

# Advantages of grass-legume mixture for improvement of crop growth and reducing potential nitrogen loss in a boreal climate

Honghong Li<sup>1</sup>, Petri Penttinen<sup>1,2</sup>, Hannu Mikkola<sup>3</sup> and Kristina Lindström<sup>1,4</sup>

<sup>1</sup>Ecosystems and Environment Research Programme, University of Helsinki, PO Box 65, FI-00014 Helsinki, Finland

<sup>2</sup>Zhejiang Provincial Key Laboratory of Carbon Cycling in Forest Ecosystems and Carbon Sequestration, Zhejiang A&F University, Lin'an 311300, China

<sup>3</sup>Department of Agricultural Sciences, University of Helsinki, PO Box 28, FI-00014 Helsinki, Finland

<sup>4</sup>Helsinki Institute of Sustainability Science (HELSUS), University of Helsinki, Finland  
e-mail: honghong.li@helsinki.fi

A three-year field experiment was established to assess intercropping for sustainable forage production in Finland. In split-plot design, fertilizer treatment with unfertilized control, organic fertilizer, and synthetic fertilizer was the main plot factor, and crop treatment with fallow, red clover (*Trifolium pratense*), timothy (*Phleum pratense*), and a mixture of red clover and timothy was the sub-plot factor. Dry matter, carbon and nitrogen yields in mixture plots were highest with relatively high N% and the optimum C:N ratio ( $p < 0.05$ ). Fertilization increased annual yields of mixture and timothy but not that of red clover. Soil  $\text{NO}_3\text{-N}$  changed over time ( $p < 0.05$ ) and was highest in fallow, followed by red clover, mixture, and timothy ( $p < 0.05$ ), and the decrease during late growing season was smaller in the mixture and timothy plots. At the end of the experiment, soil C/ $\text{NO}_3\text{-N}$  ratio was higher in timothy and mixture while lower in red clover and fallow plots ( $p < 0.05$ ), and the relationship between soil DNA and  $\text{NO}_3\text{-N}$  content may indicate that the potential nitrogen loss was lower in mixture and timothy than that in fallow and red clover plots.

**Key words:** sustainable agriculture, fertilizer-crop interaction, soil C/ $\text{NO}_3\text{-N}$  ratio, soil DNA content

## Introduction

Agriculture is the world's single largest driver of global environmental change (Rockström et al. 2017). The biogeochemical flows of nitrogen (N) challenge the resilience of the planet, especially in regions where industrial and intentional biological fixation of N is high (Steffen et al. 2015). Sustainable or ecological intensification of agriculture (Tittonell 2014, Mahon et al. 2017) is offered as one solution to this problem. On a field or farm scale it can mean production of more food or feed while reducing the potential negative environmental impacts and at the same time increasing contributions from natural capital and avoiding the unnecessary fertilizer inputs (Pretty et al. 2011).

Replacement of synthetic N fertilizer with biological N fixation (BNF) offers one important natural capital mean for achieving more sustainable food and feed production. Contrary to the industrial production of synthetic fertilizers, BNF relies on solar energy provided by the legume host to the bacterial nitrogenase, which reduces atmospheric  $\text{N}_2$  to ammonia to be used by the plant (Franche et al. 2009). The symbiosis between legumes and rhizobia is an intricate system, the regulation of which is still only vaguely known. However, BNF seems usually to be sensitive to soil N. According to Adams et al. (2018), BNF was stimulated if the soil around the legume rhizosphere lacked N, while it was inhibited if the soil N was in surplus.

Timothy (*Phleum pratense*) is the main cattle fodder crop grown in Finland due to its high palatability and winter hardiness. The main legume fodder, red clover (*Trifolium pratense*) is normally grown as a mixture with other fodder crops in farmland, and BNF in Finnish forage legumes is well adapted to boreal conditions (Lindström 1984). Plant species or community composition play an important role for the N cycle and subsequent potential N loss in an intensified fertilization ecosystem (Scherer-Lorenzen et al. 2003, Abalos et al. 2018). For example, in a timothy-red clover mixture, the grass relies on soil N, whereas the legume is using biologically fixed N, and the uptake of rhizosphere N by the grass stimulates BNF of the legume (Nyfeler et al. 2011). After harvest, N rich root material is left in the soil and mineralized by soil microbes, thus releasing N to be used by the grass, especially in a perennial cropping system. Consequently, crop growth and dynamic change of the soil N pool ( $\text{NH}_4\text{-N}$  and  $\text{NO}_3\text{-N}$ ) are closely related to fertilization managements and the choice of crop treatments. For example, the yield of grass-legume intercrop was greater than that of sole crop (Suter et al. 2015, Salehi et al. 2018); less soil N leached from mixture treatment than from monoculture treatment (Loiseau et al. 2001) but annual  $\text{N}_2\text{O}$  emissions were lower from grass sward than from grass-clover sward (Virkejärvi et al. 2010).

Yokoyama et al. (2017) found that there was a strong positive relationship between soil DNA content and soil microbial biomass N, which indicates that DNA content could be treated as a proxy of microbial biomass. In addition, Ryden (1983) found that when soil  $\text{NO}_3\text{-N}$  content was higher than  $5 \mu\text{g N g}^{-1}$ , denitrification responded rapidly if soil moisture was higher than 20% (w/w). Putz et al. (2018) found that a higher C/ $\text{NO}_3\text{-N}$  ratio favored dissimilatory nitrate reduction to ammonium (DNRA) over denitrification, therefore resulted in lower  $\text{N}_2\text{O}$  emission. According to the four general biological denitrification requirements by Philippot et al. (2007): 1) the presence of bacteria with denitrification capacity; 2) suitable electron donors such as organic carbon; 3) anaerobic conditions or restricted  $\text{O}_2$  availability; and 4) presence of N-oxides ( $\text{NO}_3\text{-N}$ ,  $\text{NO}_2\text{-N}$ ,  $\text{NO}$ , or  $\text{N}_2\text{O}$ ) as electron acceptors, we propose that exploring the relationship between soil DNA content and  $\text{NO}_3\text{-N}$  content could indicate potential N loss when the situation is prone to denitrification.

Our aim was to assess intercropping for improving forage production in a boreal climate and minimizing the potential N loss. A field experiment was established with pure timothy grass, pure red clover and their mixture fertilized with organic and synthetic N fertilizers. Crop growth, soil N pool dynamic change ( $\text{NO}_3\text{-N}$  and  $\text{NH}_4\text{-N}$  contents), total carbon, total N, C/ $\text{NO}_3\text{-N}$  ratio, pH, EC, moisture, and DNA content were monitored to reveal underlying soil mechanisms. We hypothesized that the mixture would be the most sustainable system in terms of forage crop growth and reducing potential N loss.

## Materials and methods

### Field management

The three-year field experiment was established in May 2013 at Viikki Experimental Farm, University of Helsinki, Finland ( $60^\circ 13' 42'' \text{N}$   $25^\circ 2' 34'' \text{E}$ ). The pH in the clay loam was 6.41, electrical conductivity (EC) was  $52.32 \mu\text{S cm}^{-1}$ , total C content was  $25.32 \text{ g kg}^{-1}$ , total N content was  $1.68 \text{ g kg}^{-1}$ ,  $\text{NO}_3\text{-N}$  content was  $5.42 \text{ mg kg}^{-1}$ , and  $\text{NH}_4\text{-N}$  content was  $4.51 \text{ mg kg}^{-1}$ . The split-plot design had four  $18 \text{ m} \times 8 \text{ m}$  blocks, twelve  $6 \text{ m} \times 8 \text{ m}$  main plots, and forty-eight  $6 \text{ m} \times 2 \text{ m}$  sub-plots with no buffer spaces in-between. Fertilizer treatment with unfertilized control, organic fertilizer, and synthetic fertilizer was the main plot factor (Table 1), and the crop treatment with fallow, red clover, timothy, and a mixture of red clover and timothy was the sub-plot factor. After the field was harrowed, cow manure ( $1.2 \text{ kg t}^{-1}$  soluble N,  $0.96 \text{ kg t}^{-1}$  P,  $4.1 \text{ kg t}^{-1}$  K) was applied to organic fertilizer plots at  $40 \text{ t ha}^{-1}$  and garden PK fertilizer (3.2% N (1.6%  $\text{NO}_3\text{-N}$  + 1.6%  $\text{NH}_4\text{-N}$ ), 5% P, 20% K, Yara, Finland) was applied to synthetic fertilizer plots at  $800 \text{ kg ha}^{-1}$ . Red clover cv. Bjursele, timothy cv. Tuure, and a mixture with 25% red clover and 75% timothy were sown at the rate of  $5 \text{ kg ha}^{-1}$ ,  $9.3 \text{ kg ha}^{-1}$ , and  $8.7 \text{ kg ha}^{-1}$ , respectively. Barley (*Hordeum vulgare*) cv. NFC Tipple was sown as a nurse crop at the rate of  $196 \text{ kg ha}^{-1}$  and harvested in August 2013.

In the following years, organic and synthetic fertilizers were applied as described in Table 1. Cow urine served as the organic fertilizer in 2014. In 2015, since the soluble N level of cow urine was too low to meet the level of  $75 \text{ kg N ha}^{-1}$  in a reasonable volume, we used a slurry made of cow urine and cow manure.

Table 1. Nitrogen fertilization dates and rates, and crop harvest dates

Date of fertilizer applied	Fertilizer application rate ( $\text{kg N ha}^{-1}$ )		Date of crop harvested
	Organic (Soluble N)	Synthetic ( $\text{Ca}[\text{NO}_3]_2$ )	
07 May 2014	35 <sup>a</sup>	40	27 June 2014
08 July 2014	20 <sup>a</sup>	20	24 September 2014
01 June 2015	75 <sup>b</sup>	75	10 July 2015
16 July 2015	75 <sup>b</sup>	75	14 September 2015

a = urine; b = slurry

The average monthly precipitation and temperature (Fig. 1) were collected from Finnish Meteorological Institute (<http://en.ilmatieteenlaitos.fi/statistics-from-1961-onwards>).

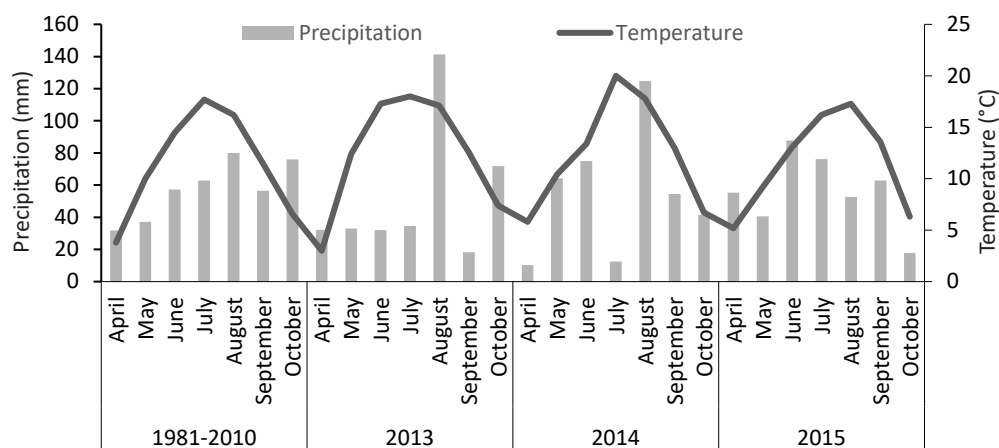


Fig. 1. Precipitation and temperature in the experiment site over the 1981–2010 and during the growing seasons 2013, 2014 and 2015

### Crop harvesting and analysis

Crops were harvested two times per growing season from the middle of the plot with a 1.5 m wide combine harvester. After fresh weight (FW) had been measured on site, all the aboveground biomass was harvested and removed from the field. Subsamples were dried at 105 °C to determine water content (WC). The dry matter yield (DMY) was calculated as  $FW \times (100\% - WC) / (1.5 \text{ m} \times \text{harvested length})$ . Crop C% and N% were measured using Dumas combustion method with VarioMax CN analyzer (Elementar Analysensysteme GmbH, Hanau, Germany) to determine C:N ratio, C yield ( $DMY \times C\%$ ), and N yield ( $DMY \times N\%$ ).

### Soil sampling and physico-chemical analyses

From each plot, 16 subsamples taken with an  $\varnothing$  2 cm auger from top soil (0–20 cm) were mixed to make a composite sample. Samples were passed through a 5 mm sieve to remove roots and stones, and stored at  $-20$  °C. Altogether 348 soil samples were collected during 2013–2015.  $\text{NO}_3\text{-N}$  and  $\text{NH}_4\text{-N}$  were extracted from 20 g soil with 50 ml 2M KCl.  $\text{NO}_3\text{-N}$  and  $\text{NH}_4\text{-N}$  concentrations in the extracts were measured with Lachat QuickChem 8000 (Lachat Instruments, Milwaukee, USA) according to the manufacturer's instructions. Soil pH and EC were measured in a 1:2.5 (w/w) soil-water mixture. Soil moisture was determined by drying at 105 °C until constant weight. To measure total C and N, soil was dried at 50 °C overnight, ground and analyzed by TRUSPEC elemental determinator (LECO, USA).

### Soil DNA isolation and quantification

DNA was isolated from 0.25 g fresh soil with the Power Soil DNA Isolation Kit (MoBio, Carlsbad, USA) according to the manufacturer's instructions. The quality of DNA was checked with electrophoresis in 1% agarose gel. DNA was quantified using PicoGreen dsDNA Quantification Reagent Kit (Molecular Probes, USA). Soil DNA content was calculated based on soil dry weight (Mikkonen et al. 2011).

### Statistical analysis

The effects of fertilizer treatment, crop treatment, and fertilizer-crop interaction on crop growth and soil properties at separate sampling time points were analyzed by Univariate Analysis of Variance (UV-ANOVA), using the main-plot factor (fertilizer treatment) and sub-plot factor (crop treatment) as fixed factors, and block as the random factor. The variance of block and fertilizer was tested against the main plot variance (block  $\times$  fertilizer), while the variances of crop treatment and fertilizer-crop interaction were tested against the subplot variance (Yan et al. 2015). To be approximately normal, the soil  $\text{NO}_3\text{-N}$  and  $\text{NH}_4\text{-N}$  were log transformed prior to analysis. Tukey HSD test was used as the post-hoc test. Differences were taken as statistically significant at  $p < 0.05$ . The relationship between soil DNA content and  $\text{NO}_3\text{-N}$  content were explored by using linear regression modelling. In the linear regression, soil  $\text{NO}_3\text{-N}$  content was the dependent variable, soil DNA content and crop factor were independent variables. In the crop factor, the fallow level was the reference level for the other three crop treatment levels. AIC (Akaike information criterion) value of the model was used to select the model and the model validations (homogeneity, influential values, independence, normality) were checked. Data were analyzed and visualized

using packages “lattice” (Sarkar 2008), “ggplot2” (Wickham 2009), “ggpubr” (Kassambara 2017), “plyr” (Wickham 2011) and R scripts “HighstatLibV10.R” (Zuur et al. 2009) in RStudio Version 1.1.383 (RStudio Team 2016) based on R Version 3.5.0 (R Core Team 2018).

To test the within-subjects and between-subjects effects of repeated factor (sampling time points) on crop growth and soil properties (sphericity assumed), we used repeated measures analysis with sampling time as repeated factor and Bonferroni multiple comparisons as the post-hoc test (Yan et al. 2015). The repeated measures analysis was done in SPSS Statistics 24 (IBM, Armonk, NY, USA).

## Results

### The effects of fertilizer and crop treatments on crop growth

The dry matter, N and C yields of the mixture were higher than those of red clover and timothy in both 2014 and 2015 ( $p < 0.05$ ) (Table 2, Table A.1). In 2014, when the fertilization rate was 55 kg N ha<sup>-1</sup> year<sup>-1</sup> in organic fertilizer plots and 60 kg N ha<sup>-1</sup> year<sup>-1</sup> in synthetic fertilizer plots, the annual yields of red clover were higher than that of timothy ( $p < 0.05$ ), and there was no significant difference between fertilizer treatments (Table 2, Fig. 2a).

Table 2. Crop growth under different fertilizer and crop treatments

Treatment	Crop dry matter yield (Mg ha <sup>-1</sup> )				Crop N%				
	2014		2015		2014		2015		
	28 June	24 Sep.	10 July	14 Sep.	28 June	24 Sep.	10 July	14 Sep.	
Tests of Between-Subjects effects									
Treatment	df	Significance level							
FT	2	ns	ns	**	***	*	**	ns	ns
CT	2	***	***	***	***	***	***	ns	ns
FT×CT	4	ns	ns	**	***	*	ns	ns	ns
Tests of Within-Subjects effects (sphericity assumed)									
Source	df	Significance level							
Time	3		***				***		
Time×FT	6		***				ns		
Time×CT	6		***				**		
Time ×FT×CT	12		ns				ns		
Treatment	Crop N Yield (kg ha <sup>-1</sup> )				Crop C:N Ratio				
	2014		2015		2014		2015		
	28 June	24 Sep.	10 July	14 Sep.	28 June	24 Sep.	10 July	14 Sep.	
Tests of Between-Subjects effects									
Treatment	df	Significance level							
FT	2	ns	ns	ns	**	ns	*	ns	ns
CT	2	***	***	***	*	***	***	ns	*
FT×CT	4	*	ns	ns	*	ns	ns	ns	ns
Tests of Within-Subjects effects (sphericity assumed)									
Source	df	Significance level							
Time	3		***				***		
Time×FT	6		***				**		
Time×CT	6		***				**		
Time ×FT×CT	12		ns				ns		

FT = fertilizer treatment; CT = crop treatment; Time = sampling time points; df = degrees of freedom; ns = not significant; \* when  $p < 0.05$ , \*\* when  $p < 0.01$ , \*\*\* when  $p < 0.001$

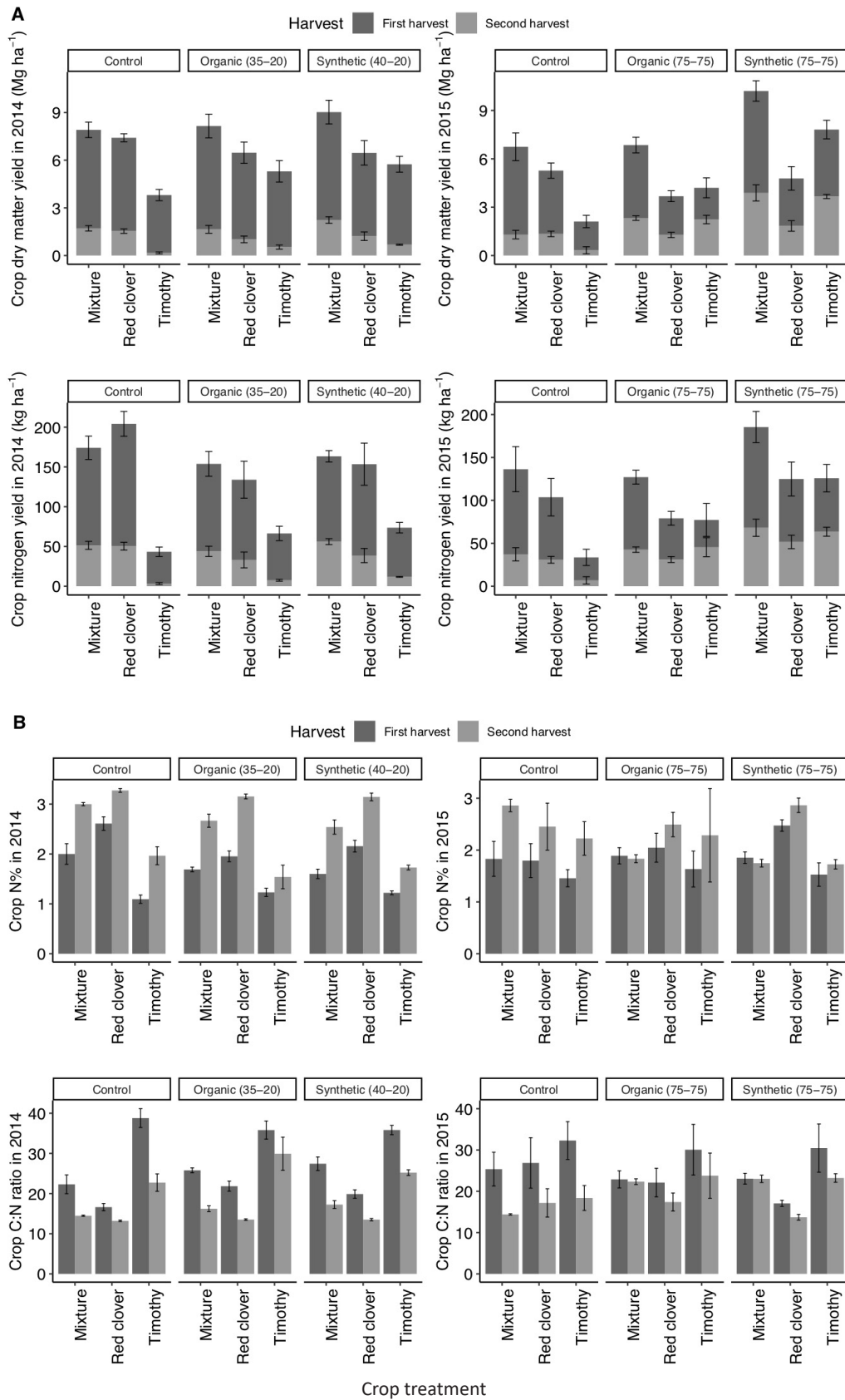


Fig. 2. Crop dry matter and nitrogen yields (A) and crop N% and C:N ratio (B) under fertilizer-crop interaction. The fertilizer application rates ( $\text{kg N ha}^{-1}$ ) are indicated in brackets, the error bars represent the standard error of mean.

In 2015, when the fertilization rate was 150 kg N ha<sup>-1</sup> year<sup>-1</sup>, the dry matter yield was different between fertilizer and fertilizer × crop interaction (*p* < 0.05) (Table 2). In the unfertilized control, the yield of red clover was higher than that of timothy, whereas with synthetic fertilizer, the yield of timothy was higher than that of red clover (Fig. 2a). Compared to the unfertilized control, fertilization increased the annual yield of mixture and timothy but not that of red clover (Fig. 2a). The N% of red clover was highest, and the N% was higher in the mixture than in timothy in 2014 (*p* < 0.05) but not in 2015 (*p* > 0.05) (Table 2). Compared to the unfertilized control, the N% and N yield of fertilized mixture and red clover were lower while that of fertilized timothy was higher in the first harvest of 2014 (Fig. 2). The C:N ratio of mixture was approximately 25:1 in the first harvest both in 2014 and 2015 (Fig. 2b). Compared to the first harvest, the crop yield and C:N ratio was lower, while the N% was higher in the second harvest (Fig. 2).

### The effects of fertilizer and crop treatments on soil properties

#### Soil NO<sub>3</sub>-N and NH<sub>4</sub>-N content

The soil N content (NO<sub>3</sub>-N and NH<sub>4</sub>-N) were measured at seven time points which were classified into three periods according to fertilizer and crop managements. The soil NO<sub>3</sub>-N and NH<sub>4</sub>-N contents changed over time and were different between fertilizer treatment at the beginning of the periods (*p* < 0.05) (Table 3) and were generally highest in the synthetic fertilizer plots (Fig. 3). The NO<sub>3</sub>-N content was highest in fallow (*p* < 0.05), followed by red clover, mixture, and timothy (Table 3, Table A.2). The soil NH<sub>4</sub>-N differed between crop treatments at several time points, and was generally lowest in timothy plots (*p* < 0.05) (Table 3, Table A.2). Fertilizer-crop interaction was significant regarding soil N content at several time points and the effects from crop, fertilizer, and fertilizer-crop interaction changed over time (*p* < 0.05) (Table 3). Soil N content decreased during the second and third periods (Fig. 3b, 3c). Compared to fallow and red clover plots, the decrease was smaller in mixture and timothy plots (Fig. 3b, 3c).

Table 3. Soil NO<sub>3</sub>-N and NH<sub>4</sub>-N contents under fertilizer and crop treatment

Soil NO <sub>3</sub> -N (mg kg <sup>-1</sup> )	First period(A)			Second period(B)		Third period(C)		
	2014			2015		2015		
	23 May	06 June	28 June	16 Aug.	22 Sep.	08 July	24 Sep.	
Tests of Between-Subjects effects								
Treatment	df	Significance level						
FT	2	*	*	ns	**	ns	***	**
CT	3	***	***	***	***	***	***	***
FT× CT	6	ns	ns	ns	ns	ns	*	*
Tests of Within-Subjects effects (sphericity assumed)								
Source	df	Significance level						
Time	6	***						
Time × FT	12	***						
Time × CT	18	***						
Time × FT × CT	36	***						
Soil NH <sub>4</sub> -N (mg kg <sup>-1</sup> )	First period(A)			Second period(B)		Third period(C)		
	2014			2014		2015		
	23 May	06 June	28 June	16 Aug.	22 Sep.	08 July	24 Sep.	
Tests of Between-Subjects effects								
Treatment	df	Significance level						
FT	2	ns	ns	ns	***	ns	**	ns
CT	3	ns	***	***	**	ns	**	ns
FT× CT	6	ns	*	ns	ns	ns	*	ns
Tests of Within-Subjects effects (sphericity assumed)								
Source	df	Significance level						
Time	6	***						
Time × FT	12	***						
Time × CT	18	***						
Time × FT × CT	36	*						

FT = fertilizer treatment; CT = crop treatment; Time = sampling time points; df = degrees of freedom; ns = not significant; \* when *p* < 0.05, \*\* when *p* < 0.01, \*\*\* when *p* < 0.001

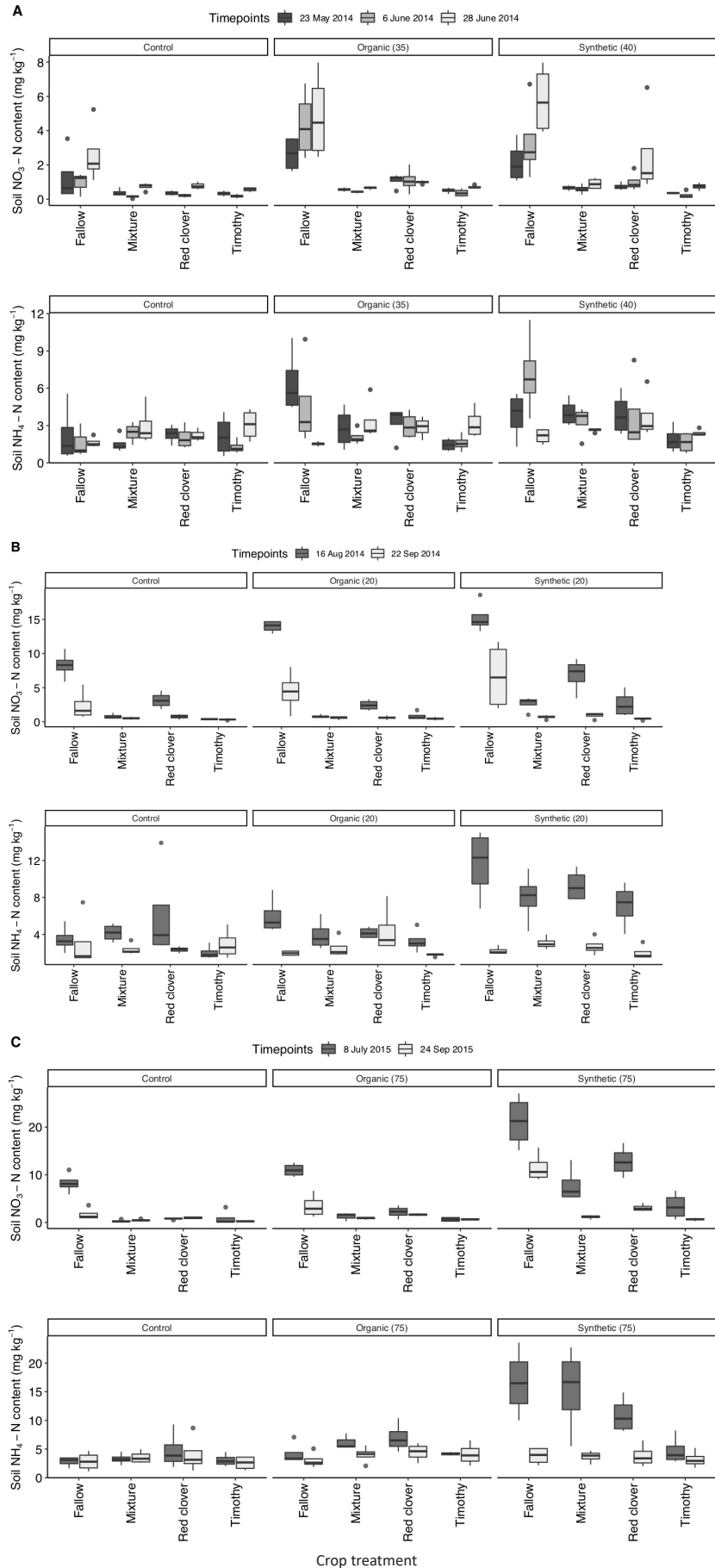


Fig. 3. Box plots (n=4) of soil nitrogen pool dynamic change during the first period (A), second period (B), and third period (C) regarding fertilizer-crop interaction. The fertilizer application rates (kg N ha<sup>-1</sup>) were indicated in brackets. The individual points are the data points outside of 1.5 times of the inter-quartile range.

Soil total C, total N, C:N ratio and C:NO<sub>3</sub>-N ratio

The soil total C and N contents were generally lower in the control plots than in the fertilized plots, and generally higher in the red clover plots than in the other crop treatments (Table 4). The soil C/NO<sub>3</sub>-N ratio was higher in timothy and mixture plots than in other crop treatments ( $p < 0.05$ ) (Table 4), and generally followed the order fallow < red clover < mixture < timothy within each fertilizer treatment (Fig. 4).

Table 4. Soil total C, total N, C/N ratio and C/NO<sub>3</sub>-N ratio under different fertilizer and crop treatments

	Total C (% dw)		Total N (% dw)		C/N ratio		C/NO <sub>3</sub> -N ratio (×10 <sup>4</sup> )	
	28 June 2014	24 Sep. 2015	28 June 2014	24 Sep. 2015	28 June 2014	24 Sep 2015	28 June 2014	24 Sep. 2015
Control	2.268a	2.433a	0.165a	0.167a	13.83a	14.64a	2.89a	4.82a
Organic	2.602a	2.762a	0.188a	0.193a	13.91a	14.33a	2.76a	2.67a
Synthetic	2.644a	2.698a	0.191a	0.189a	13.92a	14.29a	2.31a	2.33a
SEM	0.042	0.057	0.004	0.004	0.13	0.16	0.20	0.49
Fallow	2.443a	2.602a	0.178a	0.179a	13.84a	14.63a	0.73c	1.05c
Mixture	2.512a	2.575a	0.181a	0.179a	13.86a	14.42a	3.54a	4.04a
Red clover	2.543a	2.691a	0.183a	0.189a	13.97a	14.24a	2.45b	1.77b
Timothy	2.521a	2.656a	0.182a	0.185a	13.86a	14.40a	3.89a	6.23a
SEM	0.049	0.065	0.004	0.005	0.15	0.18	0.22	0.50

Tests of Between-Subjects effects

Treatment	df	Significance level							
FT	2	ns	ns	ns	ns	ns	ns	ns	ns
CT	3	ns	ns	ns	ns	ns	ns	***	***
FT×CT	6	ns	ns	ns	ns	ns	ns	ns	ns

Tests of Within-Subjects effects (sphericity assumed)

Source	df	Significance level							
Time	1	***		ns		***		***	
Time×FT	2	ns		ns		ns		*	
Time×CT	3	ns		ns		ns		*	
Time ×FT×CT	6	ns		ns		ns		ns	

SEM = standard error of the means; FT = fertilizer treatment; CT = crop treatment; Time = sampling time points; df = degrees of freedom; ns = not significant; \* when  $p < 0.05$ , \*\* when  $p < 0.01$ , \*\*\* when  $p < 0.001$ . Different letters in a column indicates significant differences.

Soil pH, EC and moisture

Soil pH was generally lowest in the synthetic fertilizer plots ( $p < 0.05$ ) and pH in timothy plots was higher than that in red clover plots ( $p < 0.05$ ) on 28 June 2014 and 24 September 2015 (Table 5). EC was generally highest in the organic fertilizer plots, especially when compared to the control (Table 6). In crop treatment, EC was generally highest in fallow plots, followed by red clover, mixture and timothy ( $p < 0.05$ ). Soil moisture was lower in the fallow plots than in the planted plots ( $p < 0.05$ ) on 16 August 2014 and 22 September 2014 (Table A.3).

Soil DNA content and its relationship with soil NO<sub>3</sub>-N

Soil DNA content changed over time from June 2014 to July 2015 ( $p < 0.05$ ) (Table A. 4) and was generally highest in the organic fertilizer plots (Table A.4). In September 2015 with high soil NO<sub>3</sub>-N and moisture, a linear relationship between soil DNA and NO<sub>3</sub>-N content was found. According to the linear regression model (Fig. 5, Table 7), as the soil DNA content increased, the soil NO<sub>3</sub>-N decreased in fallow and red clover plots while it increased in the mixture and timothy plots.



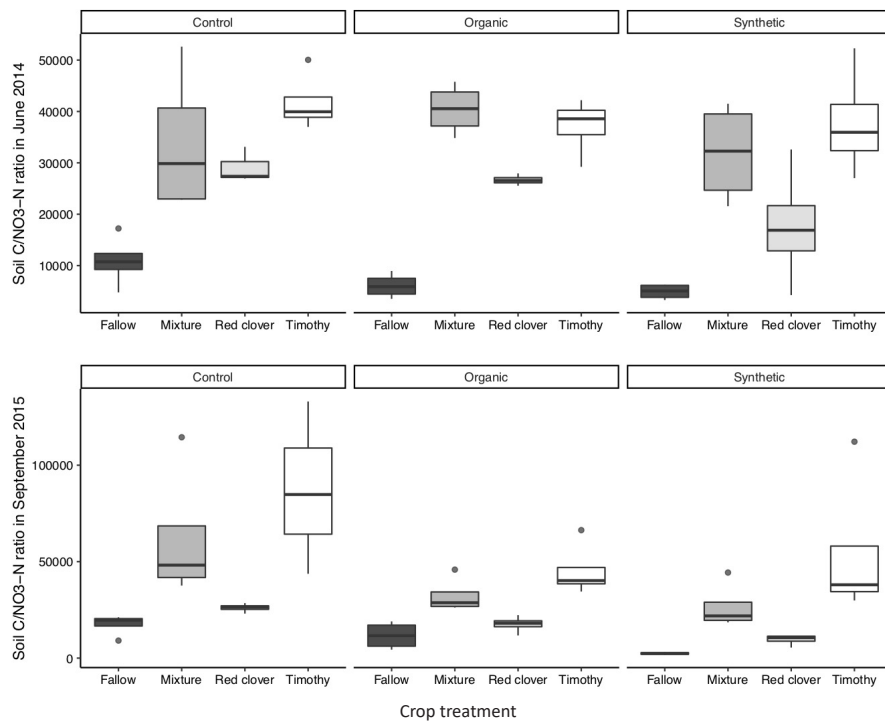


Fig. 4. Box plots (n=4) of soil C/NO<sub>3</sub>-N ratio regarding fertilizer-crop interaction in June 2014 and September 2015. The individual points in the figure are data points which are outside of 3/2 times of inter-quantile range.

Table 5. Soil pH under different fertilizer and crop treatments

Treatment	pH						
	2014				2015		
	23 May	06 June	28 June	16 Aug.	22 Sep.	08 July	24 Sep.
Control	6.20a	6.23a	6.35a	6.22a	6.33a	6.31a	6.37b
Organic	6.21a	6.28a	6.32a	6.21a	6.31a	6.38a	6.43a
Synthetic	6.11b	6.16a	6.22a	6.09b	6.24b	6.19b	6.19c
SEM	0.02	0.03	0.02	0.02	0.02	0.02	0.02
Fallow	6.15a	6.17a	6.29b	6.06b	6.29a	6.30ab	6.28c
Mixture	6.18a	6.22a	6.31ab	6.20a	6.30a	6.29b	6.35ab
Red clover	6.17a	6.21a	6.25b	6.20a	6.24a	6.25b	6.30bc
Timothy	6.19a	6.29a	6.36a	6.24a	6.33a	6.35a	6.39a
SEM	0.03	0.03	0.02	0.02	0.03	0.02	0.02

Tests of Between-Subjects effects

Treatment	df	Significance level						
FT	2	**	ns	ns	*	*	**	***
CT	3	ns	ns	*	***	ns	*	**
FT×CT	6	ns	ns	ns	ns	ns	ns	ns

Tests of Within-Subjects effects (sphericity assumed)

Source	df	Significance level
Time	6	***
Time×FT	12	***
Time×CT	18	***
Time×FT×CT	36	ns

SEM = standard error of the means; FT = fertilizer treatment; CT = crop treatment; Time = sampling time points; df = degrees of freedom; ns = not significant; \* when  $p < 0.05$ , \*\* when  $p < 0.01$ , \*\*\* when  $p < 0.001$ . Different letters in a column indicate significant differences.

Table 6. Soil EC under different fertilizer and crop treatments

Treatment	EC $\mu\text{S cm}^{-1}$						
	2014					2015	
	23 May	6 June	28 June	16 Aug.	22 Sep.	08 July	24 Sep.
Control	42.9a	44.2b	29.7a	70.3c	53.0c	54.2c	34.4b
Organic	54.2a	66.5a	35.3a	113.0a	75.2a	82.2b	57.1a
Synthetic	64.7a	59.4a	36.0a	96.1b	59.8b	96.1a	57.3a
SEM	10.2	3.5	2.0	4.5	1.6	3.3	2.5
Fallow	57.8a	77.1a	43.0a	147.4a	79.3a	90.0a	58.3a
Mixture	62.9a	47.6b	30.9b	71.0c	54.4c	73.1bc	46.6b
Red clover	48.8a	55.6b	31.5b	86.9b	61.2b	81.9ab	50.1ab
Timothy	44.9a	46.6b	29.3b	67.2c	55.7c	65.1c	43.4b
SEM	11.7	4.0	2.2	5.2	1.8	3.8	2.9

Tests of Between-Subjects effects

Treatment	df	Significance level						
FT	2	ns	*	ns	**	***	***	**
CT	3	ns	**	**	***	***	**	**
FT×CT	6	ns	ns	ns	ns	ns	*	*

Tests of Within-Subjects effects (sphericity assumed)

Source	df	Significance level
Time	6	***
Time×FT	12	***
Time×CT	18	***
Time×FT×CT	36	ns

SEM = standard error of the means; FT = fertilizer treatment; CT = crop treatment; Time = sampling time points; df = degrees of freedom; ns = not significant; \* when  $p < 0.05$ , \*\* when  $p < 0.01$ , \*\*\* when  $p < 0.001$ . Different letters in a column indicate significant differences.

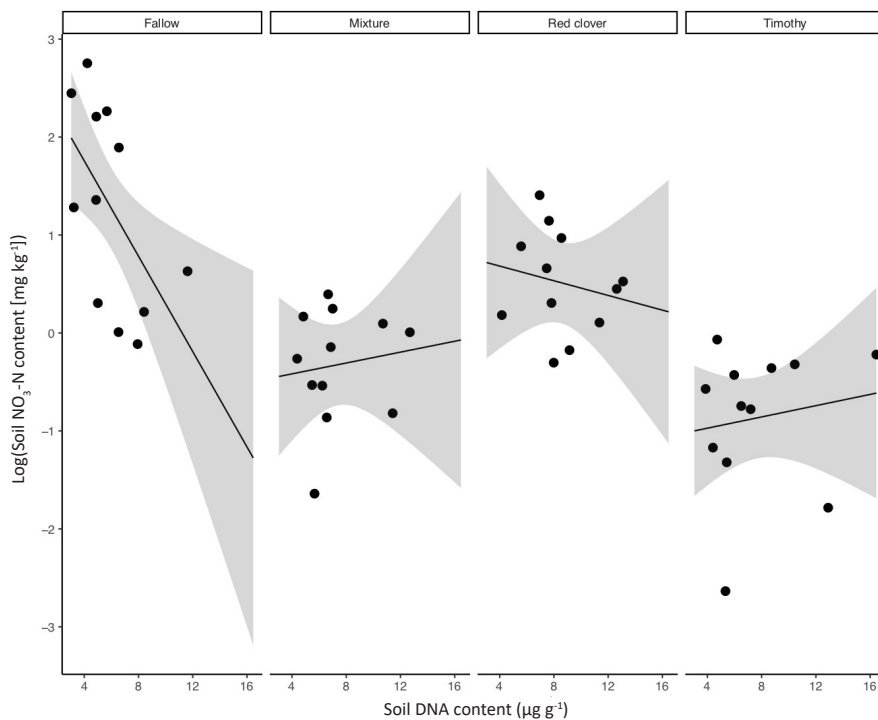


Fig. 5. Linear regression model between soil DNA content and  $\text{NO}_3\text{-N}$  content. The grey areas indicate the fitted values  $\pm 2$  standard error.

Table 7. Estimated regression parameters, standard errors, t-values and *p*-values

	Estimate	Std. Error	t-value	<i>p</i> -value
Intercept	2.73	0.57	4.76	2.53e-5***
DNA	-0.24	0.09	-2.73	0.00939**
Crop Mixture	-3.26	0.85	-3.84	0.00043***
Crop Red clover	-1.90	0.92	-2.06	0.04570*
Crop Timothy	-3.82	0.75	-5.11	8.40e-6***
DNA: Crop Mixture	0.27	0.12	2.26	0.02914*
DNA: Crop Red clover	0.21	0.12	1.71	0.09470
DNA: Crop Timothy	0.27	0.10	2.58	0.01369*

The adjusted R-squared equals 0.5712

## Discussion

We established a three-year field study to assess sustainable forage production in a boreal climate. Both the crop growth characters and soil properties were investigated to know which fertilization treatment (control, organic, synthetic) and crop management (bare fallow, pure red clover, pure timothy, mix of red clover and timothy) could yield higher with minimal negative environmental effects.

As predicted, we found that the grass-legume mixture was the most sustainable crop management, which yielded higher and was less prone to potential N loss. When not fertilized, the dry matter and N yields of red clover and clover-timothy mixture were higher than those of timothy. The yield of the mixture was higher than that of red clover, possibly due to the niche complementarity of clover and timothy (Nyfeler et al. 2009) and the stimulation of BNF due to the uptake of N by grass (Nyfeler et al. 2011). When fertilized at 150 kg N ha<sup>-1</sup> in 2015, the dry matter yields of mixture and timothy were increased. However, high fertilization rate did not increase the dry matter yield of red clover, possibly explained by inhibition of nodulation of rhizobia due to surplus soil N (Streeter and Wong 1988), which results in a decrease in BNF (Adams et al. 2018). Interestingly, the yields of mixture plots in the unfertilized control were higher than those of red clover and timothy in fertilized treatments in 2014, which indicated the advantages of mixture in increasing contributions from BNF. Additionally, as presented by Peoples et al. (2004), the lower crop C:N ratio (16–25:1) of mixture than that of timothy (22–36:1) may better balance the microorganisms dietary requirements and promote mineralization by microbes.

In the plant treatments, NO<sub>3</sub>-N content was highest in red clover and lowest in timothy, possibly resulting from BNF and the subsequent nitrification in red clover and mixture treatments. High soil NO<sub>3</sub>-N in fallow and red clover may result in high risk of potential N loss because of leaching and N<sub>2</sub>O emission from denitrification (Meng et al. 2005, Ju et al. 2006), especially with legumes (Scherer-Lorenzen et al. 2003). Both soil NO<sub>3</sub>-N and NH<sub>4</sub>-N decreased during late growing season and the extent of the decrease was different among fertilizer and crop treatments. In line with findings that higher fertilization induced excessive nitrate leaching (Eriksen et al. 2015, Karimi et al. 2017), the decrease of NO<sub>3</sub>-N and NH<sub>4</sub>-N within synthetic fertilized treatments was stronger than that of the organic fertilized treatment. However, considering the low dry matter yield in the organic fertilizer treatment, it is not justified to conclude that the N loss when using organic fertilizer were smaller than using synthetic fertilizer. Additionally, in the light of the stringency criteria from Kirchmann et al. (2016), concerning N input source, application time, and application rate, it is more scientific to assess yield per input and N loss per yield or per input when comparing the sustainability of organic and synthetic fertilizer treatments in our case.

Less soil N was found to be leached from mixture than from clover monoculture (Loiseau et al. 2001, Saarijärvi et al. 2007), which may explain why the N loss in soil over time was smaller in the mixture than in red clover plots when concerning the higher N yields in mixture plots than that in red clover plots. Virkajärvi et al. (2010) found that N<sub>2</sub>O emissions were lower in a grass sward than in a legume-grass mixture, and as suggested by Putz et al. (2018), the high C/NO<sub>3</sub>-N ratio in timothy may have resulted in lower N<sub>2</sub>O emission than in the mixture. High soil moisture and NO<sub>3</sub>-N content enhance denitrification (Ryden 1983, Dobbie et al. 1999). In our case in September 2015 the soil NO<sub>3</sub>-N content and moisture were both high, which may trigger biological denitrification. In this study, the soil DNA content was treated as a proxy for soil microbial biomass, and the relationship between DNA content and NO<sub>3</sub>-N content may indicate that the potential N loss in the mixture and timothy plots were lower than in the fallow and red clover plots. As suggested by Herai et al. (2006), the microbial biomass N formation

decreased  $\text{NO}_3\text{-N}$  leaching, and this could possibly explain why high DNA content was accompanied by high soil  $\text{NO}_3\text{-N}$  content in mixture and timothy. In addition, as Zechmeister-Boltenstern et al. (2002) suggested that substantial  $\text{NO}_3\text{-N}$  leaching was accompanied by the highest  $\text{N}_2\text{O}$  emission, less leaching in mixture and timothy plots may also contribute to decreased N loss through denitrification.

Long term N fertilization may result in soil acidification (Barak et al. 1997, Rice and Herman 2012). Accordingly, pH was lowest in synthetic fertilizer plots after two-year intensive fertilizer application. The acidification may induce more N loss through  $\text{N}_2\text{O}$  emission (Barak et al. 1997, Šlmeč and Cooper 2002, Rice and Herman 2012). Therefore, N supplied as organic fertilizer or by BNF may be considered more stable and less prone to N losses, suggesting that these N sources may be considered more sustainable in forage production.

As climate changes, the growing season in boreal areas might be prolonged as presented in Peltonen-Sainio et al. (2009), and the increasing needs for N fertilization may challenge the sustainable intensification system. Therefore, the complex interaction between fertilizer management, cropping management, and local weather need to be further studied.

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