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# **OPTIMIZATION AND VERIFICATION OF THE METHOD FOR DETERMINING THE ANTIOXIDANT ENZYME CATALASE IN VITRO**

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*MatCatNet - International Master and Postgraduate Programme in Material Science and Catalysis*



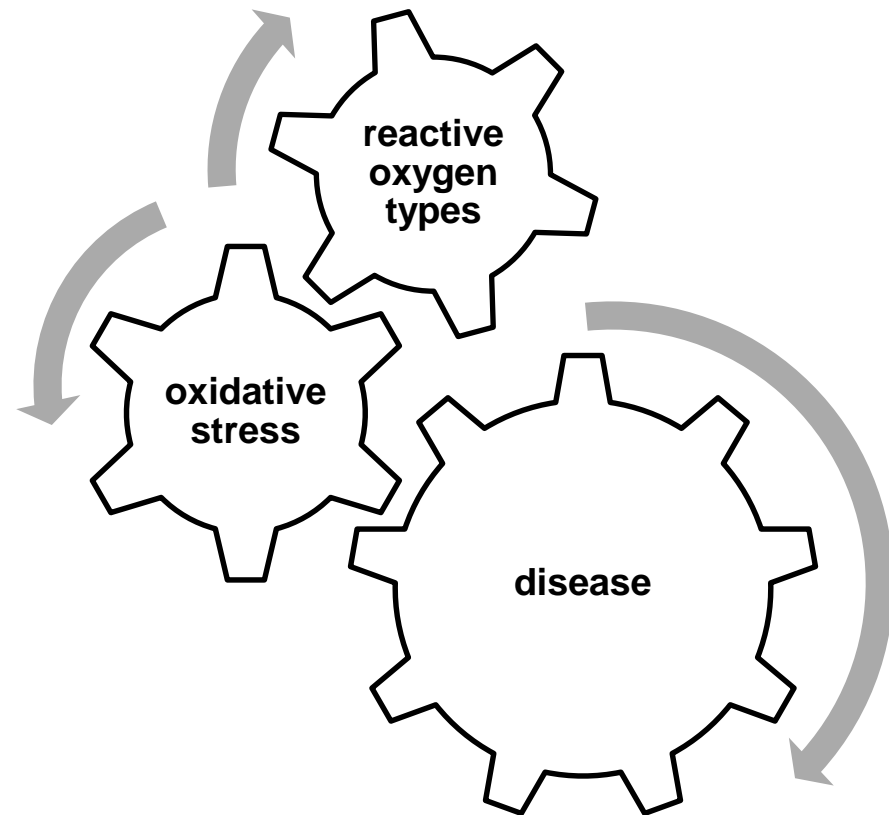
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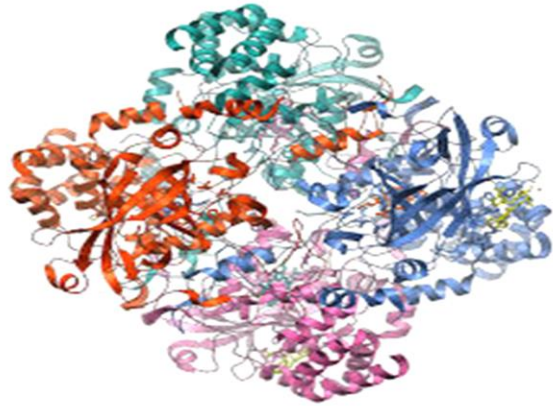
The oxidative stress is unavoidable consequence on aerobic life. The organism constantly controls the presence on pro-oxidants and antioxidants. The balance between them is closely regulated and that is very important for keeping the vital cell functions

The cell is exposed on attacks from different external and internal forms on reactive oxygen types. The hydrogen peroxide is compound in the biosphere which is one of the most common reactive oxygen types

The hydrogen peroxide is present in the environment as nus-product from anaerobic metabolism, respiratory and photosynthetic electron transport chains or such as product from enzymatic activity on oxidases



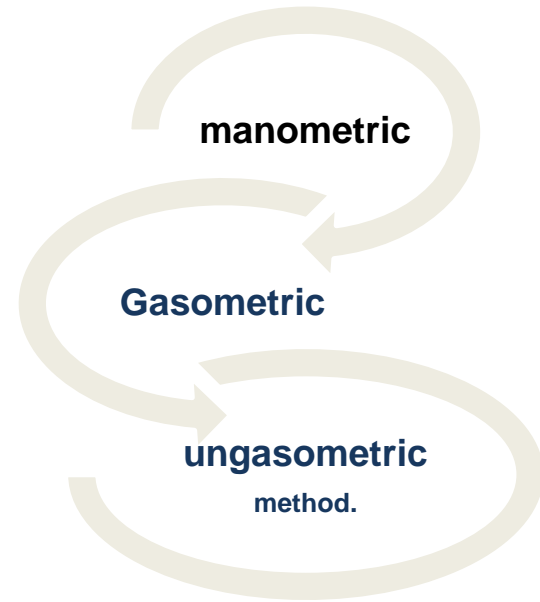
On the other side, an antioxidant enzyme catalase is well studied because of its important function in cell protection from the potentially toxic effects of hydrogen peroxide.



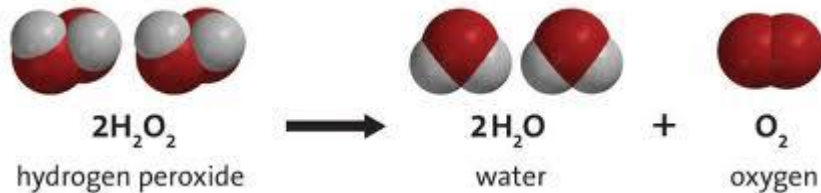
**Three-dimensional structure  
of the enzyme catalase**

**Dysfunctional catalase in  
the body may cause a  
disease that is called  
*acatalasemia or takahara.***

There are a few published methods for measuring the catalase activity in different tissues and organs. The determination on catalase activity can be made by



Determine the activity on erithroid catalase in hemolysate on 25 °C with Aebi, 1984 method.



The speed on decomposition on the supstrat - hydrogen peroxide ( $\text{H}_2\text{O}_2$ ), spectrophotometric method, on wavelength on 240nm during 30s

# Materials and method

**Erythrocyte  
catalase activity  
in erythrocyte  
lysate**

**The activity of erythrocyte  
catalase (CAT) was measured  
in the erythrocyte lysate UV-  
VIS spectrophotometer**



**23 healthy  
volunteers**

- ✓ **Department of Occupational Medicine in the Institute of Public Health of the Republic of Macedonia**
- ✓ **Specific exclusion criteria considered for the study were the presence of liver dysfunction, diabetes mellitus, heart failure or renal failure; oral antioxidant supplementation at the moment of the enrollment**

**The method was  
optimized in order to  
achieve**

**- the optimal sample dilution**

**- Optimal time point for measuring  
the decrease in the absorbance  
due to the substrate  
decomposition**

**Table 1. Preparation on working standard solutions on catalase**

<b>Concentration of standards</b>	<b>Volume of stock solution 2 (0,5 KU/ ml)</b>	<b>Volume of water</b>
<b>0,01 KU/ ml</b>	<b>0,1 ml</b>	<b>ad 5 ml</b>
<b>0,02 KU/ ml</b>	<b>0,2 ml</b>	<b>ad 5 ml</b>
<b>0,03 KU/ ml</b>	<b>0,3 ml</b>	<b>ad 5 ml</b>
<b>0,04 KU/ ml</b>	<b>0,4 ml</b>	<b>ad 5 ml</b>
<b>0,05 KU/ ml</b>	<b>0,5 ml</b>	<b>ad 5 ml</b>

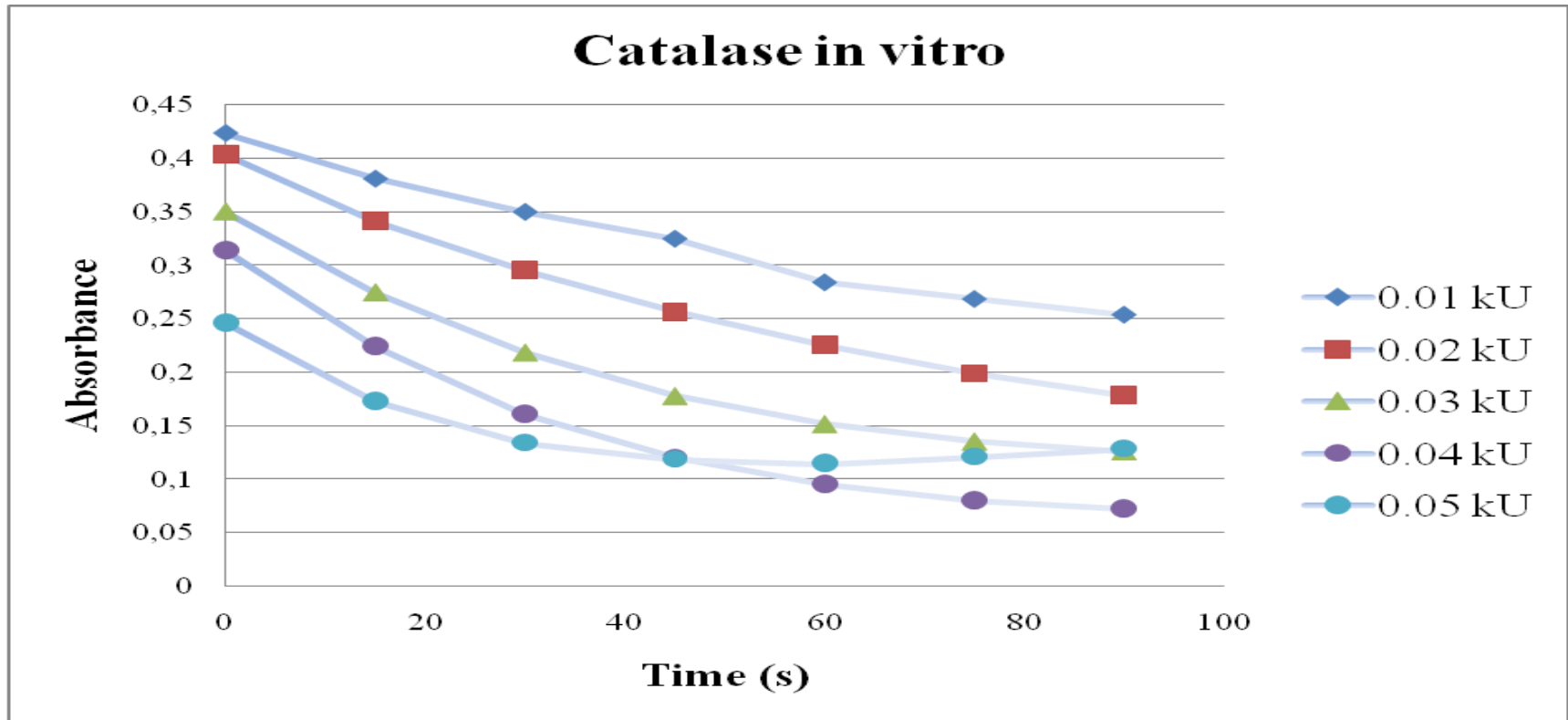
**After we prepared the working standard solutions on catalase we have measured activity on working standard solutions on catalase after 0, 15, 30,45,60,75 and 90 s.**

**Table 2. Measured activity on working standard solutions on catalase after 0,15s, 30s, 45s, 60s, 75s и 90s.**

<b>Time (s)</b>	<b>0,01 KU</b>	<b>0,02 KU</b>	<b>0,03 KU</b>	<b>0,04 KU</b>	<b>0,05 KU</b>
<b>0</b>	<b>0,4237</b>	<b>0,4039</b>	<b>0,3501</b>	<b>0,3147</b>	<b>0,2471</b>
<b>15</b>	<b>0,3812</b>	<b>0,3415</b>	<b>0,2747</b>	<b>0,2247</b>	<b>0,1732</b>
<b>30</b>	<b>0,3502</b>	<b>0,2956</b>	<b>0,2185</b>	<b>0,1613</b>	<b>0,1343</b>
<b>45</b>	<b>0,3252</b>	<b>0,2565</b>	<b>0,178</b>	<b>0,1203</b>	<b>0,1186</b>
<b>60</b>	<b>0,2845</b>	<b>0,2256</b>	<b>0,1519</b>	<b>0,0957</b>	<b>0,1147</b>
<b>75</b>	<b>0,269</b>	<b>0,199</b>	<b>0,1356</b>	<b>0,0802</b>	<b>0,121</b>
<b>90</b>	<b>0,2544</b>	<b>0,1785</b>	<b>0,1264</b>	<b>0,0724</b>	<b>0,1287</b>



**Figure 1. Measured activity on working standard solutions on catalase after 0,15s, 30s, 45s, 60s, 75s и 90s.**



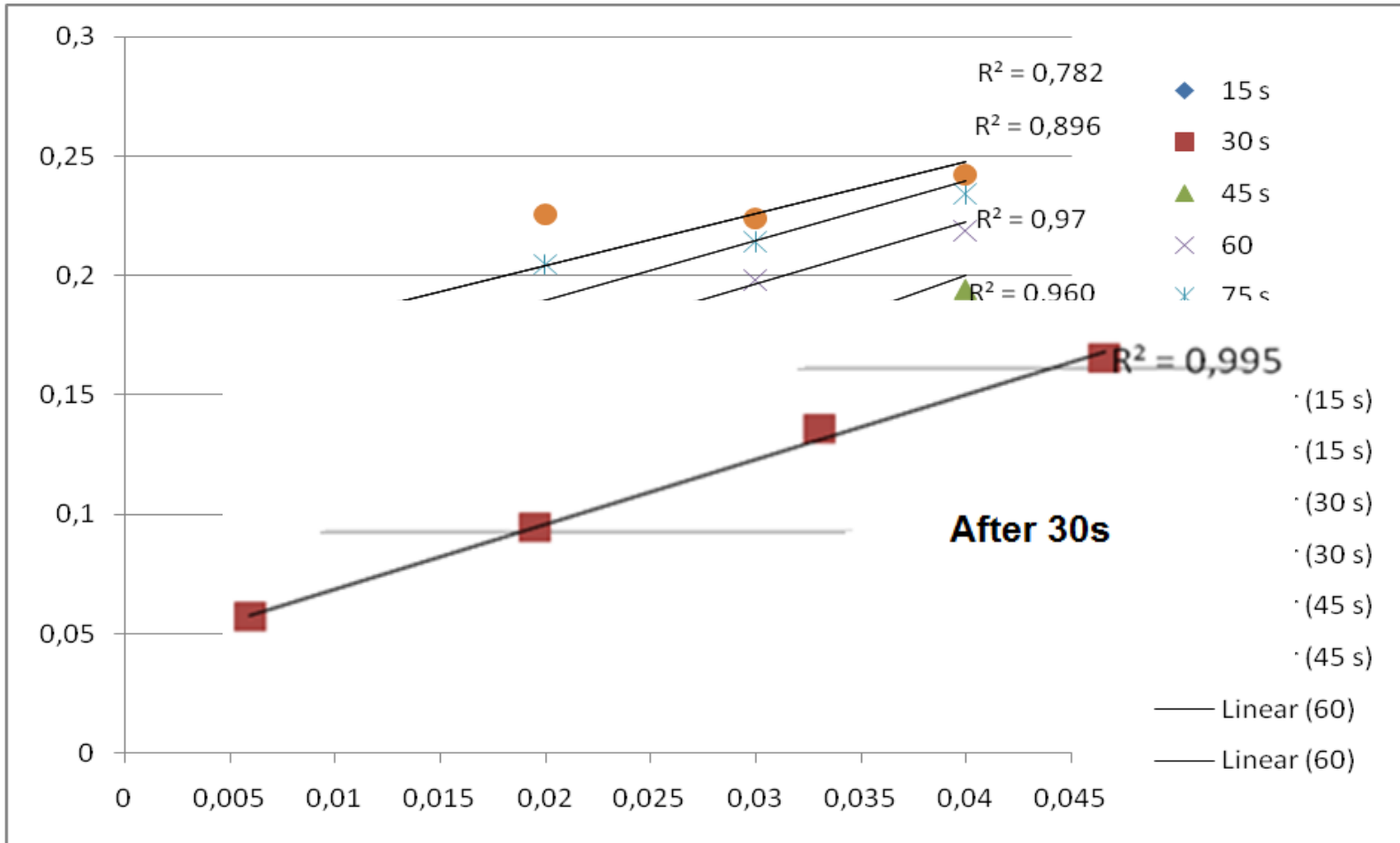
The decomposition of hydrogen peroxide as a substrate is proportional to the standard solutions of catalase concentration to 0,04 kU, while linearity was not demonstrated for a standard solution of 0,05 kU / ml.

In order to select the optimum time for reading the reaction, the change in absorbance of the standard solutions was determined at the beginning of the reaction, after 15 s, 30 s, 45 s, 60 s, 75 s and 90 s.

**Table 3. Change in absorption on standard solutions**

	Change in absorption					
Conc. (KU/ ml)	0 - 15 s	0 - 30 s	0 - 45 s	0 - 60 s	0 - 75 s	0 - 90 s
0,01	0,0425	0,0735	0,0985	0,1392	0,1547	0,1693
0,02	0,0624	0,101	0,1474	0,1783	0,2049	0,2254
0,03	0,0754	0,1316	0,1721	0,1982	0,2145	0,2237
0,04	0,09	0,1534	0,1944	0,219	0,2345	0,2423

**Figure .2 Change in absorption on standard solutions**

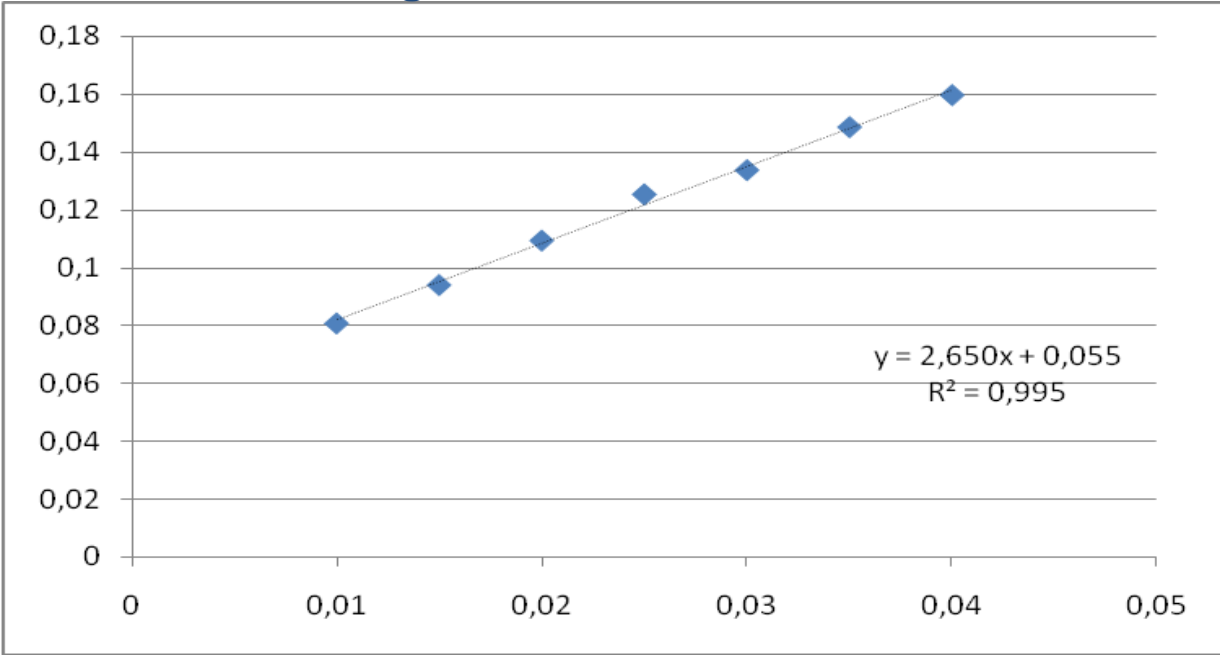


As we obtained the best correlation factor when measuring the decomposition of hydrogen peroxide 30 s after the initiation of the reaction ( $R^2 = 0.995$ ), we chose to measure the change in absorbance in two time points, immediately and 30 s after addition of the substrate in the reaction mixture

**Table 4. Constructing a standard curve for catalase**

Standard solution	Cocentration (KU/ml)	Change in Abs (30 s)
1	0,01	0,0807
2	0,015	0,094
3	0,02	0,1094
4	0,025	0,1254
5	0,03	0,1338
6	0,035	0,1487
7	0,04	0,1598

**Figure 3. Standard curve for catalase**



The choice of standard concentrations of catalase to construct a calibration curve was made on the basis of literary knowledge of the expected concentration / activity of catalase in the serum of healthy subjects

Number of patients	Change in Abs (30 s)	catalase (KU/ ml)
1	0.1034	90.7
2	0.1481	174.6
3	0.1261	133.4
4	0.1038	91.4
5	0.1133	109.3
6	0.1176	117.4
7	0.1135	109.6
8	0.1001	84.4
9	0.1244	130.1
10	0.1338	147.7
11	0.1511	180.3
12	0.1076	98.6
13	0.1174	117
14	0.1076	98.6
15	0.1181	118.3
16	0.0907	66.7
17	0.1044	92.5
18	0.0969	78.5
19	0.1073	98
20	0.088	61.8
21	0.1076	98.6
22	0.0997	83.7
23	0.1174	117
Mean value (KU/ ml)		108,6

Number of patients	Change in Abs (30 s)	Catalase (KU/ml)
1	0,1091	101.3
2	0,1283	137.4
3	0,1382	156
4	0,1106	104.3
5	0,1181	118.3
6	0,1207	123.2
7	0,1186	119.2
8	0,1079	99.1
9	0,1293	139.3
10	0,1230	127.5
11	0,1386	176.7
12	0,1129	108.5
13	0,1177	117.5
14	0,1250	131.2
15	0,1171	116.4
16	0,1089	101
17a	0,1118	106.5
18	0,0998	83.9
19	0,1008	85.9
20	0,0742	55.8
21	0,1266	104.3
22	0,0989	82.2
23	0,1338	117.7
Mean value (KU/ ml)		113.62



The t-test showed that the method is reproducible (there is no statistically significant difference in the results obtained in two consecutive days of measurement,  $p = 0,1643$ ).

# *Conclusion*

**The performance verification of the method was assessed through the determination of two parameters:**

- Linearity**
- Reproducibility**

**The results proved that the method is reproducible and linear in the concentration range of 0.01 KU/ml – 0.04 KU/ml.**

# Thank You for Your Attention!

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