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Chapter 26

COMPUTERS IN THE INTENSIVE CARE UNIT: MATCH OR MISMATCH?

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INTRODUCTION

Care of the critically ill patient places exceptional demands on physicians and nurses. As a result of their medical problems, patients in ICUs are monitored with complex bedside monitors and are subjected to a wide variety of laboratory tests. Therapy is complex and the timing of their treatment is critical, while careful documentation of the care given is essential. A large volume of data must be stored, processed, and used for clinical decision-making. The tremendous growth of medical information, the demand for cost-effective care, and the need to document and justify why clinical decisions were made has placed a large burden on the medical care team. There is an increased demand for accountability by patients, utilization review committees, third-party payers, and health care policy makers, who insist that complete and accurate records be kept by physicians and nurses caring for the critically ill (1,2).

During the past two decades, there has been a rapid development in computer technology, with a remarkable reduction in cost and size of computers and substantial improvements in speed and power (3). With the decreasing cost of computing, it is very attractive to look at using computers to help solve the problem of data collection, storage, and decision-support needs in the ICU. It seems apparent that as the complexity of critical care increases and the cost of computer hardware decreases, every ICU will soon use not one but several microcomputers.

ICUs have become an integral part of most hospitals. Their concentration on the treatment of the critically ill has made the acquisition and proper use of data even more important. Why aren't computers widely used in critical care? What advantages do they have? How can computers be used in intensive care? Are they justified? These questions are frequently asked by both manufacturers of intensive care monitoring equipment and by physicians and nurses managing ICUs. This chapter will attempt to provide some answers and establish whether computers are a match or mismatch for intensive care.

THE NEED FOR ICU COMPUTER DATA MANAGEMENT

Care of the critically ill patient requires extraordinary skill and necessitates prompt, accurate treatment decisions.

Physicians and nurses collect a large amount of data through frequent observations, testing, and data recorded by continuous monitoring equipment. Physicians generally prescribe complicated therapy for such patients. As a result, enormous amounts of clinical data accumulate. Physicians can miss important events and trends unless the accumulated data are presented in a compact, well-organized form. In addition, the problems of managing these patients have been made even more challenging by economic pressures to reduce the cost of diagnostic and therapeutic interventions.

Continuity of care is particularly important for critically ill patients who are generally served by a team of physicians, nurses, and therapists and whose data are often transferred from one individual to another. For example, the laboratory technician calls a ward clerk, who reports the data to a nurse, who in turn passes them on to the physician, who then makes a decision. Each step in this transmission process is subject to delay and error.

Computer Charting

Barnett (4) recently reviewed the application of computers to ambulatory practice and quoted Florence Nightingale's 1873 book entitled "Notes on a Hospital":

In attempting to arrive at the truth, I have applied everywhere for information, but in scarcely an instance have I been able to obtain hospital records fit for any purpose of comparison. If they could be obtained, they would enable us to decide many other questions besides the one alluded to. They would show the subscribers how their money was being spent, what good was really being done with it, or whether the money was not doing mischief rather than good.

It is surprising that Florence Nightingale's comments are still applicable more than a century later. They are true for records of ambulatory patients (4) as well as for those of the critically ill.

The medical record remains the principal instrument for ensuring the continuity of patient care. There is a real need to integrate and organize patients' records to optimize medical data review and decision-making (5-9). As the central focus of the care process, the traditional handwritten medical record has several limitations. First, it might be physically unavailable, since it can only be used by one person at one location at a time. Second, it is often poorly organized, available only in the order it was recorded, and many times illegible. Thus, information retrieval may be impossible, slow, and prone to error (2). Third, retrieval of data for research is time-consuming and cumbersome because it must be done manually. Fourth, instruments that present data in electronic form require their data to be taken by a human and written into the chart. Fries (5) has shown that in complicated cases, the conventional record is less helpful than a structured flow chart. Whiting-O'Keefe et al. (7,8) have also shown that structured records are easier and quicker to review and improve information flow.

These criticisms are especially germane to the critical care medical records because of the large amount of data collected and the time pressure for treatment decisions. The importance of having a unified medical record was recently demonstrated by a study conducted at LDS Hospital (9). In this study, detailed records were kept of the data used by physicians to make treatment decisions during teaching rounds in a shock-trauma ICU (Fig. 26-1). It was a surprise to find that laboratory data were the most frequently used (42%, laboratory 33% and blood gas 9%), since physiological bedside monitors have become synonymous with the modern ICU. Clinicians'

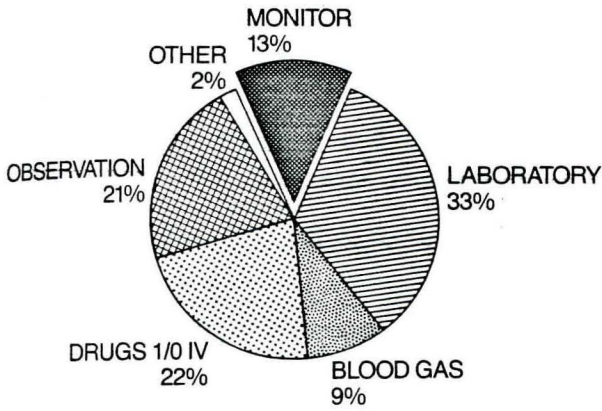


Figure 26-1. Pie chart showing data used for clinical decision-making by physicians during teaching rounds in a shock-trauma ICU. (From Bradshaw et al: Physician decision-making—Evaluation of data used in a computerized ICU. Intl J Clin Monitoring Comp 1984; 1:81.)

observations (21%) and drug and fluid balance data were a close second (22%), while the bedside physiological monitor accounted for only 13% of the data used in making therapeutic decisions. These findings provide evidence that data from several sources, not just from the traditional physiological bedside monitoring devices,

must be communicated and integrated into a unified medical record to permit effective decision-making and treatment in the ICU.

Computer charting in the ICU must support multiple types of data collection in order to be effective. As can be seen in Figure 26-1, a large portion of the data needed to make decisions are from manual tasks such as administering a medication or auscultating breath or heart sounds. Thus, for computer charting systems to be successful they must be able to collect a wide variety of data from bedside monitors and ancillary departments such as the clinical laboratory, as well as from nurses and physicians at the bedside. Unfortunately, in the past most of the attempts at computer charting have dealt only with a limited set of the data, usually the data from the bedside monitor.

Figure 26-2 illustrates the complexity of ICU charting. The patient record (chart) must document the action taken by the medical staff, filling both medical and legal requirements (#1 and #2 in Fig. 26-2). In addition, much of the data that are logged on the chart are used for management (#3, Fig. 26-2) and billing (#4, Fig. 26-2) purposes. Many computer systems have ignored these requirements and unwittingly force the clinical staff to double chart. Efficient management in hospitals is a must, especially with the recent implementation of prospective payment strategies used in the United States (10). Hospitals now have strong incentives to know the cost of procedures and to control these costs. As a result, know-

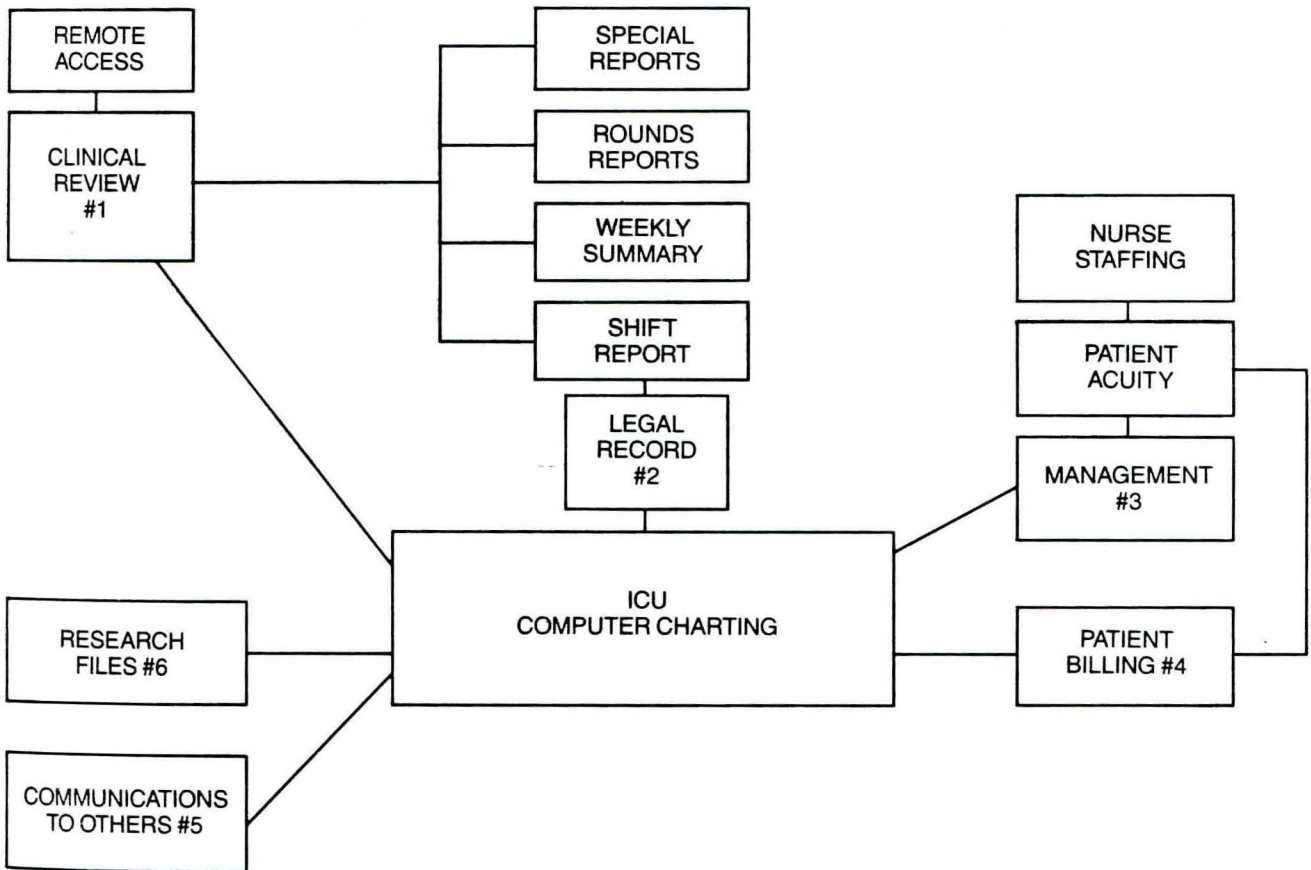


Figure 26-2. Block diagram showing the six major areas where computerized ICU charting interacts with nurses and physicians to make patient care more functional and efficient. See the text for an explanation of each function.

											18	19	20	21	22	23	0	1	2	3	4	5	6	
											+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+													
MAR 22 87 18:01 TO MAR 23 87 06:00											ARMBRUSTER, KAREN J, RN													
*****											*****													
INTAKE (ML):	NON-BLOOD IV	236	OUTPUT (ML):	INSENSIBLE LOSS	509																			
	ENTERAL FEEDING	705		FOLEY CATH URINE	10																			
	NG DRUG	60		RESIDUAL	2																			
	OTHER DRUG	4		NG TUBE DRG.	500																			
	TOTAL	1005		TOTAL	1021								NET BALANCE											
MAR 23 87	pH	PCO2	HCO3	BE	HB	CO/MT	PO2	SO2	O2CT	%O2	AVO2	VO2	C.O.	A-a	Qs/Qt	PK/	PL/PP	MR/SR						
	---	----					---																	
NORMAL HI	7.45	40.3	25.8	2.5	17.7	2/ 1					5.5	300	7.30	21	5									
NORMAL LOW	7.35	26.9	15.6	-2.5	13.7	0/ 1	65	91	18.5		3.0	200	2.90		0									
23 05:25 A	7.39	39.1	23.4	-.8	11.9	3/ 2	74	92	15.4	35				88		/	/	5	12/					
SAMPLE # 30, TEMP 37.4, BREATHING STATUS : ASSIST/CONTROL																								
NORMAL ARTERIAL ACID-BASE CHEMISTRY																								
MODERATELY REDUCED O2 CONTENT																								
, ALVIN											# 2420		E603											
If data was not entered by nurse, report must be signed.											COMPUTER TECH -----													
TIME OUT: MAR 23 87 16:45											PROCESS TIME: 00:14													
											SEQUENCE # 42													

(END)

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Figure 26-3 Continued

ing the patient's acuity (how sick the patient is) is a necessity, not a luxury, and enables one to project nursing staff needs as well as to account for the care of a patient by acuity rather than just a fixed room charge. Communication (#5, Fig. 26-2) to other departments within the hospital is mandatory. Access to clinical and administrative information is a great convenience to physicians from their offices or homes. A computerized record allows this type of communication. Since the computerized ICU record is stored in the system, it is readily available for research purposes (#6, Fig. 26-2). For anyone who has tried to retrieve data from manual patient charts for research purposes, the value of this capability will be apparent.

Examples of Computerized Charting

To meet the clinical management needs required by critically ill patients, as well as for providing an adequate legal record, most computerized patient data management systems generate a variety of reports. Figure 26-3 shows a shift report for a patient in our hospital. This 12-hour report documents the physiological data and summarizes the laboratory data in its upper section. Each drug given and the IV fluids administered are presented in the lower section. The nurses who care for the patient are listed, along with an initial indicating that the nurses have verified the data. Fluid balance data are derived from the IV data and fluid output data that are entered by the nurse. A summary of fluid balance information is presented. For the patient who is in the ICU for several days, a broader view of the course of the recovery process is essential. Thus, a 7-day report is generated by the computer, which summarizes the data for each 24-hour period, thus allowing the health care team to better care for and follow the medical course of the patient (Fig. 26-4). Since the data are already stored in the computer, data must only be abstracted and formatted to give the 7-day summary report. Figure 26-5 shows a blood gas report indicating the acid-base status of the blood as well as the oxygen-carrying condition. Note that in addition

to the numerical blood gas parameters, the patient's breathing status is indicated. Based on all of the clinical data, the computer generates an interpretation. For life-threatening situations, the computer prompts the staff to take the necessary action. For example, if the PO₂ is too low, the computer promptly notifies the laboratory staff, who are instructed to call the nurse or physician caring for the patient. Figure 26-6 shows an example of a physician's rounds report. This "throw-away report" summarizes data from a wide variety of data sources into physiological system categories so that during teaching rounds, or for patient review purposes, the data can be easily and quickly assessed. This type of reporting helps resolve the problems reported by Whiting-O'Keefe and associates (8), who showed that presenting large amounts of irrelevant data can obfuscate the important or relevant facts.

Development of ICU Patient Data Management Systems

The development of computerized patient data management systems has taken place primarily in universities, medical schools, and their affiliated hospitals. As a result of the interest and excitement of having computer-assisted care in the ICU, several commercial vendors became interested. During the 20-year history of computerized patient monitoring development, there have been few successful transplants of complete computerized patient data management systems (2). Several large, capable, and reputable manufacturers have supplied over 300 computerized patient monitoring systems worldwide. These companies include Hewlett-Packard, which controls almost two-thirds of the market with their Patient Data Management System (PDMS), Mennen Medical, Roche, Kontron, Siemens, Litton Datamedix, General Electric, and Spacelabs. Currently, there are only a handful of successful complete patient monitoring systems (2).

Drazen (11) surveyed hospitals where successful ICU computer systems have been installed and found the following common elements:

P HR TEMP SD * OR	SUNDAY MAR 15 87			MONDAY MAR 16 87			TUESDAY MAR 17 87			WEDNESDAY MAR 18 87			THURSDAY MAR 19 87			FRIDAY MAR 20 87			SATURDAY MAR 21 87										
	7	15	9	3	3	7	1	5	9	3	3	7	1	5	9	3	3	7	1	5	9	3	3	7	1	5	9	3	3
235 41I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
220 40I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
205 39I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
190 38I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
175 37I	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00
160 36I	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00	00
145 35I	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S
130 34I	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S	SS	S
115 I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
100 I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
85 I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
70 I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
55 I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
40 I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
25 I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I
10 I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I	I

		MAR 15	MAR 16	MAR 17	MAR 18	MAR 19	MAR 20	MAR 21
MORPHINE, INJ	MGM IV	8.0	18.0	24.0	14.0	32.0	10.0	12.0
OPIUM AND BELLADONNA	SUPP RECT				1			
LORAZEPAM (ATIVAN), INJ	MGM IV	1.0	1.0				6.0	6.0
CEFAZOLIN (KEFZOL/ANCEF), INJ	MGM IV	3000	3000	3000	3000	3000	2000	3000
CLOTRIMAZOLE 1% (LOTRIMIN), CREAM	APPLICTOPIC	3	3	4	4	4	4	4
METAPROTERENOL (ALUPENT), SOLUTION	MGM INHAL			30.0	30.0	40.0	50.0	70.0
DOPAMINE, INJ	MGM IV	267	258	55				
FUROSEMIDE, INJ	MGM IV	40	80					
MYLANTA II, LIQUID	ML NG	30	30	30	30	60	150	90
RANITIDINE HCL (ZANTAC), INJ	MGM IV	150	150	150	150	150	150	150
FLEET, ENEMA	APPLICRECTM			1		2	1	
MAGNESIUM CITRATE, LIQUID	ML NG						296	
OIL RETENTION ENEMA 4 1/2 OZ	ENEMASRECT						1	
BISACODYL (DULCOLAX)	SUPP RECT			1				
CYCLOPHOSPHAMIDE (CYTOXAN), INJ	MGM IV				250			
HEPARIN FLUSH, INJ	UNITS IV	200	100	700	200	300	200	400
METHYLPREDNISOLONE (A-METHPRED), INJ	MGM IV	80.0	60.0	60.0	60.0	30.0	60.0	60.0
DESMOPRESSIN (STIMATE), INJ	MCG IV			20				
HYDROCORTISONE 2.5%, CREAM	APPLICTOPIC	3	3	4	4	4	4	4
FRESH FROZEN PLASMA	ML IV	485		730		330		400
PACKED RBC	ML IV			1500	250	750	1000	
PLATELETS (RANDOM DONOR)	ML IV			360				
NORMAL SALINE, INJ	ML INHAL			6		8		14
NORMAL SALINE, INJ	ML IV	548	361	572	25	300	375	
D5W, INJ	ML IV	500	55	280	330	291	332	331
AMINOSYN RF, INJ	ML IV	564	510	607	591	529	366	58
DEXTRROSE 70%, INJ	ML IV	940	850	819	985	825	583	97
SODIUM	MEQ IV	150.4	136.0	125.5	157.6	124.2	89.7	15.5
CALCIUM	MEQ IV	8.5	7.7	7.1	8.9	7.0	5.0	0.9
ZINC	MGM IV	5.6	5.1	6.2	5.9	5.3	3.7	0.6
COPPER	MGM IV	1.1	1.0	1.2	1.2	1.1	0.7	0.1
MANGANESE	MGM IV	0.6	0.5	0.6	0.6	0.5	0.4	0.1
CHROMIUM	MCG IV	11.3	10.2	12.5	11.8	10.7	7.4	1.2

Figure 26-4. Weekly (7-day) ICU summary report provides daily weight, fluid balance, drug, and physiological data summary.

ACETATE	MEQ	IV	120.3	108.8	100.2	126.1	106.2	74.9	12.4
PHOSPHATE	MEQ	IV	45.1	40.8	37.9	47.3	27.0	22.2	4.6
GLUCONATE	MEQ	IV	8.5	7.7	7.1	8.9	7.0	5.0	0.9
ELECTROLYTE VOLUME	ML	IV	56.0	50.7	46.5	58.7	45.8	33.2	5.8
AMIN-AID 1/2 STRENGTH, LIQUID	ML	NG D						390	110
AMIN-AID FULL STRENGTH, LIQUID	ML	NG D							970
FAT EMULSION 20% (LIPOSYN), INJ	ML	IV		200	200	200	200	200	
CALCIUM GLUCONATE, INJ	MEQ	IV			4.5				
NACL 0.45, INJ	ML	IV		1750					
POTASSIUM CHLORIDE, INJ	MEQ	IV		40.0					
SODIUM BICARBONATE, INJ	MEQ	IV	280	255	80				
INSULIN REGULAR, INJ	UNITS	IV			25	59	47	34	6
NOVOLIN REGULAR, INJ	UNITS	SUBQ	44	24					
MVI-12, INJ	ML	IV	10.2	9.2	11.0	10.2	9.4	6.4	1.0
PHYTONADIONE (AQUA-MEPHYTON), INJ	MGM	IM		10	10		10		

INTAKE (ML):	BLOOD				1860	250	750	1000	
	COLLOID		485		730		330		400
	NON-BLOOD IV		2619	3785	2537	2201	2200	1896	493
	ENTERAL FEEDING							390	1080
	NG DRUG		30	30	30	30	60	446	90
	OTHER DRUG				6	6	8	10	12
	TOTAL		3194	3825	5173	2497	3348	3797	2075

OUTPUT (ML):	INSENSIBLE LOSS		823	816	897	946	990	956	954
	FOLEY CATH URINE		1315	413	250	110	81	61	41
	STOOL							2	3
	NG TUBE DRG.		210	350	160	20	200	475	400
	RESIDUAL							60	200
	WOUND DRG, 1							75	
	STOOL				125				
	WATERSEAL DRG, 1		90	98					
	TOTAL		2438	1677	1432	1076	1271	1629	1598

NET BALANCE (ML):			756	2148	3741	1421	2077	2168	477

WEIGHT (KG)			79.6	80.4	83.5	80.9	80.4	79.2	78.3

NUTRITIONAL:	NP ENERGY	KCAL (IV)	2323	2433	2398	2801	2414	2242	2379
	TOTAL ENERGY	KCAL (IV)	2439	2539	2524	2923	2523	2330	2451

	PROTEIN	GM	30	26	31	31	28	22	18
	FAT	GM	0	40	40	40	40	53	66
	CHO	GM	683	597	588	706	593	493	440
	NP ENERGY/N2	KCAL/GM	464	608	479	560	603	560	793

	N2 IN	GM	5	4	5	5	4	4	3

ALVIN		# 2420	E603						
TIME OUT:	MAR 23 87	16:47	PROCESS TIME:	00:16					

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Figure 26-4 Continued

1. The medical staff generally recognized the need for computers and were committed to making them work.

2. A powerful physician advocate of computer system use managed the computer operation.

3. The system not only met needs identified before installation but also accommodated subsequent changes.

4. The hospital staff were properly oriented and trained in the use of the system.

5. System reliability had to be excellent before it was accepted.

Consensus Conference

An outlook of what should be done with computerized patient data management can be gained from a recent consensus conference organized by the National Institutes of Health (NIH) (12). The conference pointed out critical care treatment domains that need improvement. Many of these treatment domains are amenable to computer assistance. Technical difficulties, errors in data interpretation, and increasing interventions caused by

continuous monitoring are potential iatrogenic hazards for ICU patients. Listed below are important aspects of a modern ICU and some of the areas where computers can be helpful.

1. All ICUs should be capable of arrhythmia monitoring. Bedside physiological monitors using microcomputers now provide excellent arrhythmia monitoring (13).

2. Invasive monitoring should be safely applied. Computer charting of invasive events such as the insertion of an arterial catheter, in combination with data from the microbiology laboratory, can help avoid infection, a major complication of invasive monitoring.

3. Generated data should be correct. The computer can check data as they are entered to verify that they are reasonable. Also, data communications and calculation errors can be reduced or eliminated by letting the computer do the work.

4. Derived data should be properly interpreted. The computer can assist in the data integration process. In addition, the computer can derive parameters and also provide prompt, accurate, consistent interpretations and

LDS HOSPITAL BLOOD GAS REPORT

ALVIN		SEX: M AGE: 39 NO. 2420 DR. KNIBBE, W. PATRICK										RM E603						
MAR 12 87	PH	PCO2	HCO3	BE	HB	CO/MT	PO2	SO2	O2CT	%O2	AVO2	VO2	C.O.	A-a	Qs/Qt	PK/	PL/PP	MR/SR
NORMAL HI	7.45	40.3	25.8	2.5	17.7	2/ 1					5.5	300	7.30	21	5			
NORMAL LOW	7.35	26.9	15.6	-2.5	13.7	0/ 1	65	91	18.5		3.0	200	2.90		0			
12 05:26 V	7.56	25.6	23.0	2.9	11.1	1/ 1	30	58	9.0	60								
12 05:25 A	7.59	21.9	21.1	2.0	11.3	2/ 1	62	92	14.7	60	5.50		270	23		/	/ 5	24/
SAMPLE # 9, TEMP 37.3, BREATHING STATUS : ASSIST/CONTROL MODERATE ACUTE RESPIRATORY ALKALOSIS MILD HYPOXEMIA MODERATELY REDUCED O2 CONTENT HYPERVENTILATION MUCH WORSE																		
11 20:21 V	7.44	35.2	23.7	.8	13.4	1/ 1	34	47	8.9	100							51/ 38/ 5	30/
11 20:20 A	7.48	29.6	21.9	.4	13.5	1/ 1	57	84	15.9	100	6.97		507	38		/	/ 5	24/
SAMPLE # 8, TEMP 38.9, BREATHING STATUS : ASSIST/CONTROL MILD ACID-BASE DISORDER MODERATE HYPOXEMIA MODERATELY REDUCED O2 CONTENT HYPERVENTILATION (PREVIOUSLY NORMAL)																		
11 17:36 A	7.36	40.4	22.5	-2.3	13.5	2/ 1	45	82	15.6	100			507			/	/	30/
SAMPLE # 7, TEMP 35.4, BREATHING STATUS : ASSIST/CONTROL MILD ACID-BASE DISORDER SEVERE HYPOXEMIA BREATHING OXYGEN **CONTACT MD OR RN!!!! MODERATELY REDUCED O2 CONTENT HYPOVENTILATION CORRECTED																		
11 16:50 A	7.19	68.2	25.2	-4.5	14.5	1/ 1	48	75	15.2	10								
SAMPLE # 6, TEMP 35.4, BREATHING STATUS : VENTURI-FACE MASK SEVERE ACUTE RESPIRATORY ACIDOSIS SEVERE HYPOXEMIA BREATHING O2 AND CO2 RETENTION **CONTACT MD OR RN!!!! MODERATELY REDUCED O2 CONTENT HYPOVENTILATION (PREVIOUSLY NORMAL)																		
11 15:40 A	7.30	36.0	17.3	-7.9	15.6	3/ 1	68	91	19.9	3								
SAMPLE # 5, TEMP 37.0, BREATHING STATUS : NASAL CANNULA MODERATE MIXED METABOLIC AND RESPIRATORY ACIDOSIS MILD HYPOXEMIA																		
11 00:00 A	7.43	33.6	22.1	-.7	15.5	2/ 1	70	92	20.0	3								
SAMPLE # 4, TEMP 37.0, BREATHING STATUS : NASAL CANNULA NORMAL ARTERIAL ACID-BASE CHEMISTRY																		
10 22:05 A	7.43	34.4	22.6	-.2	15.8	2/ 1	53	84	18.6	21			30					
SAMPLE # 3, TEMP 37.0, BREATHING STATUS : ROOM AIR NORMAL ARTERIAL ACID-BASE CHEMISTRY SEVERE HYPOXEMIA **CONTACT MD OR RN!!!!																		
08 12:20 A	7.43	32.1	21.1	-1.4	16.2	2/ 1	58	88	20.0	21			28					
SAMPLE # 2, TEMP 37.0, BREATHING STATUS : ROOM AIR NORMAL ARTERIAL ACID-BASE CHEMISTRY MODERATE HYPOXEMIA																		
03 10:40 A	7.49	31.0	23.5	2.2	17.2	3/ 0	73	92	22.3	21			15					
SAMPLE # 1, TEMP 37.0, BREATHING STATUS : ROOM AIR MILD ACID-BASE DISORDER																		

PRELIMINARY INTERPRETATION -- BASED ONLY ON BLOOD GAS DATA. *** (FINAL DIAGNOSIS REQUIRES CLINICAL CORRELATION) ***
 KEY: CO=CARBOXY HB, MT=MET HB, O2CT=O2 CONTENT, AVO2=ART VENOUS CONTENT DIFFERENCE (CALCULATED WITH AVERAGE OF A & V HB VALUES),
 VO2=OXYGEN CONSUMPTION, C.O.=CARDIAC OUTPUT, A-a=ALVEOLAR arterial O2 DIFFERENCE, Qs/Qt=SHUNT, PK=PEAK, PL=PLATEAU, PP=PEEP
 MR=MACHINE RATE, SR=SPONTANEOUS RATE. *** SPECIMEN IDENTIFICATION: BLOOD (A=ARTERIAL, V=VENOUS, C=CAPILLARY, W=WEDGE);
 FLUIDS (P=PLEURAL, J=JOINT, B=ABDOMINAL, S=ABSCESS); E=EXPIRED AIR

(END)

#135 - 1

Figure 26-5. Blood gas report showing the patient's predicted normal values as well as the measured values. The computer automatically provides the interpretations and will also give alerts for life-threatening conditions.

LDS HOSPITAL ICU ROUNDS REPORT
DATA WITHIN LAST 24 HOURS

NAME: ALVIN NO.: 2420 ROOM: E603 DATE: MAR 23 06:00
 DR. KNIBBE, W. PATRICK SEX: M AGE: 39 HEIGHT: 163 WEIGHT: 76.20 BSA: 1.82 BEE: 1660 MOF: 10
 ADMT DIAGNOSIS: POLYMYOSITIS ADMIT DATE: 02 MAR 87 APACHE II: 19

SURGERY:

CARDIOVASCULAR: 0 EXAM: _____
 -- NO CARDIAC OUTPUT DATA AVAILABLE

LAST VALUES	SP	DP	MP	HR	LACT	CPK	CPK-MB	LDH-1	LDH-2
134	69	84	113		()	()	()	()	()
MAXIMUM	199	104	133	133					
MINIMUM	96	52	65	14					

RESPIRATORY: 3

PH	PCO2	HCO3	BE	HB	CO/MT	PO2	SO2	O2CT	%O2	AVO2	VO2	C.O.	A-a	QS/QT	PK/PL/PP	MR/SR
7.39	39.1	23.4	-0.8	11.9	3/2	74	92	15.4	35				88		0/0/5	12/0

SAMPLE # 30, TEMP 37.4, BREATHING STATUS : ASSIST/CONTROL
 NORMAL ARTERIAL ACID-BASE CHEMISTRY
 MODERATELY REDUCED O2 CONTENT

machine settings				patient values																	
VENT	MODE	VR	Vt	O2%	PF	IP	MAP	PK	PL	PP	m-Vt	c-Vt	s-Vt	MR	SR	TR	m-VE	s-VE	t-VE	Cth	Pc
23 15:54	B-II	A/C	12	900	35	50		40	30	5	1192	1007		18			18.1			40.3	
23 05:25	B-II	A/C	12	900	35	50		38	27	5	1075	900		12			10.8			40.9	

23 15:54 75442/ 5/15:54 INTERFACE: NASOTRACH; ALARMS CHECKED; POSITION: FOWLER;
 23 05:25 42213/ 10/05:33 INTERFACE: NASOTRACH; BREATH SOUNDS: RHONCHI, THROUGHOUT INSPIRATION AND EXPIRATION, BOTH LUNGS;
 ALARMS CHECKED; POSITION: FOWLER; PATIENT CONDITION: CALM; SUCTIONED;

DATE	TIME	THPST#	HR	VR	VT	VC	VE	MIP	MEP	MVV	PK FLOW	EXAM:
03/23/87	06:52	222	104	29	220	580	6.4	-22				

NEURO AND PSYCH: 0
 GLASCOW () VERBAL _____ EYELIDS _____ MOTOR _____ PUPILS _____ SENSORY _____
 DTR _____ BABIN. _____ ICP _____ PSYCH _____

COAGULATION: 2
 PT: 10.1 (05:20) PTT: 32 (05:20) PLATELETS: 63 (05:20) FIBRINOGEN: 0 (00:00) EXAM: _____
 FSP-CON: 0 (00:00) FSP-PT: 0 (00:00) 3P: (00:00)

RENAL, FLUIDS, LYTES: 2

IN	2580	CRYST	415	COLLOID	BLOOD	750	NG/PO	1405	NA	140	(05:20)	K	5.0	(05:20)	CL	97	(05:20)
OUT	1765	URINE	30	NGOUT	700	DRAINS	OTHER	1033	CO2	24.0	(05:20)	BUN	101	(05:20)	CRE	4.3	(05:20)
NET	815	WT	76.20	WT-CHG	-0.70	S.G.	1.031		AGAP	24.0		UOSM			UNA		CRCL

METABOLIC --- NUTRITION: 0

KCAL	2696	GLU	136	(05:20)	ALB	2.8	(05:20)	CA	7.4	(05:20)	FE	.0	(00:00)	TIBC	0	(00:00)
KCAL/N2	889	UUN	.0	(00:00)	N-BAL	.0		PO4	5.9	(05:20)	MG	.0	(00:00)	CHOL	129	(05:20)

GI, LIVER, AND PANCREAS: 0 EXAM: _____
 HCT 34.9 (05:20) TOTAL BILI 5.0 (05:20) SGOT 590 (05:20) ALKPO4 780 (05:20) GGT 440 (05:20)
 GUAIAC 1+ (20:45) DIRECT BILI 3.0 (05:20) SGPT 10 (05:20) LDH 3000 (05:20) AMYLASE 0 (00:00)

INFECTION: 3
 WBC 15.8 (05:20) TEMP 37.5 (02:00) DIFF 15B, 83P, L, 2M, E (20:15) GRAM STAIN: SPUTUM _____ OTHER _____

SKIN AND EXTREMITIES:
 PULSES _____ RASH _____ DECUBITI _____

TUBES:
 VEN _____ ART _____ SG _____ NG _____ FOLEY _____ ET _____ TRACH _____ DRAIN _____
 CHEST _____ RECTAL _____ JEJUNAL _____ DIALYSIS _____ OTHER _____

MEDICATIONS:

MORPHINE, INJ	MGM	IV	30.500	RANITIDINE HCL (ZANTAC), INJ	MGM	IV	150
MORPHINE, INJ	MGM	IV	20	MYLANTA II, LIQUID	ML	NG	30
CEFAZOLIN (KEFZOL/ANCEF), INJ	MGM	IV	3000	HEPARIN FLUSH, INJ	UNITS	IV	600
CLOTRIMAZOLE 1% (LOTRIMIN), CREAM	APPLICATION		4	METHYLPREDNISOLONE (A-METHPRED), INJ	MGM	IV	60
METAPROTERENOL (ALUPENT), SOLUTION	MGM	INHAL	50	AMIN-AID FULL STRENGTH, LIQUID	ML	NG D	1255
ALTERNAGEL, LIQUID	ML	NG	150				

Figure 26-6. Rounds report used for the evaluation of patients each day during teaching and decision-making rounds. The report abstracts data from a diversity of locations and sources, and formats them into a physiological system orientation. Listed at the top of each report is patient identification and characterization information. The next information is about the cardiovascular system, and so on.

alerts. For example, see the blood gas report with computer interpretations shown in Figure 26-5.

5. Therapy should be safely employed. The computer can assist in suggesting therapy and help avoid drug errors. Computerized closed-loop control of some intravenous drugs and fluids may help improve therapy.

6. There should be rapid and comprehensive access to laboratory data. Computer networking provides both rapid and comprehensive access to laboratory data and can even provide interpretation and alerts.

7. Enteral and parenteral nutritional (tube feeding) support services should be available. Interactive computer prescribing can help physicians with this complex task.

8. Titrated therapeutic interventions with infusion pumps should be available. Computer-assisted drug administration using computer-controlled infusion pumps will assist in the care of the patient and provide an accurate log of the therapy.

Calculation of Derived Variables

The increased sophistication of hemodynamic, renal, and pulmonary monitoring has resulted in the necessity of calculating derived parameters. ICU staffs have had to learn to crunch numbers. At first, pocket calculators were used, with each step performed carefully by a nurse. Then, programmable calculators took over this task, making the computation simpler, faster, and more accurate (14,15). Soon these devices were replaced by personal and portable computers (16,17). Some of these systems have even been enhanced to provide graphs and interpretations.

Establishing Standard Communication Networks

Communication is one of the most important tasks of the health care professional. Data underlie every medical decision. Except for personal observations made by and acted upon by physicians and nurses at the bedside, all patient data must be communicated. Often, the data are communicated through several people and by several media before getting to the appropriate medical decision-maker. Each step in the process, especially if it involves a handwritten record, can also result in delays and errors. Computers can solve these problems and are being used in more and more centers to enhance communications (18).

Most bedside patient support devices such as IV pumps, ventilators, pulse oximeters, and physiological monitors contain microcomputers. However, each device has its own display; since they come from different manufacturers, each device is designed to stand alone. As a result, it is common for a nurse or therapist to read a computer display from one of these devices and enter the data through a terminal to get the data into the main computer. The need to develop an integrated patient "information bus" is apparent. Recently, an Institute of Electrical and Electronic Engineers (IEEE) committee was organized to develop the standards for a Medical Information Bus (MIB) (2,18). The MIB communications system will permit the connection of up to 255 devices to a network, allowing communication with each of these devices within seconds. The communication technology being developed will allow the connection of a variety of bedside devices to the computer and will automatically record their data. The potential for more accurate and timely data acquisition as well as labor savings is enticing.

Simpler, More Efficient Data Entry Methods

To computerize patient monitoring, with all the patient data available, requires further development of computer entry methods. Presently, a ball point pen and blank piece of paper provide a fast, easy, familiar, and convenient method for nurses and physicians to chart patient information. Unfortunately, the conventional handwritten chart has many deficiencies, as noted earlier. However, the ease and flexibility of charting with the usual manual method is still the standard against which ICU computer charting is compared. Therefore, data entry methods must be developed that are efficient and effective for data recording and review. It is highly likely that such methods will include some of the newer screen and graphic functions that have become available on personal computers (3). These devices include a mouse and cursor, light pens, and touch screens. Although each of these devices may help, the largest payoff is likely to be in a system that is smart. That is, the terminal or work station at the bedside will know a great deal about the patient, his/her condition, what drugs are prescribed with the dose, route of administration and schedule, and the personal preferences of the physician caring for the patient. Thus, by being smart the computer will be able to quickly present the personalized data entry and review menus helping the nurse or physician to customize the care process.

Nursing Time Utilization

Figure 26-7 shows how nurses in a thoracic ICU (post open-heart surgery patients) spend their working day. As one would expect, nurses spend the majority of their time in direct patient care (48%). Another 19% of their time is spent documenting (charting), which amounts to over 2 hours and 15 minutes per 12-hour shift. The next most frequent activity is the communication (7%) of patient status information about their patients to other members of the health care team. Through the use of a good hospital computer system, the quality, accuracy, and ease of data communication within the ICU can be improved (19). There is also an opportunity to reduce the data handling time of the nursing staff.

Decision-Making—Access to a Medical Knowledge Base

The mark of a good physician is the ability to make sound clinical judgments (20). Medical decision-making has tra-

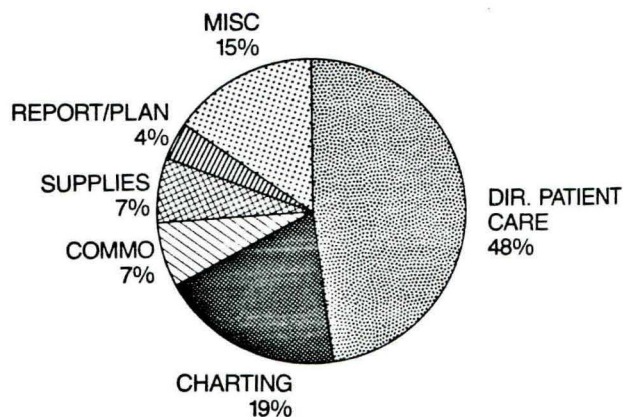


Figure 26-7. Pie chart indicating how nurses spend their time in a thoracic surgery ICU.

ditionally been considered an artful and intuitive process rather than a scientific process. In recent years, however, computerized medical decision-making has gained wider acceptance (21-27). Indeed, the discussion of artificial intelligence is commonplace in medicine today (27,28). The opportunity to use the computer to assist in the complex task of medical decision-making in the ICU has just begun (1,2,27,28). Figure 26-8 is a block diagram of the Health Evaluation through Logical Processing (HELP) computer system that is operational at LDS Hospital in Salt Lake City, Utah (2,21,29). For several years, the HELP computer system at the LDS Hospital has been used effectively to assist in ICU decision-making. For the ICU patient, the system collects and integrates data from a wide variety of sources. The data are automatically processed by the HELP decision-making system to determine if the new information by itself, or in combination with other data in the patient record (such as laboratory results or a previously generated decision), leads to a new medical decision. These computer-generated medical decisions are based on criteria (knowledge base) stored on the magnetic disk.

The HELP decision-making system has been used in the following areas: (a) interpretations, e.g., blood gas and hemodynamic parameter interpretations; (b) diagnoses; (c) alerts, i.e., the notification of life-threatening events; and (d) treatment suggestions.

The application of protocols to the treatment of critically ill patients is not new (30). Protocols have been used to prevent adverse drug reactions, suggest fluid management, improve cardiac management of surgical patients, and suggest therapy based on hemodynamic information.

Development of Open-Loop Treatment Protocols

The development of algorithms for the care of the critically ill is a new and developing field. Use of the computer to provide open-loop control is intriguing. A computer-

ized open-loop control system can be implemented in a variety of ways. Making treatment recommendations using computer methods is currently the most feasible. The art of medicine must be combined with the science of medicine to develop the best set of treatment strategies so that the best medical care can be made available to all. Figure 26-9 is a flow chart of a ventilatory care protocol. This protocol has been implemented on the HELP computer system to provide prompt and reminder messages for nurses and physicians caring for patients with the acute respiratory distress syndrome (ARDS).

Closed-Loop Control Systems

Closed-loop therapeutic devices, which use a computer to sense and control a physiological variable by altering therapy, have been applied clinically (31-33). The work of Sheppard and associates (32) at the University of Alabama has been innovative and effective. They have used a computer-controlled infusion pump to control the infusion of sodium nitroprusside to regulate blood pressure. These investigators have shown that the controller performs better than the nurse in regulating a constant blood pressure. The system works well under a wide range of clinical situations and is designed with several fail-safe features. Subsequently, other investigators have effectively applied the closed-loop technology, and others have shown a clear clinical need for the technology (33). The application of this type of technology is exciting because the computer may be able to give the patient better care while reducing nursing time. Future applications of closed-loop systems will require much the same care and research as do the development of other medical decision-making algorithms.

The Future

With more ICU patient data becoming available in computer form, we have a great opportunity to capitalize on

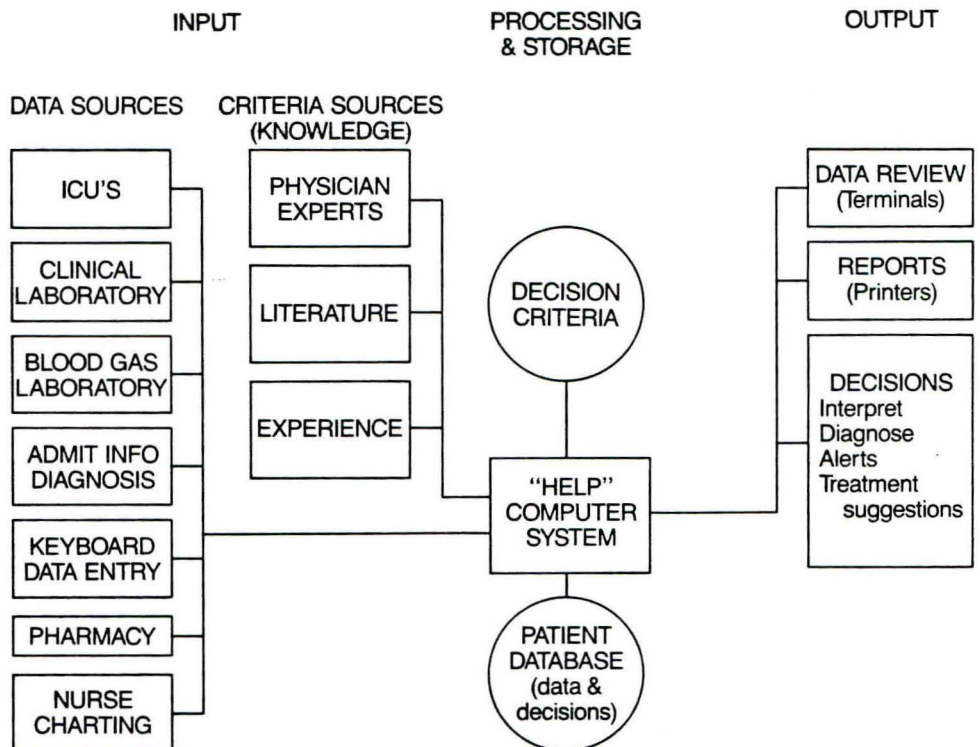


Figure 26-8. Patient data flows into the HELP decision-making computer system from a variety of sources. The decision-making criteria (knowledge base) are then automatically applied to the data, giving an output of computer-aided decisions. A variety of output is generated, including information for review on computer terminals, printed reports, and medical decisions.

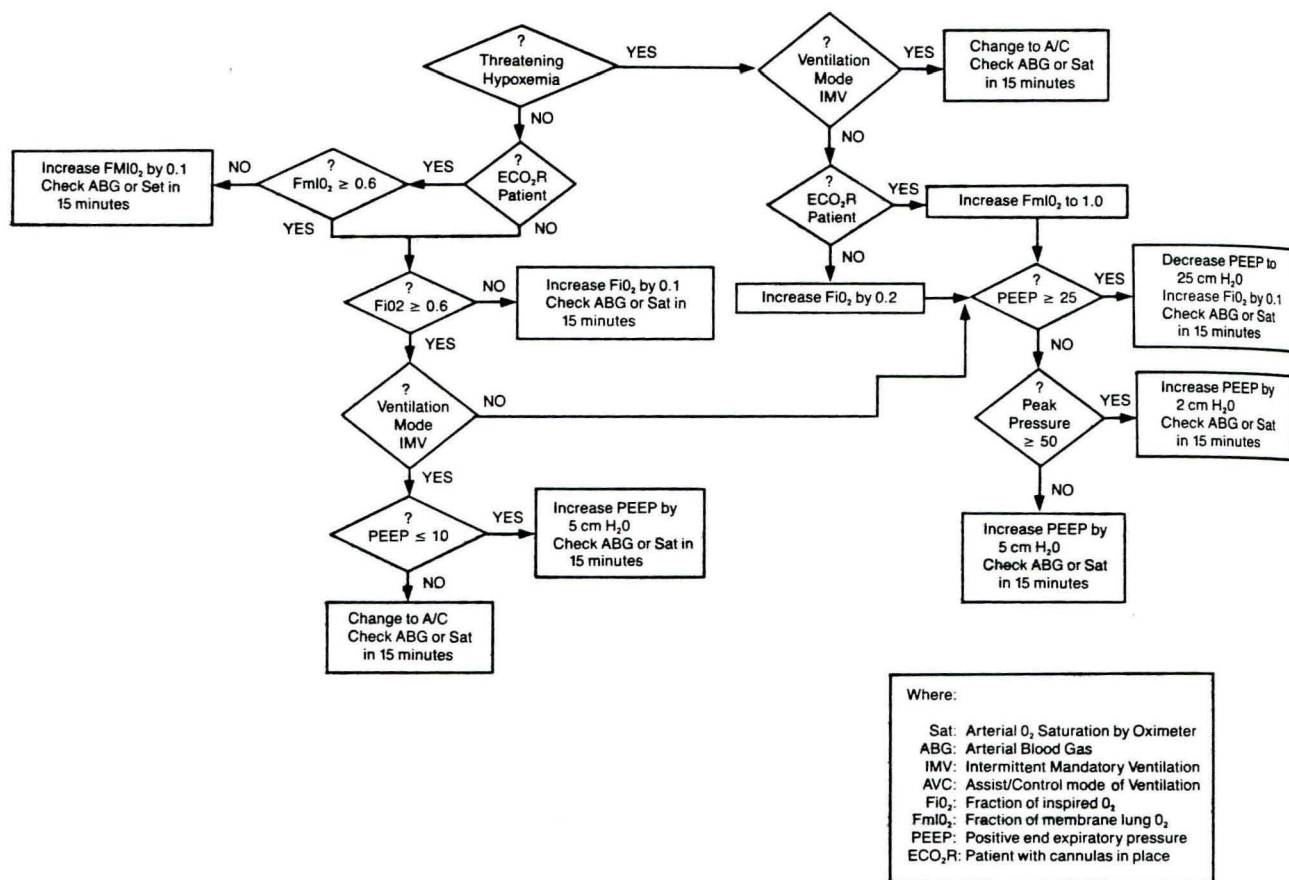


Figure 26-9. Simplified flow chart for treatment of hypoxemia.

expanded patient care capabilities by computers. These capabilities will likely include the following.

Remote Access to the Patient Data Base

Prompt and efficient physician access to an ICU patient data base from the office or home is possible. The technology is already in place for physicians with personal computers and modems to have ICU data base access. This communication enhancement will not only assist the physician and his staff in better caring for a patient but will make the important communication task more efficient.

Closed-Loop Control

Although only a few closed-loop control protocols have been implemented in ICUs, their future looks bright. Currently, the regulation of blood pressure by a computerized closed-loop infusion of medication provides better and more efficient patient care. In the future, the control of other drug infusions as well as ventilator control will be accomplished by computerized systems.

Telemedicine with Remote Consultation

An expansion of remote access capabilities will allow a much broader sharing of medical expertise. Since ICU data will be easily communicated, it will be possible to seek consultation outside the local medical community. For example, if a special problem occurs in Salt Lake City, experts from San Francisco or New York could be called

in; by sharing the data, a much broader range of expertise could be brought to bear on the patient.

Cost Effectiveness

The cost of hospital care is rising at an unprecedented rate. As a result, prospective payment schemes that encourage hospitals to be more efficient have recently been implemented. Computerized methods of data collection will enhance the ability to assess the costs of various procedures and assist in making them more efficient.

Protocol Medicine

Applying patient care protocols to the critically ill is a growing field. The timely and accurate treatment of the critically ill is the most demanding aspect of hospital care. Clearly computer-assisted treatment protocols will soon become a major focus in the ICU.

The use of computers in the ICU is still in its infancy. Several exciting and challenging areas of research still await the interested and innovative physiologist-computer scientist.

SUMMARY

Match versus Mismatch

The computer is certainly a MATCH for the needs of the modern ICU. Several advantages of computer systems in the ICU have been demonstrated. These systems can (a)

assist in data collection; (b) provide computational capability; (c) assist in data communications and integration of data; (d) improve record-keeping; (e) enhance report generation; and (f) assist in medical decision-making.

Computers can assist in data collection by taking information already in digital form and storing it in the patient record. Examples are the bedside monitor and IV pumps. Industry/hospital standards for a MIB are being developed. Once these are complete, it will be possible to acquire data in a common computer format from bedside devices such as IV pumps, urine output measuring devices, and a variety of other instruments. Computers can assist in providing computational capability. For example, the calculation of peripheral vascular resistance from the hemodynamic parameters is possible. Computers can assist in data communication and function as a data integrator. One of the most important tasks physicians and health care providers do is assimilate data to make treatment decisions. Data can be rapidly and accurately transmitted electronically from one instrument system to another, e.g., from the clinical laboratory or a blood gas laboratory to the ICU. The computer is an ideal record-keeper because it can store and quickly recover vast amounts of information. The computer has an unusual capability of generating a variety of reports because it has access to all the patient data. Reports can be generated in variable formats, data are available at multiple sites, and redundant data entry can be minimized. Increased structuring of data in reports can also assist in medical decision-making. Finally, computer-generated reports are more accurate and timely. The hallmark of a good physician is the ability to make sound clinical judgments. The computer is able to make medical decisions and is a tool that can provide assistance to physicians in the ICU.

How then does one implement such a system in the real world? A growing body of computer tools is being developed for ICU applications. Whether computers can successfully match the needs of ICUs revolves around two issues: first, is there a critical mass of patient information in the computer data base, and second, has the ICU developed an adequate computer society with the maturity to live through the change in style of patient care required by computer implementation? Both issues must be resolved for ICU computer systems to be properly implemented.

The user friendliness of personal computers will have a great impact on the use of computers in ICUs. Personal computers have attracted the attention of all segments of our society and can increase productivity. Because personal computers have been used so widely and because of their ease of use, it is no longer necessary to convince medical staffs about the value of computers.

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Chapter 27

COMPUTERIZATION: PROBLEMS IN THE INPUT, MANIPULATION, AND STORAGE OF INTENSIVE CARE UNIT DATA

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OVERVIEW

During the past two decades, advances in computerized ICU data management have paralleled clinical advances and the growing sophistication of computer hardware and software. Both intensive care technology and com-