

THE Cowl



WELCOME TO

COLLEGE

Our Guide to Freshman Year: pages 2-4

The Summer in Review: pages 10-11

Wanna Eat? We'll Tell You Where: page 13

Things To Do Before You Graduate: page 15

Fall Sports Schedule: page 18

Sports Writer Remembers Brendan Frail: page 18



TIPS FOR FRESHMEN

New Group, Same Routine

by Chris Slavin '12
Commentary Editor

Freshmen – exploring the new frontier that is college is undoubtedly leaving you scared and uncertain! What can you expect from these next few weeks? Well, *this* is what you can expect.

Meg and Liz just met here at PC. They are not roommates but they do live on the same floor in McVinney. Meg's roommate is SO WEIRD. Like, she doesn't talk to anybody. All she does is sit at her desk and there is no way she even wants to go out or anything. Liz's roommate did Urban Action so she already has a group of friends that she's been with all week, so, like, it's kind of awkward for Liz. Luckily, Meg and Liz found each other when Meg, who is from Mass., heard Liz tell their RA she is from Northridge, C.T.! That's where Meg's cousin is from! The two have clung together since.

Since the first few weeks of freshman year is a period of true, unfiltered awkwardness, I'll begin our story at the Mecca of freshman awkwardness – The Freshman Ice Cream Social. Meg and Liz are walking down together from McVinney. A few other girls from their floor are with them. One is from the next town over from Liz's old babysitter, and Meg and one of the other girls were both in Orientation Team G, but besides that there have been no true connections made. Everyone can point out the girl who friend requested everyone in the Class of 2014 on Facebook prior to arriving at school.

To reduce vulnerability and enhance comfort, the entire group of girls is loitering together near a picnic table at the social. The only one eating ice cream is the extremely outgoing one, who probably isn't naturally that outgoing but is being really energetic and friendly these first few weeks because, well, that's what she thinks is necessary here in her new college environment. Meg and Liz are suddenly approached by a semi-cute boy who Liz recognizes from, "I like people who," two days earlier. An average-looking subordinate flanks the boy.

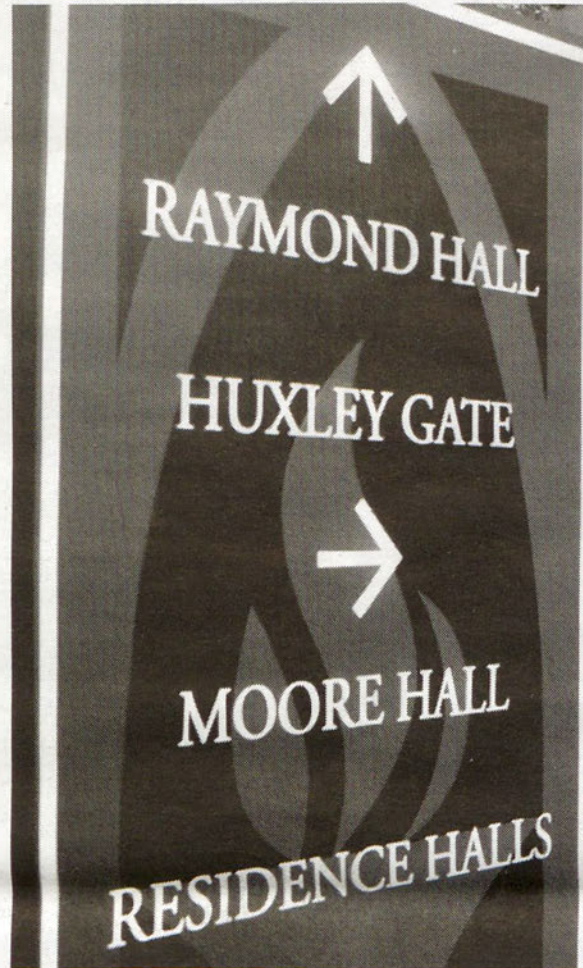
Semi-cute boy: "Liz, right?"

Meg notices that this boy is trying very hard to make his voice deeper than is natural.

Liz: "Oh, yeah, Anthony, right? Haha. Orientation?"

Semi-cute boy: "Andrew, actually. Haha. Yeah! Team B represent! Those corny games they made us play were the worst. This is my roommate, Mike, by the way."

The four of them exchange the standard: names, hometowns, majors, and dorms. Mike and Liz are both Undeclared, but



BILLY NAWROCKI '12/THE COWL

probably Marketing! Andrew and Meg are pretty sure they know where each others' towns are in Mass. ("that's kind of near Clarksbury, right?"). The four are slightly more confident now that they are engaging in conversation and have made acquaintances, at least. Then Andrew asks the question that is on the minds of 95% of the social-goers.

Semi-cute boy: "So are you guys, like, going out tonight?"

I mean, it's college, so...

Meg: "Yeah, we want to. Have you guys heard about anything going on?"

Roommate Mike: "I think I heard something about a few parties on Eaton Street..."

Meg: "Oh my God, say 'party' again!"

Roommate Mike: "Pahty."

Meg: "Haha! That's so funny! It's 'party' not paahhty! Are you from Boston?"

Semi-cute boy: "You should hear what a kid on our floor calls 'subs.'"

Liz: "Oh my god! Do you mean grinders?"

Discovering regional language differences. Freshman year 101

Liz: "Yeah, I heard Eaton Street too actually."

Semi-cute boy: "We were going to go back to McDermott to maybe pregame a little bit before we head over there.

You guys are welcome to join us..."

Meg and Liz bob their heads in approval and exchange looks. They have plans! The girls are going to go back to McVinney really quick first (mostly to change their Facebook statuses to "OUTTTTT" or something of the like so they can let their friends at other colleges know that they are having just as much fun at college as anybody and that they are SO loving it OMG), but they exchange numbers with the boys and are on their way with a new spring in their step. And then, to everyone's dismay, *he* comes along. Yes, *he* – that fellow freshman who is talking to everybody, pretending to be a lot more comfortable than he really is. This bro can be heard from across the social because he is speaking way too loudly in attempt to put himself in a position of superiority. He seems to know exactly where every building on campus is already. Pretending to be a completely comfortable seasoned PC vet already intimidates those who are not so good at hiding their awkwardness. He's with six or seven other similar looking boys who haven't stopped loudly laughing since they walked up. This is so everyone can hear them and know that they are LOVING college. They approach our heroines.

Kid who is pretending to be very comfortable with college already, but is actually just as nervous as everyone else: "Hey what's up how are you ladies doing tonight? I think I recognize you guys from Orientation. Are you ladies going out tonight? My name's Kyle by the way. Nice to meet you guys. What did you guys say your names were? So are you guys going out tonight?" Still, speaking way too loudly. Meg

and Liz politely shake hands and tell Kyle their names, hometowns, majors, dorms, and Kyle gets excited when he thinks he hears Liz say Springfield, C.T. when she actually says Springtown. Kyle has family in Springfield.

Kid who is pretending to be very comfortable with college already, but is actually just as nervous as everyone else: "Well, we're going to head back to Guzman for a bit before we hit up Eaton. Have you ladies checked out The Scuz yet?"

One of Justin's random minions: "The SCUZ!"

Meg and Liz join Andrew and Mike at McDermott. Seven more join them before they depart for Eaton, where the flock of them wander around the tangential streets for over 45 minutes.

Semi-cute boy: "This one is Pembroke."

Meg: "Are you sure? I think the next one is Pembroke. This one is Radcliffe."

Roommate Mike: "I thought I heard someone say there was a party on Pinehurst."

The group spends about an hour huddled in a filthy basement with red cups in their hands. Liz saw her orientation leader at the party OMG! Then the girls ramble about all of their new friends that they made that night.

Enjoy, 2014.

Now or Never

by Laura O'Neill '13
World Staff

Congratulations Class of 2014 and welcome to Providence College! If you are reading this, it means that you've survived a week of "ice-breakers" and have been officially hazed into the Providence College community. But now that the fun and games are over and classes have begun, it's not unusual to find yourself asking, "What happens next?"

In a few months, you're going to be faced with a staggering range of choices. It's now up to you to determine which classes you take, what campus organizations you get involved with, and the kind of people with whom you would like to spend your time. The best advice I can offer is to prioritize: What would you most like to accomplish in the next eight semesters?

Prior to my arrival at PC, I had never traveled outside the New England bubble of little white churches and rolling corn fields. I knew that going away to school would provide me with ample opportunities to get out into the world and set out on the adventures I had been dreaming about for so many years. So instead of waiting for the travel offers to come to me, I took the initiative to attend an information session about the PC Alternative Spring Break program. I was sold, and just a few months later I found myself flying across the country to spend a life-changing week on an Apache Reservation in San Carlos, Arizona.

The point is, do not sit back and hope that your college experience will mold itself to fit your needs. This is the moment to take advantage of your newfound freedom and pursue your dreams! PC offers a wide variety of academic, athletic, and volunteer opportunities, so find the ones that are suited to your interests. Doing so will ensure that you leave PC satisfied and that you milked your college years for all they were worth.

Beating the Freshman 15

Tips to keep the pounds off while in college

by Meghan Conway '12
News Staff

CONCANNON: Working out to keep off unwanted pounds is a no-brainer; however, actually getting yourself to the gym isn't always so easy. Lucky for us PC students, the Concannon Fitness Center provides us with state-of-the-art cardio machines, weight training equipment, and every workout class under the sun, so instead of lounging around, grab your roommate and hit the gym!

TAKE THE STAIRS: Opting to climb the stairs in your dorm, instead of taking the elevator, is a simple way to burn a few extra calories everyday.

EAT BREAKFAST: You may think skipping breakfast is a great way to eliminate calories, but by mid-morning, you'll be starving and end up consuming more. Most would agree that Ray's best meal is breakfast, so head to PC's famous dining hall and grab some grub!

GET ENOUGH SLEEP: Rest is key in living a healthy lifestyle, and definitely plays an important role in weight

management. When you are sleep deprived, you're more likely to crave junk food and lose your motivation to go to the gym. Shoot for eight hours of sleep a night, and take a nap if you're feeling sluggish to avoid unhealthy snacking.

TIME MANAGEMENT: Between classes and a social life, managing your time can get tough and eating healthy can seem like a hassle. When you're pressed for time grabbing French fries in Ray or ordering Golden Crust may be easy, but it will catch up to you in pounds eventually. Making the effort to designate time each day to have at least three well-balanced meals will pay off!

DRINK WATER: When we are dehydrated our bodies are unable to sufficiently burn calories. So make sure you're drinking enough water so your body can flush out fat!

AVOID EXCESSIVE ALCOHOL CONSUMPTION: Extreme alcohol intake on a regular basis equals extreme calorie intake. Consuming hundreds or perhaps thousands of calories in alcohol a week will surely pack on a few pounds, so be aware of how much you're drinking!

**Friday
September 10
6-9 p.m. on the
Chapel Lawn
(between
Martin House and
McDermott Hall)**



**Friar
Fall
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**Moonbounce
Pie Eating Contest
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Dr. Woods by Derek Knox '11



Ah, another year, another batch of chipper, young faces.

Few things in life are as rewarding as teaching new freshman... They are blank slates, oblivious to all that awaits down the road...

They never see the water balloons coming.

Take It From Me, College Is a Balancing Act

by Arman Oganisian '13
World Editor

It was mid-July in 2009 and I had just graduated from high school a few months ago. Suddenly, college was becoming a reality. Sitting there in the Boston University auditorium, I listened to the speaker at the podium. I was at the pre-law advising event, which I chose to attend, out of many other events occurring at this BU open house for admitted students.

The man at the podium was a successful attorney who also taught part-time at the Boston University School of Law. He described the process, the necessary skills, and the attitudes one must possess when entering law school. After he concluded his pre-law advising, he paused to give us a little bit of advice as freshmen undergrads:

There is a lot you can do if you come here. This is Boston. It's a great city with a lot of fun to be had and there are definitely a lot of amazing city nights in your future. But, remember, you're here for four years. Do not cram in all the fun into your first semester – spread it out a bit.

Although I did not attend BU (I did not want to be nearly a quarter million in debt after four years), I found his advice to be just as applicable here at Providence College. Providence is a great city; there is no question about that. Lupos, Trinity Rep, and clubs galore equal a great college experience. Throughout my freshman year, I sure have had my fair share of fun. But I did not cram it all into one semester. I was fortunate enough to be able to strike the perfect balance between academics, extra-curricular activities, and social life. I quickly learned that a social life is not the only aspect of the college experience. In the same way, academics alone do not compose the college experience either. All things must be done in moderation. This is true at Providence College as well as in life.

Trust me when I say that college is but a glorified balancing act. It doesn't matter how smart you are or how quickly you can process information. Your undergrad years form a well-wrought tightrope between high school and your future professional lives. Work smart, not hard; party smart, not hard. Stay organized, prioritize, make sure to keep your head up, and you'll get across just fine.

WHERE DO YOU SEE YOURSELF GOING?



COME TO THE STUDY ABROAD FAIR ON
MONDAY, SEPTEMBER 27TH FROM 6:00-8:00 PM IN '64 HALL
TO LEARN MORE ABOUT WHERE YOU CAN GO!
Find the program that is right for you!

Don't just see yourself somewhere, BE THERE!

12 Ways to Lose Your Roommate

by Kaitlyn Monast '13
Asst. News Editor

-Forget kindergarten share policy take up all the space in your dorm.

-Raid your roommate's stash of food, they always have better snacks.

-Borrow your roommate's favorite outfit to party in, stain it, and return it just like that.

-For that matter, when you're not wearing their clothes wear no clothes.

-Brag about all the friends you made in orientation, and definitely don't invite your roommates. Who wants a tag-a-long?

-Cleaning is for your mother. Never clean anything, ever.

-Be obnoxiously loud on the phone. Your conversation is always interesting to everyone.

-Who's afraid of the dark? You are now. Leave all the lights on, all the time.

-Roommates not there for the weekend? Throw a sleepover, in their beds.

-Test time=Party time. Invite everyone to your room while your roommate is stressing over the first big test.

-Rules are meant to be broken. Break all the rules you and your roommates made during your RA meeting; in one day.

-As a matter of fact, don't make any rules. When the time comes do what you want.

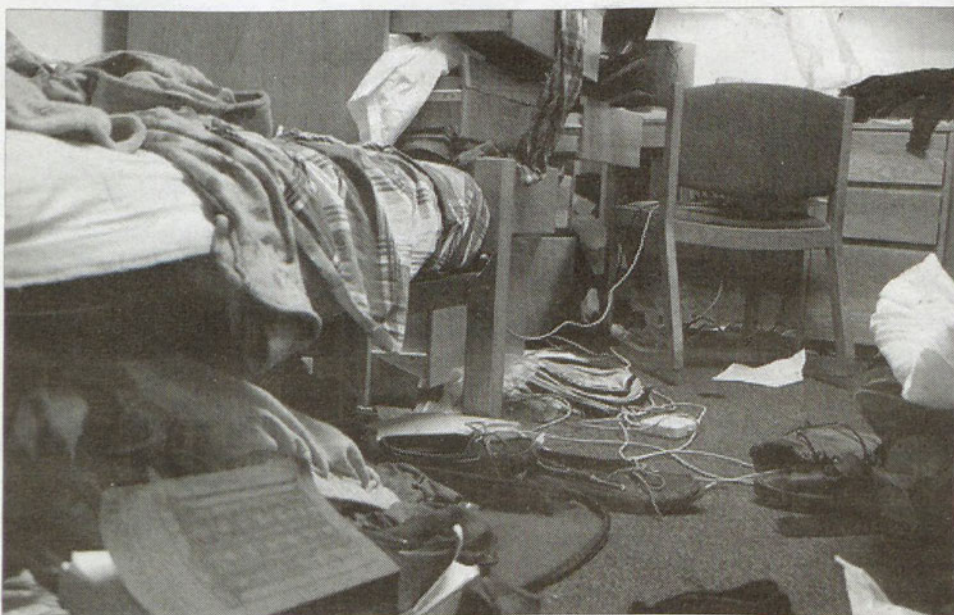


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Stained Glass Artist Returns to Providence: Sylvia Nicolas, A Preview

by Sara Spirito '11
Editor-In-Chief

For anyone who has been in St. Dominic Chapel (which is most of you) the artwork inside stands out as something truly remarkable. The artist, Sylvia Nicolas, created the 45 stained glass windows, as well as the 6-foot main crucifix, and the Stations of the Cross hanging on the walls, framing the church. Nicolas is a world-renown fourth-generation stained glass artist hailing from the Netherlands, who has a show opening in Reilly Gallery in the Smith Center for the Arts this week. Not to make this a shameless plug for the Art History Department, but this show is a must see.

The show encompasses her work throughout her career, from early family portraits, terracotta sculptures, religious sculptures, and of course, her stained glass works, which are the

most recent works in the exhibit. The show is an interesting mix of her personal and religious works, through which her personality shines. Nicolas lives in a farmhouse in New Hampshire, with her studio next door in the rustic barn. It is an interesting place for someone to end up, who lived such a cosmopolitan lifestyle in her youth. She spent



time in Europe where she was born, studied in Paris and also with The Art Students League in New York. She acquired her skills by being an apprentice to her father, who was a master stained glass artist and painter. Working in the Art History Department over the summer, I was

lucky enough to venture up to meet her and tour her house and studio. It was a remarkable experience to see where she works and creates

these masterpieces. After having the pleasure of meeting with and talking to Nicolas (which you can do at the opening), one can see her warmth and charm, especially in her stained glass pieces. Each figure, as you can see in St. Dominic Chapel, as well, has an expressive face and personality, which is her way of giving life to every subject that she touches. The stained glass pieces, which are the focal point of the exhibition are illuminated beautifully in custom made light-boxes, and are complimented by all of the pieces around them.

The show is entitled The World of Sylvia Nicolas, and after viewing it, everyone should have a good idea of what her world is like. The show's opening reception is open to the public and is next Thursday, September 16 from 5-7 p.m., but is open already if you are wandering through Smith on the way to class and feel like dropping in for a preview. So, come view some extraordinary art in



PHOTOS BY DAN NIETO '11/THE COWL

your first few weeks here at Providence College, and meet the artist, it will really change the way you view St. Dominic Chapel when you walk in next time.

McPhail's

Slavin Center
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AIM: McPhails02
mcphails@providence.edu

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Classic Trax!

Fri, 9/10
McPhail's
8:00 PM

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Check us out on Facebook! Full Bar w/ID!
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McPhail's
Daily Menu

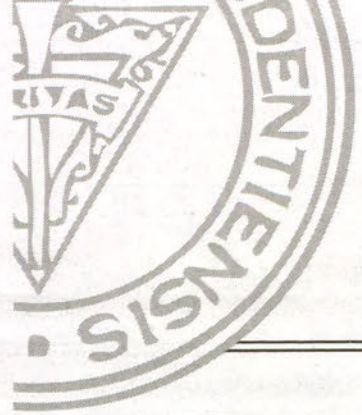
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- Milkshake..... \$3.00
(Chocolate, Vanilla, Strawberry, Coffee)
- Milkshake w/topping.... \$3.50
- Fountain Soda.....\$1.00
(Coke, Diet Coke, Sprite, Ginger Ale, Cranberry Juice, Fruit Punch Powerade, Seltzer)
- Rockstar.....\$2.00

LIVE IN
MCPHAIL'S!

SECOND
SN
NIGHT

SATURDAY 9/11
8:00PM



WORLD

May

WHAT WENT ON WHILE YOU WERE GONE

BY: ARMAN OGANISIAN '13
WORLD EDITOR



On July 11, Spain emerged victorious over the Netherlands in the final match of the World Cup.



Russian President Medvedev and President Barack Obama were having lunch on June 28, as ten Russian spies were being arrested in the U.S., reports *The Guardian*.



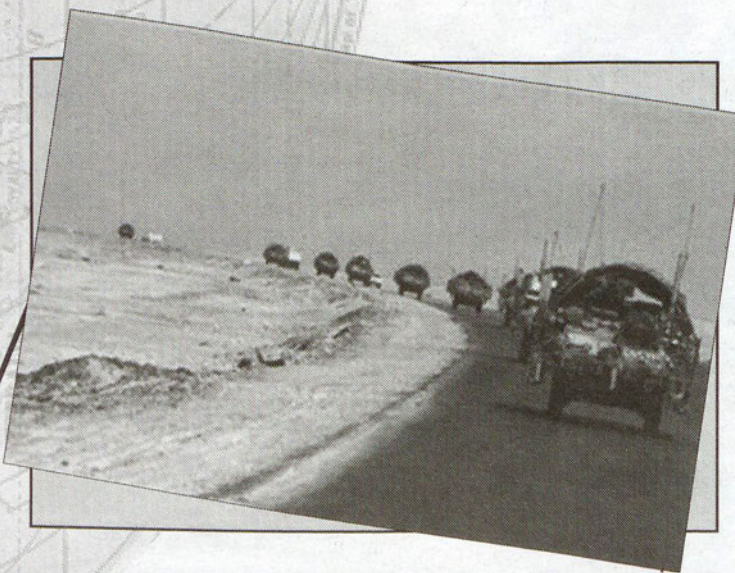
U.S. District Judge Susan Bolton issued an injunction on July 28 which blocked major provisions of Arizona's SB 1070, reports *ABC News*.



On July 15, BP stated that the oil spilling into the Gulf stopped leaking after 86 days, according to *Long Island Press*.



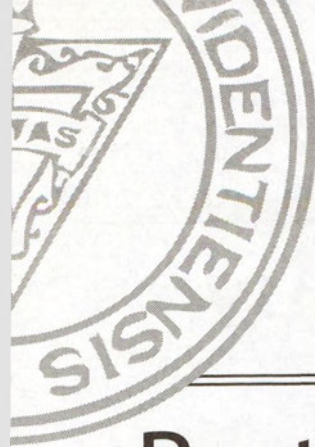
Pakistan suffered the worst flood in 80 years in early August. Thousands were killed and millions displaced, says *MSNBC*.



Obama announced the end of U.S. combat operations in Iraq, on Aug. 31. However, 50,000 non-combatant troops will remain to assist the Iraqi army, reports *The Guardian*.

September

ALL PHOTOS COURTESY OF FELICKR



Be the Master of Your Own Universe

By Conor Leary '11
Portfolio Editor

FICTION

What advice can I give to you all?

What could I possibly know about the gravity of your situation and about problems literally the size of planets orbiting you, from starting new classes and buying impossibly expensive books to setting up your new habitat, with its share of strange stains, and being surrounded by absolute strangers with your parents and your closest friends miles to light years, car rides to endless trips through this country's convoluted system of airports away?

You've also been given your own universe, defined by its chaotic nature and like young men and women infused with new power, you've already begun to think of how you're going to control everything as your universe's little god. So, who does this writer think he is, trying to lend you, the master of your own universe, some sort of divine inspiration?

Who do you think you're kidding? I know exactly what you're going through! I was once standing in your very place, exhilarated that suddenly, my life was my own to control. I was also standing in your place, scared out of my mind at the amount of power I now held and how the universe outside my own seemed too much to handle. Let me just tell you something. When universes collide, you have to be ready to send up your defense systems, complete with force fields. Most importantly, you have to have a direction to point your universe towards. I'd suggest forward. It helps your universe evolve better, brings peace to it, and keeps your godly brain sane.

So here we go. I have a few things you might want to keep in mind. I only mean to keep your universe slightly safer, smarter, and maybe a little more sophisticated than your neighbor who might choose to ignore my advice. If they want to let the universe entrusted to them be sucked slowly down one of the infamous black holes that plague the celestial realm of college, fighting for the power over their



PHOTO COURTESY DIMITRI CASTRIQUE

own lives for eighteen plus years must not have been very enlightening.

1. Keep your Universe Green- The best way of establishing order to your lives, from the very moment you settle your universe within the greater setting of Providence College, is by keeping it clean, organized, and navigational. So jump on the bandwagon with the rest of the world, and keep your garbage in the proper receptacles, establish a recycling program for all those water bottles (buy a Brita even!), and keep your clothes in their proper places (universes carpeted with clothing usually don't yield much growth). Also, make use of your universe's natural water resources and don't wait for an angel's voice (that sounds like your mother's) to tell you to shower. It'll keep the smell of your universe bearable.

2. Keep your Universe Educated- Located within the greater territory of Providence College, you have become one of the four thousand universes to be accepted into its rather exclusive astronomical territory. Become one with the education that is being offered to you so your universe is enlightened by the very thinkers you learn about in your classes. Attend Development of Western Civilization, dedicated to making Aristotle, Plato, William Shakespeare, Gandhi, Jane Austen,

and Winston Churchill citizens of your universe (I know they're dead, but they can definitely live on in your universe). Believe me, if you get all of them living in your world, it'll make you worlds smarter and therefore, tests will be no problem.

3. Don't let your Universe Get Too Big- It might sound impossible, but there isn't a lot of room in space for a whole lot of girth. Keep your universe eating healthy and participating in the hundreds of activities Providence College has to offer. Whether it's kicking your universe's butt at the gym and testing its limitless strength, or taking your universe for a walk down to the Slavin Center, keep your universe as active a place as possible. Don't emulate the majority of the United States, where 66.7% of the population is combating obesity.

4. Culture your Universe- Don't let the entertainment value of your universe be smothered by X-box tournaments and the rap music blaring obnoxiously out of someone else's universe. Don't let the arts of your universe be hidden by other things. Discover music, studio art, the theatrical arts, and cultures of the universes around you. Stop by the Smith Center, and maybe you'll learn what makes all the universes within it exceptionally unique (We're not aliens. We do not want you to take us to your leader. We have our own: Sondheim, Shakespeare, etc.)

5. Let Immigrants In and Become One Yourself- This is by far the most important

piece of advice I can give you, and I certainly hope you've moved your universe into the Providence College sector of space determined to make friends. The most important thing your universe should have is a department of diplomacy that allows for clean, wholesome, and friendly interactions between your universe and someone else's. Let people understand all your universe has to offer whenever they want (universes can be visited through technological communicators when paritals are in effect, as well as outside the sleeping quarters).

And visit other universes. Become an explorer and jump from universe to universe. It is by far the best way to get to know people. Your professors have universes too, and with their permission, which they usually give in the form of their contact information on their syllabus, you can enter theirs too! Don't settle your universe in the warmth of Providence College only to become a colder part of its space. You've been given a universe and the best way to populate it is to invite people from other universes inside (keeping it clean makes people more likely to accept your invitation).

So that's my little speech, ornamented with all the astrophysical and figurative language I can think of. Most of all, I just hope you're ready for everything Providence College has to offer. I came here three years ago with my anxieties, my conflicts, and my excitements. I came here and settled my universe, determined to become the master of everything that was going to happen in my life. However, now I realize my universe was kindly adopted by the gravity of Providence College's own universe. With one year left, from within the comfort, security, and wisdom of Providence College, I see the endless possibilities of my future forming in the eternal blackness of space.

Thanks to Providence College, I'm ready for the countdown to begin and for my universe to blast off. I am truly ready to become the master of my own universe.

[I guess I had a few more astrophysical metaphors to share.]

Autumn (Welcome Back)

By Bobby Bretz '12
Portfolio Staff

Sliding slowly, smoothly through tepid trains of thought
The humble heater humming hurried droning dirges deep
Down in its stomach, steel-wrought
The arid Autumn breeze blowing
Through the perforated panes
The plinking of the pygmy rain
Dripping, dropping on the ledge
Glimmering glitter in the grass, steaming stately
From each dogged, drooping, hounded hedge
The rustling of the wide-ruled white-washed wood pulp reams
The wispy-washy whizzing noise of nomad graphite graphing
dreams
The choking, coughing, gagging gurgle of colleagues catching
colds
Their sun-marred skin fading fast
In the sullen, somber, vicious vice
Of the jaws of Autumn's amber asp
And Winter's wispy gangly gangrene grasp.

*Feel the Power of the Pen,
and let your Creativity Flow*

*We are now accepting
applications for the
2010-11 year!*

*Pick up an application in
Slavin G05 And Visit Us
at the Involvement Fair on
September 16, 2010*



Words of Wisdom from Some Old Guy

(Translated by Yours Truly)

By Dara Plath '13
Asst. Portfolio Editor

LETTER

Dear Class of 2014,

I have spent many nights lying awake trying to decide how I should write this first piece. Should it be a funny allegory equating college life to pigs on a farm (well, maybe not pigs) or a short story about a young boy or girl in their quest for maturity and knowledge (yeah, like that hasn't been done). I could always take a more sentimental approach; after all, you have just left the only home you have ever known and been unceremoniously tossed into a whirlwind of college exams, college papers, and college parties (then again, I'm not about to hold your hand through this process). Only going into my sophomore year, I'm still itching from the leftover

remnants of my first Civ paper, unnerving RIPTA rides, and Golden Crust Pizza (all of which you will experience). Therefore, I believe I can offer some words of wisdom that won't seem too juvenile or too patronizing. So as you read this, I ask that you consider a couple of things: First, you got into college! So throw yourself a little party just for that; second, Aristotle was a brilliant philosopher (or to put it in layman's terms, wicked awesome).

"Wishing to be friends is quick work, but friendship is a slow-ripening fruit."

I'm starting to feel comfortable with you guys so I'm going to admit something: One of my biggest fears as I began to prepare for college was not the exams, or the professors, or even leaving home. I was most worried about making friends. I know, aren't we all supposed to learn how to make friends in the first grade? But this was college, not some elementary school playground where Pokemon cards were used as

legal tender. Nevertheless, I put on my big girl shoes and met a bunch of people, some whom I no longer talk to, others whom I know will continue to be my friends for years to come. To sum these lengthy (and a bit embarrassing) ramblings up,

I'd like to bestow some advice to anyone having trouble

coming out of their shell. First: Get involved. It is the quickest and most certain way of meeting people who (drum roll, please) share the same interests as you (for example, joining the Portfolio section of *The Cowl*). Second: Keep an open mind. "Friendship is a slow-ripening fruit," says Aristotle; you never know how, when, or where a great friend will turn up.

"No great genius has ever existed without some touch of madness."

I know Aristotle died in 322 B.C.E. but he seemed to have had insight into the minds of some of mankind's most intelligent and artistic people. Take the Wright brothers for instance: Who in their right mind (no pun intended) could ever imagine a human could fly like a bird? And of course there's always Van Gogh, who cut off his ear and gave it to a prostitute (no real need for a side comment there).

Now, I'm not asking you to cut off one of your body parts, but I do believe that a little absurdity is necessary to stay sane.

Are you confused yet? Well here's my piece of advice that might help clear things up: Take a class you never would have considered taking in a million years. Don't worry, you'll have plenty of time to complete a major and minor (even you biology majors), but I think it's important to keep that little spark of intrigue inside all of us alive (or else you run the risk of turning into a robot).

My "touch of madness" was taking an Italian class, even though I'm an English major. The beauty of the Italian language gave me something to look forward to and really enjoy (not to mention I already knew almost all of the important words: pizza, pasta, and gelato).

"Happiness is the meaning and the purpose of life, the whole aim and end of human existence."

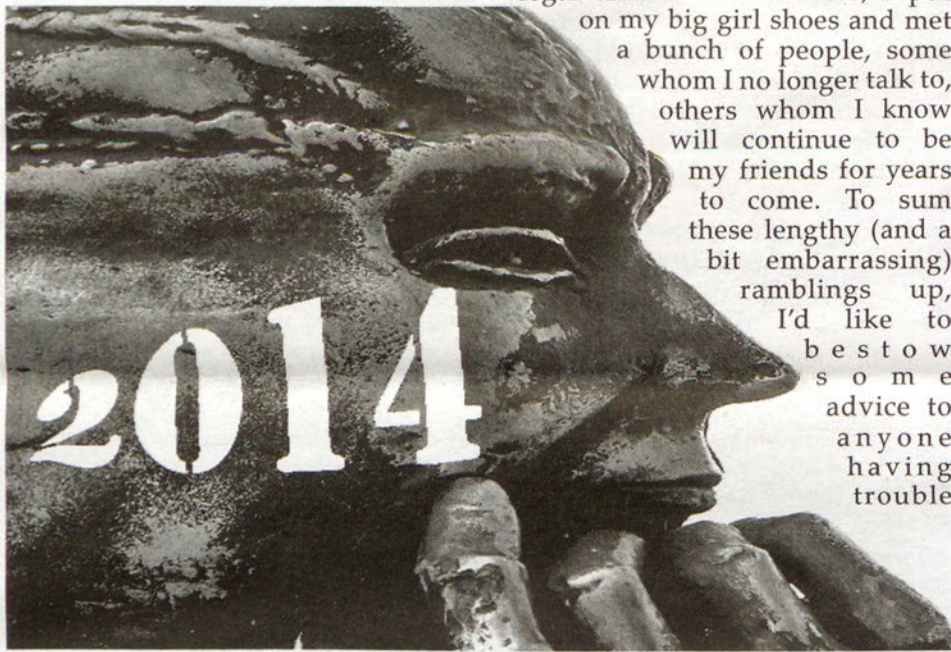
I think that about sums it up.

"The young are permanently in a state resembling intoxication."

It's not what you're thinking. I chose this quote for two reasons. First, it's hilariously ironic. Second, I believe what Aristotle meant was that young people (meaning us) are euphorically happy all the time. Well I don't know what the people of Greece were giving their children for breakfast, but life in the 21st century isn't all love poems and beautiful gods. Between exams, papers, homesickness, actual sickness, sketchy neighborhoods, family (you know you have to call them every once in a while), laundry, the food at Ray, and the fact that it rains every other day in Providence, being a college student is hard (don't trust that ABC hit series *Greek*). So to help deal with all of this I have one piece of advice left: Have fun. These first few weeks (cough, months, cough) will be like nothing you've ever experienced and to get through them you need to remember that getting a bad grade on an exam or missing the deadline for a paper is not the end of the world. Smile, take a deep breath, count to ten, and keep in mind that the next four years are supposed to be the best years of your life (but please do not permanently be in a state of intoxication-you want to remember them).

So, there it is: A few words of wisdom to get you through your first year of college. Although it may seem like I have the answers to all of your questions (yeah, right), I still can't promise that everything you need to know is tucked neatly within these lines; in fact, I can't even guarantee that this letter will help you at all. In the end, it is only you who can make the decision between right or wrong, true or false (Eaton or Clubbies). Good luck and I hope to see you around campus!

Yours truly,
Dara



On Chickens & the Importance of Individual Thought

By Alex BetGeorge '11
Portfolio Staff

ESSAY

Why did the chicken cross the road? In his book, *Naked Economics*, Charles Wheelan proposes an answer to what he describes as a "profound, age-old philosophical question." Wheelan's answer, according to his 'Economics-for-Dummies' book, "because it maximized his [the chicken's] utility." Wheelan rephrased the joke's punch-line for an academic context, but I want to rephrase the question. As the school year is just underway, I'd like to ask, "Why did the college student roll out of bed before noon?" All sarcasm aside, the answers might be numerous, ranging anywhere from vomiting up the consequences of last night's excess booze to attending that 8:30 a.m. Civ class.

I myself never had an 8:30 Civ class, but was assigned the 2:30p.m., which would seem like a dream for some, except for the fact that I struggled to stay awake until 3:20 five times every week. I remember the first day of sophomore Civ. I'd been hoping to have an easy team of professors that second year, after a particularly difficult one during the first. Those hopes were dashed about five minutes into my literature professor's oral description of the syllabus, in which he introduced the concept of the 'Intellectual Notebook.'

Instead of a midterm and final exams, students were expected to write two three-page reflections in their notebook every week, to be reviewed for a grade at the end of each semester. We were to link two to three subjects from lectures and class readings in each reflection, drawing some intelligent conclusion as to how the subjects related to one another. All this time, I sat in my chair waiting for the clause describing this 'Intellectual Notebook' as 'optional extra credit' that never came.

I worked at a Non-Governmental Organization in Tunisia this past summer, helping Tunisian high school students leave for and return from the United States for a cultural exchange program, featuring a year at an American high school while staying with an American host family. Before the Tunisian students left for the United States, their English skills were faulty, comparable to those of the average American in his third year of foreign language. After coming back, the Tunisian high schoolers would correct their English teacher's errors in the middle of class. Disputing a teacher's authority is unheard of in the culture of Tunisian education.

The philosophy of Tunisian education can be best summarized in the following anecdote: I asked one of my Tunisian co-workers on what kind of material students were tested. She recounted how a teacher of hers said that the best students would be able to recite verbatim the lessons, as copied

into their notebooks. There is no room for debate or original thought in a Tunisian classroom.

When assigned essays, Tunisian students are instructed to write about a topic, such as Napoleon. But they are not asked to make specific arguments, or arrive at one particular conclusion or another. Instead, students copy and paste sentences from websites into their essays in a relatively logical sequence. The 'best' students will alter the wording of their plagiarized ideas. Even so, they are not asked to contribute any of their own thoughts, they merely arrange information from a series of different sources into a sensible order. To contribute an original thought would be considered a questioning of authority.

For me, the most apparent indication of this aversion to individual thought appeared in a series of personal statements that I reviewed, written by Tunisian college students applying to American graduate schools. Each statement was a compilation of remarks about the particular writer, stated by anyone but the writer himself. To be fair, the best Tunisian students do not have much practice writing essays upon entering high school, as they are designated to specialize in science and math, whereas the less-gifted generally specialize in humanities. The particular fields of science and math pursued by Tunisian high school and university

students do not typically require the cultivation of original ideas about how various abstract concepts may or may not be connected.

The problem with the lack of such a requirement for the brightest Tunisian students is most evident in how people do not protest the government's ever-increasing censorship of information on the Internet and in the media. Tunisians do not easily criticize the government's authority, and do not construct clever arguments against the government's abusive restrictions of the freedoms of speech and access to information. It is of this reality that the returning Tunisian high school students are extremely aware. Returning to their home countries, they find themselves in a cage whose bars they had not noticed before.

My 'Intellectual Notebook' sits on my bookshelf at home. While it is currently collecting dust on the cardboard cover, I know that the next time I go home, I can pull it off the shelf and find an original analysis of history within, covering the Industrial Revolution to modern times. The final grade I received on the Notebook is insignificant; I wrote my own history book for the exams in my sophomore Civ class, and did not regurgitate it from my professors' lecture scripts.

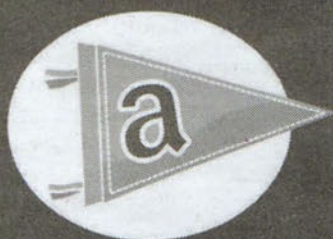
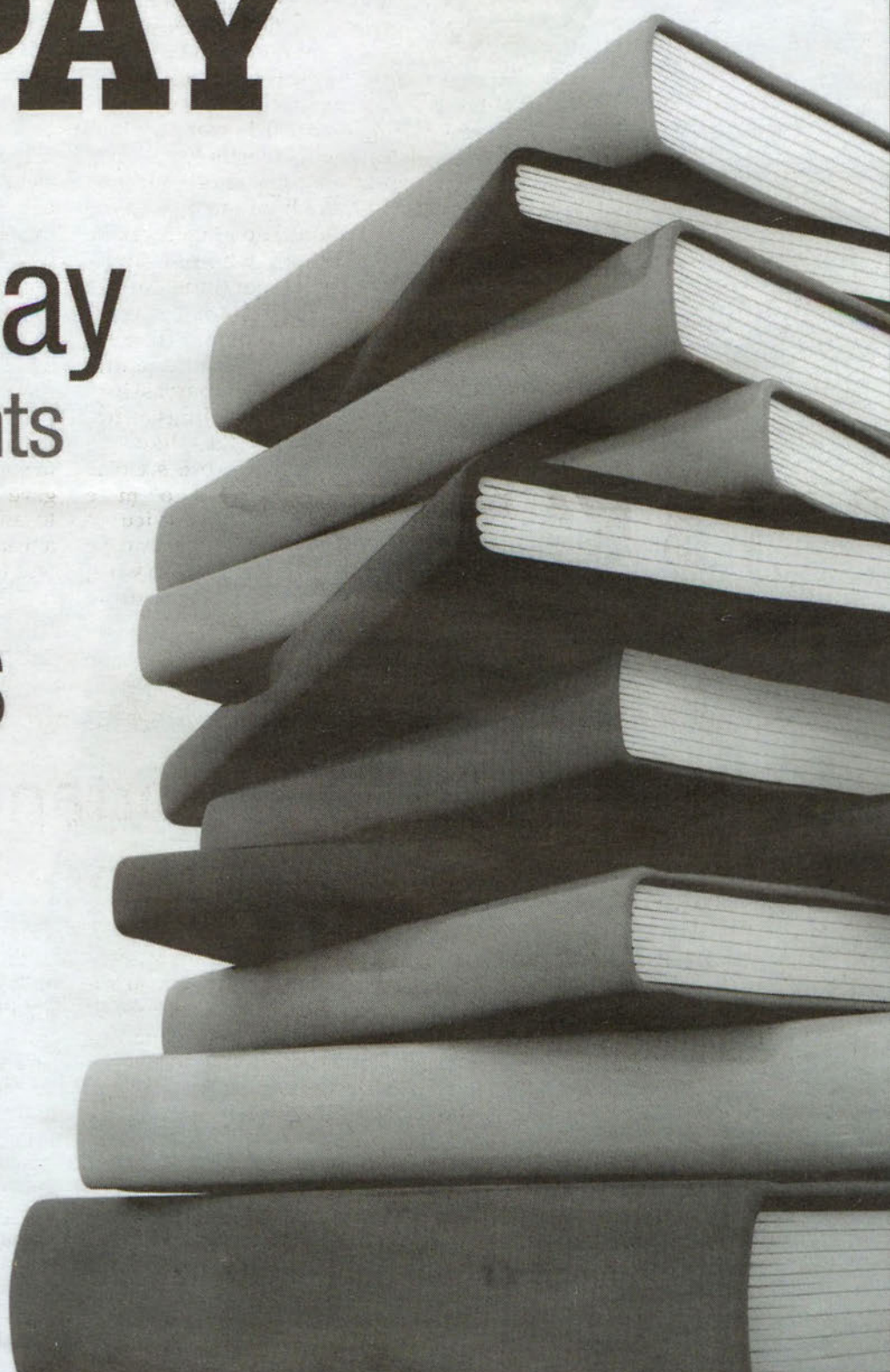
'Why did the college student roll out of bed before noon?' My response: So he could learn how to think for himself.

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Well, here we are again—eager, fresh-faced, and anticipating another year of free and easy (sort of) college living. If anything, a welcome retreat from the dullness of home.

Walking across campus on move-in day, it warmed my jaded old upperclassman heart to witness the jubilant reunions taking place between old friends. More perversely satisfying is the knowledge that after several days or weeks of living together in miserably confined spaces, any of those people will inevitably want to strangle each other.

Ducking through the hallways of Davis and Slavin these past few days has inspired within me a resurgence of happy collegiate memories. Even Janina is a sight for sore eyes.

It's important that we all revel in these several glorious weeks at the start of the semester—before classes begin to consume our lives, before the merciless cold sets in, and before finding a clean bowl in Ray becomes as hard as finding the Boston Red Sox in a World Series game (burn).

So, kiddies—settle in, get busy, and have fun. -Catherine Northington '12, A&E Editor

INCEPTION (July 16) •

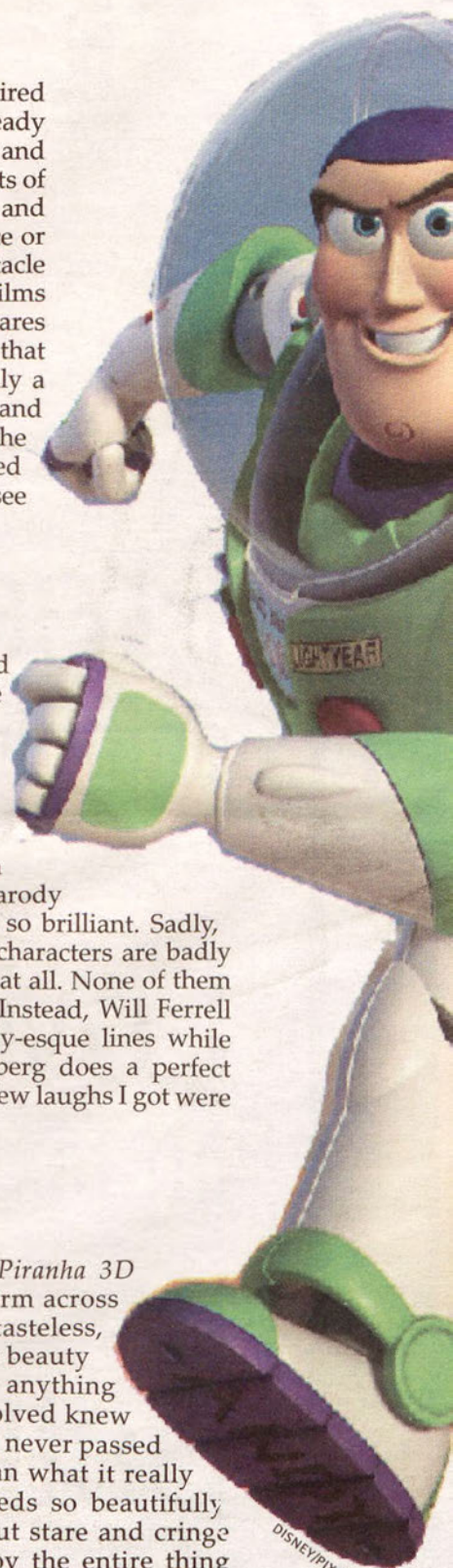
If anyone could save this summer from the inevitable onslaught of tired thrillers and uninspired remakes, it had to be Christopher Nolan. Already well known as a consummate director thanks to *The Dark Knight* and *Memento*, Nolan has now cemented his position as one of the great artists of our time with *Inception*. The film, with its multiple levels of dreaming and numerous intricate plot points, never insults the audience's intelligence or attention span, but it also never pretends to be above the thrill and spectacle of summer blockbusters. What Nolan has accomplished in all of his films is to create riveting stories that are driven by characters the audience cares about. Leonardo DiCaprio provides the intense, emotional focal point that ultimately has the audience cheering for a character who is essentially a criminal. He is supported by a talented ensemble cast of veteran stars and quickly rising actors. Look past the budget, the special effects, and the revenue and you'll see an action flick that has truly assumed the status of art—and art that the world can't wait to see from Nolan again very soon. **Grade: A+**

THE OTHER GUYS (August 6)

There was a time when it seemed Will Ferrell and long-time collaborator Adam McKay would rule comedy thanks to films like *Anchorman*, *Talladega Nights*, and *Step Brothers* whose quirky brand of humor charmed cinemagoers everywhere. Then Ferrell made *Blades of Glory*. And *Semi-Pro*. And *Land of the Lost*. His re-teaming with McKay in *The Other Guys* appeared to bring him back to top form again, capturing the same kind of buddy cop parody that made Edgar Wright's British film *Hot Fuzz* so brilliant. Sadly, this was not the case. It's not so much that the characters are badly written, but that they were never really written at all. None of them seem to act consistently throughout the story. Instead, Will Ferrell randomly blurts out ridiculous Ron Burgundy-esque lines while Mark Wahlberg reminds us that Andy Samberg does a perfect impression of him on *Saturday Night Live*. The few laughs I got were nowhere near worth the \$11 ticket. **Grade C-**

PIRANHA 3-D (August 20)

Without a doubt, the expectations for *Piranha 3D* after the release of the trailer were uniform across all demographics—it would be a tasteless, gratuitous, and licentious gore-fest. The beauty of it is that the film never aspired for anything else; the director, actors, and crew involved knew exactly what they were getting into and never passed it off to be classier or more elegant than what it really was. And, in the end, the film succeeds so beautifully and disgustingly that you can't help but stare and cringe and gag and scream and actually enjoy the entire thing regardless, just as if you were watching a '70s grindhouse flick. I can't deny that every scene that indulges in spring break raunchiness, dismembered body parts, pools of dark blood, and absurd prehistoric fish is completely excessive. But everyone already knows it, so you don't have to care. If your brain still hurts from *Inception*, sit back, turn off your thoughts, and relish the bad taste fun. **Grade: B-**



SUMMER IN FILM (THE AN

ENDLESS 2010 SUMMER

THE KARATE KID (June 11)

While both *The A-Team* and *The Karate Kid*, this year's '80s remakes, performed well at the box office, few had high hopes for either to excel beyond the originals. *The A-Team* churned out the requisite action with a surprisingly electrifying cast, but *The Karate Kid* had to overcome the greater hurdle of touching audiences' sentiments for a much beloved classic. Though I think most viewers turned out to see it with minimal enthusiasm, *The Karate Kid* was ultimately a pleasant surprise. The plot follows the original quite closely, but has its fair share of originality with the Chinese locale and new love interest. Jaden Smith more than makes up for Ralph Macchio's iconic status with his mature gravity, proving that he didn't get the job just because his dad is the Fresh Prince. Perhaps most exciting, however, was the opportunity to see Jackie Chan in his first dramatic role since *Shanghai Knights* (if you can even consider that dramatic, or worth seeing). Together, Smith and Chan make for a dynamic, though not unforgettable, duo. Grade: B



TOY STORY 3 (June 18)

Needless to say, the mere mention of Pixar will send both children and adults sprinting to the nearest movie theater to set up camp outside the box office. With 11 films and five Academy Awards in the bag, the world-famous animation studio has maintained throughout its 24 year run an arguably immaculate record (though some would still rather pretend that *Cars* never happened). Still, even sequels, the unconquerable bane of all filmmakers, were proven to be a piece of cake in the hands of Pixar when they released *Toy Story 2*. Fans of the original two feared that the third film was just pushing their luck, but they quickly swallowed their objections. For a franchise about plastic characters that, unlike their human owners, never change appearance, *Toy Story 3* was simultaneously fresh and everything we loved about the originals—and not without several tears along the way. Once again, Pixar has delivered a film in many ways as close to heart-wrenching, hilarious perfection as we can hope for in any movie. Grade: A

YOUR SUMMER IN SONG

by Catherine Northington '12
A&E Editor

While Summer 2010 offered little in the way of groundbreaking musicianship, it did provide us with more than its share of frustratingly catchy Top 40 tunes. Let's take a look at just a couple of the Summer's most memorable hits.

"DYNAMITE" TAIO CRUZ

One of the billion songs devoted to just exactly how hard, and for what duration, the musical artist in question is planning to "rock this club" tonight.

"BULLETPROOF" LA ROUX

This bouncy electro-pop track marks La Roux's first single. Its infectious refrain was enough to keep us dancing from May through August.

"LOVE THE WAY YOU LIE" EMINEM FEAT. RIHANNA

Can't turn the radio on without hearing this one. Which is unfortunate for me, because Eminem's disturbing lyrics make me want to run away crying.

"YOUR LOVE IS MY DRUG" KE\$HA

So good. JUST. SO. GOOD. Even if every Ke\$ha song does sound exactly the same. They are all equally addictive and delicious in their crap-tasticness.

"CALIFORNIA GURLS" KATY PERRY FEAT. SNOOP DOGG

Its artistic integrity can be summed up in a single priceless line delivered by Snoop Dogg himself: "Bikinis, zucchinis, martinis, no weenies." ...Oh.

"BILLIONAIRE" TRAVIE MCCOY FEAT. BRUNO MARS

A chewy combination of poppy, rappy beats and melodies. Hear it once, it's in your head for days. Weeks, even. (And doesn't everybody wish they were Oprah?)

"MISERY" MAROON 5

Every year I decide to myself that I am going to hate Maroon 5, once and for all. But they keep making songs that I enjoy, no matter how much I try to detest them. Their recent releases have been somewhat repetitive, but enjoyable overall.

"ANIMAL" NEON TREES

I thought I was so "alt" when I listened to this. Until Top 40 started playing it. Still, catchy as hell.

2010

by Jorge Lucas '12
A&E Staff

THE GOOD, THE BAD, AND THE PIRANHAS

RIHANNA & KE\$HA LAST GIRLS ON EARTH

by Alison DeNisco '11
A&E Staff

One hot and heavy night this summer, I found myself standing in the Mohegan Sun Arena's nosebleed section (the very last row of the back of the balcony, to be specific), getting whipped in the face with a 14-year-old's hair-extension-heavy ponytail during a spastic dance session to the track "Rude Boy."

Where am I, you ask? At the hottest concert of the summer, of course: Rihanna's worldwide headlining "Last Girl on Earth" arena tour, featuring Travie McCoy and Ke\$ha.

As basically a non-fan of any of these artists (except around 10:00 p.m. on Friday nights), I was skeptical about attending this apocalyptic event. But my perky little Abercrombie-inspired teenage sister gave me a ticket "as a birthday gift" (translation: "I want to go and you'll be able to drive me"), so I couldn't really say no.

Travie McCoy opened the show playing for a half-empty arena, as most of the tween audience's parents were probably not out of work early enough to get them there on time. Those who were there sang along to the summer hit "Billionaire," which relied heavily on the pre-recorded chorus from the not-present B.o.B. Travie just isn't up there in star power yet, as his ex-girlfriend Katy Perry clearly is. Tough luck, man.

The gem of the entire concert experience for me was actually Ke\$ha. Her ever-ridiculous self, cartwheeling across the stage, throwing glitter and shouting "I like your beard!" played for just long enough, and succeeded in getting the audience amped up with all of her party-girl hits and particular brand of sing-talking. Especially memorable was the song "Dinosaur," in which she chides an older man for hitting on her: "Not long 'til you're a senior citizen / And you can strut around with that sexy tank of oxygen... Hey, you say, wanna come with me? / I'm about to barf, seriously!"

I'm not sure what it is about Ke\$ha's trashy image (making drunken appearances at awards shows—and everywhere else, for that matter) and lyrics (see: "Party At a Rich Dude's House," in which she sings "I threw up in the closet, I don't care") that has so fascinated American pop culture. Maybe it's along the lines of our *Jersey Shore* obsession, in that we like to watch people who may look like a mess, but are simultaneously completely confident and happy in their own skin.

Anyway, our homegirl Rihanna did indeed put on a show, complete with major set changes, fireworks, and acrobats spinning from the ceiling. The opening number "Russian Roulette" set the tone for the sex and violence-themed show, promoting her latest,

post-Chris-Brown debacle album, *Rate*.

R. Highlights included

Rihanna straddling the

gun barrel of a hot pin

army tank singing "So Hard

while the male backup dancer

strutted around in various state

of undress, waving rifles, and th

encore performance of "Umbrella," by

far her biggest hit. Her voice itself wa

surprisingly, well, good, which I admittedl

was not expecting.

Between songs (a.k.a. time for RiRi's costume

changes from one borderline obscene outfit to the

next), the audience was treated to mini freaky-deaky

video clips of Rihanna's face gone skeletal, and i

pulsing voice repeating multiple times, "This is a dream

This is a dream." Nice try, Rihanna, but Christophe

Nolan already confused the hell out of us with that concep

this summer in *Inception*. This is real life, you can't fool us

(But where is that spinning top totem thing, just in case?)

The little poorly-made time-killing videos were fine the

first time or two, but by the end of the show you were lef

wanting to scream "zip up the catsuit, RiRi! Let's get on with

it!" There were also a couple of long sets of her slower, piano

laden tracks, which honestly got boring. She did mix it up

little though, and sang the chorus of Eminem's sure-to-be

discussed-in-Women's-Studies-classes-everywhere "Lov

the Way You Lie," as well as that of "Airplanes" by B.o.B

featuring Haley Williams.

What confused me was the fact that about 90

percent of the audience was female, and ye

Rihanna's show was something out of a fantasy

nerd's dream, from the robot creatures dancing

with her to "Disturbia" to writhing around in

the aforementioned Cat Woman-esque outfits

Who exactly was she trying to turn on in thi

audience? My fifteen-year-old sister?

However, the girls were totally into it, singing

and dancing along whenever possible (see

Spastic Ponytail Girl, mentioned above). It wa

in part a seemingly strong example of girl powe

and female liberation, but on the flip side, thi

tour was clearly designed with appealing to the

male sex in mind, so I'm not sure where that leave

us. For now, I guess it's just with a big show and a

much scantily-clad bang for our buck as the concer

industry deems possible.



Use A Backpack, Get Biddies

by Sarah Dombroski '13
A&E Assistant Editor

Spotted: A freshman girl involved in an epic battle with the steps leading up to Ray. Yes, they aren't that steep; however, their overpopulation at choice hours of the day and the length of the staircase does not facilitate lopsided trekking. In fact, most stairs don't. Her cool and very stylish LeSportsac bag has already popped at least three blood vessels in her shoulder, and the awkward bulkiness her books are creating is transforming her walk into a strange side-step shuffle that has started to receive stares. Plus, it's not sturdy and just ripped down the middle. How embarrassing.

Frankly, I just don't understand the desire for anything but a backpack. They are unarguably the most practical, efficient, and generally pleasant medians used to carry things, and I think everyone should own one. However, because most students have been through a long and arduous unrequited love affair with their backpacks, it is sometimes difficult to come to this realization in your later years. You first meet in your kitchen: YOUR VERY FIRST LIME GREEN

MONOGRAMMED L.L.BEAN
BACKPACK HAS FINALLY
ARRIVED. You are so excited. You want to show everyone.

Then, sixth grade rolls around and you have really graduated from L.L.Bean. Now you have a Jansport. So classic. Time passes and your Jansport has endured the trials and tribulations of middle school, so naturally, now that you are a big bad high-schooler, you need a much classier carry-all. You need a printed Vera Bradley bag. You are so trendy.

And now, after all of that, you are "so college" and don't know what to do. Do you revert to your old, childish ways or bring high school with you to college in the form of a brightly colored, quilted bag? You purchase a backpack because there are so many merits to having a good, sturdy backpack.

1. **Comfort.** With a backpack you have evenly distributed the weight of your possessions across your back, plus, all backpacks have comfy straps, so no strap-related injuries will ensue.



A prime example of good backpack usage.

PHOTO COURTESY OF WWW.GETSATISFACTION.CO

2. **Efficiency.** You can easily access the innards of your pack via the conveniently located zippers spanning from one side to the other, as opposed to bags sans zippers that can reveal all of your personal contents if tipped over.

3. **Style.** Backpacks are the classiest I think everyone can agree on that.

So cheers to you, backpack lovers, and always remember that you are the more informed portion of the population.

Where To Eat, What To Eat

Dining In and Around Providence

by Catherine Northington '12
A&E Editor

With my zeal for eating, it was only logical I throw together a list of Providence eateries that offer the best for PC students in terms of food quality and atmosphere. Here are just a few favorites in and around our fair city.

BEST (INEXPENSIVE) GREEK:

East Side Pockets
278 Thayer Street

BEST BURGER:

Luxe Burger Bar
5 Memorial Boulevard

BEST SUSHI:

Tokyo
388 Wickenden Street

BEST ALL-AROUND BREAKFAST:

Julian's
318 Broadway

BEST BY-THE-SLICE PIZZA:

Antonio's Pizzeria
256 Thayer Street

MOST MONSTROUSLY DELICIOUS MEXICAN:

Gordito Burrito
258 Thayer Street

BEST ATMOSPHERE:

Cuban Revolution
60 Valley Street
50 Aborn Street

BEST ITALIAN CUISINE:

Cassarino's Restaurant
177 Atwells Avenue



If you're hungry and you don't feel like traveling too far (or even at all), here are some favorite student eateries on and around campus. Establishments marked with an asterisk offer delivery to the PC campus.

LASALLE BAKERY

993 Smith Street
685 Admiral Street

Savory selections (including a variety of deliciously buttery breakfast sandwiches), pastries, and freshly-brewed coffees.

CAFE 412*

412 Douglas Avenue

Located directly next to PC Mart. With a newly-updated menu, 412 will continue offering student favorites (nachos, quality pizzas, and a wide-ranging selection of beers) as well as a number of new items (burgers and fries included).

I HEART MEXICO BAR & GRILLE*

283 Smith Street

All your Mexican favorites.

DUNKIN DONUTS

251 Smith Street

A New England staple.

FOOD FOR THE SOUL

149 Admiral Street

Very greasy. Very good. Unbeatable prices.

YOUR MOTHER'S DINER

405 Admiral Street

If you find yourself wandering Admiral in the middle of the night (for whatever reason), grab some of this deliciously fatty diner food.

ADMIRAL SPA

624 Admiral Street

Standard (cheap) diner fare.

GOLDEN CRUST*

228 Oakland Avenue

Buff chick with blue cheese. Do it.

N.Y. PIZZA*

580 Chalkstone Avenue

Slightly cheaper (but equally satisfying) alternative to GCrust—because GC is too damn sophisticated for these taste buds.

OLD EASTERN*

1820 Mineral Spring Avenue

Sushi. Delivery. So clutch.

SHANGHAI*

272 Thayer Street

Delicious Chinese food just a phone call away.

NEW YORK SYSTEMS

424 Smith Street

Head down Smith Street. Snag some weenies.

Hey! YOU.

It's your lucky day. *The Cowl's* A&E section is NOW HIRING new staff members for the 2010-2011 school year.

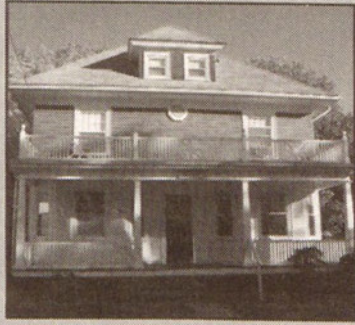
Come suckle at the teat of literary prowess.

Pick up an application at *The Cowl* office in Slavin G05.



Erin Student Living

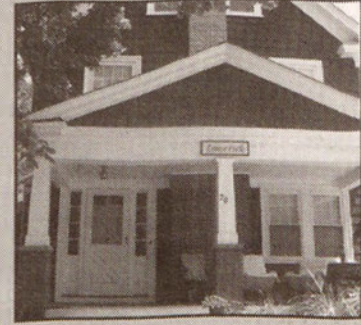
A legacy of college homes where friendships are made for life.



Galway
133 Pinehurst Avenue



Edenderry
98-100 Eaton Street



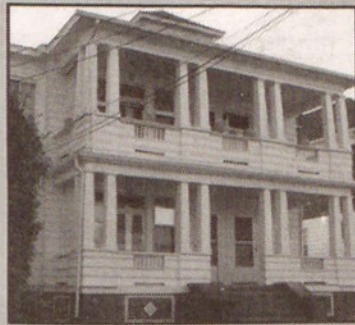
Limerick
29 Huxley Avenue



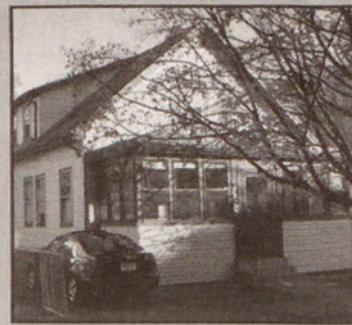
Castlebar
127-129 Pinehurst Avenue



Tipperary
141-143 Pembroke Avenue



Claremorris
98-96 Eaton Street



Killarney
93 Pinehurst Avenue



Tollamore
138-140 Radcliffe Avenue

Stan Kizlinski • Cell Phone, 401-316-8457 • Email, skizlinski@cox.net

ErinStudentLiving.com

Staff Picks: A Providence College Bucket List

After much discussion and debate, and some help from our friends last year (thanks guys!) *The Cowl* has come up with our second annual list of things to do before you graduate from Providence College. Some seem silly, some seem obvious, but we know that they are all things you have to do in your four years here. So, start checking things off the list, and enjoy every second of it, because your years here will fly.

- | | |
|---|--|
| <input type="checkbox"/> Go to a PC-URI game (Go Friars!) | <input type="checkbox"/> Get a greasy late-night snack at Haven Brothers on Huxley |
| <input type="checkbox"/> Run through the Aquinas Lawn Sprinklers | <input type="checkbox"/> Get one drink at every neighborhood bar (age permitting!) |
| <input type="checkbox"/> Get into the tunnels on Lower Campus | <input type="checkbox"/> Crash a Brown or RISD event |
| <input type="checkbox"/> See a concert at Lupo's | <input type="checkbox"/> Go to the RISD museum |
| <input type="checkbox"/> Participate in Civ Scream | <input type="checkbox"/> Win an intramural championship shirt |
| <input type="checkbox"/> Catch a Chapel bat | <input type="checkbox"/> Go to Prospect Park |
| <input type="checkbox"/> Go to the zoo at Roger Williams Park | <input type="checkbox"/> Get sushi on Wickenden Street |
| <input type="checkbox"/> Participate in Relay for Life | <input type="checkbox"/> Complete the Cliffwalk in Newport |
| <input type="checkbox"/> Go to 412 on a Thursday night | <input type="checkbox"/> Camp out in the Dominican cemetery |
| <input type="checkbox"/> Explore Rhode Island on the bike path | <input type="checkbox"/> Sing karaoke at Old's or Clubbies |
| <input type="checkbox"/> Go out for a classy night out Downtown | <input type="checkbox"/> Lift weights with Father Shanley |
| <input type="checkbox"/> Give Richy Kless a high five | <input type="checkbox"/> Take the ferry to Block Island on a nice day |
| <input type="checkbox"/> Have a drink with a Dominican | <input type="checkbox"/> Hug a lunch lady |
| <input type="checkbox"/> Get a free bangle from Spectrum India | <input type="checkbox"/> Make a grilled-cheese sandwich in Ray |
| <input type="checkbox"/> Go to the Providence Place movie theatre for \$6 Bargain Tuesday | <input type="checkbox"/> Try to order a hamburger at Ray or Slavin on a Friday in Lent |
| <input type="checkbox"/> Join the Department of Philosophy at the Abbey | <input type="checkbox"/> Go wading in the Huxley River |
| <input type="checkbox"/> Ice skate at Kennedy Plaza (or for free at Schneider!) | <input type="checkbox"/> Go to Senior Nights at McPhails |
| <input type="checkbox"/> Visit the Hunt-Cavanagh fish pond | <input type="checkbox"/> Actually listen to a WDOM show |
| <input type="checkbox"/> Climb the tree on either quad | <input type="checkbox"/> Sell a book back to the PC bookstore that you bought online |
| <input type="checkbox"/> Stay in Slavin for 24 hours | <input type="checkbox"/> Encounter the Dore ghost (or any of PC's mythical creatures) |
| <input type="checkbox"/> Stay up all night in the Aquinas study lounge | <input type="checkbox"/> Meet Buddy Cianci |
| <input type="checkbox"/> Go to Gallery Night | <input type="checkbox"/> Go on a date on Federal Hill |
| <input type="checkbox"/> Drink a milkshake at McPhail's | <input type="checkbox"/> Walk to the 24-hour IHOP at 4 am |
| <input type="checkbox"/> See a Blackfriars theatre production | <input type="checkbox"/> Go to the Byblos hookah bar (and get the falafel wrap) |
| <input type="checkbox"/> Go to Waterfire | <input type="checkbox"/> Go to a PC fitness class |
| <input type="checkbox"/> Go to Midnight Madness | <input type="checkbox"/> Slip 'n' Slide on the Lower Quad |
| <input type="checkbox"/> Take a nap in the pit at the library | <input type="checkbox"/> Join <i>The Cowl</i> ! |

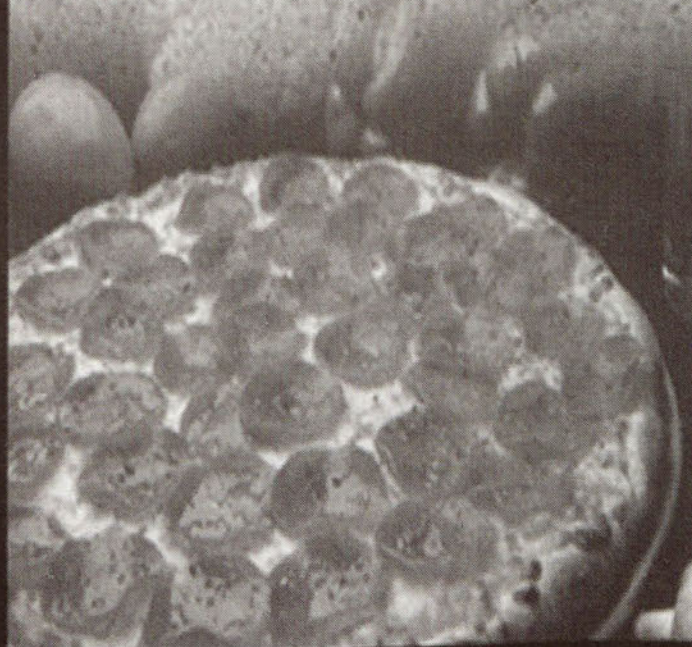


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SPORTS

Blue Jays' McDonald is PC's Newest Alum

The Former Friar Infielder Returns to Campus to Receive His Degree in Liberal Studies

by Al Daniel '11
Sports Staff

BASEBALL

John McDonald '10 tends to take whatever he can get. Sometimes, that's more than what he bargains for. Other times, it's a tad short of his exact desire.

The most recent example of the latter was on May 16, when he might otherwise have been at the Dunkin Donuts Center to receive his undergraduate degree with the rest of Providence College's 2010 class. Trouble was, his Toronto Blue Jays were finishing a three-game weekend series with the Texas Rangers and had the Minnesota Twins dropping in the following night.

"If baseball was over for me, I would have loved to have walked in the Dunk this year," said McDonald. "Unfortunately, we had a game that day, and it's not something that you can ask for time away for."

No matter. McDonald waited another two months before the All-Star Break allowed him to get away. With three days to himself, he took his wife, Maura, and their daughter, Jackie, to campus and claimed his degree in Liberal Studies on July 13.

The mere fact that baseball is not over for McDonald, that he continues to make his living as a utility infielder—as he has done with the Indians, Tigers, and Blue Jays since his MLB debut in 1999—is the epitome of himself surpassing his own expectations. When he turned pro, he had six credits on his degree checklist, but cautiously braced himself for a fleeting gig on the diamond followed by a quick return to the classroom.

Instead, his athletic endeavors gained exponential traction, and he would not attend to another textbook until 2006. But the resumption of his studies was always filed under nothing less than "indefinite."

"It was a pretty easy decision [to turn pro] just knowing the fact that school was still going to be there," says McDonald, who credits his wife, herself a 1999 PC alum, for stoking his motivation to wrap up his studies.

"I don't want to make it sound like education wasn't important to me because it was.



MOPUPDUTY.COM

John McDonald '10 of the Toronto Blue Jays, a former member of the Baseball Team, received his degree from Providence College over the summer.

"I just figured my time in baseball was short, so it was a pretty easy decision to follow something I desired and see how far along I could get and if it didn't work out, I knew I would be right back in school and could then figure out what I wanted to do.

"Fortunately for me, I'm still playing and I've had time to finish my degree before [I retire from baseball]."

It has been 14 years since McDonald left PC and entered the Indians' farm system. It has been 11 years since varsity baseball evaporated from Friartown, in accordance with Title IX. But with his protracted stay in the game, and his extended term as a student-athlete, McDonald has continuously lent the deceased program an active representative.

Times were so different in McDonald's collegiate days—for himself and for the local sports scene—that he set a high bar in hopes of attending PC, but first had to hone his mind and his game at a junior college in his native Connecticut. He subsequently pounced at the chance to transfer in 1994.

"The opportunity to go to Providence, to have a degree from Providence College was a pretty exciting thing for someone like myself," he said. "And then to be able to play in the Big East Conference; growing up in New England that was the best place to play baseball, if you could get there. And I didn't think I was going to be able to get there."

When he did get there, though, McDonald made an impression, one that is now immutably ingrained at the forefront of the Friar Baseball morgue. He garnered two All-Big East and All-New England roster spots in as many years and nailed a program-record 85 single-season hits, along with 48 stolen bases to place him second on PC's all-time leaderboard.

Drafted in the twelfth round by Cleveland in 1996, McDonald has since appeared in 783 Major League games, logging 438 hits and 223 runs along the way. Although it's his celestial defensive stats—824 putouts, a slim 72 errors, and a .971 fielding percentage—that have firmly secured

him to his roster spot with the Toronto Blue Jays.

And while it is to a comparatively minimal extent, McDonald enjoys many of the same basic perks as his peers. His 2010 season salary is a nice \$1.5 million and there is even a Facebook fan page, entitled "John McDonald, Baseball's Best Defensive Infielder," which had 38 members when this story went to press.

"Which has been more than I expected," he said. "The fans here in Toronto have treated me well. I don't even play every day but the fans have been very supportive of me and, even though I'm not in the lineup every day, make me feel like I am an important part of what's going on with the baseball team. Sometimes I've been doubtful of my career, but it's something I'm very proud of."

McDonald, who will turn 36 on September 24, sees no immediate end to his playing career. And while he makes no secret of his brimful gratitude, he still has a few unchecked baseball aspirations in mind.

"I'd love to win," he said. "That's really the only reason why I play the game, is to be part of a team and contribute to a team that wins the World Series. So obviously just like any other baseball player, you want to help your team get there."

"Unfortunately the [American League East] division I play in with the Yankees and the Red Sox makes it tougher for the Blue Jays to get there, but you never know. Stranger things have happened."

As the blue-collar Blue Jay himself can attest as much as anybody, McDonald admits he has not penned the perfect log, but he appreciates the plus points he wouldn't have gained on an ordinary path.

"There's a lot of mistakes I made where I could have worked harder, but my mindset was less on school and more on baseball," he said. "So I do regret not graduating with my class in '96 or even '97. I know I really would have loved to have graduated and gone to the Dunk with friends and classmates and former teammates."

"But the unique experience of getting my degree the way I did was pretty special as well. It didn't take any of the joy away."

Marcin, Cintron to Lead Friars in Search of a Tourney Bid

by Dan McNamara '13
Sports Staff

MEN'S SOCCER

As the Providence College campus welcomed new freshman to its campus on Thursday, Sept. 2, one freshman from that class was missing. Greg Davis '14, from Jamaica, NY, was on the pitch for his new school as he turned out to be the unsung hero scoring twice for the Men's Soccer Team, including the game winner with 2:56 left to go in the game. The Friars advanced to the Ocean State Classic Finals after their 2-1 win over URI and will face Brown who defeated Bryant.

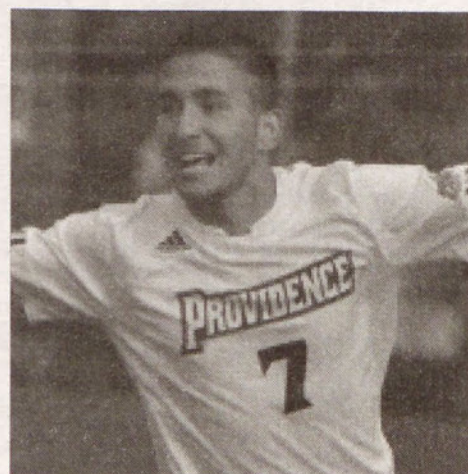
The Friars are coming off their fifth consecutive winning season as they finished last season 10-7-3. They have lost 10 players from last season's team but have welcomed nine new members and return 10 letter-winners who will look to

improve on their magical Big East run last year and bring home the title.

One big change from last year will be the man inside the posts and under the crossbar for the Friars. Jhojan Obando '12 has been waiting for his chance to step up for the Friars and he will get that opportunity this season. The Friars had one of the top defenses in the conference last season as they surrendered less than one goal per game. They will look to uphold their reputation as a defensive powerhouse with a veteran group in the back.

The offense will be spearheaded by Matt Marcin '11 who led the team in goals just a season ago. Co-captain Michael Pereira '11 will be the one in charge to feed Marcin and his teammates down the wings and in the box. Look for Anthony Baumann '14 and Phil Ziegler '14 to make solid contributions in their first year for the Friars.

Every team has that thoroughbred up front and for the Friars that will



COURTESY OF SPORTS INFO

Matt Marcin '11 is expected to be a major force on the field for Providence this season.

be Marc Cintron '13. He was the hero last year when the Friars took down a good Villanova team in the Big East Tournament. He played in all 20 games last season and started 12 of them. Cintron

will be the main horse up front but look for other newcomers to help him out.

This season, the Big East will be one of the toughest conferences in the nation. The Friars will play nine conference matches including games against Louisville and UConn, both teams are ranked in the NSCAA Preseason Poll. The Friars will also face the nationally ranked Michigan State Spartans and the Harvard Crimson. Some other marquee games this season for the Friars will be in South Bend when they face the Notre Dame Fighting Irish on national television. Also, away games at Marquette and Seton Hall highlight the Friars' conference schedule.

Predictions: This season, look for Head Coach Chaka Daley to lead the Friars to a 12-5 regular season record en route to a run in the Big East Tournament. Keep an eye out for Providence to make it to the Tournament Finals and earn a bid to the NCAA tournament.

Five On-Campus Games to Catch this Fall

by John Butler '11
Sports Editor

CAMPUS

The fall sports season at Providence perennially provides a great number of on-campus games. This 2010 season especially, given the caliber of the squads competing, will be one to remember. Here, then for the freshman limited by the lack of a vehicle, the sophomore confined by the lack of funds, the junior stricken with an absence of motivation, or the senior moved with genuine school spirit, are five on-campus must-see games this season.

**September 25, 2010
Men's Soccer vs. Louisville
Glaxo Field**

What is better than a projected national powerhouse coming to your home field on a fall Saturday afternoon? That is the match-up for the Friars' annual meeting with the Cardinals, who enter the season ranked No. 20 in the NSCAA Preseason Poll. This meeting will be a clash of stingy defenses. Providence returns a strong defensive squad, one which is largely responsible for the Friars' success last season. But the Cardinals will come to town with an equally impressive defensive prowess. They have already recorded three shutouts in five games this season. The onus, then, falls on new goaltender, Jhojan Obando '11, who will be charged with stopping the Louisville defense.

**October 2, 2010
Field Hockey vs. Syracuse
Friar Field Hockey & Lacrosse
Complex**

In a rematch of last year's Big East Semifinals, the Syracuse Orange will return to Providence to take on the Friars. Providence dropped the November 2009 meeting by a narrow 2-1 margin. The Friars return a young roster, anchored by Kathi Weidman '12, who takes over for Rachel Chamberlain '10. Syracuse is expected to be a Big East powerhouse this season, having earned the fifth spot in the Kookaburra/NFHCA Preseason Poll and placed five players on the All-Big East Preseason Team.

**October 10, 2010
Women's Soccer vs. Marquette
Glaxo Field**

Two years, two ties. The Friars tied Marquette 1-1 in double overtime two years ago in Providence. More recently, Providence managed a 0-0 double overtime tie against the Golden Eagles on the road in Milwaukee. All signs indicate that this year's match-up at Glaxo Field will be a highly-competitive game between two evenly matched teams. Amanda Webster '13 and Jill Camburn '11G have provided much of the offensive force for the Friars this season, and offense will be key if Providence hopes to end the two year long stalemate with Marquette.

**October 5, 2010
Volleyball vs. Rhode Island
Mullaney Gymnasium**

The Providence College-University of Rhode Island rivalry is intense for all sports, and volleyball is no exception. The Volleyball Team plays Rhode Island in this fall's only installment of the rivalry (with the exception of the Men's Soccer Team's rendezvous with the Rams before classes began). The Friars lost to the Rams last year. URI is a perennial middle-of-the-packer in the Atlantic 10 Conference, which is one of the stronger conferences in the nation. This year's match-up will be an opportunity for the Friars to showcase their homecourt skills. Providence seems to have the upper hand whenever they take the court in Mullaney Gymnasium.

**October 13, 2010
Men's Soccer vs. Connecticut
Glaxo Field**

Can they do it again? That will be the question on everyone's mind when the Huskies visit Glaxo Field for a rematch of last year's Big East Quarterfinals. Providence topped Connecticut, who was ranked eighth nationally at the time, in Storrs, Conn. in an overtime thriller last year. The Friars prevailed 1-0. Matt Marcin '11 scored Providence's game winner, and he will very likely be looking to tear through the Husky defense this year, as well. And given the welcomed confines of Glaxo Field and the cheers of their Providence fans, Chaka Daley's team just might have it in them to stun Connecticut for the second time in two years.

**A Glossary of Providence
Athletic Facilities**

The Dunk
Formerly the Civic Center, the home of the Men's Basketball Team. The student section on the floor is known for cheering on the Friars and taunting the guests.

Friar Field Hockey & Lacrosse Complex
The new home of the Field Hockey and Lacrosse Teams next to the gym.

Glaxo Field
The home of the Men's and Women's Soccer Teams. Named for former soccer player Wilmot Glaxo '78.

Mullaney Gymnasium
The gym in Alumni Hall where the Volleyball and the Women's Basketball Teams play their home games. Named for Men's Basketball Coach Joe Mullaney, this gym was the Friars' original home court.

Raymond Field
The softball field behind Raymond Hall where the Softball Team plays.

Schneider Arena
The home of the Men's and Women's Hockey Teams. Named for Fr. Herman Schneider, O.P., who founded the hockey program.

Taylor Natatorium
The pool. Hidden deep inside of Alumni Hall, Taylor is where the Swim Team practices and competes.

Dismal Season Shows Woods Has Lost Swagger

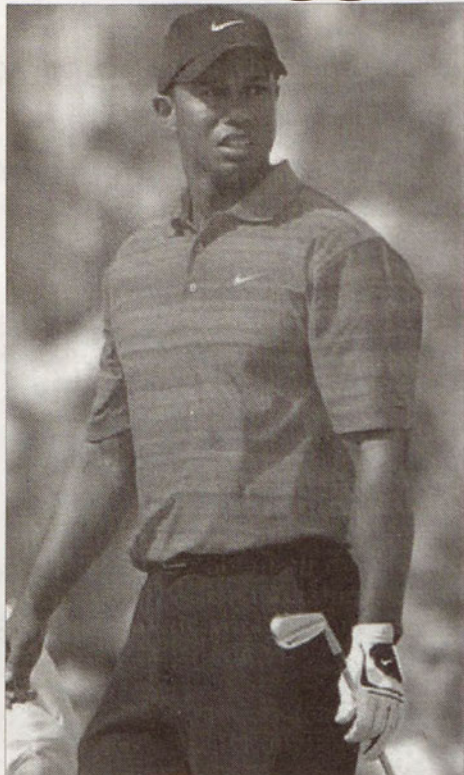
by Nick Aiken '12
Asst. Sports Editor

GOLF

After the heartbreaking and scandalous news surfaced at the end of 2009, many golf analysts, sportscasters, and the like debated whether or not Tiger Woods would be able to return to form in 2010. Each side came up with many valid points supporting their suppositions, but the truth is nobody had any idea what would happen this year. Now that the season is coming to a close, those of you who have followed Woods this year know the answer to this question.

Aside from losing his beautiful blonde wife and his reputation as a gentleman and role model, Woods also lost confidence not only in himself, but in his golf game as well. The statistics and speak for themselves, including a rank of 180th in driving accuracy, 174th in greens in regulation, 195th in ball striking, and 180th in scrambling, to name a few. Aside from T4 finishes at the Masters and US Open, Woods' play has been less than stellar to say the least, failing to break the top 10 and finishing several tournaments with cumulative scores over par.

The game of golf is unlike any other sport. It is not merely a physical competition. Golf is a game of skill, a game of strategy, and most importantly, a game of swagger. Without confidence, consistent play is unattainable. Confidence is a result of being in a good frame of mind, possessing control over one's emotions and behavior, and knowing success is going to be the inevitable outcome. Woods' confidence is currently at an



Tiger Woods shot 10 under par at the Deutsche Bank Championship last weekend, and tied for eleventh place.

all-time low. Unless he is able to get his head into the right frame of mind, the practically invincible and unyielding Woods of yesteryear will not be back anytime soon.

Rank	Player	Score	Par
1	Charley Hoffman	-22	F
T2	Geoff Ogilvy	-17	F
T2	Luke Donald	-17	F
T2	Jason Day	-17	F
T5	Tom Gillis	-16	F
T5	Adam Scott	-16	F
T5	Brandt Snedeker	-16	F
8	John Senden	-14	F
9	Steve Stricker	-13	F
10	D.J. Trahan	-12	F
T11	Tiger Woods	-10	F

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Sports Boss: A Fallen Friar Fan Leaves Inspiration for Us All

by Chris Torello '11
Sports Staff

COMMENTARY

Brendan Frail '12 was never soft-spoken. He was never afraid to have a security guard talk to him during a sporting event at Providence. He enjoyed pushing the envelope. He was over the top and loud, but he was always motivated with a fiery passion for every Friar team.

Brendan was one of the greatest Friar fans that has lived or will ever live. He was taken too young, nearly three weeks ago this Sunday, when he accidentally slipped and fell from a reservoir bridge in Yorktown Heights, NY. The Dunkin Donuts Center, Schneider Arena, and Providence College will never be the same.

Those of you who attended a game at the Dunk over this past basketball season may have noticed a student wearing a full-body white spandex

Brendan was on the executive board of the athletic booster organization, the Friar Faithful. He would have served as the co-chair of Public Relations for this coming school year, and was a shoe-in to be the next President in the 2011-12 school year.

I do not write this to make anyone feel sad—though one cannot help but get choked up over someone so young losing his life—but to display how pride and passion can be used to cheer on Providence College teams, and carry on the tradition that this school has with athletic excellence.

Brendan was proud of Providence College in general. His love of sports went hand-in-hand with his love for his studies, family, and friends. He never was afraid to say that he went to Providence or to root for a team that was having a rough year. Brendan stood by this school through thick and thin, no matter the final score.

One of the most impressive things about Brendan was the way he challenged his fellow students to have the same passion for this school and



The legacy of Brendan Frail '12, seen above in his white suit, challenges every member of the College community to live life to the fullest.

suit. That student was Brendan Frail. He would rally the student section and rattle the competition from the second he entered the Dunk. Whether it was yelling at a bench player, a star, or even the Head Coach, Brendan knew how to get inside the heads of PC's opponents.

Over at Schneider Arena, Brendan would cozy up to the opposing penalty box and wait for players. From the moment they sat down, Brendan would proceed to have a one-sided conversation over the next two minutes. His comments were provocative, rude, and uncalled for—but Lord, did they work well.

Brendan never did these things because it was personal, he just did them because that was how he could help the Friars win on that given day or night.

its teams. He would commit himself to getting new fans out of the dorm rooms and over to a sporting event. He was never satisfied with excuses or upset fans who "needed a break" from attending a game.

I bestow upon you, the students of Providence College, the Brendan Frail Challenge. This challenge is quite simple: love your school, love your teams, and love everything about your life! Do not be afraid to be original. Do not be afraid to cheer. Do not be afraid to be loud.

Go to the games and be proud of your fellow students who represent you on the playing surface. Make signs and paint your faces. Create cheers and chant with the voice God gave you. But above all, remember that Brendan Frail will be right there feeding you with inspiration.

Sportswriter's Signing Knowledge Gets Put to Use

by Alexis Smith '12
Sports Staff

COMMENTARY

It is always great to come back from a vacation with a funny story or a new acquaintance. When my family and I went to Maui and Kauai, two of the islands that make up the Hawaiian chain, for a two week vacation, we needed some groceries. While we were in Kauai, we found a Safeway about 30 minutes away from our hotel. So we drove over, grabbed a cart, and started working on our well-planned out list.

First on the list were eggs. We were only going to be there for another week, so we only wanted six eggs, not a dozen. But the case only had cartons of a dozen. My mom hoped we could break a carton of 12 in half so we would only get the necessary six eggs, so she went up to the store employee who was working stock in that same aisle.

As she walked up to ask him a question, he immediately handed her a note pad and pen. My mom figured this was because he was deaf, so she started to write.

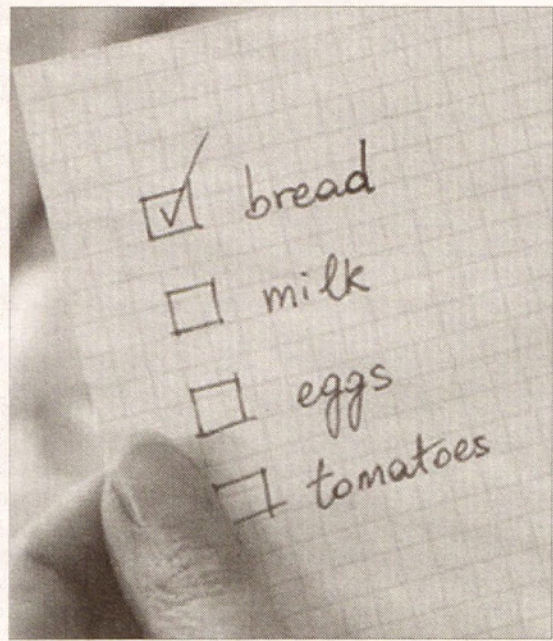
Now, I think you should know a little background information on me. I am fluent in sign language and have taken a college course on deaf culture; so if it was me in this situation, I would have known exactly what to do.

But instead, my mom stood there with the pad of paper, beginning to write "Can I break the eggs?" (of course meaning, "Can I break the carton in half?") but at the time she panicked because that was obviously not what she wanted to do. She thought to herself, "Maybe I should call Alexis over, but what if he speaks Hawaiian sign language and she cannot understand him?"

At this point, I turned around to see what was happening, and I walked up to the man and read "hard of hearing"

on his name tag, which was also labeled "Jeffery". I start to sign "Do you understand sign language?" He answered yes, so I asked him if they had six-egg cartons. There were none available on the floor, so he left to see if there were any in the back. When he came back, he told us they did not have any.

After that he started asking me questions about where I learned sign language and how long I had been signing. I answered that I learned it back home in Tampa, Fla at a local community college and I have been signing for four years. We exchanged a few more words and then went our separate ways. I ran into him two more times in the store and he very



kindly asked me if I needed any help.

Once we had gotten everything on our list, we went to the register, and by a stroke of luck, Jeffery was our bag boy. Once he had finished bagging, he asked me how much longer we would be staying, if I had been to Kauai before, and how I liked it so far. I answered in my slightly

rusty sign language that I would be there for a week, that it was my first time to Kauai, and that I never wanted to leave. I then told him it was very nice to meet him and left the store with a big smile on my face.

This was the first time that I had come across a deaf person that I was required to talk to for help. You would never think that on a tiny island in the middle of the Pacific Ocean you would find sign language suddenly useful. It was always interesting to me that once I had learned American Sign Language I was able to spot people signing a lot more than I did before I learned it.

When I came back, it was such a great story to tell to all my signing friends and those who know how interested I am in sign language. It was also a great way to tease my mom, all in good fun. It was an experience of a lifetime in a place that was unforgettable.

For up-to-the-minute news on all of your favorite Friar teams, visit www.TheCowl.com

Fall Sports Schedule

CROSS COUNTRY	MEN'S SOCCER	WOMEN'S SOCCER	FIELD HOCKEY
September 11.....at CCSU Blue Devil Invite	September 9.....at Michigan State	September 12.....at Bryant	September 11.....at Central Michigan
October 2.....at Wisconsin Adidas Invite	September 15.....vs. Sacred Heart	September 17.....at Connecticut	September 15.....at Northeastern
October 9.....at New England Champ.	September 18.....vs. Quinnipiac	September 23.....vs. Syracuse	September 19.....vs. Columbia
October 16.....at Pre-Nationals	September 21.....at Northeastern	September 26.....at St. John's	September 24.....at Connecticut
October 22.....at CCSU Mini Meet	September 25.....vs. Louisville	October 1.....at Seton Hall	October 2.....vs. Syracuse
October 30.....at Big East Championships	September 29.....at Harvard	October 3.....at Rutgers	October 3.....vs. Albany
November 13.....at NCAA NE Regional	October 3.....at Notre Dame	October 8.....vs. USF	October 9.....at Villanova
November 22.....at NCAA Championships	October 6.....vs. Boston University	October 10.....vs. Marquette	October 11.....vs. Vermont
	October 9.....vs. Georgetown	October 15.....vs. DePaul	October 16.....vs. Rutgers
	October 13.....vs. Connecticut	October 17.....vs. Notre Dame	October 17.....vs. California
	October 16.....at DePaul	October 22.....at Pittsburgh	October 20.....at Brown
	October 20.....at Marquette	October 24.....at West Virginia	October 23.....vs. Louisville
	October 24.....vs. Pittsburgh		October 30.....at Georgetown
	October 27.....at Seton Hall		
	October 30.....vs. West Virginia		

A Freshman's Guide to Providence College Sports

by John Butler '11
Sports Editor

PERSPECTIVE

Behind the statistics and the standings, the results and the rosters, the players and the coaches, there exists at Providence College a rich and sometimes mysterious tradition in sports and athletics. I do not profess to know all of the intricacies of this tradition, but I can offer three years' worth of knowledge to the Class of 2014 in the form of this Freshman's Guide to Providence College Athletics.

- The Basketball Team gets all the press, but year-in and year-out, the most successful teams are the Men's and Women's Cross Country Squads.

- St. Dominic Chapel is the holiest place on this campus, but Mullaney Gymnasium is a close second.

- They want to build an outdoor track on Hendricken Field, the home of the former Providence College Baseball Team. The Track Team undoubtedly deserves a track, but this leads at least one sportswriter to wonder if the construction of that track is the final nail in the Baseball Team's coffin.

- Although most fans tend to flock towards the field-level bleachers at Glay Field, the best place to watch a soccer game is from the wall on Huxley.

- It is almost never acceptable to rush the court at the Dunk. Seriously. Otherwise, we look like fools.

- For years, the Men's Basketball Team played on campus in the former Alumni Hall Gym (now Mullaney Gymnasium).

- The hardest working athletes at this school are the swimmers.

- Providence's mascot, the Friar, was named one of the scariest NCAA mascots last year.



The Providence Pep Band along with Friar Dom entertain the crowds and intimidate the opponents at many of Providence's athletic events.

- Keep your eyes on Symone Roberts '13 of the Women's Basketball Team and Vincent Council '13 of the Men's Basketball Team, both of whom are sophomores who will very likely be getting some national attention this season.

- And while you're at it, keep an eye on the Women's Basketball Team, which went to the WNIT last year.

- Although PC's teams are officially named the Friars, Providence teams have been known previously and informally as the Cardinals, the Black and White, the Smith Hillers, and the North End Boys.

- The coaches at Providence College are universally nice people, and we could say many kind things about them. It will suffice for us here

to note that Head Women's Basketball Coach Phil Seymore and Head Women's Hockey Coach Bob Deraney are two of the kindest gentlemen you will ever meet, and that Cross Country and Track Coach Ray Treacy is a legend living among us.

- Once upon a time, there was a Football Team and a Baseball Team at Providence College. May they rest in peace.

- Everybody makes a big fuss about sitting in the student section at the Dunk, but if you are truly there for the basketball, you have to sit in mid-court nosebleed seats.

- If you played sports in high school, and you still want to be involved but cannot compete at the Division I collegiate level, you should consider

joining the Friar Faithful, a marvelous organization of which colleague Chris Torello is a founding member.

- Before the mascot was an oversized grinning Dominican, there was Friar Boy, the Dalmatian.

- The best deal in town is free admission for students at all on-campus contests.

- Everybody here roots against the University of Rhode Island, which adds fuel to the fire that is the PC-URI rivalry. I get the rivalry, but I think the jeers would be better directed towards our Jesuit neighbor to the north, Boston College.

- The Providence College fight song is *When the Saints Go Marching In*, and the acoustics in Schneider Arena—which are superior probably by chance—make the Pep Band's rendition sound amazing.

- Raymond Field, the home of the Softball Team, is the most attractive home venue of all the Providence playing surfaces.

- Head Coaches Chaka Daley (Men's Soccer), Tim Army, (Men's Hockey), Kerri Jacklets (Softball), and Ray Treacy (Track) are all Providence alums.

- The Lacrosse Team is better than its record indicated last season. The 2010 campaign was the Friars' first in the Big East, and as a general rule, sophomore year is better than freshman year.

- The Women's Hockey Team is all but bound for Hockey East glory this winter. The Friars finished the 2009-10 season ranked 10th nationally and lost only four seniors.

And last, the Tip of all Tips:

- Be a fan of Providence sports. There are few things these days that universally rally and unite us, but sports still have that mystical power to bring people together. And campus unity is of inestimable value.

Despite Hot Climate, World Cup Lacks Sparks

by Nahuel Fanjul-Arguijo '11
Associate Editor-in-Chief

WORLD CUP SOCCER

Ah, that beautiful time of the year: the sun comes out, the pools start to open, and every four years, the nations come together for the greatest sporting event in the world. It truly is a great spectacle. This year's host, South Africa, put forth every ounce of effort they could to produce the greatest World Cup possible. I can't say it was the best ever, but it sure was the best World Cup in Africa...I know, it was the first held on the continent, but still, they deserve some credit.

There are a couple of points to scale the awesomeness of a World Cup. The first, obviously, is the preparation of the home nation. I can confidently say that South Africa is the most supportive nation I have ever seen during this tournament. Yes, I can remember watching the '94 World Cup in the United States, and Alexi Lalas cannot hold a candle to the pride that the South Africans showed that month. Befana started the tournament, Tshabalala started the scoring, and even after "the boys" were out the Vuvuzelas roared on. The work this nation put into this World Cup, and the amount of love that was shown during the month long tournament, should never be forgotten.

The next necessity is drama, and wow, was there drama. Sure, Americans will never stop complaining about the referees, but that is because complaining is what Americans do best. But, by drama, I mean Suarez-type drama. I will never forget a game like Ghana against Uruguay because of its ups and downs. The score was tied, the last African nation in the running making a drive to the goal, shots taken, the ball



Spain players celebrate after beating the Netherlands over the summer to win their nation's first ever World Cup. Spain topped the Netherlands with a score of 1-0. The 2010 World Cup was hosted by South Africa.

bouncing, and the Uruguayan hero coming in. Swatting the ball away from the goal earned Suarez a red card, but his reaction as he walked to the locker room and as Asamoah Gyan missed the final minute penalty kick was priceless.

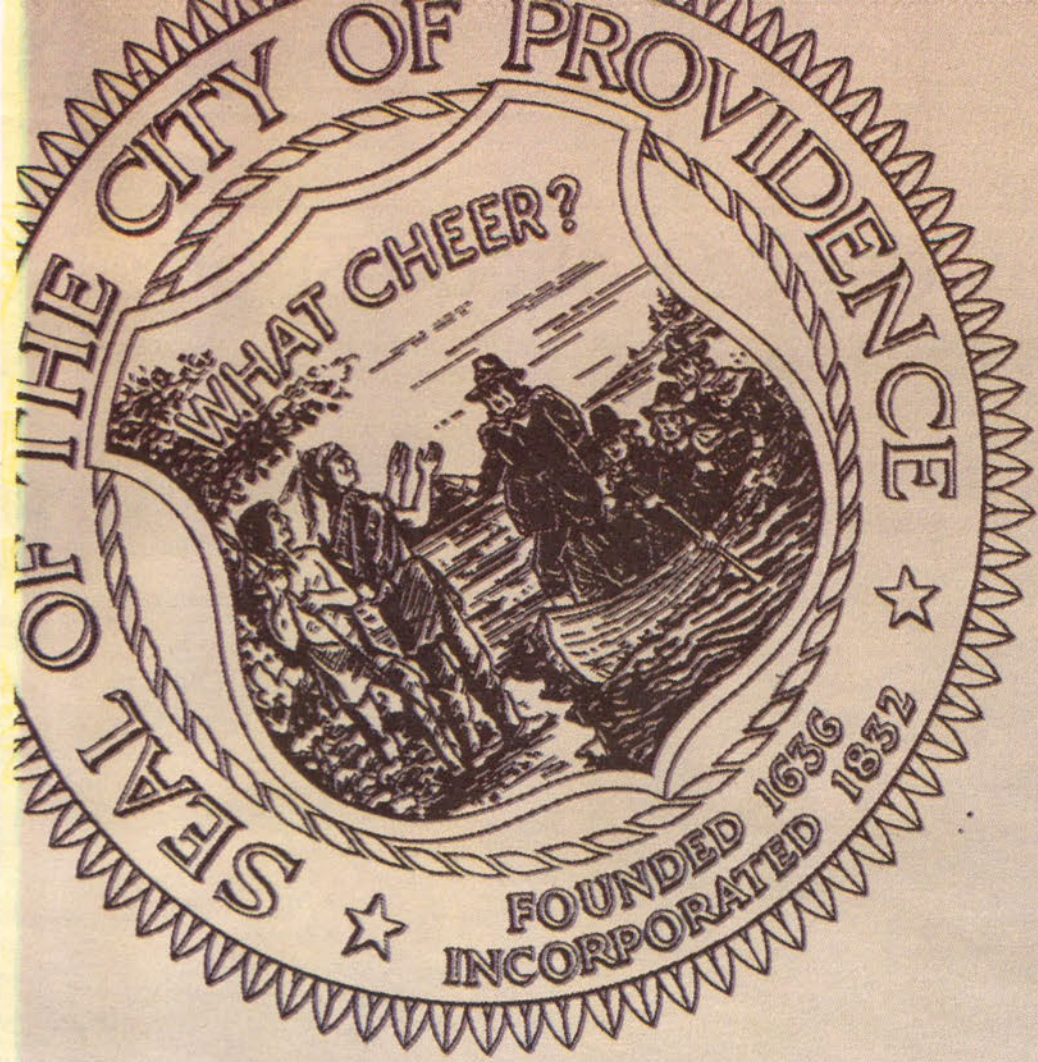
Another great addition to the World Cup tournament is rivalries. It is hard to have rivals play each other; it just doesn't work out that way all the time, but we saw some small rivalries that gave the tourney some extra points. As a proud Argentinean, I saw two sides of it. For one, we got to take down those chatty Mexicans again. They can keep saying they will beat us, but I just can't see it happening. Maxi Rodriguez proved it during the '06 World Cup and Carlitos Tevez did his job and buried two goals to stop the Mexicans' trip to the big

game (don't mention the non-existent offside call, a goal is a goal). Next we faced the Germans, who defeated us in the last World Cup, and sadly we could not overcome them. They embarrassed us, again, and I just hope we are matched up next tournament so we can regain some pride (well, maybe we shouldn't play them again, I'm tired of losing to them). Aside from these, we only saw other small rivalries. There was no Argentina vs. Brazil game, no Mexico vs. United States, and no France vs. Italy.

Finally, we need a great final game. In 2002, we had an amazing final between Germany and Brazil, with the legendary Ronaldo scoring two goals. In 2006, we had the match up between Italy and France, with so much drama that it made the finals very entertaining (come on, everyone remembers the Zidane head butt). And

this year, the final game was just so-so. The match-up was set for a firecracker of a final, but there were no sparks during the 90 minutes. The lone goal came during the extra time, and before then, not a single exciting moment existed. Sure, we got a great high kick to Xavi Alonso, but other than that, the final was not worth it. The Netherlands was disappointing, and Spain won, big whoop. The World Cup is over.

I can't complain about what went on during that amazing month, but it was not what I was hoping for—I needed more. I needed sweat, tears, and blood. I needed an everlasting memory, and I just don't think that came from the 2010 World Cup. The wait is long, but we can only hope that the next one will give us everything we want. Congrats to Spain for their first World Cup trophy, but don't get too used to it, the big teams will take over in the future.



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