

1 **Assessment of time-dependent platelet activation using**  
2 **extracellular vesicles, CD62P exposure, and soluble**  
3 **glycoprotein V content of platelet concentrates with two**  
4 **different platelet additive solutions**

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11 **Running Title**

12 EVs as a marker of platelet activation

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26 **Summary**

27 Novel analytical measures are needed to accurately monitor the properties of platelet  
28 concentrates (PC). Since activated platelets produce platelet-derived extracellular  
29 vesicles (EVs), analysing EVs of PCs may provide additional information about the  
30 condition of platelets. The prospect of using EVs as auxiliary measure of platelet  
31 activation state was investigated by examining the effect of platelet additive solutions  
32 (PAS) on EV formation and platelet activation during PC storage.

33 The time-dependent activation of platelets in PCs with PAS-B or with the further  
34 developed PAS-E was compared by measuring the exposure of CD62P by flow cytometry  
35 and the content of soluble glycoprotein V (sGPV) of PCs by an immunoassay. Changes  
36 in the concentration and size distribution of EVs were determined using nanoparticle  
37 tracking analysis.

38 A time-dependent increase of platelet activation in PCs was demonstrated by the  
39 increased CD62P exposure, sGPV content, and EV concentration. Using these strongly  
40 correlating parameters, PAS-B platelets were shown to be more activated compared to  
41 PAS-E platelets.

42 Since the pEV concentration correlated well with the established platelet activation  
43 markers CD62P and sGPV, it could potentially be used as a complementary parameter  
44 for platelet activation for PCs. More detailed characterization of the resulting EVs could  
45 help to understand how the PC components contribute the functional effects of transfused  
46 PCs.

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53 **Keywords**

54 Platelet concentrate; extracellular vesicle; platelet activation; platelet additive solution;  
55 CD62P; soluble glycoprotein V

## 56 **1 Introduction**

57 Platelet concentrates (PC) are manufactured for patients with haemostatic problems, e.g.,  
58 excessive bleeding or thrombocytopenia in cancer. The average lifespan of a platelet in  
59 blood circulation is 10 days [1], and the storage time of PC is typically 5 to 7 days [2]  
60 mainly due to an increased risk of bacterial contamination during extended storage at  
61 room temperature [3]. Efforts are made to increase the storage time of PCs by developing  
62 the platelet additive solutions (PAS), improving protocols in the PC preparation, pathogen  
63 inactivation and by more detailed quality control (QC) [4–6].

64 A crucial aspect of QC of PCs is the determination of platelet activation state. One widely  
65 used marker of platelet activation is P-selectin (CD62P) exposure of platelets. CD62P is  
66 transferred to the platelet plasma membrane through the fusion of  $\alpha$ -granules upon  
67 activation [7]. Another platelet-specific marker is the soluble form of glycoprotein V  
68 (sGPV), which is released from activated platelets through proteolytic cleavage [8]. The  
69 transmembrane form of glycoprotein V is located on the platelet surface as a part of a  
70 complex with glycoproteins Ib and IX, which is the major receptor for von Willebrand  
71 factor [9] and it also participates in thrombin [10] and collagen [11] binding. Other current  
72 QC assays of PCs include the quantification of platelet metabolites (glucose, lactate, pH)  
73 and dissolved gases ( $pO_2$ ,  $pCO_2$ ), and the determination of platelet function using the  
74 extent of shape change and hypotonic shock response. Also, different platelet parameters,  
75 such as the mean platelet volume and platelet count are commonly monitored to examine  
76 the quality of platelets [6].

77 Besides the platelets' main role in regulation of haemostasis, they have been shown to  
78 influence immune responses [7], which is an aspect to consider when platelet concentrates  
79 are administered to patients. During storage of PCs, platelets liberate a large variety of  
80 bioactive components that have been proposed to relate to adverse pro-inflammatory  
81 effects observed in storage lesion [12,13]. Although several different markers for  
82 measuring storage lesion have been suggested, a gold standard to evaluate the usability  
83 of PCs for transfusion has not yet been established [6]. Therefore, novel markers are  
84 needed to assess the condition of platelets in more detail.

85 Besides platelets, the PCs contains extracellular vesicles (EVs), which in majority are  
86 derived from platelets, but which also originate from red blood cells and leukocytes  
87 residually present in the plasma fraction of PCs [14]. One of the first functions in which

88 platelet-derived EVs were shown to participate in was haemostasis [15,16], implemented  
89 by the interaction of coagulation factors on the phosphatidylserine surface of the EVs  
90 [17]. Additionally EVs are considered to be biomarkers of thrombotic and inflammatory  
91 diseases, as well as cancer [18,19], and in general EVs have already been shown to  
92 mediate several (patho)physiological processes [20,21]. Furthermore, EVs have been  
93 suggested to contribute to the adverse transfusion-related reactions [22], underscoring the  
94 need to understand the possible effector functions of EVs in transfusion. In addition to  
95 the possible effects of the transfused EVs in patients, EV generation during the storage of  
96 PCs could be considered as auxiliary parameter to monitor the activation state of platelets,  
97 since the generation of platelet-derived EVs is dependent on the aging and activation  
98 status of platelets [23,24].

99 In the current study, EVs of PC were quantified to see whether the EV content could be  
100 utilized as a parameter of the activation state of platelets in PCs together with the  
101 recognized platelet activation markers, CD62P exposure of platelets and the sGPV  
102 content. This was investigated by examining the platelet activation state in aging PCs  
103 with different PAS.

## 104 **2 Materials and Methods**

### 105 **2.1 Sample Collection**

106 Standard leukocyte-reduced PCs each derived from buffy coats of four ABO RhD -  
107 matched whole blood donations with platelet additive solution B (PAS-B) or platelet  
108 additive solution E (PAS-E) were obtained from the Finnish Red Cross Blood Service  
109 (Helsinki, Finland) and were handled anonymously, as accepted by Finnish Supervisory  
110 Authority for Welfare and Health (Valvira, Helsinki, Finland). The exact composition of  
111 PAS-B and PAS-E, also known as PAS-2 and modified PAS-3 [25], respectively, have  
112 been reported elsewhere [26].

113 Sterile sampling was done using 50 mL syringes (Henke-Sass, Wolf GmbH, Tuttlingen,  
114 Germany) and 18-gauge needles (Terumo, Tokyo, Japan). Before sampling, the contents  
115 of the storage bag's tube were emptied into the storage bag and the PC was mixed by  
116 gently turning it from side to side 5 times. This procedure was repeated 3 times to obtain  
117 a representative sample. After extracting 20 mL of sample via the storage bag's tube, the  
118 tube was resealed. The sampling days (d) were d1, d2, d5, and d8 counting from the blood  
119 donation (d0), where d1 was the production day of PC. The d1 sampling was performed

120 within 2 hours after the PCs were available from the production line, approximately at 3  
121 p.m., whereas the d2 - d8 samplings were performed at 9 a.m. PCs were stored at 22 °C  
122 under constant horizontal agitation.

## 123 **2.2 Determination of CD62P Exposure of Platelets**

124 The CD62P expression on the platelet surface was determined by flow cytometry using 1  
125 mL of PC sample. PC samples were diluted 1:100 (to approx.  $1 \times 10^7$  per mL) using a  
126 diluent consisting of the same PAS used for PC production (either PAS-B or PAS-E; SSP  
127 or SSP+, (Macopharma, Tourcoing, France)) with 0.5% w/v Bovine Serum Albumin  
128 (Sigma-Aldrich, St. Louis, MO, USA). 50 µL of diluted PC sample was labelled using  
129 2 µL of fluorescein isothiocyanate (FITC)-coupled anti-CD41 (FITC Mouse Anti-Human  
130 CD41, clone HIP8 (Becton Dickinson, Franklin Lakes, NJ, USA)) and 5 µL of  
131 phycoerythrin-cyanine 5 (PE-Cy5)-coupled anti-CD62P (PE-Cy5 Mouse Anti-Human  
132 CD62P, clone AK-4 (Becton Dickinson)). For each sample an isotype control sample  
133 (50 µL of diluted PC sample labelled with 5 µL of PE-Cy5 Mouse IgG1  $\kappa$  isotype control,  
134 clone MOPC-21 (Becton Dickinson)) and a thrombin activated positive control sample  
135 with maximum CD62P expression (50 µL of diluted PC sample labelled with 2 µL of  
136 CD41-FITC and 5 µL of CD62P-PE-Cy5 and activated with 1 IU/mL thrombin (Roche,  
137 Basel, Switzerland)) were prepared. Samples and controls were labelled and analysed in  
138 BD TruCount-tubes (Becton Dickinson) containing a known number of fluorescent  
139 beads. Samples were analysed in singlicates, since previously the CD62P measurements  
140 had been found well repeatable [27]. After labelling samples were mixed, incubated for  
141 20 minutes at room temperature (RT) in the dark, further diluted with 500 µL of diluent,  
142 and stored in the dark until analysis.

143 The samples and controls were analysed with Navios flow cytometer (Beckman Coulter,  
144 Brea, CA, USA) at “high-flow” speed. The forward (FS) and side scatter detectors’ (SS)  
145 volt and gain settings had been adjusted such that the platelet population was centred in  
146 the FS –SS dot plot (at around  $10^1$ ) and the fluorescence detectors’ FL1 (FITC) and FL4  
147 (PE-Cy5) settings such that the detected fluorescence signals were well within the  
148 displayed ranges for all samples. The TruCount beads were gated based on their  
149 fluorescence in FL1, FL2 and FL3 channels and a platelet gate had been defined in the  
150 FL1 – SS dot plot. For each sample 5000 bead events were acquired, corresponding to

151 about 60000 platelet events. The gated platelet population was used to calculate the  
152 percentage of CD62P positive platelets, defined as:

- 153 - Based on the isotype control, a threshold was set to include 1% of all events with  
154 the highest fluorescence in the FL4-channel. All events with FL4-fluorescence  
155 above this threshold were defined as CD62P positive in comparison to the isotype  
156 control.
- 157 - Based on the positive control, a threshold was defined to include 95% of the  
158 thrombin activated platelet population with the highest fluorescence. All platelets  
159 with FL4-fluorescence above this threshold were considered CD62P positive in  
160 comparison to the positive control.

161 Platelet activation state was expressed in relation to both isotype and positive control as  
162 percentage of gated platelet population above the respective CD62P positivity threshold.

### 163 **2.3 Quantification of sGPV**

164 The quantification of soluble glycoprotein V (sGPV) was performed as reported  
165 previously [6]. Briefly, 1 mL of the PC was centrifuged (Biofuge 13 (Heraeus Sepatech,  
166 Hanau, Germany)) first at  $3600 \times g$  in RT for 15 minutes and the supernatant again at  
167  $11000 \times g$  in RT for 5 minutes (Biofuge 13). The supernatant was transferred to new tubes  
168 in 500  $\mu$ L aliquots and stored at  $-70 \text{ }^\circ\text{C}$  until sGPV quantification with a commercial kit  
169 (Asserachrom, Diagnostica Stago, France). For the measurement, samples were diluted  
170 1:80 - 1:640 using phosphate buffer provided with the kit, and the amount of sGPV was  
171 expressed as  $\text{pmol}/10^9$  platelets.

### 172 **2.4 Isolation of EVs**

173 A total of 17 mL of PC was used for EV isolation. To prevent platelet activation,  
174 Anticoagulant Citrate Dextrose Solution pH Eur Solution A (Terumo BCT, Lakewood,  
175 CO, USA) and Apyrase (Sigma-Aldrich) were added to the final concentrations of 4.25%  
176 v/v and 2 U/mL, respectively, and the PC was diluted 1:4 with phosphate buffered saline  
177 (PBS (Thermo Fisher, Waltham, MA, USA)). The diluted PC was centrifuged at  $650 \times g$   
178 at RT for 7 minutes (Eppendorf centrifuge 5810R, (Eppendorf, Hamburg, Germany))  
179 without brake, and the supernatant was centrifuged  $1560 \times g$  in RT for 20 minutes  
180 (Eppendorf centrifuge 5810R). The residual platelet content of the supernatant was  
181 reduced to  $1 \times 10^6$  platelets/mL, as confirmed with Coulter Cell counter T-540 (Beckman

182 Coulter). To extract the whole EV population from the PC, the supernatant was  
183 ultracentrifuged at  $100000 \times g$  at  $4\text{ }^{\circ}\text{C}$  for 1 hour (MLA-50 rotor, k-factor 92 (Beckman  
184 Coulter)). The supernatant was carefully decanted and remaining supernatant was  
185 removed with a pipette, after which the EV sample was resuspended into  $200\text{ }\mu\text{L}$  of PBS  
186 and stored in Protein LoBind tubes (Eppendorf) in  $-70\text{ }^{\circ}\text{C}$  until analysis.

## 187 **2.5 Quantification and Size Determination of Particles in EV samples**

188 The concentration and size distribution of particles in EV samples was determined using  
189 Nanoparticle Tracking Analysis. The used LM14C model was equipped with 70 mW  
190 violet (405 nm) laser (Malvern Instruments Ltd., Malvern, UK) and sCMOS camera  
191 (Hamamatsu Photonics K.K., Hamamatsu, Japan). Data were captured using camera level  
192 14, and 3 videos of 90 seconds were recorded, manually mixing the sample between  
193 measurements. EV samples from PAS-B PCs were diluted 1:1000, 1:2000, 1:5000 and  
194 1:10000 with filtered ( $0.2\text{ }\mu\text{m}$ ) PBS on d1, d2, d5 and d8 samples, respectively, and EV  
195 samples from PAS-E PCs were diluted 1:1000, 1:2000, 1:5000 and 1:5000 - 1:10000 on  
196 d1, d2, d5 and d8 samples, respectively. Data analysis was performed with threshold 5  
197 and gain 10. Data were recorded and analyzed with NanoSight software version 3.0  
198 (Malvern Instruments Ltd.). The data were reported as EV concentration of the PC on the  
199 sampling day by calculating the particle content of EV sample using the determined  
200 particle concentration and taking into account that the particles were isolated from 17 mL  
201 sample, considered as a representative sample of PC.

## 202 **2.6 Staining and Characterization of EV Samples on the ImageStreamX MkII**

203 EV samples from PAS-E were labelled with Alexa Fluor 488C<sub>5</sub>maleimide (Invitrogen,  
204 Carlsbad, CA, USA) for 60 minutes at RT as described previously [28]. Excess maleimide  
205 was removed by using exosome resin spin columns (Invitrogen) which were prepared  
206 according to manufacturer's instructions. Maleimide labelling without EVs was  
207 performed in a parallel fashion to confirm the dye retention by columns and to get "mock"  
208 controls for the experiments.

209 Different fluorescent stains for further characterization of EVs were used according to  
210 manufacturer's instructions. Antibodies were: CD41a AF647 (clone HIP8 (BioLegend,  
211 San Diego, CA, USA)), CD45 PerCP-Cy5.5 (clone 2DI (BioLegend)), CD63 BV510  
212 (clone H5C6 (BD BioScience, San Jose, CA, USA)), and CD235a Pacific Blue (clone  
213 HI264 (BioLegend)). Apolipoprotein A contamination was surveyed with ApoA1 PerCP

214 (BioSite, Täby, Sweden). Antibodies were incubated for 30 minutes in RT in the dark in  
215 PBS.

216 Maleimide488 and fluorescent positive EVs were detected using a 12 channel Amnis®  
217 ImageStream®X Mark II (EMD Millipore, Burlington, MA, USA) imaging flow  
218 cytometer. Samples were acquired at 60 × magnification with low flow rate/high  
219 sensitivity. The integrated software INSPIRE® (EMD Millipore) was used for data  
220 collection. The instrument and INSPIRE software were set up as follows: Excitation  
221 lasers 488, 642 and 785 and channels (Ch)01 and Ch09 (bright field), Ch06 (scattering  
222 channel), plus fluorescence channels Ch02, Ch05, Ch07, Ch08 and Ch011 were activated  
223 for signal detections.

224 At least 10000 events for each sample were acquired. Positive events for maleimide488  
225 were gated based on the intensity values and used for further analysis. Single colour  
226 controls were used for compensation and unlabelled EVs were used to determine the auto  
227 fluorescence. Buffer with and without antibody/maleimide488 molecules were used to  
228 determine the background noise. Compensated data files were analysed using image-  
229 based algorithms available in the IDEAS® statistical analysis software package (version  
230 6.2.188.0).

## 231 **2.7 Statistical Analysis**

232 Kruskal-Wallis test together with Dunn's multiple comparison test to take into account  
233 the effect of multiple testing was used to determine the significance of the results within  
234 PASs, and p-values of < 0.05 (\*), < 0.01 (\*\*), < 0.001 (\*\*\*), and < 0.0001 (\*\*\*\*) were  
235 considered significant. To determine the significance between PASs on d5 sample Mann-  
236 Whitney test together with Bonferroni correction was used, \* = Bonferroni adjusted p <  
237 0.05. Spearman correlation coefficient and related p-value together with R<sup>2</sup> value of the  
238 standard curve was used to determine the correlation between the different platelet  
239 activation parameters. All statistical analysis was performed using GraphPad Prism v.  
240 6.07 (GraphPad Software, Inc. La Jolla, CA, USA).

## 241 **3 Results**

### 242 **3.1 CD62P Exposure of Platelets**

243 A statistically significant, time-dependent increase in the CD62P exposure was observed  
244 during the eight day storage period. The exposure of CD62P in the PAS-B stored platelets



245 increased from 8.5% to 78% ( $p = 0.0226$  and  $0.0002$  on d5 and d8, respectively) when  
246 compared to the positive, thrombin activated control (Fig. 1A). In PAS-E platelets, the  
247 average CD62P exposure increased from 3.6% to 71% ( $p = 0.0028$  on d8) compared to  
248 the positive control (Fig. 1A).

249 When CD62P exposure was determined by comparison to the isotype control, the CD62P  
250 exposure of PAS-B platelets increased from 36% to 70% ( $p = 0.0177$  and  $0.0005$  on d5  
251 and d8, respectively) and from 24% to 53% ( $p = 0.0117$  on d8) in the PAS-E platelets  
252 (Fig. 1B).

253 Regardless of the CD62P exposure determination method, on d5, the last day when the  
254 PC can be transfused to patients, platelets in PAS-B PCs exposed more CD62P than  
255 platelets in PAS-E PCs (Bonferroni adjusted  $p = 0.0016$  for both, Fig. 1A and B)

### 256 **3.2 Content of sGPV in PCs**

257 The sGPV content of PAS-B PCs increased from the average of 2.1 to 24.5 pmol/ $10^9$   
258 platelets during the storage ( $p = 0.0225$  and  $0.0002$  on d5 and d8, respectively (Fig. 1C)).  
259 Also in the PAS-E PCs, the increase in sGPV was statistically significant, but more subtle,  
260 as the sGPV concentration increased from 1.8 to 12.1 pmol/ $10^9$  platelets ( $p = 0.0224$  and  
261  $0.0002$  on d5 and d8, respectively) during the 8 day storage (Fig. 1C). The sGPV content  
262 of PCs was significantly higher in PAS-B PCs than PAS-E PCs at d5 ( Bonferroni  
263 adjusted  $p = 0.0158$ , Fig. 1C).

### 264 **3.3 Concentration and Size Distribution of Particles in EV Samples**

265 The particle concentration in EV samples of PAS-B PCs significantly increased during  
266 the 8 day storage period from  $1.1 \times 10^{10}$  particles/mL on d1 to  $1.3 \times 10^{11}$  particles/mL on  
267 d8 ( $p = 0.0292$  and  $0.0021$  on d5 and d8, respectively) and in the PAS-E PCs from  $7.9 \times$   
268  $10^9$  particles/mL on d1 to  $3.7 \times 10^{10}$  particles/mL on d8 ( $p = 0.0019$  and  $p < 0.0001$  on d5  
269 and d8, respectively (Fig. 1D)). Both the PAS-B and PAS-E PCs initially had similar  
270 particle concentration in EV samples, but from d2 time point onwards the particle  
271 concentration in EV samples of PAS-B PCs was higher compared to PAS-E PCs  
272 (Bonferroni adjusted  $p = 0.016$  on d5, Fig. 1D).

273 The size distribution of particles in EV samples changed significantly during the aging  
274 only in the PAS-B PCs (Fig 1E). Initially, 61% of the particles were  $< 100$  nm in diameter,  
275 but after 8 days of storage, the percentage of particles  $< 100$  nm had decreased to 27% ( $p$

276 = 0.0070). Consequently, the percentage of particles with a diameter of 101 – 200 nm was  
277 initially 31%, which increased to 56% at d8 ( $p = 0.0484$ ). In contrast to PAS-B, no  
278 significant alteration in the size distribution of particles in EV samples was observed in  
279 PAS-E PCs (Fig. 1E).

### 280 **3.4. Characteristics of EV Isolated from PCs**

281 From all the maleimide-positive particles in the EV samples, the majority expressed  
282 CD41, indicating that the EVs isolated from the PCs are mainly derived from platelets.  
283 Also, EV-marker CD63 was abundantly present and the number of CD41 and CD63  
284 positive particles increased during the 7 day storage. Besides the platelet-derived  
285 particles, minute amounts of leukocyte- and erythrocyte-derived particles and ApoA1  
286 were detectable in the EV samples (Table 1).

### 287 **3.5 Correlation of EV Sample Particle Concentration with CD62P Exposure and** 288 **sGPV Content**

289 A strong positive correlation was observed between the particle concentration of EV  
290 samples and the sGPV content of PCs ( $R^2 = 0.7639$ , Spearman  $r = 0.7906$  with  $p < 0.0001$ ,  
291 Fig. 2A), and very strong positive correlation was observed between the particle  
292 concentration of EV samples and the CD62P exposure of platelets ( $R^2 = 0.6626$ ,  
293 Spearman  $r = 0.8269$  with  $p < 0.0001$ , Fig. 2B), and between the sGPV content of PCs  
294 and the CD62P exposure of platelets ( $R^2 = 0.8816$ , Spearman  $r = 0.9253$  with  $p < 0.0001$ ,  
295 Fig. 2C).

## 296 **4 Discussion**

297 For a few decades PCs have been prepared with PAS together with some plasma. Initially  
298 only plasma-containing PCs were favoured due to better functionality (estimated by the  
299 corrected count increments and bleeding) compared to only PAS-containing PCs [29].  
300 The disadvantages of the plasma-containing PCs include increased incidences of adverse  
301 transfusion-related reactions, mainly allergic reactions, but possibly also transfusion-  
302 related acute lung injury and ABO mismatched haemolysis [26]. Currently approximately  
303 30% of the volume of PAS-containing PCs still contain plasma to maintain platelet  
304 functionality [30], but the development of PAS has resulted in a notable improvement of  
305 platelet quality and functionality, leading to experimentations with decreased content of  
306 plasma in PCs with PAS [31]. At the moment PAS-E is considered to be the best PAS

307 developed, having similar platelet functionality to the PCs with plasma in terms of  
308 corrected count increment [29], and it has been even hypothesized whether with the  
309 addition of further components such as glucose [30], the advantage of plasma could be  
310 surpassed in favour of the PAS-only PCs. The driving force behind reducing the plasma  
311 content in PCs is the potential decline in the incidence of adverse transfusion-related  
312 reactions. Additionally, the leftover plasma could be utilized for fractionation to produce  
313 other transfusable products [26].

314 All common PASs contain NaCl and acetate [26]. NaCl is added in varying amounts to  
315 adjust the PC osmolarity, and acetate is added for two reasons: firstly, to provide an  
316 alternative energy source in addition to glucose, as it reduces lactate production and  
317 consequently influences the pH of the PC. Secondly, during the enzymatic processing of  
318 acetate carbon dioxide is formed, which further reacts with water to form bicarbonate  
319 providing increased buffer capacity to PCs [32]. Most PASs also contain citrate as  
320 anticoagulant, which provides yet another energy source, and added buffer capacity  
321 [26,33]. Furthermore, PAS-E contains phosphate, potassium, and magnesium whereas  
322 PAS-B does not [26]. Phosphate is added to PCs for improved buffer capacity and to  
323 stimulate platelet glycolysis [34]. PASs with different compositions have been  
324 extensively tested, and the addition of potassium and magnesium have been connected to  
325 decreased cytokine [35] and lactate [36,37] production, as well as decreased CD62P  
326 [37,38] and phosphatidylserine [38] exposure of platelets. Our results on time-dependent  
327 platelet activation are in line with these previous findings, as based on the three assessed  
328 platelet activation markers (CD62P exposure of platelets together with sGPV and EV  
329 content of PCs), platelets in PAS-B PCs were more activated than the PAS-E PC platelets  
330 on d5, the last day when PC could be transfused to patients. A significant increase in the  
331 activation state of the PAS-B platelets was detected with all three activation markers at  
332 d5 sampling. For PAS-E PCs a significant increase in the sGPV content and EV particle  
333 concentration was observed at d5 as well, whereas a significant increase in the CD62P  
334 exposure was observed only at d8. Although it is unclear how the altered PAS  
335 composition affects platelet activation, the mechanism might involve membrane  
336 potassium movement and permeability [39]. Similarly to CD62P and sGPV, a time-  
337 dependent increase of EV concentration in PCs was observed, in line with previously  
338 published results [40,41]. Based on the current data EV concentration correlated well with

339 the sGPV content and the CD62P exposure of platelets, indicating that the EV  
340 concentration could be used to indicate platelet activation in PCs.

341 As shown previously, determination of both the CD62P exposure of platelets and the  
342 sGPV content in PCs were sensitive and reproducible methods to detect platelet activation  
343 [6,27]. As an additional advantage of these methods, the maximum extent for both  
344 parameters can be determined, which helps to estimate the platelet activation state by  
345 giving either a relative or an absolute [42] boundary value (for CD62P and sGPV,  
346 respectively). Contrary to CD62P and sGPV measurements, it is not possible to generate  
347 an accurate control for a maximum EV production as different agonists produce varying  
348 amounts of platelet-derived EVs [23]. Although current PC manufacturing processes  
349 ensure minimal cell contamination, EVs from erythrocytes, platelets and leukocytes are  
350 present in PC already due to the plasma component of the PCs, as shown in this study and  
351 by others [14]. It is difficult to determine, whether the platelet-derived EVs are produced  
352 due to aging-related platelet activation, as a result of interaction of buffy coat components  
353 during the storage, or even apoptosis-like process [43]. The interaction of buffy coat EVs  
354 and platelets might explain the platelet activation to some degree [44] and consequently  
355 the high variation in the particle concentration of EV samples from PCs especially seen  
356 in the d8 samples. Additionally considering the variance in donors [45,46], current EV  
357 sample preparation methods [47] and the lack of standardized and accurate EV  
358 quantification methods [48–50], it must be stressed that although EV concentration seems  
359 as a potential marker of platelet activation, significant development and standardization  
360 will needed before the current methods could be replaced to determine platelet activation  
361 state in PCs. The authors would like to underline that EVs could still be used as a  
362 complementary platelet activation marker to CD62P and sGPV.

363 In addition to EV concentration being a marker for platelet activation similarly to CD62P  
364 or sGPV, EVs could also provide qualitative information of PC aging and possibly even  
365 functionality. Besides influencing the size [23,51] and the molecular cargo [23,24,52] of  
366 produced EVs, platelet activating conditions have been shown to affect the subsequent  
367 function of produced EVs [53], and future studies could concentrate on the qualitative  
368 information provided by PC-derived EVs. In the current study, we observed a time-  
369 dependent increase in the size distribution of particles in the EV samples from platelets  
370 stored in PAS-B. Since platelet activation was influenced by the PAS composition, it may  
371 also have an influence to the produced EVs. Another possible explanation to the altered

372 size could be an artefactual clumping of EVs, which has been shown previously [54].  
373 However, the effect was only subtle compared to the size of e.g., EV doublets and without  
374 a corresponding decline in the particle concentration, so formation of stickier EVs is  
375 unlikely to explain the current results. A change in the EV population in the PC, reflected  
376 by the size change, could also have functional effects upon transfusion [55]. To  
377 understand the potential effects of EVs in storage lesion, adverse transfusion-related  
378 reactions, or immunomodulatory functions in general, it will be necessary to carefully  
379 examine the molecular composition of EV populations by lipidomics, proteomics, or  
380 metabolomics [56–58]. Moreover, characterizing the PC-derived EVs could be also a step  
381 towards personalized transfusion treatments, where patients could be targeted to receive  
382 PCs that would suit their needs the best [45,46], e.g., PCs that have more procoagulant  
383 potency in the case of severe bleeding. By doing this, the utilization of PCs could be  
384 optimized, leading to less wasted PCs and hopefully to transfusions with less adverse  
385 transfusion-related reactions.

386 In conclusion, EVs may be useful tools in QC of PCs in the future, and the molecular  
387 characterization of EVs could provide more information about the state and usability of  
388 the PCs, ultimately benefitting the patients receiving transfusions.

## 389 **5 Statements**

### 390 **5.1 Acknowledgements**

391 The authors would like to thank Lotta Sankkila for the assistance in sample preparation  
392 and Reija Soukka for the assistance in the sampling procedure. Mikko Arvas is also  
393 thanked for the guidance and support in statistical analyses.

### 394 **5.2 Statement of Ethics**

395 The authors have no ethical conflicts to disclose.

### 396 **5.3 Disclosure Statement**

397 The authors have no conflicts of interest to declare.

### 398 **5.4 Funding Sources**

399 Part of this work was funded by SalWe Research Program Personalized Diagnostics and  
400 Care (GET IT DONE) (Tekes - the Finnish Funding Agency for Technology and

401 Innovation grant Dno 3986/31/2013 (SV, PS, SL); the Academy of Finland program grant  
402 No 287089 (SV, PS); and Magnus Ehrnrooth Foundation (SV, PS).

### 403 **5.5 Author Contributions**

404 SV, PS, and SL designed the study that was critically reviewed by AV, JE, and KJ. SV  
405 completed the NTA data collection and data analysis. BM completed the CD62P data  
406 collection and data analysis. AV completed the sGPV data collection and data analysis.  
407 UI completed the Amnis sample preparation, data collection and analysis. SV, PS, and  
408 SL interpreted the results. SV, BM, PS, and SL wrote the manuscript, which was critically  
409 revised by AV, JE, and KJ. All authors approved the final manuscript.

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583

## 584 **7 Figure Legends**

585 Figure 1: Quality control markers used for the evaluation of platelet activation during  
586 storage of platelet concentrates with platelet additive solution (PAS-)B and PAS-E. Time-  
587 dependent changes in the CD62P exposure of platelets, when compared to a positive (A)  
588 or an isotype control (B); soluble glycoprotein V (sGPV) production of platelets (C);  
589 concentration (D) and size distribution (E) of particles in the extracellular vesicle samples  
590 isolated from platelet concentrates. Statistical difference within a given PAS, is indicated  
591 with black and grey stars for PAS-B and PAS-E platelet concentrates, respectively, \* =  $p$   
592  $< 0.05$ , \*\* =  $p < 0.01$ , \*\*\* =  $p < 0.001$ , \*\*\*\* =  $p < 0.0001$  compared to day (d)1 using  
593 Kruskal-Wallis test with Dunn's multiple comparison. Statistical difference between  
594 PAS-B and PAS-E platelet concentrates on d5, \* = Bonferroni adjusted  $p < 0.05$  using  
595 Mann-Whitney test with Bonferroni correction is indicated with a red star. Bars represent  
596 mean with standard deviation in A-D, columns present mean and bars standard deviation  
597 in E. Data were acquired in 3 independent experimental settings,  $n = 4-5$  (PAS-B in all  
598 figures, PAS-E in A and B) or 10 (PAS-E in C, D, and E).

599 Figure 2: Correlation analysis of the three different markers for platelet activation:  
600 particle concentration in the extracellular vesicle samples and sGPV production of  
601 platelets (A); particle concentration in the extracellular vesicle samples and CD62P  
602 exposure of platelets, when compared to positive control (B); sGPV production and  
603 CD62P exposure of platelets (comparison to a positive control) (C). Figure was compiled  
604 using data from both platelet additive solution B and E platelet concentrates acquired  
605 from 3 independent experimental settings.

606 Table 1: Frequency (%) of surface markers identified from maleimide-positive particles  
607 of EV samples isolated from platelet concentrate on day 1 and day 8.