

1 Research Article

2 **DE NOVO GROWTH OF METHANOGENIC GRANULES INDICATES A BIOFILM**
3 **LIFE-CYCLE WITH COMPLEX ECOLOGY**

4

5 **Running title:** Growth of new methanogenic granules

6

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10

1 **Abstract.** Methanogenic sludge granules are densely packed, small (diameter,
2 approx. 0.5-2.0 mm) spherical biofilms found in anaerobic digesters used to treat
3 industrial wastewaters, where they underpin efficient organic waste conversion and
4 biogas production. A single digester contains millions of individual granules, each of
5 which is a highly-organised biofilm comprised of a complex consortium of likely
6 billions of cells from across thousands of species – but not all granules are identical.
7 Whilst each granule theoretically houses representative microorganisms from all of
8 the trophic groups implicated in the successive and interdependent reactions of the
9 anaerobic digestion process, parallel granules function side-by-side in digesters to
10 provide a ‘meta-organism’ of sorts. Granules from a full-scale bioreactor were size-
11 separated into small, medium and large granules. Laboratory-scale bioreactors were
12 operated using only small (0.6–1 mm), medium (1–1.4 mm) or large (1.4–1.8 mm)
13 granules, or unfractionated (naturally distributed) sludge. After >50 days of
14 operation, the granule size distribution in each of the small, medium and large
15 bioreactor types had diversified beyond – to both bigger and smaller than – the size
16 fraction used for inoculation. ‘New’ granules were analysed by studying community
17 structure based on high-throughput 16S rRNA gene sequencing. *Methanobacterium*,
18 *Aminobacterium*, *Propionibacteriaceae* and *Desulfovibrio* represented the majority of
19 the community in new granules. H₂-using, and not acetoclastic, methanogens
20 appeared more important, and were associated with abundant syntrophic bacteria.
21 Multivariate integration analyses identified distinct discriminant taxa responsible for
22 shaping the microbial communities in different-sized granules, and along with alpha
23 diversity data, indicated a possible biofilm life cycle.

24 **Importance.** Methanogenic granules are spherical biofilms found in the built
25 environment, where despite their importance for anaerobic digestion of wastewater

1 in bioreactors, little is understood about the fate of granules across their entire life.
2 Information on exactly how, and at what rates, methanogenic granules develop will
3 be important for more precise and innovative management of environmental
4 biotechnologies. Microbial aggregates also spark interest as subjects in which to
5 study fundamental concepts from microbial ecology, including immigration and
6 species sorting affecting the assembly of microbial communities. This experiment is
7 the first, of which we are aware, to compartmentalise methanogenic granules into
8 discrete, size-resolved fractions, which were then used to separately start up
9 bioreactors to investigate the granule life cycle. The evidence, and extent, of *de novo*
10 granule growth, and the identification of key microorganisms shaping new granules
11 at different life-cycle stages, is important for environmental engineering and microbial
12 ecology.
13

1 INTRODUCTION

2

3 Biofilms form in a wide range of natural and built environments, and have important
4 significance for biogeochemical cycling in Nature, as well as for clinical and industrial
5 applications. Moreover, evidence suggests that most microorganisms form, or can
6 be found in, complex biofilm aggregates (1). Aggregation is an ancient process that
7 has allowed prokaryotic life to thrive even in the harshest of environments (2).

8 However, though biofilms are classically found as layers, or films, attached to
9 suitable surfaces – from rocks, to medical devices, to ship hulls – aggregation may
10 also occur due to self-immobilisation of cells into discrete structures, such as flocs or
11 granules, without the involvement of a surface. Many such examples can be found in
12 engineered environments, such as in biological wastewater treatment, where
13 prevailing conditions of shear, and hydrodynamic, stresses promote flocculation and
14 granulation. Common types include anaerobic ammonium oxidising (anammox)
15 granules (3), aerobic granules (4), and anaerobic (methanogenic) granules (5).

16

17 Indeed, the success of high-rate anaerobic digestion (AD) – which is widely applied
18 to treat a range of industrial wastewaters – is underpinned by the spontaneous
19 generation of active biomass in the form of anaerobic granules (AnGs) (Fig 1), which
20 are small (approx. 0.5-2.0 mm), densely-packed biofilm spheres comprising the
21 complex microbial community necessary for the complete mineralisation of organic
22 pollutants by AD (6). The settleability of AnGs accounts for long biomass retention –
23 even in ‘upflow’ bioreactors, such as the upflow anaerobic sludge bed (UASB) and
24 expanded granular sludge bed (EGSB) bioreactors, operated with short hydraulic
25 retention times (HRT), and very high volumetric loading and up-flow velocities (7).

1

2 A single granule can contain billions of microbial cells from thousands of species
3 juxtaposed, and immobilised, within a complex matrix of extracellular polymeric
4 substances (EPS). Within these highly organised consortia, a collection of microbial
5 trophic groups mediates a cascade of interdependent reactions resulting in complete
6 degradation of complex organic wastewater pollutants. Equally, the consortium's
7 species rely on efficient mass transfer of substrates into, and throughout, the
8 granule.

9

10 Granulation is a process whereby suspended particles and planktonic cells
11 accumulate, forming small dense biofilm aggregates (6). Unlike conventional biofilm
12 formation, which is a well-documented phenomenon, less is understood about
13 granulation of anaerobic sludge. Hulshoff Pol et al. (8) comprehensively reviewed the
14 topic, summarising the various theories proposed on granulation, which they
15 categorised as physical, microbial or thermodynamic. However, none has been
16 solely accepted as a 'unified theory on anaerobic granulation' (9). The only
17 consensus seems to be that *Methanosaeta concillii*, an acetoclastic methanogen, is a
18 key organism in the process (8) due to its filamentous morphology. These archaea
19 can either (i) aggregate together, (ii) attach to suspended particles, or (iii) potentially
20 form a bridge between existing microflocs – aiding in the critical first step of forming
21 granule precursors (10–12). Moreover, whilst several theories have been promoted
22 on granulation mechanisms, the growth, development and evolution of AnGs has
23 been largely overlooked.

24

1 An intensive characterisation of anaerobic granules by (13) produced a granular
2 growth hypothesis and life-cycle model, built upon pragmatic observations of
3 previous studies suggesting small granules are ‘young’ and large granules are ‘old’
4 or mature (14–16). The granular growth hypothesis proposed small granules grow by
5 cell accumulation and replication – which is similar to classical biofilm growth models
6 (2, 17) – into medium-sized, intact, and highly-active granules. These grow into large
7 granules, but the structure weakens as external shear stresses, and gas diffusion
8 from the interior of the biofilm, cause cracks and voids in the biofilm structure (16).
9 The hypothesis proposes the fate of the largest, oldest granules, as breaking apart
10 into smaller biofilm ‘bits’ or layers. The broken parts, however, are still comprised of
11 active biomass and eventually round over to form the basis for new, small granules –
12 the entire process being cyclical (Fig 1). Such a model for granule growth along a
13 predictable life-cycle inside anaerobic bioreactors could not only provide
14 opportunities for precision management of sustainable, efficient wastewater
15 treatment applications, but also improve our understanding of microbial community
16 assembly and succession in dynamic biofilms.

17

18 Many studies have focused on granulation (8), and associated dynamics of physico-
19 chemical properties and microbial community structure. Fewer studies, however,
20 have attempted to follow the fate of granular biofilms over their entire life. Indeed,
21 microbial aggregates provide potentially fascinating opportunities as “parallel
22 evolutionary incubators”, as previously suggested (18). Intense interest now
23 surrounds the study of granular biofilms as playgrounds to investigate fundamental
24 concepts in microbial ecology (19). Recent studies (20, 21) have used granules –

1 albeit aerobic, and not anaerobic, granules – to study the roles of phenomena, such
2 as immigration and species sorting, driving microbial community assembly.

3

4 The purpose of this study was to test the granular growth and life-cycle hypothesis;
5 to determine whether granules do, indeed, grow and develop in a predictable way,
6 from small to medium and, finally, to large. This is the first experiment, of which we
7 are aware, to compartmentalise granules into size-resolved fractions (small, medium
8 and large), which were then used to separately start up bioreactors to investigate the
9 granule life cycle. Moreover, undisturbed sludge, providing a ‘meta-community’ and
10 full complement of size fractions, was used as a comparator. The extent, nature and
11 ecology of ‘new’ granules emerging in the experiments was monitored.

12

13 **RESULTS**

14

15 **Bioreactor performance.**

16

17 The twelve laboratory-scale bioreactors set up across the four conditions tested – i.e.
18 R_{S1} - R_{S3} containing only ‘S’ granules (\emptyset , 0.6-1.0 mm), R_{M1} - R_{M3} containing only ‘M’
19 granules (1.0-1.4 mm), R_{L1} - R_{L3} containing only ‘L’ granules (1.4-1.8 mm), and R_{N1} -
20 R_{N3} containing a full complement of unfractionated, naturally distributed (N) sludge
21 (S, M and L, as well as XS and XL) – allowed the emergence of new granules to be
22 detected and studied. The operating conditions were selected to mimic, as closely as
23 possible, the conditions of the original full-scale bioreactor with respect to mean
24 temperature, upflow velocity, organic loading rate and feed type (Table 1). Each of
25 the three sets of bioreactors performed similarly. During the first week (Phase 1),

1 influent pH decreased (mean, pH 4.1) in each of the bioreactors. After
2 supplementation of the influent with sodium bicarbonate, the pH stabilised (mean, pH
3 7.8) over the remainder of the experiment. Biogas methane concentrations were low
4 during the initial acidification experienced during Phase 1 but increased during
5 Phase 2 (Fig 2).

6
7 Measurements of total chemical oxygen demand (tCOD) include both soluble
8 (sCOD) and particulate COD (pCOD), and so the difference between tCOD and
9 sCOD measurements indicates the concentration of pCOD. During Phase 1, more
10 COD left the bioreactors than was fed to them (Fig 2). However, only soluble COD
11 (and no pCOD) was fed to the bioreactors (sCOD was equal to tCOD in influent) and
12 most of the tCOD in effluent during Phase 1 appeared as pCOD (Fig 2), indicating
13 the COD mostly reflected sludge washout during the first week. This was largely
14 reversed for the remainder of the trial, and COD removal improved significantly over
15 the subsequent approximately four weeks (Phase 2), culminating in roughly 50%
16 sCOD removal efficiencies by each of the bioreactors. Nonetheless, COD removal
17 was lower again during the final approximately two weeks of the trial (Phase 3; Fig
18 2). Acetate, propionate and butyrate contributed to 50-90% of effluent sCOD (Fig 2).

19
20 Biomass washout was observed from each bioreactor variously over the course of
21 the 51-d experiment, including from the 'naturally-distributed' condition (R_{N1-3}).
22 Bioreactor R_{N2} failed – and was stopped – on day 22, due to the loss of 52% of the
23 sludge. The remaining 11 bioreactors experienced losses reaching up to 50%.
24 Washout of biomass was noted throughout the trial, but increased during Phase 3

1 (as evidenced by higher pCOD concentrations; Fig 2). A net gain in biomass was
2 observed in only two bioreactors, R_{L1} and R_{L3} (Fig S1).

3

4 **Shifts in granule size distribution.** Size fractionation of biomass at the conclusion
5 of the trial showed that the distribution of granule sizes had changed, and new
6 granules – or ‘emerging sizes’ – were apparent in all of the bioreactors (Fig 3).

7 Whereas granules were initially only one size, many new sizes had emerged after 51
8 days. In all three of the R_L bioreactors, and in two of the R_M bioreactors, a full range
9 of sizes (from the XS, S, M, L, XL classifications) had emerged (Fig 3). In the two
10 surviving R_N bioreactors, granules each of the five size classifications were still
11 present, although the proportion of granules in M or above had increased. In fact,
12 with only the exception of L granules in R_{S2} and R_{M2} , and XL granules in R_{S2} & R_{S3} ,
13 all five sizes emerged from all bioreactors (Fig 3).

14

15 **Microbial community structure of emerging granules.** Alpha diversity
16 measurements, using Shannon Entropy, indicated similar trends for emerging
17 granules from the R_M and R_L bioreactors (Fig 4). A linear reduction in alpha diversity
18 – similar to the trend previously observed (13)– was apparent from S through to XL
19 granules (i.e. there was more diversity in the microbial communities found in S
20 granules than in bigger ones). Nonetheless, the alpha diversity in XS granules was
21 significantly lower than in S granules – rather than *higher* as might have been
22 expected based on previous findings (13). In fact, the diversity found in XS granules
23 was similar to the diversity in XL granules (Fig 4).

24

1 The initial (Day 0) community structure comprised of a mix of hydrogenotrophic
2 (*Methanobacterium*, *Methanolinea*) and acetoclastic (*Methanosaeta*) methanogens
3 (archaea). At the same time, the bacteria found to be relatively most abundant were
4 generally all heterotrophic fermenters. Over the course of the trial, the make-up of
5 the most abundant taxa shifted considerably. Across all of the new (or growing)
6 granules – i.e. the emerging sizes from the bioreactors – the community structure
7 was dominated by four operational taxonomic unit (OTU) classifications of
8 *Methanobacterium*, in many cases accounting for 25-50% of the relative abundance
9 of all taxa (Fig 4). Interestingly, *Methanosaeta* completely disappeared from amongst
10 the 25 most abundant OTUs. Other highly abundant taxa included *Aminobacterium*,
11 *Propionibacteriaceae* and *Desulfovibrio*.

12
13 Multivariate integration ('MINT') algorithms used for study-wise discriminant analyses
14 (see Supplemental Material) identified a total of 38 'discriminant' OTUs from two
15 selected 'components' (Fig S2). Discriminant OTUs formed two phylogenetic clades
16 from 11 distinct phyla. Mean relative abundances of these OTUs showed two
17 general groupings: (i) those OTUs more abundant in either, or both, of the emerging
18 XS and XL sized granules, and (ii) those OTUs which were more abundant in the
19 emerging S, M, and L granule sizes.

20

21 **DISCUSSION**

22

23 **Emerging sizes: granules grow.** This study demonstrates that methanogenic
24 granules in anaerobic digesters do, indeed, 'grow'. In each of the nine bioreactors
25 started up with granules from a discrete size classification (Fig 5), the final

1 distribution of granule sizes shifted to include new (or 'grown') granules that were
2 either larger or smaller than the original granules (Fig 3, Fig). The emergence of
3 larger granules almost certainly indicates the growth of granules due to cell
4 replication and the accumulation of formerly planktonic cells from the surrounding
5 environment. The emergence of granules smaller than the original biomass might be
6 explained in two ways: that (i) completely new granules formed from planktonic cells
7 in the wastewater and the granulation process was continually initiated inside the
8 digester, or (ii) bits and pieces of older, larger granules broke away and provided the
9 foundation for new, small granules. The second explanation also points to a potential
10 life-cycle of methanogenic granulation. What is actually likely, we suggest, is that
11 both phenomena proceed simultaneously.

12

13 An important component of the experiment was the set of bioreactors (R_N) started up
14 with a full complement of granule sizes, representing a sort of 'meta-community' of
15 individual ecosystems (individual granules) – inspired in part by the recent
16 description (18) of soil aggregates as parallel incubators of evolution. In the R_N
17 bioreactors, the size distribution shifted during the experiment toward larger
18 granules. This could be due to growth, and/or the operational conditions of the
19 bioreactors selecting for larger sizes (i.e. the hydraulic regime and shear stresses
20 applied). Another possible explanation could be that the sludge lost from the R_N
21 bioreactors during the experiment included smaller granules although there was no
22 indication that smaller granules were preferentially lost from any of the other (R_S , R_M
23 or R_L) bioreactors. Indeed, for example, many XS granules, which emerged in the R_S
24 bioreactors, appeared to resist washout and were retained in those bioreactors.

25

1 **Emerging pathways: dominance of hydrogenotrophic methanogenesis.** The
2 predominant members of the emerging microbiome across all of the samples
3 included *Methanobacterium*, *Aminobacterium*, *Propionibacteriaceae* and
4 *Desulfovibrio* species. Hori et al. (22) that found low pH and increasing VFA
5 concentrations in anaerobic digesters resulted in more abundant *Methanosarcina*
6 (acetoclastic & hydrogenotrophic methanogens) and *Methanothermobacter*
7 (hydrogenotrophic methanogens) but fewer *Methanoculleus* (also hydrogenotrophic),
8 concluding that VFA accumulation strongly influences archaeal community structure.
9 Kotsyurbenko et al. (23) subsequently expounded this generalised conclusion,
10 finding temporally falling pH in an acid peat bog shifted community structure from
11 acetoclastic to hydrogenotrophic methanogens, concluding that pH shapes
12 methanogenic pathways.

13

14 This was also supported by our experiment. *Methanosaeta* – an acetoclastic
15 methanogen, which was abundant in the granules on Day 0 – was not detected in
16 the emerging granules, whilst *Methanobacterium* – autotrophic, H₂-using
17 methanogens (24–28) also capable of formate reduction (29) – were dominant and
18 likely feeding on increased dissolved hydrogen resulting from the accumulating VFA
19 (30). *Propionibacteriaceae* – a family of heterotrophic glucose fermenters, producing
20 propionate and acetate as primary products (31) – were also abundant in new
21 granules, likely as VFA-producing acetogens. It is, of course, interesting to observe
22 that granules emerged in this experiment without the apparent dominant involvement
23 of the filamentous *Methanosaeta* spp., which tends to contradict the conventional
24 understanding of granulation microbiology.

25

1 **Emerging ecology: supporting syntrophic relationships.** The dominance of
2 hydrogenotrophic methanogens (Fig S3) in the emerging granules appeared to
3 support the abundance of syntrophic bacteria, including *Aminobacterium* –
4 heterotrophic fermenters of amino acids that grow well with methanogenic, H₂-
5 consuming partners, such as *Methanobacterium* (32, 33) – and *Desulfovibrio* –
6 sulfate-reducing bacteria (SRB) widespread in the environment (34), where they
7 respire hydrogen or organic acids (35) often in syntrophy with methanogens (36).
8 Interspecies metabolite exchange and hydrogen transfer (37) between syntrophic
9 partners is critical in AD because the oxidation of organic acids and alcohols by
10 acetogens may be thermodynamically feasible only when hydrogenotrophic
11 methanogens (in this case, likely the *Methanobacterium*) consume, and maintain
12 sufficiently low concentrations of, H₂. It is clear that the microbial community –
13 including in the emerging granules – responded to the prevailing environmental
14 conditions within the bioreactors. Indeed, had there not been an accumulation of
15 VFA in the bioreactors and a striking dominance of the H₂-oxidising methanogens, a
16 different community – perhaps characterised more strongly by the acetoclastic
17 methanogens, such as *Methanosaeta* – may have developed.

18

19 **Emerging discriminants: size-specific OTUs.** In general, the communities of all
20 emerging granules were very similar with some, though few, significant differences in
21 alpha diversity and rarefied richness. Nonetheless, 32 study-wise discriminants could
22 be identified, using MINT-sPLS analysis, which were responsible for minor
23 community shifts across the emerging granules from each bioreactor set.
24 Phylogenetically, these discriminants formed two distinct clades – the first made up
25 primarily of the phyla Firmicutes, Synergistetes and Chloroflexi, and the second

1 clade comprising of Proteobacteria, Spirochaetae, Bacteroidetes, and
2 Euryarchaeota. Many of the discriminant OTUs were generally upregulated in the
3 emerging S, M or L granules, or were upregulated in either or both XS and XL
4 granules. For example, *Lactococcus*, a glucose fermenter and primary member of
5 the lactic acid bacteria group, and *Stenotrophomonas*, a likely nitrate reducer, were
6 both upregulated in XS and XL granules, but rare in emerging S, M and L granules.
7 Conversely, other taxa, such as the *Phycisphaerae*, *Leptospiraceae* and
8 *Bdellovibrio*, were upregulated in the emerging S, M and L granules but infrequent in
9 XS or XL granules.

10

11 Rather than observing a linear trajectory in diversity – from the smallest toward the
12 largest granules – and a clear grouping of discriminants according to granule size
13 (13), a more puzzling pattern manifested from this study. Coupling the patterns
14 followed by the discriminant OTUs with patterns in alpha diversity, the microbial
15 communities of XS and XL granules appeared to be more similar than previously
16 observed (Fig 4) – thus pointing towards closing the loop on a life-cycle model for
17 granular biofilms.

18

19 **Granular growth hypothesis and biofilm life-cycle.** The granular growth
20 hypothesis and biofilm life-cycle model proposes that granules start small, and
21 through cell replication and biomass accumulation, swell into medium and then large
22 aggregates. However, it postulates, based on previous evidence (16), that the larger
23 the granule becomes, the more structurally unstable it is, and that it eventually
24 breaks apart. These broken bits, still containing an active microbial community
25 eventually round off (due to shear forces within the digester) and become the basis

1 for new, small granules, so that the process is cyclical (Fig 1). The main objective of
2 this experiment was to arrive closer to determining whether a life-cycle applies to
3 methanogenic granules.

4
5 To accept the granular growth hypothesis we would need to see that bioreactors
6 initially containing only small granules, would eventually contain medium, then large
7 and, finally, extra-large granules. An equivalent scenario would be observed for each
8 bioreactor set. Equally, clear trends in microbial community structure might be
9 observed across the different sizes. For example, an XL granule would have a
10 similar community structure to an XS granule, but may be significantly different to an
11 S or M granule.

12
13 This study provides evidence for 'growing' granules and for the emergence of *de*
14 *novo* granules. Granule growth was apparent in all nine of the R_S , R_M and R_L
15 bioreactors. Indeed, most contained granules – albeit, sometimes very few – from
16 each of the five size classifications used. What remains unclear is the rate at which
17 this happened, the mechanisms driving this process, and whether the process really
18 is cyclical. For example, even if granules do break apart to form smaller, 'new' ones,
19 whether there is a critical point (e.g. size or age) at which this happens is
20 unresolved. This study would suggest, based on emergence of XS granules in the
21 R_S bioreactors (Fig 3), that even small granules can break apart.

22
23 Analyses of the microbiomes of the emerging granules found, in some instances, a
24 cyclical pattern in which the alpha diversity of XS and XL granules was similar (Fig
25 4). However, likely due to bioreactor operation, which shifted the community

1 structure across all of the experiments, it remains unclear how the microbiome of
2 anaerobic granules changes as they grow.

3

4 Meanwhile, although this experimental design provides an interesting perspective
5 and means to uncover the trajectory and fate of granular biofilms, each size-
6 controlled set of bioreactors started with a different, and constrained, microbial
7 consortium. Thus, emerging granules from different bioreactor set-ups, although
8 perhaps similarly sized, are not necessarily comparable.

9

10 In summary, granules were demonstrated to be dynamic aggregates inside
11 anaerobic digesters, appearing to follow a progressive growth pattern from S, to M to
12 L. XS granules emerged in all bioreactors, regardless of the starting size distribution.
13 These either formed *de novo*, from the aggregation of free cells, or as a result of
14 larger granules breaking apart. Further experiments should be done, under more
15 stable bioreactor conditions, and with more intensive sampling regimes, to provide
16 more evidence. The results of experiments based on innovative approaches to track
17 the fate of growing granules will provide invaluable information to environmental
18 engineers running bioreactors and to microbial ecologists studying community
19 assembly phenomena, alike.

20

21 **MATERIALS AND METHODS**

22

23 **Source and fractionation of biomass.** Anaerobic sludge was obtained from a full-
24 scale (8,256 m³), mesophilic (37°C), EGSB bioreactor, inoculated with sludge
25 granules from the Netherlands and treating potato-processing wastewater, in Lurgan,

1 Northern Ireland. The full-scale bioreactor was operated at an upflow velocity of 1.2
2 m h⁻¹ and an HRT of 6.86 h.

3

4 A comprehensive analysis of the granules across a highly resolved size distribution
5 was previously performed (13). The ten size fractions (A-J) characterised in that
6 study were grouped, for this study (Fig 5), into five distinct size classifications: extra-
7 small (XS), small (S), medium (M), large (L), and extra-large (XL). Granules were
8 size-separated by passing the biomass through stainless steel sieves.

9

10 **Bioreactor design and operation.** Twelve, identical laboratory-scale (2L) glass,
11 EGSB bioreactors were constructed, and operated in four sets of triplicates: the first
12 set (R_{S1}–R_{S3}) containing only S granules (0.6–1.0 mm); the second set (R_{M1}–R_{M3})
13 containing only M-sized granules (1.0–1.4 mm); the third set (R_{L1}–R_{L3}) containing
14 only L granules (1.4–1.8 mm); and the fourth set (R_{N1}–R_{N3}) started with the
15 unfractionated, naturally distributed (N) sludge (Fig 5).

16

17 Apart from granule size in the starter biomass, the 12 bioreactors, each inoculated
18 with 15 gVS L_{bioreactor}⁻¹, were operated identically for 51 days. The biomass was
19 allowed a 48-h acclimatisation period at 37°C, regulated using built-in water jackets
20 and recirculating water baths (Grant Optima, T100-ST12), before feeding and
21 recirculation were commenced, which were controlled using peristaltic pumps
22 (Watson and Marlow 2058 and 300 series, respectively). Influent was introduced at
23 the base of each bioreactor, and bioreactor liquor was recirculated through the
24 system to achieve the superficial upflow velocity required (Table 1), according to the
25 same set-up, and approach, as described previously (38, 39).

1

2 The saccharide-rich, synthetic feed (Table 2), based on recommendations (40), and
3 supplemented with trace elements (41), was prepared freshly every other day and
4 fed to the 12 bioreactors from a single, thoroughly mixed reservoir to ensure
5 homogeneity.

6

7 Sodium bicarbonate was added to the influent on day 6, and for the remainder of the
8 experiment to act as a pH buffer, as the pH of the bioreactor liquor had dropped to 4
9 during the first week (Phase 1). Some biomass washout was observed over the final
10 two weeks of the trial. Upon take-down, on day 51, biomass was re-fractionated to
11 determine the distribution of granule sizes, and stored for DNA extractions and
12 sequencing.

13

14 **Sampling and analytical techniques to monitor bioreactor performance.** Biogas
15 concentrations of methane, and effluent concentrations of total COD (tCOD), soluble
16 COD (sCOD), volatile fatty acids (VFA) and pH, were monitored three times a week
17 throughout the 51-d trial. Biogas methane concentrations were determined using a
18 VARIAN CP-3800 gas chromatograph (Varian, Inc., Walnut Creek, CA). pH was
19 measured using a benchtop meter (Hanna Instruments, Woonsocket, RI). COD was
20 measured using pre-prepared COD test kits (Reagacon, Shannon, Ireland) and
21 following the recommendation of the manufacturer. Samples for tCOD assays were
22 each prepared by adding an homogenous sample directly to the test kit, whilst for
23 sCOD, the sample was first centrifuged for 10 min at 14,000 rpm and the
24 supernatant was added to the test kit. COD tests were incubated for 2 h at 150°C
25 and concentrations were determined using a spectrophotometer (Hach Dr/4000) at

1 435 nm. VFA contents of supernatant from effluent samples were separated, and
2 quantified, using gas chromatography (Varian 450-GC).

3

4 **DNA extraction.** For each sample investigated, a mass of 0.1 g wet sludge was
5 transferred to respective, sterile tubes in triplicate. DNA was extracted on ice
6 following the DNA/RNA co-extraction method (42), which is based on bead beating
7 in 5% (w/v) cetyl trimethylammonium bromide (CTAB) extraction buffer, followed by
8 phenol-chloroform extraction. Integrity of nucleic acids was assessed using a
9 NanoDropTM spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA), and
10 concentrations were determined using a Qubit fluorometer (Invitrogen, Carlsbad, CA,
11 USA) and normalised to 5 ng DNA μl^{-1} for storage at -80°C .

12

13 **High-throughput DNA sequencing.** Partial 16S rRNA gene sequences were
14 amplified using the universal bacterial and archaeal primers, 515F and 806R (43), as
15 previously described (13), and with amplicon sequencing on an Illumina MiSeq
16 platform (at FISABIO, Valencia, Spain).

17

18 **Bioinformatics and statistical analysis.** Abundance tables were generated by
19 constructing OTUs (as a proxy for species). Statistical analyses were performed in R
20 using the combined data generated from the bioinformatics as well as meta data
21 associated with the study. An OTU table was generated for this study by matching
22 the original barcoded reads against clean OTUs (a total of 2,793 OTUs for $n = 49$
23 samples) at 97% similarity (a proxy for species-level separation). Alpha diversity
24 analyses included the calculation of Shannon entropies and rarefied richness.

1 Further multivariate integration (MINT) algorithms identified study-wise discriminants
2 with additional detail available in Supplemental Material.

3

4 **Data Availability.** The sequencing data from this study are available on the
5 European Nucleotide Archive under the study accession number PRJEB28212
6 (<http://www.ebi.ac.uk/ena/data/view/PRJEB28212>).

7

8 **Supplementary Information**

9 Supplementary information has been uploaded in a separate document for review.

10

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22

23 **Author Contributions**

24 ACT, SC, UZI and GC designed the study. ACT performed all of the physico-
25 chemical characterisation with assistance from CM, SM, EG, CS, SD and CN. ACT

1 prepared the sequencing libraries. UZI wrote the scripts for data analysis, which was
2 conducted by ACT. Results were interpreted by ACT, CQ, UZI and GC. ACT drafted
3 the paper and UZI and GC revised the document. UZI and GC are joint
4 corresponding authors. All authors approve the paper and agree for accountability of
5 the work therein.

6

7 **Competing Interests Statement.** The authors declare no competing interests.

8

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19

20 LEGENDS TO THE FIGURES

21

22 **Figure 1.** Granular growth hypothesis and biofilm life-cycle model. **(a)** operation of
23 the model inside an anaerobic bioreactor; **(b)** size fraction parameters; and **(c)** the
24 generalised growth model.

25

1 **Figure 2.** Methane yield efficiency; COD conversions; and key VFA (acetate,
2 propionate and butyrate) contributions to effluent sCOD in each of the four bioreactor
3 sets: **(a)** $R_{S1} - R_{S3}$; **(b)** $R_{M1} - R_{M3}$; **(c)** $R_{L1} - R_{L3}$; **(d)** $R_{N1} - R_{N3}$.

4

5 **Figure 3.** Changes in distribution of granules sizes in the R_S , R_M , R_L and R_N
6 bioreactors during the trial (day 0 and each of the respective bioreactors at day 51),
7 showing: **(a)** $R_{S1} - R_{S3}$; **(b)** $R_{M1} - R_{M3}$; **(c)** $R_{L1} - R_{L3}$; **(d)** R_{N1} and R_{N3} bioreactors.
8 Colours indicate the size of the emerging granules and their proportion of the total
9 biomass present. **(e)** Map indicating frequency of observations of emerging sizes
10 across the experiment.. No sequencing data available for samples marked with (*).

11

12 **Figure 4.** Box plots **(a-d)** of rarefied richness of 'emerging sizes' from across the four
13 bioreactor sets: **(a)** $R_{S1} - R_{S3}$; **(b)** $R_{M1} - R_{M3}$; **(c)** $R_{L1} - R_{L3}$; **(d)** R_{N1} and R_{N3} ; and bar
14 chart **(e)** showing the top 25 relatively most abundant OTUs in original and new
15 granules.

16

17 **Figure 5.** Schematics illustrating: **(a)** the AD pathway of organic matter degradation
18 in the context of a granule; **(b)** theoretical distribution of the main trophic groups
19 catalysing the process; **(c)** the engineered bioreactor system used to apply granules
20 for wastewater treatment and biogas generation; **(d)** size distribution of biomass
21 whereby the ten size fractions used by (Trego et al., 2018) were binned for this study
22 into five size groups: extra-small (XS), small (S), medium (M), large (L), and extra-
23 large (XL); and **(e)** the experimental set-up used to test granular growth where
24 bioreactors were inoculated with either S, M, L or the naturally distributed (mixed)
25 biomass.

1

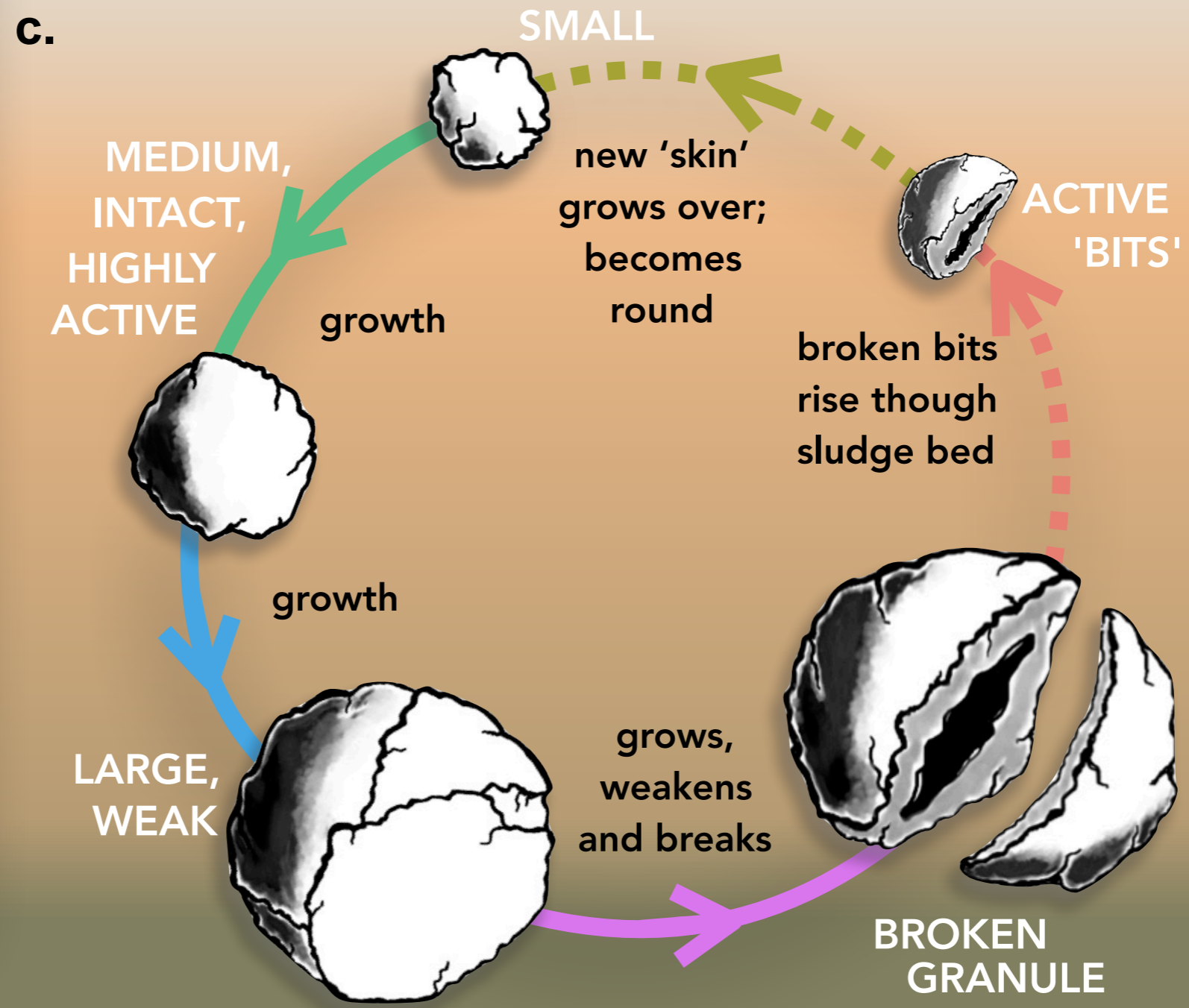
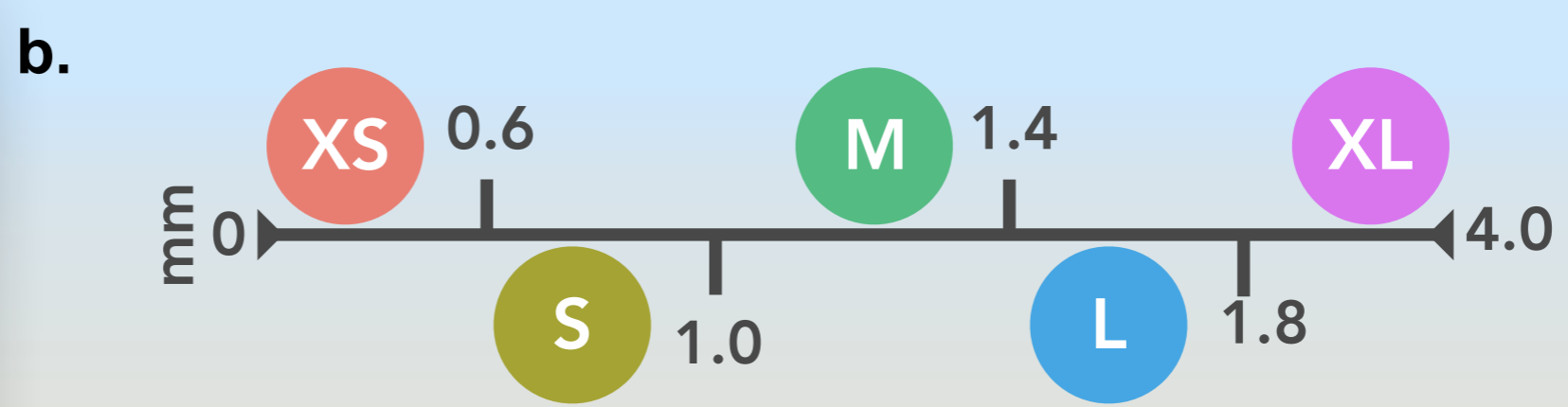
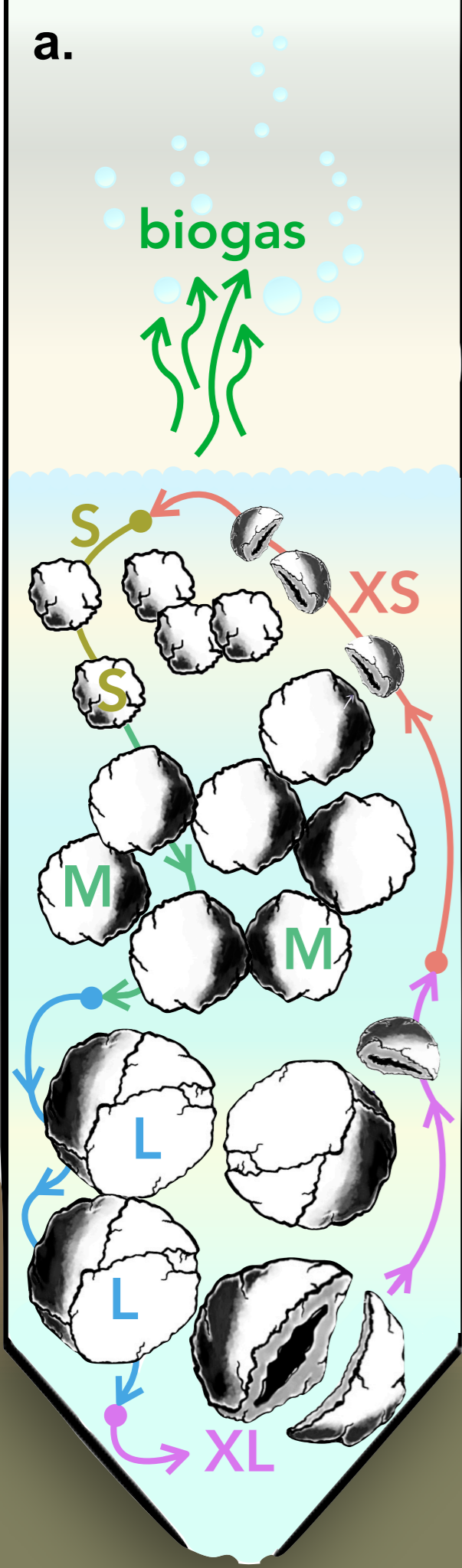
2 **Figure S1.** Bar plot of the biomass yield, calculated on Day 51, for each bioreactor
3 (asterisk indicates R_{N2} bioreactor, which was stopped on day 22).

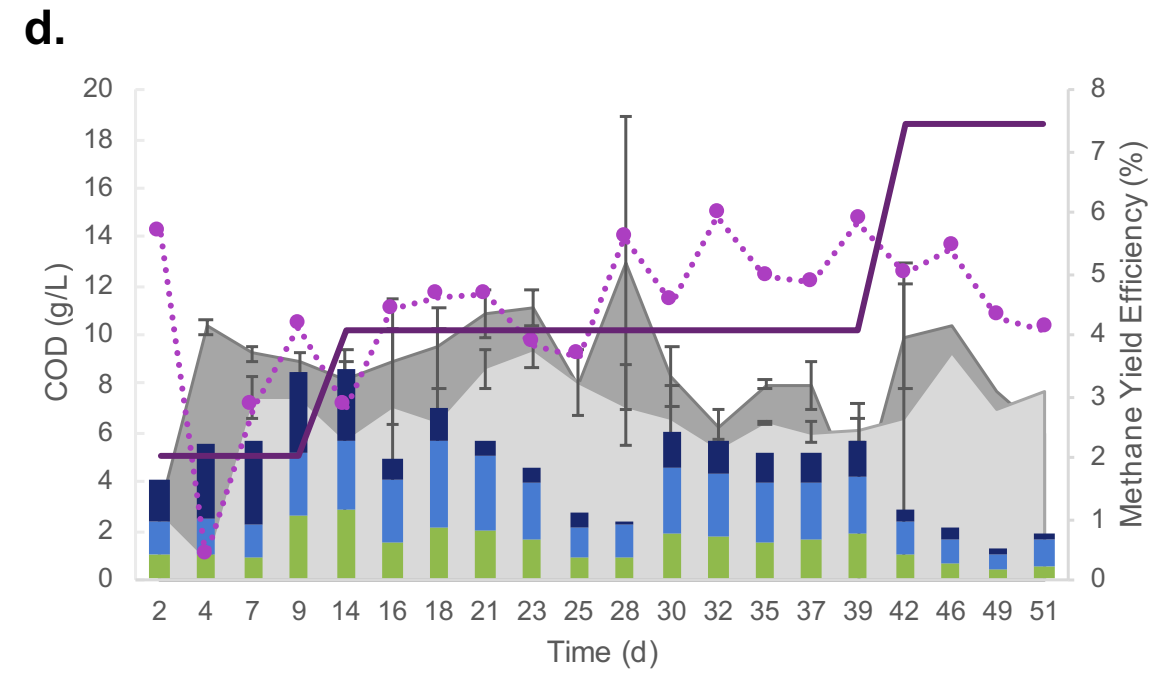
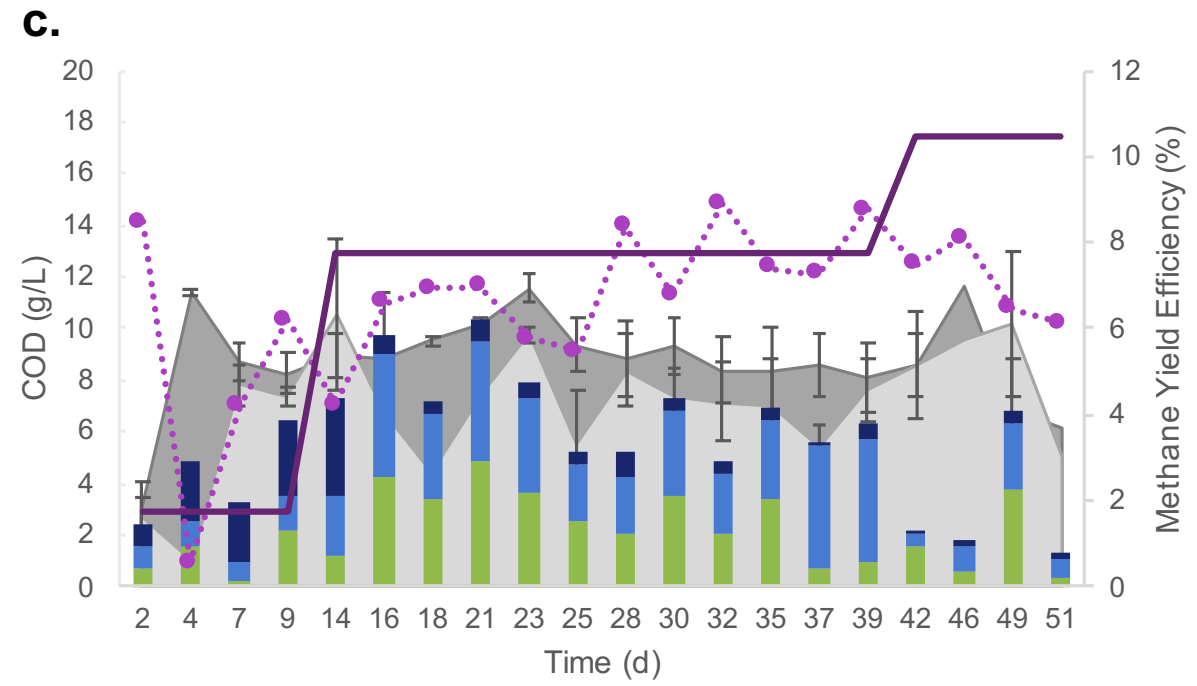
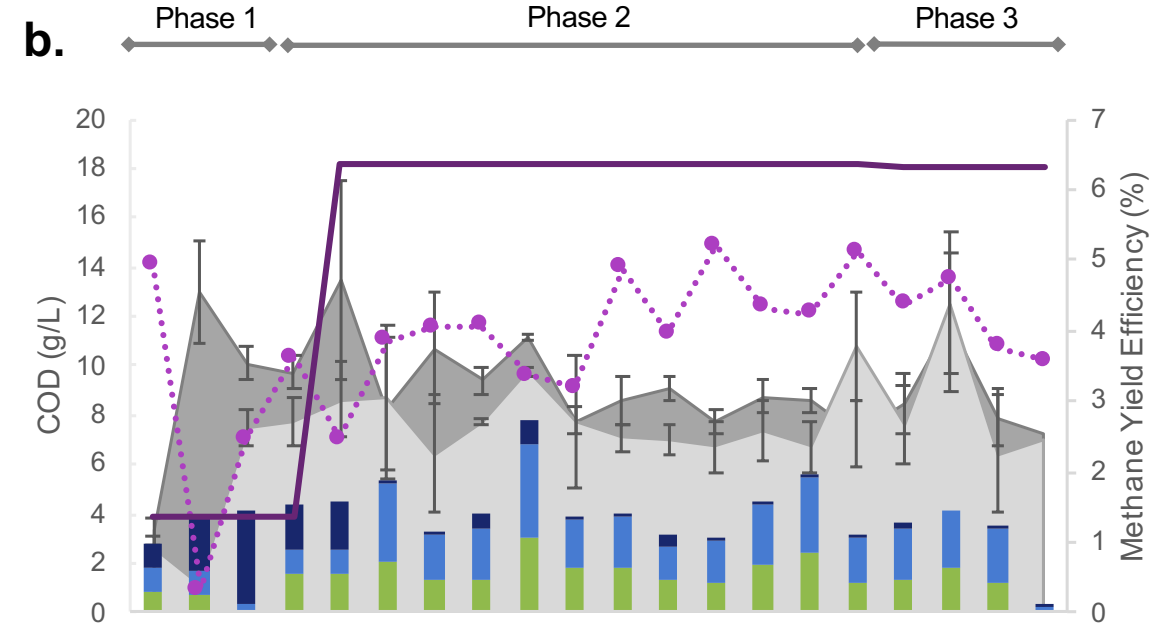
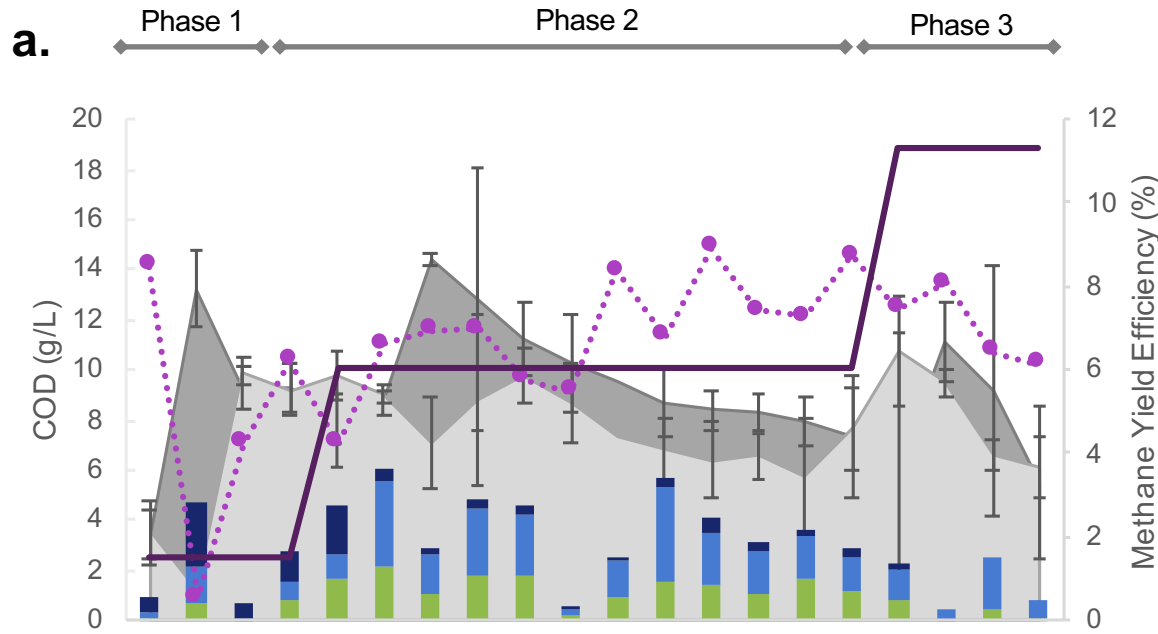
4

5 **Figure S2.** MINT study-wise discriminant analysis where **(a)** shows the first two
6 components of samples (MINT PLS-DA) using all the OTUs with ellipse representing
7 95% confidence interval and percentage variations explained by these components
8 in axes labels; **(b)** shows the optimum number of discriminating OTUs found for
9 these 2 components identified as diamonds; and **(c)** is similar to **(a)** but the samples
10 are drawn only using the 38 discriminant OTUs (MINT sPLS-DA); **(d – g)** show the
11 MINT sPLS loading vectors a_1 and a_2 with non-zero weights for component 1 and
12 component 2 where **(d)** shows contributions by emerging granules from R_S; **(e)** from
13 R_M; **(f)** from R_L and **(g)** from R_N studies. Loading vectors are coloured by emerging
14 size with maximal abundance (note: while interpreting this figure, focus should be on
15 the colour of the bars and not the positive/negative projections); **(h)** shows the
16 phylogenetic tree (extracted from the global tree) of the discriminant OTUs; **(i)**
17 indicates which MINT sPLS component each OTU is extracted from; **(j)** the heatmap
18 with mean relative abundance values (drawn using EvolView
19 <http://www.evolgenius.info/evolview/>); and **(k)** the taxonomic classification of
20 discriminant OTUs coloured by unique phyla to which they belong.

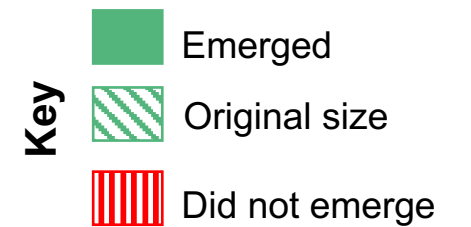
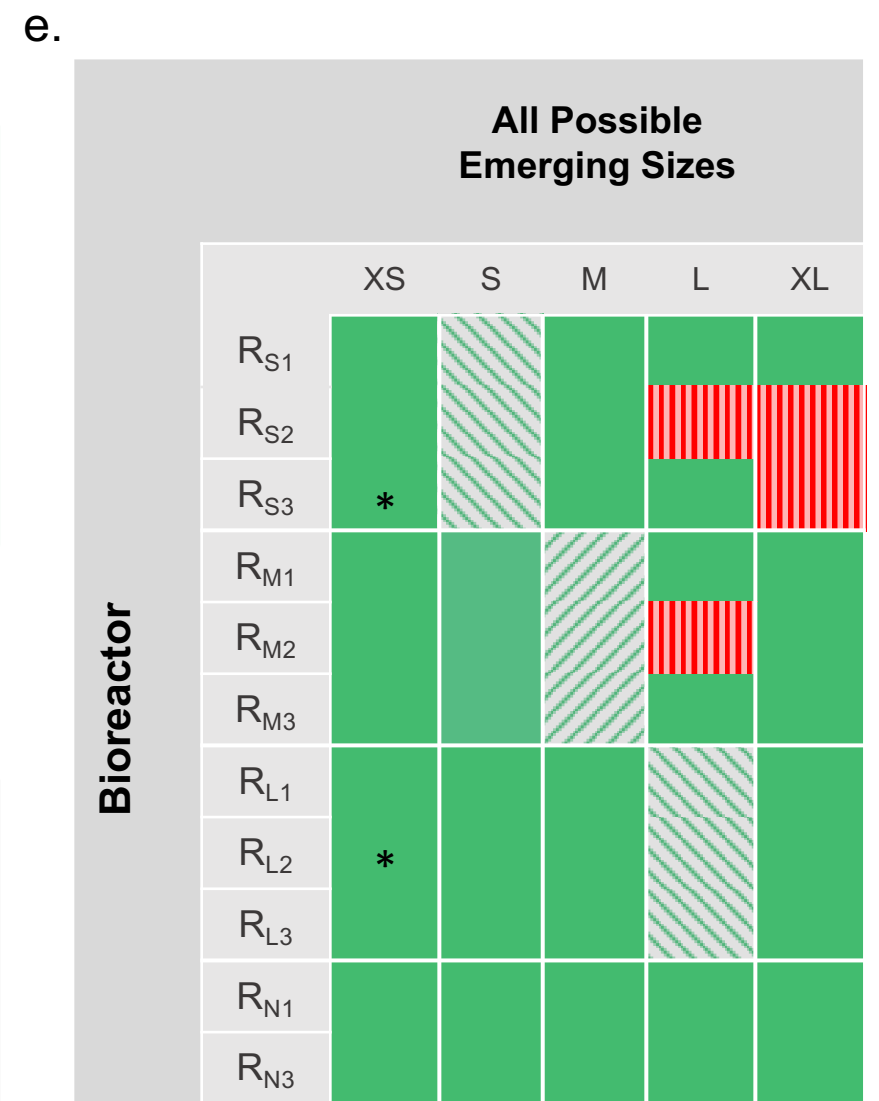
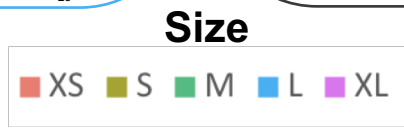
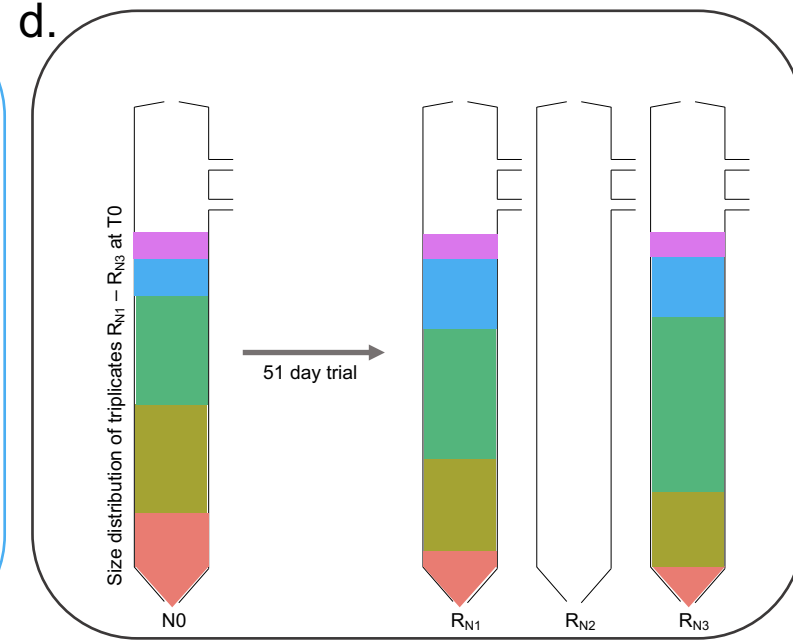
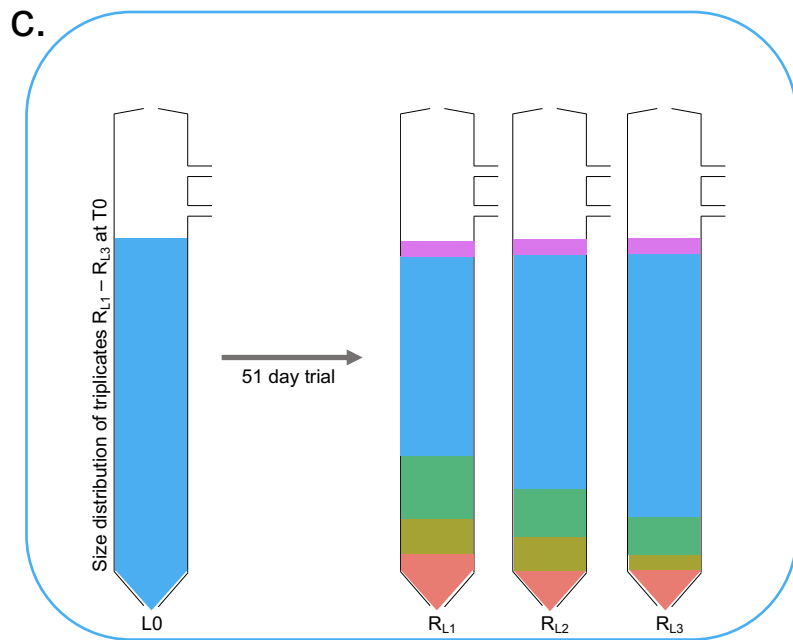
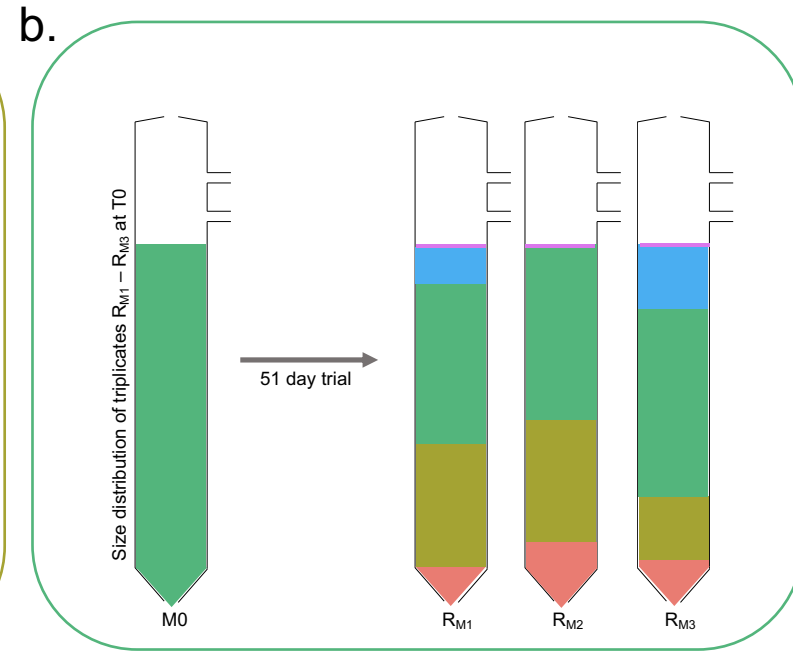
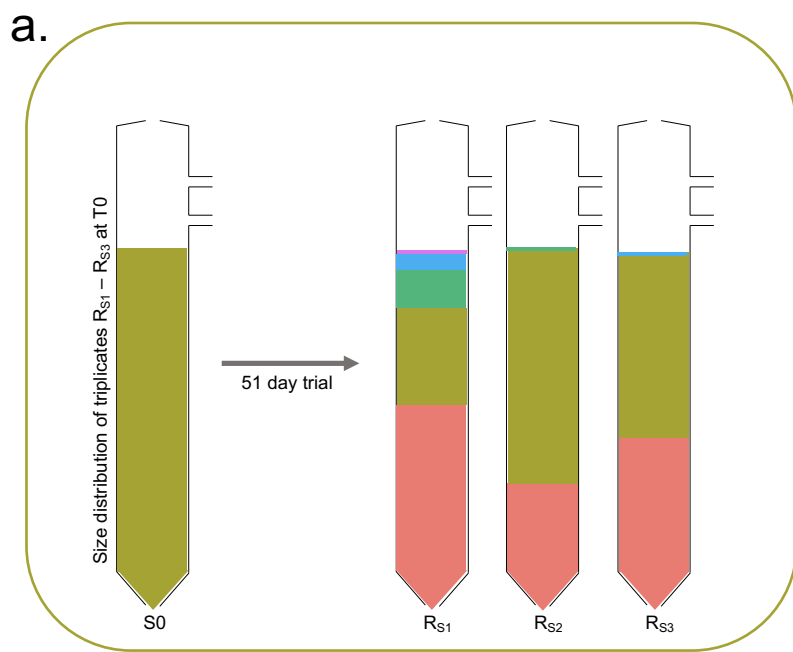
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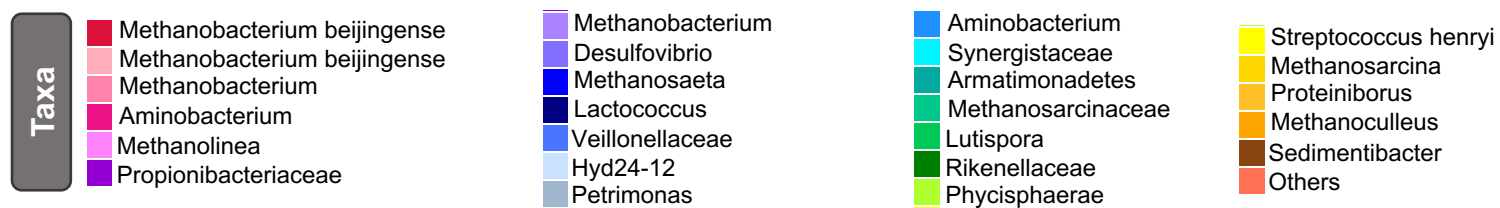
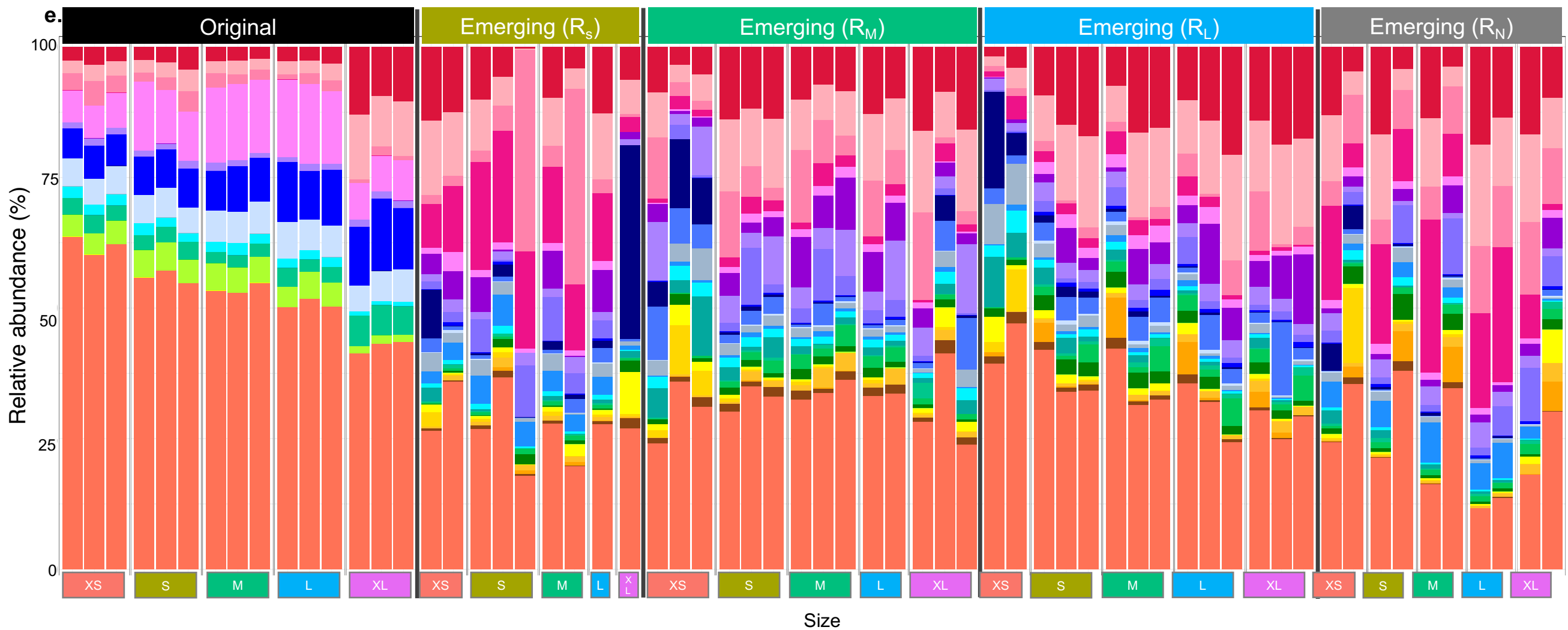
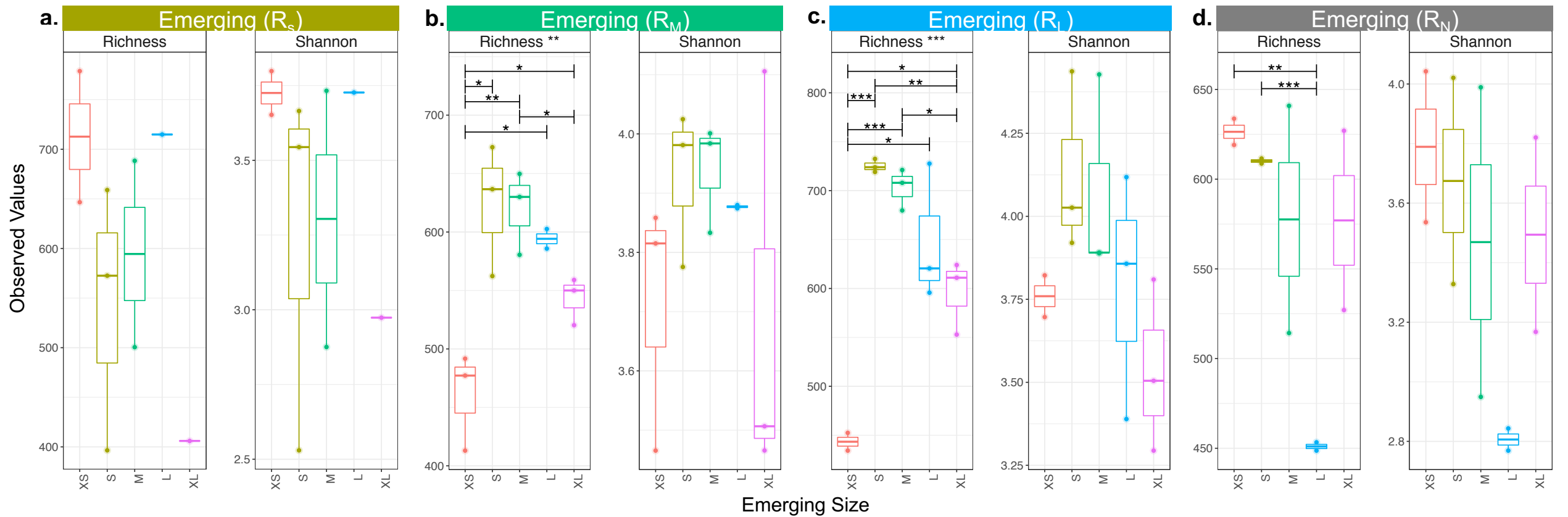
22 **Figure S3.** Top 25 most abundant taxa from the emerging sizes, ordered by size and
23 based up on variances in the 16S rRNA gene

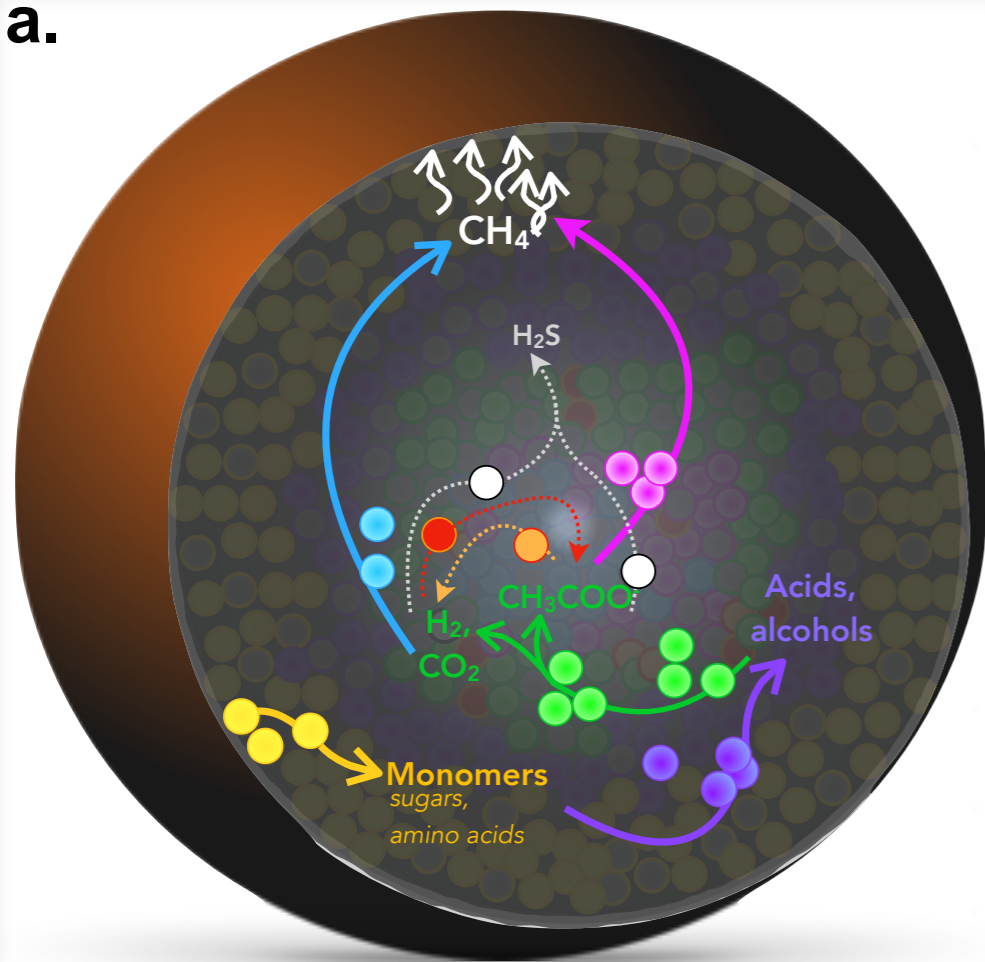




●●● Influent sCOD
 Effluent tCOD
 Effluent sCOD
 Acetate sCOD
 Propionate sCOD
 Butyrate sCOD
 — Methane Yield Efficiency





a.**b.**

- hydrolyzers
- fermenters
- acetogens
- acetoclastic methanogens
- hydrogenotrophic methanogens
- syntrophic acetate-oxidisers
- homoacetogenic bacteria
- sulfate-reducing bacteria

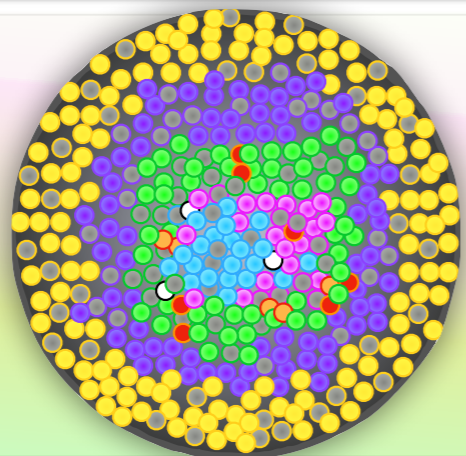
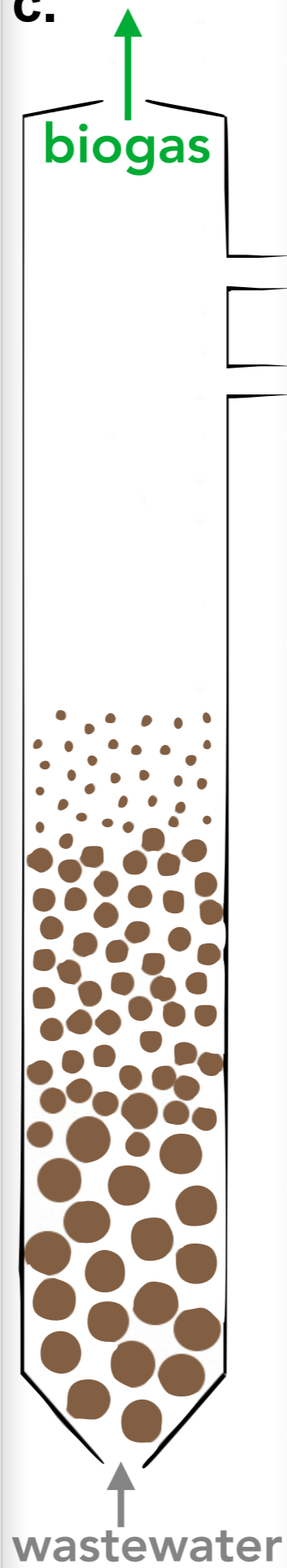
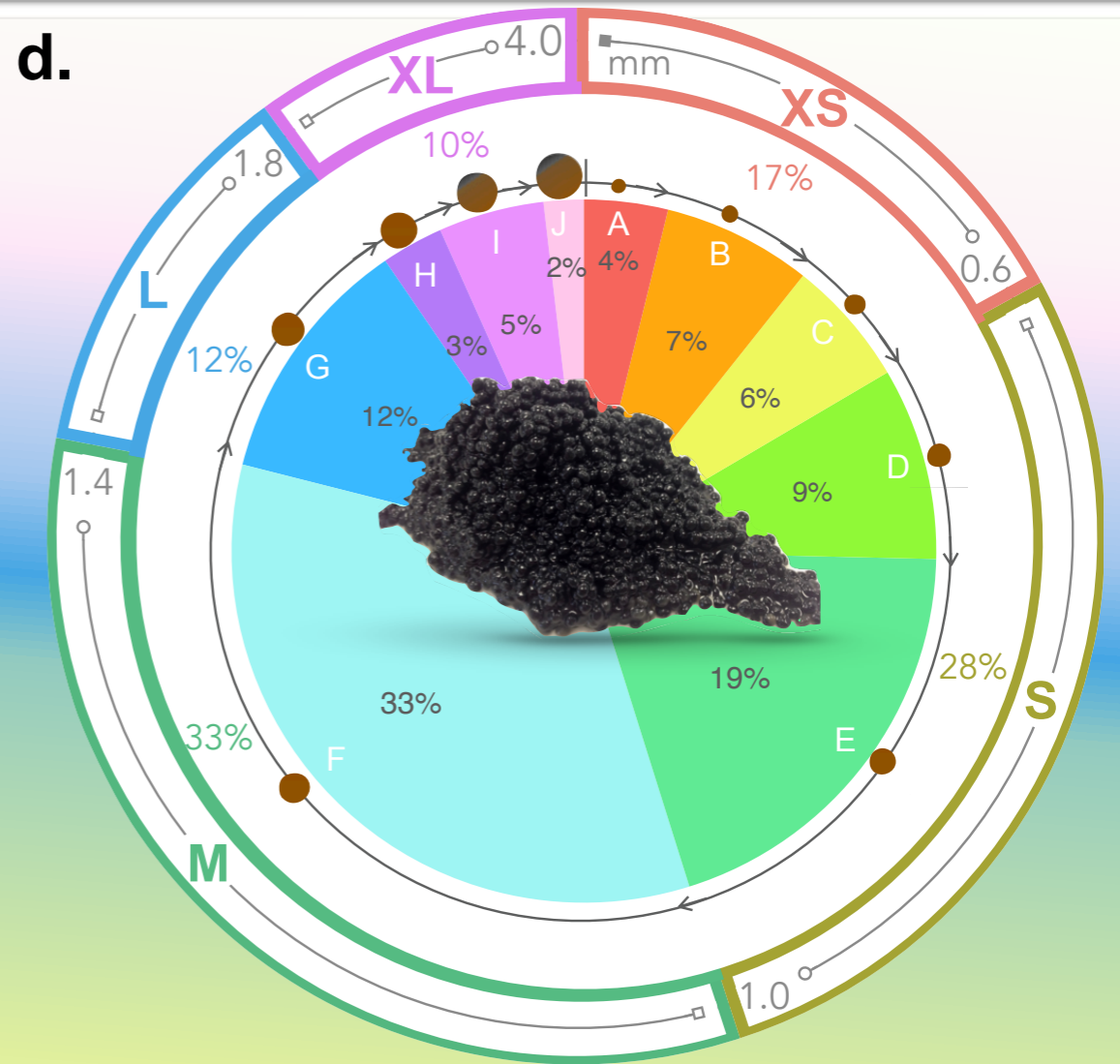
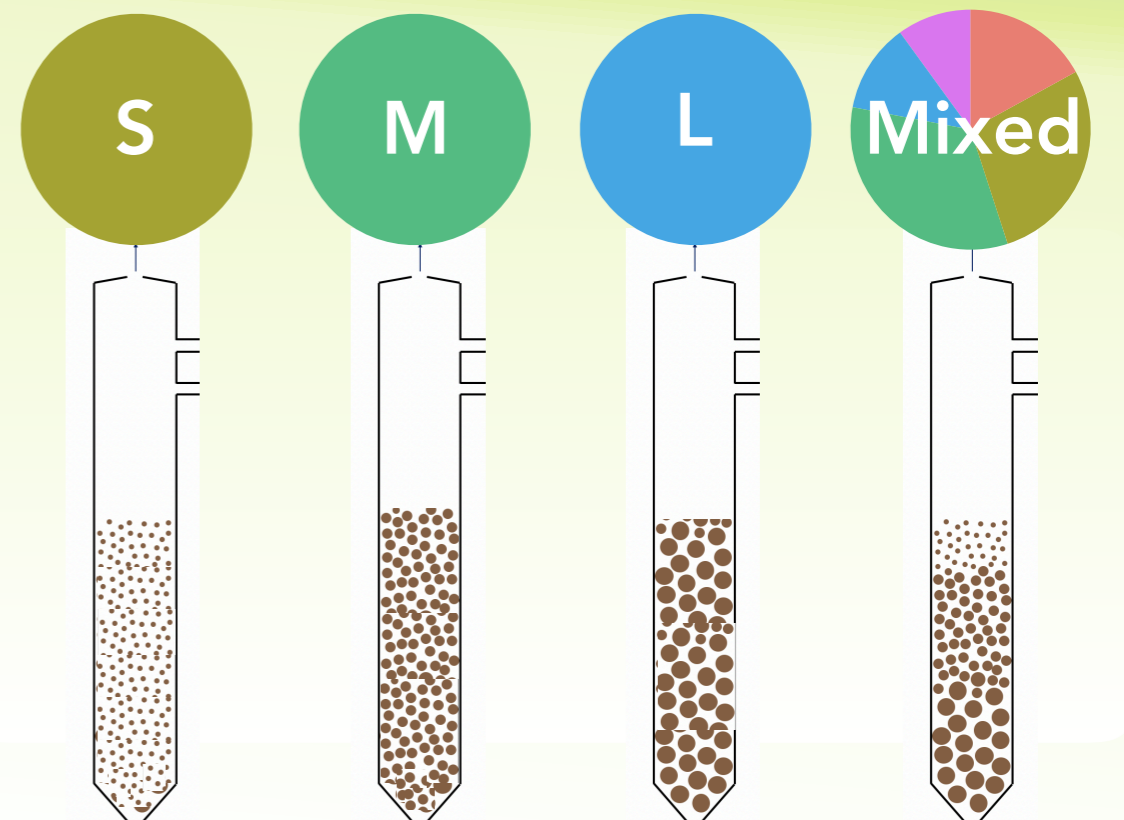
**c.****d.****e.**

Table 1. Full- and laboratory-scale bioreactor operating parameters.

Parameter	Full-scale bioreactor	Laboratory-scale
Influent pH	6.3	3.9 – 9.5
Operating Temperature	37°C	37°C
Upflow velocity	1.2 m h ⁻¹	1.2 m h ⁻¹
Influent COD Concentration	4.5 g L ⁻¹	15.7 g L ⁻¹
Organic loading rate	15.7 g COD L ⁻¹ d ⁻¹	~15.7 g COD L ⁻¹ d ⁻¹
Hydraulic retention time	6.86 h	24 h
Wastewater type	Potato-processing	Synthetic (Table 2)

Table 2. Composition of synthetic feed

Component	Concentration (g L⁻¹)
Glucose	3.75
Fructose	3.75
Sucrose	3.56
Yeast Extract	1.45
Urea	2.15
Sodium Bicarbonate	10.0*

*After Day 6