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- 2 study in 406 locations in 20 countries.
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#### 99 Summary boxes

#### 100 What is already known on this topic

- Evidence on the short-term association between ground-level ozone and mortality has
   been obtained in a large number of studies. These investigations have been mostly
   performed in a relatively small number of locations, in limited geographical areas, and
   using various designs and modelling approaches.
- While most of the studies found positive associations, results are heterogeneous, and a critical comparison across different countries and regions is made difficult by the limited statistical power and the differences across studies mentioned above.
- Estimates of the association are usually reported as relative risk, a summary measure that does not quantify the actual health impact and makes it difficult to evaluate comparative health benefits of different regulatory limits.
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#### 112 What this study adds

- This large multi-country study found increased mortality risks associated to ozone exposure across locations and countries, with an average 0.18% per 10 μg/m<sup>3</sup>, reinforcing the evidence of a potential causal association.
- The application of state-of-the-art study designs and analytical methods allows a consistent comparison across regions and populations, with evidence of heterogeneous associations.
- Risk estimates were translated in measures of excess mortality, and it was found that more than 6 thousand deaths per year, corresponding to 0.20% of the total mortality, would have been avoided in the 406 cities studied if countries had implemented stricter air quality standards compliant with WHO guideline. Substantial annual excess deaths above this threshold were found in main cities such as Valley of Mexico with 694 per year, 211 in Los Angeles, 170 in Tokyo or 128 in Toronto.
- Moreover, smaller but still substantial mortality impacts were found below WHO guideline, supporting the WHO initiative of encouraging countries to revisit current air quality guidelines and enforcing stronger emission restrictions to meet these recommendations.
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### 142 Abstract

- 143 Objective: To assess short-term mortality risks and excess mortality associated to exposure 144 to ozone in a multi-city multi-country setting.
- 145 Design: Two-stage time-series analysis with quasi-Poisson time series regression and 146 multilevel meta-analysis.
- 147 Setting and population: daily time series data from 406 cities within 20 countries in
- overlapping periods between 1985 and 2015, collected in the Multi-City Multi-Country (MCC)
   Collaborative Research Network.
- 150 Main Outcome(s) and Measure(s): Daily total mortality (all or non-external causes only).

151 Results: On average, a  $10-\mu g/m^3$  increase in ozone during the current and previous day was 152 associated with a relative risk of mortality of 1.0018 (95% CI, 1.0012 to 1.0024). We found

153 some heterogeneity across countries, ranging from estimates above 1.0020 in the United

154 Kingdom, South Africa, Estonia and Canada to associations below 1.0008 in Mexico and

155 Spain. Exposure to ozone above maximum background levels (70  $\mu$ g/m<sup>3</sup>) accounted for

short-term excess mortality of 0.26% (95% CI, 0.24 to 0.28) on average across the 406

157 cities. The impact remained substantial (0.20% (95% CI, 0.18 to 0.22)) when restricting to

days above the WHO guideline (100  $\mu$ g/m<sup>3</sup>), corresponding to a total of 6,262 deaths per

159 year (95% CI, 1,413 to 11,065). Above more lenient thresholds, excess mortality amounted

to 0.14%, 0.09% and 0.05% corresponding to the European, American and Chinese air

161 quality standards (AQSs), respectively.

162 Conclusions: This multi-country study represents the largest assessment to date on short-

term ozone-related mortality. For the first time, this study reports health impacts quantified
 as excess mortality across countries and various exposure ranges. In particular, results

as excess mortality across countries and various exposure ranges. In particular, results
 suggest that a substantial reduction in mortality would be potentially achieved under stricter

166 AQS. These findings have relevance for the implementation of efficient clean air

- interventions and mitigation strategies designed within national and international climate
- 168 policies.
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#### 182 Print abstract

183 Study question: What is the short-term mortality risk associated with exposure to ozone and 184 the corresponding excess mortality at exposure levels above current air quality standards?

185 Methods: A two-stage time-series analysis with quasi-Poisson time series regression and 186 multilevel meta-analysis was performed using daily data from 406 cities within 20 countries in 187 overlapping periods between 1985 and 2015, collected by the Multi-City Multi-Country 188 Collaborative Research Network.

Study answer and limitations: overall, mortality risk increased by 0.18% per 10-µg/m<sup>3</sup> increase 189 190 in ambient ozone, which translated into 0.26% excess mortality in days with exposure to ozone above maximum background levels (70  $\mu$ g/m<sup>3</sup>). The impact remained substantial (0.20% (95%) 191 CI, 0.18 to 0.22)) when restricting to days above the WHO guideline (100  $\mu$ g/m<sup>3</sup>), 192 corresponding to a total of 6,262 deaths per year (95% CI, 1,413 to 11,065) in the selected 193 cities. Findings cannot be considered truly global estimates, as some geographical areas or 194 195 countries are under-represented. There could be some systematic differences in the collected data between countries. This study did not aim at assessing cause-specific mortality 196 association or sources of heterogeneity across estimates. Excess mortality estimates refer to 197 transient impact measures and not to the mortality burden or person-years of life lost attributed 198 199 to long-term ozone exposure.

200 What this study adds: our study suggests that ozone-related health impacts can be largely 201 preventable by attaining effective AQSs in line with the WHO guideline.

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also supported this work. Ethical approval was not required. No additional data is available.

206 \*Include Figure 3

# 207 Introduction

Ground-level ozone is a highly reactive, oxidative gas commonly found in urban and suburban environments mostly derived from anthropogenic emissions. The exposure to this pollutant has been associated to adverse health outcomes, including increased short-term mortality and morbidity, in numerous epidemiological studies and reported in several reviews from important health and environmental agencies worldwide.<sup>1-4</sup> Evidence on health impacts related to ozone exposure has important implications in climate change research, as ozone levels are predicted to increase as global warming progresses.<sup>5</sup>

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Short-term ozone-mortality associations have been widely assessed in several multi-location 216 time series studies in Europe, US, Canada, Latin-America and Asia.<sup>2,6-8</sup> The general 217 methodological framework consists of pooling location-specific estimated risks, accounting for 218 potential heterogeneity in the magnitude of the effect and uncertainty. In addition, the 219 220 increased statistical power of multi-location analyses allows for the exploration of potentially 221 complex features of the association (*i.e.*, non-linearity, delayed effects and harvesting, or differential risks by season).<sup>9–11</sup> However, previous multi-location studies included a small 222 number of cities/countries, have generally a limited geographical scope, and applied 223 heterogeneous analytical approaches and modelling choices, making it difficult to draw a 224 consistent and comprehensive picture across different regions of the world. 225

While ozone-mortality associations have been widely assessed, results are rarely reported in 226 terms of health impacts, for instance as excess deaths.<sup>12</sup> Available figures are mostly derived 227 from long-term exposure metrics and risks estimated in specific subgroups, which are usually 228 extrapolated to the general population.<sup>13,14</sup> Quantification of air-pollution-health burdens can 229 be extremely useful for the design of efficient public health interventions, including the 230 231 definition, assessment, and review of air quality standards (AQS). Current AQS greatly vary 232 between countries, and only a few of them meet the stricter World Health Organization (WHO) recommendations.<sup>15</sup> The comparison between health impacts above different AQSs can 233 provide valuable insights into potential public health benefits achieved by strengthening 234 current clean air policies. Although a few studies attempted to address this issue, a 235 widespread evaluation across several countries, which would help identifying more affected 236 areas with a greater need for intervention, is still lacking.<sup>16,17</sup> 237

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239 We aim to address these gaps in knowledge through a comprehensive assessment of mortality associated with short-term exposure to ozone, using the largest epidemiological 240 241 dataset ever collected for this purpose, including data from 406 cities within 20 countries from 242 multiple geographical regions. We first assessed ozone-mortality associations using advanced statistical techniques for multi-location time-series analysis. Next, we explored potential 243 complexities of the association, namely non-linearity, mortality displacement and seasonality. 244 Finally, we quantified the ozone-associated mortality impacts for specific concentrations 245 ranges consistent with the current AQS levels, and then we compared estimates across 246 countries. 247

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# 251 Methods

### 252 Data collection

253 Data for 434 locations across the 20 countries were initially extracted from the database of the Multi-city Multi-country (MCC) Collaborative Research Network (http://mccstudy.lshtm.ac.uk/). 254 These include location-specific daily mortality counts and environmental measures (weather 255 and air pollutants) in largely overlapping periods, ranging from 1<sup>st</sup> of January 1985 to 31<sup>st</sup> 256 December 2015. For each location, we derived daily time series of ozone (maximum 8-hour 257 average), particulate matter with an aerodynamic diameter less than or equal to 10µm (PM<sub>10</sub>, 258 259  $\mu$ g/m<sup>3</sup>, 24-hour average), particulate matter with an aerodynamic diameter less than or equal to 2.5µm (PM<sub>2.5</sub>, µg/m<sup>3</sup>, 24-hour average), nitrogen dioxide (NO<sub>2</sub>, 24-hour average), total 260 mortality, mean temperature (°C) and relative humidity (%). Mortality was represented by all-261 cause deaths in Canada, Czech Republic, Estonia, France, Germany, Greece, Italy, Japan, 262 Mexico, Portugal, South Africa, South Korea, Sweden, Taiwan, UK, and US, while deaths due 263 to non-external causes (e.g. excluding self-intentional harm, poisoning) were used in Australia, 264 China, Spain and Switzerland (see the eMethods 1 for the specific ICD used in each country). 265 City-specific air pollution series were derived from daily measurements of one or more 266 monitors of the national or regional network. When more than one monitor were available, 267 daily level of each pollutant (24h-average of 8-hour maximum) was computed as the average 268 269 across monitors of the city, consistent with previous multi-city studies.<sup>2</sup> We excluded 28 cities 270 due to either poor quality data or limited periods (less than 3 years), with a final number of 406 locations included in the final analysis (detailed description of the data, exposure assessment, 271 272 and exclusion criteria are provided in eMethods 1).

### 273 Statistical analysis

The general statistical framework applied here is an extension of the classical two-stage 274 design,<sup>6</sup> and it incorporates complex multi-parameter associations, hierarchical pooling 275 methods, and the computation of impact measures.<sup>18–20</sup> In brief, city-specific ozone-mortality 276 risks were firstly estimated from separate time-series regression models, and then pooled in 277 278 the second stage through a meta-analysis. In a final step, impact estimates, expressed as 279 excess mortality fractions associated with ozone, were derived from the pooled country-280 specific risks and city-specific exposure series. Using this general statistical framework, a set 281 of additional and sensitivity analyses were performed to investigate specific features of the association. The following sub-sections provide a more detailed description of each step and 282 sub-analyses. We did all analysis with R software (version 3.5.2) using the packages *dlnm* 283 and mixmeta. 284

### 285 Main analysis

In the first stage, we performed city-specific time-series analyses using generalized linear 286 models with quasi-Poisson family. In this type of regression models, a quasi-likelihood is 287 applied to properly scale the standard deviation of the coefficients proportionally to the 288 potential overdispersion. This phenomenon is very common in this type of data, when the 289 290 variability is larger than that expected under the assumption of a Poisson distribution. Short-291 term ozone-mortality associations were assessed using unconstrained distributed lag linear models (DLMs).<sup>11,21</sup> These model accounts for delayed effects of time-varying exposures, and 292 quantify net effects over a pre-defined lag period.<sup>20</sup> For the main model, we selected lag 0-1, 293 estimating cumulative associations with the same and previous day's exposures. The 294

295 regression model included a natural spline of time with 7 degrees of freedom (df) per year, selected based on a quasi-likelihood version of the Akaike Information Criterion (q-AIC) 296 between 4, 6, 7, 8, 10 df, and indicator variables for the day of the week, in order to control for 297 long-term, seasonal, and weekly variations in risk. Unlike in most previous studies on ozone, 298 we applied a stricter control for temperature by using distributed lag non-linear models 299 (DLNMs), an extension of DLMs for modelling complex non-linear and lagged association. 300 Following modelling choices applied in published analyses, we modelled the net temperature-301 302 mortality association over lag 0-21 (see details in eMethods 2).<sup>22</sup>

- 303 In the second stage, city-specific estimates were then pooled through a multilevel metaanalysis. This novel meta-analytical model defines more complex random-effects that can 304 account for variations in risk across two nested grouping levels, represented by cities within 305 countries.<sup>19</sup> This approach allowed the derivation of improved estimates of ozone-mortality 306 associations at both city and country level, defined as best linear unbiased predictions 307 (BLUPs). BLUPs borrow information across units within the same hierarchical level, and can 308 provide more accurate estimates especially in locations with small daily mortality counts or 309 short series. We tested the presence of heterogeneity and reported it using multilevel 310 extensions of Cochran Q test and *I*<sup>2</sup> statistic.<sup>23</sup> Association estimates, expressed as relative 311 risk (RR) of mortality per 10 µg/m<sup>3</sup> increase of ozone and 95% confidence interval (CI), were 312 313 derived for each country from the corresponding BLUPs.
- Ozone-mortality risk estimates were then translated into impact measures, represented by 314 excess mortality, following a method described elsewhere.<sup>18</sup> In brief, for each city we 315 computed the daily number of deaths attributable to ozone (or daily excess deaths) using the 316 317 corresponding risk estimate associated with the level of ozone in each day. Regarding the 318 latter, country-specific BLUPs, instead of the city-specific estimates, were used to avoid imbalances due to selection of cities and periods within each country. City-specific estimates 319 were reported as annual average number of excess deaths and 95% CI, so allowing for a 320 proper comparison between locations with different length of study period. Then, country-321 specific impacts were represented by excess mortality fractions (%) computed as the sum of 322 the city-specific daily excess deaths divided by the total mortality for each country. Fractions 323 were used instead of number of excess deaths, as these are not comparable across countries 324 given its dependency on the denominator (i.e. total mortality) which at the same time depends 325 on the number of locations included. Although there is no evidence of a "safe" threshold, we 326 computed associated deaths only for days with ozone above 70 µg/m<sup>3</sup>, as in previous health 327 impact assessments.<sup>4</sup> This counterfactual scenario of 70 µg/m<sup>3</sup> was considered because 328 ozone levels below this threshold could be mostly attributed to non-anthropogenic sources. A 329 counterfactual scenario defined at 0 µg/m<sup>3</sup> would not be appropriate either as it is not realistic 330 given the ubiquitous presence of low levels of ozone derived from natural sources. Mortality 331 impacts were also disaggregated into contributions for exposure ranges above and between 332 current AQS: 100 µg/m<sup>3</sup> (WHO), 120 µg/m<sup>3</sup> (EU directive), 140 µg/m<sup>3</sup> (National Ambient Air 333 334 Quality Standard (NAAQS) in the US, approximately 0.070 parts-per-million) and 160 µg/m<sup>3</sup> (Chinese Ambient Air Quality Standard (CAAQS) level 2).<sup>15</sup> 335
- 336 Additional complexities and sensitivity analyses

A series of additional sub-analyses were performed to explore more complex features of the association, such as potential non-linearity, lagged effects, and seasonal differences. First, exposure-response functions were modelled with a non-linear function consisting of a cubic B-spline with internal knots at 50 and 60 µg/m<sup>3</sup> of ozone. Second, delayed risks and potential mortality displacement were assessed by extending the lag dimension of the DLM up to 30 days. Lag-response associations were modelled using a natural cubic spline with three internal knots placed at equally-spaced lag values in the log scale. Third, seasonal differences were assessed through interaction models between an indicator of season and the DLM of ozone, as described elsewhere.<sup>24</sup> We derived the ozone-mortality risk for the warm season (June to

- August in Northern Hemisphere, December, January and February in Southern Hemisphere)
- 347 and cold seasons (the remaining months).

Modelling choices in the main model and extensions described above where assessed and compared through q-AIC and multivariate extensions of the Wald test. As sensitivity analyses, we first assessed changes in control for time trends, and the potential confounding from other air pollutants (PM<sub>10</sub>, PM<sub>2.5</sub> and NO<sub>2</sub>) and relative humidity by including each of these terms separately in the model. We then assessed the exclusion of a subset of US cities with summeronly data which were included in the main analysis, and then different modelling approaches to control for temperature. See eMethods 1 and 2 for a description of the modelling details.

### 355 Patient and public involvement

This was a multinational collaboration using aggregated city-level mortality and environmental data. Patients and members of the public did not contribute to the steering committee, design or other areas of the study, which involved complex research methods and analysis. Dissemination of the findings will be carried out through press releases by the research institutions of the contributing authors.

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# 363 **Results**

Table 1 provides a summary description of the data included for each country. We analysed 364 a total number of 45,165,171 deaths in the 406 cities, with an average time series of 13 years. 365 Figure 1 shows a widely heterogeneous pattern in ozone levels, reported as average annual 366 mean, across cities between and within country. For example, lower levels were registered in 367 368 the Australian cities and cities in Northern Europe, while higher annual averages were found in some cities in the central area of US, Mexico and Taiwan. Country-specific descriptive 369 summaries of the other air pollutants and humidity are provided in eTable1, and the 370 corresponding city-specific descriptive results are reported in eTable 2. 371

On average, each 10-µg/m<sup>3</sup> increase in ozone was associated with an overall RR of mortality 372 of 1.0018 (95%CI, 1.0012 to 1.0024) (Figure 2). Some heterogeneity was found across country 373 and city-specific risks (I<sup>2</sup> of 29.8%, Cochran Q p-value <0.001). Larger risk estimates were 374 found in the United Kingdom (UK) (1.0035 (95%CI, 1.0024 to 1.0046)), South Africa (1.0027 375 376 (95%CI, 1.0013 to 1.0042)), Estonia (1.0023 (95% CI, 1.0006 to 1.0040)) and Canada (1.0023 (95%CI, 1.0013 to 1.0032)), while Australia, China, Czech Republic, France, Germany, Italy, 377 378 Japan, South Korea Sweden, Switzerland and the US reported similar risks ranging between 1.0014 and 1.0020. Lower and imprecise associations were estimated for Greece (1.0011 379 (95%CI, 0.9995 to 1.0028)), Mexico (1.0008 (95%CI, (1.000 to 1.0015)), Portugal (1.0011 380 (95%CI, 0.9997 to 1.0026)), Spain (1.0006 (95%CI, 0.9992 to 1.0019)) and Taiwan (1.0010 381 (95%CI, 0.9999 to 1.0021)). The corresponding figures with the RRs for an increase in 10 382 parts-per-billion (ppb) of ozone are provided in eFigure 1. 383

384 Figure 3 depicts the excess mortality fractions above WHO guideline and its distribution across intervals between the other AQSs for each country, while eTable 3 and eTable 4 report the 385 corresponding figures for excess fractions for total ozone (above 70 µg/m<sup>3</sup>) and above and 386 between AQS. Table 2 shows fractions and annual number of excess deaths associated with 387 ozone for the total range of exposure and above WHO guideline for a selection of the main 388 cities in each country and overall across the 406 locations. Total mortality associated with 389 ozone above 70 µg/m<sup>3</sup> accounted for 0.26% of deaths (95%CI, 0.24 to 0.28), which translates 390 391 into 8,203 annual excess deaths (95% CI, 3,525 to 12,840) across the 406 locations studied (Table 2). A substantial residual excess mortality of 0.20% (95%CI, 0.18 to 0.22) 392 corresponding to 6,262 (95% CI, 1,413 to 11,065) annual excess deaths remained when 393 restricting to days with levels above the WHO recommendation of 100 µg/m<sup>3</sup>. As shown in 394 Figure 3, this proportion varied greatly by country, with considerably larger fractions in Mexico 395 (0.52% (95%Cl, 0.14 to 0.92)) and Taiwan (0.37% (95%Cl, 0.08 to 0.64)). Mortality excess 396 397 around 0.20% were estimated in Canada, China, Italy, Japan, South Africa, Switzerland and USA, while France, Germany, South Korea and UK reported smaller percentages, ranging 398 between 0.14% and 0.05%. Imprecise or almost null estimates were found in Czech Republic, 399 400 Estonia, Greece, Portugal, Spain and Sweden. Overall mortality fractions above more lenient AQSs (i.e. EU, NAAQS and CAAQS) decreased progressively to 0.14%, 0.09% and 0.05%, 401 respectively (eTable 3). Only Mexico reported a considerably higher fraction of 0.35% above 402 the highest AQS of 160 µg/m<sup>3</sup>, although highly uncertain (black bar in Figure 3). Note that null 403 excess deaths were found in Australia, as daily exposure levels were all below 70 µg/m<sup>3</sup>. A 404 similar pattern was found across estimates for the main cities in each country (Table 2). A 405 406 substantial number of annual excess deaths were associated to ozone levels above WHO 407 guideline, namely 694 (95% CI, 22 to 1,317) in Valley of Mexico, 211 (95% CI: 112 to 307) in 408 Los Angeles, 170 (95% CI, 40 to 304) in Tokyo, 128 (95% CI, 59 to 197) in Toronto, 82 (95% 409 CI, 19 to 148) in Johannesburg, 48 (95% CI, 0 to 96) in Paris and 37 (95% CI, 15 to 57) in London (Table 2). eTable 5 shows the corresponding estimates for the 406 cities. 410

Additional analyses suggested no evidence of non-linearity in the concentration-response 411 association (according to q-AIC) (eFigure 2). The assessment of the lagged associations 412 confirmed an immediate ozone-mortality association during the first week (eFigure 1). 413 However, lag-specific estimates below 1 were found after the second week which resulted in 414 a slightly lower overall cumulative association of 1.0015 (95% CI, 0.9991 to 1.0032) when 415 considering the delayed effects over the first 30 days after the exposure. Finally, no evidence 416 of seasonal differences in ozone-mortality association were found (warm season: 1.0012 (95% 417 418 CI, 1.000 to 1.0026); cold season 1.0015% (95% CI, 1.0006 to 1.0024), Wald test p-value = 419 0.37).

Results from sensitivity analyses suggest that risk estimates of the main analysis were robust to the different modelling choices related to the control for time trends and adjustment by the three air pollutants and humidity (eTable 6). However, ozone-mortality risk estimates seemed to be sensitive to the approach to control for temperature (eFigure 3). We found larger ozonemortality association estimates using less stringent control, although q-AIC values suggested that the model with DLNM of temperature (main model) provided the best fit.

# 426 **Discussion**

427 Principal findings

To the best of our knowledge, this is the largest epidemiological investigation on short-term ozone-mortality associations to date, including almost 50 million deaths from 406 cities in 20 countries from different regions across the world. Given its large sample size and wide geographical coverage, we were able to obtain consistent evidence of an association between short-term exposure to ozone and total mortality. In addition, we provided for the first time ozone-related impact estimates, quantified as excess mortality, across different AQS, countries and cities, providing evidence with important public health implications.

435 On average, we found an overall short-term ozone-mortality association of 1.0018 (95%CI, 436 1.0012 to 1.0024) per 10- $\mu$ g/m<sup>3</sup> increase. This evidence is supported by previous epidemiological and experimental studies suggesting several patho-physiological 437 mechanisms (e.g. systemic inflammation, haemostatic alterations).<sup>25,26</sup> Larger associations 438 were found in previous multi-country studies, including a subset of countries investigated here 439 (e.g. RR of 1.0022 in APHEA, 1.0026 in APHENA, per 10-µg/m<sup>3</sup> increase),<sup>11,21</sup> or other single-440 country studies (e.g. RR of 1.0025 in the US (originally 1.0052 per 10-ppb increase), and 441 China, and 1.015 in Italy).<sup>27-29</sup> Differences in the definition of the exposure variable (e.g. 442 moving average, single lag) and modelling approach could explain these discrepancies in the 443 magnitude of the association. For example, compared to previous studies, we applied a 444 stronger control for temperature (i.e. DLNMs), fully accounting for non-linearity and lagged 445 temperature-mortality associations.<sup>22</sup> In fact, results from sensitivity analyses are consistent 446 with previous findings showing that ozone-mortality risk estimates were very sensitive to the 447 modelling strategy to control for temperature, reporting larger risks when using simpler 448 approaches (eFigure 3).<sup>27</sup> Moreover, one of the novelties of the applied statistical framework 449 is the use of multilevel meta-analytical models in the second stage, properly accounting for 450 451 heterogeneity across cities and countries.

Our results revealed important differences in the ozone-mortality association across countries. 452 For example, while some areas such as UK, South Africa, Canada and Estonia reported the 453 454 largest risk estimates above 1.0020, smaller and/or imprecise estimates below 1.0011 were found in Greece, Mexico, Spain and Taiwan. This unclear pattern would suggest that, while 455 several community-level factors have been proposed as potential modifiers in single-country 456 studies (e.g. population characteristics), these might not fully characterise between-country 457 differences.<sup>30</sup> Future multi-country studies are needed to provide further evidence on the 458 factors defining the level of vulnerability of the population to air pollution. 459

This study also provides valuable evidence on the potential public health benefits of stricter 460 clean air policies. In particular, we found that 0.20% excess mortality, which translates into 461 more than 6 thousand deaths per year, related to short-term exposure to ozone would have 462 been avoided if ambient levels were below WHO recommendation of 100 µg/m<sup>3</sup> in the 406 463 cities included in the study. Recent reviews found that the vast majority of current AQSs are 464 not compliant with the WHO air quality recommendations,<sup>15</sup> and that 80% of the world 465 population in urban areas are exposed to air pollution levels above this threshold.<sup>31</sup> Moreover, 466 an additional 0.06% of excess deaths is associated with ozone levels between 70 and 100 467 µg/m<sup>3</sup>. These findings support the WHO initiative of encouraging countries to revisit current 468 AQSs and enforce stronger emission restrictions and other public health interventions to meet 469 their recommendations. Additionally, our results have important implications for healthcare 470 471 practice. Apart from the implementation of clean air policies, individual strategies to reduce the personal exposure to air pollutants are also desirable.<sup>32</sup> In this regard, clinicians play an 472 473 important role in providing counselling to patients with potentially a higher susceptibility to

474 adverse health outcomes related to air pollution. For instance, professionals can advise 475 sensitive individuals to stay indoors or avoid doing exercise during episodes of elevated 476 ambient ozone.

477 Previous studies showed that important health benefits could be achieved if reductions of ozone levels are reached.<sup>9,13,16</sup> However, this is the first multi-country study comparing excess 478 mortality estimates across AQSs and countries, providing additional insights on specific areas 479 480 with more urgent need of further interventions. For example, we found that 0.52% of total mortality in Mexico was associated to ozone above WHO limit, the largest mortality fraction 481 amongst the studied countries. This is due to the high ozone levels registered in the Mexican 482 cities, especially above 160  $\mu$ g/m<sup>3</sup> limit, which is close to its current AQS of 156  $\mu$ g/m<sup>3</sup>. This 483 means that attaining the current lenient standards would prevent a substantial proportion of 484 485 ozone-related deaths in this country. In contrast, results for the UK show a lower mortality 486 fraction, despite the strongest ozone-mortality association, due to the lower ozone levels 487 registered in this country.

#### 488 **Strengths and limitations of the study**

489 We were able to efficiently explore additional complexities of the association by taking advantage of the large statistical power and advanced statistical techniques. First, our results 490 491 support the conclusions of previous studies on a generally linear concentration-response functions, with no indication of threshold.<sup>9,27</sup> Second, we found evidence of a potential mortality 492 displacement in the third and fourth week after the exposure. A similar lag pattern was 493 previously observed.<sup>10,11</sup> However, potential mechanisms explaining this delayed and 494 sustained pattern remain unclear. Finally, we found no evidence of seasonal differences in the 495 496 ozone-mortality association. Previous multi-site studies have provided conflicting results, with larger risks in cold seasons in Asia,<sup>27</sup> and in warm season in US and Europe.<sup>6</sup> Further analyses 497 are warranted to characterize different patterns across regions. 498

499 This study presents some limitations. First, our results should not be considered truly global estimates, since several areas of the world such as South America, Africa and Middle East, 500 are unrepresented or not assessed. In addition, the reported nationwide results may not be 501 representative of the true impacts for some countries with a limited number of cities included 502 503 in the study (e.g. Sweden, Czech Republic, China). In particular, the estimated number of total excess deaths attributed to ozone should be interpreted as the sum of impacts in the 406 504 observed locations, and not as total estimates across the 20 countries. It should be noted that 505 506 while excess fractions could be considered proper representations of the impacts for each country, the total excess number of deaths for each country is highly dependent on the total 507 mortality considered in the study, that is the number of locations included in each country. 508 There could also be systematic differences between countries concerning the characteristics 509 of monitors (type, proximity to the study area), study area boundaries, temporal coverage, 510 data processing prior to the data collection and in the collection of mortality data (e.g. case 511 ascertainment, codification). However, we ensured that the provided data fulfilled a minimum 512 set of requirements in terms of quality, similar definition of the 8-hour maximum metric and 513 location of the monitor (i.e. within the study area or close enough to ensure its 514 representativeness). Risks and impact estimates were only reported for total mortality (i.e. 515 deaths due to all or non-external causes) and we did not seek to identify the sources of 516 heterogeneity of the results across countries. We acknowledge that the applied approach 517 prevents us from understanding the potential mechanisms and/or differential susceptibility of 518 519 the population, together with contextual differences across locations. Further studies are

520 warranted to clarify this complex research question including for example cause-specific 521 mortality and morbidity, and more complex two-stage analyses. Finally, it is worth noting that 522 although small the risk estimates apply to the whole population, thus translating into 523 substantial mortality impacts as shown in our estimates of excess mortality. To the same 524 token, due to the nature of the study design (i.e. time series analysis) the obtained excess 525 mortality estimates refer to transient impact measures and not to the mortality burden or 526 person-years of life lost attributed to chronic ozone exposure.<sup>33</sup>

527

# 528 Conclusions

This large multi-country study provided robust evidence on the short-term association between 529 ozone and mortality. We also demonstrated that clean air policies with the enactment of AQSs 530 can constitute essential public health tools to minimize the health burden. In particular, our 531 532 results clearly suggest that ozone-related health impacts can be largely preventable by attaining effective AQSs in line with the WHO guideline. Moreover, interventions to further 533 reduce ozone pollution would provide additional health benefits, even in regions that meet 534 current regulatory standards and guidelines. These findings have important implications for 535 536 the design of future public health actions, in particular, for example in relation to the implementation of mitigation strategies to reduce the impacts of climate change. 537

538

# 539 Figure legends

540 **Figure 1.** Map showing the geographical distribution of the city-specific average annual means 541 of ozone (maximum 8-hour average) of the 469 MCC cities.

Figure 2. Overall and country-specific short-term ozone-mortality association, expressed as
 relative risk (RR) per 10-μg/m<sup>3</sup> increase in ozone (maximum 8-hour average) (lag 01).

**Figure 3.** Overall and country-specific excess mortality (%) associated to ozone by specific ranges defined between thresholds consistent with current air quality standards. (No excess mortality associated to ozone were found in Australia, as daily ozone levels were below the maximum background level set up at 70  $\mu$ g/m<sup>3</sup>).

548

\* 100 μg/m<sup>3</sup>, World Health Organization guideline (WHO); 120 μg/m<sup>3</sup>, European Directive; 140 μg/m<sup>3</sup>
 (approximately 0.070ppm); National Ambient Air Quality Standard in the US (NAAQS); 160 μg/m<sup>3</sup>
 Chinese Ambient Air Quality Standard (CAAQS).

552

### 553 Authors' contributions

\*AG and HK are both senior authors and contribute equally to this work.

AG, YG, MH, and BA set up the collaborative network. AMVC, AG, FS and HK designed the study. AMVC coordinated the work, and took the lead in drafting the manuscript and interpreting the results. AG and FS developed the statistical methods. AMVC conducted the statistical analysis. BA, AH, FS, AG, KK, ES, MS, AT, CI, VH, AS, JS, NS, RG, EL provided substantial scientific input in interpreting the results and drafting the manuscript. CL, AM, YG, ST, EL, JK, AU, HO, EI, MP, VH, AS, KK, ES, MS, MS, MH, YH, CFSN, MH, JC, SS, JM, NS, RG, HK, AT, CI, BF, CA, MSR, MR, YLLG, BYC, AZ, JS, MB, HK provided the

- 562 data, and contributed to the interpretation of the results and to the submitted version of the 563 manuscript.
- 564 The corresponding author attests that all listed authors meet authorship criteria and that no 565 others meeting the criteria have been omitted
- 566

# 567 **Conflict of interest statements**

All authors have completed the ICMJE uniform disclosure form 568 at www.icmje.org/coi disclosure.pdf and declare: no support from any organisation for the 569 submitted work; no financial relationships with any organisations that might have an interest 570 in the submitted work in the previous three years; no other relationships or activities that could 571 appear to have influenced the submitted work. 572

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- 599 Ethical approval
- 600 It was not required.

### 601 Data sharing

602Data have been collected within the MCC Collaborative Research Network603(<u>http://mccstudy.lshtm.ac.uk/</u>) under a data sharing agreement, and cannot be made publicly604available. Researcher can refer to MCC participants listed as co-authors for info on accessing

605 the data for each country. The R code for the analysis is available from the corresponding 606 author.

### 607 Transparency

The lead author affirms that the manuscript is an honest, accurate, and transparent account of the study being reported; that no important aspects of the study have been omitted; and that any discrepancies from the study as planned (and, if relevant, registered) have been explained.

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	Locations (N)	Period (range)	Total deaths (N)	Daily deaths (Median (IQR))	Ozone (Median (IQR))	Mean temperature (Median (IQR))
Australia	3	2000-2009	513,527	49.3 (43.7; 55.7)	31.2 (24.2; 38.6)	18.3 (14.8; 21.5)
Canada	26	1986-2011	2,914,630	12.8 (10.5; 15.3)	69.2 (53.9; 88.4)	7.3 (-1.0; 15.7)
China	3	1996-2015	780,655	87.3 (71.7; 140.3)	49.3 (27.8; 77.5)	<b>20.4 (13.0; 25.</b> 7)
Czech Republic	1	1994-2009	214,062	36.0 (32.0; 41.0)	69.3 (47.4; 95.0)	9.2 (2.5; 15.3)
Estonia	4	2002-2015	80,043	5.0 (3.5; 6.5)	48.9 (36.7; 61.8)	6.0 (0.2; 13.6)
France	18	2000-2010	1,197,555	16.3 (13.7; 19.1)	67.8 (46.8; 87.4)	12.7 (7.6; 17.9)
Germany	12	1993-2015	3,099,176	30.4 (26.4; 34.8)	57.1 (35.8; 79.2)	10.5 (4.8; 15.9)
Greece	1	2001-2010	287,969	78.0 (70.0; 87.0)	75.1 (52.8; 97.5)	17.9 (12.9; 24.9)
Italy	9	2006-2015	373,421	15.1 (12.6; 17.9)	74.1 (50.5; 97.0)	15.8 (10.2; 22.1)
Japan	45	2011-2015	1,856,232	22.3 (19.1; 25.7)	78.5 (62.4; 98.4)	16.1 (7.5; 22.7)
Mexico	7	2000-2012	2,018,313	61.0 (53.7; 69.4)	108.9 (85.1; 135)	18.6 (15.9; 20.5)
Portugal	2	1997-2012	536,958	47.0 (41.0; 54.0)	64.2 (50.2; 79.2)	16.1 (12.5; 19.6)
South Africa	5	2004-2013	924,478	58.4 (48.8; 67.0)	69.5 (52.9; 89.5)	18.3 (14.2; 21.2)
South Korea	7	1999-2015	1,662,199	38.3 (34.0; 42.7)	59.5 (42.7; 81.9)	15.1 (5.8; 22.1)
Spain	48	2004-2014	1,294,162	6.7 (5.1; 8.4)	70.0 (53.9; 84.7)	15.3 (10.3; 21.1)
Sweden	1	1990-2010	201,197	26.0 (22.0; 30.0)	61.9 (48.9; 76.0)	6.8 (1.2; 13.9)
Switzerland	8	1995-2013	230,587	4.2 (2.9; 5.6)	72.8 (47.0; 98.1)	10.7 (4.4; 16.5)
Taiwan	3	2008-2014	443,680	57.0 (51.0; 63.7)	109.1 (82.1; 138.6)	24.8 (20; 28.2)
UK	15	1993-2006	2,073,285	28.4 (24.5; 32.9)	51.6 (36.7; 65.2)	10.4 (6.5; 14.6)
USA	188	1985-2006	24,463,042	16.3 (13.6; 19.3)	80.1 (58.9; 104.0)	14.9 (7.5; 21.9)

**Table 1.** Description of the environmental and mortality data.

Ozone: daily maximum 8-hour mean,  $\mu g/m^3$ . Mean temperature, °C. IQR: interquartile range. N: number. Mortality: deaths due to non-external causes (Australia, China, Spain, Switzerland (including accidents)) or to all-cause mortality (the remaining countries). Detailed description of the data provided in eMethods 1. Country-specific summaries of other air pollutants and relative humidity are provided in eTable 1. City-specific descriptive summaries reported in eTable 2.

		Total (Abo	ove 70 μg/m³)*	Above WHO Guideline (100 µg/m³)	
Country	City	Excess fraction (%, 95% CI)	Annual excess deaths (N, 95% Cl)	Excess fraction (%, 95% Cl)	Annual excess deaths (N, 95% Cl)
Australia**	Sydney	0 (0 to 0)	0 (0 to 0)	0 (0 to 0)	0 (0 to 0)
Canada	Toronto	0.59 (0.34 to 0.85)	159 (90 to 228)	0.48 (0.22 to 0.73)	128 (59 to 197)
China	Shanghai	0.32 (0.04 to 0.57)	117 (15 to 209)	0.27 (-0.01 to 0.53)	99 (-4 to 195)
Czech Republic	Prague	0.27 (0.02 to 0.48)	38 (3 to 69)	0.20 (-0.06 to 0.44)	29 (-9 to 63)
Estonia	Tallinn	0.01 (0.00 to 0.02)	1 (0 to 1)	0.00 (-0.01 to 0.01)	0 (-1 to 1)
France	Paris	0.15 (0.05 to 0.26)	70 (24 to 119)	0.11 (0.00 to 0.21)	48 (0 to 96)
Germany	Berlin	0.12 (0.04 to 0.20)	46 (14 to 74)	0.08 (-0.01 to 0.17)	30 (-3 to 62)
Greece	Athens	0.16 (-0.07 to 0.41)	52 (-23 to 132)	0.11 (-0.13 to 0.37)	35 (-42 to 117)
Italy	Rome	0.27 (0.05 to 0.52)	69 (13 to 132)	0.19 (-0.05 to 0.44)	48 (-12 to 111)
Japan	Tokyo	0.27 (0.14 to 0.40)	249 (127 to 371)	0.18 (0.04 to 0.32)	170 (40 to 304)
Mexico	Valley of Mexico	0.73 (0.04 to 1.38)	707 (39 to 1,339)	0.72 (0.02 to 1.36)	694 (22 to 1,317)
Portugal	Lisbon	0.09 (-0.03 to 0.2)	20 (-6 to 45)	0.04 (-0.09 to 0.17)	9 (-20 to 39)
South Africa	City of Johannesburg	0.32 (0.15 to 0.49)	121 (59 to 187)	0.22 (0.05 to 0.39)	82 (19 to 148)
South Korea	Seoul	0.10 (0.03 to 0.17)	41 (13 to 71)	0.06 (-0.01 to 0.14)	27 (-3 to 58)
Spain	Madrid	0.03 (-0.04 to 0.11)	9 (-12 to 31)	0.01 (-0.07 to 0.10)	3 (-21 to 27)
Sweden	Stockholm	0.10 (0.02 to 0.18)	10 (2 to 18)	0.03 (-0.07 to 0.13)	3 (-7 to 13)
Switzerland	Zurich	0.31 (0.05 to 0.54)	13 (2 to 22)	0.23 (-0.02 to 0.48)	10 (-1 to 20)
Taiwan	Taipei	0.34 (-0.05 to 0.72)	131 (-21 to 276)	0.28 (-0.11 to 0.67)	109 (-43 to 258)
UK	London	0.10 (0.07 to 0.12)	63 (44 to 81)	0.06 (0.02 to 0.09)	37 (15 to 57)
USA	Los Angeles	0.41 (0.24 to 0.57)	242 (142 to 335)	0.36 (0.19 to 0.52)	211 (112 to 307)
20 MCC countries	406 MCC cities	0.26 (0.24 to 0.28)	8,203 (3,525 to 12,840)	0.20 (0.18 to 0.22)	6,262 (1,413 to 11,065)

**Table 2.** Excess mortality associated to ozone for the total (above 70 µg/m<sup>3</sup>) and above WHO guideline of 100 µg/m<sup>3</sup> in the main cities of each participating country and overall estimates for the 406 cities.

\*Total refers to ozone-related deaths when levels above 70 μg/m³ (defined as maximum background levels). \*\*No excess mortality associated to ozone were found in Australia, as daily ozone levels were below the maximum background level set up at 70 μg/m³. WHO: World Health Organization. N: number.