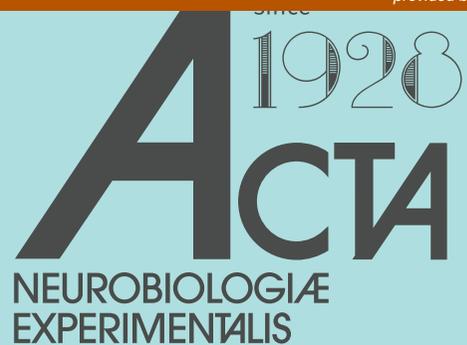


SHORT COMMUNICATION

Acta Neurobiol Exp 2019, 79: 310–318

DOI: 10.21307/ane-2019-029



Stimulus-seeking in rats is accompanied by increased c-Fos expression in hippocampal CA1 as well as short 22 kHz and flat 50 kHz calls

Ita Robakiewicz¹, Monika Polak¹, Małgorzata Rawska¹, Dominik Alberski¹, Rafał Polowy², Kinga Wytrychiewicz¹, Mateusz Syperek¹, Jan Matysiak¹ and Robert K. Filipkowski^{2*}

¹ Department of Biological Psychology, University of Economics and Human Sciences in Warsaw, Warsaw, Poland,

² Behavior and Metabolism Research Laboratory, Mossakowski Medical Research Centre, Polish Academy of Sciences, Warsaw, Poland,

*Email: rfilipkowski@imdik.pan.pl

We determined CA1 hippocampal field to be involved in self-exposure, a type of novelty-seeking behaviour that has also been associated with short 22 kHz and flat 50 kHz ultrasonic vocalizations (USV) in adult male Long-Evans rats. Rats were habituated for three days to a self-exposure cage with two nose-poke holes. On day four, the animals from the experimental group were allowed to turn the cage light off for 5 s with a nose-poke (test/self-exposure session), while rats from control-yoked group had changing light conditions coupled and identical to the experimental animals. The experimental rats performed more nose-pokes during self-exposure session than animals from the control group. This effect was accompanied by a higher density of c-Fos-positive nuclei in the hippocampal CA1. There were no significant group differences in c-Fos expression in other brain regions analysed. However, possible involvement of several other structures in self-exposure (i.e., CA3, the dentate gyrus, amygdala, prefrontal cortex, and nucleus accumbens) is also discussed, as their correlational activity, reflected by c-Fos immunoactivity, was observed in the experimental rats. During test sessions, there were more nose-pokes accompanied by short 22 kHz calls and 50 kHz calls performed by the rats of the experimental group than of the control group. The CA1 region has previously been associated with novelty; short 22 kHz USV and flat 50 kHz USV could be associated with self-exposure, also they appear to be emitted correlatively.

Key words: stimulus-seeking, self-exposure, instrumental learning, vocalizations, hippocampus

Voluntary exploration is a complex type of behaviour that involves emotional, motivational, and cognitive components and is therefore associated with significant and coordinated activation of numerous brain areas (Hess et al., 1995; Mohammed et al., 2002; Turner et al., 2002; Balleine 2005; Knapska et al., 2006; Bourgeois et al., 2012; Kinnavane et al., 2014; Larkin et al., 2014; Comba et al., 2015; Mun et al., 2015). We study one type of exploratory behaviour: ‘stimulus-seeking’ or ‘self-exposure’ behaviour. Our laboratory (Matysiak 1978; Farley and Matysiak, 2008; Osinski and Matysiak, 2008) has previously demonstrated that, when given the opportunity, rats have a tendency to control

their environment by switching the light on/off via a nose-poke.

We looked for the parts of the rat brain activated during the self-exposure, namely: the basolateral (BLA) and central (CeA) amygdalar nuclei, pre- (PrL) and infralimbic (IL) cortices, shell (AcbSh) and core (AcbC) of the nucleus accumbens. We also examined CA1, CA3, and the dentate gyrus (DG) of the hippocampal formation, as their involvement in controlling and guiding emotions, motivation, and cognition is well documented (Hess et al., 1995; Mohammed et al., 2002; Turner et al., 2002; Knapska et al., 2007). As a method of choice, we used the c-Fos protein, which is a product of immediate-early genes and expression lev-

els are often utilised as a marker of neuronal activity and plasticity, e.g. in our previous works (Kaminska et al., 1997; Jaworski et al., 1999; Filipkowski et al., 2000; 2001).

Ultrasonic vocalizations (USV) emitted by rats are regarded as indicators of their emotional state (Brudzynski 2015). There are at least 3 types of USV in adult rats (Portfors, 2007; Brudzynski, 2013): 50 kHz USV, indicating positive emotional states; long 22 kHz calls (>300 ms), signalling an aversive state, and short 22 kHz calls (<300 ms), whose function is still ambiguous; however, they are usually also regarded as expressing aversion-like, negative emotional states (Barker et al., 2015; Brudzynski, 2015). Short 22 kHz USV were frequently observed in rats with low, sub-satiety doses of self-administered cocaine (Barker et al., 2010; 2014). They were also observed in several aversive experimental situations (listed in Barker et al., 2015). In general, they were not observed in non-aversive setups. Here, we studied emission patterns of different USV during the stimulus-seeking procedure.

Twenty male Long-Evans rats, 4 months old, were housed in pairs, with natural light/dark cycle, and water and food provided *ad libitum*. All procedures were approved by Local Ethics Committee for Animal Experimentation. Stimulus-seeking/self-exposure was performed in 33 × 30 × 27 cm chambers made of plexiglas (back and front) with side aluminium walls equipped with a lightbulb (30 lx). The chamber floors were made of metal bars, 0.5 cm in diameter, mounted every 1.7 cm. In each chamber, the right side of the aluminium wall had two circular holes, 3 cm in diameter, 14 cm apart, 2 cm above floor level, with photocells to register and count nose-pokes as radius interruptions. Each chamber was inside a noise-attenuating wooden box (64 × 38 × 60 cm), equipped with a fan for proper air circulation. The apparatus was controlled and monitored by computer software (PC-Med Med Associates Inc.).

The behavioural procedure started with handling; all rats were handled for 3 min per day for 10 days to habituate them with the experimenter. This was followed by 3 habituation sessions wherein rats were placed individually in the self-exposure chamber for 30 min per day for 3 consecutive days. The following day, during the test/self-exposure session, the rats were assigned to two groups and placed again in the self-exposure chamber for 30 min. For experimental rats ($n=10$), activation of any photocell, performed during light-on, shut down the light for 5 s. Yoked (control, $n=10$) animals, in contrast, were unable to switch off the light. However, the illumination changed accordingly and paralleled the one in a coupled experimental cage; i.e., control rats experienced the same light conditions as their individually coupled experimental subjects. During all habituation sessions and the test session, the number

of nose-pokes was registered and USV were recorded with a high sensitivity condenser microphone (Avisoft Bioacustics), automatically detected and scored on the spectrogram with Avisoft SASLab Pro software (Avisoft Bioacustics). Three sub-types of USV were analysed: high frequency 50 kHz USV (32-96 kHz), long low frequency 22 kHz USV (18-32 kHz, 300-4000 ms (Portfors 2007)), and short low frequency 22 kHz USV (18-32 kHz, <300 ms (Brudzynski 2013)). The final USV classification was made by visual inspection of spectrogram images according to Wright et al. (2010) categorization.

For c-Fos immunocytochemistry, an hour and a half after the test, the rats were sacrificed with Morbital (Bio-wet Pulawy; i.e., sodium pentobarbital, 133.3 mg/ml, and pentobarbital, 26.7 mg/ml; 0.1 ml/100 g body weight, i.p.), perfused intracardially with 200 ml of ice-cold PBS followed by 200 ml of ice-cold 4% paraformaldehyde. The brains were removed and stored in the same fixative overnight at 4°C, and then stored in 30% sucrose with 0.02% sodium azide at 4°C. The brains were frozen instantly in dry ice-cold Heptane (Chempur) and coronal 45-µm-thick cryostat sections were collected at -20°C. For each structure analysed, there were 3 slices per rat selected, 45 µm thick, 2.04 - 3.00 mm posterior to bregma for the amygdala and hippocampal formation, and 3 different slices, 2.52 - 3.24 mm anterior to bregma for both the pre- and infralimbic cortices as well as the nucleus accumbens (Paxinos and Watson, 2007). The sections were washed three times in phosphate-buffered saline (PBS), incubated for 10 min in 0.3% H₂O₂ solution (Sigma), washed in PBS, and incubated for 48 h with primary c-Fos antibody (1:1000, no. sc-52, Santa Cruz) with 3% normal goat serum (NGS, Vector Laboratories) at 4°C. Then the slices were washed three times in PBS with 0.3% Triton-X 100 (Sigma) and the secondary antibody incubation was performed (1:1000, goat biotinylated, Vector Laboratories) in PBS/Triton with 3% NGS for 4 h, followed by PBS/Triton washes and avidin-biotin peroxidase complex incubation (1:100, 1:100, no. PK-6100, Vector Laboratories) in PBS/Triton for 1 h. The sections were then washed three times in PBS and stained with diaminobenzidine (Sigma) in water. When the expected level of staining was achieved, the slices were washed with PBS. Slices were mounted on gelatin-covered slides, dehydrated in gradually increasing ethyl alcohol dilutions and xylenes (Chempur) and embedded in Depex (Serva). Nissl staining; selected, adjacent slices, were mounted on a gelatin-coated slides, dried, submerged in PBS followed subsequently by 70%, 100% and 70% ethyl alcohol solutions, 1 min each, water, then 30 s incubation in 0.5% Cresyl violet solution with acetic acid (0.35 M) and sodium acetate (0.06 M), and finally washed in water and dehydrated in ethanol, 70% and 100%, ethanol/xylenes (1:1), xy-

lenes and embedded in DePeX (Serva). For c-Fos-positive nuclei counting, the nuclei were marked, selected and counted according to their staining intensity with ImageJ software. The measure of c-Fos immunostaining was expressed as density of c-Fos+ nuclei in a given structure, i.e., the number of c-Fos-positive nuclei per 1 mm². The borders of investigated structures were determined with the use of the Nissl-stained sections. The nuclei within the borders were counted with the researchers being blind to the treatment.

Statistical analyses were performed (STATISTICA 7.1., Stat-Soft) using analysis of variance (ANOVA), and data are represented as mean with standard error of the mean (SEM), and with $p < 0.05$ as the minimal level of significance. Significant ANOVA results were fol-

lowed with Duncan *post hoc* tests. When assumptions for ANOVA were not met, data were Box-Cox transformed (JMP3.2.6; SAS Institute). The Mann-Whitney U test was used for independent groups, while the Friedman test was used for dependent groups when the transformed data still violated assumptions for ANOVA. Between-variable correlations were measured with nonparametric Spearman's correlation (ρ , p) or parametric Pearson's correlation (r).

We found that rats performed more nose-pokes when nose-poking led to an alteration of the lighting conditions within the cage (Fig. 1A). For nose-poke numbers, there was a group effect ($F_{(1,18)}=4.61$, $p < 0.05$), session effect ($F_{(3,54)}=4.82$, $p < 0.01$), and session x group effect ($F_{(3,54)}=5.73$, $p < 0.01$, repeated measures ANOVA). During

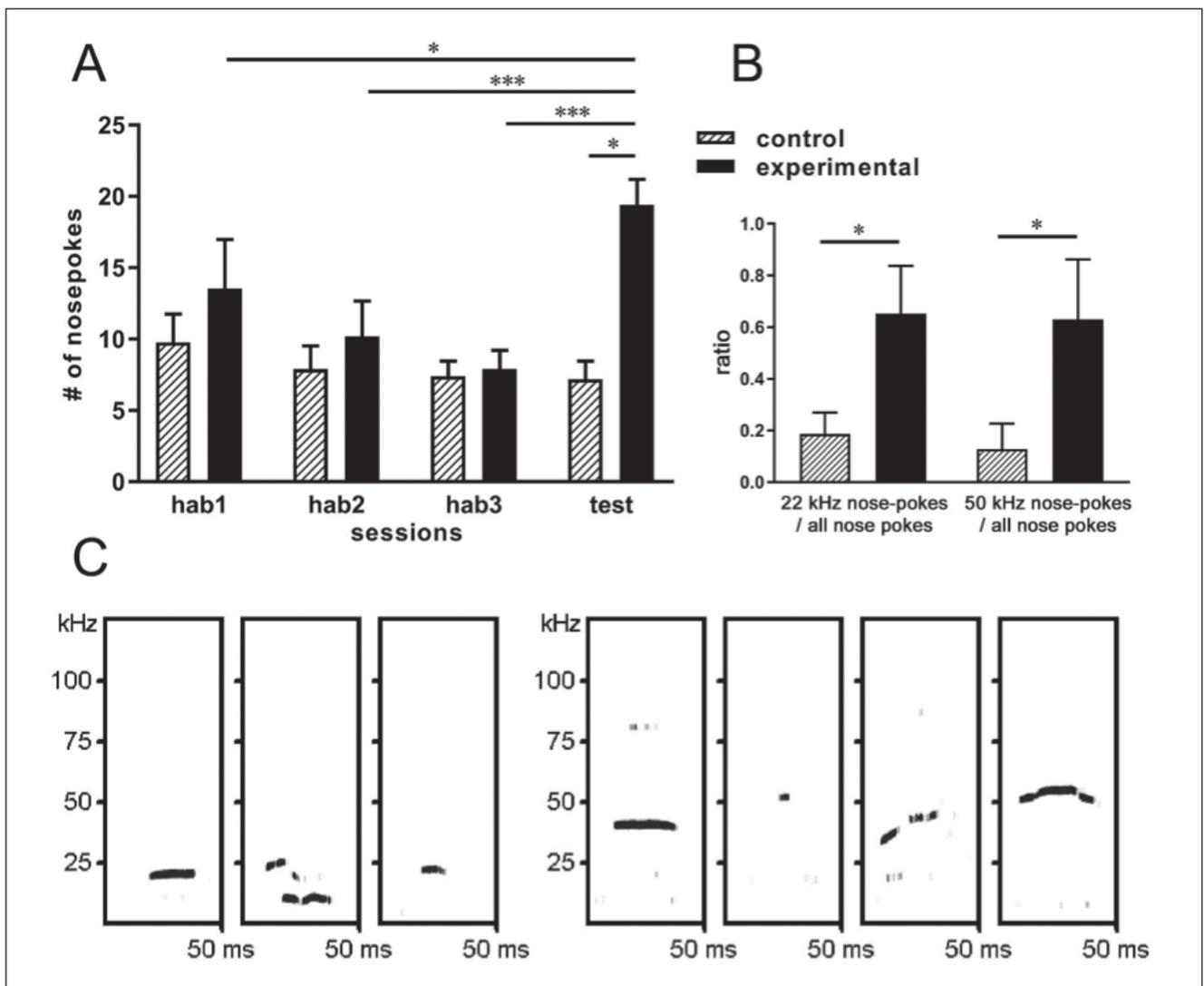


Fig. 1. (A) Mean (+SEM) number of nose-pokes during habituation sessions and the test session when only the experimental rats could turn the light off for 5 s with a nose-poke. (B) Ratio of nose-pokes associated with USV vs. all nose-pokes during the test session. * $p < 0.05$, *** $p < 0.001$. (C) Examples of ultrasonic vocalizations, from left to right: flat, multi-step, and short 22 kHz calls; flat, short, upward ramp, and inverted-U 50 kHz calls.

the test session, the experimental rats performed more nose-pokes than the control animals ($p<0.05$), and the number of nose-pokes was higher than during habituation sessions 1 ($p<0.05$), 2 ($p<0.001$), and 3 ($p<0.001$, all Duncan). Also, when the nose-pokes from three habituation sessions only were jointly analysed for all animals, there were more nose-pokes during session 1 vs. 3 ($Z=1.98$, $p<0.05$, Wilcoxon). This was despite the fact that the ANOVA analysis showed no effects.

There was higher c-Fos-positive-nuclei density in the CA1 region of the experimental rats vs. control animals ($F_{(1,14)}=5.26$, $p<0.05$; Fig. 2), and no group difference

in any other area analysed, including: CeA ($F_{(1,16)}=0.38$, $p=0.54$), BLA ($F_{(1,15)}=4.53$, $p=0.05$), IL ($F_{(1,18)}=0.61$, $p=0.44$), PrL ($F_{(1,18)}=0.20$, $p=0.68$), AcbC ($F_{(1,17)}=0.09$, $p=0.92$), AcbSh ($F_{(1,18)}=1.00$, $p=0.33$), CA3 ($F_{(1,14)}=0.83$, $p=0.37$), and DG ($F_{(1,14)}=2.69$, $p=0.12$; all one-way ANOVA).

Regarding recorded USV, there were no long 22 kHz USV detected. However, short 22 kHz (830 cases) and 50 kHz USV (897 cases) were recorded. Among those, different types of USV were observed, for e.g. flat, multi-step, and short, as illustrated in Fig. 1C. Flat calls were predominant, for both 50 kHz (38%) and short 22 kHz USV (39.9%). Multi-step calls were the second

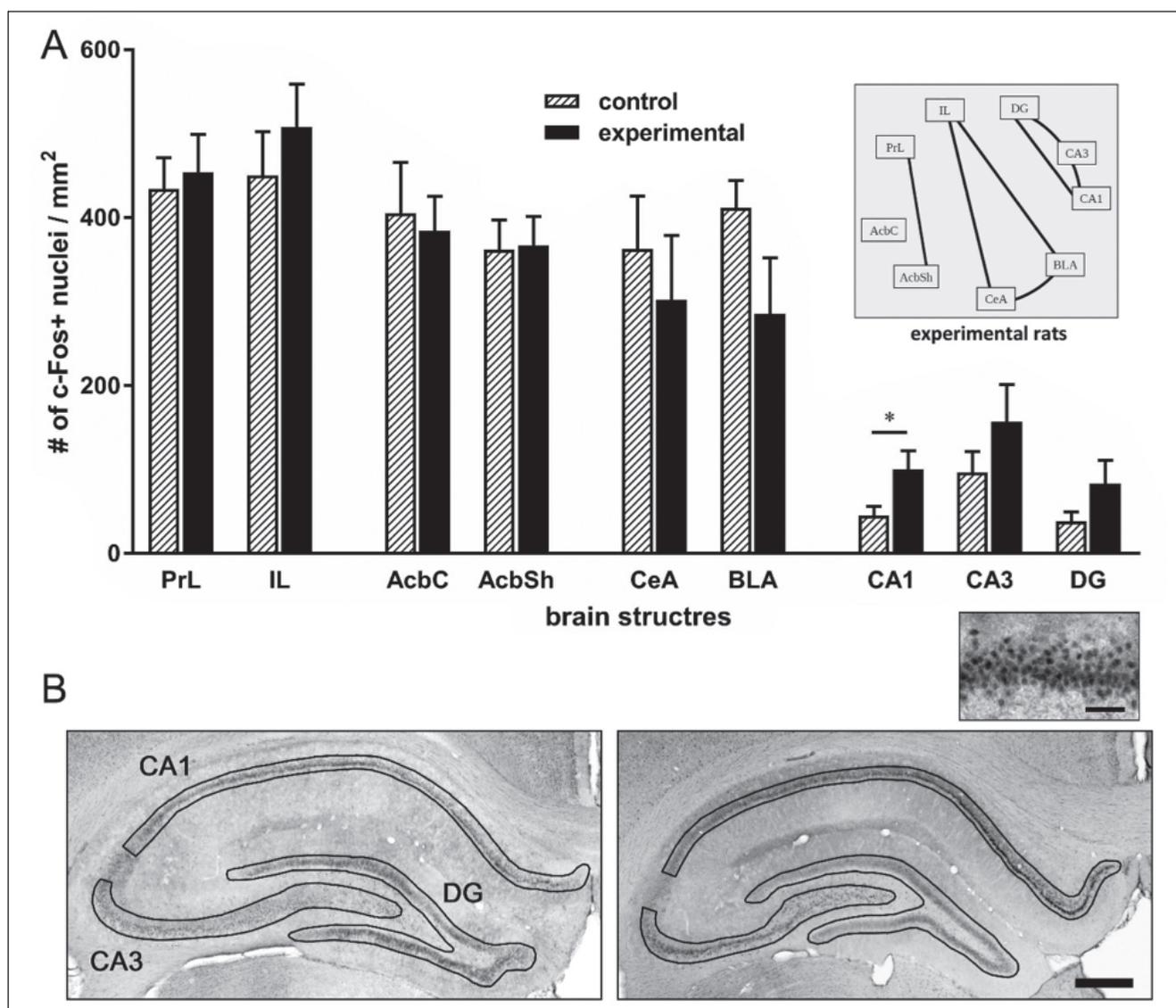


Fig. 2. (A) Mean (+SEM) number of c-Fos-positive nuclei per mm² in various brain structures, * $p<0.05$. Upper panel: network graph with significant positive correlations of c-Fos expression in the structures examined, in the experimental group (Spearman's $\rho\geq 0.78$, $p<0.05$). No significant correlations were found in the control group; BLA, the basolateral nucleus of the amygdala; CeA, the central nucleus of the amygdala; PrL the prelimbic cortex; IL, the infralimbic cortex; AcbSh, the shell of the nucleus accumbens; AcbC, the core of the nucleus accumbens. (B) Representative examples of c-Fos immunostaining of control (left) and experimental (right) rats, with CA1, CA3, and DG areas marked for analysis, bar=500 μ m, and a section of CA1 field (upper panel, bar=50 μ m).

most prevalent among short 22 kHz USV (22.6%), while multi-step (14.4%) and short USV (8.7%) were common within 50 kHz USV. Upward ramp, step up, step down, downward ramp, and inverted-U calls were present sporadically within both USV types.

For a number of short 22 kHz calls, there was no significant effect of session ($F_{(3,54)} = 0.48$, $p = 0.69$, ANOVA) nor any group difference during habituation sessions 1 ($U = 36.5$, $p = 0.30$), 2 ($U = 44$, $p = 0.64$), or 3 ($U = 30.5$, $p = 0.13$), nor during the test session ($U = 33$, $p = 0.19$, all Mann-Whitney U tests). Similarly, for a number of 50 kHz USV, there was no effect of session ($F_{(3,54)} = 0.18$, $p = 0.91$) and no group effects ($F_{(1,18)} = 0.94$, $p = 0.34$, ANOVA). However, when the number of nose-pokes that were accompanied by short 22 kHz USV (i.e., with the presence of ≥ 1 call within ± 30 s from a nose-poke) was analysed for the test session, there was a difference between the groups ($U = 24$, $p < 0.05$, Mann-Whitney U test). Of note, only up to one nose-poke was considered for a given USV call. Rats from the experimental group had significantly more (4.1 ± 1.2) such nose-pokes than the control animals (0.9 ± 0.3). Similarly, there was a difference between the groups regarding the number of nose-pokes accompanied by 50 kHz USV during test session ($U = 24.5$, $p < 0.05$, Mann-Whitney U test). Rats from the experimental group performed more nose-pokes (3.8 ± 1.2) than the controls (0.6 ± 0.4). Importantly, there was a higher proportion of USV associated with nose-pokes vs. all calls during the test session, emitted by the experimental rats (0.7 ± 0.2 ; 0.6 ± 0.2) than the control ones (0.2 ± 0.1 , $U = 20$, $p < 0.05$; 0.1 ± 0.1 , $U = 22.50$, $p < 0.05$; Mann-Whitney U tests; Fig. 1C) for both 22 and 50 kHz USV, respectively. This difference was not observed for flat and multi-step short 22 kHz USV, nor for flat calls within the 50 kHz range. However, the nose-pokes performed during the last (i.e., test) session that were accompanied with flat 50 kHz calls correlated positively with the number of c-Fos-positive nuclei in the CA1 region of the hippocampus ($r = 0.50$, $p < 0.05$). This correlation was stronger in the experimental group ($r = 0.84$, $p < 0.05$) and was not observed in the control rats.

Finally, since short 22 kHz USV and flat 50 kHz calls seemed to follow a similar pattern and were both associated with the test-session nose-pokes, we verified that there actually was strong correlation between the number of short 22 kHz USV and the number of all 50 kHz USV ($r = 0.75$, $p < 0.05$) and flat 50 kHz USV ($r = 0.65$, $p < 0.05$) for all rats during all four days. Also, the correlation between all 50 kHz and short 22 kHz USV was observed during the test session ($r = 0.69$, $p < 0.05$). The correlation between high-frequency calls and short low-frequency calls was observed by others during tickling experiments (Schwartz et al., 2007).

In our experiments, we explored the self-exposure paradigm, a remarkably simple and unique – though recently disregarded – model to investigate emotionality, motivation, and learning in rats. We showed that the ability to control experimental conditions increased the reaction ratio, since the rats, when allowed to turn off the light with a nose-poke, performed more nose-pokes than during the previous session as well as more often than the control animals.

The observed goal-directed behaviours were associated with increased c-Fos expression in hippocampal CA1. Moreover, the number of test-session nose-pokes accompanied with flat 50 kHz calls correlated positively with the concentration of c-Fos-positive nuclei in the CA1 of all animals and in the experimental group, in particular. Notably, our task has an alternation of the behavioural protocol within test session, which constitutes an element of novelty. The latter has been repeatedly associated with increased c-Fos protein and mRNA expression in the hippocampal formation (e.g. Handa et al., 1993; Albasser et al., 2010; Tanimizu et al., 2018), and CA1 in particular (Kerr et al., 1996; Jenkins et al., 2004; Bourgeois et al., 2012; Jaeger et al., 2018). A specific involvement of CA1 in novelty-processing was also confirmed by an analysis of firing rate of place cells (Larkin et al., 2014; Zheng et al., 2016; Xu et al., 2019; Duvelle et al., 2019), shifting of preferred theta phase (Manns et al., 2007; Lever et al., 2010), coherence of theta/gamma-related CA1-input (Penley et al., 2013; Zheng et al., 2016), induced LTD (Manahan-Vaughan and Braunewell, 1999; Kemp et al., 2013), profound variations in population firing (Valenti et al., 2018), as well as, expression of other immediate-early genes (e.g. Hoang et al., 2018).

The degree of hippocampal involvement has been reported to vary depending on the type of novelty (Eichenbaum et al., 2007; Winters et al., 2008). Similarly, selective CA1 induction of c-Fos expression was repeatedly associated with specific characteristics of novelty, including: environmental novelty (rather than environmental complexity, Van Elzaker et al., 2008), novel spatial arrangements of familiar objects (rather than exposure to novel objects, Zhu et al., 1995; 1996; Wan et al., 1999), and a modified version of the familiar environment (vs. exposure to a completely novel environment, Sheth et al., 2008).

Moreover, novelty, with its potential environmental significance, leads to memory formation. It was shown that, following repetitive learning, added novelty can lead to improved performance and hippocampal c-Fos expression (Nikolaev et al., 1992), as discussed in Javorski et al. (2018). Also, it was shown that separate prospective and retrospective modes exist in CA1; in particular, switching between the modes can possibly

prevent an interference between memory retrieval and encoding (Bieri et al., 2014). Similarly, hippocampal c-Fos-induction by triggering recognition memory occurs either in case of visual associative recognition (i.e., familiar items are reconfigured in a novel manner) or, as an exception, in the case of item recognition, but only when rats actively explore novel objects (Aggleton et al., 2012). The selective increase in c-Fos expression within CA1 subfield observed in our experiments could therefore be a result of a novel functional arrangement or reconfiguration of the nose-poke holes (i.e., added novel significance of a familiar object), which was actively explored and learned by the animals.

There was no difference in nuclear c-Fos expression between control and experimental groups in other investigated structures. This could be due to a very subtle type of stimulation, i.e., self-exposure, wherein the effects were compared to those of evoked stimulation experienced by control animals in the yoked group. It could also signify a crucial involvement of the CA1 field in this paradigm. However, several correlations of c-Fos expression in structures investigated were observed. Interestingly, statistically significant correlations at strong and very strong levels were observed only in the experimental group. These correlations (Spearman's rho coefficient, Fig. 2A), i.e., CA1 and CA3 ($p=0.88$), CA3 and DG ($p=0.85$), CA1 and DG ($p=0.78$), CeA and BLA ($p=0.92$), PrL and AcbSh ($p=0.81$), CeA and IL ($p=0.80$), as well as BLA and IL ($p=0.80$), might reflect an involvement of coordinated activity of those structures in the investigated behaviours. Several of these pairs include substructures of bigger anatomical formations, i.e., the amygdala (CeA and BLA) and the hippocampus (CA1, CA3, and DG), and their coordinated activation might reflect the overall contribution of a given structure in the self-exposure paradigm involving memory function (Squire 1992) and spatial representation (Moser et al., 2008), as well as, processing of emotions and storing the emotional aspects of memories (Knapska et al., 2007), respectively.

Other correlations involved the prefrontal cortex (PFC) which includes PrL and IL and exerts control of sensory and affective behaviours by active projections to other cortical and subcortical regions. Some PFC projections target the nucleus accumbens, a central node of reward circuitry, which is known for translating motivation into action (Klawonn and Malenka, 2019) and plays a role in several brain functions, including pain responses (Zhou et al., 2018), reward (Balleine 2005, Klawonn and Malenka, 2019), instrumental learning (Britt et al., 2012), and decision making (Walton et al., 2002).

Historically, intensely studied connections between the PFC and nucleus accumbens linked mainly PrL and AcbC. This circuit has shown to be involved in strategy switching (Cui et al., 2018), drug-seeking (Stefanik et al.,

2016), social behaviours (Murugan et al., 2017) and, foremost, pain sensitivity (Lee et al., 2015; Martinez et al., 2017; Zhou et al., 2018). However, PrL exhibits dense direct projections to the AcbSh as well (Sesack et al., 1989; Ding et al., 2001; Vertes, 2004; Gabbott et al., 2005). These connections have been shown to be a part of a distinct circuit that also involves the medial ventral pallidum and the medial subdivision of the mediodorsal nucleus (O'Donnell et al., 1997; Groenewegen et al., 1999; Vertes, 2004). A role of this circuit in cognition, especially in working memory, has been postulated (Vertes, 2004), with PrL largely involved in the formation of response-outcome associations and reward prediction (Hart et al., 2014, Klawonn and Malenka, 2019) and AcbSh modulating risk-based decision making during instrumental learning (Stopper and Floresco, 2011). Optogenetic stimulations of AcbSh has also been shown to reinforce instrumental behaviour in mice (Britt et al., 2012). Finally, neural activity in AcbSh has been proposed to be particularly sensitive to conditions involving cognitive processing related to novelty (Stopper and Floresco, 2011).

The other part of the PFC, IL, appears to be functionally connected with two parts of the amygdala, i.e., CeA and BLA, during the self-exposure task. The amygdala is the key forebrain structure mediating inborn and acquired emotional responses, as well as, processing, interpreting, and integrating various aspects of biologically and/or emotionally relevant information (Knapska et al., 2007). There are direct IL–CeA, IL–BLA connections (Vertes, 2004; Knapska et al., 2007). In general, elevated PFC activity is correlated with decreased amygdala activity during tasks that require cognitive appraisal or regulation of emotion (summarised in Selleck et al., 2018), which was shown for both PrL and IL impacting BLA most likely through inhibitory intermediates, such as GABAergic interneurons. Further, the most prominent target of PrL and IL axons appears to be the BLA's anterior basal nucleus, wherein stimulation in either pathway evokes monosynaptic excitation and feedforward inhibition in BLA principal neurons (Arruda-Carvalho and Clem, 2014; 2015). It is postulated that this restrictive relationship between PFC and BLA activity can guide or regulate the expression of anxiety and fear (Selleck et al., 2018). However, others argue that the basomedial amygdala (BMA), involved in differentiating safe and aversive environments, represents the major target of PFC, especially IL, and mediates control of anxiety and fear (Adhikari et al., 2015). Interestingly, prominent BMA innervation was also visible in IL (Adhikari et al., 2015). Also, IL sends projections to CeA (Vertes, 2004). Of note, the amygdalar basolateral group is composed of the lateral, basal (together forming BLA), and BMA nuclei. This group is characterised by not only substantial interconnections with the neocortex but also within the group (Petrovich et al.,

1996; Knapska et al., 2007). In conclusion, in the self-exposure paradigm, there may be some cortical inhibition of amygdala-driven emotional reactions, i.e., inhibition of amygdalar activity by the cortex.

Finally, we show a connection between stimulus-seeking and the emission of both flat 50 kHz and short 22 kHz USV. The function of the latter is still not determined. It is generally accepted that rats emit USV in the 22 kHz range in response to negative stimuli (Brudzynski et al., 1993; 2007; Portfors, 2007; Kromkhun et al., 2013; Simola, 2015), see however Bialy et al. (2016). These USV can be further divided into long calls to signal external danger, and short ones that were proposed to express a state of discomfort without external danger (Brudzynski 2015). However, rats that self-administered binges of cocaine (Barker et al., 2010) and experienced tickling (Schwartz et al., 2007) were observed to emit short 22 kHz USV, which is not in agreement with the hypothesis of a strictly aversive role of the short calls. To the best of our knowledge, we are the first to observe this type of USV in a neutral behavioural context. Also, different types of frequency modulated 50 kHz USV have not been assigned with a clear behavioural function, although there is growing evidence of some possible assignments. For example, 50 kHz trills appear particularly in highly rewarding situations (Wright et al., 2012; Mulvihill and Brudzynski, 2018; Simola and Costa, 2018; Willadsen et al., 2018), while flat 50 kHz calls are recorded in more neutral settings (Burgdorf et al., 2008; 2011; Wöhr et al., 2008), such as in our behavioural paradigm. Notably, novelty induces dopamine release in the hippocampus, triggering memory consolidation to boost memory persistence due to activation of dopamine receptors in CA1-CA3 and DG regions (Duszkiewicz et al., 2019). This can also manifest itself in the emission of typically reward-evoked USV.

In conclusion, active and voluntary switching off of lights by rats was accompanied by an increase in *c-Fos* expression in the hippocampal CA1 region and coordinated activity of several other structures. Together, these results indicate the complexity of the studied behaviour and suggest a key role of several elements as, among others, novelty, with a novel arrangement of familiar objects, (spatial) learning, regulation of emotional reaction, reward assessment, and USV emission.

ACKNOWLEDGEMENTS

This study was funded by the National Science Centre, Poland, grant PRELUDIUM/2011/01/N/HS6/04086. We would like to thank Leszek Kaczmarek, Ewelina Knapska, and Marta Wiśniewska as well as Laboratory of Advanced Microscopy Techniques at Mossakowski Medical

Research Centre for allowing us to use their equipment. Authors were also supported by University of Economics and Human Sciences in Warsaw statutory funds.

REFERENCES

- Adhikari A, Lerner TN, Finkelstein J, Pak S, Jennings JH, Davidson TJ, Ferenczi E, Gunaydin LA, Mirzabekov JJ, Ye L, Kim SY, Lei A, Deisseroth K (2015) Basomedial amygdala mediates top-down control of anxiety and fear. *Nature* 527: 179–185.
- Aggleton JP, Brown MW, Albasser MM (2012) Contrasting brain activity patterns for item recognition memory and associative recognition memory: insights from immediate-early gene functional imaging. *Neuropsychologia* 50: 3141–3155.
- Albasser MM, Chapman RJ, Amin E, Iordanova MD, Vann SD, Aggleton JP (2010) New behavioral protocols to extend our knowledge of rodent object recognition memory. *Learn Mem* 17: 407–419.
- Arruda-Carvalho M, Clem RL (2014) Pathway-selective adjustment of prefrontal-amygdala transmission during fear encoding. *J Neurosci* 34: 15601–15609.
- Arruda-Carvalho M, Clem RL (2015) Prefrontal-amygdala fear networks come into focus. *Front Syst Neurosci* 9: 145.
- Balleine BW (2005) Neural bases of food-seeking: affect, arousal and reward in corticostriatolimbic circuits. *Physiol Behav* 86: 717–730.
- Barker DJ, Root DH, Ma S, Jha S, Megehee L, Pawlak AP, West MO (2010) Dose-dependent differences in short ultrasonic vocalizations emitted by rats during cocaine self-administration. *Psychopharmacology* 211: 435–442.
- Barker DJ, Simmons SJ, Servilio LC, Bercovicz D, Ma S, Root DH, Pawlak AP, West MO (2014) Ultrasonic vocalizations: evidence for an affective opponent process during cocaine self-administration. *Psychopharmacology* 231: 909–918.
- Barker DJ, Simmons SJ, West MO (2015) Ultrasonic vocalizations as a measure of affect in preclinical models of drug abuse: a review of current findings. *Curr Neuropharmacol* 13: 193–210.
- Bialy M, Bogacki-Rychlik W, Kasarello K, Nikolaev E, Sajdel-Sulkowska EM (2016) Modulation of 22-kHz postejaculatory vocalizations by conditioning to new place: Evidence for expression of a positive emotional state. *Behav Neurosci* 130: 415–421.
- Bieri KW, Bobbitt KN, Colgin LL (2014) Slow and fast gamma rhythms coordinate different spatial coding modes in hippocampal place cells. *Neuron* 82: 670–681.
- Bourgeois JP, Meas-Yeadid V, Lesourd AM, Faure P, Pons S, Maskos U, Changeux JP, Olivo-Marin JC, Granon S (2012) Modulation of the mouse prefrontal cortex activation by neuronal nicotinic receptors during novelty exploration but not by exploration of a familiar environment. *Cereb Cortex* 22: 1007–1015.
- Britt JP, Benaliouad F, McDevitt RA, Stuber GD, Wise RA, Bonci A (2012) Synaptic and behavioral profile of multiple glutamatergic inputs to the nucleus accumbens. *Neuron* 76: 790–803.
- Brudzynski SM, Bihari F, Ociepa D, Fu XW (1993) Analysis of 22 kHz ultrasonic vocalization in laboratory rats: long and short calls. *Physiol Behav* 54: 215–221.
- Brudzynski SM (2007) Ultrasonic calls of rats as indicator variables of negative or positive states: acetylcholine-dopamine interaction and acoustic coding. *Behav Brain Res* 182: 261–273.
- Brudzynski SM (2013) Ethotransmission: communication of emotional states through ultrasonic vocalization in rats. *Curr Opin Neurobiol* 23: 310–317.
- Brudzynski SM (2015) Pharmacology of ultrasonic vocalizations in adult rats: significance, call classification and neural substrate. *Curr Neuropharmacol* 13: 180–192.

- Burgdorf J, Kroes RA, Moskal JR, Pfaus JG, Brudzynski SM, Panksepp J (2008) Ultrasonic vocalizations of rats (*Rattus norvegicus*) during mating, play, and aggression: Behavioral concomitants, relationship to reward, and self-administration of playback. *J Comp Psychol* 122: 357–367.
- Burgdorf J, Panksepp J, Moskal JR (2011) Frequency-modulated 50 kHz ultrasonic vocalizations: a tool for uncovering the molecular substrates of positive affect. *Neurosci Biobehav Rev* 35: 1831–1836.
- Comba R, Gervais N, Mumby D, Holahan M (2015) Emergence of spatial behavioral function and associated mossy fiber connectivity and c-Fos labeling patterns in the hippocampus of rats. *F1000Res* 4: 396.
- Cui Q, Li Q, Geng H, Chen L, Ip NY, Ke Y, Yung WH (2018) Dopamine receptors mediate strategy abandoning via modulation of a specific prelimbic cortex-nucleus accumbens pathway in mice. *Proc Natl Acad Sci* 115: E4890–E4899.
- Ding DC, Gabbott PL, Totterdell S (2001) Differences in the laminar origin of projections from the medial prefrontal cortex to the nucleus accumbens shell and core regions in the rat. *Brain Res* 917: 81–89.
- Duszkiewicz AJ, McNamara CG, Takeuchi T, Genzel L (2019) Novelty and dopaminergic modulation of memory persistence: a tale of two systems. *Trends Neurosci* 42: 102–114.
- Duvelle E, Grieves RM, Hok V, Poucet B, Arleo A, Jeffery K, Save E (2019) Insensitivity of place cells to the value of spatial goals in a two-choice flexible navigation task. *J Neurosci* 39: 2522–2541.
- Eichenbaum H, Yonelinas AP, Ranganath C (2007) The medial temporal lobe and recognition memory. *Annu Rev Neurosci* 30: 123–152.
- Farley D, Matysiak J (2008) The effect of stressor level grading on the stimulus seeking behavior of rats differing in emotional reactivity. *Polish Psychological Bulletin* 39: 98–103.
- Filipkowski RK, Rydz M, Berdel B, Morys J, Kaczmarek L (2000) Tactile experience induces c-fos expression in rat barrel cortex. *Learn Mem* 7: 116–122.
- Filipkowski RK, Rydz M, Kaczmarek L (2001) Expression of c-Fos, Fos B, Jun B, and Zif268 transcription factor proteins in rat barrel cortex following apomorphine-evoked whisking behavior. *Neuroscience* 106: 679–688.
- Gabbott PL, Warner TA, Jays PR, Salway P, Busby SJ (2005) Prefrontal cortex in the rat: projections to subcortical autonomic, motor, and limbic centers. *J Comp Neurol* 492: 145–177.
- Groenewegen HJ, Galis-de Graaf Y, Smeets WJ (1999) Integration and segregation of limbic cortico-striatal loops at the thalamic level: an experimental tracing study in rats. *J Chem Neuroanat* 16: 167–185.
- Handa RJ, Nunley KM, Bollnow MR (1993) Induction of c-fos mRNA in the brain and anterior pituitary gland by a novel environment. *Neuroreport* 4: 1079–1082.
- Hart G, Leung BK, Balleine BW (2014) Dorsal and ventral streams: the distinct role of striatal subregions in the acquisition and performance of goal-directed actions. *Neurobiol Learn Mem* 108: 104–118.
- Hess US, Lynch G, Gall CM (1995) Regional patterns of c-fos mRNA expression in rat hippocampus following exploration of a novel environment versus performance of a well-learned discrimination. *J Neurosci* 15: 7796–7809.
- Hoang TH, Aliane V, Manahan-Vaughan D (2018) Novel encoding and updating of positional, or directional, spatial cues are processed by distinct hippocampal subfields: Evidence for parallel information processing and the “what” stream. *Hippocampus* 28: 315–326.
- Jaeger BN, Linker SB, Parylak SL, Barron JJ, Gallina IS, Saavedra CD, Fitzpatrick C, Lim CK, Schafer ST, Lacar B, Jessberger S, Gage FH (2018) A novel environment-evoked transcriptional signature predicts reactivity in single dentate granule neurons. *Nat Commun* 9: 3084.
- Jaworski J, Biedermann IW, Lapinska J, Szklarczyk A, Figiel I, Konopka D, Nowicka D, Filipkowski RK, Hetman M, Kowalczyk A, Kaczmarek L (1999) Neuronal excitation-driven and AP-1-dependent activation of tissue inhibitor of metalloproteinases-1 gene expression in rodent hippocampus. *J Biol Chem* 274: 28106–28112.
- Jaworski J, Kalita K, Knapka E (2018) c-Fos and neuronal plasticity: the aftermath of Kaczmarek's theory. *Acta Neurobiol Exp* 78: 287–296.
- Jenkins TA, Amin E, Pearce JM, Brown MW, Aggleton JP (2004) Novel spatial arrangements of familiar visual stimuli promote activity in the rat hippocampal formation but not the parahippocampal cortices: a c-fos expression study. *Neuroscience* 124: 43–52.
- Kaminska B, Filipkowski RK, Biedermann IW, Konopka D, Nowicka D, Hetman M, Dabrowski M, Gorecki DC, Lukasiuk K, Szklarczyk AW, Kaczmarek L (1997) Kainate-evoked modulation of gene expression in rat brain. *Acta Biochim Pol* 44: 781–789.
- Kemp A, Tischmeyer W, Manahan-Vaughan D (2013) Learning-facilitated long-term depression requires activation of the immediate early gene, c-fos, and is transcription dependent. *Behav Brain Res* 254: 83–91.
- Kerr JE, Beck SG, Handa RJ (1996) Androgens selectively modulate C-fos messenger RNA induction in the rat hippocampus following novelty. *Neuroscience* 74: 757–766.
- Kinnavane L, Amin E, Horne M, Aggleton JP (2014) Mapping parahippocampal systems for recognition and recency memory in the absence of the rat hippocampus. *Eur J Neurosci* 40: 3720–3734.
- Klawonn AM, Malenka RC (2019) Nucleus accumbens modulation in reward and aversion. *Cold Spring Harb Symp Quant Biol* 83: 1–11.
- Knapka E, Walasek G, Nikolaev E, Neuhauser-Wespy F, Lipp HP, Kaczmarek L, Werka T (2006) Differential involvement of the central amygdala in appetitive versus aversive learning. *Learn Mem* 13: 192–200.
- Knapka E, Radwanska K, Werka T, Kaczmarek L (2007) Functional internal complexity of amygdala: focus on gene activity mapping after behavioral training and drugs of abuse. *Physiol Rev* 87: 1113–1173.
- Kromkhun P, Katou M, Hashimoto H, Terada M, Moon C, Saito TR (2013) Quantitative and qualitative analysis of rat pup ultrasonic vocalization sounds induced by a hypothermic stimulus. *Lab Anim Res* 29: 77–83.
- Larkin MC, Lykken C, Tye LD, Wickelgren JG, Frank LM (2014) Hippocampal output area CA1 broadcasts a generalized novelty signal during an object-place recognition task. *Hippocampus* 24: 773–783.
- Lee M, Manders TR, Eberle SE, Su C, D'Amour J, Yang R, Lin HY, Deisseroth K, Froemke RC, Wang J (2015) Activation of corticostriatal circuitry relieves chronic neuropathic pain. *J Neurosci* 35: 5247–5259.
- Lever C, Burton S, Jeewajee A, Wills TJ, Cacucci F, Burgess N, O'Keefe J (2010) Environmental novelty elicits a later theta phase of firing in CA1 but not subiculum. *Hippocampus* 20: 229–234.
- Manahan-Vaughan D, Braunewell KH (1999) Novelty acquisition is associated with induction of hippocampal long-term depression. *Proc Natl Acad Sci* 96: 8739–8744.
- Manns JR, Zilli EA, Ong KC, Hasselmo ME, Eichenbaum H (2007) Hippocampal CA1 spiking during encoding and retrieval: relation to theta phase. *Neurobiol Learn Mem* 87: 9–20.
- Martinez E, Lin HH, Zhou H, Dale J, Liu K, Wang J (2017) Corticostriatal regulation of acute pain. *Front Cell Neurosci* 11: 146.
- Matysiak J (1978) Exposition of visual stimuli in an aversive situation and self-exposure to light in rats. *Pavlov J Biol Sci* 13: 151–153.
- Mohammed AH, Zhu SW, Darmopil S, Hjerling-Leffler J, Ernfors P, Winblad B, Diamond MC, Eriksson PS, Bogdanovic N (2002) Environmental enrichment and the brain. *Prog Brain Res* 138: 109–133.
- Moser EI, Kropff E, Moser MB (2008) Place cells, grid cells, and the brain's spatial representation system. *Annu Rev Neurosci* 31: 69–89.
- Mulvihill KG, Brudzynski SM (2018) Non-pharmacological induction of rat 50kHz ultrasonic vocalization: Social and non-social contexts differentially induce 50 kHz call subtypes. *Physiol Behav* 196: 200–207.
- Mun HS, Saab BJ, Ng E, McGirr A, Lipina TV, Gondo Y, Georgiou J, Roder JC (2015) Self-directed exploration provides a Ncs1-dependent learning bonus. *Sci Rep* 5: 17697.
- Murugan M, Jang HJ, Park M, Miller EM, Cox J, Taliaferro JP, Parker NF, Bhavé V, Hur H, Liang Y, Nectow AR, Pillow JW, Witten IB (2017) Combined social and spatial coding in a descending projection from the prefrontal cortex. *Cell* 171: 1663–1677.
- Nikolaev E, Werka T, Kaczmarek L (1992) C-fos protooncogene expression in rat brain after long-term training of two-way active avoidance reaction. *Behav Brain Res* 48: 91–94.

- O'Donnell P, Lavin A, Enquist LW, Grace AA, Card JP (1997) Interconnected parallel circuits between rat nucleus accumbens and thalamus revealed by retrograde transynaptic transport of pseudorabies virus. *J Neurosci* 17: 2143–2167.
- Osinski J, Matysiak J (2008) The effects of handling on the exploratory activity of rats in settings varying in level of sensory stimulation. *Polish Psychological Bulletin* 39: 89–97.
- Paxinos G, Watson C (2007) *The rat brain in stereotaxic coordinates*, 6th edition, Academic Press.
- Penley SC, Hinman JR, Long LL, Markus EJ, Escabi MA, Chrobak JJ (2013) Novel space alters theta and gamma synchrony across the longitudinal axis of the hippocampus. *Front Syst Neurosci* 7: 20.
- Petrovich GD, Risold PY, Swanson LW (1996) Organization of projections from the basomedial nucleus of the amygdala: a PHAL study in the rat. *J Comp Neurol* 374: 387–420.
- Portfors CV (2007) Types and functions of ultrasonic vocalizations in laboratory rats and mice. *J Am Assoc Lab Anim Sci* 46: 28–34.
- Schwarting RK, Jegan N, Wohr M (2007) Situational factors, conditions and individual variables which can determine ultrasonic vocalizations in male adult Wistar rats. *Behav Brain Res* 182: 208–222.
- Selleck RA, Zhang W, Samberg HD, Padiwal M, Rosenkranz JA (2018) Limited prefrontal cortical regulation over the basolateral amygdala in adolescent rats. *Sci Rep* 8: 17171.
- Sesack SR, Deutch AY, Roth RH, Bunney BS (1989) Topographical organization of the efferent projections of the medial prefrontal cortex in the rat: an anterograde tract-tracing study with Phaseolus vulgaris leucoagglutinin. *J Comp Neurol* 290: 213–242.
- Sheth A, Berretta S, Lange N, Eichenbaum H (2008) The amygdala modulates neuronal activation in the hippocampus in response to spatial novelty. *Hippocampus* 18: 169–181.
- Simola N (2015) Rat ultrasonic vocalizations and behavioral neuropharmacology: from the screening of drugs to the study of disease. *Curr Neuropharmacol* 13: 164–179.
- Simola N, Costa G (2018) Emission of categorized 50-kHz ultrasonic vocalizations in rats repeatedly treated with amphetamine or apomorphine: Possible relevance to drug-induced modifications in the emotional state. *Behav Brain Res* 347: 88–98.
- Squire LR (1992) *Memory and the hippocampus: a synthesis from findings with rats, monkeys, and humans*. *Psychol Rev* 99: 195–231.
- Stefanik MT, Kupchik YM, Kalivas PW (2016) Optogenetic inhibition of cortical afferents in the nucleus accumbens simultaneously prevents cue-induced transient synaptic potentiation and cocaine-seeking behavior. *Brain Struct Funct* 221: 1681–1689.
- Stopper CM, Floresco SB (2011) Contributions of the nucleus accumbens and its subregions to different aspects of risk-based decision making. *Cogn Affect Behav Neurosci* 11: 97–112.
- Tanimizu T, Kono K, Kida S (2018) Brain networks activated to form object recognition memory. *Brain Res Bull* 141: 27–34.
- Turner CA, Yang MC, Lewis MH (2002) Environmental enrichment: effects on stereotyped behavior and regional neuronal metabolic activity. *Brain Res* 938: 15–21.
- Valenti O, Mikus N, Klausberger T (2018) The cognitive nuances of surprising events: exposure to unexpected stimuli elicits firing variations in neurons of the dorsal CA1 hippocampus. *Brain Struct Funct* 223: 3183–3211.
- Van Elzacker M, Fevurly RD, Breindel T, Spencer RL (2008) Environmental novelty is associated with a selective increase in Fos expression in the output elements of the hippocampal formation and the perirhinal cortex. *Learn Mem* 15: 899–908.
- Vertes RP (2004) Differential projections of the infralimbic and prelimbic cortex in the rat. *Synapse* 51: 32–58.
- Walton ME, Bannerman DM, Rushworth MF (2002) The role of rat medial frontal cortex in effort-based decision making. *J Neurosci* 22: 10996–11003.
- Wan H, Aggleton JP, Brown MW (1999) Different contributions of the hippocampus and perirhinal cortex to recognition memory. *J Neurosci* 19: 1142–1148.
- Willadsen M, Best LM, Wohr M, Clarke PBS (2018) Effects of anxiogenic drugs on the emission of 22- and 50-kHz ultrasonic vocalizations in adult rats. *Psychopharmacology* 235: 2435–2445.
- Winters BD, Saksida LM, Bussey TJ (2008) Object recognition memory: neurobiological mechanisms of encoding, consolidation and retrieval. *Neurosci Biobehav Rev* 32: 1055–1070.
- Wohr M, Houx B, Schwarting RK, Spruijt B (2008) Effects of experience and context on 50-kHz vocalizations in rats. *Physiol Behav* 93: 766–776.
- Wright JM, Gourdon JC, Clarke PB (2010) Identification of multiple call categories within the rich repertoire of adult rat 50-kHz ultrasonic vocalizations: effects of amphetamine and social context. *Psychopharmacology* 211: 1–13.
- Wright JM, Dobosiewicz MR, Clarke PB (2012) alpha- and beta-Adrenergic receptors differentially modulate the emission of spontaneous and amphetamine-induced 50-kHz ultrasonic vocalizations in adult rats. *Neuropsychopharmacology* 37: 808–821.
- Xu H, Baracska P, O'Neill J, Csicsvari J (2019) Assembly responses of hippocampal CA1 place cells predict learned behavior in goal-directed spatial tasks on the radial eight-arm maze. *Neuron* 101: 119–132.
- Zheng C, Bieri KW, Hwaun E, Colgin LL (2016) Fast gamma rhythms in the hippocampus promote encoding of novel object-place pairings. *eNeuro* 3: 1–19.
- Zhou H, Martinez E, Lin HH, Yang R, Dale JA, Liu K, Huang D, Wang J (2018) Inhibition of the prefrontal projection to the nucleus accumbens enhances pain sensitivity and affect. *Front Cell Neurosci* 12: 240.
- Zhu XO, Brown MW, McCabe BJ, Aggleton JP (1995) Effects of the novelty or familiarity of visual stimuli on the expression of the immediate early gene c-fos in rat brain. *Neuroscience* 69: 821–829.
- Zhu XO, McCabe BJ, Aggleton JP, Brown MW (1996) Mapping visual recognition memory through expression of the immediate early gene c-fos. *Neuroreport* 7: 1871–1875.