

## NURTURING WHOLE PERSON CARE WITH NATURE

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**A**s part of our goal to provide Whole Person Care to our residents and families, Stedman Community Hospice is committed to integrating alternative therapies to compliment the more traditional systems of care. Our Horticultural Therapy Program was introduced in the spring of 2011 with the launch of our beautiful therapy garden.

This workshop will discuss how we have since developed a comprehensive Horticultural Therapy Program in both a hospice and long-term care setting and how this type of program can benefit residents, families and staff. Discussion will include how to utilize community groups, volunteers and students to achieve and maintain a high standard of program. We hope to inspire other care facilities to embrace horticultural therapy as a means to enhance the level of care for everyone. ■