of Peaks Island lands for the use and enjoyment of islanders and visitors.

Do you have great photos or video clips of wildlife on Peaks Island? The Peaks Island Land Preserve is seeking high-resolution photos and/or video of birds and other wildlife on the island to be featured on our website and possibly in a video about PILP coming out this spring. All photographers will be credited in any instance of use. Please contact Kelsey Kobik at keltkobiksey@gmail.com.

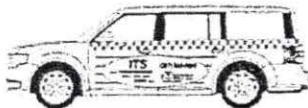
Save the Date: Friday, March 27, a PILP End of Winter Party, 6-9pm, at the Inn on Peaks Island. Silent Auction, Raffle, Band.

Make a contribution: For the silent auction and raffle we are collecting Peaks Island and/or outdoor related art (photographs, paintings, prints, sculptures, etc.), like new gear (compass, backpack, headlamp, etc.), and services (kayak rental, boat excursion, Island tour, etc.). Consider too painting or photographing your favorite place or view on the Island. Please contact a board member to make a donation!

Our board members are: John Whitman, Robert Villforth, Robert VanDerSteenhoven, John Freeman, Marty Braun, Laura Glendening, Eleanor Morse, Candace Myers, and Foxfire Buck. **Support PILP** by becoming a member or renewing your membership, \$20 individual and \$30 family/household, see our website for more information. www.peaksislandlandpreserve.org



PEAKS Island Transportation System



(207) 518-0000

Change in winter operating hours

As you may have seen on the list serves, the taxi board has decided to stop the automatic 8:15 PM boat pickup to save wear and tear on our drivers for the winter.

A shortage of winter backup drivers means that a driver may be on call for 12 hours or more in a single day, sometimes for several days in a row. Because drivers report that passengers coming off the 8:15 boat are few and far between, the board has agreed to eliminate the scheduled meeting of the 8:15 boat and discontinue on-call service after 7:30 PM.

Although the taxi phone will be shut off at 7:30 PM, you can still arrange to be met at the 8:15 ferry if you call the taxi (207 518-0000) before 7:30 PM to make arrangements with the driver. Please be sure to honor these arrangements; a few no-shows will spoil it for everyone. Sorry for any misunderstanding caused by the list-serve messages.

Free Medical Equipment

The Health Center and St. Christopher's Church have free medical equipment such as wheelchairs, walkers, and crutches available on loan temporarily. Provided on a first come, first served basis at no charge, borrowers are only asked when they will return it and also relieve the program of any liability.

For more information, contact Kay Taylor at 766-2811 or islapicos@maine.rr.com; or Chris Hoppin at 766-2593 or choppin@aol.com.

St. Christopher Catholic Church

Rector: Father Greg Dube at 773-7746

Sunday Mass is at 10 AM each week. For information about services on the mainland, check www.portlandcatholic.org. For information concerning Baptism, Reconciliation & Marriage, please contact Father Greg.

Rosary: The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

AA meets Wednesdays from 6:15 to 7:15 PM in the Parish House.

Share Scripture with Islanders from 9:30 to 11 AM each Wednesday in the Parish House on Central Avenue.

Brackett Memorial United Methodist Church

We are a Welcoming, Inclusive, Reconciling and Non-Conforming Congregation

9 Church Ave; 207-766-5013; brackettmumc@gmail.com;

sites.google.com/view/brackettmemorialchurch/home

Rev. Will Green, Pastor



All are welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Drop-in choir rehearsal is at 8:30. Starting at 10:00, youth and children are rehearsing a musical telling of the story of Jonah that will take place on March 15th. Following worship is food and fellowship in the Church hall.

Peaks Island Food Pantry at Brackett Church, Mondays, 3:30-5pm.

Ash Wednesday Service, Wednesday, February 26th, 7:00pm Mark the beginning of the season of Lent with a service in our Sanctuary that includes the ritual of the imposition of ashes.

Art & Appetizers, Saturday, February 29, 5:00pm - 7:30pm

Our fun-filled, fast-moving art and appetizer event (remember two years ago?!) is coming back by popular demand. We still have room for more visual art creations: painting, drawing, print, sculpture, photography, needlework, pottery, leatherwork, jewelry, and I'm sure I'm forgetting others. Also, we're happy if non-artists have pieces of art they'd like to pass on to a new home. The high bid for each item will be split 50/50 between the artist/owner and Brackett Church's outreach projects. Enjoy appetizers while previewing the artwork. Then delight in the fast-moving, fun-filled live auction.

If you are interested in providing artwork please call or text Tookie at 732-306-8736 (cell) 518-9532 (home) or Karin Elofson at 425-306-1301.

Community Emergency Response Team (CERT)

Our volunteer Peaks Island Community Emergency Response Team (CERT) works with the Portland Fire Department to respond to emergencies and disasters. Help is available by calling 911.

We have some power generators for medical use and also have arrangements for temporary shelters and electricity for cel phones if necessary.

CERT also needs more volunteers. For more info, call Jay Desmond at 766-2088.

PEAKS ISLAND TAX AND ENERGY ASSISTANCE

Our next Loaf and Ladle Dinner will be Sunday, February 16th. Our theme is Soups and Salads. The soups will be hot and delicious with a choice of salads, bread, beverages, and our yummy and decadent desserts. We will have some special treats just because it is February. Please join us and your neighbors from 5-7 p.m. at Brackett Church for this community event. For planning purposes, we will hold Loaf and Ladle Dinners in March, and April. Our March dinner will celebrate St. Patrick's Day on Sunday, March 15th with Corned Beef and Cabbage. We will be taking reservations for this very popular dinner beginning March 1st. All of the receipts for each dinner will go toward energy assistance.

Tax bills will be sent out in February. Applications will be on the bulletin board at the Community Center. The assistance that we give helps each applicant to pay their property taxes. Relatives, neighbors or friends may fill out energy or tax forms if they believe that families are in need and have not filled out themselves. The forms must be given to our clergy member and he/she has the responsibility of approving requests for assistance. FYI, police officers and firemen who are on the island are willing to do wellness checks if you are ever worried about a neighbor or relative.

We want to thank everyone who made donations to PITEA and/or attended our fundraisers in 2019. We are prepared to assist those who apply to PITEA. Because of your generosity we have been able to meet the needs of all who have applied. Thank you for helping us to fulfill our mission. We also thank our friends and neighbors who join together to make Peaks such a great place to live.

Peaks Island Tax and Energy Assistance

SENIOR NEWS

One cure for cabin fever is the **February Potluck Luncheon**. Come on over to the Fay Garman House on Monday, the 10th. Please bring a dish to share and join us at noon. All Seniors are welcome!

We are now offering **Chair Yoga** at the Fay Garman House Community Room every **Tuesday** and **Thursday** afternoons starting at 4 pm for about an hour. Chair yoga is a great way to relax from head to toe without the stress of getting out of your chair. There is no charge for these yoga sessions and are open to anyone who wants a quick way to stretch their body and relieve tensions.



Day-trippers and
year-rounders —
everyone is welcome!

87 Central Avenue
Peaks Island, ME

Seeing patients
Monday, Wednesday,
and Friday from
8:30 a.m –3:00 p.m.

Call (207) 766-2929
to schedule your
appointment

Peaks Island Health Center

EVENTS

POSTPONED: Wellness and Prevention Series

We are sorry to have to postpone the four-week Maine Medical Partners Wellness and Prevention Series previously scheduled to start in February.

If you still want to learn mindfulness strategies to manage chronic health conditions and improve your overall health, get on the waiting list for a future session by calling Amy Pearl, RN at 207.781.1561.

NEWS

Are you studying for a career in healthcare?

If you are an island resident applying or returning to an accredited academic program in a healthcare-related field, you may be eligible for scholarships funded by proceeds from the PIHC Clamshell Relay.

Watch our website for updates, deadlines, forms, and more!

Find the latest news and events at peaksislandhealthcenter.org

LVF *Loretta Voyer Fund*

Our mission is to provide transportation for Peaks Islanders who are receiving chemotherapy, radiation, or medical treatments for life-limiting diseases.

Thank you to everyone who helped to make the Loretta Voyer Fund Holiday craft fair such a success! for another successful Loretta Voyer Craft Fair! Thank you to our vendors who brought such beautiful items to sell. Thank you to our shoppers who braved a chilly December morning to come out to the craft fair. Congratulations to our raffle winners!! Thank you to Robin Clark for hosting the event and, thank you to our board members who helped to run things behind the scenes.

We were able to raise a little over \$1400 this year, which will be put towards buying car ferry tickets for Peaks Islanders who are undergoing aggressive medical treatments for life limiting diseases. If you would like to make a donation to the Loretta Voyer Fund, please send checks to The Loretta Voyer Fund, c/o Melissa Conrad, 152 Brackett Avenue, Peaks Island, ME 04108. For more information about the Loretta Voyer Fund, please contact Melissa Conrad, 766-9736 or mconrad@backshore.net.

DEADLINE FOR NEXT MONTH'S STAR is Tuesday, February 25. Bring articles copy ready to the Library. When the Library is closed, you may put them in the book return in the hallway or slip them under the Library door.

Peaks Island Elementary School News

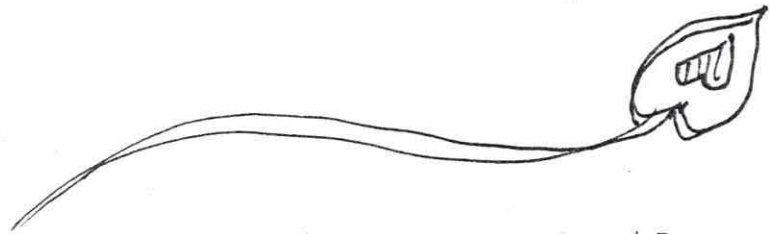
As we roll into Portland Public Schools' budget season, having an accurate enrollment count for the coming school year helps us plan and request the human and material resources we need. If you know of or have a child who will be eligible for our full-day, public PreK program please contact the PIES office as soon as possible and we will assist you with the registration process. In addition to incoming PreK students, it also is helpful for us to know of any families who plan to register children in grades K-5. Thank you for your help in spreading the word!

We have kicked off 2020 with project-based learning on inventions in teacher Betsy Thompson's grade 3-4-5 classroom. Families recently attended an "Invention Breakfast" where students showcased their very creative projects that included inventions on animal prosthetics, the automobile, the bicycle, Braille, hot air balloons, internal combustion engines, the lightbulb, the modern toilet, Morse Code, steam engines, the telephone, the television and the typewriter. Students' passions for their topics and projects has been palpable within these diverse STEM areas.

Despite having a January thaw as this news goes to press, PIES ed tech Celeste Bridgford and I are leading a Snowshoeing After School Academy for the next several weeks (our Bear Tracks Club for older students, followed by our Cub Tracks Club for younger students). Please give us a wide berth if you see us coming along our island trails!

Finally, all of us at PIES wish to thank so many alumni and community members for attending our 150th Birthday Celebration! Mayor Kate Snyder read her very first proclamation at the event that states, among other attributes, the importance of PIES in sustaining a year-round livable island community. We are grateful to Peaks photographer Arthur Fink who captured the evening with amazing photographs that will be shared. Our community puzzle collage, Claude Montgomery's Casco Bay mural and decades of class photos are displayed throughout the school. All islanders are welcome to contact us to set up a time for a school tour.

Happy New Year, Peaks Island!
Kelly Hasson, Teacher Leader



Peaks Island Community Food Pantry

The Peaks Island Community Food Pantry is located in the Brackett Memorial Church and is open on Mondays at 3:30–5pm. Our mission is to provide food assistance to our island neighbors in need, supported by many different individuals and organizations from Peaks Island.

If you would like to donate items to the food pantry, our needs this month are: *ketchup, toilet paper, canned pineapple, canned peaches, applesauce, canned spinach, canned beets, canned ravioli, coffee, small bags of sugar, small jars of mayonnaise, beef stew, corned beef hash, single-serve microwavable meals (i.e. Hormel's Compleats), Saltine crackers, Ritz crackers, pasta sauce, cooking oil, canned peas, soup, pickles, ketchup.*

A reminder that you can make cash donations via check. Please make check out to "Peaks Island Food Pantry" – send to Susan Hanley, 108 Brackett Avenue, Peaks Island, ME 04108. If you have any questions about the food pantry, or you would like to arrange a food drop off or a donation pick up, please contact Susan Hanley, 207-332-2443.

Home Start News

Great news ! Our End of Year Appeal raised over **\$17,000 !** This gets us almost half way to our goal of \$36,000 needed to match the Portland Housing Trust Fund award of \$36,000. Thank you thank you generous Peaks Island people. With your support we will add a new unit of year round affordable housing on Peaks.

But of course we're only halfway up this mountain. More contributions are still needed. Keep in mind that as a match, your dollars are doubled. Conversely, if we don't make the match by April, the grant is likely to be reduced, i.e., if we only raise \$25,000 we will likely only get \$25,000. The total amount would therefore become \$50,000 rather than \$72,000. So give generously, give often! Donations can be sent to Home Start, PO Box 174, Peaks Island 04108 or online at www.peakshomestart.org. Thanks!

In other news, a good cross section of Peaks people attended the "ADUs: Options for All Ages" presented by AARP Maine President Pat Pinto at the Community Center on Jan. 23. The need to keep up with the changes proposed by the Portland ReCode project was stressed. Phase 1 of the ReCode focusses on ADUs, and Home Start has asked the Planning Board to drop the income restrictions for Peaks ADUs as part of this process. We've learned that rental restrictions actually discourage homeowners from building ADUs because of the 20 year covenant added to their properties. Also they're not very restrictive in the first place. How helpful is it to not be able to charge more than \$1395/month for a 1 bedroom apartment?

The year long rental requirement remains firmly in place, however. It should be noted that the Home Start's own proposed ADU at 18 Luther St. will have rental and income restrictions per the existing covenant on this property.

Phase 2 of the ReCode will be important and more complicated, dealing with important issues like set backs and lot coverage that affect what can actually be built. Do stay tuned !

Questions? Contact Betsey Remage-Healey, remagehealey@gmail.com
Chris Roberts, croberts2222@yahoo.com

The 8th Maine Regiment Association

The 8th Maine Regiment Association is offering a \$500.00 dollar scholarship to graduating high school seniors and recent graduates who are furthering their education. Applicants must be residents of Peaks Island.

Applications will be available after January 1, 2020, and must be submitted by April 1, 2020.

Applications will be available at the Peaks Island Library or contact:

8th Maine Regiment Association

c/o David Knapp

1373 Gardenia Drive Barefoot Bay FL 32976

E-mail: Mainecamp@icloud.com Telephone: 772-663-1477

American Legion Post 142

Our Snow Blower Raffle went very well as we began to raise funds towards the \$22,000 needed for a new roof. Thanks to everyone who participated.

We continue to accept donations for the new roof and all contributions are tax deductible to the full extent of the law. Please send them to American Legion Post 142, P.O. Box 118, Peaks Island, ME 04108.

Music Jamming is Sundays from 4:30 to 6:30.
Bring a friend and a song!

Check out terrific burgers on Tuesday nights!

Also, Trivia starts at 6 PM on Thursdays.

ALL are welcome!



History. Legacy. Community.

The Fifth Maine Museum

www.fifthmainemuseum.org, 207-766-3330

Stay in touch to hear about the exciting events we have planned for the 2020 season – follow us on Facebook or sign up for our bi-annual e-newsletter (on the SUPPORT tab of our website). History in the Hall, Cooking in the Kitchen, and Parties on the Porch! And did we say that we are collecting items to bury in our 2120 time capsule???? Yup. We did. You're gonna wanna get in on that!

MEMBERSHIP MATTERS. Our members know how much fun it is to belong to the Fifth Maine Museum. We are already planning our calendar for 2020 – including some members-only events that will give you a unique look at the museum's collection! You can find our membership form on the SUPPORT tab of our website or call Susan Hanley, 207-332-2443 (susan.hanley123@gmail.com) for more information.



THE PEAKS ISLAND CHILDREN'S WORKSHOP WILL BE CLOSED
FEBRUARY 17TH IN OBSERVANCE OF PRESIDENTS' DAY

January brought some cold weather and lots of snow. All of our students enjoyed spending as much time outside sledding, making snow angels and of course eating as much snow as possible 😊

Inside the toddlers have been learning about colors and getting dirty with paints and chalks. They have also started working on their muscles by incorporating some stretching into their weekly routine. In the Big Room, the preschoolers have really enjoyed doing each other's hair in the Salon Center and having their nails painted. They spent time learning about animals and did an art project where they had to color their own paw prints and decorate them with sticks and leaves they collected from outside. The older preschoolers have been working on their letter recognition and learning the letters in their name as well as the proper way to hold scissors and pencils. They would like to say a very big thank you to Mrs. Soule and Ms Celeste for having us over for our very first pre-k/k visit and they are looking forward to visiting their future classroom and teachers again soon.

This month we will be bringing back one of our favorite units, Letters of Love. If you would like to participate and write a special message to a child in our care, you can send your letters to PO Box 80.

PICW is accepting applications for part/full time care on our WAIT-LIST. Contact Katie at office@picw.org for applications. The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Jennifer Eckel, at jgeckel1@gmail.com.



February Saturday Night Movies
Free in the Community Room



5:30

7:30

1 <i>Hercules</i> 1997 (G) 93 minutes	1 <i>The Biggest Little Farm</i> 2018 (PG) 93 minutes
8 <i>D2: The Mighty Ducks</i> 2002 (PG) 106 minutes	8 <i>The Imitation Game</i> 2014 (PG13) 114 minutes
15 <i>Darby O'Gill and the Little People</i> 1959 (G) 93 minutes	15 <i>The Piano</i> 1993 (R) 121 minutes
22 <i>A Dog's Journey</i> 2019 (PG) 104 minutes	22 <i>Rocketman</i> 2019 (R) 81 minutes
29 <i>Guardians of the Galaxy</i> 2014 (PG-13) 121 minutes	29 NO MOVIE

This film series is sponsored by Friends of the Peaks Island Library.

If you are interested in becoming a volunteer projectionist, stop by the Library
for more information!

Pick up a flyer in the library to find out more information about these films!

PORTLAND

PARKS, RECREATION & FACILITIES

FEBRUARY 2020 at the PEAKS ISLAND COMMUNITY CENTER

Portland Parks & Recreation Programs are for Peaks Island and Portland residents and are held in the Peaks Island Community Center. The Peaks Community Center is available for a variety of events, functions and educational programs. Please contact Diane Ricciotti directly to rent or reserve the Peaks Island Community Center by requesting a copy of Portland Parks & Rec Community Center Rental Application Form at dianer@portlandmaine.gov or calling the Peaks Community Center at 766-2970.

You can also rent and reserve the Peaks Island Community Center by going to the Parks/Rec Online Version at: <https://register.capturepoint.com/PortlandCity> of Portland Parks and Recreation - Community Pass Catalog and Click on to the following drop downs:

1. Facilities,
2. Calendar (to see monthly events),
3. Peaks Island Community Center,
4. Reserve Now,
5. Create A Community Pass Account

Low Impact Aerobics With Weights

Every Monday & Thursday 9:30-10:30 a.m.

This class does a wide range of exercises to build strength and stamina with the availability of using hand-held weights. It is a fun-filled hour of aerobics that will make you smile and laugh. All are welcome. Open to All !!! FREE!

Strength Training For Women

Every Tuesday & Friday 7:15-8:15 a.m.

Each session starts with stretches and aerobic warm-ups and moves into a full range of exercises and stretches with the use of weights. Exercises are guided with attendees in chairs or standing.

Fee: \$60.00 or \$5.00 drop in fee per class.

Adult Strength Training

Every Tuesday & Friday 8:30-9:30 a.m.

Come join us in the Adult Strength Training Class with Devon Kraft. Each class starts with aerobic warm-ups moving into stretches and exercises. Exercises are guided with attendees standing or in chairs and the use of hand-held weights.

Fee: \$60.00 or \$5.00 drop in fee per class.

Weekly Thursday Knit. Chat & Etc.

Thursdays 10:45-11:45 a.m.

Join us for our weekly Knit & Chat, Paint & Etc. Group. Feel free to bring your favorite project, easel & writing. All the items we knit are donated to Portland nonprofits. All ages are welcome.

Open to All!!! FREE!

Not Your Kid's Games with Karen

February 4th from 1:00-2:30 p.m.

Join Portland Recreation's Karen Seymour on Feb. 10th to try out new fun and entertaining games available for grownups. Not Your Kid's Game Day is a great way to meet others and to chase away the winter blues. We will certainly have lots of laughs and get to try out new games. Open to All !!! FREE!

MAKE YOUR OWN VALENTINES

February 12 1:30-3:00 p.m.

Parks and Recreation and the Peaks Island Public Library invite you to join us in making Valentines. Join us in the Peaks Library to make your own colorful Valentines. We will provide all the materials to make a beautiful Valentine for that special someone. When you finish we will have Valentine themed treats to enjoy in the Community Center. Free & Open to all ages !!