

Submandibular High-Flow Bypass in the Treatment of Skull Base Lesions: An Analysis of Long-term Outcome

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4 **Abstract**

5 *Background:* Cerebral bypass surgery remains an integral part of the treatment of complex skull
 6 base tumors and unclippable aneurysms.

7 *Objective:* The authors retrospectively analyzed a single-surgeon experience using a high-flow
 8 submandibular–infratemporal saphenous vein graft bypass technique after carotid artery sacrifice
 9 in the resection of complex skull base tumors and carotid isolation in unclippable aneurysms.

10 *Methods:* Data on indications, surgical technique, bypass patency, complications, and outcome
 11 were collected for patients treated with adjunctive submandibular high-flow bypass for skull base
 12 lesions.

13 *Results:* Eleven patients (age range: 13–77 years) were treated for various skull base lesions: 4
 14 patients were treated for skull base tumors with resection of the ICA, 6 were treated for
 15 aneurysms not amenable to clipping, and one was treated for invasive *Mucor* infection. Using a
 16 saphenous vein graft, a high-flow bypass was created from the high cervical internal carotid
 17 artery (ICA) or external carotid artery to ICA or middle cerebral artery by means of a
 18 submandibular–infratemporal route. Postoperative computed tomography-angiography indicated
 19 bypass patency in 10/11 patients. There was no operative mortality. Follow-up of up to 12 years
 20 (mean 57 months) was achieved.

21 *Conclusion:* Direct high-flow submandibular–infratemporal interpositional saphenous vein
 22 bypass graft is an effective and durable technique for the treatment of complex skull base lesions
 23 where internal carotid artery revascularization is indicated.

24

25 **Keywords:** Extracranial–intracranial bypass; carotid bypass; radial artery; saphenous vein

26 **Running Title:** Submandibular high-flow carotid bypass

27

28 Introduction

29 Extracranial–intracranial bypass techniques remain important in the surgical treatment of
 30 complex intracranial aneurysms and skull base tumors.¹⁻⁵ Specifically, giant and fusiform
 31 aneurysms that are amenable to neither clipping nor endovascular treatment may require
 32 proximal vessel occlusion and a bypass procedure for revascularization purposes. Skull base
 33 tumors involving the carotid artery may be treated with the goal of gross total resection by
 34 internal carotid artery (ICA) sacrifice.⁶ In these instances, an extracranial–intracranial bypass
 35 offers revascularization of the distal vascular tree. We recently reviewed the current indications
 36 for performing high-flow bypass.⁷ In the past decades, high-flow bypass techniques have
 37 undergone a number of modifications aimed at rendering the procedure safe and improving the
 38 long-term bypass rate.^{1, 8-12} In addition to modifications involving preoperative evaluation,
 39 monitoring, and neuroanesthesia, these modifications relate largely but not exclusively to donor
 40 graft (saphenous vein versus radial artery), graft harvesting (open versus endoscopic),
 41 anastomosis (interrupted versus noninterrupted microsutures versus excimer laser-assisted
 42 nonocclusive anastomosis), and location and fashion of tunneling of graft (preauricular versus
 43 postauricular route).^{8, 9, 13-16} Most current high-flow bypass techniques involve either a radial
 44 artery or a saphenous vein graft using one of the following revascularization points: cervical-to-
 45 petrous ICA, petrous-to-supraclinoid ICA, cervical-to-supraclinoid ICA, and cervical-to-M2
 46 bypass.^{8, 10, 12, 17}

47 In all but the petrous–supraclinoid routes, special attention must be paid to the
 48 subcutaneous tunneling of the saphenous vein graft, with both preauricular and postauricular
 49 routing mentioned in the literature.⁸ Because tunneling affects graft length and may thus impact
 50 long-term bypass patency, the senior author (WTC) has previously described a direct
 51 submandibular–infratemporal bypass technique that eliminates the need for tunneling.¹⁸ In the
 52 early cases using this technique, the zygoma was detached and reflected inferiorly with the
 53 masseter and temporalis muscles to allow a bone trough to be made at the middle fossa cranial
 54 base. This provided room for the graft and helped avoid compromising the graft with mandibular
 55 movement.¹⁸ This technique has since been modified to eliminate the need for an osteotomy of
 56 the zygoma. Instead, a small middle fossa burr hole is created for the graft at the base lateral to
 57 the foramen ovale and anterior to the temporomandibular joint. This allows the graft to be
 58 routed in its submandibular–infratemporal path.¹⁸⁻²⁰

59 In this study, we analyzed our long-term experience with patients who underwent the
60 direct submandibular–infratemporal high-flow bypass technique, with special emphasis on
61 indications, technical aspects, and long-term outcome.

62

63 **Methods**

64 *Patients*

65 Patients were identified via an Institutional Review Board-approved retrospective data
66 review spanning the years from 1999 to 2011. All patients operated on by the senior author
67 (WTC) with a direct submandibular–infratemporal high-flow bypass were included; some
68 patients have been described in previous publications of the technical aspects of the technique.<sup>18-
69 20</sup> Indications, technical aspects, clinical and radiological outcome, and bypass patency were
70 analyzed. Perioperative morbidity and mortality over a 30-day period were noted. All patients
71 were monitored with computed tomography angiography (CTA) or magnetic resonance
72 angiography (MRA) within the first 48 hours and again at 6 months, after which bypass patency
73 was evaluated yearly.

74

75 *Surgical Technique*

76 The surgical technique has been previously described elsewhere in detail.¹⁸⁻²⁰ In short, a
77 standard frontotemporal craniotomy is performed, followed by wide splitting of the sylvian
78 fissure. The proximal ICA or an M2 or M3 branch is dissected out as a recipient vessel. A high-
79 speed drill is used to make a small craniectomy at the base of the middle fossa lateral to the
80 foramen ovale to accommodate the tunneled saphenous vein graft. The carotid bifurcation and
81 the external carotid artery (ECA) and ICA are exposed in the neck (Figure 1). The saphenous
82 vein graft is tunneled from the neck incision into the intracranial cavity through the
83 submandibular–infratemporal tunnel using a 14-French chest tube. After a dose of 5000 units of
84 intravenous heparin is administered, the cervical ECA is ligated as high in the neck as possible.
85 The distal end of the cervical ECA is mobilized inferiorly, and an end-to-end anastomosis is
86 performed between the distal cervical ECA and the proximal end of the saphenous vein graft
87 using 7–0 Prolene interrupted sutures. The distal portion of the vein graft is then brought up into
88 the intracranial cavity through the submandibular–infratemporal tunnel, and an end-to-side
89 anastomosis to the ICA, M2, or M3 branch is performed with 9–0 Nylon monofilament suture.

90 Autologous pericranium is harvested to facilitate the dura mater closure at the cranial base
 91 around the graft. Intraoperative bypass patency is assessed by Doppler ultrasound and/or in more
 92 recent cases ICG (indocyanine green) videoangiography. Early postoperative patency was
 93 confirmed with CTA or MRA in all cases (Figure 2).

95 **Results**

96 A total of 11 patients (4 female, 7 male) underwent a high-flow direct submandibular–
 97 infratemporal saphenous vein graft bypass procedure. Of these, 4 patients were treated for skull
 98 base tumors with resection of the ICA, 6 were treated for aneurysms not amenable to clipping,
 99 and one was treated for invasive *Mucor* infection, as part of an attempted radical salvage
 100 debridement operation (Table 1). The average age of the patient at surgery was 54 years (range
 101 13–77 years).

102 All of the patients demonstrated patency of the graft at the time of insertion. Ten of 11
 103 patients demonstrated long-term patency in follow-up (mean 57 months; Table 1). One patient
 104 (patient 7), a diabetic man with medically refractory *Mucor* infection, developed delayed
 105 thrombosis of his graft after 48 hours.

106 None of the patients had permanent clinical deterioration related to their revascularization
 107 procedure. Three patients died during follow-up related to the natural history of their underlying
 108 disease. No patient developed specific complications of the surgical donor site. Two patients
 109 developed surgically related infections (sepsis, pneumonia), which were treated without
 110 sequelae. Deep venous thrombosis occurred in two patients, who were treated with
 111 anticoagulation therapy. Two patients developed gastrointestinal-related problems, one bowel
 112 ischemia that required resection and a gastrointestinal bleed, which was treated with medical
 113 therapy. A right subdural hematoma ipsilateral to the site of surgery occurred in one patient,
 114 who required surgical evacuation on post-operative day 5.

116 **Discussion**

117 *Outcome*

118 Our case series of long-term outcome of bypasses performed by direct submandibular–
 119 infratemporal route validates the role of this approach as a safe route offering a true alternative to
 120 pre- and postauricular tunneling. Only a single patient early in our experience did not have

121 patency of the graft postoperatively. This was a young diabetic patient with medically refractory
 122 relentless mucormycosis infection in whom a radical debridement operation was performed. This
 123 is similar to initial intraoperative patency rates seen in other series using the saphenous vein
 124 graft.¹⁶

126 *Selection of Candidates for Bypass*

127 The issue of universal versus selective revascularization when considering ICA sacrifice
 128 remains controversial. The senior author prefers to use a very selective approach in choosing
 129 those patients who have undergone carotid sacrifice in need of high-flow replacement.²¹
 130 Suitability is evaluated with a balloon test occlusion (BTO), paired with CT perfusion testing
 131 with acetazolamide challenge to assess cerebrovascular reserve.²² Ischemic symptoms evident
 132 while performing the BTO or evidence of ischemia during CT perfusion imaging are a strict
 133 indication for carotid revascularization as used in this series; however, false-negative results can
 134 result in significant ischemic complications after ICA sacrifice.²³⁻²⁵ Failure to adequately predict
 135 which patients will develop delayed neurological complications after carotid sacrifice and the
 136 risk of de novo aneurysm formation have led many surgeons to be generous with the indications
 137 for bypass surgery after carotid sacrifice. The risk of carotid sacrifice without revascularization,
 138 specifically the reported mortality rate of about 7% and a neurological morbidity rate of up to
 139 17%, should be weighed against the complication rate of bypass surgery, for which a morbidity
 140 rate of 3–7% and no significant mortality have been reported.^{21, 26, 27} The senior author has
 141 therefore adopted the approach of also choosing to revascularize young patients harboring benign
 142 disease who have a significant life expectancy.

144 *Technical Considerations*

145 It is clear that meticulous attention to all technical details is necessary to achieve an
 146 optimal long-term bypass patency rate. ~~Modifications over the years have eliminated aspects that~~
 147 ~~may potentially compromise bypass patency.~~ Tunneling has the potential to constrict the bypass
 148 graft in its subcutaneous plane either by head movement, scarring, or the use of glasses.^{1, 8} The
 149 technique developed by the senior author eliminates the need for subcutaneous tunneling and
 150 provides a direct plane for the bypass graft on its submandibular-to-infratemporal route. This
 151 modification has a number of additional advantages. Radial artery grafts may be rather short in

152 nature in young women, making both pre- and postauricular routes for the bypass graft difficult
 153 in this patient population because of graft length. The direct submandibular–infratemporal route
 154 is much shorter and provides a real alternative in these cases. The shorter route in our technique
 155 may also be an advantage in achieving long-term bypass patency, because longer bypass grafts
 156 may have a high failure rate caused by thrombosis of a lengthy graft.^{1, 20} The senior author often
 157 chooses a saphenous vein graft as in the present series, as it has the benefit of greater length and
 158 enables a choice for graft selection when trying to optimize the recipient–donor vessel caliber
 159 match. The specific segment of the saphenous vein is chosen after review of the caliber of the
 160 vein throughout its course in the leg by preoperative ultrasonography. End-to-end anastomosis is
 161 preferred from the external carotid artery donor site, when possible, to promote graft patency by
 162 reducing turbulent flow. This also prevents kinking of the vessel during head movement. In
 163 addition, the proximal end is anastomosed to the ECA if possible to avoid cross-clamping the
 164 ICA during this portion of the procedure. We have experienced no complications with end-to-
 165 end bypass and sacrifice of the ECA supply to the face. In our submandibular–infratemporal
 166 technique, attention is paid to a number of surgical details. Because the hole situated in the
 167 middle fossa needs to be large enough to avoid kinking of the graft by head movements, the hole
 168 is created extradurally with minimal temporal lobe retraction. No morbidity has been related to
 169 temporal lobe edema after the procedure. This technique also eliminates the need for a zygomatic
 170 osteotomy, and the insertions of the temporalis and masseter muscles are left intact, which
 171 affects cosmetic outcome. Finally, care must be taken during the submandibular passage not to
 172 injure any neural or vascular structure in the region (i.e., lingual nerve, inferior alveolar nerve,
 173 hypoglossal nerve, or internal maxillary artery). Passage of the chest tube is aided by the use of a
 174 tonsil clamp and continuous digital palpation with little or no blunt dissection required.

176 **Conclusions**

177 Analysis of this series of patients demonstrates the utility of the submandibular high-flow
 178 bypass routing for long-term revascularization for the treatment of skull base tumors and
 179 aneurysms.

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257

258 **Figure Legends**

259

260 Figure 1. The submandibular bypass technique. Illustration showing the cervical-to-supraclinoid
261 ICA bypass using an interpositional saphenous vein graft. The graft is tunneled through the
262 submandibular–infratemporal route via a middle fossa craniectomy (shaded region, see inset)
263 that is located lateral to the foramen ovale. In this example, the graft is anastomosed to the
264 supraclinoid ICA in an end-to-side fashion. An aneurysm clip is placed just proximal to the
265 ophthalmic artery takeoff. ICA, internal carotid artery; ECA, external carotid artery; SVG,
266 saphenous vein graft; OA, ophthalmic artery; FO, foramen ovale. Reprinted with permission
267 from Couldwell et al.²⁰

268

269 Figure 2. Representative case (patient 5). (A) Axial and coronal T1-weighted MR images with
270 gadolinium enhancement obtained 1 month before resection demonstrating recurrent tumor of
271 the cavernous sinus and posterolateral orbit. Axial (B) and coronal (C) postoperative CT images
272 demonstrating resection of cavernous sinus and tumor and patency of the submandibular graft.

Table 1. Patient characteristics and surgical results in patients who underwent submandibular high-flow bypass with a saphenous vein graft¹

Case #	Sex	Age	Indication	Donor Vessel, Recipient Vessel	Side	Intraoperative Bypass Evaluation	30-day Postoperative Complications	Follow-Up (months); Outcome
1	F	43	cavernous sinus tumor (hemangiopericytoma)	cervical carotid, supraclinoid carotid	R	Doppler	none	112 died from recurrent disease; bypass patent on MRA
2	M	56	nasopharyngeal carcinoma recurrence after radiation therapy	cervical carotid, supraclinoid carotid	R	Doppler	DVT, HIT, sepsis	9 died of systemic disease at 9 months
3	M	60	giant ICA bifurcation aneurysm	external carotid, M1	R	Doppler	DVT, lower gastrointestinal bleed	78 neurologically intact; bypass patent on CTA
4	M	13	giant cavernous/supraclinoid aneurysm	external carotid, M3	R	Doppler	none	71 neurologically stable/glioma; bypass patent on MRA
5	F	51	recurrent meningioma, sarcomatous change	external carotid, distal MCA	R	Doppler, ICG angio	none	34 neurologically stable; bypass patent on MRA
6	F	69	expanding unruptured cavernous sinus aneurysm after coiling	external carotid, M3	L	Doppler, ICG angio	bowel ischemia, resection	29 neurologically intact; bypass patent on CTA

7	M	40	skull base mucormycosis, carotid occlusion	common carotid, cervical carotid	L	Doppler, ICG angio	thrombosed graft	death/atrial fibrillation
8	M	77	atypical meningioma/cavernous sinus invasion	external carotid, M2	L	ICG angio	MRSA pneumonia	18 death/withdrawal of care; bypass patent
9	F	68	giant unruptured MCA aneurysm	external carotid, M2	R	Doppler	none	70 neurologically stable; CTA incidental stenosis
10	M	74	giant unruptured ICA aneurysm	external carotid, M2	R	Doppler	SDH	63 neurologically intact; bypass patent on CTA
11	M	46	petrous aneurysm	left internal carotid, supraclinoid carotid	L	Doppler	none	144 neurologically intact; bypass patent on CTA

CT, computed tomography; CTA, computed tomography angiography; DVT, deep venous thrombosis; HIT, heparin-induced thrombocytopenia; ICA, internal carotid artery; ICG, indocyanine green; MCA, middle cerebral artery; MRI, magnetic resonance imaging; MRSA, methicillin-resistant *Staphylococcus aureus*; SDH, subdural hematoma

¹Several patients have been described in previous publications of the technical aspects of the technique.¹⁸⁻²⁰

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