



# Assessment of Oral Health Care Delivery System in Greater Noida Using Five A's Model

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**BACKGROUND:** Access to dental health services refers not only to utilization but also to the extent by which the utilization is judged as per the professional norms using five independent dimensions of accessibility, availability, accommodation, affordability and acceptability.

**AIM:** The aim of the study is to assess the dental services utilization among population of Greater Noida using Five A's model.

**MATERIALS AND METHOD:** The study was conducted in Dental College in Greater Noida. This cross-sectional study was carried out on the 200 subjects using convenient sampling on the patients visiting dental OPD. A self-administered structured questionnaire in English and Hindi language was used. Data was entered in the Microsoft excel sheet and analysed using SPSS (version 20.0).

**RESULTS:** Mean level of access to dental services in the study population was 60.3. Corresponding figures for affordability, availability, accessibility, accommodation and acceptability were  $55.2 \pm 12.1$ ,  $57.1 \pm 12.8$ ,  $60.75 \pm 14.7$ ,  $61.75 \pm 8.7$ ,  $58.65 \pm 11.4$  respectively.

**CONCLUSION:** According to the results of our study, the level of access to dental care services is not very good with family income, location and level of education being the determinants of this access.

**KEYWORDS:** Oral Health Care Delivery, Accessibility, Affordability, Availability, Acceptability

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## INTRODUCTION

Good health is the condition where both our body as well as our mind are functioning properly. Over the years, evidence-based information has suggested that the health of our mouth, mirrors the conditions of our body as a whole. Dental disorders have affected mankind from time immemorial, and man has always tried to fight with the disease process by various methods available to them. Oral health is the reflection of our general well-being, therefore, oral health is also an essential part of the public health but which is often neglected in health care policies. The poor ability to access the health services is strongly associated with factors such as poverty, mismanagement of services, and unavailability of facilities.<sup>1</sup> Access to dental services not only refers to utilization but also to the extent by which the utilization is judged as per the professional norms using five independent dimensions of availability, accessibility, accommodation, affordability and acceptability.<sup>2</sup>

Affordability is determined by how the charges of the provider relate to the ability of client and his/her and willingness to pay for the concerned services. Availability reflects the extent to which the provider has the requisite resources to meet the needs of the patient. Accessibility is the geographical accessibility, which is

determined by how easily the client can physically reach the location of the provider. Accommodation refers the extent to which the provider's operation is organized in ways that meets the preferences and constraints of the client.<sup>3</sup> And finally, acceptability describes the extent to which the client is comfortable with the more immutable characteristics of the provider, and vice versa. These characteristics include the age, gender, social class, and ethnicity of the client and provider, as well as the type of coverage and diagnosis of the client.<sup>3</sup>

The World Health Organization has identified the inverse care law as one of the common shortcomings of health care delivery which suggests that the availability of good health care tends to vary inversely with the need for the same in the population that is being catered. India, being one of the biggest democracies in the world, with a population of more than a billion is rapidly developing and making great progress in information technology, finance and living standards. In spite of these, it is very discouraging that very few people believe in regular dental care.<sup>4</sup> Greater Noida is one of the emerging township in western Uttar Pradesh which is still under development. It has mixed culture of population and the utilization of dental services is



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very low. Aim of the present study was to assess the dental services utilization among population of Greater Noida using Five A's model.

#### Objectives:

1. To assess the oral health care delivery system using 5 A's model.
2. To assess the dental services utilization among population using 5 A's model.

#### MATERIALS AND METHOD

The study was conducted in Dental College in Greater Noida. Ethical clearance was taken from the Institutional Review Board before starting the study. Verbal consent was taken from the individuals who were willing to participate in the study. A Pilot study was conducted on 20 subjects to check the feasibility of the study and validity of questionnaire was also checked. This cross-sectional study was carried out on the 200 subjects using convenient sampling on the patients visiting dental OPD who met the following inclusion and exclusion criteria:

#### Inclusion Criteria:

- Patients attending dental college and hospital were included in the study.
- Subjects willing to participate.

#### Exclusion Criteria

- Subjects who were uncooperative.
- Subjects hiding the facts regarding their income, education and occupation were excluded from study.
- Those who did not give verbal consent were excluded from the study.

**Scheduling:** The average time for the each study subject was approximately 20-25 minutes. The entire study was carried out over the period of two months.

**Data Collection:** A self-administered structured questionnaire in English and Hindi language was used. The data for the study was recorded on pretested questionnaire (Moosazadeh M)<sup>2</sup> by personal face to face interview of the study subjects by a single interviewer. Questionnaire included general information regarding socio-demographic characteristic of the study subjects including name, age, gender, income, occupation, education, number of family members. It also included view about general and dental health, attitude regarding family dental health, monthly budget for

dental health, dental attendance pattern, main reason for visit, treatment received, experience with previous dental visit and attitude towards dental treatment and preferred place for dental service utilization, cost of dental treatment.

**Statistical Analysis:** Data was entered in the Microsoft excel sheet and analysed using SPSS (version 20.0). Descriptive methods and analytical tests (chi square test and multivariate linear regression models) were used. Chi square test was applied to analyse the factors for availability, accessibility, accommodation, affordability and acceptability of dental services. Multivariate Analysis of demographic factors with affordability and overall level of access was done. p value of 0.05 was considered to be statistically significant.

#### RESULTS

Out of total 200 study subjects, 140 were males (70%) and 60 were females (30%). 83% of the study population lived in peri urban area of Greater Noida. It was found in the study that 31.5% of the subjects were illiterate whereas 17% were having high school certificate and only 11.5% were graduate or postgraduate (Table 1).

It was found that 64.3% of males had insurance or health scheme where as 43% females had insurance or health scheme which was found to be highly significant (Table 2).

It was seen in the study that 48.6% males and 30.0% females had got no treatment due to high cost which was found to be highly statistically significant. It was also found that the 17.1% of the males refused for dental prosthesis due to high cost where as 16.1% females refused dental prosthesis due to high cost (Table 3).

It was found that affordability to dental services was significantly higher among males living in urban areas and who had done graduation or higher degree with monthly income level between INR 31,591-47,262. While availability was significantly associated with location of residence, education status. It was seen that Accessibility was significantly associated with location of residence, education status and monthly income of the study population. Accommodation was seen significantly associated with location and education and whereas acceptability was also significantly associated with location of residence, education status and monthly income of the study population (Table 4).

Variable		n	%age
Gender	Male	140	70.0
	Female	60	30.0
Location	Urban	34	17.0
	Periurban	166	83.0
Education	Profession or Honours	22	11.0
	Graduate or post graduate	23	11.5
	Intermediate or post high school dip	24	12.0
	High school certificate	34	17.0
	Middle school certificate	20	10.0
	Primary school certificate	14	7.0
	Illiterate	63	31.5
Income (in INR)	>126,360	2	1
	63,182-126,356	61	30.5
	47,266-63178	10	5
	31,591-47262	38	19
	18,953-31589	45	22.5
	6327-18949	38	19
	≤6323	6	3

**Table 1.** Demographic Characteristics of Study Subjects

	Yes	No	p value
MALE	90 64.3%	50 35.7%	0.001 (Significant)
FEMALE	26 43.3%	34 56.7%	

**Table 2.** Percentage of subjects with Insurance or Health Scheme

According to multivariate linear regression model significant association was there between total level of access with education status and location of residence. Moreover affordability was significantly associated with location of residence (Table 5).

Mean level of access to dental services in the study population was found to be 60.3. Corresponding figures for affordability, availability, accessibility, accommodation and acceptability were  $55.2 \pm 12.1$ ,  $57.1 \pm 12.8$ ,  $60.75 \pm 14.7$ ,  $61.75 \pm 8.7$ ,  $58.65 \pm 11.4$  respectively

## DISCUSSION

Present study indicated that the access to dental services was not at a promising status. The same was true for each of five components of access as described by 5 A's model. The analysis also indicated that the acceptability of dental services was related to education level of participants which was in accordance with study done by Moosazaadeh M et.al<sup>2</sup>, Davidson and Anderson<sup>5</sup>, Bhushan P<sup>1</sup> who indicated that education was significantly associated with use of dental services among populations. Availability dimension received the (57.1). This indicates that the people believed there were not enough resources, to meet their needs which is not in accordance with study done by Moosazaadeh M et.al<sup>2</sup>, Ravindranth NS et al.<sup>6</sup> Accessibility dimension received (60.75) indicates geographic accessibility which refers to easiness of patient's physical access to the providers location which was in accordance with the study done by Moosazaadeh M et al.<sup>2</sup> Affordability dimension of access received (55.2) indicates that for a significant number of studied people inability to pay for dental services was an obstacle in front of using dental services which was in line with the study done by Moosazaadeh M et al.<sup>2</sup>, Casey et al.<sup>7</sup> and Wallace BB et al.<sup>8</sup> who also found that inability to pay the cost of dental care contribute to lower use of dental services. The accommodation of dental services is appropriate. It means that the dentists working hours and way of organizing service providers is acceptable for service recipients which was in accordance with the study done by Moosazaadeh M et.al<sup>2</sup> and not in accordance with Ravindranath NS<sup>6</sup> who found negative attitude towards dentist's waiting time.

## CONCLUSION

According to the results of our study, the level of access to dental care services is not very good with family income, location and level of education being the determinants of this access. The major limitation of our study was that population of Greater Noida is mainly the rural population where the people are either illiterate or have only basic education, therefore more extensive studies needs to be conducted to have proper

	FILLING	DENTAL PROSTHEIS	TOOTH EXTRACTION	SURGICAL SERVICES	GUM INFECTION	NO TREATMENT	MORE THAN ONE	P VALUE
MALES	0	24	6	2	0	68	40	0.001 (SIGNIFICANT)
	.0%	17.1%	4.3%	1.4%	.0%	48.6%	28.6%	
FEMALES	4	10	6	4	6	18	12	
	6.7%	16.7%	10.0%	6.7%	10.0%	30.0%	20.0%	

**Table 3.** Dental Services Refused due to High Cost of Treatment

		AFFORDABILITY		AVAILABILITY		ACCESSIBILITY		ACCOMMODATION		ACCEPTABILITY		TOTAL LEVEL OF ACCESS	
		%	P value	%	p value	%	p value	%	p value	%	p value	%	p value
GENDER	Male	59.2	0.02	57.9	0.871	61.4	0.764	63.2	0.045	59.7	0.431	60.3	0.078
	Female	51.2		56.3		60.1		60.3		57.6		57.1	
LOCATION	Urban	60.7	0.001	68.3	0.001	74.2	0.001	59.4	0.001	67.5	0.001	66	0.001
	Periurban	52.1		56.2		63.5		51.1		62.1		57	
EDUCATION	Graduate and Higher	67.3	0.001	66.7	0.001	65.1	0.001	64.1	0.001	63.3	0.001	65.3	0.001
	Inter-mediate	64.2		65.2		62.3		63.7		62.5		63.5	
	High School	59.2		59.4		58.7		59.8		60.4		59.5	
	Primary	53.6		54.7		54.2		56.3		58.3		55.4	
	Illiterate	49.5		48.7		50.3		52.4		55.2		51.2	
INCOME (In INR)	>126,360	52.5	0.0001	53.4	0.5	54.3	0.001	60.5	0.6	70.4	0.001	58.7	0.001
	63,182-126,356	56.3		52.2		57.8		60.5		70.4		59.9	
	47,266-63178	59.8		55.4		64.1		59		69.3		62.2	
	31,591-47262	66.3		51.2		62.3		60.1		71.4		63	
	18,953-31589	65.2		50.2		60.2		57.6		72		64.7	
	6327-18949	63.5		49.5		59.8		55.7		70.1		66	
	≤6323	61.2		48.3		57.6		54.6		68.1		66.9	

**Table 4.** Status of Access Varieties Aspects to Dental services by Variables Studied

	AFFORDABILITY			LEVEL OF ACCESS		
	B	p value	CI	B	p value	CI
GENDER	2.6	0.01	1.3-4.9	0.008	0.87	1.4-1.4
LOCATION	2.3	0.001	4.02-1.1	1.03	0.03	1.8-0.09
EDUCATION	2.1	0.01	1.2-4.03	0.4	0.04	0.6-1.7

**Table 5.** Multivariate Analysis of Demographic Factors with Affordability and Overall Level of Access

understanding of the utilization of dental services by the population.

### RECOMMENDATIONS

1. The dental community should be sensitive to patients' occupations as a marker for limited dental care access and unmet dental care needs.
2. State funding should be earmarked for the development of oral health care services targeting worker groups (and their families) reporting the highest levels of unmet dental care needs and significant barriers to receiving dental care.

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