

1 **Metabolic Profiling Reveals a Dependency of Human Metastatic Breast Cancer on**
2 **Mitochondrial Serine and One-Carbon Unit Metabolism**

3 Albert M. Li^{1,2}, Gregory S. Ducker³, Yang Li¹, Jose A. Seoane^{4,5,6}, Yiren Xiao¹, Stavros
4 Melemenidis¹, Yiren Zhou¹, Ling Liu³, Sakari Vanharanta⁷, Edward E. Graves^{1,2}, Erinn
5 B. Rankin^{1,2,6}, Christina Curtis^{2,4,5,6}, Joan Massagué⁸, Joshua D. Rabinowitz³, Craig B.
6 Thompson^{8*}, Jiangbin Ye^{1,2,6*}

7
8 ¹Department of Radiation Oncology, Stanford University School of Medicine. Stanford,
9 CA 94305, US. ² Cancer Biology Program, Stanford University School of Medicine.
10 Stanford, CA 94305, US. ³ Lewis-Sigler Institute for Integrative Genomics and
11 Department of Chemistry, Princeton University. Princeton, NJ 08544, US. ⁴ Department
12 of Medicine, Stanford University School of Medicine. Stanford, CA 94305, US.
13 ⁵Department of Genetics, Stanford University School of Medicine. Stanford, CA 94305,
14 US. ⁶Stanford Cancer Institute, Stanford University School of Medicine. Stanford, CA
15 94305, US. ⁷MRC Cancer Unit, University of Cambridge, Hutchison/MRC Research
16 Centre. Cambridge, CB2 0XZ, UK. ⁸ Cancer Biology and Genetics Program, Memorial
17 Sloan Kettering Cancer Center. New York, NY 10065, US.

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27
28 * Correspondence to: Craig Thompson (thompsonc@mskcc.org)
29 1275 York Avenue
30 New York, NY 10065
31 Tel: 212-639-6561

32
33 Jiangbin Ye (yej1@stanford.edu)
34 269 Campus Drive
35 Stanford, CA 94305
36 Tel: 650-724-7459

37
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48

49 **Abstract**

50 Breast cancer is the most common cancer among American women and a major cause
51 of mortality. To identify metabolic pathways as potential targets to treat metastatic
52 breast cancer, we performed metabolomics profiling on breast cancer cell line MDA-MB-
53 231 and its tissue-tropic metastatic subclones. Here, we report that these subclones
54 with increased metastatic potential display an altered metabolic profile compared to the
55 parental population. In particular, the mitochondrial serine and one-carbon (1C) unit
56 pathway is upregulated in metastatic subclones. Mechanistically, the mitochondrial
57 serine and 1C unit pathway drives the faster proliferation of subclones through
58 enhanced *de novo* purine biosynthesis. Inhibition of the first rate-limiting enzyme of the
59 mitochondrial serine and 1C unit pathway, serine hydroxymethyltransferase (SHMT2),
60 potently suppresses proliferation of metastatic subclones in culture and impairs growth
61 of lung metastatic subclones at both primary and metastatic sites in mice. Some human
62 breast cancers exhibit a significant association between the expression of genes in the
63 mitochondrial serine and 1C unit pathway with disease outcome and higher expression
64 of SHMT2 in metastatic tumor tissue compared to primary tumors. In addition to breast
65 cancer, a few other cancer types, such as adrenocortical carcinoma (ACC) and kidney
66 chromophobe cell carcinoma (KICH), also display increased SHMT2 expression during
67 disease progression. Together, these results suggest that mitochondrial serine and 1C
68 unit plays an important role in promoting cancer progression, particularly in late stage
69 cancer.

70 **Implications:** This study identifies mitochondrial serine and 1C unit metabolism as an
71 important pathway during the progression of a subset of human breast cancers.

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74

75 **Introduction**

76 The majority of breast cancer patients die from metastatic disease. The process of
77 cancer metastasis involves local invasion into surrounding tissue, dissemination into the
78 bloodstream, extravasation, and eventual colonization of a new tissue. Following a
79 period of dormancy, small numbers of micrometastases eventually proliferate into large
80 macrometastases, or secondary tumors.

81 Previous studies have illuminated several themes of metabolic reprogramming
82 that occur during metastasis (1–8). However, the majority of these reported site-specific
83 metabolic features of metastatic cancer cells. We reason that breast cancer cells that
84 leave the primary tumor and successfully establish new lesions at distal sites would
85 encounter similar metabolic stresses during metastasis. By performing comparative
86 metabolomics on the MDA-MB-231 human breast cancer cell line and its tissue-tropic
87 metastatic subclones, we uncovered that the catabolism of the non-essential amino acid
88 serine through the mitochondrial one-carbon (1C) unit pathway is an important driver of
89 proliferation in a subset of metastatic breast cancers that closely resembles the
90 molecular features of MDA-MB-231 cells. Emerging evidence shows that the non-
91 essential amino acid serine is essential for cancer cell survival and proliferation. The
92 genomic regions containing PHGDH are amplified in breast cancer and melanoma,
93 diverting 3PG to serine synthesis (9,10). We also reported that PHGDH is upregulated
94 upon amino acid starvation by the transcription factor ATF4 (11). On one hand, serine
95 serves as a precursor for the synthesis of protein, lipids, nucleotides and other amino
96 acids, which are necessary for cell division and growth. On the other hand, serine
97 catabolism through the mitochondrial 1C unit pathway is critical for maintaining cellular

98 redox control under stress conditions (12,13). In mitochondria, serine catabolism is
99 initiated by serine hydroxymethyltransferase 2 (SHMT2). SHMT2 catalyzes a reversible
100 reaction converting serine to glycine, with concurrent generation of the 1C unit donor
101 methylene-THF, which is further oxidized by downstream enzymes MTHFD2 and
102 MTHFD1L to produce NAD(P)H and formate. Subsequent export of formate from the
103 mitochondria can then be re-assimilated into the cytosolic folate pool to support
104 anabolic reactions. All three mitochondrial serine and 1C unit pathway enzymes
105 (SHMT2, MTHFD2 and MTHFD1L) are upregulated in breast tumor samples compared
106 to normal tissues (13,14). However, due to lack of functional investigations targeting this
107 pathway in *in vitro* and *in vivo* breast cancer models, it remains unclear whether the
108 mitochondrial 1C unit pathway represents a good target for treating metastatic breast
109 cancer.

110 In this study, we report that enzymes in the mitochondrial serine and 1C unit
111 pathway are even further upregulated specifically in subclones of the aggressive breast
112 cancer cell line MDA-MB-231 that have been selected *in vivo* for the ability to
113 preferentially metastasize to specific organs. We demonstrate that SHMT2 inhibition
114 suppresses proliferation more strongly in these highly metastatic subclones compared
115 to the parental population *in vitro*. Knockdown of SHMT2 also impairs breast cancer
116 growth *in vivo* at both the primary and metastatic sites. In addition, we find that the
117 expression of mitochondrial 1C unit pathway enzymes significantly associates with poor
118 disease outcome in a subset of human breast cancer patients, potentiating its role as a
119 therapeutic target or biomarker in advanced cancer. Finally, SHMT2 expression
120 increases in breast invasive carcinoma, adrenocortical carcinoma, chromophobe

121 renal cell carcinoma and papillary renal cell carcinoma during tumor progression,
122 particularly in late stage tumors, suggesting that inhibitors targeting SHMT2 may hold
123 promise for treating these late stage cancers when other therapeutic options become
124 limited.

125

126 **Materials and Methods**

127 **Cell lines**

128 All of the paired parental and metastatic subclones were generated in Dr. Joan
129 Massagué's laboratory (Memorial Sloan-Kettering Cancer Center) (15–17). Cells were
130 cultured in DMEM/F12 with 10% fetal bovine serum (Sigma) with 1%
131 penicillin/streptomycin. All cells lines were tested every three to six months and found
132 negative for *mycoplasma* (MycoAlert Mycoplasma Detection Kit; Lonza). These cell
133 lines were not authenticated by the authors. All cell lines used in experiments were
134 passaged no more than ten times from time of thawing.

135 **RNAi**

136 Stable 831-BrM, 1833-BoM, and 4175-LM cell lines expressing shRNA against SHMT2,
137 MTHFD2, and c-Myc were generated through infection with lentivirus and 1 µg/mL
138 puromycin selection. shRNA-expressing virus was obtained using a previously
139 published method (13). Pooled populations were tested for on-target knockdown by
140 immunoblot.

141 **Immunoblot**

142 The following antibodies were used: SHMT1, SHMT2 (Sigma), MTHFD2, MTHFD1L, c-
143 Myc, Actin (Cell Signaling Technologies).

144 **RNA Isolation, Reverse Transcription, and Real-Time PCR**

145 Total RNA was isolated from tissue culture plates according to the TRIzol Reagent
146 (Invitrogen) protocol. 3 µg of total RNA was used in the reverse transcription reaction
147 using the SuperScript III (Invitrogen) protocol. Quantitative PCR amplification was
148 performed on the Prism 7900 Sequence Detection System (Applied Biosystems) using
149 Taqman Gene Expression Assays (Applied Biosystems). Gene expression data were
150 normalized to 18S rRNA.

151 ***In vivo* Tumor Growth Assays**

152 All procedures involving animals and their care were approved by the Institutional
153 Animal Care and Use Committee of Stanford University in accordance with institutional
154 and National Institutes of Health guidelines. For orthotopic growth studies, 4175-LM
155 shNT and 4175-LM shSHMT2 cells (1×10^6 cells in 0.1 mL of PBS, n = 8 per group)
156 were injected into the flanks of NU/J 10-week-old female mice (The Jackson
157 Laboratory). Tumors were measured with calipers over a 50-day time course. Volumes
158 were calculated using the formula $\text{width}^2 \times \text{length} \times 0.5$.

159 For lung metastasis assays, 4175-LM shNT and 4175-LM shSHMT2 cells ($0.2 \times$
160 10^5 cells, n = 8 per group) were injected via tail vein into 6-8 week-old female NOD
161 SCID mice. Mice were imaged weekly using the Xenogen IVIS 200 (PerkinElmer,
162 Waltham, MA). Briefly, mice were injected intraperitoneally with 100 µg/g of D-luciferin
163 (potassium salt; PerkinElmer) on the day of imaging. 8 min later, mice were
164 anesthetized in an anesthesia-induction chamber using a mixture of 3% isoflurane
165 (Fluriso, VetOne) in O₂. Anesthesia was maintained with a mixture of 2% isoflurane in
166 O₂ inside the imaging chamber. Using Living Image (PerkinElmer, Waltham, MA),

167 images were acquired (Exposure time, auto; F stop. 1.2; Binning, medium) from both
168 dorsal and ventral sides of mice and a total photon flux (p/sec/cm²/sr) per animal was
169 calculated by averaging the signal acquired from the dorsal and ventral side. After 4
170 weeks, surviving mice were sacrificed and lungs snap frozen in liquid N₂ prior to
171 homogenization in TRIzol for RNA extraction.

172 **Metabolite Profiling and Mass Spectrometry**

173 For total metabolite analysis, parental and metastatic cell lines were seeded in 60mm
174 culture dishes in DMEM/F12 supplemented with 10% dialyzed fetal bovine serum.
175 Media was refreshed 2 hours prior to harvesting by washing 3x with PBS before
176 quenching with 800mL of -80 C 80:20 methanol:water. Extracts were spun down,
177 supernatants collected, dried and resuspended in water before LC-MS analysis.
178 Samples were analyzed by reversed-phase ion-pairing chromatography coupled with
179 negative-mode electrospray-ionization high-resolution MS on a stand-alone
180 ThermoElectron Exactive orbitrap mass spectrometer (18). Peak picking and
181 quantification were conducted using MAVEN analysis software. Heatmap was
182 generated in R. Multiple testing correction and q-value generation were performed in
183 PRISM software (GraphPad).

184 For [2,3,3-²H]serine labeling experiments, parental and metastatic cells were
185 cultured in RPMI medium lacking glucose, serine, and glycine (TEKnova) supplemented
186 with 2 g/L glucose and 0.03 g/L [2,3,3-²H]serine (Cambridge Isotope Laboratories) for
187 up to 24 hours before harvesting. Cells were washed twice with ice-cold PBS prior to
188 extraction with 400 µL of 80:20 acetonitrile:water over ice for 15 min. Cells were
189 scraped off plates to be collected with supernatants, sonicated for 30s, then spun down

190 at 1.5×10^4 RPM for 10 min. 200 μ L of supernatant was taken out for LC-MS/MS
191 analysis immediately.

192 Quantitative LC-ESI-MS/MS analysis of [2,3,3- 2 H]serine-labeled cell extracts was
193 performed using an Agilent 1290 UHPLC system equipped with an Agilent 6545 Q-TOF
194 mass spectrometer (Santa Clara, CA, US). A hydrophilic interaction chromatography
195 method (HILIC) with an BEH amide column (100 x 2.1 mm i.d., 1.7 μ m; Waters) was
196 used for compound separation at 35 $^{\circ}$ C with a flow rate of 0.3ml/min. The mobile phase
197 A consisted of 25 mM ammonium acetate and 25mM ammonium hydroxide in water and
198 mobile phase B was acetonitrile. The gradient elution was 0–1 min, 85 % B; 1–12 min,
199 85 % B \rightarrow 65 % B; 12– 12.2 min, 65 % B-40%B; 12.2-15 min, 40%B. After the gradient,
200 the column was re-equilibrated at 85%B for 5min. The overall runtime was 20 min and
201 the injection volume was 5 μ L. Agilent Q-TOF was operated in negative mode and the
202 relevant parameters were as listed: ion spray voltage, 3500 V; nozzle voltage, 1000 V;
203 fragmentor voltage, 125 V; drying gas flow, 11 L/min; capillary temperature, 325 $^{\circ}$ C,
204 drying gas temperature, 350 $^{\circ}$ C; and nebulizer pressure, 40 psi. A full scan range was
205 set at 50 to 1600 (m/z). The reference masses were 119.0363 and 980.0164. The
206 acquisition rate was 2 spectra/s. Isotopologues extraction was performed in Agilent
207 Profinder B.08.00 (Agilent Technologies). Retention time (RT) of each metabolite was
208 determined by authentic standards (Supplementary Table S1). The mass tolerance was
209 set to +/-15 ppm and RT tolerance was +/- 0.2 min. Natural isotope abundance was
210 corrected using Agilent Profinder software (Agilent Technologies).

211 **Cell Line Classification**

212 Cell line expression and copy number data were downloaded from the COSMIC cell line
213 dataset (https://cancer.sanger.ac.uk/cell_lines), and all cell lines were classified using
214 different cell line classifiers, including PAM50 and scmod2 using the package genufu
215 from Bioconductor; and iC10 using package iC10 (19–22). The MDA-MB-231 parental
216 and metastatic subclones were classified as Basal (posterior probability of 0.516), ER-
217 Her2- (posterior probability of 0.997), IC4 (posterior probability of 0.999).

218 **Outcome Analysis**

219 METABRIC clinical and expression data was downloaded from EGA
220 (EGAS00000000083) (21). Outcome analysis was performed in IC4 samples only
221 (N=342) in order to mimic the phenotype of the MDA-MB-231 breast cancer cell line.
222 Survival analysis was performed over disease specific survival (DSS) censored to 20
223 years. Gene high/low categorization was performed using the maxstat algorithm, which
224 determines the optimal threshold for separating high and low expression (from the surv
225 cutpoint function of package survminer). Cox Proportional Hazard multivariate models
226 use continuous expression adjusted by age, grade, size, number of lymph nodes, ER,
227 PR and Her2 status. Kaplan-Meier plots were generated using the package survcomp,
228 and Cox Proportional Hazards were generated using the package rms.

229 **Immunohistochemical Staining and Quantification for SHMT2**

230 Human primary breast cancer tissue and paired lymph node metastases were obtained
231 from Biomax.us. Tumors were graded by Biomax.us pathologists according to the
232 Nottingham grading system with respect to degree of glandular duct formation, nuclear
233 pleomorphism, and nuclear fission counting. Each feature was scored from 1-3, and the
234 total score was used to determine the following grades: Grade 1 (total score 3-5; low

235 grade or well differentiated), Grade 2 (total score 6-7; intermediate grade or moderately
236 differentiated), Grade 3 (total score 8-9; high grade or poorly differentiated). Standard
237 immunohistochemical methods were performed as previously described (23). The
238 primary anti-human SHMT2 antibody (Sigma) was used at a concentration of 1:3000.
239 Images were acquired on a Leica DMI8 system (Leica Microsystems) and quantified for
240 positive SHMT2 signal intensity by ImageJ software.

241 **SHMT2 Expression Analysis by Individual Cancer Stage**

242 SHMT2 expression data across every annotated TCGA cancer data set was queried
243 and downloaded from the UALCAN database (<http://ualcan.path.uab.edu/index.html>)
244 (24).

245 **Statistical Analyses**

246 All statistical tests were performed using the paired or unpaired Student's t test by
247 PRISM software. Values with a p value of < 0.05 were considered significant.

248 **Results**

249 **Metastatic breast cancer cells exhibit altered metabolic profiles**

250 To identify common metabolic pathways reprogrammed in metastatic breast cancer
251 cells during cancer progression, we performed metabolomic profiling of the human triple
252 negative breast cancer cell line MDA-MB-231 and its metastatic subpopulations (Fig. 1A
253 and B). This cell line was derived from the pleural effusion of a patient with widespread
254 metastatic disease years after primary tumor removal (25), and the subclones of this
255 cell line with higher metastasis rate and preference to the bone, lung, or brain were
256 previously isolated by *in vivo* selection (15–17) (831-BrM: brain metastasis. 1833-BoM:
257 bone metastasis. 4175-LM: lung metastasis).

258 At the time of initial metabolomics comparison, the lung metastatic subclone
259 4175-LM did not recover well in culture, so we profiled the 831-BrM and 1833-BoM
260 metastatic subclones along with the parental population. We observed multiple
261 metabolites involved in a plethora of metabolic pathways that were differentially
262 enriched or depleted in the metastatic 831-BrM and 1833-BoM subclones compared to
263 the parental population of MDA-MB-231 (231-Parental) cells (Fig. 1B). Following
264 correction for false discovery rate, the levels of twenty-four metabolites were
265 significantly altered in both 831-BrM and 1833-BoM cells compared to 231-Parental
266 cells (Supplementary Table S2). Metabolites significantly enriched in metastatic
267 subclones included the glycolytic intermediate dihydroxyacetone-phosphate (which is
268 reversibly isomerized to glyceraldehyde-3-phosphate), the tricarboxylic acid (TCA) cycle
269 intermediate succinate, amino acids such as proline and asparagine, and the pentose-
270 phosphate pathway product 5-phosphoribosyl-1-pyrophosphate. These observations
271 are consistent with prior observations of perturbations in lower glycolysis and the TCA
272 cycle observed in other cell line models (notably murine 4T1 cells), suggesting common
273 metabolic developments during metastasis of breast cancers in both mice and humans
274 (1–3,5,6). Additionally, enrichment of asparagine has been reported to promote
275 metastatic cancer cell phenotypes by epithelial-to-mesenchymal transition (8).
276 Nonetheless, the most significantly depleted class of metabolites in 831-BrM and 1833-
277 BoM cells compared to 231-Parental cells were free purine nucleotides, suggesting
278 alterations in purine metabolism in metastatic cells (Fig. 1B).

279 **c-Myc is important for breast cancer cell proliferation**

280 We wondered whether reduced levels of purines reflected decreased synthesis or
281 higher consumption in the metastatic subclones. Because it was previously reported
282 that the oncogenic transcription factor c-Myc induces the expression of nucleotide
283 biosynthesis genes and that c-Myc amplification and overexpression is a common event
284 in triple-negative breast cancer (26–28), we wondered if the relative differences in
285 purine abundance could be explained by altered c-Myc protein levels in our cell line
286 system. Indeed, 831-BrM, 1833-BoM, and 4175-LM cells overexpressed c-Myc
287 compared to 231-Parental cells (Fig. 2A). Since sufficiency of free nucleotides can act
288 as an important checkpoint for cell division (29), we then compared the proliferation
289 rates of parental and metastatic subclones. Accordingly, 831-BrM, 1833-BoM, and
290 4175-LM cells proliferated faster than 231-Parental cells *in vitro* (Fig. 2B), suggesting
291 that the higher consumption rate is the cause of lower purine levels in the metastatic
292 subclones.

293 Because the role of c-Myc in metastasis is still unclear, with evidence suggesting
294 it plays both pro-metastatic and anti-metastatic functions in breast cancer depending on
295 the genetic context (30,31), we tested the sensitivity of parental and metastatic
296 subclones to c-Myc inhibition. Small hairpin RNA (shRNA)–mediated knockdown of c-
297 Myc reduced cell proliferation in all four cell lines, although the degree of inhibition was
298 stronger in 831-BrM and 1833-BoM cells (Fig. 2C, Supplementary Fig. S1). Parental
299 cells expressing a non-targeting shRNA showed elevated c-Myc expression, possibly
300 due to puromycin selection. These data suggest that c-Myc is an important mediator of
301 cell proliferation, and c-Myc overexpression provided a proliferative advantage at least
302 in brain and bone-metastatic subclones.

303 **Identification of serine and one-carbon unit pathway elevation in metastatic**
304 **subclones**

305 The products of several metabolic pathways feed into nucleotide synthesis, including
306 ribulose-5-phosphate from the pentose phosphate pathway, and one-carbon (1C) units
307 and glycine from the serine and 1C unit pathway. It is also known that c-Myc can
308 promote the expression of serine and glycine metabolism genes in cancer cells (32,33).
309 We performed expression analyses of the metastatic subclones and found elevated
310 levels of the key mitochondrial enzymes serine hydroxymethyltransferase 2 (SHMT2),
311 methylenetetrahydrofolate dehydrogenase 2 (MTHFD2), and methylenetetrahydrofolate
312 dehydrogenase 1-like (MTHFD1L), in contrast to the downregulated expression of the
313 cytosolic isoenzyme serine hydroxymethyltransferase 1 (SHMT1) (Fig. 3A-C).
314 Consistent with previous reports in other cell types, knockdown of c-Myc in parental and
315 metastatic breast cancer subclones diminished MTHFD2 and MTHFD1L protein
316 expression, suggesting these enzymes are c-Myc-regulated (Supplementary Fig. S1).
317 SHMT2 expression did not reduce upon c-Myc knockdown, suggesting that SHMT2
318 expression was regulated by other transcription factors. To determine whether c-Myc
319 and mitochondrial 1C unit pathway enzyme overexpression was a common co-
320 occurrence in other cancer metastasis models, we checked protein expression levels in
321 the parental and metastatic subpopulations of other human cell line systems derived
322 from lung adenocarcinoma or ER⁺ breast carcinoma patients (34,35). There was a clear
323 correlation of SHMT2, MTHFD2, and MTHFD1L expression with c-Myc expression
324 among all the cell lines tested. The brain metastatic subclones of lung adnocacinoma
325 cell lines PC9 and H2030 had increased MTHFD2 expression, though we could not find

326 another system that also displayed overexpression of c-Myc and all the three
327 mitochondrial 1C unit pathway enzymes in metastatic subclones relative to their
328 corresponding parental cells (Supplementary Fig. S2). Taken together with the
329 observations of higher serine and glycine levels in 831-BrM and 1833-BoM cells
330 compared to 231-Parental cells (Fig. 1B), these data suggest that the role of c-Myc in
331 regulating mitochondrial serine and 1C unit metabolism in metastatic cancer may be
332 tissue-specific.

333 **Metastatic subclones display increased mitochondrial serine and one-carbon unit** 334 **pathway activity**

335 We next asked if higher expression of mitochondrial serine and 1C unit pathway
336 enzymes might indeed reflect higher pathway activity. Serine can be catabolized in both
337 the mitochondrial and cytosolic branch of the 1C unit pathway. Since cancer cells
338 predominately express the mitochondrial serine catabolic enzymes over the cytosolic
339 enzymes, serine is generally catabolized in the mitochondria in cancer cells (13,14,36).
340 Serine hydroxyl-methyltransferase 2 (SHMT2) initiates this reaction by converting serine
341 to glycine while donating a carbon group to tetrahydrofolate (THF) to generate
342 methylene-THF. Subsequent oxidation of methylene-THF by MTHFD2 and MTHFD1L
343 generates NAD(P)H and formate. Formate can cross the mitochondrial membrane to
344 provide 1C units for anabolic reactions such as nucleotide synthesis (37).

345 We hypothesized that the reason metastatic cells upregulate the serine and 1C
346 unit pathway is to enhance nucleotide synthesis to fuel cell proliferation. Indeed, most
347 cancer cells have been reported to utilize serine as the predominant source of 1C units
348 for biosynthesis (38). We performed [2,3,3-²H]serine tracing to examine 1C unit pathway

349 flux to glycine and purine nucleotides. In cells grown in media containing [2,3,3-
350 ²H]serine, the cytosolic pathway generates methylene-THF (me-THF) mass heavy by 2
351 (M+2) and 10-formyl-THF mass heavy by 1 (M+1), while 10-formyl-THF derived from
352 mitochondrial formate exchange to the cytosol is strictly M+1. [2,3,3-²H]serine labeling
353 onto the metabolites glycine and purine nucleotide triphosphates produced from the
354 mitochondrial pathway thereby produces glycine M+1 and purines either M+1 or M+2
355 (Fig. 3D). Time course experiments were performed in 4175-LM cells to determine the
356 optimal steady state labeling conditions for glycine and ATP from serine: 2 hours and 24
357 hours respectively (Supplementary Fig. S3). We observed higher SHMT flux in
358 metastatic subclones, as the relative abundance of M+1 glycine was approximately 1.5-
359 fold higher in 4175-LM cells compared to 231-Parental cells, indicating that higher
360 purine turnover in metastatic cells was fueled by higher SHMT flux (Fig. 3E). Importantly,
361 while robust fractions of ATP and GTP were labeled in parental cells, the metastatic
362 subclones displayed even higher labeling fractions from serine (Fig. 3F). These results
363 demonstrate that upregulation of serine catabolism through the mitochondrial 1C unit
364 pathway promotes *de novo* purine synthesis in metastatic breast cancer cells.

365 **Serine catabolism is necessary for metastatic cancer cell proliferation *in vitro***

366 To address the extent to which mitochondrial serine catabolism is necessary for cell
367 proliferation, 231-Parental, 831-BrM, 1833-BoM, and 4175-LM cells were infected with
368 lentivirus expressing shRNAs against SHMT2 (shSHMT2) or a nontargeting control
369 (shNT). Intriguingly, knockdown of SHMT2 protein expression with two different shRNAs
370 drastically suppressed proliferation of the metastatic subclones significantly, with a
371 reduced effect in 231-Parental cells (Fig. 4A and B). In contrast, knockdown of the

372 downstream enzyme of the mitochondrial serine and 1C unit pathway, MTHFD2,
373 suppressed proliferation to a lesser extent (Supplementary Fig. S4A and B). To
374 evaluate the therapeutic potential of targeting 1C unit metabolism to block metastatic
375 growth, we treated cells with a small-molecule inhibitor of SHMT called SHIN1 (39). In
376 vitro, metastatic subclones were sensitive to SHIN1 with an EC50 in the 100-500 nM
377 range (Supplementary Fig. S5). There was no obvious enhancement of SHIN1
378 sensitivity in 831-BrM, 1833-BoM, and 4175-LM cells compared to 231-Parental cells,
379 possibly because SHIN1 inhibits both SHMT2 and SHMT1 (Fig. 4C). Importantly,
380 inhibition of cell proliferation in the presence of SHIN1 could be rescued by the
381 supplementation of formate (2 mM), a source of cellular 1C units (Fig. 4C). These
382 results indicate that the major role of elevated mitochondrial serine catabolism is to
383 generate 1C units for cytosolic purine biosynthesis in the metastatic subclones. Thus,
384 targeting SHMT activity may be a promising way to restrict nucleotide availability to
385 block metastatic breast cancer cell proliferation.

386 **SHMT2 knockdown impairs primary and metastatic growth *in vivo***

387 We then interrogated the effect of reducing mitochondrial 1C unit pathway activity in two
388 different models of cancer growth *in vivo*. 4175-LM cells were chosen due to the relative
389 ease of monitoring, measuring, and collecting tissue from lung metastasis compared to
390 brain and bone metastasis. For the first model, we monitored breast cancer growth at
391 the primary tumor site. SHMT2 knockdown significantly impaired the growth of 4175-LM
392 cells in the mammary fat pads of immunodeficient mice (Fig. 4D, Supplementary Fig.
393 S6). For the second model, we induced breast cancer metastasis to the lung by
394 intravenous tail vein injection. Because 4175-LM cells express firefly luciferase (16), we

395 tracked tumor growth in the lung by bioluminescence imaging (BLI). Both BLI and
396 quantification of human GAPDH (hGAPDH) expression from resected mouse lungs
397 revealed a roughly two-fold reduction of lung tumor burden in mice injected with
398 shSHMT2 cells compared to shNT cells (Fig. 4E and F, Supplementary Fig. S7A). While
399 on average, shSHMT2 tumors had reduced human SHMT2 (hSHMT2) expression
400 compared to shNT tumors, some shSHMT2 tumors appeared to have reacquired
401 hSHMT2 expression (Supplementary Fig. S7B and C). These data suggest that SHMT2
402 is necessary for metastatic growth *in vivo*.

403 **Mitochondrial serine and 1C unit pathway genes are associated with more**
404 **aggressive metastatic disease in some human breast cancer patients**

405 To further explore the relevancy of mitochondrial one-carbon unit metabolism in human
406 breast cancer metastasis, we examined the expression of SHMT1, SHMT2, MTHFD2,
407 and MTHFD1L in the METABRIC dataset of human breast cancer patients (21). We
408 retrospectively inferred metastatic recurrence in patients by examining the frequency of
409 disease-specific survival (DSS) up to 20 years. Patients were separated into two groups
410 based on the maxstat algorithm (see Materials and Methods). Patients with high SHMT2
411 expression were significantly more likely to succumb to metastatic recurrent disease,
412 while patients with high expression of the cytosolic isozyme SHMT1 were significantly
413 protected from metastatic relapse (Fig. 5A, Supplementary Fig. S8). Using three
414 different breast cancer subtype clustering analyses based on gene expression (PAM50,
415 IC10, SCMOD2), we classified the MDA-MB-231 cell line as basal, IC4 (copy number
416 flat), and ER⁻Her2⁻ (20,21). We have previously described IC4 as consisting of a mixture
417 of ER⁻ tumors with lymphocytic infiltration and ER⁺ tumors with abundant stroma.

418 Accordingly, further analysis of the IC4 patient subgroup following adjustment for
419 covariates of age, grade, size, number of lymph nodes, ER, PR and Her2 status
420 revealed a significant association of MTHFD1, MTHFD1L, MTHFD2, and SHMT2
421 expression with worse survival and SHMT1 expression with better survival (Fig. 5B).
422 Finally, we stained a tissue microarray panel of human breast invasive ductal carcinoma
423 and matched lymph node metastases and found significantly higher expression of
424 SHMT2 in metastatic cancer cells comparing to the primary tumors (Fig. 5C and D).
425 Together, these data suggest that SHMT2 and other mitochondrial 1C unit pathway
426 enzymes may be used as prognostic markers that indicate worse patient outcome, while
427 cytosolic SHMT1 expression may indicate better survival rate in the IC4 patient
428 subgroup.

429 **Relevance of SHMT2 expression in the progression and aggressiveness of other** 430 **cancer types**

431 To evaluate the contribution of mitochondrial 1C unit metabolism to the progression of
432 other cancer types, we queried SHMT2 expression in TCGA datasets through the
433 UALCAN portal (24). In addition to breast invasive carcinoma (BRCA), we identified
434 adrenocortical carcinoma (ACC), head and neck squamous cell carcinoma (HNSC),
435 kidney chromophobe cell carcinoma (KICH), and kidney renal papillary cell carcinoma
436 (KIRP) as cancer types in which SHMT2 expression progressively increased as a
437 function of stage (Fig. 6). Notably, gain of SHMT2 expression in BRCA and HNSC
438 tended to occur early on in cancer progression, whereas in KICH, SHMT2 upregulation
439 may occur only during the very late stage. A few cancer types such as mesothelioma
440 (MESO) and ovarian serous cystadenocarcinoma (OV) showed the opposite trend: a

441 progressive loss of SHMT2 expression with increasing cancer stage (Supplementary
442 Fig. 9). Collectively, these data present the possibility that there exist additional cancer
443 types in which mitochondrial 1C unit metabolism promotes progression and
444 aggressiveness.

445 **Discussion**

446 For breast cancer, common metastatic sites include the brain, bone, liver, and lung. At
447 the cellular level, the original heterogeneous population of cancer cells from the primary
448 tumor undergo a selection process whereby those clones with alterations (carrying both
449 genetic lesions and epigenetic modifications) favoring fitness and plasticity are enriched.
450 These adaptations, in turn, equip cells with the ability to withstand standard treatments
451 such as chemotherapy and radiation therapy, ultimately leading to cancer progression
452 and metastatic recurrence (40). While many previous studies have elucidated a role for
453 molecular processes such as epithelial to mesenchymal transition and invasion and
454 migration of cancer cells, our understanding of how metabolic pathway alterations
455 shape metastatic growth is still limited. It is important to note that the MDA-MB-231 cells
456 we studied were isolated from a pleural population that already metastasizes well *in vivo*.
457 Our metabolomics profiling of the even more highly metastatic triple-negative breast
458 cancer subclones suggested alterations in both glycolysis and the TCA cycle during the
459 late stages of cancer progression, consistent with findings from other groups of
460 heightened mitochondrial metabolism in metastatic cells (2,3,5,6). We further
461 discovered elevated catabolism of serine in the mitochondria of our metastatic
462 subclones. A previous study in isogenic murine 4T1 breast cancer cell lines found that
463 transformed cells showed higher levels of nucleotides than nontransformed cells, and

464 that “more metastatic” lines had even more nucleotides than “less metastatic” ones (1).
465 In contrast, we found lower levels of free purines in metastatic variants of human MDA-
466 MB-231 cell lines compared to the parental population (Fig. 1B). This discrepancy may
467 be attributed to different oncogenic contexts in 4T1 cells versus MDA-MB-231 cells or
468 inherent differences in purine metabolism between murine and human cells. Due to the
469 difficulty of obtaining pure metastatic tumor tissue from *in vivo* studies, the metabolomic
470 analysis were performed using established cell lines *in vitro*. Microenvironmental factors
471 from metastatic niche, such as hypoxia and nutrient starvation, also regulate cancer cell
472 metabolism. Since mitochondrial 1C unit metabolism can utilize both NAD^+ and NADP^+ ,
473 cancer cells with upregulation of mitochondrial 1C unit metabolism may gain metabolic
474 flexibility to sustain proliferation under stress conditions. When cells engage active
475 respiration, the mitochondrial 1C unit pathway can utilize NAD^+ to generate 1C units;
476 under hypoxia or starvation conditions, when the NAD^+/NADH ratio decreases, elevated
477 mitochondrial ROS leads to an increased $\text{NADP}^+/\text{NADPH}$ ratio, which can also drive the
478 1C unit pathway and purine synthesis. Further investigations comparing the metabolic
479 profile changes under these stress conditions may provide more insight into potential
480 links between metabolic stresses and the evolution of metastatic cancer cells.

481 The role of serine in cancer growth has drawn increasing interest over the years
482 ever since the identification of PHGDH amplifications in melanoma and breast cancer
483 (9,10). A variety of mechanisms have been proposed to explain why increased serine
484 synthesis and serine catabolism could promote tumorigenesis, including rerouting
485 glucose carbon flux, maintenance of compartment-specific $\text{NAD(P)}^+/\text{NAD(P)H}$ ratios,
486 and the control of metabolites such as acetyl-coA, α -ketoglutarate, or 2-

487 hydroxyglutarate (12,41,42). Moreover, a previous study had implicated SHMT2 and a
488 neutral amino acid importer of serine and glycine (ASCT2) as prognostic biomarkers for
489 breast cancer (43). Our study is the first to directly evaluate the therapeutic potential of
490 targeting SHMT2 in metastatic breast cancer using both genetic and pharmaceutical
491 approaches. Intriguingly, genetic knockdown of SHMT2 strongly inhibited the
492 proliferation of metastatic cells, while treatment with a dual SHMT1/SHMT2 inhibitor
493 suppressed proliferation of both parental and metastatic subclones. This discrepancy
494 may be explained by prior observations that while MDA-MB-231 cells preferentially
495 utilize the mitochondrial pathway for 1C unit production, inhibition of individual
496 mitochondrial enzymes can lead to a switch to the cytosolic pathway (36). We thus
497 speculate that 231-Parental cells may be more adept at switching to cytosolic serine
498 catabolism, and for reasons still unclear, the metastatic subclones are less flexible.
499 Consistent with observations in colon cancer xenografts (36), SHMT2 knockdown in the
500 lung metastatic subclone slowed, but not completely suppressed, tumor growth in the
501 mammary fat pad and lung. In addition, we found that in the IC4 subset of human breast
502 cancer patients, the expression of mitochondrial one-carbon unit enzymes is positively
503 associated with more aggressive disease. Thus, interrogating the expression status of
504 mitochondrial one-carbon unit enzymes through transcriptional or proteomic methods
505 holds prognostic value in the metastatic setting, and warrants the need for further
506 development of drugs that selectively inhibit serine catabolism for treating the
507 metastasis of triple-negative breast cancer.

508 What causes the upregulation of mitochondrial serine catabolic flux in highly
509 metastatic cancer cells? We provide evidence that a crucial oncogenic event promotes

510 the ability of metastatic breast cancer subclones to catabolize serine faster than
511 parental cells: c-Myc activation. c-Myc overexpression is known to be associated with
512 up to 40% of breast cancers, with hyperactive c-Myc enriched particularly in the basal-
513 like subtype (27,44). These observations are consistent with our findings of the MDA-
514 MB-231 cell line as basal-like and its metastatic subclones expressing even higher
515 levels of c-Myc than the parental population (Fig. 2A). We found that c-Myc was
516 required for the maintenance of the mitochondrial serine and 1C unit pathway genes
517 MTHFD2 and MTHFD1L, consistent with previous reports that c-Myc supports
518 serine/glycine metabolism at the transcriptional level in other cell types (32,33). These
519 results suggest a model for breast cancer metastasis in which a small fraction of c-
520 Myc^{high} expressing cells from the primary tumor acquire the ability to upregulate serine
521 catabolism to fuel growth in metastatic tissue sites. Alternatively, high c-Myc expression
522 and the linked ability to upregulate serine catabolism may be intrinsic properties of
523 stem-like metastasis-initiating cells that are enriched in breast cancer cell populations
524 selected for high metastatic activity in mice. As one of the key oncogenic transcription
525 factors, there is increasing evidence that c-Myc plays multiple roles during the
526 metastatic process. c-Myc knockdown reduces invasion and migration of MDA-MB-231
527 cells (30). Moreover, a recent study corroborated our findings of elevated c-Myc levels
528 in brain-metastatic derivatives of human breast cancer cells and demonstrated its
529 necessity for the invasive growth of brain metastases (45). Our study highlights the role
530 of c-Myc in enhancing 1C unit pathway activity and proliferation, which is also important
531 for metastatic growth. Since SHMT2 expression was not reduced by c-Myc shRNA, it is
532 likely that other tumor-promoting factors, such as ATF4 and NRF2, also play important

533 roles in late stage cancer progression by modulating 1C unit metabolism. Intriguingly, a
534 recent report showed that TGF- β signaling induces the expression of SHMT2 (46).
535 Given the critical role of TGF- β in promoting metastasis (47,48), it may be interesting to
536 further investigate whether serine and 1C unit pathway metabolic reprogramming is
537 controlled by TGF- β signaling in metastatic subpopulations of human breast cancer
538 cells.

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543 **Authors' Contributions**

544 **Conception and design:** A.M. Li, J. Ye, C.B. Thompson, J. Massagué

545 **Development of methodology:** A.M. Li, G.S. Ducker, Y. Li, J.A. Seoane, Y. Xiao, S.
546 Melemenidis, E.E. Graves, E. B. Rankin, C. Curtis, J. Ye

547 **Acquisition of data (provided animals, acquired and managed patients, provided
548 facilities, etc.):** A.M. Li, G.S. Ducker, Y. Li, Y. Xiao, S. Melemenidis, Y. Zhou, L. Liu, J.
549 Ye

550 **Analysis and interpretation of data (e.g., statistical analysis, biostatistics,
551 computational analysis):** A.M. Li, G.S. Ducker, J.A. Seoane, C. Curtis, J. Massagué,
552 J.D. Rabinowitz, C.B. Thompson, J. Ye

553 **Writing, review, and/or revision of the manuscript:** A.M. Li, G.S. Ducker, Y. Li, J.A.
554 Seoane, S. Melemenidis, S. Vanharanta, E.E. Graves, E.B. Rankin, C. Curtis, J.
555 Massagué, J.D. Rabinowitz, C.B. Thompson, J. Ye

556 **Study supervision:** C.B. Thompson, J. Ye

557 **Other (provided cell lines and plasmids):** S. Vanharanta, J. Massagué

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685

686 **Figure Legends**

687 **Figure 1.** Metastatic breast cancer subclones display an altered metabolic profile. **(A)**
688 Schematic of targeted metabolomics workflow. Brain (831-BrM), bone (1833-BoM), and
689 lung (4175-LM) metastatic subclones from tissue-tropic subpopulations were generated
690 following IV injection of a parental population of MDA-MB-231 (231-Parental) cells into
691 the tail vein or heart. Stable cell lines were passaged in culture prior to metabolite
692 extraction for LC-MS/MS. **(B)** LC-MS profile of the 231-Parental, 831-BrM, and 1833-
693 BoM cell lines. Cell lines were plated in biological triplicates prior to metabolite

694 extraction. Signals were normalized to the mean signal of each metabolite across all
695 samples, log₂ transformed, and clustered.

696 **Figure 2.** c-Myc drives proliferation in metastatic breast cancer cell subclones. **(A)** IB for
697 c-Myc from whole-cell extracts of parental and metastatic subclones. **(B)** Proliferation of
698 parental cells and metastatic subclones over 3 days (mean ± SD, n = 3). **(C)** 3 day
699 proliferation of 231-Parental, 831-BrM, 1833-BoM, and 4175-LM cells expressing either
700 a nontargeting (shNT) or c-Myc targeting (shMyc) vectors. (mean ± SD, n = 3).

701 **Figure 3.** The mitochondrial serine and one-carbon unit pathway is upregulated in
702 metastatic breast cancer subclones. **(A)** Schematic of the cytosolic and mitochondrial
703 serine and one-carbon unit pathway. **(B)** qPCR for serine and one-carbon unit pathway
704 genes (mean ± SD, n = 3, *P < 0.05 **P < 0.01 ***P < 0.001 ****P < 0.0001 by two-tailed
705 Student's t test, compared to expression in parental cells). **(C)** IB for serine and one-
706 carbon unit pathway enzymes from whole-cell extracts of parental cells and metastatic
707 subclones. **(D)** Schematic diagram of incorporation of ²H (D) from [2,3,3-²H]serine onto
708 glycine, one-carbon units, and purines. **(E)** SHMT flux estimated by relative abundance
709 of labeled glycine from serine (mean ± SD, n = 3, **P < 0.01 by two-tailed Student's t
710 test). **(F)** Fractional labeling of [2,3,3-²H]serine onto GTP and ATP (mean ± SD, n = 3,
711 *P < 0.05 **P < 0.01 ***P < 0.001 by two-tailed Student's t test).

712 **Figure 4.** Metastatic subclones are particularly sensitive to SHMT2 inhibition. **(A)** 3 day
713 proliferation of 231-Parental, 831-BrM, 1833-BoM, and 4175-LM cells expressing either
714 a nontargeting (shNT) or SHMT2 targeting (shSHMT2) vectors. Relative proliferation
715 was calculated relative to average proliferation of shNT cells (mean ± SD, n = 3). **(B)** IB
716 for SHMT2 in parental and metastatic subclones. **(C)** 3 day proliferation of parental and

717 metastatic cells with 2 μ M SHIN1, in RPMI with or without 2 mM formate and dialyzed
718 FBS (mean \pm SD, n = 3, ***P < 0.001 ****P < 0.0001 by two-tailed Student's t test).
719 Counts were normalized to the proliferation of 231-Parental cells in media without
720 SHIN1 and formate treatment. **(D)** Growth of 4175-LM shNT and shSHMT2 tumors in
721 the mammary fat pad of nude mice (mean \pm SEM, n = 8, **P < 0.01 by two-tailed
722 Student's t test). **(E)** Quantification of luminescence signal in the lungs of mice 3 weeks
723 post injection of either 4175-LM shNT or shSHMT2 cells (mean \pm SEM, **P < 0.01 by
724 two-tailed Student's t test, shNT;n = 8 shSHMT2;n = 7). **(F)** qPCR analysis of hGAPDH
725 expression in the lungs of mice 4 weeks post injection of either 4175-LM shNT or
726 shSHMT2 cells (mean \pm SEM, *P < 0.05 by two-tailed Student's t test, shNT;n = 6
727 shSHMT2;n = 7).

728 **Figure 5.** Mitochondrial serine and one-carbon unit pathway enzyme expression
729 correlates with poor survival in human breast cancer. **(A)** Kaplan-Meier plot for SHMT1
730 (left) and SHMT2 (right) expression associated with disease-specific survival (DSS) in
731 the human IC4 patient subgroup (METABRIC). **(B)** Forest plot for the hazard of
732 individual 1C unit pathway genes adjusted for covariates (age, grade, size, number
733 of lymph nodes, ER, PR and Her2 status) in the IC4 subgroup (n=343). **(C)**
734 Representative SHMT2 staining (at 40x) of human breast invasive ductal carcinoma and
735 matched metastatic carcinoma tissue samples (LN = lymph node). **(D)** Quantification of
736 SHMT2 intensity by IHC in metastatic lesions compared to primary tumors (mean \pm SD,
737 n = 33 per group, *P < 0.05 by two-tailed Student's t test).

738 **Figure 6. SHMT2 expression increases with stage in various cancers.** Box plots
739 depicting the average expression level (transcripts per million) of SHMT2 in normal

740 tissue (N) and as a function of cancer stage (stage 1 = S1; stage 2 = S2; stage 3 = S4;
741 stage 4 = S4). Statistically significant differences between pairwise comparisons are
742 highlighted in red. Abbreviations for cancer types are explained as follows: ACC
743 (adrenocortical carcinoma), BRCA (breast invasive carcinoma), HNSCC (head and neck
744 squamous cell carcinoma), KICH (kidney chromophobe carcinoma), KIRP (kidney renal
745 papillary cell carcinoma).

746

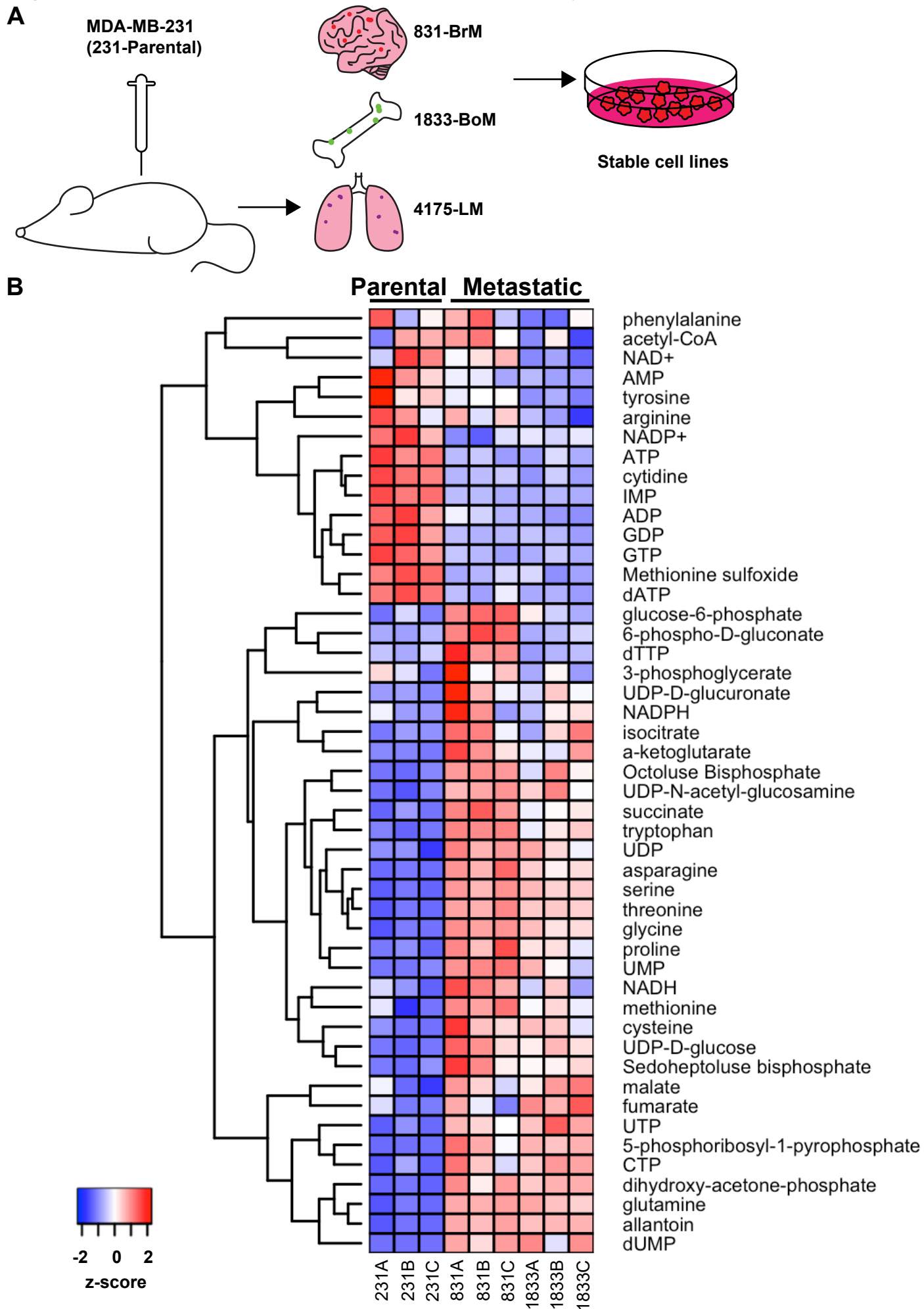
Figure 1. Metastatic breast cancer subclones display an altered metabolic profile.

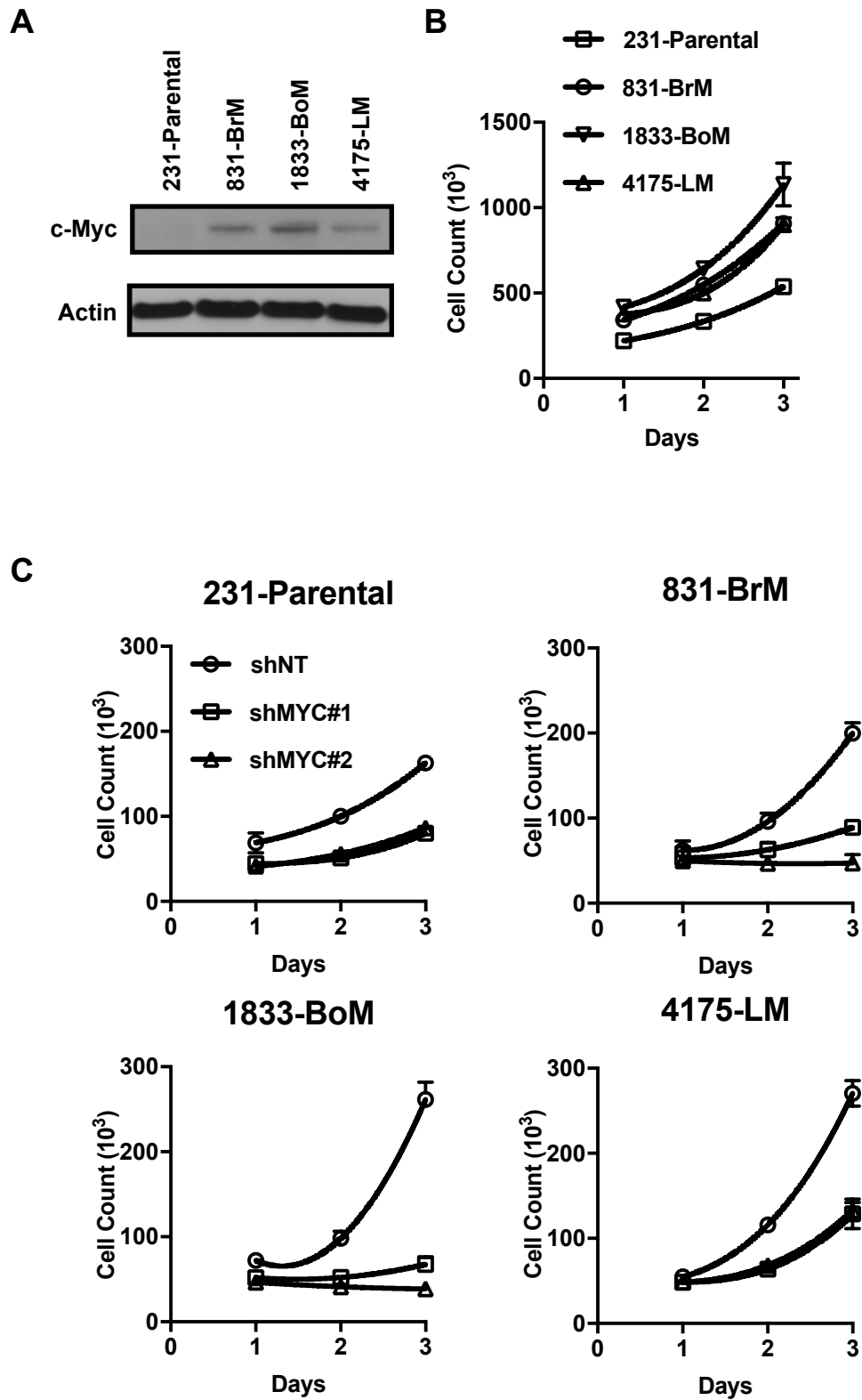
Figure 2. c-Myc drives proliferation in metastatic breast cancer subclones.

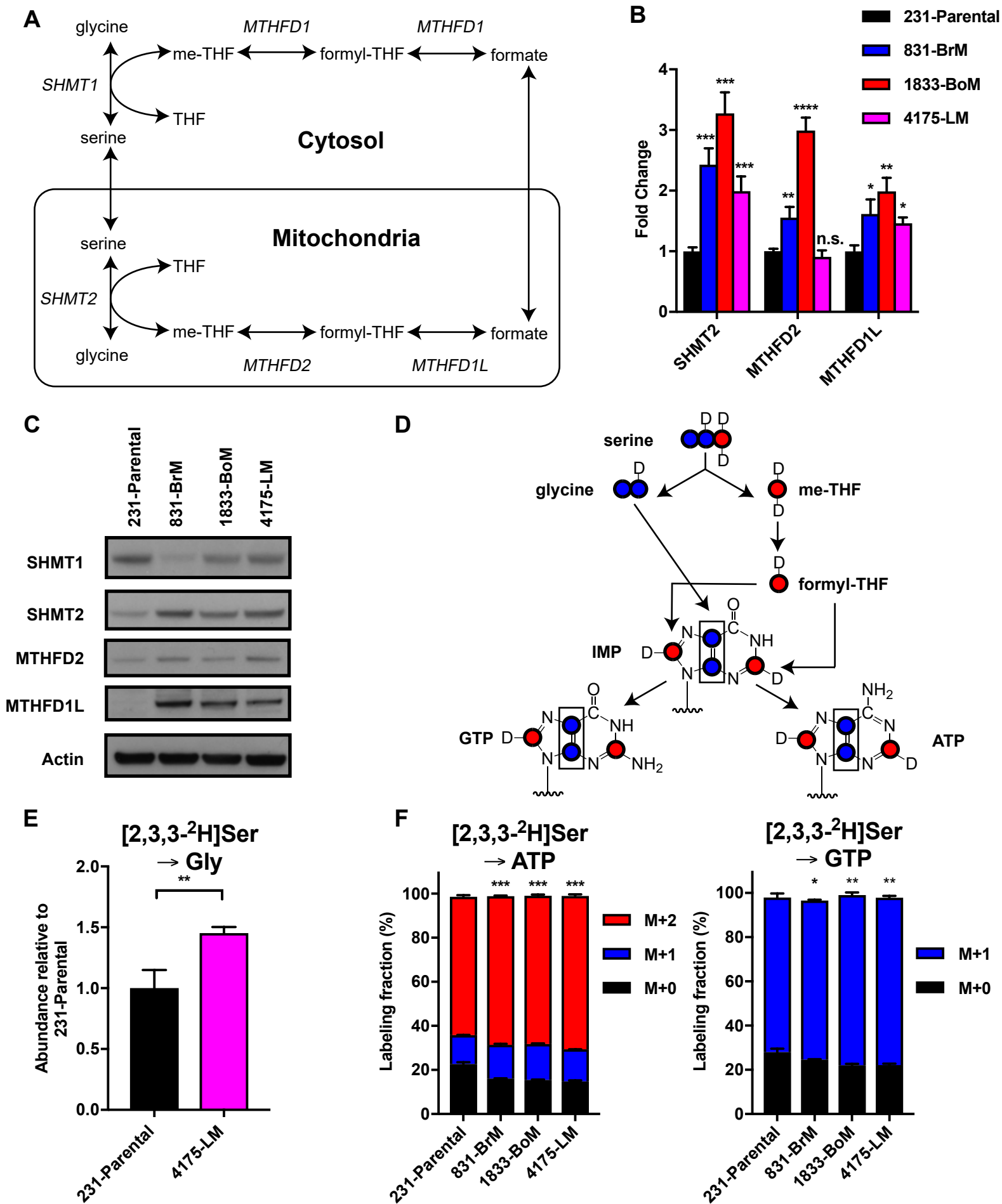
Figure 3. The mitochondrial serine and one-carbon unit pathway is upregulated in metastatic breast cancer subclones.

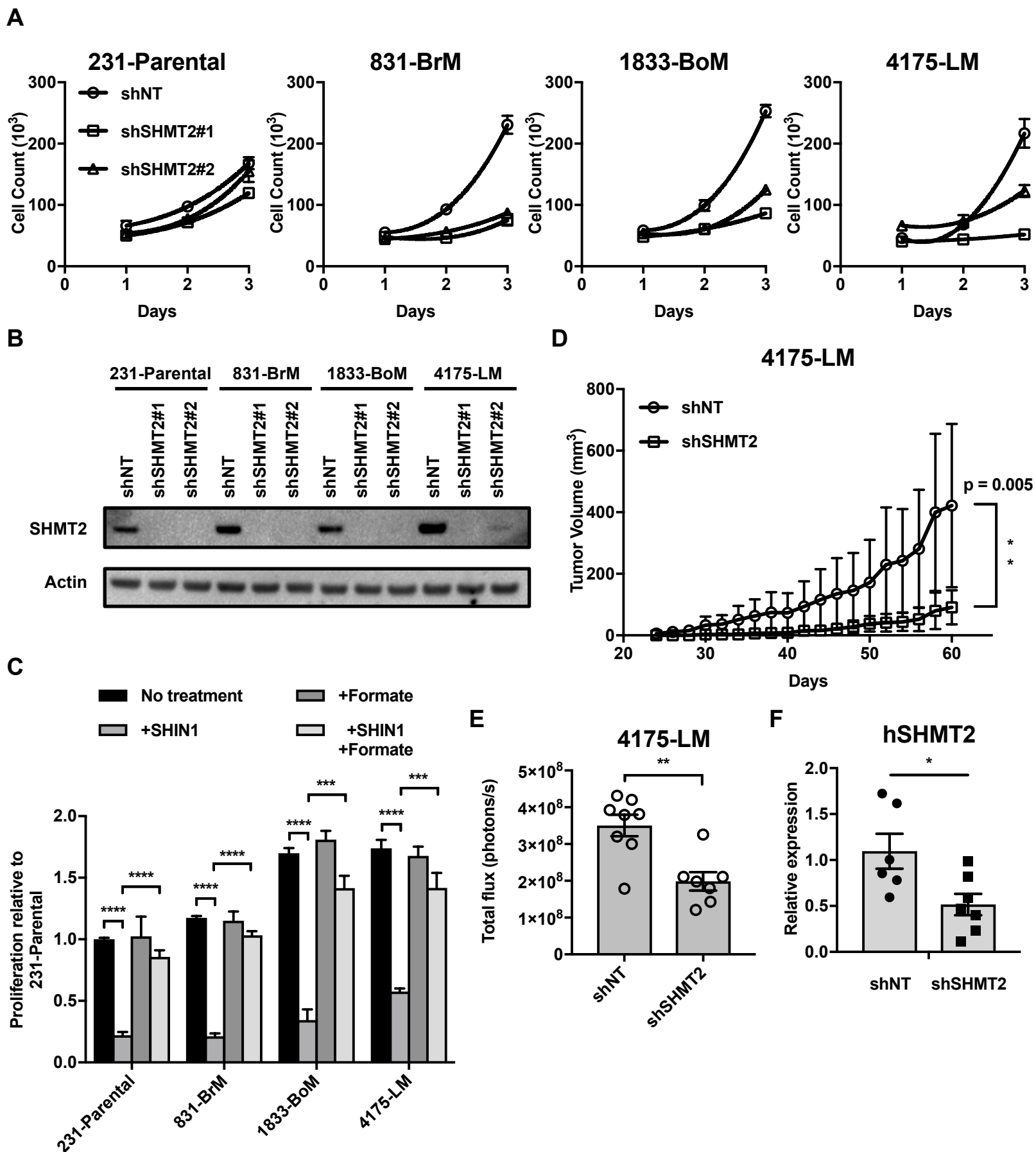
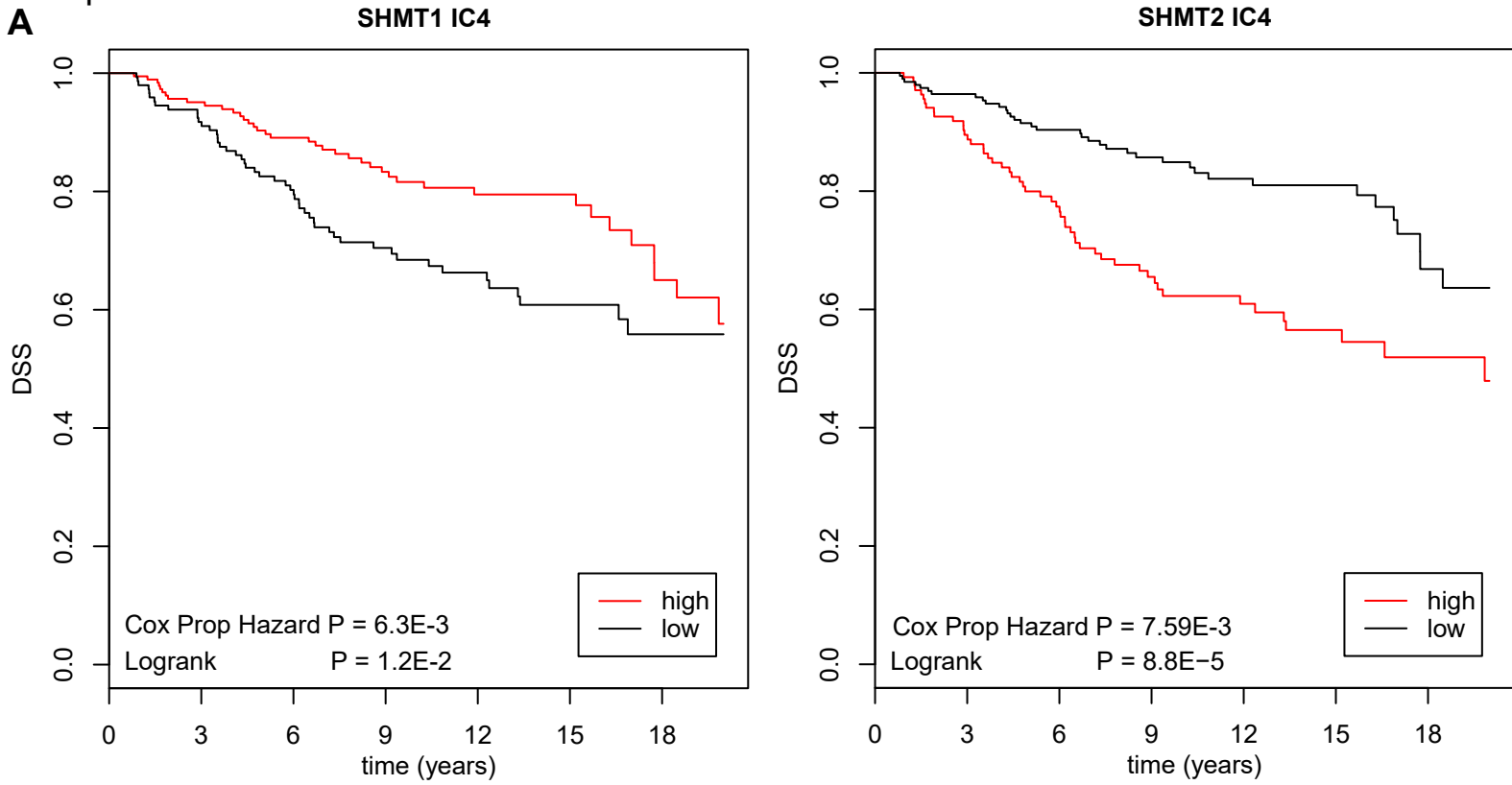
Figure 4. Metastatic subclones are particularly sensitive to SHMT2 inhibition.

Figure 5. Mitochondrial serine and one-carbon unit pathway enzyme expression correlates with poor survival in human breast cancer.



No. At Risk

high	191	161	140	103	68	45	22
low	148	132	104	73	53	38	16

No. At Risk

high	139	114	90	63	44	30	16
low	200	179	154	113	77	53	22

B

Gene	Probe	p-value
MTHFD1	ILMN_1785324	0.35
MTHFD1L	ILMN_1772521	0.0219
MTHFD1L	ILMN_1807696	0.509
MTHFD1L	ILMN_1692924	0.8
MTHFD2	ILMN_2405521	0.00252
MTHFD2	ILMN_1674706	0.00582
MTHFD2	ILMN_2293322	0.601
SHMT1	ILMN_1743784	0.00633
SHMT1	ILMN_1811933	0.0119
SHMT1	ILMN_2402463	0.508
SHMT2	ILMN_1661264	0.00759

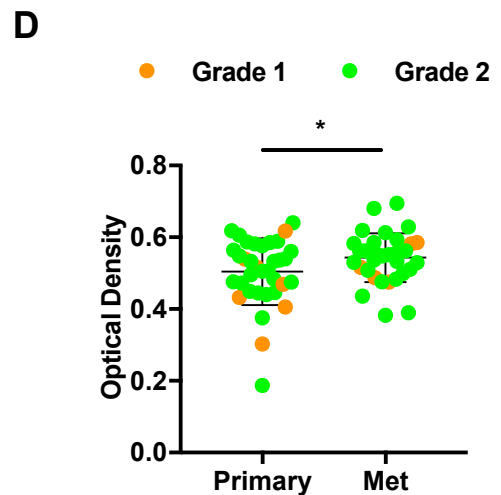
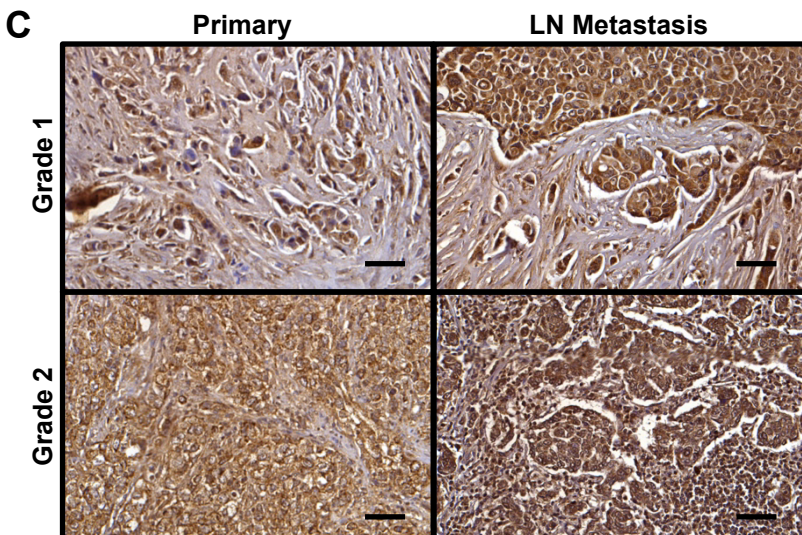
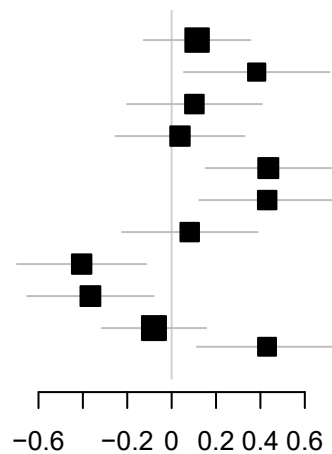


Figure 6. SHMT2 expression increases with stage in various cancers.

