

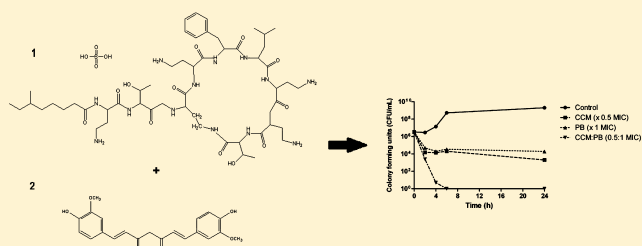
## In Vitro Antibacterial Activity of Curcumin–Polymyxin B Combinations against Multidrug-Resistant Bacteria Associated with Traumatic Wound Infections

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**ABSTRACT:** Bacterial infections resulting from nonsurgical traumatic wounds can be life threatening, especially those caused by multidrug-resistant (MDR) bacteria with limited therapeutic options. The antimicrobial activity of polymyxin B (1) and curcumin (2) alone and in combination was determined versus MDR bacterial isolates associated with traumatic wound infections. Cytotoxicity assays for 1 and 2 were undertaken in keratinocyte cell lines. Minimum inhibitory concentrations of 1 were significantly reduced in the presence of 2 (3- to 10-fold reduction), with synergy observed. Time–kill assays showed the combinations produced bactericidal activity. Cytotoxicity assays indicate the toxicity of 2 was reduced in the presence of 1.



Complicated bacterial infections resulting from nonsurgical traumatic wounds and/or burns arise rapidly due to the loss/penetration of the natural barrier, the skin, and can be life threatening. These infections are commonly caused by bacteria such as *Staphylococcus aureus*, *Streptococcus pyogenes*, vancomycin-resistant *Enterococci*, *Pseudomonas aeruginosa*, and *Escherichia coli*.<sup>1</sup> An increasing number of these infections are caused by multidrug-resistant (MDR) strains, which can lead to longer hospital stays, increased financial burden, and higher rates of morbidity and mortality.<sup>2</sup> Multidrug resistance has led to the use of “last line” antibiotics such as carbapenems or older antibiotics such as polymyxins, which can produce renal toxicity.<sup>3</sup> Increased resistance to carbapenems is also increasing due to emergence and rapid dissemination of carbapenemase-producing strains.<sup>4</sup> Several studies report limited therapeutic options to treat MDR bacterial infections.<sup>5–7</sup> Physicians often use unorthodox antibiotic combinations to increase the efficacy of treatment.<sup>8</sup>

Like colistin, 1 is a cyclic polypeptide antibiotic, with antibacterial activity against Gram-negative bacteria such as *Acinetobacter baumannii*, *P. aeruginosa*, *E. coli*, and *Klebsiella pneumoniae* and has been used topically for many years for the treatment of skin infections. In 1956, it was used in combination with B-bacitracin-neomycin as an effective antimicrobial ointment against a variety of micro-organisms.<sup>9</sup> 1 has also been used in selective decontamination regimes to suppress the growth of Enterobacteriaceae.<sup>10</sup> Like colistin (polymyxin E), 1 has seen increased use to treat Gram-negative bacterial infections, due to the emergence of resistance to antibiotics such as carbapenems.<sup>11</sup> However, increased resistance to polymyxins has emerged,<sup>12</sup> which is likely due

to their revival in clinical settings and continued agricultural use. The recent discovery of the mobile colistin resistance gene (MCR-1) in humans and animals has increased the concern of the future efficacy of polymyxins.<sup>13</sup>

One possible solution would be to use 1 in combination with the phenolic compound curcumin (2). 2 is a major component of the spice turmeric from the plant *Curcuma longa* Linn. and has been used as a natural antimicrobial in Asia for many years. Previous work has shown 2 to be an effective antimicrobial agent against various human pathogens.<sup>14,15</sup> It has also been previously recognized for its ability to prevent oxidative stress in skin cells and for its potential to aid in wound healing.<sup>16</sup> Moreover, studies have reported the ability of 2 to reduce epidermal tumor size and formation in mice.<sup>17</sup> Combinations of 2 with other antimicrobials has also been shown to be effective against MDR bacteria such as *A. baumannii*.<sup>18</sup> Novel combination therapy has recently been proposed for the treatment of complicated skin infections caused by multidrug-resistant bacteria using antibiotics or antibiotics in combination with natural compounds.<sup>19</sup> Using combination therapy, the efficacy of drugs such as the polymyxins could be preserved and/or extended.

Here we aimed to determine the in vitro activity of polymyxin B and curcumin, alone and in combination, against antibiotic-susceptible and -resistant Gram-positive (*Enterococci*, *S. aureus*, and *Streptococci*) and Gram-negative (*A. baumannii*, *E. coli*, *P. aeruginosa*, and *S. maltophilia*) bacterial isolates associated with traumatic wound infections.

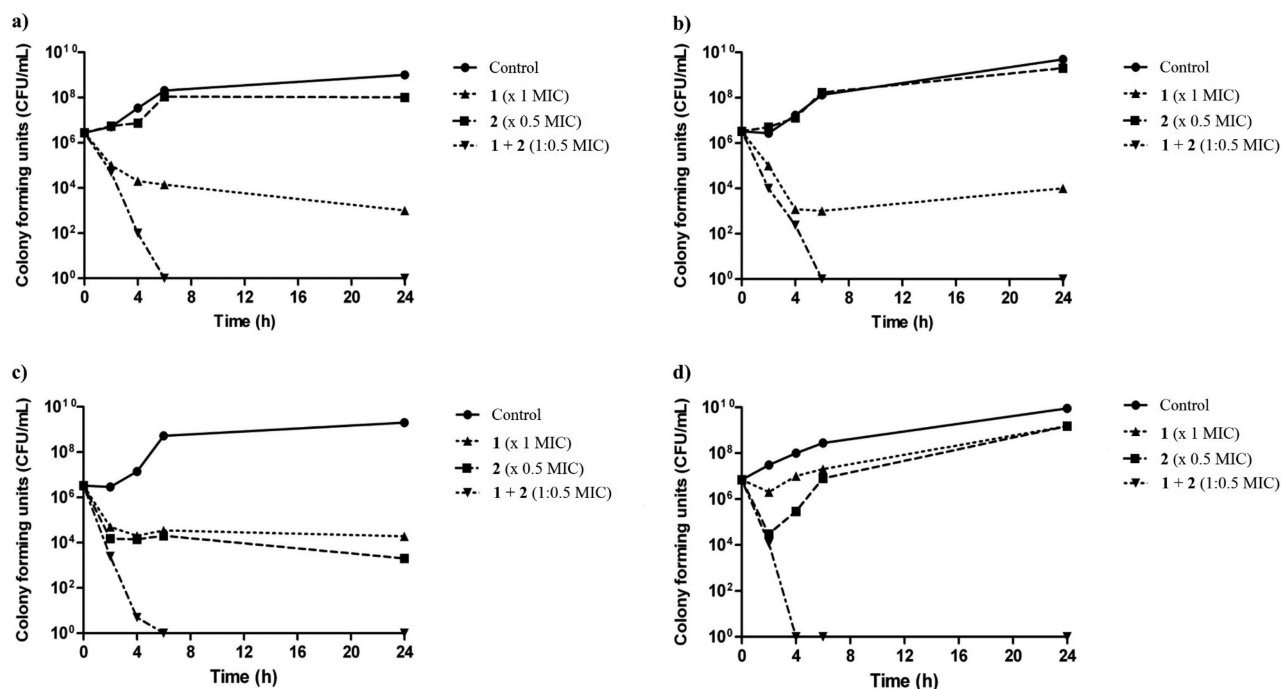
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**Table 1.** Minimum Inhibitory Concentrations (MICs) of Polymyxin B (PB) and Curcumin (CCM) Alone or in Combination and Fractional Inhibitory Concentration Indices (FICIs) for Important Potential Pathogens of Traumatic Wounds Expressing a Variety of Antimicrobial Resistance Mechanisms<sup>a</sup>

isolate	characteristics	MICs ( $\mu\text{M}$ )		MICs in combination		FICI
		1	2	1 + 2	2 + 1	
<i>E. faecium</i> OEF42	VRE ( <i>vanA</i> )	98	350	3.1	22	0.094
<i>E. faecium</i> OEF65	VRE ( <i>vanA/B</i> )	49	174	1.5	43	0.281
<i>E. faecalis</i> ATCC 29212	type strain	98	350	0.096	87	0.251
<i>S. aureus</i> Mu50	VISA ( <i>vraSR</i> )	98	2780	1.5	43	0.047
<i>S. aureus</i> ATCC 25923	type strain	98	2780	6.1	87	0.156
<i>S. aureus</i> NCTC 12493	MRSA ( <i>mecA</i> )	98	2780	0.79	43	0.031
<i>S. pyogenes</i> SPY1	wound isolate	6.1	350	0.19	43	0.094
<i>S. pyogenes</i> SPY2	wound isolate	12.3	174	0.79	22	0.188
<i>S. pyogenes</i> SPY3	wound isolate	3.1	174	0.79	43	0.500
<i>E. coli</i> EC2	CTX-M-15	0.096	2780	0.024	43	0.266
<i>E. coli</i> EC204	NDM-1	0.096	2780	0.024	174	0.313
<i>E. coli</i> NCTC 12241	type strain	0.048	2780	0.024	43	0.520
<i>A. baumannii</i> AB12	OXA-23	0.19	2780	0.024	87	0.156
<i>A. baumannii</i> AB14	OXA-23 clone 1	0.096	1390	0.024	174	0.375
<i>A. baumannii</i> AB16	OXA-23 clone 2	0.19	2780	0.012	22	0.068
<i>A. baumannii</i> NCTC 19606	type strain	0.19	2780	0.012	22	0.068
<i>P. aeruginosa</i> PA01	reference strain	0.78	1390	0.012	43	0.031
<i>P. aeruginosa</i> PA14	reference strain	0.78	1390	0.012	22	0.023
<i>P. aeruginosa</i> PA30	VIM-2	0.39	2780	0.19	174	0.563
<i>P. aeruginosa</i> ATCC 27853	type strain	0.39	1390	0.006	174	0.079
<i>S. maltophilia</i> SMS01	L1, TEM	6.1	2780	0.024	22	0.012
<i>S. maltophilia</i> SMB07	L1, TEM	1.5	2780	0.0313	22	0.023
<i>S. maltophilia</i> NCTC 10258	type strain	1.5	2780	0.008	22	0.012

<sup>a</sup>MRSA, methicillin-resistant *Staphylococcus aureus*; VISA, vancomycin-intermediate resistant *S. aureus*; VRE, vancomycin-resistant *Enterococcus*; PA14, common, highly virulent clone. All *S. pyogenes* strains are antibiotic-susceptible wound isolates.



**Figure 1.** Time–kill curves of polymyxin B (PB) and curcumin (CCM) alone and in combination versus (a) *A. baumannii* (ATCC 19606), (b) *S. maltophilia* (NCTC 10258), (c) *P. aeruginosa* (ATCC 27853), and (d) Methicillin-resistant *S. aureus* (NCTC 12493).

1 produced good antibacterial activity against Gram-negative strains with minimum inhibitory concentrations (MICs) of 0.096–6.1  $\mu\text{M}$  (Table 1). Antimicrobial activity was also demonstrated against isolates of *S. pyogenes* with MICs of 3–

12.3  $\mu\text{M}$ . As expected, very high MICs of 174–347  $\mu\text{M}$  for 1 were observed versus *S. aureus* and *Enterococcus* spp. and would normally be classed as unsusceptible. Compound 2 produced weak antibacterial activity with high MICs (174–2780  $\mu\text{M}$ ) in

all clinical isolates and type strains. When added in combination, **1** and **2** produced increased antibacterial activity with MICs significantly reduced (3- to 10-fold reduction,  $p < 0.005$ ). The fractional inhibitory concentration indices (FICIs) calculated suggest that synergy was produced in 21/23 strains ( $FICI \leq 0.5$ ). In 2/23 strains an additive effect was produced ( $FICI > 0.5-4.0$ ).

Time–kill results demonstrated that **2** was only effective against *P. aeruginosa* (ATCC 27853), with a 2 log reduction in colony-forming units (CFU)/mL over 24 h (Figure 1d). Regrowth was observed for the three other strains over 24 h, indicating that, alone, **2** was ineffective as an antibacterial agent. **1** was effective in reducing the CFU/mL in the Gram-negative isolates by 2 logs at 6 h. Regrowth was observed at 24 h in *S. maltophilia* (NCTC 10258). As expected **1** alone had no effect against MRSA (NCTC 12493), with growth almost equal to that of the no-drug control. However, the combination of **2** with **1** showed significant antibacterial activity, and complete cell death was observed in all strains between 4 and 6 h (Figure 1). The combination was clearly bactericidal, and significant synergy was produced, indicated by a  $>3$  log CFU/mL difference between the agents used in combination versus alone.<sup>18</sup>

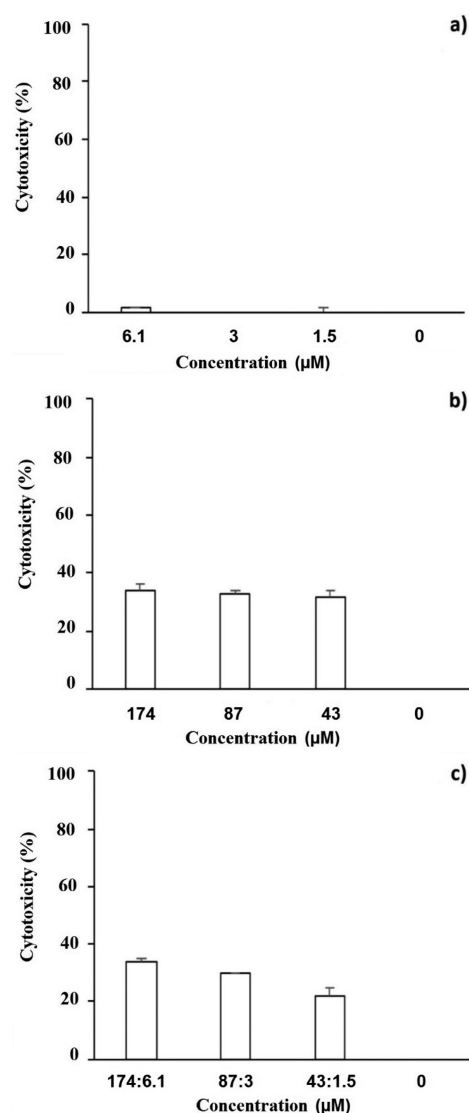
The data presented here with the exception of *P. aeruginosa* agree with previous results, whereby **2** alone showed no antibacterial activity over 24 h, in time–kill assays.<sup>18</sup> This could be due to the insolubility of **2** or the inability of the compound to pass through the outer cell membrane/cell wall to reach its target.

Previous studies performed with *B. subtilis* indicate that the mode of antibacterial action of **2** involves the disruption of FtsZ protofilament activity, previously shown to be critical in bacterial cytokinesis.<sup>20</sup> This disruption inhibits bacterial cell proliferation by inhibiting the assembly of the Z ring. **2** has been shown to inhibit the bacterial surface protein sortase A, preventing cell adhesion to fibronectin, leading to bacterial cell death in *S. aureus*.<sup>21</sup> The mechanism through which **2** nanoparticles (NPs) are believed to generate antibacterial action is by attaching to the bacterial cell wall, leading to disruption and eventual diffusion of NPs within the cell, resulting in further disrupting of biochemical processes.<sup>22</sup>

The addition of **1**, a known membrane permeabilizer, may result in greater quantities of **2** entering Gram-negative bacterial cells, leading to increased toxicity. However, increased toxicity of the **1/2** combination was also observed against Gram-positive bacteria. This in part could be due to the ability of **2** to cause bacterial cell wall damage,<sup>23</sup> allowing **1** to disrupt the physical integrity of phospholipid bilayer of the inner membrane.<sup>24</sup>

Cytotoxicity of **1** alone was very low ( $2\% \pm 0.01$  percentage point [pp] at  $6.1 \mu\text{M}$ ), whereas **2** showed  $34\% (\pm 2 \text{ pp})$  toxicity at concentrations of  $174 \mu\text{M}$  (Figure 2). However, the cytotoxicity of **2** versus HaCaT keratinocyte cells was reduced significantly ( $22\% \pm 3 \text{ pp}$ ,  $p = < 0.01$ ) when used in combination with **1**, at concentrations of  $43.4:1.5 \mu\text{M}$ . Although cytotoxicity in combination is reduced in keratinocytes, it is increased versus bacterial cells, an important prerequisite for a topical therapy.

Although previous studies have also shown that **2** induces apoptosis in epidermal cells at  $12.5-25 \mu\text{M}$ ,<sup>25</sup> other studies have demonstrated that greater concentrations of **2** are required to induce in vitro cytotoxicity, with  $\geq 25 \mu\text{M}$  **2** required for a 50% reduction in HaCaT (keratinocyte) cells and  $\geq 50 \mu\text{M}$



**Figure 2.** Cytotoxicity via lactase dehydrogenase assay of (a) polymyxin B (**1**), (b) curcumin (**2**), and (c) combinations of both agents in HaCaT cells  $\pm$  standard deviation, with the combination (43:1.5  $\mu\text{M}$ ) showing less toxicity than **2** alone ( $p = < 0.01$ ).

required for a 50% reduction in melanocytes.<sup>26</sup> These would be equal or higher than the concentrations of **2** required in combination to inhibit the growth of 70% of the isolates tested in this study. Although **2** exposure in vitro caused cytotoxicity in HaCaT keratinocytes in this study, previous topical applications have shown no skin irritation in a live rat model,<sup>27</sup> indicating whole skin models have increased resistance to toxicity from **2**.

Data from phase I clinical trials have also shown that **2** is not toxic to humans up to concentrations of 21.72 mM, when taken orally.<sup>28,29</sup> A randomized, double-blind, placebo-controlled clinical trial of the effectiveness of **2** to treat mastitis also found no skin toxicity at 8 h doses of 5.49 mM applications.<sup>30</sup> The trial also observed significant reduction in inflammation and pain, indicating topical therapies of **2** were successful in treating mastitis.

Previously research has suggested that in vitro deposition of **2** on the skin was low 24 h after topical application,<sup>31</sup> which could be due to solubility issues of **2**. It was suggested that enhancers were required for effective topical applications of **2**, if

the desired therapeutic effects were to be achieved. Other natural compounds such as terpenes or polyphenols such as epigallocatechin gallate (EGCG) could be used to aid 2 penetration into the skin.<sup>31</sup> Combinations of 2 and EGCG have previously shown potential as an antimicrobial therapy and could be used as a third agent with 1 and 2.<sup>18</sup> Another option would be to use 2 nanoparticles in the formulation. 2 nanoparticles have previously shown to have enhanced antibacterial activity, water solubility, and a reduced risk of cytotoxicity in human cells.<sup>22</sup>

In conclusion, antimicrobial synergy produced between 1 and 2 suggests that combinations of the two compounds could be used clinically for topical therapy to treat or prevent traumatic wound infections of the skin. The addition of 2 to current treatment containing 1 would not only increase the spectrum of activity to include Gram-positive bacteria but also combat those isolates resistant to 1 alone. The use of the combination may also reduce the emergence of resistant isolates during treatments, due to the multiple antimicrobial targets of dual drug therapy and ease the selective pressure produced by broad-spectrum antibiotics. Further work should focus on triple combinations with enhancers, such as EGCG, to increase the potency of the combinations' antimicrobial action.

## ■ EXPERIMENTAL SECTION

**Bacterial Strains and Media.** Bacterial-type strains were purchased from the National Collection of Type Cultures (NCTC), Public Health England (Colindale, UK). The *S. aureus* (VISA) strain was obtained from the Network for Antimicrobial Resistance in *S. aureus* (NARSA, USA). Clinical isolates were sourced from Barts Health NHS Trust or the existing collection held at Queen Mary University London. Identification and routine antibiograms for clinical isolates were performed according to the laboratories accredited standard protocol (CPA). Curcumin powder ( $\geq 95\%$  purity, cat. no. sc 294110, lot no. 191793-67) was purchased from Santa Cruz Biotechnology Inc. (Heidelberg, Germany). Polymyxin B sulfate powder was purchased from VWR International LTD (Leighton Buzzard, UK). All media was purchased from Thermo Fisher Inc. (Basingstoke, UK) and autoclaved prior to use.

**Antimicrobial Susceptibility Assays.** Minimum inhibitory concentrations of 1 and 2 were determined alone and in combination against 23 clinical isolates and type strains of Gram-negative and Gram-positive bacteria, related to traumatic wound infections, with varying degrees of antibiotic resistance (Table 1). Checkerboard assays, performed in separate 96-well microtiter plates, were inoculated with IsoSensitest broth containing  $10^6$  colony-forming units/mL of each isolate. Checkerboard assays were read after 24 h of incubation at 37 °C. Fractional inhibitory concentration indices were calculated based on the method previously described,<sup>32</sup> whereby  $FIC_a = MIC$  of compound a + compound b/ $MIC$  of compound a,  $FIC_b = MIC$  of compound b + compound a/ $MIC$  of compound b, and  $FIC_s = FIC_a + FIC_b$ .  $FICIs \leq 0.5$  were recorded as synergistic, values  $> 0.5-4.0$  were recorded as an additive effect, and a value  $> 0.4$  was considered antagonistic. Where the MIC was not attained, the dilution above the maximum dose was used to calculate the FICI. All experiments were carried out in triplicate, and results are presented as mean values.

Time-kill assays were undertaken to determine the antibacterial activity of mono- and combination therapies against *A. baumannii* (ATCC 19606), *P. aeruginosa* (ATCC 27853), methicillin-resistant *S. aureus* (NCTC 12493), and *Stenotrophomonas maltophilia* (NCTC 10258) over 24 h. A 1/1000 dilution of an overnight culture (16 h in Mueller-Hinton 2 broth) (approximately  $10^6$  CFU/mL) was used as the starting inoculum (10 mL in universal tubes), before the addition of 1 ( $\times 1$  MIC), 2 ( $\times 1$  MIC), or combinations ( $\times 1$  MIC 1: $\times 0.5$  MIC 2). Cultures were incubated at 37 °C under continuous agitation for 24 h. At time intervals of 0, 2, 4, 6, and 24 h postinoculation, 100  $\mu$ L samples were collected, serially diluted, and plated onto IsoSensitest

agar. Inoculated plates were incubated at 37 °C for 20 h before colonies were counted. Time-kill curves (CFU/mL vs time) were plotted using GraphPad software. Synergy was defined as bactericidal activity ( $\geq 2 \log_{10}$  difference in CFU/mL) of the combination compared to the single agent after 24 h of incubation.

**Skin Cell Toxicity Assays.** Cytotoxicity assays, versus human skin cells, were undertaken to assess the potential of 1/2 combinations as topical treatments for skin infections. Skin cell toxicity assays were performed using the CytoTox 96 nonradioactive cytotoxicity assay (Promega Co., Southampton, UK) to monitor lactate dehydrogenase (LDH), an indicator of percent cell toxicity. Human epidermal keratinocytes (HaCaT) were plated at 10 000 cells per well in 96-well plates and grown until subconfluent, in phenol-free Dulbecco's modified Eagle's medium supplemented with 2.5% (v/v) fetal bovine serum (FBS) and 2 mM L-glutamine. Double dilutions of 1, 2, and combinations of both agents were performed in vertical wells on a 96-well microtiter plate before being transferred to a 96-well microtiter plate with half the plate containing human keratinocytes and the second half containing just 2% FBS phenol-free media. Final concentrations were 25–0  $\mu$ M for 1 and 174–0  $\mu$ M for 2. Concentrations of the combinations were the sum of 1 and 2 for monotherapy (2:1). DMSO, phosphate-buffered saline (PBS), and LDH positive controls were added to the plate. Microtiter plates were incubated at 37 °C for 4 h. After this time cells were washed in PBS. To each well was added 10  $\mu$ L of lysis solution, and the mixture incubated at 37 °C for 40 min before centrifugation at 250g for 4 min. From each well, 50  $\mu$ L of the supernatant was added to a sterile flat-bottom enzymatic assay plate, before 50  $\mu$ L of reconstituted substrate mix was added to each well and incubated at room temperature, protected from light, for 30 min. After incubation, 50  $\mu$ L of stop solution was added to each well, and absorbance was recorded using a plate reader (Wallac 1420 VICOTOR2, PerkinElmer, USA) set at 490 nm. All assays were performed in duplicate. Percentage cytotoxicity was calculated, and graphs were plotted using Excel 2013.

**Statistical Analysis.** Student *t* tests were performed using Excel 2013, to check for any significant differences between data sets.

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### Notes

The authors declare no competing financial interest.

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