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1 **Abstract**

2 River restoration practice frequently employs conservative designs that create and maintain
3 prescribed, static morphology. Such approaches ignore an emerging understanding of resilient river
4 systems that typically adjust their morphology in response to hydrologic, vegetative and sediment
5 supply changes. As such, using increased dynamism as a restoration design objective will arguably
6 yield more diverse and productive habitats, better managed expectations, and more self-sustaining
7 outcomes. Here, we answer the following question: does restoring lateral migration in a channelised
8 river that was once a wandering gravel-bed river, result in more diverse in-channel geomorphology?
9 We acquired pre- and post-restoration topographic surveys on a segment of the Allt Lorgy, Scotland
10 to quantify morphodynamics and systematically map geomorphic units, using Geomorphic Unit Tool
11 (GUT) software. GUT implements topographic definitions to discriminate between a taxonomy of
12 fluvial landforms that have been developed from an extension of the River Styles framework, using 3-
13 tiered hierarchy: (1) differentiation based on stage or elevation relative to channel; (2) classification
14 of form based on shape (mound, bowl, trough, saddle, plane, wall); and (3) mapping geomorphic units
15 based on attributes (e.g., position and orientation). Results showed restoration increased geomorphic
16 unit diversity, with the Shannon Diversity Index increasing from 1.40 pre-restoration (2012) to 2.04
17 (2014) and 2.05 (2016) after restoration. Channel widening, due to bank erosion, caused aerial
18 coverage of in-channel geomorphic units to increase 23% after restoration and 6% further in the two-
19 years following restoration. Once bank protection was removed, allowing bank erosion yielded a local
20 supply of sediment to enable the formation and maintenance of lateral and point bars, riffles and
21 diagonal bar complexes, and instream wood created structurally-forced pools and riffles. The
22 methodology used systematically quantifies how geomorphic unit diversity increases when a river is
23 given back its freedom space. The framework allows for testing restoration design hypotheses in post-
24 project appraisal.

25 **Keywords (6)**

26 River restoration, geomorphic unit classification, high resolution topography, fluvial geomorphology,
27 lateral migration, freedom space

28 1 Introduction

29 Traditional river restoration practice, which seeks to improve the form of channels predominantly
30 does so by grading with large construction equipment (i.e. diesel power). That grading is recognition
31 that changes in topography are necessary to improve conditions, but the vast majority of such projects
32 do not design to promote adjustment of topography (i.e. via fluvial processes of erosion, deposition
33 and change in storage). This is in despite of calls for more process-based approaches (Beechie et al.,
34 2010) that might allow fluvial and biological (Castro and Thorne, 2019; Johnson et al., 2019) processes
35 to drive such topographic change. Put another way, we expect our rivers to have chiselled, toned and
36 muscular bodies, but we fail to recognize the roll exercise and diet play in shaping that form, and
37 instead rely solely on reconstructive surgery (Wheaton et al. 2019). Indeed, resilient river systems
38 typically adjust their morphology to yield more spatially and temporally diverse and productive
39 habitats that are often the aim of restoration interventions (Ward, 1998). However, restoration
40 practitioners and managers often fail to include increased dynamism as a design objective and rarely
41 “*let the water do the work*” as coined by Zeedyk and Clothier (2014), trusting instead in our ability to
42 grade channels with diesel power instead of removing constraints and allowing rivers to create their
43 own forms through time with stream power. Broadly, there is irrational fear of channel adjustment
44 and a misunderstanding of the role that bank erosion, as part of lateral migration, plays in both
45 providing important local sediment supply and building diverse instream habitat (Florsheim et al.,
46 2008). Such fear has been accentuated by a lack of objective approaches to systematically quantify
47 river morphology and physical habitat to provide a necessary evidence base. The proliferation of high
48 resolution topographic (HRT; Passalacqua et al., 2015) surveys that capture river morphology before
49 and after restoration will at least enable mapping and quantification of patterns of erosion and
50 deposition (Marteau et al., 2016).

51 Field-based approaches to classifying morphology and habitat units have long been the standard in
52 river science (e.g. Hawkins et al., 1993; Moir and Pasternack, 2008; Raven et al., 1998), but involve
53 subjective interpretation of unit type and unit boundaries. This subjectivity along with a high potential
54 for individual surveyor and/or inter-protocol variance has led some to conclude that field-based
55 repeat surveys of channel units are unreliable for use in quantitative analyses (Roper et al., 2010).
56 However, topographic surveys have been shown to reliably reproduce the morphology of riverscapes
57 (e.g. Bangen et al., 2014; Williams et al., 2014; Williams et al., 2019) and can be used for a variety of
58 classification approaches. Morphological units (Wyrick et al., 2014) provide a more consistent lens but
59 also require hydraulic modelling which is, by definition, stage-dependent so a user must decide what
60 flow(s) to model (Wheaton et al. 2015). *Belletti et al.’s* (2017) Geomorphic Unit Survey and
61 classification system (GUS) offers a framework for mapping geomorphic units and is generally either

62 field-based or derived from remotely sensed imagery. At coarser scales, fluvial unit mapping has been
63 demonstrated using data from remote sensing (Bizzi and Lerner, 2012; Roux et al., 2015) but these do
64 not resolve finer-scale in-channel units.

65 In response to the problems associated with consistently mapping geomorphic units from the
66 aforementioned approaches, a fluvial taxonomy (Wheaton et al., 2015) was developed that builds
67 upon the River Styles Framework (Brierley and Fryirs, 2000) and provides explicit topographic
68 definitions for geomorphic units. The Geomorphic Unit Tool (GUT; <http://gut.riverscapes.xyz>) is
69 currently an open-source set of research-grade GIS scripts with ArcPy dependencies, which applies the
70 definitions from the fluvial taxonomy of *Wheaton et al* [2015] to objectively and consistently delineate
71 units from topographic data (Bangen et al., 2017). This more consistent approach to mapping
72 geomorphic units has potential for assessing changes in geomorphic units as part of quantitative river
73 restoration monitoring.

74 This paper focuses upon using consistent Geomorphic Unit (GU) mapping for the post-project
75 appraisal (Downs and Kondolf, 2002) of a process-based restoration design for a wandering gravel-
76 bed river. Process based restoration (Beechie et al., 2010) of riverscapes is gaining momentum (Wohl
77 et al., 2015; Powers et al, 2018; Wheaton et al. 2019). One important component of this has been
78 giving rivers space, allowing rivers to be more dynamic by removing constraints to lateral
79 migration across their own valley bottoms (e.g. Freedom Space; Biron et al. 2014; Buffin-Belnager et
80 al. 2015). This paper addresses the question: does allowing the process of bank erosion to take place
81 and reclaim some of its former active channel space in a river that was artificially straightened but was
82 historically a dynamic, wandering gravel-bed river, result in more diverse in-channel habitat? We use
83 a series of pre- and post-restoration high resolution topographic surveys of the Allt Lorgy river
84 restoration project in Scotland to systematically map changes in geomorphic unit (GU) mosaics using
85 GUT. We then interpret the findings in the context of common applied river management objectives.
86 The discussion focuses upon the utility of a repeatable and objective mapping approaches for
87 interpreting changes, as well as a recasting of Allt Lorgy's adjustment in the context of *Cluer and*
88 *Thorne's* (2014) stream evolution model and the relationships between geomorphic units, physical
89 habitat and ecology.

90 **2 Methods**

91 **2.1 Site Description and Restoration**

92 Allt Lorgy is a tributary of the River Dulnain, within the Spey catchment, Scotland (Figure 1). At the
93 downstream end of the study reach the catchment area is 21.6 km². The bankfull discharge, estimated

94 using the ReFH 2 model (Kjeldsen, 2007) is $8.17 \text{ m}^3\text{s}^{-1}$. The 50 year flood, estimated using the same
95 method, has a peak discharge of $21.9 \text{ m}^3\text{s}^{-1}$. Based on area-scaled discharge statistics area from the
96 nearest downstream flow gauge (Balnaan Bridge on the River Dulnain; catchment area 272 km^2), the
97 mean daily flow is $0.42 \text{ m}^3\text{s}^{-1}$. The 10%, 50% and 95% exceedance flows are 0.82, 0.30 and $0.11 \text{ m}^3\text{s}^{-1}$
98 respectively. Analysis of historic maps from 1875 and 1982 (Figure 1c) show that the river was
99 characterised by geoinicators that are characteristic of a wandering gravel-bed river (i.e., the
100 presence of active bank erosion and islands, braiding index fluctuating between 1 and 2, and moderate
101 sinuosity). Moreover, evidence from the historic mapped planform indicates the presence of diagonal
102 bar complexes and wood accumulations. Manual, categorical, expert-derived analysis of confinement
103 (Fryirs et al., 2016) show that in 1875 the study reach was in a partly confined, margin-controlled
104 setting (Figure 2a). In 1982 the study reach had a lower confinement ratio but the setting remained
105 the same as in 1975 (Figure 2b). In the mid-1980s, a c. 500 m long reach of the river was altered to
106 convert the floodplain to agricultural land. Alterations included channel realignment (i.e.
107 straightening), extensive raised embankments, dredging and boulder bank toe protection. Combined,
108 these interventions caused increased channel confinement relative to 1982, resulting in an
109 anthropogenic partly confined setting (Figure 2c), and associated incision of the channel bed,
110 disconnection of high-flows from the floodplain and impacted sediment transport processes. These
111 impacts subsequently led to a decrease in geomorphic unit heterogeneity and associated habitat
112 diversity. Prior to restoration, the study reach exhibited a generally plane bed morphology at its
113 upstream extents, transitioning to a constrained pool-riffle morphology with some gravel bars as the
114 valley width increases and the bed slope decreases in the downstream direction.

115 Approximately 500 m of the 720 m long study reach was restored in August-September 2012 using a
116 process-based (Beechie et al., 2010) approach to design. The design hypothesis was that if artificial
117 constraints to the lateral migration of the channel were removed then accommodation space would
118 be generated by bank erosion, which creates a local supply of sediment, which can help develop bar
119 and more diverse geomorphic units in that accommodation space. Restoration components that were
120 undertaken in August-September 2012 included (Figure 1d): removing or lowering of protected
121 embankments to enable the initiation of lateral erosion and the creation of diagonal bar complexes;
122 gravel augmentation (injection) to initiate the development of bars; wood placement on bar apexes
123 to initiate mid- or lateral bar development; and cross-channel wood placement to create plunge pools
124 and riffles. This intervention removed most constraints to natural bank erosion although in places, as
125 a result of channel incision, the bank tops may be higher than they were prior to channelisation. Gravel
126 augmentation was undertaken at two locations (Figure 1d), one near the upstream limit of the site
127 and the other just downstream of the major migrating meander bend. Material was piled adjacent to

128 the channel and was entrained during moderate flows. Sediment augmentation was repeated in
129 October 2015. During the August-September 2012 construction phase, turf from lowered or removed
130 embankments was put back (“re-thatched”) onto the exposed surface underneath. Lowered or
131 removed embankments were planted with tree saplings but they largely didn’t establish. However, by
132 the time of the 2016 survey, natural pine saplings had started to establish although their distribution
133 was sparse. Analysis of valley confinement (Figure 2d) shows that restoration measures removed
134 anthropogenic confinement measures, resulting in a partially confined, margin-controlled setting with
135 the same margin types as in 1982.

136 **2.2 Topographic surveys and geomorphic change**

137 Topographic surveys were acquired before restoration, in 2012, and post-restoration in September
138 2014 and October 2016 (Figure 3). The September 2014 survey was acquired in the aftermath of ex-
139 Hurricane Bertha in August 2014, which caused flooding in northeast Scotland (National Climate
140 Information Centre, 2015). The 2016 survey was a repeat monitoring survey. Each survey was
141 undertaken using a combination of total station and Real Time Kinematic (RTK) GNSS. We used the
142 same topographically stratified sampling strategy (Brasington et al., 2000; Fuller et al., 2003) for each
143 survey whereby survey point density was increased in areas with high geomorphic complexity and
144 breaklines were surveyed along linear features such as bank tops and toes. Mean point densities for
145 the 2012, 2014 and 2016 surveys were 0.1, 0.4 and 0.8 points/m² respectively. The topography
146 surveyed in 2012 was more topographically simple than that surveyed in 2014 and 2016 hence the
147 application of a topographically stratified sampling strategy resulted in a lower point density for the
148 2012 survey. Digital Elevation Models (DEMs) were generated by interpolating a triangular irregular
149 network (TIN) from point data using a Delaunay triangulation in AutoCAD software. Breaklines were
150 used to constrain the TIN and ensure a realistic geometry (Lane et al., 1994). The TIN was subsequently
151 converted into a 0.2 m resolution DEM using linear interpolation.

152 To provide context for the analysis of temporal changes in geomorphic units, geomorphic change was
153 mapped using a probabilistic thresholding approach (Brasington et al., 2003), using Geomorphic
154 Change Detection software (GCD v7.10; Wheaton et al., 2010). To calculate the propagated error in
155 the DEM of Difference (DoD) a spatially constant Standard Deviation Error (SDE) of 0.100 m was
156 assumed. This value was taken from *Bangen et al.’s* (2014) extensive assessment of uncertainty in
157 DEMs of wadeable rivers; it is equal to the maximum SDE value obtained for RTK-GNSS and TS surveys,
158 of wet and dry areas. Geomorphic change was mapped at the 80% confidence interval (Vericat et al.,
159 2017).

160 To investigate the hypothesis that restoration enabled bank erosion to supply sediment that was
161 subsequently reworked to create a variety of geomorphic units, mutually exclusive polygons were
162 digitised around individual erosional and depositions units on the thresholded DoDs. These polygons
163 were then classified manually to interpret the mechanism of geomorphic adjustment (Wheaton et al.,
164 2013). The following morphodynamic signatures classes were used: channel lowering; bar sculpting;
165 bank erosion; head cut; pool scour; structurally-forced plunge pool scour; structurally-forced riffle
166 development; bank-attached bar development; diagonal bar development; channel filling; and bench
167 development. Since these signatures are clearly discerned from before and after comparisons of
168 geomorphic units, they can be objectively mapped.

169 **2.2 Geomorphic Unit Tool**

170 We used GUT (Bangen et al., 2017; available from <http://gut.riverscapes.xyz>) to automatically map
171 geomorphic units for each of the three topographic surveys. GUT was developed from a desire to
172 leverage high resolution topographic data and a need to delineate geomorphic units in a consistent,
173 objective manner. The algorithms apply a three-tiered hierarchical classification framework that was
174 adapted from *Wheaton et al. (2015; Figure 3)* whereby each subsequent tier provides greater detail.
175 In addition to a high resolution topographic DEM, the following inputs are required to run the tool and
176 were prepared for each survey: low flow and bankfull extent polygons; a bankfull centreline; a thalweg
177 polyline (Figure 5b). Low flow extent polygons were digitised from topographic survey data. Bankfull
178 extent polygons were derived by detrending each DEM of its longitudinal slope, then using the Bankfull
179 Tool in the River Bathymetry Toolkit (McKean et al., 2009) to determine the water elevation where
180 the channel is filled. The bankfull extent polygon and bankfull centreline are used to calculate an
181 average bankfull width for the site. The latter is used as a scalar for unit size thresholding.

182 The tier 1 step classifies the valley unit and flow unit using the bankfull and low flow extent polygons
183 (Figure 5c). Valley units are the coarsest GUT designation with areas classified as either in-channel
184 (within the bankfull extent) or out-of-channel (outside the bankfull extent). Flow units incorporate
185 the low flow extent polygon with areas classified as either submerged (within the wetted and bankfull
186 extents), emergent (within bankfull extent but not wetted), or high (outside both extents). The version
187 of GUT applied here (pyGUT 2.2.1) only supports classifying beyond the tier 1 step for the in-channel
188 portion of a reach.

189 The tier 2 step classifies topographic unit shape and form (Figure 5d, Figure 6). Tier 2 unit shape
190 (concavity, planar, convexity) and form (bowl, trough, planes, wall, saddle, mounds, transition zones)
191 are delineated using a variety of evidence layers. These include: DEM slope; DEM contours; the
192 channel margin (approximately the region between the bankfull and wetted extent); residual

193 topography (approximation of local relief calculated by subtracting a smoothed DEM, from the original
194 DEM (Sofia et al., 2014)); and residual pool depth (difference between the filled DEM and the DEM).
195 Transition zones represent areas with greater ambiguity, specifically in the residual topography
196 thresholds used by GUT. Saddles are delineated using DEM contours and the thalweg polyline as these
197 features are often subtle and not always captured using the residual topography evidence layer.

198 The tier 3 step classifies geomorphic units and sub-geomorphic units (Figure 5e and f). During this
199 step, each tier 2 form unit was classified into tier 3 geomorphic units using attributes such as, unit
200 position (margin attached, mid-channel or channel spanning), orientation (longitudinal, diagonal,
201 transverse), bankfull water surface slope, ratio of unit width to bankfull width, channel type (main,
202 cut-off, return) and elongation ratio. These tier 3 units were further split into sub-geomorphic units
203 using attributes such as the number of thalwegs intersecting a unit, the meander bend (inside,
204 straight, outside), bed slope, relief and a user defined forcing element (plunge of grade control). Tier
205 3 geomorphic unit maps were reviewed and, where necessary, attribute data and contextual
206 information from oblique ground-based images were used to manually edit geomorphic unit
207 classifications (2.6% of number of units; 2.6% of area). Subsequently, all margin attached and mid
208 channel bar units (10% of units) were further classified into point, diagonal, eddy, forced and lateral
209 bar types.

210 **2.3 Abundance and diversity**

211 The Shannon Diversity Index (Shannon, 1948) can be used to quantify habitat heterogeneity and
212 spatial complexity but it has also been used to quantify morphological unit abundance and diversity
213 (Maddock et al., 2008; Wyrick and Pasternack, 2014). The metric can be used to assess whether a river
214 is dominated by a small number of geomorphic units or whether geomorphic unit distribution is more
215 spatially even. Diversity (H), evenness (J) and dominance (D) of total geomorphic unit areas, within the
216 in-channel area mapped from each survey, were calculated using:

$$217 \quad H = -\sum(p_i \times \ln p_i) \quad (1)$$

$$218 \quad J = H / \ln(N) \quad (2)$$

$$219 \quad D = \ln(N) - H \quad (3)$$

220 where p_i is fraction of total wetted area of the i -th geomorphic unit type and N is the number of
221 geomorphic unit types. Fourteen geomorphic units were identified within the study area. Full diversity
222 across the geomorphic units that were mapped would result in a diversity index (H) of 2.64, evenness
223 (J) of 1.00 and dominance (D) of 0.00. Whilst full geomorphic unit diversity is unlikely to be either
224 physically plausible or an outcome for successful restoration, changes in assessments of diversity,

225 evenness and dominance from each survey can be used to indicate the evolutionary trajectory of the
226 restoration project.

227 **3 Results and Interpretation**

228 **3.1 Reach-scale channel adjustment and geomorphic unit development**

229 An example of the GUT data processing workflow is shown in Figure 5. Figure 7 shows geomorphic
230 unit maps for 2012, 2014 and 2016, and geomorphic change maps for 2012 to 2014 and 2014 to 2016.
231 Table 1 summarises the sediment budget for the study area. The total area covered by in-channel
232 geomorphic units increased by 23% between the pre- and post-restoration surveys and increased by
233 a further 6% between 2014 and 2016 (Table 2; Figure 8). This increase is associated with an expansion
234 in the width of the active channel. Thus, the restoration principle of *letting the river do the work*
235 yielded a significant overall increase in physical habitat. Analysis of changes in the area and proportion
236 of tier 2 topographic units sheds light on how the topographic shape and form of the reach changed
237 (Figure 8; Figure 9). Notable changes between pre- and post-restoration analyses were that bowls and
238 saddles more than doubled in total area between 2012 and 2016, and there was a substantial increase
239 in the area and proportion of walls between the pre- and post-restoration surveys. The increases in
240 bowls and riffles show the study area evolved towards being characterised by greater morphological
241 complexity. The substantial increase in walls was a result of steep, erodible banks being identified in
242 the 2014 and 2016 surveys. Bank profiles in 2012 were less steep and most bank areas were therefore
243 classified as mounds. The proportion of mounds stayed similar between 2012 and 2014 and decreased
244 in area between 2014 and 2016. Interpreting these changes alongside the geomorphic unit (Tier 3)
245 classification, showed that in 2012 mounds were predominantly convex features along channel banks
246 and some bars, whereas in 2014 and 2016 mounds were more likely to be convex features associated
247 with bars.

248 **3.1.1 Geomorphic Unit Assemblages**

249 Analysis of geomorphic unit total area and proportion reveal the overall change in the geomorphology
250 of the study area due to restoration (Table 2; Figure 8; Figure 9). Prior to restoration, glide-run and
251 transition geomorphic units covered 42% and 38% of the study reach area respectively. The next most
252 abundant units were diagonal bars (5%), pools (5%) and riffles (4%). The diversity index was 1.40,
253 evenness was 0.53 and dominance was 1.23. Together, these indices indicate that prior to restoration
254 there was poor diversity in geomorphic units due to the dominance of glide-run and transition
255 geomorphic units. Following restoration, in 2014, the diversity index increased to 2.04 towards the
256 value for full diversity (2.64). The evenness (0.77) and dominance (0.60) metrics indicate evolution

257 towards more even and less dominant geomorphic units. Glide-run and transition units decrease to
258 covering 30% and 21% of the study area respectively. Diagonal bar, riffle, bank, lateral bar and point
259 bar geomorphic units all increased in their spatial coverage between 2012 and 2014 (Figure 8). In 2016
260 the metrics for diversity (2.05), evenness (0.78) and dominance (0.58) show that sediment reworking
261 resulted in the study area's geomorphic unit diversity slightly increasing. Notably, the proportion of
262 glide-run and transition geomorphic units decreased further, in line with the changes between 2012
263 and 2014. Overall, the similar diversity metrics for 2014 and 2016 indicate that the restoration project
264 has an evolution trajectory that is maintaining geomorphic unit diversity and in-channel geomorphic
265 unit total area through the sequence of different magnitude high-flow events that are causing
266 sediment transport and morphological change. Overall, the study area evolved from a plane-bed to a
267 riffle-pool dominated morphology.

268 **3.1.2 Mechanisms of Geomorphic Adjustment**

269 Overall, bank erosion dominates as the single most important mechanism in both the initial
270 adjustment (2012 to 2014) and the subsequent time period (2014 to 2016). From 2012 to 2014, 52%
271 of the volumetric change ($692 \pm 157 \text{ m}^3$) was bank erosion, whereas between 2014 and 2016, 46% was
272 bank erosion ($180 \pm 51 \text{ m}^3$). This dominance of bank erosion explains the potentially degradational
273 signal in both time periods ($-344 \pm 333 \text{ m}^3$ and $-89 \pm 125 \text{ m}^3$; Table 1), as well as the primary response
274 to the restoration treatment of removal of protected embankments. This net, reach-averaged channel
275 widening of approximately 1.4 m between 2012 and 2014, and a further 0.7 m between 2014 and
276 2016, created an additional 23% of bankfull area (0.11 hectares) from 2012 to 2014, and an additional
277 6% (0.04 hectares) from 2014 to 2016. In that new bankfull accommodation space, a variety of
278 mechanisms reshaped topography at high flows. The most important mechanism (by volume and areal
279 change) was development of diagonal bar complexes followed by bank-attached bar development.
280 From 2012 to 2014, 24% of the volumetric change ($310 \pm 139 \text{ m}^3$) was diagonal bar development,
281 whereas between 2014 and 2016, 16% was diagonal bar development ($64 \pm 33 \text{ m}^3$). From 2012 to
282 2014, 9% of the volumetric change ($116 \pm 59 \text{ m}^3$) was bank-attached bar development, whereas
283 between 2014 and 2016, 13% was bank-attached bar development ($50 \pm 26 \text{ m}^3$). While a host of other
284 mechanisms are present and critical to creating diverse geomorphic unit assemblages (Table 3), the
285 trio of bank erosion, diagonal bar development and bank-attached bar development dominate the
286 sediment budget and are consistently first, second and third largest respectively by area and volume.

287 **3.2 Sub-reach-Scale channel adjustment and geomorphic unit development**

288 To analyse the geomorphological evolution of the restoration project in detail, the study area was
289 divided into four reaches (Figure 7a): the most upstream reach where gravel supply was augmented

290 (Sub-reach 1); a reach where bank protection was removed and wood installed at the head of two
291 bars (Sub-reach 2); a reach where cross-stream wood was installed and bank protection was removed
292 (Sub-reach 3); a high sinuosity reach towards the downstream end of the project where embankments
293 were removed in the upper section of the reach but no interventions were made in the lower section
294 of the reach (Sub-reach 4).

295 **3.2.1 Longitudinally segmented sediment budget**

296 Table 4 shows a sediment budget that was longitudinally segmented by sub-reach. Between 2012 and
297 2014 the upper three sub-reaches (1-3) were degradational and the downstream sub-reach (4) was
298 aggradational. Net-degradation in Sub-reach 1 (-90 m^3) was due to the dominance of bank erosion on
299 the true left of the reach. Net-degradation in Sub-reaches 2 (-161 m^3) and 3 (-172 m^3), where
300 embankments and bank protection were removed, shows the dominance of bank erosion as a
301 mechanism of geomorphic adjustment in these sub-reaches and is consistent with channel widening
302 where constraints to bank erosion were removed. Net-aggradation in sub-reach 4 (92 m^3) indicates
303 that material from upstream bank erosion and sediment augmentation is being deposited in this
304 reach. However, aggradation in this reach does not account for all material that is eroded from the
305 reaches upstream and there is a net sediment volume export of 331 m^3 from the downstream end of
306 the study reach.

307 During the period 2014-2016, the Sub-reach that had the greatest proportion of geomorphic activity
308 compared to other Sub-reaches was Sub-reach 2. This is in common with the period 2012-2016 and is
309 in the reach where several diagonal bar complexes were evolving. Between 2014-2016, Sub-reach 1
310 was marginally degradational (-3 m^3), Sub-reach 2 was aggradational (25 m^3), and Sub-reaches 3 and
311 4 were degradational (-39 m^3 and -45 m^3 respectively). Since Sub-reach 1 was net-degradational and
312 Sub-reach 2 was net-aggradational, sediment to account for aggradation in Sub-reach 2 must either
313 have come from sediment supply from further upstream than the study area or from the gravel
314 augmentation point in Sub-reach 1. The net sediment volume export from the downstream end of the
315 study reach was 62 m^3 . This net export is common with the 2012-2014 period and is due to net channel
316 widening. The topography of the reaches downstream from the study area was not monitored.
317 Anecdotal observations, however, indicate that these reaches were always quite dynamic and
318 physically diverse as they were largely unimpacted by previous human intervention. There has been
319 continued morphological change in the section of channel extending c. 200 m downstream from the
320 downstream limit of the study area since the works were undertaken but it is no possible to determine
321 whether this has been any less or more than prior to restoration.

322 **3.2.1 Sub-Reach 1**

323 Prior to restoration, this upper sub-reach was dominated by a glide-run geomorphic unit (Figure 7b).
324 The only restoration measure within this reach was the injection of gravel at the upstream boundary
325 (Figure 1d). Following restoration, ex-Hurricane Bertha delivered exceptionally heavy rain to the Allt
326 Lorgy catchment in August 2014, causing considerable post-restoration geomorphic change (Table 1).
327 In the upper reach, bank erosion was longitudinally continuous along the true left of the river and
328 sediment, most likely from gravel augmentation, formed a new point bar on the true right of the reach
329 (Figure 7d). Downstream of the meander, the development of pools, a riffle and a lateral bar increased
330 the geomorphic unit diversity of the reach (Figure 7d). Between 2014 and 2016, high flows caused
331 further geomorphic change along Reach 1; bank erosion occurred along the outer bank of the meander
332 bend, scour changed the position of the pool at the meander bend; and sediment was deposited in-
333 channel in the downstream part of the reach to form a second riffle (Figure 7e and f).

334 **3.2.2 Sub-Reach 2**

335 Prior to restoration, the upper part of Sub-reach 2 featured a diagonal bar complex followed by a
336 spatially continuous glide-run unit, with several pools, that extended through the rest of the reach to
337 its downstream end, where there was a chute on the true right of the main channel. Restoration
338 measures within this reach included the replacement of cross-channel and bar apex boulders with
339 large wood, and the removal of an embankment on the true right of the river. With the removal of
340 these physical constraints, the sinuosity of the reach increased, as shown by extensive bank erosion
341 that was detected between 2012 and 2014 (Figure 7c). However, outer bank erosion did reveal granite
342 boulders that may have previously been placed to prevent the river re-occupying its pre-straightened
343 course. These may have constrained the rate of erosion that occurred post-restoration. Erosion also
344 contributed to the formation of a number of pools. Sediment deposition, sourced from upstream and
345 bank erosion within the reach, resulted in the evolution of the upstream diagonal bar complex, the
346 return of active gravel bar reworking to a downstream diagonal bar complex, and the development of
347 a number of riffles (Figure 7d). The overall pattern of geomorphic change that was identified between
348 2012 and 2014 continues between 2014 and 2016 (Figure 7e), with bank erosion along the banks of
349 the channel's outer bends and the evolution of the two bar complexes through the deposition and
350 reworking of diagonal bars.

351 **3.2.3 Sub-Reach 3**

352 Prior to restoration this Sub-reach was dominated by a run-glide morphology with three riffles, a few
353 pools and hydraulically forced plunge pools downstream of the boulder and wood cross-channel
354 features (Figure 7b). Restoration measures along this low-sinuosity reach included the replacement
355 of cross-channel boulders with cross-channel wood, and embankment removal towards the upstream

356 and downstream ends of the reach (Figure 1d). Patterns of geomorphic change, and geomorphic unit
357 development, from 2012 to 2014 are longitudinally distinct within the reach (Figures 6c and Figure
358 6d). Between the start of the reach and the cross-channel wood that was installed as part of
359 restoration, bank erosion occurred along the true left and an associated lateral bar formed on the true
360 right. This bar is most likely from the deposition of sediment transported downstream from the
361 reworking of the Sub-reach 2 diagonal bar complex. There is considerable erosion downstream of the
362 new cross-channel wood feature, resulting in a more diverse set of geomorphic units. In 2014, the
363 second cross-channel wood feature is associated with the formation of a channel-spanning forced
364 riffle upstream of the feature and, downstream, a channel-spanning plunge pool and bank-attached
365 eddy bar. The downstream part of this reach is dominated by deposition, with the formation of lateral
366 bars. Geomorphic change between 2014 and 2016 is more spatially discrete than in the period
367 immediately after restoration (Figure 7e). The reworking of sediment causes various changes to the
368 spatial extents of geomorphic units within the reach but the overall pattern is similar between 2014
369 and 2016.

370 **3.2.4 Sub-Reach 4**

371 Compared to the other reaches, Sub-Reach 4 showed a greater diversity of run-glide, riffle, pool and
372 diagonal bar units before restoration (Figure 7b). This is due to the high sinuosity of this reach and the
373 absence of any bank protection measures except along the outer bank of the first meander. This
374 embankment was partially removed during restoration, resulting in bank erosion along the outer bank
375 of this bend (Figure 7c and Figure 7e) and the development of a pool (Figure 7d and Figure 7f).
376 Elsewhere along this reach, between 2012 and 2014, there was bank erosion along the channel's outer
377 meander bends and extensive erosion resulting in the formation of point bars and a diagonal bar
378 complex. The reach was characterised by a more complex and diverse spatial pattern of geomorphic
379 units in 2014 than 2012. Between 2014 and 2016 this reach remained geomorphologically active, with
380 localised erosion and deposition reshaping geomorphic units.

381 **4 Discussion**

382 **4.1 Methodological Development**

383 The results from mapping geomorphic units from a three-dimensional topographic analysis clearly
384 show changes in geomorphic unit diversity as a consequence of a river management intervention,
385 namely the removal of unnecessary anthropogenic margins (i.e. stop banks and levees) which
386 constrained important natural processes of bank erosion and lateral migration. GUT's effectiveness at
387 mapping geomorphic units purely from topography is significant because the methodology is

388 characterised by less crew and operator variability than is associated with qualitative, user interpretive
389 techniques (e.g. Hawkins et al., 1993; Moir and Pasternack, 2008; Raven et al., 1998). Moreover, it
390 does not require the additional steps of a hydrological investigation to estimate a river's flows and
391 hydrodynamic modelling to map depth and velocity patterns for the classification of units or using
392 Froude number dependent depth-velocity classification tables with crisp, subjective boundaries
393 (Maddock et al., 2013; Wyrick et al., 2014). Although GUT does require the input of channel thalweg
394 and centerline polylines, and channel polygons these are all direct derivatives of the primary input of
395 topography. The time taken for the step of manually editing and classifying tier 3 bars was also
396 relatively minimal.

397 A wide variety of geomatics technologies have now been demonstrated to survey fluvial topography.
398 Approaches that can map both wet and dry topography include rod-based surveys with RTK-GNSS or
399 total station (Brasington et al., 2000; Fuller et al., 2003; Lane et al., 1994), topo-bathymetric airborne
400 laser scanning (Mandlburger et al., 2015; Tonina et al., 2019) and Structure-from-Motion Multi-View
401 Stereo (SfM MVS) photogrammetry with appropriate refraction corrections for wet areas (Dietrich,
402 2017; Woodget et al., 2015). A plethora of examples are also available of where topographic (e.g.
403 airborne, terrestrial and mobile laser scanning) and bathymetric methods (e.g. echo-sounding,
404 spectral mapping) have been fused together to provide complete mapping of fluvial morphology
405 (Flener et al., 2013; Legleiter, 2012; Reid et al., 2019; Williams et al., 2014; Williams et al., 2015). The
406 growing availability of high resolution topographic data (Passalacqua et al., 2015; Tarolli, 2014) will
407 make multi-temporal mapping of geomorphic units increasingly viable, enabling the monitoring of
408 fluvial system evolution. Specifically, the consistent geomorphological monitoring of river restoration
409 outcomes which is widely called for (Addy et al., 2016; Wohl et al., 2015) is now viable and should be
410 part of a holistic approach to designing a restoration monitoring plan (Podolak, 2014). Whilst our
411 analysis has focused on the application of diversity, evenness and dominance metrics, which are
412 suitable for answering our research question, a variety of other metrics (Wyrick and Pasternack, 2014)
413 are available to characterise geomorphic unit assemblages when investigating other fluvial
414 geomorphological hypotheses.

415 **4.2 River Restoration by *letting the river do the work***

416 *Kondolf* (2011) argues that allowing a river to *self-heal* by designating space for channel migration is
417 the most sustainable approach to river restoration. However, most degraded rivers in poor condition
418 are unlikely to *self-heal* when the anthropogenic margins preventing their adjustment are not
419 removed. The idea of giving rivers space to morphologically adjust has received considerable recent
420 attention through notions of a channel migration zone (Rapp and Abbe, 2003), an erodible corridor

421 (Piégay et al., 2005), fluvial territory (Ollero, 2010), a river corridor (Kline and Cahoon, 2010) and
422 freedom space (Biron et al., 2014; Buffin-Bélanger et al., 2015). Channels that have space to self-adjust
423 are more likely to be characterised by channel migration, thus promoting active bank erosion which
424 supplies sediment, and creating and maintaining diverse geomorphic units and physical habitat
425 features (Florsheim et al., 2008). Whilst the Allt Lorgy restoration project involved minor earth works
426 to remove most of the anthropogenic margins preventing lateral migration, the channel planform was
427 not graded as part of the restoration. The overall river restoration design philosophy can be
428 characterised as process-based once the constraints to it exercising its normal processes were
429 removed in a manner that enabled the river to *self-heal* or *do the work* to recruit wood from channel
430 banks, and set its own channel pattern and spatial distribution of geomorphic units. The maintenance
431 of a high diversity of geomorphic units between the post-restoration survey in 2014 and the
432 subsequent monitoring survey two years later, in 2016, suggests that the approach of *self-healing* is
433 one that has maintained rich and resilient geomorphic unit diversity over a two-year post-restoration
434 timescale. Moreover, the *letting the river do the work* approach provides the restored reaches with
435 resilience to climate change or upstream land use change by providing space for future channel
436 migration.

437 One approach to contextualising the geomorphic unit changes that were mapped at Allt Lorgy is to
438 consider the response of the river reach as a change in condition. *Cluer and Thorne's* (2014) riverscape
439 evolution model (Figure 10) can be invoked as a way of describing geomorphic condition. This model
440 combines the stages of *Schumm et al.'s* (1984) and *Simon and Hupp's* (1987) channel evolution
441 models, adds a precursor multi-thread stage, and links each stage as a cyclical evolution rather than a
442 linear sequence. The addition of a pre-disturbance multi-threaded anastomosing stage (stage 0 in
443 *Cluer and Thorne's* model) matches the pre-channelisation, multi-thread wandering gravel bed river
444 channel pattern that was mapped at Allt Lorgy (Figure 1c). Stage 0 or 8 in the Allt Lorgy represents a
445 healthy condition. Channelisation of the Allt Lorgy study reach resulted in the stage 0 stream being
446 degraded into an artificial stage 2 or channelised state, characterised by physical attributes that
447 included reduced flood attenuation, relative uniformity in depth and velocity patterns, armoured bed
448 substrate, reduced sediment patchiness through armouring, stable banks, reduced geomorphic
449 diversity lowering the capacity of the channel to store sediment and wood, and stable banks.
450 Geomorphic unit mapping shows that the removal of lateral constraints has enabled the study reach
451 to evolve to a stage 4 stream, where widening through bank erosion is enabling greater channel-
452 floodplain connectivity, an increased range of depth-velocity combinations, variable substrate sorting
453 and different degrees of armouring. Compared to the stage 0 stream, the stage 4 stream is
454 characterised by fewer side channels, confluences and diffluences, resulting in a lower capacity to

455 store sediment and wood. It is likely that Allt Lorgy study reach may evolve towards a stage 0 channel
456 with subsequent flood disturbances generating stream power to do the work. Given that historic
457 mapping indicates that the study reach was multi-channel in 1980 and there is a plentiful supply of
458 sediment from where the channel is connected to the valley sides (Figure 1c; Figure 2; Figure 7).
459 However, at present, there are only a limited number of places where bank erosion may cause the
460 recruitment of wood to the restored reaches. Although pine saplings have started to colonise some
461 bank areas (Section 2.2), the reestablishment of a wooded riparian corridor is at an early stage. The
462 biological role (Castro and Thorne, 2019; Johnson et al., 2019) of large wood in influencing river forms
463 and processes is thus likely to be limited until pine saplings grow to large trees and collapse into the
464 river channel as a result of bank erosion.

465 The restoration approach of *letting the river do the work* is suitable where there is sufficient lateral
466 space to accommodate geomorphic dynamism and flooding without harming infrastructure or
467 incompatible land uses, and a river has sufficient stream power to undertake lateral reworking of
468 floodplain deposits or lateral erosion into active margins of hillslope, fans, terraces or moraines across
469 the timescales through which stakeholders expect restoration benefits to emerge (Kondolf, 2011). The
470 Allt Lorgy restoration project provided an upland, high energy site setting where most constraints to
471 lateral adjustment were removed. The rapid increase in geomorphic unit diversity may partially have
472 been a function of a large magnitude event occurring shortly after earth works were completed. The
473 geomorphological effectiveness (Costa and O'Connor, 1995) of post-restoration high flows may
474 therefore influence the timescale for rapid channel evolution at other restoration sites that apply a
475 similar design philosophy. Space for channel migration is limited in many restoration settings due to
476 constraints such as land-use practices, the presence of infrastructure and property, and difficulties in
477 engineering connections between restored and unrestored reaches due to longitudinal patterns of
478 land ownership. These challenges are exemplified by current natural flood risk management and river
479 restoration practice in the UK (Gilvear et al., 2012; Smith et al., 2013; Waylen et al., 2018), which is
480 typical of wider international practice. Whilst there is potential to give rivers full valley bottom width
481 to migrate across in upland settings, in downstream settings reduced levels of freedom space may be
482 necessary to compromise between land management, property and infrastructure issues and the
483 need to restore fluvial and ecological functionality (Biron et al., 2014). In such anthropogentially
484 constrained settings, stage 6, 7 and 8 targets may be appropriate. Information from the topographic
485 monitoring of channel migration rates of river restoration projects that *let the river do the work* may
486 prove invaluable in guiding river restoration planning efforts that seek to reclaim more “freedom
487 space” and their former valley bottoms.

488 **4.3 Geomorphic Units, Physical Habitat and Ecology**

489 To infer that an increase in geomorphic unit diversity, or that an increase in the spatial area covered
490 by submerged geomorphic units, is likely to be followed by an ecological improvement, it is necessary
491 to assume that such changes are correlated with changes in physical habitat that ecology will respond
492 to. Three recent meta-analyses have quantitatively reviewed data on river restoration measures and
493 ecological response. First, with respect to macroinvertebrates, *Miller et al. (2010)* showed in a meta-
494 analysis of 24 investigations that increasing habitat diversity had a significant positive effect on
495 macroinvertebrate richness although the effect on macroinvertebrate density was negligible. Second,
496 *Kail et al. (2015)* collated data from 91 restoration projects published in peer-reviewed literature and
497 64 unpublished studies to show that restoration had a significant effect on fish, macroinvertebrates
498 and macrophytes, with especially clear effects of instream measures on fish and macroinvertebrates.
499 However, one-third of restoration projects were found to have no or a negative effect and effects
500 were smaller in agricultural catchments, illustrating the influence of catchment-wide pressures on in-
501 stream restoration effectiveness. Third, *Muhar et al. (2016)* assessed 20 restoration sites in Europe
502 using a paired comparison of restored and unrestored reaches, and concluded that restoration had
503 positive effects across small and large projects. Although many of the restoration schemes that were
504 included in these meta-analyses were graded with heavy construction equipment to create channel
505 form rather than removing constraints to allow the stream to create its own forms through time ,
506 these meta-analyses indicate that it is likely that an increase in geomorphic unit diversity is likely to
507 increase physical habitat diversity and thus macroinvertebrate, fish and macrophyte richness. An
508 assemblage of individual geomorphic units make up reach-scale habitats which are at the scale that
509 most ecological monitoring takes place. Links between ecological response to changes in geomorphic
510 units must therefore be made by considering geomorphic unit assemblages. Results from studies that
511 have mapped reach type and ecological response support the broader findings of the meta-analyses.
512 For example, *Moir et al. (2004)* showed that, in two Scottish rivers, reach type could be used to predict
513 Atlantic salmon spawning activity. Overall, geomorphic unit diversity can therefore be considered as
514 a proxy for physical habitat diversity and thus ecological richness. Moreover, the principle of *letting*
515 *the river do the work* is likely to produce physical habitat that is characterised by variability, that can
516 adapt to changing catchment conditions and thus increase ecological resilience (Hiers et al., 2016).
517 The increase in overall physical habitat area through restoration, as well as increasing diversity, is also
518 important for conservation given declining trends in aquatic insects (although, in lowland areas, water
519 quality issues must also be addressed (Bojková et al., 2014; Sánchez-Bayo and Wyckhuys, 2019)).

520 **5 Conclusion**

521 Consistent geomorphic unit mapping shows that restoration of Allt Lorgy increased the spatial extent
522 of in-channel geomorphic units by 31% four years after restoration and has created a rich assemblage

523 of geomorphic unit diversity. Once bank protection was removed, lateral channel migration/evolution
524 and associated bank erosion enabled the formation of lateral and point bars, diagonal bar complexes,
525 and instream wood created forced plunge pools and riffles. The analysis thus demonstrates that in
526 river corridors where morphological change does not pose a risk to adjacent property or
527 infrastructure, removing most constraints to letting a river undertake geomorphic work is an
528 appropriate restoration option to deliver higher geomorphic unit diversity. Geomorphic adjustment
529 was rapid following the restoration of Allt Lorgy due to a large high flow event that occurred two years
530 after restoration, in the wake of what was Hurricane Bertha. The rate of morphological adjustment
531 and the evolution of geomorphic unit diversity for other rivers that adopt a similar process-based
532 restoration strategy will be a consequence of the sequence of high flow events that follow channel
533 works. More broadly, the findings of this investigation support calls for rivers to be given freedom
534 space so they can adjust to variations in water, sediment flux and biology. From a methodological
535 perspective, the application of GUT, which classifies geomorphic units using only topography,
536 thalwegs, and wetted and bankfull extents as inputs, reduces the subjectivity associated with
537 qualitative geomorphic unit mapping methods and doesn't require hydrodynamic numerical
538 modelling for unit classification. For the Allt Lorgy restoration project, geomorphic unit classification
539 was undertaken for the entire bankfull extent of the project from three repeat high-resolution
540 topographic surveys. Such time-series of high-resolution topographic surveys are increasingly being
541 acquired in fluvial environments; GUT enables the evolution of fluvial form to be consistently
542 quantified enabling investigation of changes in geomorphic unit diversity in response to natural
543 variability in water and sediment flux, and river management interventions.

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802 **Tables**

803 Table 1 Reach-scale geomorphic change between the pre-restoration and first post-restoration
 804 survey (2012 to 2014) and the first and second post-restoration surveys (2014 to 2016). Geomorphic
 805 change was calculated using a probabilistic thresholding approach at the 80% confidence interval.

Time period	2012 to 2014	2014 to 2016
Total Volume of Erosion, m³	864 ± 225	256 ± 90
Total Volume of Deposition, m³	519 ± 244	166 ± 86
Total Net Volume Difference, m³	-344 ± 333	-89 ± 125
Average Depth of Erosion, m	0.54 ± 0.14	0.40 ± 0.14
Average Depth of Deposition, m	0.17 ± 0.30	0.27 ± 0.14

806

807 Table 2 Project-scale in-channel geomorphic unit total area, abundance, evenness and diversity. Full
 808 diversity across the 14 different geomorphic units that were mapped would result in a diversity
 809 index (H) of 2.64, evenness (J) of 1.00 and dominance (D) of 0.00.

Survey year	2012	2014	2016
Total area, m²	5011	6170	6545
Diversity, H	1.40	2.04	2.05
Evenness, J	0.53	0.77	0.78
Dominance, D	1.23	0.60	0.58

810

811 Table 3 Segregation of the sediment budget by mechanism of geomorphic adjustment between the
 812 pre-restoration and first post-restoration survey (2012 to 2014), and the first and second post-
 813 restoration surveys (2014 to 2016). Mechanisms of geomorphic adjustment were classified manually
 814 using expert judgement. Geomorphic change was calculated using a probabilistic thresholding
 815 approach at the 80% confidence interval.

Mechanism of Geomorphic Adjustment	2012 to 2014		2014 to 2016	
	Total Volume*, m ³	% volumetric change	Total Volume*, m ³	% volumetric change
Bank Erosion	-692 ± 157	50.0	-180 ± 51	42.7
Diagonal Bar Development	310 ± 139	22.4	64 ± 33	15.2
Bank-Attached Bar Development	116 ± 59	8.4	50 ± 26	11.8
Pool Scour	-54 ± 21	3.9	20 ± 9	4.7
Channel Filling	-23 ± 13	3.8	-9 ± 4	7.3
Structurally-Forced Plunge Pool Scour	17 ± 7	2.9	2 ± 1	0.5
Channel Lowering	-40 ± 8	1.7	-2 ± 1	2.1
Bar Sculpting	-18 ± 7	1.3	-27 ± 15	6.4
Structurally-Forced Riffle Development	52 ± 25	1.2	31 ± 16	0.5
Bench Development	0	0.0	2 ± 1	0.5
Head Cut	0	0.0	4 ± 2	0.9

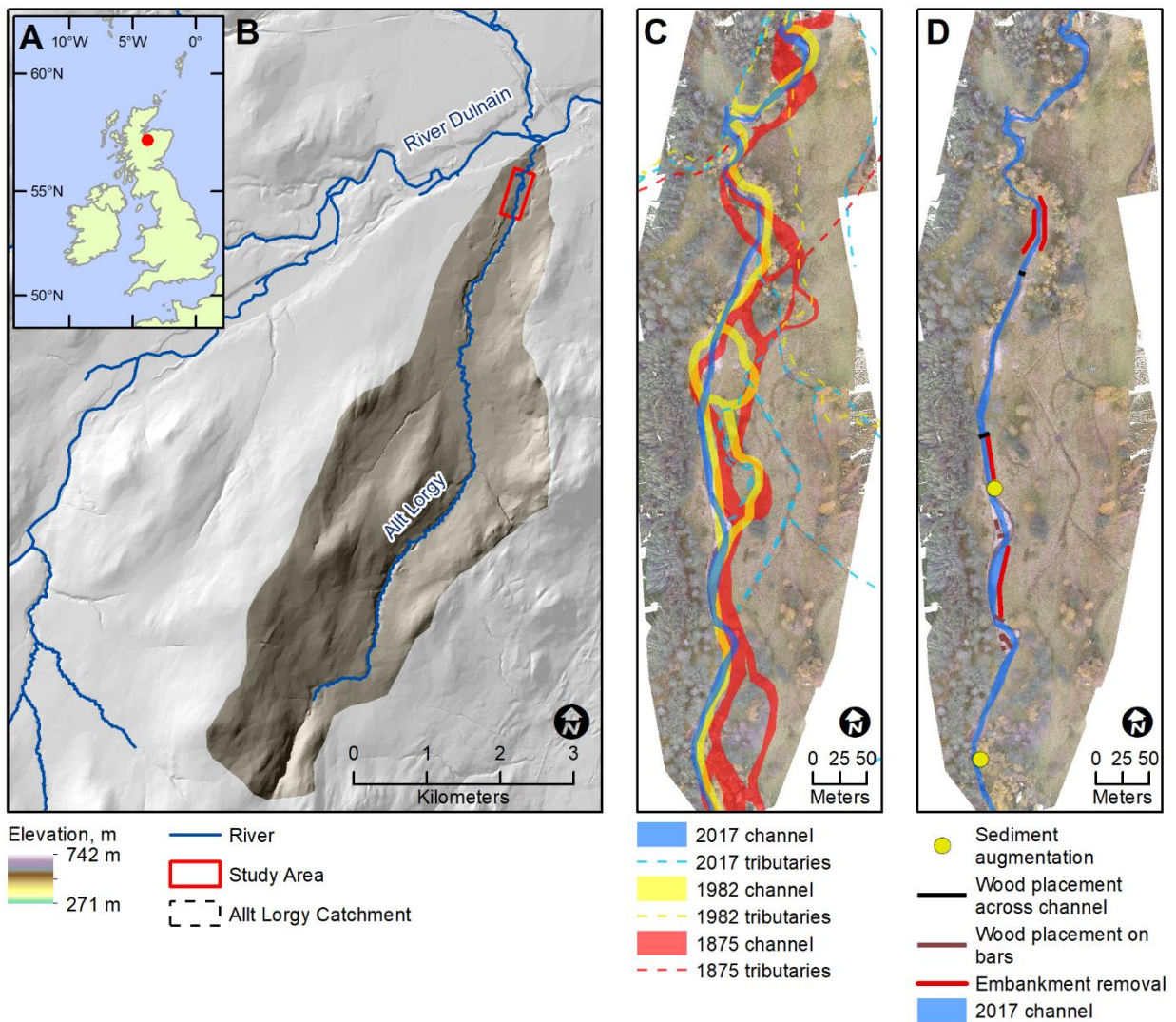
816 *Negative values are erosional, positive values are depositional.

817

818 Table 4 Segregation of the sediment budget by reach between the pre-restoration and first post-
 819 restoration survey (2012 to 2014), and the first and second post-restoration surveys (2014 to 2016).

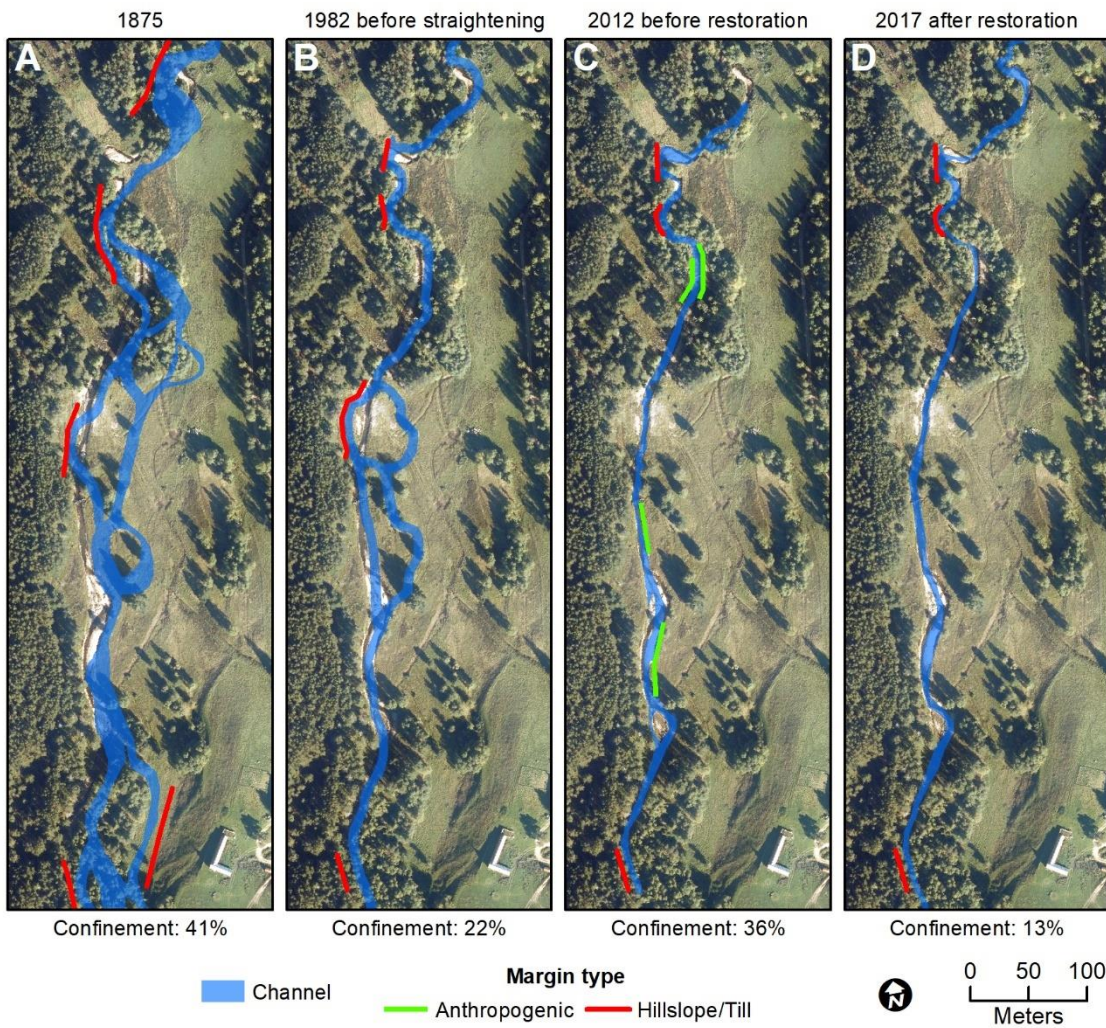
Sub-Reach	2012 to 2014				2014 to 2016			
	Volume of Erosion, m ³	Volume of Deposition m ³	Total Net Volume Difference, m ³	Cumulative Volume Change, m ³	Volume of Erosion, m ³	Volume of Deposition m ³	Total Net Volume Difference, m ³	Cumulative Volume Change, m ³
1	108 ± 27	18 ± 10	-90	-90	61 ± 14	30 ± 15	-3	-3
2	404 ± 100	242 ± 107	-161	-251	85 ± 29	110 ± 56	25	22
3	267 ± 67	95 ± 49	-172	-423	51 ± 21	12 ± 7	-39	-17
4	59 ± 18	151 ± 73	92	-331	59 ± 25	14 ± 8	-45	-62

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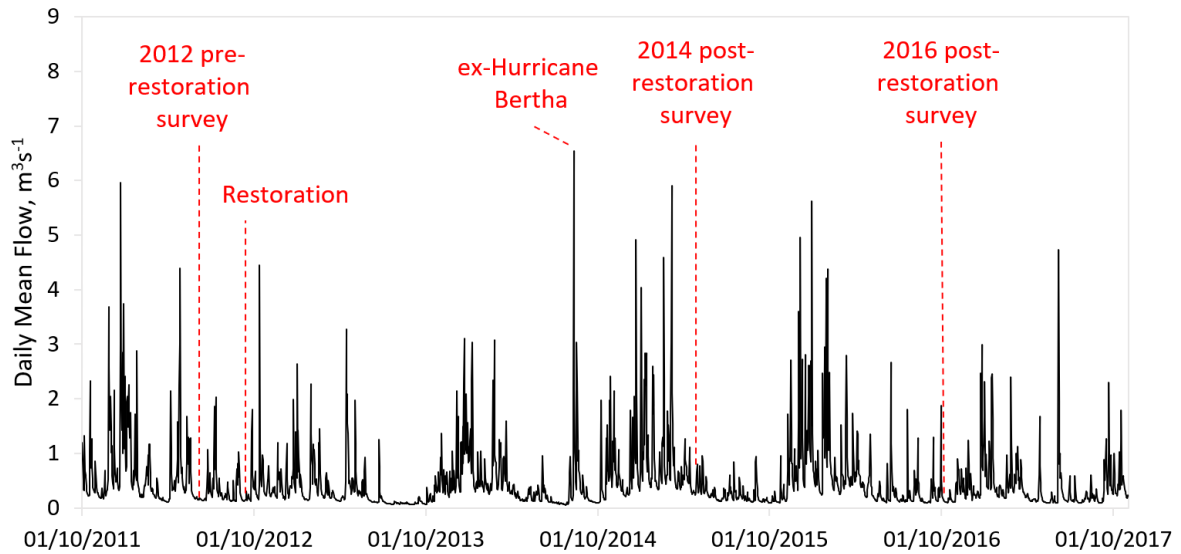
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823 Figure 1 (a) Location of the Allt Lorgy catchment in Scotland. (b) Allt Lorgy catchment and study reach
 824 location map. (c) Historic and pre-restoration planform based on Ordnance Survey maps from 1875
 825 (County Series 1:10,560 mapping, 1st Edition 1846 – 1899), 1982 (National Grid 1:10,000 series
 826 mapping, 1st Edition 1969 – 1996) and 2017 (Mastermap 1:1250 mapping, May 2017). The background
 827 aerial photograph was produced using SfM MVS Photogrammetry using imagery acquired in October
 828 2016 from a DJI Phantom 3 UAV. (d) Restoration measures undertaken in August-September 2012.



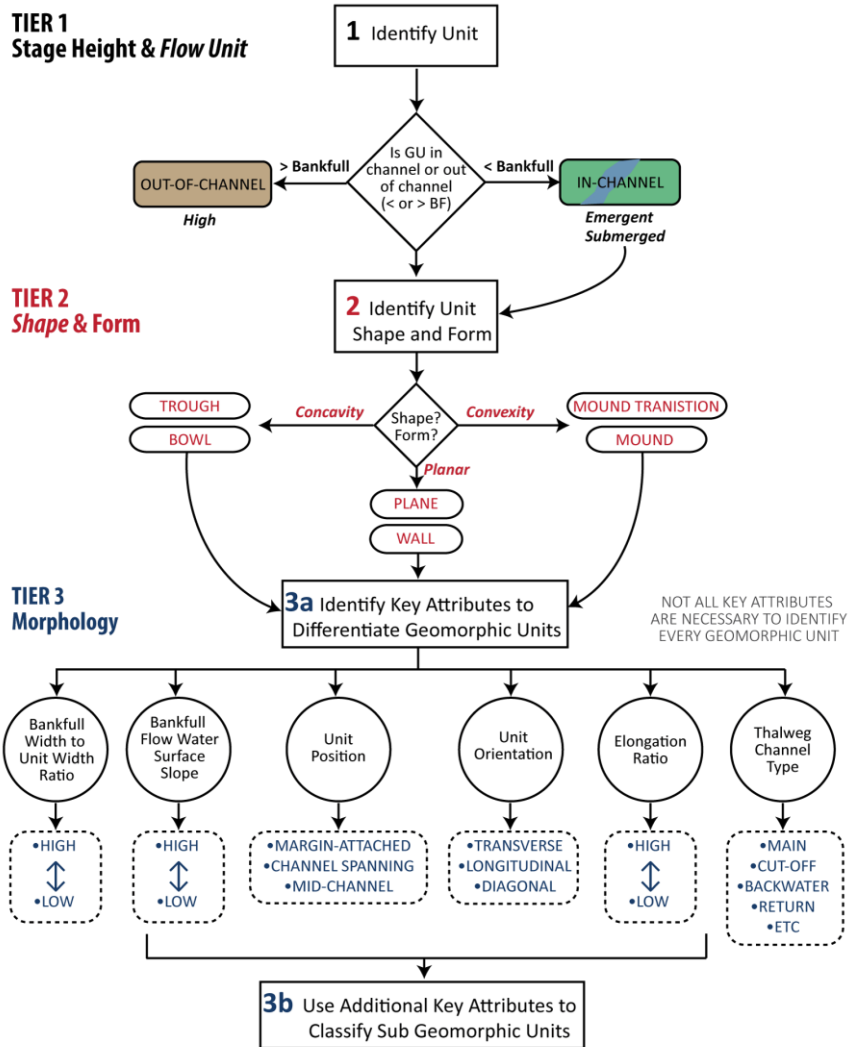
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830 Figure 2 Analysis of valley setting and confinement for (a) 1875, (b) 1982 before straightening, (c)
 831 2012 before restoration and (d) 2017 after restoration. 1875, 1982 and 2017 channel positions were
 832 extracted from Ordnance Survey maps (see Figure 1). Confinement was calculated using equation 1
 833 of O'Brien et al. (2019). 2012 channel positions were mapped during a topographic survey (described
 834 in Section 2.2). Valley Bottom was mapped using the Ordnance Survey Terrain 5 m Digital Terrain
 835 Model. Geology was assessed from Smith (Smith, 2013). Aerial photography is © Getmapping Plc.



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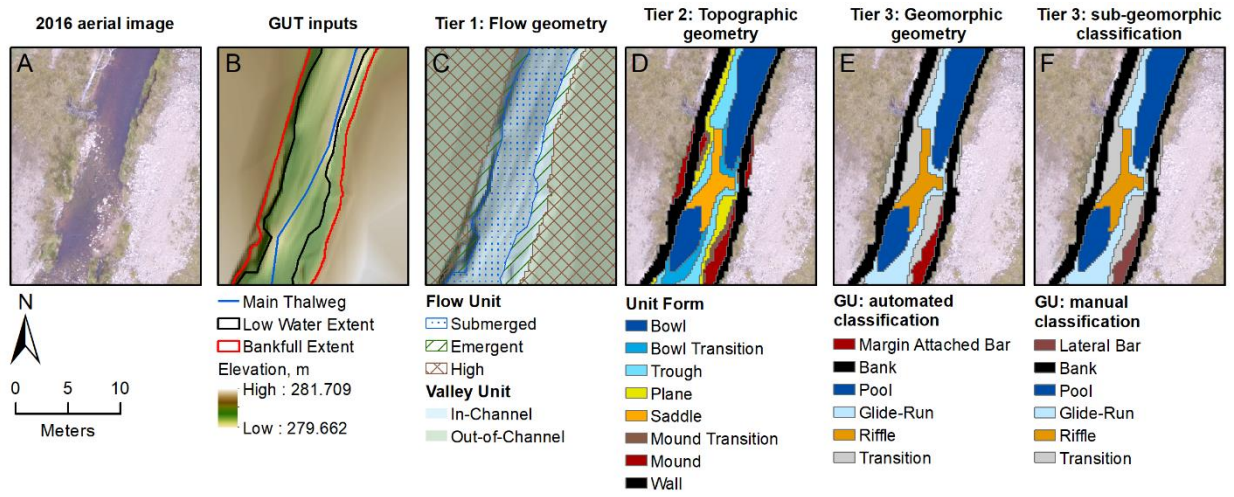
837 Figure 3 Allt Lorgy hydrograph showing the timing of restoration, topographic surveys and ex-
 838 Hurricane Bertha. Hydrograph was produced by catchment area scaling of the discharge record at
 839 the nearest downstream gauging station (Balnaan Bridge on the River Dulnain). The timescale shows
 840 hydrological years (1 October to 30 September). Data from the UK National River Flow Archive
 841 <https://nrfa.ceh.ac.uk/data/station/info/8009>.



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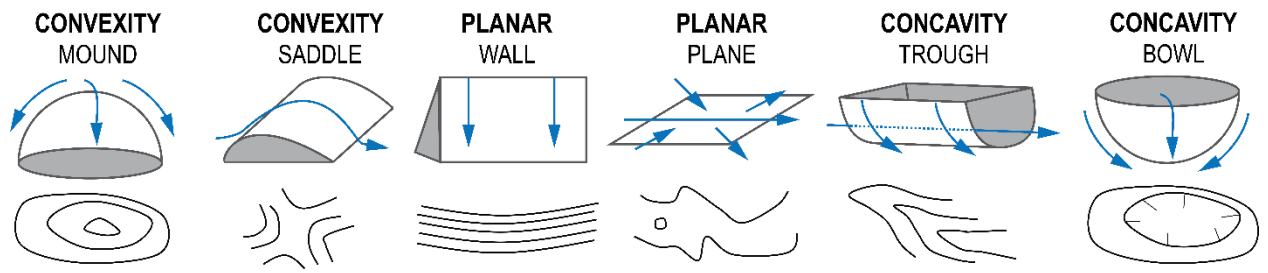
843 Figure 4 The Geomorphic Unit Tool's tiered framework. Tiers 1, 2 and 3 are associated with deriving
 844 flow, topographic- and geomorphic-related geometry respectively (Bangen et al., 2017).

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847 Figure 5 Example of Geomorphic Unit Tool inputs and outputs.

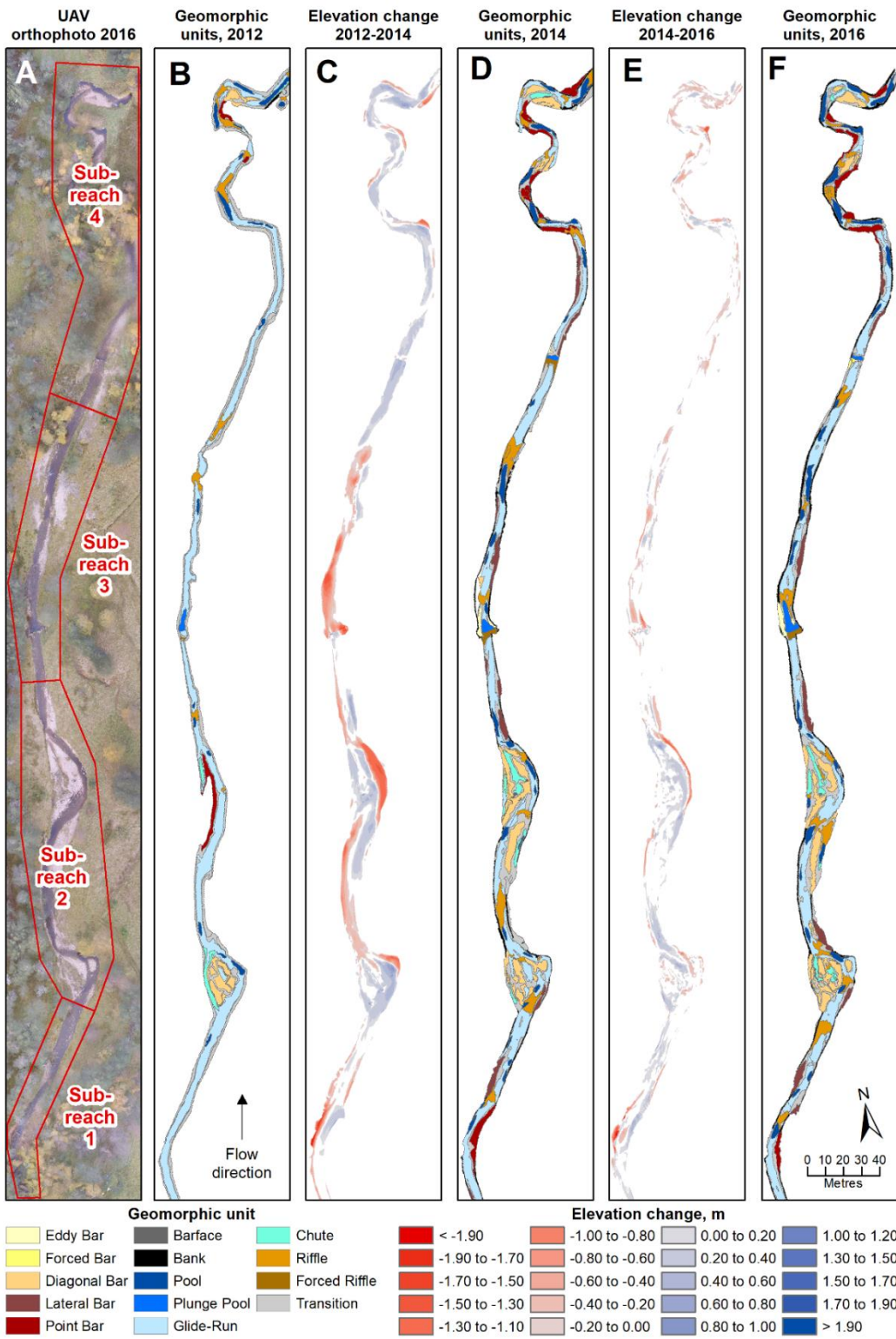


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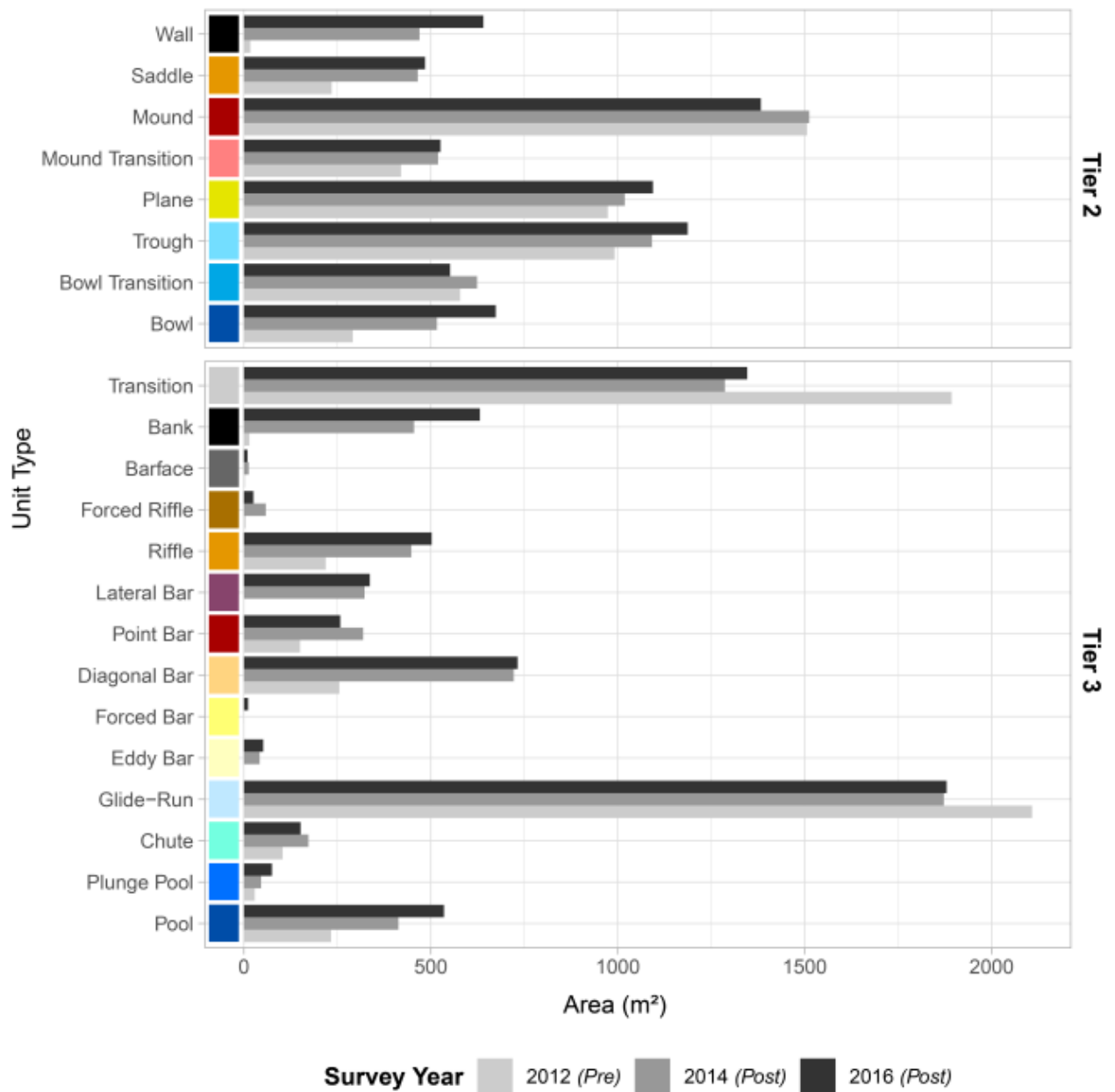
850

Figure 6 Generalised topographic shape and contour signatures for each of the tier 2 topographic units delineated by GUT (Bangen et al., 2017)..



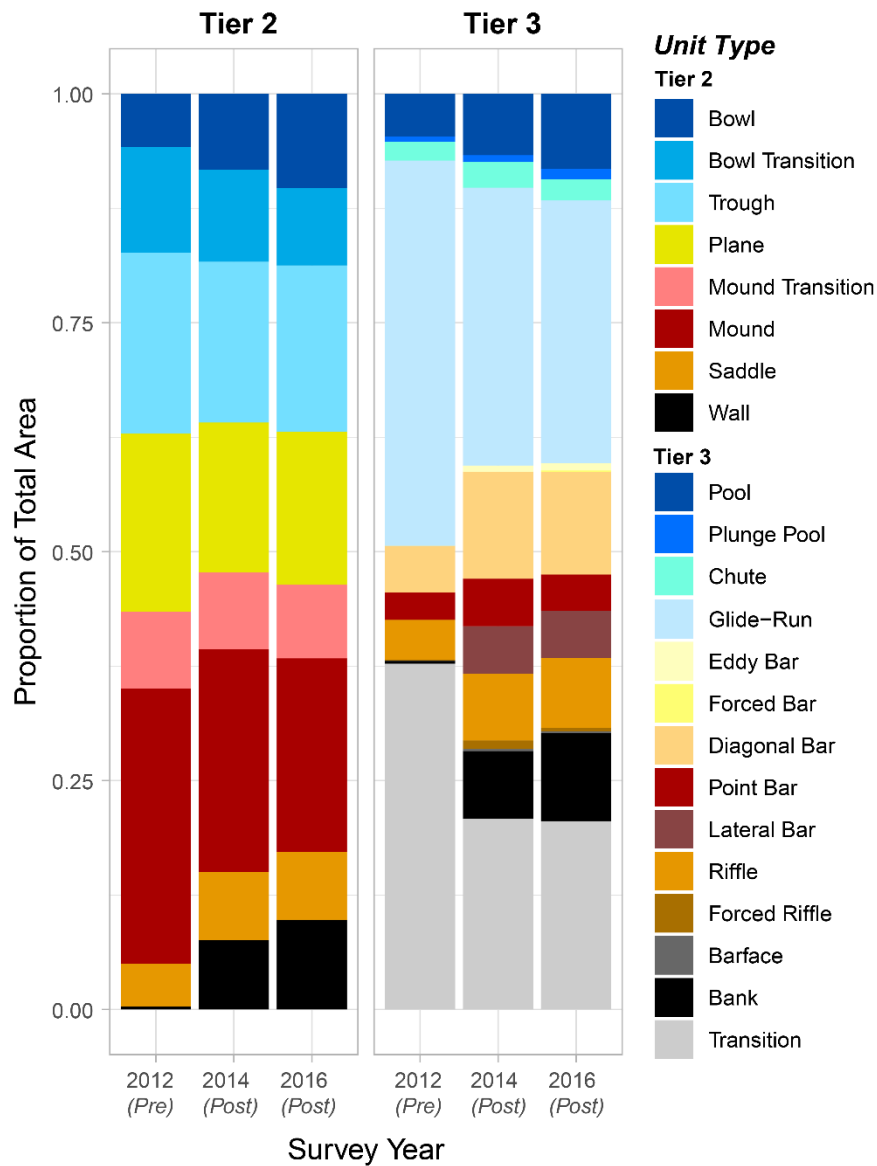
851

852 Figure 7 Geomorphic Unit and Elevation Change mapping. Geomorphic change was calculated using
 853 a probabilistic thresholding approach at the 80% confidence interval.



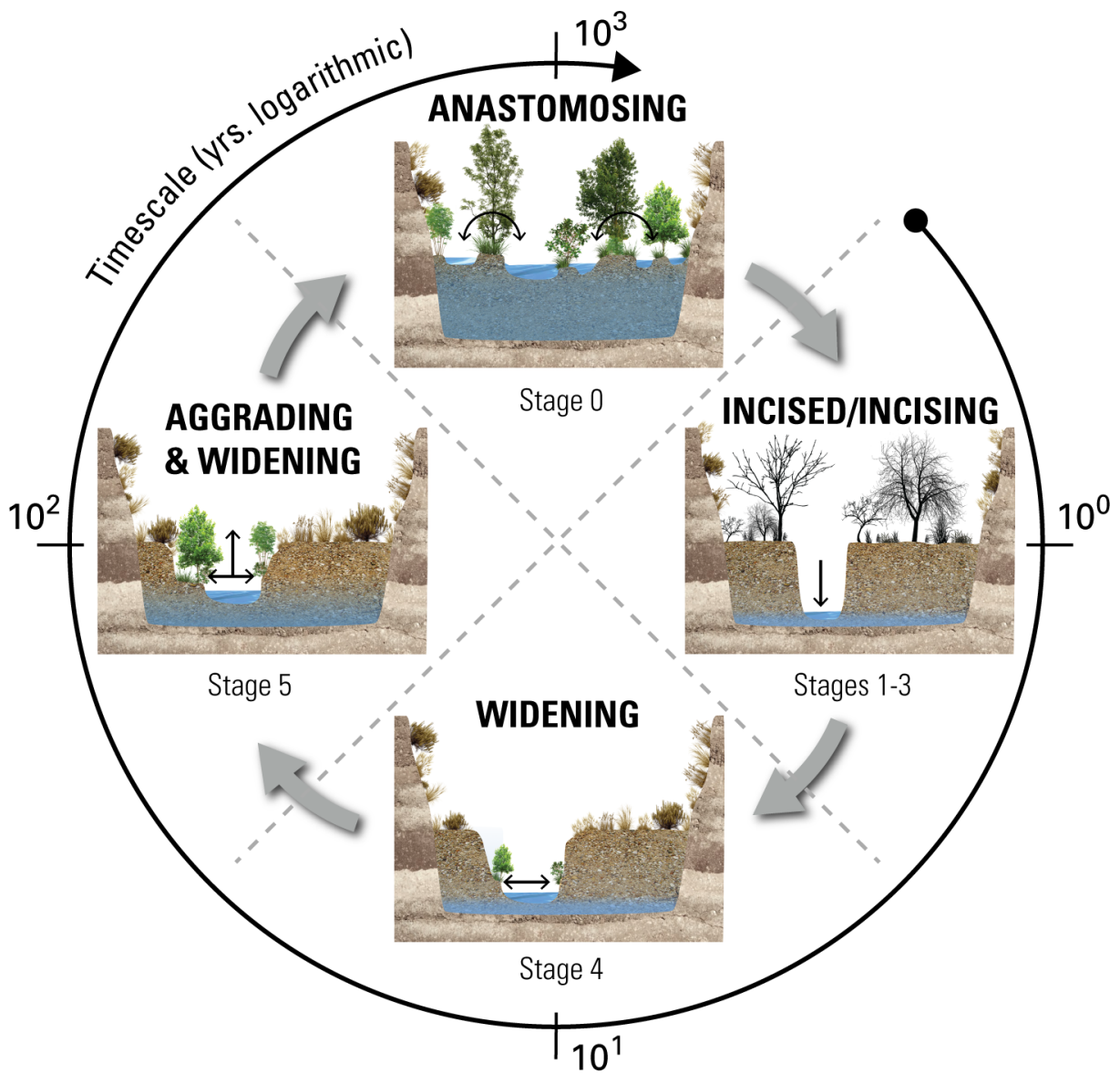
854

855 Figure 8 Total area covered by each tier 2 and tier unit for 2012, 2014 and 2016. Data used to
 856 generate this figure are available in Supplementary Table 1.



857

858 Figure 9 Proportion of tier 2 and 3 units that covered in-channel units for 2012, 2014 and 2016
 859 surveys. Proportions are calculated from the total bankfull area for each year. Data used to generate
 860 this figure are available in Supplementary Table 2.



 Nick Weber

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863 Figure 10 A riverscapes evolution model (Pollock et al., 2014; Wheaton et al., 2019) based upon a
864 simplification and adaptation of Cluer and Thorne's (2014) stream evolution model.

865 **Supplementary Tables**

866 Supplementary Table 1 Total area and proportion of reach covered by tier 2 units for 2012, 2014 and
 867 2016. Proportions are calculated from the total bankfull area for each year.

Unit Form	Area, m ²			Proportion, %		
	2012	2014	2016	2012	2014	2016
Bowl	291.0	516.1	673.7	5.8	8.3	10.3
Bowl Transition	578.2	623.6	551.4	11.5	10.0	8.4
Mound	1506.2	1512.2	1382.8	30.1	24.3	21.1
Mound Transition	420.2	519.3	525.8	8.4	8.4	8.0
Plane	973.4	1018.8	1094.2	19.4	16.4	16.7
Saddle	234.6	464.9	484.4	4.7	7.5	7.4
Trough	991.5	1091.4	1187.0	19.8	17.6	18.1
Wall	16.9	469.6	640.6	0.3	7.6	9.8

868

869 Supplementary Table 2 Total area and proportion of reach covered by tier 3 units for 2012, 2014 and
 870 2016. Proportions are calculated from the total bankfull area for each year.

Geomorphic Unit	Area, m ²			Proportion, %		
	2012	2014	2016	2012	2014	2016
Bank	14.5	455.1	631.2	0.3	7.4	9.6
Barface	2.4	12.9	9.4	0.0	0.2	0.1
Chute	103.3	172.6	151.5	2.1	2.8	2.3
Diagonal Bar	255.1	721.7	732.2	5.1	11.7	11.2
Eddy Bar	0.1	42.0	51.6	0.0	0.7	0.8
Forced Bar	0.1	0.1	11.3	0.0	0.0	0.2
Forced Riffle	4.1	58.5	25.4	0.1	0.9	0.4
Glide-Run	2108.3	1872.2	1879.7	42.1	30.3	28.7
Lateral Bar	0.1	322.7	336.7	0.0	5.2	5.1
Plunge Pool	28.9	45.9	74.9	0.6	0.7	1.1
Point Bar	149.9	318.9	257.9	3.0	5.2	3.9
Pool	232.9	413.3	535.1	4.6	6.7	8.2
Riffle	218.8	447.8	502.4	4.4	7.3	7.7
Transition	1892.9	1286.6	1346.3	37.8	20.9	20.6

871