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- 5 A 5500-year oxygen isotope record of high arctic

6 environmental change from southern Spitsbergen

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11 Abstract

The oxygen isotope composition of chironomid head capsules in a sediment core spanning the past 5500 years from lake Svartvatnet in southern Spitsbergen was used to reconstruct the oxygen isotope composition of lake water ($\delta^{18}O_{Iw}$) and local precipitation. The $\delta^{18}O_{Iw}$ values display shifts from the baseline variability consistent with the timing of recognized historical climatic episodes, such as the Roman Warm Period, the Dark Ages Cold Period and the Little Ice Age. The highest values of the record, ca. 3‰ above modern $\delta^{18}O_{Iw}$

1	values, occur at ca. 1900-1800 cal. yr BP. Three negative excursions increasing
2	in intensity toward the present, at 3400-3200, 1250-1100 and 350-50 cal. yr BP,
3	are tentatively linked to roughly synchronous episodes of increased glacier
4	activity and general cold spells around the northern North Atlantic. Their
5	manifestation in the Svartvatnet $\delta^{18}O_{\text{lw}}$ record testify to the sensitivity and
6	potential of high Arctic lacustrine $\delta^{18}O_{chir}$ records in tracking terrestrial climate
7	evolution, but also highlight nonlinear dynamics within the northern North
8	Atlantic hydroclimatic system. The Little Ice Age period at 350-50 cal. yr BP
9	displays a remarkable 8-9‰ drop in $\delta^{18}O_{Iw}$ values, construed to predominantly
10	represent significantly decreased winter temperatures during a period of
11	increased seasonal differences and extended sea ice cover inducing changes in
12	moisture source regions.
13	Keywords
11	North Atlantic Spitsbergen, Svalbard Arctic oxygen isotopes climate

14 North Atlantic, Spitsbergen, Svalbard, Arctic, oxygen isotopes, climate,

15 temperature, 'Little Ice Age'

16

17 Introduction

18 The Arctic, and particularly the region of the Nordic Seas has an enormous impact on19 the global distribution of heat and the ventilation of oceans via interconnected ocean-

1	atmosphere feedback mechanisms involving surface winds, variable ice conditions,
2	ocean stratification and deep water formation (Bond et al., 2001; McManus et al., 2004;
3	Steffensen et al., 2008). The Svalbard archipelago (Figure 1) lies at the crossroads of the
4	Arctic and North Atlantic Oceans and the major oceanic gateways connecting these, at
5	an optimal position to record past fluctuations in the Arctic ocean-atmosphere system.
6	The four largest islands of the archipelago are the main island Spitsbergen,
7	Nordaustlandet to the northeast, and Edgeøya and Barentsøya to the southeast. As the
8	northernmost extension of the North Atlantic Current, the West Spitsbergen Current
9	carries warm, saline Atlantic water northward along the western coast of Spitsbergen.
10	Cold, ice-laden, low salinity Arctic waters enter the North Atlantic via the western Fram
11	Strait and are delivered south by the East Greenland Current. Additional cold Arctic
12	waters are carried down from the Barents Sea along the eastern margin of Svalbard and
13	around the southern tip of Spitsbergen by the East Spitsbergen Current. The climate of
14	Svalbard is inseparably connected to the variations in the relative strengths of the flow
15	of warm Atlantic and cold Polar/Arctic waters to the region (Marsz, 2013;

1 Walczkowski, 2013).



Figure 1: Maps depicting the location of the study area, bathymetry of lake Svartvatnet and locations of
the coring site, lake water sampling sites (crosses) and inlet stream sampling sites (triangles). The arrow
on the eastern flank shows the approximate location of the outlet stream. Star symbols in the indicator
map show sites of prior proxy studies mentioned in the text: 1= Mitrahalvøya a peninsula, 2= lake
Kongresvatnet, 3= lake Skardtjørna.

9	The Nordic Seas' significance to global climate is reflected, for example, in the vast
10	number of research efforts aiming to characterize and quantify the properties of the
11	water masses, flow strengths and sea ice conditions in this region during the latest
12	deglaciation and the Holocene (Belt et al., 2015; Berben et al., 2014; Bonnet et al.,
13	2010; Cabedo-Sanz and Belt, 2016; De Vernal et al., 2013; Dylmer et al., 2013; Łącka
14	at al. 2015; Majewski et al., 2009; Moros et al., 2012; Müller et al., 2012; Perner et al.

1	2015; 2016; Rasmussen et al., 2007; 2012; Rasmussen and Thomsen, 2009; 2014;
2	Risebrobakken et al., 2003; 2010; Sarnthein et al., 2003; Werner et al., 2013; 2014).
3	However, the picture of Holocene terrestrial climatic development on Svalbard is far
4	more limited. Terrestrially based investigations have largely focused on past
5	characteristics and activity of glaciers on Svalbard (Reusche et al., 2014; Snyder et al.,
6	2000; Svendsen and Mangerud, 1991; 1997), with indirect climatic implications.
7	Despite their sensitivity to post-depositional alteration (Pohjola et al., 2002), ice cores
8	from Svalbard glaciers have yielded information on summer and winter temperatures,
9	continentality, sea ice cover and sources of moisture and pollution (Beaudon et al.,
10	2013; Divine et al., 2011; Grinstedt et al., 2006; Isaksson et al., 2005) over the past
11	centuries. However, except for the study of Divine et al. (2011) time series from
12	Svalbard ice caps do not extend back in time beyond 1000 CE. Similarly, millennial
13	timescale reconstructions of climatic variables based on lake sedimentary archives from
14	the region are also very scarce (Birks et al., 1991; D'Andrea et al., 2012; Velle et al.,
15	2010).

Environmental time series from terrestrial contexts are highly desirable owing to their potentially higher sensitivity, i.e. possibility for recording shorter lived and smaller scale fluctuations compared to the tendency of short-term variations to be smoothed out in oceanic records. Our study aims to provide a record of the development of the atmospheric component of northern North Atlantic hydroclimate over the mid to late

1	Holocene from an area extremely sensitive to the interplay of Arctic and Atlantic air
2	masses (Majewski et al., 2009) where previous terrestrial records of climate evolution
3	are very rare. To this end, we use lake sedimentary proxy archives preserving records of
4	the past oxygen isotope values of precipitation ($\delta^{18}O_{pr}$), which, in the right
5	circumstances can bear information on surface air temperatures (Dansgaard, 1964;
6	Rozanski et al., 1993). Especially at high latitudes, less complexities stemming from
7	moisture recycling and re-evaporation, convection, variable condensation heights and
8	source temperatures disturb the applicability of $\delta^{18}O_{pr}$ as a temperature proxy, and much
9	of our understanding of the long term evolution of the thermal climate during the past
10	800,000 years is based on the isotopic composition of past Arctic and Antarctic
11	precipitation, stored as ice (Johnsen et al., 1997; Jouzel et al., 2007). Also in
12	Spitsbergen, ice core δ^{18} O values have been shown to be good proxies for surface air
13	temperature over the last 1000 years (Divine et al., 2011; 2005; Grinsted et al., 2006;
14	Isaksson et al., 2003). Where glacier ice, directly preserving past records of $\delta^{18}O_{pr}$, is
15	absent or ice cores are temporally limited by core length as is the case for Spitsbergen,
16	other materials recording the δ^{18} O values of environmental waters can be used. One
17	such material is the chitinous exoskeleton of chironomid (Insecta: Diptera:
18	Chrinomidae) larvae. Chironomid remains are generally abundant in lakes and they
19	preserve well in the sediment record (e.g. Brooks, 2006). Chironomid species
20	assemblages, and more recently the δ^{18} O values of their larval head capsules, have been

1	demonstrated as being sensitive indicators of past $\delta^{18}O_{pr}$ values and temperatures
2	(Brooks, 2006; Verbruggen et al., 2010a; Wooller et al., 2004). Using oxygen isotope
3	analysis of chironomid head capsules in a lake sediment core retrieved from
4	southernmost Spitsbergen, we aim to reconstruct variations in $\delta 180$ values of lake
5	water ($\delta^{18}O_{lw}$), and to evaluate how they relate to $\delta^{18}O_{pr}$ and changes in past air
6	temperatures. The record spans the past 5500 years and demonstrates how, in optimal
7	circumstances, chironomid δ^{18} O values in high Arctic lakes faithfully track climatic
8	oscillations, offering insight into past temperatures and sea ice oscillations.

9 Study site

Lake Svartvatnet (76.895°N, 15.676°E, 63 m a.s.l.) is a small, oligotrophic lake in 10 Sørkappland, the sourthern part of Spitsbergen, ca. 1.5 km south of the Hornsund 11 mouth, and 12 km south(west) of the Polish Polar Station (Figure 1). It has a surface 12 area of 0.8 km², a maximum depth of 26.5 m and a catchment area of ca. 15 km² (Ojala 13 14 et al., 2016). The lake comprises a main basin to the south, and a series of smaller, 15 shallower sub-basins in its northern part (Figure 1). Lake Svartvatnet receives water through a network of seasonally active, shallow streams in its northern and southern-16 southeastern margins, and drains to the adjacent fjord via a single outlet at its 17 southeastern flank. At the time of our surveying in July 2013, the lake water had a 18 temperature between 4°C (bottom) and 4.5°C (surface), a surface pH of 7.2, a color of 0 19

CPU, conductivity at 50 μ S cm⁻¹ and total dissolved solids at 20 mg l⁻¹ (Ojala et al., 1 2 2016). Based on turbidity measurements the water column in the northern basin is less turbidic, because the main network of streams entering the lake and delivering 3 4 allochthonous mineral matter is located in the southern part of the lake. In addition to turbidity measurements, ¹³⁷Cs-based estimates of sediment deposition rate in different 5 6 parts of the lake indicate that most of the allochtonous material appears to be effectively 7 trapped in the deep southern basin, shielding the northern basins from massive deposition and disturbances by episodic inputs of allochthonous mineral material from 8 9 seasonal runoff and erosion (Ojala et al., 2016). 10 Lisbetdalen valley, the area surrounding Lake Svartvatnet is a typical periglacial 11 landscape with glacial circues, stone circles and solifluction tongues. The steep slopes bordering the lake in the west feature talus formations and cones of slided coarse-12 grained debris. To the north, a series of ancient marine terraces dominate the setting 13 between Lake Svartvatnet and the fjord. 14 15 The local climate is typical for a high arctic, maritime site. According to monitoring 16 statistics at the Polish Polar Station, the mean annual (MAT) and July air temperatures 17 for 1979-2014 are -4.0°C and 4.4°C, respectively, and the mean annual precipitation is 18 438.6 mm (Institute of Geophysics, Polish Academy of Sciences, 2016). The mean

annual and July temperatures for the past five years are distinctly higher, -1.9° C and

20 5.2°C, consistent with observations of a 2-3°C increase in seasonal and mean annual

temperatures since 1979 (Marsz, 2013). Precipitation events are strongly linked to
 advection of warm and moist air from the southwest, and most precipitation falls during
 the months of August, September and October.

4 Material and Methods

5 Core sampling and chronology

6 A 163 cm long sediment sequence (core SV4c) was taken from the northernmost sub-7 basin (Figure 1) of lake Svartvatnet in July 2013 with a piston corer. In the laboratory, the core was sliced into 1 cm sections. The dating of the sediment sequence, consisting 8 9 of clay gyttja, was established using a combination of radiometric and paleomagnetic 10 methods. A detailed description and discussion regarding the age-depth model for the 11 Svartvatnet sediment sequence depicted in Figure 2, the sediment properties and dating methods was presented by Ojala et al. (2016). The chronology relies on five AMS-¹⁴C 12 dates obtained from terrestrial and aquatic bryophytes, ¹³⁷Cs and ²¹⁰Pb profiles, and 13 14 comparisons of the paleosecular variation curves to regional reference curves described by Snowball et al. (2007). The resulting age model, constructed using a Bayesian P-15 sequence deposition model in OxCal 4.2 (Bronk Ramsey, 2008; 2009) indicates that the 16 17 core represents ca. 5500 years of deposition (Ojala et al., 2016). The sediment sequence shows no indication of erosion or slumping of sediment, suggesting stable and 18 continuous sedimentation throughout the sequence, while the ²¹⁰Pb record indicates 19

- 1 increased sedimentation during the 20th century. All dates in the text are calendar dates,
- 2 discussed either as calendar years during the Common Era (CE) or before present (cal.
- 3 yr BP; present = year 1950), or thousands of years before present (cal. kyr BP).



Figure 2. The age model for the Svartvatnet sediment core SV4c, modified after Ojala
et al. (2016). Data labels show the sample-ID and uncalibrated radiocarbon date.

8 Chironomid oxygen isotope analyses

- 9 The oxygen isotope analysis was performed on mixed chironomid taxa, following
- 10 Wooller et al. (2004; 2008; 2012) and Verbruggen et al. (2010a). The most abundant
- 11 chironomid taxa in the sediment were the benthic *Micropsectra contracta*-type and *M*.
- 12 *radialis*-type that occurred throughout the stratigraphy (Luoto et al., in review). The

1	sampling plan aimed at analyzing δ^{18} O values of chironomid larval head capsules
2	$(\delta^{18}O_{chir})$ from 1 cm thick slices of sediment taken every four centimeters: 0-1 cm, 4-5
3	cm etc. However, the number of chironomid head capsules per cc of sediment was
4	relatively low and varied along the sediment sequence, and in most cases it was
5	necessary to combine two to four adjacent 1 cm slices in order to achieve a satisfactory
6	sample mass. A minimum mass of 50 μ g was previously recommended by Verbruggen
7	et al. (2010a; 2010b) and Wang et al. (2008), but we typically achieved $\geq 80 \ \mu g$. The
8	analytical protocol followed that described in Wang et al. (2008) and a more detailed
9	description is provided in Kurki (2016). The acid treatment step was left out as
10	Svartvatnet sediment is carbonate-poor and there is some evidence that acids may
11	induce oxygen isotope exchange (Verbruggen et al., 2010a; 2010b).
12	Measurements of $\delta^{18}O_{chir}$ values were performed on a Finnigan ThermoQuest TC/EA at
13	1330°C coupled to a Delta ^{Plus} Advantage isotope ratio mass spectrometer (IRMS) at the
14	Laboratory of Chronology, Finnish Museum of Natural History. Established δ^{18} O values
15	for the international reference materials IAEA-NO3 (25.6‰), IAEA-601 (23.3‰),
16	ANU sucrose (36.4‰), baleen whale keratin BWBII (14.0‰), and an internally
17	validated IAEA-CH3 cellulose (32.6‰) were used to normalize raw δ^{18} O data. An
18	initial set of four samples was analysed at the Alaska Stable Isotope Facility, where
19	IAEA-601, BWBII and EMA P-1 were run along with the unknowns. Both analytical
20	runs showed a 1:1 relationship and an r^2 >0.99 for measured vs. expected δ^{18} O values of

1	the references. Chironomid concentration in the sediment sequence did not allow for
2	replicate analysis of unknowns, but reproducibility of similar biogenic reference
3	materials BWBII, Fluka crab shell chitin powder and ANU sucrose indicates a mean
4	analytical precision (1 σ) of 0.5‰, with a range from 0.4 to 2.5‰ depending on signal
5	(sample) size (see Appendix 1). All isotope data are reported as δ -values relative to
6	Vienna Standard Mean Ocean Water (VSMOW).
7	Environmental water samples
8	To monitor modern $\delta^{18}O_{pr}$ values, samples of monthly precipitation were collected at
9	the Polish Polar Station in 2013 and 2014. The sampling protocol strived to minimize
10	any evaporative effects using a layer of paraffin oil in the collection bottles, and melting
11	collected snow in closed containers. In addition, samples of Svartvatnet lake water and
12	three streams supplying the lake were collected in July 2013. Lake water was sampled
13	at the coring location and the southern main basin (Figure 1). The stream waters and
14	lake surface water were collected in 100 ml HDPE flasks filled to the brim and sealed
15	tightly. The subsurface water column was sampled at three levels -0.9 , 6 and 12 m; and
16	0.9, 10 and 24 m for the coring site and southern basin, respectively - using 500 ml
17	HDPE flasks in a Biothofen VP90 water sampler.

The lake and stream waters, as well as the monthly precipitation samples for Jan-Jun 18 2013 were analysed for their $\delta^2 H$ and $\delta^{18} O$ values on a Picarro Isotopic H2O L1115-I 19

1	cavity ringdown spectrometer at the Department of Geosciences and Geography,
2	University of Helsinki. All samples were measured in duplicate. Two internal reference
3	waters calibrated against VSMOW and SLAP standards were used to normalize the
4	results. Sample duplicates show a mean reproducibility (1 σ) of 0.1‰ and 0.2‰ for
5	δ^{18} O and δ^{2} H, respectively, while the long-term reproducibility based on standards is
6	0.2‰ for δ^{18} O and 1‰ for δ^{2} H. Precipitation samples from July 2013 to December
7	2014 were analysed in quadruplicate at the Alaska Stable Isotope Facility on a Delta V
8	Plus IRMS coupled to a ThermoQuest TC/EA pyrolysis unit. To ensure comparability,
9	the same in-house references used at the University of Helsinki were included in the
10	run. Sample replicates showed a mean reproducibility (1 $\sigma)$ of 0.3‰ and 2‰ for $\delta^{18}O$
11	and δ^2 H values, respectively.

12 Reconstructions

13 The $\delta^{18}O_{lw}$ values were calculated from the measured $\delta^{18}O_{chir}$ values using a previously 14 established calibration based on $\delta^{18}O$ value pairs (n=19) of chitinous head capsules of 15 chironomid larvae from surface sediment and samples of the ambient lake water along a 16 latitudinal transect extending from 40.9 to 68.4°N across Europe, and covering a $\delta^{18}O_{lw}$ 17 range from -0.3 to -13.0‰ (Eq. 1; Verbruggen et al., 2011).

18
$$\delta^{18}O_{chir} = 0.76 \times \delta^{18}O_{lw} + 21.09$$
 $r^2 = 0.90$ (Eq. 1)

To estimate changes in MAT corresponding to changes in δ^{18} O values, we calculated 1 2 two indexed MAT reconstructions. Both rely on spatial δ/T relationships (Dansgaard, 3 1964; Rozanski et al., 1993) derived from regressions of long-term means of δ^{18} O values and MAT along climatic gradients around the Northern North Atlantic. In the 4 first approach, MAT was calculated from $\delta^{18}O_{chir}$ values using a calibration by Wooller 5 et al. (2004) correlating δ^{18} O_{chir} values of surface sediment chironomid larval chitin 6 against projected MAT at four lake sites in coastal northeastern North-America and 7 8 Greenland (Eq. 2). In the second approach, changes in MAT were calculated from changes in reconstructed $\delta^{18}O_{lw}$ values, based on the relationship between $\delta^{18}O_{pr}$ and 9 MAT values (IAEA/WMO, 2016) on coastal stations with \geq 5 years of observations 10 adjacent to the Greenland Sea, including Spitsbergen (Eq. 3; see Appendix 1 for data). 11

12
$$\delta^{18}O_{chir} = 0.65 \times MAT + 14.5$$
 $r^2 = 0.98$ (Eq. 2)

13
$$\delta^{18}O_{pr} = 0.71 \times T - 9.94$$
 $r^2 = 0.83$ (Eq. 3)

The composite error (1σ) factoring in measurement uncertainty and calibration error associated with the reconstructed $\delta^{18}O_{1w}$ values, and MAT indices based on Wooller et al. (2004), was quantified for each sample depth using Equation 4, which represents a modification (Pryor et al., pers.comm. 2015) of formula number four presented and discussed in Pryor et al. (2014). Briefly, *x* is the reconstructed term, δx the total error for that term, *y* is $\delta^{18}O_{chir}$, δy is the measurement error for $\delta^{18}O_{chir}$, *a* is the slope of the 1 calibration, $S_{y/x}$ estimates the natural variation around the fit, and *n* is the number of

2 observations in the calibration data set.

$$3 \qquad \delta x = \sqrt{\left(\left(\frac{S_{y/x}}{a}\sqrt{\frac{1}{n} + \frac{(y-\bar{y})^2}{a^2\sum(x_i-\bar{x})^2}}\right)^2 + \left(\frac{\delta y}{a}\right)^2\right)} \qquad (Eq.4)$$

For the temperature estimates based on the Greenland Sea δ/T gradient, the composite
errors were calculated using the formula for Z2-type conversions (Pryor et al., 2014).
Throughout the text, the composite errors are given in parentheses, in contrast to
measurement precision and standard deviation around calculated mean values.

8 **Results**

9 The $\delta^{18}O_{chir}$ values range from 6.9 to 16.3‰ (Appendix 1). The lowest values in the 10 sequence are recorded for sample depths 6-7 cm and 8-12 cm, and the highest at 52-53 11 cm, corresponding to ca. 350-50 cal. yr BP and 1900-1800 cal. yr BP, respectively, 12 according to the age model (Ojala et al., 2016). Two additional noteworthy negative 13 fluctuations in $\delta^{18}O_{chir}$ values occur around 30-35 cm (1250-1100 cal. yr BP) and at 88-14 92 cm (3400-3200 cal. yr BP). Outside these perturbations, the rest of the $\delta^{18}O_{chir}$ record 15 is relatively stable, with most samples exhibiting values between ca. -14.5 to -12‰.

1 Table 1. The isotope composition of Svartvatnet lake water and inlet streams

	depth	δ ¹⁸ Ο (‰,	δ²Η (‰,	d-excess
		VSMOW)	VSMOW)	
Northern basin	surface	-9.6	-67	9.8
	0.9 m	-9.8	-67	11.4
	6 m	-9.7	-66	10.8
	12 m	-9.5	-66	10.0
Southern basin	surface	-9.4	-65	9.6
	0.9 m	-9.5	-66	9.5
	10 m	-9.4	-66	9.6
	24 m	-9.6	-67	10.4
lake average		-9.6 ± 0.1	-66 ± 0.5	
Stream 1, south		-9.3	-66	8.6
Sream 2, southeast		-8.8	-61	9.1
Stream 3, north		-8.0	-55	9.0
stream average		-8.7 ± 0.6	-61 ± 5	

2 sampled in July 2013.

3

The oxygen and hydrogen isotopic compositions of the environmental waters in the 4 5 study area are presented in Tables 1 and 2. The lake is not isotopically stratified, and the water column shows uniform $\delta^{18}O_{1w}$ and $\delta^{2}H_{1w}$ values at -9.6% ±0.1 and 66% ±0.5, 6 respectively. The inlet stream waters show more variability, with δ^{18} O and δ^{2} H values 7 8 of -8.7‰ ±0.6 and -61‰ ±5, respectively. The monthly precipitation samples collected 9 at the Polish Polar Station 14 km northeast of the study lake indicate a mean annual $\delta^{18}O_{pr}$ value of -8.7‰ for 2013, and -7.6‰ for 2014. Mean monthly values of $\delta^{18}O_{pr}$ 10 11 over the 2013-2014 period were related to air temperature (Institute of Geophysics, Polish Academy of Sciences, 2016) according to $\delta^{18}O_{pr} = 0.47*T_{air} - 7.07$ (r²=0.66). 12

- 1 Using the station's records of monthly precipitation amount for the collection period,
- 2 we calculated amount-weighted annual mean $\delta^{18}O_{pr}$ values of -7.2‰ and -7.4‰ for
- 3 2013 and 2014, respectively.
- 4 Table 2. The isotope composition of monthly samples of precipitation collected
- 5 at the Hornsund Polish Polar Station 2013-2014.

5			
		J)

	δ ¹⁸ Ο (‰, VSMOW)				δ ² Η (‰, VSMOW)			
	2013	2014	2-yr mean*	2013	2014	2-yr mean*		
January	-8.8	-4.6	-6.7	-56	-19	-37		
February	-10.8	-	-10.8	-76	-	-76		
March	-10.2	-11.6	-10.9	-69	-89	-79		
April	-11.9	-11.7	-11.8	-90	-73	-82		
May	-8.1	-7.8	-7.9	-59	-51	-55		
June	-1.2	-4.2	-2.7	-6	-33	-20		
July	-	-3.5	-3.5	-	-29	-29		
August	-7.2	-7.4	-7.3	-61	-62	-62		
September	-4.9	-6.2	-5.5	-42	-49	-46		
October	-9.3	-9.2	-9.2	-69	-73	-71		
November	-9.3	-6.2	-7.7	-65	-51	-58		
December	-13.5	-11.5	-12.5	-84	-83	-84		
mean annual*	-8.7	-7.6		-62	-56			
mean ann. w.**	-7.2	-7.4		-55	-56			

* arithmetic mean

** amount weighted mean annual value, see Results

7

8 The reconstructed sequence of lake Svartvatnet δ¹⁸O_{lw} values (Figure 3a, Appendix 1)
9 logically tracks the pattern of the δ¹⁸O_{chir} record, but is shifted to more negative values
10 by 23.6‰ ±0.6 due to known biogenic fractionation effects between growth water and
11 the chironomid head capsules (see Wang et al., 2009). Thus, the reconstructed δ¹⁸O_{lw}

values range from -18.7‰ (± 2.4) to -6.3‰ (± 1.5), the values in parentheses
 representing the composite error (c.f. Pryor et al., 2014, see Methods). The δ¹⁸O_{1w} value
 for the top 2 cm of sediment, reflecting the average composition of lake Svartvatnet
 water for the past ~20 years (Ojala et al., 2016), is -9.2‰ (±1.9).

5 **Discussion**

6 $\delta^{18}O_{lw}$ reconstruction

7 Approximately 70% of the oxygen in chironomid larvae is derived from growth water (Wang et al, 2009). The primary dependence of $\delta^{18}O_{chir}$ values on $\delta^{18}O_{lw}$ has been 8 9 demonstrated in field studies (Wooller et al. 2004; Verbruggen et al 2010a, 2011), and possible changes in, e.g., the relative contributions of different dietary sources and 10 11 changes in their respective oxygen isotope fractionation systematics appear subordinate to the influence of ambient water, as observed by Wooller et al. (2008) in a study 12 monitoring chironomid dietary shifts and $\delta^{18}O_{chir}$ values. While the $\delta^{18}O_{chir}$ value mainly 13 tracks the δ^{18} O value of lake water, the reliability of the δ^{18} O_{lw} reconstruction is 14 influenced by the applicability of the $\delta^{18}O_{chir}$ - $\delta^{18}O_{lw}$ equation describing the oxygen 15 isotope fractionation between lake water and chironomid head capsules. The $\delta^{18}O_{chir}$ -16 $\delta^{18}O_{1w}$ equation applied here (Verbruggen et al., 2011) might prove unsuitable in case of 17 a significant dependence of fractionation effects on 1) formation temperature, or 2) 18 19 species of chironomid analysed. Contrary to what is observed for the formation of many

1	carbonates and silicates, a direct temperature dependence of the O-isotope fractionation
2	during chironomid head capsule biosynthesis is not expected (Wolfe et al., 2001; Heiri
3	et al., 2012; Verbruggen et al., 2010a; 2011) but this remains to be experimentally
4	verified. Temperature dependent fractionation would be problematic in circumstances of
5	marked water temperature differences between the calibration conditions and those at
6	the study lake. Unfortunately Verbruggen et al. (2011) do not report the temperatures of
7	their lake profundal waters where chironomids live, but they sampled very deep lakes
8	whose bottom water temperatures are likely to remain stable and relatively low.
9	We followed the technique of previous down-core chironomid δ^{18} O investigations in
10	relying on a mixed-taxon approach (Verbruggen et al., 2010a; Wooller et al., 2004;
11	2008; 2012), which was also applied in the $\delta^{18}O_{chir}$ - $\delta^{18}O_{lw}$ calibration of Verbruggen et
12	al. (2011). The notable similarity of $\delta^{18}O_{1w}$ reconstructions for Lake Rotsee in
13	Switzerland based on lake carbonates and mixed-taxon $\delta^{18}O_{chir}$ values (Verbruggen et
14	al., 2010a) indicates that different chironomid taxa exhibit very similar relationships to
15	ambient $\delta^{18}O_{lw}$ values and mixing species for the purpose of estimating past $\delta^{18}O_{lw}$
16	values does not induce significant errors in the reconstruction. Further, the observation
17	of Wooller et al. (2008) that marked changes in $\delta^{18}O_{chir}$ values along a Holocene-
18	covering sediment sequence from an Icelandic lake were not coeval with shifts in
19	chironomid taxonomic assemblages supports this conclusion.

1	As an additional sensitivity test, we applied another $\delta^{18}O_{chir}$ - $\delta^{18}O_{lw}$ calibration from a
2	rearing experiment relating δ^{18} O values of whole bodies of <i>Chironomus dilutus</i> larvae to
3	that of their growth water (Wang et al., 2009) to estimate past $\delta^{18}O_{lw}$ values for lake
4	Svartvatnet. The Wang et al. (2009) equation ($\delta^{18}O_{chir} = 0.69*\delta^{18}O_w + 20.1$) is very
5	similar to that of Verbruggen et al. (2011) despite obvious differences in study set-ups,
6	and the reconstructed $\delta^{18}O_{lw}$ records are likewise highly comparable (Figure 3a). This
7	points to relative insensitivity of the stable oxygen isotope fractionation to any potential
8	species specific vital effects and possible differences in dietary source and water
9	temperature, and further suggests a negligible offset between the isotope composition of
10	chironomid larval chitinous head capsules and that of the whole body, as already
11	observed for carbon and nitrogen isotopes (Heiri et al., 2012). Consequently, based on
12	these observations and the fact that the measured present-day lake Svartvatnet $\delta^{18}O_{lw}$
13	value, 9.6‰ ±0.1, is well within the $\delta^{18}O_{1w}$ estimate for the top 2 cm of surface
14	sediment, -9.2‰ (±1.9), we consider our $\delta^{18}O_{lw}$ reconstruction a realistic, robust
15	representation of past changes in the oxygen isotope composition of lake Svartvatnet
16	water.



2 *Figure 3*: Proxy records of Arctic climate. a) Lake Svartvatnet $\delta^{18}O$ values calculated according to 3 Verbruggen et al. (2011; solid line with markers) and Wang et al. (2009; dashed line). Shading

4 represents the composite error of the reconstruction calculated based on Verbruggen et al. (2011). b) Air

5 temperature reconstructions. Solid thin line and shading (composite error) shows calculated ΔMAT ,

6 assuming all variability in $\delta^{18}O_{lw}$ stems from changes in temperature. Solid bold line with markers depicts

7 the $\Delta July$ -T reconstruction based on chironomid assemblage analysis from the same core (Luoto et al., in

8 review.) Both reconstructions are expressed as deviations from the reconstruction mean. Additionally

9 shown is the 100 yr-filtered reconstruction of summer temperature anomalies from Lake Torneträsk,

- 10 northern Scandinavia, for the past 1500 years (Grudd, 2008). c) Sedimentary records of glacier activity
- 11 from lake Hajeren on Mitrahalvøya, western Spitsbergen (Van der Bilt et al., 2015). d) Indicators of sea
- 12 ice conditions in the eastern Fram Strait (Müller et al., 2012) and southeastern Barents Sea (De Vernal et
- 13 al., 2013). e) Reconstructed summer sea surface (upper 10 m) temperature and $\delta^{18}O$ values of N.

14 pachyderma (sin) from the western Barents Sea (Sarnthein et al., 2003), and a stacked record of Ice

Rafted Debris indicators from four cores in the North Atlantic, with numbers referring to Bond Cycles 0
 through 2 (Bond et al., 2001).

3

4 $\delta^{18}O_{lw}$ as a proxy for $\delta^{18}O_{pr}$

The δ^{18} O value of lake water can be expected to represent the mean δ^{18} O value of 5 6 precipitation in the catchment area if it is not altered by evaporation, or does not receive significant input from non-local or non-contemporaneous waters, like melt waters from 7 8 high altitudes or glaciers. Presently, the nearest glaciers Gåsbreen and Bungebreen lie 5-9 7 km to the east and southeast of the lake (Figure 1), and the chain of highest peaks in Sørkappland reaching 925-142 m a.s.l. is ca. 11 km to the east. Our study lake is also 10 11 shielded from the drainage of both glaciers and high altitude peaks by a N-S trending ridge of higher (ca. 400-500 m a.s.l.) ground. The δ^{18} O values of the southern inlet 12 streams (-9.3 and -8.8‰, Table 1) draining these higher terrains are close to mean 13 annual values of $\delta^{18}O_{pr}$ and probably represent a mixture of June-July precipitation and 14 the continued seasonal melt of snow from the slopes in the lake catchment area. 15

Lake Svartvatnet has a relatively small volume compared to the size of its catchment (~15 km²), suggesting a relatively short residence time with the majority of the water mass replaced each year during snow melt. The short, ca. 2.5 month, period of time the lake remains free of ice cover annually, the generally low temperatures and high relative humidity (July 2013-2014 mean RH 87%) of the local air during the open-water period

1 minimize evaporative influences to the water body. At the time of sampling in mid-July 2 the water column shows uniform δ^{18} O values, with no indication of surface water ¹⁸O 3 enrichment, which would otherwise indicate significant evaporation from the lake 4 surface (Table 1). Furthermore, the δ^{18} O and δ^{2} H values of the samples collected from 5 Svartvatnet lake water and the inlet streams plot along the local meteoric water line 6 (Figure 4) describing the isotopic composition of precipitation on the western coast of 7 Spitsbergen.





10 monthly precipitation relative to the Local Meleonic water Line for western spisoletgen. Inset. 11 comparison between amount weighted mean annual $\delta^{18}O$ values of precipitation in Ny Ålesund, Isfjord

12 Radio and Hornsund and those predicted by the Online Isotopes in Precipitation Calculator (OIPC;

¹³ Bowen, 2016; Bowen and Revenaugh, 2003).

1	These data strongly suggest that the waters of lake Svartvatnet are sourced from local
2	precipitation and evaporative isotopic enrichment is likely to be negligible. However,
3	the isotopic composition of lake Svartvatnet water in mid-July 2013 was $\sim 2\%$ lower
4	than the amount-weighted mean annual $\delta^{18}O_{pr}$ values for 2013-2014 recorded at the
5	Polish Polar Station. There are several possible explanations for this observation. The
6	difference may be a reflection of the considerable uncertainties in precipitation amount
7	measurements at high latitudes (Aguado and Burt, 1999; Łupikasza, 2013) affecting the
8	amount weighted $\delta^{18}O_{pr}$ values. According to Aguado and Burt (1999) Spitsbergen is
9	located in a zone where the error may reach 20-39% of measured annual totals, with
10	totals of snowfall having the highest potential errors (Łupikasza, 2013). Furthermore,
11	the discrepancy may be related to the fact that autumn 2012 was not covered in the
12	precipitation monitoring, although it can be expected to exert a major control over
13	$\delta^{18}O_{lw}$ values of the lake sampled in July 2013, considering that the autumn months
14	usually contribute almost 40% of annual precipitation (Łupikasza, 2013). Another factor
15	that could explain the offset is the general seasonal variation of $\delta^{18}O_{\text{pr}}$ values. The
16	degree to which lake water $\delta^{18}O$ values are affected by seasonal variability in $\delta^{18}O_{pr}$ is
17	determined by the residence time (e.g., Sauer et al., 2001). The relatively short
18	residence time of lake Svartvatnet gives cause to expect that $\delta^{18}O_{lw}$ values are at their
19	lowest during the summer snowmelt period, usually beginning in late May to early June
20	in this region (Rotschky et al., 2011), and rise gradually towards the end of the open

water season (September; Ojala et al., 2016) with the accumulation of warm-season
 precipitation with higher δ¹⁸O values.

3	We note that the $\delta^{18}O_{lw}$ values are ca. 2.5‰, and the amount weighted annual $\delta^{18}O_{pr}$
4	values ca. 4.5‰ less negative than what the Online Isotopes in Precipitation Calculator
5	(OIPC; Bowen, 2016; Bowen and Revenaugh, 2003) predicts for the site based on its
6	location and elevation (see inset in Figure 4). Positive offsets of 1‰ and 2.5‰ are
7	observed also for amount weighted annual $\delta^{18}O_{pr}$ values on IAEA's Global Network of
8	Isotopes in Precipitation monitoring stations at Ny Ålesund and Isfjord Radio
9	(IAEA/WMO, 2016), respectively, suggesting that the OIPC tends to underestimate
10	$\delta^{18}O_{pr}$ values for this region, and might not be a suitable point of reference for local
11	$\delta^{18}O_{pr}$ values.

Viewed against this background, it is reasonable to assume that lake Svartvatnet $\delta^{18}O_{lw}$ 12 values track changes in mean annual $\delta^{18}O$ values of regional precipitation. It is also 13 likely, that they represent the absolute level of $\delta^{18}O_{pr}$ values with reasonable accuracy, 14 with a possible bias towards somewhat lower δ^{18} O values due to lingering effects of 15 summer snow melt during the period of chironomid larval growth. However, to 16 reconstruct past environmental conditions, we must be able to assume that the status 17 quo regarding evaporation and glacier water influence to $\delta^{18}O_{1w}$ has remained 18 19 unchanged for the past 5500 years. Based on the modest increases in temperatures inferred for the warmer early Holocene period in Svalbard (Birks, 1991) any significant 20

1	increase in evaporative demand is not expected. Also, there is no geomorphological
2	evidence for presence of a glacier in the Lisbetdalen valley during the late Holocene
3	(Lindner and Marks, 1993; Ojala et al., 2016), and records of glacier thickness since
4	1899 (Ziaja, 2004), immediately after the LIA when Svalbard glaciers in general are
5	thought to have had their largest Holocene extent (Snyder et al., 2000; Svendsen and
6	Mangerud 1997; Werner 1993), suggest that the nearest glacier Gåsbreen did not
7	advance over the ca. ≥400 m a.s.l. ridge separating it from lake Svartvatnet catchment
8	Thus it seems plausible that lake Svartvatnet has remained shielded from glacier melt
9	water pulses even during (after) intervals of expanded glacier extent.

10 Reconstructing paleoenvironmental conditions

Some noteworthy challenges arise when attempting to interpret $\delta^{18}O_{pr}$ proxy records in 11 terms of past air temperatures. An exhaustive review of these is beyond this paper, but 12 we briefly visit some of the most relevant issues. Ideally, investigations of variations in 13 past temperatures based on $\delta^{18}O_{pr}$ proxies should rely on temporal δ/T slopes, based on 14 15 prior knowledge of the regional past relationship between changes in past surface temperature and $\delta^{18}O_{pr}$, derived from, for example, paleogroundwaters (Darling et al., 16 17 1997; Huneau et al., 2002; Loosli et al., 2001) or ice cores (Buizert et al., 2014; Jouzel 18 et al., 1997; Vinther et al., 2008). Situations with independent knowledge of both MAT and $\delta^{18}O_{pr}$ changes are, however, regrettably rare, and most paleotemperature studies 19 apply spatial δ/T slopes determined over large-scale geographical climatic gradients 20

1	(Dansgaard, 1964; Rozanski et al., 1992; 1993). Despite several reports of temporal δ/T
2	slopes close to modern spatial slopes from both North-America and Europe (Beyerle et
3	al., 1998; Edwards et al., 1996; Hammarlund, 1999; Remenda et al., 1994; Rozanski et
4	al., 1992; Zuber et al., 2004), contradicting observations of temporal δ/T slopes in
5	Greenland different from modern spatial gradients (Buizert et al., 2014; Jouzel et al.,
6	1997; Vinther et al., 2008) add considerable uncertainty to the general reliability of
7	$\delta^{18}O_{pr}$ values as proxy for temperature.
8	The δ^{18} O value of precipitation, and thus, the observed δ/T slope, is a manifestation of
9	the isotopic composition and conditions at the source of evaporation, and conditions
10	along the moisture trajectories to the site of precipitation. Therefore a change in the
11	dominant moisture source or its temperature, affecting the extent of fractionation of the
12	water vapour (Dansgaard, 1964), can lead to a change in the $\delta^{18}O$ of precipitation at a
13	site (Masson-Delmotte et al., 2005; Steffensen et al., 2008; Vachon et al., 2010). For
14	example Masson-Delmotte et al. (2005) explained the lower δ^{18} O values of the NGRIP
15	ice core compared to the GRIP record by a combination of lower condensation
16	temperatures and a different moisture source with a higher temperature. In the Arctic,
17	sea ice acts as insulation between the ocean and the atmosphere restricting the exchange
18	of moisture and heat, and has been shown to exert a significant influence over the
19	availability of and distance to moisture sources (Divine et al., 2008; Grinsted et al.,
20	2006; Klein et al., 2015). According to a recent simulation examining the effects of

1	changes in sea ice cover and sea surface temperatures on δ^{18} O values of Arctic
2	precipitation, especially the restriction imposed by increased sea ice to locally sourced
3	water vapour causes significant decreases in the $\delta^{18}O_{pr}$ values (Faber et al., 2016).
4	Interestingly though, the study reported fairly robust δ/T relationships, largely
5	unaffected by sea ice variability, around the Arctic.
6	$\delta^{18}O_{pr}$ proxies relying on modern spatial δ/T relationships will also lead to
7	misinterpretation of air temperatures in cases where the seasonal distribution of
8	precipitation is different from that of the present day. For instance, Wooller et al. (2008)
9	interpreted seasonality changes as a contributing factor explaining large δ^{18} O shifts
10	leading to unrealistically large interpreted temperature changes in an Icelandic
11	lacustrine sediment record covering the Holocene.
11 12	lacustrine sediment record covering the Holocene. Comparisons to other high Arctic proxy records
11 12 13	 lacustrine sediment record covering the Holocene. <i>Comparisons to other high Arctic proxy records</i> <i>5500-2500 cal. yr BP</i>. As a whole, the earlier part of the δ¹⁸O_{1w} record up to ca. 2500
11 12 13 14	 lacustrine sediment record covering the Holocene. <i>Comparisons to other high Arctic proxy records</i> <i>5500-2500 cal. yr BP</i>. As a whole, the earlier part of the δ¹⁸O_{lw} record up to ca. 2500 cal. yr BP shows relatively little variation and the δ¹⁸O_{lw} values remain close to present-
11 12 13 14 15	 lacustrine sediment record covering the Holocene. <i>Comparisons to other high Arctic proxy records</i> <i>5500-2500 cal. yr BP</i>. As a whole, the earlier part of the δ¹⁸O_{1w} record up to ca. 2500 cal. yr BP shows relatively little variation and the δ¹⁸O_{1w} values remain close to present- day level, suggesting fairly stable hydroclimatic conditions similar to those prevailing
11 12 13 14 15 16	 lacustrine sediment record covering the Holocene. <i>Comparisons to other high Arctic proxy records</i> <i>5500-2500 cal. yr BP</i>. As a whole, the earlier part of the δ¹⁸O_{1w} record up to ca. 2500 cal. yr BP shows relatively little variation and the δ¹⁸O_{1w} values remain close to present- day level, suggesting fairly stable hydroclimatic conditions similar to those prevailing today. At ca. 3400-3200 cal. yr BP, the δ¹⁸O_{1w} of lake Svartvatnet decreases to -12.8‰,
11 12 13 14 15 16 17	 lacustrine sediment record covering the Holocene. <i>Comparisons to other high Arctic proxy records</i> <i>5500-2500 cal. yr BP.</i> As a whole, the earlier part of the δ¹⁸O_{1w} record up to ca. 2500 cal. yr BP shows relatively little variation and the δ¹⁸O_{1w} values remain close to present- day level, suggesting fairly stable hydroclimatic conditions similar to those prevailing today. At ca. 3400-3200 cal. yr BP, the δ¹⁸O_{1w} of lake Svartvatnet decreases to -12.8‰, representing the lowest value in the earlier part of the record. The timing of this episode
11 12 13 14 15 16 17 18	lacustrine sediment record covering the Holocene. <i>Comparisons to other high Arctic proxy records</i> $5500-2500 \ cal. \ yr BP.$ As a whole, the earlier part of the $\delta^{18}O_{lw}$ record up to ca. 2500 cal. yr BP shows relatively little variation and the $\delta^{18}O_{lw}$ values remain close to present- day level, suggesting fairly stable hydroclimatic conditions similar to those prevailing today. At ca. 3400-3200 cal. yr BP, the $\delta^{18}O_{lw}$ of lake Svartvatnet decreases to -12.8‰, representing the lowest value in the earlier part of the record. The timing of this episode of ca. 3‰ lower $\delta^{18}O_{lw}$ values is concurrent with a prominent centennial-scale glacier

Spitsbergen (Figure 3c; Van der Bilt et al., 2015), attributed to North Atlantic forcing 1 2 against a background of general Neoglacial cooling. In a wider context, the drop overlaps with the timing widespread evidence of increased Northern Hemisphere glacier 3 4 activity (3.3-2.8 cal. kyr BP; Solomina et al., 2015) and low temperatures (3.3-2.5 cal. 5 kyr BP; Wanner et al., 2011), as well as increased ice rafted debris indicators (Figure 6 3e; Bond et al., 2001) and sediment markers of storminess and/or brine formation (ca. 7 3500-3200 cal. yr BP; Sarnthein et al., 2003) indicating cool conditions in the northern 8 North Atlantic.

2500 cal. yr BP to the LIA. After ca. 2500 cal. yr BP the $\delta^{18}O_{1w}$ record shows more 9 10 variability, in agreement with observations of more unstable conditions in the Nordic 11 Seas (Berben et al., 2014; Rasmussen et al., 2012; Risebrobakken et al., 2010) and higher glacier activity around Svalbard (Lubinski et al., 1999; Røthe et al., 2015) 12 towards the end of the Holocene. The highest $\delta^{18}O_{lw}$ value of the record occurs at ca. 13 1900-1800 cal. yr BP (~50-150 CE), coinciding with a period of general warmth 14 15 referred to as the Roman Warm Period (RWP). In the North Atlantic Ocean the RWP interval (ca. 2500-1500 cal. yr BP) is associated with, e.g., increased temperatures and 16 17 productivity, decreased evidence of ice, and strengthened flow along the major flow 18 path and the side branches of the North Atlantic Current (Bianchi and McCave, 1999; Dylmer et al., 2013; Moros et al., 2012; Perner et al., 2015; 2016; Risebrobakken et al., 19 2003, Sarnthein et al., 2003). Similarly, Northern Hemisphere terrestrial environments 20

1 widely display evidence of elevated temperatures between 1-300 CE (Ljungqvist,

2 2010).

The prominent double decrease in the Svartvatnet $\delta^{18}O_{lw}$ record at ca. 1250-1100 cal. yr 3 BP suggests that southern Spitsbergen experienced a significant late Holocene cold spell 4 5 prior to the onset of the LIA. These negative shifts overlap with the latter part of a cooling known as the Dark Ages Cold Period (DACP, ca. 1500-1000 cal. yr BP; 6 Bianchi and McCave, 1999; McDermott et al., 2001). The event is directly preceded by 7 8 a minimum in total solar irradiation (Renssen et al., 2006; Steinhilber et al., 2009), and 9 contemporaneous with records of expanded glaciers on the Northern Hemisphere at 1.2-10 1.1 cal. kyr BP (Solomina et al., 2015). On Spitsbergen, glacier advances or increased glacier activity have been reported from different parts of the island (Guilizzoni et al., 11 12 2006; Humlum et al., 2005; Røthe et al., 2015; Van der Bilt et al., 2015) and 13 sedimentary records from lakes Kongressvatnet and Skardtjørna indicate cooled summers during the time period (D'Andrea et al., 2012; Velle et al., 2011). Further 14 15 afield, low summer temperatures during this time interval were also reconstructed for northern Scandinavia (Figure 3b; Grudd, 2008). In the marine realm, elevated IRD 16 17 markers (Figure 3e; Bond et al., 2001), cooler summer sea surface and subsurface 18 temperatures (Risebrobakken et al., 2010; Sarnthein et al., 2003), and increased sea ice (Rasmussen and Thomsen, 2014) in the surrounding areas indicate a cooling of the 19 20 North Atlantic overlapping with the time interval. Additionally, an intriguing peak

1	(Figure 3e) of the planktic foraminifer <i>Neogloboquadrina pachyderma</i> (sin.) $\delta^{18}O$
2	values is observed in a number of long sediment cores retrieved from different locations
3	in the Barents Sea (core 23258-2: Sarnthein et al., 2003; core JM02-460: Rasmussen et
4	al., 2007; core PSh-5159N: Risebrobakken et al., 2010; core JM09-KA11-GC: Berben
5	et al., 2014), perhaps associated with a cooling of the sea (sub)surface temperatures
6	(Risebrobakken et al., 2010) or increased advection from the cold Barents shelf
7	(Sarnthein et al., 2003) during a time of periodic freshening of the surface and
8	stratification of the upper water column.
9	LIA - the Little Ice Age. A wealth of proxy evidence testifies to the LIA cooling, thought
10	to have been triggered by reduced solar irradiance, extended volcanism and internal
11	characteristics of the ocean-atmosphere system (Miller et al., 2010; 2012; Wanner et al.,
12	2011). The isotopic composition of lake Svartvatnet shows a remarkable depression,
13	with $\delta^{18}O_{lw}$ values ca. 8-9‰ below present-day values during the LIA period. There is
14	an initial drop of 2.5‰ from present-day levels to -12‰ at ca. 800-700 cal. yr BP, and a
15	further, more prominent decrease to -19‰ at ca. 350-50 cal. yr BP (ca. 1600-1900 CE).
16	The timing of the event in our record agrees with that in large scale Arctic and Northern
17	Hemisphere temperature compilations by Kaufman et al. (2009) and Marcott et al.
18	(2013), respectively. Abundant proxy evidence on and around Svalbard, consistent with
19	the timing and pattern of the LIA in the Svartvatnet δ^{18} O record, testify to the climatic
20	deterioration during the period. The flow of warm Atlantic water was significantly

1	reduced, Arctic/Polar waters dominated the surface ocean off western Spitsbergen and
2	western Barents Sea (Dylmer et al., 2013) and the western Nordic seas experience their
3	most extensive April sea ice cover since 1200 CE between the 17 th and the 19 th
4	centuries (Macias Fauria et al., 2009). Terrestrial records from Spitsbergen indicate
5	general glacier expansion and decreased air temperatures (Grinsted et al., 2006;
6	Guilizzoni et al., 2006; Isaksson et al., 2003; Kekonen et al., 2005; Lubinski et al.,
7	1999; Røthe et al., 2015; Snyder et al., 2000; Svendsen and Mangerud, 1997; Van Der
8	Bilt et al. 2015; Velle et al., 2011; Werner, 1993), with multiple reports of a two-step
9	progression for the LIA.
10	Factoring in respective age-model uncertainties, it appears that all major negative shifts,
11	i.e. "cold" periods, in the $\delta^{18}O_{1w}$ record are roughly synchronous with periods of major
12	negative anomalies in total solar irradiation and high modeled probabilities for
13	extremely cold years in the Nordic Seas (Renssen et al., 2006), and widespread evidence
14	of North Atlantic "cold spells" (Bond et al. 2001; Sarnthein et al. 2003; Solomina et al.,
15	2015; Wanner et al., 2008) linked to solar forcing. However, we emphasize that
16	significant differences exist between the Svartvatnet $\delta^{18}O_{1w}$ record and the
17	aforementioned records of solar forcing induced cold events (see e.g. Figure 3e). For
18	example, one of the most prominent of these cold anomalies at ca. 2800 cal yr BP does
19	not appear on the Svartvatnet $\delta^{18}O_{lw}$ record. Renssen et al. (2006) simulate 10-15°C
20	lower spring (March) air temperatures and 40-60% enhanced sea ice cover for our study

1	area during this cold climatic anomaly, absent from our record. This highlights an
2	intriguing non-linearity of the high arctic ocean-atmosphere hydroclimatic system.
3	Additionally we would like to note, that both the 1900-1800 and 3400-3200 cal. yr BP
4	fluctuations are only one-sample events in the record, and thus their apparent match
5	with concurrent climatic trends may be fortuitous. In any case, as single-sample events
6	they should not be considered representative of the actual regional strength, length or
7	structure of the climatic episodes they are tentatively linked to.
8	
9	The cold spells: changed temperatures, moisture sources or seasonality?
10	The northern North Atlantic has a central role in shaping the climate of the study area.
11	There is a strong correlation between mean annual air temperatures measured at the
12	Hornsund Polish Polar Station and temperatures of Atlantic waters from 2000 to 2007
13	(Walczowski, 2013). While their influence on summer air temperatures in the study area
14	is negligible, Atlantic water masses mitigate winter temperature minima through the
15	flux of sensible and latent heat (Walczowski, 2013), and thus winter temperatures play
16	an essential part in variations of mean annual temperatures. Due to the significant
17	effects of sea ice cover on heat exchange with the atmosphere, winter climate of
18	southern Spitsbergen exhibits a substantial sensitivity to seasonal sea ice extent, as
19	demonstrated by high coefficients of determination (r ² >0.75) of winter and spring sea

1	ice extents in the Greenland and Kara-Barents Seas on Hornsund MATs during 1979-
2	2009 (Marsz, 2013). Hence, the $\delta^{18}O_{lw}$ record can be expected to be strongly influenced
3	by regional winter conditions, particularly by variability in the northward advection of
4	warm Atlantic water masses, extent of sea ice and moisture availability from the
5	adjacent Nordic Seas in addition to general insolation variability. These factors bear
6	great significance to the interpretation of the Svartvatnet $\delta^{18}O_{lw}$ record.
7	Yet a significant influence of air temperature on Svartvatnet $\delta^{18}O_{lw}$ values is suggested
8	by the similarity of the $\delta^{18}O$ record to a July air temperature (July-T) reconstruction
9	based on chironomid assemblage analysis from the same sediment core (Figure 3b;
10	Luoto et al., in review). The July-T reconstruction shows a similar general trend, and
11	cold periods are indicated by both records at ca. 3400-3200, 1300-1200 and 350-50 cal.
12	yr BP. Dissimilarities between the records are expected, because the July-T record is
13	based on 1-cm-thick samples taken every four centimeters throughout the sequence,
14	while the δ^{18} O analyses predominantly reflect an average of 2-4 cm of sediment.
15	Furthermore, based on observations of relative thermal stability of summers compared
16	to the rest of the annual cycle in Spitsbergen for the past decades (Divine et al., 2011;
17	Marsz, 2013) any reconstruction of MAT can be expected to show more variability
18	compared to reconstructed summer temperatures.
19	If assumed to represent solely changes in MAT using δ/T gradients of 0.65 (Wooller et

al., 2004) and 0.71 (Greenland Sea spatial slope; see Materials and Methods, and

1	Appendix 1), the local minima in $\delta^{18}O_{lw}$ values at 3400-3200 and 1250-1100 cal. yr BP
2	translate to MATs 3°C (\pm 3) and 6-8°C (\pm 3) below the reconstruction mean. For the
3	LIA minimum between 1600 and 1900 CE the $\delta^{18}O_{lw}$ record suggests ca. 10-12°C (±6)
4	lower MATs (Figure 3b). However, it is highly probable that the observed shifts in
5	$\delta^{18}O_{lw}$ reflect additional environmental factors and cannot be interpreted as temperature
6	changes alone. This is particularly evident for the drop in $\delta^{18}O_{lw}$ values associated with
7	the LIA.
8	The climate of the LIA. In notable contrast to the 10-12°C (±6) lower MATs inferred
9	from the $\delta^{18}O_{lw}$ record, the summer air temperature reconstruction for lake Svartvatnet
10	(Figure 3b; Luoto et al., in review) indicates only 2°C cooler LIA summers than the
11	reconstruction mean, and 3.5°C lower than the calculated temperature for the surface
12	sample. However, a more subdued drop in summer air temperature is consistent with the
13	general thermal stability of summer climate in Spitsbergen over the long term (Divine et
14	al., 2011; Marsz, 2013), and considering the strong influence of winter temperatures on
15	the mean annual temperatures discussed above, a transient decoupling of summer and
16	winter temperatures seems to have taken place during the 1600-1900 CE time interval.
17	Indeed, increased seasonality or continentality, i.e. a greater amplitude between winter
18	temperature minima and summer maxima, for the LIA time interval has been inferred
19	based on increases in the amplitude of seasonal $\delta^{18}O$ variations in ice core records from
20	the Lomonosovfonna glacier in central Spitsbergen (Divine et al., 2011; Grinsted et al.,

1	2006). The δ^{18} O based Lomonosovfonna continentality index, mostly driven by winter
2	temperature change, peaks at 1860 CE and declines rapidly thereafter (Grinsted et al.,
3	2006). Increased seasonal temperature variations for the 19th century are known also
4	from Greenland (Box et al., 2009), Iceland, and northern Scandinavia (Hanna et al.,
5	2004; Klingbjer and Moberg, 2003). Considering larger scale trends, a more prominent
6	lowering of winter temperatures agrees also with evidence characterizing the well-
7	known European cold of the LIA during the Maunder Minimum (1650-1700 CE; Eddy,
8	1976) as mainly a spring and winter phenomenon, whereas summers and autumns do
9	not show strong departures from the European 20 th century average (Luterbacher et al.,
10	2004; Xoplaki et al., 2005). Thus, an enhanced drop in winter temperatures, leading to a
11	more pronounced lowering of mean annual temperatures compared to summer, is
12	plausible, and we argue that significantly lowered winter temperatures likely account for
13	a part of the outstandingly low LIA $\delta^{18}O_{lw}$ values. However, considering that LIA
14	winter temperatures on Svalbard are estimated to have been ca. 4°C colder based on ice
15	core records (Divine et al., 2011), a 10-12°C drop in MAT appears disproportionately
16	large, and requires further examination.

In Greenland, a major drop in the GRIP ice core d-excess record at 0.35 ka (ca. 1600
CE) indicates changes in moisture source conditions (Hoffmann et al., 2001; MassonDelmotte et al., 2005), with a reconstructed 1°C temperature drop on site in Greenland
accompanied by a 2°C decrease in moisture source temperature. Similar to Greenland

1	(Johnsen et al., 1989), Spitsbergen receives much of its precipitation from evaporation
2	taking place in the subtropics (Dickson et al., 2000; Divine et al., 2008; Humlum et al.,
3	2005). However, more proximal sources, most likely the Greenland and Norwegian
4	Seas, seem to have played a significant role in supplying moisture to Spitsbergen
5	(Beaudon et al., 2013; Divine et al., 2008; Hebbeln et al., 1994; Svendsen and
6	Mangerud, 1991). With reference to evidence of much extended sea ice cover around
7	Spitsbergen during the LIA (Grinsted et al., 2006; Macias Fauria et al., 2009; Müller et
8	al., 2012) it is very likely that ice cover -induced changes in the moisture supply from
9	the adjacent seas play a significant part in the prominent drop of $\delta^{18}O_{lw}$ values observed
10	at 350-50 cal. yr BP in lake Svartvatnet. A decrease in the proportion of proximally
11	derived, "cold source" moisture, i.e. a shift to greater dominance of more distant,
12	southerly and hence, warmer, moisture sources would result in enhanced Rayleigh
13	distillation of the water vapour leading to more ¹⁸ O depleted precipitation on site. As
14	inferred for the termination of the LIA in ice core proxies, the rapid recovery from the
15	LIA $\delta^{18}O_{lw}$ minimum at ca. 50 cal. yr BP is likely related to fast decline of sea ice in the
16	adjacent Nordic Seas (Divine et al., 2008; Grinsted et al., 2006). For example, the
17	significant shift in the sea-ice cover of the Greenland Sea occurred right after 1880 CE,
18	creating year-round open water conditions southwest of Spitsbergen (Divine et al.,
19	2008). The apparent sensitivity of lake Svartvatnet $\delta^{18}O_{lw}$ values to variations in sea ice
20	extent in the surrounding seas, consistent with results of modeling and empirical data on

1	the dependence of $\delta^{18}O_{pr}$ values on sea ice on Spitsbergen (Faber et al., 2016; Macias
2	Fauria et al., 2009), implies that comparable high quality (i.e. lake shielded from
3	glacier/high-altitude melt waters, minimal evaporation, short residence time, stable
4	deposition, sufficient resolution) lacustrine $\delta^{18}O_{pr}$ proxy records on Svalbard may be
5	used as indicators of past major fluctuations in sea ice extent.
6	It is additionally possible, that part of the lowering in the $\delta^{18}O_{lw}$ value is accounted for
7	by a shift in the seasonal distribution of precipitation towards the cold season, i.e.
8	increased snowfall during the winter months. This would be consistent with scenarios
9	attributing the maximum extent of Svalbard glaciers during the LIA (D'Andrea et al.,
10	2012), and late-Holocene ice advances in general (Müller et al., 2012; Van der Bilt et
11	al., 2015) to cold season precipitation rather than decreased summer temperatures.
12	However, based on the two-year monitoring of precipitation $\delta^{18}O$ values at the Polish
13	Polar Station indicating winter minimum $\delta^{18}O_{pr}$ values of ca13 to -12‰, the
14	exceptionally low $\delta^{18}O_{lw}$ values observed for the LIA are not attainable even with 100%
15	of precipitation received during the deepest winter. Thus, any seasonality change-
16	induced effects on lake Svartvatnet $\delta^{18}O_{lw}$ must be accompanied with an air temperature
17	and/or moisture source related lowering of $\delta^{18}O_{\text{pr}}$ values.
18	The rest of the record. The issues raised above are naturally pertinent to the
19	interpretation of the negative $\delta^{18}O_{lw}$ shifts observed at 3400-3200 and 1250-1100 cal. yr

20 BP. It is particularly clear, that any significant changes in sea ice cover over the

1	Greenland and Barents Seas will inevitably influence the Svartvatnet $\delta^{18}O_{lw}$ record.
2	Unfortunately, much less precise information is available on sea ice conditions in the
3	Nordic Seas over the 5500 year time span represented by our proxy record. The
4	reconstructions available for the eastern Fram Strait region on the northern West
5	Spitsbergen Shelf are not necessarily easily comparable nor mutually consistent.
6	Although some similar trends can be discerned (Cabedo-Sanz and Belt, 2016), sea ice
7	reconstructions based on the biomarker IP25 (Figure 3d; Cabedo-Sanz and Belt, 2016;
8	Müller et al., 2012) and those derived from dinocyst assemblage variations (Bonnet et
9	al., 2010; De Vernal et al., 2013) display clear differences. The biomarker based
10	reconstructions show relatively low general variability, and display minor highs a little
11	before 800 CE (1150 cal. yr BP; Cabedo-Sanz and Belt, 2016) and 1.1 cal. kyr BP
12	(Müller et al., 2012). The dinocyst based reconstructions (Bonnet et al., 2010; De
13	Vernal et al., 2013) show much larger variability, sometimes opposing trends, and do
14	not support a scenario of particularly extended sea ice cover at 3400-3200 and 1250-
15	1100 cal. yr BP. To the south and south east of Spitsbergen, intermittent seasonal sea
16	ice was inferred from biomarker IP25 indices for the mid to late Holocene in the
17	Kveithola Trough, western Barents Sea, by Berben et al. (2014) and Belt et al. (2015),
18	with somewhat elevated index values roughly between 3.5 and 3 ka cal. yr BP and 1 ka
19	cal. yr BP onwards. For southeastern Barents Sea, peaks at 3.5 ka cal. yr BP and 1.1 ka
20	cal. yr BP in the dinoflagellate cyst based reconstruction (Figure 3d; De Vernal et al.,

1	2013) suggest increased sea ice cover during these periods. In summary, although
2	conclusive evidence of significantly extended sea ice cover for the time periods of
3	interest cannot be drawn from the dinocyst and biomarker based reconstructions, it is
4	very likely that increased sea ice was associated with these periods of general cooling
5	(Bond et al., 2001; Rasmussen and Thomsen 2014; Sarnthein et al., 2003). Thus, the
6	negative shifts in Svartvatnet $\delta^{18}O_{lw}$ values probably include a component related to
7	changes in moisture sources, and possibly, in seasonality of precipitation, and do not
8	represent decreased MATs only. Nonetheless, the $\delta^{18}O_{lw}$ record from lake Svartvatnet
9	provides solid evidence of the mid to late Holocene development of meteoric
10	hydroclimate in the European sector of the high Arctic registering perturbations
11	consistent with the timing of well-known historical climate episodes (the RWP, the
12	DACP and the LIA), and clearly demonstrates the inseparable connection between the
13	evolution of North Atlantic conditions and terrestrial climate in the region. Our $\delta^{18}O_{lw}$
14	record from Svartvatnet certainly sets the stage for future comparative studies from
15	other lakes in the region.

Conclusion

The δ¹⁸O_{chir} values of chironomid head capsules from lake Svartvatnet in southern
Spitsbergen yield a realistic, robust reconstruction of past changes in δ¹⁸O_{lw} values over
the past 5500 years. Owing to the relatively short residence time and minimal

1	evaporative influences, and absence of extraneous water inputs from e.g., glacier melt
2	waters, the $\delta^{18}O_{lw}$ values are likely to represent the variations and the absolute level of
3	δ^{18} O values of regional precipitation with reasonable precision. The similarity of the
4	trends between the $\delta^{18}O_{lw}$ record and a July-T reconstruction based on chironomid
5	assemblages from the same core suggests that temperature plays a significant role in the
6	variations of the $\delta^{18}O_{1w}$ record, but the record appears to also be influenced by changes
7	in sea ice extent and possibly, the seasonal distribution of precipitation, limiting our
8	possibilities to present precise estimates of past temperature changes. The strong
9	influence of winter conditions on mean annual temperatures in the study area suggests
10	that the $\delta^{18}O_{lw}$ record has particular value in offering insight into the climatic variations
11	of the cool/cold season, in contrast to the majority of terrestrial climate proxies
12	reflecting conditions during the growing season.
13	The Svartvatnet $\delta^{18}O_{1w}$ record shows a peak at ca. 1900-1800 cal. yr BP, consistent with
14	the timing of the Roman Warm Period, and negative excursions at 3400-3200, 1250-
15	1100 and 350-50 cal. yr BP, increasing in intensity towards the present-day. The time
16	period of the Little Ice Age is manifested in the $\delta^{18}O_{lw}$ record as a two-step decrease in
17	$\delta^{18}O_{lw}$ values, with a remarkable, 8-9‰ depression in $\delta^{18}O_{lw}$ values at 350-50 cal. yr BP.
18	The $\delta^{18}O_{lw}$ record suggests that the LIA in southern Spitsbergen was associated with
19	significantly lowered cold season temperatures, i.e. increased seasonal contrasts.
20	Extended sea ice cover, and possibly increased proportion of cold season precipitation,

contributed to the prominent depression in $\delta^{18}O_{1w}$ values during the LIA. All the time periods of the negative shifts in the $\delta^{18}O_{1w}$ record are linked to widespread evidence of glacier expansion and "cold spells" in the northern North Atlantic testifying to the sensitivity and general potential of high Arctic lacustrine $\delta^{18}O_{chir}$ records in tracking terrestrial climate evolution.

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Appendix: δ^{18} O data and reconstructed MAT changes

The oxygen isotope composition of chironomid chitin ($\delta^{18}O_{chir}$) and lake Svartvatnet water ($\delta^{18}O_{lw}$), and the interpreted changes in mean annual temperature (MAT-index) along the sediment sequence. $\delta^{18}O_{lw}$ was reconstructed using the calibration of Verbruggen et al. (2011). MAT-index 1 shows temperature changes relative to the reconstruction mean applying Wooller et al. (2004). Correspondingly, MAT-index 2 was calculated from reconstructed $\delta^{18}O_{lw}$ values based on the spatial correlation between $\delta^{18}O_{ppt}$ and

MAT at IAEA monitoring stations adjacent to the Greenland Sea (see sheet "Slope data" below). *Precision* refers to IRMS measurement precision estimate determined by replicate analyses of similar biogenic materials of different sample mass, with larger measurement precision estimates for samples with smaller masses. The *composite error* represents the total error associated with the reconstructed $\delta^{18}O_{Iw}$ value or index to the left including measurement and calibration errors (c.f. Pryor et al. 2014). See main text for explanations on calculations of MAT-indeces.

depth (cm)	δ ¹⁸ Ο _{chir} (‰)	precision (‰)	δ ¹⁸ Ο _{lw} (‰)	composite error (‰)	MAT-index 1 (°C)	composite error (°C)	MAT-index 2 (°C)	composite error (°C)
0-2	14.1	1.5	-9.2	2.4	1.5	3.0	1.8	3.6
2-3	13.3	0.4	-10.3	1.4	0.3	1.9	0.3	2.5
4-5	13.0	0.4	-10.6	1.5	-0.1	2.0	-0.2	2.5
6-7	7.7	0.4	-17.6	1.6	-8.2	2.3	-9.9	2.9
8-12	6.9	2.5	-18.7	3.6	-9.5	4.5	-11.5	5.5
12-16	11.5	1.5	-12.6	2.4	-2.4	3.0	-2.9	3.7
16-20	11.9	0.4	-12.1	1.5	-1.8	2.0	-2.2	2.5
20-24	11.9	0.4	-12.1	1.5	-1.8	2.0	-2.2	2.5
24-28	13.8	0.4	-9.6	1.4	1.1	1.9	1.4	2.5
28-30	13.2	0.4	-10.4	1.4	0.1	1.9	0.1	2.5
30-31	9.1	0.4	-15.7	1.5	-6.1	2.1	-7.3	2.7
32-35	13.9	0.4	-9.5	1.4	1.2	1.9	1.4	2.5
34-35	9.0	0.4	-16.0	1.5	-6.3	2.2	-7.6	2.7
36-40	14.0	1.5	-9.4	2.4	1.4	3.0	1.7	3.6
40-43	14.1	0.4	-9.2	1.4	1.6	1.9	1.9	2.5
44-47	14.5	0.4	-8.7	1.4	2.1	1.9	2.5	2.5
48-51	12.5	0.4	-11.2	1.5	-0.8	2.0	-1.0	2.5
52-53	16.3	0.4	-6.3	1.4	5.0	1.9	6.0	2.6
56-58	13.3	0.4	-10.2	1.4	0.4	1.9	0.5	2.5
60-62	13.4	0.4	-10.1	1.4	0.5	1.9	0.6	2.5
64-67	14.8	0.4	-8.3	1.4	2.6	1.9	3.1	2.5
68-72	14.3	0.4	-9.0	1.4	1.8	1.9	2.2	2.5
72-75	13.3	0.4	-10.2	1.4	0.4	1.9	0.5	2.5
76-80	13.3	0.4	-10.2	1.4	0.4	1.9	0.4	2.5
80-84	13.6	0.4	-9.9	1.4	0.7	1.9	0.9	2.5

84-87	13.6	0.4	-9.9	1.4	0.8	1.9	0.9	2.5
88-92	11.4	0.4	-12.8	1.5	-2.6	2.0	-3.2	2.6
92-96	13.8	0.4	-9.6	1.4	1.1	1.9	1.3	2.5
96-99	13.9	0.4	-9.5	1.4	1.2	1.9	1.5	2.5
100-103	12.8	0.4	-10.9	1.5	-0.4	2.0	-0.5	2.5
104-107	13.3	0.4	-10.2	1.4	0.4	1.9	0.4	2.5
108-111	12.5	0.4	-11.3	1.5	-1.0	2.0	-1.1	2.5
112-116	13.9	0.4	-9.4	1.4	1.3	1.9	1.6	2.5
116-119	13.7	0.4	-9.7	1.4	0.9	1.9	1.1	2.5
120-123	13.4	0.4	-10.2	1.4	0.4	1.9	0.5	2.5
124-127	14.1	0.4	-9.3	1.4	1.5	1.9	1.8	2.5
128-131	14.3	0.4	-9.0	1.4	1.8	1.9	2.2	2.5
132-136	13.8	0.4	-9.5	1.4	1.2	1.9	1.4	2.5
136-140	14.3	0.4	-9.0	1.4	1.8	1.9	2.2	2.5
140-143	14.6	0.4	-8.6	1.4	2.3	1.9	2.7	2.5
144-148	14.5	0.4	-8.7	1.4	2.1	1.9	2.5	2.5
148-150	13.2	0.4	-10.4	1.4	0.1	1.9	0.1	2.5
152-154	14.2	0.4	-9.0	1.4	1.7	1.9	2.1	2.5
156-159	14.0	0.4	-9.4	1.4	1.4	1.9	1.6	2.5
160-163	13.2	0.4	-10.3	1.4	0.2	1.9	0.3	2.5

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Appendix:

mean annual $\delta 180 \text{pr}$ and MAT at stations adjacent to the "Greenland Sea sector"

Long-term			
MAT	δ ¹⁸ O _{pr} *	Number of	years
0.9	-11.7	1	excluded
-17.6	-25.0	12	
-10.5	-17.8	24	
-7.8	-13.9	5	
1.2	-11.2	14	
4.9	-8.3	41	
-4.6	-11.7	24	
-5.0	-9.6	7	
-2.1	-7.3	2	excluded
	Long-term MAT 0.9 -17.6 -10.5 -7.8 1.2 4.9 -4.6 -5.0 -2.1	Long-term δ ¹⁸ Opr* MAT 6 ¹⁹ Opr* 0.9 -11.7 -17.6 -25.0 -10.5 -17.8 -7.8 -13.9 1.2 -11.2 4.9 -8.3 -4.6 -11.7 -5.0 -9.6 -2.1 -7.3	Long-term Number of MAT $\delta^{18}O_{pr}^*$ Number of 0.9 -11.7 1 -17.6 -25.0 12 -10.5 -17.8 24 -7.8 -13.9 5 1.2 -11.2 14 -4.9 -8.3 41 -4.6 -11.7 24 -5.0 -9.6 7 -2.1 -7.3 2

Except for the Hornsund Polish Polar Station, all data from IAEA/WMO (2016).

IAEA/WMO, 2016. Global Network of Isotopes in Precipitation. The GNIP Database. Accessible at: http://www.iaea.org/water

Regression statistics	
Multiple R	0.908828
R square	0.825968
Adjusted R Square	0.791162
Standard Error	2.644804
Observations	7

		Standard				Upper
	Coefficients	Error	t-stat	p-value	95%	95%
Intercept	-9.94184	1.292088	-7.69439	0.000591	-13.2633	-6.62042
x-variable	0.707979	0.145334	4.871381	0.004587	0.334385	1.081573