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Eco-friendly preparation of electrically conductive chitosan - reduced graphene oxide flexible bionanocomposites for food packaging and biological applications

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1 **Eco-friendly preparation of electrically conductive chitosan - reduced**
2 **graphene oxide flexible bionanocomposites for food packaging and**
3 **biological applications**

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24 **Abstract**

25 Electrically conductive materials have been highlighted in the biomedical and food
26 packaging areas. Conventional electrically conductive polymers have limited
27 biodegradability and biocompatibility and should be replaced by suitable biomaterials.
28 Herein, electrically conductive bionanocomposites of chitosan and reduced graphene oxide
29 were produced by a green methodology. The reduced graphene oxide was hydrothermally
30 reduced in the presence of caffeic acid and was dispersed into chitosan. The final
31 bionanocomposites achieved an electrical conductivity of 0.7 S/m in-plane and 2.1×10^{-5}
32 S/m through-plane. The reduced graphene oxide promoted a great enhancement of
33 antioxidant activity and a mechanical reinforcement of chitosan matrix, increasing the
34 tensile strength and decreasing the water solubility. The electrical conductivity, mechanical
35 properties and antioxidant activity of the bionanocomposites can be tuned according to the
36 filler content. These active bionanocomposites, prepared using a green methodology,
37 revealed good electrical and mechanical properties, which make them promising materials
38 for food packaging and biological applications.

39

40 **Keywords:** bionanocomposites, chitosan, reduced graphene oxide, hydrothermal
41 reduction, electrical conductivity

42

43 1. Introduction

44 Electrically conductive biomaterials are promising for applications at the interface
45 between biology and electronics, being employed in biomedical scaffolds, sensors and
46 actuators, as well as electrically conductive food packaging [1–4]. Electrically conductive
47 polymers can be used to provide the necessary electrical conductivity, but their cytotoxicity
48 and the lack of biocompatibility and biodegradability prevents their use for food and
49 biological applications. Thus, the development of biocomposites using nontoxic electrically
50 conductive fillers and natural biopolymers with bioactivity can overcome this problem [5].

51 Chitosan (CS) is an abundant and renewable biopolymer, with a great film forming
52 ability, biodegradability and nontoxicity. This biopolymer has been actively investigated
53 for food packaging and biomedical applications due to its antimicrobial and antioxidant
54 activity, which are important properties to extend the shelf life of food and prevent
55 inflammatory responses [6–10]. However, it is necessary to improve the poor electrical and
56 mechanical properties of CS through its combination with appropriate electrically
57 conductive fillers [11,12].

58 Reduced graphene oxide (rGO), is an electrically conductive graphene-based material
59 with high mechanical performance and biocompatibility [13,14]. The use of rGO in
60 materials for biomedical and food packaging applications as well as its effectiveness to
61 reinforce the mechanical, gas and water barrier, and electrical properties of biopolymers
62 have been reported by several authors [15–18]. rGO is commonly synthesized through the
63 chemical oxidation of graphite by the Hummers method producing graphene oxide (GO),
64 followed by a reduction step to restore the graphitic network. This methodology preserves
65 some oxygen containing groups to establish chemical interactions with the positively

66 charged amine groups of CS and reinforce the composites [11,19,20]. The synthesis of rGO
67 for biomedical and food applications must avoid toxic reducing agents. Therefore, it should
68 consider green reduction strategies, as thermal reduction or chemical reduction processes
69 that can combine the use of non-toxic compounds and mild temperatures [21].

70 Several non-toxic compounds have been reported to reduce GO [22]. Zhou T. *et al.*
71 [23], reduced GO using a solution of sodium hydrosulfite and sodium hydroxide at 60 °C
72 during 15 minutes, achieving an electrical conductivity of 1377 S/m. In addition, CS
73 biopolymer was also used as a biocompatible reducing agent to prepare a drug delivery
74 system at low temperature (37 °C) during 72 h [24]. Diverse vitamins and phenolic
75 compounds were explored as natural reducing agents, namely L-ascorbic, vitamin C, and
76 green tea polyphenolic extract [25–27][28]. Bo *et al.* [27] reported the use of caffeic acid
77 (3,4-dihydroxycinnamic acid), a phenolic compound naturally present in plants with high
78 antioxidant activity [29], as an effective green reducing agent able to produce rGO with a
79 high C/O ratio (7.15). Besides that, the use of caffeic acid can not only reduce GO but also
80 impart antioxidant activity to the materials prepared with rGO. The preparation of CS
81 grafted caffeic acid active films with enhanced antioxidant activity was reported by our
82 group [30]. The efficiency of these reduction methods can be complemented with thermal
83 treatments to improve the electrical conductivity of rGO. Kim *et al.* [31] reported the
84 synthesis of rGO using dextran as reducing agent with an electrical conductivity of $1.1 \text{ S} \cdot \text{m}^{-1}$
85 ¹ and its increment to $10000 \text{ S} \cdot \text{m}^{-1}$ after annealing rGO papers at 500 °C during 2 h under
86 argon atmosphere. The hydrothermal treatment of GO is also an environmentally friendly
87 and scalable methodology to reduce GO. This methodology produces rGO with high
88 electrical conductivity and mechanical strength. The high pressure and temperature
89 generated inside the autoclave removes the oxygen containing groups from GO converting

90 them into CO₂, CO and low molecular weight organic fragments. Therefore, this water-
91 based methodology produces rGO with improved electrical conductivity [32,33].

92 The main aim of this study is the development of an electrically conductive
93 bionanocomposite using CS, a bioactive polymer, and rGO. GO was prepared by an
94 improved Hummers method and was further hydrothermally reduced in the presence of
95 caffeic acid, a non-toxic compound. The bionanocomposites were prepared with different
96 amounts of rGO and the films structure, morphology, mechanical, electrical and antioxidant
97 properties were characterized to evaluate their potential for food packaging and biological
98 applications.

99

100 **2. Experimental**

101 **2.1 Materials**

102 Chitosan (medium molecular weight, 75-85% deacetylated), glacial acetic acid
103 (99,8%), graphite flakes (~150 μm), phosphoric acid (≥85%), sulfuric acid (97%),
104 potassium permanganate (99,0%), hydrochloric acid (37%), hydrogen peroxide (30%) and
105 caffeic acid (≥95%) were purchased from Sigma-Aldrich Co. (St Louis, MO, USA) and
106 used as received. Glycerol (95%) was purchased from Scharlab, S.L. (Barcelona, Spain).
107 All other reagents used were of analytical grade.

108

109 **2.2 Preparation of bionanocomposite films**

110 **2.2.1 Synthesis of GO**

111 GO was synthesized by an improved Hummers method [19]. Graphite flakes (0.75 g)
112 were added to phosphoric and sulphuric acid (1:9), previously to the slow addition of

113 potassium permanganate (4.5 g). The mixture remained under stirring at 50 °C overnight
114 and after being cooled down to the room temperature, ice (50 mL) and hydrogen peroxide
115 10% (2.5 mL) were added. The final product was centrifuged (4000 rpm, 30 min at room
116 temperature) and the precipitate washed with distilled water (100 mL), hydrochloric acid
117 30% (100 mL) and ethanol (2 x 100 mL). GO was dispersed into distilled water with an
118 ultrasonic homogenizer (SONOPULS HD 3100, 45W, 1 h) and stored for future use.

119 **2.2.2 Reduction of GO**

120 GO was hydrothermally reduced in the presence of caffeic acid. Equal amounts of GO
121 and caffeic acid were dispersed in distilled water in a teflon lined autoclave and placed in
122 the oven for 24 h at 180 °C. After cooling down the autoclave to the room temperature, the
123 obtained rGO was filtered with filter paper (Filter-Lab 1300/80) and washed several times
124 with distilled water.

125 **2.2.3 Films preparation**

126 Several amounts of rGO (0, 25, 40, 45, 48 or 50 wt%, in relation to CS weight) were
127 dispersed in distilled water using the ultrasonic homogenizer at 45 W during 20 min. Acetic
128 acid solution (0.1 M) and CS (1.5%, w/v) were added to the rGO dispersions and remained
129 under stirring overnight for complete dissolution of CS. Glycerol 0.75% (m/v) was used as
130 plasticizer and homogenized by stirring during 10 min at 50 °C, followed by the solutions
131 filtration with a nylon mesh cloth. To prepare the films by solvent casting, the CS-rGO
132 solutions (31 g) were distributed in acrylic plates (144 cm²) and dried overnight at 35 °C
133 inside an air circulating oven. The bionanocomposites films will be mentioned according to
134 its rGO load: CS-rGO25 (25%), CS-rGO40 (40%), CS-rGO45 (45%), CS-rGO48 (48%),
135 and CS-rGO50 (50%). The control sample CS/glycerol blend (0% rGO) will be further
136 mentioned as CS.

137

138 **2.3 Characterization of bionanocomposite films**

139 **2.3.1 Structural and morphological characterization**

140 **X-Ray Diffraction (XRD)** analysis was carried out on a SmartLab (Rigaku) X-Ray
141 Diffractometer. The high-resolution XRD patterns were recorded at 9 kW (45 kV and 200
142 mA) with Cu target K_{α} radiation ($\lambda=0.15406$ nm) passing through a Ni-filter. The films
143 from this study were investigated in Parallel Beam Geometry, in a continuous mode scan, at
144 a step size of 0.01° and scanning speed of $10^{\circ}/\text{min}$, while the powder sample (rGO) was
145 analyzed in Bragg Brentano Geometry (continuous mode) with a 0.01° step size and
146 scanning speed of $3^{\circ}/\text{min}$.

147 **Raman spectroscopy** was conducted at room temperature by confocal micro-Raman
148 Spectroscopy, using a LabRam HR800 (Horiba) system. All Raman spectra were generated
149 by exposing the samples to a 532/632 nm wavelength green/red excitation laser.

150 **Scanning electron microscopy (SEM)** and **Scanning transmission electron microscopy**
151 **(STEM)** were performed using a SU-8230 (Hitachi) SEM microscope at an accelerating
152 voltage of 10 kV and a HD-2700 (Hitachi) STEM microscope with an accelerating voltage
153 of 200 kV. For STEM, the films were prepared via ultramicrotomy and deposited on
154 standard Cu TEM grids with formvar and lacey carbon polymeric films.

155 **Atomic force microscopy (AFM)** and **conductive atomic force microscopy (C-AFM)**
156 were carried out in an MFP-3D AFM microscope (Asylum Research) in intermittent
157 contact mode. DPE18 Pt-coated cantilevers (MikroMasch) with nominal resonance
158 frequencies of 75 kHz and spring constants of 3.5 N/m, were used for AFM analysis. HQ:
159 DPE-XSC11 Pt-coated cantilevers (MikroMasch), with resonance frequency of 80 kHz and
160 spring constants of 2.7 N/m were used for C-AFM analysis.

161

162 **2.3.2 Physical and biological characterization**

163 **Electrical conductivity** of the bionanocomposite films was determined at room
164 temperature by direct current (*dc*) measurements. The electrical response in-plane was
165 determined using samples with 0.5 x 3.5 cm and a home-made 4-point probe resistivity
166 setup. The electrical response through-plane was determined using 1 cm² square samples in
167 a home-made 2-point probe resistivity setup [34]. For these measurements a programmable
168 power supply IPS603 (ISO-Tech) and two 34401A Multimeters (HP) were used. The
169 calculations were made using Equation 1.

$$170 \quad R = \frac{V}{I} = \rho \frac{l}{A} = \frac{1}{\sigma A} l \quad \text{Equation 1}$$

171 where the parameters are the conventional denomination in electrical circuits: resistance
172 (R), tension (V), current (I), resistivity (ρ), and electrical conductivity (σ). The definition of
173 *l* and *A* is dependent of the measurement setup. The electrical conductivity was measured in
174 triplicate.

175 **Tensile tests** until film rupture were carried out according to the standard method (ASTM
176 D 882-83) on a TA HDi texture analyzer equipment (Stable Micro Systems) using a 5 Kg
177 load cell. The films were cut into 6 stripes of 90 x 10 mm and their thickness was measured
178 with a digital micrometer (Mitutoyo Corporation) with approximately 0.001 mm accuracy.
179 The films were kept into a moisture and temperature controlled chamber (RH 45%; 22 °C)
180 during 5 days prior to analysis. Six stripes of each bionanocomposite were tested.

181 **Water contact angle** between an ultra-pure water drop (3 μ L) and the bionanocomposites
182 was measured using an OCA contact angle system (Dataphysics) by the Laplace - Young
183 method. The films were kept into a moisture- and temperature-controlled chamber (RH

184 45%; 22 °C) for 2 days prior to analysis. Ten contact angle values were determined for each
185 sample.

186 **Moisture (M) and solubility (S)** of bionanocomposites were determined by averaging the
187 weight loss percentage of at least 6 samples [30]. The films were weighted (m_i), dried
188 overnight in an oven at 105 °C and reweighted (m_f). The moisture was determined using
189 Equation 2.

$$190 \quad M(\%) = \frac{m_i - m_f}{m_i} \times 100\% \quad \text{Equation 2}$$

191 To determine the solubility in acidic conditions, 4 cm² film samples were weighted (initial
192 mass), immersed into 30 mL of water acidified with hydrochloric acid (pH 3.5) and placed
193 in an orbital stirrer at 80 rpm. After 7 days, the samples were dried overnight in an oven at
194 105 °C and reweighted (final mass) The initial and final film mass were corrected
195 considering the films moisture. The solubility was calculated using Equation 3.

$$196 \quad S(\%) = \left(\frac{\text{Initial mass} - \text{Final mass}}{\text{Initial mass}} \right) \times 100\% \quad \text{Equation 3}$$

197 Three samples of each bionanocomposite were analyzed.

198 **Antioxidant activity** of bionanocomposites was assessed by the 2,2'-azinobis-(3-ethyl-
199 benzothiazoline-6-sulfonic acid) (ABTS^{•+}) decolorization assay [35]. 1 cm² film samples
200 were immersed in an ABTS^{•+} solution (diluted 1:80 in ethanol) and placed in an orbital
201 stirrer at 80 rpm. After 8 h, the absorbance (abs) of the ABTS^{•+} solution without film
202 (control) and the ABTS^{•+} solutions with films were measured. The antioxidant activity was
203 calculated by means of ABTS^{•+} inhibition by the films applying Equation 4.

$$204 \quad \text{Inhibition} (\%) = \left(\frac{\text{abs control} - \text{abs film}}{\text{abs control}} \right) \times 100\% \quad \text{Equation 4.}$$

205 The antioxidant activity of the bionanocomposites was analyzed in triplicate.

206 **2.4 Statistical analysis**

207 The results of electrical conductivity, mechanical properties, solubility, antioxidant
208 activity and contact angle were statistically analyzed through one-way ANOVA with post-
209 hoc Tukey tests, using a significance level of $p < 0.05$. The data was analyzed using Origin
210 8.6 software.

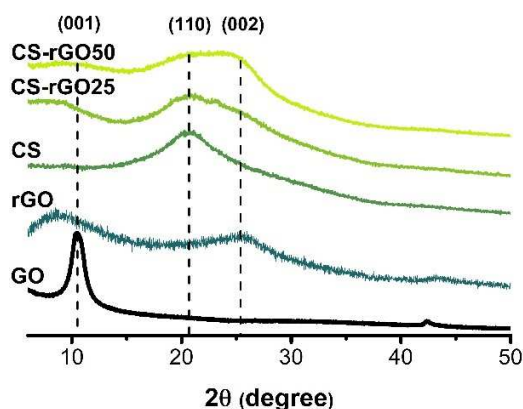
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212 **3. Results and discussion**

213 **3.1 Structural evaluation by XRD and Raman spectroscopy**

214 The crystalline structure of initial materials, GO, rGO and CS, as well as of
215 bionanocomposites with the lowest and highest content of rGO, CS-rGO25 and CS-rGO50,
216 was investigated by XRD (Fig. 1). The GO diffraction pattern shows a strong peak at $2\theta =$
217 10.4° , corresponding to the reflection (001). After the reduction, the rGO diffractogram
218 presents a new peak at $2\theta = 25.7^\circ$, corresponding to the (002) reflection, and a smooth
219 peak at $\sim 10^\circ$. This difference in spectra corroborates the occurrence of the reduction
220 process, as well as the presence of remaining GO. The GO peak at $2\theta = 10.4^\circ$
221 corresponds to an interlayer spacing between sheets of 8.5 Å, while the peak that appears
222 after reduction corresponds to a smaller d-spacing of 3.45 Å. This decrease of the d-
223 spacing value after reduction is due to the elimination of oxygen content between sheets
224 during the reduction of GO [19,36–38]. CS is a semi-crystalline biopolymer and shows a
225 broad peak at $2\theta = 21.1^\circ$, which can be assigned to the (110) reflection [39]. The above-
226 mentioned signature peaks of CS and rGO are preserved in both bionanocomposites
227 diffractograms. The CS-rGO25 bionanocomposite keeps the intense peak of CS and
228 shows a very weak peak of rGO due to higher CS content (75%, w/w). Accordingly, CS-
229 rGO50 shows both rGO and CS peaks with similar intensity due to the equal CS and
230 rGO loads. The preservation of both CS and rGO peaks indicates a good homogenization

231 between the filler and matrix phase. The d -spacing of rGO peak at $\sim 25^\circ$ did not change
 232 significantly with its incorporation into CS. This result suggests that CS chains should
 233 not be intercalated into the rGO sheets, which is in good agreement with the typical self-



234 folded rGO morphology resultant from the hydrothermal reduction process [40].

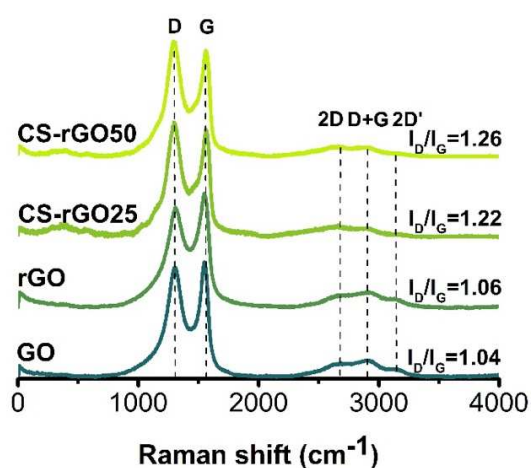
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236 Fig. 1. XRD diffraction patterns of GO, rGO, CS, and bionanocomposites CS-rGO25 and
 237 CS-rGO50.

238

239 The structure of rGO and its alterations after the incorporation in CS matrix were
 240 evaluated by Raman spectroscopy (Fig. 2). The Raman spectra of both GO and rGO
 241 presents the characteristic graphitic D, G, and 2D bands. The D band, also known as the
 242 disorder band at $\sim 1345\text{ cm}^{-1}$, corresponds to the breathing modes of sp^2 rings and requires
 243 the proximity to a defect to be active. The G band at $\sim 1589\text{ cm}^{-1}$ is attributed to the in-plane
 244 vibrational modes of sp^2 hybridized carbon atoms [41]. The I_D/I_G ratio is similar after the
 245 reduction process, 1.04 for GO and 1.06 for rGO, mainly due to the slight decrease of D
 246 band intensity. During the reduction of GO, new sp^2 domains are formed, but they exhibit a
 247 smaller average size in comparison with the previous existing sp^2 domains on GO, which

248 lead to a decreased G band intensity [42]. The 2D band at 2721 cm^{-1} is the second order D
 249 band and is active independently of the presence of a defect. The 2D band splits into the
 250 D+G at 2919 cm^{-1} and 2D' at 3136 cm^{-1} . The split of 2D band suggests a multilayer
 251 graphene sample [43]. The CS-rGO25 and CS-rGO50 bionanocomposites display a similar
 252 spectrum to rGO, which is an indication of a good rGO dispersion in the CS matrix with the
 253 preservation of its structure. The I_D/I_G increase observed after the rGO incorporation into
 254 the CS matrix (1.22 for CS-rGO25 and 1.26 for CS-rGO50), can be attributed to an
 255 increment of defects/edges in rGO due to blending with CS.



256

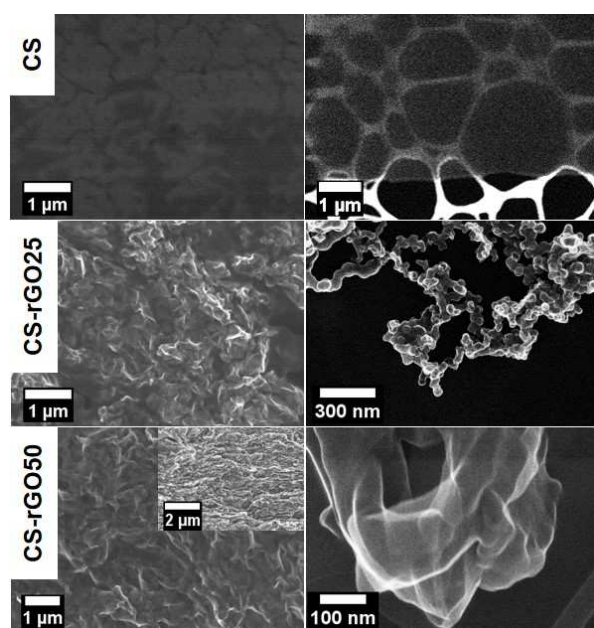
257 Fig. 2. Raman spectra of GO, rGO, and bionanocomposites CS-rGO25 and CS-rGO50,
 258 with the corresponding I_D/I_G values marked.

259

260 3.2 Morphological evaluation by SEM and STEM

261 The morphology of CS, CS-rGO25, and CS-rGO50 films was observed by SEM and
 262 STEM (Fig. 3). The chitosan film with the glycerol as plasticizer has a smooth surface that
 263 becomes wrinkled with the incorporation of rGO. The bionanocomposites SEM images
 264 present folded rGO sheets with a layered assembly due to the hydrothermal synthesis of
 265 rGO [44,45]. The CS-rGO50 cross-section shows a predominant organization of rGO

266 sheets in parallel to film thickness. Moreover, from the SEM images it is observed a good
267 distribution of rGO through all the CS matrix. However, the STEM images of both
268 bionanocomposites reveal rGO agglomerates wrapped by CS. This morphological analysis
269 allows to conclude that rGO in the form of agglomerates are well distributed along the
270 biocomposite.



271

272 Fig. 3. SEM and STEM images. SEM images of CS and bionanocomposites (CS-rGO25
273 and CS-rGO50) films, with CS-rGO50 cross-section inset are displayed on the left column,
274 while STEM images of CS and the bionanocomposites CS-rGO25 and CS-rGO50 are
275 displayed on the right column.

276

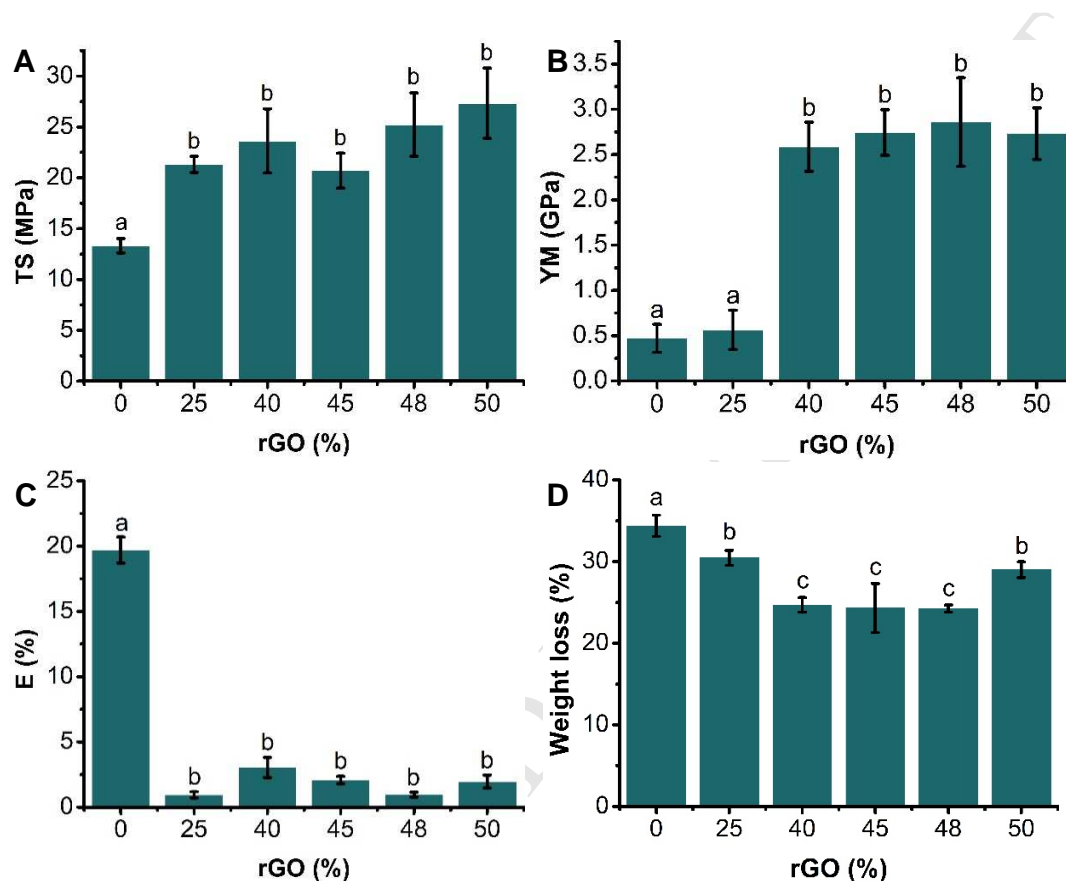
277 3.3 Mechanical properties, solubility and wettability

278 The mechanical parameters like tensile strength (TS), Young's modulus (YM) and
279 elongation at break (E), of CS and bionanocomposites were measured by tensile tests until
280 rupture using several stripes of films (at least 6) to insure representative results of all film

281 (Fig. 4). The chitosan/glycerol film (CS) present mechanical properties (TS, YM, and E
282 values) similar to those reported in the literature for chitosan films with addition of glycerol
283 as plasticizer [46,47], while the TS and YM are lower and the E higher in relation to
284 chitosan films without plasticizer [48,49]. The incorporation of 50% of rGO improves 2
285 times the TS from 13 MPa to 27 MPa and the YM is increased almost 6 times, from 0.47
286 GPa to 2.73 GPa, while the elongation decreased 10 times. The increase of both TS and
287 YM, and the decrease of E, meaning an increase in resistance and a flexibility decrease, is a
288 trend of CS-rGO composites well described in the literature [26,50–52]. Table S1 presents
289 the mechanical parameters of CS-rGO composites reported in literature. To the best of
290 author's knowledge, the improvement of resistance to the tension of this work is the best
291 result achieved using rGO reduced by a green methodology. The improvement of TS is due
292 to the reinforcing effect of rGO since no grafting strategies or other reinforcing components
293 were used. The reinforcing effect of CS by rGO is well known, but it is reported that the
294 use of high concentrations of rGO promotes its agglomeration and causes a decrease of TS
295 and YM [11,50]. However, this study shows the use of rGO 50% enhance these parameters,
296 which indicates that rGO is well dispersed into the CS matrix, allowing an efficient load
297 transfer between both phases.

298 The solubility of CS and bionanocomposite films was determined by immersing the
299 films in acidic aqueous medium (pH 3.5) for 7 days (Fig. 4). The CS solubility is
300 approximately 34% and should be mainly due to glycerol diffusion to the water, as reported
301 before for chitosan-based films [53]. The CS-rGO25 bionanocomposite shows a solubility
302 of 30%, while the bionanocomposites with 40 – 48% of rGO load show a solubility of 24%
303 and the CS-rGO50 has a solubility of 29%. This lower solubility could not be attributed to
304 the lower content of CS in the films with the higher percentage of rGO, since the

305 percentage of solubility decrease is not proportional to the increase of rGO and the CS-
 306 rGO50 showed a higher solubility than 40 – 48% of rGO films. These results indicate that
 307 rGO reinforces water resistance of the films.



308

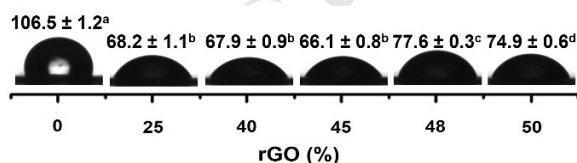
309 Fig. 4. Mechanical properties of CS and bionanocomposites CS-rGO25, CS-rGO40, CS-
 310 rGO45, CS-rGO48 and CS-rGO50. (A) Tensile strength (TS), (B) Young's modulus (YM),
 311 (C) elongation (E) and (D) water solubility (weight loss%). Different letters represent
 312 significant ($p < 0.05$) values ($n = 3$).

313

314 The wettability of the films surface was investigated by water contact angle
 315 measurements (Fig. 5). CS showed a water contact angle of 107° , inferring a hydrophobic
 316 character of the films surface. This result is in good agreement with the values previously

317 reported for chitosan [46,54] and chitosan/glycerol films [30,47]. Chitosan is usually
 318 reported to be hydrophilic with a lower water contact angle [55]. However, CS were
 319 produced by solvent casting, which enhance the interaction between the hydrophilic groups,
 320 as well as the presence of glycerol that establish bonds with the amine and hydroxyl groups
 321 of the chitosan, reducing the interaction of these groups with water and increasing the
 322 surface hydrophobicity of the films. As described in the literature, the chitosan films have
 323 initial contact angles around 100° , but after few seconds there is a decrease of the contact
 324 angle that is related with the water absorption capacity or to capillary forces in the film–
 325 water interface due to the hydrophilic character of chitosan [56].

326 The rGO is hydrophobic due to the removal of oxygen containing groups [57].
 327 However, the bionanocomposites show low contact angle values, between $68 - 77^\circ$. The
 328 increase of hydrophilicity can be explained due to the electrostatic and hydrogen bonding
 329 between CS amine groups and the remaining oxygen containing groups of rGO [58]. These
 330 interactions can lead to a higher exposition of CS hydroxyl groups at bionanocomposites
 331 surface and thus their interaction with water causes the decrease of contact angle values.
 332 Moreover, the incorporation of rGO increased the films roughness, which is associated with
 333 an enhancement of hydrophilicity [59].

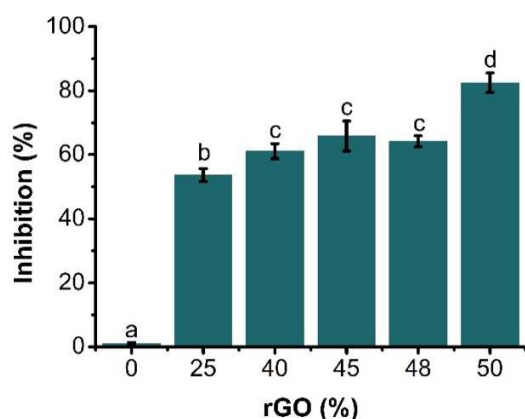


334
 335 Fig. 5. Water contact angle value of CS film and bionanocomposites CS-rGO25, CS-
 336 rGO40, CS-rGO45, CS-rGO48, and CS-rGO50. Different letters represent significant
 337 ($p < 0.05$) values ($n = 6$).

338

339 3.4 Antioxidant activity

340 The antioxidant activity of CS and all the bionanocomposites was evaluated by the
341 ABTS^{•+} inhibition method (Fig. 6). The incorporation of rGO into CS matrix lead to a great
342 enhancement of antioxidant activity. After 8 hours of incubation, CS showed an ABTS^{•+}
343 inhibition of 1%, while the bionanocomposite films showed an increase of inhibition with
344 filler content in the range of 54% - 82%. The antioxidant activity can be attributed to the
345 radical scavenging capacity of rGO [60]. Moreover, the presence of remaining caffeic acid,
346 can also contribute to improve the antioxidant activity. In a similar work reported by our
347 group, where CS was grafted with caffeic acid, films were achieved with an antioxidant
348 activity 80% higher [30].



349

350 Fig. 6. Antioxidant activity (inhibition %) after 8 hours of incubation in ABTS^{•+} solution of
351 CS and bionanocomposites CS-rGO25, CS-rGO40, CS-rGO45, CS-rGO48, and CS-rGO50.

352 Different letters represent significant ($p < 0.05$) values ($n=3$).

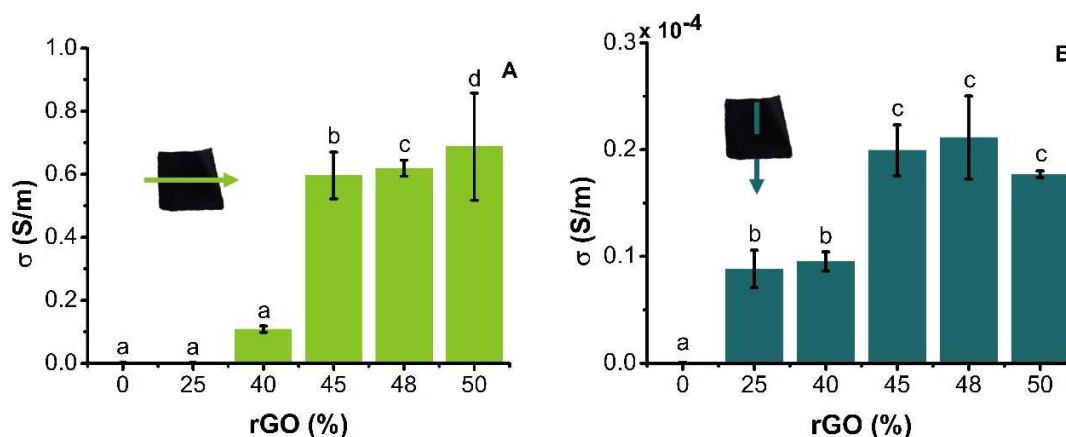
353

354 3.5 Electrical properties

355 The electrical conductivity of CS film and all the bionanocomposites was measured
356 at macroscale by *dc* measurements in-plane and through-plane (Fig. 7). The electrical

357 conductivity increases with filler content above 45% of rGO (CS-rGO45) and 25% of rGO
358 (CS-rGO25) for in-plane and through-plane conductivity, respectively. The maximum in-
359 plane conductivity is 0.7 S/m with 50% of rGO (CS-rGO50), while the maximum through-
360 plane conductivity is achieved with 45% of rGO (2.1×10^{-5} S/m). The electrical conductivity
361 in-plane is around 4 orders of magnitude greater than it is through-plane, which is
362 explained by the preferential alignment of rGO along the plane direction [61]. The
363 increment of electrical conductivity with the incorporation of rGO into the insulating CS
364 matrix proves the efficiency of the GO hydrothermal reduction in presence of caffeic acid.

365 Table S1 presents the in-plane electrical properties of CS-rGO composites reported in
366 the literature. The use of chemical compounds as nitrenes [51], hydrazine [52], and
367 hydroiodic acid [62], as reducing agents is a good strategy to produce rGO with high
368 electrical conductivity, due to the effectiveness of the reduction process. However, the
369 toxicity of these chemical compounds prevents the use of rGO and its composites for
370 biological applications. The use of alternative eco-friendly methodologies to reduce GO
371 and prepare CS-rGO is reported in literature. For example, the use of tea polyphenol
372 solution at 90 °C under nitrogen atmosphere, achieved an electrical conductivity of ~ 0.01
373 S/m with 1% rGO [50]. The *in situ* reduction of GO by CS (37 °C for 72 h) produced
374 bionanocomposites with a slight higher electrical conductivity of 0.06 S/m, but using 7%
375 rGO [50]. The immersion of CS-GO films containing 10% of GO in NaOH and Na₂S₂O₄
376 solutions at 60°C, originated films with an identical electrical conductivity (0.1 S/m) [11].
377 Therefore, this works reports the CS-rGO bionanocomposite with the highest in-plane
378 electrical conductivity (0.7 S/m) prepared with 50% of rGO reduced by a green
379 methodology.

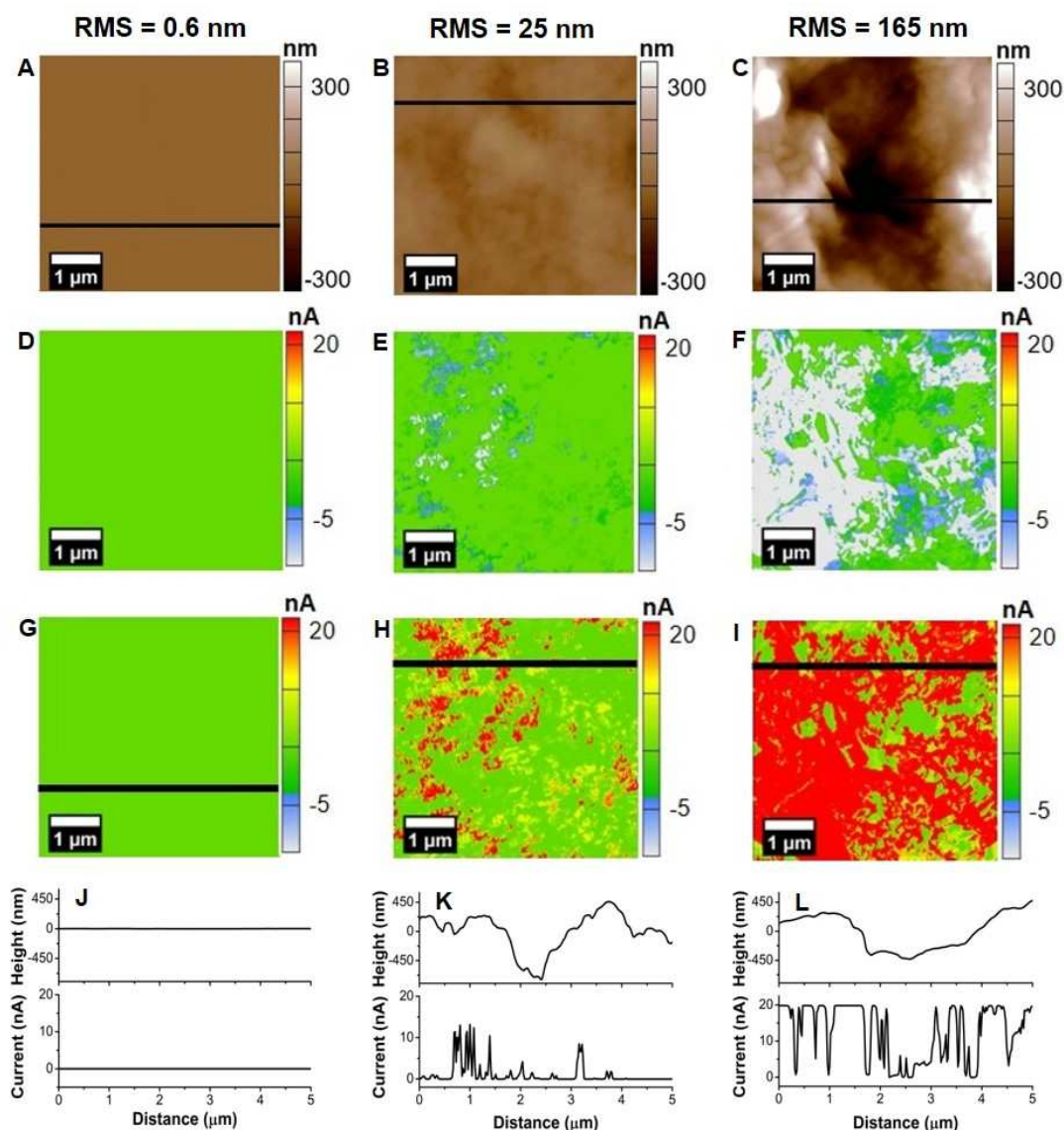


380 Fig. 7. Electrical conductivity of CS and bionanocomposites CSGO25, CS-rGO40, CS-
 381 rGO45, CS-rGO48, and CS-rGO50:(A) in-plane and (B) through-plane. Different letters
 382 represent significant ($p < 0.05$) values ($n = 3$).

383

384 The insulator CS, the low conductive CS-rGO40 and the high conductive CS-rGO50
 385 samples were characterized by CAFM, with simultaneous acquisition of AFM images, to
 386 correlate the origin of the electrical conductivity with the topographic characteristics (Fig.
 387 7). The AFM analysis shows the flat surface of the CS film becomes rough with the
 388 increment of rGO, which is in good agreement with the enhancement of the films
 389 wettability. The root mean square (RMS) roughness determined by AFM in a scan area of 5
 390 $\mu\text{m} \times 5 \mu\text{m}$ also reveals an increment of surface roughness, from 0.6 nm on the CS film to
 391 25 nm on CS-rGO40 and to 165 nm on CS-rGO50. Similarly, the CS film exhibits an
 392 insulating surface that becomes slightly conductive in CS-rGO40 and widely conductive in
 393 the CS-rGO50. The correlation between topography and electrical conductivity at the
 394 nanoscale is well established since the origin of surface roughness and current can be easily
 395 identified from the rGO location.

396



397 Fig. 8. Surface morphology and electrical conductivity of CS and of the bionanocomposites
 398 CS-rGO40 and CS-rGO50. AFM topographic images ($5 \mu\text{m} \times 5 \mu\text{m}$) of (A) CS, (B) CS-
 399 rGO40 and (C) CS-rGO50. CAFM current images ($5 \mu\text{m} \times 5 \mu\text{m}$) of (D) CS with -10V
 400 applied, (E) CS-rGO40 with -300 mV applied, (F) CS-rGO50 with -300 mV applied, (G)
 401 CS with 10V applied, (H) CS-rGO40 with 300 mV applied, (I) CS-rGO50 with 300 mV
 402 applied. Height and current value profiles of the marked area in the AFM and CAFM
 403 images of (J) CS (K) CS-rGO40 and (L) CS-rGO50.

404

405 **4. Conclusions**

406 Electrically conductive bionanocomposites were prepared considering the eco-friendly
407 character of CS biopolymer and a non-toxic synthesis of rGO by a hydrothermal treatment
408 of GO in the presence of a natural compound, caffeic acid, as reducing agent. To the best of
409 authors knowledge, this work reports the CS-rGO bionanocomposites with the highest
410 electrical conductivity and highest tensile strength achieved using a green reduction
411 strategy. The hydrothermal reduction of GO in the presence of caffeic acid, preserved
412 oxygen containing groups necessary to interact with CS amine groups and promote the
413 reinforcement of the bionanocomposite materials reflected in the increase of mechanical
414 and water resistance. Moreover, the bionanocomposite films present remarkable high
415 antioxidant properties. The eco-friendly character of these flexible biomaterials associated
416 with the electrical, mechanical, and antioxidant properties, make this material suitable to be
417 used for several applications, like food packaging, body sensors and electric responsive
418 biocompatible devices.

419

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434

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