



CHEMICAL COMPOSITION OF ESSENTIAL OILS FROM PANTELLERIA ISLAND AUTOCHTHONOUS AND NATURALIZED SPICES AND EVALUATION OF THEIR INDIVIDUAL AND COMBINED ANTIMICROBIAL ACTIVITIES

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ABSTRACT

In this study, the antimicrobial activity of the essential oils (EOs) from *Origanum majorana* L. and *Rosmarinus officinalis* L. growing in Pantelleria (Sicily, Italy) were tested alone and in combination against some prokaryotic and eukaryotic food-borne pathogens. The chemical composition of the EOs as well as the minimum inhibitory concentrations (MIC) against the most sensitive strains were also determined. Both EOs showed interesting antimicrobial effects against all bacteria and yeasts tested. MIC was in the range 1.25–2.50 µl/ml. Interestingly, *O. majorana* was particularly rich in thymol acetate, while carvacrol was present at very low percentages. Also *R. officinalis* EOs composition was different from rosemary collected in different areas, as being particularly rich in caryophyllene. Furthermore, the antimicrobial activity of the combination of *O. majorana* and *R. officinalis* EOs indicated their potential as food biopreservatives.

1. Introduction

Spices are widely used in different countries of the Southern Europe and North Africa because of their aromatic, nutritional and antioxidant properties (Pezzani *et al.*, 2017). Among the aromatic plants, marjoram and rosemary belong to the Labiatae family (*Lamiaceae*) and play a key role in the Mediterranean cuisine and diet (Gurbuz *et al.*, 2016). Almost 75% of the *Origanum* species are restricted to the eastern Mediterranean area; eleven species are present in Greece, five of which are found in Crete (Aligiannis *et al.*, 2001). The presence of *Origanum* also occurs

commonly throughout Asia, Europe, and northern Africa (Han *et al.*, 2017). Members of this genus are extensively used in the flavoring and preservation of foodstuffs and alcoholic beverages (La Pergola *et al.*, 2017). Similarly, rosemary is used worldwide for its antimicrobial and antioxidant activities, along with anti-inflammatory and anti-tumoral properties (Bajalan *et al.*, 2017).

Recently, there is a growing interest in industry to replace synthetic chemicals by natural products extracted from aromatic plants showing bioactive properties. Among

them, *Rosmarinum officinalis* is considered one of the most important sources of both volatile and non-volatile bioactive compounds (Ojeda-Sana *et al.*, 2013). Within the same family, the essential oils (EOs) extracted from wild and cultivated Sicilian *Origanum majorana* have been considered natural antimicrobials (Tuttolomondo *et al.*, 2013). In addition, they could represent a successful approach to contain the rising of bacterial resistance to synthetic antimicrobial compounds (Pezzani *et al.*, 2017).

However, the biological properties of EOs depend on their chemical composition, which is genetically determined and influenced by the geographical origin, ecological conditions, growth stage and extraction method (Gaglio *et al.*, 2017). Recently, a wide range of biological interactions between the various components of EOs is acquiring attention for food preservation purposes. EOs mixtures show the advantage that reduce the negative impact on food sensory properties due to addition of large amounts of EOs from a single given species often required to contrast microbial development (Nikkhah *et al.*, 2017). Several aspects of EOs combination have been studied (de Rapper *et al.*, 2016) and reviewed (Kohiyama *et al.*, 2015). However, only a few studies have been carried out on the combined effects of EOs (Nguefack *et al.*, 2012; Nikkhah *et al.*, 2017). Recently, Baj and co-workers tested the antioxidant properties of mixtures of EOs from *Ocimum basilicum* L., *Origanum majorana* L. and *Rosmarinus officinalis* L.

However the antimicrobial activity of the mixtures have not been investigated (Baj *et al.*, 2018). To this purpose, no exhaustive reports are available on the EOs composition and the combined biological activity of *O. majorana* and *R. officinalis* from Pantelleria (TP, Sicily). Due to its position in the Mediterranean Sea, this island hosts aromatic plant species characterized by distinct chemical profiles of EOs. Secondary metabolite profiling may allow to acquire information on the origin,

autochthonous and healthy properties of the studied spices.

Therefore, the present study was aimed to investigate on the *in vitro* antimicrobial properties of the EOs extracted from marjoram and rosemary species growing in Pantelleria Island, alone or in combination, against several worldwide food-borne microorganisms and to correlate the biological activities to their chemical composition.

2. Materials and methods

2.1. Plant material and extraction of EOs

Origanum majorana (65 Kg) and *Rosmarinus officinalis* (65 Kg) grown respectively, naturalized and wild in Pantelleria (Sicily, Italy) were collected from Nikà area (36°75' N, 11°98' E) and Satarìa area (36°78' N, 11°95' E), respectively, in spring 2015. *Origanum majorana* (synonymous *Majorana hortensis* Moench) is explicitly indicated as cultivated in Pantelleria (Giardina *et al.*, 2007) from ancient time and where now it is naturalized. In Italy it is considered archeophyte (a plant species which is non-native to a geographical region, but which was introduced in “ancient” times) (Celesti-Grapow and Accogli, 2010).

Rosmarinus officinalis is an important element of the Pantelleria vegetation (Gianguzzi, 1999). Plant specimens were deposited at Herbarium Mediterraneum Panormitanum [PAL], Italy, /*Origanum majorana*/109617 and /*Rosmarinus officinalis*/109618 and in Herbarium SAF at Department of Agricultural Food and Forest Sciences (N. SAF 54pl and 55pl) (n = 10 per species). The plants were kept in dry and cool conditions until extraction of EOs carried out by steam distillation through a 60-l stainless steel extractor (Cucuzza Inox Impianti S.A.A., Grammichele, Italy).

2.2. Chemical analysis of the EOs

EOs from *O. majorana* and *R. officinalis* were analyzed by gas chromatography (GC)

and mass spectrometry (MS) technique in order to determine their chemical profiles. To this purpose, a GC/MS system consisting of a GC instrument (Agilent 6890; Palo Alto, CA, USA) and a mass selective detector (Agilent 5975 c; Santa Clara, CA, USA) was used.

The column set was a capillary column Carbowax (30-m length, 0.25-mm internal diameter and 0.25- μ m film thickness; Supelco, Milan, Italy). The operating conditions were as follows: 1 μ l of EOs was injected in the split ratio (1:50) mode at a temperature of 250 °C. GC/MS instrument operated at 70 eV in the EI mode over the m/z range 30 – 550. Helium carrier gas flow was at 1 ml/min and the temperature of the oven was programmed from 40 to 230 °C at 4 °C/min and then held isothermal for 50 min; the injector temperature and the transfer line were set at 250 °C. All measurements were carried out in triplicate.

The identification of the chemical compounds was achieved by matching the fragmentation patterns of the experimental mass spectra with the commercial library NIST05. The relative proportions of the individual components were expressed as percent peak areas normalization, with all relative response factors being taken as one.

2.3. Microbial strains

In order to test the inhibitory properties of *O. majorana* and *R. officinalis* EOs, several bacterial and yeast strains of food origin and belonging to the culture collection of the Agricultural Microbiology Unit of the Department of Agricultural, Food and Forest Science – University of Palermo (Italy) – were used as indicators. Among prokaryotes, *Acinetobacter guillouiae*, *Bacillus cereus*, *Serratia grimesii*, *Hafnia halvei*, *Hafnia paralvei*, *Enterobacter ludwigii*, *Listeria monocytogenes*, *Raoultella ornithinolytica*, *Stenotrophomonas maltophilia*, *Staphylococcus epidermidis*, *Staphylococcus haemolyticus*, *Staphylococcus warneri* species were used. The strains *Lactobacillus sakei* LMG 2313 and *Listeria innocua* 4202 were also included as

being highly sensitive. The eukaryotes strains included *Aureobasidium pullulans*, *Candida intermedia*, *Candida parapsilosis*, *Candida zailades*, *Cryptococcus curvatus*, *Pichia fermentans*, *Rhodotorula glutinis*, *Rhodotorula mucilaginosa*, *Saccaromyces cerevisiae*.

All bacteria were subcultured in Brain Heart Infusion (BHI) broth (Oxoid, Milan, Italy) incubated at 37 °C for 24 h, with the exception of *Lb. sakei* LMG 2313 and *B. cereus* that were cultured in de Man, Rogosa and Sharpe (MRS) (Oxoid) and Nutrient Broth (NB) (Oxoid), respectively, incubated at 30 °C for 24 h. Yeasts were reactivated in Yeast Peptone Dextrose (YPD) medium (Oxoid) incubated at 30 °C for 24 h.

2.4. Antibacterial activity determination

A cell density of approximately 10^7 CFU/ml of each strain was reached in the optimal growth substrate (BHI, MRS, NA or YPD) and EOs of *O. majorana* and *R. officinalis* were tested applying the paper disc diffusion method of Kelmanson *et al.* (2000) (Kelmanson *et al.*, 2000), with the modification reported by Cruciata *et al.* (2018). Briefly, an agar base support (2% [wt/vol] water agar) was overlaid with 7 ml of the optimal soft agar (0.7% [wt/vol]) medium, as indicated by the respective culture collection for each strain, previously inoculated with approximately 10^7 CFU/ml of a given test organism. Sterile filter paper discs (Whatman no. 1) of a 6-mm diameter were placed on the surface of the double agar layer and soaked with 10 μ l of each EOs.

Additionally, a mixture of oregan and rosemary EOs at ratio 1:1 was tested. Sterile water was used as negative control, while streptomycin (10% w/v) and cycloeximide (0.01% w/v) represented the positive control for bacteria and yeast, respectively. The inhibitory activity was evaluated after incubation under proper growth conditions as described above. The diameters of the inhibitory halos around the paper discs were

measured. The experiments were performed in triplicate.

2.5. Minimum inhibitory concentration

The strains showing the highest sensitivity (i.e. showing the highest diameter of the inhibition halo) to the screening assay were used for MIC calculation. The MIC was defined as the lowest concentration of EOs inhibiting visible growth after 24 h of incubation as an expression of EO antimicrobial performances. In particular, the EOs were, serially, 2-fold diluted in the optimal growth substrate and the agar disc diffusion method was employed to determine the

sensitivity to each dilution of the EOs (NCCLS, 2002) (Militello *et al.*, 2011). The culture medium without bacteria/yeast was used as negative control.

3. Results and discussions

3.1. Chemical composition of *Origanum majorana* EOs

A total of 29 constituents (Table 1) were identified in marjoram EOs and the main components were thymol acetate (21.77%), 4-carvomenthenol (17.82%) and γ -terpinene (15.81%). The oil average yield of the collected rosemary and origanum was determined to be 2% and 1,5 %, respectively.

Table 1. Chemical composition of *O. majorana* and *R. officinalis* EOs. Results indicate mean percentage values of three measurements and are expressed as relative peak areas (peak area of each compound/total area of the significant and common peaks to all samples) x 100.

Chemical compound	<i>Origanum majorana</i>		<i>Rosmarinus officinalis</i>	
	Retention time (min)	%	Retention time (min)	%
<i>Monoterpene hydrocarbons</i>				
b-phellandrene	14.124	2.44	-	-
Camphene	-	-	11.229	2.78
Carene	13.71	5.97	-	-
Isosylvestrene	19.335	2.48	-	-
Limonene	-	-	14.127	2.02
Myrcene	12.885	1.39	12.889	1.16
p-cimene	13.991	2.81	13.994	1.85
Sabinene	12.19	2.54	-	-
α -phellandrene	13.278	1.09	-	-
α -pinene	10.703	0.54	10.708	8.8
α -terpinene	16.123	1.91	-	-
α -thujene	10.498	0.72	-	-
γ -terpinene	15.163	16.54	-	-
<i>Oxygenated monoterpenes</i>				
1.8 cineol (eucayptol)	-	-	14.225	30.82
4-carvomenthenol	18.93	18.65	18.93	0.77
Borneol	-	-	18.604	5.92
Bornyl Acetate	-	-	22.059	0.81
Carvacrol	20.594	0.31	-	-
d-camphor	-	-	17.901	12.73
p-menth-2-en-1-ol	17.219	0.41	-	-
Sabinene Hydrate	15.487	0.3	-	-

Thymol	20.857	1.75	-	-
Thymol Acetate	22.246	22.77	-	-
α -terpineol	19.335	2.37	-	-
<i>Diterpenes</i>				
Cembrene	38.38	3.48	-	-
<i>Sesquiterpenes</i>				
Cadinene	-	-	24.356	0.37
Caryophyllene	25.613	5.68	25.615	14.71
Guaiene	-	-	27.492	0.74
Valencene	-	-	26.102	0.43
α -calacorene	-	-	28.639	0.39
α -copaene	28.154	0.26	-	-
α -cubebene	-	-	24.473	1.61
α -humulene	26.469	0.6	26.469	1.8
β -bisabolene	27.78	3.77	27.776	0.51
β -cadinene	27.026	0.25	27.026	1.73
β -cubebene	27.153	1.71	27.945	1.71
<i>Others</i>				
Bicyclogermanene	27.537	3.75	-	-
Unknow	16.555	0.72	-	-
Unknow	21.198	0.83	-	-
Unknow	23.44	0.33	-	-
Unknow	-	-	28.157	4.38
Unknow	-	-	29.613	1.62
α -ionone	-	-	19.335	2.34

The last component has been reported as a precursor of carvacrol (Tongnuanchan and Benjakul, 2014) and it is one of the major chemical compound of EOs extracted from different *Origanum* species and subspecies, including *O. vulgare* (Sezik *et al.*, 1993), *Origanum scabrum* (Demetzos *et al.*, 2001) and *O. majorana* (Jan *et al.*, 2018). Similarly, 4-carvomenthenol (also known as 4-terpineol) was found as one of the major components of *O. majorana* (Baj *et al.*, 2018; Busatta *et al.*, 2017).

As reported in the literature, a number of oregano species are categorized by the presence of two main chemotypes, thymol and carvacrol. Another intermediate type would contain high content of two monoterpene

hydrocarbons, γ -terpinene or p-cymene. Nevertheless, some species were found to contain high levels of linalool and other monoterpenes and sesquiterpenes (Baj *et al.*, 2018). Moreover, marjoram main EOs also include the bicyclic monoterpene cis-sabinene hydrate and sabinene (Busatta *et al.*, 2017), while the phenolic monoterpene carvacrol, arising from the “cymyl” pathway, is not a typical feature of this spice, as confirmed by our data (carvacrol 0.30%). Similarly, thymol and thymol acetate are not generally present at high yield in marjoram EOs (Baj *et al.*, 2018; Busatta *et al.*, 2017; Jan *et al.*, 2018). According to the literature, *O. majorana* from Pantelleria Island EOs contain oxygenated monoterpenes (44.61%),

monoterpene hydrocarbons (34.95%), sesquiterpenes (11.75%), diterpens (3.48%) and other compounds (5.46%). Surprisingly, despite literature data, *O. majorana* EOs from Pantelleria showed a very low percentage of sabinene (2.42%) and sabinene hydrate (0.29%).

These results indicated that *O. majorana* from Pantelleria is a thymol/terpinene-4-ol rich chemotype (Sellami *et al.*, 2009). Thus, *O. majorana* is chemotypically different from the same species growing in other parts of Sicily (Tuttolomondo *et al.*, 2013) and in other countries (Figu  r  do *et al.*, 2006; Sellami *et al.*, 2009), which are characterized from different dominant constituents. Recently, EOs chemotypes have been defined on the basis of a single prominent monoterpene compound (La Pergola *et al.*, 2017). However, they are often hard to compare when considering the whole monoterpene pattern, because of differences in composition according to the harvesting period, taxonomic classification, variety, age and part of the plant analyzed as well as geographical origin. In particular, the prevalent production of thymol and carvacrol is thought to depend on some external factors, such as climatic conditions, harvesting time, soil and/or the amount of water to which the plant is exposed (Kimura *et al.*, 2006). The variation in the EOs composition of *O. majorana* from different origins could be attributed to both interactions between genetic (biotic) and environmental (abiotic) factors (Sellami *et al.*, 2009).

3.2. Chemical composition of *Rosmarinus officinalis* EOs

According to the GC-MS data, 23 constituents (Table 1) were identified in *R. officinalis* EOs. The essential oil was mainly composed of oxygenated monoterpenes (51.05%) and sesquiterpens (24%). Within oxygenated monoterpenes 1,8 cineol, also known as eucalyptol (30.82%), and d-camphor (12.73%) were the major chemicals detected, while among sesquiterpens, caryophyllene

(14.71%) was the most abundant compound. Among minor components, only α -pinene exceeded 6 % in *R. officinalis* EOs, followed by borneol. High yields of 1,8-cineole, caryophyllene and camphor have been reported for different rosemary samples from Pantelleria (TP), classified as cineoliferum (high content in 1,8 cineol) chemotype (Napoli *et al.*, 2010). 1,8 cineol and α -pinene have been reported as the major constituents of *R. officinalis* cultivars growing in different areas of Uruguay, southern Brazil (Dellacassa *et al.*, 1999), and, along with camphor, in southern Spain (Tomei *et al.*, 1995).

Boutekedjiret *et al.* (1998) investigated the essential oil from flowering aerial parts of *R. officinalis* collected in Algeria. More than 90% of the components were identified, with 1,8-cineole (52.4%) and camphor (12.6%) being the major components. Moreover, the chemical composition of *R. officinalis* EOs was similar to those found in the oils from Iran, India, Tunisia and Turkey, characterized by a high amount of camphor, eucalyptol, α -pinene, β -pinene and borneol (Gurbuz *et al.*, 2016). According to these authors, content, flavour notes and quality of rosemary EOs were influenced by the geographical location of the plants (Viuda-Martos *et al.*, 2007) and by the harvest time.

In particular, the concentration of 1,8-cineole was quite similar throughout the year, while the lowest concentrations of camphor and maximum concentrations of α -pinene were observed in winter (Boutekedjiret *et al.*, 1998). Interestingly, high yield of caryophyllene have not been previously reported for the EOs of *R. officinalis* collected in other regions (Napoli *et al.*, 2010).

3.3. Comparison of the chemical composition of EOs

Comparing the chemical profile of the two EOs, we observed that eight compounds were common to both EOs, but differed in percentage. Interestingly, rosemary EOs was

found to contain high levels of α -pinene (8.80 %) and caryophyllene (14.71 %), while the same components were present at 0.51 % and 5.42 % in marjoram EOs. On the contrary, *O. majorana* and *R. officinalis* EOs contained 4-carvomenthenol at 17.82% and 0.77%, respectively. This characteristic distribution of the constituents of the two EOs constituted the rationale for our hypothesis of a combined antibacterial action. The amount of β -bisabolene, p-cimene, β -cubebene, mircene and α -humulene was in the range of 0.51-3.60 % in both EOs. Many of this EOs constituents have been considered by the FDA as Generally Recognized as Safe (GRAS) substances and are registered by the European Commission as food flavorings (Tongnuanchan and Benjakul, 2014).

3.4. Antimicrobial activity of EOs

There is a growing interest in assessing the antimicrobial effects of plant secondary metabolites against a range of foodborne pathogens, in order to counteract bacterial resistance to antibiotics (Bajpai *et al.*, 2009). The application of natural products is of paramount importance for infection control and/or food preservation and to ensure consumers a safe, healthy, and nutritive food supply. Globally, all strains tested in this study (Table 2) showed sensitivity to both marjoram and rosemary EOs. Among Gram positive bacteria, *S. haemolyticus* ICE 182 and *L. monocytogenes* DHPS 179 were the most sensitive strains to *O. majorana* EOs, while *S. epidermidis* ICE 244 and *L. monocytogenes* DHPS 22 BO showed the most sensitivity to *R. officinalis* EOs. The high sensibility of *Staphylococcus* and *Listeria* species to EOs extracted from aromatic herbs is well known (Cao *et al.*, 2009). Coagulase negative staphylococci used in the present study, such as *S. epidermidis*, *S. haemolyticus* and *Staphylococcus warneri* can be involved in nosocomial infections (Vuong and Otto, 2002), while *L. monocytogenes* is responsible for human disease deriving from food poisoning

(Swaminathan and Gerner-Smidt, 2007). Regarding Gram negative bacteria, *H. paralvei* 4G 53 and *A. guilloue* ICE24 growth was inhibited greatly by marjoram and rosemary EOs, respectively. *H. paralvei* belongs to the *Enterobacteriaceae* family and is responsible for intestinal diseases, while *Serratia* and *Acinetobacter* species determine bloodstream infections (Wisplinghoff *et al.*, 2004). Generally, EOs have been reported as slightly more active against Gram-positive than Gram-negative bacteria because of the complexity of their double-layer cell membrane. However, our results showed an antimicrobial action of *O. majorana* EOs against several Gram negative strains. Thus, our results support its use to counteract food poisoning caused by *E. ludwigii* and other species of clinical relevance tested in this study, such as the multidrug-resistant bacteria *S. maltophilia* or *S. aureus* (Kot *et al.*, 2018).

The most sensitive strains were selected to calculate the minimum inhibitory concentration (MIC). MIC value for *O. majorana* EOs was 1.25 μ l/ml for *L. monocytogenes* DHPS 179 and 0.62 μ l/ml for *S. haemolyticus* ICE 182, *B. cereus* ICE 170 and *H. paralvei* 4G 53. Regarding *R. officinalis* EOs, MIC value was 1.25 μ l/ml for both *L. monocytogenes* DHPS 22 BO and *B. cereus* ICE 170. On the basis of these results, both the EOs presented a broad spectrum of antimicrobial activity. However, a sharper drop in the microbial growth was observed using *O. majorana* EOs, with the exception of *L. monocytogenes* DHPS 5 BO. The difference in the inhibitory effects of EOs extracted from marjoram and rosemary against different microorganisms has been related to their particular component profile (Tongnuanchan and Benjakul, 2014).

Therefore, the major effect of *O. majorana* EOs compared to *R. officinalis* from Pantelleria Island could be mainly due to the stronger antimicrobial activity presented by its preponderant constituents (Djeussi *et al.*, 2013). Among the main

constituents of *R. officinalis*, camphor has oxygen functions in its structure and these functions are known to increase the antimicrobial properties of terpenoids (Tongnuanchan and Benjakul, 2014).

A recent study, also referred to caryophyllene anti-oxidant, anti-inflammatory, anti-cancerous and local anesthetic effects (Klauke *et al.*, 2014). On the other hand, 4-terpineol, abundant in *O. majorana*, has been reported as an important antifungal and antibacterial agent (Djeussi *et al.*, 2013; Pezzani *et al.*, 2017) while thymol and carvacrol are the most active constituents against multiple foodborne pathogens (La Pergola *et al.*, 2017). However, the acetylated form seemed to have low toxicity and

enhanced biological effects. In particular, thymol and its synthetic derivative thymol acetate have shown antielmintic effect and antinociceptive activity (Angeles-Lopez *et al.*, 2010). The strong antimicrobial activity of marjoram species from Mexico have been linked to the high thymol and phenolic monoterpene content (Ortega-Nieblas *et al.*, 2011). Nevertheless, specific effects of thymol acetate on the microbial vitality/activity have not been reported yet. This characteristic chemical composition of *Pantelleria O. majorana* species may be responsible for its wide antimicrobial spectrum and support the use of this spices as food natural additive.

Table 2. Inhibitory activity of *O. majorana* (*O.m.*) and *R. officinalis* (*R.o.*) EOs. ^a -, no inhibition; ±, low inhibition (< 9 mm diameter); +, clear inhibition (9 – 12 mm diameter); ++, strong inhibition (> 13 mm diameter). Results indicate the mean value of three independent assays.

Strains	Inhibition ^a			Source of isolation
	<i>O.m.</i>	<i>R.o.</i>	<i>O.m.+R.o.</i>	
<i>Bacteria</i>				
<i>Acinetobacter guillouiae</i> ICE 24	++	++	++	Ice cubes
<i>Bacillus cereus</i> ICE 170	++	++	+	Ice cubes
<i>Enterobacter ludwigii</i> 4G 145	++	+	++	Ready to eat salad
<i>Hafnia alvei</i> 4G 44	++	+	++	Ready to eat salad
<i>Hafnia paralvei</i> 4G 53	++	+	++	Ready to eat salad
<i>L. monocytogenes</i> DHPS 1 BO	++	++	+	Chopped meat
<i>L. monocytogenes</i> DHPS 11 BO	++	++	++	Meat factory
<i>L. monocytogenes</i> DHPS 12 BO	++	+	+	Ripened salami
<i>L. monocytogenes</i> DHPS 129	++	+	++	Human stool
<i>L. monocytogenes</i> DHPS 13 BO	++	+	++	Gorgonzola cheese
<i>L. monocytogenes</i> DHPS 131	++	++	++	Human stool
<i>L. monocytogenes</i> DHPS 133	+	+	-	Human stool
<i>L. monocytogenes</i> DHPS 179	++	+	++	Salmon
<i>L. monocytogenes</i> DHPS 180	+	+	++	Ricotta cheese
<i>L. monocytogenes</i> DHPS 182	++	++	++	Ricotta cheese
<i>L. monocytogenes</i> DHPS 184	++	++	-	Rice salad
<i>L. monocytogenes</i> DHPS 185	+	+	++	Beef
<i>L. monocytogenes</i> DHPS 186	++	++	++	Mozzarella salad
<i>L. monocytogenes</i> DHPS 187	++	+	++	Roasted chicken
<i>L. monocytogenes</i> DHPS 188	++	+	++	Green salad

<i>L. monocytogenes</i> DHPS 2 BO	++	+	++	Fresh salami
<i>L. monocytogenes</i> DHPS 20 BO	++	++	++	Gorgonzola cheese
<i>L. monocytogenes</i> DHPS 22 BO	++	++	++	Taleggio cheese
<i>L. monocytogenes</i> DHPS 24 BO	++	++	++	Taleggio cheese
<i>L. monocytogenes</i> DHPS 3 BO	+	+	+	Fresh salami
<i>L. monocytogenes</i> DHPS 4 BO	++	+	+	Ripened salami
<i>L. monocytogenes</i> DHPS 5 BO	+	++	+	Ripened salami
<i>L. monocytogenes</i> DHPS 6 BO	++	++	+	Ripened salami
<i>L. monocytogenes</i> DHPS 7 BO	++	++	++	Ripened salami
<i>Lactobacillus sakei</i> LMG 2313	++	+	+	Unknown
<i>Listeria innocua</i> 4202	++	+	+	Unknown
<i>Listeria monocytogenes</i> ATCC 19114	++	+	++	Animal tissue
<i>Raoultella ornithinolytica</i> 4G 594	++	+	++	Ready to eat salad
<i>Serratia grimesii</i> 4G 954	++	++	++	Ready to eat salad
<i>Staphylococcus epidermidis</i> ICE 244	++	++	+	Ice cubes
<i>Staphylococcus haemolyticus</i> ICE 182	++	+	++	Ice cubes
<i>Staphylococcus warneri</i> ICE 20	++	+	++	Ice cubes
<i>Stenotrophomonas maltophilia</i> ICE 272	++	+	+	Ice cubes
Yeasts				
<i>Aureobasidium pullulans</i> AD201	++	+	++	Wheat kernels
<i>Candida intermedia</i> 4G137	++	+	++	Ready to eat salad
<i>Candida intermedia</i> 4G307	++	+	++	Ready to eat salad
<i>Candida intermedia</i> ICE86	++	+	+	Ice cubes
<i>Candida parapsilosis</i> ICE214	++	+	++	Ice cubes
<i>Candida zailades</i> 4G362	++	+	++	Ready to eat salad
<i>Cryptococcus curvatus</i> ICE84	++	++	++	Ice cubes
<i>Pichia fermentans</i> 4G140	++	+	+	Ready to eat salad
<i>Rhodotorula glutinis</i> AD64	++	+	++	Wheat kernels
<i>Rhodotorula mucilaginosa</i> ICE29	++	++	++	Ice cubes
<i>Saccharomyces cerevisiae</i> GR1	++	++	++	Grape

3.5. Antifungal activity of EOs

The development of natural protective agents against pathogenic fungi and yeasts causing food spoilage is currently in the focus of many research groups. Therefore, in the present investigation the antifungal activities of *O. majorana* and *R. officinalis* EOs was examined. Interestingly, both EOs showed marked antifungal activities against eleven yeasts, that appeared to be spices-dependent. All yeast growth was inhibited more markedly by marjoram than rosemary EOs. Both EOs showed antifungal action against pathogenic

yeasts belonging to different genera including *Candida*, *Aureobasidium* and *Rhodotorula*.

Among them, *C. parapsilosis* has been commonly associated with blood, wound and tissue infections (Palmeira-de-Oliveira *et al.*, 2009) while *A. pullulans* and *R. glutinis*, despite their importance in biotechnology, have emerged as opportunistic human pathogens (Najafzadeh *et al.*, 2014; Nunes *et al.*, 2013). *Pichia fermentans*, a spoilage yeasts belonging to the *Saccharomycetaceae* family, has been frequently isolated from orange juice and fermented foods (Qvirist *et al.*, 2016). On the other hand the oleaginous yeast *C. curvatus* and

S. cerevisiae are acquiring growing importance in food industry (Liu *et al.*, 2017). To our knowledge, the effects of marjoram and rosemary EOs on the mentioned species have not been investigated elsewhere, with the exception of *Candida*, *S. cerevisiae* and *Rhodotorula glutinis* (Kunicka-Styczyńska, 2011; Palmeira-de-Oliveira *et al.*, 2009; Tripathy, *et al.*, 2017). In addition, the EOs obtained from *O. majorana* have shown antifungal activity against *Aspergillus flavus* and *A. parasiticus* (Palmeira-de-Oliveira *et al.*, 2009; Tripathy *et al.*, 2017).

Surprisingly, we observed that *C. curvatus* ICE84 and *S. cerevisiae* GR1 were the most sensitive strains to marjoram EOs (MIC 1.25 µl/ml) and rosemary EOs (MIC 1.25 µl/ml), respectively. As stated in the literature, α -terpinene and other constituents of aromatic plant EOs affect ergosterol biosynthesis and sterol uptake, influencing yeast physiology (Parveen *et al.*, 2004).

3.6. Antimicrobial activity of EOs mixture

The combined use of the EOs from *O. majorana* and *R. officinalis* was tested to inhibit the survival of all bacteria and yeasts strains reported above. Our results showed that the application of the EOs alone or in mixture (1:1) caused the inhibition of the growth of all tested strains, with the exception of *L. monocytogenes* DHPS 133 and DHPS 184. Only for these two strains an antagonistic effect of the combined application of EOs may be supposed.

Conversely, an enhanced antimicrobial effect was observed *vs* *L. monocytogenes* DHPS 180 and DHPS 185, suggesting an interactions between the components of the two EOs. The combined EOs reduced the diameter of the inhibition halos of all other strains. These results might be due to the use of sub-inhibitory amount of each EOs in the mixture. Moreover, it would seem reasonable that the combination of EOs possessing compounds with similar structures may show additive rather than synergistic effect. The occurrence of additive

interactions of these EOs could be related to their similar composition possessing phenolics (carvacrol and thymol) as main compounds, suggesting a similar mechanism of action (De Azeredo *et al.*, 2011). On the other hand, the increased antimicrobial activity caused by the mixture of these EOs could be partially explained considering the different compounds found for each EOs individually. Additive effects of mixture of EOs extracted from aromatic plant have been reported. However, increasing evidences indicate that the inherent activity of EOs may not depend exclusively on the ratio in which the main active components are present, but also interactions between these and minor constituents of the EOs. As an example, among hydrocarbons, p-cymene probably enables easier entrance of carvacrol into the cell membrane where it exerts its action. Moreover, the lipophilic properties and the characteristic functional groups of each component may influence the biochemical properties of the mixture (Hyldgaard *et al.*, 2012).

In our study, *O. majorana* and *R. officinalis* EOs combined at sub-inhibitory concentrations were effective in inhibiting the growth and survival of pathogenic and spoilage microorganisms, although the underlying mode of action has to be better explored.

4. Conclusions

Experimental data indicated that *O. majorana* and *R. officinalis* EOs are effective against Gram positive and Gram negative bacteria and yeasts. The inhibitory activities of marjoram EOs were stronger than rosemary EOs. These properties could be partly due to the presence of some classes of compounds, such as monoterpene hydrocarbons and oxides, characteristics of the spices of Pantelleria Island. The fact that both *O. majorana* and *R. officinalis* EOs, alone or in combination, exhibited antimicrobial activities against the microorganisms studied supports their application in food industry.

5. References

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