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pre-clinical study

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1 **Title page**

2 Title: The utilization of unlicensed bone marrow-derived platelet lysate-expanded
3 mesenchymal stromal cells in colitis: a preclinical study

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20 **Key words:** Mesenchymal stromal cells; MSCs; Cryopreservation; Licensing; Dextran sodium sulfate
21 colitis; Renin-angiotensin system

22 **Abstract**

23 **Background:** Mesenchymal stromal cells (MSCs) are a promising candidate for treatment of inflammatory
24 disorders, but their efficacy in human inflammatory bowel diseases (IBD) has been inconsistent. Comparing

25 of the results from various preclinical and clinical IBD studies is also challenging due to a large variation in
26 study designs.

27 **Methods:** In this comparative preclinical study, we compared two administration routes and investigated the
28 safety and feasibility of both fresh and cryopreserved platelet-lysate expanded human bone marrow-derived
29 MSCs without additional licensing in a dextran sodium sulfate (DSS) colitis mouse model both in the acute
30 and regenerative phases of colitis. Body weight, macroscopic score for inflammation, and colonic IL-1 β and
31 TNF α concentrations were determined in both phases of colitis. Additionally, histopathology was assessed and
32 *Il-1 β* and *Agtr1a* mRNA levels and angiotensin-converting enzyme (ACE) protein levels were measured in the
33 colon in the regenerative phase of colitis.

34 **Results:** Intravenously administered MSCs exhibited modest anti-inflammatory capacity in the acute phase of
35 colitis by reducing IL-1 β protein levels in the inflamed colon. There were no clear improvements in mice
36 treated with fresh or cryopreserved unlicensed MSCs according to weight monitoring results, histopathology
37 and macroscopic score results. Pro-inflammatory ACE protein expression and shedding were reduced by
38 cryopreserved MSCs in the colon.

39 **Conclusions:** In conclusion, we observed a good safety profile for bone marrow-derived platelet-lysate
40 expanded MSCs in a mouse preclinical colitis model, but the therapeutic effect of MSCs prepared without
41 additional licensing, i.e. such as MSCs are administered in graft-versus-host-disease, was modest in the chosen
42 *in vivo* model system and limited to biochemical improvements in cytokines without a clear benefit in
43 histopathology or body weight development.

44

45 **Background**

46 Inflammatory bowel diseases (IBD) are multifactorial inflammatory diseases that present as inflammation of
47 intestinal tissue, bloody diarrhea, and ulceration. The two main forms of IBD are ulcerative colitis and Crohn's
48 disease. Ulcerative colitis mainly manifests as inflammation in the colon, whereas in Crohn's disease inflamed
49 patches can be present throughout the gastrointestinal tract[1-3]. A common feature of IBD patients is an
50 alternation between remission and an active disease state. The goal of current treatment regimens is to maintain
51 disease remission or shorten active disease periods. Conventional treatments for IBD, such as anti-
52 inflammatory medication (aminosalicylates and corticosteroids), immune suppressors (thiopurines and
53 methotrexate), monoclonal anti-TNF α antibodies, and surgery may have significant side effects and often offer
54 only temporary relief (for example due to drug resistance)[1, 4-6]. Furthermore, new treatment options are
55 needed as a subset of patients responds poorly to these treatments[4-6]. Cell therapy with mesenchymal stromal
56 cells (MSCs) is one interesting option.

57 MSCs are promising candidates for suppressing undesired immune reactivity and for promoting tissue healing
58 and regeneration[7, 8]. MSCs secrete soluble factors, such as cytokines and growth factors, which could inhibit
59 lymphocyte proliferation and promote immune cell differentiation to regulatory populations, but their immune-
60 suppressive mechanisms *in vivo* are not completely resolved[9]. It has been thought that allogenic MSCs do
61 not provoke an overt immune reaction from the host even when the host and donor are not HLA matched[7,
62 9], but a recent study presented convincingly a completely new immunomodulatory mechanism for MSCs
63 based on apoptosis of MSCs and where an immune activation of the host cytotoxic T-cells against MSCs is
64 critical for effective immune-suppression through macrophage polarization[10]. The immune-suppressive and
65 anti-inflammatory properties have made these cells potential candidates in clinical applications for many
66 diseases, including myocardial infarction, arthritis, and refractory graft-versus-host disease[7, 11, 12]. Several
67 studies have also evaluated their efficacy in the treatment of refractory IBD. In preclinical studies, MSCs have
68 alleviated the symptoms of dextran sodium sulfate (DSS)[13-16] and trinitrobenzene sulfonic acid[17, 18] -
69 induced colitis, but results from clinical trials are inconsistent[19-22]. Fistulizing Crohn's disease can be very
70 difficult to treat, but good outcomes (measured as fistula closure) were reported in trials using bone marrow
71 (BM)-derived MSCs in local treatment of fistulas[23, 24]. Two phase III trials using adipose tissue-derived

72 MSCs in the treatment of perianal fistulas found MSC therapy effective[21, 25], but it is noteworthy that one
73 of these trials only concluded the MSC therapy to be as effective as fibrin glue alone[25]. Although systemic
74 infusions of MSCs have been well tolerated and feasible in phase I-II studies on luminal Crohn's disease[26-
75 28], only one of the studies have demonstrated efficacy[28].

76 Functional properties of MSC may be affected by differences in the manufacturing strategy and culturing
77 conditions[22]. Allogenic or autologous MSCs are most commonly derived from BM and cultured for several
78 passages *ex vivo* to reach adequate numbers of cells for clinical use. In pre-clinical studies the cells can be
79 easily licensed with various cytokines prior to administration to potentially improve their efficacy[15, 16, 29],
80 but in clinical applications additional licensing would increase the level of manipulation of the cells. Most of
81 the preclinical studies with animal colitis models have utilized either licensed human MSCs or syngeneic
82 murine MSCs. To our knowledge all clinical trials have utilized native MSCs without additional licensing prior
83 to administration. MSC preparations can either be fresh, meaning the cells are detached from the cell cultures
84 just before administration to patients, or the cells can be cryopreserved and thawed bedside just before
85 administration. A cryopreservation step in the manufacturing process brings important quality benefits as it
86 enables a completion of all quality testing before batch release and administration to the patient. It also enables
87 the administration of identical cell doses in repeated cell administration regimes. Cryopreservation is also the
88 only feasible option for MSC banking strategies and is practical with regards to logistics. Some recent reports,
89 however, suggest that cryopreserved MSCs may have impaired functional properties when compared with
90 freshly harvested MSCs from continuous cultures[30-33]. On the contrary, some studies have shown that the
91 efficacy of cryopreserved MSCs is comparable to fresh MSCs[34, 35]. These conflicting results warrant further
92 studies to elucidate the impact of a cryopreservation step in manufacture of clinical-grade MSCs.

93 In this comparative preclinical study, we investigated the feasibility and safety of unlicensed platelet-lysate
94 expanded human BM-derived MSCs in a DSS-induced murine experimental colitis model. We used a
95 minimally expanded (cultured until passage 2) cryopreserved MSC product, which has been proven to be
96 effective to some extent in the treatment of acute graft-versus-host-disease (GvHD) [36]. We compared this
97 product to its fresh, unfrozen counterpart in the same passage. We chose not to stimulate the platelet-lysate
98 expanded MSCs with any additional cytokines to be able to study the effectiveness of an unlicensed MSC

99 product i.e, such as MSCs are currently prepared and administered for the treatment of steroid-resistant GvHD.
100 First, we compared the administration routes using fresh MSCs (fresh-MSC) by injecting them either
101 intravenously (IV) or intraperitoneally (IP) and compared the anti-inflammatory properties of MSCs during
102 the acute phase of colitis. Second, we compared IV MSC treatments with either fresh or cryopreserved (cryo-
103 MSC) cell preparations in the regenerative phase of colitis. We further investigated the anti-inflammatory and
104 tissue healing-promoting effects of MSCs in the colon by measuring cytokine levels, angiotensin-converting
105 enzyme (ACE) protein expression and shedding, and anti-inflammatory corticosterone production in colon
106 preparations. This study further demonstrated the safety and feasibility of MSCs but provided evidence of only
107 modest therapeutic effect in treatment of experimental colitis when utilizing unlicensed MSCs. The differences
108 between fresh and cryopreserved MSCs remained unresolved. Interestingly, we observed evidence of MSC
109 involvement in regulation of the intestinal renin-angiotensin system (RAS).

110 **Methods**

111 **MSC expansion, characterization, and preparation before administration**

112 Human bone marrow was harvested and MSCs were expanded as previously described[37]. Briefly, the MSCs
113 were expanded in medium consisting of D-MEM low glucose (Life Technologies, Paisley, Scotland, UK)
114 supplemented with 40 IU/ml heparin (Heparin LEO 5000 IE/KY/ml, Leo Pharma, Ballerup, Denmark), 10%
115 platelet lysate (PL1 supplement as described previously by Laitinen et al.[37]), 100 U/ml penicillin, and 100
116 µg/ml streptomycin (Life Technologies, Grand Island, NY, USA). For fresh MSC preparations, cells in p2
117 were trypsinized with Tryple Select CTS™ (LifeTechnologies) and resuspended for the injections in 0.9%
118 NaCl + 5% human serum albumin (HSA) (Albunorm 200 g/L, Octapharma, Lachen, Switzerland)
119 (administration route study) or 0.9% NaCl + 3.6% HSA (fresh versus cryo study) solution at 5×10^6 cells/ml
120 (fresh-MSC). For cryopreserved MSC preparations, the cells were frozen at p2 in HSA and 10% DMSO
121 (CryoSure, WAK-Chemie Medical GmbH, Germany) at 7×10^6 /ml. The cryopreserved cells were thawed in a
122 37°C water bath, centrifuged at 300 g for 5 min after a short rest at RT and finally resuspended in 0.9% NaCl
123 + 3.6% HSA at 5×10^6 cells/ml (cryo-MSC). Comparative cell batches were used in the fresh versus cryo study

124 and the fresh MSC preparations were prepared from interim frozen p1 cells and entered to subsequent culturing
125 until p2 according to the administration schedule.

126 The MSCs were characterized for cell surface markers and immunosuppression and differentiation capacity as
127 described previously[37] and were verified to have a typical MSC phenotype (with an HLA-DR+ phenotype
128 as described by Laitinen et al.[37]), osteogenic and adipogenic differentiation capacity and evident T-cell
129 immunosuppression capacity *in vitro* (Figure S1). Cell numbers and viability were determined using
130 NucleoCounter NC-100™ (ChemoMetec, Allerød, Denmark). The viability of cryo-MSCs was >95% after
131 thawing and >90% 1h after thawing (data not shown).

132 **Animals**

133 The animal experiments were approved by the national Animal Experiment Board in Finland
134 (ESAVI/6314/04.10.03/2012 and ESAVI/114/04.10.07/2015) according to the Finnish Act on Animal
135 Experimentation (62/2006). Male balb/c mice obtained from Scanbur AB (Sollentuna, Sweden) at 8 weeks of
136 age were used for the study. The mice were housed in a 12-h light/dark cycle at 22°C ± 2°C and relative
137 humidity of 55% ± 15%. The animals were given a 2018 Teklad Global 18% Protein Rodent Diet (Harlan
138 Laboratories, Indianapolis, IN, USA) standard rodent food and experimental drinks *ad libitum*. The animals
139 were weighed daily throughout the experiment.

140 **Study design and induction of colitis**

141 The study design is presented in detail in Figure 1.

142 *Administration route study with a short follow-up in the acute phase of the colitis*

143 To compare IV and IP MSC administration in the acute phase of colitis, colitis was induced in four groups
144 (n=8 in each group) via administration of 3% DSS (DB001, TdB Consultancy Ab, Uppsala, Sweden) in the
145 drinking water for 7 days (days 1-8). On days 3 and 5 of the experiment, 100 µl of fresh MSCs (0.5 x 10⁶
146 MSCs in 0.9% NaCl + 5% HSA) or vehicle (VE) (0.9 % NaCl + 5% HSA) were injected either IV via the tail
147 vein or IP under isoflurane-inhalation anesthesia (Colitis groups: VE IV, MSC IV, VE IP and MSC IP). The

148 healthy control group had access to tap water throughout the experiment and did not receive MSCs or VE. On
149 day 8, the mice were sacrificed by CO₂ and decapitation.

150 *Fresh-MSC versus cryo-MSC study with one administration route and longer follow-up in the regenerative*
151 *phase of colitis*

152 To compare fresh and cryopreserved MSCs in the regenerative phase of colitis, colitis was induced in three
153 groups (n=10 in each group) via administration of 3% DSS in water for 6 days (days 1-7), after which the mice
154 received tap water for 7 days (days 7-14). On days 3 and 5 of the experiment, 100 µl of either fresh-MSC or
155 cryo-MSCs (0.5 x 10⁶ MSCs in 0.9 % NaCl + 3.6% HSA) or VE (0.9% NaCl + 3.6% HSA; DSS-control
156 group), were injected IV via the tail vein of the mice in the colitis groups (DSS control, Fresh-MSC and Cryo-
157 MSC) under isoflurane-inhalation anesthesia. The healthy control group had access to tap water throughout
158 the experiment and received no MSCs or VE. On day 14, the animals were sacrificed by cardiac puncture in
159 isoflurane anesthesia.

160 **Macroscopic assessment of inflammation**

161 Upon sacrifice, macroscopic inflammation was scored in the colons of all mice. Colons were excised, and their
162 lengths were measured. The colons were opened longitudinally, and stool consistency was evaluated on a scale
163 from 0-2 (0=normal, 1=loose, and 2=liquid). The colons were then cleared of intestinal content and weighed,
164 after which colonic edema and presence of blood in the colonic mucosa were evaluated on a scale from 0-2
165 (where 0=none present and 2=clearly observable). All the scores were subsequently combined into a total
166 macroscopic score (scale 0-6).

167 **Preparation of tissue samples**

168 To compare the histopathological changes in mice receiving fresh-MSCs or cryo-MSCs, pieces of distal colon
169 were fixed in 10% neutral buffered formalin (Sigma Aldrich, St. Louis, MO, USA) for 24 hours and embedded
170 in paraffin blocks. For both studies, tissue samples of mid colon were flash frozen in liquid nitrogen for
171 immunochemical analyses. Pieces of proximal colon were incubated in pre-oxygenated Krebs buffer (119
172 mmol/l NaCl, 25 mmol/l NaHCO₃, 15 mmol/l KCl, 11 mmol/l glucose, 1.6 mmol/l CaCl₂, 1.2 mmol/l KH₂PO₄,

173 1.2 mmol/l MgSO₄) for 90 min after which the samples were centrifuged at 13 300 rpm for 3 min and the
174 supernatant was collected for corticosterone and ACE measurements.

175 **Microscopic assessment of inflammation**

176 Colon slides were stained with hematoxylin and eosin (H&E) dye and evaluated for severity of inflammation.
177 Inflammation activity, mucosal atrophy, and crypt regeneration in atrophied tissue were evaluated blinded on
178 a grade of 0 to 5 by a trained pathologist. Inflammation activity and mucosal atrophy scores were combined
179 into a histopathology score on a scale of 0 to 10.

180 **Immunochemical analyses**

181 Frozen colon pieces were homogenized in a Precellys 24 homogenator (Bertin Technologies, Montigny le
182 Bretonneux, France) in 100 mM Tris – 120 mM NaCl, pH 8.3. The lysates were centrifuged for 20 min at 4°C
183 and supernatant was stored at -80°C until use. IL-1 β and TNF α were quantified using AlphaLisa (AL503 and
184 AL504, Perkin Elmer, Waltham, MA, USA). ACE shedding and corticosterone were measured from the
185 incubation supernatants and tissue ACE from lysed tissue samples using ACE DuoSet ELISA (#DY1513 R&D
186 System, Minnesota, MO, USA) and Corticosterone EIA (#500655 Cayman Chemical, Michigan, MI, USA).
187 Analyte concentrations were normalized to total protein concentration of the corresponding tissue piece
188 (Pierce™ BCA Protein Assay Kit, Thermo Scientific).

189 **Reverse transcriptase quantitative PCR**

190 Colon RNA was extracted using NucleoSpin RNA (Macherey Nagel, Duren, Germany) and reverse-
191 transcribed into cDNA using iScript™ cDNA Synthesis Kit (BioRad, Hercules, CS, USA). RT-qPCR was
192 performed in a LightCycler® 480 with LightCycler® 480 SYBR Green I Master (Roche Diagnostics Corp.,
193 Indianapolis, IN, USA). All primers were ordered from Sigma-Aldrich (Sigma-Aldrich, St. Louis, MO, USA).
194 Primer sequences were *β -Actin* F: 5'-CTGAATGGCCCAGGTCTGAG-3', R: 5'-
195 AAGTCAGTGTACAGGCCAGC-3', *SI8* F: 5'- AACGAACGAGACTCTGGCAT-3', R: 5'-
196 ACGCCACTTGTCCCTCTAAG-3', *Il-1 β* F: 5'- CTCCAGCCAAGCTTCCTTGT-3', R: 5'-

197 TCATCACTGTCAAAAAGGTGGCA-3' and *Agtr1a* F: 5'- CTGCTCTCCCGGACTTAACA -3', R: 5'-
198 GCACTTGATCTGGTGATGGC-3'. n = 3 to 5 in each group in RT-qPCR experiments.

199 **Statistical analysis**

200 The gene expression data are presented in text as relative quantity in percent and as individual data points and
201 geometric mean in the figures. All other data are presented in text and tables as mean \pm SEM and in graphs as
202 individual data points and mean. The differences between multiple groups were analyzed using one-way
203 ANOVA with Tukey's *post hoc* test or Kruskal-Wallis test where applicable. Non-parametric tests were
204 conducted by adding noise to values below the detection limit of each assay. Statistical analyses were done
205 and outliers removed in SPSS versions 22 and 23. *P* values lower than .05 were considered statistically
206 significant.

207 **Results**

208 **Macroscopic signs of inflammation were not improved by MSCs in acute phase of DSS colitis**

209 We first compared IV-administered and IP-administered fresh MSCs during a seven-day DSS challenge
210 (Figure 1A). MSC treatments had no obvious adverse effects on the general wellbeing of the animals. DSS
211 induced significant weight loss (MSC IV group, $p = 0.002$; VE IV group, $p = 0.009$; MSC IP group, $p < 0.001$;
212 VE IP group, $p = 0.001$) (Figure 2A) and colon shortening ($p < 0.001$ for all groups) (Table 1) in all colitis
213 groups compared with healthy controls. Macroscopic scores (stool consistency, colonic edema, and mucosal
214 blood) were significantly increased compared with those from healthy controls in all other colitis groups (MSC
215 IV group, $p = 0.022$; MSC IP group, $p = 0.003$; VE IP group, $p = 0.002$) except in the VE IV group ($p =$
216 0.093), in which two mice had normal macroscopic findings (Table 1). Body weight, colon length, and
217 macroscopic scores were similar in the IV-treated and IP-treated MSC groups and did not differ from their
218 respective vehicle controls (Figure 2A, Table 1). There were no statistically significant differences in colon
219 weight compared with body weight between any of the groups, although these values appeared to be lower in
220 the MSC IV group than those from the other colitis groups (Figure 2B).

221

222 **MSCs reduce the levels of colonic IL-1 β in acute phase of DSS colitis**

223 As there were no statistically significant differences in macroscopic signs of inflammation between IV and IP
224 administration routes, we measured the concentrations of the pro-inflammatory cytokines IL-1 β and TNF α in
225 the colons of healthy, MSC IV, and VE IV mice. IL-1 β was undetectable in samples from healthy control mice
226 (Figure 2C). DSS caused an increase in IL-1 β concentration (543 ± 246 pg/mg in the VE IV group, $p = 0.032$),
227 which was reduced by MSC treatment (undetectable in the MSC IV group, $p = 0.032$). TNF α levels were
228 increased in the VE IV group compared with healthy controls (55 ± 29 pg/mg and 1.8 ± 1.6 pg/mg, respectively,
229 $p = 0.027$) (Figure 2D). There was a trend for lower TNF α concentrations in MSC-treated mice (9.1 ± 6.9
230 pg/mg) compared with the VE IV group, but the difference was not statistically significant ($p = 0.188$).

231 **Severity of colitis not improved by MSCs in the regenerative phase of DSS colitis**

232 We next compared the safety and therapeutic efficacy of fresh and cryopreserved IV-administered MSCs in a
233 colitis model with a longer follow-up to simulate the regenerative phase of colitis (Figure 1B). Body weight in
234 the colitis groups started to decline at day 4 of DSS administration as expected and was at its lowest on day 11
235 (DSS control and fresh-MSC groups) and on day 10 (cryo-MSC group) (Figure 3A). The change in body
236 weight was similar in all colitis groups. Two mice in the DSS control group and one mouse in both the fresh-
237 MSC and cryo-MSC groups were sacrificed due to excess weight loss before day 14 and excluded from all
238 analyses (final $n=9$ in the fresh-MSC and cryo-MSC groups and $n=8$ in the DSS control group). The colon
239 lengths were reduced (DSS control group: $p = 0.003$, fresh-MSC group: $p = 0.018$ and cryo-MSC group: $p =$
240 0.014) and colon weights increased ($p < 0.001$ for all groups) in all colitis groups compared with the healthy
241 controls. There were no statistically significant differences between the colitis groups (Table 2). Macroscopic
242 scores were increased (DSS control group: $p = 0.002$, fresh-MSC group: $p = 0.002$ and cryo-MSC group: $p =$
243 0.005 for) compared with the healthy controls (Table 2, Figure 3B) in the colons of all colitis groups without
244 any statistical differences between the colitis groups. DSS induced marked crypt atrophy and inflammatory
245 infiltration in all colitis groups (Figure 3B). Similarly, the histopathology scores (crypt atrophy and
246 inflammatory infiltration) were increased in all colitis groups (DSS control group: $p = 0.006$, fresh-MSC
247 group: $p = 0.004$ and cryo-MSC group: $p = 0.001$) compared with the healthy controls. There were no

248 statistically significant differences between the colitis groups (Table 2). The regeneration scores were 2 ± 0.4
249 (DSS control group), 3.3 ± 0.3 (fresh-MSC group), and 2.4 ± 0.4 (cryo-MSC group) (Table 2). However, the
250 differences in numeric grades were not statistically significant between the colitis groups.

251 **Inflammation markers in mice receiving fresh MSCs in the regenerative phase of DSS colitis indicates** 252 **no clear therapeutic effect of MSCs**

253 To further study the anti-inflammatory effects of MSCs in DSS colitis, we measured the concentrations of the
254 pro-inflammatory cytokines IL-1 β and TNF α in colon tissue homogenates in the regenerative phase of the
255 colitis (Figure 4). Consistent with the results from the acute phase of colitis in the administration route study,
256 IL-1 β (Figure 4A) and TNF α (Figure 4B) concentrations were not detectable in samples from healthy controls.
257 DSS increased the concentrations of both IL-1 β (453 ± 129 pg/mg, $p = 0.002$) and TNF α (8.5 ± 3.3 pg/mg, p
258 $= 0.006$) compared with the healthy controls. Neither fresh nor cryopreserved MSCs reduced levels of IL-1 β
259 (244 ± 95 pg/mg and 389 ± 139 pg/mg, respectively) or TNF α (2.1 ± 1.1 pg/mg and 6.5 ± 1.7 pg/mg,
260 respectively) compared with DSS controls. IL-1 β and TNF α levels were significantly increased in the cryo-
261 MSC group ($p = 0.011$ and $p = 0.001$, respectively) but not in the fresh-MSC group ($p = 0.97$ and $p = 0.371$,
262 respectively) compared with healthy controls. We also measured colon *Il-1 β* mRNA expression in the mice.
263 DSS increased the expression of *Il-1 β* by 254% in the DSS control ($p = 0.026$) and by 325% in the cryo-MSC
264 ($p = 0.034$) groups but not in the fresh-MSC group (47% increase, $p > 0.999$) compared with healthy controls
265 (Figure 4C). The *Il-1 β* mRNA levels were not significantly decreased by either MSC treatments compared
266 with DSS controls, and there were no statistically significant differences between fresh-MSC and cryo-MSC
267 groups. We also measured the concentrations of the anti-inflammatory glucocorticoid hormone corticosterone
268 in the incubation supernatants of the colon (Figure 4D). Corticosterone production was similar in all groups
269 and there were no statistically significant differences between the groups. IL-6 was measured in colons, but it
270 was below the detection limit of the assay in majority of samples (data not shown).

271 **MSC treatment reduces intestinal tissue ACE and ACE shedding**

272 To investigate whether MSC treatments modulate the intestinal RAS, we measured the amount of colonic
273 ACE, ACE-ectodomain shedding, and *Angiotensin II receptor, type 1a (Agtr1a)* mRNA expression. The

274 amount of ACE in colon tissue homogenates was similar in healthy (18.5 ± 1.3 ng/mg), DSS control ($15.7 \pm$
275 1.1 ng/mg) and fresh-MSC (15.1 ± 1.2 ng/mg) groups (Figure 5A). Cryo-MSCs decreased the levels of ACE
276 (11.2 ± 0.8 ng/mg) compared with healthy ($p < 0.001$) and DSS control ($p = 0.024$) groups, but the difference
277 between cryo-MSC and fresh-MSC groups was not clear ($p = 0.05$). Consistent with these results, ACE
278 shedding in colon (measured as released ACE protein in intestinal incubation supernatants) was similar in the
279 healthy (4.23 ± 0.47 ng/mg) and DSS control (4.28 ± 0.43 ng/mg) groups (Figure 5B). ACE shedding was
280 lower in the cryo-MSC group (1.63 ± 0.15 ng/mg) compared with DSS controls ($p = 0.002$) and healthy
281 controls ($p < 0.001$). The reduction in ACE shedding by fresh-MSCs (2.88 ± 0.44 ng/mg) compared with
282 healthy controls was not statistically significant ($p = 0.052$). DSS treatment decreased *Agtr1a* expression by
283 71% compared with healthy controls ($p = 0.018$, Figure 5C). In the fresh-MSC and cryo-MSC groups, *Agtr1a*
284 expression was reduced by 62% and 58%, respectively, from the level of the healthy control group and the
285 decrease was not statistically significant.

286 **Discussion**

287 MSCs have therapeutic potential in the treatment of various inflammatory conditions and in regenerative
288 medicine. However, much uncertainty remains in manufacturing strategies and treatment protocols and even
289 in the therapeutic effect of MSCs[15, 23, 30, 38, 39]. The results of preclinical studies are also conflicting,
290 which might be due to variation in MSC source, culture methods, dosing schemes, and of course due to
291 differences in the animal models used in different studies[40]. In addition, different administration routes might
292 alter the biodistribution of MSCs and potentially their therapeutic efficacy[38, 39, 41]. The use of
293 cryopreserved or fresh MSCs is also a subject of dispute. There are only a few studies comparing fresh and
294 cryopreserved MSCs in *in vivo* animal models[33-35, 42] and to the best of our knowledge there are no
295 comparisons between different MSC preparations in animal colitis models. Therefore, the aim of our current
296 study was to investigate the safety profile and feasibility of a MSC product already in use for refractory graft-
297 versus-host-disease[36], and to compare the inflammation-alleviating efficacy of cryopreserved and fresh
298 MSCs administered either IV or IP in the DSS-colitis model. We specifically wanted to utilize unlicensed
299 MSCs, since all clinical trials thus far have utilized only unlicensed, native MSCs.

300 Unstimulated murine MSCs have alleviated DSS-induced colitis in mice and rats when using large doses
301 ranging from 1×10^6 to 5×10^6 cells per injection[13, 14, 39, 43]. However, unstimulated human MSCs have
302 not been effective in xenogeneic colitis models, but promising therapeutic effects have been demonstrated with
303 licensed MSCs in xenotransplantation models [15, 16]. Specifically, IL-1 β - and IFN γ -stimulated human MSCs
304 have reduced intestinal damage in DSS and trinitrobenzene sulfonic acid (TNBS) colitis models[15, 16]. In
305 addition, in a study utilizing a radiation-induced intestinal injury model, IL-1 β , TNF α , and nitric oxide were
306 shown to induce secretion of anti-inflammatory mediators from MSCs as demonstrated by better survival and
307 lesser degree of mucosal damage in MSC-conditioned medium-treated rats[29]. In our present study, two doses
308 of 0.5×10^6 unlicensed human MSCs did not improve histopathology, body weight development, or
309 macroscopic scores. It is possible that licensing or a higher cell amount is required to elicit the full therapeutic
310 effect of human MSCs in a xenotransplantation model. However, licensing with cytokines increases the level
311 of cell manipulation and could pose an additional risk in clinical applications. To our knowledge all published
312 clinical results thus far, both with positive and negative outcome, have been received utilizing unlicensed
313 MSCs. It is pivotal to investigate human cell products in animal models in order to develop human therapeutics,
314 but the therapeutic outcome in animal xenotransplantation models should not be generalized to human diseases
315 without reservations, especially in inflammatory models since it is possible that murine inflammatory
316 cytokines simply has little or no reactivity toward human MSCs and therefore MSCs are not induced to become
317 suppressive. The suitability of the DSS model in studying the efficacy and mechanism of action of MSCs with
318 regards to human IBD has been criticized as the inflammation in DSS colitis is mediated mainly by innate
319 immunity and not T-cells, which are important in IBD pathogenesis[40]. On the other hand, MSCs do have
320 the ability to polarize macrophages (which are abundant in the colonic inflammatory infiltrates in DSS colitis)
321 to anti-inflammatory M2 macrophages, which promote tissue repair and wound healing and ultimately T-cell
322 polarization[7, 44]. Nonetheless, results from clinical studies in IBD using uninduced human bone-marrow
323 derived MSCs indicate that they can be effective in treating IBD, as demonstrated by studies employing
324 recurring systemic infusions[28] or local administration in fistulas[21, 23, 28].

325 MSCs have been administered in patients either by local injections (e.g. in fistulas) or IV by systemic
326 infusions[23-28]. Goncalves et al.[38] reported that IV-administered MSCs had stronger anti-inflammatory

327 effects than IP-injected MSCs, whereas in other studies IP-administered MSCs were more effective than IV
328 administered MSCs[39, 41]. In our study, we found no statistically significant differences between the two
329 administration routes. Nevertheless, IV administration appeared better with regards to colon weight in relation
330 to body weight, which was lower in the MSC IV group (indicating less colonic edema). On the basis of several
331 clinical studies, the safety profile of MSCs is deemed to be good[45, 46]. However, it is well established that
332 IV-administered MSCs are prominently retained in the lung during the first pass before clearance to the
333 circulation[41, 47, 48]. In our study, we report that both IV and IP MSC administration appear safe as no
334 obvious adverse effects (e.g. infections or emboli) were observed at any stage of the study. As the IV
335 administration route is clinically more feasible, we chose to continue the study using IV injections.

336 There are reports implying that cryopreservation impairs the immunosuppressive effects of MSCs *in vitro*[31,
337 32], but, cryopreserved MSCs have been explored in several clinical studies for graft-versus-host disease by
338 us and others with partially encouraging results[36, 49-51]. While presenting a good safety profile, neither
339 fresh nor cryopreserved MSCs improved the colitis in the regenerative phase as measured by weight change,
340 and macroscopic or histopathology scores or by colonic pro-inflammatory cytokine and corticosterone levels.
341 While MSCs prevented the DSS-induced upregulation of the pro-inflammatory cytokine IL-1 β in the acute
342 phase of colitis, indicating a mild anti-inflammatory effect of the MSCs, the reduction was diminished in the
343 regenerative phase. The possible therapeutic differences between fresh and cryopreserved MSCs will remain
344 unsolved in this study, since the overall minimal therapeutic effect might be confounding the comparison. It is
345 also noteworthy that the loss and subsequent data exclusion of the animals with the most severe colitis,
346 especially in the DSS control group (2 in DSS control group and 1 in each MSC group), might obscure the
347 differences in the data set.

348 Recent findings in experimental models suggest that systemic and local RAS are involved in regulation of
349 intestinal inflammation[52-56]. RAS is a critical regulator of blood pressure, but its components are also found
350 throughout the intestine. The key enzyme of RAS, angiotensin converting-enzyme (ACE), cleaves angiotensin
351 I to angiotensin II and it is prominently expressed in various cell types in the intestine[56]. In experimental
352 models, activation of RAS promotes colitis[53] while RAS inhibition is protective against colitis[54, 55, 57-
353 65]. Clinical studies have shown that angiotensin I and angiotensin II are elevated in the intestinal mucosa of

354 Crohn's disease patients with active inflammation[66] and that susceptibility to Crohn's disease is linked to
355 polymorphisms in the ACE gene[67]. Despite accumulating evidence showing the beneficial effects of RAS
356 modulation in experimental colitis, the functions of intestinal RAS remain incompletely understood in human
357 health and disease.

358 In this study, we investigated how MSCs interact with intestinal RAS and we show that tissue ACE and ACE-
359 ectodomain shedding in the colon are downregulated by cryopreserved MSCs. Based on our previous studies,
360 ACE shedding is enhanced by inflammation in certain parts of the intestine eg. jejunum and mid to distal
361 colon[68, 69]and unpublished observations]. In proximal colon, ACE shedding was not modulated by colitis
362 itself but could be reduced by ACE-inhibiting agents[69]. ACE has been suggested to be secreted by intestinal
363 crypt cells or cleaved by a specific sheddase (ADAM9)[70]. The specific purpose of ACE shedding in the
364 intestine is not known, but since ACE is considered pro-inflammatory, it is possible that the reduction of ACE
365 levels by MSCs might be a beneficial response to reduce signaling via the pro-inflammatory and pro-fibrotic
366 ACE-Ang II-AGT1Ra axis. *Agtr1a* expression is induced in inflammatory and infectious conditions in the
367 vasculature[71-73] and in the gastric mucosa[74]. Downregulation of the pro-inflammatory AGTR1a during
368 inflammation and tissue healing might indicate a negative-feedback response to increased pro-inflammatory
369 angiotensin II levels. We measured *Agtr1a* expression during the tissue regeneration process after the initial
370 DSS insult had passed and found that *Agtr1a* expression was significantly downregulated in colons of DSS
371 animals. There was a small but not statistically significant trend towards an increase in *Agtr1a* expression in
372 the MSC-treated animals. Interestingly, in studies of experimental renal hypertension, MSCs normalized the
373 upregulation of ACE and AGT1R protein and mRNA expression in damaged kidneys[75, 76]. Nevertheless,
374 this study demonstrates that MSCs regulate intestinal RAS. Whether the anti-inflammatory properties of MSCs
375 are partly facilitated via target tissue RAS should be elucidated in further studies.

376 **Conclusions**

377 We evaluated fresh and cryopreserved unlicensed platelet-lysate expanded human BM-derived MSCs in a
378 preclinical mouse model during both the acute and the regenerative phases of DSS colitis. Macroscopic,
379 microscopic and molecular parameters revealed no adverse effects of the MSCs, further strengthening the

380 safety profile of systemically administered MSCs. In this xenotransplantation model, the therapeutic effect of
381 unlicensed human MSCs, i.e. such as they are utilized in GvHD, was modest and limited to improvements in
382 the levels of pro-inflammatory cytokines. Colonic IL-1 β levels were reduced by MSCs during acute
383 inflammation, but a beneficial effect was not as evident in the regenerative phase of DSS colitis. Taken
384 together, this might indicate that the full anti-inflammatory capacity of MSCs is obscured in a severe colitis
385 xenotransplantation model mediated mainly by the innate immune system, but results from a
386 xenotransplantation model should not be extrapolated to efficacy in treatment of human IBD. Furthermore, we
387 conclude that MSCs regulate intestinal RAS by reducing pro-inflammatory ACE protein expression and
388 ectodomain shedding in the colon, which might implicate a novel beneficial mechanism of immunomodulation
389 by MSCs. Additional studies using unlicensed versus licensed MSCs in the treatment of IBD are needed to
390 verify the optimal manufacturing strategies for the best therapeutic effect of MSCs.

391 **List of abbreviations**

392 **ACE:** Angiotensin-converting enzyme **BM:** Bone marrow **DSS:** Dextran sodium sulfate **H&E:** Hematoxylin
393 and eosin **GvHD:** Graft-versus-host disease **IBD:** Inflammatory bowel disease **IP:** Intraperitoneally **IV:**
394 Intravenously **MSC:** Mesenchymal stromal cell **Cryo-MS**C: Cryopreserved MSCs **Fresh-MS**C: Freshly
395 cultivated MSCs **RAS:** Renin-angiotensin system

396 **Declarations**

397 **Ethics approval**

398 The animal experiments were approved by the national Animal Experiment Board in Finland
399 (ESAVI/6314/04.10.03/2012 and ESAVI/114/04.10.07/2015) according to the Finnish Act on Animal
400 Experimentation (62/2006).

401 **Consent for publication**

402 Not applicable.

403 **Availability of data and materials**

404 The datasets used and/or analysed during the current study are available from the corresponding author on
405 reasonable request.

406 **Competing interests**

407 The authors declare that they have no competing interests.

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412 **Authors' contributions**

413 HS, AL, RK and JN designed the study. HS, AL, RF, MH, JL and LP performed the experiments and
414 acquired data. HS, AL, RF, MH, JL and JN analyzed the data. HS, AL, RK and JN wrote the paper. MK, AL
415 and JN provided study materials. Study supervision and administration by JN. All authors read and approved
416 the final manuscript.

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648 **Figure legends**

649 Figure 1. Study design presented as schematic diagrams of the two experiments in this article. A) Schematic
650 of the study comparing the intravenous and intraperitoneal administration routes. B) Schematic of the study
651 comparing fresh and cryopreserved MSCs in the regenerative phase of the colitis.

652 Figure 2. Body weight, colon weight and pro-inflammatory cytokine levels in the colon during the acute phase
653 of colitis. A) Weight change of the animals from the beginning of DSS administration. B) Colon weight
654 normalized to body weight of the animals. C) IL-1 β and D) TNF α protein levels in the colons of healthy, DSS
655 + VE IV and DSS + MSC IV mice.

656 Figure 3. Weight development and histopathology in the study comparing fresh and cryopreserved MSCs. A)
657 Weight of the animals in colitis groups developed similarly. There were no statistically significant differences
658 between colitis groups. The arrows indicate the days of MSC or vehicle injection. B) Histopathology in colon
659 during the regenerative phase of colitis. H&E-stained sections of healthy control (top left), DSS control (top
660 right), fresh-MSC (bottom left), and cryo-MSC (bottom right) group colons after 6 days of DSS administration
661 and a 7-day recovery period. All DSS groups displayed inflammatory activity, mucosal atrophy, and crypt
662 regeneration in H&E-stained tissue slides. Differences between colitis groups were minor and no statistically
663 significant differences between colitis groups were observed. 20x objective magnifications.

664 Figure 4. Markers of inflammation in the colons of mice in the regenerative phase of colitis. A) IL-1 β , B)
665 TNF α and C) *Il-1 β* mRNA expression were increased in DSS control and cryo-MSC groups but not in the
666 fresh-MSC group compared with healthy controls. D) Corticosterone secreted by the colon during a 90-min *ex*
667 *vivo* incubation.

668 Figure 5. ACE protein expression and shedding and *Atgr1a* mRNA expression in the colons in the regenerative
669 phase of colitis. A) Tissue ACE, B) ACE shedding, measured as the release of ACE protein into the incubation
670 fluid C), and *Atgr1a* mRNA expression in the colon.

671 Supplement Figure 1 (S1). MSC characterization results. The MSCs used in the studies were characterized for
672 (A) MSC phenotype, (B) osteogenic and adipogenic differentiation and (C) T-cell immunosuppression

673 capacity *in vitro*. Figure A: filled histogram = specific labeling of the cells; empty histogram = negative control.

674 Figure C: filled histogram = MSCs + T-cells; empty histogram = T-cells only (proliferation control).

675 Table 1. Macroscopic scores and colon lengths in the acute phase of the colitis. (To be placed after the

676 paragraph “*Macroscopic signs of inflammation were not improved by MSCs in acute phase of DSS colitis*”)

Group	Macroscopic Score	Colon length (cm)
Healthy control	0.0 ± 0.0	7.2 ± 0.3
3 % DSS + VE IV	2.8 ± 0.4	5.5 ± 0.2***
3 % DSS + MSC IV	3.3 ± 0.4*	5.3 ± 0.1***
3 % DSS + VE IP	3.9 ± 0.6**	4.9 ± 0.2***
3 % DSS + MSC IP	3.8 ± 0.7**	4.9 ± 0.2***

677 Macroscopic scores (scale 0-6) including stool consistency, edema and occult blood, and colon length of the

678 mice after 7 days of DSS administration. **p* < 0.05, ***p* < 0.01 and ****p* < 0.001 compared with healthy

679 controls. MSC = fresh mesenchymal stromal cells, VE = vehicle, IV = intravenously administered, IP =

680 intraperitoneally administered.

681 Table 2. Macroscopic and histopathologic changes in the regenerative phase of colitis. (To be placed after the

682 paragraph “*Severity of colitis not improved by MSCs in the regenerative phase of DSS colitis*”)

Group	Macroscopic Score	Histopathology Score	Regeneration	Colon length (cm)	Colon/Animal weight (mg/g)
Healthy	0.0 ± 0.0	0.0 ± 0.0	-	8.1 ± 0.3	6.0 ± 0.6
DSS Control	2.1 ± 0.2**	5.2 ± 0.9**	2.0 ± 0.4	6.1 ± 0.3**	10.2 ± 1.3***
Fresh-MSC	2.0 ± 0.3**	5.2 ± 0.6**	3.3 ± 0.3	6.5 ± 0.3*	9.4 ± 0.6***
Cryo-MSC	1.8 ± 0.4**	5.8 ± 1.1**	2.4 ± 0.4	6.5 ± 0.5*	9.6 ± 1.6***

683 The macroscopic scores (stool consistency, edema and occult blood, scale 0-6), histopathology scores

684 (inflammation and mucosal atrophy, scale 0-10), regeneration scores, colon length and colon weight

685 normalized to bodyweight during the regenerative phase of colitis. Regeneration scores were similar between

686 the groups. Colitis groups differed from healthy controls in all other parameters, but there were no statistically
687 significant differences between the colitis groups. $*p < 0.05$, $**p < 0.01$ and $***p < 0.001$ compared with
688 healthy controls. DSS = dextran sodium sulfate, Fresh-MSC = fresh mesenchymal stromal cells, Cryo-MSC =
689 cryopreserved MSCs.