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## DIGITAL TWIN INFORMATION TECHNOLOGY FOR BIOMEDICAL DATA COMPLEX REPRESENTATION AND PROCESSING

*The paper presents an information technology of digital twin for implementation in healthcare, in particular in e-health and m-health applications. The primary objective of this research is to develop a concept of digital twin information technology for medical decision support systems. The second objective is to analyse various medical data formats and to develop an approach to synchronization of multimodal medical data. The approach proposed in the paper will enable aggregation of multimodal data sequences obtained from a wide range of medical diagnostic equipment with the purpose of a patient's digital twin creation. The paper presents an analysis of data synchronization possibility and data representation formats for both single-channel and multi-channel biological signals, results of such investigations as blood tests, ultrasound research, magnetic resonance imaging etc.*

*Digital twin technology will enable development of a new generation of medical decision support systems. A digital twin of a patient is a synchronized and aggregated multimodal data set obtained from a wide range of diagnostic medical equipment which is continuously updated and based on a personalized semantic modal of a patient. Since data are obtained from different medical devices and tools in various formats which directly do not fit for data synchronization and aggregation, the format of a file-wrapper that enables storing time characteristics of medical investigations (time stamps) in an evident form. It allows us to simplify a procedure of multimodal data aggregation while creating and continuous updating the digital twin of a patient. The process of digital twin forming includes the following stages: receiving of original data files in a device format (sonographic device, MRI scanner, electrocardiograph etc.), analysis of data and their time stamps, transformation of the original file to the format of a file-wrapper, data synchronization and aggregation, representation of multimodal data in a digital twin format for further storing and processing.*

*Keywords: digital twin, multimodal data, data synchronization.*

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## ІНФОРМАЦІЙНА ТЕХНОЛОГІЯ ЦИФРОВИХ ДВІЙНИКІВ ДЛЯ КОМПЛЕКСНОГО ПОДАННЯ ТА ОБРОБЛЕННЯ БІОМЕДИЧНИХ ДАНИХ

*У статті запропоновано інформаційну технологію цифрових двійників для використання у галузі охорони здоров'я, зокрема, у телемедицині. Основною метою цього дослідження є розроблення концепції інформаційної технології цифрових двійників для систем підтримки прийняття лікарських рішень. Другою метою у даному дослідженні є аналіз різноманітних форматів медичних даних та розроблення підходу до синхронізації мультимодальних медичних даних. Запропонований у статті підхід зробить можливою агрегацію послідовностей мультимодальних даних, отриманих з широкого спектра медичного діагностичного обладнання з метою створення «цифрового двійника» пацієнта. У статті проаналізована можливість синхронізації та формати подання таких даних, як одноканальні та багатоканальні біологічні сигнали, результати лабораторних тестів, ультразвукового дослідження, магнітно-резонансної томографії тощо.*

Технологія цифрових двійників зробить можливим створення нового покоління медичних систем підтримки прийняття рішення. Цифровий двійник пацієнта являє собою синхронізовану та агреговану сукупність мультимодальних даних, отриманих з широкого спектру діагностичного медичного обладнання, яка постійно оновлюється та ґрунтується на персоніфікованій семантичній моделі пацієнта. Оскільки дані отримуються з медичних пристроїв та приладдя у різноманітних форматах, які безпосередньо не придатні для синхронізації та агрегації, у статті запропоновано формат файлу-обгортки, який дозволяє зберігати часові характеристики медичних досліджень (часові мітки) у явному вигляді, що дозволить спростити процедуру агрегації мультимодальних даних при створенні та постійному оновленні цифрового двійника пацієнта. Процес формування цифрового двійника включає такі етапи: отримання первинних файлів даних у форматі пристрою (апарат УЗД, МРТ, електрокардіограф тощо), аналіз даних та їх часових міток, перетворення первинного файлу у формат файлу-обгортки, синхронізація та агрегація даних, подання мультимодальних даних у форматі цифрового двійника для подальшого збереження та оброблення.

Ключові слова: цифровий двійник, мультимодальні дані, синхронізація даних.

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## ИНФОРМАЦИОННАЯ ТЕХНОЛОГИЯ ЦИФРОВЫХ ДВОЙНИКОВ ДЛЯ КОМПЛЕКСНОГО ПРЕДСТАВЛЕНИЯ И ОБРОБОТКИ БИМЕДИЦИНСКИХ ДАННЫХ

В статье предложена информационная технология цифровых двойников для использования в сфере охраны здоровья, в частности, в телемедицине. Основной целью данного исследования является разработка концепции информационной технологии цифровых двойников для систем поддержки принятия врачебных решений. Второй целью в этом исследовании является анализ разнообразных форматов медицинских данных и разработка подхода к решению задачи синхронизации мультимодальных медицинских данных. Предложенный в статье подход позволит агрегировать последовательности мультимодальных данных, полученных с широкого спектра медицинского диагностического оборудования с целью создания «цифрового двойника» пациента. В статье проанализирована возможность синхронизации и форматы представления таких данных, как одноканальные и многоканальные биологические сигналы, результаты лабораторных тестов, ультразвукового исследования, магнитно-резонансной томографии и другие данные.

Технология цифровых двойников сделает возможным создание нового поколения медицинских систем поддержки принятия решения. Цифровой двойник пациента представляет собой синхронизированную и агрегированную совокупность мультимодальных данных, полученных с широкого спектра диагностического медицинского оборудования, которая постоянно обновляется и основывается на персонифицированной семантической модели пациента. Поскольку данные поступают с медицинских приборов и устройств в разнообразных форматах, которые непосредственно не пригодны для синхронизации и агрегации, в статье предложен формат файла-обертки, который позволяет сохранять временные характеристики медицинских исследований (временные метки) в явном виде, что позволит упростить процедуру агрегации мультимодальных данных при создании и постоянном обновлении цифрового двойника пациента. Процесс формирования цифрового двойника включает такие этапы: получение первичных файлов данных в формате устройства (аппарат УЗИ, МРТ, электрокардиограф и т.д.), анализ данных и их временных меток, преобразование первичных файлов в формат файла-обертки, синхронизация и агрегация данных, представление мультимодальных данных в формате цифрового двойника для дальнейшего хранения и обработки.

Ключевые слова: цифровой двойник, мультимодальные данные, синхронизация данных.

### Problem Statement

Digital twin technology is a new approach to representing and processing a dynamic digital model of a physical object or process, its past, current and future state and behaviour. According to [1], a digital twin is a set of virtual information constructs that fully describes a potential or actual physical manufactured product from the micro atomic level to the macro geometrical level. It can be important to create a digital twin of a certain physical object to model its possible behaviour, critical states in a future, etc. Digital twin technology was

developed for optimization of business capability in industries, but the key idea of this technology can be applied to other fields. In particular, it can be useful in health care applications, especially in e-health and m-health. Implementation of digital twin information technology into healthcare enables creating a next generation of medical decision support systems based on synchronized and aggregated medical data about a patient's health status. Such advanced medical decision support system will allow a medical doctor to see the overall picture of the patient's health status over time, to understand better dependences between treatment events and treatment results (including side effects on other organs), to search for similar cases happened to the patient in the past, to model possible impact of new treatment schemes, etc.

A digital twin is a virtual model of a real physical object which mirrors all characteristics and functionalities of this object. Unlike of other virtual models, a digital twin is a dynamically updated model which is working in parallel to its physical twin, i.e. the real object. It means that we need to collect data being registered as a result of long-term monitoring of this real object. This meets the case of life-long monitoring of patient's health status, especially for patients with chronic diseases. Thus, the idea of digital twin application in healthcare consists in creation and dynamic update of a patient's individual data set. This individual data set contains synchronized and aggregated multimodal data obtained from various medical investigations and stored with respect to a personalized semantic model of a human body, its organs and systems of organs. This personalized semantic model can also reflect chronic diseases and individual body conditions of the patient.

A human body on the whole as well as its organs and systems of organs can be characterized by many parameters measured by using a wide range of medical equipment. Data we obtain from different medical investigations and tests are multimodal as they describe a certain specific aspect of human organism functioning. To create the digital twin of a physical twin, these multimodal data must be synchronized and aggregated. However, since multimodal data for a digital twin can be obtained by using wide range of devices, tools and instruments which generate multimodal data in specific (sometimes unique) formats, aggregation of multimodal data in the data set of a digital twin appears a non-trivial task and it requires new solutions.

#### **Analysis of Recent Researches and Publications**

Since digital twin technology has wide range of applications in engineering, manufacturing, research, medicine, education, there is a growing number of researches on this topic.

Thus, Talkhestani et al. [2] propose an engineering approach to integrate multi-domain engineering models on the Digital Twin based on anchor points of mechatronic components and Product Lifecycle Management platform during the engineering phase. For a successful synchronization, first the anchor points of a mechatronic component must be identified from a data source of a manufacturing cell, where its actual status is reflected. Then, any occurring changes must be adjusted to the shell of a mechatronic component in the production structure on the platform.

Madni et al. [3] present an overall vision and rationale for incorporating digital twin technology into model-based system engineering (MBSE). The authors give a recommendation to make digital twin technology an integral part of MBSE methodology and experimentation testbeds.

Hu et al. [4] propose a method for reduction of computing resources in the information processing center for efficient interactions between human users and physical machines.

Iglesias et al. [5] consider digital twin applications for JET divertor. These applications enable increasing the JET reliability, operational limits, and accuracy of experimental results.

Uhlemann et al. [6] present a concept for the realization of the digital twin contribution to the development of cyber-physical production systems.

Ayani et al. [7] discuss digital twin modelling by using Simumatik3D® library which allows to reflect the geometry, kinematics, logic and interfaces of the digital twin's real analogue.

Modoni et al. [8] present the digital twin conceptual model and discuss the digital twin synchronization challenges and technological solutions. One of challenges relates to managing the real-time and historical data. The authors claim that the technological system supporting the digital twin must be endowed with scalable capabilities that enable to harvest real-time data which can be captured, processed and transformed into significant insights in an efficient manner.

Cai et al. [9] present sensor data integration and information fusion to build digital twins virtual machine tools for cyber-physical manufacturing. The authors discuss the techniques for deploying sensors to capture machine-specific features, and analytical techniques of data and information fusion are presented for modelling and developing digital twins virtual machine tools. The authors claim that the presented technique can be used as a building block for cyber-physical manufacturing development.

Lohtander et al. [10] discuss the main characteristics and the restriction needed to describe Micro Manufacturing Unit model, which is used later on as an element of overall a digital twin. The digital twin consists of a machine, material, method, measurement and modelling fields like a physical world describes it.

As a result of learning mentioned above and other published researches, we can conclude that in the majority of researches there is a lack of attention to data synchronization and aggregation.

**Formulation of Research Objective**

The primary objective of this research is to develop a concept of digital twin information technology for medical decision support systems. The secondary objective is to analyse various medical data formats and to develop an approach to synchronization of multimodal medical data; this approach will enable aggregation of multimodal data sequences obtained from a wide range of medical diagnostic equipment with the purpose of a patient’s digital twin creation.

**Presentation of the Main Research Material**

To develop a digital twin information technology, we need to analyse types of data sequences to be obtained, presented, processed, stored, transmitted within this technology. Since these data sequences are obtained from a wide range of medical devices and tools used in medical practice, the first task is to analyse the medical equipment in terms of data obtained from these medical devices and tools.

All medical devices and tools can be divided into several groups which include diagnostic equipment, medical laboratory equipment, medical monitors, therapeutic equipment, life support equipment, etc. In this paper, we consider only devices and tools used for diagnostics.

Diagnostic devices and tools can be classified as measuring medical tools (thermometers, sphygmomanometers, glucometers, etc.), laboratory equipment (biochemistry analysers, haematology analysers, etc.), medical imaging equipment (ultrasound, MRI machines, PET, CT scanners, x-ray machines, etc.), functional diagnostic equipment (electrocardiographs, electroencephalographs, electromiographs, rheography devices, spirometers, etc.). These devices and tools can be either digital or non-digital. Measurement obtained by using non-digital tools (e.g. mercury thermometer, manual sphygmomanometer) are usually recorded manually either as paper notes or as electronic notes. Measurements obtained from digital equipment are presented as files of certain formats depending on the type of medical equipment used. The most popular medical data file formats are presented in Table 1.

Table 1

**Medical Data File Formats**

Data File Type	File Extension	Main Data Type	Investigation Type	Availability of Time Stamps
File Extension Format	.FEF	Biological signal	Electrocardiography	There is a time sample array measured data section; this section can be absent [11].
BioSemi Data Format	.BDF	Multichannel biological signals	Electroencephalography	There are four time-related fields: “Start date of recording”, “Start time of recording”, “Number of data records” (it equals to -1 if this number is unknown), “Duration of a data record, in seconds” [12].
LabPas HL7	.HL7	Blood test results	Haematology analysis	There is field “Date/Time of the Observation” [13].
Ultrasound File Format	.UFF	Ultrasound research data	Ultrasound Investigation	There is “local_time” field (string value according to ISO 8601) [14].
NIFTI	.NII	MRI data (imaging data, statistical values, and other data such as any vector, matrix, label set or mesh)	Magnetic Resonance Imaging (MRI)	The first three dimensions are reserved to define the three spatial dimensions, while the fourth dimension is reserved to define the time points [15, 16].
DICOM	.DC3, .DCM, .DIC	Medical images and related data	Computer Tomography (CT), Positron Emission Tomography (PET), X-Ray investigation, etc.	There are fields “Study date” and “Study time” [17].
Comma-Separated Values	.CSV	Integer values, real values (in ASCII)	Spirometry, Thermometry, Sphygmomanometry, etc.	There is no predefined time field [18].

In certain diagnostics procedures, such as endoscopy in general and colonoscopy in particular, where the result of investigation is video stream, general purpose file formats are used.

As we can conclude on medical data formats, most medical data formats predefine metadata field for storing time stamps, however, the structure of the files differs significantly. Thus, there is a need in some upper level file format which can be used as a wrapper for any other formats. The main requirement to such file-wrapper is to present time stamps, which are extracted from the wrapped file content, in evident form easy for further data synchronisation and aggregation.

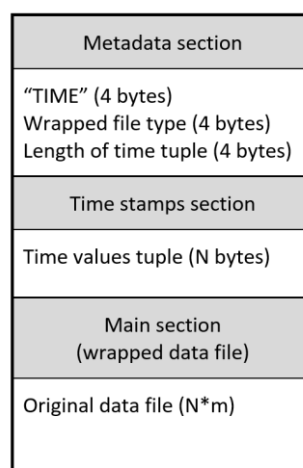
Let us assume that data, which describe an object of study based on relatively long term of monitoring, are to be received from  $N$  sources. These sources can be of any type: a digital device (sensor), an analog tool if data is being received in real-time, or a local storage, a cloud storage, paper records if data has been collected in past. From each data source, we obtain a data sequence of a certain modality. It is evident that the timeline of data generation (recording) differs for each modality. For example, if we deal with data of life-long monitoring of a patient’s health status, then we can face with a case when there are the following results of medical investigations obtained in different days, months, or even years: MRI, ultrasonic, cardiogram, blood tests, temperature records, blood pressure records. Some of these investigation results can be paper records, e.g. temperature and blood pressure records. It is important that each record (both digital and non-digital) is accompanied with time record defining the date and sometimes the time when this record is taken. Besides, in a digital twin application, we can deal with data records are being taken in real-time, simultaneously with their processing in the application.

In any case, from each source, we obtain a multi-image [19, 20, 21] as follows:

$$I_j = \llbracket T, M_j | \langle t_i^j \rangle_{i=1}^{n_j}, \langle d_i^j \rangle_{i=1}^{n_j} \rrbracket, \tag{1}$$

where  $t_i^j$  is a time value ( $t_i^j \in T$ );  $d_i^j$  is a data value of a certain modality ( $d_i^j \in M_j$ );  
 $T$  is time values set;  $M_j$  is data set of  $j$ -modality;  
 $j = [1 \dots N]$ .

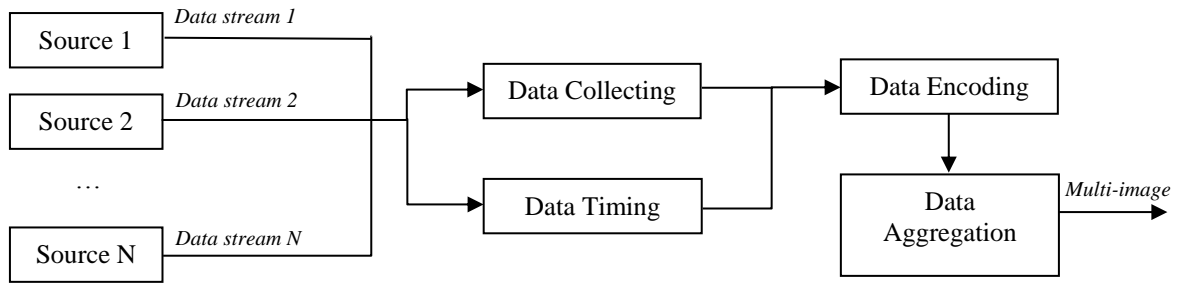
Thus, we can establish a direct relation between  $t_i^j$  and  $d_i^j$ . However, in most practical cases, each data sequence  $\langle d_i^j \rangle_{i=1}^{n_j}$  is arranged as a file of a certain format which depends on a particular source of data. Such a file is characterized by time of its creation or modification, but in general case either a file does not keep any time stamps of data values or these values can be extracted by using a certain format-specific procedure. To simplify the multi-image processing, we can wrap a file of any type in a file-wrapper (Fig. 1), which includes three sections: a metadata section, a time values section, and a main section where the wrapped file is stored. The metadata section takes 12 bytes and contains the keyword “TIME”, an identifier of the file type (e.g. “nii” for NIFTI file format, “dcm” for DICOM file format, etc.), and a size of the time values tuple. The time stamps section contains time values placed in ascending order. The main section contains the wrapped file as a whole; this file is ready for using, e.g. for data reproduction.



**Fig. 1. A file-wrapper structure**

Such wrapping enables unifying synchronization procedure of data sequences obtained from different sources (devices, tools, records, etc.).

A general scheme of multimodal data synchronization and aggregation is shown on Fig. 2.

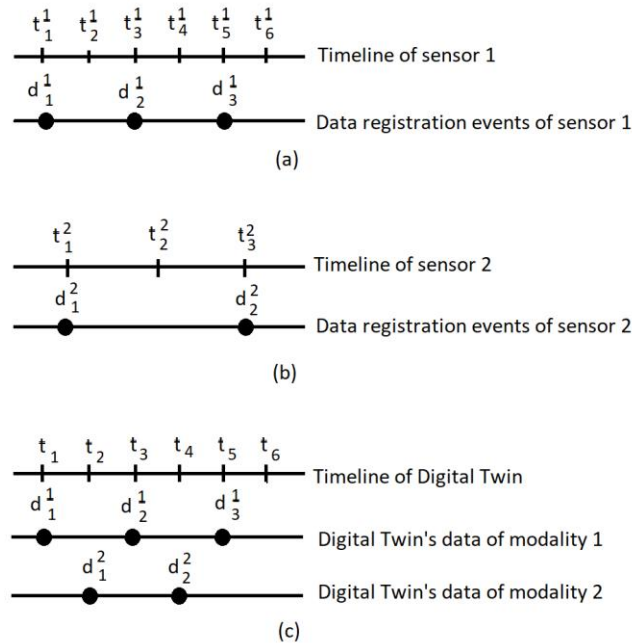


**Fig. 2. Multimodal data aggregation as a multi-image**

The approach to multimodal data synchronization is based on assumption that we can temporarily store  $N_i$  values of  $i$ -modality in the Data Collecting module. Let us consider the case when we have data being registered by two sensors. These sensors are independent, and they generate data with frequency  $f_1$  and  $f_2$  correspondingly.

Let the first sensor generate the date sequence (tuple)  $\bar{d}^1 = \langle d_1^1, d_2^1, d_3^1 \rangle$  within the timeline  $\bar{t}^1 = \langle t_1^1, t_2^1, t_3^1, t_4^1, t_5^1, t_6^1 \rangle$  as it is shown on Fig. 3a. Let also the second sensor generate the date sequence (tuple)  $\bar{d}^2 = \langle d_1^2, d_2^2 \rangle$  within the timeline  $\bar{t}^2 = \langle t_1^2, t_2^2, t_3^2 \rangle$  as it is shown on Fig. 3b. Then the task is to synchronize these data sequences according to the Digital Twin timeline (Fig. 3c).

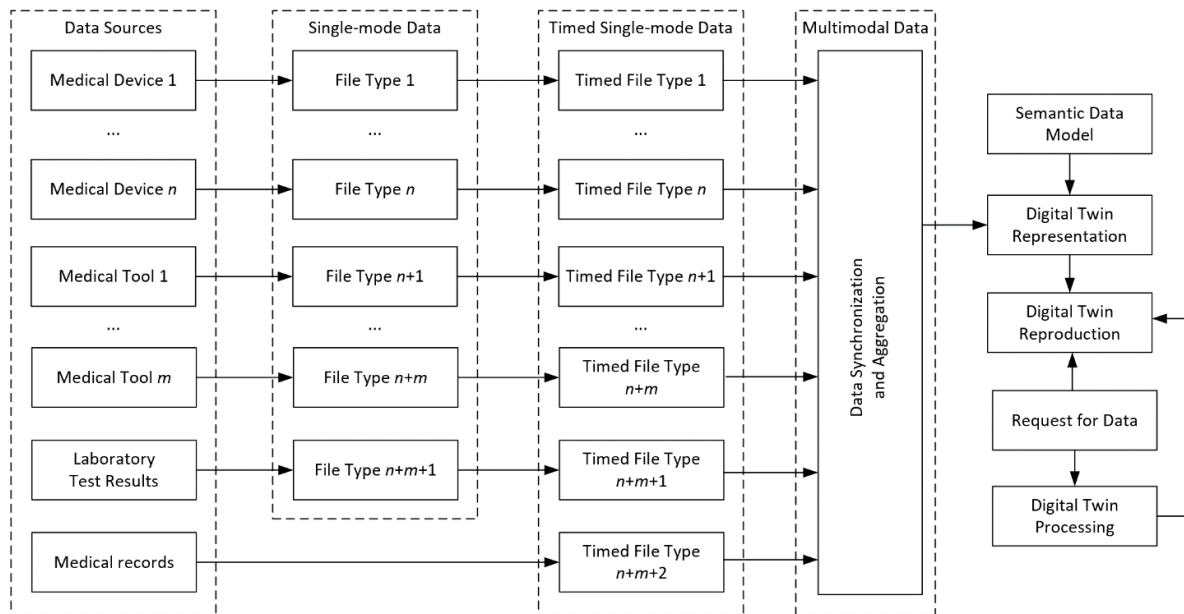
It is important that the local time of an investigation can differ from a global time of the digital twin. Besides, if investigation events within the patient’s health status life-long monitoring can be carried out in different time zones. Another problem in data synchronization can be related with time skew caused with data transfer delays which can appear in e-health and m-health applications. These reasons require development of mathematical models [22] for different cases of multimodal data synchronization in digital twins.



**Fig. 3. Data synchronization principle: (a) Data Sequence from Sensor 1; (b) Data Sequence from Sensor 2; (c) Multi-Image Data of Digital Twin**

The data synchronization and aggregation procedures are essential part of the digital twin information technology which enable further processing of compound multimodal data structures.

The general concept of the information technology for a patient’s digital twin creation is presented in Fig. 4. The first stage of the technology is to obtain data about the biomedical object. This data can be obtained from various diagnostic medical equipment, such as medical devices, medical tools, laboratory equipment, medical records. The data can be of both digital and non-digital nature. Digital data are presented in various file formats depending on a medical device (sensor) used for measurements.



**Fig. 4. Digital twin creation scheme**

Since data files obtained on the first stage differ in their structure, the next stage is to convert every file into the universal format which contain time stamps in a predefined format proposed in the previous section. This conversion is carried out as wrapping an initial file by high level metadata which includes time stamps section. As a result, timed file is obtained for each initial file of a certain type. Time stamps can be defined in several ways: they can be extracted from the initial file metadata or they can be added manually.

The next stage is data synchronization and aggregation. The synchronization procedure uses time stamps available in metadata of timed files. Synchronized data sequences are presented as aggregated data structure called multi-image [19, 20, 21]. The obtained multi-image is a complex representation of the corresponding digital twin data.

To create the digital twin, we need to know a semantic model of a corresponding physical twin, i.e. the patient. This semantic model is supposed to be based on medical standards such as [23]. The personalized semantic model of the patient is initial data for this information technology, along with data to be obtained from diagnostic medical equipment. The synchronized and aggregated data is stored in conformity with the semantic model. The data representation model can include several levels [24].

Both data processing and reproduction of the digital twin are based on external requests of information retrieval, analysis, modelling, prediction, etc. depending on specific tasks of the patient's health status monitoring and investigation.

These main stages of the proposed information technology can be implemented as corresponding components of an advanced medical decision support system.

**Conclusions**

Implementation of the digital twin concept into healthcare field creates an opportunity for development of the next generation medical decision support systems. These new systems are to be based on personalized semantic models and synchronized and aggregated multimodal medical data sets. These new key elements to be added due to application of the proposed digital twin information technology will enable more accurate, flexible and time-wise manipulation with patient's health status data being obtained during long-term (life-long) medical monitoring. In its turn, it creates favourable conditions for easier, deeper and more accurate medical diagnostics.

The proposed approach enables multimodal data collection, synchronization and aggregation. The data sequences are collected from digital sensors of different types. The purpose of aggregation is obtaining a multi-image which as a data model for the biomedical object's digital twin.

The range of potential applications for digital twin technology in healthcare is quite wide and includes e-health and m-health. In particular, it can be useful for Hospital-at-Home applications for chronic patients.

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