# Duration of classicality of an inhomogeneous quantum field with repulsive contact self-interactions

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Quantum fields with large degeneracy are often approximated as classical fields. Here, we show how the quantum and classical evolution of a highly degenerate quantum field with repulsive contact self-interactions differ from each other. Initially, the field is taken to be homogeneous except for a small plane-wave perturbation in only one mode. In quantum field theory, modes satisfying both momentum and energy conservation of the quasiparticles, grow exponentially with time. However, in the classical field approximation, the system is stable. We calculate the time scale after which the classical field description becomes invalid.

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#### I. INTRODUCTION

The duration of classicality  $t_{\rm cl}$  is the longest time for which the dynamics of a quantum system can be accurately approximated by the dynamics of an analogous classical system. Consider the following generic Hamiltonian:

$$H = \sum_{j} \omega_j a_j^{\dagger} a_j + \sum_{jklm} \frac{1}{4} \Lambda_{jk}^{lm} a_j^{\dagger} a_k^{\dagger} a_l a_m, \qquad (1.1)$$

where  $[a_i, a_j^{\dagger}] = \delta_{ij}$ . For example, we can think of the indices j, k, l, m as labels for the modes of a self-interacting bosonic quantum field. The time evolution of this system is determined by the Heisenberg equations of motion

$$i\dot{a}_j = \omega_j a_j + \sum_{klm} \frac{1}{2} \Lambda_{jk}^{lm} a_k^{\dagger} a_l a_m. \tag{1.2}$$

The analogous classical system is defined as the one that obeys the equations

$$i\dot{A}_j = \omega_j A_j + \sum_{klm} \frac{1}{2} \Lambda_{jk}^{lm} A_k^* A_l A_m. \tag{1.3}$$

Equations (1.2) and (1.3) have the same structure and the same coefficients, the only difference being that each  $A_j$  is a complex function, rather than an operator.

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Under what circumstances, and for how long, will Eqs. (1.2) and (1.3) make similar predictions? Let us focus on the expectation value of the occupation number operators  $\langle \mathcal{N}_i(t) \rangle = \langle \Psi | a_i^{\dagger}(t) a_i(t) | \Psi \rangle$  and compare them to their classical counterparts  $N_i(t) = A_i^*(t)A_i(t)$ . The answer to the question above of course depends on the state of the quantum system  $|\Psi\rangle$ . One might think that sufficient requirements for the classical and quantum evolutions to resemble each other are the occupation of the quantum oscillators being initially high, i.e.,  $\langle \mathcal{N}_i(0) \rangle \gg 1$ , and the fluctuations around  $\langle \mathcal{N}_i(0) \rangle$  being initially much smaller than  $\langle \mathcal{N}_i(0) \rangle$  itself. If that were true, one could choose initial conditions such that  $\langle \mathcal{N}_i(0) \rangle \approx N_i(0)$ , and trust that the quantum and classical equations will make similar predictions for an indefinitely long time, up to small corrections. Perhaps, this assumption stems from the notion that a highly occupied quantum harmonic oscillator behaves essentially as a classical harmonic oscillator. However, the presence of interactions plays a crucial role.

As was shown in Ref. [1], even in the high-occupancy regime, the classical approximation for a system of interacting quantum harmonic oscillators in general becomes invalid after a time  $t_{\rm cl}$ , which is at most equal to the

<sup>&</sup>lt;sup>1</sup>For large  $\langle \mathcal{N}_j(0) \rangle$ , one such state is a coherent state. Coherent states saturate the Heisenberg uncertainty principle and are thus often called the "most classical" states. However, it was shown in Ref. [1] through a toy model simulation that, in the presence of interactions, the evolution of  $\langle \mathcal{N}_j(t) \rangle$  differs from the classical evolution even when the expectation value is taken over a coherent state.

thermalization time scale of the quantum system  $\tau$ multiplied by a factor of log(N), where N is the total number of quanta in the system. Intuitively, it can be easily understood that there must be a relation between  $t_{cl}$ and  $\tau$ : the thermal distribution is different in the quantum and classical cases, being either a Bose-Einstein (or a Fermi-Dirac) distribution, or a Maxwell-Boltzmann distribution. If a system in the thermodynamic limit is initially out of equilibrium, as time goes by, interactions will drive it towards the corresponding thermal distribution, while in the absence of interactions thermal equilibrium cannot be attained. It is then natural that in the presence of interactions a quantum system and its classical analogue will differ more and more as they approach equilibrium. In particular, the quantummechanical treatment allows for the presence of a Bose-Einstein condensate (BEC), while in the classical treatment a BEC cannot form, unless an artificial cutoff is introduced to remove high-momentum modes from the theory [2].

Inspecting Eqs. (1.2) and (1.3), we can identify which characteristics make their predictions diverge. The most obvious difference is that Eq. (1.2) is an operator equation while Eq. (1.3) is not. The second difference is that Eq. (1.2) allows for the process  $l + m \rightarrow j + k$  to happen even if both final states are empty, while such a process is not allowed by Eq. (1.3). In the noninteracting case,  $\Lambda_{ik}^{lm}=0$ , these differences are not relevant, as both equations are linear and thus the operators  $a_i(t)$  and the amplitudes  $A_i(t)$  have the same time dependence. This implies that, if  $\langle \mathcal{N}_j(t) \rangle = N_j(t)$  initially, it will always be so. In this case  $t_{cl}$  is infinite. Despite its simplicity, the noninteracting case has a wide variety of interesting phenomenology, such as interference, beats, parametric resonance and all the phenomena characteristic to noninteracting waves. On the other hand, if  $\Lambda_{jk}^{lm} \neq 0$ , both differences are at play. In general, the operator nature of Eq. (1.2) will be mainly responsible for the departure of the quantum description from the classical one (see Ref. [1]). There is, however, a special set of initial states for which the second difference dominates, at least at initial times. In those states, the distribution of energy is such that the classical evolution cannot proceed, i.e.,  $\dot{N}_j = 0$  for all j, on time scales  $\lesssim t_{\rm cl}$ . In this work, we consider such an initial state.

In the present paper, we seek to compare the time evolution of a quantum system governed by the quantum version of the Schrödinger-Gross-Pitaevskii (SGP) equation

$$i\partial_t \psi = -\frac{1}{2m} \nabla^2 \psi + \frac{\lambda}{8m^2} \psi^{\dagger} \psi^2, \qquad (1.4)$$

with that of a classical system governed by the classical SGP equation

$$i\partial_t \Psi = -\frac{1}{2m} \nabla^2 \Psi + \frac{\lambda}{8m^2} |\Psi|^2 \Psi, \qquad (1.5)$$

where the field operator  $\psi(\vec{x},t)$  is replaced by the classical field  $\Psi(\vec{x},t)$ . Equation (1.4) describes, for example, the evolution of a classical real scalar field with contact self-interactions in the nonrelativistic limit. We focus on the case of repulsive contact interactions,  $\lambda > 0$ .

The quantum treatment of the SGP equation in the case of a homogeneous field at rest was first developed by Bogoliubov [3]. If the interactions are repulsive, such a homogeneous field is stable: the occupation of highermomentum modes does not grow with time. In this work, we extend Bogoliubov's treatment to the case of an inhomogeneous field. We consider a particular solution of the linearized classical SGP equation, constituted by a zero-momentum background plus a plane-wave perturbation of momentum  $\vec{p}$ . As will be shown, this solution gets corrections when the full nonlinear classical equation is taken into account, but these corrections only become important on time scales longer than  $t_{cl}$ , unless p is sufficiently small. In the quantum description, we find that quanta leave the  $\vec{0}$  and  $\vec{p}$  modes in pairs at an exponential rate by parametric resonance, and occupy modes with momentum within an instability window. After a time  $t_{\rm cl}$ , most quanta have jumped out of the  $\vec{0}$  and  $\vec{p}$  modes.

Similar calculations were carried out in Ref. [4] in view of applications to axion dark matter. In Ref. [4], the quantum treatment of the initial time evolution of homogeneous fields was given for the cases of attractive contact interactions and for gravitational self-interactions. In both cases, an estimate for  $t_{\rm cl}$  was provided. This work is the first step in the study of  $t_{\rm cl}$  for inhomogeneous fields. Here, we find that the introduction of inhomogeneities reduces the duration of classicality from being infinite to being finite. However, a full understanding of the topic requires further work.

Whether quantum corrections are important for axion dark matter is still under debate. In the literature, the axion field is usually treated classically [5–19], with few exceptions [20,21]. Other authors [22] have investigated the issue of the duration of classicality, using an approach different than ours.

The discussion presented here is also relevant to the description of Bose-Einstein condensates of ultracold atomic gases, whose interatomic interactions can be modeled as point-contact interactions [23,24]. It has been experimentally observed (see Ref. [25] for a review) that, when two such condensates overlap, interference patterns appear. Based on the results obtained here, we expect that the interference pattern will tend to be smeared out by quantum effects on time scales of order  $t_{\rm cl}$  because quanta jump to all modes with momentum within the instability window causing the interference pattern to become more

blurry. We reserve a detailed discussion of this topic for future work.

This paper is structured as follows. In Sec. II, we solve the SGP equation to linear order and estimate under what conditions this solution persists longer than  $t_{\rm cl}$ . In Sec. III, we solve the linearized Heisenberg equations of motion and obtain an analytical expression for  $t_{\rm cl}$ .

#### II. CLASSICAL BEHAVIOR

Using the notation  $\Psi(\vec{x},t) = |\Psi(\vec{x},t)|e^{i\theta(\vec{x},t)}$  and defining the variables

$$n(\vec{x}, t) = |\Psi(\vec{x}, t)|^2,$$
 (2.1)

$$\vec{v}(\vec{x},t) = \frac{1}{m} \vec{\nabla} \theta(\vec{x},t), \tag{2.2}$$

Eq. (1.5) takes the form of a continuity equation

$$\partial_t n + \vec{\nabla} \cdot (n\vec{v}) = 0 \tag{2.3}$$

and an Euler-like equation

$$\partial_t \vec{v} + (\vec{v} \cdot \vec{\nabla}) \vec{v} = -\frac{1}{m} \vec{\nabla} V - \vec{\nabla} q, \qquad (2.4)$$

where  $V(\vec{x},t) \equiv \frac{\lambda n}{8m^2}$  and  $q(\vec{x},t) \equiv \frac{1}{2m^2} \frac{\vec{\nabla}^2 \sqrt{n}}{\sqrt{n}}$ . Hence, the classical field  $\Psi(\vec{x},t)$  describes a fluid of number density n and velocity  $\vec{v}$ . The quantity  $q(\vec{x},t)$  is usually called "quantum pressure" and distinguishes Eq. (2.4) from the usual Euler equation for a pressureless perfect fluid.

Equation (1.5) admits the homogeneous solution

$$\Psi_0(t) = \sqrt{n_0} e^{-i\delta\omega t},\tag{2.5}$$

where  $n_0$  is an  $\vec{x}$ -independent number density and

$$\delta\omega = \frac{\lambda n_0}{8m^2}. (2.6)$$

Consider small perturbations about that solution

$$\Psi(\vec{x}, t) = \Psi_0(t) + \Psi_1(\vec{x}, t), \tag{2.7}$$

where  $|\Psi_1| \ll |\Psi_0| = \sqrt{n_0}$ . Expanding  $\Psi_1$  in Fourier modes as

$$\Psi_1(\vec{x},t) = \Psi_0(t) \sum_{\vec{k}} C_{\vec{k}}(t) e^{i\vec{k}\cdot\vec{x}},$$
 (2.8)

Eq. (1.5) gives us

$$i\partial_{t}C_{\vec{k}} = \left(\frac{k^{2}}{2m} - \delta\omega\right)C_{\vec{k}} + \delta\omega\sum_{\vec{k}'\vec{k}''}C_{\vec{k}'}^{*}C_{\vec{k}''}C_{\vec{k}+\vec{k}'-\vec{k}''}.$$
 (2.9)

Equation (2.9) can be solved perturbatively by expanding  $C_{\vec{k}} = C_{\vec{k}}^{(0)} + C_{\vec{k}}^{(1)} + C_{\vec{k}}^{(2)} + \cdots$ , where  $|C_{\vec{k}}^{(0)}| \gg |C_{\vec{k}}^{(1)}| \gg |C_{\vec{k}}^{(1)}| \gg |C_{\vec{k}}^{(2)}|$  and so on. To zeroth order, we have  $C_{\vec{k}}^{(0)} = \delta_{\vec{k}\,\vec{0}}$ . The first-order equation is

$$i\partial_t C_{\vec{k}}^{(1)} = \left(\frac{k^2}{2m} + \delta\omega\right) C_{\vec{k}}^{(1)} + \delta\omega C_{-\vec{k}}^{(1)*}.$$
 (2.10)

The solutions may be written as

$$C_{\vec{i}}^{(1)}(t) = s_{\vec{k}}(t) + r_{\vec{k}}(t)$$
 (2.11)

with

$$s_{-\vec{k}}(t)^* = s_{\vec{k}}(t)$$
 and  $r_{-\vec{k}}(t)^* = -r_{\vec{k}}(t)$ . (2.12)

Equation (2.10) implies that

$$r_{\vec{k}}(t) = \frac{2mi}{k^2} \partial_t s_{\vec{k}}(t) \tag{2.13}$$

and that  $s_{\vec{k}}$  is a solution of

$$(\partial_t^2 + \omega_k^2) s_{\vec{k}}(t) = 0, \tag{2.14}$$

where

$$\omega_k = \sqrt{\frac{k^2}{2m} \left(\frac{k^2}{2m} + 2\delta\omega\right)}.$$
 (2.15)

The most general expression for  $s_{\vec{i}}(t)$  is

$$s_{\vec{k}}(t) = d_{\vec{k}}e^{-i\omega_k t} + d_{-\vec{k}}^* e^{i\omega_k t},$$
 (2.16)

where the coefficients  $d_{\vec{k}}$  are determined by the initial density and velocity fields.

## A. One-mode inhomogeneity

If the inhomogeneity consists of a one-mode perturbation with momentum  $\vec{p}$ , we can write the density field as

$$n(\vec{x},t) = n_0 + \frac{\delta n}{2} e^{i(\vec{p}\cdot\vec{x} - \omega_p t)} + \frac{\delta n^*}{2} e^{-i(\vec{p}\cdot\vec{x} - \omega_p t)},$$
 (2.17)

where the complex parameter  $\delta n$  contains the information about the density amplitude and its initial phase. Using Eqs. (2.1), (2.7) and (2.16), one can find that

$$s_{\vec{p}}(t) = \frac{1}{4} \frac{\delta n}{n_0} e^{-i\omega_p t}, \qquad s_{-\vec{p}}(t) = \frac{1}{4} \frac{\delta n^*}{n_0} e^{i\omega_p t}$$
 (2.18)

and  $s_{\vec{k}} = 0$  for  $\vec{k} \neq \pm \vec{p}$ . We also find

$$r_{\vec{p}}(t) = \frac{1}{4} \frac{\delta n}{n_0} \frac{2m\omega_p}{p^2} e^{-i\omega_p t}, \quad r_{-\vec{p}}(t) = -\frac{1}{4} \frac{\delta n^*}{n_0} \frac{2m\omega_p}{p^2} e^{i\omega_p t}$$
(2.19)

and

$$C_{\vec{p}}^{(1)}(t) = \frac{1}{4} \frac{\delta n}{n_0} \left( 1 + \frac{2m\omega_p}{p^2} \right) e^{-i\omega_p t},$$

$$C_{-\vec{p}}^{(1)}(t) = \frac{1}{4} \frac{\delta n^*}{n_0} \left( 1 - \frac{2m\omega_p}{p^2} \right) e^{i\omega_p t}.$$
(2.20)

Since the solution above is obtained at first order in perturbation theory, the condition  $|\Psi_1| \ll |\Psi_0|$  has to be satisfied. This is equivalent to

$$\left|\frac{\delta n}{n_0}\right| \ll \frac{2}{\sqrt{1 + 4m\delta\omega/p^2}} \sim \frac{p}{\sqrt{m\delta\omega}}.$$
 (2.21)

## **B.** Higher-order corrections

The calculations of Sec. III rely on the assumption that the amplitudes  $C_{\pm \overline{p}}^{(1)}$  do not receive significant corrections when the full equations (2.9) are taken into account. To test the validity of this assumption, we investigate the corrections at higher orders in perturbation theory.

We start by noticing that at second order, the amplitudes  $C^{(2)}_{\pm 2\vec{p}}$  and  $C^{(2)}_{\vec{0}}$  are sourced, at third order the amplitudes  $C^{(3)}_{\pm 3\vec{p}}$  and  $C^{(3)}_{\pm \vec{p}}$  are sourced, and so on. Thus, the amplitudes  $C^{(1)}_{\pm \vec{p}}$  receive corrections at all odd orders, with the main contribution coming at third order, at initial times.

The third-order corrections are given by

$$|C_{\pm\vec{p}}^{(3)}| \approx \left(\frac{|\delta n|}{n_0}\right)^3 \delta \omega t \left| f_{\pm} \left(\frac{\omega_p}{\delta \omega}\right) \right|,$$
 (2.22)

where  $f_{\pm}(\frac{\omega_p}{\delta \omega})$  are dimensionless functions. The amplitudes  $|C_{\pm\vec{p}}^{(3)}|$  become of the same magnitude as  $|C_{\pm\vec{p}}^{(1)}|$  over a time

$$t_{\pm \vec{p}} \approx \frac{1}{\delta \omega} \left( \frac{|\delta n|}{n_0} \right)^{-2} \frac{\left(1 \pm \frac{2m\omega_p}{p^2}\right)}{4|f_{\pm}(\frac{\omega_p}{\delta \omega})|}. \tag{2.23}$$

We compare  $t_{\pm \vec{p}}$  with the duration of classicality in Sec. III C.

# III. QUANTUM CORRECTIONS

In order to study the quantum corrections to the initial classical description, we write

$$\psi(\vec{x},t) = \Psi(\vec{x},t) + \varphi(\vec{x},t), \tag{3.1}$$

where  $\Psi$  is a solution of the classical SGP equation and  $\varphi$  is an operator containing all the information about quantum

corrections. Initially,  $|\Psi| \sim \sqrt{N}$ , where N is the total number of quanta in the system, while  $\varphi \approx \mathcal{O}(1)$ . Inserting Eq. (3.1) into Eq. (1.4) and keeping the leading term in an expansion in powers of  $1/\sqrt{N}$ , we find

$$i\partial_t \varphi = -\frac{1}{2m} \nabla^2 \varphi + \frac{\delta \omega}{n_0} (2|\Psi|^2 \varphi + \Psi^2 \varphi^{\dagger}).$$
 (3.2)

We expand  $\varphi$  in the form

$$\varphi(\vec{x},t) = \frac{e^{-i\delta\omega t}}{\sqrt{V}} \sum_{\vec{k}} b_{\vec{k}}(t) e^{i\vec{k}\cdot\vec{x}}, \qquad (3.3)$$

where  $b_{\vec{k}}$  are time-dependent operators satisfying the canonical commutation relations

$$[b_{\vec{k}}(t), b_{\vec{k}'}(t)] = 0, \qquad [b_{\vec{k}}(t), b_{\vec{k}'}(t)^{\dagger}] = \delta_{\vec{k}}^{\vec{k}'}$$
 (3.4)

and V is the volume of space where the theory is defined. The equations of motion for  $b_{\vec{k}}(t)$  are

$$i\partial_{t}b_{\vec{k}} = a_{k}b_{\vec{k}} + \delta\omega b_{-\vec{k}}^{\dagger} + 2\delta\omega \sum_{\vec{k}'} (2s_{\vec{k}'}b_{\vec{k}-\vec{k}'} + C_{\vec{k}'}b_{\vec{k}'-\vec{k}}^{\dagger}),$$
(3.5)

where  $a_k = k^2/2m + \delta\omega$ . We perform a Bogoliubov transformation

$$\begin{pmatrix} b_{\vec{k}} \\ b_{-\vec{k}}^{\dagger} \end{pmatrix} = \begin{pmatrix} u_k & v_k \\ v_k & u_k \end{pmatrix} \begin{pmatrix} \beta_{\vec{k}} \\ \beta_{-\vec{k}}^{\dagger} \end{pmatrix}, \tag{3.6}$$

where  $u_k$  and  $v_k$  are real and  $u_k^2 - v_k^2 = 1$  is required for the transformation from the  $b_{\vec{k}}$  to the  $\beta_{\vec{k}}$  to be canonical. We may write  $u_k = \cosh(\eta_k)$  and  $v_k = \sinh(\eta_k)$ . Choosing  $\eta_k$  such that  $\tanh(2\eta_k) = -\delta\omega/a_k$ , Eq. (3.5) becomes

$$i\partial_{t}\beta_{\vec{k}} = \omega(k)\beta_{\vec{k}} + 2\delta\omega \sum_{\vec{k}'} [\mathcal{P}_{\vec{k}}^{\vec{k}'}(t)\beta_{\vec{k}-\vec{k}'} + \mathcal{Q}_{\vec{k}}^{\vec{k}'}(t)\beta_{-\vec{k}+\vec{k}'}^{\dagger}],$$
(3.7)

where

$$\mathcal{P}_{\vec{k}}^{\vec{k}'}(t) = 2s_{\vec{k}'}(t)(u_k u_{|\vec{k}-\vec{k}'|} + v_k v_{|\vec{k}-\vec{k}'|}) + C_{\vec{k}'}(t)u_k v_{|\vec{k}-\vec{k}'|} + C_{-\vec{k}'}(t)^* v_k u_{|\vec{k}-\vec{k}'|}$$
(3.8)

and

$$\mathcal{Q}_{\vec{k}}^{\vec{k}'}(t) = 2s_{\vec{k}'}(t)(u_k v_{|\vec{k}-\vec{k}'|} + v_k u_{|\vec{k}-\vec{k}'|}) + C_{\vec{k}'}(t)u_k u_{|\vec{k}-\vec{k}'|} 
+ C_{-\vec{k}'}(t)^* v_k v_{|\vec{k}-\vec{k}'|}.$$
(3.9)

## A. One-mode inhomogeneity

We specialize to the simple case in which the perturbation has a definite momentum  $\vec{p}$ . The only nonzero terms in the sum of Eq. (3.7) are those proportional to  $s_{\vec{p}}(t)$ ,  $s_{-\vec{p}}(t)$ ,  $C_{\vec{p}}(t)$  and  $C_{-\vec{p}}(t)$ . Equation (3.7) becomes

$$i\partial_{t}\beta_{\vec{k}} - \omega(k)\beta_{\vec{k}} = \frac{\delta\omega}{2} \frac{\delta n}{n_{0}} e^{-i\omega_{p}t} (P_{\vec{k}}^{\vec{p}(+)}\beta_{\vec{k}-\vec{p}} + Q_{\vec{k}}^{\vec{p}(+)}\beta_{-\vec{k}+\vec{p}}^{\dagger}) + \frac{\delta\omega}{2} \frac{\delta n^{*}}{n_{0}} e^{i\omega_{p}t} (P_{\vec{k}}^{\vec{p}(-)}\beta_{\vec{k}+\vec{p}} + Q_{\vec{k}}^{\vec{p}(-)}\beta_{-\vec{k}-\vec{p}}^{\dagger}),$$
(3.10)

where

$$P_{\vec{k}}^{\vec{p}(\pm)} = 2u_k u_{|\vec{k}\mp\vec{p}|} + 2v_k v_{|\vec{k}\mp\vec{p}|} + u_k v_{|\vec{k}\mp\vec{p}|} + v_k u_{|\vec{k}\mp\vec{p}|}$$

$$\pm \frac{2m\omega_p}{p^2} (u_k v_{|\vec{k}\mp\vec{p}|} - v_k u_{|\vec{k}\mp\vec{p}|})$$
(3.11)

and

$$Q_{\vec{k}}^{\vec{p}(\pm)} = 2u_k v_{|\vec{k}\mp\vec{p}|} + 2v_k u_{|\vec{k}\mp\vec{p}|} + u_k u_{|\vec{k}\mp\vec{p}|} + v_k v_{|\vec{k}\mp\vec{p}|} \pm \frac{2m\omega_p}{p^2} (u_k u_{|\vec{k}\mp\vec{p}|} - v_k v_{|\vec{k}\mp\vec{p}|}).$$
(3.12)

They satisfy the identities

$$P_{\vec{k}-\vec{p}}^{\vec{p}(-)} = P_{\vec{k}}^{\vec{p}(+)}, \qquad Q_{-\vec{k}+\vec{p}}^{\vec{p}(+)} = Q_{\vec{k}}^{\vec{p}(+)},$$
 (3.13)

which will be used later. Writing  $\beta_{\vec{k}} = \alpha_{\vec{k}} e^{-i\omega_k t}$ , we have

$$i\partial_{t}\alpha_{\vec{k}} = \frac{\delta\omega}{2} \frac{\delta n}{n_{0}} \left( P_{\vec{k}}^{\vec{p}(+)} \alpha_{\vec{k}-\vec{p}} e^{-i\delta_{\vec{k}}^{\vec{p}}t} + Q_{\vec{k}}^{\vec{p}(+)} \alpha_{-\vec{k}+\vec{p}}^{\dagger} e^{-i\epsilon_{\vec{k}}^{\vec{p}}t} \right)$$

$$(3.14)$$

$$+\frac{\delta\omega}{2}\frac{\delta n^{*}}{n_{0}}(P_{\vec{k}}^{\vec{p}(-)}\alpha_{\vec{k}+\vec{p}}e^{-i\varphi_{\vec{k}}^{\vec{p}}t}+Q_{\vec{k}}^{\vec{p}(-)}\alpha_{-\vec{k}-\vec{p}}^{\dagger}e^{-i\gamma_{\vec{k}}^{\vec{p}}t}),$$
(3.15)

$$\delta_{\vec{k}}^{\vec{p}} = -\omega_k + \omega_p + \omega_{|\vec{k}-\vec{p}|},$$

$$\epsilon_{\vec{k}}^{\vec{p}} = -\omega_k + \omega_p - \omega_{|\vec{k}-\vec{p}|},$$

$$\varphi_{\vec{k}}^{\vec{p}} = -\omega_k - \omega_p + \omega_{|\vec{k}+\vec{p}|},$$

$$\gamma_{\vec{k}}^{\vec{p}} = -\omega_k - \omega_p - \omega_{|\vec{k}+\vec{p}|}.$$
(3.16)

When  $\delta^{\vec{p}}_{\vec{k}}$ ,  $\epsilon^{\vec{p}}_{\vec{k}}$  or  $\varphi^{\vec{p}}_{\vec{k}}$  approach 0, some scattering processes get excited which are shown in Fig. 1.  $\gamma^{\vec{p}}_{\vec{k}}=0$  is prohibited by conservation of energy. In our initial state, only the quasiparticle states of momentum  $\vec{0}$  and  $\vec{p}$  are occupied. Therefore, as we show below, only process 2 is truly important.

## **B.** Parametric instability

For process 1, the relevant equations are

$$i\partial_t \alpha_{\vec{k}} \approx \frac{\delta \omega}{2} \frac{\delta n}{n_0} P_{\vec{k}}^{\vec{p}(+)} \alpha_{\vec{k} - \vec{p}} e^{-i\delta_{\vec{k}}^{\vec{p}}t},$$
 (3.17)

$$i\partial_t \alpha_{\vec{k}-\vec{p}} \approx \frac{\delta \omega}{2} \frac{\delta n^*}{n_0} P_{\vec{k}}^{\vec{p}(+)} \alpha_{\vec{k}} e^{i\delta_{\vec{k}}^{\vec{p}}t},$$
 (3.18)

which we have found using Eq. (3.13) and the property  $\varphi_{\vec{k}-\vec{p}}^{\vec{p}} = -\delta_{\vec{k}}^{\vec{p}}$ . Defining  $X_{\vec{k}} = \alpha_{\vec{k}} e^{\frac{i}{2}\delta_{\vec{k}}^{\vec{p}}t}$  and  $Y_{\vec{k}} = \alpha_{\vec{k}-\vec{p}} e^{-\frac{i}{2}\delta_{\vec{k}}^{\vec{p}}t}$ , Eqs. (3.17) and (3.18) become

$$\left[\partial_t^2 + \left(\frac{\delta\omega}{2} \frac{|\delta n|}{n_0} P_{\vec{k}}^{\vec{p}(+)}\right)^2 + \frac{1}{4} \delta_{\vec{k}}^{\vec{p}2}\right] \begin{bmatrix} X_{\vec{k}} \\ Y_{\vec{k}} \end{bmatrix} = 0. \quad (3.19)$$

In this case,  $\alpha_{\vec{k}}$  and  $\alpha_{\vec{k}-\vec{p}}$  oscillate implying that the number of quanta occupying these modes does not grow with time. Such a process is not significant for our purposes. For process 3, the equations have the same form as those in process 1 and we have trivial oscillations in this case as well

For process 2, the relevant equations are

$$i\partial_t \alpha_{\vec{k}} \approx \frac{\delta \omega}{2} \frac{\delta n}{n_0} Q_{\vec{k}}^{\vec{p}(+)} \alpha_{\vec{p}-\vec{k}}^{\dagger} e^{-i\epsilon_{\vec{k}}^{\vec{p}}t},$$
 (3.20)

where

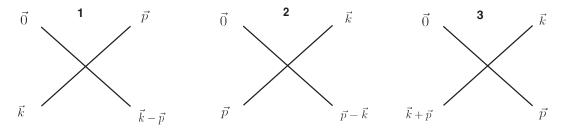


FIG. 1. Feynman diagrams of the processes.

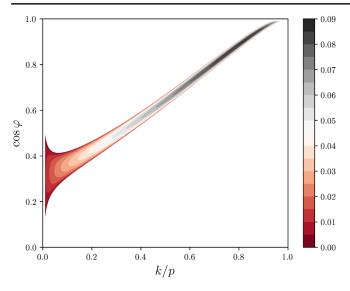


FIG. 2. Contour plot of  $S(\vec{k}, \vec{p})/\delta\omega$ , for  $|\delta n|/n_0 = 0.1$  and  $\omega_p/\delta\omega = 6$ . The horizontal axis is the ratio of the momentum magnitudes k/p, while the vertical axis is the cosine of the angle between  $\vec{k}$  and  $\vec{p}$ .

$$-i\partial_{t}\alpha_{\vec{p}-\vec{k}}^{\dagger} \approx \frac{\delta\omega}{2} \frac{\delta n^{*}}{n_{0}} Q_{\vec{k}}^{\vec{p}(+)} \alpha_{\vec{k}} e^{i\epsilon_{\vec{k}}^{\vec{p}}t}, \qquad (3.21)$$

which we have found using Eq. (3.13) and the property  $\epsilon^{\vec{p}}_{-\vec{k}+\vec{p}} = \epsilon^{\vec{p}}_{\vec{k}}$ . Defining  $\alpha_{\vec{k}}(t) = \rho_{\vec{k}}(t)e^{-\frac{i}{2}\epsilon^{\vec{p}}_{\vec{k}}t}$ , Eqs. (3.20) and (3.21) become

$$\left[\partial_t^2 - \left(\frac{\delta\omega}{2} \frac{|\delta n|}{n_0} Q_{\vec{k}}^{\vec{p}(+)}\right)^2 + \frac{1}{4} \epsilon_{\vec{k}}^{\vec{p}2}\right] \begin{bmatrix} \rho_{\vec{k}} \\ \rho_{\vec{n}-\vec{k}}^{\dagger} \end{bmatrix} = 0. \quad (3.22)$$

The equations above describe parametric resonance in the neighborhood of  $\epsilon_{\vec{k}}^{\vec{p}} = 0$ . The condition for the resonance is

$$-\delta\omega\frac{|\delta n|}{n_0}\mathcal{Q}_{\vec{k}}^{\vec{p}} < \epsilon_{\vec{k}}^{\vec{p}} < \delta\omega\frac{|\delta n|}{n_0}\mathcal{Q}_{\vec{k}}^{\vec{p}}, \qquad (3.23)$$

where we have defined  $Q_{\vec{k}}^{\vec{p}} = Q_{\vec{k}}^{\vec{p}(+)}$ . If  $\vec{k}$  is such that the condition (3.23) is satisfied,  $\rho_{\vec{k}}(t)$  grows exponentially at a rate

$$S_{\vec{k}}^{\vec{p}} = \frac{1}{2} \sqrt{\left(\delta \omega \frac{|\delta n|}{n_0} Q_{\vec{k}}^{\vec{p}}\right)^2 - \epsilon_{\vec{k}}^{\vec{p}^2}}.$$
 (3.24)

The region of instability is shown in Fig. 2 for sample values of the parameters.

#### C. Duration of classicality

Equations (3.20) and (3.21) can be written as

$$i\partial_{t} \begin{pmatrix} \rho_{\vec{k}} \\ \rho_{\vec{p}-\vec{k}}^{\dagger} \end{pmatrix} = \frac{1}{2} \begin{pmatrix} -\epsilon_{\vec{k}}^{\vec{p}} & q_{\vec{k}}^{\vec{p}} \\ -q_{\vec{k}}^{\vec{p}*} & \epsilon_{\vec{k}}^{\vec{p}} \end{pmatrix} \begin{pmatrix} \rho_{\vec{k}} \\ \rho_{\vec{p}-\vec{k}}^{\dagger} \end{pmatrix}, \quad (3.25)$$

where  $q_{\vec{k}}^{\vec{p}} = \frac{\delta n}{n_0} \delta \omega Q_{\vec{k}}^{\vec{p}}$ . We perform another Bogoliubov transformation

$$\begin{pmatrix} \rho_{\vec{k}} \\ \rho_{\vec{p}-\vec{k}}^{\dagger} \end{pmatrix} = \begin{pmatrix} w & z \\ z^* & w^* \end{pmatrix} \begin{pmatrix} \tilde{\rho}_{\vec{k}} \\ \tilde{\rho}_{\vec{p}-\vec{k}}^{\dagger} \end{pmatrix}. \tag{3.26}$$

Writing  $w \equiv \cosh(\tilde{\eta}_{\vec{k}}^{\vec{p}})e^{i\theta/2}$ ,  $z \equiv \sinh(\tilde{\eta}_{\vec{k}}^{\vec{p}})e^{i\theta/2}$ ,  $q_{\vec{k}}^{\vec{p}} = |q_{\vec{k}}^{\vec{p}}|e^{i\theta}$  and choosing  $\tilde{\eta}_{\vec{k}}^{\vec{p}}$  such that  $\tanh(2\tilde{\eta}_{\vec{k}}^{\vec{p}}) = \epsilon_{\vec{k}}^{\vec{p}}/|q_{\vec{k}}^{\vec{p}}|$ , Eq. (3.25) becomes

$$i\partial_{t} \begin{pmatrix} \tilde{\rho}_{\vec{k}} \\ \tilde{\rho}_{\vec{p}-\vec{k}}^{\dagger} \end{pmatrix} = \begin{pmatrix} 0 & S_{\vec{k}}^{\vec{p}} \\ -S_{\vec{k}}^{\vec{p}} & 0 \end{pmatrix} \begin{pmatrix} \tilde{\rho}_{\vec{k}} \\ \tilde{\rho}_{\vec{p}-\vec{k}}^{\dagger} \end{pmatrix}. \tag{3.27}$$

The solution of Eq. (3.27) is

$$\tilde{\rho}_{\vec{k}}(t) = \tilde{\rho}_{\vec{k}}(0) \cosh(S_{\vec{k}}^{\vec{p}}t) - i\tilde{\rho}_{\vec{p}-\vec{k}}^{\dagger}(0) \sinh(S_{\vec{k}}^{\vec{p}}t). \quad (3.28)$$

To compute expectation values, we choose the state of the system  $|\Psi\rangle$  as follows:

$$\tilde{\rho}_{\vec{k}}(0)|\Psi\rangle = \tilde{\rho}_{\vec{p}-\vec{k}}(0)|\Psi\rangle = 0. \tag{3.29}$$

Based on the findings of Ref. [4], we expect the state in Eq. (3.29) to have the longest duration of classicality. The occupation number of a mode with  $\vec{k} \neq 0$  is given by

$$\begin{split} \langle N_{\vec{k}}(t) \rangle &= \langle \Psi | b_{\vec{k}}^{\dagger}(t) b_{\vec{k}}(t) | \Psi \rangle \\ &= \cosh(\eta_{\vec{k}})^2 (\sinh(\tilde{\eta}_{\vec{k}}^{\vec{p}})^2 \cosh(S_{\vec{k}}^{\vec{p}} t)^2 \\ &+ \cosh(\tilde{\eta}_{\vec{k}}^{\vec{p}})^2 \sinh(S_{\vec{k}}^{\vec{p}} t)^2) + \frac{1}{2} \sinh(\eta_{\vec{k}})^2. \end{split} \tag{3.30}$$

Notice that  $S_{\vec{p}}^{\vec{p}} = 0$ . After a sufficiently long time such that  $S_{\vec{k}}^{\vec{p}} t \gg 1$ ,

$$\langle N_{\vec{k}}(t)\rangle \approx \frac{1}{16} \left(\frac{a_k}{\omega_k} + 1\right) \frac{|q_{\vec{k}}^p|}{S_{\vec{k}}^p} e^{2S_{\vec{k}}^p t}.$$
 (3.31)

After time t, the total number of quanta that have left the  $\vec{0}$  and  $\vec{p}$  modes corresponding to the classical solution is

$$N_{\rm ev}(t) = \sum_{\vec{k} \neq 0} \langle N_{\vec{k}}(t) \rangle = \frac{V}{4\pi^2} \int k^2 dk d\mu \langle N_{\vec{k}}(t) \rangle, \quad (3.32)$$

where  $\mu = \cos \varphi$  with  $\varphi$  being the angle between  $\vec{k}$  and  $\vec{p}$ . To perform the integral, we change the variables from  $(k, \mu)$  to  $(\omega_1, \omega_2)$  where  $\omega_1 = \omega_k$  and  $\omega_2 = \omega_{|\vec{k} - \vec{p}|}$ . Then we have

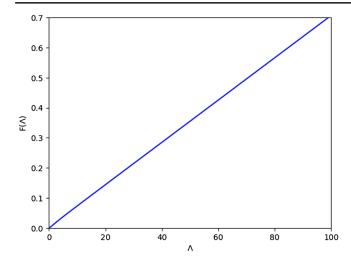


FIG. 3. Plot of  $F(\Lambda)$  which is a dimensionless function of  $\Lambda = \omega_p/\delta\omega$ .

$$\begin{split} N_{\rm ev}(t) &= \frac{V}{4\pi^2} \int d\omega_1 d\omega_2 2m \bigg( \sqrt{\omega_1^2 + \delta\omega^2} - \delta\omega \bigg) \\ &\times \bigg| \frac{\partial (k,\mu)}{\partial (\omega_1,\omega_2)} \bigg| \langle N_{\vec{k}}(t) \rangle. \end{split} \tag{3.33}$$

Since  $\langle N_{\vec{k}}(t) \rangle$  grows exponentially [see Eq. (3.31)], we use the saddle-point approximation.  $S_{\vec{k}}^{\vec{p}}$  has a maximum when  $\omega_1 = \omega_2$  and  $\epsilon_{\vec{k}}^{\vec{p}} \approx 0$ . This leads to  $\omega_1 = \omega_2 = \frac{\omega_p}{2}$ . After tedious but straightforward calculations, we obtain

$$N_{\rm ev}(t) = \frac{N}{n_0} \frac{1}{\delta \omega t} (m \delta \omega)^{\frac{3}{2}} F(\Lambda) e^{Q(\Lambda) \delta \omega t (\frac{|\delta n|}{n_0})}, \qquad (3.34)$$

where  $\Lambda = \omega_p/\delta\omega$  and  $F(\Lambda)$  is a dimensionless function of  $\Lambda$  given in the Appendix and shown in Fig. 3.  $Q(\Lambda)$  is given by

$$Q(\Lambda) = \frac{1}{\Lambda} \left( \sqrt{\Lambda^2 + 4} + \sqrt{\Lambda^2 + 1} - 3 \right). \tag{3.35}$$

The duration of classicality  $t_{\rm cl}$  is the time t such that  $N_{\rm ev}(t) \approx N$ :

$$t_{\rm cl} \approx \frac{1}{Q(\Lambda)\delta\omega(\frac{|\delta n|}{n_0})} \ln\left(\frac{1}{F(\Lambda)} \frac{n_0}{(m\delta\omega)^{\frac{3}{2}}}\right).$$
 (3.36)

The argument of the logarithm is proportional to the number of particles in a volume  $(m\delta\omega)^{-3/2}$ .

In the high- and low-momentum limits, we obtain

$$t_{\rm cl} \approx \begin{cases} \frac{1}{2} \cdot \frac{1}{\delta \omega_{\frac{|\delta n|}{n_0}}^{|\delta n|}} \ln\left(128\sqrt{2}\pi \frac{m\delta\omega}{p^2} \cdot \frac{n_0}{(m\delta\omega)^{\frac{3}{2}}}\right) & \text{for } \frac{p}{\sqrt{m\delta\omega}} \gg 1, \\ \frac{4\sqrt{m\delta\omega}}{3p} \cdot \frac{1}{\delta \omega_{\frac{|\delta n|}{n_0}}^{|\delta n|}} \ln\left(128\pi \frac{\sqrt{m\delta\omega}}{p} \cdot \frac{n_0}{(m\delta\omega)^{\frac{3}{2}}}\right) & \text{for } \left|\frac{\delta n}{n_0}\right| \ll \frac{p}{\sqrt{m\delta\omega}} \ll 1. \end{cases}$$

$$(3.37)$$

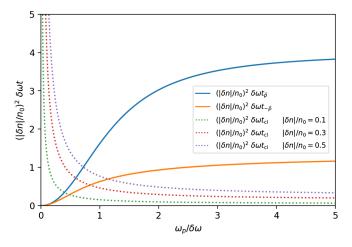


FIG. 4. Comparison of  $t_{\pm\bar{p}}$  and  $t_{\rm cl}$  as a function of  $\omega_p/\delta\omega$  for various values of the density contrast  $|\delta n|/n_0$ .  $t_{\rm cl}$  is obtained from Eq. (3.36) by setting the logarithm factor to 1. For a given  $|\delta n|/n_0$ , our quantum calculations are valid for all values of  $\omega_p$  such that the corresponding dotted line lies lower than the solid lines.

This result shows us that the duration of classicality is inversely proportional to the density contrast, and that the smaller the momentum p, the longer the duration of classicality.

Neglecting the logarithmic factor in Eq. (3.36) and comparing with Eq. (2.23), we see that the classical third-order corrections grow more slowly then the quantum corrections, except if

$$\omega_p \lesssim \delta\omega \left(\frac{2}{3} \frac{|\delta n|}{n_0}\right)^{1/3}.$$
 (3.38)

This behavior is illustrated in Fig. 4. We checked numerically that higher-order corrections do not play a significant role on time scales of order  $t_{\rm cl}$ .

## IV. SUMMARY AND CONCLUSIONS

This work was motivated by the following question: how long can a highly degenerate quantum scalar field be accurately described by classical field equations? Intuitively, this time scale cannot be longer than the thermalization time scale. A generic formalism to calculate the duration of classicality was developed in Ref. [4]. There, the formalism was applied to a homogeneous field with attractive contact interactions or gravitational self-interactions. Classically, the homogeneous state persists forever. However, in the quantum evolution, small quantum fluctuations grow exponentially due to the attractive nature of the interactions and the homogeneous state gets depleted [4].

In this work, we have considered the case of repulsive contact self-interactions. We have focused on an inhomogeneous solution of the classical equations of motion made by a zero-momentum background and a small plane-wave perturbation of momentum  $\vec{p}$ . As shown in Sec. II, in the classical description, this solution is stable up to third-order corrections that play an important role only at low p. In Sec. III, we have studied the system using quantum field theory. The quantum evolution becomes illuminating in terms of the operator  $\beta_{\vec{k}}$  which annihilates a quasiparticle of momentum  $\vec{k}$  and energy  $\omega(k)$  [see Eqs. (2.15) and (3.7)]. Classically, the quasiparticles remain in the  $\vec{0}$  and  $\vec{p}$  modes. In the quantum description, the quasiparticles scatter through the process  $\vec{0} + \vec{p} \rightarrow \vec{k} + (\vec{p} - \vec{k})$ . This process proceeds by parametric resonance if  $\vec{k}$  lies within a region of instability around the surface in momentum space defined by  $\omega(\vec{0}) + \omega(\vec{p}) = \omega(\vec{k}) + \omega(\vec{p} - \vec{k})$ . Finally, we have estimated the duration of classicality [see Eq. (3.36)], after which almost all the quasiparticles have left the  $\vec{0}$  and  $\vec{p}$ modes and the classical description is invalid.

Instabilities do not last forever. While our formalism correctly estimates  $t_{\rm cl}$ , it is not valid on time scales of order the relaxation time of the system  $\tau$ , as we have linearized the equations, thus ignoring backreactions. We expect that, after a time  $\tau$ , the quanta of the scalar field will have reorganized into a quantum thermal distribution, namely a Bose-Einstein distribution.

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#### **APPENDIX**

Here we provide the dimensionless function  $F(\Lambda)$  in Eq. (3.34) with  $\Lambda = \frac{\omega_p}{\delta \omega}$ :

$$F(\Lambda) = \frac{1}{4\sqrt{2}\pi} f(\Lambda) \sqrt{\frac{Q(\Lambda)}{G(\Lambda)}}, \tag{A1}$$

where

$$f(\Lambda) = \frac{\Lambda(\Lambda + \sqrt{\Lambda^2 + 4})}{8(\Lambda^2 + 4)\sqrt{\Lambda^2 + 1} - 1} \sim \begin{cases} \frac{1}{8\sqrt{2}} (1 + \frac{1}{2}\Lambda + \cdots) & (\Lambda \ll 1), \\ \frac{1}{4\sqrt{\Lambda}} (1 + \frac{1}{2\Lambda} + \cdots) & (\Lambda \gg 1), \end{cases}$$

$$Q(\Lambda) = \frac{1}{\Lambda} \left( \sqrt{\Lambda^2 + 4} + \sqrt{\Lambda^2 + 1} - 3 \right) \sim \begin{cases} \frac{3}{4}\Lambda (1 - \frac{3}{16}\Lambda^2 + \cdots) & (\Lambda \ll 1), \\ 2(1 - \frac{3}{2\Lambda} + \cdots) & (\Lambda \gg 1), \end{cases}$$

$$G(\Lambda) = \frac{16}{\Lambda^3 (\Lambda^2 + 4)^{\frac{3}{2}}} \left( \sqrt{\Lambda^2 + 4} (2\Lambda^2 + 3 - \sqrt{\Lambda^2 + 1}) - 2(\Lambda^2 + 2) \right)$$

$$\sim \begin{cases} \frac{3}{\Lambda} (1 + \frac{1}{48}\Lambda^2 + \cdots) & (\Lambda \ll 1), \\ \frac{32}{\Lambda^3} (1 - \frac{3}{2\Lambda} + \cdots) & (\Lambda \gg 1). \end{cases}$$
(A2)

In the limit of  $\Lambda \ll 1$  and  $\Lambda \gg 1$ , the function  $F(\Lambda)$  behaves as

$$F(\Lambda) \sim \frac{\Lambda}{128\pi} \times \begin{cases} 1 & (\Lambda \ll 1), \\ \sqrt{2} & (\Lambda \gg 1). \end{cases}$$
 (A3)

In both cases,  $F(\Lambda)$  behaves as a linear function. The function  $F(\Lambda)$  is plotted in Fig. 3.

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