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Maximizing the yield of A-polar GaAs nanowires to achieve a single-phase structure and enhanced functionality

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Optimizing the yield of A-polar GaAs nanowires to achieve defect-free zinc blende structure and enhanced optical functionality

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Compound semiconductors exhibit an intrinsic polarity, as a consequence of the ionicity of their bonds. Nanowires grow mostly along the (111) direction for energetic reasons. Arsenide and phosphide nanowires grow along (111)B, implying a group V termination of the (111) bilayers. Polarity engineering provides an additional pathway to modulate the structural and optical properties of semiconductor nanowires. In this work, we demonstrate for the first time the growth of Ga-assisted GaAs nanowires with (111)A-polarity, with a yield of up to ~50%. This goal is achieved by employing highly Ga-rich conditions which enable proper engineering of the energies of A and B-polar surfaces. We also show that A-polarity growth suppresses the stacking disorder along the growth axis. This results in improved optical properties, including the formation of AlGaAs quantum dots with two orders of magnitude higher brightness. Overall, this work provides new grounds for the engineering of nanowire growth directions, crystal quality and optical functionality.

1 Introduction

Semiconductor nanowires (NWs) have gained increasing interest due to unique properties arising from their one-dimensional morphology and functionalities enabled by their characteristic growth mechanism.¹⁻¹⁴ The most common technique for NW growth is the vapor-liquid-solid (VLS) method, in which a liquid droplet collects precursors from the vapor phase to then precipitate them at the interface with the solid.¹ Most commonly, gold is used as the VLS growth catalyst,²⁻⁵ however, it may contaminate NWs.⁶ Ga-assisted growth, otherwise known as self-catalyzed growth, overcomes this challenge for GaAs.⁷⁻¹⁴ An intrinsic property of compound semiconductors is their polarity. This term refers to the electric dipole of the bonds, originating from the different electron affinity of the composing elements. The sign and magnitude of this finite electrical field depends on the crystal direction. Compound semiconductor NWs tend to grow in the <111> directions. (111) surfaces are

composed by bi-layers of III-V dumbbells with an intrinsic electric field normal to the surface. When the surface is terminated by a group III or V element, it is named (111)A and (111)B, respectively. Recent developments in electron microscopy allow for a relatively straightforward determination of the polarity of NW growth direction.¹⁵⁻¹⁷ NWs tend to grow with a prevalent polarity, depending on the material. For example, Ga(N,P,As), In(N,P,As,Sb) and Zn(S,Se,Te) tend to grow along the <111>B direction, while ZnO shows mostly <111>A-polarity.¹⁵⁻²¹ Recently, it has been shown that the structural properties of compound semiconductor NWs can vary significantly when their growth direction and polarity are modified.²² In bulk, GaAs exhibits zinc blende (ZB) structure, while the presence of polytypism and wurtzite phase (WZ) in (111)B-polar GaAs NWs is well documented.²³⁻²⁵ Few groups have assessed the engineering of crystal growth polarity by modifying the contact angle of the VLS droplet. Yuan et al demonstrated for the first time that modifying the droplet wetting and surface energy allowed for the switching of the polarity of Au-catalyzed GaAs NWs from the usual B to A.²⁶ According to their study, A-polar NWs are obtained with higher contact angles, which they explained by the higher surface energy of A-polar surfaces. The presence of rotational twins²⁷ and polytypism typically observed in B-polar NWs as completely suppressed in A-polar NWs. This

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1 was an important finding as it opened the path toward growth of
 2 defect-free GaAs NWs. Another recent study showed similar
 3 results on Sn-seeded GaSb NWs.²⁸ In this case, the A- polar
 4 NWs were defect-free, in contrast to the B-polar NWs which
 5 had spaced stacking defects appearing in the $\langle 111 \rangle$ A direction.
 6 The presence of these defects resulted in zigzag-shaped
 7 sidewalls in B-polar NWs.
 8 In this work, we demonstrate for the first time that GaAs NWs
 9 can be grown reliably grown in the $\langle 111 \rangle$ A direction by the Ga-
 10 assisted VLS method. This shows that catalyst for growth of A-
 11 polar GaAs NWs does not need to be restricted to gold. This
 12 observation is significant, because gold-assisted growth is not
 13 compatible with the existing semiconductor industry. We
 14 provide a parametric study on the occurrence of the two
 15 polarities as a function of Ga and As₄ fluxes and substrate
 16 temperature. The detailed study of the crystal structure of NWs
 17 having different polarities is performed by aberration-corrected
 18 high-angle annular dark field scanning transmission electron
 19 microscopy (AC-HAADF-STEM). The relation between the
 20 nanowire polarity and the optical properties have been studied
 21 by low temperature cathodoluminescence (CL).

22 Experimental details

23 First, the GaAs (100) substrates were etched in HF to remove
 24 the native oxide. The silicon oxide layers were obtained by spin
 25 coating a solution of Hydrogen Silsesquioxane (HSQ) and
 26 Methyl Isobutyl Ketone (MIBK). The spin-coated layers were
 27 annealed at 300 °C for 10 minutes. The oxide thicknesses used
 28 for all the samples were around 3.3 nm. Two additional
 29 annealing steps at 150 °C and 300 °C for two hours each were
 30 performed inside the MBE chamber. The initial chamber
 31 pressure for all the growths was less than 5×10^{-10} Torr. For the
 32 sample discussed in Figure 6, the growth conditions for the NW

33 core were: the V/III ratio of 1.9, 2D growth rate of 0.24 Å/s, at a
 34 substrate temperature of 640 °C. The growth conditions for the
 35 shell were: As flux of 9.3×10^{-6} mbar, 2D growth rate of 0.7
 36 Å/s, substrate temperature of 450 °C.
 37 The TEM samples were prepared by scraping a TEM grid on an
 38 as-grown sample.²⁹ Atomic resolution HAADF-STEM was
 39 performed in a probe corrected FEI Titan 60-300 keV
 40 microscope operated at 300 keV. TEM images given in Figure 5
 41 were obtained with an FEI Talos machine operating at 200 keV.
 42 The CL measurements were performed using an Attolight Rosa
 43 4634 SEM-CL microscope at the Interdisciplinary Center for
 44 Electron Microscopy (CIME), EPFL. The measurements
 45 reported in Figure 5(h) and 6(a) were performed using a beam
 46 accelerated to 5 keV, while for the measurements in Figure 6(i)
 47 and 5(j) this value was 8 keV. For all the measurements, the
 48 acquisition time of each spectra was 0.1 s and the beam current
 49 was on the order of 1 nA.

50 Results and Discussion

51 Polarity in compound semiconductor NWs can be determined in
 52 an unambiguous manner by identifying the atomic columns in
 53 the material, typically using AC-HAADF-STEM techniques.²²
 54 These techniques are precise at the atomic level but
 55 incompatible with a fast statistical assessment on a large
 56 ensemble of NWs. Alternatively, the NW growth polarity can be
 57 determined by their orientation with respect to the epi-substrate,
 58 which in our case is GaAs(100). Figure 1 represents the atomic
 59 arrangement of NWs oriented along the $\langle 111 \rangle$ A and $\langle 111 \rangle$ B
 60 with respect to such substrate. In the insets, we provide the
 61 details of atomic order when looking along the $[-110]$ and $[110]$
 62 zone axes, respectively. We have assessed the polarity of NWs
 63 in ensembles by correlating their orientation with the crystalline
 64 axes of the substrate using top view SEM micrographs.

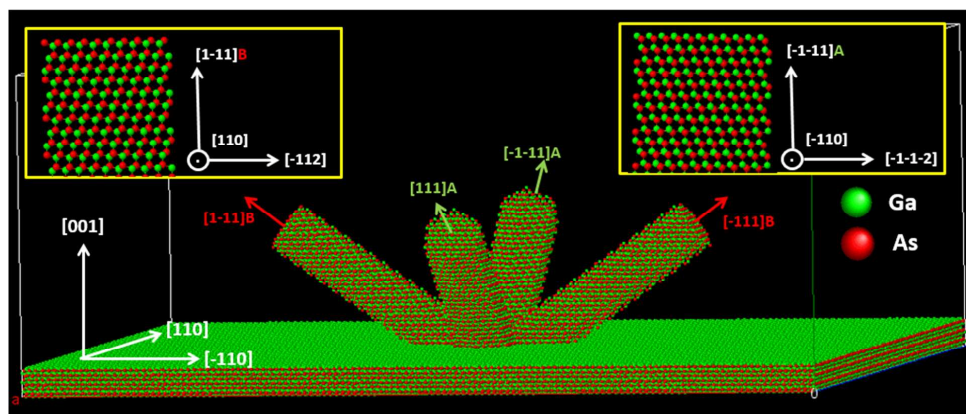


Figure 1. Three-dimensional atomic model of GaAs NWs oriented along the $\langle 111 \rangle$ B and $\langle 111 \rangle$ A directions on a GaAs(100) substrate. The insets zoom in the atomic ordering in the $[110]$ and $[-110]$ zone axis, respectively, for B and A-polar NWs.

65 Figure 2(a) shows a representative top-view scanning electron
 66 microscope (SEM) image of one of the grown samples. Here,

67 the NW projections appear oriented along the two perpendicular
 68 directions, which correspond to the $\langle 111 \rangle$ A and $\langle 111 \rangle$ B

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1 directions. A closer look at this image reveals the presence of
 2 NWs crawling on the surface. Similar structures were
 3 previously observed in the VLS growth of NWs.³⁰ A low V/III
 4 ratio yields the formation of big droplets, which can easily be
 5 unpinned from the top of the structures in the early stages of
 6 growth and fall down onto the substrate. The subsequent growth
 7 originating from such droplets will result in the formation of
 8 crawling structures.³¹ Increased oxide thickness or hole density
 9 might prevent the appearance of crawling objects.³²⁻³⁵ Figures
 10 2(b) and (c) show the cross-sectional SEM images of another
 11 sample in the two perpendicular cleaving directions. One can
 12 distinguish the two NW populations also in this configuration.

27

13 As expected, the angle of the NWs with respect to the substrate
 14 normal is 54.5°.
 15 We have studied the ratio between number of the B and A-polar
 16 NWs as a function of the growth parameters. For this, we have
 17 kept the substrate temperature at 640 °C and modified the V/III
 18 ratio and the Ga flux. Statistics of the population of A-polar
 19 NWs obtained from examining the top-view SEM images is
 20 shown in Figure 2(d). We observe an increase in the population
 21 of A-polar NWs when reducing the V/III ratio. This effect will
 22 be discussed shortly. Unexpectedly, the Ga flux itself also
 23 affects the A/B ratio, with an optimum value being around 0.21-
 24 0.24 Å/s. It was not possible to distinguish the two polarities in
 25 the range of grey data points due to the shorter lengths of the
 26 nanowires.

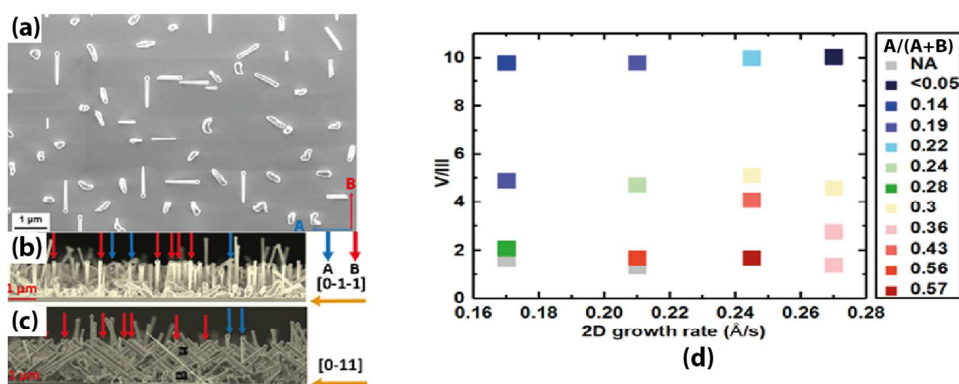


Figure 2. (a) Top view SEM image of a sample grown with a Ga rate of 0.21 Å/s and a V/III ratio of 1.7. The colored arrows indicate the projections corresponding to <111>A and <111>B directions. (b) and (c) Cross-sectional SEM images of a sample grown with a Ga rate of 0.60 Å/s and a V/III ratio of 2.9, cleaved along the two <100> directions. The colored arrows indicate the NW polarity (A or B) according to their orientation with respect to the (100) GaAs substrate. (d) Fraction of A-polar NWs as a function of V/III ratio and the 2D equivalent Ga growth rate. There is a clear increase in A-polar NW fraction when the V/III ratio is reduced. In addition, the Ga flux itself also affects the fraction of A-polar NWs, with a clear maximum in the range of 0.21-0.24 Å/s.

28
 29 From Fig. 2 (b), we see that the fraction of A-polar NWs can
 30 be tuned to 0.57 for V/III ratios of around 2 and Ga rates of
 31 0.21-0.24 Å/s. We note that the growth conditions leading to
 32 the highest yield of A-polar NWs on GaAs(100) substrates do
 33 not work on (111)A substrates. Instead, NWs crawling on the
 34 substrate surface was mostly observed on (111)A under similar
 35 conditions. We attribute this result to the different wetting
 36 properties of the Ga droplet on (100), (111)B and (111)A
 37 surfaces.
 38 These results indicate a competition between the nucleation of
 39 A and B-polar GaAs NWs on GaAs(100) substrates, where the
 40 A-polarity is preferred at low V/III ratios. A quantitative
 41 description of the nucleation probabilities for NWs with
 42 different parameters under different Ga and As₄ fluxes requires
 43 a separate study and will be presented elsewhere. Here we just
 44 mention that the liquid droplet catalyzing the VLS growth of
 45 any NWs should wet the growth front but not the NW
 46 sidewalls.^{26,28,36} In general, (111)A facets are rarely seen as
 47 the growth front in a nanowire. One reason could be that their

48 surface energy would be higher than for (111)B and hence
 49 their formation would be energetically and geometrically
 50 suppressed in favor of the (111)B facets.^{31,37,38} The (111)
 51 surface energy as well as the nucleation probability of GaAs is
 52 also affected by kinetic or thermodynamic factors such as
 53 chemical potential in the liquid phase.^{2,42} It is very possible
 54 that a reduction in the As concentration under lower As fluxes
 55 causes the effective energies of A and B surfaces to decrease
 56 and increase, respectively. This reduction results in increasing
 57 the wetting chance of an A-polar surface with respect to a B-
 58 polar surface. For this reason, lowering the V/III ratio could
 59 increase the probability of wetting A-polar surfaces and hence
 60 growing A-polar NWs. We note that the previous attempts to
 61 grow A-polar GaAs and GaSb NWs (gold and tin-catalyzed,
 62 respectively)^{26,28} used a similar strategy for increasing the
 63 wettability of A-polar surfaces, although without changing the
 64 V/III ratio to achieve this goal. The coexistence of NWs of
 65 different polarities can be explained by the fact that the
 66 modification in the energy of A-polar surfaces might not be
 67 enough to make the wetting of the B-polar surfaces completely

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1 unfavorable.^{26,28} The highest yield of A-polar NWs
2 corresponds to extremely low As₄ fluxes. Further decrease of
3 the As₄ input cannot be achieved in a reproducible manner
4 because the lowest flux is already close to the background
5 pressure under our growth conditions. Hence, it is not possible
6 to further reduce the V/III ratio to obtain a higher yield of A-
7 polar NWs.

8 Changing the V/III ratio strongly affects the contact angle of
9 Ga droplets seated on top of developed NWs. Recently, contact
10 angle engineering has been used to tune the growth direction
11 and polarity of NWs.^{26,39} The contact angles and the growth
12 interfaces of our A and B-polar GaAs NWs will be discussed
13 shortly.

14 We now turn to the analysis of the polarity by AC-HAADF-
15 STEM. Unless otherwise stated, the NWs considered here are
16 covered with an AlAs/Al_{0.33}Ga_{0.67}As/GaAs shell
17 heterostructure with nominal thicknesses of 10 nm /100 nm
18 /10 nm respectively. Al_{0.33}Ga_{0.67}As shell is previously shown
19 to contain self-assembled (Al)GaAs quantum dots (QDs)⁴⁰
20 whose optical properties are affected by the polarity. The
21 AlAs and the final GaAs layers are used for enhancement of
22 the QD formation⁵⁰ and protection of Al_{0.33}Ga_{0.67}As against
23 oxidation, respectively. Figure 3(a) shows the low
24 magnification STEM image of a NW. Figure 3(b) shows
25 atomically resolved AC-HAADF-STEM image of the middle
26 part of the NW, demonstrating its defect-free crystal structure.
27 Figure 3(c) shows the profile intensity scan in the direction of
28 the arrow shown in the inset of Figure 3(b). This figure
29 indicates that dumbbells are terminated by Ga/Al, confirming
30 that this NW is A-polar. The crystal quality in the bulk of the
31 NW is similar to the section shown in Figure 3(b), except for
32 the parts at the base which correspond to the initial stages of
33 growth. Figure 3(d) shows the neighboring sections of A, B
34 and mixed polarities. The zoomed-in image of such sections is
35 presented in Figure 3(e). The atomically resolved detail of the
36 mixed section is shown in Figure 3(f), indicating 9R Ramsdell
37 polytypism.⁴¹ The step in the (111) ortho-twin boundary that
38 forms a coherent, six monolayers high $\Sigma = 3$ (1-12) para-twin
39 facet is also observed in Figure 3(g). The three monolayer step
40 shows that the polarity across the {111} plane is preserved on
41 each side of the step and that the atomic arrangements on the
42 opposite sides of the (1-12) facet are related by a mirror
43 symmetry. The As atoms form an As-As bond, while the As

44 and Ga atoms on the boundary plane become 5-fold and 3-fold
45 coordinated, as shown previously by Sanchez et al. In this
46 work, a very similar type of defect was observed in (111)B
47 GaAs(P) NWs. It was deemed to be detrimental to the
48 functional properties of the structure, as it can act as a non-
49 radiative recombination center.⁴² The NW base also presents
50 twins perpendicular to the growth axis, as in Figure 3(g). These
51 twins do not result in switching the polarity of the NW, which
52 otherwise would imply the formation of an electrostatic
53 potential barrier that scatters the carriers and reduces their
54 mobility.¹⁵

55 The twins present at the base of the NW are in stark contrast
56 with the defects shown in Figure 3(h), in which we show the
57 occurrence of lateral twins.⁴³ These defects flip the polarity
58 from A and B along the NW growth direction, but not across
59 the twin boundary. This type of lateral twin is commonly
60 observed in {111} grown non-polar NWs (e.g., in Ga-
61 catalyzed Si NWs).⁴³ In our GaAs NWs, twins mostly occur
62 along a B-polar direction, meaning that in a B-polar NW, the
63 twins observed will be perpendicular to the growth direction.
64 In A-polar NWs, these twin boundaries will mainly occur
65 along one of the three possible B-polar lateral facets, inclined
66 19° with respect to the <111>A direction. Furthermore, as the
67 lateral twins are inclined with respect to the NW growth
68 direction, although the polarity is always kept across the twin
69 boundary, their presence implies a switch of polarity along the
70 NW growth axis. Rarely, it is also observed that this sequence
71 of defects can occur multiple times. As a general rule, we
72 never observe twin defects perpendicular to the growth axis in
73 A-polar NWs except in rare cases discussed below,
74 demonstrating that the twinning tends to always occur along a
75 B-polar direction. Based on the information given in Figure 3,
76 we conclude that A-polar NWs are almost defect-free along
77 most of their length. In these regions, defects only occur along
78 the lateral sides in rare cases, where the twinned region
79 expands along the B direction versus the NW edge and quickly
80 extinguishes. Formation of rotational or transversal twins
81 perpendicular to the axis of A-polar NWs is even more rare,
82 and is just observed at the root of the NW, where A and B-
83 polar growth fronts are competing. The only observations of
84 WZ phase in A-polar NWs are limited to the cases in which
85 twins were formed, as each twin in ZB crystal is equivalent to
86 a half monolayer of WZ phase.⁴⁴ A continuous WZ section is
87 never observed in A-polar NWs.

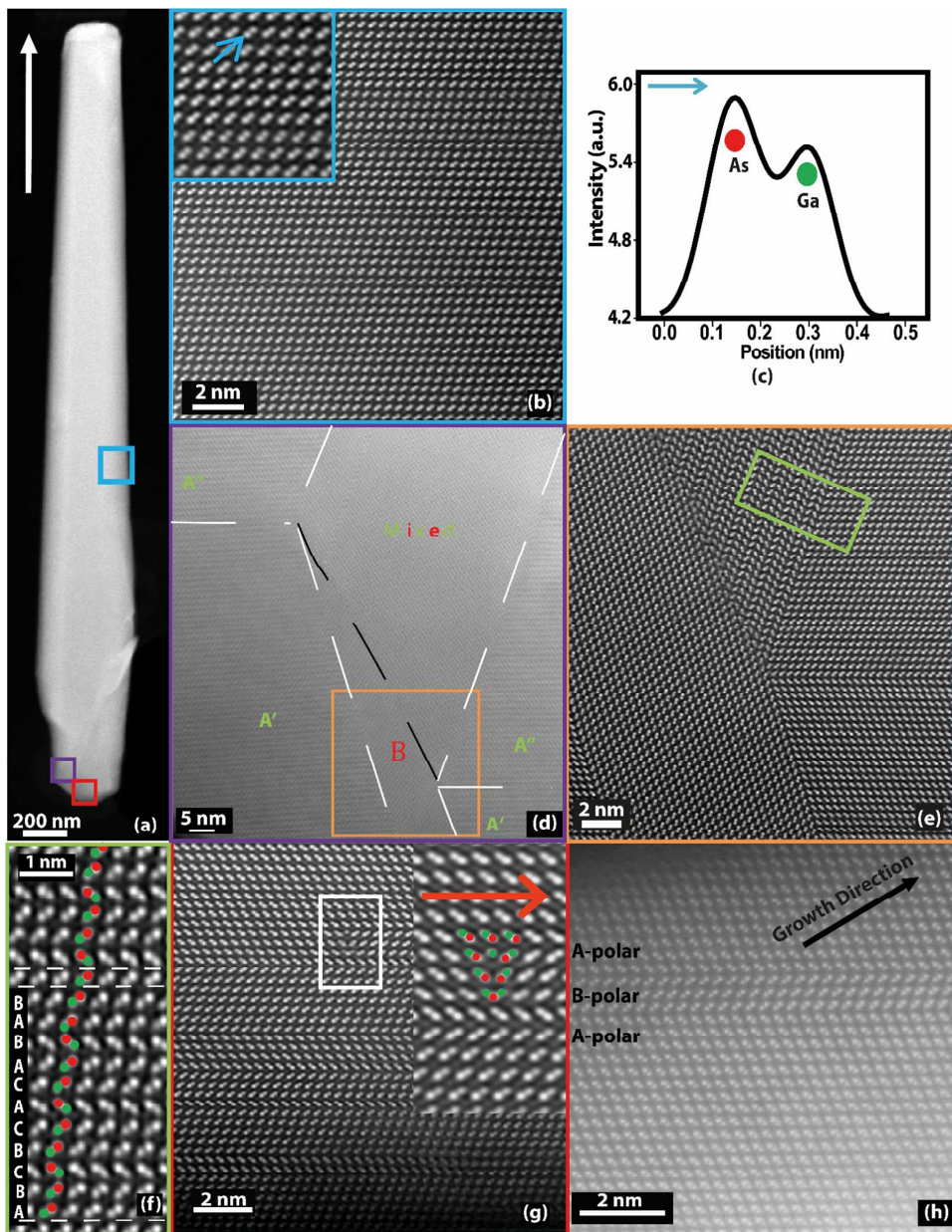
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Figure 3: Structural characterization of A-polar NWs. (a) Low magnification STEM image of an A-polar NW. The white arrow indicates the growth direction, which is the same for images in (a) to (g). (b) The crystal structure of the generic blue frame shown in Figure 3(a). (c) Profile intensity scan in the direction of the arrow in Figure 3(b), confirming the A-polar nature of the NW. (d) Competing regions of A and B-polar growths at the root of the NW. (e) Magnified image of the orange box in Figure 3(d). (f) Magnified image of the green box shown in Figure 3(e), showing 9R Ramsdell polytypism. (g) The presence of twins perpendicular to A-polar growth direction, and the detail of a step in a (111) ortho-twin boundary; this defect is responsible for the in-plane polarity reversal. (h) The appearance of inclined twins in an A-polar NW. The black arrow shows the growth direction. Note that this image is from a different NW than the one shown in Figures 3(a) to 3(g).

1 A closer look at the internal atomic structure of a B-polar NW is
 2 shown in Figure 4. Figure 4(a) shows the low magnification
 3 image of a NW. Figures 4(b) and (c) give the atomically
 4 resolved crystal structure. The intensity profile scan along the
 5 arrow shown in Figure 4(c) confirms that the dumbbells are
 6 terminated by As, showing that the NW is B-polar. Indeed, the
 7 presence of rotational/transversal twins, typical of B-polar
 8 GaAs NWs, is observed in Figures 4(b) and 4(c). Unlike A-
 9 polar NWs, long WZ regions are easily observed in B-polar
 10 NWs, as depicted in Figure 4(e). Switching of polarity to A is
 11 locally observed in just one occasion, shown in Figure 4(f), in
 12 which the presence of a notch-like defect induces the formation
 13 of a lateral twin that propagates to the top of the NW. This
 14 creates a section of A-polar lateral growth on the NW side. Note

15 that the polarity is always preserved across the twin boundary,
 16 but changes along the growth front on both sides of the twin
 17 boundary. This latter effect of a lateral twin defect propagating
 18 to the top of the NW with A-polarity, parallel to the main B-
 19 polarity of the NW, is similar to the lateral twins that induce
 20 the formation of nanosail-like InSb structures on top of InAs NW
 21 stems.¹⁸ Figure 4(g) depicts the configuration of the
 22 neighbouring A and B-polar sections under the Ga droplet. The
 23 A-polar section originates at the notch-like defect found below.
 24 In short, unlike in the A-polar case, B-polar NWs show a high
 25 density of transversal twins and alternating sections of ZB/WZ
 26 phases. In addition, B-polar NWs very rarely show the
 27 formation of notch-like defects that alter the polarity to A by
 28 nucleating a lateral twin.

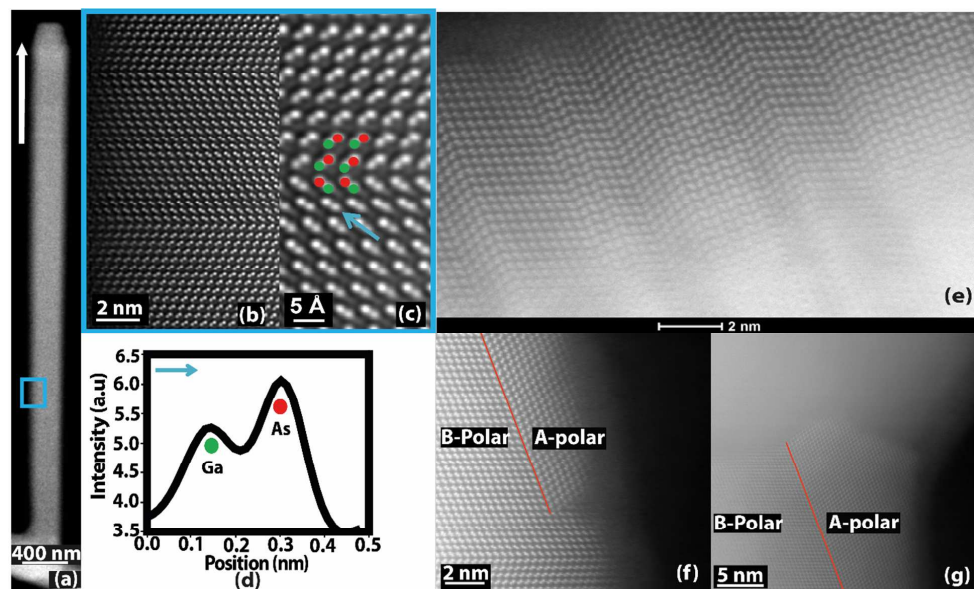


Figure 4: HAADF-STEM structural characterization of NWs with B-polarity. (a) Low magnification HAADF STEM image of a NW. (b) and (c) Atomically resolved details of the blue frame shown in Figure 4(a), demonstrating the presence of rotational/transversal twins. (d) Profile intensity scan along the direction of the arrow shown in Figure 4(c), confirming that the dumbbells are As-terminated and hence the NW is B-polar. (e) Image of a section of a B-polar NW, showing the occurrence of twins and WZ segments. (f) The occurrence of a notch-like defect, initiating a polarity reversal to the A-polar direction on the right, as opposed to the normal B-polar growth on the left of the image. (g) Configuration of the NW shown in Figure 4(a) under the droplet. Note that the images in Figures 4 (a) to (d), (e), and (f) to (g) are taken from different NWs.

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1 To elaborate on the structural and morphological differences of
 2 A and B-polar NWs, we refer to Figure 5. As mentioned
 3 previously, our A-polar NWs have an exceptionally clean and
 4 defect-free structure. This point is illustrated in Figure 5(a), in
 5 which, except for the areas close to the base, the generic A-
 6 polar NW shows defect-free, single-crystalline ZB structure. A
 7 reconstruction of this NW obtained by stitching multiple
 8 HRTEM images is given in the Supporting information (SI),
 9 Figure S11. No twinning is observed in the body of this NW.
 10 The presence of a region of competing and mixed polarities has
 11 important implications on the morphology of A- polar NWs.
 12 Comparing Figures 3(a) and 4(a), one can see that A-polar NWs
 13 are tapered, as opposed to the B-polar NWs. This tapering is
 14 also apparent in Figure 5(a). The detailed description of the
 15 cross-sectional evolution of A-polar NWs is presented in the SI.
 16 In short, after the polarity is stabilized to A, the NW has a
 17 hexagonal cross section that is stretched along one of its
 18 diagonals and hence is deviated from regular hexagonal shape.
 19 This geometry entails that the droplet has an ellipsoidal shape
 20 instead of a spherical shape. As growth continues, the droplet
 21 tries to adopt the energetically preferred spherical shape.³⁷ This
 22 transition to a spherical geometry drives the cross section to the
 23 regular hexagonal shape. We believe that the observed tapering
 24 is caused by this transition.
 25 For B-polar NWs, we observe that the body of the NW is
 26 composed of twined ZB phase with inclusions of WZ phase.
 27 Excluding the exceptional cases such as the one depicted in
 28 Figures 4(f) and 4(g), B-polar NWs obtained under these
 29 conditions are always terminated by the WZ segment, which is
 30 compatible with the previous observations.^{45,46} The cooling
 31 down process after growth is carried out under the As flux in
 32 order to prevent the decomposition of GaAs at the high growth
 33 temperature.^{47,48} This effectively imposes an increased V/III
 34 ratio during the growth termination, which favors WZ phase
 35 formation.^{49,50}
 36 For gold-catalyzed GaAs NWs, it has been previously reported
 37 that A-polar NWs have higher contact angles compared to their
 38 B-polar counterparts.²⁶ However, we did not observe any
 39 significant difference in the contact angles of A and B-polar
 40 NWs. We define here the contact angle β defined between the
 41 droplet surface at the corner of the nanowire and the overall
 42 growth surface (see sketch in Figure. 5). It does not consider the
 43 existence of a truncation. These values are obtained by ex-situ
 44 measurements. The detailed explanation about the reason for
 45 having similar contact angles in A and B-polar NWs is
 46 presented in the SI.
 47 The exceptional crystal quality of A-polar NWs, with the
 48 effective absence of the WZ phase or twinning defects, calls for

49 discussion. To understand the reason for the observed structural
 50 difference of A and B-polar NWs, we compare the geometries
 51 of their growth interfaces. The images shown in Figures 5(b)
 52 and (c) reveal the truncated growth front in A-polar NWs, with
 53 almost symmetrical inward tapered edge facets that are wetted
 54 by the droplet. Conversely, the growth front of B-polar NWs is
 55 always planar, and vertical sidewalls of such NWs are not
 56 wetted by the droplet. According to the current view,^{50,51} the
 57 truncation develops when the surface energy change of forming
 58 the truncation, $\Delta\gamma$, is negative, while positive $\Delta\gamma$ yields the
 59 planar growth interface. This $\Delta\gamma$ has the form

$$60 \quad \Delta\gamma = \frac{\gamma_{\text{sl}}}{\cos\theta} - \gamma_{\text{sl}} \tan\theta - \gamma_{\text{ov}} + \gamma_{\text{lv}} \sin\beta \quad (1)$$

61 According to this expression, the surface energy change
 62 contains the solid-liquid energy of the created inward tapered
 63 facet $\gamma_{\text{sl}}/\cos\theta$ making the angle θ to the NW axis (see sketch
 64 in Figure. 5 for θ), the increased area of the liquid-vapor
 65 interface $\gamma_{\text{lv}} \sin\beta$ and the two surface energies of the straight
 66 solid-vapor facet parallel to the NW axis ($-\gamma_{\text{ov}}$) and the (111)
 67 solid-liquid top facet ($-\gamma_{\text{sl}} \tan\theta$) eliminated by truncation. As
 68 mentioned above, the contact angles of the gallium droplets on
 69 top of A and B-polar NWs are very similar, which is why the
 70 last term in the equation can be considered identical. The side
 71 facets of both types of NWs, as well as the inward tapered
 72 facets, should also have very close atomic arrangements.
 73 Therefore, the main difference may originate from the different
 74 energies of the (111)A and (111)B top facets in contact with
 75 liquid, where the energy of the (111)A facet is expected to be
 76 larger according to the earlier discussion. This explains why,
 77 even for the same contact angles, the $-\gamma_{\text{sl}} \tan\theta$ term favors the
 78 truncation in A-polar NWs and suppresses it in B-polar NWs.
 79 Whenever the truncation is present, it cannot grow infinitely
 80 according to Ref. 50, but rather adopts the energetically
 81 preferred size which oscillates in synchronization with the
 82 monolayer growth cycle. The droplet sliding down along the
 83 straight sidewalls is energetically suppressed.³⁶ Therefore, the
 84 droplet is stable on top of the truncated A-polar NW. If all NW
 85 facets are truncated, as suggested by the image in Figure 5 (b),
 86 nucleation of two-dimensional islands does not occur at the
 87 triple phase line (TPL), but rather in the center of the liquid-
 88 solid interface.^{36,51} No WZ or twin formation is expected in this
 89 nucleation regime, because the islands are stable against either
 90 60° or 30° rotation (producing the WZ phase or twins,
 91 respectively). In contrast to A-polar NWs, the island nucleation
 92 in B-polar NWs occurs at the TPL. In this case, the WZ islands
 93 or twinning defects emerge with a certain probability which
 94 depends on the chemical potential.^{23,26} High chemical potentials

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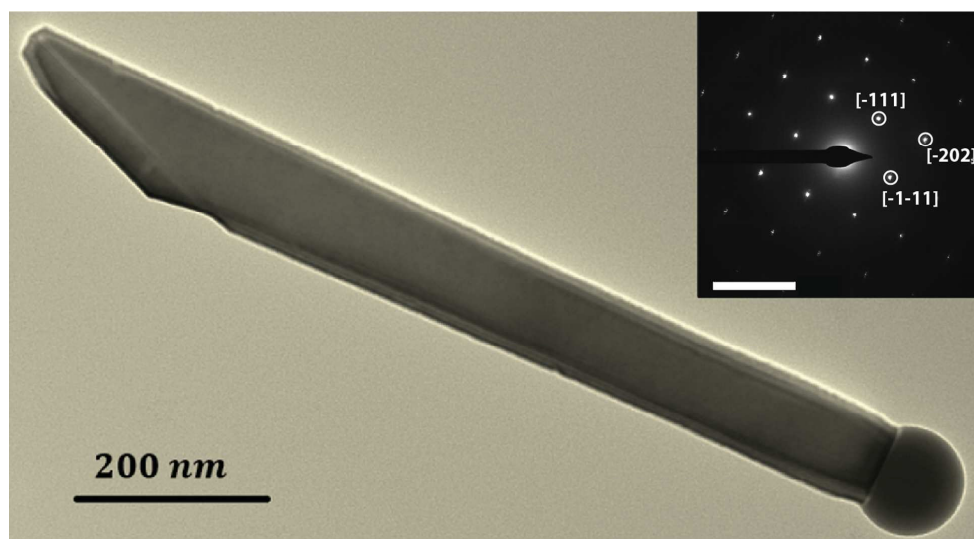
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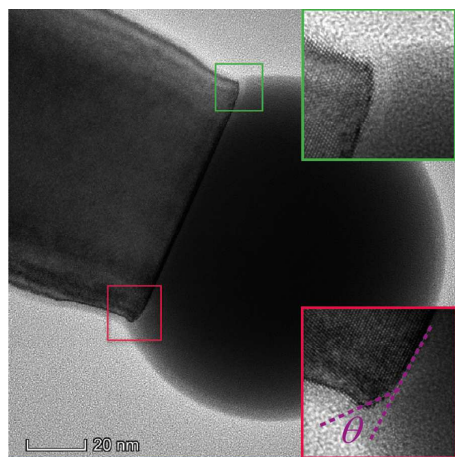
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1 would favor predominantly WZ phase.³⁶ However, due to the
 2 low V/III ratios employed in our growths, the chemical
 3 potential values are quite low, which explains the random
 4 occurrence of the WZ phase or twins in our B-polar NWs. This
 5 picture is fully consistent with all of our experimental
 6 observations and correlates with the results of Ref. 49, where
 13

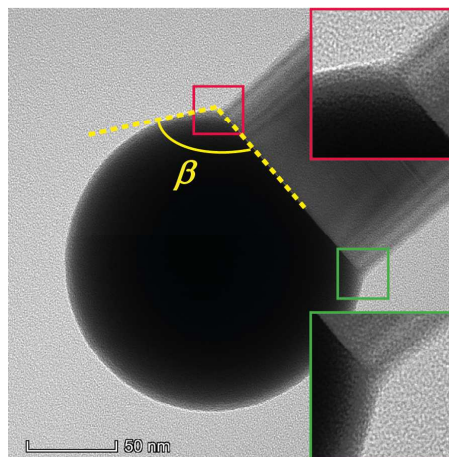
7 the truncated growth front in Ga-assisted GaAs NWs was also
 8 observed at low V/III ratios. The increase in the population of
 9 A-polar NWs for low V/III ratios can be explained by the fact
 10 that the truncated growth fronts that are required for the growth
 11 of these wires are more favored to be formed in these V/III
 12 ratios.



(a)



(b)



(c)

Figure 5. (a) Low magnification bright field TEM image of an A-polar NW. The inset shows the diffraction pattern corresponding to the ZB phase, with the scale bar in the inset being 5 1/nm. (b) The droplet configuration of the A-polar NW shown in (a). The red and green insets depict the truncated growth front. (c) The droplet configuration of a B-polar NW, in which the growth front is always planar. These images are taken in [101] zone axis. The NWs depicted in Figures 5(a),(b) and (c) are grown at a V/III ratio of 4.6 and a 2D-equivalent growth rate of 0.27 Å/s; the SEM image of as-grown sample is presented in Fig. S14(a). Note that the slight roughening of the NW sidewalls in (a) is caused by gradual oxidation of the GaAs, and is not a product of the growth process itself.

14

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1 Finally, we demonstrate the functionality of A-polar NWs by
2 characterizing their optical properties. We measured the light
3 emission of the NWs by CL at 20 K directly on an as-grown
4 sample, and also on NWs dispersed on TEM grids. As stated
5 above, the NWs were capped by the $AlAs/Al_{0.33}Ga_{0.66}As /$
6 $GaAs$ structure, yielding the formation of optically active
7 (Al)GaAs QDs. We now correlate their occurrence and
8 brightness with the polarity of the host NW.⁴⁰
9 Figure 6 presents the typical CL measurements. Figure 6(a)
10 shows the SEM micrograph of the investigated region, with the
11 two polarities indicated by the corresponding arrows. Figure
12 6(b) shows the panchromatic image of the CL signal, indicating
13 that NWs with A-polarity have much more uniform emission
14 intensity. Figure 6(c) shows the emission mapping, color-coded
15 into the three main emission wavelengths: 822, 836 and 854
16 nm, corresponding 1.51, 1.48 and 1.45 eV, respectively. The
17 lowest wavelength corresponds to the free exciton emission of
18 GaAs at 20 K, while the longer wavelengths can be attributed to
19 the carbon contamination and polytypism.²⁴ Between 820 and
20 860 nm, A-polar NWs show homogeneous emission.
21 We now analyze the emission spectra of the NWs. Figures 6 (e-
22 h) show representative emission spectra in the 1.41-1.53 eV and
23 1.77-1.9 eV ranges. They were acquired from the two NWs
24 with A and B polarities, with diameters of around 260 nm. For
25 each NW, spectra 1 to 3 correspond to excitation along the NW
26 at three different points from the base to the top. We first focus
27 on the first emission range, corresponding to the GaAs core
28 emission. Considering an A-polar NW, the spectrum is clearly
29 formed by two peaks, centered at 1.51 eV and 1.48 eV. For this
30 particular NW, the low-energy peak increases in intensity
31 toward the NW top. The spectra of B-polar NWs are much
32 broader and red-shifted with respect to the free exciton emission
33 of GaAs.
34 To understand this drastically different optical behavior of the
35 cores of A and B-polar NWs, we note that planar defects, such
36 as stacking faults and twins, effectively introduce unitary WZ
37 sections in the ZB phase (and vice versa). The ZB/WZ GaAs
38 heterostructure are known to have staggered type-II band
39 alignment,⁵²⁻⁵⁵ which localizes electrons in the ZB and holes in

40 the WZ segments. As a result, the core emission redshifts,
41 which has been previously shown to depend on the density of
42 defects.⁴⁶ There is almost no intensity at 1.51 eV for B-polar
43 NWs, as expected for polytypic structures.²⁴ Furthermore, while
44 the stacking faults and twins can act as effective traps for the
45 carriers moving axially in the NWs, they allow for charge
46 transfer perpendicular to the NW axis.⁵⁶ The radial transport of
47 the trapped carriers can broaden the excitonic emission by a
48 fluctuating Stark effect.^{56,57} In addition, by limiting the charge
49 transport to the radial direction, these defects deplete the shell
50 from excitons by favoring their transfer into the core, according
51 to the gradient of the band gap between the core and the shell.⁵⁸
52 In summary, the effects of structural defects on the core
53 emission of B-polar NWs with respect to defect-free A-polar
54 NWs manifest in (i) spectral broadening of the emission, (ii) an
55 increased emission intensity of the core, and (iii) redshift of the
56 emission. The narrower blue-shifted emission lines from A-
57 polar NWs are compatible with their higher crystal quality.
58 We now address the existence of a clear low-energy peak in the
59 spectra of A-polar GaAs NWs at 1.48 eV. In order to ensure a
60 better spatial resolution for observing the two peaks, we
61 investigated the NWs on a TEM grid. Figure 6(i) maps the
62 emission at 1.51 eV, 1.48 eV, and 1.44 eV. The intensities are
63 normalized for clear determination of the different regions. We
64 observe that the free exciton emission at 1.51 eV is detected
65 mainly when exciting the NWs core. The excitation map in the
66 external regions of the NW shows two emission peaks at 1.48
67 eV and 1.51 eV. We note the peak at 1.48 eV is more prominent.
68 The emission at 1.48 eV has previously been attributed to
69 carbon.⁵⁹⁻⁶² We believe that the carbon incorporation at the
70 NW surface can occur during the CL investigation. We also
71 note that a weak emission at 1.48 eV is also observable upon
72 excitation of the NW core, which should be due to diffusion and
73 recombination of some excitons in the shell.
74 Emission at longer wavelengths can be observed only in the
75 NW top. This can be attributed to fluctuations in the growth
76 chamber at the very end of the growth, leading to
77 morphological instabilities.

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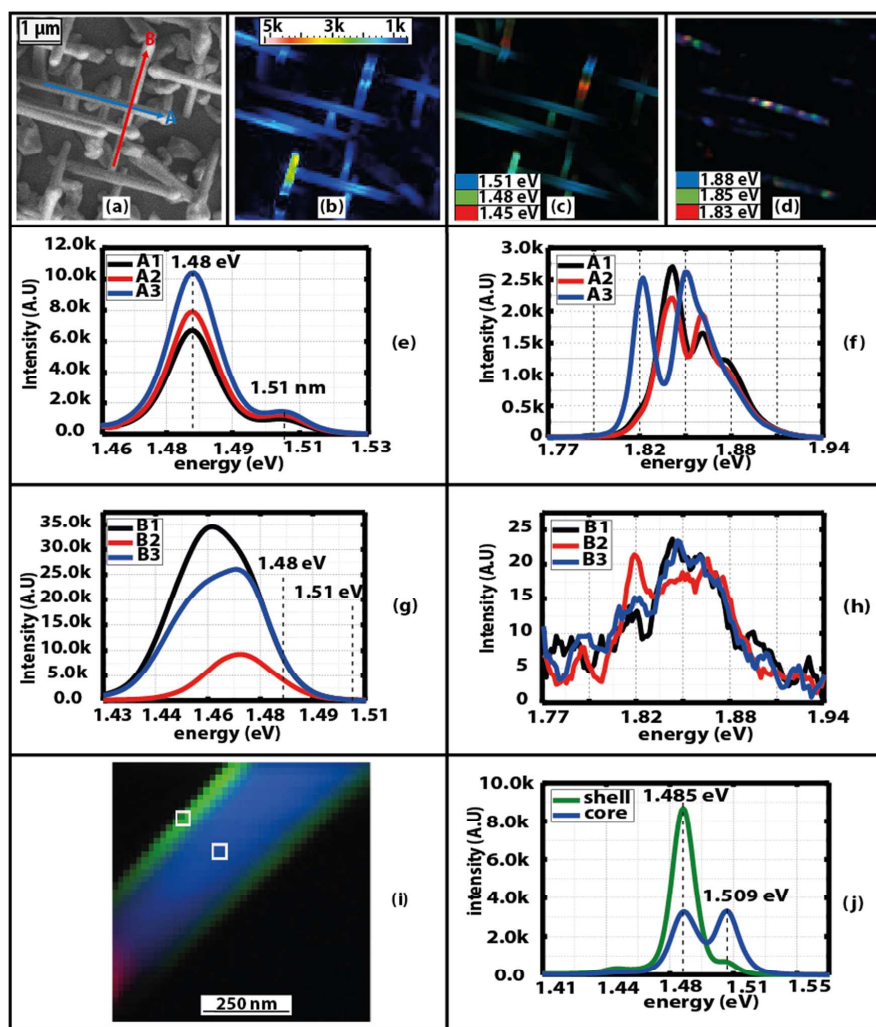


Figure 6. Characterization of the optical properties of NWs with A and B-polarities using CL at 20 K. (a) Top view SEM image captured inside the CL microscope. The arrows indicate the directions of the two different polarities. (b) Panchromatic intensity map for the identical image frame. (c) and (d) The wavelength-dependent CL intensity map of the same region. (e) and (f) CL emission spectra collected from the three points of an A-polar NW, in the ranges 1.46-1.53 eV and 1.77-1.94 eV. The two ranges correspond to the emission from the GaAs core and the AlGaAs shell, respectively. (g) and (h) CL emission spectra collected from the three points of a B-polar NW (i) High-magnification wavelength-dependent map obtained on an A-polar NW lying on a TEM grid. The color code is the same as in (c). (j): CL spectra collected from the points indicated in the NW core and shell.

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1 Finally, we study the second emission range (1.77–1.94 eV),
 2 which corresponds to the emission from the AlGaAs shell, as a
 3 function of the core polarity. It has previously been shown that
 4 compositional fluctuations in AlGaAs result in the formation of
 5 QDs that emit in the range between 1.77 eV and 1.94 eV
 6 nm.^{40,63} In CL, these QDs appear as spatially localized
 7 emitters.^{40,63} Figure 6(d) compares the CL mapping of A and B-
 8 polar NWs in the QD spectral region. Under these excitation
 9 conditions, we can find many spots of localized emission for
 10 most of A-polar NWs, while there is no significant emission
 11 from B-polar NWs. Representative emission spectra of A and
 12 B-polar NWs are compared in Figures 6(f) and (h). The QD-
 13 like emission around 1.85 eV is observed in both cases, with the
 14 emission of A-polar NWs being much brighter. As discussed
 15 earlier, defects in B-polar NWs act as the shortcuts for injecting
 16 excitons from the shell to the core. This migration depletes the
 17 QDs from excitons in B-polar NWs. The much lower density of
 18 defects in A-polar NWs means that the excitons remain in the
 19 QDs, which is why the QD emission in these NWs shows two
 20 orders of magnitude higher the intensity with respect to B-polar
 21 NWs. This enhancement is observable in Figures 6(d), 6(f) and
 22 6(h).

23 Conclusions

24 In conclusion, we have reported an optimized growth of A-polar
 25 GaAs NW on GaAs(100) substrates by the Ga-assisted VLS
 26 method. Decreasing the V/III flux ratio has been found crucial
 27 for improving the yield of A-polar NWs up to 57%. Similar to
 28 the Au-catalyzed VLS method, A-polar GaAs NWs are
 29 generally free of stacking defects along their entire length,
 30 while B-polar NWs suffer from random twinning and WZ
 31 insertions. Exceptional crystal quality of A-polar NWs is
 32 understood through the truncated geometry of their growth
 33 interface, which suppresses the TPL nucleation and hence the
 34 formation of stacking faults. We speculate that the truncation
 35 develops in A-polar NWs due to the higher surface energy of
 36 the top (111)A facet with respect to the (111)B one. We have
 37 correlated the optical properties of the NWs with their polarity.
 38 Luminescence from A-polar NWs is homogeneous along the
 39 NW, with an intense peak around 1.51 eV (820 nm). This peak
 40 corresponds to the free exciton in ZB GaAs, in agreement with
 41 the higher crystal quality of A-polar NWs. The effect of crystal
 42 quality of the host NW on the emission properties of AlGaAs
 43 QDs in the shell has been shown for the first time. The QD
 44 emission from the AlGaAs shells is two orders of magnitude
 45 brighter in A-polar NWs. This is explained by a larger number
 46 of excitons in QDs surrounding such NWs. This opens a clear
 47 path toward the fabrication of bright QDs in GaAs, which have
 48 many promising applications in optoelectronic devices.
 49 This work opens many novel fundamental questions in the
 50 current understanding and state-of-the-art of nanowire growth
 51 as well as new avenues for crystal-phase and growth direction
 52 engineering.

53 Conflicts of interest

54 There are no conflicts to declare.

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HRTEM Reconstruction of A-polar NWs

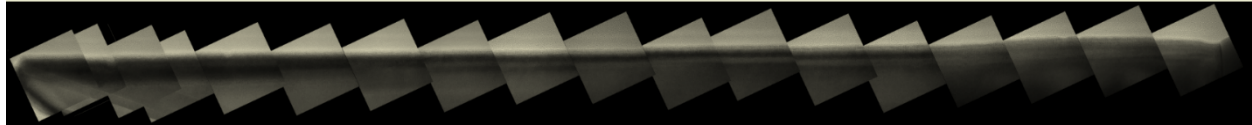


Figure S11: HRTEM reconstruction of the wire shown in figure F1(a), demonstrating the defect-free nature of wire for areas far from the root.

Discussion on the Morphology of A-polar NWs

To understand the tapering of the A-polar wires, low magnification HAADF-STEM images are used. In this imaging mode, the intensity is proportional to $z^\alpha h$, in which z and h are the atomic number and the thickness of the specimen¹ and $1 < \alpha < 2$. When probing GaAs NWs, one can use the variation of the HAADF intensity to probe the thickness variation of the cross section of the NWs. Figure S12(a) shows one such HAADF image. Figure S12(b) shows a schematic view of the hexagonal cross section of the nanowire, while figure S12(c) demonstrates the scan profile corresponding to point P9.

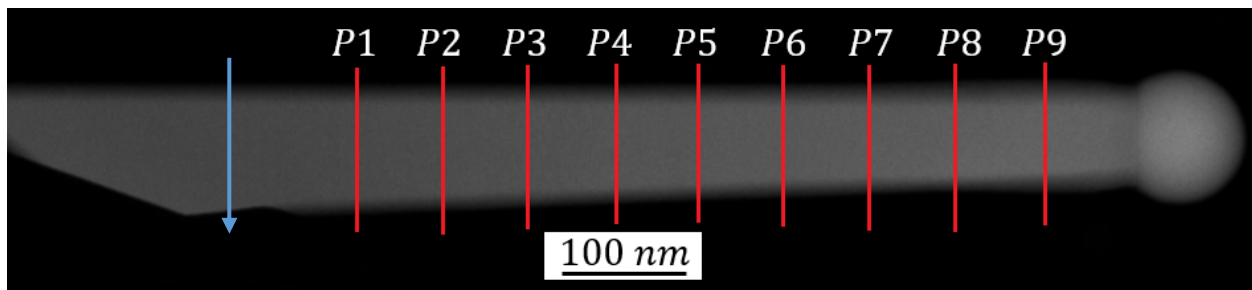
In order to characterize the cross section, we define these geometrical parameters:

$$l = AD, l' = BC = EF, h = BF = CE$$

The aspect ratio is defined as:

$$a = \frac{l - l'}{l'} = \frac{l}{l'} - 1$$

For a perfectly regular hexagon, this aspect ratio will be equal to one. We notice that for $l = l'$, the aspect ratio will be zero and the cross section will have a rectangular shape. Aspect ratios less than one show elongation along AD direction, as shown in Figure S12(b).



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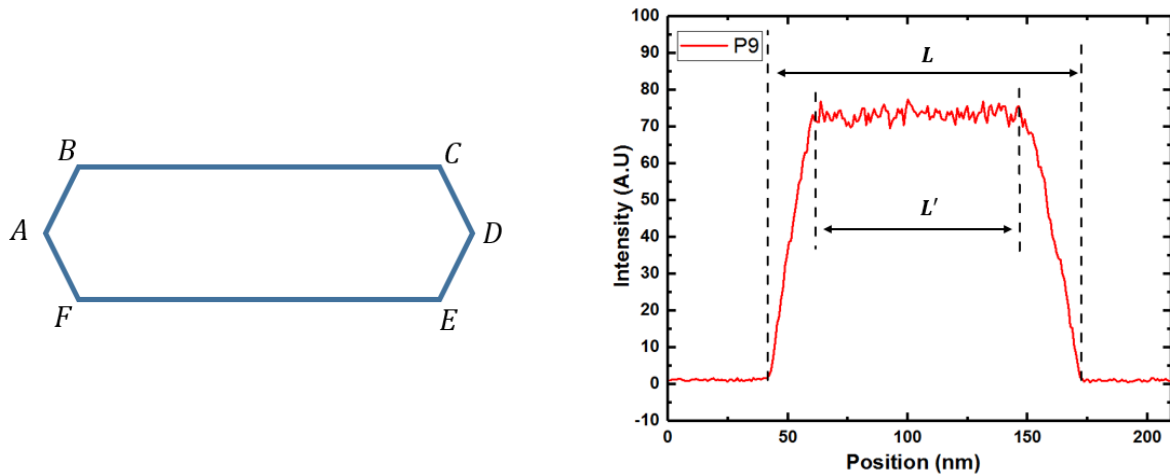


Figure SI2. (a) low magnification HAADF image of an A-polar wire used to extract the geometrical parameters of the cross section. (b) schematic view of the cross section of an A-polar wire. (c) profile scan corresponding to P9, demonstrating the determination of the parameters l and l' . The scan is done in the direction of the blue arrow in Figure S1(a).

Figure SI3 summarizes the variation of the geometrical parameters of the cross section for points P1 to P9 as shown. This graph indicates that areas close to the root of the root of the NW, the aspect ratio is less than one and the hexagonal cross section is stretched along the along its AD diagonal. This cross section entails that the Ga droplet that drives the growth is ellipsoidal rather than spherical. It is well known that the droplets in contact with solid prefer to adopt spherical shapes, as spherical shape minimizes the total surface for a given volume, hence minimizing the total surface energy. As the nanowire growth continues, the droplet gradually tries to morph into spherical shape, and this causes the cross section of the nanowire to approach a regular hexagon shape. This process happens by reduction in both l and l' , which is in turn responsible for the tapered shape of the nanowire. We notice that for point P9, the aspect ratio is very close to one and the cross section is close to a regular hexagon. The thickness of the hexagonal cross section for this point is then calculated assuming a perfectly regular hexagon with geometrical parameters l and l' . The cross section thickness for other points is then calculated using the relative intensity of HAADF scans for those points compared to point P9. We observe that the reduction in l and l' is accompanied by an increase in the thickness. This indicates the NWs have low thicknesses in the areas close to the root.

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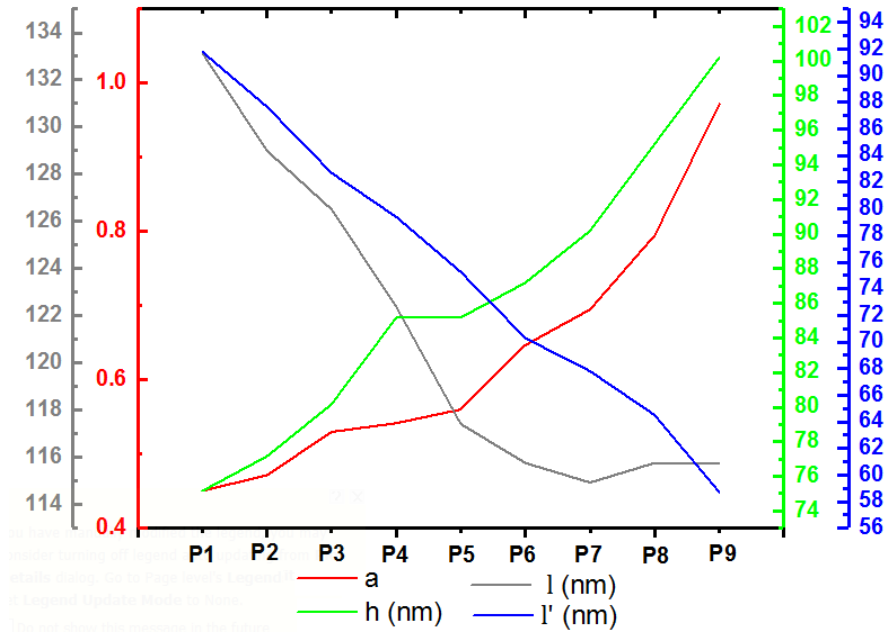


Figure SI3. Decrease in values of l and l' and increase in thickness and aspect ratio of the nanowire growth progresses from point P1 to P9. Reduction in l is responsible for the tapered shape of the NW, while the increase in the aspect ratio and the thickness of the wire indicate that the cross section approaches a regular hexagon shape as growth is progressed.

SEM images of samples discussed in the manuscript:

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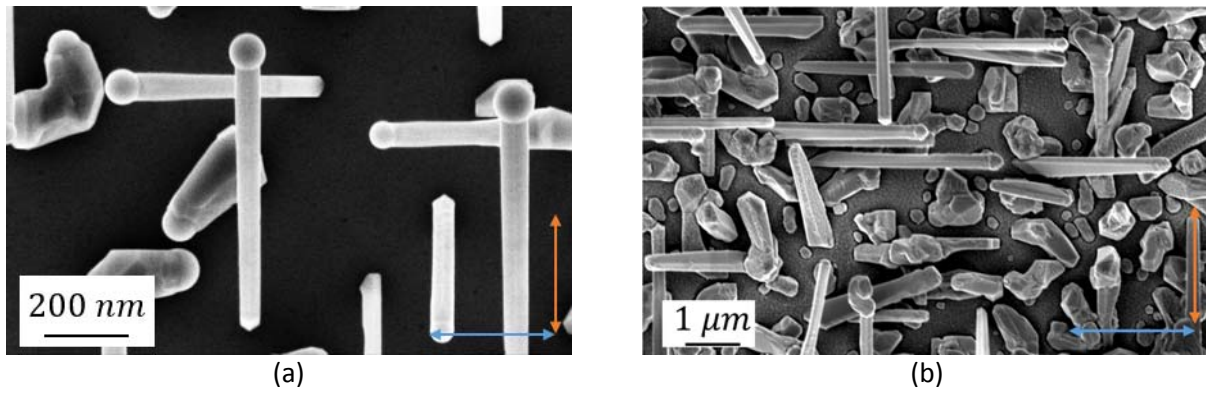


Figure SI4. (a) and (b): Top view SEM image of sample discussed in Figure 5 and the core-shell sample discussed in Figure 6, respectively. The blue arrow shows the $[111]_A$ direction, while the orange arrow depicts the $[111]_B$.

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Discussion on the insufficiency of ex-situ contact angle measurements

To reconcile the contradiction between our observations and the previously reported data, we refer to Figure 5(a) and 5(b) that depict the droplet configuration for A and B-polar NWs. We observe that the A-polar NWs are marked by a sudden shrinking in their diameter just below the droplet. This consistent characteristic of A-polar wires is absent in B-polar NWs. Figure SI4(a) and SI4(b) schematically demonstrate this behaviour. In this figure, the contact angles of A and B-polar NWs are depicted by α_A and α_B , respectively, while β_A shows the angle that the truncated growth front makes with the droplet. We note that, $\beta_A \cong \beta_B$ and $\alpha_A < \beta_B$. This implies that that, the truncated facet has higher surface energy than the B-polar surface.

The reduction in the diameters inadvertently imposes a sudden shrinking of the Ga droplet in A-polar NWs and this means that the contact angles measured by the ex-situ measurements might not be the same as the contact angles during the growth. As already mentioned, it has been previously discussed in the literature that central nucleation and formation of ZB phase happen at higher contact angles compared to TLP nucleation and WZ formation. However, the fact the last grown monolayers in A and B-polar wires show different nucleation mechanism and phases while having similar contact angle implies that the contact angle might not be sufficient to discriminate different growth mechanism in all the cases. Central nucleation and presence of truncated facets are believed to be necessary for formation of ZB^{2,3}. As previously discussed, ZB phase is more favoured in low V/III ratios. This entails that increasing the V/III ratio at the last stage of growth makes the truncated growth front to become unfavourable. The shrinking of the diameter in A-polar NWs is caused by the fact that, at end stages of growth, the V/III ratio increases and the truncated facets start to disappear. This makes us believe that the truncated facets are bigger during the growth compared to what is observable in ex-situ setting. Since the B-polar wires are terminated by WZ phase, their growth front does not have any truncated facet and increased V/III does not change the geometry of their growth front. The absence of the shrinking behaviour in B-polar is a consequence of this fact. All in all, based on the discussions presented here, we conclude that a reasonable comparison of the contact angles in self-catalyzed GaAs NW growth is possible only by in-situ techniques. Even if not cooled down under As flux, different desorption rates of Ga and As atoms from the walls of the growth chamber and the sample will impose a change in the effective V/III ratio and cause a possible shift in the contact angle.

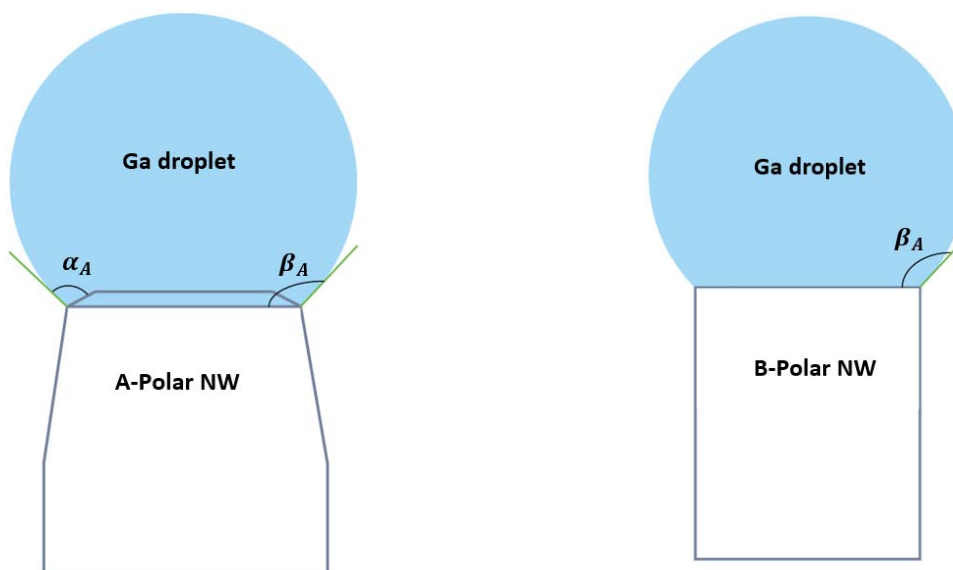


Figure SI(5): schematic view of the droplet configuration as observed by ex-situ setup for A and B-polar NWs.

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Contribution of authors:

Mahdi Zamani, Gözde Tütüncüoğlu performed growth studies, transmission electron microscopy and cathodoluminescence

Sara Martí-Sánchez and Jordi Arbiol performed Cs corrected transmission electron microscopy measurements and analysis (supervision by J. Arbiol)

Luca Francaviglia and Edoardo Markov helped in cathodoluminescence studies

Lucas Güniat , Heidi Potts, Martin Friedl, Wonjong Kim, Jean-Baptiste Leran gave support in the growth studies

Lea Ghisalberti and Vladimir G. Dubrovskii provided theoretical analysis

Anna Fontcuberta i Morral supervised and coordinated the project

All authors have participated in the scientific discussion and writing of the manuscript