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## The Grizzly, February 14, 1995

Marc Ellman  
*Ursinus College*

Mark Leiser  
*Ursinus College*

Colin Tucker  
*Ursinus College*

Jayson Blocksidge  
*Ursinus College*

Jill Schander  
*Ursinus College*

*See next page for additional authors*

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## Authors

Marc Ellman, Mark Leiser, Colin Tucker, Jayson Blocksidge, Jill Schander, Phil Caiazzo, Tarik Qasim, Laurianne E. Falcone, Nicole D'orsaneo, Nisha Buch, Tom Epler, Joel Schofer, and Charlie Weingroff



# The Grizzly

Love-- A gracious and beautiful erotic art.

- Havelock Ellis

Volume XVII Number XV

Ursinus College

February 14, 1995

## New York City Terrorist Mastermind Pleads Guilty

BY COLIN TUCKER  
Arts and Entertainment Editor

In New York City on Monday, alleged terrorist plotter Siddig Abraham Siddig Ali pleaded guilty to all counts in the largest terror trial in U.S. history, according to U.S. Attorney's office spokesperson Marvin Smilon. Siddig Ali's plot planned to include a day of bombings that would be, according to prosecutor Robert Khuzami, "the likes of which the world has never seen." Intended targets for bombings were the Lincoln and Holland tunnels and the George Washington Bridge, all three of which link New York City to New Jersey, as well as the United Nations and the FBI building in Manhattan (see map).

According to John Jacobs, an attorney for another defendant, Sidig Ali signed a cooperation agreement and read a statement implicating 11 other plotters on charges.

Siddig Ali, 34, confessed that Egyptian sheik Omar Abdel-Rahman had given his approval for the bombings. He also said that Abdel-Rahman gave him a *fatwa*, or religious order, to assassinate Egyptian president Hosni Mubarak. Additionally, the defendants allegedly plotted to kidnap the late Richard Nixon and former Secretary of State Henry Kissinger because of their involvement in the U.S. foreign policy in the Balkans.

Siddig Ali also stated during his plea that the alleged conspirators were

also linked to the 1993 bombing of the World Trade Center that killed six and injured hundreds, and the 1990 murder of radical Jewish activist Rabbi Meir Kahane.

Until this surprising turn of events, prosecutors were relying on the testimony of Emad Salem, a former Egyptian army officer who infiltrated Abdel-Raman's inner circle, taping conversations with several of the alleged plotters. However, Salem surprised prosecutors soon after the arrests were made when he revealed that he had secretly recorded his FBI contacts and had passed the information along to the Egyptian government. The government paid \$1 million for Salem's help, which defense attorneys hope to use to undermine his testimony.

If the twelve plotters are convicted on all counts, they could face life in prison.

In a related story, alleged World Trade Center bomber Rasmi Yousef was Arrested in Pakistan on Wednesday, and was brought to New York City for his separate trial. Prosecutors believe that he is also implicated with Abdel-Rahman, and the Trade Center bombers were working for the Iraqi government.

See Map of Intended Bomb Targets

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## Advertising, Capitalism, and Mars Bars

BY MARK LEISER  
Co-Editor in Chief

In the consumer culture in which we live, we are exposed to an amazingly high number of advertisements. Commercials are all over the television; billboards line our highways; and major corporations spend millions of dollars to have their products promoted in movies (Remember the importance of Reeses' Pieces in the movie *E.T.*?).

Since we are constantly exposed to advertising, we may think we become immune to it. But for someone coming to the West from a different culture, it is shocking to say the least.

Andre Codrescu, an eleven-year veteran of National Public Radio and a creative writing professor at Louisiana State University, experienced this shock when he came to the United States from his native Romania in 1966. He shared his experiences with a packed Olin Auditorium on Friday, February 10.

"I was an advertising virgin until I was 18, because advertising didn't exist in Romania," said Codrescu. "First, there was never anything to buy in my country. Second, if there was something to buy, you weren't allowed to tell people where they could get it!"

Codrescu used his humor to convey an all-too-serious message concerning the views Americans hold toward advertising, and the effects of capital-

ism on society.

"In America, shopping is life. The greatest dissention in this country is to say, 'No, I'm not buying that,'" said Codrescu.

He criticized advertisers for taking advantage of tradition, saying it is nothing more than a "marketing strategy." He said, "Capitalism is fundamentally against tradition. It cares only about what you will buy tomorrow."

He also accused advertisers of taking some of the value away from holidays. "Every year, Christmas gets bigger. A few years ago, kids wanted

someone be as content as that person in the television ad," he said, adding that "the family as seen on TV is dead."

While chastising the techniques of advertisers, Codrescu did not underestimate their effectiveness. "You watch TV and see the ads fly by, and you don't even realize you're doing it. Turning off the TV is no longer an option...TV has already turned us off."

He said the advertisement responsibility now shifts to the receiver to make careful judgments. "To watch critically takes incredible effort," said Codrescu, and it is hard to do when advertising "seduces you with images of color, sensuality and freedom."

It doesn't appear that those judgments are being made. In fact, some ads seduce one in unnerving ways. He noted that, "Those medical commercials (like those for HMO's and other health plans) create a vision of the human body as a machine with replaceable parts. While it's not a comforting vision, they make you want

to get sick and go right (to the advertised hospital).

He mentioned that people in former Soviet republics will save two months salary just to buy Mars Bars, after having been exposed to the flashy, vibrant ads promoting this product. Codrescu's take on this? "If we can sell them Mars bars, maybe we can sell them democracy."



Essayist and radio commentator Andre Codrescu spoke about advertising in our culture

a toy. If they got it, they were happy. If they didn't get it, there was always next year. Now, they ask for computers and cars. And if they don't get it, they are really upset."

Codrescu thinks American advertising portrays people unrealistically, and that people can never be as happy-go-lucky as the people on commercials. "Not in a million years will

### NEWS



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### February 14



From Mark & Marc and the rest of The Grizzly staff

## News

## Local News Roundup

BY TARIK QASIM

## Bank Franchise Opens in Supermarket

Inside Redner's Warehouse Market located in The Marketplace, Commonwealth Savings Bank opened its third in a series of supermarket branches. Customers can draw loans and make deposits and withdrawals, as well as many other transactions that could not be done with just a MAC machine. A two week ceremony for the bank started at 9:45 am on February 5. This idea to place banks in supermarkets is starting trends to place many more banks in supermarkets within the next two months. Drawings and other promotional ideas are all part of the banks idea with the cooperation of the supermarket. In fact, a bank has also opened in the Acme Supermarket in the Collegeville Shopping Center.

## Home Pretzel Business Given the O.K.

Lester Hall's pretzel-baking business located at his 451 Franklin Court home in the Rittenhouse Square townhouse has been given a chance to continue making soft pretzels for a year by the Trappe Borough Council on Tuesday February 6. The agreement was a concession that allowed him to continue his business pending his eventual removal within a year without creating more problems than necessary. The problems arise from starting a business in a residential area. Hall has agreed to certain stipulations that would regulate his business by the council. It was agreed that Hall's efforts to rise from welfare were laudable and that his small business could benefit the economy with a truly tasteful product.

Bogota  
Quake  
Kills 29BY PHIL CAIAZZO  
*Of The Grizzly*

In Bogota, Columbia, a powerful earthquake hit killing at least 29 people and injuring an additional 200. This is the second earthquake to hit Columbia in less than a year.

The earthquake was measured at 6.5 on the Richter Scale. The epicenter of the earthquake was centered 175 miles west of the capital of Bogota.

The trembler caused people to flee buildings and houses. Telephone lines were shut off, as was electricity and gas, for fear of a fire.

The worst hit city was the western city of Pereira, where at least 20 people were killed and 135 injured when buildings and walls collapsed, according to city officials.

Civilians helped the police and firemen dig under the rubble, looking for survivors. They also helped to dig out a freeway that had buckled under during the earthquake. Hospitals were reported to be jammed with injuries.

Intended Targets of the  
World Trade Center Bomber

Graphic by Colin Tucker

1. World Trade Center (already bombed)
2. George Washington Bridge
3. United Nations
4. Holland Tunnel
5. Lincoln Tunnel
6. FBI Building

See Related Story  
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## Global Perspectives

## International

Earthquakes continue to rock the world. The latest shakeup which came in Colombia on Wednesday, February 8, registering 6.4 on the Richter scale. This quake is the most devastating tremor to hit Colombia in twelve years. Reports show at least thirty eight people have died and more than two hundred thirty people were injured. Over than three thousand people were left homeless.

In Mexico, President Ernesto Zedillo Ponce de Leon ordered federal police and army troops into rebel territory in an attempt to end the present uprising in Chiapas. The uprising has lasted over one year. This crackdown stems from Mr. Zedillo's loss of patience when weapons and explosives were found at a rebel safe house on Wednesday. He has ordered the arrests of all rebel commanders in the most intense attempt to stop the uprising since last tried by ex-president Salinas.

President Clinton and Chancellor Helmut Kohl of Germany expressed support for Russian President Boris Yeltsin, although they both expressed displeasure over Russia's assault on Chechnya. The leaders indicated it is necessary to continue backing Yeltsin, for anti-democratic forces could take power if he is not supported by the west. At the same time the message to Yeltsin was clear: end the war in Chechnya.

(Compiled by Mike McCuen from the New York Times)

## National

In a move that would undo more than fifty years of social welfare policy, House Republican leaders proposed eliminating the right of poor women and children to receive cash aid from the government. Republicans suggest a lump sum payment of \$15.3 billion to the states to use "in any manner reasonably calculated" to help needy families. This amount is what was spent in 1994, and there will be no inflation boost. Benefits would no longer be automatically given to people who meet certain criteria.

AIDS is spreading rapidly among women in the United States, and there are no indications it will slow. The infected population, as a whole, has been leveling off, thus making the rise in women more startling. AIDS cases among women have been increasing by seventeen percent per year, according to the Federal Centers for Disease Control and Prevention.

The Federal Aviation Administration, after years of debate, has agreed to allow airlines to "collect and analyze data on mistakes and equipment malfunctions". This information will be kept in data boxes, and may not be used to punish pilots or the airline. This "immunity will protect them even if they information showed that they had broken the rules."

# News

## Study Abroad Offers Opportunity of a Lifetime

BY JILL SCHNADER  
Co-Features Editor

Many people enjoy travelling and visiting different countries, but the opportunity to live in a different culture for several months is the chance of a lifetime. Study abroad programs across the country offer college students the chance to experience new cultures while fulfilling their degree requirements.

Two Ursinus juniors recently completed study abroad programs at diverse locations around the globe. Erin McNichol studied in Grenoble, France and Faith Zerbe was in Queensland, Australia.

The first step in studying abroad, and often the most overwhelming, is the choice of where to go. "I've always wondered about living in Europe, since it's such a different lifestyle. I chose France since I've studied the language for a long time," explained McNichol. She continued, "I didn't want to miss the opportunity to study over there."

Zerbe remarked, "I've always felt that I would like to do environmental work and I decided to go somewhere to do field studies." She continued, "it's also always been my dream to go to a tropical rain forest, so when I discovered that Australia had them, I decided to go there."

After arriving in their new "home" for a semester, the first

obstacle often faced by students abroad is a language barrier. Even years of study in a language does not completely prepare a person to "live" in that language. Adjustments need to be made to different pronunciations, dialects and slang. McNichol commented, "I lived with a family and at first I had problems with the language. I just kept having to say 'O.K.'! But, in time, I got used to it and was able to understand and contribute to conversations with the family."

Students from Ursinus often have another major adjustment to make when studying abroad: living in a large city. "It's definitely different living in a large city compared to living here in Collegeville," remarked McNichol. She continued, "Everything is much more expensive. Also, the cars over there are so small; now that I'm home, the cars here look huge."

Zerbe commented on the city of Sydney, which she visited over her spring break. "It was much cleaner and calmer than cities here. The Australian people are very laid-back and relaxed, not so worried about the hustle and bustle associated with city life here."

Studying in a foreign country brings not only adjustments to cultural differences, but certainly differences in academics as well. Besides the difficulties of having all her classes in French, McNichol

had to adjust to large lecture classes in amphitheater halls. "I definitely like the educational system better here. Classes there are much more relaxed since they are larger, but the teachers don't have as high expectations," she commented. "The teachers don't really get to know your name and are a bit colder. It takes a while for them to warm up to you," she continued.

Zerbe was part of an American field study program in Australia, rather than actually in an Australian university, and greatly values the experience. She explained, "Since we were out in the field, tests weren't stressed. We were learning for learning's sake rather than worrying about what we would find on the next exam. I think I learned more that way than if I had been learning for tests."

The chance to experience new and different cultures is not one to be missed, and college study abroad programs are an excellent way to "see the world." Zerbe concluded, "Now is the time to go, while you're young with no ties. It's amazing when you go to a foreign environment, not only do you discover a lot about that environment, you learn a lot about yourself!"

Anyone interested in learning more about the study abroad programs can contact Dr. Novack, the study abroad advisor.

## STUDENT SPOTLIGHT

BY JAYSON BLOCKSIDGE  
News Editor

Laura Lecrone is exploring Irish women novelists and the way they use the Irish "Big House" tradition in literature for her honors English research paper. Like the plantation novels of the old south, the "Big House" tradition examines both the aristocratic lifestyles of the Anglo-Irish and their Irish peasant servants.

Most novels in this genre, which was begun by author Maria Edgeworth, focus on the deterioration of the Anglo-Irish tyranny over Ireland. For her research paper, Laura is studying the novels of Molley Keane, Jennifer Johnston, and Julia O'Faolain. The works of these authors explore the coming-of-age (or Southern Belle type experience) of the Anglo-Irish daughters and the manner in which Irish women of that era

asserted themselves in the home. Laura's goal is to determine where Irish women feel they stand in literature and in the act of writing.

Laura is majoring in English with a minor in Politics. Outside of the classroom she works in the Development Office at Berman, is an active member of the Lantern staff, and holds two student offices as the National Representative of Pi Nu Epsilon, and the Secretary of Upsilon Phi Delta. She regards her honors paper opportunity as her most worthwhile project so far. She would wish to thank her adviser Dr. Lionarons and the rest of the English department for their crucial help and support.

Laura has applied to eight graduate schools for English. In addition, she is applying for the Fulbright grant to study for a year at Queens University in Belfast, Northern Ireland.



Photo by Mike Farrand  
Senior Laura Lecrone

## ALUMNAE SPOTLIGHT

BY LAURIE FALCONE  
Of The Grizzly

**Name:** John Zerr '84  
**Major:** Economics/Business Administration  
**Additional Education:** Temple University Law School '87  
**Clubs/Activities:** Member of Pi Omega Delta, Lacrosse  
**Position title/Place of work:** Associate at Ballard, Spahr, Andrews, and Ingersoll

First, John provided a bit of background on his line of work. His place of employment is a large full service law firm in Philadelphia. They concentrate on two areas: International business and investment company work. On the international note, his firm represents the U.S. and western European clients in dealing with the Baltic states and the Soviet Union. They also represent the interests of investment companies.

The interesting aspects of Mr. Zerr's profession are numerous. He thoroughly enjoys the international aspect of the law. He especially likes dealing with Lithuanian businesses, and once took a sabbatical from his job for

sixteen months to live in Lithuania. Also interesting to him is the challenge involved in international law. Besides the normal obstacles that exist in business, there are cultural and language barriers.

John's special advice? Good grades are crucial for admission to a good law school. Also, pursue something that really interests you. Mr. Zerr says he has many colleagues who aren't happy with what they're doing. Make sure the profession is something you want to do and you will enjoy doing it.

When asked about long range prospects in the field, John had several comments. He said the legal field is one with a great deal of demand for intelligent people. He has also noticed that within the last five years or so, the field is becoming more of a business than a profession. Mr. Zerr encourages law school for those who are motivated, but he advises that once you get out it's not always easy street. The law is a competitive area with many people trying to gain employment in it.

If you would like to find out more about this career or others, feel free to stop in Studio Cottage. The people there would be happy to help you!

# The Grizzly



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# Opinions

## Movie Mania

BY COLIN TUCKER

Arts and Entertainment Editor

I'm sorry that there was no article last week, but it seems that everyone has to get chicken pox sometime, and I got them at 20 years old. This week I will talk about movies I watched while I was at home sick.

**The Shadow**- This film is based on the popular old radio show. It stars Alec Baldwin as the title character, who has strong mental powers and can do crazy things such as reading minds and changing people's thoughts.

The premise of this movie sounds a little like it borrows the powers the Jedi used in the *Star Wars* trilogy, but the ideas in this movie were around sixty years ago on the radio show.

In the rather innovative plot, the Shadow begins as a tyrannical leader in Nepal who has killed hundreds of people. To make up for all of his atrocities, he is forced to learn a certain martial art that can

manipulate minds, and return to his birthplace in New York to use his powers to stop crime. As he saves the lives of innocent people, he enlists their help by asking them to do deeds such as informing the Shadow about when and where a crime is taking place.

In the meantime, a descendant of Mongol conqueror Genghis Khan breaks loose in the city, and wishes to blow up the city with an atomic weapon and take over the country.

The film was generally panned by other critics and did not do particularly well at the box office, and I did not really want to see it because it did not appeal to me and I think that Alec Baldwin is a hoser. However, I was sick and had nothing else to do, and my mother and brother both enjoyed it.

I was pleasantly surprised by the film. It had an interesting premise, and the special effects were very impressive. Rather than using a fictional backdrop such as Gotham City (as in *Batman*), the film actually recreates New York circa 1930. There is an impressive shot of Times

Square that looks very realistic. Alec Baldwin was not bad, but he is still a hoser.

I think many critics disliked the movie because they did not appreciate the film's dark and campy comic book style. Despite all of the bad press about this movie, I enjoyed it and I think you will too. **Rating- 7 (Good)**

**North**- Oh boy. This film was, in both Gene Siskel's and Roger Ebert's opinion, the worst film of the year. Unfortunately, that claim is justified. The film was really that bad.

In the outrageously unrealistic plot of this movie, North (Elijah Wood) suddenly decides that he does not like his parents anymore, and decides to go on an around-the-world search for new ones. In the meantime, the editor of his school paper and a lawyer (Jon Lovitz) try to capitalize on North's idea by devising a plan for kids to take over the world.

Sound stupid? It is. Pardon the

pun, but everything in this movie goes south. As he goes around the world to places such as Texas, Alaska, and Hawaii to meet prospective parents, the movie is very stereotypical. For example, Mr. and Mrs. Texas (No, I'm not kidding!) wear big, huge hats, and obnoxious sparkly outfits. I have been to Texas twice, and I didn't see anyone dressed like that. J. R. Ewing didn't dress like that either. Another scene in horrible taste was when he met his Eskimo parents in Alaska, and they sent their older father, who was in perfect health, out onto an iceberg to die. The eskimos may have done that many years ago, but they certainly do not do that anymore, and it was stupid and made no sense whatsoever.

Even though the film was referred to as a comedy, I did not laugh or even snicker a single time, and, as some of my friends may know, I will laugh at just about anything. Every single cast member overacted in the movie, including such talent as Bruce Willis,

Dan Ackroyd, Kathy Bates, and Jason Alexander. I do not know how these actors could stoop so low as to appear in such appallingly disgusting rubbish. Frankly, if I was an actor (wishful thinking), would take this script, drop it on the ground, and urinate on it, after firing my agent for even considering the possibility that I would appear in this poor excuse for a movie. I could go on for days, but I won't for the benefit of my readers.

Suffice it to say that this movie had no point, was not funny, and did not have a single endearing trait. I have seen some really bad movies, and this was one of the all-time worst. **Rating- 0 (Absolute Crud)** (Thanks, Chuck)

**Movie Quote of the week**- Last week's quote "A strange game... The only winning move is not to play" was from *WarGames*, and was spoken by Joshua the computer. It was identified by Eddie Arevalo. This week's quote is "Do or do not. There is no try."

## Separate Ghettos In MallAmerica

BY THOMAS EPLER

Opinions Editor

Currently, you are considering devoting some of your resources to a purchase. Of course, you think you know why you want the item; but do you know what is leading you to believe that you need it?

Commentator Andre Codrescu does. In his speech here on Friday night, he delivered a healthy criticism of capitalism with an insightful, often comedic outsider's perspective. Mr. Codrescu, a professor at Louisiana State University, knows that advertising creates a "manufacture of desire" by corporations, a point much like the leading U.S. dissident Noam Chomsky's observation that there is a "manufacture of [political] consent" by the American media.

Codrescu, a native Romanian, claims to have been a "virgin to advertising" until the age of eighteen. In his speech, he described coming to the West from the bland, Romanian communist culture and being initially seduced by images of "plentitude, color, sensuality, and

freedom." Are we any different?

Although we do benefit greatly from an advertiser's market with "options" and "competition," Codrescu addressed the consequences that all of us face in such an economy.

Planned obsolescence and the garishness of advertising have long been criticized by those who analyze capitalism, but there are newer concerns. In recent years, marketers have increasingly targeted tiny shares of the population. Have more needs been met? Certainly. Unfortunately, however, this economic division of consumers has resulted in a fragmentation of the general society. In fact, the entire view of a class structure is being overhauled with a new model—one reflecting momentary, financial capability. Mr. Codrescu illustrated this paradigm by stating a change in *The Question of Life*--from "What class am I in?" to "Am I Brand-X compatible?"

Codrescu observed that the Mall of America is the finest aquarium in which to observe this social splinterfication. In it, factions drift

and congregate, all seeking the image of being "new, better, and improved," all following the never-ending explosions, none questioning why businesses overthrow their own products. Gained is a sense of evolving identity...but lost is tradition, loyalty to the past. Gained is a temporary "elation, joy, and ecstasy"...But is it worth it? Will that purchase sustain (or truly enhance) your existence? Christmas and sex may yield satiated faces, but, other than the Christian Right at Ursinus, you can observe few consistently happy ones. Mr. Codrescu theorized that an alien observer might notice a great discrepancy between the joy of people in advertisements and the overall sullenness of our population. If they're buying the stuff, and they're not happy, the fault must lie in the advertising.

There are ways to escape the consumer culture, but our attachment to what we know makes us hesitant to try them. Few of us, for example, could follow the example of Peace Pilgrim, the woman who gave away everything--"walking

until given shelter, and hungering until given food." (She died in a head-on collision when she finally accepted rides.) Some may idolize the equality promised by a communist state, but internal logistics inevitably crush its ostensibly humanitarian mission to redistribute wealth.

Sadly, Mr. Codrescu pointed out that our strongest expression of dissent in this society is "I'm not going to buy that." The aware/educated of our society can try, however, to attend to the billboards and airwaves self-consciously; that is, to analyze their effects upon us. Chomsky talks of extricating ourselves from this "web of deceit" by undertaking a course in the sort of understanding which Codrescu promotes, in "intellectual self-defense." Both Codrescu and Chomsky recognize that a life led at this level of awareness will yield no easy answers; but while it is perhaps more painful to lead, we can reassure ourselves through our removal from this consumer culture.

That is, until we buy the farm.



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# Sgt. Grizz... "Nothing But The Bear Facts."



2-4-95 at 12:10 p.m. Security is notified that sometime during the night, unknown person(s) entered a Reimert suite and smashed a room door and damaged the furniture in the common room. The suite door was unlocked. The matter was referred to the Residence Life Office.

**SGT. GRIZZ REMINDS ALL TO LOCK YOUR DOORS AND DO NOT LEAVE THEM PROPPED. SAFETY AND SECURITY IS EVERYONE'S RESPONSIBILITY.**

2-5-95 at 1:45 a.m. While on patrol in Reimert, Security officers and the Resident Assistant came across possible violation(s) of pledging activities. The matter was referred to the Office of Student Life.

2-5-95 at 3:10 a.m. Security received a false call that someone had been beaten up on Main Street. Security and the Collegeville Police responded.

2-5-95 at 3:40 p.m. Security was dispatched to a Main Street house for a fire alarm. The officer and the RA confirmed that this was another false call.

2-7-95 at 1:45 a.m. Security officers discovered a homeless man asleep in Bomberger Hall. The Collegeville Police were called and during the interview, it was determined that he was in need of mental health intervention. The police officer transported the individual to the Montgomery County Emergency Services Unit located at the Norristown State Hospital and he was admitted.

# What's Up in Wellness?

## Keep your heart healthy

BY NICOLE D'ORSANEO  
Of The Grizzly

Valentine's Day is here! In the tradition of love, flowers and romance, here are some tips to keep your heart beating healthily.

A regular aerobic exercise program is the best way to keep your heart healthy. Being physically fit lowers the risk of heart disease among both men and women. When physical exertion lasts for more than a minute, the muscles derive their energy from oxygen consuming processes. Because of the role of oxygen, these activities are called aerobic exercises. These include running, walking, swimming, cycling, rowing, cross-country skiing, and aerobic dance. With this regular exercise, you will be able to pump more blood and deliver more oxygen throughout the body. Because your heart is stronger, it can pump more blood per beat and your

heart rate will decrease. Your heart will also be able to recover from the stress of exercise more quickly.

Diet has been implicated as a major risk factor linked to the development of heart disease. Many factors affect the blood cholesterol levels and the risk of developing cardiovascular disease. Fats can have a significant effect on blood cholesterol levels. Saturated fats elevate the levels LDL and raise the overall cholesterol levels. On the other hand, polyunsaturated fats tend to lower the amounts of LDL, reducing the amount of artery-clogging cholesterol in the blood. The following are places where saturated fats lurk: crackers, bagel bits, microwave popcorn, granola, toaster pastries, gravies, frozen vegetables in sauce, packaged rice dishes, and cheese. Sesame and soybean oils are sources of polyunsaturated fats. Also, vegetables,

dries peas and beans, fruits, barley, and oats all help to decrease your cholesterol level. Reducing overall fat intake and raising intake of unsaturated fats is no guarantee of protection against heart disease. However, it does decrease your odds of having elevated cholesterol levels.

Smoking is a major risk factor in heart attacks. It contributes to atherosclerosis of the coronary arteries. It also damages the lining of the arteries and it raises the total blood cholesterol. Nicotine increases the heart rate, which requires more oxygen, yet the carbon monoxide in smoke reduces the amount of oxygen the blood can carry. It raises the blood pressure temporarily and it may constrict the coronary arteries, making them less able to carry blood, and therefore oxygen, to the heart.

# Multiculturalism - Not just for minorities

BY NISHA BUCH  
Special to The Grizzly

Are some of you reading this article part German? Swedish? Recently, the Multicultural Service Office and The Foreign Student Program held a Diversity Dinner. At this dinner, the international students read poetry in their native language, and there was a small slide show on an area of Germany. President Strassburger was the keynote speaker, and he addressed many of the concerns that the college community has about multiculturalism.

Many people believe that the words multiculturalism and minority are synonymous. They're not! Often, minorities are concentrated on in an effort to promote multiculturalism. Which is about becoming more knowledgeable about a different culture. Some people fear that when people concentrate on minorities, they are losing sight of the majority. At Ursinus, imbalance does not occur. During Diver-

sity Week, which was Jan 29 - Feb 4, there were two workshops which focused on Ursinus and the different kinds of people here.

Also, there was a trip to see "Oleanna" at the University of Pennsylvania's Annenberg Center. This play concentrated on men and women. I don't know about you, but I need all the help I can get communicating with the opposite sex.

February is African-American month, and the Multicultural Services Office has different events planned such as movies, a speaker, and games. There will be more advertising in the near future. If you have any questions, stop by the office near Wismer Lower Lounge and speak to Todd McKinney. You may even realize that people are more similar than they are different even though they may have different customs, that all humans have some of the same feelings such as anger, fear, and most importantly, love.

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### PERSONALS

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Happy Valentine's Day, Amy!!

"How do I love thee? Let me count the ways."

I love you!  
Love always, Mike

Pokey,  
Will you be my Valentine?  
Love, Your Prince

To Our Moms (& Grandmoms),  
Happy Valentine's Day!  
Love, Mark & Marc

## GYMNASTS BREAK RECORD AGAIN

UC places 3 of top 4 competitors

Ursinus had three of the top four individual all-around performers, and set a new school record during its final home meet of the season on Feb. 11. The Bears' 168.95 was more than five points better than their previous record score of 163.05. The performance was good enough to propel the Bears past Brockport College (164.55), but just shy of Ithaca's 170.45.

Senior captain Kristen Cornell, competing in the final home meet of her career, was second in the all-around with a 34.40. Jen Courtney

was third with a 34.10 and Carrie Luka fourth with a 33.95. Ithaca's Lyndsey-Leigh Bartyzel, the 1994 national all-around champion, won the all-around honors with a 35.80.

Cornell was second on the uneven bars with an 8.80. Luka and Monica Jushchynshyn tied for second on the balance beam with scores of 8.90. Jen Courtney tied for second with a 9.00 on the floor exercise, while Luka was third with an 8.90.

## MEN'S HOOP TEAM LOSES TWO MORE HEARTBREAKERS

George White must feel like somebody up there just doesn't like him. The Bears new head basketball coach watched his team drop two more games in the finals seconds this week.

On Feb. 11, The Bears led Centennial Conference Eastern Division leader Swarthmore on the road, 50-45 with eight minutes to play, but the Bears would score just four points the rest of the game. Joe Bond's basket with 2:14 to play brought Ursinus to within one, 55-54, but neither team would score again. Bernie Rogers saw his winning layup attempt blocked with four seconds to play.

Rogers led Ursinus with 14 points and Chris Cervellero added 13. Kirk Daulerio and Colin Convey both had 14 points to lead Swarthmore. Convey's two foul shots with 2:46 to play proved to be the difference.

On Feb. 9, freshman Will Marshall scored 28 points and grabbed 15 rebounds to lead Western Maryland

to a 68-67 come-from-behind, conference win over Ursinus.

Ursinus led 31-27 at the intermission and held a 51-45 lead with 5:02 to play. But then David St. Rose took charge under the boards and scored seven of the Green Terror's next 12 points. His layup with 2:04 to play gave Western Maryland a 57-55 lead it would not relinquish. He ended the game with 22 points.

Rogers hit a three-quarter court shot at the buzzer to make the final close. Rogers ended the game with 20 points and nine assists. Pat Buyse also added 20 points, a career high. Jay Moran had 12 points and a team-best nine rebounds.

On Feb. 7, Adam Poe scored 27 points, and Ben Harris added 22, as Washington College came from behind to beat host Ursinus in another conference game.

Ursinus built a 21-7 first half lead, only to see it disappear in a

17-3 Washington run. The Bears fought back to take a 31-27 lead at the intermission.

The lead changed hands five times in the second half, before Mark Awantang's jumper with 8:07 to play gave the Shoremen a 55-54 lead they would not relinquish. Awantang ended the game with nine points, a game-high nine rebounds, and a game-best four blocked shots. Bradd Burkhart added 15 points for Washington.

Rogers led Ursinus with 17 points and a career-high 11 assists. Buyse scored 12 points, while Aaron Harken and Moran both added 11. Moran also grabbed a team-best seven rebounds.

Washington shot 55.6 percent from the floor, including 57.1 percent from 3-point range in the second half, after shooting just 28.6 percent in the first 20 minutes. Ursinus shot 59.2 percent from the floor for the game.

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## WOMEN SWIMMERS SINK BRYN MAWR

Bridget Cauley, Allyson Flynn, Jen Schmidt and Cristin Veit were double winners as the Ursinus women's swim team defeated host Bryn Mawr, 151-100, in a Centennial Conference Meet. The Bears

improved to 5-3 with victory.

Cauley won the 100 and 200 backstrokes, while Flynn placed first in the 500 and 1,000 freestyles. Schmidt won the 100 and 200 breaststrokes, while Veit won the 100 and

200 freestyles. She also placed second to teammate Deb Williamson in the 50 freestyle.

Tara Cope was the other individual winner for Ursinus. She placed first in the 100 butterfly.

GO UC  
SPORTS!



# WRESTLERS TUNE UP FOR CONFERENCE CHAMPIONSHIP

The wrestling team improved to 15-4 overall and 6-0 in the Centennial Conference with a quadrangular meet sweep of Haverford, Johns Hopkins and Swarthmore on Feb. 11.

The Bears blanked Haverford 51-0. Tom Guzzo pinned his 134-pound opponent in 3:36, while 167-pounder Heath Van Fleet needed 2:24 to stop his opponent.

Ursinus downed Swarthmore 36-7. Kevin Kochersperger sent a message early with his pin of Josh Allow in 36 seconds at 118 pounds. The Bears topped Johns Hopkins

46-3. Kirk Holt and Sean Mitchell picked up pins at 142 pounds, and heavyweight, respectively.

Kockersperger, 126-pounder Darren Torsone, Guzzo, Holt, 150-pounder Casey O'Donnell, 158-pounder Mike Ortman, 190-Pounder Tony Carricato, and Mitchell all picked up three individual wins each on the afternoon. Ortman is now 18-1 on the season.

On Feb. 8, The Bears posted a triangular meet sweep of Western Maryland and King's. Ursinus jumped out to a 30-0 lead of

Western Maryland in the conference clash and cruised to the 39-9 win. Heavyweight Mitchell carded the only fall of the match. He stopped Matty Wachter in 3:20. Mitchell was a double winner for the Bears. He needed a takedown in overtime to edge King's Warren Wilson. Overall, the Bears had little trouble with the Monarchs, winning the match 28-9.

Ortman needed just 37 seconds to pin King's Justin Band. He also picked up a forfeit in the Western Maryland bout.

## URSINUS 36

### SWARTHMORE 7

118 - Kevin Kochersperger (UC) pinned Josh Alloy (S) at :36;  
126 - Darren Torsone (UC) dec. Jason Strum (S), 6-2;  
134 - Tom Guzzo (UC) maj. dec. Chaz Teplin (S), 11-2;  
142 - Kirk Holt (UC) maj. dec. Jonathan Fiorello (S), 14-0;  
150 - Casey O'Donnell (UC) dec. Alec Stall (S), 2-0;  
158 - Mike Ortman (UC) maj. dec. Curtis Trimble (S), 14-4;  
167 - Eric Williams (S) dec. Heath VanFleet (UC), 4-1;  
177 - Michael Madden (S) maj. dec. Erich Adie (UC), 11-2;  
190 - Tony Carricato (UC) wins by forfeit;  
Hwt. - Sean Mitchell (UC) wins by forfeit.

## URSINUS 46

### JOHNS HOPKINS 3

118 - Kevin Kochersperger (UC) maj. dec. Mohab Foad (JHU), 11-0;  
126 - Darren Torsone (UC) dec. Ben Katz (JHU), 6-3;  
134 - Tom Guzzo (UC) pinned Jack Whalen (JHU) at 5:48;  
142 - Kirk Holt (UC) pinned William Lukens (JHU) at 5:00;  
150 - Casey O'Donnell (UC) wins by forfeit;  
158 - Mike Ortman (UC) dec. John Killar (JHU), 2-1;  
167 - Todd Rosenzweig (H) dec. Heath Van Fleet (UC), 4-1;  
177 - Wayne Dudley (UC) wins by forfeit;  
190 - Tony Carricato (UC) wins by forfeit;  
Hwt. - Sean Mitchell (UC) pinned Pat O'Brien (JHU) at :15.

## URSINUS 51

### HAVERFORD 0

118 - Kevin Kochersperger (UC) wins by forfeit;  
126 - Darren Torsone (UC) maj. dec. Bill Veenick (H), 11-2;  
134 - Tom Guzzo (UC) pinned Brian Glass (H) at 3:36;  
142 - Kirk Holt (UC) maj. dec. David Braun (H), 18-3;  
150 - Casey O'Donnell (UC) wins by forfeit;  
158 - Mike Ortman (UC) match term. Ben Scoll (H), 17-1;  
167 - Heath Van Fleet (UC) pinned Ben Cutler (H) at 2:24;  
177 - Wayne Dudley (UC) dec. Doster Esh (H), 7-0;  
190 - Tony Carricato (UC) wins by forfeit;  
Hwt. - Sean Mitchell (UC) wins by forfeit.

## URSINUS 39

### W. MARYLAND 9

118 - Kevin Kochersperger (UC) wins by forfeit;  
126 - Darren Torsone (UC) wins by forfeit;  
134 - Tom Guzzo (UC) dec. Steve Smiddy (WM), 9-6;  
142 - Kirk Holt (UC) dec. Justin Mikulski (WM), 1-0;  
150 - Casey O'Donnell (UC) wins by forfeit;  
158 - Mike Ortman (UC) wins by forfeit;  
167 - Phil Simmer (WM) dec. Heath Van Fleet, 10-8 (2OT);  
177 - Kurt Michaelsen (WM) wins by forfeit;  
190 - Tony Carricato (UC) dec. Jeff Kellmer (WM), 4-3;  
HWT - Sean Mitchell (UC) pinned Matty Wachter (WM) at 3:20.

## URSINUS 28

### KING'S 9

118 - Kevin Kochersperger (UC) maj. dec. Mike Donato (K), 11-0;  
126 - Darren Torsone (UC) dec. Bill Dunning (K), 3-2;  
134 - Tom Guzzo (UC) dec. Dennis Morgan (K), 6-5;  
142 - Kevin Lesoine (K) dec. Kirk Holt (UC), 4-3;  
150 - Casey O'Donnell (UC) dec. Jason Brokenshire (K), 4-1;  
158 - Mike Ortman (UC) pinned Justin Band (K) at :37;  
167 - Heath Van Fleet (UC) dec. Tom Sciarretta (K), 3-1 (OT);  
177 - Duke Lazowski (K) wins by forfeit;  
190 - Tony Carricato (UC) dec. Brian Trotter (K), 9-4;  
HWT - Sean Mitchell (UC) dec. Warren Wilson (K), 5-3 (OT).

# A PHILLY FAN

BY JOEL SCHOFFER

Assistant Sports Editor

What do John Hudson, Al Jackson, Brian O'Neal, William Perry, Otis Smith, and Broderick Thompson have in common? They're all available to the Carolina Panthers and Jacksonville Jaguars in the NFL expansion draft this Wednesday, February 15.

The selection of these players does leave me with a few questions. First, who is Al Jackson? I honestly thought that I knew all of the Eagles and their positions, but this one stumped me. I think he might be the guy that held the cords from Kotite's headset, but I could be mistaken. He might not even be that important. Next question...

Will someone please take both Otis Smith and Broderick Thompson off the Eagles' hands? Pretty please? Pretty please with sugar on top? I don't think the Eagles will get that lucky, but if one of them goes it'll probably be Thompson because the two expansion teams are going to be in need of veteran offensive linemen. Thompson didn't perform well this season (Did he play at all?), but it's possible that it was because of the early season fiasco with salaries.

If Otis Smith isn't taken, the Eagles better hand him his walking papers because I'm sick and tired of watching this direct descendant of Izel Jenkins get burned. Then again, you could

have said the same thing for Pro Bowl corner Eric Allen this season. Next question...

Why are you giving away Brian O'Neal? That boy can block, and isn't that what a fullback is supposed to do? Picture this in three years, Charlie Garner at halfback and Brian O'Neal at fullback. What a combo! Which brings me to...

Was Jay Fiedler talented enough to warrant giving away O'Neal? This one is better left as a rhetorical question, for it needs no answer. And to wrap up the Eagles questions...

Do you think any team would be stupid enough to pick up William "The Refrigerator" Perry? Not only is he good for only the first eight games of a season, but can you imagine the added financial burden a team

would be taking on if they selected him? What do I mean? They have to feed the guy, and I think that might be why Norman Braman sold the team. He was afraid of the escalating variable costs and decided to get out while he still could.

All I can say is that if either one of the two expansion teams picks him up, they're going bankrupt within three years.

Now we turn to basketball and our 76ers. They might not be very good, but they're heading in the right direction. They're heading right towards a lottery pick and a lot of ping-pong balls.

There is, however, one thing that kind of worries me right now. It's something I and a lot of other people didn't think was even a question.

Namely, is Clarence Weatherspoon ever going to develop into an All-Star caliber player?

I certainly hope so because it will make life for us Sixers fans so much easier, but I thought that this would be his breakthrough season and he hasn't really impressed me much. On some nights he plays like the mad man I want him to be, but on other nights he's only average.

If he doesn't develop into a star, then Sharone Wright better. If a team's going to win in this league it needs a star forward, especially if Shawn Bradley is the center, but that's better left alone because I don't want to go off on a tirade.

## WOMEN'S HOOP TEAM STUMBLES AGAIN NCAA BID QUESTIONABLE

The women's basketball team saw its hopes for an NCAA Tournament bid take a blow last Tuesday. Eboni Taylor scored 20 points and grabbed 18 rebounds as host Washington College stunned the Bears 57-50 in a Centennial Conference Eastern Division Game. Washington remained unbeaten on its home floor this season, while Ursinus suffered its first-ever loss to a CC Eastern Division foe.

Allison Wentworth added 14 points and 14 rebounds for Washington, which trailed Ursinus 21-20 at the intermission. Washington out-rebounded Ursinus 56-43.

Ellen Cosgrove led the Bears with 21 points and nine rebounds. Megan Larkin added nine points and seven rebounds.

The loss was the fourth of the

season for Ursinus, which likely will have to win the conference playoffs to advance to the 64-team NCAA Tournament field.

The Bears did bounce back to win their next two games, however. On Feb. 9, Ursinus improved its Helfferich Hall winning streak to 17 with a 71-74 non-conference win over Moravian. Cosgrove, the fifth-leading scorer in the nation through games of Feb. 4, scored 22 points and grabbed nine rebounds to lead the Bears. Laura Coulter tied her career-high with 18 points and added a game-best 10 rebounds.

Steph Casperson contributed 15 points for the Bears, while Larkin scored 12 and dished out a game-best seven assists.

The Bears had to come from

behind to beat host Swarthmore on Feb. 11. Cosgrove again led Ursinus with 17 points and five rebounds. Freshman Dana Curry added a career-best 14 points and five rebounds, while Larkin added 12 points. Beth Johnson grabbed a team-high seven rebounds in just four minutes of play.

Ursinus shot just 9-for-33 (27.3 percent) from the field in the first half, and fell behind Swarthmore 22-21 at the intermission.

The Bears put their 15-4 record on the line Tuesday night at Muhlenberg. Bryn Mawr comes to Helfferich Hall Wednesday evening. Then the faculty will try to snap the Bears home winning streak on Thursday.

Don't Forget About The Big Basketball Game This Thursday, Feb. 16 at Helfferich. Faculty and Staff vs. The Ursinus Women's Basketball Team!

Starts at 7:00 PM  
\$2 for Students  
\$4 for Adults

## CHUCK'S WAGON

BY CHARLIE WEINGROFF  
Sports Editor

No football. Season's over.

No baseball. Yeah, for the last 6 months we've had that little strike thing. That's all the ink baseball will get.

What will get ink for the next few weeks are basketball and hockey. To begin with the NBA, yet another suspension/fine was doled out to one of NBA disciplinarian Rod Thorn's favorite sons, the Madman, the man with the nine millimeter in his coat pocket, Vernon Maxwell. In the true tradition of Bam Bam Bigelow knocking out fan Lawrence Taylor at The Royal Rumble [You can ask Rudy or Matt Miller about that], Vernon charged the stands at Portland in an effort to rough up a heckler.

Well, the major sentiment here is that Vernon was wrong. Sure, he shouldn't be charging after some big fat guy from the Pacific Northwest. There's no question in my mind that Vernon can throw hands with the best of 'em. But there is a very fine line here. This tubbo from Portland probably paid close to \$100 to sit where he was at the game. That's a ton of bucks. But does that give Mr. Mess the right to say whatever he wants? By the

way, this wasn't your run of the mill trash talk. Vernon's wife had a miscarriage a few years ago, and this jerk didn't hesitate to let him know about it. That's wrong. Stuff like, *You suck* for players like Shawn Bradley and *Have a salad* for guys like Oliver Miller, are allowed, but when you get really personal, that's when it's open season. I got Vernon's back and new found respect for a guy who truly never met a shot he didn't like.....or didn't take.

While Vernon was knocking fans out, the Suns' Danny Manning knocked himself out by tearing up his knee for the second time in less than 6 years. You can ask Big Jim Zurad how that feels. So one of the Suns major cogs is out. The Suns will definitely miss a few steps, and with the Sonics beating everyone from here to Massapequa, they are the team to beat in the West. But the Suns won't fall too far behind, and the reason comes from 2 words: Antonio Lang. He came off the injured list when Manning went on. Nobody expected the rookie to even be drafted out of Duke, but when he starts to get extended minutes, he will show why he was.

Some mid-season assessments. MVP: Anfernee Hardaway. I've seen a fair number of Magic games

thus far, and I've got 3 words for him: un-believe-able. Take away Penny, and take away 10 Magic wins.

*Rookie of the Year:* The Kidd. Taking nothing away, but Grant Hill's numbers are really not that great. Glenn Robinson has a lot of points and more shot attempts and even more turnovers. Jason Kidd has made the Mavericks better all by himself.

*Biggest Surprise:* The Sacramento Kings. Mitch Richmond is the best shooting guard in the NBA and in NBA Live '95. Rookies Michael Smith and Brian Grant have resembled the likes of the Knicks' or Pacers' mean attitude. It has taken some time, but the Kings will certainly be a factor next year because they may be just bad enough to get into the lottery.

*Second Half:* As long as the Magic avoid injuries, any Game Sevens, or the free throw line, they will have an unobstructed path in the East. The Pacers will finally step up as #2. They have been near the top of the Central, and have yet to have Antonio Davis.

Like I said, the Sonics move to the head of the West. Utah will fizzle. Phoenix won't. The Rockets had the Phillie syndrome last year, and you can't expect career years from

everyone every year. Golden State has not been at full strength all year, and if they are, their talent rivals Seattle's and Phoenix's.

Thus far the NHL season has not been as sloppy as some would have thought. And I'm sure no one would have thought the Rangers would be 4-6-1...and still be in first place. The Rangers are in big trouble. They just lost Adam Graves (50 goals last year), and that will not help their sickly offense thus far. They need goals, and they're just not gettin' 'em. And if they don't get them soon, Pittsburgh and Quebec will not be caught.

What the Rangers also don't have is Mike Keenan, the present coach in St. Louis. Keenan's got Brett Hull playing like a machine again, and the defensive help he's brought in, led by Steve Duchesne and Al MacInnis, has made a big difference. But what hasn't made a difference in the scoring drought in the NHL this season is the play of Blues goaltenders Curtis Joseph and Jon Casey. They have been horrendous. These 2 have to realize that the key to goaltending is getting in front of the puck, like letting it hit you and keeping it out of the goal. Cujo has certainly been a very scary book for the St. Louis Blues.

I really like the trade the Flyers

just made. Mark Recchi is phenomenal, and the Flyers just didn't give him away. The Canadiens certainly can use the offense (just over 2 goals a game), and the Flyers need dough like anybody, and they might also be able to use a defensive defenseman, like Eric Desjardins. Both teams will be helped. The Habs get a great scoring winger, the Flyers had wingers to spare, and they get a great defenseman, who will give you a very high +/- rating, and two 2nd or 3rd line forwards.

Last week not a single soul had an answer for last week's question. Well, The Mouth of The South, Jimmy Hart pleaded with Randy Savage to go with him and offered the fact that Jimmy would save him money. He would take him to K-Mart instead of Beverley Hills like Bobby Heenan. More money saved was more money earned according to The Mouth of The South. We'll go with an easy one for The World Wrestling Federation Trivia Question of the Week: What were the 3 cities Wrestlemania 2 was held in? That's all for this week, and the pleasure was all yours.