Volume 14, Number 16

Fairfield, Connecticut

February 20, 1997

Geduldig arrest

By Michele Herrmann Co-Editor-in-Chief

A Milford man was arrested Sunday night for possession of a narcotic on Geduldig Street across from Parkridge I & II.

According to a report from Public Safety, on-duty Officer Anthony Bucherati spotted a black '96 Buick Roadmaster station wagon pulling into the parking lot across from Geduldig Street at 9:24 p.m. Sean Dolan, the driver, stepped out of the vehicle, walked over to another car and crouched down.

Public Safety Officer Dave Gregory, called in for assistance, approached Dolan and interrogated him. The report stated that Dolan responded by saying he was urinating and was to pick up a dead person. While speaking, the officers noticed a "white powdery substance" in the front part of the station wagon. A gurney and long blanket laid in the trunk.

Two Bridgeport police cars arrived at 9:59 p.m. After searching the vehicle, police arrested Dolan at 10:43 p.m.

The station wagon was towed from the scene at 11:16



An arrest ocurred outside of Parkridge last Sunday night.

Photo by Michele Herrmann

Senior Week limits graduates Events open to May 1997 degree holders

By Kristyn Mulry News Co-Editor

Only seniors eligible for commencement on May 18 will have the opportunity to participate in Senior Week, a series of events held to celebrate graduation from Sacred Heart.

To be eligible for graduation, students must complete all degree requirements or be within six credits of satisfying them. Those with six credits to complete must register for remaining courses prior to May 1 to participate in graduation exercises, said Registrar and Vice-President for Academic Affairs Doug Bohn.

Students who complete their degree requirements in Dec. of 1996 and May and June of 1997 will be permitted to

attend the entire schedule of Senior Week events. Residents, including Parkridge and Avalon Gates students, will be housed in a single on-campus location, said Denise Sutphin, director of student activities.

Those earning their diplomas in Dec.1997 will be eligible to participate in the Commencement Ball and the Parent Dinner Dance, but none of the other events, said Sutphin. Some people feel that these students should be allowed to attend all of the activi-

"I don't think it's fair that people spend four years with each other and then just because they don't have the right number of credits they can't participate," said Chris Twarowski, an English major from Seaford, N.Y. who graduates in May.

According to Sutphin, the Se-

nior Week policy was implemented last May. The coordinators of Senior Week use the guidelines set by the Registrar's Office to determine participants.

Robyn Ferguson, a senior English major from Somerville, Mass., will graduate in Dec. 1997 and is upset that she will not be able to spend Senior Week with her friends

"I will not be returning to walk across stage in May of '98 and will not return just to go to Senior Week. I will never get a senior week due to this decision," said Ferguson. "Even if I did return for graduation ceremonies, I would not feel comfortable attending Senior Week because it's not my class that I

See Festivities, page 2

SHU survey reveals freshmen trends

By Erin E. Harrison Co-Editor-in-Chief

A study, based on the 1996 National Freshman Survey conducted by the Higher Education Research Institute (HERI) at UCLA, reveals trends between Sacred Heart University firstyear students and 4-year private Catholic Institutions (PC) and 4year Catholic low-selective institutions (CLS).

The survey was assembled by Heather Kim, director of Institutional Research for Sacred

The survey shows comparisons between students enrolled in 1991 and those who were enrolled in 1996.

In terms of socioeconomic background, there were no major changes in comparing parental education. It appears that parental levels of education have increased.

Twenty-eight percent of the SHU freshmen reported having fathers with at least a college degree in 1991, compared to 45.7 percent in 1996.

The survey reveals that single parent households have decreased over the five-year time span. Roughly 31 percent of the SHU freshmen were from households with a single parent in 1991, compared to 21.1 percent in 1996.

The survey shows that fe-

male freshmen spent more time hitting the books than their male counterparts. Fifty-three percent of female freshmen at SHU spent more than five hours per week studying or doing homework, while only 30.9 percent of the male freshmen did.

Male freshmen, though, spent more time on exercise and sports than female freshmen.

The survey shows that 56.4 percent of the male freshmen at SHU spent more than 10 hours on such activities whereas 43.5 percent of the female freshmen

The survey showed results for career and degree aspirations. Occupational choices appeared to be somewhat different according to gender.

Choices for females include: therapist, elementary teacher/administrator, nurse, accountant/actuary and clinical psychologist. For males, choices include: therapist, business executive, secondary teacher/administrator, pharmacist and law enforcement.

About 93 percent of the SHU freshmen expressed aspirations for a bachelor's degree or beyond in 1991, compared to 98 percent in 1996.

In 1991, the study revealed that 87.7 percent of the SHU freshmen intended to receive their degree from Sacred Heart, whereas 94 percent in 1996 anticipated they would receive their degree from the University.

University professor departs after over 30 years...page 2

Perkins breaks the 1,000 point career mark...page 12

"Simple Jim" fight erupts

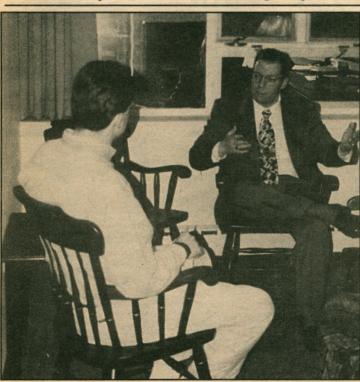
By Justin Rivera Contributing Writer

Last Wednesday, Feb. 18, an AIDS research benefit was sponsored by Phi Omega Tau in the Outpost. "Simple Jim," the cover band, was not the only main attraction. A fight broke out on the dance floor between two male Sacred Heart students.

One student was punched resulting in a broken tooth and a cut lip. The man who delivered the blow was apprehended by Public Safety that evening. Reportedly, both men involved were consuming alcohol.

Phi Omega Tau was responsible for ensuring that situations such as this would be avoided. "We took all necessary precau-

See Fight, page 3



Dan Connelly, director of housing, advises students on their interviewing skills in the Senior Scholar program. The program is a way for students to network for career opportunities and invites corporate executives to a series of formal engagements.

Photo by Alicia Hurley

Inside...

Seniors party at 97 days celebration in the Outpost...page 9

News Briefs

Women's Studies holds faculty seminar

A Women's Studies faculty development seminar entitled "Watching Daytime Soap Operas: The Power of Pleasure" will be held Sunday, Feb. 23 at 1 p.m. at the home of Sondra Melzer from the education department. Research will be presented by Louise Spence of media studies. For more information, contact Claire Marrone at ext. 7629.

Internship opportunities open to students

Information regarding the Campus Connections Summer Internship Program will be given today in two sessions. The first session will be from 12 to 1:30 p.m. in the Mahogany Room. The second session will be from 7 to 8:30 p.m. outside the Faculty Lounge.

Ten-week paid internships will allow students to work with a Bridgeport neighborhood organization and help to rebuild the inner city.

Applications are due April 1 and can be obtained in Campus Ministry, the Service Learning Office and the Career Center. For further details, call Doug at 332-7977.

First annual alumni scholarship

The Alumni Association is offering its first scholarship of \$1,000 to be awarded later this spring. The scholarship is available to any undergraduate who has completed at least 30 credits at SHU as of Jan. 1997. For more information, contact the Alumni Relations Office at 365-4801.

Responses needed

To follow up on John Gardner's visit to Sacred Heart, faculty and staff members are contacting approximately 200 students. Your cooperation will help school officials in their responses to student expectations. If you are asked to participate, please take the time to do so.

-Compiled by Kristyn Mulry and Ayoma Perera

Woman of service to depart

Maria Teresa Torreira holds final trip to El Salvador

By Erin E. Harrison & Kristyn Mulry

A woman who has served not only the Sacred Heart community for over 30 years, but the El Salvadorans as well, is departing the University after this academic year.

Maria Teresa Torreira, Ph.D., professor of modern foreign languages, has been with the University since 1964, one year after its inception.

She is making her last trip to the community of San Hilario in El Salvador this winter.

Torreira plans to return to her homeland of Spain after this academic year. "I think she's true to her calling," said Ana Yepes, director of the for-

eign language laboratory. "I think she will be missed, definitely," Yepes added.

Torreira, along with a group of students and faculty, is departing on Feb. 27 to live and work with the community of San Hilario.

According to Katherine Kidd, Ph.D., director of Global Studies, who is also leaving the



Maria Teresa Torreira, Ph.D. is congratulated by University President Anthony J. Cernera, Ph.D. on Founder's Day in 1994 for 30 years of service to Sacred Heart.

Contributed Photo

University, the group helps the community with critical resources needed for their economic enterprises.

Torreira is the former head of the modern foreign languages department, which is now incorporated within the communications department, Yepes added, "She may not be chair in name, but she still guides the department because of her experience."

Donations of money, school supplies and tools are needed to support the school in San Hilario.

The deadline for contributions is Feb. 24.

For more information, stop in S-202, Dr. Torreira's office, located in the upper South wing or contact Yepes in the Language Lab.

First-generation students lack support

By Colleen DeBaise College Press Service

Compared to traditional college students, first-generation students take fewer classes, work more hours off-campus and expect to take more time to complete their degree.

Those are the findings of Pennsylvania State University professor Patrick Terenzini, who published a study on students who are the first in their family to attend college.

"First-generation students face huge challenges that may jeopardize their chances of survival and success in college," said Terenzini. "One is to overcome the characterisitics they bring to college, such as weaker skills and minimal involvement with teachers in high school."

The report states that a com-

mon profile of a first-generation student is a Hispanic American woman from a lower-income family who didn't receive much encouragement to attend college.

Terenzini recommends colleges and universities provide better programs to help first-generation students earn their degrees through enhanced advising and learning labs, better financial aid packages and opportunities to work on-campus.

Festivities: New policy takes effect

Continued from page 1

would be celebrating with," she added.

The goal of the organizers is to make the process fair for everyone, said Sutphin. "We're trying to prevent people from attending two Senior Weeks," she added.

According to the preliminary list, 423 seniors are currently eligible to attend this year's Senior Week and participate in commencement.

Ferguson still disagrees with the policy. "My diploma will say 1997, so why should I go to Senior Week for the class of 1998?" she questioned.

The Kickoff Party to begin the festivities will be held Tuesday, May 13 and Graduation will conclude the week on Sunday, May 18 at 1 p.m. on Campus Field.



Chris Donis, a Fairfield University student disguised as the Grim Reaper, symbolized death as a result of the AIDS epidemic. He roamed the Academic Center hallways last week.

Photo by Gina Norelli

Grim Reaper spreads the reality of AIDS

By Gina Norelli Features Editor

Students didn't know whether to smile or shriek when their eyes met a deathly grim reaper who appeared on campus last Thursday afternoon.

Solemn and moving slowly, the reaper gazed at students as they passed in the hallway, and held out a hand to offer red "X's."

The reaper walked into the crowded cafeteria, drawing silence; into the Marketplace, captivating coffee drinkers and Hawley Lounge, halting pool games.

"Who is that?" "What's that all about?" "Why is he doing that?" "Why is that person dressed like that?" "Is he part of a clan?" One girl even whispered to her friend, "Shh, don't look at him," as they quickly passed by.

Deirdre Eller, a senior from Rockland County, N.Y., said, "I'm totally freaked out and it's totally giving me the willies. It obviously has something to do with death."

So why the Grim Reaper when it isn't even Halloween? And who was that masked man anyway?

The reaper was Campus Ministry's dramatic contribution to this week's AIDS Awareness Week, which continues through tomorrow. Behind the costume was Chris Donis, a Fairfield University student from Chicago who is studying acting.

Campus Minister Tricia Leonard-Pasley said that the intent of the reaper was to startle people into thinking about the issue of AIDS in a deeper way. "We thought of what would make people realize what is life and what is death," she said.

Campus Ministry was also responsible for displaying the coffin that appeared in the Dining Hall last week, also a reminder of the deadly reality of AIDS.

Laptop computers cause havoc for students

By Amy Finkle Contributing Writer

Many first and second-year students complain about laptop computers they were required to purchase. For some, though, their problem adds up to \$2,800.

The incidents of stolen laptops increased in the past year. There were 22 reported cases of stolen computers during the Fall semester.

These thefts are occurring in the residence halls, including South, West and Jefferson Hill. With the increased theft, many students find themselves questioning the security of rooms in the residence halls.

The Fairfield Police Department has been called on campus to investigate the thefts. The combined efforts of Fairfield Police and Public Safety have led to one arrest. One student

"connected to some burglaries," according to William O'Connell, director of Public Safety, was arrested and no longer attends Sacred Heart.

"Public Safety is aware that people can break into rooms easily and I feel that they have made no effort to change this," said Dana Westing, a sophomore from Nashua, N.H.

"I wasn't aware that the problem was that great," O'Connell said of the problem with the doors.

Raymond Turner IV, a senior from Marlborough, is one of the two Resident Assistants in Westing's building at Jefferson Hill

"I feel there is adequate security in the halls as long as students use it properly," Turner said. "But there can always be improvements made in terms of security in residence halls. The exterior doors to the buildings can be reinforced and improved."

One improvement is the addition of a security guard at the exterior doors of South and West Halls. The guards according to O'Connell, are on duty from midnight to 8 a.m. Residential Life and Public Safety are both trying to add the security guards permanently for all hours.

"We are trying to make this a position paid a decent wage with University benefits, but so far we haven't been able to do so," said O'Connell.

Westing is one of the many whose computers were taken from their rooms this year.

Upon discovering that her computer was missing, Westing called Public Safety.

In response to the call two officers came to her Jefferson Hill apartment. They questioned her about who had been in the apartment recently and if she had any idea who could have done it. It was decided that entry into the

room was forced, according to Westing.

Westing's computer, like others, has yet to be recovered.

"I feel that to Public Safety, it was just another case and nothing was going to be done about it," Westing said. "It was like it was just my loss."

After the incident, Westing said she felt "very unsafe" in her own apartment.

One month later, two more laptops were missing in Westing's apartment. Both were stolen from the same room. Virginia Paradis, a sophomore from Milford, is the roommate of the two girls who suffered the loss. Paradis' computer was hidden under a pile of clothes. The other two were in plain view.

"It came so close to happening to me that I felt violated too," Paradis said.

The first theft of a laptop on record in Sacred Heart history

occurred last year.

When now sophomore, Elizabeth Hyer from Babylon, N.Y. was a freshman living in South Hall when her computer was stolen while her roommate was sleeping.

Hyer, a member of the Senate, feels that residential security isn't the biggest issue.

Hyer feels the problem is financial. "We do not have the elaborate security system of bigger schools," said Hyer. "If Public Safety was given the funding, they could be able to improve the type and amount of security we have on campus."

"We are always trying to get a larger budget and staff," said O'Connell. "We have proposed to get a full-time investigator on staff at Sacred Heart, but the position was denied. With 22 computers stolen in one semester, there is definitely a need for the position."

Upward Bound thrives

By Michelle Pender Staff Writer

Upward Bound is a federally funded program offered to low-income high school students interested in pursuing a college education through Sacred Heart since 1989.

Caryl Anne Rice-Ehalt of the University was recently elected one of only two nationwide consultants for the program.

Students are expected to attend two workshops a month during the academic year.

They participate in classes dealing with career choices, self-esteem, study skills and other

In addition to the workshops, students must attend Upward Bound summer classes. These courses give teens an opportunity to advance more rapidly during the school year and to receive the grades needed to be accepted into college,

Aside from the academics,

Upward Bound students take trips to educational sights.

According to Rice-Ehalt, these activities are held to "broaden their horizons by exposing them to the world."

In 1992, the program was one of 34 to lose their grants. However, Virginia Harris appealed and won, being one of only four programs that was refunded

Because of these federal grants, many teens who would normally not have the opportunity to attend college are able to go. Upward Bound currently has a 90 percent college placement rate.

The next four years will be used to "debug the system," said Rice-Ehalt.

She hopes she can find a way to involve more high schools in college preparation. She believes that students will benefit and succeed in the future if faculties of both education levels work together.

Grade inflation issue hits SHU

By T.J. Leonard
Contributing Writer

Grade inflation is the practice in which professors give students higher grades than they deserve. Some claim that grade inflation runs rampant at SHU while others feel that it does not exist.

In the '96 Fall semester there were 2,247 full-time students, 542 or 24 percent made the Dean's List. The median GPA for Fall '96 was 3.18.

"With our admissions standards up, we are acquiring better students," said Doug Bohn, assistant vice-president for academic affairs.

"The term 'grade inflation' is incendiary language. It is not a useful term to describe what is happening," said Dr. A. Harris Stone, chair of the education department.

"What needs to be examined is what kind of learning is

occurring, what tasks are taking place, what clear goals are set and how one evaluates those goals," Stone added.

"When I see that I am getting 'As and 'Bs,' I think I am fulfilling my potential, not having my grade inflated," said Sharon Nagy, a media studies major from Bridgeport.

One member of the Sacred

Heart faculty would not talk about grade inflation because he or she is "not a doctor and not tenured."

"Grade inflation exists in pockets," according to Michael Bozzone, dean of freshmen. "However, when looking at the breakdown of grades for the freshman class over the past few years, there is no evidence to support that grade inflation is occurring."

Fight: interrupts concert

Continued from page 1

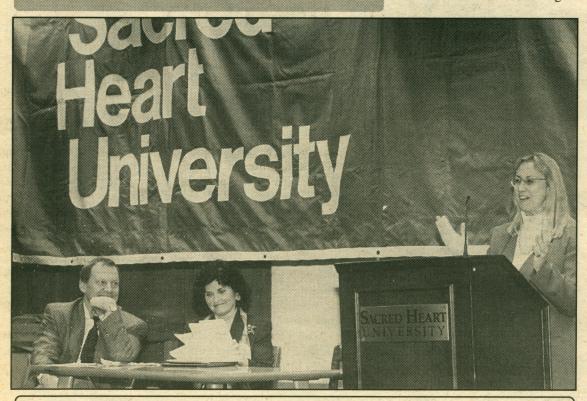
tions for the concert," said Melinda Nicoletti, a sorority sister of Phi Omega Tau. "We hired Fairfield Police. We had Public Safety there also to make sure that everyone was safe. I don't think we can be responsible for the actions of the other students. We did our part."

After the fighting terminated, one student assumed that a concert event will not take place

anytime soon. "It is hard for security to watch everyone. It might be a while before another concert happens on campus," said Craig D. Pelletier, a senior from Waterbury.

On the contrary, Sarah Wells, a junior from Naugatuck, said, "I don't think it will affect events happening on campus for the student body."

Director of Public Safety, Bill O'Connell was not available to comment on the situation.



Claudia "Dolly" Powers (R-Greenwich) discusses the proposed gasoline tax cut and the closing of the nuclear power plant at the Center for Policy Issues' (CPI) 17th annual State Legislative Forum Outlook held Feb. 11 at the University. Powers, the assistant House of Representatives minority leader, was joined by Moira Lyons (D-Stamford), the House's majority leader, and political science professor Gary Rose, Ph.D., who served as moderator.

Contributed Photo

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EDITORIALS

Differences should be valued

Discrimination in our democratic nation is not obsolete. Racism, in our modernized era, should not exist, yet it continues among the

Look at the people in your classes and around you everywhere. We are all different culturally, economically and socially regardless of skin color. February is "Black History Month" and we should take the time to remember what African-Americans have contributed to this country.

Yearly, the emphasis of holidays is on the white man and all too often we forget about other individuals who have made significant positive changes for the nation we should be proud to live in-black or white, male or female.

We are all the same, regardless of our skin color or gender.

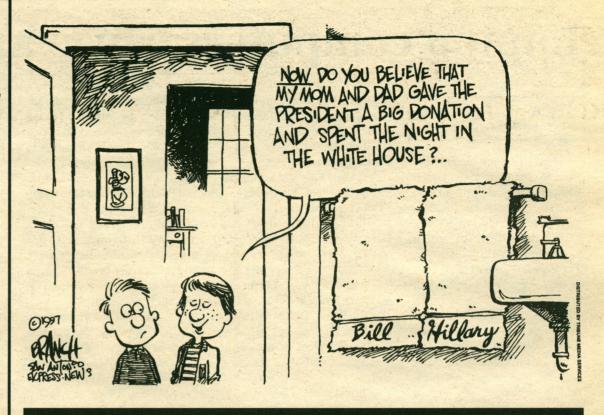
Reality of awareness week

One-fifth of all people with AIDS are in their 20s and probably became infected with HIV in their teens. Three million women and children will die from AIDS during the 1990s.

Facts are harsh realities which should linger in our minds and hearts. We may consider ourselves as impermeable to any harm. Sadly, AIDS is an infliction that continues to prove this myth untrue.

This week focuses on AIDS awareness: the disease's presence, history and social impact. Each day and night hosted an activity to educate with medical information or exhibit the personal struggles of those afflicted with AIDS. Pins provided by sorority Phi Omega Tau serve as visual reminders.

A thank-you to all organizations involved with this week for keeping the seriousness of AIDS in view.

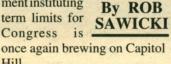


Term limits leave options

There are not many issues I think most Americans are

wrong about. term limits, however, is one of them.

The debate over a Constitutional amendment instituting term limits for Congress is



Republicans are proposing a term limits amendment to the Constitution that would allow House members only three twoyear terms and Senators two six-year terms.

This attempt for an amendment to the Constitution is nothing more than transparent.

Republican lawmakers know that while most Americans are in favor of a term limits amendment, it will never get the two-thirds vote needed in

Republicans can gain the favor of the voters who want

term limits without actually ever having to live by them.

Term limits is a flawed concept that voters believe in, because they think it will fix the problems in Washington.

While it may, in theory, clean out Capitol Hill of the poli-

VIEWPOINT

ticians who have been there too long, it has a disastrous down-

First, it takes all incentive from lawmakers to be effective legislators, since there is only limited reward of re-election.

Whether in favor of term limits, or against them, one must admit we've had many outstanding lawmakers in Congress. With term limits, voters wouldn't have the option to keep them on Capitol Hill. And, there is certainly no guarantee the people we get to replace them will be any better.

The strongest argument I

can make against term limits is this. We already have them. We can bring a halt to our Congressman or Senators' stay on Capitol Hill after any term, or choose to keep them there as long as we

We have control over our government. Every two years, we get to choose whether we want to keep our Congressman in Washington. We get to make that same choice once every six years for each of our Senators.

We can not allow another law to come along and water down our power as voters.

I have trouble understanding why so many people are in favor of relinquishing our power as citizens in a democracy on amendment to the very Constitution that empowers us.

We live in a country where far too few people exercise their right to vote. Term limits is just exaggerating that problem.

If you don't like the people representing you in Congress, go out on Election Day and vote them out of office.

IDS awarenesstake it to heart

Read this story slowly. Absorb it.

AIDS. Fear. Death.

When I was first offered the opportunity to write a perspective, I wasn't so sure what to write about. Rather, I couldn't make up my mind as to which I

would write about. I have so much to say about so many different things, it was hard for me to choose.



when this is- TWAROWSKI

sue of the Spectrum was to come to print.

I found a red flyer on my desk and it all seemed to make sense. This week is National AIDS Awareness Week. I would do it on AIDS and the importance of its awareness.

Awareness. To be aware of

something. How does one become fully "aware" of something? Do they have to experience it? Do they have to be affected first-hand? What if your best friend or someone you love is affected? What if you know something about the topic or someone who does. Does that make you "aware" of it?

What if you read an awful lot of information on the subject—all the statistics. Now are you aware? Do you feel aware?

I believe awareness to be in deep understanding of the subject matter. An understanding and realization so deep, that you take it to heart. You take it personally even though you may not be affected first-hand.

To be aware. You should know the facts and the numbers, but the key lies in taking these things to heart. Truly realizing their significance. Believing.

Fear is a big part of the topic

Nobody wants to hear about

it. Nobody wants to talk about it. Nobody wants to listen. AIDS? Get away. We forget that they are real people who have this terrible, terrible virus.

Real people behind the numbers. Walking, talking, eating, sleeping, laughing, crying, worrying, working, studying, dreaming, loving people. The same as you and me.

PERSPECTIVE

You have to believe though that the disease is just that. A disease. The person is a person. Someone infected with the AIDS virus is a human being living with a disease. Living, not dy-

The choice is not yours any more. AIDS affects everyone. Scary to read, let alone believe, but even more horrid if you don't.

My uncle Kenneth died of AIDS when I was 14 years old, a sophomore in high school. He

was 37. A social worker. A son. A brother. A friend. A person who spent his life helping others. My parents told me he died of TB. He did, but not until his immune system was weakened by HIV. I didn't learn the whole truth until senior year of high school. Even when I was told the truth, I can't say I was totally "aware."

A lot of people know me here. You may have never have met my uncle, but hopefully by me sharing a piece of him with you, it will help you become more aware.

To me, awareness is almost as important as the cure. Believe the harsh reality of the disease, learn to prevent its spread, realize that it affects us all. Never forget those whose lives it has taken.

AIDS. Awareness. Hope. Life. Now go back and read it

> Take it to heart. Believe it.

EDITORIAL POLICY:

The editorial page(s) is an open forum. All submissions are subject to editing for spelling, punctuation, grammar and clarity. The Spectrum does not assume copyright for any published material. All submissions are reviewed by the Editorial Board.

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Letters to the editor ...

RELY ON PEER EDUCATORS

To the editor,

In response to the letter in the Spectrum (Feb. 6) regarding underutilization of the Classroom Learning Assistants (CLAs), please consider the following. The program is still relatively new and Jackie Rinaldi, director of the Learning Center, Rosemary Kinik, coordinator of math and science and I are continuing to train the CLAs with regard to how to encourage students to seek academic support.

Additionally, we are working with the faculty to ensure that the CLAs are being incorporated into the classroom learning process with the hope that this will foster a certain level between the CLAs and students.

It is our hope that in the coming weeks, the SHU population will exercise a greater reliance on their peer educators.

Nina Clark, Ph.D. Coordinator of Supplemental Instruction

THANKS TO SPECTRUM

Dear co-editors,

I would like to take this opportunity to thank you for including a feature story on "The Reales" in the Spectrum (Feb. 6). It was a fine representation of both my and Matthew's involvement and dedication to Sacred Heart through the years.

Lisa Urciuoli is to be commended on the time she spent preparing such a fine article. She met with Matt and I and very efficiently put together an interesting feature. I must also thank Lora Marcella for taking the picture. She was very concerned about the shot.

It is such a good picture of both of us, I would appreciate having the negative so that I can have it duplicated.

Thank you again.

Camille Reale Faculty of Management

SERVICE LEARNING PROGRAM ENCOURAGES INVOLVEMENT

To the editor,

Handicapped, mental retardation, children, poverty, Habitat for Humanity, building a playground and tutoring. What do all these words have in common? Here at Sacred Heart all of these words fall under our service learning program.

A necessary part of education is to be involved at your colleges or universities. Many people do this through sports and other activities. I feel another significant activity to be involved in is community service.

Here at Sacred Heart we have what is called a service learning program. Through this learning program, a student works with the outside community as part of their class requirements. I feel this is a super program to have for students.

Many students just do not have the time to be involved. Also, many students are not encouraged to volunteer as much as they should be. Students never really think about helping the community. It's not that they do

not want to, it is that it is not easily accessible to them. Service learning, here at Sacred Heart, makes students, who never worked outside the community, be involved.

Sometimes it's hard to make time to do a little extra for someone. This is why it is convenient and easy to get involved. Some teachers allow service learning to be done during class time. It makes you put aside time to help others. Everyone sometimes needs to be pushed a little to accomplish something and service learning does just that.

Being involved with your outside community really prepares you for life in the real world. Without even realizing it, being in contact with those less fortunate puts a perspective on your own life.

It makes you realize how good you have it, but most important, how much you can give to someone else by just being yourself.

Corinne Kiley

WORK STUDY STUDENTS SHOULD WORK

To the editor,

In regard to the work study article in the Spectrum (Feb. 6), I would like to address the following issues. While work study positions do offer students many different opportunities on campus, I would like to point out that students should not be receiving pay for doing their homework, nor should supervisors encourage students to study during their work study hours.

The major focus of the program is to offer students a self-help type of financial assistance as well as an opportunity to incorporate their academics with work experience.

Whenever possible, we try to refer students to positions that relate to their major area of academic study. Students who accept their work study positions with real responsibility will walk away with valuable skills and experience that will enhance their resumes.

Beth Baker Assistant Director, Student Financial Assistance Work Study Coordinator

SUBMIT YOUR LETTER



NO INDISCRIMNATE SEX WITHOUT CONSEQUENCES

To the editor,

One of the saddest statements ever made to me by a SHU student was: "Why is it that those of us struggling to be chaste on a campus like this have never heard a professor encourage us to be chaste?"

The letter by Patricia Leonard Pasley on sexual abstinence (Feb. 6) was refreshing. I would like to add my voice to hers.

I agree with Ms. Pasley that there is a deficiency in sex education at Sacred Heart, however, the education needed is not the kind a previous writer proposed.

What kind of university tells its students that the university believes that extra-martial sex is acceptable as long as pregnancy and disease are avoided?

It would be the last gasp of a failed Catholic university that has finally given up on youth, on idealism and a conviction about its mission.

I wonder if young people

really want acceptance of behavior that they themselves find troubling and disturbing. I think they want expectations that challenge them to be their best selves.

A teaching of the new sexual ideology is: "If you feel like you are ready, then it's OK." Ready for what? Ready to build a life together? Ready for conquest? Ready to feel like a slut? Ready to bring a new life into the world? Ready for what?

A sexually-active SHU student once told me: "I had never heard from any of my elders here that what I was doing was wrong."

Well, I'm an elder who is willing to say that unmarried people shouldn't be having sex; sex is NOT OK for them. The truth is that there is no indiscriminate sex without consequences-these consequences may be spiritual, emotional, social or medical. I even think we owe it to young people to tell them how shallow their lives of sexual freedom may be.

There is the wisdom of chastity. Among young women nowadays, virginity is considered a failure of courage; at the very least, it's a form of immaturity that has to be discarded, like losing baby teeth.

The sexual revolution seems to have sent everyone I know who engage in it into therapy.

A principal target of the sexual revolution is the Catholic Church, probably because the Church is the most visible institution in American life still stressing the moral importance of tying together sex, love, marriage, children and family life.

When Catholics say no to non marital sex, we do so in the defense of something far better, something that has to do with true love, loyalty, mutual respect, tenderness, devotion and fidelity.

Dr. Thomas H. Hicks

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Lenten retreat with desert theme

By Gina Norelli Features Editor

Ser Ser Shireserm

Barrenness. Whirlwinds. Deep darkness. Shadows. Frightening animals. Needle sharp cacti.

Are these words that come to mind when you think of the

The symbolism of the desert, which is a frequent theme throughout the Bible, is being explored in five one-hour weekly sessions during Lent at a "Retreat for Busy People" led by Dr. Margaret Palliser, OP, director of Campus Ministry.

"The retreat is a type of spiritual journey," said Palliser, "about how we get back to our hearts."

Deliverance, and how it relates to salvation and liberation, was discussed at the first session held in the chapel on Feb. 11.

"The goal is to come to a deeper appreciation of the understanding of darkness, which is where we live—sometimes for long periods of time," said Palliser. This darkness is times in our lives when we're lost or

out of touch with Jesus.

Palliser described how the desert is symbolic of a journey through darkness to the light of salvation. "We're not on that journey alone. We're being carried and we don't have to be afraid," she said.

"When you fall—and we do fall—we land on eagle's wings,

Do you imagine the universe is agitated? Go into the desert at night and look at the stars. This practice should answer the question. Lao-Tzu

which is God," she added.

The Israelites (who traveled through the desert during Biblical times) never took the desert for the promised land, and knew that they'd reach a destination where the land was more fruitful.

"There is a connection between the lack of comfort and the ability to know God," said Palliser. When experiencing times of darkness, that is when we should turn to God.

"When people cry out for help, God takes the initiative," said Palliser.

Palliser also discussed the importance of asking for freedom to discover God's will in our lives, by asking him to remove obstacles that may appear in times of darkness.

"This removing of obstacles is the journey through the desert. When we find God's will, we find who we truly are," she said.

will. "It's not easy to choose freedom though," said Palliser.

"In the spiritual desert, we lose our bearings. Usually our answers don't work anymore. Our bearing shift and we discover more depth," said Palliser.

But the paradox is that it was in the desert that the Israelites found life and not death, because they found God.

campus cleaning services, who is a participant of this retreat, said that Lent is an important

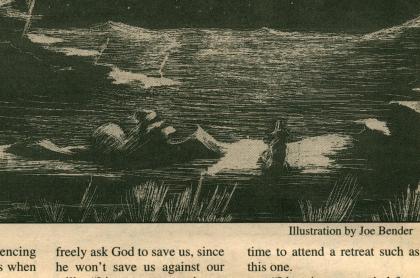
"It's a journey period from the darkness of Ash Wednesday to the dawn of Easter. It's a time

of reflection, prayer and intro-

spection to look at ourselves and

our relationship to God and oth-There are three sessions left of this retreat-Feb. 25, Mar. 11 and 18 from 4:30 to 5:30 p.m. in

the Chapel. Participants are still wel-



Have you ever heard the saying "The apple of someone's eye?" The Hebrew word for apple means "little person." When we look into someone's eyes, we see a small reflection of of ourselves. If we are the apple of God's eyes, that means that he is looking right at us, so God's attention is focused directly on

-Dr. Margaret Palliser

Most importantly, we must

Ed Dobransky, manager of

For more information, call

Campus Ministry at X7840.

Ancient man chewed gum

By College Press Service

LONDON—Even cavemen chewed gum. Or so claims a London archaeologist who says black lumps of prehistoric tar with teeth impressions have been found in much of Northern Eu-

The tar, dating from about

7000 B.C., was made from birch bark and, judging from the size of the teeth marks, was mostly chewed by teen-agers and children, wrote Elizabeth Aveling of Bradford University.

Aveling published her findings in the magazine British Archaeology.

Aveling said the gum could have been used by children to kill teeth. After making a reconstituted version and trying it herself, Aveling described the gum as having a "strange, smoky fla-

"The texture is very much like modern chewing gum but isn't sweet," she wrote.

Samples of the ancient have been found in Denmark,

Sweden, Norway and Germany. teething pain or remove their baby

By College Press Service

MEADVILLE, Pa.—Call it Allegheny vs. Allegheny.

Allegheny College, a tiny campus of 1,800 students that lies in the foothills of the Allegheny Mountains, has a bone to pick with the newly named Allegheny University in Philadel-

The 181-year-old college wants the university to quit using its name. So much so that now it's taking the university to court for trademark infringement.

Colleges dispute over name

The college says that ever since Allegheny University came into existence, there's been no end to the confusion. Students call the wrong admissions offices, and even scholarship checks have been sent to the wrong school.

Allegheny University is actually short for Allegheny University of the Health Sciencesthe name Hahnemann University and the Medical College of

Pennsylvania came up with last June following their 1993 merger.

At first, the university tried to smooth relations with Allegheny College by offering it \$1 million for two student scholarships, and two guaranteed admissions each year to its medical

"Since then, many instances of confusion have convinced Allegheny College that we will be harmed beyond repair if they take our name from us," said Dr. Richard Cook, president of Allegheny College.

Prologue seeks club pictures

This is the last chance for clubs to submit their picture to the Prologue. Drop them off on Wednesday, Feb. 26 from 5 to 8 p.m. in the Prologue Office. Any questions, call X7962.

CAMPUS HAPPENINGS

Grad school information session

There will be a graduate school information session in the Career Development office on the second floor of the Campus Center on Thursday, Feb. 27 from 10 to 11 a.m. The session includes information on application procedures, selecting a school and entrance exams such as the LSAT, GRE and GMAT. Sign up by calling 371-7975.

Peace Council sponsors meditation

During Wednesdays of Lent, the Peace Council is offering 10 minutes of meditation for Taft residents from 11 to 11:10 p.m. in Apt. 104. The meditations include silent reflection, prayers, thought and relaxation and will continue until Easter Sunday.

Clubs: Submit information about upcoming events that would interest the SHU community. Attn: Gina Norelli.

-Compiled by Gina Norelli

February 20, 1997 SHU Spectrum - 7

Coffee drinking and the daily grind

Everywhere you look, people are sipping caffeine-laiden java

By Carmela E. Chisholm Contributing Writer

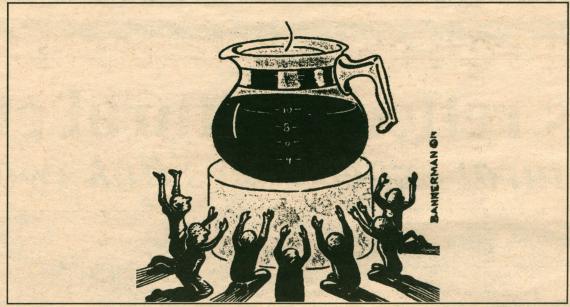
Beep, beep. "Oh man, 6 a.m. already?" As your mind and body verge on consciousness, one thought surfaces...I MUST HAVE CAFFEINE!!

Coffee is a big part of American society and a tradition that has been around for hundred of years. Coffee used to be confined to the "older" crowd, and not very common with teenagers. However, with the surge of designer coffee shops, flavored International coffees, and Internet cafes, coffee drinking has become popular with all age groups.

In a majority of cases (such as mine), coffee is a necessity and the brain doesn't function well without it. At least I'm convinced mine doesn't.

"I'm not a pleasant person to be around until I've had my coffee," joked Sophomore Tom Petrillo, as he sipped a huge cup of Flik's freshly brewed coffee.

Jenn Kasubinski, also a sophomore, said, "If I have



something to do, I have to have it. It helps me think clearly and wakes me up."

Here at SHU, the obsession with that dark caffeinated concoction is very much alive and well.

Christopher Rice, a manager at Flik, told about the University's coffee habits. "We make at least 20 pounds of different coffees on a good day between the Marketplace and the cafeteria." In the

Marketplace alone, international coffee, decaf, regular, espresso and cappuccino are brewed daily.

What's Rice's favorite coffee? "Italian roasted. It's a nice, strong cup of coffee, very robust."

Because coffee is such a common drink, it tends to be taken for granted. It's always around, always available and easy to get.

What would happen if this

rich black drink were to suddenly disappear off the face of the earth? How would the world function without its wakeup call? What would our lives be like without it?

"I'd sleep through it," chuckled Senior Jennifer Platt.

For those addicted to coffee's invigorating effects, the disappearance of it would be somewhat more painful.

Petrillo said, "I'd suffer

from major withdrawal and caffeine headaches."

Of course, not everyone likes coffee. There are the few who can function without it, even some who hate it.

Jay Mazaik, a junior, said, "I refuse to drink coffee because I do not wish to become addicted like the masses."

It seems that almost everyone who does like coffee has a favorite flavor.

Most people agreed that Dunkin' Donut's hazelnut and french vanilla were at the top of the list. However, there were some exotic favorites, "I love the spice butterum from Gloria Jean's," said Senior Robyn Ferguson.

Whether it's espresso, cappuccino, international or just plain old Colombian—coffee has a significant role in everyday life. So, next time you cup your hand around a streaming mug of hot, swirling brew, think for a moment about how drowsy life would be without coffee. Of course, if this is your first cup of the day, you may want to drink and then try to think!

Good luck with midterms!



Photo s by Lora Marcella

African culture explored at coffeehouse series

By Lisa Pio Staff Writer

Do you ever feel like you need to get away? The International Center can help you do this. The International Coffeehouse is continuing from last semester.

These coffeehouses feature people from different countries sharing their cultural traits.

Last Thursday night, Africa was featured as a group of five African drummers, dancers and singers entertained a small audience in the Mahogany Room.

There was African art displayed and available for purchase from Ghana.

There was also authentic African American cuisine served. In between dancing, singing and playing authentic instruments, the group also shared stories and

facts about African culture.

The group was made up of three men and two women from various places in Africa, such as Senegal, Ghana and West Africa.

This program was started to help people understand a culture besides their own.

"We want to introduce people to different cultures and help them focus on one particular culture at a time," said Grace Lim, assistant director of International admissions and advising.

The members of the group all now live in America, but still have a big part of their culture in them

Fadou, the group's lead dancer, said, "My culture is very important to me. I believe there are many relations between Africa and America. We want to teach people about our culture

for this reason."

The group combined entertainment, education and humor and used it to educate the audience. They provided a friendly, comfortable atmosphere.

The audience had a chance to get involved when the group took volunteers and let them become part of the show.

Audience members were able to learn dance steps and how to play the African instruments.

Junior Neal Laneville said, "I came here because I find different cultures very interesting. Knowing different cultures can help people to understand there own a little better."

There will be one country featured every month for the entire semester. Flyers will be posted announcing the next coffeehouse. Admission is free for Sacred Heart students. General admission is \$3.00.



A group of African musicians and dancers performed in the Mahogany Room last Thursday night at the International Coffeehouse series that featured Africa.

Stories reflect cultural clashes Multicultural experiences link two women

By Stephanie Smith A&E Co-Editor

For a thousand years, before Chang Yu-i was born, it had been the Chinese tradition to bind the feet of little girls, so their feet were small and dainty like "lotus petals."

If a girl complained about having her feet bound, the whole village knew she was temperamental and not submissive to her parents. Such complaining could cost a girl a marriage. No Chinese man wanted to marry an unsubmissive woman.

At the age of three, Yu-i's mother began wrapping the little girl's feet, and Yu-i cried, even though at such a young age, she knew the crying would be remembered when it was time for a husband to choose her.

After a few days, however, one of Yu-i's older brothers became tired of the crying and convinced their parents to let his sister have normal feet. He resigned himself to taking care of her if no one married Yu-i. Since her brother was always true to his word, their mother stopped wrapping Yu-i's feet.

The foot-binding episode became a metaphor for the next few

She looked like a modern woman, with her unbound feet, but everyone treated her in the traditional manner.

Society and tradition dictated her life. Yu-i was submissive to her husband and his parents, as was the custom. She discontinued her education at the age of 15, upon marrying her husband, because her in-laws did not allow her to attend school.

In 1921, at the age of 21 and after six years of marriage, Yu-i went to England, her first experience into the Western world. Her husband, Hsu Chih-mo, had been going to school near Cambridge and finally sent for his wife.

Yu-i suspected that he had a girlfriend, in China known as a concubine. A Chinese wife was expected to accept her husband's concubines and welcome them into their home.

Chih-mo eventually decided to divorce Yu-i. He had found another woman, curiously a Chinese woman who had the traditionally tiny bound feet, but who was also completely educated and dressed in Western clothing.

Yu-i was hurt because the man she assumed was so modern treated her like a helpless, weak woman, despite her modern appearance—her unbound feet.

By Stephanie Smith A&E Co-Editor

When people walk through a food court in a mall or visit Epcot Center in Disneyworld they are taking steps toward a multicultural society, said author Pang-Mei Natasha Chang. She believes multiculturalism is a "valid goal" for the world.

Chang lectured multiculturalism and the differences between the Eastern and Western cultures Tuesday, Feb. 11 in the Schine Auditorium on campus. The education department and the Graduate Council co-sponsored the event.

Reading excerpts from her best-selling book, "Bound Feet and Western Dress," Chang used her great-aunt's life as an example of the cultural clashes (see box, left).

Chang started interviewing her great-aunt, Chang Yu-i, as a freshman in college, after stumbling across Yu-i's name in a history book.

Yu-i was born in China in 1900, at a time when Confucianism was dying out and Communism was becoming the dominant ideology. Social values were in an upheaval and Yu-i inadvertently became a symbol of a modern Chinese woman.

She married, by arrangement, a great Chinese romantic poet, Hsu Chih-mo, and their divorce had been the first West-



Chang Yu-i and Pang Mei Natasha Chang

ern-style divorce in China.

Listening to someone tell her own story is a "compelling way to experience another culture," said Chang, even though personal narratives are often filled with "great pain."

Yu-i passed away in 1989. After the book was published, in Sept. 1996, Chang had dinner with her cousin, Yu-i's oldest son. He told Chang, "I think that you knew my mother maybe better than I did."

At the lecture, Chang told personal stories to demonstrate cultural differences she experienced while growing up.

Chang's parents moved from China to Connecticut in the 1950s and raised their fam-

She was one of the few Chi-

nese students in her mostly-white school, and she was constantly teased by her classmates.

When she was young, Chang thought her parents did not understand her problems at school.

"I never felt connected to a homeland," said Chang. "I was standing on a crevice between China and America."

She later realized that her parents had taught her to be proud of her heritage.

Commenting on her book, Chang said writing it helped her discover what it means to her to be a Chinese-American.

There are many "complexities" to a multicultural society, she said. "We must know our neighbors first as people, not as symbols of who they are."

Dude on Tunes

1 first the saw b a n d Simple Jim perform back in 1995, when guitarist Jon attended school here.



Twarowski

I remembered how energycharged they were, playing such emotion-filled songs as "Black" by Pearl Jam and "All Apologies" by Nirvana. They played in Chubby's, the bar/eatery which is now the Mahogany

When I heard a couple of weeks ago that they were going to perform here again for an AIDS Awareness fund-raiser, I wondered if they were still as

great as I nad remembered. Suit as powerful.

My curiosity led me to Larkin's Pub about two weeks ago to find out. As the time for the music to begin drew closer, more and more people crowded the place. Halfway through their first set, there was nowhere left to move. Barely enough room to stand.

I could not believe how popular the group had become in just two years. As for the show, let's just say that by the end of the night the singer was wearing only a pair of boxer shorts and his

They have become greatly known throughout the area for rocking bars and leaving the audience screaming for more. The show they gave at the Outpost last Wednesday night was no exception. Over 100 people at

The performance was powerful and uplifting. The group barreled through over 30 songs, ranging from covers from Led Zeppelin to No Doubt. Mixed in the lineup were four originals, including "Wendy," a song which guitarist Jon Goode warns will be pretty big soon.

Simple Jim consists of: guitarist Jon Goode, vocalist Mike Vitanza, guitarist Bill Komninos, drummer Mike Formato, vocalist and keyboardist Gerald Goode and bassist Chris Coppola. After the show, I bumped into Goode, Vitanza, Komninos and Cappola in the men's room.

Amid crumpled paper towels and running toilets, I interviewed them. It was more like hanging out though. They joked

becoming serious only when asked about specifics on the band. They were especially helpful in giving advice to bands just starting out.

"When you walk in to where you practice, leave your egos at the door," said Goode. "Work hard. Practice and get it right."

They first started jamming together in the winter of 1994 and have since become one of the most popular bar bands in Connecticut. Their shows usually consist of around 30 hardhitting covers, spiced with about six to seven originals, but as their popularity grows, the numbers of originals in their set lists may increase as well.

"We're in the studio right now," said Coppola. "We have 12 solid originals and are presdue out this spring."

When asked what the name of the album would be, all four members smiled and shook their heads. When I asked them about their band name, noticing that no one in the group was named Jim, I received the same grinning

"It's still a mystery," said Komninos. "It means whatever anybody wants it to mean. An open interpretation."

They were very happy about playing on campus for such a good cause. This was their second fund-raiser to date.

"If playing will help raise money for the cure, then we'll play," added Goode.

An updated list of band info. can be found via e-mail at simplejim1@aol.com.

A & E BRIEFS

AIDS Awareness at SHU

The SHU Players will be performing in a play entitled "Inner Circle" from 6 p.m. to 6:30 p.m. tonight in the Theater. It is co-sponsored by Theater Studies. Admission is free.

Phi Omega Tau is sponsoring a free lecture on AIDS Awareness tonight in the Theater from 6:30 p.m. to 7:30 p.m.

There will be an hour of prayer sponsored by Campus Ministry in the Chapel tonight from 8 p.m. to 9 p.m. in rememberance of those whose lives are affected by AIDS.

South Hall Council is sponsoring two free discussions tonight from 8 p.m. to 9 p.m. "Living & Dying of AIDS" will be on the 2nd Floor of South Hall and the "AIDS Panel" will take place on the 5th Floor.

There will be a "Luncheon Discussion" about AIDS in the Faculty Lounge tomorrow from noon to 2 p.m. sponsored by the Student Activities Office. Seating is limited to 20 people. There will be free lunch and thought provoking conversation. For RSVP and more info., call X7675.

Internationally known dancers to perform

"The Tamburitzans," a group of musicians, singers and dancers will be performing East European folk music and dances at the Center for the Performing Arts on Sunday, Feb. 23 at 3 p.m. Tickets range from \$15 to \$10 and can be reserved by calling the box office at 374-2777.

Local artist gives reading in the Gallery

Janet Luongo, an adjunct professor of art history and a professional artist, will be presenting a performance/reading in The Gallery of Contemporary Art on Tuesday, Feb. 25 at 7 p.m. The performance is free and open to the public. It is in conjunction with the "Faculty Exhibit" currently on display in the Gallery.

Juliana Hatfield at 7 Willow

Juliana Hatfield will perform at 7 Willow Street in Port Chester on Wednesday, Feb. 23. John Valby is playing this Saturday and Freedy Johnston is performing tonight. Call (914) 939-1474 for info. and tix.

Toad's hosts bands

They Might Be Giants are playing tonight at Toad's Place in New Haven. God St. Wine will be performing tomorrow night with Sunflower. On Sunday, The Marshall Tucker Band will play. For tickets and info., call 624-TOAD

—Compiled by Stephanie Smith and Chris Twarowski

A Senior celebration

"97 Days" creates music and memories

By Jen Cassell Contributing Writer

Feb. 10, 1997 marked an important day for the Senior Class. On that date, it was exactly 97 days until graduation. The Class of 1997 intended to host the gala with 300 free beers. However, during the night, they increased the number of free beverages by another 100.

Juxtaposed with friends and roommates for four outrageous years, we have created a deeper meaning of the word "college," a preparation for the "real world." Throughout past events, something was always missing. The spirit was never really there-until "97 Days 'til Graduation."

Over 120 seniors attended the celebration.

All night long, Deirdre Eller, class president, was a pleasant and generous hostess. Her team consisted of Laura Baldino, Travaras Geter, Helen Hanning, Chris Twarowski, Jen Carroll, Sylvia Maderas, Al Precourt II and myself.

Anne Marie Siefert graciously supplied us with our magical potions, along with her Pub Night Staff, who tolerated our drunken behavior.

For entertainment, numerous decks of playing cards were pro-



Seniors enjoyed a night of friendship at the "97 Days" party.

vided, along with tech man Bill Cyr controlling a radio and setting up the open mike and stage for fellow classmates.

The opening voice was Matt Shotkin. He aroused the crowd into a sing-along, belting out an energetic rendition of "Twist and Shout" by the Beatles.

Next came Chris Twarowski, performing "The Crystal Ship" by the Doors. Chris (a.k.a. Dude) was absolutely fabulous when he reincarnated Jim Morrison.

Our boys John Yackmack and Aaron Foustsang and jammed on their acoustic guitars. They covered an array of songs, including Van Morrison's "Brown-Eyed Girl" and Stone Temple Pilots' "Plush."

Linda Castaldo was called forth to accompany them. She

graced us with her presence as she sang eloquently, creating a beautiful harmonic trio with the boys. They performed "Zombie" by The Cranberries and "Strong Enough" by Sheryl Crow.

Dude again took the stage, this time with his friends Matthew Boeckler and Bob Katarsky. They barreled out two original songs and attempted a third. The first, "the mist," was a mix between Nine Inch Nails and the Violent Femmes. Their second song was fast-paced and powerful.

To end the evening, all the performers jammed, accompanied by Brian Lawn on drums.

"97 Days 'til Graduation" marked the beginning of the "real world," but it was not the end of our lasting friendships.

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Poet's Voice

"A Pesky Weed"

Among my mom's plants I see tiny weeds
In a cluster which surround the rose bushes,
the patches of gardenias and azaleas.
I like to think they also belong in the garden,
Their features are similar: healthy green stem,
specked petals with bits of yellow and blue.
But they are free to grow where they please,
in dirt or in the grass.

How they arrive there may depend on a bird carrying them in its mouth.

Or the wind pushing them along until they

Once planted, the weed prepares itself to grow, depends on rain for moisture, earth for security. My mother need not worry about this flower. She does. "They take up space in the garden." With a strike of a hoe, one is now gone. I pick another, placing it in my hair. "These things are pretty mommy."

I pick another, placing it in my hair.
"These things are pretty mommy."
But now they are fat empty holes,
and scattered roots lie on the ground.
I'd like to think that freedom and beauty,
come in all plants. Even weeds.

Michele Herrmann

As the minutes go by in groups of five, the time is flying, yet standing still.

Watching the replay in your mind; looking each time for the way out.

Every version is the same-each one leading deeper into frustration.

Holding it all in can only make it worse, but what can you do when you can't let it out?

When all of your tears are dry ones...

You lay back down; alone, afraid, confused.

Mike Nimons

Nobody's Valentine

So morose nothing more lonely than a single red rose

In days its petals fall like tears of blood; they will lie curled and dead like the heart that broke with it.

Nadine Mahony

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Sports in brief

Volleyball blanks Stevens Institute of Tech, 3-0

The SHU men's volleyball team downed Stevens Institute of Technology, 3-0. The spikers are 8-3 overall and 4-1 in the MIVC.

The Pioneers have four players ranked among the national leaders in NCAA Division I and II statistics. Sean Morrissey is third in the nation in hitting percentage (.475) and sophomore Tom Czaplinski is fifth in service ace average (.556). Juniors J.C. Tetreault and Pete Carlow are ranked seventh and twelfth, respectively, in dig average.

Vernick to head to ACUI championship in Reno

Led by graduate student Jeff Vernick, the Pioneer men's bowling team took first place in the ACUI competition in Dover, N.H. Vernick grabbed the All-Events title, earning him an all-expenses paid trip to the ACUI Championships in Reno, Nevada.

Former captains to witness end of era at SHU Box

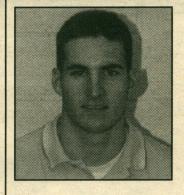
More than 20 former captains of the SHU men's and women's basketball teams will return to the campus gymnasium tonight to observe the end of an era. At halftime of the men's game against Stony Brook, the captains will be introduced in ceremonies to mark 32 seasons in the "SHU Box."

Among the past men's captains who have accepted invitations are Ed Czernota, a first-team All-American and co-captain of the 1971-72 squad; Ray Vyzas, a second-team All-American in 1972-73; Kevin Stevens (1986-87), Tony Judkins (1988-89), Sean Williams (1989-90) and Kevin Vulin (1995-96). Stevens and Judkins were key figures on SHU's 1985-86 national championship team.

Other past captain's to be on hand include Bruce Bernhard (1969-70), Dan Haines (1970-71), Joe DePasqua (1978-79) and Keith Gatling (1988-89). Don Feeley, coach and director of athletics from 1965-78 built the Pioneers into a national Division II-power. Current coach Dave Bike will also participate in the festivities.

On the women's side, Judy Aranyi Verrilli, who co-captained the 1978-79 squad that competed in the AIAW regional tournament, will participate in the ceremonies. She will be joined by Elizabeth "Bippy" Luckie, now SHU's senior women's athletic administrator and softball coach, who co-captained the 1982-83 and 1983-84 teams.

Athletes of the



Sean Ballou

Ballou, a junior captain of the indoor track team from Reading,, Mass., finished third in the 400 meters with a time of 50.43 in the NECC Championship at Southern Connecticut last Saturday. Ballou broke his own school record for the fourth time this season, becoming the first male track athlete in school history to automatically qualify for the New England championships by surpassing the qualifying standard of 50.54.

Chrissie Perkins

Perkins, a junior gaurd from Waterford, became the sixth player in Sacred Heart women's basketball history to go over the 1,000 career points mark. She achieved the feat during the Pioneers' 70-64 victory over Bridgeport on Feb. 12. Perkins leads the Lady Pioneers in scoring, this season averaging 13.9 points a contest.



Lady skaters blank MIT, 13-0

By Lauren Wiggins
Staff Writer

Getting better and better as the year progresses, Sacred Heart's women's ice hockey team crushed MIT, 13-0 last Saturday night at the Milford Ice Pavilion.

The Pioneers dominated from the opening face off scoring seven goals in the first period alone.

The line of Sarah Hanna, Christy Palmer, and Lauren Wiggins accounted for all the firstperiod goals. Hanna and Wiggins each had a hat trick before the end of the period and Palmer added one goal.

in the second and third periods,

The third line got into action

combining for six points. Jill Rowan had her first goal of the year along with Becky Siwicki and Kelly Humphrey.

"The third line got an oppor-

tunity to play a lot in the game and they did very well," said assistant coach Chris McNally.

The goalies played solidly, too. Stephanie Marchand came in to play the last two periods and helped combine for the shutout.

"Steph did a great job controlling rebounds to help preserve the shutout," said goalie coach Derek Buratczuk.

Despite the one-sided score, the team remained focused. "In a game like that, it's tough to stay focused, but the team did a good job not losing their concentration," said McNally.

The women will bring an 8-2 record into their finale Saturday at Union.

Sacred Heart defeated Union, 4-1, in its season opener, but expects to face a stronger opponent this weekend.

Doyle was destined to play

By Corinne Waldheim Assistant Sports Editor

Four years ago, Joe Doyle made a decision. The 6-foot-2 dark haired guard from Merrick, N.Y. enrolled at Sacred Heart University to compete in its Division II basketball program.

"It's been very challenging. Each year was like a fresh start, I had to keep proving myself," said Doyle. "I think that helped my game because I never rested on the year before."

Doyle's dream to play basketball was sparked by the influence of his father, Danny Doyle

Sr. His father, a former Detroit Piston, played in the NBA in the early 1960s.

His mother, Theresa, plays a positive role in Doyle's basket-ball success. Her mental support elevates her son's game. "She is always there," said Doyle.

As a senior, Doyle is making his deepest impression. On Jan.



18 he became the 25th player in Pioneer history to score 1,000 career points.

"He has expanded his game and developed a few more dimensions," said Coach David Bike. "He is a gutsy kid who isn't afraid of attacking the competition."

Entering the final two games of the season, the guard leads the

team in scoring (16.2), assists (4.1), steals (1.8) and field goal percentage (51.0). He is the NECC leader in free throws attempted (160) and made

During Doyle's first two years he averaged nine points and 2.8 assists a game. Frank Szivos of the Connecticut Post said of Doyle in his freshman year, "He has already become a veteran of pressure situations."

Last year he increased his productivity by leading the team with 4.6 assists, placed second with 14 points per game and third in field goal percentage (44.4). Bike believes that Doyle has become

one of the team's "most improved players" this year, a title usually reserved for a sophomore or jun-

After the co-captain's college career ends, Doyle plans to help his father and brother Danny Jr. train his younger brother Tim, a 6-foot-5, 200 pound, 13 year-old to follow in their footsteps.

Bowlers dominate ACUI

By Corinne Waldheim Assistant Sports Editor

The Sacred Heart women's bowling team reclaimed its ACUI title last Saturday at Dover Bowling Center in Dover, N.H.

Five women competed as a team while two were entered in the singles competition.

"We have established a solid program," said Coach Becky Kregling. "I can only hope that next year we grow at the same rate we have the last two years."

For the fourth consecutive year, Jennifer Swanson (Shelton) threw enough wood to take the All-events portion of the competition. This exemplary performance will allow the SHU senior to participate in the singles and doubles championships in Reno, Nevada.

"I am really thrilled that I bowled well enough to return to the championships," said Swanson. "I am glad that someone else from Sacred Heart is going with me (Jeff Vernick of the men's team)."

Jennifer shot 746, with a high game of 269, in her first three games. She averaged 213 (9 games) for the day.

Freshman Kristy Newman (Point Pleasant, N.J.) placed second in All-events, averaging 190, while sophomore Adrienne Oshman averaged 186 in the singles competition.

During spring break, the women will travel to Columbus, Ohio to compete in the Buckeye

Sports Schedule

Thursday, Feb. 20

Men's and Women's Basketball vs. Stony Brook, 6 & 8 p.m.

Men's Volleyball at Jersey City, 7:30 p.m.

Friday, Feb. 21

Women's Indoor Track at New England Championship in Kingston, R.I., 10 a.m. and 11 a.m. on Saturday

Men's Indoor Track at New England Championships in Boston, 10 a.m. and 12:30 p.m. on Saturday

Saturday, Feb. 22

Men's Lacrosse scrimmage vs. Amherst, 1 p.m. Men's Ice Hockey at Army, 7 p.m.

Men's Volleyball at NJIT,

Women's Ice Hockey at Union, 1:30 p.m. Women's Basketball at Bridgeport, 5:30 p.m.

Sunday, Feb. 23 Women's Ice Hockey at RPI, 2 p.m.

Tuesday, Feb. 25
Men's Volleyball at Bard,

Women's hoops: Defeat UB, fall to UNH

Continued from page 12

women came up short at the University of New Haven. The team aimed to avenge a prior loss, this season, but was defeated, 64-57. The loss ended a six-game winning streak.

The Pioneers trailed 14 points

at halftime, but fought back to cut the lead to one point before New Haven pulled away in the closing minutes. "We came out flat," said Swanson. "We didn't play to our potential."

"I think we made a good effort in the second half," said sophomore forward Angela Perkins, "but

we missed a lot of key plays and rebounds at the end." Perkins was the leading scorer with 13 points and freshman Heather Yablonski took rebounding honors with 10.

The Pioneers (14-10, 10-6 NECC) will play tonight at 6 against Stony Brook in their final game in the SHU Box.

Front Row

Alomar deserves more than a slap on the wrist

Everyone, including myself, was outraged last year when Roberto Alomar was suspended for just the first five games of the 1997 regular season for his disgraceful act of spitting on an umpire late last

Alomar clearly should have been suspended for at least five post-season games last year. The first five games of any baseball season are meaningless. Out of 162 games, what could be the impact of the first five?

Now, this ugly saga in base-

ball history has written another absurd chapter. It has been decided that Alomar will be getting a paid suspension. That's right. He will get paid to sit home and do nothing during five games that have no impact on his team's

That's the punishment for spitting in the face of an umpire. A five-day paid vacation at the start of the season. What do you get for hitting an umpire over the head with your bat, a free trip to

Major League Baseball con-

tinues to bow down to the Players' Association. With this "punishment" as an example, how can we expect players to use any restraint while protesting future

Is it any wonder why players seem to have less and less respect for authority. Players are constantly being sent the message that because they are spoiled millionares, who have a talent as well as the backing of a strong organized players' union, they can get away with any low-rent behavior.

I'm the first to admit umpires haven't necessarily conducted themselves in a completely professional manner over the past few seasons. Of course, they haven't spit on any of the players. They have become more confrontational with players. Rather than understanding they have the final power to throw a player out of the game and walk away, umpires choose to engage in arguments with players.

An umpire's first reaction should always be to end the argument. If a player wants to keep

By Rob Sawicki

arguing, then the umpire can eject the player.

However, that certainly does not excuse the disrespectful behavior of players like Alomar. The league has got to straighten out the behavior of both the players and the um-

Softening an already pathetically weak punishment for Alomar was not any way to achieve that goal.

Lacrosse: Sacred Heart's veteran squad returns four All-Americas

Continued from page 12

be led on offense by All-America midfielders Krepil (21g, 17a) and Mazzeo (30g, 16a). Other players who will contribute to one of the fastest midfields in the nation are juniors Brad Wilson (8g, 6a), T.J. Howard (4g-8a) and Brian Staunton (6g-3a). Sophomore Kenny Martin (4g-2a) will have an increased role this season in extra-man situations.

At attack Colapinto (24g, 6a) and Chiodo (27g, 9a) will team up with sophomore Chris Lukowski (25g, 33a) to ignite Sacred Heart's run-and-gun offense.

The Pioneers' stingy defense will be anchored by honorable mention All-Americas Sherman and junior Brian Micena, a noted take-away specialist. They will receive support from freshman Mark Letizia, a transfer from Division I powerhouse Syracuse; and sophomores Mike Babinski and Craig Talbot.

Juniors Art DeGaetano and Brian Taylor and freshman Chad Roberts are vying for the pressure-packed goaltending posi-

Mariano is optimistic for the upcoming season. "We are going to play an aggressive, up-tempo style of play which will result in exciting and competitive lacrosse," he said.

The Pioneers take the field for first time on Saturday at 1 p.m. at Campus Field.



this season in a scrimmage against Amherst Sophomore Chris Lukowski of West Genessee, N.Y. prepares to fire a shot in competition last season.

Track posts solid performance at NECC Championship

By Julie Nevero Staff Writer

Continuing its successful season, the SHU women's track team placed fourth with 97 points and the men finished seventh with 30 in the first NECC championship meet last Saturday at Southern Connecticut.

The teams faced their toughest competition in the conference including Albany, Stony Brook, New Haven, UMass-Lowell and

Junior captain Monique

Belisle won the shot put with a throw of 41 feet, beating the competition by six feet. Last week at the CTC championships, Belisle threw 42 feet 1 1/2 inches, earning her first team all-conference honors and NECC Outstanding Field Performer by the coaches.

"It's not where you're at, it's where you're going," said Belisle.

Junior Rosemary Roselli, sophomore Carrie Demirgian and freshman Tara Sullivan, all earned Second Team All-Conference honors in their events.

Roselli was runner-up in the 20-pound weight throw (37 feet 7

3/4 inches), Demirgian earned double honors in the mile (5:20.52) and 3,000 (10:41.23) meters; Sullivan was second, in the 5,000 meters (19:40.40).

Other top performers included sophomore Theresa Flood, third in the 1,000 meters (3:15.36), sophomore Meghan Warnock, fourth in the triple jump (32' 9") and qualified for the ECAC meet; freshman Tara Fay, third in the shot put (35'9") and the 220 relay team of junior Erica Carlson, sophomore Julie Nevero, Kolova and Cicio, fourth.

The men's team was led by

junior captain Sean Ballou continued his outstanding season in the 400 meters by finishing third (50.43), eclipsing the school record of 50.98 he set earlier in the season. This time met the automatic qualifying standards for the New England Championships. "I plan to go to New England's and run in the 49s," said Ballou.

Other top performers among the men included junior Bill Sampson, who finished fifth in the 35-pound weight throw (43' 6"); sophomore Morrise Harbour, freshmen Ken Mailhot, Rick Canfield took fourth, fifth and sixth in the triple jump. Freshman Todd Weiss finished sixth in the mile (4:35.) and sophomore Jason Reed, sixth in the high jump (5' 10").

"The NECC is one of the stronger Division II track conferences in the country and I think we did as well as we could," said Coach Christian Morrison. "I'm sure both teams will move up in the standings next year."

Individuals who qualified will be competing at the New England Championships on Feb. 21 and 22. The men will be at Boston Univ. and the women at the Univ. of Rhode Island.

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Spectrum-Sports

Perkins exceeds 1,000 career points

Pioneer women defeat Bridgeport, but fall to powerful New Haven

Julie Nevero Staff Writer

Junior captain Chrissie Perkins entered the record books on Feb. 12 when she became the sixth woman in SHU basketball history to score 1,000 career points. Perkins achieved her milestone against Bridgeport in a 70-64 Pioneer victory at home.

"I'm so relieved," said Perkins, a 5-foot-7 forward from Waterford. "It was very stressful but exciting, and the victory just added to the day."

Perkins entered the game needing only six points to reach 1,000, and when she did, the crowd erupted.

"It's something Chrissie's worked hard for, so it was a nice accomplishment for her," said Coach Ed Swanson. "It was great that she got the 1,000 points as well as the win against UB. I hope she scores a thousand more."

The Lady Pioneers led at halftime, 35-32, and didn't look back.

Sophomores Jessica Bresnahan and Shannon Walsh and junior Maureen Delaney all scored 13 points in the win, while Walsh also pulled down eight rebounds to lead the team.

Last Saturday, the SHU

Continued on page 10



Sacred Heart's Angela Perkins pulls down a rebound among Bridgeport players.

Photo by Alicia Hurley

Men's hockey crushes Scranton but falls to Bentley

By Brad Wilson Sports Editor

In a contest held at the Milford Jce Pavilion on Feb. 13, men's ice hockey fell to ECAC powerhouse Bentley College, 4-3, but rebounded on Sunday, routing the University of Scranton, 10-3.

Through two periods the Pioneers had played Bentley, ranked fifth in the nation, to a 3-3 tie, receiving goals from freshman Anthony Tedesco, sophomore Billy Demetriades and senior Aaron Foust.

It wasn't until the final period, when Sacred Heart was short-handed two players due to penalties that Bentley netted the

winning goal

"The game could have went either way;" said Coach Shaun Hannah. "But we got ourselves into penalty trouble and when you play a team as strong as Bentley you can't get into that situation."

The Pioneers impressive 10goal effort on Sunday marked the second time this season they defeated Scranton. Sacred Heart led 7-0 after two periods and cruised to an easy victory.

Junior Matt Iaricci led the icemen with a hat trick, while senior Chris O'Brien added two goals and freshman Eric Dion scored his first goal of the season.

"Things just went our way," said Hannah. "We shot the puck well and were fortunate enough to get guys who don't normally score

Men's hoops romp

U of B, New Haven

as much, some goals."

The Pioneers still have aspirations of a post-season birth in the ECAC playoffs, but will need a solid stretch run. They travel to West Point to play Army Saturday night and return home to face Fairfield on Feb. 27, before closing out their regular season against Quinnipiac at the Milford Ice Pavilion on Mar. 1.

SHU laxmen look to break into national championship picture

By Iron Horse Contributing Writer

Coming off an impressive 13-2 record, coupled with an ECAC championship in 1996, the Sacred Heart men's lacrosse team will be looking to break into the national championship picture in 1997.

Facing its toughest schedule in team history, the Pioneers will meet seven of the top ten teams in Division II, including 1996 National Champion C.W. Post; runner-up, Adelphi and third ranked, New York Tech.

The Pioneers will enter the challenge under the new leadership of former Marist coach, Thomas Mariano (Nazereth '94) and second-year assistant coach Henry Olszewski, who was an All-America at Sacred Heart in '95.

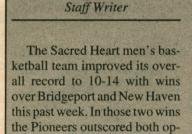
Upon arriving at the University, Mariano stated, "It's a family-like atmosphere with athletics as a strong backbone. There are a great number of students involved in athletics which in turn breds great university morale."

Leading this veteran squad will be its five senior captains; Mike Mazzeo, Matt Krepil, Jason Colapinto, Chuck Chiodo and Dan Sherman.

Asked about his role as captain, Colapinto stated, "It's nothing new; everyone on the team is a leader at some point during the season because we all have the same focus and team goal."

The Pioneers, who are ranked fourth in Division II by Face-Off magazine will

Continued on page 11



By James Thomson

On Feb. 12 the Pioneers dominated UB, 92-63, in the SHU Box.

ponents by an average of 29

The Pioneer attack was led by Doyle (19 points), Toppin (13 points, 12 rebounds, 2 blocks) and Frye (15 points, 9 rebounds).

The Pioneers defense limited the Purple Knights to 29 percent shooting from the floor. The Pioneers' front court proved to be too much for the Purple Knights, winning the rebounding battle by 56-49.

This past Saturday, the Pioneers whipped New Haven, 116-87, they shot 69 percent from the floor and continued their domination on the boards by a final tally of 48-36. The Sacred

Heart onslaught was led by junior forward Louis Frye's gamehigh 29 points, along with five rebounds, three blocks, and three steals. Other top performances were given by Doyle (15 points, 8 assists), Toppin (13 points, 11 rebounds, 2 blocks) and Donnelly (12 points).

The Pioneers, now 8-8 in the New England Collegiate Conference will host their last game in the gymnasium tonight against Stony Brook at 8 p.m. Doyle and Frye have developed into a formidable one-two punch for SHU, averaging 16.2 and 16.0 points per game, respectively. Toppin is the rebounding pacesetter with 8.8 per contest.

The return of junior center Jermaine Johnson and the already steady performance of sophomore Dave Fesko and junior Brian Alexander has given the Pioneers a needed inside presence to enter the playoffs.

Asked why the Pioneers have been able to score so many points of late, sophomore Sean Jones said, "We have a new outlook on everything, it's playoff time, and we know we have to turn it up."



The Pioneers celebrate their ECAC Championship last season..

Photo by John Wilson