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CORTLAND STATE GYMNASTICS



RON LIEVENDAG
1983 NCAA DIV. II ALL-AROUND ALL-AMERICAN

1983-84

CORTLAND STATE SEEKS 1984 NCAA DIVISION II TITLE

For the past three seasons, the Cortland State men's gymnastics team has missed qualifying as a team for the NCAA Division II National Championships by just one place. The Dragons have finished each campaign ranked seventh nationally while six teams are invited to the post-season fete.

"This year we're not even talking about if we make it, but about how much we're going to make it by," admitted Cortland State coach Eric Malmberg, whose talent-laden squad individually qualified eight of a possible nine competitors for last season's Division II Meet at California-Davis. Two Dragons, Roger Burke and Kieran Krowl, qualified for the NCAA Division I Meet.

Malmberg's 1983-84 predictions resemble more than wishful thinking. The Park Center Gymnastics Arena is teeming with All-Americans and All-American potential this winter. But the emphasis, Malmberg is quick to point out, remains on the "team."

"We will make the final six," he said. "No one's even thinking about the nationals as an individual. We're very team-oriented this year. I think this is the best gymnastics team that Cortland has ever had. We seem to have a little more depth."

Senior Ron Lievendag who took third in the nation in all-

around competition and sixth on the high bar, headlines the list of veteran Dragon returnees. The agile Lievendag must be considered a frontrunner for the Division II all-around title this year. Roger Burke, another senior, took second on high bar at Division II and competed in the Division I Meet at Penn State last season. Adam Evans, a sophomore who placed eighth in Division II vaulting last spring, adds all-around strength to the current Dragon roster.

Evans and sophomore Garry Yuen have both displayed exceptional all-around marks in pre-season, said Malmberg, adding that Yuen "is the surprise gymnast of the year." Glen Suarez, another of Cortland's "super sophs," will bolster the unit in floor exercises, vaulting and on rings.

Senior Tony Lombard returns after a year's absence. Combining both strength and fine leaping ability, Lombard should be among C-State's top floor exercise performers, with an emphasis on high bar and vaulting. Sophomore John Hartigan should also aid the Dragon vaulters, who rank among the tops in Division II.

The pommel horse, a costly area to Cortland in recent years, finds a vastly improved Bruce Havranek, a senior who competed scholastically at Jamesville-DeWitt High, ready to turn Cortland's fortunes around in this area. Also helping here will be soph Don Goldstein. A newcomer with raw talent is freshman Robert Colon, affectionately known as "Beefy" to his teammates. Colon's forte is the still rings.

The 1984 NCAA Division II Championships are slated for March 29-31 at Springfield College, where former Dragon mentor Steve Posner heads the men's team.

CORTLAND STATE ALL-AMERICANS

Year	Gymnast	Event(s)
1983	*Roger Burke	Horizontal Bar
	*Kieran Krowl	Parallel Bars
	Ron Lievendag	All-Around, Horizontal Bar
1982	Peter Shields	Vaulting
	*Jeff Stark	Horizontal Bar
1981	*Steve Ernst	Parallel Bars
	*Bob Jaquint	Pommel Horse
	*Peter Shields	Vaulting
	*Jeff Stark	Horizontal Bar
1980	*Bob Jaquint	Pommel Horse
	Tom Pace	Horizontal Bar
1979	Wayne Suddaby	Vaulting

*Qualified for NCAA Div. I Meet

•NCAA Division II National Champion

RED DRAGON GYMNASTICS RECORDS

Event	Score	Gymnast	Year
Floor Exercise	9.50	Lenny Franco	1983
Pommel Horse	9.40	Bob Jaquint	1981
Still Rings	9.30	Ron Lievendag	1983
Vaulting	9.90	Peter Shields	1981
Parallel Bars	9.25	Ron Lievendag	1983
Horizontal Bar	9.60	Roger Burke	1983



NORTH ATLANTIC GYMNASTICS LEAGUE

CORTLAND STATE CONFERENCE (NAGL) CHAMPIONS

Year	Gymnast	Event
1979	Wayne Suddaby	All-Around
	Bob Jaquint	Pommel Horse
	Steve Ernst	Still Rings
	Rick Suddaby	Parallel Bars
1980	Bob Jaquint	Pommel Horse
	Tom Pace	Horizontal Bar
1981	Bob Jaquint	Pommel Horse
	Ron Lievendag	Still Rings
	Peter Shields	Vaulting
	Steve Ernst	Parallel Bars
	Jeff Stark	Horizontal Bar
1982	Bill Vienna	Pommel Horse
	Jeff Stark	Still Rings
	Jeff Stark	Horizontal Bar
	Derrick Cornelious	Vaulting
	Kieran Krowl	Parallel Bars
1983	Ron Lievendag	All-Around
	Ron Lievendag	Still Rings
	Ron Lievendag	Parallel Bars
	Randy March	Pommel Horse
	Lenny Franco	Floor Exercise
	Adam Evans	Vaulting

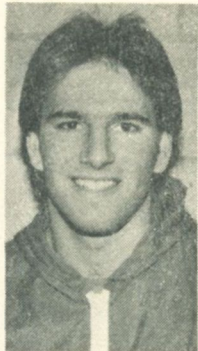
NORTH ATLANTIC GYMNASTICS LEAGUE (NAGL) MEET RECORDS

Event	Score	Gymnast	College	Year
All-Around	53.00	Ron Lievendag	Cortland State	1983
Floor Exercise	18.90	Lenny Franco	Cortland State	1983
Vaulting	19.45	Derrick Cornelious	Cortland State	1982
Pommel Horse	18.60	Bob Jaquint	Cortland State	1981
Still Rings	18.20	Steve Ernst	Cortland State	1979
Parallel Bars	17.95	Jim Green	Oneonta State	1978
Horizontal Bar	18.75	John Hlasney	LIU	1983

NAGL MEMBER INSTITUTIONS

City College of New York, Coast Guard Academy, Cornell University, Cortland State, Glassboro State, Long Island University, Princeton University and West Chester State.

CORTLAND STATE



Don Goldstein
Sophomore
North Babylon, New York

Pommel horse specialist... Transferred from Central Missouri State... Expected to bolster Dragons' weakest event... Has already made gains on the pommel horse... Attended North Babylon High School... Majoring in Health... Don is the son of Siegfried and Louise Goldstein.



Adam Evans
Sophomore
New York City, New York

As a freshman, Adam won the NAGL vaulting title with a 9.70... Finished 8th in vaulting in NCAA Div. II... An all-rounder who has displayed improvement in his weaker events during the off-season... Ends floor exercise routine with a double back... Adam is the son of Ethel Evans.



Robert Colon
Freshman
Bronx, New York

Known as "Beefy" to his teammates... Freshman with a lot of promise... Strongest on still rings and parallel bars... Attended John F. Kennedy High in the Bronx, the same school as Dragon teammate Adam Evans.



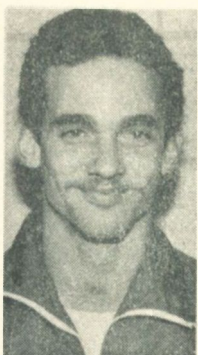
John Hartigan
Sophomore
Staten Island, New York

Transfer from College of Staten Island, where he played baseball... John is an all-rounder... Strength lies in floor exercise and parallel bars... An engineering major... Played baseball and competed in gymnastics at Tottenville High... John is the son of George Hartigan.



Bruce Havranek
Senior
Danville, California

Coach Malmberg expects Bruce to crack the NCAA Div. II All-American ranks on the pommel horse this season... Has shown great improvement in mental attitude and physical skills since the 1982-83 season... Attended Jamesville-DeWitt High... Bruce is the son of Robert and Lois Havranek.



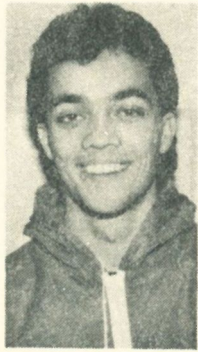
Ron Lievendag
Senior
Greenlawn, New York

The best all-around gymnast ever at Cortland State... NCAA Div. II All-American in all-around and on high bar... Holds C-State records for rings, parallel bars and all-around... Ron also owns the NAGL all-around mark... Could be the top gymnast in NCAA Div. II in 1983-84... Attended John Glenn High, where he competed in baseball, gymnastics and golf... Ron is the son of Ron and Pat Lievendag.



Tony Lombard
Senior
Uniondale, New York

Returns to the C-State line-up after a year's absence... Stronger than ever... Capable of 9.00-plus scores in three events: vaulting, high bar and floor exercise... Swam and competed in gymnastics while attending Uniondale High... A member of the Cortland State Art Club... Tony is the son of Ray and Rita Lombard.



Frank Minissale
Freshman
Baldwin, New York

The most improved gymnast during the 1983-84 pre-season workouts... An all-rounder who specializes on the horizontal bar... Coach Malmberg believes Frank has leadership potential... Competed in track and gymnastics at Baldwin High... He is the son of Frank and Nina Minissale.



Glen Suarez
Sophomore
Wilmington, Delaware

A vastly improved second-year all-rounder... Strongest on rings and floor exercise... Uses double back somersaults and double fulls... Performing tsukahara in vaulting... Played soccer, ran track and performed gymnastics at Brandywine High... Glen is the son of Thom and Yvonne Suarez.

SCHEDULE

October		
28-29	Navy Invitational	A
November		
19	Army	A
December		
7	Syracuse	H
9-10	Farmingdale Invitational	A
January		
21	Towson State	H
22	Temple	H
28	West Chester, Princeton at Farmingdale	A
February		
1	Cornell	H
4	Slippery Rock	H
11	Massachusetts	A
18	Pittsburgh, LIU at Farmingdale	A
23	Cornell	A
March		
1-3	NAGL at Princeton	A
29-31	NCAA Div. II Championships at Springfield College	



Roger Burke
Senior
Nesconset, New York

NCAA Div. II All-American on high bar in 1983... Competed at the NCAA Div. I Finals... Used a full-twisting double back dismount from a mixed grip to set a Cortland record 9.60 on the pipe... A Smithtown East High grad... Serious threat for the NCAA Div. II high bar crown this spring... The son of Roger and Barbara Burke.



Garry Yuen
Sophomore
East Moriches, New York

Garry was Coach Malmberg's choice for "Gymnast of the Year" during pre-season workouts... A serious student of gymnastics, Garry put in long hours in the off-season to improve his efforts this year... Best events are floor and high bar... Does a full-twisting, double-back dismount off the horizontal bar... Played tennis and performed gymnastics at Westhampton Beach High... Garry is the son of Doug and May Yuen.

HEAD COACH ERIC MALMBERG

Eric Malmberg begins his fifth season as the Red Dragon men's gymnastics coach in 1983-84. Growing up in the Philadelphia suburb of Amber, Pa., he first became interested in gymnastics in high school. Malmberg attended East Stroudsburg State, where he was a two-event NAGL champion in vaulting and all-around. He earned a B.S. degree in physical education in 1974. For the next three seasons, Malmberg was assistant gymnastics coach at the United States Military Academy at West Point.

In 1977, Malmberg came to Cortland State and began building a national gymnastics powerhouse. The following season, in 1978, C-State was the top Division III men's gymnastics team in the nation. In 1979, The Dragons won their first NAGL crown and had their first All-American competitor.



Between 1980 and 1982, Malmberg left C-State to work for United Canvas & Sling, a supplier of gymnastics mats. During that time, he was selected by Mas Watanabe, the men's program director for the US Gymnastics federation, as a member of the Junior National Coaching Staff.

Malmberg also travelled to the Soviet Union with the Institute of Comparative Physical Education and was a guest at the Nippon Physical Education College in Tokyo, Japan.

He returned to Cortland State as a physical education instructor and men's gymnastics coach in 1982. Malmberg qualified eight of a possible nine competitors to the NCAA Division II Championships in 1983. He had three All-Americans, two going on to compete at the NCAA Division I Finals. In the past five seasons, Cortland has had more gymnasts at the Division I Championships than any other New York State college or university.

As Cortland State men's gymnastics coach, Malmberg views his program as "very teaching and learning oriented. Our emphasis here is on the learning and development of each individual. In short, gymnasts are made at Cortland."

"We stress the complete understanding of gymnastics," continued Malmberg. "With this emphasis, we've been able to turn out as many gymnast coaches as any college in the Eastern United States in recent years. Gymnastics here is made to be interesting, so that the understanding level among our gymnasts is very high."

"And the training facility that they learn gymnastics in is very modern" noted Malmberg. "With our recent addition of safety landing pits for the various Olympic events, our gymnastics arena is a top-notch learning facility."

State University of New York College at Cortland

Located atop one of the many hills in Central New York's "City of Seven Valleys," the State University of New York College at Cortland was founded in 1868 as the Cortland Normal School. Over the decades, the campus expanded and in 1941, by an act of the legislature and the Board of Regents, the institution officially became a college, providing four-year courses leading to a bachelor's degree. In 1948, the state legislature incorporated Cortland College into the new State University of New York.

Today, more than 5,600 undergraduate and 600 graduate students are pursuing degrees within the College's two academic divisions — Arts and Sciences and Professional Studies. Twenty-three departments with a faculty of more than 300 offer the Cortland State student body some 40 majors from which to choose, including liberal arts, elementary and secondary education, health and physical education, recreation education, speech education and speech and hearing handicapped education.

The College's main campus covers 191 acres and includes 30 major buildings. Thirteen of these structures are residence halls and provide on-campus housing for 2,600 students.

At Cortland State, athletics are viewed as having an important role in the educational mission of the College. During the fall, winter and spring seasons, Cortland State participates in 24 intercollegiate sports — 12 men's and 12 women's — in an attempt to provide a broad program of athletics which will meet the needs, interests and abilities of its students.

The stated objective of the College's athletic program is the development and welfare of the student. In the coaching of individual sports as well as in the direction of the overall athletic program, the College endeavors to provide a high calibre of professional leadership which is consistent with the goals of the institution.

Cortland State is particularly proud of its long tradition of intercollegiate athletics and its high standing in small college athletic circles. In support of this heritage, the College offers its student-athletes a number of outstanding indoor and outdoor facilities which are used for intercollegiate competition as well as educational and recreational purposes. The Park Center for Physical Education and Recreation, opened in 1973, features a main gymnasium with a seating capacity of 3,600, an Olympic-size swimming pool with gallery seating for 1,500, and an ice arena which can accommodate 2,500 spectators.

In addition, Lusk Field House provides an extensive area for indoor practice sessions and activity classes and is the home of men's and women's indoor track teams. The College has approximately 50 acres of athletic fields. Davis Field, with a seating capacity of 5,000, is the home of the Red Dragon football and lacrosse squads. Adjacent to Davis Field and the Park Center are 24 tennis courts.

The 1983-84 Cortland State Gymnastics brochure was written, designed and edited by Peter D. Koryzno, Sports Information Director. Special thanks to The Cortland Standard for the cover photo.