

1 **Title:** Interleukin-5 drives glycolysis and reactive oxygen species-dependent citric acid  
2 cycling by eosinophils

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35 **Abstract**

36 **Introduction:** Eosinophils have been long implicated in anti-parasite immunity and  
37 allergic diseases and, more recently, in regulating adipose tissue homeostasis. The  
38 metabolic processes that govern eosinophils, particularly upon activation, are unknown.

39

40 **Methods:** Peripheral blood eosinophils were isolated for analysis of metabolic  
41 processes using extracellular flux analysis and individual metabolites by stable isotope  
42 tracer analysis coupled to gas chromatography-mass spectrometry following treatment  
43 with IL-3, IL-5 or granulocyte-macrophage colony-stimulating factor (GM-CSF).  
44 Eosinophil metabolism was elucidated using pharmacological inhibitors.

45

46 **Results:** Human eosinophils engage a largely glycolytic metabolism but also employ  
47 mitochondrial metabolism. Cytokine stimulation generates citric acid cycle (TCA)  
48 intermediates from both glucose and glutamine revealing this previously unknown role  
49 for mitochondria upon eosinophil activation. We further show that the metabolic  
50 program driven by IL-5 is dependent on the STAT5/PI3K/Akt signalling axis and that  
51 nicotinamide adenine dinucleotide phosphate oxidase (NOX)-dependent ROS  
52 production might be a driver of mitochondrial metabolism upon eosinophil activation.

53

54 **Conclusion:** We demonstrate for the first time that eosinophils are capable of metabolic  
55 plasticity, evidenced by increased glucose-derived lactate production upon ROS  
56 inhibition. Collectively this study reveals a role for both glycolysis and mitochondrial  
57 metabolism in cytokine-stimulated eosinophils. Selective targeting of eosinophil  
58 metabolism may be of therapeutic benefit in eosinophil-mediated diseases and  
59 regulation of tissue homeostasis.

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62 **Keywords:** eosinophils, glycolysis, IL-5, metabolism, TCA cycle

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65 **Introduction**

66 Human eosinophils reside primarily in haematopoietic and mucosal tissues. Interest in  
67 eosinophil activity stems predominantly from their role in anti-parasite immunity and  
68 allergic disease<sup>1-5</sup> but there is growing interest in their role in tissue homeostasis,  
69 especially adipose tissue<sup>6</sup>. Eosinophil-mediated effector function involves  
70 degranulation, the release of antimicrobial cytotoxic molecules, and the respiratory  
71 burst<sup>2</sup> yet we know little about the immunometabolic processes that underpin these  
72 activities. Activation of other granulocyte populations such as neutrophils and mast  
73 cells enhances glycolysis to support biosynthetic intermediate production and rapid  
74 ATP generation<sup>7,8</sup>. Eosinophil metabolism is assumed to be largely homologous to that  
75 of neutrophils, where, despite the presence of mitochondria, energy production stems  
76 primarily from glycolysis<sup>5,9,10</sup>.

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78 Non-metabolic roles for mitochondria within eosinophils have been the focus of several  
79 investigations. Mitochondrial DNA can be released in a ‘catapult-like’ fashion from  
80 eosinophils and contributes to antibacterial defence, although this remains controversial  
81 and has yet to be confirmed<sup>11,12</sup>. Furthermore, the initiation of apoptosis has been  
82 reported as an alternative role to respiration for eosinophil mitochondria<sup>10</sup>. As  
83 eosinophils produce large amounts of nicotinamide adenine dinucleotide phosphate  
84 oxidase (NOX)2-dependent extracellular reactive oxygen species (ROS) upon  
85 activation<sup>13-15</sup>, it is commonly thought that oxygen consumption by eosinophils  
86 supports ROS production rather than oxidative phosphorylation (OXPHOS). Contrary  
87 to this, human eosinophils are sensitive to oligomycin (mitochondrial ATP synthase  
88 inhibitor), suggesting that in addition to glycolysis, mitochondria can indeed contribute,  
89 at least in part, to ATP production<sup>5</sup>. As such, the role of the mitochondria in eosinophils  
90 remains unclear and requires investigation.

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92 Glycolysis has been reported to be the main source of ATP in numerous cell types<sup>16-18</sup>.  
93 This is especially true for immune cells such as T cells and mast cells, which undergo  
94 a glycolytic switch upon activation to support rapid ATP production<sup>19,20</sup>. Little is  
95 known about the role of glycolysis in eosinophil-mediated immunity, but glycolysis-  
96 derived ATP is essential for the removal of schistosomula by human eosinophils<sup>21</sup> and  
97 cytokines such as IL-3, IL-5, granulocyte-macrophage colony-stimulating factor (GM-  
98 CSF) and TNF $\alpha$  stimulate glucose uptake in these cells<sup>22</sup>. The anti-apoptotic cytokines

99 IL-3, IL-5, and GM-CSF, produced primarily by T cell subsets, fibroblasts, and  
100 epithelial cells, are critical for eosinophil activation and maturation<sup>2</sup>. Differential  
101 effects of IL-3, IL-5, and GM-CSF have been identified, with IL-3 generally being a  
102 weaker inducer of eosinophil activation than either IL-5 or GM-CSF; IL-3 induces less  
103 glucose uptake, superoxide production and eosinophil-derived neurotoxin (EDN)  
104 release than IL-5 or GM-CSF<sup>22,23</sup>. However, IL-3 can prolong ribosomal protein S6  
105 signalling compared to IL-5 and GM-CSF, producing augmented levels of semaphorin-  
106 7A and heightened protein translation<sup>24</sup>. Despite these differences in responses of  
107 eosinophils to IL-3, IL-5, and GM-CSF, the impact of these cytokines on human  
108 eosinophil metabolic adaptation that underpins these different functional outcomes has  
109 not been studied.

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111 Here, for the first time, we demonstrate that human eosinophils are metabolically plastic  
112 cells, up-regulating both glycolytic and TCA cycle intermediates upon activation. We  
113 show that IL-3, IL-5 and GM-CSF all increase glycolysis and importantly, that upon  
114 activation by these cytokines, eosinophils increase glutaminolysis and subsequent TCA  
115 cycling. This is significant as these cells were previously thought to not engage their  
116 mitochondria for metabolic purposes. In contrast to earlier studies<sup>10</sup>, we report that the  
117 IL-5-induced metabolic switch initiates glycolysis and enhances mitochondrial  
118 respiration in a mechanism that is dependent on the STAT5/PI3K/Akt axis. Finally, the  
119 ability of eosinophils to compensate for inhibition of ROS production and the  
120 associated reduced levels of TCA cycle intermediates by increased aerobic glycolysis  
121 highlights their metabolic plasticity.

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133 **Materials and Methods**

134 **Human eosinophil isolation**

135 Human peripheral blood was collected from both male (n = 9) and female donors (n =  
136 25) aged between 18-70 years into heparinised Vacuettes<sup>TM</sup> (Greiner Bio-one,  
137 Frickenhausen, Germany). We recruited both atopic and non-atopic donors with  
138 eosinophils comprising between 1-8% of total circulating leukocytes. Specific donor  
139 demographics can be found in supplementary table 1. All samples were collected with  
140 informed written consent and ethical approval was obtained from Wales Research  
141 Ethics Committee 6 (13/WA/0190). Eosinophils were isolated by negative selection  
142 using immunomagnetic microbeads (autoMACS; Miltenyi Biotec, Cologne, Germany).  
143 Detailed Materials and Methods can be found in the online supplement of this article.

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167 **Results**

168 **Eosinophils increase glycolysis in response to cytokines**

169 In human eosinophils, IL-3, IL-5, and GM-CSF are the predominant cytokines  
170 associated with their activation<sup>25</sup>. Therefore, the effect of IL-3, IL-5 and GM-CSF on  
171 eosinophil metabolism was investigated.

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173 First, we investigated the mode of glucose transport in eosinophils. Gene expression  
174 levels of the main glucose transporters (*GLUT1-4*; *SLC2A1-4*) were determined using  
175 qPCR. While there was donor variability, *GLUT1* (*SLC2A1*) and *GLUT3* (*SLC2A3*)  
176 were expressed by all donors (Figure 1A). *GLUT4* (*SLC2A4*) expression was not  
177 detected, and only some donors expressed detectable *GLUT2* (*SLC2A2*; 3/7) (Figure  
178 1A). Uptake of a fluorescent glucose analogue 2-(*N*-(7-nitrobenz-2-oxa-1,3-diazol-4-  
179 yl)amino)-2-deoxyglucose (2-NBDG) did not differ between unstimulated and  
180 cytokine-stimulated eosinophils (Figure 1B).

181

182 To further investigate the induction of glycolysis upon activation in eosinophils, we  
183 performed extracellular flux analysis measuring the extracellular acidification rate  
184 (ECAR) upon treatment with IL-3, IL-5, or GM-CSF. Eosinophils were starved of  
185 glucose, treated with cytokine followed by the reintroduction of glucose, then addition  
186 of the ATP synthase inhibitor oligomycin, with a final addition of 2-deoxy-D-glucose  
187 (2-DG) to arrest glycolysis over the timeline shown in Figure 1C. Here we discovered  
188 that after a period of glucose starvation, IL-5 or GM-CSF treatment increased ECAR  
189 significantly in comparison to either the control or IL-3-treated cells (Figure 1C-D). As  
190 there are multiple sources of acidification that may contribute to ECAR in eosinophils<sup>26-</sup>  
191 <sup>28</sup>, we performed stable isotope tracer analysis (SITA) to determine the fate of glucose-  
192 derived carbon atoms upon eosinophil activation. Eosinophils were activated with IL-  
193 3, IL-5 or GM-CSF in the presence of <sup>13</sup>C<sub>6</sub>-glucose for 4 h. If eosinophil metabolism is  
194 largely homologous to that of neutrophils<sup>29</sup>, i.e. glycolytic, then it would be expected  
195 that the majority of labelled carbon would be present as the m+3 mass isotopologue of  
196 lactate produced from the m+3 mass isotopologue of pyruvate (Figure 1E). These data  
197 demonstrate that IL-3, IL-5, or GM-CSF treatment promotes the incorporation of <sup>13</sup>C  
198 atoms into pyruvate (Figure 1F-G) and lactate (Figure 1H-I). We also observed <sup>13</sup>C  
199 labelled extracellular lactate within the supernatant (Figure 1J), excess production of  
200 lactate upon activation was also confirmed by a standard lactate assay (Figure 1K).

201 Collectively the data demonstrate that eosinophils treated with IL-3, IL-5 or GM-CSF  
202 switch to a glycolytic metabolism.

203

#### 204 **Cytokine-stimulated eosinophils consume oxygen for ROS production**

205 It has been reported that eosinophils do not require their mitochondria for ATP  
206 production via OXPHOS<sup>10,30</sup>. However, mitochondria are diverse organelles with  
207 multiple metabolic roles. We confirmed the presence of mitochondria using  
208 transmission electron microscopy (Figure 2A). Mitochondrial function was assessed by  
209 measuring oxygen consumption rate (OCR) in the presence of IL-3, IL-5 or GM-CSF  
210 (Figure 2B). Baseline OCR was increased in IL-5 and GM-CSF treated cells post-  
211 glucose starvation compared to the control and IL-3-treated cells (Figure 2C). We noted  
212 a decrease in OCR upon oligomycin treatment under all conditions, this is indicative of  
213 oxygen consumption for ATP generation, which is in agreement with a previous study<sup>5</sup>.  
214 Increasing the concentration of IL-3 delivered to the cells caused an increase in both  
215 ECAR and OCR (50 and 100 ng/mL; Figure 2D-E) suggestive of a differential kinetic  
216 response of eosinophils to IL-3 versus IL-5/GM-CSF.

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218 In our experiments, eosinophils clearly consume oxygen, especially in response to  
219 treatment with IL-5 or GM-CSF. However, oxygen consumption can occur  
220 independently of OXPHOS for processes such as respiratory burst, involving the  
221 generation of ROS and subsequently hydrogen peroxide via NOX enzymes<sup>13,14</sup>. To  
222 determine whether any of the cytokine-induced oxygen consumption was due to  
223 mitochondrial ROS production, we utilised the mitochondrial superoxide indicator  
224 MitoSOX and selected a time point to coincide with the extracellular flux assay (15  
225 minutes). Regardless of the cytokine used for stimulation, mitochondria did not  
226 contribute to oxygen consumption via ROS production at the time point measured;  
227 rotenone was used as a positive control (Figure 2F-G).

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229 To further investigate increased oxygen consumption upon stimulation we investigated  
230 whether IL-3, IL-5 and GM-CSF induce total ROS production. We determined total  
231 oxidative stress levels using the fluorescent probe CellROX and flow cytometry,  
232 phorbol 12-myristate 13-acetate (PMA) was used as a positive control. All three  
233 cytokines induced ROS production in comparison to the CellROX control with GM-  
234 CSF being the most potent (Figure 2H-I). Using the inhibitor diphenyleneiodonium

235 (DPI), these responses were shown to be NOX-dependent, although this was only  
236 significant for GM-CSF and PMA-induced ROS production. These data raise the  
237 question of what happens to OCR when ROS production is inhibited, and we have  
238 addressed this in relation to IL-5 later in the manuscript, see Figure 5.

239

#### 240 **Cytokine-stimulated eosinophils synthesise TCA cycle intermediates**

241 In addition to the generation of ATP and ROS, mitochondria can act as a biosynthetic  
242 hubs, synthesising TCA cycle intermediates and non-essential amino acids, however  
243 this has not been previously demonstrated in eosinophils. To test this, eosinophils were  
244 activated with IL-3, IL-5, or GM-CSF in the presence of  $^{13}\text{C}_6$ -glucose for 4 h. Upon  
245 activation, eosinophils incorporated  $^{13}\text{C}$ -glucose into TCA cycle intermediates, such as  
246 citrate, succinate, malate and fumarate (Figure 3A-E). The metabolite pools analysed  
247 were mostly composed of the unlabelled (m+0) or m+2 mass isotopologue (Figure 3F;  
248 Supplementary Figure 1A-C) indicating lack of sustained TCA cycling.

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250 Next, we determined whether TCA cycle intermediates are used as precursors for the  
251 synthesis of non-essential amino acids. Glutamate abundance was increased upon  
252 eosinophil stimulation with IL-3, IL-5 or GM-CSF (Figure 3G) and was largely present  
253 as the m+2 mass isotopologue (Figure 3H). While the eosinophils demonstrated  
254 production of glutamine and aspartate at baseline, cytokine stimulation had no further  
255 effect on the production of these. However, in comparison to the untreated control,  
256 cytokine-stimulated eosinophils had a reduced pool of  $^{12}\text{C}$  unlabelled amino acids,  
257 indicating consumption of these amino acids (Supplementary Figure 2A-D).

258

259 Fully functional canonical TCA cycling requires two metabolite inputs: acetyl-CoA  
260 derived primarily from glucose and  $\alpha$ -ketoglutarate derived from glutamine  
261 (Supplementary Figure 3A). Having established that eosinophils incorporate  $^{13}\text{C}$ -  
262 glucose into TCA cycle intermediates, we next wanted to determine whether cytokine-  
263 activated eosinophils engage glutaminolysis. To address this, eosinophils were  
264 activated with IL-3, IL-5 or GM-CSF in the presence of  $^{13}\text{C}$ -glutamine for 4 h.  
265 Incorporation of  $^{13}\text{C}$  into TCA intermediates was increased in IL-3, IL-5 or GM-CSF  
266 treated eosinophils compared to the untreated controls (Supplementary Figure 3B).

267

#### 268 **The STAT5/PI3K/Akt axis governs the immediate metabolic response to IL-5**



269 The development and clinical implementation of IL-5 targeting therapies in the  
270 treatment of asthma<sup>31</sup> prompted us to consider the early signalling mechanisms that  
271 govern increased ECAR and OCR in response to IL-5 treatment. STAT5 is activated  
272 upon IL-3, IL-5 or GM-CSF ligation<sup>32,33</sup>, and in certain circumstances can be activated  
273 by ROS production via the common  $\beta$  chain<sup>34</sup>. We initially confirmed STAT5  
274 phosphorylation in eosinophils treated with IL-3, IL-5 and GM-CSF. All cytokines  
275 induced STAT5 phosphorylation, but this only reached significance above baseline for  
276 IL-5 and GM-CSF (Figure 4A). Next, we wanted to determine whether inhibition of  
277 STAT5 affected the immediate ECAR and OCR responses of eosinophils treated with  
278 IL-5. Pre-treatment with the STAT5 inhibitor N'-((4-oxo-4H-chromen-3-  
279 yl)methylene)nicotinohydrazide (STAT5i) completely abrogated the ECAR and OCR  
280 response in IL-5-stimulated eosinophils (Figure 4B-C). Calculations of 'pre-cytokine'  
281 and 'post-cytokine' data can be found at Supplementary Figure 4.

282

283 In addition to cytokine-mediated STAT5 activation, both IL-5 and ROS can activate  
284 the PI3K/Akt axis<sup>34</sup>, therefore we next investigated the role of PI3K/Akt in human  
285 eosinophil metabolism. Treatment with either the PI3K inhibitor LY294002 or the  
286 Akt1/2 inhibitor, abrogated IL-5 stimulated induction of ECAR (Figure 4D). The same  
287 trend was observed for OCR whereby the PI3K inhibitor reduced the immediate  
288 induction of OCR in eosinophils treated with IL-5 (Figure 4E). However, treatment  
289 with the Akt1/2 inhibitor did not reduce IL-5 induced OCR (Figure 4E), suggesting  
290 other downstream PI3K pathways may be involved. These data show that one of the  
291 key immediate effects of IL-5 on eosinophils is up-regulation of glycolysis and this is  
292 dependent on the STAT5/PI3K/Akt axis.

293

#### 294 **ROS inhibition reduces TCA cycling of IL-5 stimulated eosinophils**

295 To determine if the observed cytokine-stimulated metabolic changes in eosinophils  
296 were promoted by ROS production we next determined whether NOX had a role in  
297 increased ECAR and OCR with a focus on IL-5 as before. Bioenergetic analyses were  
298 used to show that DPI had no effect on IL-5-stimulated glycolysis (Figure 5A) but  
299 significantly reduced peak OCR (Figure 5B). SITA using <sup>13</sup>C-glucose showed  
300 increased incorporation of <sup>13</sup>C into pyruvate and lactate (indicated as an increased m+3  
301 mass isotopologue) in the presence of DPI (Figure 5C-D). This was accompanied by a  
302 reduction in the relative abundance of all TCA cycle intermediates (Figure 5E),

303 represented by a decreased abundance of the m+2 mass isotopologue (Figure 5F). DPI  
304 treatment negatively impacted on the synthesis of amino acids glutamate and aspartate,  
305 from <sup>13</sup>C-glucose, by reducing <sup>13</sup>C incorporation and the m+2 mass isotopologue  
306 (Figure 5G-H). Collectively these data demonstrate that NOX-mediated ROS may have  
307 a critical role in driving mitochondrial metabolism.

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337 **Discussion**

338 The study of eosinophil metabolism has been challenging, but recent years have seen  
339 the introduction of novel, refined technologies that allow metabolic analyses on low  
340 cell numbers with more sensitive readouts. This has been driven by the burgeoning field  
341 of immunometabolism and the increasingly recognised role of cellular metabolism in  
342 immune cell fate and function. Cellular metabolism through energy production (ATP)  
343 and biosynthetic intermediate generation orchestrates numerous effector roles such as  
344 cytokine production, migration and proliferation and can have a profound impact on  
345 various human pathologies<sup>35</sup>. Aside from their well-recognised energetic and  
346 biosynthetic roles, individual metabolites can have alternative roles. For example, TCA  
347 cycle metabolites, succinate and fumarate act as inflammatory signalling molecules. In  
348 LPS-stimulated macrophages, succinate stabilizes hypoxia-inducible factor-1 $\alpha$  to  
349 promote increased glycolysis and IL-1 $\beta$  production<sup>9,36,37</sup>. Therefore, elucidating the  
350 cellular metabolic response of eosinophils not only improves our basic understanding  
351 of eosinophil function, especially how it might apply to tissue homeostasis, but has  
352 implications for revealing immunopathogenic and therapeutic strategies in eosinophilic  
353 disorders.

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355 The rapid engagement of aerobic glycolysis by eosinophils in response to cytokines  
356 demonstrated here was accompanied by accumulation of both intra- and extracellular  
357 lactate. Lactate creates an acidic environment in which eosinophils are known to thrive,  
358 such as in the lung<sup>38</sup>. Furthermore, excess lactate retains T cells in pro-inflammatory  
359 environments, curtailing their migration<sup>39</sup>. If the same occurred for eosinophils this  
360 would provide a mechanism to retain viable eosinophils in an acidic inflammatory  
361 tissue environment. This increased glycolytic rate that supports the accumulation of  
362 lactate is presumably due to either GLUT1 or GLUT3 mediated glucose uptake as these  
363 transporters were expressed by all donors, or through kinetic effects on the direct  
364 phosphorylation of glycolytic enzymes<sup>22</sup>.

365

366 A key feature of the work presented here is clarity surrounding the role of mitochondria  
367 in eosinophil metabolism. It is well established that eosinophils utilise their  
368 mitochondria for apoptotic purposes<sup>10,30</sup>, however definitive metabolic contributions  
369 have remained elusive. Here, we confirmed that cytokine-stimulated eosinophils were  
370 sensitive to oligomycin treatment through a decrease in OCR. This indicates that

371 mitochondria in eosinophils have an important role in mediating metabolic responses  
372 to cytokines which is in agreement with a previous study<sup>5</sup>.

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374 Whilst the conversion of glucose to lactate seems to be the predominant metabolic  
375 pathway in response to cytokine stimulation, we used stable isotope tracing to show  
376 that eosinophils use both glucose and glutamine to generate TCA cycle intermediates  
377 and support OXPHOS upon activation. To our knowledge we are the first to provide  
378 evidence that carbons from glucose and glutamine are incorporated into TCA  
379 metabolites upon cytokine stimulation in eosinophils. Collectively, we reveal a novel  
380 role for human eosinophil mitochondria that extends beyond apoptosis and antibacterial  
381 defence. We demonstrate that eosinophils can utilise their mitochondria for TCA  
382 cycling contributions to OXPHOS and biosynthesis of amino acids. In support of a role  
383 for mitochondrial metabolism in eosinophils as we described here, a recent study  
384 indicated that peripheral blood eosinophils have increased oxidative parameters in  
385 comparison to neutrophils<sup>5</sup>. However, this interpretation was based solely on decreased  
386 oxygen consumption upon exposure to oligomycin and did not definitively characterise  
387 the metabolic fuels consumed by eosinophils.

388

389 The effects of IL-3, IL-5 and GM-CSF on eosinophil metabolism were broadly similar.  
390 To better understand the signalling processes that govern cytokine-mediated changes  
391 to eosinophil cellular metabolism we chose to focus on a single cytokine. IL-5 was  
392 chosen as it is a therapeutic target for treating eosinophilic asthma via monoclonal  
393 antibodies to IL-5 itself or IL-5R $\alpha$ <sup>31</sup>. IL-5 ligation in human eosinophils has been  
394 shown to activate the JAK/STAT pathway, specifically STAT5<sup>40,41</sup>. With use of a  
395 specific STAT5 inhibitor we determined that increases in both ECAR and OCR upon  
396 IL-5 stimulation were dependent on STAT5 signalling. Because activated eosinophils  
397 increased their glucose utilization substantially, our attention turned to the PI3K/Akt  
398 axis as it is known to control glycolysis in other immune cell types such as T cells and  
399 macrophages<sup>42,43</sup>. PI3K and Akt inhibitors had a profound effect on the IL-5 mediated  
400 metabolic switch, especially glycolysis, showing that the IL-5 induced metabolic  
401 switch in human eosinophils is mediated by the STAT5/PI3K/Akt signalling axis. The  
402 IL-5 induced OCR was abrogated with PI3K inhibition but not Akt. This suggests that  
403 there are alternative downstream PI3K pathways contributing to increased oxygen

404 consumption, such as the PI3K/Rac pathway<sup>44</sup>. Respiratory burst in eosinophils has  
405 been closely linked previously with the Rac pathway, thus offering a plausible  
406 explanation for our observations<sup>15</sup>. Elucidating roles of multiple Akt-independent  
407 downstream PI3K targets and their contributions to eosinophil metabolism warrants  
408 further investigation.

409

410 Finally, we considered the link between ROS production and metabolic pathway  
411 activity in eosinophils again focussing on the effects of IL-5. Treatment of eosinophils  
412 with IL-5 has been shown to induce ROS production<sup>23</sup> and here we show that IL-5  
413 increases oxygen consumption. As NOX-dependent respiratory burst is a fundamental  
414 effector function of eosinophils<sup>14</sup> we sought to investigate the role of ROS in eosinophil  
415 metabolism. Inhibiting NOX-dependent ROS production reduced the abundance of  
416 TCA cycle intermediates while increasing the accumulation of glucose-derived lactate  
417 suggesting that ROS may be a driver of eosinophil mitochondria metabolism in  
418 particular. This highlights that different bioactive molecules in the immediate  
419 microenvironment of eosinophils shape their metabolic plasticity.

420

421 Our study outlines the metabolic requirements of mitochondria in cytokine-activated  
422 eosinophils. We also show that ROS may enable metabolic plasticity. Taken together,  
423 this provides further insight into the mechanistic control of eosinophil function. It is  
424 likely that terminally differentiated cells such as eosinophils do not require extensive  
425 energy production and biosynthesis to support homeostasis or activation. Instead  
426 multiple cytokines and important mediators such as eosinophil-derived neurotoxins and  
427 peroxidases are contained within pre-formed granules. However, cytokine-mediated  
428 activation clearly up-regulates cytoplasmic and mitochondrial metabolic pathways.  
429 This raises further questions about the links between eosinophil function and  
430 metabolism including the bioenergetic demands of piecemeal degranulation and the  
431 effects of mitochondrial DNA release on the metabolic status of eosinophils.  
432 Eosinophils are a characteristic feature of type 2 immune responses linked to  
433 immunopathology in asthma and other inflammatory disorders but also to tissue  
434 defence and repair processes in helminthic parasite infection<sup>45</sup> and in other settings  
435 including metabolic homeostasis in adipose tissue<sup>6</sup>. Greater understanding of the  
436 regulation of eosinophil recruitment, retention and survival would provide mechanistic  
437 insight and offer new metabolically targeted therapeutic approaches for respiratory and

438 other eosinophilic diseases. Cell-specific delivery systems of pharmacological agents  
439 via for example Siglec-8 could be one route<sup>46</sup> or more general approaches to limiting  
440 lactate in the tissue microenvironment during pathology might have broad effects on  
441 multiple cells types<sup>39</sup>, including eosinophils.

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486

487 **Authorship Contributions**

488 NJ, EEV, LCF, JGC, LMS performed the experiments; PSH, PL and CAT provided  
489 intellectual discussion. NJ, EEV, PSH, PL and CAT designed the experiments. NJ, EEV,  
490 PL and CAT wrote the manuscript. All authors critically revised and approved the  
491 manuscript.

492

493 **Conflicts of Interest**

494 The authors declare no conflicts of interest.

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649 **Figure Legends**

650 **Figure 1. IL-3, IL-5 or GM-CSF stimulated eosinophils increase glycolytic**  
651 **metabolism and production of lactate.** (A) Expression levels of glucose transporters  
652 (*GLUT*) 1-4. (B) Representative flow cytometry plot of glucose uptake by eosinophils  
653 activated for 1 h with IL-3, IL-5 or GM-CSF (10 ng/mL) using probe 2-(*N*-(7-nitrobenz-  
654 2-oxa-1,3-diazol-4-yl)amino)-2-deoxyglucose (2-NBDG; 100  $\mu$ M). (C) Glycolytic  
655 stress profile of eosinophils by measuring extracellular acidification rate (ECAR;  
656 mpH/min) before and following addition of IL-3, IL-5, GM-CSF (10 ng/mL), glucose  
657 (5.5 mM), oligomycin (1  $\mu$ M) and 2-DG (100 mM) at the time points indicated. (D)  
658 Post-glucose ECAR calculated via the averaged ECAR values from measurement  
659 points 7-9 minus the averaged ECAR values from measurement points 1-3. (E)  
660 Schematic of uniformly labelled  $^{13}\text{C}_6$ -glucose incorporation into pyruvate and lactate.  
661 Eosinophils were activated with IL-3, IL-5, or GM-CSF (10 ng/mL) for 4 h. (F)  
662 Relative abundance of  $^{12}\text{C}$  and  $^{13}\text{C}$  pyruvate. (G) Mass isotopologue distribution (MID)  
663 of the pyruvate pool. (H) Relative abundance of  $^{12}\text{C}$  and  $^{13}\text{C}$  lactate including (I) MID  
664 of the lactate pool. (J) Relative abundance of  $^{12}\text{C}$  and  $^{13}\text{C}$  extracellular lactate. (K)  
665 Extracellular lactate production of eosinophils treated with IL-3, IL-5 or GM-CSF (10  
666 ng/mL) for 4 h. Data are represented as mean  $\pm$  SEM of 7 (A), 4 (B), 3-5 (C-D, F-I), 2-  
667 3 (J) and 2-4 (K) independent experiments with each data point representing an  
668 individual donor. Statistical analysis was performed using a one-way ANOVA with  
669 multiple comparisons to the control group (D, K) or a two-way ANOVA (F-J); \*  $p \leq$   
670 0.05, \*\*  $p \leq 0.01$ , \*\*\*  $p \leq 0.001$ .

671

672 **Figure 2. Cytokine treatment induces mitochondrial-independent ROS**  
673 **production** (A) Mitochondrial morphology of human eosinophils by TEM. (B)  
674 Oxidative stress assay measured via oxygen consumption rate (OCR; pmoles/min)  
675 before and following addition of IL-3, IL-5, GM-CSF (10 ng/mL), glucose (5.5 mM),  
676 oligomycin (1  $\mu$ M) and 2-DG (100 mM) at the time points indicated. (C) Percentage  
677 OCR increase in comparison to baseline. (D) Glycolytic stress and (E) oxidative stress  
678 IL-3 dose response. Eosinophils were given IL-3 (10, 50 and 100 ng/mL), glucose (5.5  
679 mM), oligomycin (1  $\mu$ M) and 2-DG (100 mM) at the time points indicated. (F)  
680 Representative flow cytometry plot and (G) MitoSOX<sup>+ve</sup> population of eosinophils  
681 activated with IL-3, IL-5 or GM-CSF (10 ng/mL) and incubated with MitoSOX for 15  
682 min. (H) Representative flow cytometry plots of total intracellular ROS production

683 measured by CellROX from one donor and (I) CellROX<sup>ive</sup> population of eosinophils  
684 stimulated with IL-3, IL-5 or GM-CSF (10 ng/mL) ± DPI (10 μM). Dotted line indicates  
685 unstimulated controls in the presence of CellROX. Data expressed as mean ± SEM of  
686 2 (A), 3-5 (B-C), 2 (D-E), 4-5 (G) and 6-8 (I) independent experiments with each data  
687 point representing an individual donor. Statistical analysis was performed using a one-  
688 way ANOVA with multiple comparisons to the control group (C) or an unpaired t test  
689 (I); \* p ≤ 0.05, \*\*\* p ≤ 0.001.

690

691 **Figure 3. IL-3, IL-5 or GM-CSF treatment induces the production of TCA cycle**  
692 **intermediates.** (A) Schematic of uniformly labelled <sup>13</sup>C<sub>6</sub>-glucose incorporation into  
693 TCA cycle intermediates. Eosinophils were activated with IL-3, IL-5 or GM-CSF (10  
694 ng/mL) for 4 h. Relative abundance of <sup>12</sup>C and <sup>13</sup>C (B) citrate, (C) succinate, (D) malate  
695 and (E) fumarate. (F) Mass isotopologue distribution (MID) of m+2 citrate, succinate  
696 and malate. (G) Relative abundance of <sup>12</sup>C and <sup>13</sup>C glutamate including the (H) MID  
697 distribution. All data are from 3-6 independent experiments with each data point  
698 representing an individual donor. Data expressed as mean ± SEM. Statistical analysis  
699 was performed using a two-way ANOVA; \* p ≤ 0.05, \*\* p ≤ 0.01, \*\*\* p ≤ 0.001.

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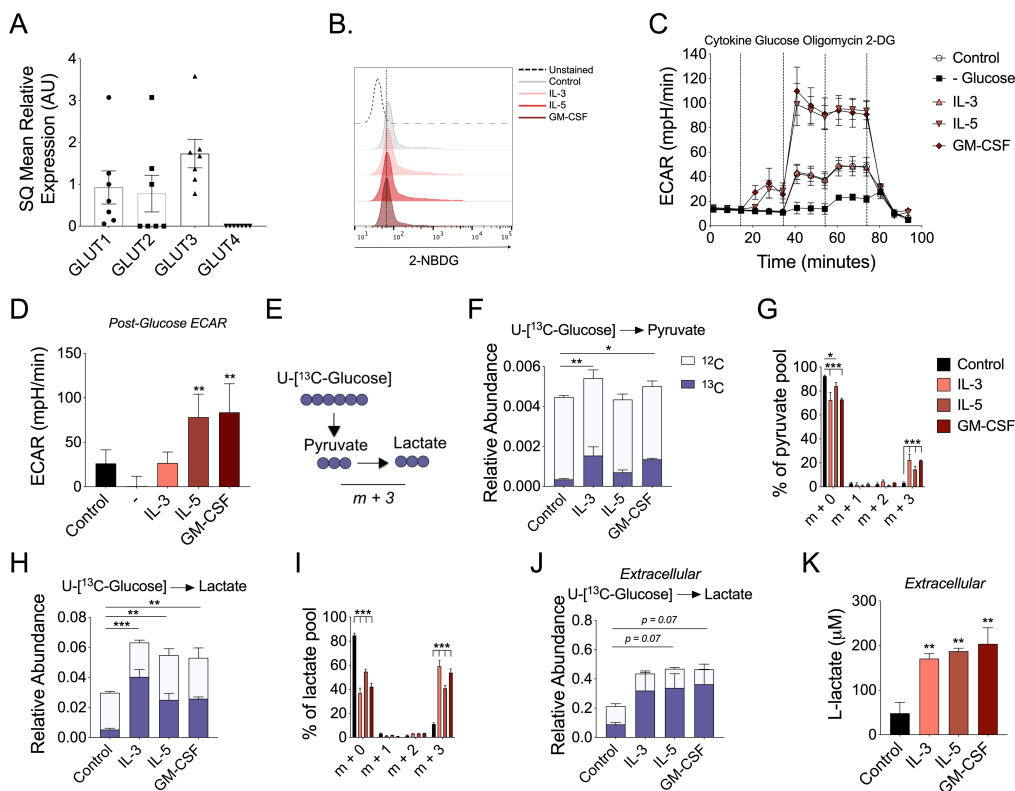
701 **Figure 4. The STAT5/PI3K/Akt axis is responsible for the metabolic switch in IL-**  
702 **5 treated eosinophils.** (A) Representative immunoblot of eosinophils treated for 15  
703 min with IL-3, IL-5 or GM-CSF (10 ng/mL) for pSTAT5<sup>694</sup> and β-actin. Corresponding  
704 densitometry analysis of pSTAT5 normalised to β-actin. (B) ECAR and (C) OCR  
705 before and following addition of a STAT5 inhibitor (STAT5i; N'-((4-oxo-4H-chromen-  
706 3-yl)methylene)nicotinohydrazide; 100 μM), IL-5 (10 ng/mL) and 2-DG (100 mM),  
707 including 'pre-cytokine' activation and 'post-cytokine' activation pooled OCR and  
708 ECAR data. (D) ECAR and (E) OCR before and following addition of a PI3K inhibitor  
709 (LY294002; 10 μM) or Akt1/2 inhibitor (1,3-Dihydro-1-(1-((4-(6-phenyl-1H-  
710 imidazo[4,5-g]quinoxalin-7-yl)phenyl)methyl)-4-piperidiny)-2H-benzimidazol-2-one  
711 trifluoroacetate salt hydrate; 10 μM), IL-5 (10 ng/mL) and 2-DG (100 mM). Data  
712 expressed as mean ± SEM of 5 (A), 2-3 (B-C) and 4 (D-E) independent experiments  
713 with each data point representing an individual donor. Statistical analysis was  
714 performed using a Friedman test with Dunn's multiple comparisons (A) or a two-way

715 ANOVA with Sidak's multiple comparison test (B-E); \*  $p \leq 0.05$ , \*\*  $\leq p 0.01$ , \*\*\*  $p \leq$   
 716 0.001.

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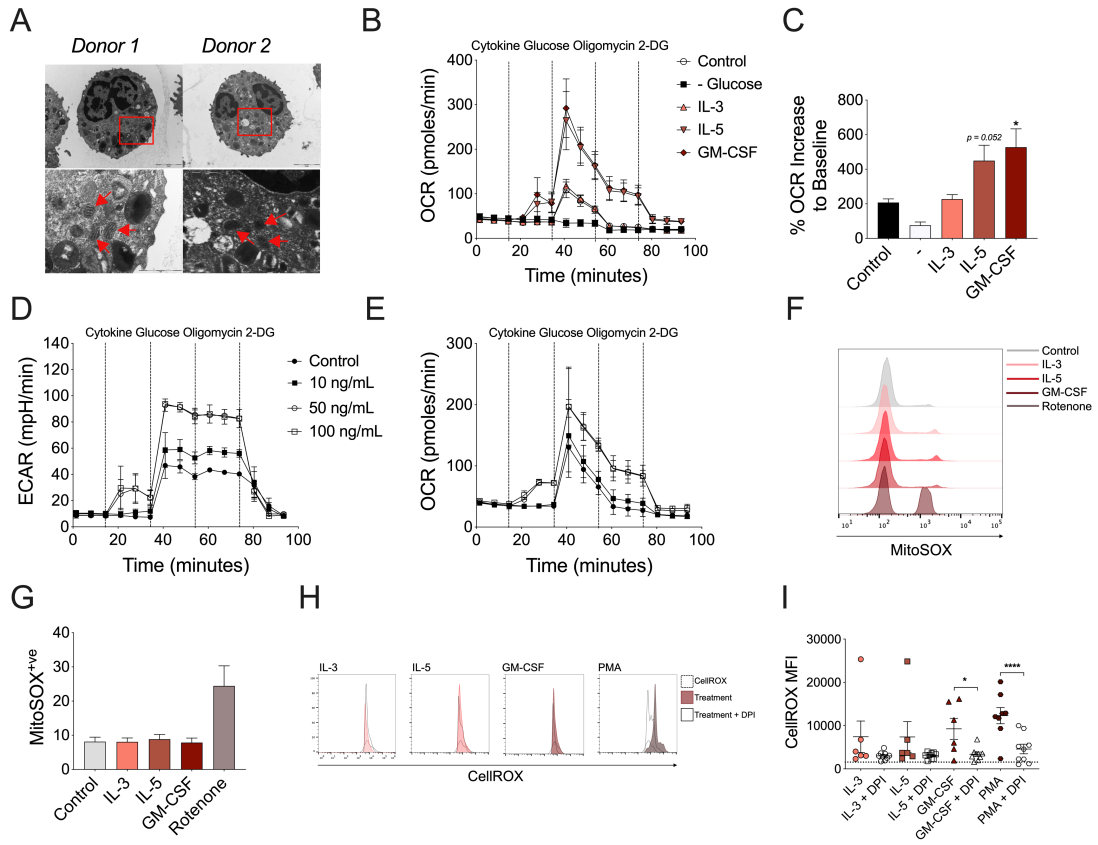
718 **Figure 5. DPI inhibits oxidative metabolism in IL-5 stimulated eosinophils.** (A)  
 719 ECAR (mpH/min) and (B) OCR (pmoles/min) of eosinophils treated with IL-5 (10  
 720 ng/mL)  $\pm$  DPI (100 nM), glucose (5.5 mM), oligomycin (1  $\mu$ M) and 2-DG (100 mM).  
 721 Eosinophils were activated with IL-5 (10 ng/mL)  $\pm$  DPI (100 nM) for 4 h in the presence  
 722 of  $^{13}$ C-glucose. (C) Relative abundance of  $^{12}$ C and  $^{13}$ C and (D) mass isotopologue  
 723 distribution (MID) of glycolytic intermediates pyruvate and lactate. (E) Relative  
 724 abundance of  $^{12}$ C and  $^{13}$ C and (F) MID of TCA cycle intermediates citrate, succinate,  
 725 fumarate and malate. (G) Relative abundance of  $^{12}$ C and  $^{13}$ C and (H) MID of amino  
 726 acids glutamate and aspartate. Data expressed as mean  $\pm$  SEM of 4 (A-B) and 3 (C-H)  
 727 independent experiments with each data point representing an individual donor.  
 728 Statistical analysis was performed using an unpaired t test (B) or a two way ANOVA  
 729 (C-H); \*  $p \leq 0.05$ , \*\*  $\leq p 0.01$ , \*\*\*  $p \leq 0.001$ .

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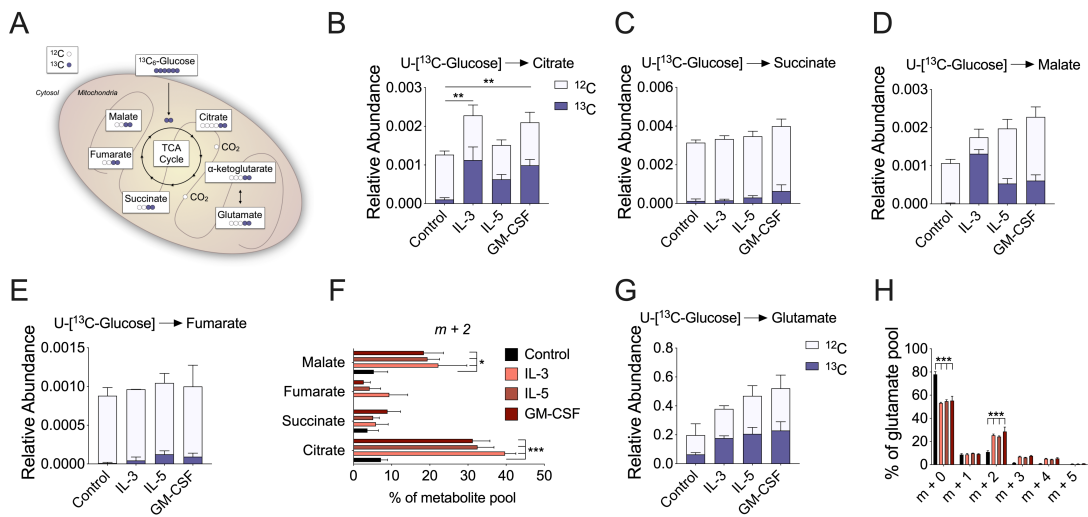
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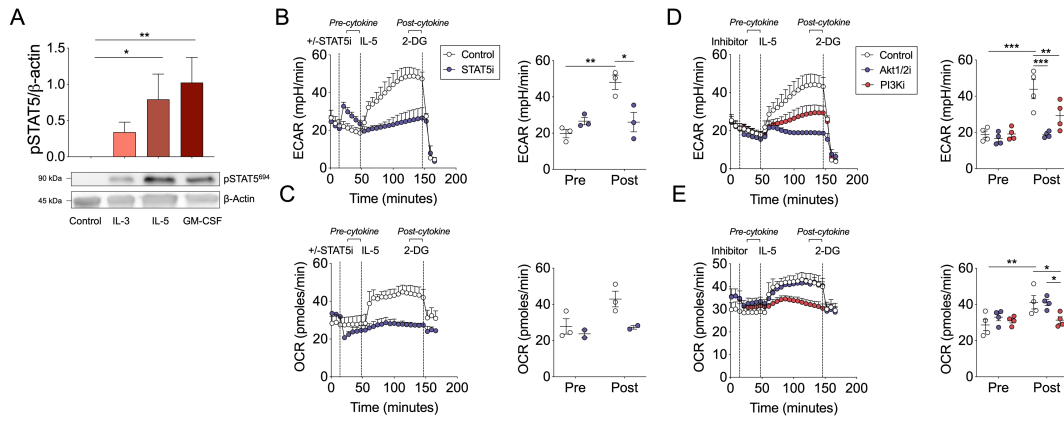
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