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# Proton pump inhibitors enhance chemosensitivity, promote apoptosis, and suppress migration of breast cancer cells

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Accepted July 30, 2019 Published online September 8, 2019 Breast cancer is the most common cancer and is the leading cause of cancer deaths among women worldwide. Despite the availability of numerous therapeutics for breast cancer management, cytotoxicity and emergence of drug resistance are major challenges that limit their benefits. The acidic microenvironment surrounding tumor cells is a common feature inducing cancer cell invasiveness and chemoresistance. Proton pump inhibitors (PPIs) are one of the most commonly prescribed drugs for the treatment of acid-related conditions. PPIs have been reported to exhibit antitumorigenic effects in many cancer types. In this study, the anti-proliferative and anti-migratory effects of PPIs in three breast cancer cell lines; MCF-7, T47D, and MDA-MB-231 cells, have been investigated. In addition, the combined effects of PPIs with anticancer drugs, as well as the mechanism of PPImediated anti-proliferative activity were evaluated. The antiproliferative and combined effects of PPIs were evaluated by MTT assay. Cell migration was assessed using the wound-healing assay. The mechanism of cell death was assessed using annexin V-FITC/ propidium iodide staining flow cytometry method. Our results indicated that PPIs treatment significantly inhibited the growth of breast cancer cells in a dose-dependent manner. The antiproliferative activity of PPIs was significantly induced by apoptosis in all tested cell lines. The combined treatment of PPIs with doxorubicin resulted in a synergistic effect in all cell lines, whereas the combined treatment with raloxifene exhibited synergistic effect in T47D cells only and additive effects in MDA--MB-231 and MCF-7 cells. In addition, PPIs treatment significantly reduced cell migration in MDA-MB-231 cells. In conclusion, the addition of PPIs to the treatment regimen of breast cancer appears to be a promising strategy to potentiate the efficacy of chemotherapy and may suppress cancer metastasis.

*Keywords:* proton pump inhibitors, breast cancer, chemosensitivity, apoptosis, metastasis

Breast cancer is the most common type of cancer among female worldwide (1). The incidence rates of breast cancer are increased with age in the majority of cases diagnosed

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after the age of 40 years (2). Unfortunately, despite the continued development of many breast cancer therapies, toxicity and emerging of drug resistance are commonly encountered challenges (3). These phenomena are partly due to the highly heterogeneous nature of the disease at both inter-tumor and intra-tumor level (4).

There is accumulating evidence supporting the role of acidic tumor microenvironment in tumor development and progression (5, 6). Metastasis, invasiveness, and chemoresistance have been shown to be associated with tumor acidic microenvironment (5–7). Moreover, extracellular acidity suppresses the activity of immune cells, like the cytotoxic T lymphocytes and natural killer cells protecting cancer cells from the immune system (8, 9). The deviant extracellular acidity is maintained by the overexpression of different ion/ proton pumps including the vacuolar-H<sup>+</sup>-ATPase (V-ATPase) pumps, which extrude intracellular protons to the extracellular space. Thus, targeting such pump has been considered as a promising strategy to deteriorate cancer cells and reduce tumor metastasis (10).

Numerous pharmacological agents have been used to inhibit the activity of the V-ATPase pump; however, the clinical application is limited due to their cytotoxicity to normal cells (10). Proton pump inhibitors (PPIs), such as lansoprazole and omeprazole, are the most frequently prescribed drugs for the treatment of acid-related disorders. They specifically target the gastric proton pump (H<sup>+</sup>, K-ATPase pump) that is located in the gastric parietal cells (11). PPIs also act as V-ATPase inhibitors, suggesting that they may affect the tumor acidic microenvironment (10). In fact, they have been shown to inhibit cancer progression and metastasis and reduce drug resistance in several types of cancers including breast, gastric, colorectal, esophageal, and pancreatic cancers (12–16).

Interestingly, it was initially suggested that the anticancer effect of PPIs is primarily related to their ability to block the V-ATPase pump (10). However, several other mechanisms that contribute to their anticancer activity have been proposed and investigated including suppression of the Wnt/ $\beta$ -catenin (17), mammalian target of rapamycin (mTOR), hypoxia-inducible factor 1-alpha (HIF-1  $\alpha$ ), and others (15, 18, 19).

In the current study, the effects of different PPIs on the viability, migration, and apoptosis of breast cancer cell lines of different molecular subtypes were evaluated. The ability of PPIs to enhance the antitumor effect of other anticancer drugs was also assessed as well as the underlying molecular mechanism driving the antiproliferative effect of PPIs.

#### EXPERIMENTAL

#### Chemicals

Lansoprazole, omeprazole, pantoprazole, and raloxifene were purchased from Sigma-Aldrich (USA) as powder and dissolved in DMSO. They were further diluted with Dulbecco's Modified Eagle Medium to reach the desired final concentrations immediately before use. Doxorubicin hydrochloride was purchased from Ebewe Untrerach (Austria) as a solution at a concentration of 2 mg mL<sup>-1</sup>. MTT (3-[4,5-dimethylthiazol-2-yl]-diphenyltetrazolium bromide) was purchased from Sigma-Aldrich (USA).

#### Cell lines

Human MDA-MB-231, MCF-7, and T47D breast cancer cell lines were obtained from the American Type Culture Collection (ATCC) (USA). These cells were maintained in high

glucose Dulbecco's Modified Eagle Medium (DMEM) (Eurobio, French) supplemented with 10 % fetal bovine serum (FBS), 100 U mL<sup>-1</sup> penicillin, 100  $\mu$ g mL<sup>-1</sup> streptomycin, and 2 mmol L<sup>-1</sup> L-glutamine and were incubated at 37 °C in a 95 % humidified air of 5 % CO<sub>2</sub>.

### Cell viability assay

In order to evaluate cell viability, the MTT (3-[4,5-dimethylthiazol-2-yl]-diphenyltetrazolium bromide) colorimetric assay was performed as previously described (20). Briefly, T47D, MCF-7, and MDA-MB-231 cells were plated in a 96-well plate at a seeding density of 8,000, 7,000, 5000 cells per well, respectively. After 24 h, they were treated with different concentrations of PPIs, doxorubicin, and raloxifene alone or in combination. After 48 h, MTT was added at a working concentration of 5 mg mL<sup>-1</sup> and incubated for 3 h. Media were then aspirated, and formazan crystals were solubilized in DMSO. The optical density was measured at 570 nm using the Synergy HTX Multi-Mode Microplate Reader (BioTek Instruments, Winooski, VT, USA). The percentage of cell viability was calculated according to the following equation:

cell viability (%) = (optical density of treated cells/optical density of untreated cells) × 100

### Migration assay

MDA-MB-231 cells were plated at a seeding density of 15,000 cells per insert well (Ibidi, Germany) and incubated overnight to grow to confluency. Afterward, inserts were removed, and cells were treated with 10  $\mu$ g mL<sup>-1</sup> of mitomycin C for 2 h. Cells were treated with PPIs at half the *IC*<sub>50</sub> concentration. Images were captured at 0 and 24 h using a microscope (BOECO, Germany) coupled with the 5.0 Mega Cmos camera at the magnification of 4×. Cell migration was determined by measuring the wound width using ImageJ software.

# Flow cytometry analysis of apoptosis

Cells were plated in 6-well plates at 4 × 10<sup>5</sup> cells per well for T47D and MCF-7 cells and 3 × 10<sup>5</sup> cells per well for MDA-MB-231 cells. On the following day, cells were treated with either double  $IC_{50}$  concentration of lansoprazole or doxorubicin as a positive control and incubated for 48 h. Detached cells were collected, combined with the trypsinized attached cells, and centrifuged at 1400 RPM, 4 °C, for 10 min. The cell pellet was resuspended in 200  $\mu$ L cold 1X binding buffer, and cells were stained with 5  $\mu$ L Annexin V-FITC and incubated for 5 min at room temperature. Propidium iodide was then added to each tube and analyzed immediately. The analysis was performed on BD FACSCanto II flow cytometer (BD Biosciences, USA) using BD FACSDiva software.

# Statistical analysis

Data analysis was performed using GraphPad Prism software version 7. The differences between treatments groups were determined by *t*-test or one-way analysis of variance (ANOVA) followed by Tukey post hoc *t*-test as appropriate. Data were expressed as mean  $\pm$  SD and *p* < 0.05 was considered a statistically significant difference. A non-linear regression analysis was used to calculate *IC*<sub>50</sub> values. The effect of combined treatment of

PPIs and anticancer agents was evaluated by calculating the combination index (CI) value using CompuSyn software based on Chou-Talalay's Combination Index Theorem (21). CI values < 1, =1, and > 1 indicate synergism, additive, and antagonistic effects, respectively. CI values were calculated by using the following equation:

#### CI = (D1/Dx1) + (D2/Dx2)

where  $(Dx)_1$  = dose of drug 1 to produce 50 % cell killing alone,  $(D)_1$  = dose of drug 1 to produce 50 % cell killing in combination with  $(D)_2$ ,  $(Dx)_2$  = dose of drug 2 to produce 50 % cell killing alone, and  $(D)_2$  = dose of drug 2 to produce 50 % cell killing in combination with  $(D)_1$ .

#### RESULTS AND DISCUSSION

#### The effect of PPIs treatment on the migration of breast cancer cells

To examine the effect of PPIs on the migration of MDA-MB-231 cells, wound healing assay was performed. As can be noted in (Fig. 1a), complete closure of the wound was observed in the control sample. However, exposure to PPIs treatment significantly inhib-



Fig. 1. Effect of PPIs treatment on MDA-MB-231 cells migration: a) images of the wound at the beginning and after 24 h of the treatment period (magnification 4x); b) quantitative analysis of wound closure relative to wound distance at time 0. The experiment was performed in duplicate and the data are expressed as mean  $\pm$  SD. \*p > 0.05 significantly different from control group.

ited the migration of MDA-MB-231 cells by 67, 69 and 68 % for lansoprazole, omeprazole, and pantoprazole, respectively (Fig. 1b).

The V-ATPase expression is strongly associated with the invasive and metastatic capabilities of cancer cells. This was shown to be due to the acidic microenvironment that facilitates the optimal activation and secretion of proteases (22). Many studies have shown that breast cancer cells including MDA-MB-231, MCF-7, and T47D overexpress V-ATPases pumps. However, the activity of this pump appears to be augmented in highly metastatic cells like MDA-MB-231 relative to the poorly metastatic cells like MCF-7 (22, 23). Many pharmacological agents have been used as V-ATPase pump inhibitors like bafilomycin A1 and concanamycin. However, these agents exhibited high cytotoxicity to normal cells as well as to cancer cells. In contrast, PPIs are known to directly inhibit V-ATPase pumps and selectively target cancer cells (24).

#### The antiproliferative effect of PPIs in different molecular subtypes of breast cancer

The antiproliferative effects on different molecular subtypes of breast cancer cells treated with various doses of PPIs (lansoprazole, omeprazole, and pantoprazole) are shown in (Fig. 2). According to the results, the growth of breast cancer cells was significantly inhibited after PPIs treatment for 48 h compared to the control, in a dose-dependent manner. Interestingly, the observed antiproliferative effect of PPIs significantly varied between the three examined cell lines with T47D cells being the most responsive to PPIs treatment, whereas MDA-MB-231 cells were the least responsive cells. In contrast, the viability of normal fibroblast cells was not affected compared to the control group ( $IC_{50}$ >3000 µmol L<sup>-1</sup>). On the other hand, lansoprazole appears to be more effective in cancer growth inhibition than omeprazole and pantoprazole. The  $IC_{50}$  values for PPIs treatment were 129–299, 201–51 and 256–645 µmol L<sup>-1</sup> in T47D, MCF-7, and MDA-MB-231 cells, respectively (Table I).

	<i>IC</i> <sub>50</sub> (μmol mL <sup>-1</sup> ) <sup>a</sup>		
	T47D	MCF-7	MDA-MB-231
Lansoprazole	$129.0\pm9.8$	$201.0 \pm 9.1$	$256.5\pm4.3$
Omeprazole	$222.4\pm8.8$	$349.3 \pm 23.7$	$395.6\pm7.2$
Pantoprazole	$299.6\pm21.6$	$514.4 \pm 25.9$	$645.9\pm8.2$
Doxorubicin	$1.9\pm0.2$	$0.9 \pm 0.1$	$2.0\pm0.2$
Raloxifene	$27.3\pm1.9$	$32.9 \pm 1.3$	$25.0\pm2.1$

Table I. The 50 % inhibitory concentration (IC<sub>50</sub>) for PPIs, doxorubicin, and raloxifene in different breast cancer cells

<sup>a</sup> mean ± SD

#### PPIs enhanced apoptosis in breast cancer cells

In order to determine if the anti-proliferative effect of PPI on the cells was due to the induction of apoptosis or necrosis, flow cytometric analyses of cells stained for annexin V or DNA fragmentation were performed. Following 48 h incubation period with the  $IC_{50}$  con-



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Fig. 2. Antiproliferative effects of PPIs treatment on cell viability of breast cancer cells in: a) T47D, b) MCF-7, c) MDA-MB-231. Data shown represent the mean percentages of cell viability  $\pm$  SD. Each experiment was performed in triplicate in three independent experiments (N = 3). \*p < 0.05 significantly different from control groups.

centration of lansoprazole, the percentages of apoptosis and necrosis were examined. As shown in (Fig. 3), exposure to PPIs significantly increased apoptosis by more than 50 % in the three cell lines examined. On the other hand, the percentages of necrosis were not significantly affected.

According to De Milito *et al.* (25), omeprazole and esomeprazole showed an apoptotic effect in the human B cell line, which was mediated through a caspase-independent mechanism. In another study, by Scaringi *et al.* (26), omeprazole induced apoptosis in a time dose-dependent manner in Jurkat cells (T-cells). In the latter cells, apoptosis was dependent on caspases and cysteine cathepsins. Interestingly, Zhang *et al.* (27), reported that lansoprazole significantly induced apoptosis in breast cancer cells through the ability to provoke cytosolic acidification, lysosomal alkalinization, and reactive oxygen species (ROS) accumulation.

Further investigation into the different possible signaling pathways should shed light on the mechanism through which PPIs exert their apoptosis induction effect.

# *Effects of combined treatment of PPIs and anticancer agents on the viability of breast cancer cells*

Doxorubicin is one of the most effective chemotherapeutic agents that is widely used in breast cancer treatment as well as for the treatment of other types of cancer such as lung, multiple myeloma, and thyroid cancers. It induces cytotoxicity effects through inhibition



Fig. 3. Lansoprazole induces apoptosis in breast cancer cells. Breast cancer cells treated with lansoprazole for 48 h then stained with annexin V-FITC/ PI and analyzed by flow cytometry: a) dot plot for annexin V-FITC/ PI staining, where Q3 showed viable cells, Q1 necrotic cells, Q2 late apoptotic, and Q4 early apoptotic and percentages of alive cells, apoptotic cells and necrotic cells in T47D, b) MCF-7, c) MDA-MB-231. The experiment was performed in duplicate and the data are expressed as mean ± SD.

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of topoisomerase II or free radical generation. However, the cytotoxic effects of doxorubicin on various organs and tumor resistance limit its clinical usefulness (28). Patel *et al.* (29), reported that pretreatment with PPIs increased tissue penetration of doxorubicin in multilayered cell cultures and enhanced its distribution from blood vessels in solid tumors.

Raloxifene, on the other hand, is a second-generation selective estrogen receptor modulator (SERM) that induces estrogen antagonist effect on breast tissues (30). FDA has ap-



Fig. 4. Effect of anticancer agents on the growth of breast cancer cells: a) antiproliferative effects of doxorubicin treatment on cell viability of breast cancer cells, b) antiproliferative effects of raloxifene treatment on cell viability of breast cancer cells. Data shown represent the mean percentages of cell viability  $\pm$  SD. Each experiment was performed in triplicate in three independent experiments (N = 3). \* p < 0.05 significantly different from control groups.

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proved raloxifene for the prevention and treatment of invasive ER-positive breast cancer in postmenopausal women. The beneficial role of combined treatment is the possibility to enhance the cytotoxic effect of chemotherapeutic agents by reducing the drug resistance and, consequently, allowing the use of lower concentrations of drugs while maintaining the same effectiveness.

The ability of PPIs to enhance the cytotoxic effects of the anticancer agents, doxorubicin and raloxifene, on breast cancer cells was then evaluated. First, the  $IC_{50}$  of both drugs on the three cell lines were determined. Exposure of cells to increasing concentrations of doxorubicin ranged from 0.3 to 5 µmol L<sup>-1</sup> significantly inhibited the growth of breast cancer cells in a dose-dependent manner (Fig. 4a). The  $IC_{50}$  values for doxorubicin were 1.9, 0.9, and 2.0 µmol L<sup>-1</sup> in T47D, MCF-7, and MDA-MB-231 cells, respectively. Similarly, the survival of cells was significantly inhibited by raloxifene treatment at the concentration



Fig. 5. Effect of combined treatment of lansoprazole and anticancer agents on the growth of breast cancer cells: a) effects of combined treatment of lansoprazole and doxorubicin on the growth of breast cancer cells after 48 h of treatment, b) effects of combined treatment of lansoprazole and raloxifene on the growth of breast cancer cells after 48 h of treatment. Data shown represent the mean percentages of cell viability  $\pm$  SD. Each experiment was performed in duplicate in three independent experiments (*N* = 3). \* *p* < 0.05 significantly different from respective anticancer agents treatment alone.

Drug combination	Combination index		
Drug combination	T47D	MCF-7	MDA-MB-231
Doxorubicin + Lansoprazole	0.5	0.3	0.7
Doxorubicin + Omeprazole	0.4	0.3	0.7
Doxorubicin + Pantoprazole	0.6	0.2	0.5
Raloxifene + Lansoprazole	0.7	1.001	1.0
Raloxifene + Omeprazole	0.6	1.0	1.08
Raloxifene + Pantoprazole	0.7	1.07	1.09

Table II. Combination index (CI) values for the combined treatment of PPIs and anticancer agents in breast cancer cell lines. CI < 1, = 1, and > 1 indicate synergism, additive, and antagonistic effects, respectively

\* p < 0.05 significantly different from respective anticancer agents treatment alone.

range 3–100  $\mu$ mol L<sup>-1</sup> in a dose-dependent manner (Fig. 4b) with *IC*<sub>50</sub> values 27.3, 32.9, and 25.0  $\mu$ mol L<sup>-1</sup> in T47D, MCF-7, and MDA-MB-231 cells, respectively. Our results demonstrated that the combination of PPIs and doxorubicin significantly increased the cytotoxic effect of doxorubicin and resulted in synergistic inhibition of growth in MDA-MB-231, MCF-7, and T47D cells (CI < 1) (Table II). However, variable results were obtained when PPIs were combined with raloxifene. In T47D cells, combining PPIs to raloxifene significantly suppressed cell growth compared to respective raloxifene treatment alone with CI values < 1. Interestingly, combined treatment of raloxifene and PPIs in MDA-MB-231 and MCF-7 cells rather demonstrate the additive effect. Thus, the combined effect of PPIs and anticancer drugs is variable and may be affected by the type of cancer cells, anticancer agents, and probably the mechanism that is responsible for drug resistance in the different cell lines.

#### CONCLUSIONS

PPIs (lansoprazole, omeprazole, and pantoprazole) inhibited the growth of MDA-MB-231, MCF7, and T47D breast cancer cells in a dose-dependent manner. This anti-proliferative activity is mediated through the induction of apoptosis. Combined PPIs with doxorubicin resulted in synergistic inhibition of viability in three cell lines, but the combined effect with raloxifene induced a synergistic effect in T47D cells with only additive effect in MDA-MB-231 and MCF-7 cells. In MDA-MB-231 cells, PPIs treatment also significantly inhibited cell migration.

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